

# WAY TO GO! Finding Your Way with a Compass

Written by Sharon Sharth Illustrated by David Wenzel



#### WAY TO GO!

#### Finding Your Way with a Compass

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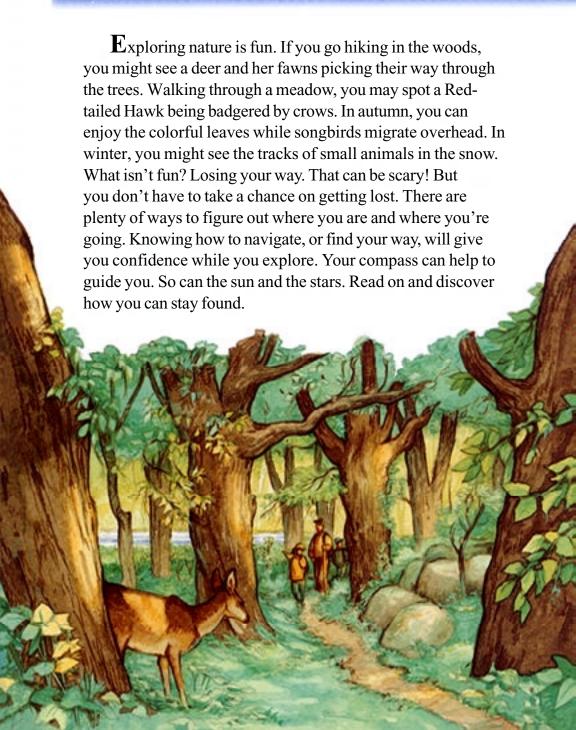
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Afoot and light-hearted I take to the open road, Healthy, free, the world before me, The long brown path before me leading wherever I choose.

—Walt Whitman

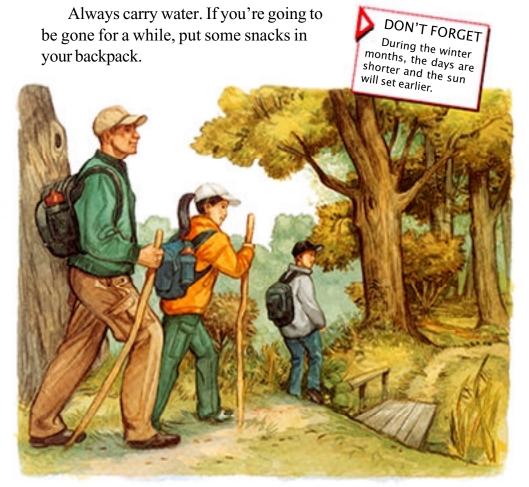
## Let's Go for a Hike!



## **Before You Start Out**

The first rule is to be prepared. Plan your route. Even though you may not be going far, know where you're headed. Make sure someone knows where you're going and how long you expect to be gone. Don't go exploring alone. Take a grown-up and a friend or two along.

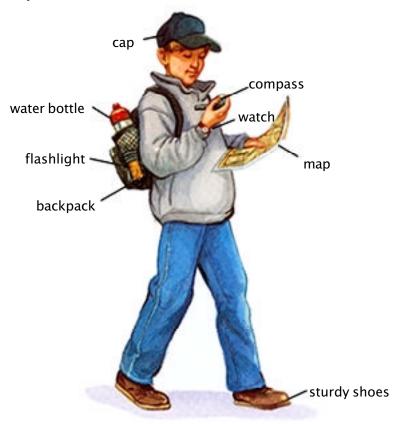
Pay attention to the weather. Is it changing? How much sunlight is left? You'll want to be back at camp or home by dark. Wear a watch.



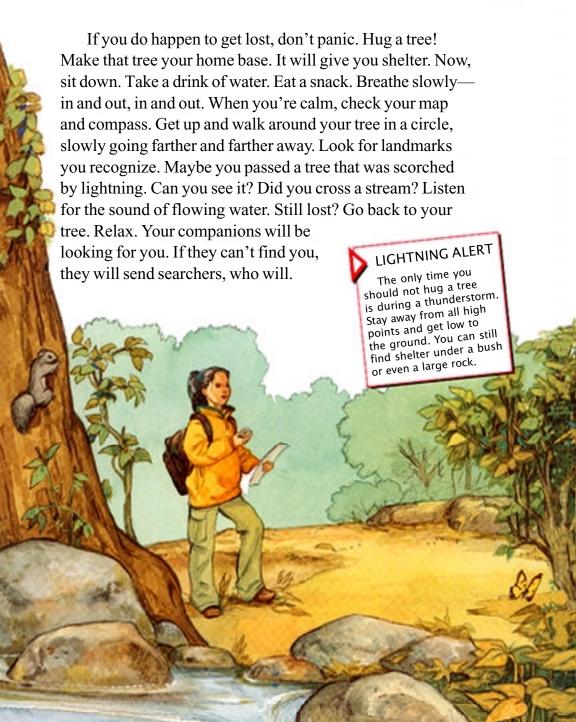
Dress for the season. If it's winter, dress warmly. If it's warm out, take along a sweater or a light jacket. You might need it if the temperature changes—especially in the spring or fall. If it's summer, use sunscreen and insect repellent. Wear sturdy shoes or hiking boots.

In this book, you'll learn how to use a compass and a map. Always travel with them! Every time you change direction, check your compass. It will keep you from going too far off course. Watch for landmarks, or objects that stand out. They'll guide you on your journey and help you find your way home.

Clean up after yourself. Take your trash home with you. Leave nature the way you found it. The wild animals and other explorers will thank you!

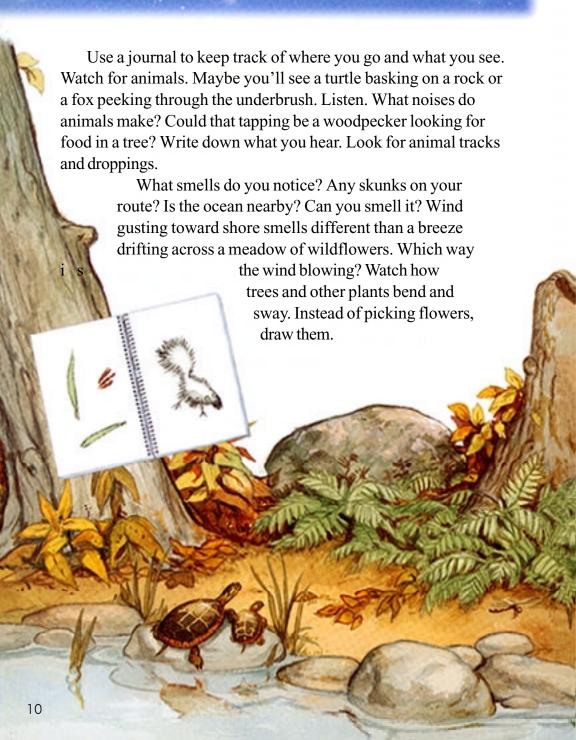


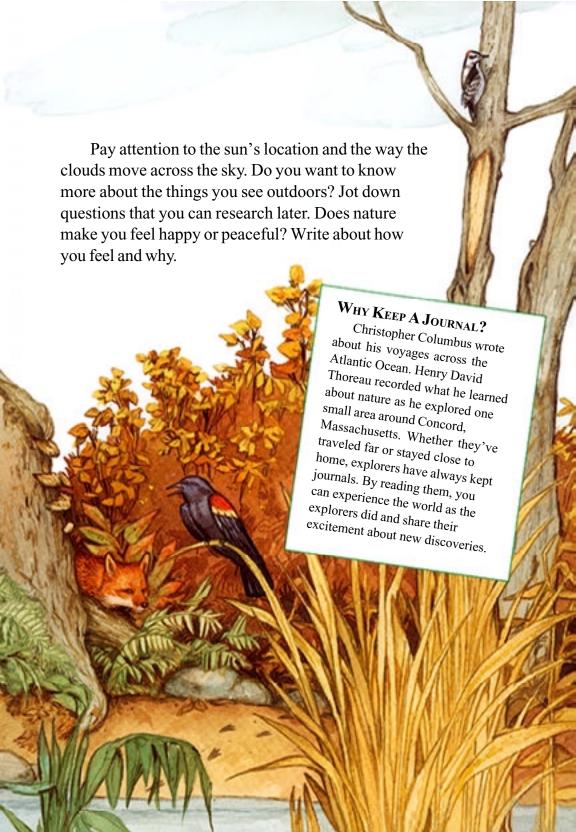
## What to Do if You Get Lost



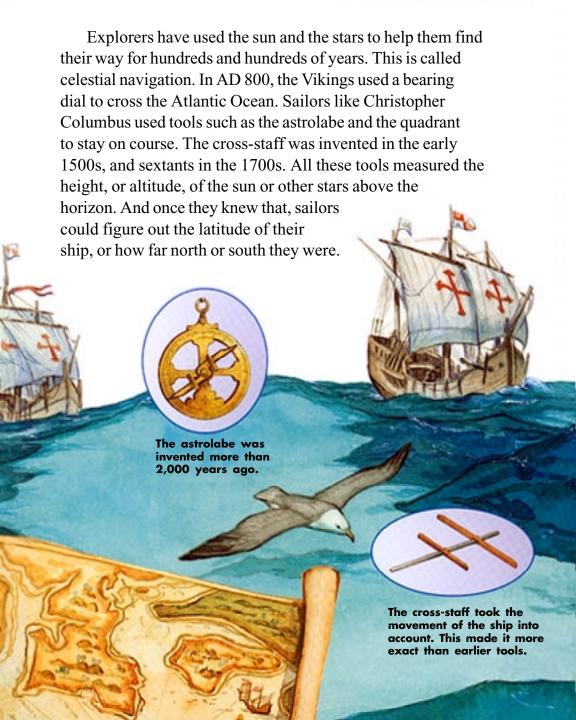


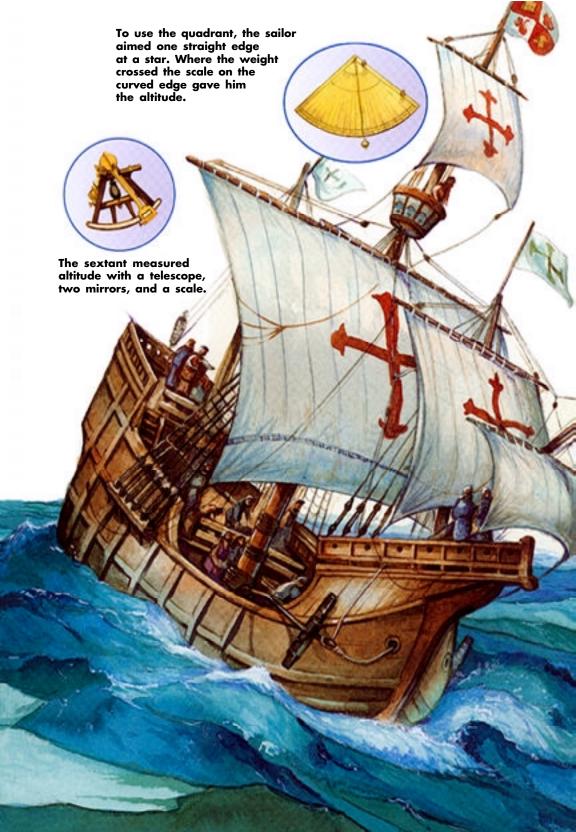
## Keep Track of What You See





## **Navigating by the Sun and Stars**





## **Navigating by Day**

The sun rises in the east in the morning. It sets in the west. That's because Earth turns from west to east. Which way is east at your house? Does the sun stream through your bedroom windows before school and wake you up? Those windows might be facing east. Or is it so dark in your room that you want to keep sleeping? Your room might be on the west side of the house. You can use the sun to figure out which way is which.



#### How to Tell Direction by Using the Sun

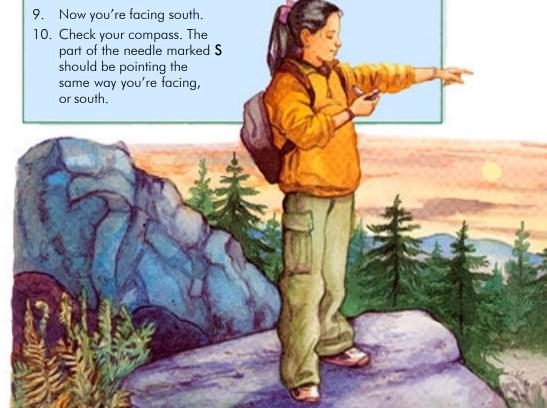
#### What You'll Need

A sunny day Compass

## BE CAREFUL Never look directly at the sun. It could cause serious injury to your eyes.

#### What to Do

- 1. Get up early and go outside.
- 2. Stand with your right arm pointing toward the rising sun. That's east.
- 3. Point your left arm the opposite way, where the sun will set. That's west.
- 4. Look straight ahead. You're facing north!
- Now, check your compass. The part of the needle marked N should be pointing in the same direction you're facing, or north.
- 6. Turn all the way around (180 degrees) so that you're facing in the opposite direction.
- 7. Point toward the sunrise with your left hand. That's east.
- 8. Point toward where the sun will set with your right hand. That's west.



## Time Will Tell

Standard time is based on where the sun is in the sky. Even when we turn our clocks ahead one hour for daylight saving time, the sun is still on standard time. So if it's daylight saving time where you live, turn your watch back one hour before you try the next two ways to find direction.

#### How to Find South by Using a Watch

#### What You'll Need

A sunny day
Watch (use one that has hands—a digital watch won't work!)
Compass

#### What to Do

- 1. Hold the watch flat in the palm of your hand.
- 2. Point the hour hand (the little one) in the direction of the sun.
- 3. Halfway between the 12 and the hour hand is south.
- Now check your compass. The part of the needle marked S
  should be pointing in the same direction—south.



#### How to Find North by Using a Shadow Stick

#### What You'll Need

A sunny day Straight stick

String (as long as the stick) with a nail tied at one end

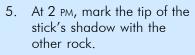
2 rocks

Compass

#### What to Do

- 1. Push one end of the stick into a patch of dirt. Make sure the stick is standing straight up.
- 2. Tie the free end of the string to the bottom of the stick.
- 3. Pull the string out from the stick until it's straight. Drag the nail across the ground to make a circle around the stick.

 At about 10 AM, place a rock at the tip of the stick's shadow.



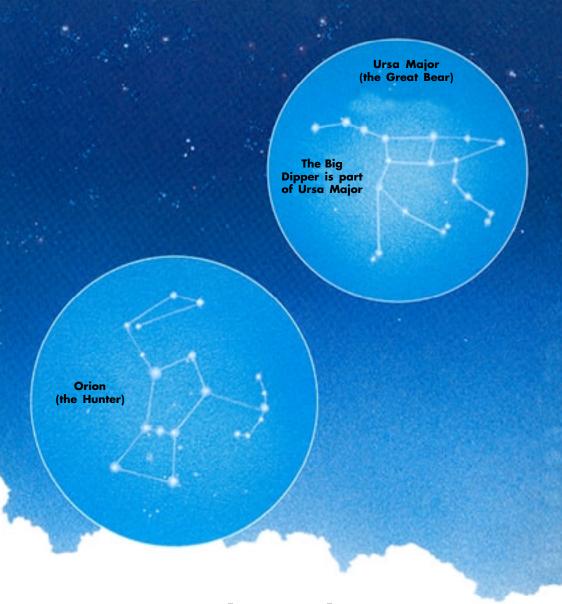
6. Stand behind the stick, facing halfway between the two rocks. You're facing north! What time would this be on your "sun clock"?

7. Check your compass.

Does the part of the needle marked **N** point the same way?

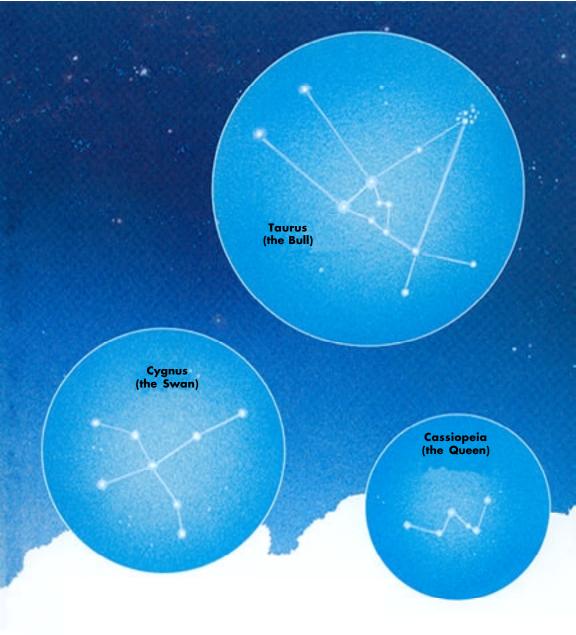
SHRINKING
SHADOW
The shadow of the stick will be shortest at noon when the sun is at its highest point in the sky.





## **Navigating by Night**

The stars rise in the east and set in the west, just like our brightest star, the sun. The stars move together in the same direction across the sky. The people of ancient civilizations figured out how to follow the stars to get where they were going. You can learn to read the stars, too.

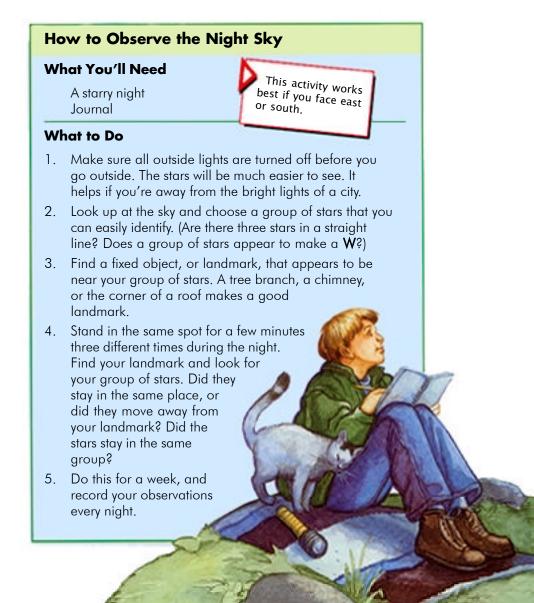


#### Also known as...

Did you know that the same constellations, or star groups that form a pattern, are seen in many parts of the world? The ancient Greeks named one constellation Orion, the hunter. In China, the same constellation was called Tsan, the warrior. In Egypt, it was known as Osiris, the god of the underworld.

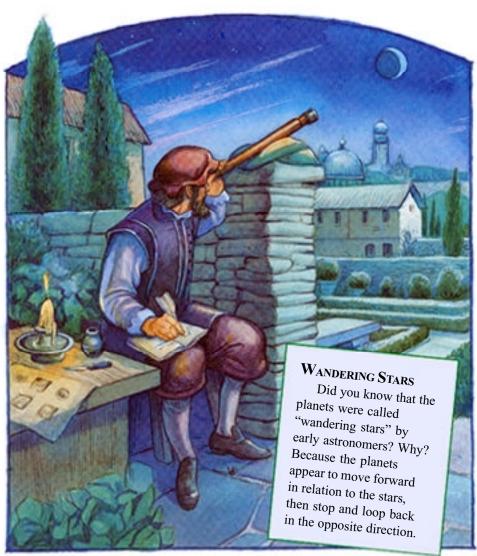
## As the World Turns

Everyone says that the sun and the other stars rise and set, but don't forget that it's really Earth that's turning, not the sky! Earth spins on its axis, making one complete rotation every day.



#### The Center of the Universe?

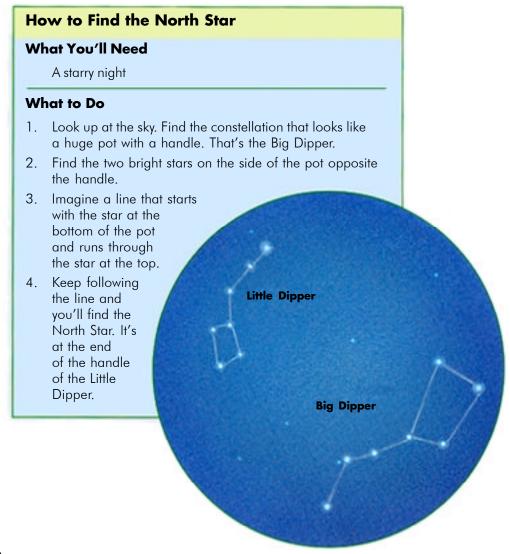
Our ancestors thought that the sun, the planets, and the stars revolved around Earth. In the 1500s, a man named Copernicus wrote that the sun was at the center of the universe. In 1609, Galileo was the first person to look at the sky through a telescope. He agreed with Copernicus. But it took another 100 years for most people to believe it. And it was only 80 years ago that astronomers showed that the sun wasn't the center of the universe, either!



2

## **Look for the North Star**

There is one star that doesn't move. It's Polaris, or the North Star. Earth's axis points toward the North Star. Find it and you'll know where north is. You can locate the North Star by finding the Big Dipper.



#### Plan Ahead

You know how to find north on a starry night or a sunny day. But what if you want to know where north is when the stars are no longer twinkling and clouds hide the sun? Try this!

#### How to Make a Direction Finder

#### What You'll Need

A starry night 2 sticks (one longer, one shorter)

#### What to Do

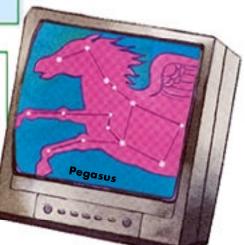
- 1. Find the North Star.
- 2. Push the longer stick into the ground so that it stands straight up.
- Keep looking at the North Star. Now, back up a few feet from the first stick and push the shorter stick into the ground so that it's standing straight up.
- 4. In the morning, stand behind the short stick and face in the direction of the longer stick. You are looking north! Now you have a direction finder that will work even when it's cloudy.



#### THAT'S ENTERTAINMENT!

In ancient times, people watched the stars the way we watch television today. They named the constellations after gods and heroes, and told stories about their adventures. Can you come up with some exciting adventures by looking up at the night sky?

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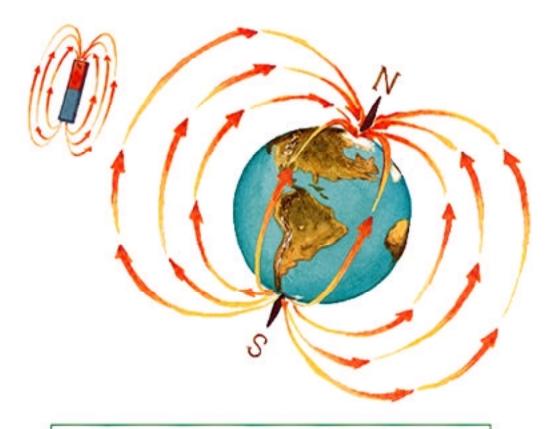


## Navigating with a Compass

A compass is a tool that helps you to figure out which way you're going. Hold your compass flat and steady or place it on the ground. Its needle looks pretty wobbly, but when it is still, the needle will always point toward Earth's magnetic north. Why?



Earth is a giant magnet! The outer core of Earth is mostly made of hot, liquid iron. Scientists think that as Earth rotates, the liquid moves in spiral currents. These currents create electricity, which produces a magnetic field. Just like any other magnet's, the force of Earth's magnetic field moves from pole to pole. The magnetized needle in your compass is drawn to Earth's magnetic poles.



#### TRADING PLACES

Some scientists believe that every so often, Earth's magnetic poles trade places. Why? Because they've found iron-containing rocks on the ocean floor that have reversed magnetic poles. Based on how old the rocks are, scientists think Earth's magnetic poles switch places about every 500,000 years!

## **Opposites Attract**



Have you heard the expression "opposites attract"? That's true for magnets. The Chinese were probably the first to discover that the mineral magnetite could attract (pull toward) and repel (push away from) certain metals. Like Earth, every magnet has a north pole and a south pole. Opposite poles attract and like poles repel. That means you can't get two north poles or two south poles to come together. And you can't keep a north pole and south pole apart! Let's see how it works.

#### **How Magnets Work**

#### What You'll Need

2 bar magnets String A friend Journal

#### What to Do

- Tie a piece of string around the middle of one magnet.
- 2. Hold the end of the string so the magnet is suspended in the air. When the magnet stops swinging, one end will point north, just like the needle of a compass.
- 3. Have your friend hold the other magnet and move toward you. What happens?
- 4. Have your friend turn the magnet around and move toward you again. What happens?
- 5. Write your conclusions in your journal.



## It's Magic!

Drop a paper clip into a glass of water. Ask a friend to remove the clip without spilling the water or putting anything into the glass. When your friend gives up, use a magnet to pull the paper clip up and out along the side of the glass.



## **Make Your Own Compass**

How a compass works is pretty amazing. But you might be surprised to know that it's amazingly easy to make a compass. And your homemade compass will point you in the right direction as surely as the compass that came with this book!

#### **How to Make a Compass**

#### What You'll Need

Sewing needle

Magnet

Small nail

Waterproof marker

Bowl with wide rim

Water

Small leaf



#### What to Do

- 1. Rub the needle with the magnet. Be careful not to prick your finger! Make sure you rub only toward the point of the needle, and always rub in the same direction. Do this 20 or 30 times.
- 2. The magnet makes the needle magnetic. To test it, try picking up the nail with your needle. If it doesn't work, repeat step 1.
- 3. Use the marker to write the letter N on the rim of the bowl. Directly across from N, write the letter S. Turn the bowl so that you are looking at the N. Write the letter E on the right side of the bowl, halfway between N and S. Write the letter W on the left side across from the E.
- 4. Fill the bowl halfway with water.
- 5. Drop the leaf into the bowl so that it floats on top of the water.
- 6. Place your needle gently on top of the leaf.
- 7. When the leaf stops moving, the needle will be pointing north. Turn your bowl until the needle points toward the **N** you wrote. You've made a compass!

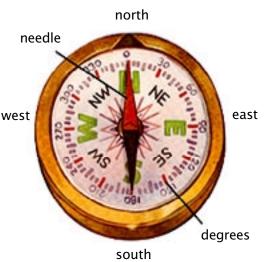


#### A Compass Plant

Have you ever heard of the compass plant? The edges of its large lower leaves point north and south! Found in the prairies of the American Midwest, the compass plant is related to the common sunflower and grows about 8 feet (2.4 m) high. Sometimes called pilot weed, the compass plant helped to guide many westward-bound pioneers.

## **Using Your Compass**

When you know how to find north, you can find south, east, and west. These four directions are called cardinal points. Look at your compass. 0, or 360, degrees marks north. Moving clockwise, or toward your right hand, east is at 90 degrees. South is directly opposite of north, at 180 degrees. West is toward your left hand at 270 degrees. See if you can figure out how many degrees northeast is from north. How about southwest?



WHICH WAY TO THE NORTH POLE?

Magnetic north is different from Earth's geographical north, which is found at the very top of Earth's axis. The needle of the magnetic compass points in the direction of magnetic north—a little bit east or west of true north, depending on where you are in the you're heading toward true north.

The gyrocompass points to true north and is not affected by Earth's magnetism.

Once its direction is set, its spinning direction.

#### **Get Your Bearings**

#### What You'll Need

Compass

 ${\bf 1}$  index card marked with a red  ${\bf X}$ 

10 index cards, labeled 1 to 10

Journal

A friend

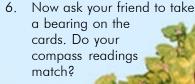
### DON'T FORGET

When you take readings, make sure your compass is far away from iron and steel. If you're too close, the compass needle will be attracted to those metals, and your readings will be off.

#### What to Do

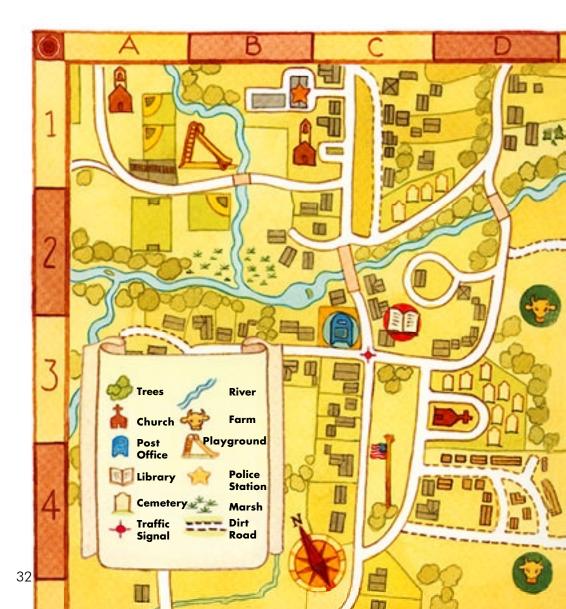
- Put the index card marked with the red X on the ground and place your compass on it. You will take all your compass readings from this spot.
- 2. Place the 10 index cards in different places around the backyard. Make sure you can see them from the compass.
- 3. Once the compass needle is still, make sure it is pointing to the **N**. Don't move the compass.
- 4. Now, take a bearing, or compass reading. First, look at the index card labeled 1. Then use your imagination to draw an invisible line from the card to the compass. Where does the line meet the compass? Write the number of degrees in your journal.



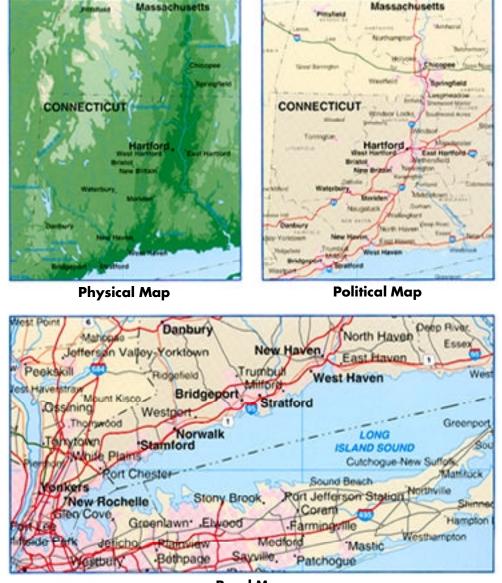


## Navigating with a Map

A map shows a picture of Earth as if you were looking down from the sky. In fact, today, most maps are made from pictures taken by satellites. A map may show a park, a city, a country, a continent, or the whole Earth.



There are many different kinds of maps. Physical maps highlight features of nature, such as mountains, rivers, and lakes. Political maps show the borders of counties, states, and countries. Road maps show you what roads you can take to get from one place to another.



**Road Map** 

## How to Read a Map

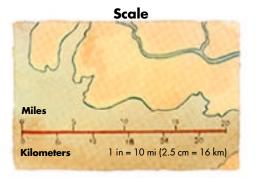
Maps are much smaller than anything they show. Because of this, mapmakers use symbols, or markings, to stand for real things. A squiggly blue line may stand for a river. A green



**Key to Map Symbols** 

The map's scale tells you how far it is from one place to another—on your map and in the real world. For example, the scale on your map may show that 1 inch (2.5 cm) equals 10 miles (16 km). If your map shows that your town

blotch may picture a park. Two red lines drawn close together may show the route of an interstate highway. Other symbols might be the silhouette of an airplane for an airport or a square with a cross on top for a church. Look for the "key" or "legend" on your map to find out what the symbols stand for.

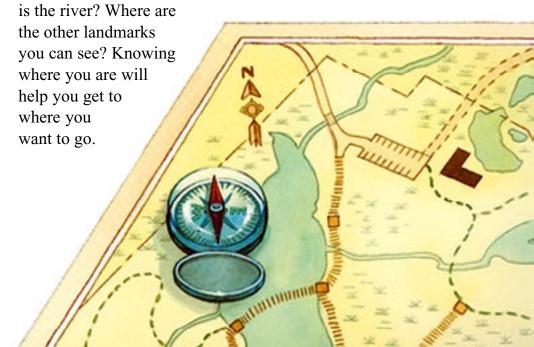


is 3 inches (7.6 cm) from your friend's town, that means you live 30 miles (about 48 km) apart.

Most of the time, your map will be drawn so that north is at the top. While some maps mark only north, many have a compass symbol that shows all the cardinal points (north, south, east, and west). The compass rose shows 32 points of direction! It has been used on maps since the 1300s. When sailors first went to sea, they had to learn the names of all 32 points. This was called "boxing the compass."

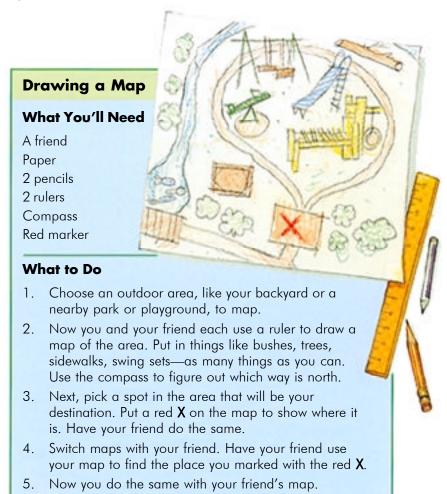
#### **Orienting Your Map**

Look around you. Do you see a river on your left and a road on your right? Is there a town or mountain in front of you? Now look at the symbols on the map that stand for these landmarks. Turn the map so that the symbols match the real landmarks. Line your compass up with the magnetic north arrow on the map. Which direction are you facing in? Where



### Make Your Own Map

Now that you know how to read a map, try making one of your own.



#### **Staying on Top of Things**

A topographical map is a good map to have with you on a hike. It shows you where the trails are and where they lead. It shows landmarks so you can check to make sure you're in the right place. It tells you how high the land is, and what kind of land you'll be walking over. Each wavy line (called a "contour" line) connects ground that is on the same level. If you followed one line wherever it went, you would not go up or down—even if you were walking around a mountain. When the wavy lines are close together, the land is steep. When the lines are far apart, the land is more even.



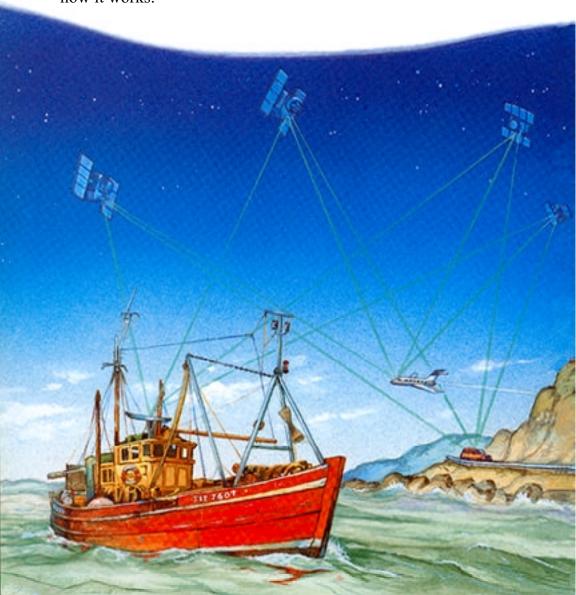
**Topographical Map** 

#### On Your Mark, Get Set, Go!

Did you know that there is a sport called orienteering? A cross-country course is laid out with markers. Each player must use a map and a compass to find the markers in the correct order. Whoever finishes first, wins!

## **Navigating with GPS**

Did you know that travelers still use the sky to find their way? GPS, or Global Positioning System, is a new navigating tool. It can be used at any time of the day in any kind of weather. And it can tell you exactly where you are. Here's how it works.





Twenty-four satellites were put into six different orbits more than 11,000 miles (17,700 km) high. There are four satellites in each orbit, and each satellite takes 12 hours to make one trip around Earth. This means that at least six of the satellites can "see" the same spot on Earth at the same time. The satellites send out position and

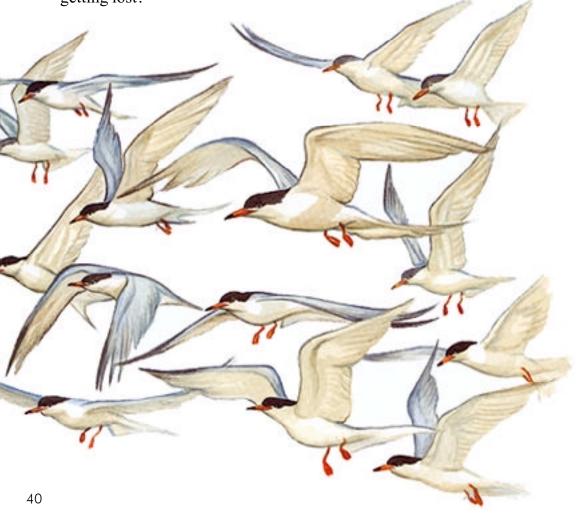
time signals. If you have a receiver, you can pick up the signals to find out where you are.

Airplane pilots use GPS. So do mapmakers and explorers. People who study wildlife use GPS to track animals. Police and firefighters use GPS to help save lives. Your parents can buy a car with a GPS receiver. And you can get a handheld GPS receiver to take with you on a hike.



### **Navigating Is for the Birds**

Do you ever wonder how animals find their way from place to place? When they migrate, some animals travel thousands of miles. Arctic Terns fly from the North Pole to the South Pole—and back again. That's 22,000 miles (135,405 km) every year! Monarch butterflies fly from Canada to Mexico and back. Caribou, sea turtles, salmon, eels, and whales migrate, too. How do they keep from getting lost?





#### WHICH WAY DO WE GO?

A young bird is migrating for the first time. How does it know where to go? Almost as soon as they hatch, some birds will follow their parent. This is called imprinting. Baby birds have imprinted on people, too. In one project, several young Sandhill Cranes and Whooping Cranes imprinted on a naturalist. When the birds were old enough to migrate, he took off in an ultralight airplane. The young birds followed the plane from Idaho to New Mexico. There, they joined the wild cranes at their wintering grounds.

Just like people, animals use landmarks to figure out where they are. Some use their sense of smell. Birds follow the wind and fishes follow water currents. Animals also use celestial navigation. Scientists have shown that birds can tell direction by the sun. Birds

### A BUILT-IN COMPASS?

Some animals use Earth's magnetic field to navigate. How? They have small amounts of magnetite in their bodies. This magnetic mineral may act as a built-in compass. Magnetite has been found in bacteria, birds, fishes, and bees. It's even been found in people!

that fly at night use the stars. Some sand fleas, beetles, and fishes use the sun and stars to find their way, too.

### There's No Place Like Home!

Some birds can find their way home—even when they've been carried thousands of miles away. A Manx Shearwater was taken from an island near Wales. It was let go in Massachusetts. The bird flew across

the Atlantic Ocean and was back home in 12½ days. An albatross flew from Washington to its home on Midway Island in the Pacific Ocean. It made the trip of about 3,200 miles (5,150 km) in just over ten days.

#### **Swimming in Circles**

Loggerhead sea turtles are born on the beaches of Florida. When they migrate, they follow the currents of the North Atlantic Ocean. They swim north to South Carolina, east to Portugal, south to the Equator, and west to the Caribbean. They do this for about 15 years. Then each turtle returns to the same beach where it was born to lay its eggs!



#### King of the Road

Millions of monarch butterflies fly south for the winter. The monarchs that live east of the Rocky Mountains travel the farthest. They start out in Canada or the northern United States and fly all the way to Mexico. That's up to 3,000 miles (4,828 km) or more! The butterflies always return to the same places their parents used the year before. Sometimes they even cluster in the same trees. How do they do it? No

one knows.

#### DISAPPEARING ACT

Long ago, no one knew where birds went in the winter. What did they think? Some people thought that swallows spent the winter underground. Other people thought they spent it underwater—beneath the ice of ponds or lakes!

## Following the Trail

See for yourself how far animals travel without getting lost. Lay a piece of tracing paper over a world map. Draw the migration routes of the arctic tern, the monarch butterfly, and the loggerhead sea turtle. Use a different color pencil or marker for each animal.



Now that you know how to find your way, you're ready to go out and explore. And here are some other books and some web sites you might enjoy exploring, too!

#### **Books**

Far Out!

A Guide to Exploring Nature with Binoculars By Christina Wilsdon

The Sierra Club Wayfinding Book By Vicki McVey

Mapping the World
By Sylvia A. Johnson

Where Am I?
The Story of Maps and Navigation
By A. G. Smith

Maps
Getting from Here to There
By Harvey Weiss

The Reader's Digest Children's Atlas of the World

#### Web Sites

www.readersdigestkids.com
Find out about other great Reader's Digest
children's books. Look for Pathfinders, On the
Spot Books, and Windows on Science.

www.nationalgeographic.com/kids Visit "Family Xpeditions" and click on "Atlas" for maps you can print out and color. Test your knowledge of geography with "GeoBee Challenge."

www.afterschool.gov/kidsnteens1.html Check out this web site for links to lots of United States government web sites for kids.

www.eduweb.com/social.html You'll find adventures in history and geography on this web site.



### Glossary



**altitude:** The vertical distance or height of a celestial body (such as a star) above the horizon.

**astronomer:** A scientist who studies the universe.

**axis:** An imaginary line that stretches from the North Pole through the center of Earth to the South Pole. Earth rotates around its axis.

**bearing:** Direction measured from one place to another using a compass.

cardinal points: North, south, east, and west.

celestial navigation: Using the sun and stars to figure out direction.

**compass:** A tool with a freely moving magnetized needle that always points to magnetic north.

constellation: A group of stars that forms a pattern in the sky.

core: The central, or innermost, section of an object.

**current:** The regular flow of liquid in a certain direction.

**destination:** The place where a journey ends.

**geographical north:** True north, or the point where Earth's axis passes through the North Pole.

**GPS (Global Positioning System):** A system of satellite, radio signals, and receivers used to tell where you are and how to get where your are going.

**gyrocompass:** A compass that points to true north and is not affected by Earth's magnetism.

**imprinting:** The way some young animals learn behavior from a parent or parents.

**landmark:** An object in the landscape that stands out and can be used to help you find your way.



**latitude:** The distance measured in degrees north or south from Earth's equator. On a map, latitude is shown by horizontal parallel lines.

**magnet:** An object that attracts iron- or steel-bearing objects.

**magnetic field:** The area of magnetic forces surrounding a magnet (or Earth).

magnetic north: A compass needle points in this direction.

magnetite: A mineral with magnetic properties.

map: A flat chart or diagram of an area.

migrate: To move from one place to another.

naturalist: A person who studies nature.

navigate: To find one's way.

**orbit:** The path of one object around another object. Earth orbits the sun. The moon orbits Earth.

**orient:** To line up a map in relation to a compass and landmarks you can see.

**poles:** Two opposite points. Earth's axis passes through the North Pole and the South Pole.

**satellite:** An object that orbits a larger object. The moon is a natural satellite. A GPS satellite is an artificial, or manmade, satellite.

**Scale:** A measure that shows how the distance between places on a map relates to the real distance.

**symbol:** Something that stands for something else.

**ultralight airplane:** A lightweight aircraft that usually carries one person.

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