ARCHITECTURAL
ACOUSTICS
ILLUSTRATED

MICHAEL ERMANN

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WILEY

This book is printed on acid-free paper. ∞

For Lauren, Zachary, and Miles

Contents

Acknowledgments

Thanks most to Nawazish Nanji, whose pen drew every illustration in this book.

Thanks to M. David Egan, whose text was the inspiration for this one.

Thanks also to the other authors (G. Z. Brown, Mark DeKay, and Francis Ching among them) dedicated to rigorously translating the technology of building into the graphic language of architecture.

Also, thank you to the following for contributing to this effort with your experience, research, work, and generosity.

Introduction

This book aims to translate the concepts of architectural acoustics into the graphic language of architecture, in the belief that not only architects and architecture students, but also engineers, physicists, musicians, builders, planners, real estate professionals, and interested laypeople will be served by the translation. What you are reading is a comprehensive book for those new or relatively new to acoustics, but those in practice as architectural acousticians will also find it valuable as a reference for its considerable library of data, its review of recent research, and its design checklists.

The study of architectural acoustics is a three-dimensional endeavor. Sound moves in Cartesian space, in real rooms, and through planes that typically don't precisely align with section and plan cuts. But architectural acoustics also maintains the three dimensions loudness, frequency, and time, which, for reader ownership of subject content, must be evaluated simultaneously. Thus, the study of architectural acoustics is itself an act of architecture—and architectural acoustics, as laid out in the pages that follow, sits under the broader umbrella of design. To that end, the illustrations and animations in this book should be viewed not as supplements to bolster the text, but rather as content on par with the text in importance. Indeed, in portions of the book, the text bolsters and supplements the content covered by illustrations and animations.

Be sure to load up the animations, as they are an important part of the book. To access the animations, please visit: www.wiley.com/go/architecturalacoustics. The AV Content Online icon indicates what material has corresponding animations.

AV Content
Online

Intuition is a valid expression of design, as is empirical study, but neither is a substitute for a critical view and development through iteration. Empirical study, critical thought, and the iterative process all factor into architectural acoustics, as do the physical properties of energy flows. But in architectural acoustics intuition is less likely to play a role. This topic is rigorous and often quantitative, but in this book it is almost always filtered through the lens of spatial composition, haptic awareness, materiality, and perception. The reader finds the quantitative analysis necessary, but not sufficient: We built the three most admired concert halls in the world—the Vienna Musikvereinssaal, Boston's Symphony Hall, and the Concertgebouw in Amsterdam—in the late 1800s or early 1900s. What technology or science holds 120-year-old advancements as state-of-the-art? There must be something more than technology at work.

I intend to convey the importance of room shaping over motorized components, material selection over sound system design, noise-space-planning over engineered partitions, site selection over outdoor noise barriers—without omitting the important content of motorized components, sound system design, engineered walls, and outdoor noise barriers. The reader will gain the confidence to design rooms with sound in mind from the earliest stages of design, when decisions have the greatest impact on the quality of the acoustics. The reader will also better recognize where acoustic opportunities and pitfalls lie, address routine matters in architectural acoustics, and judge when outside professional consultation is required.

BASIC THEORY

SOUND LEVEL

Sound Level

A sound is made when an oscillating membrane disturbs the molecules in an elastic medium—and that disturbance is heard. While sounds may travel through solids or liquids, in the domain of architectural acoustics, we generally skew our discussion to the elastic medium of air (structure-borne sound notwithstanding). A nearby passing bus excites a window pane into vibration, which in turn excites the air molecules near the window, which in turn excite air molecules near the first group of air molecules, and so on, until the band of oscillating molecules reaches the ears of a listener; this creates a sound.

We say "The Wave" circles a full stadium, even if the participants don't themselves traverse the stadium's perimeter. Spectators merely stand up, then sit down. As each successive column of fans stands and sits, the wave propagates, though each particle (spectator) in the wave returns to its resting position (seated). Similarly, with propagating sound, each excited molecule returns to its steady state, but only after passing its energy to its neighboring molecules. Other parallel models exist to describe the propagation: the slinky, the water wave, the snapped towel, a crowded mosh pit with fans colliding.

Three characteristics describe the physics of sound:

Sound level (or energy, strength, amplitude, loudness)

Frequency (or pitch, tone, wavelength)

Propagation (or path, elapsed time)

A hard-plucked guitar string displaces the adjacent air molecules more than a gently plucked one; the collision with the hard-plucked string whips the molecules farther out of their steady state position, and each successive column of molecules whips harder into the next, and so on. We hear these waves of increased compression and rarefaction as louder. In the stadium wave analogy, a louder sound would be akin to the sort of wave where the spectators stand all the way up and raise their arms in the air; a quieter sound would be the sort of wave where spectators remain seated and only raise their arms. Loudness is thus defined by a wave's amplitude.

Not all vibrating membranes create a sound. If a vibrating element moves very little (less than the mean free path between molecules), it makes no sound because it fails to displace the adjacent molecules far enough that they collide into their neighbors. And if the vibrating element moves very slowly, the molecules simply move smoothly around the element, and again no sound is generated. The amplitude of the displacement may also fall below the threshold of human hearing, although our auditory system's sensitivity is remarkable. Very small sound pressures, relative to the ambient atmospheric pressures, are perceptible. Sounds generally blend together when we listen unconsciously, but with intentional listening, we can pick out a single instrument in a hundred-person orchestra, or listen to a story at a party even if the background noise far exceeds the speech signal.

Guitar string at rest   Air molecules at steady state   Graph describing air pressure (even across space at the level of atmospheric pressure)

Guitar string plucked gently   Area of molecule compression   Area of molecule rarefaction   Amplitude measured in Sound intensity (watts/m^2) or Sound pressure (newtons/m^2)

Peaks and troughs move away from source

With greater amplitude comes increased sound level, higher sound intensity, and higher sound pressure

Guitar string plucked firmly is louder

NOTE

For clarity, this model omits much of the true behavior of sound. Guitars, and most other musical instruments, do not produce sound at a single frequency (as drawn here), but rather at multiple frequencies simultaneously. A more complicated, but truer-to-life, illustration would incorporate several sine waves of varying size and a more complex molecule pattern.

Source Path Receiver

<u>Sound Source</u>   <u>Path</u>   <u>Receiver</u>

A guitar string plucked harder
- Oscillates farther from its resting position
- Displaces nearby air molecules
- Is heard as louder

Outdoors:
Six-decibel loss per doubling of distance in a free field
(Six-decibel gain per halving of distance)

Oscillating air molecules vibrate the eardrum
- A three-decibel increase corresponds to twice the sound energy
- But a ten-decibel increase is required to subjectively *hear* the source as twice as loud

Guitar   Ear

Unamplified source in a free field with a human receiver

Magnet vibrates diaphragm

Sound energy loss through spreading over distance

Equal   Equal

Sound energy gains at receiver through building surface sound reflections

Oscillating air molecules vibrate a diaphragm inside the microphone

Indoors:
Sound-reflecting materials may add loudness
(Sound-absorbing materials add less)

Loudspeaker   Mic
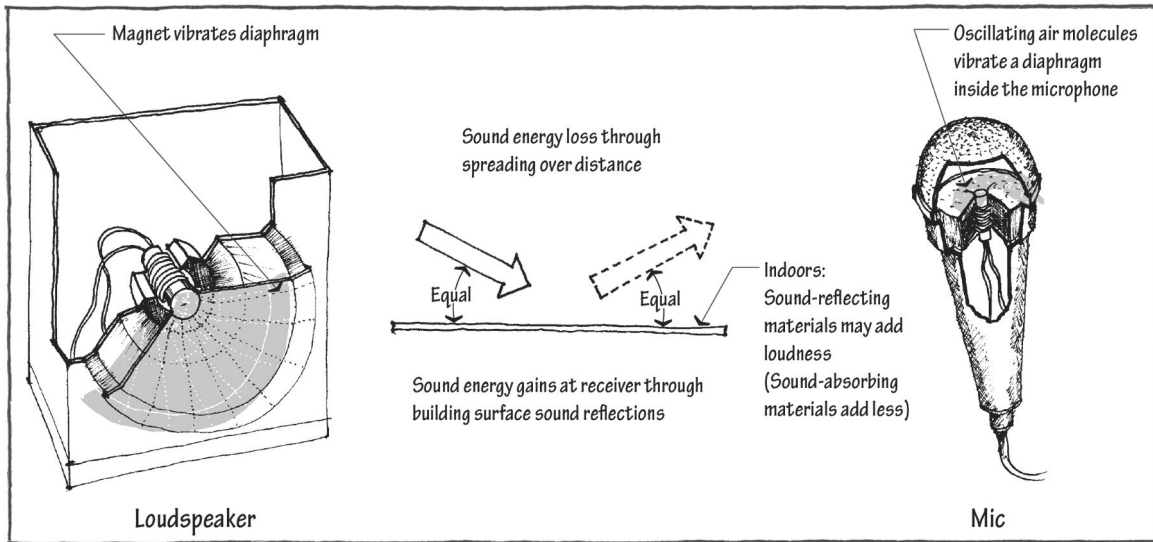
Amplified source indoors with a microphone receiver

Sound measurements:
Sound power *(W)*, measured in watts
Sound power level *(L_w)*, measured in decibels

Receiver measurements:
Sound intensity *(I)*, measured in watts/m^2
Sound intensity level *(L_I)*, measured in decibels

Sound pressure *(P)*, measured in newtons/m^2
Sound pressure level *(L_p or SPL)*, measured in decibels

Measuring Sound Level

Sound power (*W*) describes the strength at the *source*, and sound intensity (*I*) or sound pressure (*P*) describes the strength at the *receiver*, accounting for distance, room surface sound absorption, room geometry, and other environmental effects.

Sound power is measured at a source (piano, noisy air conditioner, human voice), to quantify how much sound energy that source radiates:

W = sound power, measured in watts

A microphone measures in one of two different methods at a receiver to quantify how much sound is arriving:

I = sound intensity, measured as the source power divided by the area over which the source energy has spread, expressed in the units watts/m^2

or

P = sound pressure measured as the amplitude of the sound wave, in the units newtons/m^2

While these three measures appropriately describe the physics of sound amplitude, they are nevertheless unappetizing in architectural acoustics applications, for three reasons. First, describing human response to sound in pressure or intensity overstates differences, because we don't hear 100 people clapping as subjectively 100 times louder than one person clapping. Second, the numbers expressed in newtons/m^2 or watts/m^2 are inconveniently small. A whisper measures at 0.000000001 watts/m^2, whereas a thunderclap measures at 0.1 watts/m^2. One is a hundred-million times the other, but both numbers seem small. (Sound pressures are not just small in their units of measure, but are also very small compared to the baseline of atmospheric pressure through which they move.) Finally, because it takes a hundred-million whispers to equal a thunderclap, the range of human hearing encompasses a vast range of values. If the sound intensity of human breathing is analogous to the geometric volume of a pea, then the sound intensity of a motorcycle would be analogous to the geometric volume of a house. For these three reasons, we use the decibel unit to both compress the yawning range of loudness values, and normalize the small-seeming numbers into values easier to consume. Zero decibels is normalized to the threshold of hearing, the quietest sound we can hear; 50 decibels is a quiet conversation; and 100 decibels can cause hearing loss over time.

Subjective loudness		Decibels
		↑
Painful (and dangerous)	Jet take-off very nearby	140
	Threshold of pain	
	Loud rock concert	120
Deafening	Loud motorcycle	
	Theater at the loudest part of the movie	100
Very loud	Continuous exposure can cause hearing loss	
	Bus idling	80
Loud	Loud speech	
	Normal speech	60
Moderate	Quiet speech	
	Water pipes in the adjacent room	40
Faint	Quiet room	
	Whisper	20
Very faint	Human breathing	
	Threshold of hearing	0
	Too quiet for humans to hear but measurable	
		↓

To translate source amplitude, watts, to decibels (dB), convert sound *power* (W) to sound *power level* (L_W). Start with sound power, W, normalize it (divide it by a reference value), then compress its range (with a logarithm function):

$$L_W = 10 \log \left[\frac{W}{10^{-12} \text{ watts}} \right]$$

To derive sound intensity *level* (L_I) in decibels, from sound intensity (I):

$$L_I = 10 \log \left[\frac{I}{10^{-12} \text{ watts/m}^2} \right]$$

What did we do to convert sound intensity (I) in w/m^2 to sound intensity *level* (L_I) in decibels (dB)? First we found the measured sound intensity (I) at the microphone and divided that measurement by the reference value 10^{-12} w/m^2, the quietest sound human beings can hear. If the resulting ratio is 200, then we recognize the measured sound intensity as 200 times the sound intensity of the human hearing threshold. Finally, we compress the range of possible values by taking the logarithm of the ratio, and we translate to more convenient numbers by multiplying by 10. Using a reference value equal to the threshold of hearing, we ensure that a sound intensity *level* of zero dB corresponds to the quietest hearable sound because log 1 = 0.

To derive sound pressure *level* (L_p) in decibels from sound pressure (P) in newtons/m^2:

$$L_p = 20 \log \left[\frac{P}{2 \cdot 10^{-5} \text{ newtons/m}^2} \right]$$

Sound intensity varies with the square of sound pressure, so the formulas are normalized such that sound intensity *level* (very nearly) equals sound pressure *level*. We typically measure with sound pressure level, and sound pressure level correlates best to the way we hear, but most of our calculations are performed using sound intensity level. In practice, values of the two metrics are fairly interchangeable. Because each is a unit-less ratio of the sound relative to a reference value, each can be expressed in decibels (dB).

The decibel unit provides some peculiar but consistent and easy-to-use rules of thumb. A sound, in a free field, drops by six decibels when measured at a distance twice as far away. Two identical sounds, when combined, produce a sound three decibels louder than either one alone. And for the human auditory system to perceive a sound as twice as loud, it will have to be amplified by 10 decibels (20 decibels is four times as loud, and so on). The reverse is also true. A point-source sound in a free field increases by six decibels when measured at half the distance; half the sound intensity translates to a three-decibel loss, and a 10-decibel loss sounds half as loud to the human ear.

Both speech and music rely on dynamic range, the vast span of sound levels between a whisper and a shout, between a pianissimo and a fortissimo passage. The dynamic range of symphonic music extends 70 decibels, so the loudest portions of the piece have 10 million times the energy of the quietest.

NOTE

Logarithms (base 10) compress the wide range of common sounds into a relatively narrow range of values because they are the exponents by which 10 is raised to produce a given number. For instance:

Log 1 = 10
Log 2 = 100
Log 3 = 1,000
Log 4 = 10,000

. . . . and so on, such that adding one and taking the Log equates to multiplying by 10 instead. Logarithms express numbers as orders of magnitude.

Originally, the unit of loudness did not include the 10 multiplier and was called the "bel" in honor of telephone inventor Alexander Graham Bell. After it was found that the just-noticeable difference (JND) for human loudness perception was approximately 1/10th of a bel, the 10 multiplier was added to the equation, and the unit was given the name "decibel."

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Measuring Sound Level
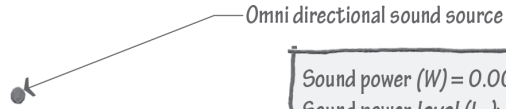
Omni directional sound source

Sound power (W) = 0.005 watts

Sound power *level* (L_w):

$$L_w = 10 \log\left(\frac{W}{10^{-12}\text{ watts}}\right)$$

$$L_w = 10 \log\left(\frac{0.005\text{ watts}}{10^{-12}\text{ watts}}\right)$$

$$L_w = 97\text{ dB}$$

Sound spreading at a radius of 1 meter

Omni directional sound source

Area of a sphere = $4\pi r^2$

Microphone at 1 meter from source
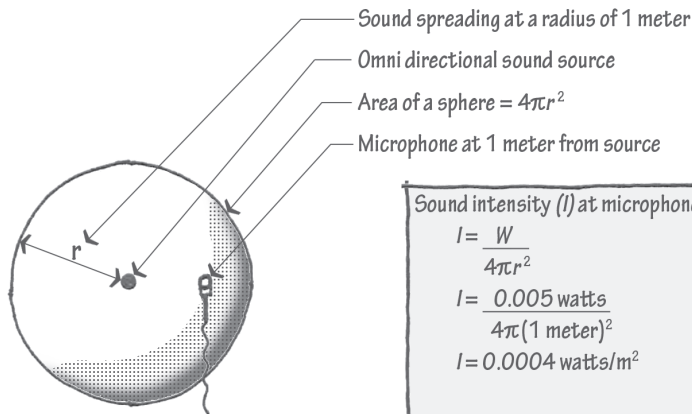
Sound intensity (I) at microphone in watts/m^2 :

$$I = \frac{W}{4\pi r^2}$$

$$I = \frac{0.005\text{ watts}}{4\pi\,(1\text{ meter})^2}$$

$$I = 0.0004\text{ watts/m}^2$$

Sound intensity *level* (L_I) at microphone in decibels (dB):

$$L_I = 10 \log\left(\frac{I}{10^{-12}\text{ watts/m}^2}\right)$$

$$L_I = 10 \log\left(\frac{0.0004\text{ watts/m}^2}{10^{-12}\text{ watts/m}^2}\right)$$

$$L_I = 86\text{ dB}$$

Sound spreading at a radius of 2 meters
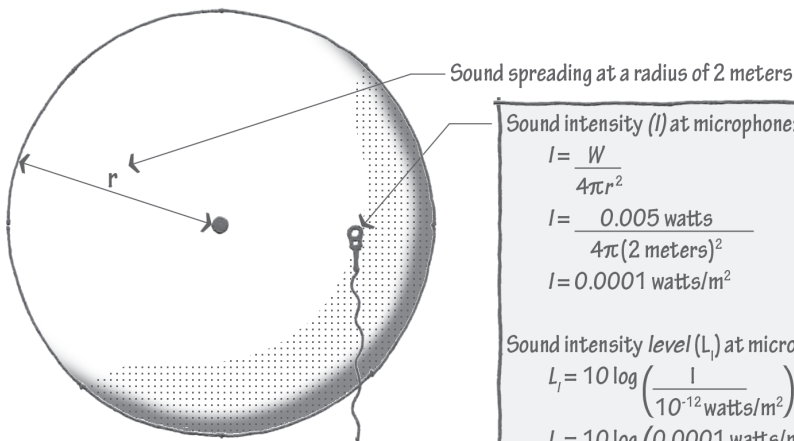
Sound intensity (I) at microphone:

$$I = \frac{W}{4\pi r^2}$$

$$I = \frac{0.005\text{ watts}}{4\pi\,(2\text{ meters})^2}$$

$$I = 0.0001\text{ watts/m}^2$$

Sound intensity *level* (L_I) at microphone in decibels (dB):

$$L_I = 10 \log\left(\frac{I}{10^{-12}\text{ watts/m}^2}\right)$$

$$L_I = 10 \log\left(\frac{0.0001\text{ watts/m}^2}{10^{-12}\text{ watts/m}^2}\right)$$

$$L_I = 80\text{ dB}$$

Note sound level drops by 6 dB per doubling of distance in a free field

Multiple Sound Sources
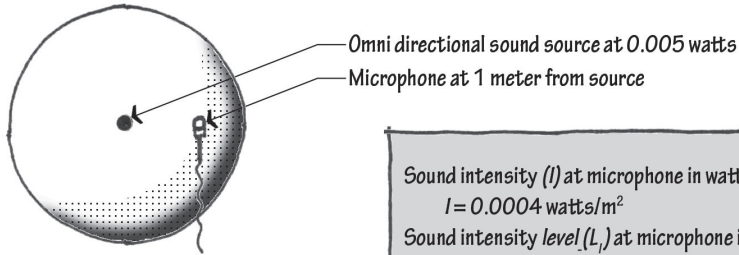
Omni directional sound source at 0.005 watts

Microphone at 1 meter from source

Sound intensity (I) at microphone in watts/m^2:
$$I = 0.0004 \text{ watts/m}^2$$
Sound intensity $level$ (L_I) at microphone in decibels (dB):
$$L_I = 10 \log \left(\frac{I}{10^{-12} \text{ watts/m}^2} \right)$$
$$L_I = 10 \log \left(\frac{0.0004 \text{ watts/m}^2}{10^{-12} \text{ watts/m}^2} \right)$$
$$\boxed{L_I = 86 \text{ dB}}$$

Two similar sound sources

Microphone at 1 meter from source
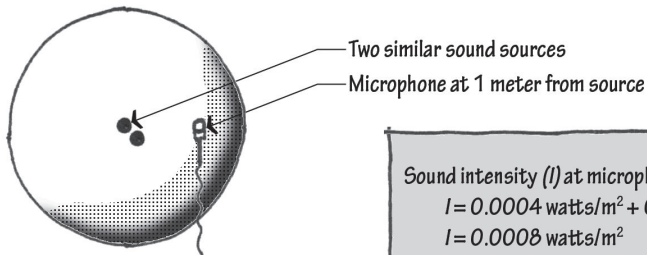
Sound intensity (I) at microphone in watts/m^2:
$$I = 0.0004 \text{ watts/m}^2 + 0.0004 \text{ watts/m}^2$$
$$I = 0.0008 \text{ watts/m}^2$$
Sound intensity $level$ (L_I) at microphone in decibels (dB):
$$L_I = 10 \log \left(\frac{I}{10^{-12} \text{ watts/m}^2} \right)$$
$$L_I = 10 \log \left(\frac{0.0008 \text{ watts/m}^2}{10^{-12} \text{ watts/m}^2} \right)$$

Note that sound level increases by 3 dB per doubling of sound energy

$$\boxed{L_I = 89 \text{ dB}}$$

Two similar sound sources and a third quieter one

Microphone at 1 meter from source
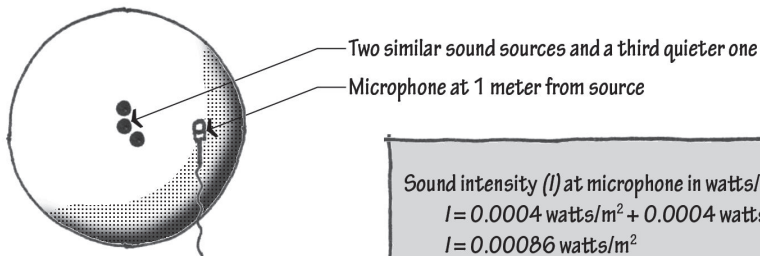
Sound intensity (I) at microphone in watts/m^2:
$$I = 0.0004 \text{ watts/m}^2 + 0.0004 \text{ watts/m}^2 + 0.00006 \text{ watts/m}^2$$
$$I = 0.00086 \text{ watts/m}^2$$
Sound intensity $level$ (L_I) at microphone in decibels (dB):
$$L_I = 10 \log \left(\frac{I}{10^{-12} \text{ watts/m}^2} \right)$$
$$L_I = 10 \log \left(\frac{0.00086 \text{ watts/m}^2}{10^{-12} \text{ watts/m}^2} \right)$$

Note that because the third source was sufficiently quieter than the first two, the total sound level remains at 89 dB

$$\boxed{L_I = 89 \text{ dB}}$$

Decibel Addition

To add sound levels (decibels) from multiple sound sources:
80 dB + 70 dB ≠ 150 dB
80 dB + 70 dB = 80 dB

The higher value swamps out the lower value

Note that the addition of the 70-dB source has no noticeable impact on the total loudness level

When two decibel values differ by	Add the following to the higher value
0 or 1	3
2 or 3	2
4 to 8	1
9 or more	0

Example:
An alarm clock (62 dB), electric shaver (60 dB), two vacuum cleaners (79 dB each), and garbage disposal (55 dB) are on in one room, all at once. Find the total sound level.

Alarm clock 62 dB — Two values differ by 2. Add 2 to higher value — Shaver 60 dB — Vacuum #1 79 dB — Two values differ by 0. Add 3 to higher value — Vacuum #2 79 dB — Values differ by 9+. Use higher value — Disposal 55 dB

64 dB (alarm + shaver)

82 dB

Values differ by 9+. Use higher value — 82 dB (Two vacuums and disposal Note: disposal not a factor in total)

82 dB (Total level in room: vacuums control results)

NOTE

The order in which one performs decibel addition is irrelevant. While this rule of thumb is an approximation, it is typically accurate to within one decibel.

SOUND PROPAGATION

Sound Propagation

Outdoor sound propagation (free field)

Indoor sound propagation

Omnidirectional point source

Extent of sound wave after
4 milliseconds of spreading
at 1,130 ft/sec

$t = +4$ milliseconds

Sound reflects off a surface

$t = +8$ milliseconds

$t = +16$ milliseconds

$t = +32$ milliseconds
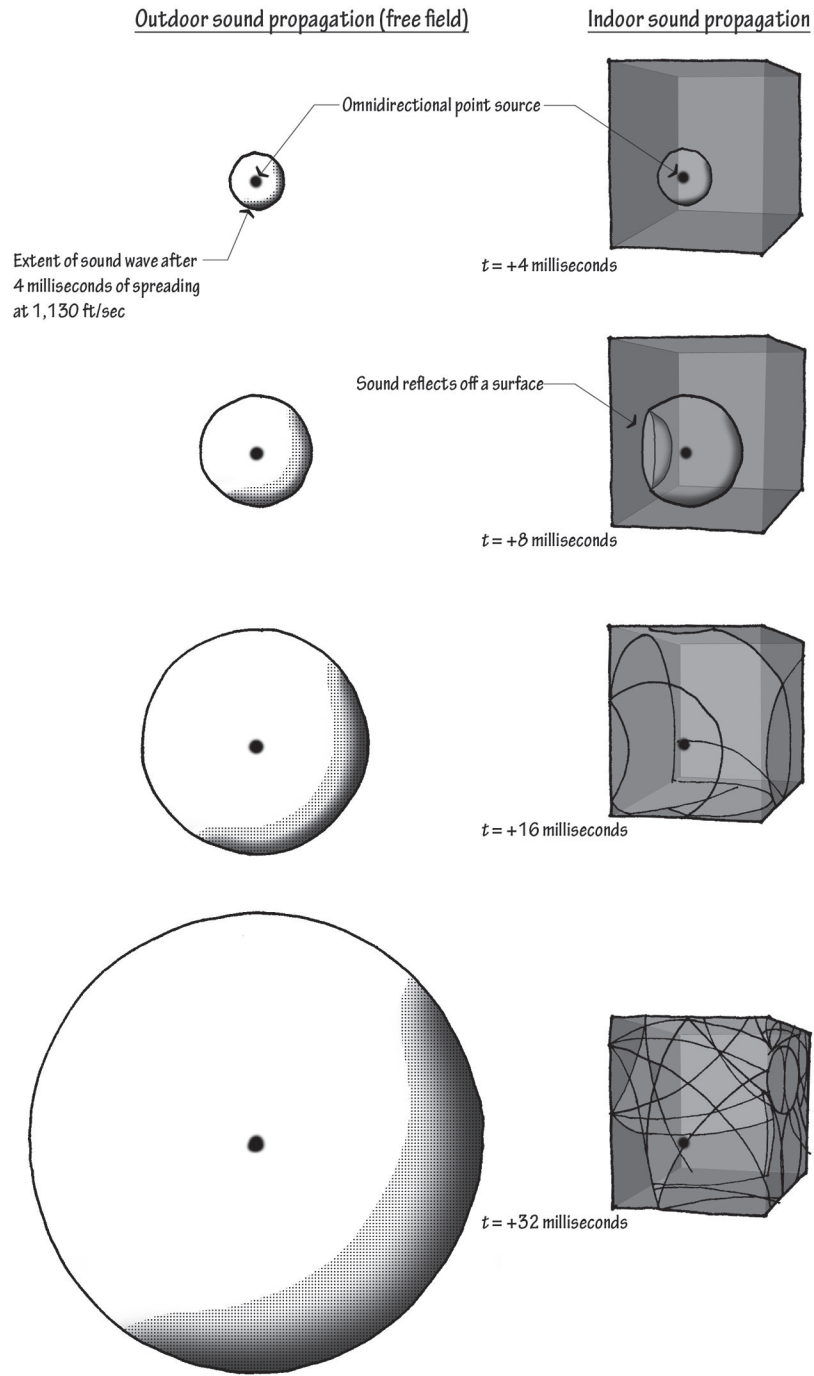
Direct sound decays at the same rate inside as outside, shedding six decibels per doubling of distance because the same sound energy is spread over four times the area every time the distance is doubled. What differs is the reflected sound off the room boundary surfaces inside. Depending on materiality, sound energy hitting a surface will reflect off a surface as the spreading sound-front sphere folds in on itself with each successive reflection.

Directivity

Free field. No nearby reflective surfaces ($Q = 1$)

Omnidirectional sound source

Microphone $L_I = 86\,dB$

$r = 1\,m$

Hemisphere ($Q = 2$) This is also the directivity of speech at 500 Hz

Sound-reflecting surface

$+3\,dB$

$L_I = 89\,dB$

Quarter-sphere ($Q = 4$)

$+6\,dB$

$L_I = 92\,dB$

Eighth-sphere ($Q = 8$)

$L_I = 95\,dB$

$+9\,dB$

Directivity *(Q)*

−

+
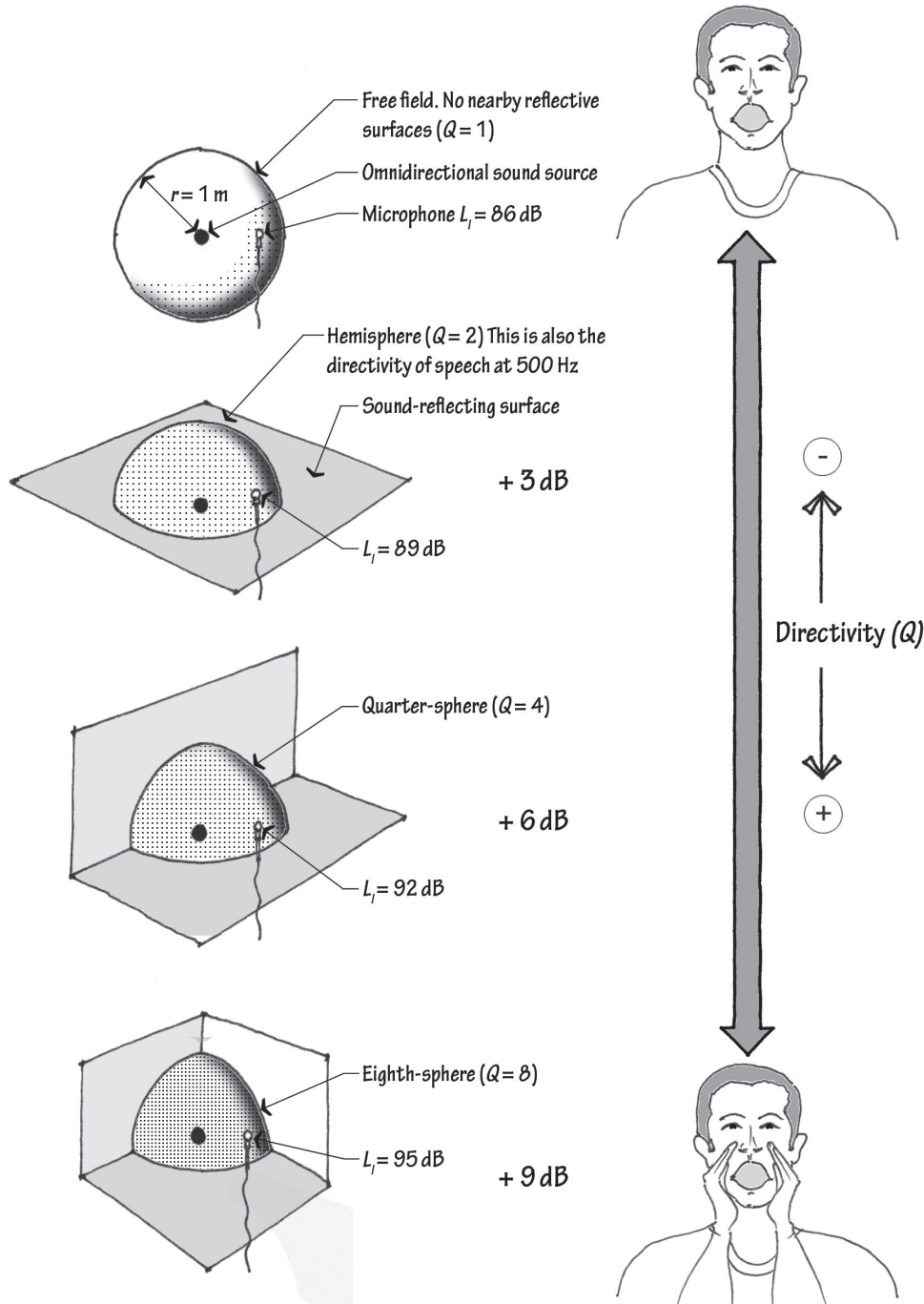
$$I = \frac{W \bullet Q}{4\pi r^2}$$

Where I is the intensity at a given angle

Q is the directivity, per the graphic, and

$4\,\pi r^2$ is the area of the sphere of radius r, over which the sound is spread

SOUND FREQUENCY

Frequency

In 1957 a seven-year-old boy, Joe Engressia, foiled the phone system. Blind since birth, abused at school, and possessing both a 172 IQ and perfect pitch, Engressia noticed a 2,600-Hz frequency pure tone buzzing in the background during long-distance calls. He discovered that whistling the same tone, the fourth E above middle C, disconnected the call. More experimentation led him to a system, later termed "phreaking," which tricked the phone company's computers into providing free long-distance calls for the whistler. Because long-distance calls were very expensive at the time, and because the phone company's computer was seen as the most complex of its time, phreaking became a 1970s pastime for a subculture of socially awkward teens interested in technology; it was the precursor to computer hacking. A young Steve Jobs, after reading a story on the phenomenon, recruited his friend Steve Wozniak, and the two of them designed, manufactured, and sold "blue boxes," electronic tone generators that allowed users to make free long-distance calls. Jobs once said, "If we hadn't made blue boxes, there would have been no Apple."

Sounds have a loudness associated with each frequency, and describing the quality of a sound in decibels without specifying the frequency content is a bit like describing the quality of the weather in temperature without mentioning if skies are clear or rainy. When sound includes abundant high-pitched or treble energy, it is said to be heavy on high-frequency content, and when sound includes abundant low-pitched or bass energy, it contains ample low-frequency content.

In the same way that a drumroll, when sufficiently rapid, begins to approach a tone to our ears rather than individual taps, sound is made up of beats per second. Each time a high-pressure wave of molecules impinges upon the listener, it's heard as a beat, and measured in hertz (Hz), or cycles per second. If the beats come one per second, it is said they have a frequency of one hertz. One hundred beats per second, or pressure waves per second, measures one hundred hertz.

Human hearing spans an audible range from 20 Hz to 20,000 Hz. Sounds with fewer than 20 beats per second are heard as separate thumps, rather than as a tone; sounds more than 20,000 hertz are inaudible altogether, as in a dog-whistle. If all the energy is focused at a single frequency, it is termed a "pure tone," which can be annoying to listen to. Tuning forks, car horns, truck back-up beepers, and whistles may be, or may approximate, pure tones. Notes produced by musical instruments, by contrast, have energy in patterns of frequencies, which are called "harmonic sounds." Most of the everyday sounds and noises we hear, including speech, traffic noise, and an audience clapping, are called "complex sounds," with varying levels of sound across the audible frequency spectrum.

Given that sound travels at a fixed rate of 1,128 feet per second (344 m/s) in air, it follows that higher-frequency sound with more rapid progressions of molecule compressions and rarefactions also features shorter dimensions between compressions. This distance, the wavelength, is described by the formula:

$$\lambda_{wavelength} = \frac{C_{speed\ of\ sound}}{f_{frequency}}$$

So given that the speed of sound is 1,128 feet per second, and middle C on the piano is 256 Hz, we see that the wavelength associated with middle C is calculated as:

$$\lambda_{wavelength} = \frac{1,128\,\text{ft}/\text{s}}{256\ \text{Hz}} = 4.4\ \text{ft}$$

Higher-frequency sounds have shorter wavelengths, and lower-frequency sounds have longer ones. The distance between compressions and rarefactions in the waveform describing middle C is thus about equal to the height of an adolescent child; the 20-Hz lowest audible bass tone is about the length of a small banquet room; and the 20,000-Hz highest audible treble tone is about the width of a finger. Bats, using echolocation to find something as small as a mosquito, transmit frequencies as high as 100,000 Hz so that the sound's wavelength will be small enough to "see" the insect. Bats chirp well above the human frequency perception threshold, in frequencies that high can't be heard by human beings. (Or, putting it another way, human beings can't hear wavelengths that small.) For the entire frequency range of human hearing, wavelengths are at the scale of architecture. This is important because when sound rays impinge on surfaces that are much longer than their wavelengths, they reflect in something approaching a ray; when they impinge upon surfaces that are much smaller than they are, they move right around them, like an ocean wave moving around a swimmer. As sound impacts a building surface that is of a similar dimension to the wavelength, the sound reflects and scatters.

Although healthy ears hear the full range, from 20 Hz to 20,000 Hz, the kind of cumulative hearing loss that most of us suffer shrinks that range over time. Depending on how loudly the music one listens to is played, and one's exposure to continuous loud sounds (greater than 80 decibels), it is common for tones above 17,000 Hz to lose audibility for those in their 20s, and tones above 10,000 Hz to lose audibility when we are in our 50s.

Guitar string — Air molecules

Plucked guitar string — Wavelength

Shorter wavelength brings higher-pitched, higher-frequency sound

Shorter, tighter, or thinner string produces higher-frequency sound when plucked
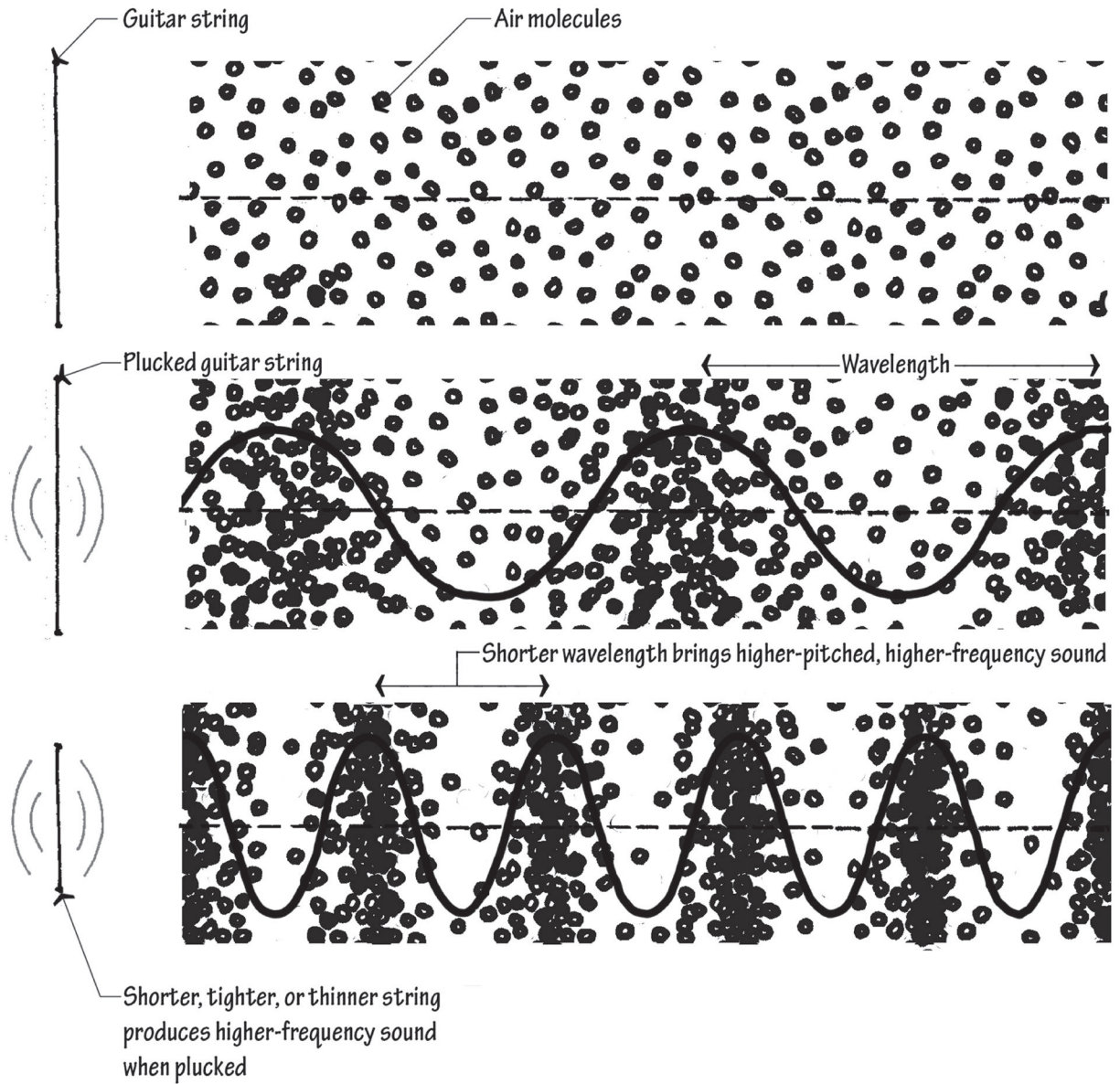
NOTE

For clarity, this model omits much of the true behavior of sound; it depicts pure tones, each at a single frequency. In reality, guitars make notes, composites of tones with a frequency pattern. For instance, a 440-Hz note includes pure tone energy at 440 Hz (called the fundamental frequency), with progressively decreasing loudness at frequencies equal to multiples of the fundamental: 880 Hz, 1,320 Hz, 1,760 Hz, and so on. To hear a demonstration of this concept, visit www.smackmypitchup.com and click on "curriculum," then on "1.6 Pure Tones and Complex Sounds."

	Pure tones	Harmonics	Complex sounds
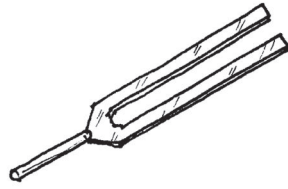
Sound energy at a single frequency: tuning forks, whistling through your lips, truck back-up beepers, some alarms and car horns. Often pure tones are considered annoying.

Pattern: sound energy at a fundamental frequency with progressively decreasing loudness at frequencies that are integer multiples of the fundamental. Musical tones contain harmonics.
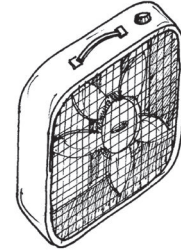
Sound energy across the frequency spectrum: background noise, speech, and almost every sound we encounter is a complex sound.

Acoustic waveform
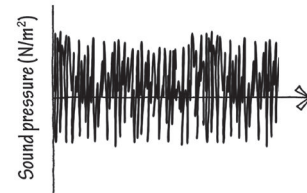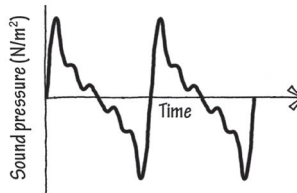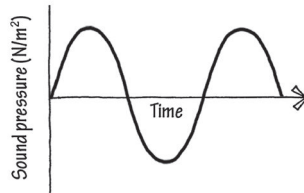
Spectrum: Each frequency resolution

The lowest frequency in a musical note is called the "fundamental frequency"

One-third octave-band resolution

More high frequency than low frequency in this example
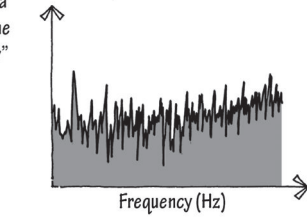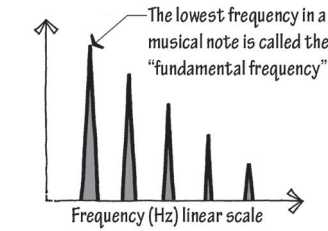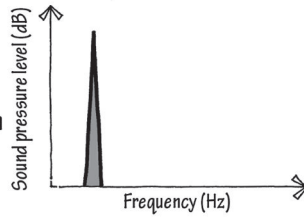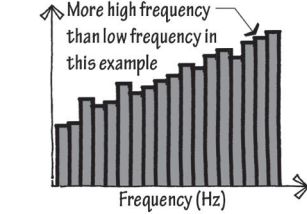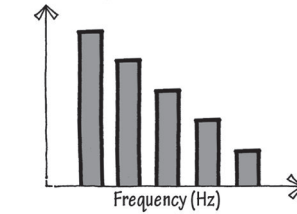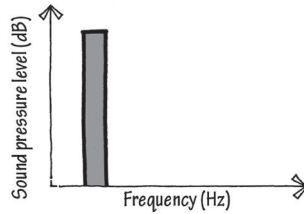
Full octave-band resolution
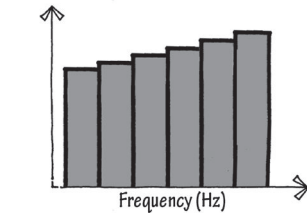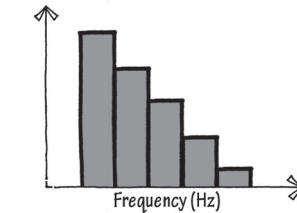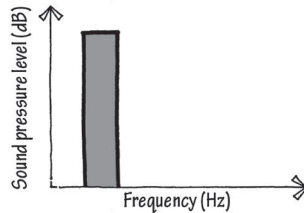
Full octave band with A-weighted applied
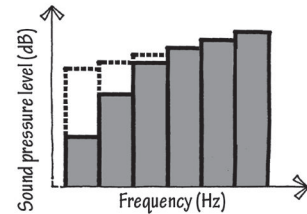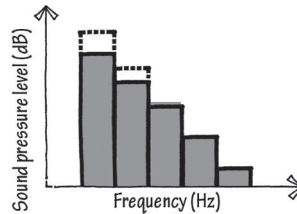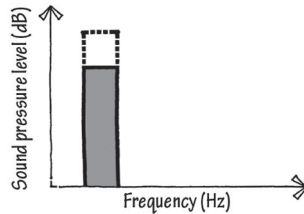
Octave Bands

Although describing sound loudness in the absence of frequency paints a one-dimensional picture of the sound, describing sound loudness at *each* frequency would be cripplingly over-detailed. The frequency spectrum in the figure that follows describes the sound "sssssss," measured in a room with a fair amount of low-frequency background noise from a noisy mechanical system. In the absence of a graph, we would need to list decibel values at *each* frequency to explain this sound. For instance, 66 decibels at 100 Hz, 67 decibels at 101 Hz, 67 decibels at 102 Hz, and so on. Even that level of detail omits the decibel values between integer frequency values, for instance 77 decibels at 180.9565 Hz.

To simplify the content of a sound spectrum without abandoning the important descriptive role of frequency, we use the octave band. Grouping frequency ranges into bands with upper and lower limits on the frequency domain, octave bands allow for the definition of loudness across the frequency spectrum, divided into finite and practical-to-use groupings of frequencies. To better account for the way human brains perceive pitch, individual octave bands (each described by the frequency of its geometric center) encompass unequal ranges of frequencies. For instance, the octave band centered on 250 Hz includes all the frequencies between 177 Hz and 354 Hz, a range spanning a total of 354 – 177 = 177 Hz. The octave band centered at 2,000 Hz spans from 1,414 Hz to 2,828 Hz, a range spanning a total of 2,828 – 1,414 = 1,414 Hz. The 2,000-Hz octave band, therefore, includes many times more frequencies than the 250-Hz octave band.

Each successive octave band's center point frequency is set at twice the frequency of the previous octave band's center frequency: 63 Hz, 125 Hz, 250 Hz, 500 Hz, 1,000 Hz, 2,000 Hz, and 4,000 Hz. (These are the octave bands with which architectural acoustics concerns itself.) When a measurement's purpose warrants more frequency resolution than provided by full octave bands, one may use one-third octave band resolution instead.

The sound "sssss" in the presence of air conditioner noise in the room.
The result is a sound level at each frequency.

54 dB at 3000 Hz

110
100
90
80
70
60
50

2000   4000   6000   8000

Frequency (Hz)

Sound level (dB)

110
100
90
80
70
60
50

Low-frequency air conditioner noise

77 dB at 180.9565 Hz
This level of frequency resolution is impractical for recording measurements across the spectrum

"sssss"

63   125   250   500   1000   2000   4000   8000

Frequency (Hz)

Same measurement as the top graph but the X-axis frequency scale is geometric where each frequency value on the axis is twice the one before it

Air conditioner

79 dB at the 250-Hz octave band

Octave bands group ranges of frequencies

"sssss"

110
100
90
80
70
60
50

Octave bands are described by their "center frequency"

63   125   250   500   1000   2000   4000
Rumble   Tenor voice   Hum   Vowels   Beep   Piccolo   Consonants
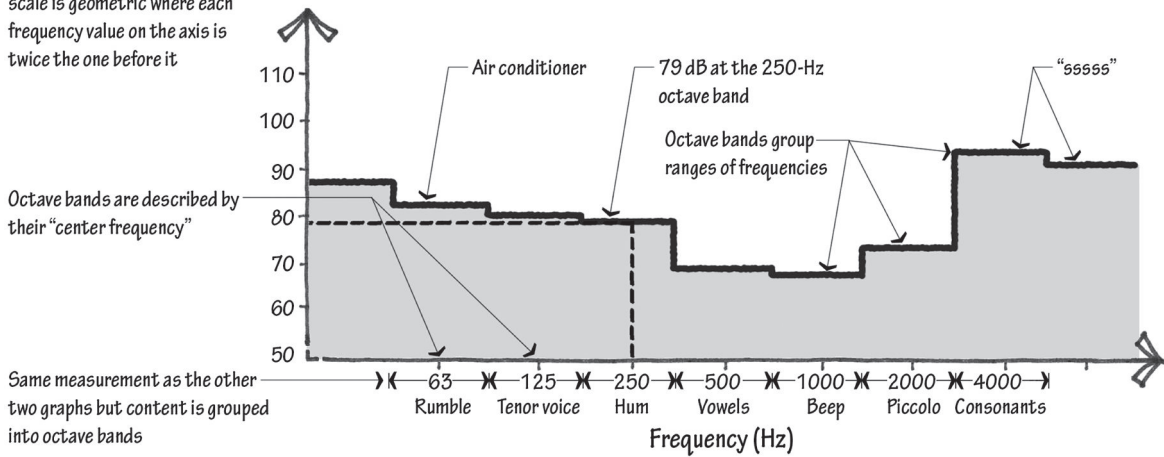
Frequency (Hz)

Same measurement as the other two graphs but content is grouped into octave bands

Sound Level Perception and Frequency

Threshold of pain

Equal loudness coutours: Human hearing is more sensitive in the middle-high frequencies than in the low frequencies

Equal loudness contours

Air-raid siren

Rock band

Police siren

chainsaw

Mower

Symphonic music

Toilet flushing

Blender

Table saw

In English, consonants, much more than vowels, allow for intelligibility
N Nglsh, cnsnnts, mch mre thn vwls, llw fr ntlgblty
vs.
I Ei, ooa, u oe a oe, ao o ieiiii

Pounding surf

Dryer

Baby crying (vowels)

Speech (consonants)

Hairdryer

By no coincidence consonants fall at the frequencies where human hearing is most sensitive

Refrigerator

Threshold of hearing

Electric clock

Clock ticking

Threshold of hearing is 0 dB at 1000 Hz but 60 dB at 32 Hz

Whispering

Rustling leaves

Sound pressure level (dB)

120 100 80 60 40 20 0

Frequency (Hz)
8   16   32   63   125   250   500   1000   2000   4000   8000   16000   32000
     36'   9'   2'   6"   1"
Wavelength

Infrasonic Earthquakes

Hearing range for young

Ultrasonic Dog whistle

Hearing range for old

A narrowing of frequency range comes with age, but it comes more acutely to those who listen to loud music or are exposed to loud machinery

Stereo

Acoustic laboratory tests

Propeller aircraft

Jet aircraft

Cricket noise

Acoustic lab tests are often conducted at one-third octave-band intervals: center frequencies at 63 Hz, 80 Hz, 100 Hz, 125 Hz, 160 Hz, 200 Hz, and so on

Bass drum

Cello

Violin

Piccolo

Pipe organ

Suprano voice

Alto voice

Tenor voice

Bass voice

Frequency (Hz)
8   16   32   63   125   250   500   1000   2000   4000   8000   16000   32000

Researchers conducted a great many tests with a great number of subjects to develop the family of equal-loudness contours shown in this illustration. Any two points on a given curve line will, subjectively and on average, be judged equally loud. Note the sharp drop in human sensitivity to low-frequency sounds (which is why amplifiers boost bass), the peak sensitivity at the frequencies associated with consonants in speech (they contain the most information as to what is being said), and the relatively flat human response in the rectangle between 150 Hz to 6,000 Hz and 45 dB to 85 dB (again the content of human speech).

A-Weighted Decibels

The chapter began by describing sound level in the absence of frequency, then introduced frequency to better describe the quality of the sound, and then introduced the octave band to simplify description of frequency. Yet even the grouped frequency description provided by octave band measurements can be clumsy when comparing sound levels. An officer attempting to discern if a loud party exceeds the local noise ordinance, a machine operator attempting to discern if the equipment he uses is likely to cause permanent hearing damage, or a researcher attempting to discern best practices in maintaining quiet elementary school cafeterias, might prefer using a single-number measure of loudness, weighted to reflect the varying sensitivity of human hearing across the frequency spectrum. For these straightforward and simplified measures of comparative loudness, we use A-weighted decibels (dBA).

Because of the geometry of the human ear and the particulars of the human auditory system, 90 decibels at 125 hertz sounds subjectively quieter than 90 decibels at 1,000 hertz. A-weighting first adjusts the measured octave-band decibel levels to account for human decreased sensitivity to sound level at low frequencies, then uses decibel addition of the newly weighted Sound Level values at each octave band. The result is a single decibel level, roughly aligned with perceived loudness.

This is the first value introduced in what will be a series of single-number metrics used in architectural acoustics. As with the others in this family of easier-to-use values, the benefit from its simplicity should be balanced against the loss of important frequency resolution detail.

AV Content
Online

A-weighted decibels

Step 1:
Adjust measured octave-band values to account for human hearing sensitivities which vary by frequency

63	125	250	500	1000	2000	4000	8000
-25	-15	-8	-3	0	+1	+1	-1

Step 2:
Add the individual octave-band decibel values using decibel addition

For this example we'll again use the sound "ssssss" made in the presence of air-conditioning noise. To translate the every-octave-band data into a single A-weighted decibel level, we first adjust the spectrum, then we add the loudness values of each octave band using decibel addition.

Loudness (dB)

Air conditioner rumble

"ssssss"

82 dB   80 dB   79 dB

69 dB   68 dB   73 dB

93 dB   91 dB

110
100
90
80
70
60
50

Low-frequency air conditioner rumble is minimized in A-weighting to reflect weak human hearing sensitivity at low frequency

"sssss" maintains its high value after weighting because of high-frequency human hearing sensitivity

93 dB
+1 dB
94 dB

91 dB
-1 dB
90 dB

73 dB
+1 dB
74 dB

82 dB
-25 dB
57 dB

80 dB
-15 dB
65 dB

79 dB
-8 dB
71 dB

69 dB
-3 dB
66 dB

68 dB
+0 dB
68 dB

110
100
90
80
70
60
50

63 Hz   125 Hz   250 Hz   500 Hz   1000 Hz   2000 Hz   4000 Hz   8000 Hz

57 dB   65 dB   71 dB   66 dB   68 dB   74 dB   94 dB   90 dB

The two values differ by 8 dB so to add them: add 1 dB to the higher value

= 66 dB   = 72 dB   = 75 dB   = 95 dB

= 73 dB

The high-frequency "sssss" controls the A-weighted decibel value. All the other octave-band values combined only add 1 dB to the 4,000-Hz level

= 95 dB

dBA = 95 dBA

The Special Case of Low-Frequency Sound

Middle- and high-frequency sound wavelengths occupy dimension on the order of the scale of the diameter of the human ear canal. It is these frequencies, then, that resonate in our auditory system, which is why we are more sensitive to frequencies at 500 Hz and above than to those at 250 Hz and below. Our ears' sensitivities to these frequencies reflect an evolutionary preference for speech communication through higher-frequency consonants. We now capitalize on that sensitivity when creating the sound spectrum for car horns, truck back-up beepers, sirens, alarm clocks, and other machine-generated noises intended to get our attention. Because of our sensitivity to mid- and high-frequency sounds, and because of mid- and high-frequencies' outsized role in promoting speech intelligibility, the field of architectural acoustics justifiably focuses its attention on this window of the sound spectrum.

Yet low-frequency sounds should command our attention too, despite our diminished sensitivity to them. That is because bass tones more easily move through barriers such as car windows, building skins, and room partitions. They are more omnidirectional, more readily bend around buildings, and diffract around outdoor roadway barriers; in the presence of dance music, they vibrate our chest cavities and shake our ceiling tiles. Researchers now believe that pure tones at about 22.5 Hz may trigger a fight-or-flight response in people. Low-frequency sounds are what build up annoying resonances (also called standing waves) in small spaces such as music practice rooms, but they also give us a desired sense of "warmth" in a symphony hall.

Picture a swimmer in an ocean with a nearby sea wall. When the waves come, they smack the long sea wall and bounce back out to sea. But those same waves don't ricochet off the relatively small swimmer—they diffract around him instead. In the same way, middle- and high-frequency sounds, whose wavelengths are short compared to building surfaces, can be easily modeled in geometric acoustics, using rays and arrows. That model breaks down and loses its usefulness when the wavelengths are long relative to the room surfaces. Modal low-frequency sounds behave more like waves and less like rays. They are more difficult to model in space, yet more sensitive to the geometric particulars of the source, surface, and receiver locations. At low frequencies, two adjacent seats in a theater may experience remarkably different sound fields—or they may experience almost identical sound fields.

Electronically amplified "thumping" music has high bass content, but so might a television or a movie playing in the adjacent cinema. Truck engines, bus engines, train engines, and aircraft jet engines have low-end content—as do car, motorcycle, personal watercraft, and snowmobile engines (and that is before some vehicle operators intentionally modify their exhaust systems to sound more throaty and muscular). Finally, fans, pumps, elevators, garbage disposals, generators, trash compactors, and garage door openers—many of the machines found in buildings—generate considerable low-frequency noise.

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Sound Level Data

Source	dBA	Absorption Coefficient (Hz)						
		63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Outside								
Highway at 50 ft (15m)	**78**	78	78	75	73	75	69	62
Highway at 200 ft (60m)	**66**	70	69	62	59	63	60	52
Primary road at 50 ft (15m)	**64**	67	63	60	57	61	58	50
Primary road at 200 ft (60m)	**51**	63	57	48	42	47	45	38
Large cooling tower at 50 ft (15m)	**63**	69	62	56	54	55	57	58
Small cooling tower at 50 ft (15m)	**61**	68	65	56	55	57	53	52
Truck reverse beep	**94**	82	78	77	76	94	66	63
Car starting	**92**	90	81	80	86	87	86	86
Car alarm	**90**	55	51	70	79	78	82	87
Basketball dribble	**87**	90	91	82	79	82	81	77
Bus idling	**81**	83	83	80	73	78	73	67
Loud car radio	**74**	73	77	73	73	69	66	52
Car idling	**69**	81	81	67	62	61	57	53
Ambient rain noise	**63**	72	63	58	56	56	56	57
Ocean wave, water's edge	**54**	62	60	54	51	49	45	42
Inside								
Movie theater	**103**	125	113	100	95	90	92	89
Slammed door	**90**	98	87	86	86	86	83	75
Vacuum	**84**	63	72	70	79	76	80	76
Beneath wood stairs	**83**	84	91	83	78	74	75	73
Alarm clock buzzer	**81**	43	39	63	81	74	74	66
Elementary school cafeteria	**81**	62	61	68	75	79	75	68
Hair dryer	**81**	80	76	71	75	77	74	75
Toilet flushing	**81**	49	65	86	81	70	66	62
Television	**76**	58	70	74	70	69	72	64
Acoustic guitar	**74**	62	75	79	71	67	62	54
Cell phone ring	**74**	48	55	54	52	70	67	69
Faucet	**73**	46	50	50	56	57	68	69
Restaurant with music	**69**	71	69	66	66	66	60	52
Normal conversation	**68**	47	53	54	36	66	56	52
Door closed normally	**66**	70	66	64	59	60	58	60
Oven exhaust fan	**64**	43	43	55	63	61	51	46
Boiling water	**58**	50	54	58	52	52	52	49
Dehumidifier	**57**	53	55	56	56	52	49	44
Small heat pump	**54**	60	59	55	49	47	47	41
Microwave	**52**	38	47	55	51	46	39	30
Noisy refrigerator	**51**	56	49	57	49	40	34	30
Office with computers	**48**	55	52	51	45	42	37	30
Noisy diffuser	**47**	54	50	47	43	42	40	35
Water pipes from adjacent wall	**42**	51	50	44	39	33	32	29

SOUND ABSORPTION

Principles of Absorptive and Reflective Surfaces

AV Content
Online

Absorbed sound
(lost to friction)

Incident (arriving) sound

Transmitted sound

0.001%

2%

Reflected sound
(Specular and
diffuse reflections)

98%

Concrete

15%

0.1%

85%

Glass

63%

25%

12%

Sound-absorbing material
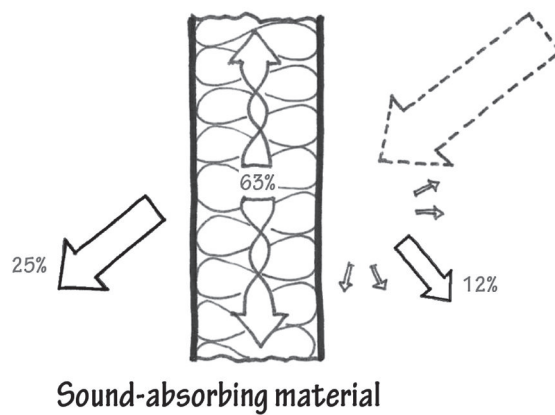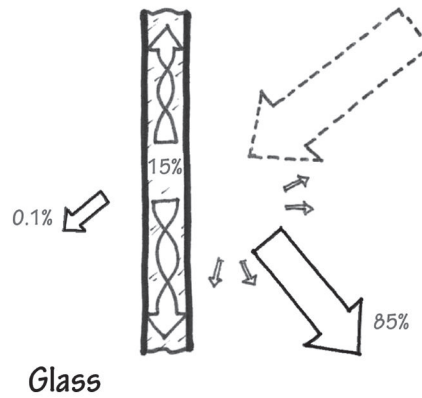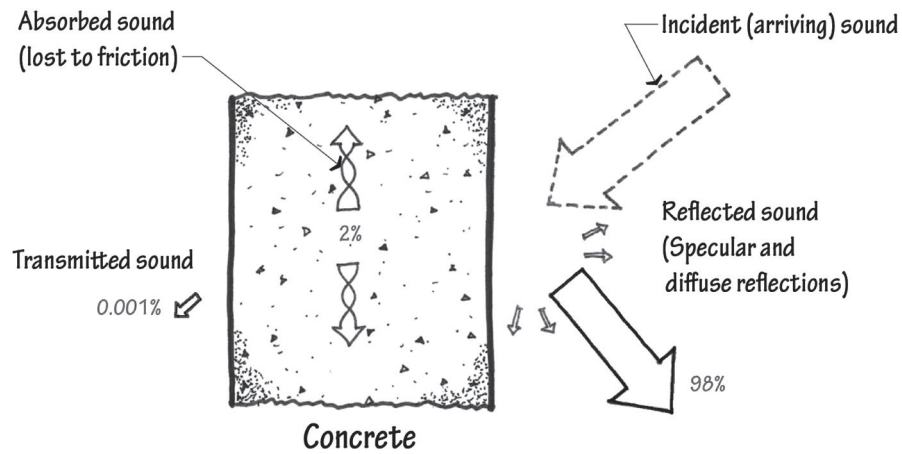
Absorption Coefficient

We use the absorption coefficient (α), a number between zero and one, to describe the sound-absorbing quality of a surface and to quantify the proportion of incident sound energy that does not return to the room in the form of a reflection. The higher the value, the more sound is absorbed (turned to heat within the material) or transmitted (passed through the material) and the less is reflected; the lower the value, the more sound is reflected and the less is absorbed or transmitted. So an absorption coefficient of an open window is 1.00 because no sound energy incident on that surface returns to the room. The absorption coefficient of a (theoretical) perfect reflector is 0.00 because all incident sound returns to the room by way of a reflection off the surface.

$$a = \frac{c + d}{a}$$
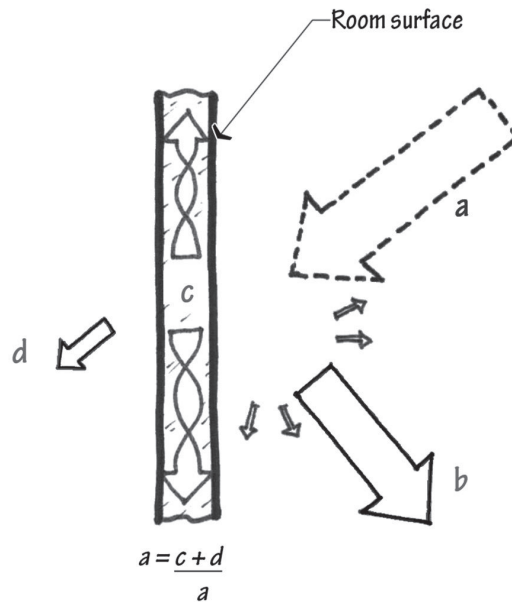
Where α is the absorption coefficient,

c is the absorbed sound energy,

d is the transmitted sound energy,

and *a* is the total incident sound energy.

Marble, with an absorption coefficient of 0.01, reflects 99% of the sound energy impinging upon it—only 1% is absorbed or transmitted. Conversely, a suspended ceiling tile, with an absorption coefficient of 0.80, reflects 20% of the sound—80% is absorbed or transmitted.

To claim that ceiling tile removes 80% of the incident sound is an oversimplification. In reality, all materials have varying absorption coefficients across the frequency spectrum, which we group together and describe with octave-band values. So a ceiling tile may have an absorption coefficient of 0.80 at 1,000 Hz, and an absorption coefficient of 0.32 at 125 Hz. Many porous materials, absorbent at middle frequencies (speech frequencies), are more sound reflective at lower frequencies. Many panelized assemblies, such as gypsum board over stick construction, are more sound absorbent in low frequencies and sound reflective at speech frequencies.

Higher values of the absorption coefficient accompany materials that are (a) more porous, (b) less smooth, (c) of less weight, (d) thicker (provided the thicker material is porous), (e) mounted over an airspace, or (f) of less mass (where more of the energy passes through or is translated to mechanical energy, as in a panel absorber). Higher α values are characterized by a fiber orientation that constructs multitudes of tiny interconnecting air pockets. Materials with lower absorption coefficient values are smooth, dense, flush-mounted, and massive. Materials with absorption coefficients greater than 0.50 are generally considered sound-absorbent materials, and materials with absorption coefficients less than 0.20 are generally considered sound-reflective materials. We typically don't perceive an absorption coefficient change of less than 0.10, and we judge a change of greater than 0.40 to be considerable.
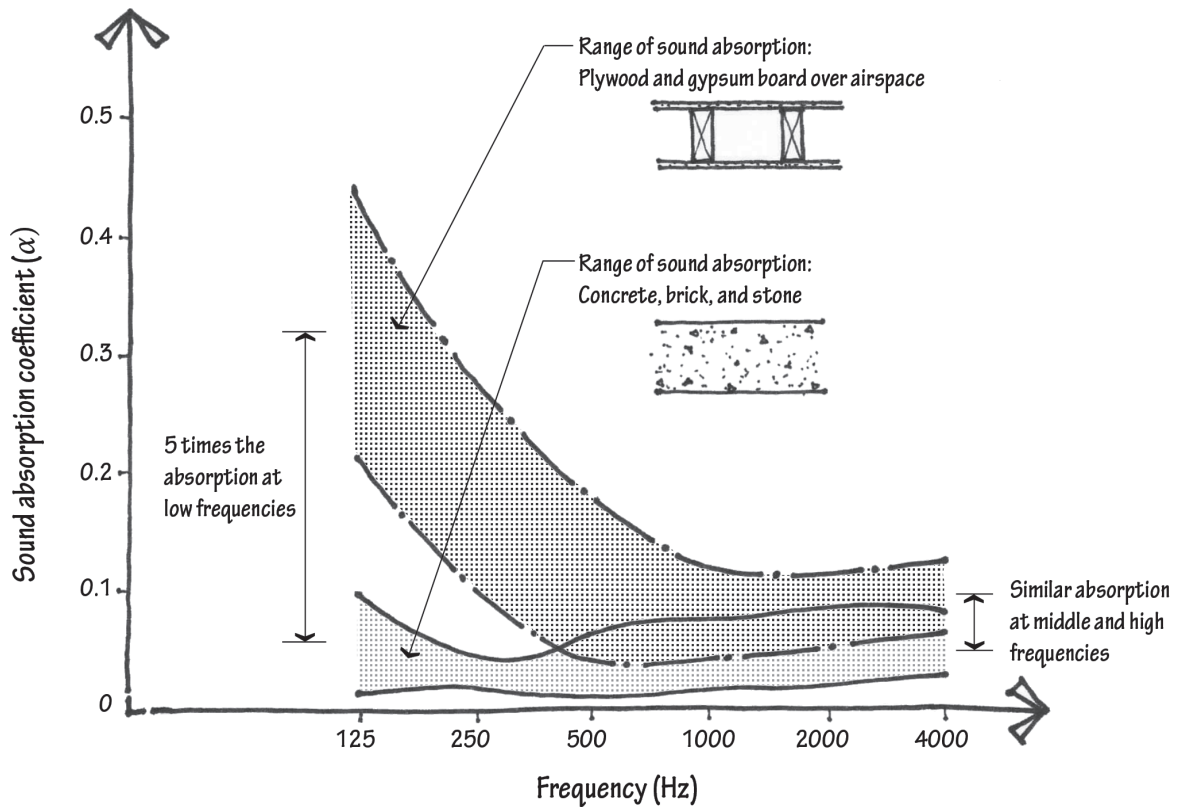
NOTE

Though theoretically impossible, published absorption coefficients may exceed 1.00. This is because of a quirk in the way surface samples are tested in laboratories. In the tables that follow, published absorption coefficients that exceed 1.00 are rounded down to 1.00.

Types of Sound Absorbers

Porous absorbers

1-inch-thick glass fiber

4-inch thick

Absorption coefficient (α)

1.00
0.75
0.50
0.25
0.00

63 250 1000 4000

Frequency (Hz)

Glass fiber flush-mounted to concrete. One can expect more low-frequency absorption if it is instead mounted to gypsum wall board, which performs better than concrete as a panel absorber.

1"

4 inches

Sound absorption increases with increasing porous absorber thickness, especially in the low frequencies

1-inch-thick glass fiber

Mounted over an airspace

1.00
0.75
0.50
0.25
0.00

63 250 1000 4000

The airspace behind the absorber acts as a "spring" dissipating low-frequency energy

1-inch-thick glass fiber

Mounted on furring with additional glass fiber in the airspace

Absorption coefficient (α)

1.00
0.75
0.50
0.25
0.00

63 250 1000 4000

Frequency (Hz)

Additional glass fiber behind the panel

Absorbers come in porous, fibrous, membrane, panel, and resonant varieties, and in composite combinations of those varieties. Porous absorbers (and a subset of porous absorbers, fibrous absorbers)—collectively termed "fuzz"—include glass fiber, mineral fiber, fiberboard, acoustical ceiling tile, cotton, pressed wood shavings oriented to foster pores, cotton, velour, felt, and open-celled foams. Their absorption coefficients generally rise with frequency, yet they are the most broadband of the absorber types and are therefore by far the most commonly specified to deaden a room.

Porous absorbers

Ceiling-mounted absorbers perform similarly to wall-mounted absorbers
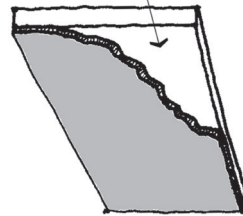
For a given area of absorptive material, banners offer twice the sound absorption because both sides are exposed

1-inch thick membrane banners hung in a loose, catenary fashion

1-inch thick glass fiber

Suspended membrane absorber

Absorption coefficient (α)

1.00
0.75
0.50
0.25
0.00

63   250 1000 4000

Frequency (f)

2-½-inch thick glass fiber

Screened with a perforated panel

Absorption coefficient (α)

1.00
0.75
0.50
0.25
0.00

63   250 1000 4000

Porous absorbers may be screened with slatted or perforated wood or metal to improve appearance and protect the absorbers

If holes are too large, the spaces between them reflect high-frequency sound; if they are too small they may be clogged by paint

At 11% open, this porous cover acts as a panel absorbing more low-frequency sound but reflecting more high-frequency sound. As perforations exceed 20% of the surface area, the system approaches the performance of an unfaced absorber.

Rather than offer an acoustically translucent cover to an absorber behind, microperforated membranes are the absorber themselves

Screened porous absorber

Suspended microperforated membrane absorber

Absorption coefficient (α)

1.00
0.75
0.50
0.25
0.00

63   250 1000 4000

Frequency (f)
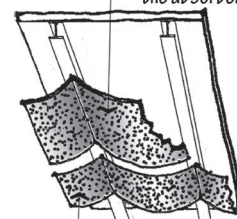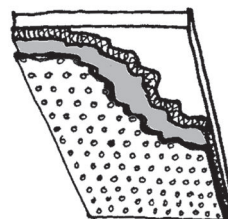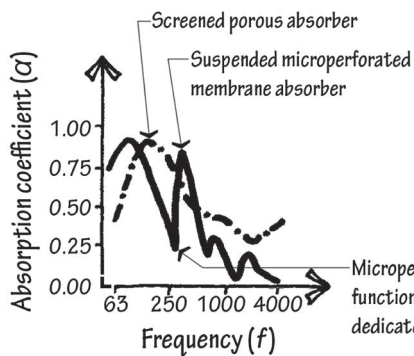
Microperforated absorbers' absorbing spectrum is a function of hole diameter, the percentage of the surface dedicated to holes, and the depth of the airspace behind

Tiny holes, on the order of a half-millimeter in diameter, each act as a resonant absorber

Panel absorbers

Absorption coefficient (α)

1.00
0.75
0.50
0.25
0.00

63 250 1000 4000

— 1-inch thick glass fiber flush-mounted
— Panel absorber

Narrow frequency range of peak absorption

Incident sound moves panel back and forth

Airspace behind acts as a spring, damping sound energy

Absorption coefficient (α)

1.00
0.75
0.50
0.25
0.00

63 250 1000 4000

Panel absorber

Stiffer panels, shallower airspace, or panels with less mass absorb at higher frequencies

Stiffer panel resonates, and therefore absorbs, at a higher frequency

Absorption coefficient (α)

1.00
0.75
0.50
0.25
0.00

63 250 1000 4000

Panel absorber

With glass fiber in the airspace

Porous absorber behind a panel absorber

Frequency peak, $f_n = \dfrac{600}{\sqrt{md}}$, where m is the mass of the panel in kg/m^2 and d is the thickness of the airspace in cm.

At low frequencies, porous absorbers translate acoustic energy to heat; at higher frequencies, sound energy is damped because of the friction encountered when incident sound weaves through the interconnected pores of the absorber. Still more sound energy is lost as sound changes direction within the absorber, and through a complex process called acoustic impedance mismatch—which occurs when sound moves between two media (air and the absorber) that differ in their acoustic densities. Absorption effectiveness is a function of thickness, fiber orientation, density, and porosity. Closed-cell insulating foams, whose pores are not interconnected, fail to perform as effective porous absorbers. To check if a porous material might make a good absorber, blow through it under moderate pressure. If your breath passes through, the pores are interconnected and you likely have an effective absorber in your hands.

Volume resonators

Concrete block

Slotted concrete block volume resonators

Absorption coefficient (α)

1.00
0.75
0.50
0.25
0.00

63   250   1000   4000

Frequency (Hz)

Concrete block

Larger volume of air in block cavity acts as a spring

Air in neck vibrates as a piston

Volume resonator

Larger neck areas, smaller neck air volumes, and smaller cavity air volumes absorb at higher frequencies

Absorption coefficient (α)

1.00
0.75
0.50
0.25
0.00

63   250   1000   4000

$\leftarrow$ Frequency peak, $f_n = \dfrac{2160}{\sqrt{vV}}\,a$, where a is the neck cross-sectional area in in^2, v is the volume of the neck, and V is the volume of the cavity.

Larger neck area

Panel absorber

With fuzz in the cavity

Absorption coefficient (α)

1.00
0.75
0.50
0.25
0.00

63   250   1000   4000

Frequency (Hz)

Porous absorber in cavity

Panel and resonant absorbers are more narrow-band in their absorption character than porous absorbers, and are thus used primarily in specialized applications. Because of their particular absorption spectrum, designers employ these systems for controlling sounds that are narrow-band, are low-frequency, and have frequency content easily predicted beforehand. This might include the thud of a basketball dribble in a gymnasium, the groan of a pump, or the pure-tone hum of an electrical transformer. These two types of absorbers, panel and resonant, may be tuned to peak their effectiveness at the frequency of the unwanted sound by adjusting the absorber's mass, stiffness, or geometry. Because panel and resonant absorption spectrum characteristics complement

those of porous absorbers, which are less effective at low frequencies, panel absorbers or resonant absorbers may be used in conjunction with porous absorbers in rooms like recording studios to flatten the absorption frequency spectrum. The two types of absorbers together are more broadband than either one is alone.

Room Constant

The total absorption in a room, the "room constant," measured in a unit called *sabins*, is not only the result of the absorption coefficient of the surfaces, but also of the total surface area. More-absorbent surfaces attenuate sound energy through loss to friction, but so do more surfaces of the same absorption profile. To calculate the total absorption in sabins,

$$A_{room\ constant} = \alpha_1 s_1 + \alpha_2 s_2 + \alpha_3 s_3 + \dots \text{ and so on}$$

Where A is the total absorption in the room, termed the "room constant" and measured in a unit called sabins,

α_1 is the absorption coefficient of the first surface, α_2 is the absorption coefficient of the second surface, α_3 is the absorption coefficient of the third surface, and so on

s_1 is the area of the first surface, s_2 is the area of the second surface, s_3 is the area of the third surface, and so on

So to calculate the total room absorption at 1,000 Hz of a small office with 100 square feet of wood floor ($\alpha_1 = 0.06$) and 500 square feet of gypsum board ($\alpha_2 = 0.04$), multiply each absorption coefficient by its corresponding surface area, and sum them up.

$$A_{room\ constant} = (0.06 \cdot 100 \text{ sf}) + (0.04 \cdot 500 \text{ sf})$$

The total sound absorption in the office measures 26 sabins. If we replace 100 square feet of gypsum board in the office with 100 square feet of a porous absorber ($\alpha_3 = 0.90$), the total absorption climbs more than fourfold to 112 sabins. If we then add more surfaces by breaking up the office with 100 additional square feet of partial-height gypsum board partitions ($\alpha_2 = 0.04$), we've added an additional 4 sabins for a total of 116. For reference, a small sound-reflective room may have a room constant on the order of 25 sabins, and a large, sound-absorbent room may have a room constant on the order of 5,000 sabins.

Room Average Absorption

To find an average absorption in a room ($\bar{\alpha}$), it is not enough to arithmetically average the absorption coefficients of all the materials. Suppose you occupied a large all-marble room, with a 1,000-Hz absorption coefficient of 0.01. Then you dropped a small fleck of ($\alpha = 0.80$) shredded fiberboard acoustical ceiling tile to the floor. By doing so, you obviously didn't move the average absorption coefficient of the room to the average of 0.01 and 0.80, or about 0.40. There is far more marble than fiberboard, so the average absorption coefficient for the whole room must be

closer to that of the marble. We therefore area-weight the average absorption to reflect the surface area of the marble relative to that of the fiberboard.

$$\overline{\alpha}_{avg\ absorption} = \frac{\alpha_1 s_1 + \alpha_2 s_2 + \alpha_3 s_3 + \dots \text{ and so on}}{S_{total}}$$

Where $\overline{\alpha}$ is the area-weighted average absorption coefficient, "alpha-bar"

α_1 is the absorption coefficient of the first surface, α_2 is the absorption coefficient of the second surface, α_3 is the absorption coefficient of the third surface, and so on

s_1 is the area of the first surface, s_2 is the area of the second surface, s_3 is the area of the third surface, and so on

s_{total} is the total area of all surfaces in the room.

So to calculate the average absorption at 1,000 Hz of that same small office with 100 square feet of wood floor ($\alpha_1 = 0.06$) and 500 square feet of gypsum board ($\alpha_2 = 0.04$), multiply each absorption coefficient by its corresponding surface area, sum them up, and divide the sum by the total surface area in the room.

$$\overline{\alpha}_{avg\ absorption} = \frac{(0.06 \times 100\ \text{sf}) + (0.04 \times 500\ \text{sf})}{(100\ \text{sf} + 500\ \text{sf})}$$

The area-weighted average sound absorption coefficient in the office measures 0.043. Because there is more gypsum board ($\alpha_2 = 0.04$) than wood ($\alpha_1 = 0.06$), the area-weighted average is closer to that of gypsum board than to that of wood. If we replace 100 square feet of gypsum board in the office with 100 square feet of a porous absorber ($\alpha_3 = 0.90$), the $\overline{\alpha}$ climbs from 0.043 to 0.186, about four times the value. For reference, a sound-absorbent room, such as a recording studio, may have an average absorption coefficient of 0.70, and a racquetball court may have an average absorption coefficient of 0.02.

As designers add absorption to a room, it approaches a free-field condition (no surfaces to reflect off), reverberance is lowered, and sound energy is removed from the space. We use sound-absorbing materials to quiet a noisy space (an indoor dog kennel), reduce reverberance for speech intelligibility (a classroom), or apply sound-absorbing materials to a surface that might otherwise create an acoustic defect (an echo from a distant surface). We use sound-reflecting surfaces when we want to increase the reverberance in a space (concert hall), or we specify sound-reflecting surfaces to provide beneficial sound reflections that might bolster loudness (surfaces of a lecture room near the lecturer). Some styles of music (romantic classical) require rooms with more sound reflections, and others (club music) require rooms with more sound absorption. This might necessitate a room with variable acoustics. Absorbent velour banners or curtains can retract or deploy to change the acoustic quality of the room, or panels may slide or rotate to hide a sound-reflective surface and simultaneously expose a sound-absorbing surface, or they may reveal a sound-reflecting surface to cover a sound-absorbing one.
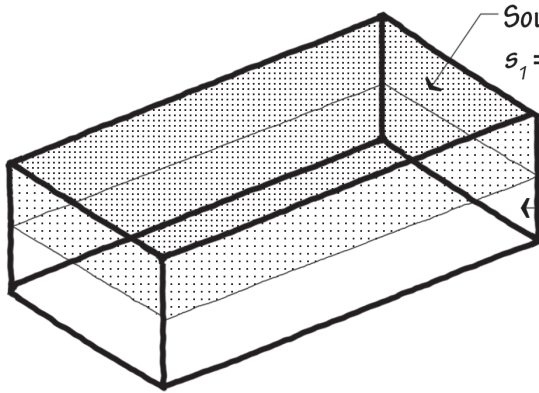
Sound-absorbing surface
$s_1 = 1000$ square feet at $\alpha_1 = 0.90$

Sound-reflecting surface
$s_2 = 1000$ square feet at $\alpha_2 = 0.10$

Scenario 1:
50% sound-absorbent material

$$\alpha = \frac{(\alpha_1 \times s_1) + (\alpha_2 \times s_2)}{s_1 + s_2}$$

$$\alpha = \frac{(0.90 \times 1000 \text{ sq ft}) + (0.10 \times 1000 \text{ sq ft})}{1000 \text{ sq ft} + 1000 \text{ sq ft}}$$

$$\alpha = 0.50$$
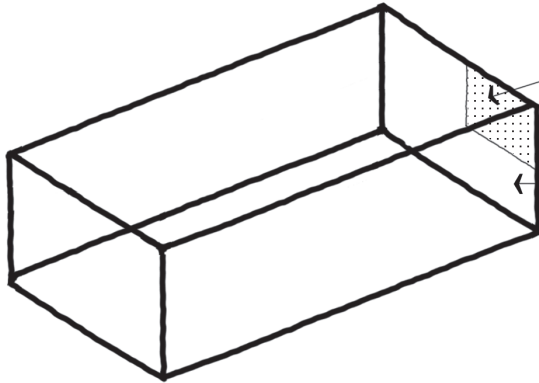
$s_1 = 20$ square feet at $\alpha_1 = 0.90$

$s_2 = 1980$ square feet at $\alpha_2 = 0.10$

$$\alpha = \frac{(0.90 \times 25 \text{ sq ft}) + (0.10 \times 1975 \text{ sq ft})}{25 \text{ sq ft} + 1975 \text{ sq ft}}$$

$$\alpha = 0.11$$

Scenario 2:
1% sound-absorbent material

Noise Reduction Coefficient (NRC)

The absorption coefficients of common building materials and tested building products can be easily obtained by searching online or perusing published tables, like the ones that follow. Though the 63-Hz octave-band data is often omitted because it's difficult to reliably test for, tables generally offer absorption coefficients at each of the relevant octave bands from 125 Hz to 4,000 Hz. There are times, however, when for quick comparison of one absorber to another, expedience demands a single number that summarizes performance across several octave bands. Encompassing speech frequencies, that single-number rating is called the noise reduction coefficient (NRC). This value can be found by averaging the sound absorption coefficients in the four octave bands 250 Hz through 2,000 Hz, then rounding off to the nearest 0.05.

$$NRC_{noise\ reduction\ coefficient} = \frac{\alpha_{250\ Hz} + \alpha_{500\ Hz} + \alpha_{1000\ Hz} + \alpha_{2000\ Hz}}{4}$$

Where NRC is the noise reduction coefficient, a single-number average for mid-frequency absorption coefficients associated with a building's surface. A higher number describes a more absorbent surface.

α_{250} is the absorption coefficient of the surface at 250 Hz, α_{500} is the absorption coefficient of the surface at 500 Hz, and so on.

To calculate the noise reduction coefficient (NRC) of heavy carpet on a pad, survey the absorption coefficient at the four relevant octave bands:

125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
0.08	0.27	0.39	0.34	0.48	0.63

The average of the four speech frequencies, 250 Hz through 2,000 Hz, is 0.37, which rounded off to the nearest 0.05 outputs an NRC of 0.35.

Simplifying and summarizing the absorption coefficients across the frequency spectrum into a single number is both useful and convenient, but comes at the expense of valuable information only accessible at octave-band resolution. In the carpet example, we see that with an NRC of 0.35, heavy carpet is neither particularly sound absorptive nor particularly sound reflective. Lost in that summarized value is the sound-reflective nature of the surface at 125 Hz ($\alpha_{125} = 0.08$). It should be noted that, contrary to its reputation, carpet is not an effective sound absorber. The thinner, padless carpet used in commercial applications is even more sound reflective, with an NRC of 0.10 and an α_{125} of 0.02.

Room average absorption coefficient ($\bar{\alpha}$) area-weighted

Specific material noise reduction coefficient (NRC):
Speech frequency absorption

Anechoic chamber used for acoustics research

Recording studio for speech

Room with large quantities of absorption

Office with many absorbent surfaces

$\geq$ 0.4 judged a relatively "dead" room

Room with absorbing material on both ceiling and walls

$\geq$ 0.3 eliminates excessive reverberance in restaurants

Room with absorptive furniture or small amount of absorptive material

$\leq$ 0.2 judged a relatively "live" room

Concert hall

Nearly empty room with smooth hard surfaces

1.0 Open window: 0% of incident sound energy reflected

The most-absorbent porous absorbers

Snow

Sound-absorbent banners

0.8 Thick acoustical ceiling tile

Sprayed-on acoustical plaster

Occupied audience seats, per square foot

Acoustical ceiling tile

0.6 Heavyweight curtains

Medium-weight curtains

Least-absorbent porous absorbers

Sand

0.4 Unpainted concrete block

Heavy carpet on rubber backing

Heavy carpet on concrete

0.2 Carpet on concrete

Lightweight curtains flush to wall

Glass

Gypsum wall board

0 100% of incident sound energy reflected
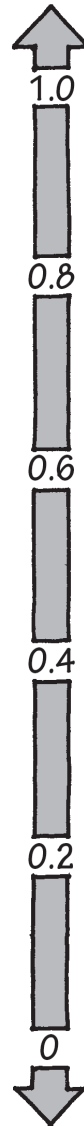
Sound Absorption Data

Material	NRC	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Absorption data summary for early design							
Concrete terrazzo or masonry	0.00	0.01	0.01	0.02	0.02	0.02	0.04
Gypsum board on studs or joists	0.05	0.29	0.10	0.05	0.04	0.07	0.09
Wood flush to concrete	0.05	0.04	0.04	0.07	0.06	0.06	0.07
Wood on studs or joists	0.15	0.28	0.21	0.15	0.12	0.11	0.09
Concrete block, painted	0.05	0.10	0.05	0.06	0.07	0.09	0.08
Unpainted	0.40	0.36	0.44	0.31	0.29	0.39	0.25
Carpet, thin commercial carpet on concrete	0.10	0.02	0.03	0.05	0.10	0.30	0.50
Thick residential carpet on pad	0.35	0.08	0.27	0.39	0.34	0.48	+50.63
Glass, thin panes	0.15	0.35	0.25	0.18	0.12	0.07	0.04
Thick pane or double-paned	0.05	0.15	0.05	0.04	0.03	0.02	0.02
Absorber, generic soft porous "fuzz"	0.85	0.20	0.50	0.90	0.95	0.95	0.95
Modest absorber (thin, flush-mounted)	0.40	0.05	0.15	0.25	0.45	0.80	0.99
Robust absorber (thick, over airspace)	1.00	1.00	1.00	1.00	0.95	0.95	1.00
Seats, lightly upholstered, unoccupied	0.55	0.35	0.45	0.55	0.60	0.60	0.60
Heavily upholstered or occupied	0.85	0.70	0.80	0.80	0.85	0.85	0.85
Opening (under deep balcony or door open to corridor, etc.)				0.25 to 1.00			

Sound Absorption Coefficient

Material	NRC	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Sound Reflectors								
Marble/glazed tile on concrete	0.00	0.01	0.01	0.01	0.01	0.01	0.02	0.02
Terrazzo	0.00	0.01	0.01	0.01	0.02	0.01	0.02	0.02
Poured concrete, smooth	0.00	0.01	0.00	0.01	0.02	0.02	0.02	0.05
Rough	0.05	0.02	0.01	0.02	0.04	0.06	0.08	0.10
Brick, unglazed & painted	0.00		0.01	0.01	0.02	0.02	0.02	0.03
Unglazed	0.05		0.02	0.02	0.03	0.04	0.05	0.07
Linoleum/rubber/vinyl/asphalt on concrete	0.05		0.02	0.03	0.03	0.03	0.03	0.02
Linoleum over plywood on 2 × 8 (38 mm × 184 mm) joists	0.10		0.09	0.08	0.08	0.08	0.09	0.07
Gypsum board, $\frac{1}{2}$" (13 mm) thick, on 2 × 4s (38 mm × 89 mm) 16" (406 mm) o.c.	0.05		0.29	0.10	0.05	0.04	0.07	0.09
On wood joists	0.05		0.29	0.10	0.05	0.04	0.07	0.09
On concrete	0.05		0.15	0.10	0.05	0.04	0.07	0.09
On steel joists	0.10		0.05	0.10	0.10	0.10	0.07	0.02
Plaster on lath, suspended on steel joists w/ airspace between structure and ceiling	0.05		0.14	0.10	0.06	0.05	0.04	0.03
Wood parquet on concrete	0.05		0.04	0.04	0.07	0.06	0.06	0.07
Plywood, $\frac{3}{8}$" (10 mm) thick, flush to ceiling	0.05		0.28	0.10	0.06	0.05	0.04	0.11
Wood, varnished over plywood on 2 × 8 (38 mm × 184 mm) joists	0.10		0.15	0.12	0.10	0.07	0.06	0.07
Wood platform, airspace over 2 × 4 (38 mm × 89 mm) sleepers on concrete	0.20		0.40	0.30	0.20	0.17	0.15	0.10
CMU, painted or glazed	0.05		0.10	0.05	0.06	0.07	0.09	0.08
Unpainted	0.40		0.36	0.44	0.51	0.29	0.39	0.25
Rubber carpet on concrete	0.10		0.04	0.04	0.08	0.12	0.10	0.10
Carpet, $\frac{1}{4}$" (6 mm) thick, flush to floor	0.10		0.02	0.03	0.05	0.10	0.30	0.50
Indoor/outdoor carpet	0.20		0.01	0.05	0.10	0.20	0.45	0.65
Carpet, soft, $\frac{1}{2}$" (13 mm) thick on concrete	0.20		0.09	0.08	0.21	0.26	0.27	0.37
Heavy carpet	0.30		0.02	0.06	0.14	0.37	0.60	0.65
On foam rubber backing	0.35		0.08	0.27	0.39	0.34	0.48	0.63
Cork tile, $\frac{3}{4}$" (19 mm) thick, on concrete	0.15		0.08	0.02	0.08	0.19	0.21	0.22

□ Absorptive at low frequencies (for amplified music, mech. noise, and trans. noise)

⬭ Reflective at low frequencies (for unamplified music)

(continued)

Sound Absorption Coefficient

Porous Absorbers

Material	NRC	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Shredded fiber board, flush mount & 1" (25 mm) thick	0.40		0.06	0.13	0.24	0.45	0.82	0.64
Painted on $\frac{3}{4}$" (19 mm) furring	0.45		0.07	0.15	0.36	0.65	0.71	0.81
Fabric covered	0.60		0.13	0.19	0.45	0.86	0.80	0.84
w/ furring & 1" (25 mm) glass fiber	0.80		0.16	0.43	1.00	1.00	0.79	0.98
$2\frac{1}{2}$" (64 mm) glass fiber	0.85		0.32	0.70	1.00	0.93	0.76	0.94
$1\frac{1}{2}$" (38 mm) thick	0.55		0.07	0.22	0.48	0.82	0.64	0.96
Painted on $\frac{3}{4}$" (19 mm) furring	0.60		0.15	0.26	0.62	0.83	0.70	0.91
2" (51 mm) thick	0.60		0.15	0.26	0.62	0.94	0.64	0.92
Painted on $\frac{3}{4}$" (19 mm) furring	0.70		0.15	0.36	0.74	0.82	0.82	0.92
w/ furring & $2\frac{1}{2}$" (64 mm) glass fiber	0.95		[0.42]	[0.89]	1.00	0.85	1.00	0.94
$2\frac{1}{2}$" (64 mm) thick	0.65		0.20	0.31	0.72	0.84	0.77	0.90
3" (76 mm) thick	0.80		0.21	0.41	1.00	0.75	1.00	0.97
Shredded fiber board, in drop ceiling & painted, 1" (25 mm) thick	0.45		0.40	0.33	0.35	0.48	0.60	0.93
w/ large airspace, 16" (406 mm)	0.45		0.40	0.33	0.35	0.48	0.60	0.93
w/ 1" (25 mm) glass fiber	0.75	0.01	0.18	0.47	0.87	1.00	0.70	1.00
w/ $3\frac{5}{8}$" (92 mm) glass fiber	0.85		[0.85]	[0.81]	0.84	0.82	0.83	1.00
w/ $6\frac{1}{4}$" (159 mm) glass fiber	0.95		[1.00]	[1.00]	1.00	0.94	0.93	1.00
2" (51 mm) thick	0.60		[0.43]	[0.50]	0.42	0.62	0.86	1.00
3" (76 mm) thick	0.70		[0.70]	[0.50]	0.52	0.76	0.92	1.00
Acoustic plaster, 1" (25 mm) thick, smooth finish on gypsum board	0.50		0.01	0.07	0.39	0.69	0.83	0.87
Semi-smooth finish	0.65		0.03	0.19	0.55	0.97	0.93	0.99
Textured finish	0.65		0.04	0.17	0.55	0.96	0.96	0.88
1" thick, semi-smooth finish on metal lathe, attached to 1 × 2 (19 mm × 38 mm) wood framing 16" (406 mm) o.c. hung from ceiling structure w/ airspace	0.55		0.08	0.38	0.60	0.64	0.54	0.51
$\frac{1}{2}$" (13 mm) thick, smooth finish on 1" (25 mm) furring strips	0.55		0.08	0.38	0.60	0.64	0.54	0.51
w/ 1" (25 mm) glass fiber insulation	0.65		0.21	0.62	0.73	0.68	0.53	0.49
Acoustic plaster $\frac{5}{8}$" (16 mm) thick on $3\frac{5}{8}$" (92 mm) steel studs	0.75		0.27	0.77	0.94	0.71	0.59	0.75
$\frac{1}{2}$" (13 mm) thick w/ 2" (50 mm) glass fiber insulation	0.65		[0.71]	[0.81]	0.68	0.52	0.49	0.54
$\frac{5}{8}$" (16 mm) thick w/ 2" (50 mm) glass fiber insulation	0.85		[0.41]	[1.00]	1.00	0.71	0.70	0.78

☐ Absorptive at low frequencies (for amplified music, mech. noise, and trans. noise)

⬭ Reflective at low frequencies (for unamplified music)

Sound Absorption Coefficient

Material	NRC	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Sprayed cellulose acoustical plaster, 1" (25 mm) thick	0.75		0.08	0.29	0.75	0.98	0.93	0.96
$1\frac{1}{2}$" (38 mm) thick	0.90		0.16	0.50	0.95	1.00	1.00	0.97
2" (50 mm) thick	0.95		0.29	0.67	1.00	1.00	1.00	0.97
Thermal acoustic plaster, 1" (25 mm) thick, on $\frac{1}{4}$" (6 mm) plywood	0.75		0.08	0.29	0.75	0.98	0.93	0.76
$\frac{3}{4}$" (19 mm) thick on $\frac{5}{8}$" (16 mm) gypsum board	0.80		0.17	0.58	0.91	0.89	0.87	0.84
2" (51 mm) thick	1.00		[0.47]	[0.90]	1.00	1.00	1.00	1.00
$\frac{3}{4}$" (19 mm) thick on 22 gauge steel corrugated sheet attached to 2" (51 mm) expanded polystyrene	0.85		0.12	0.38	0.88	1.00	1.00	1.00
$1\frac{1}{2}$" (38 mm) thick	0.95		[0.36]	[0.89]	1.00	1.00	1.00	1.00
3" (76 mm) thick	1.00		[0.97]	[1.00]	1.00	0.99	0.95	0.98
1" (25 mm) thick on galvanized steel decking	0.90		[0.39]	[0.63]	0.96	0.99	1.00	1.00
Standard suspended ceiling, mineral fiber panel, $\frac{5}{8}$" (16 mm) thick	0.60		0.26	0.27	0.55	0.78	0.73	0.60
$\frac{3}{4}$" (19 mm) thick	0.65		0.32	0.34	0.61	0.80	0.80	0.77
$\frac{7}{8}$" (22 mm) thick	0.80		0.26	0.35	0.81	0.99	0.99	1.00
1" (25 mm) thick	0.85		[0.76]	[0.84]	0.72	0.89	0.85	0.81
Glass fiber insulation w/ paper facing exposed to sound, R-11, $3\frac{1}{2}$" (89 mm) thick	0.80		[0.56]	[1.00]	1.00	0.61	0.40	1.00
R-19 6" (152 mm) thick	0.90		[0.94]	[1.00]	1.00	0.71	0.56	0.39
w/ insulation exposed to sound, R-11, $3\frac{1}{2}$" (89 mm) thick	0.95		0.34	0.85	1.00	0.97	0.97	1.00
Crushed glass panel w/o face coating, 1" (25 mm) thick on $2\frac{1}{2}$" (64 mm) steel studs	0.85		0.16	0.61	1.00	0.86	0.94	0.94
On $3\frac{5}{8}$" (92 mm) steel studs	0.90		[0.38]	[0.98]	0.99	0.77	0.97	0.93
Sound-absorbent banners hung in a loose catenary fashion	0.85		[0.70]	[0.69]	0.75	1.00	0.91	0.67

⬜ Absorptive at low frequencies (for amplified music, mech. noise, and trans. noise)

⬭ Reflective at low frequencies (for unamplified music)

(continued)

Sound Absorption Coefficient

Material	NRC	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Glass fiber tile, $\frac{3}{4}$" (19 mm) thick	0.85		0.74	0.89	0.67	0.89	0.95	1.00
1" (25 mm) thick	0.90		0.77	0.74	0.75	0.95	1.00	1.00
1$\frac{1}{2}$" (38 mm) thick	1.00		0.78	0.93	0.88	1.00	1.00	1.00
Film-faced, $\frac{5}{8}$" (16 mm) thick	0.60		0.42	0.33	0.30	0.84	0.78	0.65
w/ microperforated film	0.70		0.81	0.70	0.57	0.82	0.80	0.68
1" (25 mm) thick	0.70		0.56	0.63	0.69	0.83	0.71	0.55
2" (51 mm) thick	0.80		0.52	0.82	0.88	.91	0.75	0.55
3" (76 mm) thick	0.90		0.64	0.88	1.00	0.91	0.84	0.62
Painted, $\frac{3}{4}$" (19 mm) thick, w/ woven glass fiber fabric finish	0.90		0.78	0.93	0.70	0.91	0.98	1.00
Painted, $\frac{7}{8}$" (22 mm) thick	0.90		0.89	0.95	0.77	0.96	1.00	0.97
1" (25 mm) thick	0.95		0.64	0.97	0.82	1.00	1.00	1.00
1$\frac{1}{2}$" (38 mm) thick	0.95		0.38	0.82	0.97	1.00	1.00	1.00
Fabric Curtains								
Velour								
Lightweight 10 oz/yd² (0.33 kg/m²), hung straight in contact with wall	0.15		0.03	0.04	0.11	0.17	0.24	0.35
Medium-weight 14 oz/yd² (0.50 kg/m²), folded to $\frac{1}{2}$ area	0.55		0.07	0.31	0.49	0.75	0.70	0.60
Heavyweight 18 oz/yd² (0.61 kg/m²), folded to $\frac{1}{2}$ area	0.60		0.14	0.35	0.55	0.72	0.70	0.65
Cotton cloth, 10 oz/yd² (0.33 kg/m²), folded to $\frac{7}{8}$ area	0.25		0.03	0.12	0.15	0.27	0.37	0.42
$\frac{3}{4}$ fold	0.40		0.04	0.23	0.14	0.57	0.53	0.40
$\frac{1}{2}$ fold	0.60		0.07	0.31	0.49	0.81	0.66	0.54
Lightweight curtain, 6 oz/yd² (0.20 kg/m²), hung 3$\frac{1}{2}$" (90 mm) from wall	0.45	0.05	0.05	0.06	0.39	0.63	0.70	0.73
Fiberglass curtain 8.5 oz/yd² (0.30 kg/m²), folded to $\frac{1}{2}$ area	0.55		0.09	0.32	0.68	0.83	0.39	0.76

Absorptive at low frequencies (for amplified music, mech. noise, and trans. noise)

Reflective at low frequencies (for unamplified music)

42

Material	NRC	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Glass								
Double-pane window: $\frac{1}{8}$" (3 mm) thick glass w/ $1\frac{1}{4}$" (32 mm) airspace	0.05		0.15	0.05	0.03	0.03	0.03	0.03
w/ $\frac{3}{8}$" (10 mm) airspace	0.05		(0.02)	(0.06)	0.03	0.03	0.02	0.02
Single pane: heavy and large	0.05		0.18	0.06	0.04	0.03	0.02	0.02
$\frac{1}{8}$" (3 mm) thick	0.15		0.35	0.25	0.18	0.12	0.07	0.04
Seating Note – Absorption values are per sq foot, not per person								
Fully occupied audience area of 0.07 persons/ft² (0.72 persons/m²)	0.50		0.10	0.21	0.41	0.65	0.75	0.71
0.10 persons/ft² (1.04 persons/m²)	0.65		0.16	0.29	0.55	0.80	0.92	0.90
0.14 persons/ft² (1.52 persons/m²)	0.75		0.22	0.38	0.71	0.95	0.99	0.99
0.19 persons/ft² (2.00 persons/m²)	0.80		0.26	0.46	0.87	0.99	0.99	0.99
Unoccupied seats, lightly upholstered (per ft²)	0.60		[0.36]	[0.47]	0.57	0.62	0.62	0.60
Medium-upholstered (per ft²)	0.70		[0.54]	[0.62]	0.68	0.70	0.68	0.66
Heavy-upholstered (per ft²)	0.80		[0.70]	[0.76]	0.81	0.84	0.84	0.81
Fully occupied seats, lightly upholstered (per ft²)	0.75		[0.51]	[0.64]	0.75	0.80	0.82	0.83
Wooden pews (per ft²)	0.80		[0.57]	[0.61]	0.75	0.86	0.91	0.86
Medium-upholstered (per sf²)	0.80		[0.62]	[0.72]	0.80	0.83	0.84	0.85
Heavy-upholstered (per ft²)	0.85		[0.72]	[0.80]	0.86	0.89	0.90	0.90
Audience standing, 0.26 persons/ft² (2.7 persons/m²)	0.85	0.29	0.23	0.44	0.95	1.00	1.00	1.00
Membranes & Liners								
Heavy structural membrane	0.10		0.21	0.16	0.15	0.08	0.06	0.04
w/ interior membrane liner	0.65		[0.53]	[0.45]	0.69	0.75	0.69	0.58
w/ 2" (51 mm) thick insulation	0.80		[0.68]	[0.74]	0.90	0.86	0.74	0.61
Liner only	0.80		[0.54]	[0.70]	0.82	0.85	0.75	0.61
Outdoor Surfaces								
Water surface, still (swimming pool)	0.02		(0.01)	(0.01)	0.01	0.02	0.02	0.03
Trees, 8' (2.4 m) high firs, 20 ft²/tree (1.9m²/tree) ground area	0.15		(0.03)	(0.06)	0.11	0.17	0.27	0.31
Sand, 4" (102 mm) thick	0.45		0.15	0.35	0.40	0.50	0.55	0.80
Grass, 2" (51 mm) high	0.60		0.11	0.26	0.60	0.69	0.92	0.99
Gravel, loose & moist, 4" (102 mm) thick	0.70		0.25	0.60	0.65	0.70	0.75	0.80
Snow, 4" (102 mm) thick	0.90		[0.45]	[0.75]	0.90	0.95	0.95	0.95
Air, sabins per 1000 cu ft, 50% RH	0.90					0.9	2.3	7.2

◯ Reflective at low frequencies (for unamplified music)

▢ Absorptive at low frequencies (for amplified music, mech. noise, and trans. noise)

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Smooth and porous surfaces

63Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz

NRC

More sound reflective

NRC

0.01 0.00 0.01 0.02 0.02 0.02 0.05

Concrete, smooth — 0.00

0.0

Area-weighted average absorption

Concert hall

0.02 0.01 0.02 0.04 0.06 0.08 0.10

Concrete, rough — 0.00

Reverberant space

With its lighter mass, concrete block is more absorptive than solid concrete at low frequencies

At mid-frequencies, both concrete and painted concrete block are very sound reflective

0.10 0.05 0.06 0.07 0.09 0.08

Concrete block, painted or glazed — 0.05

Office

The unpainted porous surface is much more absorptive

0.36 0.44 0.51 0.29 0.39 0.25

Concrete block, unpainted — 0.40

Effective absorber

1.0

More sound absorptive

Legend:

☐ Reflective at low frequency (for unamplified music) (<0.10)

⬭ Absorptive at low frequency (for amplified music, mech. noise, trans. noise) (>0.35)

Glass stiffness and mass

| 63 Hz | 125 Hz | 250 Hz | 500 Hz | 1000 Hz | 2000 Hz | 4000 Hz |

NRC

More sound reflective

| 0.15 | 0.05 | 0.03 | 0.03 | 0.02 | 0.02 | NRC

Glass, double 1/8-inch window

1-¼ inch

0.05

0.0

| 0.02 | 0.02 | 0.06 | 0.03 | 0.03 | 0.02 | 0.02 |

Double 1/8-inch window

3/8 inch

0.05

| 0.18 | 0.06 | 0.04 | 0.03 | 0.02 | 0.02 |

Heavy large panes

0.05

Heavy panes are more reflective than lighter panes

Double-pane glass is more reflective than single pane

| 0.35 | 0.25 | 0.18 | 0.12 | 0.07 | 0.04 |

1/8-inch ordinary window

0.15

1.0

More sound absorptive

Curtains, furling and weight

63Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	NRC
	0.03	0.04	0.11	0.17	0.24	0.35	

Lightweight velour, (10 oz/sq. yd.), hung straight in contact with wall

Heavier, furled drapes absorb more sound

0.07	0.31	0.49	0.75	0.70	0.60

Medium-weight velour, (14 oz./sq. yd.) draped to half area

Heavier velour has similar NRC but twice the 125-Hz absorption

0.14	0.35	0.55	0.72	0.70	0.65

Heavyweight velour, (18 oz./sq. yd.) draped to half area

NRC

More sound reflective

0.0 — Area-weighted average absorption

0.15 — Concert hall

Reverberant space

0.55 — Office

0.60 — Effective absorber

1.0

More sound absorptive

Legend:

☐ Reflective at low frequency (for unamplified music) (<0.10)

⬭ Absorptive at low frequency (for amplified music, mech. noise, trans. noise) (>0.35)

Porous absorbers and thickness

	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	NRC

NRC

More sound reflective

0.0

	0.06	0.13	0.24	0.45	0.82	0.64	0.40

1-inch Thick porous absorber (shredded fiberboard- strands of wood adhered and oriented to promote air pockets)

	0.07	0.22	0.48	0.82	0.64	0.96	0.55

1.5-inches thick

	0.15	0.26	0.62	0.94	0.64	0.92	0.60

2-inches thick

Thicker absorbing material absorbs more sound, especially at low frequencies

	0.20	0.31	0.72	0.84	0.77	0.90	0.65

2.5-inches thick

	0.21	0.41	1.00	0.75	1.00	0.97	0.80

3-inches thick

Mounting a porous absorber on another porous absorber absorbs more sound

	0.16	0.43	1.00	1.00	0.79	0.98	0.80

1-inch shredded fiberboard with 1-inch glass fiber

	0.32	0.70	1.00	0.93	0.76	0.94	0.85

1-inch shredded fiberboard with 2-½-inches glass fiber

	(0.42)	(0.89)	1.00	0.85	1.00	0.94	0.95

2-inches shredded fiberboard with 2-½-inches glass fiber

1.0

More sound absorptive

Porous absorbers and mounting over an airspace

	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	NRC

NRC

0.06   0.13   0.24   0.45   0.82   0.61   **NRC**

1-inch Porous absorber - shredded fiberboard   **0.40**

The NRC increases modestly but the low-frequency absorption is boosted when mounting over an airspace

0.70   0.15   0.36   0.65   0.71   0.81

Mounted over furring   3/4 in.   **0.50**

0.40   0.33   0.35   0.48   0.60   0.93

Suspended with large air space   16 inches   **0.50**

0.18   0.47   0.87   1.00   0.70   1.00

With 1-inch glass fiber insulation   **0.75**

(0.85) (0.81) 0.84   0.82   0.83   1.00

With 3-³⁄₈-inches insulation - note the dramatic decrease in low-frequency absorption   **0.85**

Very high absorption coefficients are achieved across the frequency spectrum when large airspaces are coupled with thick absorptive backing.

(1.00) (1.00) 1.00   0.94   0.93   1.00

With 6-¼-inches insulation   **0.95**

Legend:

☐   Reflective at low frequency (for unamplified music) (<0.10)

⬭   Absorptive at low frequency (for amplified music, mech. noise, trans. noise) (>0.35)

NRC

More sound reflective

0.0

Area-weighted average absorption

Concert hall

Reverberant space

Office

Effective absorber

1.0

More sound absorptive

Absorbing material comparison

125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz

1-inch absorbing panel suspended from ceiling

NRC

NRC

More sound reflective

0.0

| 0.40 | 0.33 | 0.35 | 0.48 | 0.60 | 0.93 |

Shredded fiberboard, painted

0.45

| 0.08 | 0.38 | 0.60 | 0.64 | 0.54 | 0.51 |

Semi-smooth sound-absorbent acoustical plaster

0.55

| (0.71) | (0.81) | 0.68 | 0.52 | 0.49 | 0.54 |

Smooth sound-absorbent acoustical plaster

0.65

| (0.56) | (0.63) | 0.69 | 0.83 | 0.71 | 0.55 |

Film-faced glass fiber (for ease of cleaning)

0.70

| (0.76) | (0.84) | 0.72 | 0.89 | 0.85 | 0.81 |

Mineral fiber

0.85

Even with the same thickness and mounting, absorption performance varies considerably by material.

| (0.70) | (0.69) | 0.75 | 1.00 | 0.91 | 0.67 |

Sound-absorbent banners hung in a loose catenary fashion

0.85

| (0.77) | (0.74) | 0.75 | 0.95 | 1.00 | 1.00 |

Glass fiber tile

0.85

| (0.64) | (0.97) | 0.82 | 1.00 | 1.00 | 1.00 |

Glass fiber

0.95

1.0

More sound absorptive

Porous absorbers and variance in absorption

	63Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	NRC

5/8-inch Mineral fiber

		0.13	0.20	0.29	0.65	0.48	0.38	0.55

Value of minimum absorption coefficient

		0.32	0.35	0.69	0.98	0.92	0.78	0.65

Value of maximum absorption coefficient

		0.26	0.27	0.55	0.78	0.73	0.60	0.60

Average value of absorption coefficient

3/4-inch Thick

		0.16	0.14	0.09	0.13	0.15	0.16	0.15

Value of minimum absorption coefficient

		(0.57)	(0.58)	0.79	0.93	1.00	1.00	0.75

Value of maximum absorption coefficient

		0.32	0.34	0.61	0.80	0.80	0.77	0.65

Average value of absorption coefficient - note the absorption
coefficient variance at all frequencies

7/8-inch Thick

		0.21	0.35	0.79	0.99	0.98	0.99	0.80

Value of minimum absorption coefficient

		0.31	0.35	0.82	0.99	0.99	1.00	0.80

Value of maximum absorption coefficient

		0.26	0.35	0.81	0.99	0.99	1.00	0.80

Average value of absorption coefficient

NRC

More sound
reflective

0.0

Note the absorption
coefficient variability,
across all frequencies,
achieved through
different tests of the
same material

Much less variability
for the samples of
this thickness

1.0

More sound
absorptive

Legend:

☐ Reflective at low frequency (for unamplified music) (<0.10)

⬭ Absorptive at low frequency (for amplified music, mech. noise,
trans. noise) (>0.35)

Is carpet very sound-absorbing?

	63Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	NRC

NRC
More sound reflective

While thick carpet with a pad is mostly sound-absorbent, thin carpet flush to the sub-floor is quite sound reflective

0.0

	0.02	0.03	0.05	0.10	0.30	0.50

Carpet, 1/4-inch thick
Finished floor - note that carpet is not necessarily sound absorbent

0.10

	0.01	0.05	0.10	0.20	0.45	0.65

Indoor-outdoor carpet
Finished floor

0.20

	0.09	0.08	0.21	0.26	0.27	0.37

Carpet, soft, 1/2-inch thick on concrete

0.20

	0.02	0.06	0.14	0.37	0.60	0.65

Carpet, heavy, on concrete

0.30

Note the sharp increase in 250-Hz absorption when a heavy foam rubber backing is added

	63Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	NRC
Low absorption values	0.08	0.27	0.39	0.34	0.48	0.63	0.35
High absorption values	0.08	0.24	0.57	0.69	0.71	0.73	0.55

Carpet, heavy
Foam rubber

1.0

More sound absorptive

Porous absorbers and surface facing

63 Hz   125 Hz   250 Hz   500 Hz   1000 Hz   2000 Hz   4000 Hz

NRC

NRC

More sound
reflective

Facing obscures pores, limiting absorption
at middle and high frequencies

0.0

Area-weighted
average
absorption

(0.56) (1.00) 1.00 0.61 0.40 1.00

Concert hall

Glass fiber insulation, R-11,
3.5-inches thick, paper
facing exposed to sound

0.82

But facing acts as a panel absorber, dissipating low-
frequency sound energy. Perforated wood, perforated
metal, and other panel facings have a similar effect.

Reverberant
space

0.34 0.85 1.00 0.97 0.97 1.00

R-11, 3.5-inches thick,
insulation exposed to sound

0.97

(0.94) (1.00) 1.00 0.71 0.56 0.39

Office

R-19, 6-inches thick, paper
facing exposed to sound

0.91

(0.64) (1.00) 1.00 0.99 1.00 1.00

R-19, 6-inches thick,
insulation exposed to sound

1.00

Effective
absorber

1.0

More sound
absorptive

Legend:

☐ Reflective at low frequency (for unamplified music) (<0.10)

⬭ Absorptive at low frequency (for amplified music, mech. noise,
trans. noise) (>0.35)

Membranes and liners

	63Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	NRC

NRC — More sound reflective — 0.0

	0.21	0.16	0.15	0.08	0.06	0.04	0.10

Heavy structural membrane

Fabric isn't always sound absorbent, especially when it is taut

	(0.53)	(0.45)	0.69	0.75	0.69	0.58	0.65

With interior liner - note the liner's impact on the membrane

The membrane is much more absorbent when a layer of fuzz is added

	(0.54)	(0.70)	0.82	0.85	0.75	0.61	0.80

Liner only

	(0.68)	(0.74)	0.90	0.86	0.74	0.61	0.80

Heavy structural membrane with liner and 2" insulation

More sound absorptive — 1.0

Outdoor surfaces

63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
	0.01	0.01	0.01	0.02	0.02	0.03

Water surface, still (swimming pool)

NRC 0.00

| | 0.03 | 0.06 | 0.11 | 0.17 | 0.27 | 0.31 |

Trees, firs
20 sq.ft. ground area per tree
8 ft. high

0.15

| | 0.15 | 0.35 | 0.40 | 0.50 | 0.55 | 0.80 |

Sand, 4-in. thick

0.45

Gravel, sand, and grass are modestly sound absorptive

| | 0.11 | 0.26 | 0.60 | 0.69 | 0.92 | 0.99 |

Grass, 2-in. high

0.60

| | 0.25 | 0.60 | 0.65 | 0.70 | 0.75 | 0.80 |

Gravel, loose and moist, 4-in. thick

0.70

| | 0.45 | 0.75 | 0.90 | 0.95 | 0.95 | 0.95 |

Snow, 4-in. thick

0.90

NRC

More sound
reflective

0.0

Water is very sound reflective and snow is very sound absorptive

1.0

More sound
absorptive

Legend:

☐ Reflective at low frequency (for unamplified music) (<0.10)

⬭ Absorptive at low frequency (for amplified music, mech. noise, trans. noise) (>0.35)

ROOM ACOUSTICS

ROOM ACOUSTICS QUALITIES

Impulse Response

AV Content
Online

Free field condition

Receiver

Source

Impulse sound
created at t = 0

Sound level at
receiver (dB)

Direct sound

Time required for direct sound to
arrive at listener

→0   Time (milliseconds)

Reflective surface

Reflection arrives later (because
it's traveled farther)
and weaker (because it's lost some
of its energy to the surface)

"Impulse response": graph
created by mapping the
sound arrival at a receiver
from a sudden pop, like a
cap gun

Second-order reflections have hit
two surfaces, and, on average,
arrive later (traveled farther) and
weaker (more surfaces to absorb)
than first-order reflections

Direct sound

Brain integrates early reflections
with direct sound to enhance
clarity, loudness, and intelligibility

Reverberant sound

Absorptive surfaces

More absorption brings
faster decay, less reverber-
ance, shorter reverberation
time, more clarity, and higher
intelligibility

Reflective surfaces and
larger volume

Larger room increases mean
free path between surfaces
and increases reverberance

Sound level at
receiver (dB)

Time (milliseconds)

$t = 20$ ms

Sound level at receiver (dB)

Impulse sound created at $t = 0$ → 0

Time (milliseconds)

$t = 70$ ms

Impulse response is the acoustical fingerprint of the room

Direct sound arrives first because it represents the shortest path

$t = 120$ ms

Earliest first-order (one-bounce) reflections have arrived

$t = 170$ ms

Sound level at receiver (dB)

Time (milliseconds)

In a large room, one impulse sound, like that generated with a cap gun or popped balloon, may pass a listener 8,000 times per second after it is abruptly stopped. The mapping of these sound front arrivals over time is called the impulse response, and the impulse response can be thought of as the acoustical fingerprint of a room. It represents what is heard from a single musical note or a single speech syllable (each of which arrives in a burst, like an impulse) and can show arrival time, loudness, reverberance, frequency content, directionality of sound reflections, and acoustic defects. Total sound level is a function of the total area under the impulse response on the graph.

We can derive the reverberation time of a room by fitting a smooth line to the decay rate of its impulse. And we can spot a pronounced echo by identifying a strong, late reflection that, on the graph, towers vertically over its adjacent neighbors on the time axis. But even experienced acousticians have difficulty evaluating the subtleties of a room's acoustic character with only the impulse response to examine. That said, comparisons between two impulse responses—whether generated in a physical model, in a software model, or in a constructed room—can illuminate the location of a surface generating a troublesome reflection, or the acoustical impact of proposed changes in the architecture of the room, such as the addition of a balcony or the opening of a door linked to a reverberation chamber.

Because speech and music are both marked by sound spurts separated by short periods of quiet, many of the requirements for good speech intelligibility match requirements for good music listening. Still, listening for music requires a different character of room—a different impulse response—one where sound lingers longer, arrives at the head from the side, and is richer in low-frequency content.

Reverberance

The Fogg Art Museum opened on Harvard University's campus in 1895 with a lecture hall that was functionally unusable. The room, a hard-surfaced affair, semicircular in both plan and section, caused speech to remain audible for more than five seconds. A syllable spoken would linger in the room to muddy the next 15 syllables in the sentence!

AV Content
Online

Seven hundred miles to the west and a decade earlier, Wallace Clement Sabine's mother had taken a dominant role in her children's education, and she enrolled Wallace in college at a young age. After graduating from Ohio State University at the age of 18, Wallace started graduate school at Harvard. Mother Sabine left her less-ambitious husband and moved to Boston with Wallace (and Wallace's sister, who was at M.I.T.). Upon completion of his graduate studies in physics, Sabine was offered a faculty position at Harvard. That's when university president Charles William Eliot solicited help righting the Fogg Museum lecture room's acoustics from 27-year-old Sabine, who was, at the time, researching electricity. The president asked the physics professor to bring the lecture hall in line with the beloved Sanders Theatre, also on Harvard's campus.

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Sabine spent the next two years taking acoustical measurements at the Fogg Museum, as well as in other buildings on campus. While many of his contemporaries were searching for methods to render sound visible so that it could be studied, Sabine preferred to listen to sound. He used an organ pipe to excite the room, a stopwatch to time the audible sound decay, and his judgment to determine when the persistent sound level had dropped below his ability to hear it. Sabine and his students worked between the hours of midnight and 4:00 a.m. to minimize noise they might encounter from other students in the daytime. They carried three-inch cushions from Sanders Theatre (the room with the exemplary acoustics) across campus to the Fogg, and hung them on

the wall to gauge their effect on the sound's decay, only to return the cushions to Sanders before classes started the next day. Legendarily meticulous in his research methods, Sabine at one point trashed three months of data when he discovered that his choice of clothing had a minor impact on the room's sound decay rate; he completed the balance of his measurements wearing the same clothes each session. In 1897, when the university president asked Sabine to complete his study, Sabine pleaded for more time to collect data, but, tired of waiting, President Elliot insisted that Sabine fix the theater based on data already collected. Now denied permission to continue taking measurements, Sabine was forced to examine his numbers, and he experienced a breakthrough. He discovered the mathematical relationship between the size of a room, its surface materiality, and the reverberance in the room.

As sound ricochets inside an enclosed space, and reflections beget reflections-of-reflections, sound seems to linger. The persistence of sound in a room after the sound source is suddenly stopped is dubbed *reverberance*. Sound experiences the twin phenomena of time and attenuation, making big rooms sound like big rooms and small rooms sound like small rooms, racquetball courts sound like racquetball courts, and plush living rooms sound like plush living rooms. In architectural acoustics, more reverberance is neither universally desired nor universally avoided. Rather, each use for a space has an appropriate level of reverberance, a target to be aimed for, or a "sweet spot" to achieve. Generally, in unamplified spaces, the desired reverberance is a function of the balance of speech-to-music planned for the room, with speech requiring less reverberance to maintain intelligibility, and music requiring more reverberance to maintain a quality called "fullness." (Think of the street-performer saxophonist positioning himself adjacent to a mostly enclosed alley so that his notes will linger a bit longer.) In amplified speech or music, generally less reverberance is desired because (a) reflecting amplified sound can more easily muddy the effect and (b) if reverberance is desired, it can be easily added digitally to the recorded track or live feed.

Of course, Wallace Clement Sabine didn't discover reverberance, but he did give the world a window into how sound decays. He completed the first measurements of the absorption coefficients of materials, and he formulated the relationship linking a room's geometric volume and boundary surface materiality with its reverberance. He found that the rate of sound decay in a room was the same whether he excited the room with one organ pipe, two organ pipes, or four organ pipes. In equal time intervals, sound energy decays by the same fraction of its initial value, and the loss of sound energy is always a constant percentage of the total amount of energy. The formula he proposed, the "Sabine formula" for calculating reverberation time, is written as

$$RT_{reverberation\ time} = \frac{0.05 \cdot V_{volume}}{\left(S_{1\ area\ of\ the\ wall} \cdot \alpha_{1\ abs\ coeff\ of\ the\ wall}\right) + \left(S_{2\ area\ of\ the\ ceiling} \cdot \alpha_{2\ abs\ coeff\ of\ the\ ceiling}\right)} \text{ ... and so on}$$

Where
RT is the "reverberation time," the time in seconds required for sound to decay by 60 decibels
V is the volume of the space measured in cubic feet
S_n is the surface area of a given material in the room in square feet
α_n is the absorption coefficient of that same material

Sabine determined that the qualitative impression of reverberance could be expressed as the quantitative value of reverberation time, the number of seconds required for sound in a space to decay (once it is abruptly stopped) by some fixed decibel value. In this case, 60 decibels (or a drop to one-millionth the sound energy) was chosen as the reference decay. RT is sometimes instead

written as T_{60} or RT_{60}. Nominally, a small office may have a reverberation time of 0.25 seconds, which means that a sound inside the room, when cut off suddenly, decays 60 decibels in a quarter-second. For reference, a classroom may measure 0.50 seconds, a theater 1.0 second, a concert hall 2.0 seconds, and a cathedral 10.0 seconds. That cathedral, with a ten-second reverberation time, sees sound travel two miles before its level drops 60 decibels (1,128 feet per second times 10 seconds). At first approximation, the sound is weakened from impacts with the room boundary; therefore, a larger space, as measured in the numerator of the formula, has a longer mean free path between surface impacts, and correspondingly slower decays and longer reverberation times. In large spaces, the sound lingers because, in a given time window, it has lost its sound energy to fewer surfaces than would be the case in smaller spaces, where impacts come more frequently. Spaces with fewer surfaces to absorb sound, and spaces finished with more reflective surfaces that absorb less sound, also have longer reverberation times. The Sabine formula measures this in the denominator, which multiplies the surface area of each building material by its corresponding absorption coefficient, then adds each of the products together. The result is an equivalent absorption area, measured in the unit "sabins." Twenty square feet of a material with 0.50 absorption coefficient returns 10 sabins. Consequently, the formula suggests that a room with 650 sabins of total absorption is equivalent to a room that has 650 square feet of open window but is otherwise completely (theoretically) sound reflective on all other surfaces. Professor Sabine had originally used the less universal unit of Sanders Theatre cushions to measure total absorption in the denominator (i.e., "The courtroom has 825 Sanders Cushions of total room sound absorption"), but scrapped that system in favor of equivalent absorption area, which he thought to be more intuitive and widely accessible: One sabin equals one square foot of open aperture.

Notionally, sound energy never fully dissipates, but rather continues to dwindle indefinitely. The Sabine formula seeks the statistical location-independent and time-independent sound decay rate—an average for the room, uninfluenced by the kind of location-based peculiarities that might bring an unusually strong early reflection from one particular source position in space to one particular receiver position in space. In order to minimize the impact of geometric idiosyncrasies and strong early reflections, reverberation measurements "throw out" the first five decibels of decay. After that threshold, impulse sounds typically weaken at a constant rate throughout the room, at least for middle and high frequencies. Further, to measure the full 60-decibel decay requires a source very loud relative to the background noise. Often practical limits to both the sound source power available for taking measurements and the quiet available in the room prohibit a sufficient sound level range between source and noise floor. Reverberation time may be expressed with T_{30}, which measures the time required to drop 30 decibels (from −5 decibels to −35 decibels relative to the direct sound peak) and doubles that 30-decibel-drop time to extrapolate a 60-decibel-drop reverberation time. Similarly T_{20} extrapolates by tripling the time required for a 20-decibel decay, and early decay time (EDT) multiplies by six the time required for a ten-decibel decay. Only in the stop-chords of music is a full reverberant tail audible, so EDT is thought to be the best measure of reverberance in running music, and EDT has proven to be more highly correlated to subjective rankings of concert halls than other methods of measuring reverberance.
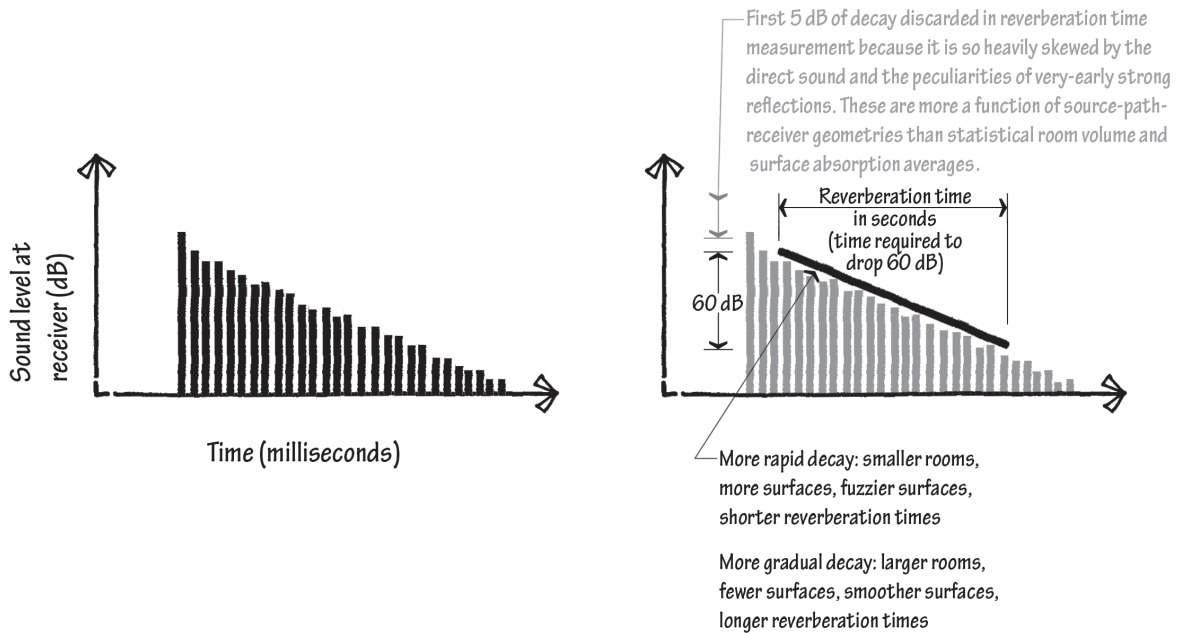
The reverberation time metric, one of the four or five most important acoustic factors in performance spaces, is also the most widely applicable room acoustics measurement in the greatest number of room types. Jazz clubs, banquet halls, classrooms, offices, and almost all types of rooms where listening is important have their own window on the reverberance continuum. Too much reverberance, and notes or syllables smear together; too little reverberance, and musical loudness or fullness might suffer. Further, because the Sabine formula is easy to calculate and doesn't require measurement in an extant room, it can be estimated during the design phase,

when adjustments to the architecture are easiest to make and have the greatest impact on the acoustics. Generally, it is best to target a reverberation time on the high side of the acceptable range for music rooms, and on the low side of the acceptable range for speech rooms.

With our understanding of reverberance comes the capacity to specify and achieve an appropriate reverberation time during building design and also to adjust the room's reverberation time from one performance type to the next. Retractable velour banners and curtains may deploy for an amplified performance, and then retract for an unamplified performance later in the evening, or panels with reflective surfaces may slide in front of room surfaces with absorptive "fuzz." In some cases, doors, apertures, or ceiling panels open a space to additional room volume when the performance piece calls for more reverberance.

Through most of the 40,000-year evolution of music, the room didn't react to the reverberance requirements of the music, but rather the music was composed to respond to the space in which it would be performed. Within the Western classical tradition, the baroque music of Bach, with its contrapuntal style of interweaving independent strands of musical lines, was created with the less-reverberant ducal palace ballrooms in mind, spaces where each line of music could be heard as separate (although both lines were played simultaneously). Centuries later, the romantic composers (e.g., Tchaikovsky) wrote for large, highly reverberant concert halls with much less clarity. Their music was marked by single melodies, backed up by complex harmonies and enough instruments to fill a large space with sufficient loudness. Sometimes the romantics even composed with a single concert hall in mind. Likewise, fast-beating West African rhythmic drums suit the clarity associated with the outdoor environment and they are loud enough to overcome the absence of supporting sound reflections. Medieval European cathedrals grew up together with both the organ and plainsong. The organ as an instrument has no reverberance of its own, so it came to depend on the long reverberation times in the church, and the cathedral needed the sound power of the organ to fill its cavernous volume. It's no coincidence that monks' chants feature long notes, little rhythm, and musical keys that rarely change, because they were composed specifically for the muddy, reverberant, acoustic of the cathedral. The fast pace and loud instruments of jazz flourished in the small rowdy rooms of the riverboats; the whisper of Frank Sinatra would only have been possible with the invention of the microphone; and the medium-speed ballads of arena rock (U2) fit with the overly reverberant, overly amplified sports stadium mega-concert.

As historically important and widely applicable as Sabine's formula is, it has shortcomings. The math involved uses principles of statistical acoustics to output an average rate of sound decay because it would be prohibitively onerous to trace out every ray from every source-receiver combination for a quarter-mile of sound travel. Still, arriving at a statistical average fails to account for the importance of geometry, especially in non-rectangular rooms with unusual shapes. The formula assumes a diffuse sound field: the same sound energy everywhere in the room. This might not be the condition in a convoluted room, or in a concert hall with an absorbent plane of audience on one surface, and highly sound-reflective boundaries everywhere else. (Concert halls typically see 50% to 90% of their total room absorption in the audience plane.) The behavior of low-frequency sound, especially in small spaces, can be hard to predict statistically. While sound in the 63-Hz octave band is important to listening quality, reliably accurate absorption coefficient values for that octave band are difficult to measure in many laboratories, so data in that band is too often omitted. Finally, very absorbent rooms are not as diffuse, so Sabine's formula is most accurate when the area-weighted average absorption coefficient of the room is less than 0.30.

Reverberation time in seconds (time required to drop 60 dB)

60 dB

Sound level at receiver (dB)

Time (milliseconds)

More rapid decay: smaller rooms, more surfaces, fuzzier surfaces, shorter reverberation times

More gradual decay: larger rooms, fewer surfaces, smoother surfaces, longer reverberation times

NOTE

In SI units, $RT = 0.161\ V/[(S_{1\ area\ of\ the\ wall} \times \alpha_{1\ Absorption\ coef.\ of\ the\ wall}) + (S_{1\ area\ of\ the\ ceiling} \times \alpha_{1\ Absorption\ coef.\ of\ the\ ceiling})]\ldots$ and so on, where V is the volume of the space measured in cubic meters, and S_n is the area of a material in square meters. For very absorbent rooms, use the Eyring formula instead: $RT = 0.161\ V/[S_{total}\ [-2.30\ \log(1-\overline{\alpha})]]$, where V is the volume of the space measured in cubic meters, S_{total} is the total area of all the interior surfaces in square meters, and $\overline{\alpha}$ is the area-weighted average absorption coefficient in the room. The balance point, the time when the sound energy arriving before that given moment is equal to the sound energy arriving after, is known as the center time. It is highly correlated with the reverberation time.

Optimal Reverberation Time

Unoccupied mid-frequency reverberation time (sec)

0.2   0.4   0.6   0.8   1.0   1.2   1.4   1.6   1.8   2.0   2.2   2.4   2.6

Organ

Liturgical (orchestra, chant, chorus)

The most admired concert halls

Romantic period e.g. Tchaikovsky

Classical period e.g. Beethoven

String quartets

Recital and chamber music (Baroque)

Secular chorus

Opera

Wagner opera

Mozart opera

Light opera, e.g. Gilbert and Sullivan

Semi-classical concerts, chorus, (using sound system)

Musical comedies, operettas

Churches - cathedrals

Multi-purpose auditoria

High school auditoria

Theaters

Drama

Lecture and conference rooms

Cinema

Elementary classrooms

Recording and broadcasting studios

Night club, dance, and rock bands

Unamplified music

Music with singing

Music with speech

Speech

Electronic, recording and amplification

A larger high school auditorium can expect a reverberation time on the high-side of the optimal range. (A smaller one would expect a shorter time.)

For unamplified spaces, low-frequency reverberation times may be 1.2 times the optimal mid-frequency times listed here

For amplified spaces, low-frequency reverberation times shouldn't exceed the times listed here

In this example:
A high school auditorium of 300,000 cubic feet with a target reverberation time of 1.68 seconds requires 35% of its room surfaces to be sound-absorptive. (Optimal unoccupied mid-frequency reverberation times for high school auditoria, per this chart, range from 1.4 to 1.7 seconds.)

Room volume

1,000,000 cubic feet

100,000 cubic feet

10,000 cubic feet

1000 cubic feet

% of total surface area that is finished with absorptive material and audience

100%
90%
80%
70%
60%
50%
40%
30%
20%
10%
0%

Adapted from M. D. Egan. *Architectural Acoustics*. J. Ross, 2007, pp. 64–133.

NOTE

This optimal reverberation time monograph is for preliminary design purposes only. After room is designed and materials chosen, detailed octave-band-resolution reverberation time calculations should be conducted. The optimal reverberation times given here are targets for mid-frequency (average of the 500-Hz and 1,000-Hz octave band values) measured in the unoccupied condition. No single reverberation time is perfect for all uses of a room, so variations up to 10% from targets are common. For desired warmth in unamplified music listening, low-frequency reverberation times should increase to something on the order of 20% longer than mid-frequency values. To avoid undesirable "boomy-ness" in spaces for speech or amplified music listening, low-frequency reverberation times should nearly equal those at mid-frequency. Upholstered seats count as "absorptive material" in this calculation. For this graph, it is assumed that the room aspect ratio is 2H long by 1.5H wide by H high and that absorbing material measures a 0.75 absorption coefficient. The non-absorbing surfaces in the room are assumed to have absorption coefficients of 0.07. Large examples of a type of room should target longer reverberation times within the range given, and smaller examples of a type of room should target shorter reverberation times within the range given.

Clarity

If reverberance is the smearing or blending of successive syllables and musical notes, the acoustical quality of "clarity" is reverberance's opposite—the differentiation of each syllable and musical note. Clarity and reverberance are highly (inversely) correlated, so rooms with high reverberation times suffer from a loss of clarity, and rooms with a low reverberation time enjoy a richness of clarity. Yet a measure of each is desired. Rather than a singular focus on the rate of sound decay, achieving clarity also demands maximizing both the direct sound and the very early sound reflections that arrive just after the direct sound.

The human brain combines the arriving direct sound with early-arriving sound reflections, increasing the distinctness of each note and allowing each syllable of speech to stand apart from those before and after it. The integration of, nominally, the first 50 milliseconds of reflections (speech) and 80 milliseconds of reflections (music) into a *single* fused louder image is called the "Haas effect," after the man who discovered it over the course of his late 1940s Ph.D. research, Helmut Haas. The phenomenon is also called the "precedence effect." Haas found that the auditory system uses the direct sound to locate the source, but it is the early reflections that promote clarity.

More recent research suggests that the 50-millisecond and 80-millisecond cutoff point values (speech and music respectively) between the zone of early reflections and the zone of reverberant energy (and echo) may represent too short a time window. Our brains likely fuse reflections arriving up to 200 milliseconds after the direct sound, with the cutoff time a function of (a) the balance of speech to music, (b) the type of music, and even (c) the shape of the room. Whether the threshold is 50 milliseconds, 80 milliseconds, or 200 milliseconds, the time window threshold of early reflections is of course not measured after the sound is made, but rather after the direct sound arrives at the listener location.

This understanding has a profound effect on the shaping of rooms. To enhance clarity (and loudness), maximize the direct sound by limiting the distance between the source and receiver. Provide good sightlines to the musician or lecturer. Because human eyes and ears are on the same horizontal plane, clear sightlines to the stage typically afford the listener unblocked access to direct sound, so raked seating planes promote acoustical clarity. Maximizing early sound reflections further promotes clarity as it mitigates unwanted echo, which comes from strong sound reflections that arrive too late to support clarity, and are too loud to make up the reverberant decay. The positions and angles of walls and ceiling segments should be shaped to encourage strong first-order reflections (those that arrive after a single bounce off a sound-reflective surface). To promote clarity and mitigate echoes, sound-absorbing materials (as much as needed to achieve

optimal reverberation times) should generally be placed at the far end of the room, distant from the source.

The clarity index $C_{80(3)}$ measures the total sound energy arriving before an 80-millisecond threshold, compared to the total sound energy arriving after that threshold, averaged for three mid-frequency octave bands. We don't include low frequencies when measuring clarity because the human auditory system performs poorly at differentiating temporal effects in bass tones, 250 Hz and below. The higher the clarity index, the clearer the sound and the better the speech intelligibility.

The clarity index is more meaningful when measured in an occupied room, but taking acoustic measurements in occupied rooms is notoriously difficult because the audience must be very quiet and may be subject to loud noise bursts from measurement equipment. For reference, the best concert halls have unoccupied $C_{80(3)}$ values ranging from –4 decibels to +1 decibels.
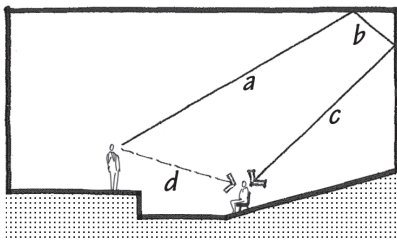
$a + b + c - d$ is less than 60 feet (18 meters) ⟹ Early sound reflection that will support loudness, speech articulation, and musical clarity

$a + b + c - d$ is greater than 225 feet (68 meters) ⟹ Late sound reflection. If sufficiently weak, will be heard as part of the reverberant tail of the impulse response. If sufficiently loud, it will be heard as an echo.

Reflective surface

Angle of incidence equals
angle of reflection

ø

ø

100'

35'

Sound source

Receiver

110'

Reflected path: 135'
Direct path: 110'
Distance difference: 25'
Time arrival difference for sound: 22 milliseconds
traveling at 1130 ft/sec   The reflected sound arrives within 50 milliseconds of the direct sound; therefore
it is beneficial for speech intelligibility and loudness.

130'

80'

110'

Reflected path: 210'
Direct path: 110'
Distance difference: 100'
Time arrival difference for sound: 88 milliseconds
traveling at 1130 ft/sec   Reflected sound arriving 88 milliseconds after the direct sound - beyond the
50-millisecond threshold (for speech) or 80-millisecond threshold (for music), may
come too late to bolster speech intelligibility, musical clarity, and loudness.
These later-arriving strong reflections may be heard as an echo.

107'

60'

110'

Reflected path: 167'
Direct path: 110'
Distance difference: 57'
Time arrival difference at 1130 ft/sec: 50 milliseconds
This surface is at the 50-millisecond speech threshold for beneficial early reflections.

Each of these three surfaces provides reflections at the 50-millisecond threshold
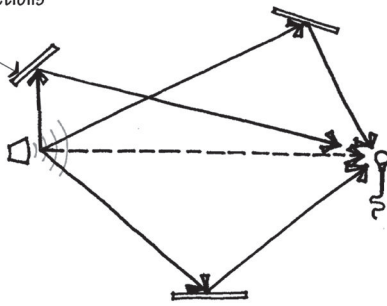
The outer boundary for the surfaces delivering beneficial early sound reflections can be described by an ellipse with focii at the source and receiver positions
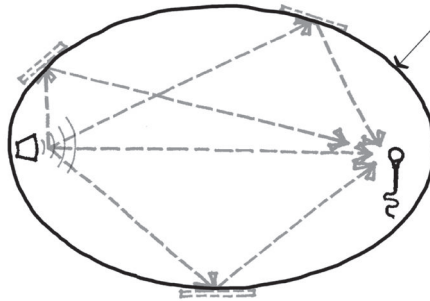
For the longer, 80-millisecond music threshold, the limits are described by a larger ellipse
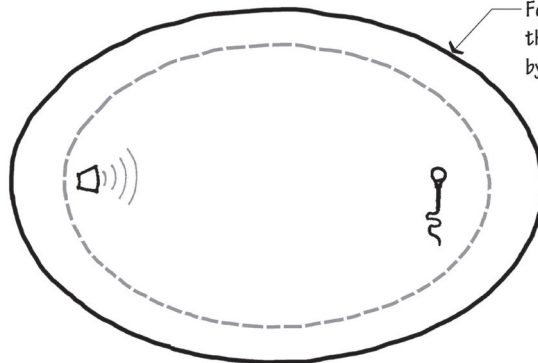
The limit described by the ellipse shrinks and expands with source-receiver distance
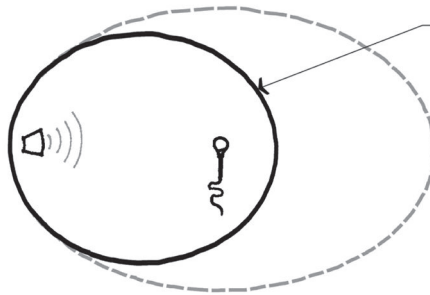
Variable Acoustics

For unamplified music performances, such as symphonies, audiences prefer rooms with the advantages of both reverberance (the persistence of a sound after it stops) and clarity (each note decays rapidly enough so that the next can be heard sharply), yet the two are opposing qualities. Typically they are inversely related so that more reverberance begets less clarity.

The coupled-volume concert hall with its signature impulse response, the double-sloped decay, tries to resolve this conflict. This venue typology attempts to reconcile the competing qualities of reverberance and clarity by wrapping a normative concert hall with a coupled volume, then controlling the sonic transparency between the two rooms with doors. Musicians play on stage, and most of the sound energy is delivered to the audience in the usual way—but some of the sound energy slips past the ajar doors into the coupled volume, where it bounces between surfaces like a pinball between bumpers. The audience hears the sound that never left the main part of the concert hall, *and* later, the sound that leaked into the coupled volume and leaked back into the main part of the concert hall.
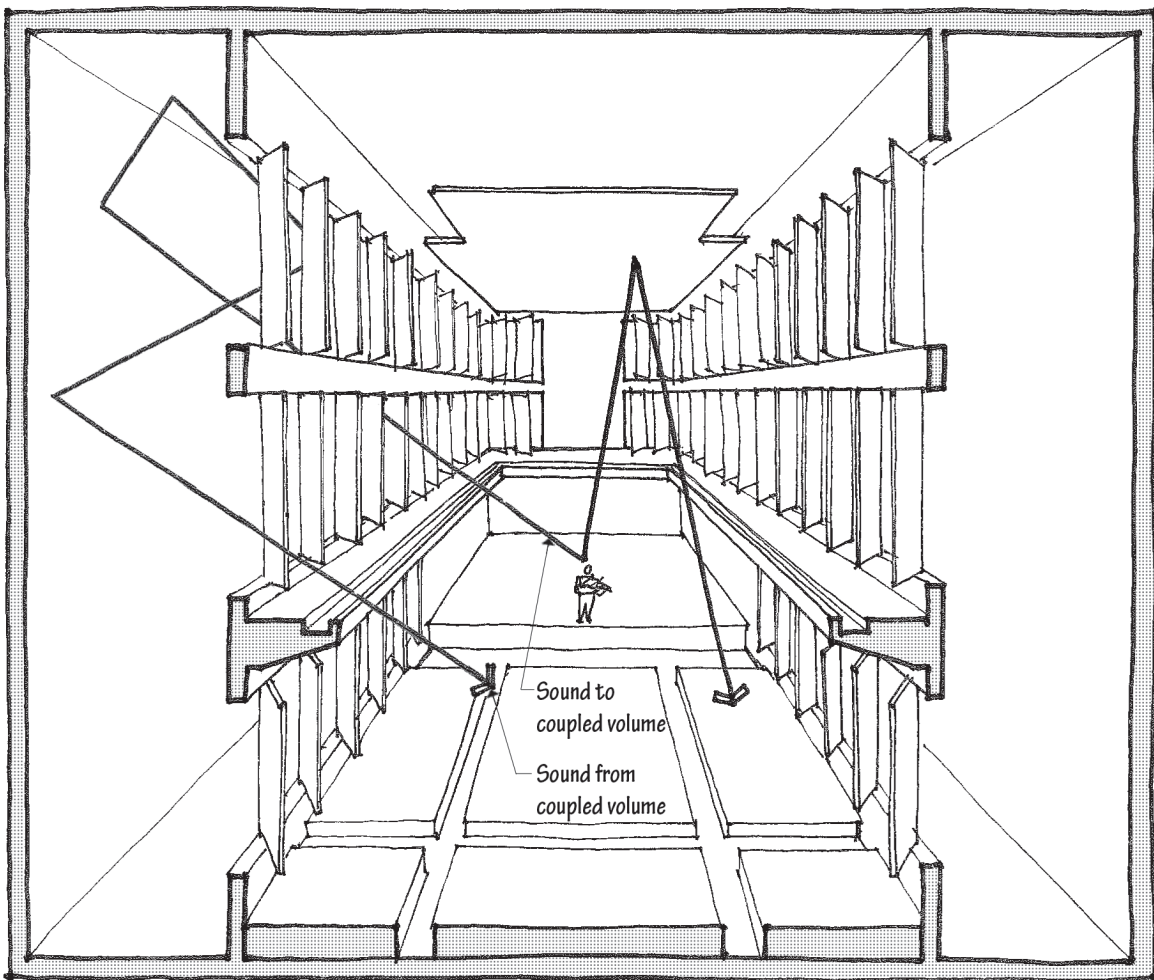
If the coupled volume is more reverberant than the main part of the concert hall, the late-arriving energy that leaks back into the audience will be louder than that which never left the main part of the hall. The impulse response of a coupled-volume concert hall can appear double-sloped so that each note decays rapidly at first, then more slowly as the sound in the coupled volume reenters the main part of the hall. Because of that rapid early decay, each note is expected to die quickly enough to allow the next note to be heard with a measure of clarity; and because of the slow late decay, each note is expected to linger in the room long enough to be heard with a measure of reverberance.
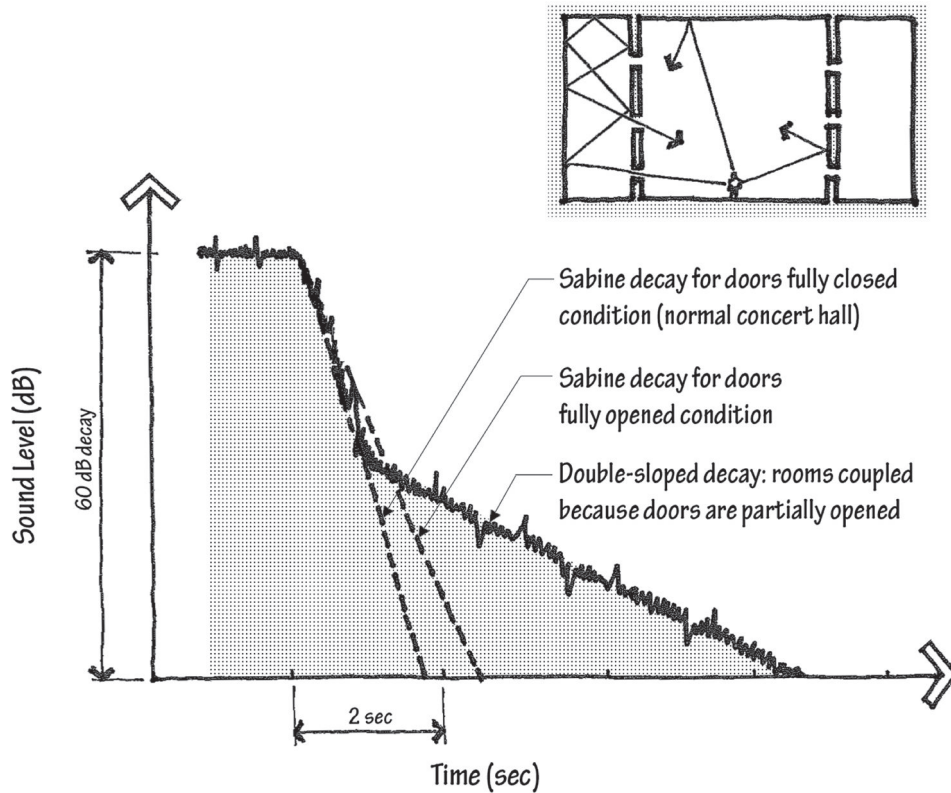
That's the promise of the coupled-volume and the double-sloped decay: simultaneous reverberance *with* clarity. In practice, the system proves to be highly sensitive—even fickle. There are dozens of coupled-volume concert halls, but musicians, music critics, and audiences identify only a few with audible double-sloped decays.

First, for the coupled volume's sound energy to return to the main part of the concert hall with more sound energy than that which remains in the main part of the concert hall, the coupled

volume must be *much* more reverberant than the main hall, perhaps measuring ten times the RT! This means that the coupled volume must be large, minimal in its surface area (relative to its volume), and finished with very low-absorbing materials. Of those that are built, halls with large concrete coupled volumes, in shapes that minimize the coupled volume's surface area, fare best.

Second, the doors that separate (and link) the coupled volume and the main room must provide only a small gap for sound to leak through. If the doors are fully closed, the room behaves as a standard concert hall, one without a coupled volume at all. This may be appropriate for some musical pieces that would not benefit from a double-sloped decay. If the doors are fully opened, the room behaves like a single larger concert hall equal in volume to the two rooms added together. This may be appropriate for other pieces that require more reverberance than clarity. The aperture size to produce a double-sloped decay is thus somewhere between fully closed and fully opened, and it is surprisingly close to the fully closed position. Typically this means openings on the order of only 1% of the total surface area of the room. When the doors are opened to 3%, the double slope may evaporate into an impulse response that approaches the doors-fully-opened condition.
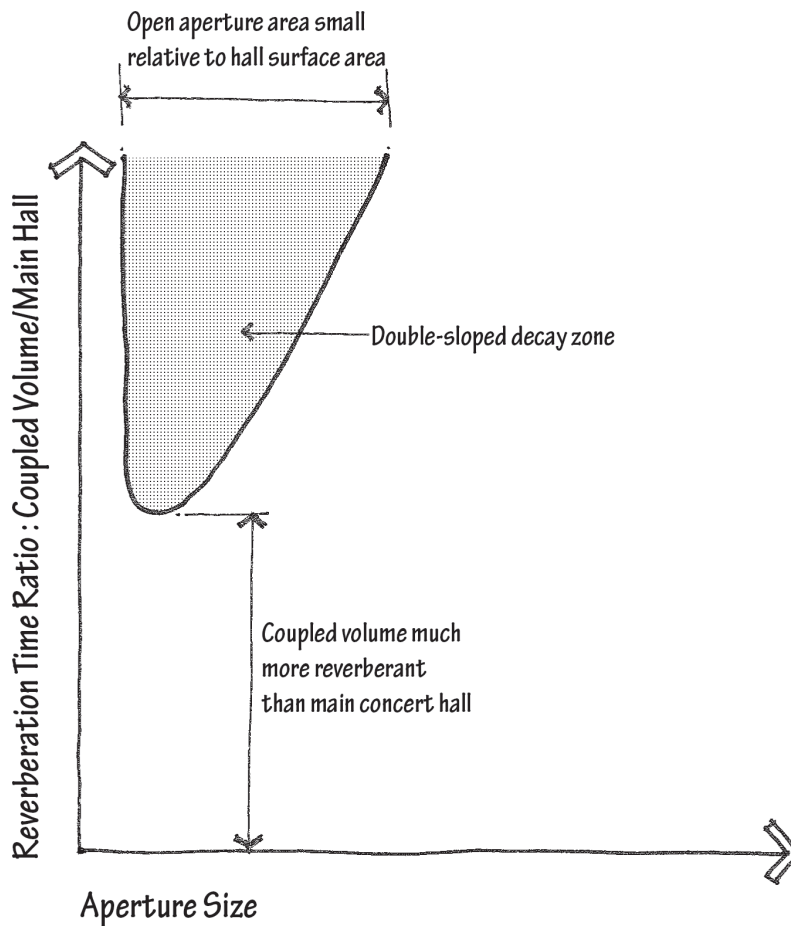
Adapted from M. Ermann, "Coupled Volumes: Secondary Room Reverberance and the Double-Sloped Decay of Concert Halls," *Building Acoustics,* September 2005.

Third, the background noise in coupled-volume concert halls must be *very* low. Of course, limiting the background noise is an important part of any space for unamplified music listening, but it takes on added importance in coupled-volume concert halls because if the noise floor is too high, the entire double-sloped effect is lost beneath the noise level from a nearby road or mechanical equipment or adjacent lobby.

The potential to reconcile the competing qualities of reverberance and clarity, and doing so through spatial and geometrical manipulation, remains alluring. Yet, research fails to show that audiences can detect the double-sloped decay in stop-chords. Even more unclear is whether they can detect the double slope in running music—and when listeners can detect the double slope, it is further unresolved as to whether they prefer the double slope to a traditional single-sloped Sabine decay.

The coupled-volume approach is but one (albeit the most elaborate one) in a collection of strategies that uses a dynamic architecture to vary a room's acoustic quality. Variable acoustics might provide a means of adapting a space to a specific musical piece, or it might be used to simulate the sound absorptance of an audience during rehearsal when no audience is present, or it might allow architects to tune a room after it is built.

The most common expression of variable acoustics allows for a range of reverberation times. Retractable sound-absorbing banners or curtains deploy to reduce the RT, or retract to increase it. Alternately, sound-reflecting panels slide away to reveal a sound-absorbing or sound-diffusing panel behind them, and slide back when reflections are preferred instead. Other schemes feature rotating triangular wedges with one side sound reflective, one side sound absorptive, and a third sound diffusive. In each case, the room's operator or the orchestra conductor decides which type of surface the sound "sees" that evening.

Reverberation Time Calculation Checklist

1. Recognize what the sound "sees." If one surface covers another, or almost covers another, you need only account for the one "visible" surface. In the cafeteria example, the seated students were accounted for in lieu of (rather than in addition to) the 3,000-square-foot area of wood floor underneath them. It makes no sense to assume that the banners hanging from the cafeteria ceiling have an "acoustical" surface area equal to the square footage of material in place. As far as the sound is concerned, the banners appear instead to cover a single surface equal to the area of the ceiling.

2. Approximate when appropriate. Because the cafeteria is not a space for unamplified music listening, precision at early stages of design may be unnecessary. Exit signs, light fixtures, door handles, or other surfaces smaller than a door can typically be omitted in the calculation.

3. Substitute one material for another when required. Manufacturers make sound absorption data available for their products, but in early stages of design, when specific manufacturers have not yet been selected, data for some materials may not be readily available. Even later in design, a material, or an unusual application of a material, may be absent data. In these cases, substitute a material of similar mass, surface texture, and mounting. (What is the weight per square foot? Is there an air space behind, or is it flush-mounted?)

4. Average the absorption data of two materials if you are uncertain which to use as a substitution. Because of their geometry, sound moving to the ceiling banners typically impinges on more surfaces (and therefore endures more absorption) than sound moving to the wall banners. The banner data available is for the wall-banner condition, so an average value is used instead for the ceiling: the mean absorption of velour curtains and fabric-wrapped glass fiber.

5. Be accurate when calculating the room's volume. While a 10% underestimation of the absorption coefficient of the 5,000 square feet of glass in the cafeteria results in no meaningful change in the calculated reverberation time, a 10% underestimation of the room's volume erroneously drops the calculated reverberation time from 3.1 seconds to 2.8 seconds.

6. Consider the edges of seating blocks when calculating the area of audience surface. If a block of seated people is exposed to an aisle, include an extra three-foot strip of audience, the length of the aisle, when estimating the audience's surface area. This correction accounts for the audience edge portion, visible in elevation, exposed to the room. Audience block edges flush to a wall are not "seen" by the sound energy and needn't be included. See the diagram in the section "Performance Venue Seats."

Room Shaping for Speech and Music

Angle of incidence equals angle of reflection like a billard ball ricocheting

Large sound-reflecting volume may be too reverberant for speech

High-ceiling echo arrives strong and too late after the direct sound to be beneficial (>50 ms for speech or >80 ms for music)

Large sound-reflecting rear wall, fertile for strong, late reflections (echo)

Flat floor fails to provide sight lines

Room not shaped for sound

Beneficial early-arriving first-order reflections to bolster loudness and intelligibility in the rear of the room

Balcony to bring listeners closer to the audience

Suspended canopy to direct early-arriving first-order reflections to the listener

Sound-absorbing material:
- Total area sized to optimize reverberation time
- Placed on back wall and upper/rear portion of side walls

Height of often-troublesome rear wall is minimized

Geometry dictates that sounds reflecting off surfaces in the rear of the room are less likely to be beneficial and more likely to cause echo - so sound is absorbed in those areas

Steeply raked seating to allow clear line-of-sight and promote access to direct sound

Room shaped for speech

Sound-reflecting canopy to bring early reflections to fellow musicians so they might hear one another more clearly

Large sound-reflecting volume provides sufficient reverberance for music

Heavy building materials to reflect low-frequency sound

Sound-diffusing rear wall to minimize echo

Canopy also directs early reflections to front rows, mitigating high-ceiling echo

Under-balcony and side wall reflections provide lateral reflections - important for spatial impression

Seat raked for sight lines, but not steeply because steeply sloped audience planes absorb too much direct sound

Room shaped for music

In speech, early-arriving reflections assist with loudness and clarity, so a room geometry that features surfaces angled to relay incident sound back to the audience improves intelligibility. We angle surface reflections to privilege seats farther from the source, on the assumption that those seats need the most assistance. *Late*-arriving reflections echo, so the room geometry must also minimize the likelihood of strong reflections that have traveled too far. If the reverberation time target dictates it, sound-absorbing surfaces will cover some portion of the room. But which surfaces? Those that (even with shaping) still produce an echo—like the back wall and the upper-rear portions of the side wall—are the obvious candidates for providing the "fuzz" necessary to bring the reverberation time in line. In this way, those fuzzed surfaces can both reduce reverberance and reduce the likelihood of echo. This often translates to a room that is reflective on approximately three-quarters of the wall and ceiling surfaces, and absorbent on the remaining one-quarter (the rear-top portion).

Rooms for unamplified music typically thirst for longer reverberance, limiting the need for added absorption besides that provided by the audience. These rooms may or may not be shaped to direct first-order reflections to the audience. If they are shaped, the beneficial early sound reflections may come at the cost of the late reverberance because sound energy directed back down at the absorbent audience is sound energy no longer available to ricochet around the sound-reflective portions of the room and provide needed sustain. A study of 17 British concert halls found mid-frequency EDT/RT ratios to range between .79 and 1.26. (EDT measures the first 10 decibels of decay and extrapolates out to 60 decibels, and is considered a better indicator of running reverberance.) The most diffuse rooms were characterized by similar EDT and RT values (ratios approaching one) and the most shaped rooms, directing early reflections toward the audience, measured at lesser EDT values than RT values (ratios less than one). Therefore, in shaped rooms for music, aim for a higher reverberation time, in the recognition that the shaped room form will act as a tax on the reverberance estimated by the Sabine formula. Because that equation assumes a diffuse sound field and doesn't account for a specially shaped geometry, achieving an acceptable running reverberance requires the designer to target a reverberation time a bit higher than would otherwise be recommended.

Loudness

Concertgoers listening to music unamplified are justifiably greedy: They demand access to their share of the sound energy in the room, and the same symphony, playing the same piece, will vary in sound level, depending on the auditorium. While some symphony halls, especially those under 1,000 seats, may have too much loudness, in most cases (and in almost all larger halls) we work to *increase* the acoustical quality of loudness in the room because there is often not enough sound energy per seat. Halls enjoying more loudness have less sound absorption (especially from the audience plane), more early sound reflections (especially those arriving laterally), and a shorter distances between stage and seat.

The sound pressure level from reflected energy can be estimated by the formula:

$$L_{p\ reflected} \cong L_{w\ sound\ power} + 10 \cdot \log \frac{4}{A_{room\ constant}} - \frac{0.174r}{RT}$$

    Where L_p is the sound pressure level from room reflections
L_w is the source sound power level of the orchestra
A is the total absorption in metric sabins (sq. meters times absorption coefficient)
r is the distance from the source to the receiver in meters
and RT is the reverberation time

Therefore, sound pressure level at a point in the room rises with the sound power of the orchestra, the sound reflectiveness of the room surfaces, the length of the reverberation time, and the proximity of the orchestra. Typically, the overriding factor is *A*, the total acoustic absorption in the space.

The acoustic quality "loudness" is measured with the metric sound strength (G), which is the sound energy measured at a seat, relative to the sound energy from the same source at ten meters in a free field. Suppose a dodecahedral loudspeaker produces a sound level of 70 decibels at a ten-meter radius in an anechoic environment. That same loudspeaker, with the same calibration, is brought into a hall and set up on stage, where it produces a sound level of 74 decibels at a seat ten meters away. We then say that the hall has a G of +4 decibels (74 minus 70).

Sound strength is almost entirely a function of the room constant, or total absorption in the room measured in sabins. Preferred values of G_{mid} range from +4 decibels to +7.5 decibels, with the most-admired concert halls measuring a median value of +6, and the least-admired concert halls measuring a median value of +3. People are rather sensitive to small changes in loudness: Subjective psychoacoustic studies suggest a just-noticeable-difference human response threshold for G of about a quarter-decibel to a half-decibel.

To minimize room absorption, (a) use massive building materials with low sound absorption coefficients, (b) minimize the area of sound-absorbing surfaces such as curtains and organs, and (c) minimize the total area of surfaces that sound "sees" for a given volume of room, because more surfaces beget more surface impacts, which in turn beget more total sound absorption. Since the audience plane provides between 50% and 90% of the total sound absorption in a concert hall, promoting loudness for the audience involves lessening the absorption of the audience itself. Some audience seats, due to the thickness of their upholstery, absorb much more sound than other audience seats, so chair selection is important for loudness. The absorption by the audience is a function of the area of the audience plane, rather than the number of seats, so a denser, more compact audience with smaller mean distances between seats translates to less absorption (and likely a shorter distance from the source) for a given room occupancy. Many of the successful older halls, built in times of smaller people and lesser comfort expectations, benefit from a compact audience area. Further, for a given number of seats, a configuration with fewer, and larger, audience blocks absorbs less than one with more, and smaller, audience blocks. This is because the edges of the audience block, where the sides of the chairs are exposed to an aisle, themselves can be seen by the sound as a strip of absorbing surface equal to the height of the seated audience multiplied by the length of the aisle. The total effective absorbing area of an audience with minimal number of blocks approaches 1.1 times the total audience area as measured in plan. In that case, 1,000 square feet of audience seating should be calculated using 1,100 square feet of audience seating to account for the exposed aisle sides. Conversely, if many aisles separate many audience blocks, the effective absorption approaches 1.4 times the audience plan area, and for the same example of 1,000 square feet of audience seating, we'd use 1,400 square feet when making reverberation time predictions. Further, because of the geometry of the spreading direct sound, a steeply raked audience plane will absorb more of the available sound energy because it better approximates a plane perpendicular to the path of the traveling sound. With a flatter audience plane, more of the direct sound passes over and can reflect off surfaces.

Room geometries that enhance loudness minimize the distance between source and receiver, minimize the total area of room surfaces, and maximize early arriving direct sound. Sound strength values drop by as much as six decibels from the front to the rear of concert halls. To counter

that, or at least partially mitigate its effects, balconies bring the audience closer to the sound source, as do denser seating arrangements. Values of G drop under deep balconies, so balconies should remain shallow with small overhangs relative to their height over the audience below them. Reducing the seat count for the room—making a room for fewer people—increases sound strength because it diminishes both the audience absorption and the mean distance to a seat. Over-stage canopies can provide the early first-order sound reflections known to increase sound strength, as can the lateral-arriving sound reflections offered by a narrow rectangular room. For this reason, shoebox-shaped concert halls have, on average, higher sound strength levels.
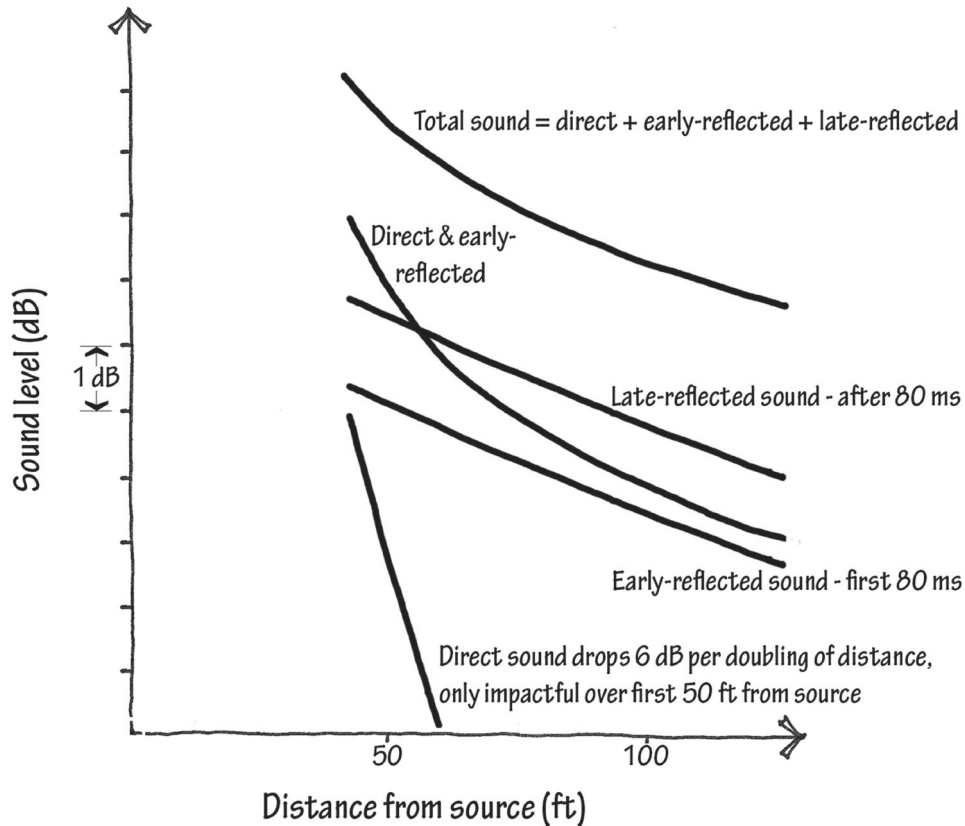
Adapted from M. Barron, *Auditorium Acoustics and Architectural Design*, 2nd ed. Spon Press, 2009, p. 69.

At receiver positions close to the source, the direct sound dominates; at remote positions the reflected sound dominates. The distance from the source at which the direct sound energy level matches the reflected sound energy level is known as the "reverberation radius." In a typical concert hall, this will be on the order of 15 feet from the orchestra.

Audience provides the primary source of sound absorption in performance spaces, so as audience size increases sound strength decreases

For preliminary design purposes, a concert hall with 1,800 seats and a 2.4-second unoccupied reverberation time requires a room volume of approximately 815,000 cubic feet. (It can also expect an audience area of just under 15,000 square feet and a G_{mid} of just less than 5 dB)

Too large for unamplified performance

Preferred for concert halls

1.4 sec unocc

1.8 sec unocc

Reverberation time: 2.2 sec unocc (1.8 sec occ)

Target range for symphonic music

2.6 sec unocc (2.1 sec occ)

3.0 sec unocc

G_{mid} (dB)

No. of seats

Audience area (sq m)

Audience area (sf)

Hall volume

Because the audience-size and performer-space requirements often dictate room area, the ceiling height variable controls room volume in concert hall

Adapted from L. Beranek. *Concert Halls and Opera Houses: Music, Acoustics, and Architecture*. Springer, 2004, pp 509–540.

NOTE

For preliminary design purposes only. Rooms for chamber music are smaller (less than 700 seats), louder (G values of 9.0 to 13.0 decibels), and less reverberant (unoccupied RT values of 1.9 to 2.3 seconds) than the values included in this nomograph. Opera halls are quieter (G_{mid} values of −1.0 to 2.0 decibels) and less reverberant (unoccupied RT values of 1.5 to 1.9 seconds).

Balconies

Baseline

Better

Large rear wall ripe for echoes

Balcony breaks up troublesome rear wall

Balconies displace rear row seats closer to source, decreasing room length and enhancing loudness

Large balcony overhang creates acoustical shadow beneath. Seats robbed of overhead reflections, and sound energy that does enter generally does not leave strong

Balconies are too deep when the angle of view is < 45 degrees (< 25 degrees for opera)

Shallow balconies allow access to overhead reflections

$H \geq D$
($H \geq 1/2 \times D$ for opera)

Reverberant sound

Stage

Coveted side-arriving, strong, early reflection

Transverse section

Adapted from J. Bradley, "A Comparison of Three Classical Concert Halls," *Journal of the Acoustical Society of America*, March 1991.

Each tick represents one
measurement position

Reverberance increases with increasing
distance from source, then levels off

Despite the use of *shallow* balconies in
this room, under-balcony seats "see"
fewer surfaces and measure lower
reverberation times

Under-balcony seats also measure
reduced loudness

Reverberation time (seconds)

3.0

2.5

2.0

1.5

| 0 | 50 | 100 | 150 | (ft) |
| 0 | 15 | 30 | 45 | (m) |

Distance from source
Boston's Symphony Hall

Balconies relocate seats that would otherwise be at the rear of the room to a position closer to the source. When protruding from the rear wall, they break up a surface that might otherwise produce an echo. Side balconies redirect sound that might otherwise have moved to the top of the room, back down to the audience instead, where it heightens loudness and spatial impression.

Deep balconies, however, do more harm to the room's acoustics than good. They choke off the seats underneath them visually and aurally, restricting sightlines to the ceiling and creating an "acoustical shadow" beneath the overhang. This impairs loudness and spatial impression. Not only does the audience underneath the seats suffer lost reverberance (particularly running reverberance as measured by EDT), but the room as a whole loses reverberance because sound that passes underneath the deep overhanging balcony fails to get back out with enough energy to contribute to the reverberant tail of the decay. In this way, the under-balcony volume's absorption profile approaches that of an open window. Design balconies so that they are no deeper than their height, and so that the vertical angle of view from the back row, between the bottom of the balcony above and the top of the seated audience's heads below two rows forward, is no less than 45 degrees.

Sightlines

Room without clear sightlines   **Room with clear sightlines**

These two rooms look nearly identical, but only one
offers the audience a clear view of the performance

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Online
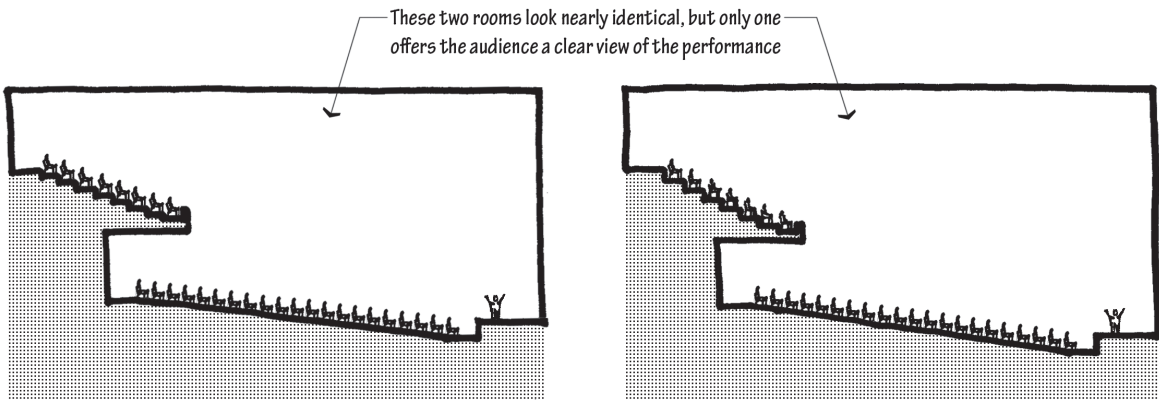
Each room has staggered seats in plan
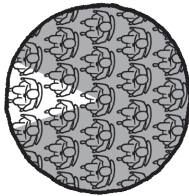
An audience member need only see
over the shoulders of the row in
front. The head two rows down
(rather than one) blocks the view.

Everything below this line is obstructed

3'-8" from
floor to eyes

4'-1" from floor
to top of head

Approx. 6'-0"
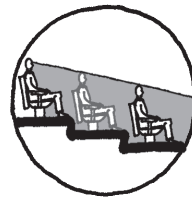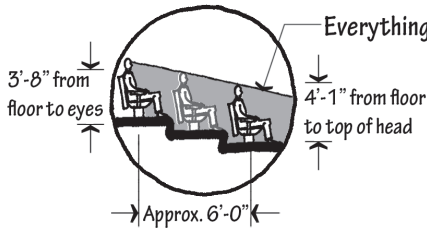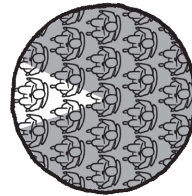
Obstructed view to the performer

Clear view to the performer

Even those experienced in sightline analysis must draw out the
geometry to ensure a clear view. This cannot be "eyeballed"
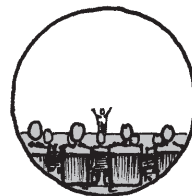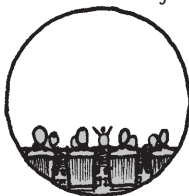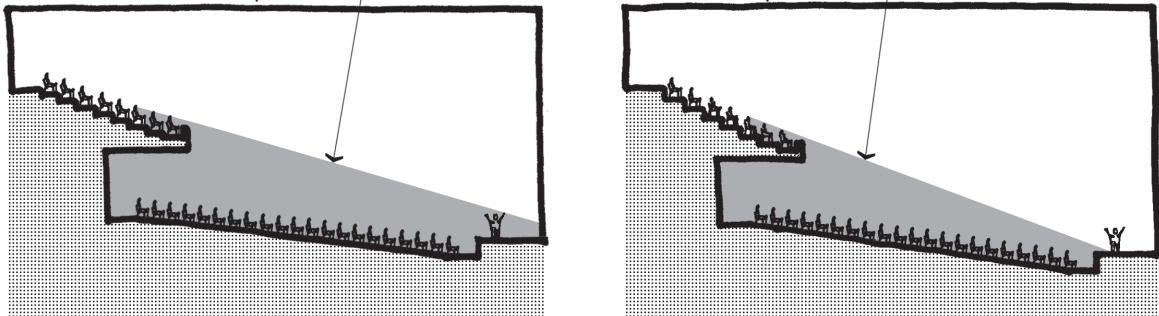
NOTE

Codes typically don't allow seating rakes steeper than 35 degrees.

Warmth

Listeners to unamplified music prefer robust low-frequency content, a quality termed acoustical *warmth*. Many wall and ceiling assemblies, particularly in stick-built construction, bend as panel absorbers, and attenuate more in the bass tones than at the speech frequencies, so warmth is primarily achieved through careful material selection. Rooms without sufficient low-frequency reverberance and low-frequency loudness are thus said to lack warmth; less commonly, rooms with excessive low-frequency energy are said to be acoustically "dark."

Because of its thickness, mass, and mounting, a gypsum board assembly absorbs sound in the 125-Hz octave band at a rate about five times that of a masonry or concrete assembly. That's because the low-frequency sound sees the gypsum segments spanning between joists and studs as panel absorbers transferring acoustical energy into mechanical bending. This is particularly acute in the case of single-layer lightweight gypsum board, which has an absorption coefficient of 0.29 at 125 Hz. So, to achieve warmth in a room, design brick, stone, or concrete surfaces, or surfaces with thick plaster over another material (rather than over a lath and airspace, which would render the plaster a panel absorber like the gypsum board). In the past, and indeed among some even today, a misguided belief existed that "wood is good" for music rooms, on the logic that what resonates for a violin must be most appropriate for a symphony hall. The undesirable low-frequency absorption associated with wood spanning battens, over an airspace, has since been discovered and widely published. Where wood is still preferred in concert halls, it should be adhered to stiff massive materials, provided that air pockets are minimized behind the paneling, and the adhesive is sufficiently stiff so that the panel and substrate are seen by the sound as a single element.

Low frequencies have long wavelengths, and long wavelengths don't reflect off small surfaces, so using large surfaces is also part of a strategy to promote warmth. Where smaller surfaces of similar angles to adjacent surfaces are present, long wavelengths may see the segmented planes as a single curved surface. Human auditory systems are not particularly adroit at determining the arrival times of low-frequency sound, so bass deficiencies in the early portion of the decay may be remedied by later-arriving low-frequency-rich reflections.

Stage floors act as sounding boards, reradiating sound, particularly low-frequency sound, from the vibrations of the cello, double bass, and other instruments resting on the floor. The effect is difficult to quantify, but performance platform reradiation almost certainly contributes to the perception of acoustical warmth in a room. The impact intensifies with thinner stage floors, and wanes when stage floors are thick or stiff.

Fifty years ago, researchers and symphony hall designers began documenting sound attenuation in excess of that which would be expected from just the measured absorption coefficients of concert hall seats. The resulting "seat dip effect" accounts for as much as 10—even 20—decibels of extra attenuation between 100 Hz and 300 Hz, countering struggles to create an acoustically warm space for the music. This is believed to be the result of (a) the seats acting as resonant absorbers, or (b) acoustic impedance mismatch, or (c) the losses of sound energy passing over the seats at grazing angles almost parallel to the floor, or (d) sound wave phase cancellation, or (e) some combination of the four. Physics dictates that the particle velocity of air molecules is greatest at a distance one-quarter wavelength from the room boundary, making an absorbing plane mounted over an airspace at a distance of one-quarter wavelength from the wall, ceiling, or in this case, floor, exceptionally effective at absorbing the corresponding frequencies. In the part of the frequency spectrum where we see the seat dip effect, the quarter-wavelength corresponds to the height of the audience

seats above the floor, so perhaps this is a contributor. The seat dip effect is magnified in rooms with seats at shallow rake angles (less than 15 degrees), at receiver positions farther from the source, and in rooms with high ceilings. But the effect is nearly the same whether seats are occupied or unoccupied. Research continues to focus on the origin of the phenomenon, but there are few known cures. Until more is known, it is best to recognize seat dip effect as an inevitable and misunderstood tax on low-frequency sound. Account for seat dip effect in low-frequency strength and reverberation time measurements by establishing low-frequency design targets that are higher than might otherwise be desired—in recognition that some of that sound energy will be lost to seat dip.

We gauge warmth with the bass index, comprising the sound strength at 125 Hz (G_{125}) in decibels, minus the sound strength average for the middle frequencies of 500 Hz and 1,000 Hz (G_{mid}). In this way, rooms with more low-frequency loudness, relative to their middle-frequency loudness, will have higher bass indices. The highest-regarded concert halls have bass indices between −2.0 decibels and +0.5 decibels. The human perception just-noticeable difference (jnd) likely lies between 1.0 and 2.0 decibels.

The kind of low-frequency boost that is desired in rooms for unamplified music is unwelcome in rooms with loudspeakers. Electronic amplification suffers excessive boomy-ness in the presence of the low-frequency support required for unamplified music. When more low-frequency energy is warranted in an amplified room, it can be added digitally. If a venue will be sometimes amplified and sometimes not amplified, consider low-frequency absorbers that can retract and deploy (for instance, heavyweight, sufficiently furled, mechanized velour banners with airspaces between the banners and walls).

For warmth in unamplified music settings, low-frequency reverberation times should be higher than mid-frequency reverberation time

For speech and amplified music reverberation, times should be relatively flat across the frequency spectrum
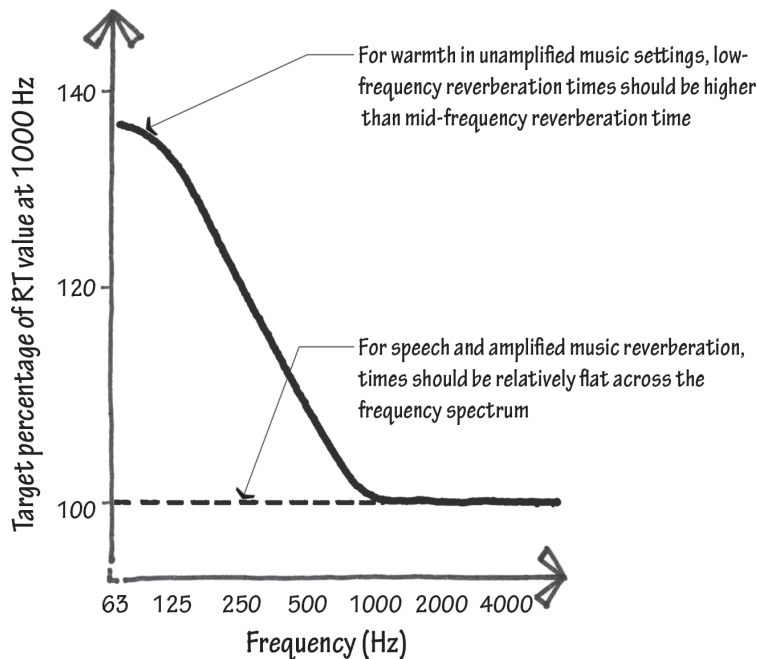
Adapted from M. Long, *Architectural Acoustics*, Elsevier, 2006, p. 587.

Concert Hall Types

Early lateral reflections arrive at audience
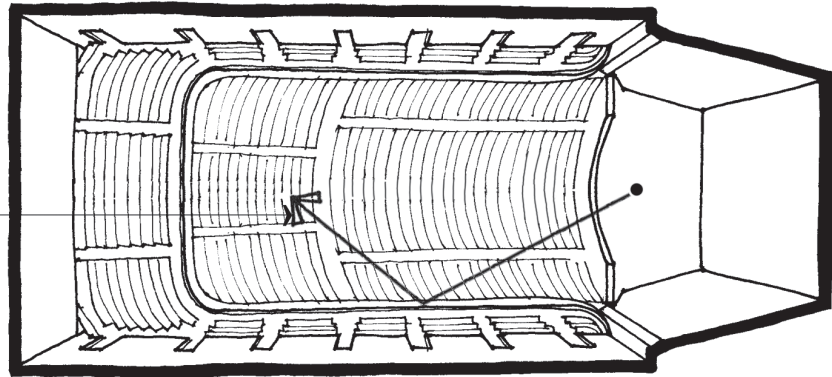
Shoebox hall

Audience in fan-shaped hall sits closer to source, which may be an advantage for spoken word

Early lateral reflections graze wall and do not return to audience center, which is a disadvantage for music

Fan-shaped hall

Side walls taper inward in plan

Echo considerations limit maximum room width

Early lateral reflections arrive at audience

Reverse-fan-shaped hall

Surround audience is brought closer to the musicians by virtue of geometry

Though terrace faces provide for some lateral reflections, BQI for terraced surround halls are typically lower than for shoebox halls

Terrace faces separate audience sections and provide early lateral reflections

Careful placement of (absorptive) audience and (reflective) terrace faces limits the "acoustic" width of the room

Terraced surround hall

Spatial Impression

Researchers gave photos of men and women to other men and women and asked them to rank the attractiveness of each face. Not surprisingly, those with faces that approached symmetry were, on average, judged to be more good-looking. Then researchers took images of some of those same people, and, with photo software, mirrored one half of the face onto the other side, so the face would appear *exactly* symmetrical. These perfectly symmetrical faces were then given to a different group of subjects, who judged them to be not only less attractive, but creepy-looking. So why are human beings, like many animals, symmetrical? And why are they symmetrical about only one axis while maintaining asymmetry about the other two? Clearly sexual selection has something to do with bilateral symmetry, but what else is at play?

The answer lies in evolutionary biology. Dangers and opportunities are as likely to be on our left as on our right, so features that hear predators, or spot berries, or stab prey are equally valuable on either side. Because of gravity pulling down and the sun in the sky, the environment above us diverges in its interaction from that below us, so human beings developed feet for the ground and hair to protect from sunburn. The same can be observed with back-front environments. We need to know different information about where we are going than about where we've been.

It is this bilateral symmetry that privileges sound arriving from the sides of our heads, where our ears are directed. Were human ears on the top of the head and bottom of the chin, it might be different, but as it stands, lateral reflections from the side walls trigger a binaural response, a sense that sound is coming from all directions and that we are immersed in the sound. This sense of immersion in music is called *spatial impression*. Perhaps spatial impression is best described in its null state: Environments that lack spatial impression sound as if the listener is outside the room, hearing the music through a small open window. For most applications and most room types, sound can be thought of as three-dimensional, comprising sound level, sound frequency, and variations over time. In the case of music listening, we add this fourth dimension, the binaural environment. Spatial impression has received more attention than most areas of room acoustics over the last three decades, and the field continues to view the binaural component of the room response with every-increasing regard.

Spatial impression, with reverberance, loudness, and warmth, is among the four most important acoustical characteristics of good rooms for listening. While it is technically possible to have too much sound arriving from the side, by far the more common problem is insufficient lateral-arriving sound. The best-reviewed concert halls in the world have meaningfully more sound arriving from the side, so designers work to achieve ever-increased lateral sound reflections. (Rooms with more loudness are also judged to enjoy more spatial impression, a phenomenon primarily limited to content below 1,500 Hz.)

Geometry is paramount to generating lateral sound reflections, so music rooms should position sound-reflecting surfaces near, and to the side of, audience seats. Narrow rectangular halls measuring on the order of 75 feet wide are best-suited to deliver side sound, although non-rectilinear halls have been proposed and built that purport to maximize—or at least enhance—lateral energy. Spaces with large rear balconies that render the back wall absorptive by the audience generate environments where the reverberant sound seems to come from the front of the room; these rooms are penalized in their reputation because of the directionality of their reverberation.

Study participant listens to tracks played through varying combinations of loudspeakers and evaluates his sense of listener envelopment (LEV). (He does not know which speakers are on or off.)

Anechoic chamber: sound-absorbing wedges on all surfaces to minimize room effects

Psychological scale of listener envelopment (LEV) as judged by study participant

+1

0

-1

In each case, the front loudspeaker delivers the direct sound

The other loudspeakers deliver later-arriving reflections and reverberant sound energy

The listener's sense of envelopment peaks when reflections and reverberation arrive from 90°

Adapted from T. Hanyu and S. Kimura, "A New Objective Measure for Evaluation of Listener Envelopment Focusing on the Spatial Balance of Reflections," *Applied Acoustics*, February 2001.
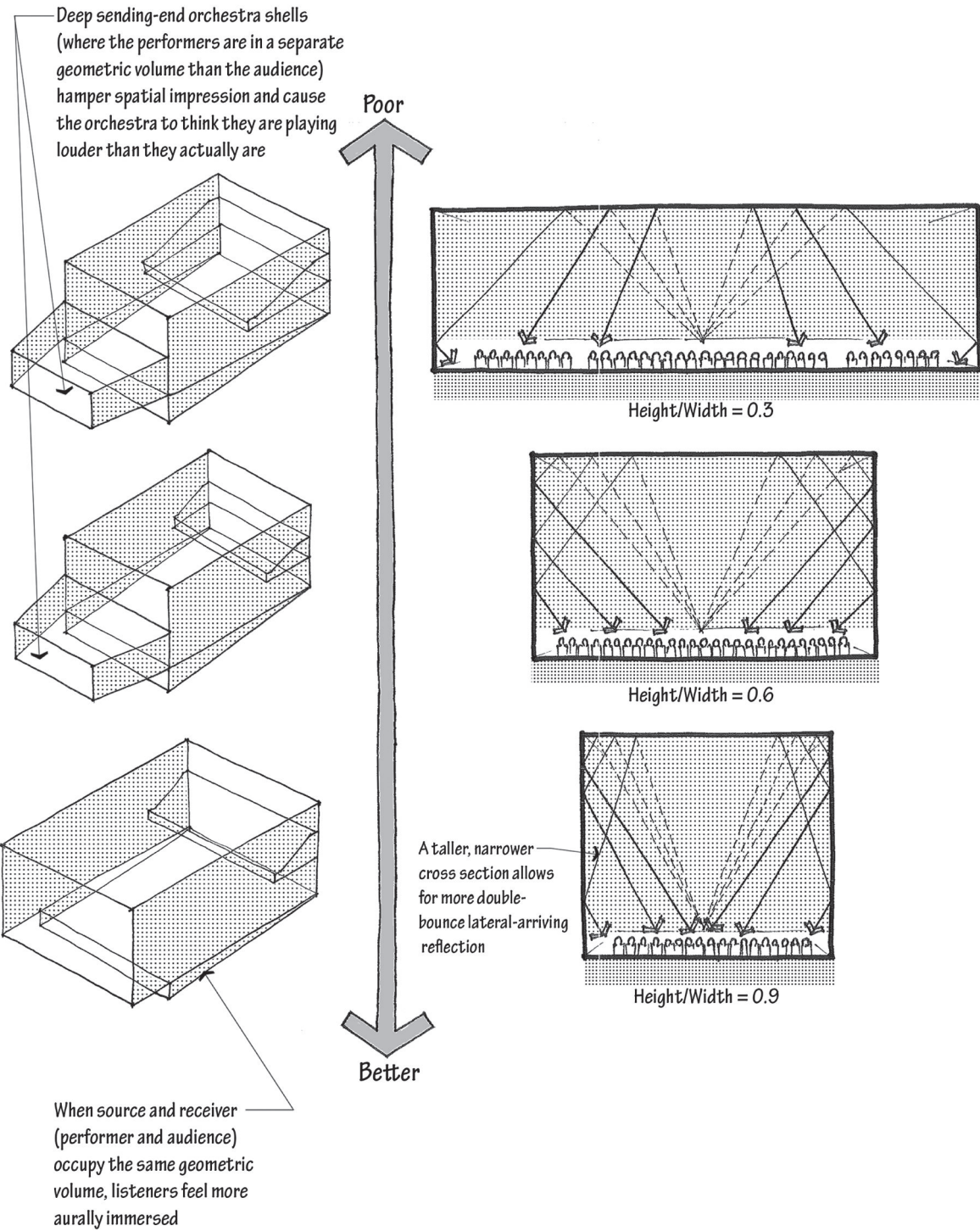
Halls with side balconies also promote lateral sound because of the face of the balcony (which can be angled to direct reflections to the audience) and because of the underside of the balcony protrusion. Sound that would otherwise reflect off the wall toward the ceiling will double-bounce off the wall and the balcony underside, only to return to the audience from the direction of the listeners' ears. Rear balconies with particularly deep overhangs have the opposite effect, starving the acoustical shadow underneath the balcony from sound reflections arriving from the upper portion of the walls.

The parti, or overall form, of the room also contributes to the portion of sound arriving from the sides. Tall rooms allow double-bounces off the ceiling and side wall, while short rooms bring ceiling sound to the audience without the benefit of a side-wall reflection. Finally, to enhance the sense of spatial impression, ensure that the source and receiver—the orchestra and audience—occupy a singular geometric volume. Deep balcony overhangs, and even deep sending-end concert shells on stage, can render the music removed from the listener.

Spatial impression has proven more laborious to measure than most room acoustics metrics. Yet with increasing computing power and the diffusion of specialized instruments, measurement has become easier and more common. There are two ways to measure spatial impression. The first, lateral fraction (LF), uses a special bidirectional figure-eight microphone that measures sound from two opposite directions. The figure-eight microphone is oriented to receive sound from the sides, and is paired with a (normative) omnidirectional microphone that measures total sound arriving from all directions.

$$LF_{lateral\ fraction} = \frac{L_{p\ fig\ 8\ microphone}}{L_{p\ omnidirectional\ microphone}}$$

Where *LF* is the lateral fraction, typically measured as a mean of the 125–Hz, 250–Hz, 500–Hz, and 1,000–Hz values
$L_{p\ fig\ 8\ microphone}$ is the sound level arriving from the sides as measured by the figure-eight microphone
L_p is the total sound level measured at the same location
The higher the lateral fraction, the more spatial impression can be expected.

Binaural quality index (BQI) is the other measure of spatial impression. It's newer, a bit more difficult to measure, and better related with the way people judge spatial impression and concert hall quality. Its math is fairly complex (and is summarized in the Notes section), but like lateral fraction, it also ranges from zero to one, and it also increases with increasing spatial impression. The BQI uses a dummy head with anatomically correct ears, and tiny microphones embedded into those ears. Left and right channels are measured or recorded, then post-processed to tease out how closely the sound fields at the two ears correlate with one another. Lower interaural cross-correlation values generate a higher BQI value. So we judge a room to have high spatial impression when what we hear from each of our ears is different. BQI averages the 500-Hz, 1,000-Hz, and 2,000-Hz octave bands, and is limited to sounds arriving within 80 milliseconds of the direct sound.

The early lateral fraction measured in rooms generally ranges from 0.05 to 0.50, meaning between 5% and 50% of the sound arrives from the side. Average values were found to be 0.18, and target LF values range from a minimum of 0.10 to a maximum of 0.35. Generally, higher values are better, but in rare cases one can have too high a value and sound sources may be difficult to localize.

The most-admired concert halls measure BQI values of 0.65, while the least-admired halls average 0.45. The just-noticeable difference measured in subjects judging BQI was found to be 0.065. It should be noted that one would expect both the lateral fraction and the BQI to increase near the side walls of an auditorium, where more of the sound approaches from the sides, and the sound field differs more at each ear. Yet, these are not considered the best seats acoustically, raising questions these metrics haven't yet answered. One would prefer that metrics be internally valid—that they make sense not only comparing one concert hall to another, but also mapping the haptics at different locations within a room.

Two shoebox halls with stage enclosure

Two shoebox halls without stage enclosure

One terrace (or vineyard) hall

Three fan-shaped halls

Directional sound field as measured at a seat in the hall

Front

Left

Right

Rear

Subjective listener envelopment

Study participants listening to simulated sound fields (as measured in the actual halls) evaluated their sense of listener envelopment

Because of their side geometry, fan-shaped halls fail to bring as many sound reflections as shoebox or vineyard halls - and score lower on subjective measures of spatial impressions

Adapted from T. Hanyu and S. Kimura, "A New Objective Measure for Evaluation of Listener Envelopment Focusing on the Spatial Balance of Reflections," *Applied Acoustics*, February 2001.

Until now in this chapter, the discussion of spatial impression has been covered as a singular topic. But recent research has teased out two very separate phenomena nested under the binaural umbrella of spatial impression, each separated from the other temporally. Early lateral reflections arriving within the 80-millisecond threshold after the direct sound arrives contribute to a quality known as apparent source width (ASW); late lateral reflections arriving after the 80-millisecond threshold contribute to a quality known as listener envelopment (LEV). Before 1960 it was believed that the late sound was most important. Between the 1960s and late 1980s, it was believed that the early sound was paramount. The current consensus is that both early and late sound are important, but differ in their effects.

A broad apparent source width (the early side-arriving sound, also called auditory spaciousness or source broadening) gives listeners the sense that they and the orchestra occupy the same space, and that the orchestra is playing together as an ensemble. It is measured by the lateral fraction taken over the first 80 milliseconds, or by the BQI (which always measures the first 80 milliseconds). The later sound represented by listener envelopment is heavily influenced by the late lateral loudness (GLL), although over time the direction of successive wave fronts becomes ever more omnidirectional. Because late sound level is heavily dependent on total room absorption, and total room absorption for concert halls is heavily dependent on audience area, music rooms with small audience areas enjoy high levels of listener envelopment. Measures of the lateral fraction after 80 milliseconds and measures of interaural cross-correlation after 80 milliseconds are used to quantify listener envelopment.

NOTE

Binaural quality index (BQI) is equal to 1 – IACC, where IACC is the interaural cross-correlation, a measure of the maximum difference in the sounds at the ears produced by a sound source on the stage. To calculate IACC, start with the interaural cross-correlation function

$$IACF_t(T) = [\int_{t_1}^{t_2} p_L(t) p_R(t + \tau) dt] / [\sqrt{\int_{t_1}^{t_2} p_L^2 dt \int_{t_1}^{t_2} p_R^2 dt}}$$ *where p_L and p_R are the sound pressures at the left and right ears, and τ is varied over the range of −1 to +1 to account for the approximately 1 millisecond required for sound to pass from one side of the head to the other. Then interaural cross-correlation ($IACC_t$) is equal to* $\left| IACF_t(\tau) \right| \max$ *for −1 < τ < +1.*

Deep sending-end orchestra shells (where the performers are in a separate geometric volume than the audience) hamper spatial impression and cause the orchestra to think they are playing louder than they actually are

Poor

Height/Width = 0.3

Height/Width = 0.6

A taller, narrower cross section allows for more double-bounce lateral-arriving reflection

Height/Width = 0.9

Better

When source and receiver (performer and audience) occupy the same geometric volume, listeners feel more aurally immersed

Narrow rectangular "shoebox" concert halls are proven to promote lateral sound reflections. These are two non-rectangular rooms intentionally shaped to provide side-arriving reflections.

Ceiling panels angled to direct sound to the audience from the side

Balcony faces angled to do the same

Christchurch Town Hall
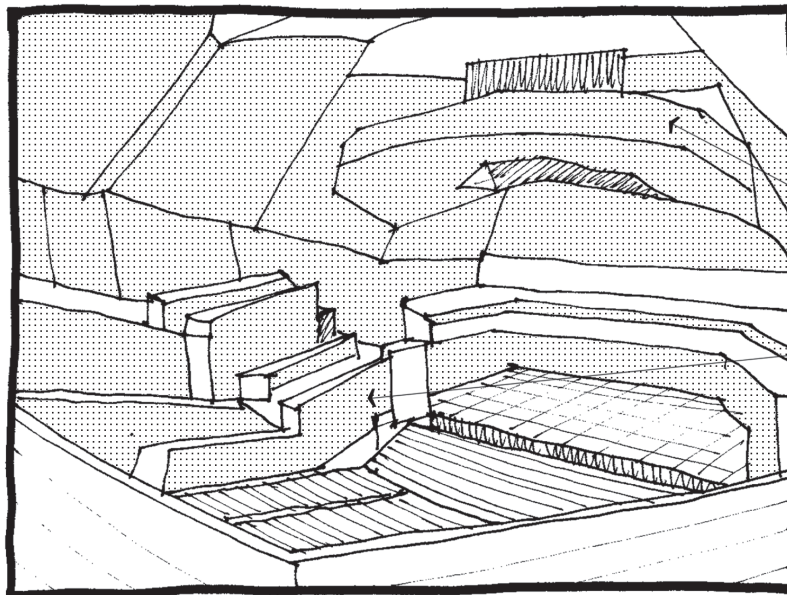
Ceiling segments angled for side-arriving reflections

Partial side walls for side-arriving reflections

Nottingham Royal Concert Hall

Reverberance is allowed to build
up above the audience plane

Second-order reflections
arriving from the sides

Low side balconies create beneficial
early side reflections

Reverberance may not be able
to build up to the same degree

Higher side balconies may
interfere with side reflections
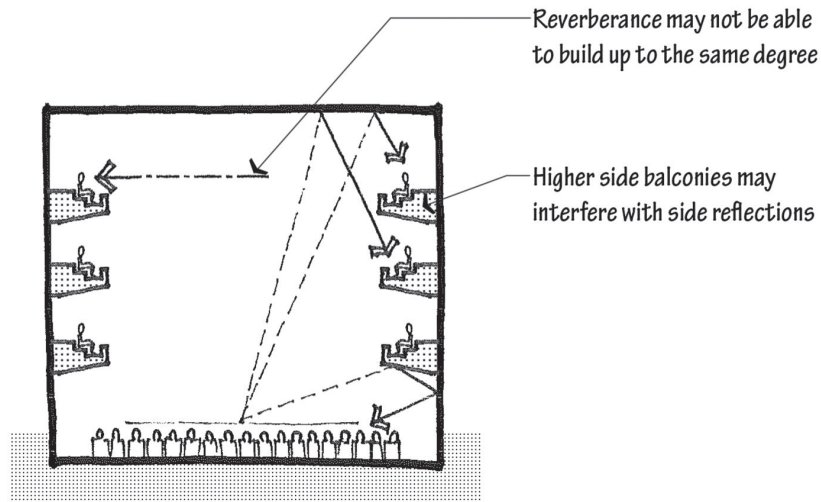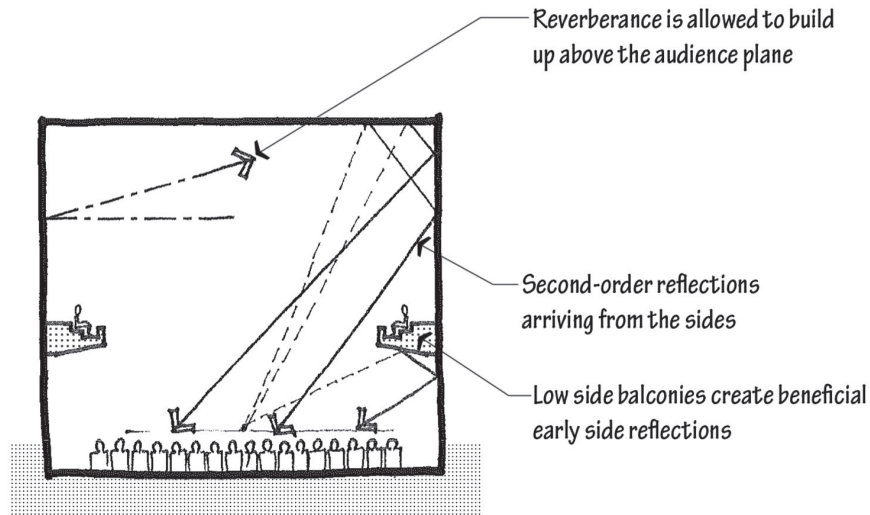
Intimacy

Big rooms generally sound big, and small rooms generally sound small. Surely some of that distinction comes about in the respective reverberance levels inherent to rooms of different geometric volumes. But it is also believed that the early-arriving sound contributes to a sense of acoustic *intimacy*. By bringing earlier early reflections, designers can make a big room sound like a smaller, more intimate one.

Intimacy is measured by the initial time delay gap (ITDG), the length of time in milliseconds between the arrival of the direct sound and the arrival of the first sound reflection. Shorter ITDG durations are associated with more intimate rooms. To provide smaller ITDG values, position sound-reflecting surfaces in close proximity to listeners so that the reflected sound might arrive earlier. ITDG values in large concert halls range from about 20 milliseconds (meaning that the first reflected sound arrives 20 milliseconds after the direct sound) to about 60 milliseconds. Small rooms are intimate by their very nature, so ITDG values are much lower in chamber music halls, which range from 8-millisecond ITDGs to 27-millisecond ITDGs. Because their side-wall geometry fails to direct first-order sound reflections back to the middle of the hall, fan-shaped

rooms generally have higher initial time delay gap values, and therefore are believed to sound less intimate than rectangular rooms of a similar size.

Many listener preference tests have identified intimacy as a core component of acoustical quality, but some others have questioned its importance. The metric is measured in each room with a source on stage and a microphone on the main level about halfway between the stage and rear balcony, just off the room's centerline. While this may account for the intimacy differences between rooms, it may not accurately measure intimacy within a room. In the rear of a concert hall, the temporal difference between the arrival time of the direct sound and that of the earliest reflections shrinks by virtue of room geometry. So while the rear of the room enjoys lower ITDG values, suggesting a more intimate receiver location, seats in the back are generally not judged to be more intimate, throwing the validity of the metric itself in question.

Diffusion
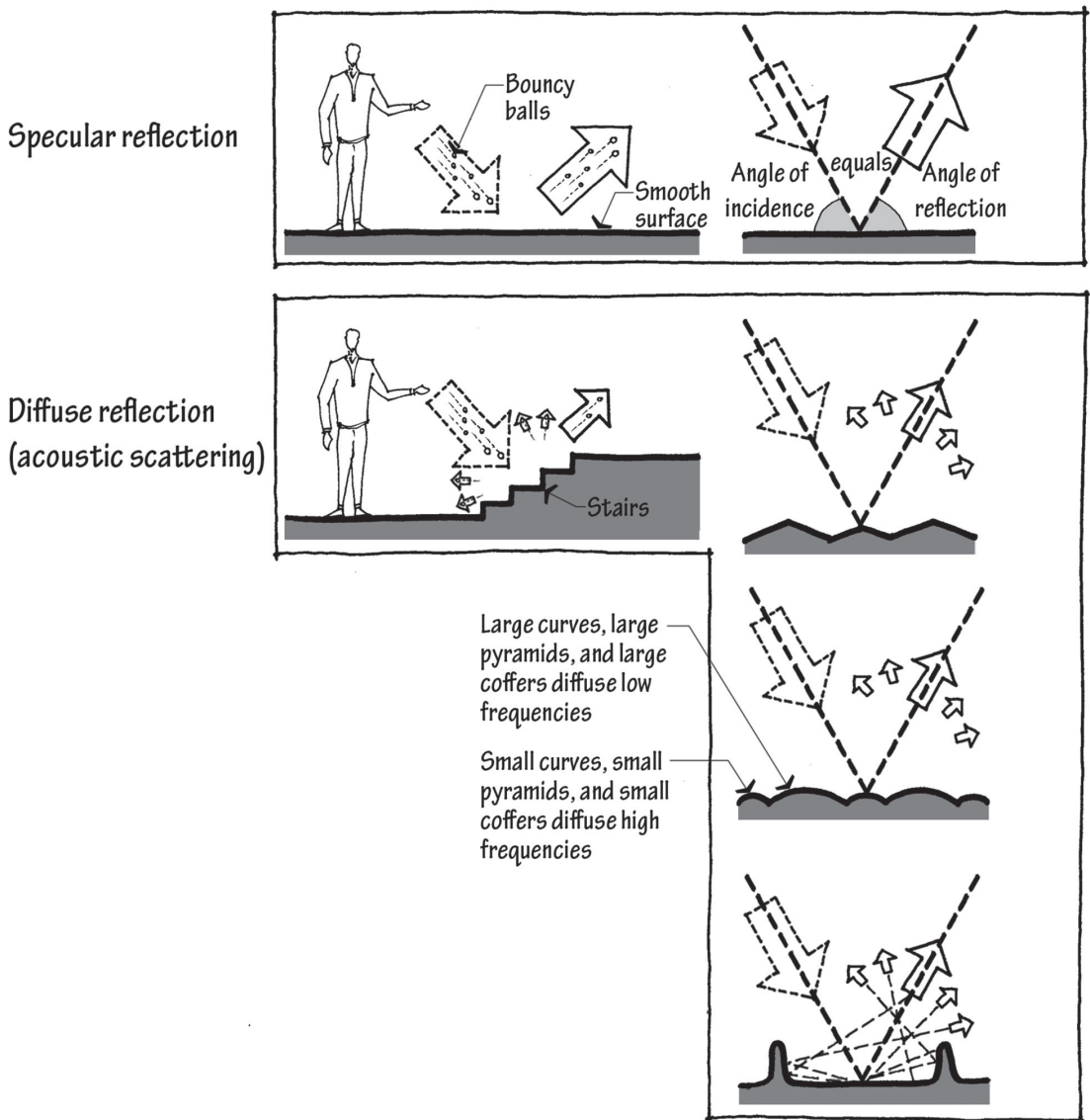
In a "specular sound reflection," the angle of incident sound equals the angle of reflected sound. Think of a billiard ball ricocheting off the rail of a billiard table, or light reflecting from a clean mirror. In diffuse sound reflections, or *scattering*, the sound behaves more like light reflecting from a fogged mirror, dispersing the reflected sound over a wider area. Most materials provide both specular and diffuse reflections; the proportion of specular and diffuse reflections differentiates surfaces. To effectively scatter reflected sound, the degree of texturing must be high; slight variations and modest curves produce slight and modest scattering effects. The deeper the textured surface, the lower the frequency diffused, so coffers or projections should extend at least one-quarter wavelength (one to two feet deep) to diffuse appropriately across the frequency spectrum. By breaking up and scattering sound reflections, diffusing surfaces can mitigate a wall or ceiling that might otherwise generate echo, flutter echo, acoustic glare, sound focusing, or acoustic creep. This is especially useful when treating an acoustic defect (and the surface that causes it) with absorption might deprive the space of needed reverberance.

Even in the absence of a major acoustic defect, diffusion may be beneficial to rooms for music listening. Every great concert hall maintains a high degree of diffusing surfaces to homogenize the sound across the listening locations, staving off harsh reflections that can make the sound "brittle." Studies of chamber music and opera venues also suggest the need for diffusion. As with optical glare, a collection of hard, flat, and large surfaces can deliver a severe, unforgiving aural environment. Specular sound reflections from large surfaces devoid of diffusing texture may also cause an image shift, whereby the listener perceives the source to emanate from somewhere between the true source location and the location of the harsh reflecting surface. The human auditory system exaggerates this effect with reflections from the overhead plane, relative to those that arrive laterally. (Image shift is also notorious in spaces with electronic amplification, where the loudspeaker's sound may arrive both stronger and earlier than that from the source.)

The type of reflection from a surface depends on the length of the surface relative to the length of the incident sound wavelength. So diffusing surfaces of repeated regular elements, equal in length, may favor reflections in one frequency over those of another. This can cause a shift in the perceived frequency of the reflected sound called "tone coloration," which sounds like a frequency shift in the direction of a more shrill, almost metallic timbre. While this is often subtle, it is audible to the discerning music listener, and it can be avoided by varying the size of diffusing surfaces throughout the room.

The usefulness of craggy surfaces for mitigating an acoustic defect is not in question, but the importance of scattering as a best practice to "spread out" the reflected sound in music rooms without known defects has been debated for decades without a settled consensus. Many believe that scattering is very important to room acoustics for symphonic music (and many do not).

NOTE

The scattering coefficient has been developed to quantify the amount of scattering a surface produces. It varies between zero and one, and measures the proportion of reflected sound that is scattered. This is especially useful in acoustical modeling software. To date, obtaining scattering coefficient values for building materials has been more difficult than finding published absorption coefficients for those same materials.

THEATER PLANNING

Stage Acoustics

For an orchestra to play together tightly so that the sections perform as a singular entity, the members of the orchestra must hear one another play. This quality is called *ensemble*. It can be promoted with a proper stage acoustic environment designed to provide a short, clear sound path between musicians and a geometry designed to create early loudness-supporting intra-orchestra sound reflections. As a topic of widespread systematic research, ensemble is relatively new and about 75 years behind reverberance, so we learn more about stage acoustics with each passing decade.

Just as audiences have grown accustomed to larger seats, orchestras have grown accustomed to ever more expansive stages, and they've spread out to meet the space allotted to them—so much so that a modern orchestra playing in a century-old hall may squeeze together to fully half the area of the same modern orchestra playing in a contemporary hall. Direct sound decays six decibels per doubling of distance, so the spread-out version of the orchestra in the newer room suffers a substantial loss of direct sound relative to the close-together version in the older room. To prevent this, first the stage size should be limited. As a rule of thumb, use 20 square feet per musician, which for a full 100-piece orchestra means a performance platform no larger than 2,000 square feet. Of course, 20 square feet per musician is merely an average, and in practice, a wind instrument may need 13 square feet while a tympani needs more than 100 square feet. There is an operational component to all of this as well, beyond the room's design. Concert hall and orchestra technical staff must work to keep the musicians physically nearer to one another than might feel natural on a large stage. Ideally, no musician will sit more than 25 feet from another musician.

Risers, elevated platforms, each progressively taller than the one in front of it like steps, can lift each row of the orchestra so that the direct paths from the instruments are less obstructed by the other musicians. This is also good for the audience, who benefit from the direct sound just as the musicians do.

Yet, not all design moves that benefit the musicians also benefit the audience. With reflected sound, any acoustic energy directed at the (absorbent) orchestra is sound energy not brought to the house that might otherwise be heard as loudness, reverberance, and clarity in the seats. The room should achieve a proper balance between sound directed back to the stage, and sound directed out to those in the house—and that precise equilibrium is difficult to define. Certainly some, if not all, of the surfaces adjacent to the stage, both in plan and section, should contribute to ensemble and return sound energy to the orchestra. Many concertgoers lack the wherewithal to properly judge the acoustics of a room, and many of those who can properly evaluate the acoustic subtleties of a room lack the confidence in their judgment and a platform to make their evaluation known to a broader audience. By contrast, musicians possess the wherewithal to make acoustics judgments, the experience to compare one room to another, the cohesion to give weight to their collective opinion, and no shortage of platforms from which their judgments may be known to the press, critics, and other musicians. Insofar as sound energy distribution within a room can be a zero-sum game, and the acoustic reputation of a concert hall can gather inertia within a few weeks of opening night, when recently written reviews morph into nearly immutable conventional wisdom, the acoustical comfort of musicians is taken seriously.

In plan, the walls should be oriented to direct sound to the orchestra, but for this to work properly, the orchestra must not only sit in a tighter formation than might be comfortable, but must also move far upstage, away from the audience, and closer to the upstage wall. This is no doubt counterintuitive, but an orchestra situated too far downstage risks two acoustic penalties. First, an empty stage surface in front of the orchestra provides an important sound reflection, especially to the rear balconies, but only if the downstage portion is clear of sound-absorbent musicians. Second, if the orchestra is too far from the upstage wall, reflections off that surface may arrive at both the orchestra and audience too late to be useful for clarity, and perhaps so late that the reflection is heard as an echo.

In section, the ceiling height required to give the room a proper reverberation time might be too high to deliver early reflections to the orchestra. Again, a late reflection could be useless at best, and heard as an echo at worst. To battle this, an overhead canopy may be suspended below the ceiling and above the stage. The suspended plane may be a singular surface, or it may be composed of multiple smaller canopy segments, separated by open areas between them. The canopy or canopies may be dedicated to an area over the orchestra, or they may extend beyond the stage into the over-audience volume, in an effort to allow for early reflections to the listeners. Again, a balance must be achieved. If the canopy area is too large, it might choke off the volume above the canopy so that much of the sound entering that over-canopy region never gets out, crippling the room's reverberance. Multiple canopy segments of similar sizes may color the timbre, or reflection frequency content, because a sound may reflect off, diffuse off, or diffract around a surface, depending on the size of the surface relative to the sound wavelength. If too many surfaces are of one single size, the reflections become narrow-band or absent in some bands altogether. This tone coloration is typically subtle, but in some cases it can be so profound as to distort the very frequency of the room's sound. To reflect low frequencies, the canopies must be sufficiently massive; to allow for early-enough overhead reflections, the canopy should be set between 22 feet and 40 feet above the stage (it may be adjustable in height to be orchestra-specific and performance-piece-specific). In the case of a singular, large canopy, lighting usually is incorporated into the suspended surface, and the unfavorable visual impact of an object, larger in footprint than many homes, and suspended over the stage, can be profound (and ugly).

In spaces where the orchestra is housed in a dedicated sending-end volume, segmented and separate from the main volume of the audience in an orchestra shell, the symphony performers may hear themselves as very loud. They are, after all, in a small volume. They may then reduce their sound power and play too softly for the audience, which does not have the same kind of access to the sound levels found within the stage shell. When stage monitors (loudspeakers set on stage and directed back at the performers) amplify the ensemble, the same phenomenon often occurs: musicians, misjudging their own playing levels, instinctively reduce their sound power to a level unacceptably anemic for the listeners in the house.

We measure the stage characteristics that promote ensemble objectively with the metric *support* (ST_1), which gauges the capacity of the performance platform, the stage walls, and the over-stage reflective plane to deliver early sound reflections. It is measured in decibels so that

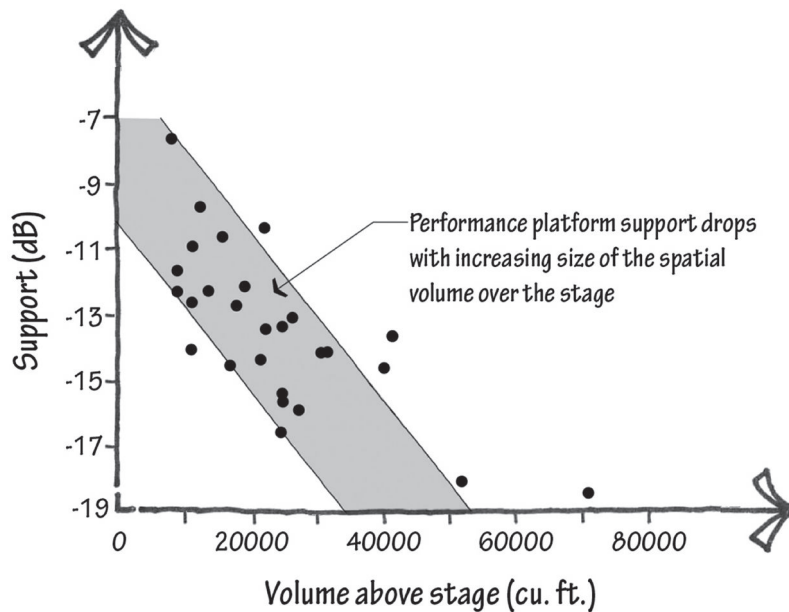$$ST_1 = L_{p\ direct\ sound} - L_{p\ early\ reflections}$$

Where ST_1 is the stage support in decibels, averaged over the 250-Hz, 500-Hz, 1,000-Hz, and 2,000-Hz octave bands

$L_{p\ direct\ sound}$ is the direct sound level in decibels arriving in the first 10 milliseconds as measured from a microphone one meter from an omnidirectional sound source (and one meter above the floor)
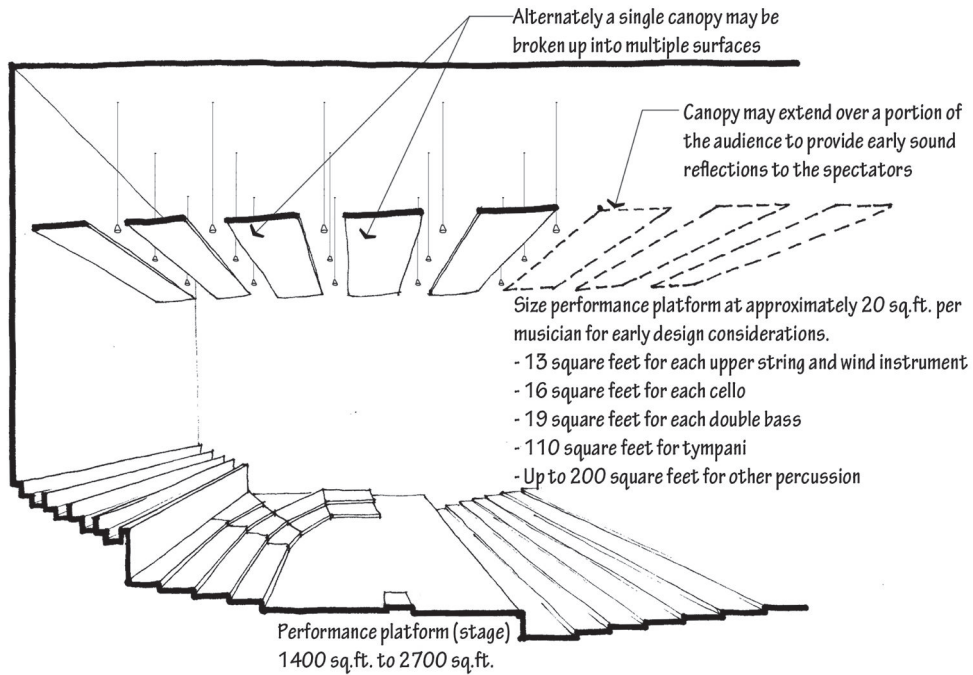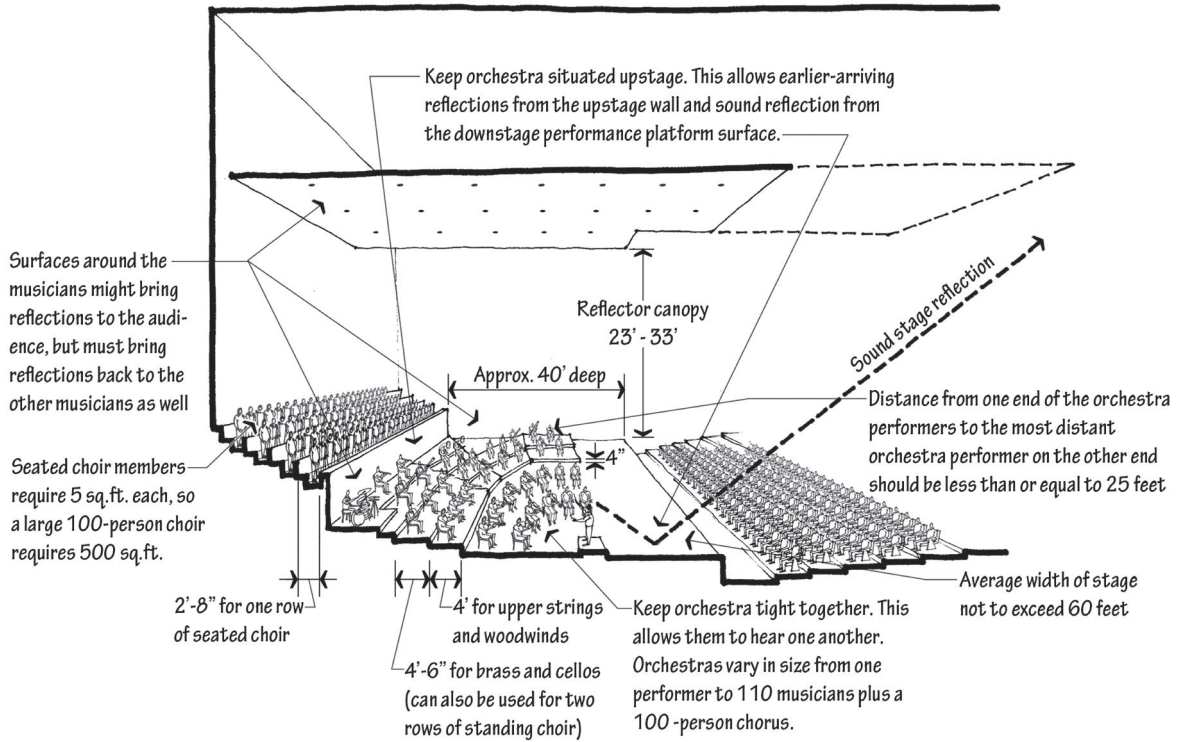
$L_{p\ early\ reflections}$ is the total sound level measured at the same location arriving between 20 and 100 milliseconds

The higher the support measures, the more performers are able to clearly hear one another.

Symphony halls with high levels of support measure ST_1 values of –8 decibels, meaning that the early-reflected sound is 8 decibels weaker than the direct sound. Halls with low values of ST_1 measure at—18 decibels, meaning that the early-reflected sound is 18 decibels quieter than the direct sound.

Adapted from M. Barron, *Auditorium Acoustics and Architectural Design*, 2nd ed. Spon Press, 2009. p. 61. (This portion was written by A. Gade.)

Keep orchestra situated upstage. This allows earlier-arriving reflections from the upstage wall and sound reflection from the downstage performance platform surface.

Surfaces around the musicians might bring reflections to the audience, but must bring reflections back to the other musicians as well

Seated choir members require 5 sq.ft. each, so a large 100-person choir requires 500 sq.ft.

Reflector canopy 23' - 33'

Approx. 40' deep

4"

Sound stage reflection

Distance from one end of the orchestra performers to the most distant orchestra performer on the other end should be less than or equal to 25 feet

Average width of stage not to exceed 60 feet

2'-8" for one row of seated choir

4' for upper strings and woodwinds

4'-6" for brass and cellos (can also be used for two rows of standing choir)

Keep orchestra tight together. This allows them to hear one another. Orchestras vary in size from one performer to 110 musicians plus a 100-person chorus.

Alternately a single canopy may be broken up into multiple surfaces

Canopy may extend over a portion of the audience to provide early sound reflections to the spectators

Size performance platform at approximately 20 sq.ft. per musician for early design considerations.
- 13 square feet for each upper string and wind instrument
- 16 square feet for each cello
- 19 square feet for each double bass
- 110 square feet for tympani
- Up to 200 square feet for other percussion

Performance platform (stage) 1400 sq.ft. to 2700 sq.ft.

Orchestra Pits

Orchestra pit acoustics
Partially covered open pit

Orchestra pit performers have a tendency to overwhelm or drown out on-stage singers. Maintaining proper balance between musicians and vocalists is paramount.

Upper seats may be able to hear acoustical glare from musicians' instruments

Overhead reflectors help the musicians hear the stage performers and vice-versa

Allow clear undistorted sound projection to the audience, with good balance between the singer and the orchestra
$G_{mid} \sim 0.4$ from orchestra
~ 1.9 from stage singers

Overhang $\leq$ 6'-6" ($\leq$ 3'-6" is preferred for pit acoustics but this puts the audience farther from the stage performers)

Pit width
Open area 13' - 20'

Good sight lines

Good sight lines

3'-4'

Keep stage edge thin

Movable panels allow for adjustable pit size to match orchestra size

Provide sound diffusion

Position floor so top of double bass is 1 foot below stage level

Pit half-length $\leq$ 2 times pit width (pit length $\leq$ 4 times pit width)

Floor area 16 sq.ft. to 22 square feet per musician (22 sq.ft./musician preferred)

Use removable frequency-selective absorption to absorb vertical standing waves. While absorbing everything seems logical to reduce orchestra loudness in the pit and auditorium, it also reduces relfections to the performers causing them to play louder and negate the effect of the added absorption.

Lifts preferred - if not possible then floor area must be flexible enough to allow for variable musician heights

Other pit types

Open pit

Useful for stage performers and orchestra to hear each other but places the audience farther away from the stage

Sunken open pit

If the pit floor area is > 2 x open area, this does not produce a desirable sound due to large overhang
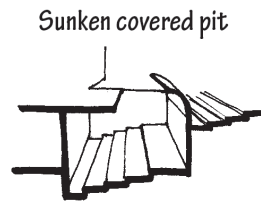
Sunken covered pit

Used in Wagnerian opera to produce a mystical sound. Not desirable for other composers. Audience cannot see performers.

What Makes a Good Room for Music?

Single geometric volume encompasses source and receiver

Early overhead reflections for loudness. Suspended canopy to bring reflections earlier and enhance intimacy

Some early reflections directed back to stage so musicians can hear one another

Assemblies with high mass and flush-mounting for bass strength (G_{125})

Geometry that directs reflected sound to audience. No fan shape.

Room height chosen to meet RT goals

Early lateral reflections for loudness and sense that music surrounds listener

Seats with minimal upholstery thickness

Shallow balconies so $D < H$, same on house rear wall (not pictured)

Seating as dense as comfort will allow

Room width limited, typically to less than 90 ft to avoid echoes and maximize early lateral reflections

Don't forget to account for absorption from edge of audience blocks

Promote clear line-of-sight and limit room depth to bolster direct sound (loudness and clarity)

Legend

$RT_{occup}(s)$

2.0 1.8 1.6 1.4 1.2 1.0

BQI

0.40

0.50

0.60

G_{mid} (dB)

6 5 4 3 2 1

G_{125} (dB)

1 2 3 4 5

$(RT_{125Hz} \approx 1.15 RT_{1000Hz})$

Best
symphony halls

Satisfactory
symphony halls

Least-admired
symphony halls

Reverberance (reverberation time in seconds)

Sound strength (G_{mid} in decibels)

2.0s

6dB

0.65

5dB

Spatial impression reflections from the side, Binaural Quality Index (BQI)

Warmth (Bass strength in decibels)

1.8s

4dB

0.55

3dB

1.5s

2dB

0.45

1dB
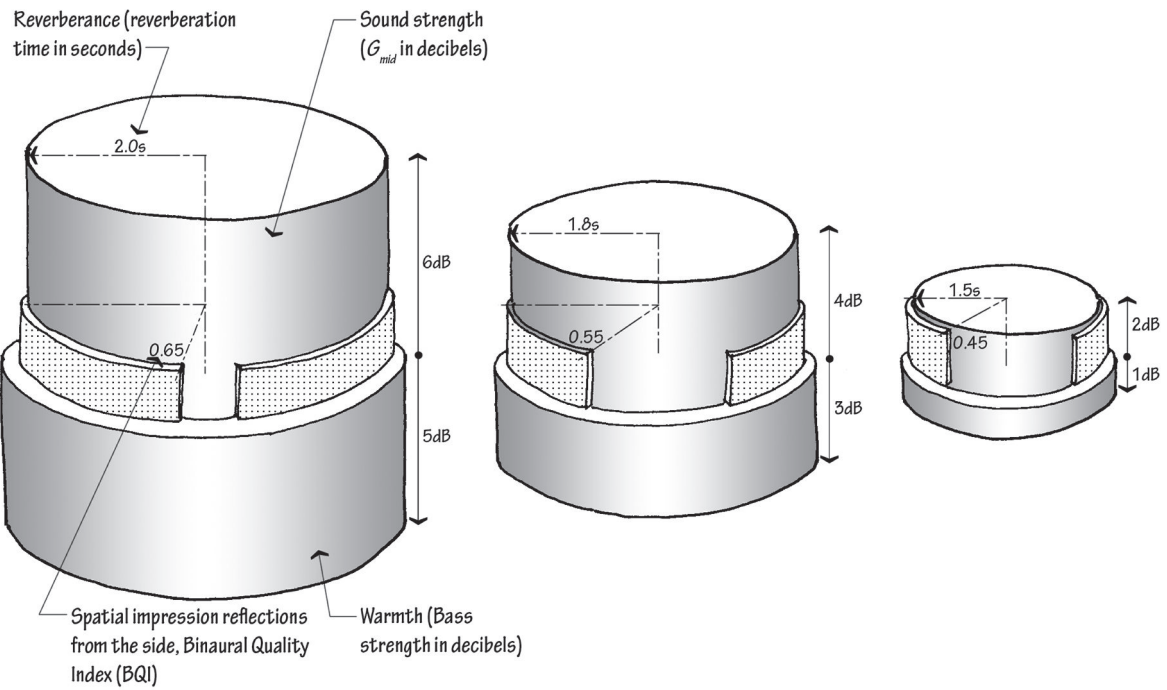
People have developed a common vocabulary and agreed on the distinction between savory and sweet foods, but we weight them differently in preference. In the same way, listening tests suggest that human beings mostly perceive the same subjective acoustic effects, but they weight them differently when establishing preference. For instance, musicians seem to have more of a preference for clarity than nonmusicians. Listening tests on human subjects, and rank ordering of the acoustics of concert halls, suggest that the most important acoustic factors in performance spaces are loudness (more is generally better), reverberance (more is generally better for music, to a limit), spatial impression (more is generally better), warmth (more is generally better, to a limit), and intimacy (more is generally better).

Relationships, interactions, cross-cutting influences, and overlaps between these important factors and the variables that measure them are found in the human auditory system or materialize in room design. The *good* symphony halls hit their target reverberation times, are free from excessive noise and acoustic defects such as echoes, are not oversized, and avoid deep balconies. But what about the *best* rooms? If there is one take-away from those researching what listeners want in music—something that separates the good rooms from the best rooms—it is that the best rooms have strong, early-arriving, broadband, *lateral* sound reflections.

Other acoustical relationships have emerged from a recent research trend of teasing out the influences of one acoustical attribute over another: Clarity is surely important, but by its nature, measures of clarity are non-orthogonal to measures of reverberance. Listeners in a laboratory setting believe that more loudness brings more reverberance. The sense of spatial impression increases with rises in loudness, reverberance, and warmth. Large variations in reverberance, with strength held constant, cause almost no change in perceived loudness. Lateral-arriving reflections, so important in spatial impression, also disproportionately
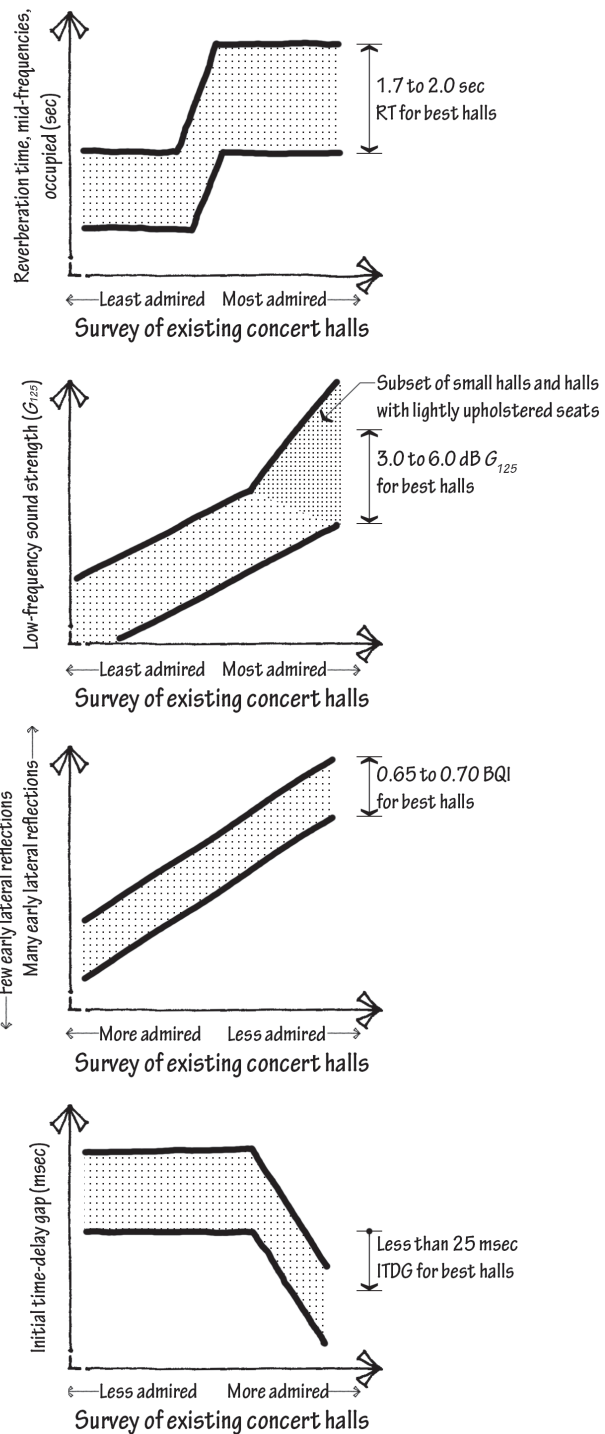
Adapted from L. Beranek, *Concert Halls and Opera Houses: Music, Acoustics, and Architecture*. Springer, 2004, pp. 504–529.

increase perceived loudness (and decrease the perceived distance to the source). In tests where subjects speak and their speech is played back to them in real time under varying acoustical conditions, loudness is the most important acoustical factor when estimating the size of the simulated room. Spaces with more loudness are judged to be more intimate. Lateral reflections also increase perceived loudness more than sound reflections coming from other directions.

In the design of rooms for unamplified music, minimizing the distance between performer and audience bolsters both clarity and loudness. A steeply raked seating plane provides unobstructed sightlines for clarity and may ameliorate the seat dip effect, but absorbs more sound (robbing loudness and reverberance). The use of massive materials simultaneously increases the sense of loudness, reverberance, and warmth. Smaller audience sizes, and therefore lower seat counts and more compact seating arrangements, are associated with increased reverberance, increased listener envelopment, and increased loudness (each of which is typically desired).

Each dot represents a measurement of a source and receiver configuration in one of 41 Portuguese churches built over 14 centuries. Each graph relates a metric to reverberation time measurements in the same room.

Because early decay time measures the first portion of the reverberance, it is highly correlated and positively correlated to reverberation time

Clarity is inversely correlated, and logarithmically related to reverberation time

Loudness is weakly correlated with reverberance

Adapted from A. Carvalho, "Objective Acoustical Analysis of Room Acoustic Measurements in Portuguese Catholic Churches," *Noise-Con*, May 1994.

Performance Venue Seats

On September 23, 1962, New York's Philharmonic Hall (since renamed Avery Fisher Hall) at Lincoln Center opened to great fanfare—and grave disappointment. The new home for the New York Philharmonic was anxiously anticipated; a six-year research effort involving visits to concert venues throughout the world, and interviews with newspaper music critics and the world's leading maestros served as the foundation for its acoustic design. The concert was broadcast throughout America as a two-hour live CBS special. The music critics' and musicians' responses were mixed at first, then harsher in the ensuing weeks. Many of those in architectural acoustics at the time still recall the press reaction to the room's sound with an uncanny immediacy. The hall's design was inspired by Boston's Symphony Hall, among the most respected venues built. So what went wrong? First, at 100 feet across (to Boston's 75 feet), the room was too wide to deliver sufficient early-arriving lateral reflections. House-left audience members may even hear side-wall echo from stage-right sources if the room is too wide. Second, the diffusion slated for the walls was taken out of the design as part of cost-cutting measures. Third, the contractors misread the drawings and positioned the suspended canopy six feet too low. Even with hindsight, it's difficult to know what the fatal blow was, but perhaps it was this: At the last minute, the client demanded that 2,760 seats be shoehorned into the room, which had been designed to seat 2,400. More seating area generally robs a room of reverberance, loudness, and warmth; this phenomenon is called the "large concert hall problem."

Unamplified music venues generally thirst for ever more reverberance, loudness, and warmth, so designers strive to limit the absorptance of room surfaces. This leaves the absorbent audience seating area with an outsized role as the only surface with a meaningful capacity to dampen sound energy. Limiting the seat count—or, more accurately, the seating area—is key. The best concert halls have smaller seat counts and/or more dense seating configurations.

So that warmth doesn't suffer, select seats that are not too absorbent in the low frequencies. So that the room environment during rehearsals most resembles the room environment during performances, specify chairs that have an unoccupied absorption profile similar to their occupied absorption profile. To achieve these objectives, chairs should be made of molded plywood with seat-bottom upholstery no thicker than two inches (this typically means no springs) and seat-back upholstery no thicker than one inch. The seat-back upholstery should cover as little of the surface as possible while still maintaining comfort. Don't cover the armrest or backside with soft surfaces, as that can make the audience plane too absorptive. Indeed, there is anecdotal evidence that just spraying the upholstery with a stain guard can measurably alter the seating plane's absorption profile. Absorption coefficient laboratory testing of the actual seats that will be used in a room is recommended.

Upholstery and occupancy status

	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	NRC

NRC
More sound
reflective

0.30   0.41   0.49   0.84   0.87   0.84   **0.65**

0.0

Students seated in tablet-arm chairs

(0.36)   (0.47)   0.57   0.62   0.62   0.60   **0.55**

Lightly upholstered, unoccupied seats (all absorption values are given per sq. ft.)

Thicker upholstery signifi-
cantly increases sound
absorption of unoccupied
seats

(0.54)   (0.62)   0.68   0.70   0.68   0.66   **0.65**

Medium-upholstered (per sq. ft.)

(0.70)   (0.76)   0.81   0.84   0.84   0.81   **0.80**

Heavily upholstered (per sq. ft.) - note the significant
increase in absorption with heavier upholstery

Occupied seats
absorb more

(0.57)   (0.61)   0.75   0.86   0.91   0.86   **0.80**

Wooden pews, fully occupied (per sq. ft.)

(0.51)   (0.64)   0.75   0.80   0.82   0.83   **0.75**

Lightly upholstered, occupied seats (per sq. ft.)

Level of upholstery thickness
makes less of a difference
when seats are occupied

(0.62)   (0.72)   0.80   0.83   0.84   0.85   **0.80**

Medium-upholstered (per sq. ft.)

(0.72)   (0.80)   0.86   0.89   0.90   0.90   **0.85**

Heavily upholstered (per sq. ft.)

1.0

More sound
absorptive

Seat density

	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz

NRC

		0.10	0.21	0.41	0.65	0.75	0.71

0.07 persons/sq.ft.
(0.72 persons/sq.m.)

		0.16	0.29	0.55	0.80	0.92	0.90

0.10 persons/sq.ft.
(1.04 persons/sq.m.)

		0.22	0.38	0.71	0.95	0.99	0.99

0.14 persons/sq.ft.
(1.52 persons/sq.m.)

		0.26	0.46	0.87	0.99	0.99	0.99

0.19 persons/sq.ft.
(2.00 persons/sq. m.)

Absorption values are per area of audience and not per person

Height = 3'

Length

Wall

The edges of each block of seats must be accounted for as absorbing surfaces

Note:
- Account for 3- high strip of exposed audience surface at aisles and front side facing the stage.
- Do not include the audience strip flush to the wall in calculations as the sound does not "see" that strip of audience
- Do not include the floor surface beneath audience block in calculations as the sound does not "see" the floor

Legend:

☐ Reflective at low frequency (for unamplified music) (<0.10)

⬭ Absorptive at low frequency (for amplified music, mech. noise, trans. noise) (>0.35)

<u>NRC</u>

More sound reflective

NRC

0.50

0.65

0.75

0.85

0.0   Area-weighted average absorption

Concert hall

Reverberant space

As audience is seated in a denser configuration, sound absorption increases across the frequency spectrum

Office

Effective absorber

1.0

More sound absorptive

ACOUSTIC DEFECTS

Acoustic Defects

Echo

Impulse response

Sound level (dB)

Time (msec)

Echo

Cause

Smooth surfaces

Long sound path and surfaces so sound arrives late and loud, returning an echo

Direct sound

Echo-producing rear wall

Solution

Shaped ceiling directs reflections to the audience so that they arrive soon after the direct sound

Rear wall treated with absorption or diffusion and broken up with a balcony

Troublesome large echo-producing rear wall height dimension is minimized

Flutter echo

Impulse response

Sound level (dB)

Time (msec)

Flutter echo

Cause

Long path between smooth parallel surfaces returns a small echo each time a reflection passes

Solution

Splay surfaces for non-parallel room geometry

Provide diffusion or absorption on a parallel surface

Sound focusing

Impulse response

Echo

Sound level (dB)

Time (msec)

Cause

Concave surface (arc rear wall, dome, etc)

Multiple reflections arrive simultaneously at a point of focus. The mind combines them into a single loud, late reflection: an echo.

Solution

Avoid concave surfaces; provide absorption or provide diffusion

Convex curve eliminates focusing

Acoustical creep

Impulse response

Amplification at specific locations through early reflections

Sound level (dB)

Time (msec)

Cause

Concave surface

Reflected sound rays leap-frog one another and creep along the surface of the curve

Multiple simultaneous reflections arrive at one listener location

Solution

Avoid concave surfaces; provide absorption or provide diffusion

Fabric-wrapped glass fiber absorbs most incident sound energy

Excessive Loudness

Impulse response

Sound level (dB) / Time (msec)

Cause

Sound-reflecting surfaces

Long mean free path between surfaces — Large geometric volume

Solution

Bass trap: absorption in corners particularly effective at low frequencies

Smaller volume reduces mean free path

$\bar{\alpha} < 0.20 \rightarrow$ Live room
$\bar{\alpha} > 0.30 \rightarrow$ To eliminate excessive loudness in a restaurant
$\bar{\alpha} > 0.50 \rightarrow$ To eliminate excessive loudness in an office (but does not provide speech privacy)

Any room for listening should be free of audible echo, flutter echo, sound focusing, sound creep, and excessive reverberance—and should be relatively free of tone coloration, acoustic shadowing, and room resonance. These acoustic defects are heavily rooted in source-path-receiver geometry and usually easily prevented or cured through proper surface shaping, surface positioning, addition of absorbing materials to a surface, and/or texturing of a surface for diffusion.

While often conflated, an *echo* differs from reverberance. An echo, always unwanted, is the noticeably audible repetition of the original sound, typically arriving after ricocheting off a first or second or third surface. Reverberance is the prolonging of sound through a multitude of room surface sound reflections arriving over a time window from many directions. Think of an echo as a reappearance, recurrence, or replication of the original sound, while reverberance is a continuation, protraction, prolongation, perpetuation, continuation, or extension of the original sound.

You hear *flutter echo* as the repetitive "wa-wa-wa-wa-wa," when clapping in a room or corridor with two parallel walls. Canting or splaying one of the walls by at least five degrees (so they are no longer parallel), applying absorption to one of the walls, or texturing one of the walls for diffusion remedies the problem.

Eschew concave-curved surfaces, whether on the rear wall of a theater or the dome of a lobby that will hold music performances.

Resonance

Frequency content

Sound level (dB) — Frequency (Hz)

Excessive sound level at one frequency in one location in the room

Sound level (dB) — Frequency (Hz)

Dearth of sound level at one frequency in another location in the room

Cause

Room dimension equal to multiple of half-wave length dimension

Loud spot

"Null" quiet spot

Small room with parallel, sound-reflecting surfaces and a low-frequency sound source (recording studio, music practice room, etc)

Pressure

Loud spot

Null: neutral sound pressure

Source sound wave: wavelength of specific frequency that happens to be equal to room dimension

Standing wave: sum of multiple in-phase reflections

Solution

Splay surfaces in plan or section so they are not parallel

Provide absorption on at least one face of a parallel surface to limit strength of the reflection

Reflective curves like these *focus* sound the way a curved mirror or lens focuses light. The multiple reflections arrive at the focal point simultaneously, an echo is heard, and the areas not in the focal point fail to get reflections, generating acoustical dead spots. The simultaneously arriving reflections from a curved surface can produce a reflection louder than even the direct sound.

That said, the Albert Theater in Chicago *intentionally* promotes sound-focusing for room acoustics. In an effort to bring early reflections to the middle column of seats farthest from the walls, a convex-curved ceiling element is oriented to focus sound to the center of the room. The designers believe this makes up for some of the side-wall reflections that are mostly absorbed by the time they reach the inboard seats.

Sound *creep* produces the whispering galleries of old domed government buildings, where even quiet speech can be heard at a great distance (provided both the listeners and speakers are standing just so). Again, sound-reflective concave curves are to blame. Sound rays leapfrog one another, crisscrossing paths along the chords of the arc, and converge on the other side, where those early-arriving reflections heighten loudness and intelligibility. This is not a sign of excellent acoustics as volunteer docents might claim, but rather an unwanted effect, peculiar to only a few spots in a room, that is better left to children's science museums.

Excessive reverberance muddles speech, and *excessive loudness* can elevate the sound level in an elementary school cafeteria to values that, were people exposed for more of the day, might damage human hearing. Each of these defects is caused by surfaces that are too reflective, and each is remedied by the addition of absorption.

If a room element or surface obscures another area, we say the receiver locations affected lie in the *acoustical shadow* of the source. In auditoria, shadowing is most associated with overly deep balconies that block sound reflections from a portion of the solid subtended angle of view.

Low-frequency spatial peculiarities like *resonance* are difficult to precisely predict, but they can be rendered less likely to occur through proper design. In one American semi-enclosed amphitheater, the mixing board location happens to be within the audience at a 50-Hz null location. Sound engineers working shows boost the amplified bass unnecessarily because they can't hear much of the 50-Hz energy. No matter how adamantly the venue staff warns them, touring engineers rely on their ears (their ears got them where they are in their careers), thus exposing the rest of the audience to excessive bass content that only the engineers can't hear. Low-frequency sound wavelengths have dimensions on the order of the dimensions of a room, so at those tones, standing waves and phase cancellations may form. As the waves bounce back and forth along the same path, tracing and retracing, high sound pressure (at a particular frequency) builds up in some locations, while nulls with pressures equal to the atmospheric pressure appear in other spots. Resonance presents particular problems in small rooms for music that have sound-reflective parallel walls (for instance, in music practice rooms). The frequencies affected vary with the distances between room walls, but playing a pure tone on the order of 100 Hz might reveal spots in the room that are unusually loud, and other spots (sometimes only two feet from the loudspeaker source) where the sound seems to disappear.

As with loudness, our understanding of a sound's frequency is a function of the direct sound *and* the blending of the direct and reflected sound. When the reflected sound's frequency content doesn't match the original sound, the room's *timbre* may shift, triggering tone coloration. The effect is typically subtle, but when it happens in rooms for music listening, the consequences are

meaningful. Tone coloration can be triggered by resonance that heightens or kills certain frequencies in particular positions. Selective absorption by an abundantly used building material can cause timbre shift, as might be the case if gypsum board, nailed to joists and studs, acts as a panel absorber on a narrow frequency band. Seat dip effect can color the tone, as can the widespread use of similarly sized reflectors or diffusers.

PERFORMANCE VENUES

Room Acoustics History

Monks wrote their medieval liturgical music, with its hardly intelligible Gregorian chanting, specifically for the reverberant cathedrals of a millennium ago. Highly articulated song would have been lost in the cavernous stone spaces. Likewise, traditional West African music, with its loud instruments and intricate rhythms, was responsive to its own outdoor (almost anechoic) environment. Bach composed his fast-tempo contrapuntal work, with two or more simultaneous intertwining melodies (sometimes changing keys), for the less reverberant (but still hard-surfaced) ducal chapels and chamber orchestras. One hundred and fifty years later, Wagner wrote some of his operas specifically for performance in his Festspielhaus, and Berlioz did the same for Paris's Les Invalides. Others of the romantic period—Schubert, Mendelssohn, Brahms, Tchaikovsky, Strauss, Ravel, and DeBussy—responded to the changing mores of the age (no more shouting during performances) with pieces that featured greater dynamic range (loud *and* quiet passages). They reacted to the larger contemporary halls, dedicated to concerts and more reverberant, with work that was more textural than intricate. More recently, punk rock bands established concise rhythms, responding to the less reverberant and more amplified clubs that hosted them; arena bands composed medium-speed rock ballads, adapting to the noxious combination of heavy amplification and sports stadiums standing in as performance halls. Most musicians allowed their work to diverge in two distinct streams, one for live performance and another for digital recording. This was one thread of the history of musical and theatrical performance—music composition in service of the rooms of an epoch.

The opposite happened too. The music adapted to the architecture, but also the architecture adapted to the music. Not only did Wagner write music for his opera house, but he intentionally designed his opera house with a larger orchestra pit to allow for more and bigger (low-frequency) instruments. Patrons built the large concert halls of the mid-1800s to best feature the work of the classical period, from a century prior. Cinemas evolved from hard-surfaced theaters with stages and balconies to soft-surfaced neutral spaces—better to control sound reflections and reverberance with electronics than to cede the onus to the room's quirks.

The most highly regarded performance venues were completed around the year 1900. A fair question is: What other field deeply rooted in empiricism and physics peaked more than a century ago? An accounting follows.

Lightweight construction	We design buildings, including performance venues, to be lighter today. What once would have been masonry may now be gypsum board. Massive materials, like masonry, reflect considerably more low-frequency sound energy.
Long spans	Steel trusses now allow long spans and wider room width. Rooms that once would have been limited by the spanning capacity of timbers may now be much wider. Narrow rooms allow for better spatial impression, loudness, and intimacy.
Architectural minimalism	Modernism ushered in a wholesale rejection of ornament. What once would have been ornate and sound-diffusing may now be stark and prone to specular sound reflections and "acoustical glare."
Background noise	Mechanical systems (air conditioning) and urban cacophony (car alarms) have proliferated, while digital recording has raised expectations for intense quiet between notes.
Large seats	Changing expectations of comfort have ballooned audience seat size. Two thousand seats now create a larger area of absorption than seating once did, depleting both loudness and reverberance. Orchestras demand more space too, compounding the problem.
Revenue generation	Monarchs once supported the performing arts, so ticket sales didn't drive design decisions. Now typically performances are more responsible for funding themselves, so what once would have been a 1,500-seat venue may now be a 2,700-seat venue, diminishing loudness correspondingly.
Democracy	The use of balconies, once common as a means of separating the aristocracy above from commoners below, was seen as anachronistic. Balconies were swapped for one-level fan-shaped plans, which appeared to better promote egalitarian values. This drained the room of early lateral sound reflections and therefore sapped the room of spatial impression.
Multi-use	The financial pressure to create revenue and limit expenses led to the proliferation of multi-use halls, with large symphonies, small ensembles, theater, opera, comedy, lectures, and conventions using the same space. The compromises necessary to keep the room viable for each of these uses doomed the room to an existence not properly suited for any of them.
Geometry	After the discovery of the reverberation time equation, but before more was known about the precedence effect and the importance of spatial impression, some designers thought that Sabine's equation had "solved" acoustic design for auditoria. They speculated that any room shape could be utilized, provided its total room volume and total absorption situated it in the range of appropriate reverberation times.
Survival bias	When a beloved hall catches fire, is bombed in war, suffers a partial collapse during an earthquake, catches the eye of a residential developer, or is found to be riddled with asbestos, the community rallies to save it. When a rotten hall is threatened or partially destroyed, it is removed without notice. Thus, surviving older halls are more likely to be high performers. This is the case with New York's Carnegie Hall, whose reputation for excellent acoustics spared it demolition.
Amplification	The room requirements to support electronic amplification, which thrives on short reverberation times, run counter to the requirements to support unamplified performance, which thrives on longer reverberation times.
Performance quality	A room's reputation for acoustics is impacted by the quality of the orchestra that plays there. In this way, homes for excellent orchestras acquire an advantage, and many of the venues that house venerated symphonies are older.
Give it time	With clear-eyed recognition of the forces listed here, and an ever-expanding library of empirical findings in the field, many believe we live in another age of great performance space design. These newer rooms, however, must age before they are evaluated historically.
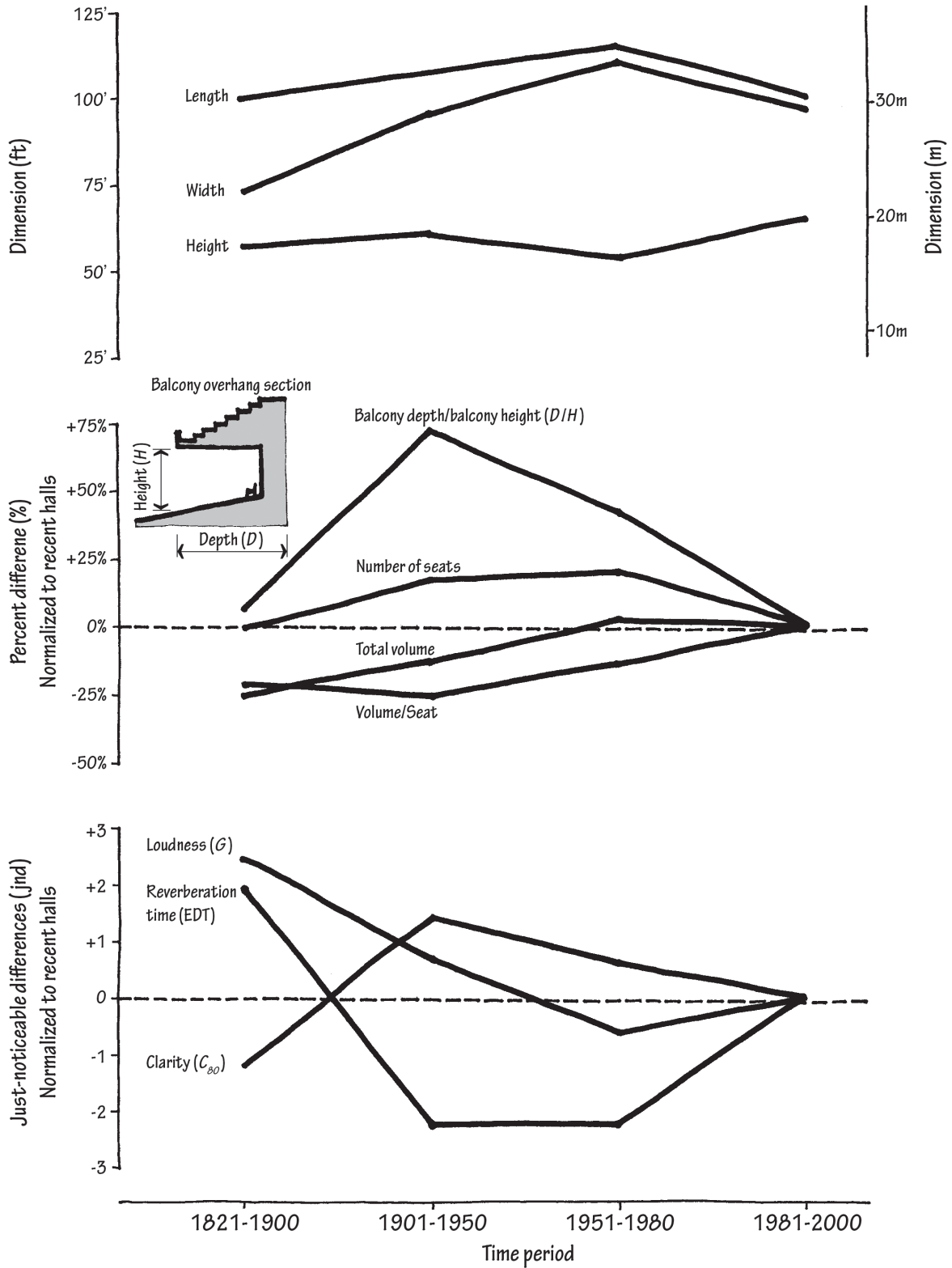
Adapted from Y. Kwona and G. Siebein, "Chronological Analysis of Architectural and Acoustical Indices in Music Performance Halls," *Journal of the Acoustical Society of America*, May 2007.

Performance Venues to Visit

Copenhagen, Denmark
Danish Radio Concert Hall
Copenhagen, Denmark
DR Koncerthuset
Berlin, Germany
Konzerthaus Berlin
Berlin Philharmonie
Prague, Czech Republic
Smetana Hall
Vienna, Austria
Grosser Musikvereinssaal
Gläserner Saal
Moscow, Russia
Moscow Conservatory Hall

Oslo, Norway
Oslo Opera House
Copenhagen, Denmark
Royal Danish Playhouse
Amsterdam, The Netherlands
Concertgebouw
Brussels, Belgium
Palais des Beaux-Arts
Paris, France
Théâtre des Champs-Elysées
Gateshead, England
Sage Gateshead Concert Hall
Birmingham, England
Symphony Hall
Cardiff, Wales
St. David's Hall
Lenox, USA
Seiji Ozawa Hall
Bristol, USA
Colston Hall
New York, USA
Carnegie Hall
Baltimore, USA
Meyerhoff Symphony Hall

Vicenza, Italy
Teatro Olimpico
Milan, Italy
Teatro alla Scala
Lucerne, Switzerland
KKL Lucerne
Zurich, Switzerland
Tonhalle
Basel, Switzerland
Stadt-Casino
Singapore, Malaysia
Dhoby Ghaut Green
Amphitheatre

Tokyo, Japan
TOC Concert Hall
Suntory Hall
Bunka Kaikan
Nara, Japan
Nara Centennial Hall
Guangzhou, China
Guangzhou Opera House
Sydney, Australia
Sydney Opera House

Toronto, Canada
Koerner Hall
Calgary, Canada
Jack Singer Concert Hall
Boston, USA
Symphony Hall
Worcester, USA
Mechanics Hall
Salt Lake City, USA
Abravanel Hall
Los Angeles, USA
Disney Concert Hall
Costa Mesa, USA
Segerstrom Hall
Colorado, USA
Red Rocks Amphitheater
in Morrison
Chicago, USA
Jay Pritzker Pavilion
Amphitheater
Dallas, USA
Meyerson Symphony Center
Wyly Theatre

San Paulo, Brazil
Sala San Paulo
Buenos Aires, Argentina
Teatro Colón

NOTE

This list includes performance spaces recognized for their architecture, acoustics, and/or historical significance.

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DESIGN CHECKLISTS

Rooms for Unamplified Music Performance Checklist

When making rooms for music, designers should prioritize (1) absence of background noise, (2) absence of echo and other acoustic defects, (3) appropriate reverberance, (4) sufficient loudness, (5) enhanced spatial impression, (6) robust warmth, and (7) limited seat count. The most consistent performers are rectangular rooms with shoebox proportions, although other, more experimental, forms have also done well. The best halls prioritize strong, low-frequency, early-arriving lateral sound reflections.

Room Shaping

1. Include the musicians and audience in the same geometric volume. Avoid the kind of outcroppings that occur with deep under-balcony spaces and spatially distinct stage areas. (Loudness, spatial impression)
2. Define a room geometry to bring strong early sound reflections to the audience. (Loudness, clarity)
3. Shape the room to deliver lateral reflections from the side walls or, in the case of a vineyard arrangement, terrace walls. (Spatial impression)
4. Limit the width of the room so first-order lateral sound reflections arrive early to the seated audience. For rectangular rooms, widths generally shouldn't exceed 90 feet. (Loudness, spatial impression, clarity, intimacy, absence of acoustic defects)
5. Limit the audience size. Take special care designing rooms with more than 2,000 seats to ensure proper loudness. In rooms with more than 2,600 seats there is likely not enough sound energy to reach everyone. The most respected halls average 1,850 seats in capacity. (Loudness, intimacy)
6. Limit the length of the room. Get as many people as close to the source as reasonable. Position seats no farther than 100 feet from the stage on the main level, and no farther than 130 feet to the farthest balcony seat. (Loudness, intimacy)
7. Utilize balconies. They bring the listeners closer. In the case of side balconies, they direct sound otherwise destined for the ceiling back toward the main-level audience block. Limit side balconies to one or two rows of seats, because deeper side balconies often cannot provide clear stage sightlines for the third or fourth row. (Loudness, spatial impression)
8. Size the room to achieve the appropriate reverberation time. Because the width and length of the room are limited by other acoustic considerations, often the ceiling height must be adjusted to ensure proper room volume. For unamplified music rooms, plan on employing high ceilings. Several of the most respected concert halls have height-to-width ratios greater than 0.7. (Reverberance)
9. Limit absorption in the room, outside of that brought by the absorptance of audience and performers. (Reverberance, loudness, warmth)
10. Shape the sending end to provide beneficial reflections and increase directivity. This should happen in both plan and section. (Loudness, clarity)
11. Rake the seating plane. Because the ears sit at about the same level on the head as the eyes, a clear line of sight to the source also ensures direct sound access. Use stepped seating for rooms with more than 100 people. Know that too-steeply-raked seating absorbs more of the direct sound because the source "sees" more of the absorptive seating plane. (Loudness, reverberance)
12. Treat the rear wall. It is the most likely source of echo, and should therefore be minimized in height with balconies, diffusion, or sloped ceilings. (Absence of acoustic defects)

13. Avoid concave curves. Domes and other concave curved surfaces produce sound creep and sound focusing. (Absence of acoustic defects)
14. Consider the overhead plane. This might involve shaping the ceiling or hanging a suspended sound-reflective canopy. Overhead reflections are important for loudness, but the high ceiling height needed for proper reverberance may delay first-order ceiling reflections such that they come after the 80 millisecond threshold required for integration with the direct sound. These reflections are useful both for audience *and* musicians on stage, who need to hear one another. A suspended canopy over the stage and first rows of the audience can simultaneously allow for a high ceiling and early overhead sound reflections. The importance of a canopy is not universally accepted in the field, and there is some debate as to its usefulness. (Loudness, reverberance)
15. Vary the sizes of reflecting surfaces. Large surfaces are needed to reflect low-frequency sound. (Warmth, diffusion)

Surfaces

1. Design the audience plane with acoustics in mind. Reverberation and loudness requirements often dictate that the only meaningful absorbing surfaces in a room for music are the seats and the people who occupy them. Note that seats and absorption coefficients vary considerably from one upholstered condition and seating configuration to another. Seating densities should fall between 6.5 and 9.0 square feet per person, and seats that excessively absorb bass should be avoided. (Loudness, reverberance, warmth)
2. Reflect low-frequency sound. Specify smooth, high-mass reflecting surfaces, flush-mounted and absent air spaces. Use plaster (minimum one inch thick), painted concrete block, or poured concrete for side-wall construction. Wood, wood veneers, and lightweight stud assemblies are notorious for disproportionally absorbing low-frequency sound and robbing a room of bass response. (Warmth)
3. Detail for surface irregularities. Convex curves, pyramids, coffers, canted and angled surfaces, protruding pilasters, piers, and other craggy surfaces with varying dimensions generate diffuse reflections. Diffusion protects against echo, flutter echo, creep, sound focusing, and "acoustical glare" associated with flat surfaces. It is especially helpful near the sending (stage) end and on surfaces, such as rear walls, that are most likely to create echo problems. The relative importance of diffusing surfaces is not universally agreed upon in the field. (Diffusion)
4. Provide for variable acoustics. Retractable sound-absorbing banners or curtains allow for a wider range of reverberation times, and therefore a wider range of performance types. Curtains are also helpful in simulating the reverberance of a full hall during a rehearsal with unoccupied audience seats. (Reverberance)

General

1. Limit background noise. Specify quiet air-conditioning systems, and locate machinery far from the performance space. Design vestibules as sound and light locks separating lobbies, loading docks, backstage areas, and other ancillary spaces from the performance room. Background noise from outdoor sources should be inaudible. (Loudness, clarity, absence of acoustic defects)
2. Consider subtle electronic sound reinforcement. (Loudness, reverberance)

Other Types of Rooms Checklist

When designing any acoustically sensitive space, many of the rules established for unamplified music halls still apply. Ensure an absence of acoustic defects like excessive background noise and

echo, maximize early sound reflections, and ensure appropriate reverberation times. What follows is a list of other important priorities for specific room types.

Opera Houses

1. Use architecture to help maintain the balance of orchestra and vocalist. Opera struggles to keep the many instruments of the pit from overwhelming a lone voice on the stage.
2. Right-size the reverberance. Because of its reliance on both symphonic music and tongue-twisting librettos, opera performance demands more reverberance than a theater, but less reverberance than a symphony hall. Appropriate reverberation times range between 1.2 seconds and 1.8 seconds (mid-frequency, unoccupied). When opera is performed in the language of the audience, as is often the case in Europe, the lower end of that range allows for more intelligibility of the vocal content and story dialog. In other places, where the audience typically doesn't understand what is sung, the higher end of that range is more appropriate.
3. Provide lateral sound reflections. Researchers find spatial impression to be vitally important to opera as well.
4. Allow for deep stages with tall fly towers (at least 1.5 times the proscenium height). Limit the seat count; the farthest seats should be no more than 100 feet from the stage and no wider than the line 30 degrees splayed from the near edge of the proscenium opening.

Theaters

1. Provide clear sightlines to the stage and limit the distance to the farthest seat. This may necessitate steep audience seating rakes that absorb wanted sound.
2. Design buffer zones (storage rooms, corridors, etc.) between the theater house and noisy spaces such as the wood shop, loading dock, exterior areas, bathrooms, lobbies, and mechanical rooms.
3. Shape the ceiling and walls to provide strong early sound reflections—and prohibit strong late sound reflections.
4. Recognize that theater lighting will occupy much of the ceiling surface that would otherwise be used for overhead sound reflections. Also, the stage house fly loft will reroute much of the sound energy intended for the audience to a death above the stage.
5. Allow space in the ceiling for a central cluster loudspeaker system above, and slightly in front of, the stage.

Multipurpose Spaces

1. Know that it is generally impossible to achieve excellent acoustics for music and speech when both are performed in the same room. (Think of a single stadium used for two sports.) Multipurpose spaces include the infamous "cafetoriums" in schools; the divisible halls in hotel conference centers that house banquets, meetings, and dances; and the medium-sized-city multipurpose auditoria intended to host every imaginable type of performance from dance to opera to Broadway musical to stand-up comedy. Music requires reverberation times on the order of two seconds, and speech calls for reverberation times less than half that.
2. Consider an adjustable acoustic environment to bridge the yawning range of appropriate reverberation times needed for the venue's different uses. This could include kinetic absorptive surfaces, such as panels that slide and flip, or curtains/banners that deploy and retract.

Lecture Halls

1. Design fan-shaped rooms to bring the audience closer to the stage (less than 125-degree angle), or rectilinear rooms to promote lateral reflections and keep the audience in clear view of the screen at the front of the room.
2. Splay the surfaces near the sending end (ceiling and at least one wall) so that the opposite sides are nonparallel and less likely to build up flutter echo.
3. Position absorptive materials on the back wall and the upper-rear portions of the side walls as needed to optimize reverberation time. This has the added advantage of absorbing what might otherwise be echo reflections, while allowing the surfaces most likely to deliver early-arriving first-order reflections to remain sound reflective.
4. Rake the audience at least 7 degrees, and put the source on a raised stage to maintain clear lines of sight and direct sound.
5. Keep the ceiling sound-reflective and low enough so that the room volume is between 80 and 150 cubic feet per seat.
6. Know that speech is not audible more than 35 feet from the source without careful acoustic design or amplification. Rooms with more than 100 seats should have electronic sound reinforcement.
7. Use automatic door closers without latches to minimize the disruption by latecomers.

School Classrooms

1. Install sound-absorbing material equal in area to approximately the floor area. This does not all have to be on the ceiling.
2. Ensure sound-reflecting surfaces in the middle of the ceiling and the wall surfaces nearest to the source to provide beneficial early first-order reflections.
3. Run walls from structural deck below all the way to structural deck above. Avoid partial-height walls separating classrooms.
4. Locate the mechanical room as far as possible from the quiet learning spaces. Use ducted air-handling units from remote locations.

Conference Rooms

1. Detail the ceiling over the table so that it is sound reflective.
2. Limit the ceiling height over the table to less than ten feet.

Worship Spaces

1. Identify the music-speech balance. Worship services often include a measure of both speech and music, but the weighting between the two varies across congregations. Organ requires very long reverberation times; music requires long reverberation times; and speech requires short reverberation times. Added reverberance may also save the congregant from a feeling of "singing alone" during group chants or "speaking alone" during group prayers and responsive readings.
2. Design a space with a long reverberation time for music and an excellent amplification system for speech in cases where neither speech nor music dominates the service.
3. Size rooms to be 180 to 300 cubic feet per person if speech dominates the service, and 200 to 400 cubic feet per person if music dominates.
4. If music dominates, use a rectilinear plan or other configuration that promotes lateral reflections.
5. Elevate the person speaking. If the ceiling is high, suspend a sound-reflective canopy to help direct early reflections to the congregants.

6. Maintain a singular room volume. Avoid deep balconies, convoluted room shapes with deep occupied alcoves, concave surfaces, and deep recesses for organs.
7. Use automatic door closers without latches to minimize the disruption of latecomers.

Amphitheaters
1. Recognize that without drastic measures (i.e., burying a busy rail line, relocating an industrial plant, or moving a roadway), some sites are just too noisy to locate an amphitheater, period.
2. Angle band shell surfaces and outbuildings to bring early-arriving first-order sound reflections to the front of the audience.
3. Use amplification when the audience is large or the site is noisy. This may require an array of many loudspeakers suspended high above the ground throughout the audience. So that listeners adjacent to the loudspeaker aren't blown away, and listeners remote from the loudspeakers can still hear, make the far-throw distance of each loudspeaker no more than double the near-throw distance.
4. Put loudspeakers on a delay so that the direct sound from the source on stage arrives before the amplified sound from the loudspeaker.
5. Examine the geometry of the site for large building surfaces positioned so that they might deliver unwanted late-arriving echoes.

Night Clubs and Small Rock Music Venues
1. Maintain a "flat" reverberation time, one that doesn't rise in the 63-Hz and 125-Hz octave bands, as many rooms for music do. This takes work because standing audience members absorb five times more in the mid- and high octave bands than the low octave bands, so measured empty-room reverberation times must dip down in the low frequencies to account for the audience impact.
2. Keep reverberation times low. For room volumes ranging from 30,000 to 200,000 cubic feet, reverberation times should lie between 0.6 and 1.2 seconds. Reviewers judge the best halls as "crisp" (least reverberant), and the least-liked rooms generally are described as "boomy" (most reverberant).
3. When adding digital reverberance to an amplified track, use a filter to target only the mid- and high frequency so bass beats don't sound smeared.

Cinemas
1. Place sound absorption on virtually every surface except the floor.
2. Isolate one cinema from the adjacent cinema with minimum STC 65 barriers (see the following chapter, "Noise Control").

Recording Studios
1. Achieve very low reverberation times. This requires ample absorption on most surfaces.
2. Avoid room resonance. Small rooms with parallel sound-reflective walls produce standing waves, so if a surface is sound reflective, splay, apply diffusion, or apply absorption on the opposite surface. This includes the floor-ceiling surfaces.
3. Maintain excellent noise isolation, both from the inside to out, and from the outside to in. The audible conversation in the hallway can ruin the recording track, and the rock band recording this morning can ruin relations with the neighbors.
4. Start big. The sound isolation and absorption measures will eat up considerable room height; the room's raw floor-to-ceiling height should be at least 13 feet tall before finishes are added.

SOUND SYSTEM DESIGN

Electronic Sound Reinforcement

The author, attending a sporting event in a new stadium, was perplexed. The arena was less than half full, and the fans around me appeared placid, yet the fan noise was electric. I can only speculate that the audience noise was either picked up by microphones in other seating sections and amplified to mine or—like a sitcom laugh track—recorded elsewhere from some other location at an earlier time and piped in. Yet the enthusiastic crowd noise didn't *sound* amplified. It lacked the distant, tinny, echo-y character endemic to stadiums, and instead sounded immediate, proximate, and ambient. Such is the state of contemporary electronic sound reinforcement. If it's done correctly, it's difficult to detect the presence of the loudspeaker system at all.

Often loudspeakers are exposed, in plain sight, but you too have likely been unknowingly in the presence of amplified sound from hidden equipment. Masking noise commonly plays over hidden speakers in open-plan offices to preserve some of the privacy of conversations; loudspeakers amplify speech in lecture rooms; and digital reverberance radiates from hidden equipment, enhancing the extant reverberance in rooms for music. This is despite the criticism of purists who deride amplification as ersatz or saccharine.

Effective amplification systems preserve localization, the listeners' sense that the sound they're hearing is approaching from the original source, rather than approaching from the nearest loudspeaker. This typically necessitates loudspeakers in the vertical plane above the source, with the amplified sound arriving to the ear after the direct sound, and amplifiers set not-too-loud. It is common, but misguided, to design two separate loudspeaker groupings, one to each side of the source, to achieve a "stereo" effect. This destroys localization. Because one's ears are on either side of the head, the human auditory system is better at locating sound in the horizontal plane than in the vertical plane. For this reason, amplified sound arriving from the vertical plane common to the source is more easily recognized as emanating from the direction of the source. For tall rooms this translates to central cluster loudspeaker groupings high above the middle of the stage, 20 to 40 feet above, and slightly in front of the source. Amplified sound arrives after the direct sound because it's traveled farther. Because it doesn't come from either side, the system maintains proper localization. (Electronic reverberation systems and other digital effects may require loudspeakers in multiple locations throughout a room.) In long, low rooms, a single cluster fails to bring appropriate sound levels to both the front and back of the room simultaneously. Alternately, many smaller loudspeakers may be integrated into the seatback in front of each row of listeners. For those spaces, a loudspeaker array with digitally delayed signals allows the amplified sound to arrive after the direct sound.

In amplified spaces, aim the loudspeakers to fully cover the audience, but not so close to the edges that sound spills over to the walls and other non-audience surfaces of the room. (Loudspeakers have narrow directivity in higher frequencies, and approach omni-directionality with decreasing frequency.) When amplified sound reflects off room surfaces, it becomes muddled. Besides, if reverberance is required, it can be added electronically, baked into the signal upstream of the loudspeaker rather than delivered by the room. For this reason, amplified spaces require much shorter reverberation times and more absorbent room surfaces.

To prevent screeching feedback, aim loudspeakers so they don't point to microphones. This can be difficult if the source is a roamer, as with a stand-up comedian who walks the aisles interacting with the audience. Don't run microphone, loudspeaker, and amplifier cables in the same conduit

or very close together, as the electromagnetism of one may interfere with the signal of the other, again causing signal distortion.

Finally, the technicians who mix and signal shape (with an equalizer) in real time during a show require an environment that sounds like the room they're mixing for, and it is best to locate them in the room itself. It's part art and part science; the sound engineers can best hear and react to the effects of the sound equipment if they are within the same space as the audience. Sacrifice some audience seats (50 square feet or more) for a remote mixing station in the house, which will typically communicate to a semi-enclosed sound booth in the back of the house, behind the last row of seats on one or more of the levels. (Do not locate the remote mixing station exactly at house-center because, in symmetrical rooms, that is a location rife with phase cancelation, room modes, and acoustic resonance peculiarities. Better to be just outside the center line of the room, about two-thirds of the way back on the main level.)

To determine the maximum distance between loudspeaker and listener

$$d \cong 0.1\sqrt{\frac{QV}{T}}$$

Where d is the maximum loudspeaker-to-listener distance in feet
Q is the loudspeaker directivity (narrow beam spread loudspeakers have values approaching 15, and speakers with wider coverage approach Q values of 2)
V is the room volume in cubic feet
T is the reverberation time in seconds
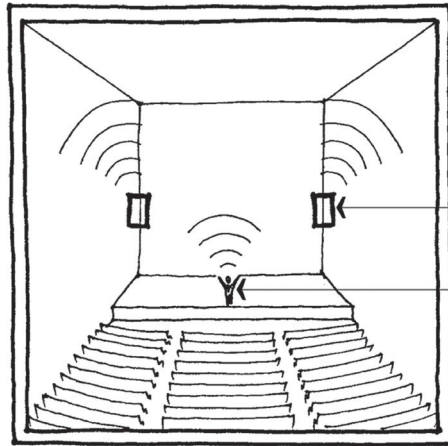
Loudspeakers at either side of the source create difficulties aurally localizing the source

Source

Poor

Central cluster of loudspeakers directed at audience better preserves localization of the source

Better

> 2 x r

If sound level is amplified to an appropriate level for the farthest row, it will be too loud for the row closest to the loudspeaker

If sound level is amplified for the closest row, it will be too quiet for the farthest row

Poor

Central cluster loudspeakers

Loudspeaker washes stage (microphone feedback)

Loudspeaker coverage areas wash walls and ceiling (uncontrolled surface reflections)

Loudspeaker coverage areas overlap

Poor

Sufficient height required to make loudspeaker geometry work

< 2 x r

Loudspeakers cover audience areas only and do not overlap

Better

Poor
Central cluster loudspeaker

Ceiling is too low for effective central cluster

Loudspeaker

t =8ms

In this configuration, localization of the source is preserved because the amplified sound arrives later than the direct sound

t =16ms

This scheme is flawed because in order to reach an appropriate sound level for the back row, the loudspeaker must be set at a level far too loud for the front

$>> 2d$

d

t =40ms

t =56ms

Poor
Distributed array loudspeakers

In this configuration the far throw of each loudspeaker in the array is no more than twice the distance of the near throw, so the sound level from the speakers is somewhat even throughout the room

$< 2d$

d

This scheme is flawed because the first (and likely the loudest) wave arrives from the loudspeaker instead of the source. Localization of the source is lost amidst an image shift and the visual and aural "sources" are mismatched.

Sources' sound arrives much later than loudspeakers' sound

(This configuration is acceptable when directional realism is not critical or when source location varies)

Better
Distributed array loudspeakers with a delay

This configuration solves both the sound level and localization problems

$< 1.4 \times (H\text{-}4 \text{ ft})$

$H < 20 \text{ ft}$

Sound radiating from the speakers is delayed until after the direct sound has passed

The source's sound arrives first at the listener, and the amplified reproduction arrives after

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NOISE CONTROL

SOUND ISOLATION PRINCIPLES

Apartment Layout Graphic Quiz

From an acoustical point of view, how might this apartment be improved? (The answer can be found later in the chapter.)
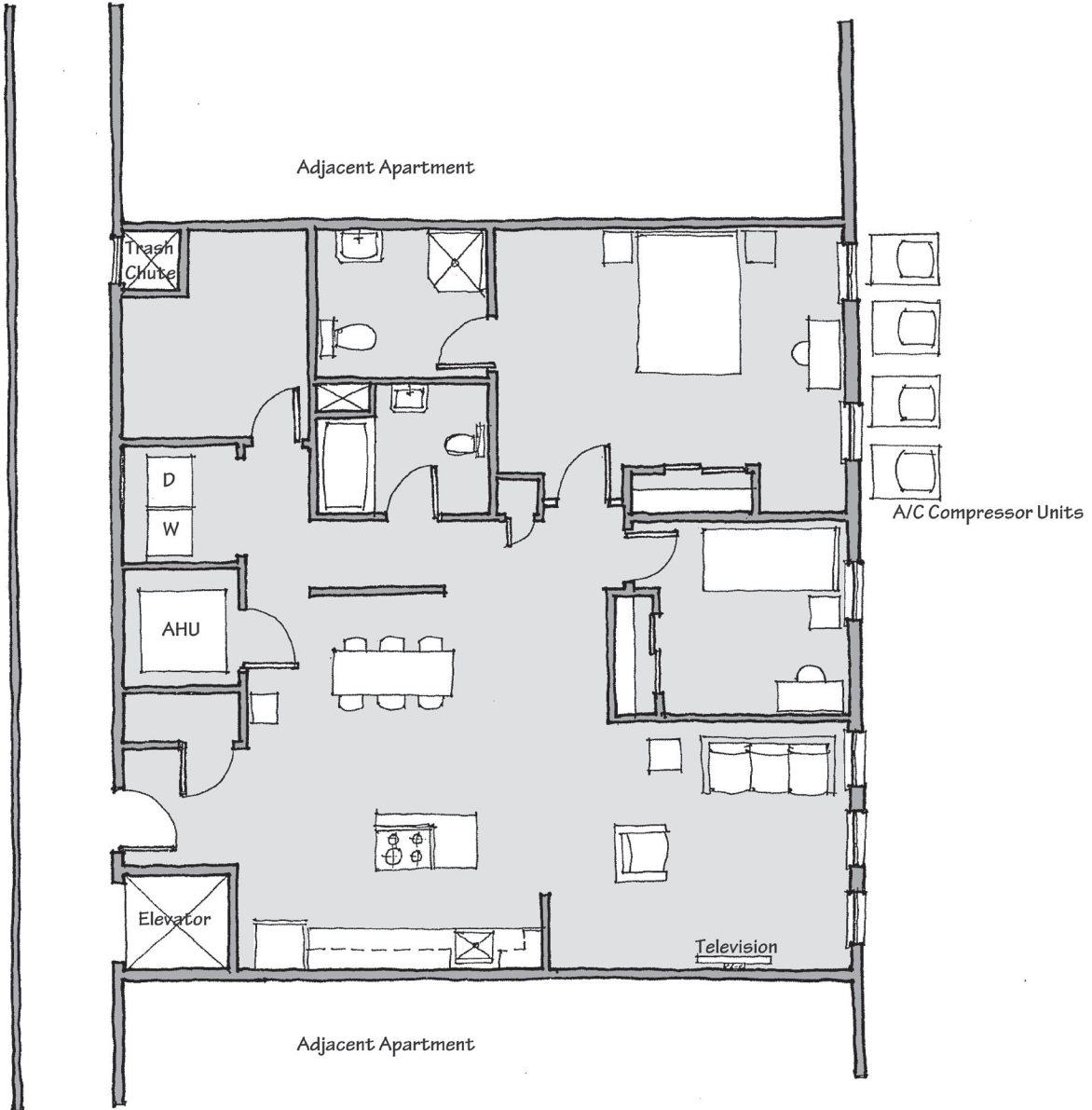
Flanking

We'll begin our discussion of sound isolation not with the barrier, but with the hole in it. Keeping sound out is like keeping water out. Performance at the *weakest* point, not the average performance, governs the overall effectiveness of an assembly; therefore, a small leak can render an entire barrier feeble. Only careful detailing and construction supervision combats this "flanking" through the short-circuiting path. The most common and troublesome flanking paths involve:

1. Partitions that extend above an acoustical tile ceiling, but not all the way to the structural deck above
2. Spaces in the joint where the floor meets the wall in wood construction
3. Back-to-back penetrations on either side of a barrier for outlets, built-in cabinets, etc.
4. Unsealed penetrations through walls and floors for ducts, pipes, and conduit
5. Ducts that connect one room to an adjacent room with short, straight runs
6. Doors and windows, which, for sound isolation, are generally more important than the walls they nest in

Electrical outlets facing opposite units should not occupy the same inter-stud wall cavity; niches for bookshelves or fire extinguishers should be located on walls that separate less-sensitive adjacencies; cabinets and medicine cabinets should not be designed back-to-back; conduit, pipes, ducts, and other penetrations should avoid passing through to quiet rooms, and when they do, the wall should be sealed at the penetrations. Generous quantities of caulk should be used, particularly where walls meet the subfloor and ceiling. Designers beware: Published acoustics performance data, while helpful in making comparisons, is only a description of the performance of the wall or floor-ceiling assembly absent flanking. It does not account for small seams or installation quirks, better considered with a whole-system-thinking approach marked by attention to transitions, detailing, and construction supervision.

While small unforeseen and obscured holes in walls impair noise isolation efforts, walls designed to only partially obscure a noisy room cripple noise isolation efforts. As a rule, if two spaces share air, they share a common acoustic environment. Open-plan offices, ajar doors, open windows, open mezzanines, and rooms that flow into one another in plan or section provide little meaningful acoustic separation, regardless of the robustness of the partial barrier.

Flanking Graphic Checklist
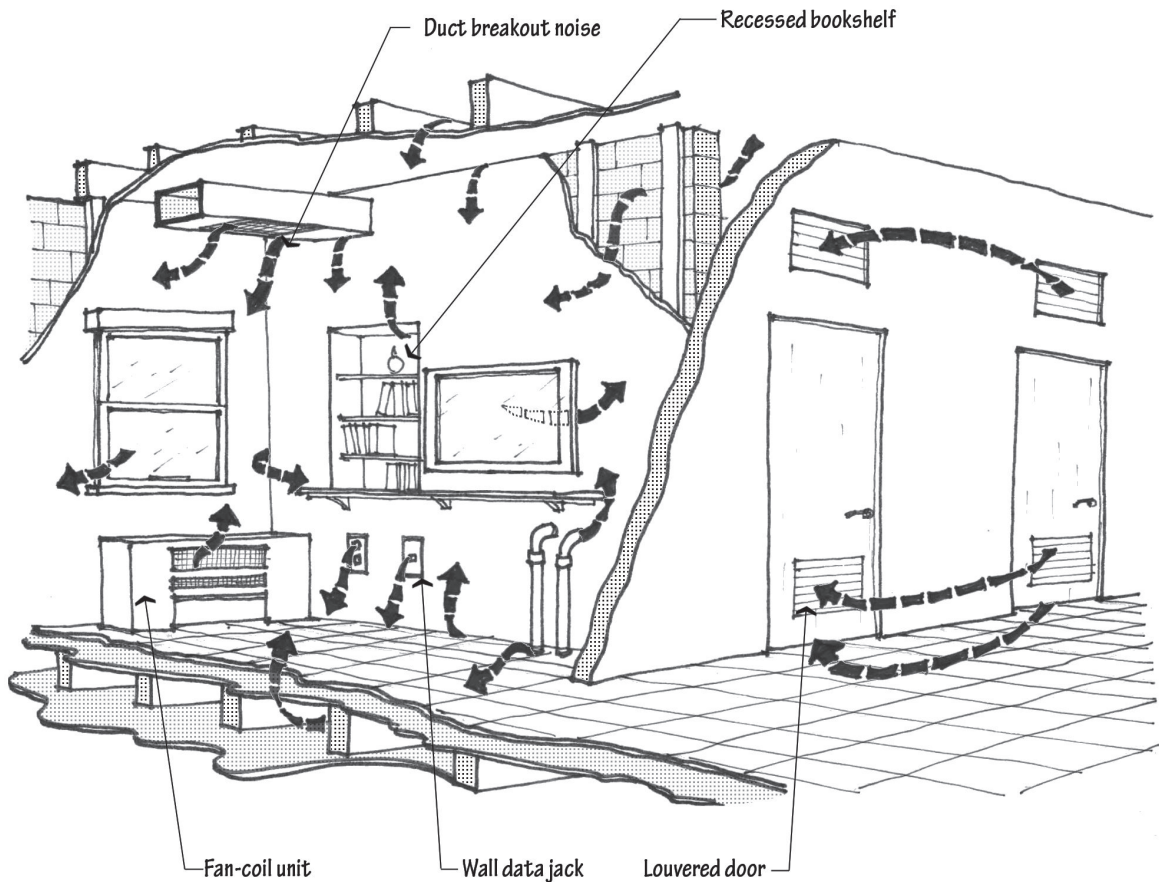
Adapted from R. Berendt, G. Winzer, and C. Burroughs, *A Guide to Airborne, Impact, and Structure Borne Noise—Control in Multifamily Dwellings,* National Bureau of Standards and U.S. Department of Housing and Urban Development, Washington, DC, September 1967.

Flanking Noise Checklist

1. Use generous quantities of non-hardening caulk and packing to ensure a tight seal along the crack where the wall meets the floor, along the crack where the ceiling meets the walls, and at penetrations from ducts, electrical outlets, pipes, etc. To seal larger holes, use firestop putty.
2. Conduct preliminary tests of the effectiveness of a wall or floor-ceiling assembly prior to painting and final completion. Visually inspect for cracks or gaps in surfaces. Use your ears: Run a noisy device such as a vacuum cleaner or power tool in a closed room and listen in the adjacent room for locations where the noise is leaking through. A physician's stethoscope can help with this too.
3. Locate electrical outlets, phone jacks, cable wall jacks, recessed cabinets, etc., on one side of a wall so they do not occupy the same inter-stud cavity as similar penetrations on the other side.
4. Use plastic vapor-barrier electrical outlet boxes: They outperform metal electrical outlet boxes in acoustic tests.

5. Design for building control joints where needed. The proper use of control joints to account for differential expansion and contraction will minimize the future cracking of walls, and therefore minimize the potential for sound flanking through cracks. Because control joints offer vibration isolation as well, locate rotating and reciprocal-motion equipment such as pumps, compressors, chillers, cooling towers, generators, exhaust fans, air handlers, washers, and dryers on an independent building segment—separated from quiet spaces with building control joints.

6. Resiliently (nonrigidly) connect room surfaces to the structure. This breaks the "weak link" sound path that might bridge, for instance, across a stud rigidly attached to gypsum board.

7. Specify resilient sound isolation clips with hat channel to attach gypsum board to walls. These clip systems outperform resilient channel in acoustic tests for walls (resilient channel works just as well on ceilings) and are less likely to be short-circuited. Flanking issues can arise when improperly long drywall screws are used and short-circuit the resilient channel by biting directly into the joist or stud. Cabinets or baseboard trim attached directly to the studs can also short-circuit the isolation provided by resilient connections.

8. Avoid doors with louvers in all noise-sensitive rooms. Doors with seals outperform doors without them; doors with gaps at their bases less than $\frac{1}{16}$-inch outperform those with gaps of $\frac{1}{4}$-inch or more.

9. Extend partitions above dropped ceilings, all the way to the structural deck above. While acoustical ceiling tile is effective at absorbing the sound in a room, it typically does not impede sound from leaking into an above-ceiling plenum, then from that plenum to an adjacent room. When partitions do not extend all the way to the deck above, either seal the partition to the slab in the plenum with sheets of mass-loaded vinyl, or specify a high ceiling attenuation class (CAC) ceiling tile (which provides sound absorption *and* sound isolation).

Base construction
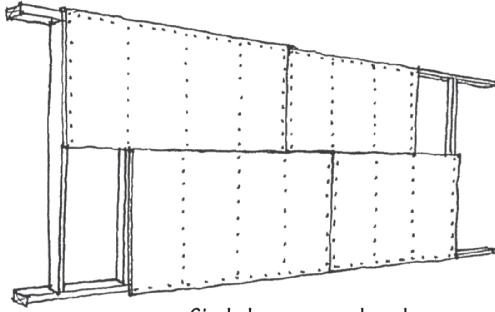
Better

Single-layer gypsum board
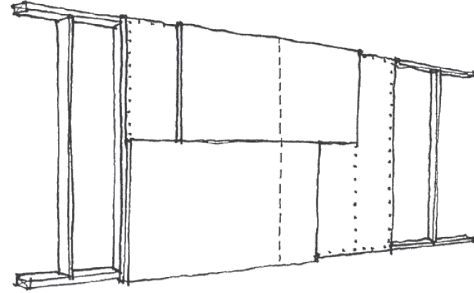
Multilayer gypsum board with staggered panel joints
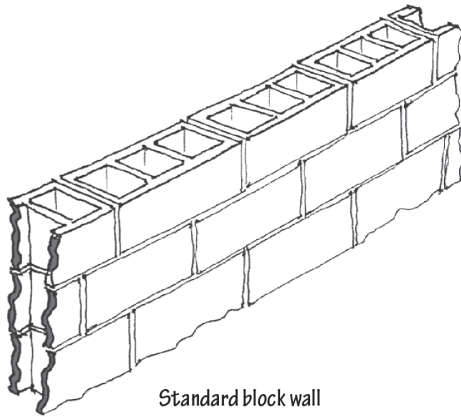
Standard block wall
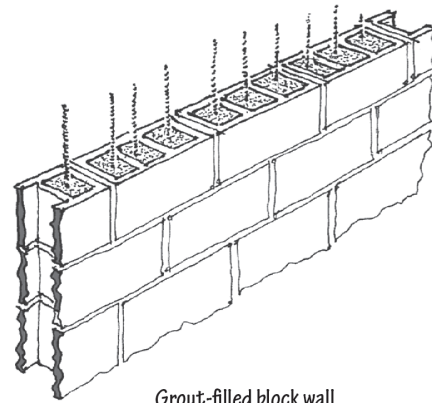
Grout-filled block wall

Increased Mass
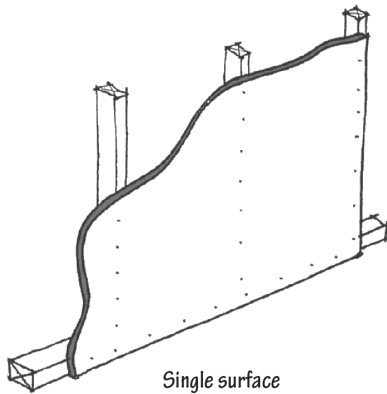
Single surface
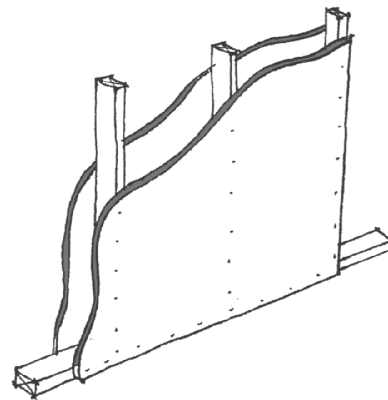
Two surfaces with cavity

Use of Airspace

Base construction

Better

Standard stud wall (studs 16 in. o.c.)

Stud wall (studs 24 in. o.c.)
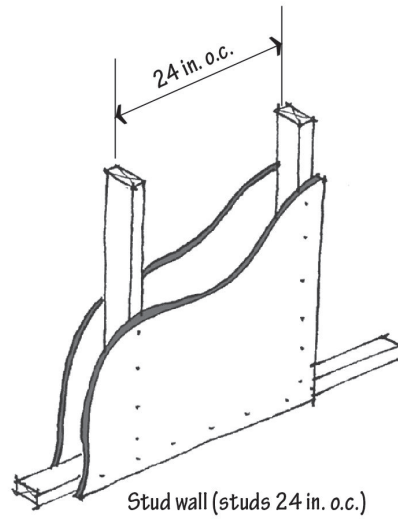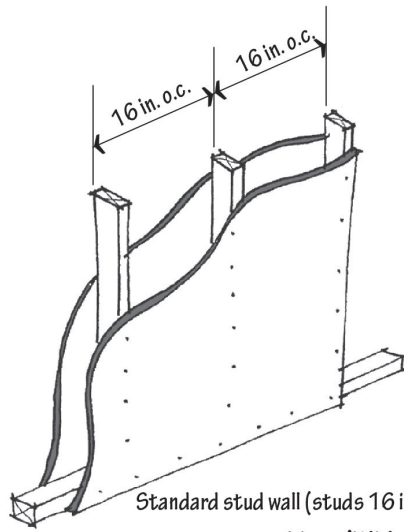
Limp (Wide Spacing Between Studs)

Standard stud wall

Staggered studs

Standard stud wall

Double-stud wall
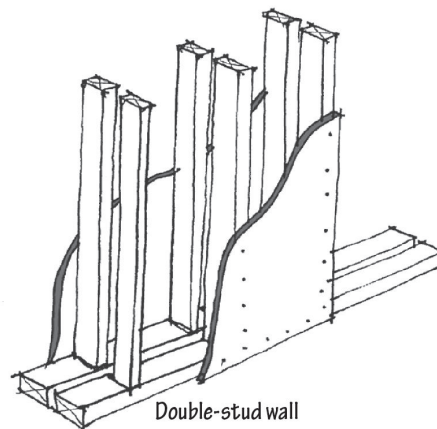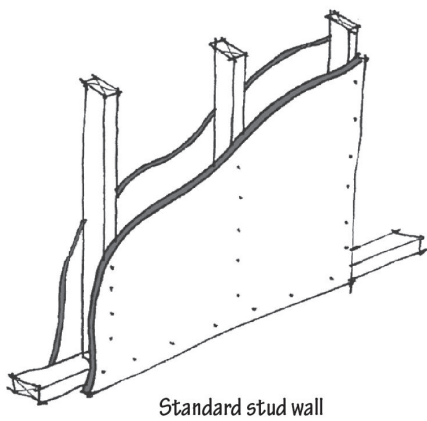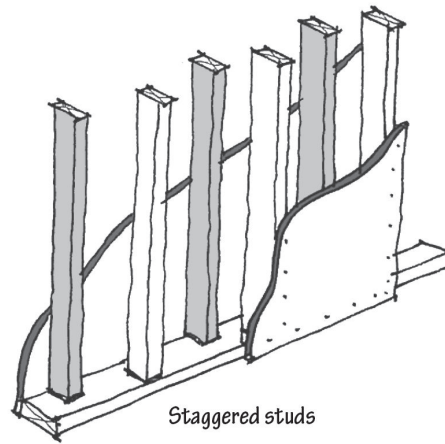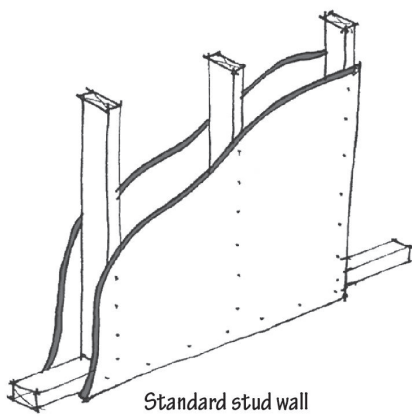
Structural discontinuity

Base construction
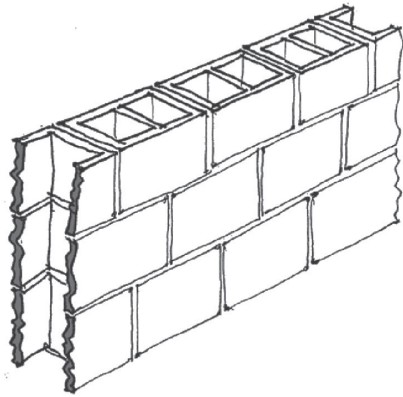
One wythe of CMU

Better

Sound-absorbing blanket (to reduce "coupling" between block layers)
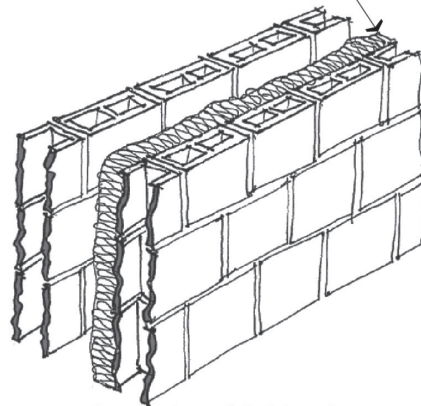
Two wythes of CMU with cavity
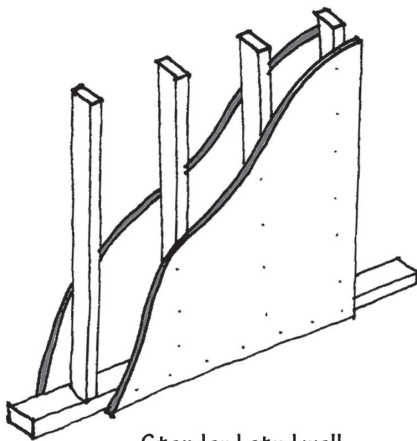
Standard stud wall
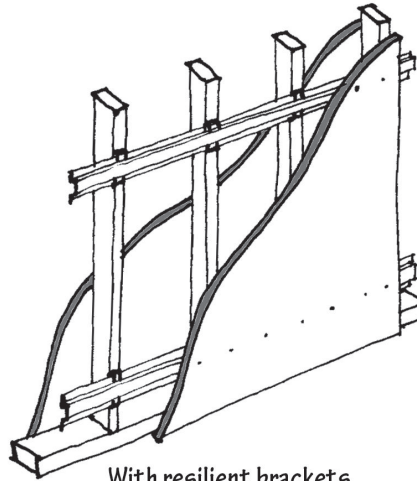
With resilient brackets
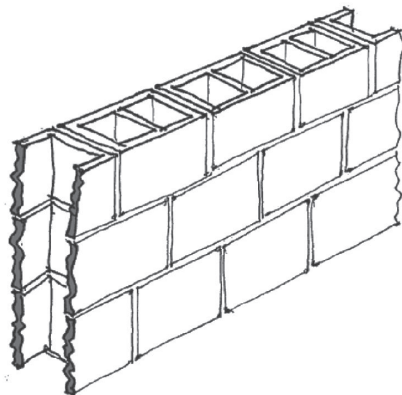
CMU wall

Sound-absorbing blanket (loosely fitted between vertical wood furring)

Metal channel (to resiliently support gyp. bd.)
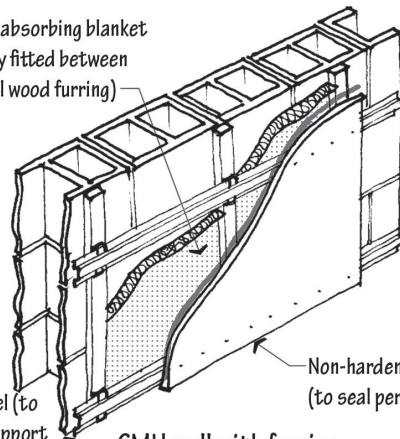
Non-hardening caulking (to seal perimiter of gyp. bd.)

CMU wall with furring, resilient clips, and gyp. bd.

Structural discontinuity

Base construction

Better
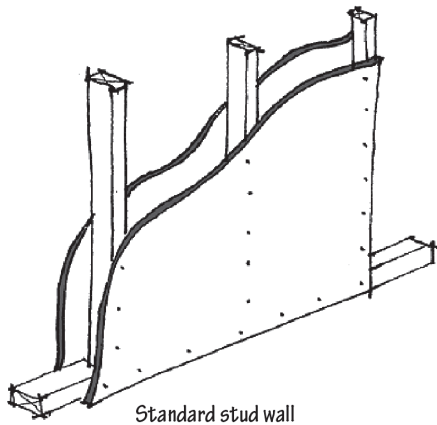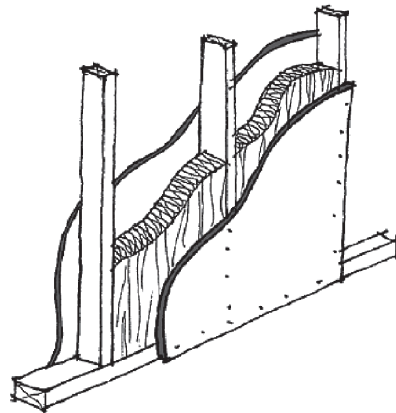
Standard stud wall

Standard stud wall with insulation in the cavity

Absorption in the airspace

Back-to-back outlets

Sound leak

Fibrous insulation (to deaden cavity airspace)

>2 ft separation so at least one stud between outlets

Plastic vapor barrier type box or mastic applied to electrical box interior

Non-hardening caulk

Gap between outlet box and gypsum board caulked
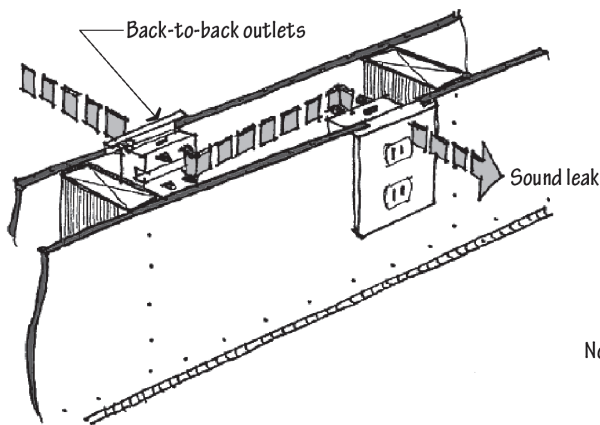
Stud wall with outlets in the same cavity
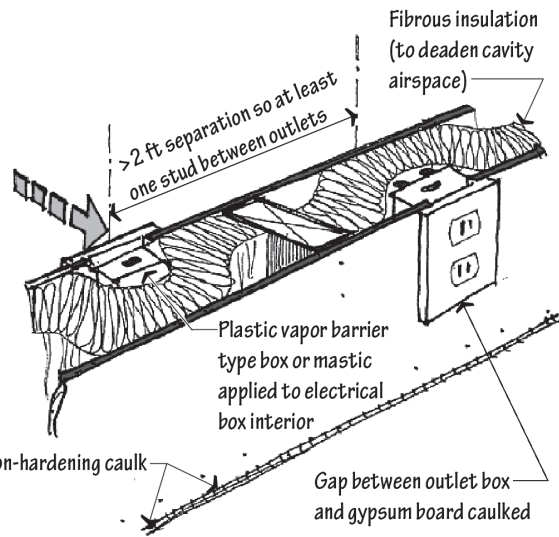
Stud wall with outlets in separate cavities

Airtight

MEASURES OF AIRBORNE SOUND ISOLATION

Transmission Loss (TL)

Airborne sound transmission between rooms—or from outside of a building—is generated by people talking or shouting, equipment running, sound amplification associated with stereos and television sets, industrial processes, machines for transportation, and power equipment such as jackhammers and leaf blowers. Sound energy travels through the air to the wall assembly *and* floor-ceiling assembly, where it radiates through the panel to the other side. Generally, occupants find louder noises and noises that start and stop or fluctuate to be particularly annoying, but, as in the case of a dripping faucet, occupants may be annoyed by mere audibility. Because people generally are annoyed by sounds that are (1) created by sources the listeners are not involved with, (2) unpredictable, (3) perceived as unnecessary, and (4) generated by people toward whom listeners don't have a favorable attitude, airborne sound can be vexing.

Transmission loss (TL) quantifies the airborne-sound-insulating properties of a building element. The higher the TL values, the more robust the assembly at attenuating the penetration of sound. So generally, we prefer high-sound-transmission-loss assemblies for sensitive adjacencies. Tested building elements will have transmission loss values at each of several octave bands, from low frequencies to higher frequencies. Because airborne sound attenuation is only as good as the weakest link, a high value in one octave band will not necessarily make up for a low value in another.

Barrier common to both rooms

$$\tau = \frac{d}{a}$$
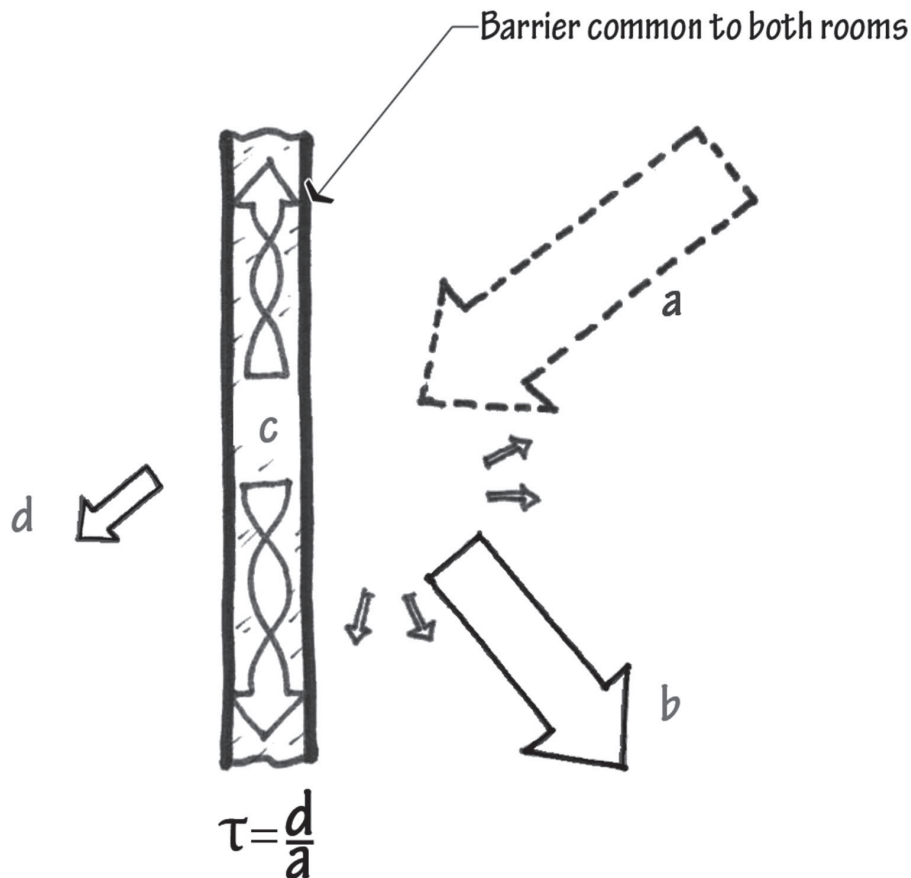
Transmission loss (TL) in decibels can be calculated:

$$TL_{transmission\ loss} = -10 \log \tau$$

Where the sound transmission coefficient, τ, is the fraction (between 0 and 1) of the total sound energy striking the barrier that is transmitted to the receiving room

One can sometimes hear the bass beat of a car stereo for what seems like a two-block radius, yet can't make out the lyrics until the car is close and the door is opened. Low-frequency sound energy travels far, and easily moves through some building assemblies, particularly lightweight constructions. The low-pitched hum of an air-handling unit in the next room, the groan of a bus accelerating outside, and the amplified bass notes associated with loud stereos transmit through many wall and floor-ceiling assemblies (and cars) barely attenuated. Designers beware: Examine published or measured TL values at low frequencies when low tones will be present in the source spectrum. When accounting for low-frequency noises associated with amplified music, transportation noise, and mechanical equipment rumble, select a building assembly with high 63-Hz, 125-Hz, and 250-Hz octave-band TL values.

Sound Transmission Class (STC)

For easy comparison of building elements, sound transmission class (STC) offers a *single-number* rating. As with transmission loss (TL), the higher the building assembly's STC rating, the more effective the assembly is at preventing the transmission of sound. But unlike transmission loss, which includes a collection of values (each attributable to a single octave band), sound transmission class combines multiple values from across the frequency spectrum, weights them, and compiles *one* number to address *all* the octave bands. STC offers an easy method of measuring the noise isolation effectiveness for speech, but the simplification comes at a cost. The value does not sufficiently relate low-frequency performance; therefore, STC is often ineffective at comparing barriers when the sound sources are rich in low-frequency content.
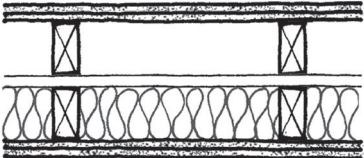
While STC must be measured rather than calculated, in the absence of published STC values a conservative STC estimate may be found with the following formula.

Estimation of *STC* for preliminary design purposes:

$$STC \approx 16.8 \log w_{weight \ of \ partition} + 15$$

Where w is the weight of the wall in pounds per linear foot

This formula is not accurate for partitions with redundant (i.e., double-stud) structure or resilient connections, whose assemblies outperform their weight. It also assumes airtight construction without major flanking paths.

	Transmission loss (TL)						Sound transmission class
	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	
Normative stud wall	15	24	32	40	38	41	34
Double-stud wall with two layers gypsum wall board each side and glass fiber in the cavity	44	53	62	65	63	65	62

Relying on the STC rating misleads the designer when a low-frequency sound source sits adjacent to a noise-sensitive room. For instance, when a mechanical equipment room sits adjacent to a music practice room, and it is ensured that no door (flanking path) connects the two, individual octave-band TL measurements must guide barrier design. In this case, the rumbling of the motors in the mechanical room may generate too much low-frequency energy for standard gypsum wall-board partitions to effectively block. The mass of masonry or concrete barriers, extended the full height from floor deck to ceiling deck, is a better choice.

Adapted from H. K. Park et al., "Evaluating Airborne Sound Insulation in Terms of Speech Intelligibility," *Journal of the Acoustical Society of America*, March 2008.

How to Measure Sound Transmission Class (STC)

Step 1: Measure the assembly noise reduction (NR)

For this example, we'll test the transmission loss of a double-stud wall with two layers of gypsum board on each side and insulation in each cavity. We wish to establish a single-number rating to compare the acoustical performance of this assembly in the attenuation of airborne sound.

NR

Noise source

Mic   Mic

Noise reduction (NR) equals the sound level difference between two rooms.

The example used is a wall, but remember that floor-ceiling assemblies also require sufficient noise reduction and their performance values are measured in a similar way.

Step 2: Plot the corresponding sound transmission loss (TL)

TL (dB)

80
70
60
50
40
30
20

125   2000

Frequency (Hz)

The noise reduction (NR) is normalized to account for both the wall area tested and the absorption profile of the receiving room. The resulting transmission loss (TL) values of the wall are plotted at one-third octave-band resolution from 125 Hz to 4000 Hz.

Step 3: Plot the sound transmission loss (STC) contour on a transparent overlay

While plotted at the same scale as the TL in the previous step, there are no absolute values ascribed to the Y-axis.

10 dB

5 dB

15 dB

125   400   1250   4000

The low-frequency portion of the contour dips down, establishing a "low hurdle" for the partition to clear in its bass tone attenuation.

Step 4: Fit the contour

Move the STC contour up and down over the measured TL spectrum until a "fit" is reached. This happens when the contour is at as high a position as possible but each of the following criteria are still met:

1. The maximum deviation of the TL spectrum below the STC contour at any single test frequency shall not exceed 8 decibels.
2. The sum of all the deviations below the contour at all 16 frequencies of the test curve shall not exceed 32 decibels.

The sum of all the deviations is only 8 decibels (at 125 Hz), plus 4 decibels (at 160 Hz), plus 2 decibels (at 200 Hz), for a total of 14 decibels. This is less than the maximum 32-decibel total deviation allowed, so here, the 32-decibel rule doesn't govern.

In this case, the 125-Hz third-octave-band controls because the STC contour is limited to a position no more than 8 decibels above the TL spectrum. In practice, this is commonly the case.

Decibels — 80, 60, 40, 20

8 dB max.

Frequency (Hz)

Step 5: Read the STC

To establish the STC value, read up vertically from the 500-Hz tick on the X-axis until you reach the STL contour. Then read left horizontally to determine the STC rating.

This wall earns an STC rating of 66.

80, 66, 40, 20

500

NOTE

In practice, this procedure is often executed with a spreadsheet rather than graphical overlays. Field transmission loss (FTL) and its corresponding field sound transmission class (FSTC) tests measured in actual buildings may suffer a five, ten, or more, STC point deficit relative to the flanking-path-controlled lab tests used to derive published data. Europe and some other countries outside the U.S. use the weighted sound reduction index (R_w) instead of STC. The two are similar; see standard ISO 717-1. Noise isolation class (NIC) describes the sound isolation between two spaces in the condition found (without adjusting for room effects). It provides a single-number rating for the every-octave noise reduction (NR). Apparent sound transmission loss (ATL) and apparent sound transmission class (ASTC) procedures ascribe all flanking present to the partition tested. Normalized noise reduction (NNR) and normalized noise isolation class (NNIC) may be used for small, unfurnished areas to simulate an assembly's performance if furniture were in place. See ASTM standards E966 (for field testing of building facades), E336 (field testing of interior partitions), E90 (laboratory testing of interior partitions), E1414 (common plenum shared by two rooms), E1408 (door and panel systems), E413 (data analysis for STC), E597 (establishing target values for building specifications), and E1332 (outside inside sound transmission loss (OISTC)).

Target STC Ratings

Listening conditions   (Minimum barrier STC) Source room to receiver room

Normal speech audible,
may be intelligible   (STC 30 or above) Laboratory to kitchen

                                        (STC 35 or above) Laboratory to laboratory; gymnasium to kitchen

Loud speech audible
but not intelligible   (STC 40 or above) Corridor to kitchen

Loud speech   (STC 45 or above) Kitchen to kitchen; corridor to bathroom, classroom or
barely audible   living room; bathroom to family room; private office to open-plan office

                                        (STC 50 or above) Classroom to classroom; living room to living room;
                                        bedroom to bedroom; private office to private office; speech clinic or
Shouting barely audible,   healthcare room to classroom; kitchen to library; bathroom to
music audible   kitchen; corridor to bedroom or private office; conference room to
                                        open-plan office or corridor

                                        (STC 55 or above) Hotel room to hotel room; conference room
                                        to conference room; apartment to apartment; bathroom to
Shouting gener-   classroom, living room, or bedroom; kitchen to classroom or
ally not audible   conference room; living room or kitchen to bedroom; corridor,
                                        lobby, practice room, toilet, or mechanical room to music
                                        room/theater

                                        (STC 60 or above) Noisy mechanical room (i.e., fans
Music heard faintly,   circulating 5000 cubic feet/minute or more) to
bass notes may pass   classroom, office, conference room, or music room;
through   music room, cafeteria, or gymnasium to classroom

                                        (STC 65 or above) Highly critical receiver
                                        rooms such as concert halls and recording
                                        studios require detailed octave-band
                                        analysis.

        30   35   40   45   50   55   60   65

            Minimum sound transmission class (STC)

            ◁ Less privacy   More privacy ▷

NOTE

When a conversation in one room is sensitive, and should not be heard in an adjacent room, a barrier with a minimum STC 55 should be used (and flanking paths addressed). For extremely sensitive speech content, where overhearing might pose a security threat, more detailed analysis is warranted. See B. Grover and J. Bradley, "Measures for Assessing Architectural Speech Security (Privacy) of Closed Offices and Meeting Rooms," National Research Council Canada Report No. NRCC-47039, March 2008.

Noise Reduction (NR)

When shopping for a car, it is best to know the vehicle's fuel efficiency (miles per gallon) as measured in a standard test, under standard operating conditions. Once driven off the dealer's lot, however, the car's actual fuel efficiency will depend on its actual operating conditions, for instance tire pressure, engine maintenance, age, headwind speed, and traffic congestion. While TL might be thought of as the advertised fuel efficiency, NR would then be considered the actual road performance.

Similarly, designers use the transmission loss (TL) metric to *compare* building assemblies in air-borne noise transmission effectiveness, but TL does not precisely describe the number of decibels quieter one *specific* receiver room will be relative to an adjacent source room. Adjacencies with large common partitions allow more sound energy to flow between them than if there were, instead, a smaller partition separating the two rooms. And sound-reflective receiving rooms allow the sound energy that has passed through the partition to linger, creating a louder environment than would be the case in a more sound-absorbent receiving room. For these reasons, the transmission loss data for an assembly must be supplemented with information about both the area of the common partition and the total absorption in the receiver room to find the noise reduction (NR) between rooms.

> *NR* describes the measured or predicted sound pressure level difference between the source and receiver rooms, taking the assembly performance into account (*TL*), but also the area of the common partition and the total receiver room absorption.

$$NR_{noise\ reduction} = L_{level\ in\ source\ room} - L_{level\ in\ receiver\ room}$$

It can be predicted with this equation:

$$NR_{noise\ reduction} = TL_{transmission\ loss} + 10\log\frac{A_{receiving\ room\ total\ absorption}}{S_{surface\ area\ of\ common\ barrier}}$$

> Where *TL* is the sound transmission loss of the common partition measured in decibels
>
> *A* is the total absorption in the receiving room measured in sabins (multiply each surface's area by its corresponding absorption coefficient and add the results)
>
> *S* is the surface area of the common barrier

If the "room effects" term, *10 log (A_2/s)*, returns a value greater than 10 decibels (or less than –10 decibels), it is best in practice to substitute the value of 10 decibels (or –10 decibels) for that term because, near the partition, room effects are limited. For instance, a highly absorbent receiving room adjacent to a band practice room will be quieter than a reflective receiving room, but there are limits to this rule, and it won't be *that* much quieter because of room effects.

Achieving Higher Acoustical Privacy

Massive, airtight, and structurally discontinuous building elements perform the best.

Airtightness

The best assemblies for maintaining acoustical privacy have surfaces with few or no interruptions, and are sealed. A $\frac{1}{16}$-inch crack 16 inches long will reduce a 9-foot-long STC 50 wall to an STC 40 level. So try not to interrupt walls and floor-ceiling assemblies between acoustically sensitive adjacencies with doors, windows, and other surface intrusions, such as electrical outlets, doorbells, fire alarms, intercoms, built-in cabinets, data jacks, and penetrations for conduit, ducts, grilles, and pipes.
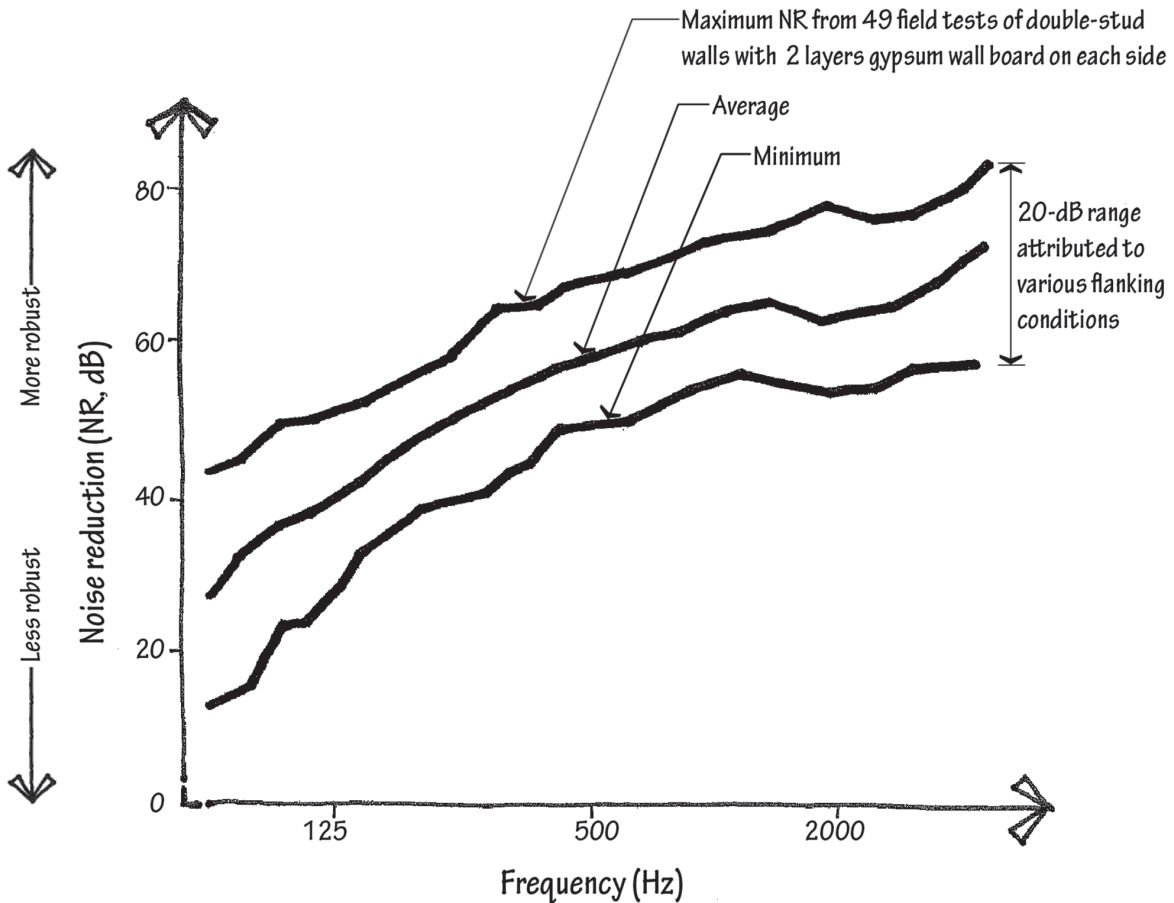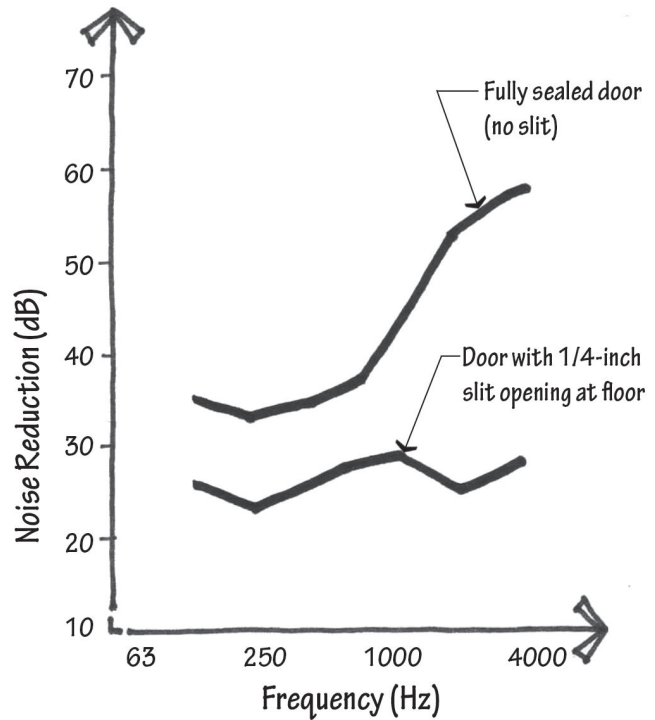
Mass

In general, the more massive the material, the more noise it will mitigate for a given thickness. For example, solid concrete is a better sound insulator than solid wood (of equal thickness), and a thicker concrete wall will attenuate sound more effectively than a thinner concrete wall. Multiple layers of thicker gypsum board on the surface of a wall outperform a single thinner layer. Just doubling the weight of a stud wall by adding a gypsum board layer to both outer surfaces can increase STC by more than 5 points.
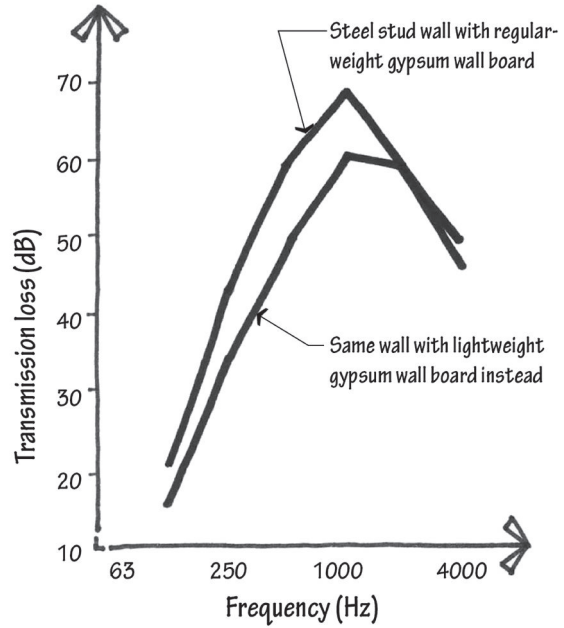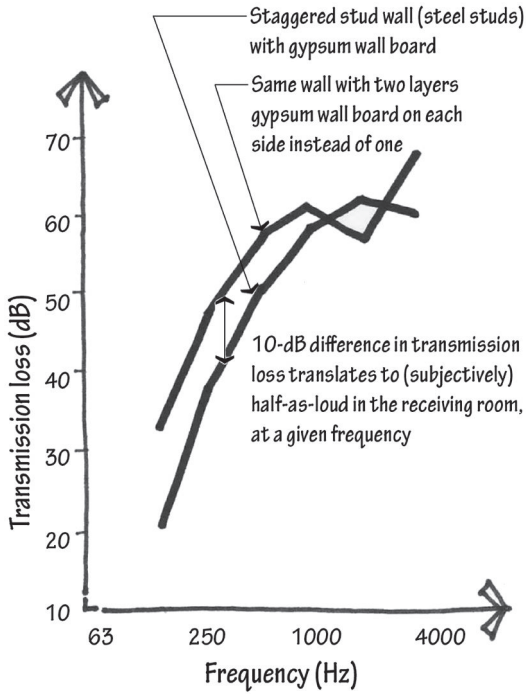
Cavity Depth

Barriers with deeper cavities outperform those with smaller cavities.
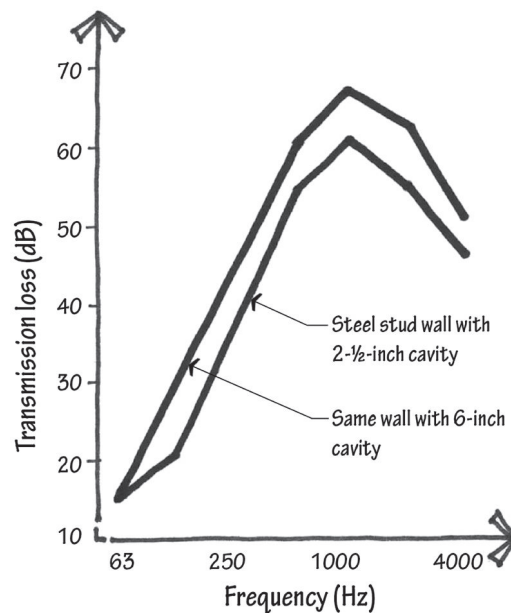
Structural Redundancy

A cavity wall outperforms a solid wall of equal weight, and a staggered-stud wall outperforms a single-stud wall because in staggered-stud construction, each stud attaches to only one side's gypsum wall board. A small room, like a closet, can be designed as a buffer zone, provided the small room extends the full length and height of the wall in question.
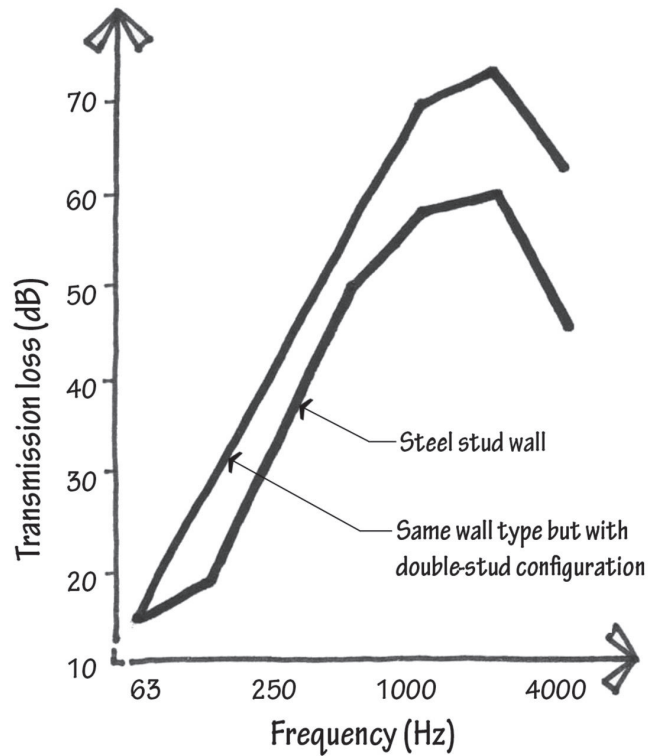
Limp, Resilient, or Nonrigid Connection

Sound will short-circuit a cavity and bridge the two surfaces of an assembly directly through studs, joists, webbing, concrete, brick, and concrete block. Decoupling one of the two surfaces of a barrier breaks the flanking sound path moving through the structure. This may be achieved with resilient channel, resilient clips with hat channel, lightweight steel studs, or viscoelastic glue. This kind of resilient connection has almost no impact on structurally redundant assemblies like staggered- and double-stud walls because in these constructions, the two surfaces of a wall are already decoupled, eliminating the flanking path through the structure.
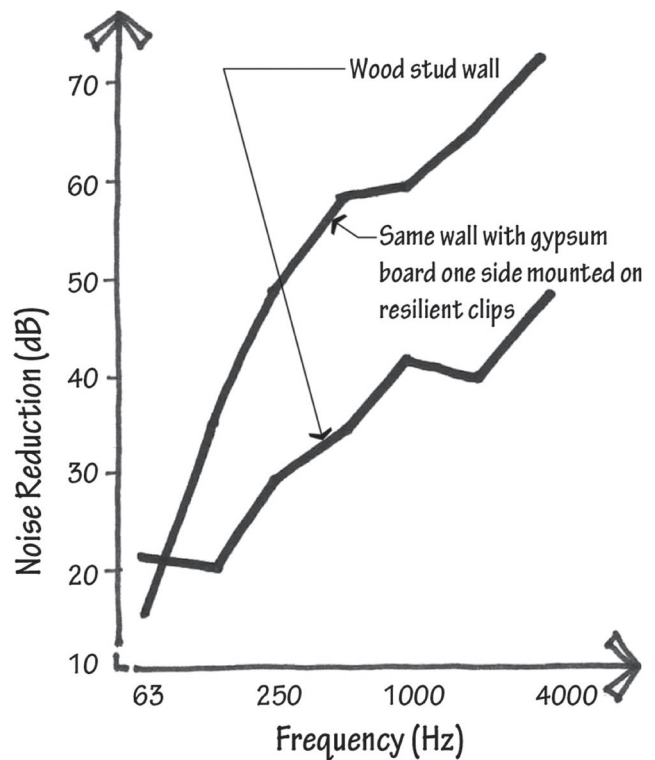
Sound-Absorbing Materials in the Cavity
In lightweight walls especially, fuzzy material such as fiberglass, mineral wool, or cellulose can improve the performance of a wall. However, sound-absorbing insulation is no substitute for mass and airtightness. Because sound transmission may move through the structure common to both surfaces of an assembly, bypassing the insulation altogether, the substantial benefit of a wall or ceiling cavity filled with absorption can only be fully realized with structurally redundant, limp, or resilient constructions (see the preceding paragraphs). In the following graphs, note that cavity insulation in wood-stud construction fails to improve low-frequency performance because long-wave (low-frequency) sound energy bridges across the studs and doesn't "see" the insulation. By contrast, the limper light-gauge, non-load-bearing, steel studs dissipate low-frequency sound energy that would otherwise bridge across them. (Twenty gauge or thicker load-bearing steel studs are more rigid and behave like wood studs.)
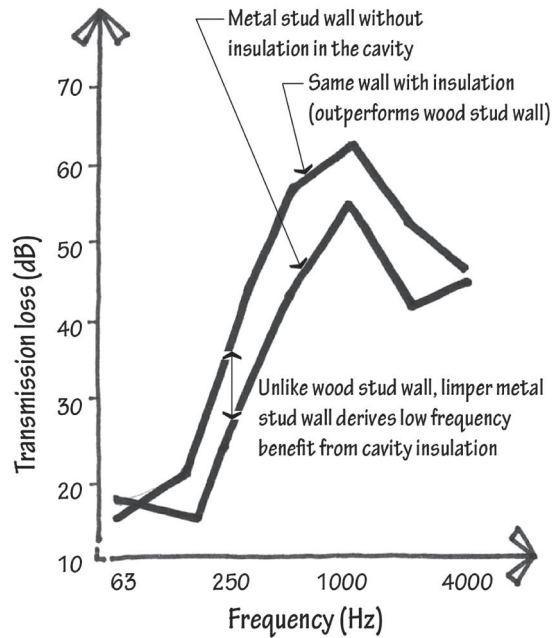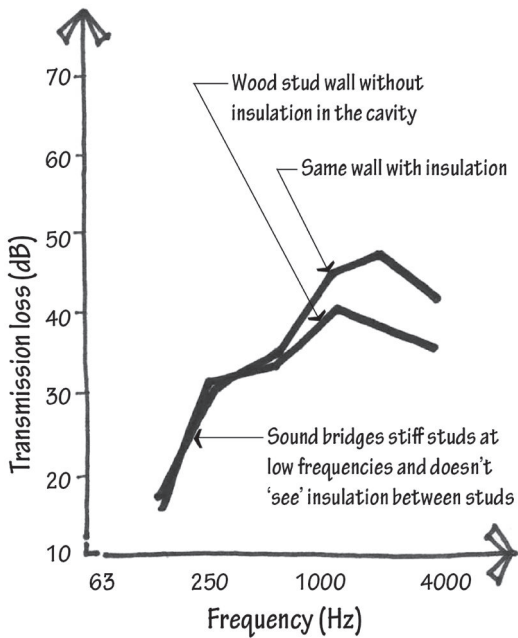
BACKGROUND NOISE

Background Noise

In the late 1990s, forty experienced female clerical workers answered an advertisement to take part in a study at Cornell University. They were split into two groups, and each was assigned a manuscript to type into a computer for three hours. To mislead participants, researchers told them they were part of an experiment to test the effects of different office furniture, and assigned one group to a quiet office and another group to a noisier office. The noisier office was not exceptionally noisy, but rather filled with the kind of low-intensity buzz common to many open-plan offices. Urine sample comparisons revealed that those working in the noisy office had stress hormone levels significantly higher than those working in the quiet office. The noisy group also displayed signs of reduced motivation.

These findings parallel legions of others derived from a century's worth of research into the effects of noise. We know that long-term exposure to loud sounds contributes to hearing loss; those who sleep in noisier environments are more prone to heart disease; and subjects suffer cognitively when assigned to tasks that involve careful listening in noisy environments.

Background noise comes in four flavors: (a) very loud noise that, over time, can cause hearing loss, as in machine shops and rock concerts, (b) loud noise that interferes with speech intelligibility, as in a noisy restaurant or in a banquet hall with a clamoring air conditioner, (c) noise—perhaps even relatively quiet noise—that interferes with very quiet activities, like a distant train during the nighttime sleep hours or a distant cough during a recording at a studio, and (d) noise that, by its content rather than its level, annoys building occupants, like the footfall pattering impact noise of an upstairs neighbor's dog, or a dripping faucet while you are trying to concentrate.

Acousticians measure background noise in "A-weighted" decibels. This single-number measure weights noise per human sensitivity to frequency. It is common in environmental (outdoor) noise measurements, and is easily read from the most rudimentary sound-level meters. While the A-weighted metric is sometimes used for measuring indoor noise, it is not the best way to do so because it lacks sufficient spectral frequency-specific information. For this reason, avoid A-weighted decibels for maximum room noise design specifications.

More appropriate for indoor noise is the noise criteria (NC) metric. Room noise is measured at octave bands (or one-third-octave bands) and plotted on a graph with NC curves. The noise criteria value is the highest NC curve "touched" by the noise spectrum measured. Like A-weighted decibels, NC accounts for diminished human sensitivity to noise in the lower frequencies.

The higher the NC level, the noisier the environment; for reference, occupants judge an NC-25 room as quiet and an NC-60 room as noisy.

> **NOTE**
>
> *Researchers and practitioners have developed other less-commonly-used methods of measuring background noise in order to refine noise criteria (NC). Room noise criteria (RNC), complicated to execute, measures low-frequency modulations or surging associated with high duct velocities adjacent to noise-sensitive spaces. Speech-interference level (SIL) averages the sound pressure level measurements at speech frequencies (500 Hz, 1000 Hz, 2000 Hz, and 4000 Hz). Balanced noise criteria (NCB), room criteria (RC), and room criteria mark II (RC Mark II) are now-obsolete attempts to add low- and high- frequency resolution to the more common NC metric. For most applications, use noise criteria (NC) to both specify maximum sound levels and measure in situ room noise conditions.*

Noise Criteria (NC)

Noise criteria curves follow human-perception-equal-loudness curves: we are less sensitive to low frequencies so NC curves are also less sensitive at lower frequencies

Very loud stereo playing in living room

NC-57 (250 Hz) Air conditioner humming in living room

NC-60 (500 Hz) Conversation in living room

NC-26 (125 Hz) Mechanical system on in quiet recital hall

NC-15 (250 Hz) Mechanical system off in quiet recital hall

NC-70
NC-65
NC-60
NC-55
NC-50
NC-45
NC-40
NC-35
NC-30
NC-25
NC-20
NC-15

Loud

Quiet

NC-18 (2000 Hz) Quiet 18th-century Korean Buddhist temple birds chirping outside

(Near threshold-of-hearing) Concert hall measured with air-conditioning system and lights on

Sound pressure level (dB)

Frequency (Hz)

Mechanical and transportation noise NC ratings controlled by low frequencies

Speech NC ratings controlled by middle frequencies

Speech, bird, insect, and whining mechanical noise NC ratings controlled by high frequencies

Equivalent A rated decibel level (dBA)
(NC levels better to use for specfication purposes)

| Listening conditions | 30 | 35 | 39 | 44 | 48 | 53 | 57 | 62 | 67 |

(Range of maximum background noise) and use of space

Silent — (Threshold of hearing) Better recording studios

Excellent — (Threshold of hearing to NC-18) Broadcast studios, lesser recording studios, concert halls, opera houses, recital halls

(NC-20 to NC-25) Large auditoriums, large drama theaters, and large houses of worship (each greater than 500 seats)

(NC-25 to NC-30) Small auditoriums, bedrooms, lecture rooms, classrooms, meeting and banquet rooms, quiet offices, large conference rooms, hospital rooms, operating rooms

For sleeping

Good — (NC-30 to NC-35) Apartments, family rooms, living rooms, large lecture rooms, hotel rooms, small conference rooms, movie theaters, small houses of worship, courtrooms

(NC-35 to NC-40) Private offices, open-plan office areas, quiet laboratories, libraries

Fair — (NC-40 to NC-45) Public circulation, restaurants

For less sensitive spaces — (NC-45 to NC-55) Light maintenance shops, industrial plant control rooms

(NC-50 to NC-60) Commercial kitchens, laundries, shops, garages

Threshold of hearing 15 20 25 30 35 40 45 50 55 60

Noise criteria (NC)

Quiet   Moderately noisy

Speech Intelligibility and Noise

Speech intelligibility describes the capacity of listeners to hear a dinner-party toast or a classroom lecture. While the quality of intelligibility is governed by both room acoustics and noise control considerations, it can be most clearly examined with a signal-to-noise approach. Listeners clearly comprehend speech when the talker's signal is sufficiently loud (+15 dB) relative to the noise at the listener location, but speech clarity drops *precipitously* as background noise approaches, then exceeds, the level of the person speaking.

The speaker's voice may be enhanced by a loudspeaker system; and the unamplified speaker's voice can be bolstered by beneficial early reflections, the absence of excessive reverberation,

and a short distance between source and receiver. When designing for speech intelligibility, provide some minimum quantity of absorbing material (average absorption coefficient for the whole room of 0.35 or greater) to limit the racquetball-court effect associated with excessive reverberance. Shape sound-reflective portions of walls and ceilings to direct first- and second-order reflections to the rear seats of a room, which is especially important in large spaces.

Room acoustics is important for enhancing intelligibility, but more significant is limiting noise. Air traffic or lawn equipment introduces noise from outside a building; the corridors or adjacent rooms introduce noise from within a building; and a computer projector or audience members coughing introduces noise from within a room. However, noisy mechanical systems are the most common enemy of speech intelligibility. When they are 10 dB less than the person speaking (or louder), even heroic room acoustics measures may not combat the problems introduced by noise.

Though adults can comprehend speech with signal-to-noise ratios (differentials) of 6 decibels, 10- or 15-decibel minimum spreads are best for full comprehension. Children younger than fifteen, people with hearing impairment, non-native speakers of a language, and older adults require even greater signal-to-noise ratios because they are less able to filter out the background noise and concentrate on the source. Children require 15- to 20-decibel signal-to-noise differences; no fewer than forty studies have linked noisy environments to poor concentration, poor cognition, poor comprehension, or poor test scores among school children.

Speech intelligibility may be quantified in a space by three metrics: speech intelligibility index (SII or SI), speech transmission index (STI), or rapid speech transmission index (RASTI). An older metric, articulation index (AI) is rarely used in research today because it fails to effectively account for reverberation.

In the following graph, a study of classroom noise and classroom reverberance reveals the dominance of noisy mechanical systems in determining speech clarity. In the presence of background noise exceeding NC-40, intelligibility (as measured by RASTI) drops steeply. As the background noise level approaches the source signal level, small increases in background noise leverage large decreases in measured intelligibility. In classrooms with low background noise, room acoustics defects govern speech intelligibility because (in the presence of excessive reverberance) speech intelligibility levels are capped by the muddled, just-spoken syllables still lingering in the room.

Intelligibility (and its inverse, Speech Privacy)	Speech Transmission Index (STI) or Rapid Speech Transmission Index (RASTI)	Speech Intelligibility Index (SII or SI)
Perfect intelligibility (no privacy)	1.0	100%
Excellent intelligibility	≥0.80	≥98%
Very good intelligibility	0.65–0.80	96%–97%
Good intelligibility	0.50–0.65	93%–95%
Fair intelligibility (poor speech privacy)	0.40–0.50	88%–92%
Poor intelligibility	0.30–0.40	80%–87%
Bad intelligibility (good speech privacy)	<0.30	<80%
Completely unintelligible (confidential)	0	0%

RaSTI

Classrooms with area of absorption equal to area of ceiling

Classrooms with no absorptive treatment

Speech Intelligibility

Absorption Controls

Background noise controls

Noise Criteria
Background Noise
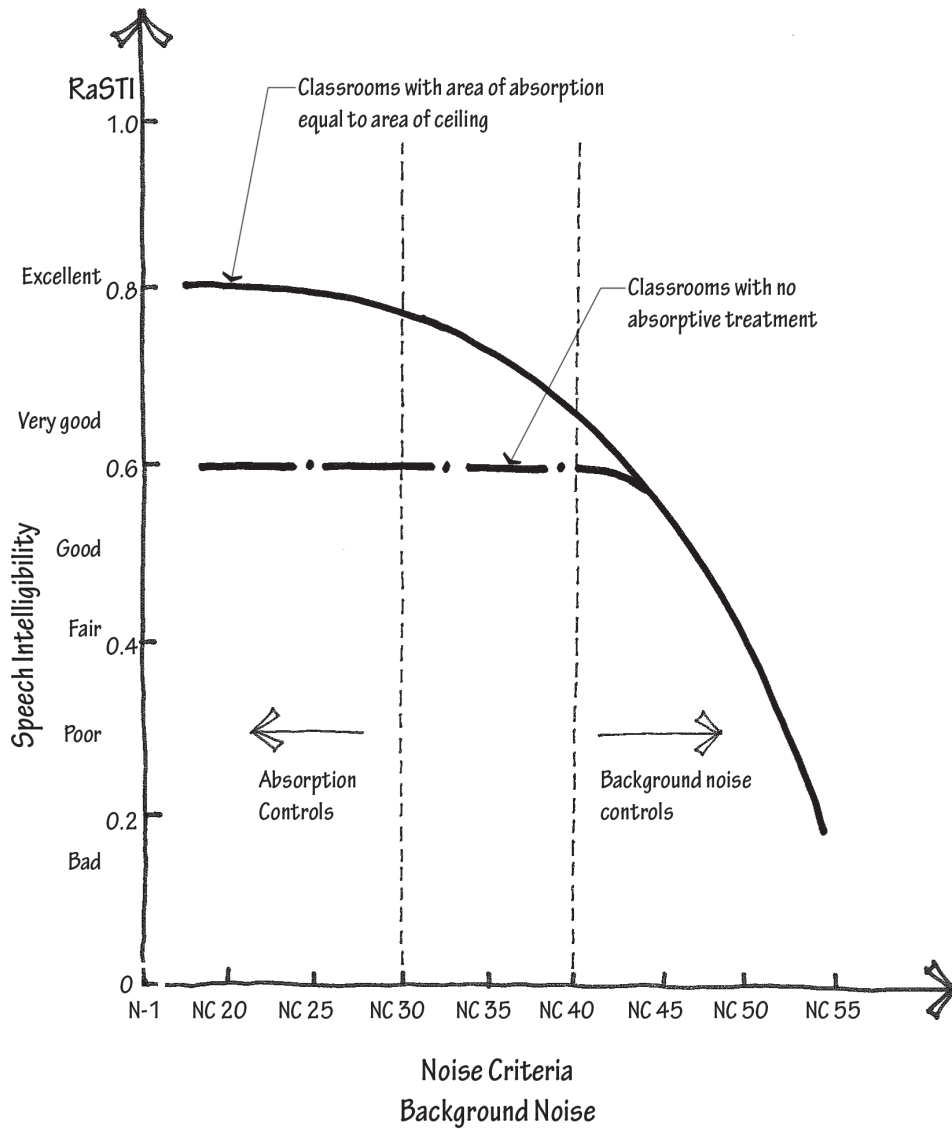
Adapted from G. W. Siebein et al., "Ten Ways to Provide a High-Quality Acoustical Environment in Schools," *Journal of Language, Speech, and Hearing Services in Schools*, October 2000.

Open-Plan Office Acoustics

"I currently work in a cubicle—my neighbors are a man in the midst of a divorce, a woman with a problem child, another woman with an elderly parent who should be in a care facility. The only cure for my personal hell would be a quiet room with a door. Perhaps my employer would then get his money's worth from my workday. . . . did I mention that I am across from the copier?"

–Unknown worker's blog post in response to the
New York Times article "Beyond the Cubicle," by Allison Arieff, July 18, 2011

Researchers at the University of California Berkeley Center for the Built Environment asked more than 20,000 study participants—office workers in 142 buildings—a series of questions aimed at gauging building occupant satisfaction. Respondents were most unhappy with the acoustics in

their workplaces, which consistently received the lowest average satisfaction score of the nine core satisfaction categories (lighting, thermal comfort, air quality, office furniture, etc.). The survey results highlight dissatisfaction with the acoustics of open-plan offices in particular. There is the copier, printer, and mechanical system noise—and cubicle culture has long noted the lack of privacy when conversing—but workers reserve the most contempt for those instances when they sit within earshot of a conversation, yet are *not* part of it. Those occupying private offices in the same study, by contrast, were generally satisfied with the acoustics of their workplace. Those with shared offices expressed dissatisfaction with sound privacy, but fared better than their coworkers who sit in cubicles.

Two somewhat-less-intuitive statistically significant findings also came out of the study. First, those with high cubicle walls (defined as above standing eye height) were *not* more satisfied acoustically than those with low cubicle walls. Second, those sitting in open plans without partitions expressed less dissatisfaction than those in cubicles with partitions. This may be attributable to (a) some level of increased comfort people develop when they can see the conversation they are hearing, (b) lowered privacy expectations in offices without partitions, (c) an increased
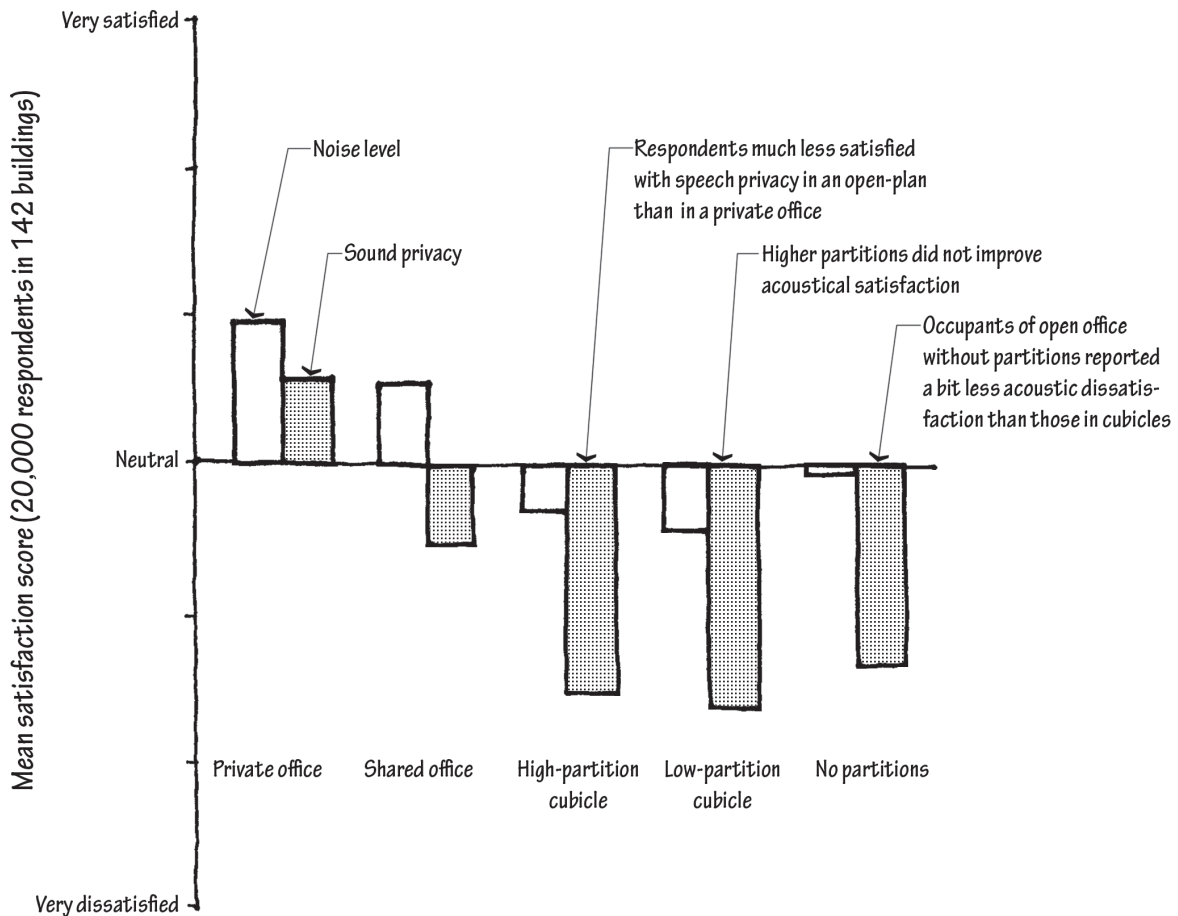
sensitivity of talkers to those around them who might hear (because potential listeners are seen), (d) spill-over satisfaction from the access to views and daylight that an office without obstructions provides, or (e) the types, ages, or tasks associated with employees who work in environments without partitions. One astute participant in the study explained, "People sometimes forget that just because they cannot be seen does not mean that they cannot be heard." Other studies (listed in the References section at the end of the chapter) suggest that open-plan offices drag down both job satisfaction and performance; many of these research papers identified lost speech privacy as the primary cause.

As discussed in the "Flanking" sections, a barrier that is not airtight is acoustically weak tea. A cubicle wall, therefore, fails to keep the conversation in (or out) of the cubicle, as sound energy associated with nearby conversations easily diffracts over and around the partial-height partition, and reflects off the ceiling and other surfaces in the office. Offices with sound-absorbing surfaces, particularly sound-absorbing ceilings, remain quieter than those with reflective surfaces, but only slightly quieter.

For open-plan office design, perhaps more important than the movement of sound energy in the realm of physics is the interpretation of that sound in the realm of psychoacoustics. Despite all the chatter on the merits of multitasking, researchers have known for 75 years that multitasking is ineffective, at least when one of the tasks requires significant mental attention. Thus, human performance in the execution of cognitively intensive tasks (proofreading an important document, or memorizing a series of numbers, for instance) drops off when there is a conversation nearby. We can do two things at once, provided they are both rote or routine tasks (stapling packets of paper while watching TV), but when we clearly hear a conversation we are not part of, performance in cognitively intensive tasks drops.

Because speech privacy relates to speech intelligibility inversely, researchers studying the effects of open-plan office distractions have borrowed the metrics of speech intelligibility (signal-to-noise ratio, STI, RASTI). They've found that workers who can only understand a small part of a conversation still might not be distracted, but performance drops when the sound transmission index (STI) between the source and receiver exceeds 0.20 on a scale from 0.00 (completely unintelligible) to 1.00 (completely intelligible). Performance continues to drop as intelligibility increases.

In light of these findings, designers might consider private offices where cognitively intensive activities are part of the job description. Where open plans are desired, speech privacy can be enhanced by increasing the background noise to a level where it interferes with speech, or at least interferes with conversations that are not too close to the worker's cubicle. When the background noise levels are high enough that unwanted conversations are 10 decibels (or more) below the background level, almost no one is annoyed; when background noise levels are low enough that conversations are 5 decibels (or more) above the background noise, almost everyone is annoyed.

Electronic sound-masking systems pump loudspeaker background noise into a space in order to cover up conversations. By adjusting the volume of the background noise, one can tune the space so that quieter conversations are not comprehendible in distant cubicles. Typically located in the plenum above open-office ceilings, these systems make use of a special sound spectrum that drowns out speech, sounds somewhat like a forced-air HVAC system, and is thought to be acceptable to occupants, many of whom don't know such a system exists in their office. Unlike its more annoying cousins—white noise (near-equal sound energy at each frequency) which hisses, and pink noise (near-equal sound energy at each octave band) which whooshes—masking spectra typically fall 3 to 6 decibels per octave at middle and high frequencies to "blend in" to an office.
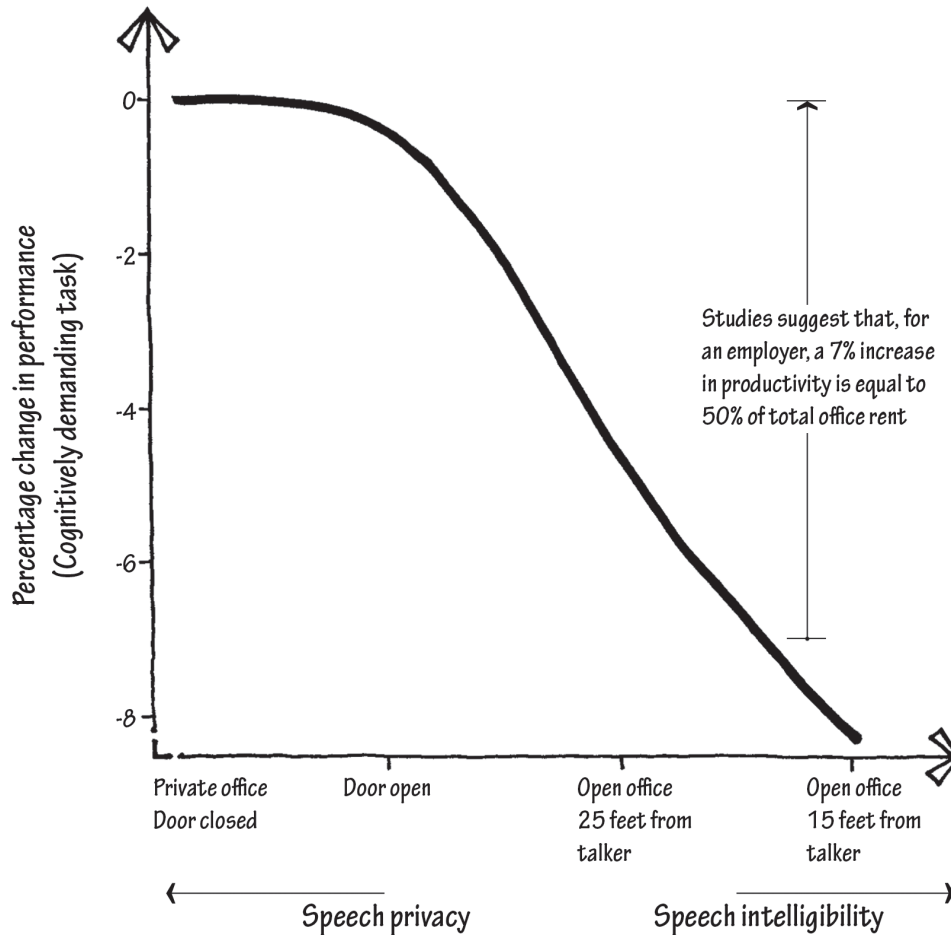
Adapted from V. Hongisto et al., "Task Performance and Speech Intelligibility - A Model to Promote Noise Control Actions in Open Offices," *9th International Congress on Noise as a Public Health Problem (ICBEN)*, 2008.

NOTE

Take care interpreting this graph. It is a compilation of three different studies, one relating performance to speech privacy, a second relating speech privacy to room conditions, and a third relating productivity to office rent. For instance, researchers have not found an 8% drop in productivity in open offices relative to private offices with a door closed, but rather an 8% drop in performance in the kind of speech-privacy acoustical environment found in an open office 15 feet from a talker.

Background noise levels from masking systems should be no louder than absolutely necessary for satisfactory speech privacy, and should never be louder than 50 dBA. Masking should also be uniformly distributed throughout the space and unobtrusive. It's worth noting that while the Cornell study (cited in the "Background Noise" section) found significantly higher stress hormone levels in the group performing tasks in the presence of low-level background noise, subjects were not more likely to *report* that they were stressed by noise than the group working in quiet. This suggests that background noise levels that aren't reported as annoying still may trigger physiological stress indicators. To date there are no studies comparing the stress from overhearing conversations while working to the stress from working in low-level continuous masking noise environments.

Executives and facilities management personnel may prefer open-floor plans because they save space by allowing for greater worker density. They also require simpler HVAC and lighting systems. Conventional wisdom has it that open plans foster communication and collaboration because they encourage informal meetings and casual conversations. It's true that in open plans you don't have to make an appointment with people to talk to them; however, studies show that conversations in open offices tend to be more superficial because those conversing are self-conscious about being overheard. Again the type of work being done in the space becomes important because the need for continuous collaboration inherent in newsrooms, trading floors, and political campaign offices is not the same as the need for collaboration and speech privacy of, for instance, a call center.

All of this plays out with a backdrop of evolving open-office etiquette. Headphones are ubiquitous in some open-plan offices, either to drown out the nearby conversations, or as a sign to colleagues that "My cubicle is not taking meetings right now." Headphones are the new wall. As the typewriter gave way to the computer, and the phone gives ground to e-mail and text messaging, will quieter offices translate to fewer distractions? Will the drop in background noise make conversations more audible to more neighbors, or, as happened in the Boston Public Library's reverberant reading room, will office workers become ever more aware that their voices are carrying to those outside the intended circle of conversation and hush themselves?

The stakes are high because office workers are expensive. On average, an office worker who occupies a given area of floor will cost an employer 6.5 times the cost of rent of that same area of floor, so slight improvements in occupant productivity in offices can leverage large gains in profit. Bolstering the many studies that demonstrate a fall-off in open-office concentration is a Finnish study of 689 workers in 11 offices that found self-estimated daily waste of working time due to noise was twofold for those in open offices compared to those in private offices. As built-environment research disseminates into business management and real estate courses, decisions will increasingly be filtered through lenses that include the effects of indoor quality life-cycle analysis, absenteeism, health gains, and especially productivity.

Sound Transmission Loss Data

Building Construction	STC	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Walls								
Concrete block								
4" × 8" × 16" solid lightweight conc.	**35**		24	26	30	35	43	51
4" × 8" × 16" 3-cell lightweight conc.	**40**		26	30	37	41	47	53
w/ 4" brick mortared	**51**		36	40	46	54	62	68
w/ 2" (50 mm) airspace	**54**		40	43	49	58	70	76
w/ plaster (CMU side)	**53**		37	42	50	55	63	70
w/ resilient channel & $\frac{1}{2}$" (13 mm) gypsum board (CMU side)	**56**		40	45	53	60	69	76
8" × 8" × 16" 3-cell lightweight conc.	**45**		33	37	41	45	51	55
Regular concrete instead	**52**		37	40	49	52	59	68
w/ paint	**46**		40	38	41	47	54	58
w/ loose fill in cells	**41**		37	41	46	52	59	65
w/ grout in cells	**48**		34	38	43	53	63	72
w/ paint	**55**		37	43	52	60	69	75
w/ $\frac{1}{2}$" (13 mm) plaster (both sides)	**56**		40	45	54	61	70	77
w/ resilient channel & $\frac{5}{8}$" (16 mm) gypsum board (both sides)	**56**		[41]	[42]	52	62	66	71
12" × 8" × 16" 3-cell lightweight conc.	**39**		31	32	35	35	47	55
w/ paint & block filler (one side)	**51**		37	42	45	51	56	61
Concrete panels								
Flat panel – 4" (100 mm) thick	**44**		[48]	[42]	45	55	57	67
Flat panel – 6" (150 mm) thick	**55**		40	43	51	59	67	72
Flat panel – 8" (200 mm) thick	**58**		[44]	[49]	55	58	64	67
Brick								
4" mortared brick – 1 wythe	**45**		32	34	40	47	55	60
w/ $\frac{1}{2}$" (13 mm) plaster (one side)	**50**		38	40	46	52	56	60
4" mortared brick – 2 wythes w/ 2" (50 mm) airspace & metal ties	**50**		36	37	47	55	62	66
w/ furring strip & $\frac{1}{2}$" (13 mm) gypsum board (one side)	**53**		38	39	56	62	68	71
w/ $2\frac{1}{4}$" (57 mm) grouted & reinforced cavity	**59**		[44]	[48]	56	62	66	72
4" mortared brick – 3 wythes	**59**		[44]	[48]	55	61	66	68
Metal								
26 gauge sheet metal	**22**		(14)	(18)	22	20	21	26
22 gauge galvanized steel	**28**		(15)	(18)	24	29	34	37
2 layers w/ $5\frac{1}{2}$" (140 mm) airspace	**34**		(17)	(24)	31	38	52	61

( ) Weak low-freq. values – not useful for transp. noise, amplified music, or mech. noise (<25)

[ ] Robust low-freq. values – useful for transp. noise, amplified music, or mech. noise (>40)

Building Construction	STC	Transmission Loss (dB)						
		63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Wood stud walls								
2 × 4 (38 mm × 89 mm) wood studs 16" (406 mm) o.c. w/ $\frac{5}{8}$" (16 mm) gypsum board (both sides)	34		⑮	㉔	32	40	38	41
24" (610 mm) o.c.	36		23	27	33	41	37	40
w/ $\frac{1}{2}$" (13 mm) gypsum board; $3\frac{1}{2}$" (90 mm) insulation; vinyl siding & strand board (one side)	31		⑰	⑯	20	40	49	51
w/ 2 layers of $\frac{1}{2}$" (13 mm) gypsum board	48		23	36	58	75	84	86
w/ $3\frac{1}{2}$" (90 mm) mineral wool insulation	34	21	14	29	39	45	40	46
w/ resilient channel (one side)	40	17	17	27	41	53	44	49
w/ $3\frac{1}{2}$" (90 mm) mineral wool insulation	46	17	21	40	55	63	54	58
w/ 2 layers gypsum board (both sides)	59	18	31	50	62	70	63	68
Staggered studs 16" (406 mm) o.c., staggered 8" (203 mm) o.c. on 2 × 6 plate	41	17	19	29	44	53	44	52
w/ 2 layers of $\frac{5}{8}$" (16 mm) gypsum board (both sides)	47	18	23	39	52	59	63	58
w/ $3\frac{1}{2}$" (90 mm) glass fiber insulation	56	22	34	46	56	59	57	66
Double stud, two rows of 2 × 4 (38 mm × 89 mm) wood studs 16" o.c. on separate plates 1" (25 mm) w/ $\frac{5}{8}$" (16 mm) gypsum board (both sides)	45	15	23	38	49	54	43	51
w/ 2 layers of $\frac{5}{8}$" (16 mm) gypsum board (both sides)	55	21	30	46	56	59	61	59
w/ $3\frac{1}{2}$" mineral wool insulation (both sides)	67	26	42	59	72	80	77	86
Metal stud walls								
$2\frac{5}{8}$" metal studs 16" (406 mm) o.c.	35	18	13	27	43	54	40	45
24" (610 mm) o.c.	35	17	12	29	44	54	39	46
$3\frac{5}{8}$" metal studs 24" (610 mm) o.c.	38	16	14	33	47	59	42	44

⬭ Weak low-freq. values – not useful for transp. noise, amplified music, or mech. noise (<25)

▭ Robust low-freq. values – useful for transp. noise, amplified music, or mech. noise (>40)

(continued)

Building Construction	STC	Transmission Loss (dB)						
		63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Floors								
4" (100 mm) reinforced concrete slab 54 lb/ft² (264 kg/m²)	**44**		38	42	45	56	57	66
w/ $\frac{3}{4}$" (19 mm) wood flooring on $1\frac{1}{2}$" × 2" (38 mm × 51 mm) wood battens & 1" (25 mm) glass fiber	**55**		38	44	52	55	60	65
w/ heavier concrete 75 lb/ft² (366 kg/m²)	**55**		38	43	52	59	67	72
4" (102 mm) tees w/ 2" (51 mm) topping on 2" (51 mm) concrete slab; 75 lb/ft² (366 kg/m²)	**54**		39	45	50	52	60	68
Roofs								
Asphalt shingles on building paper, strand board & $1\frac{1}{2}$" (38 mm) wood purlin, 2 × 10 (38 mm × 235 mm) wood studs 24" (610 mm) o.c. w/8" (200 mm) insulation & $\frac{1}{2}$" (13 mm) gypsum board	**41**		18	35	45	57	66	73
w/ resilient channel	**55**		31	43	59	71	79	81
Glass								
$\frac{1}{8}$" (3 mm) monolithic float glass	**26**		⑱	㉑	26	31	33	22
$\frac{1}{4}$" (6 mm)	**31**		25	28	31	34	30	37
$\frac{1}{2}$" (13 mm) insulated glass panel: $\frac{1}{8}$" (3 mm) glass, $\frac{1}{4}$" (6 mm) airspace, $\frac{1}{8}$" (3 mm) glass	**28**		21	26	24	33	44	34
$\frac{1}{4}$" (6 mm) laminated glass, 2" (50 mm) airspace, $\frac{1}{16}$" (5 mm) monolithic glass	**35**		25	28	32	35	36	43
$\frac{1}{4}$" (6 mm) glass, 2" (50 mm) airspace, $\frac{1}{8}$" (3 mm) glass	**39**		18	31	35	42	44	44
$\frac{1}{4}$" (6 mm) laminated glass, $\frac{1}{2}$" (13 mm) airspace, $\frac{1}{4}$" (6 mm) laminated glass	**42**		21	30	40	44	46	57
$\frac{1}{4}$" (6 mm) laminated glass, 4" (100 mm) airspace, $\frac{3}{16}$" (5 mm) glass	**48**		36	37	48	51	50	58
Doors								
Louvered Door, 25–30% open	**12**		⑩	⑫	12	12	12	11
$1\frac{3}{4}$" (44 mm) hollow-core wood door								
w/ no gasket & $\frac{1}{4}$" (6 mm) gap at sill	**19**		⑭	⑲	23	18	17	21
w/ gasket & drop seal	**34**		29	31	31	31	39	43
$1\frac{3}{4}$" (44 mm) hollow-core 16 gauge steel door w/glass fiber fill, gasket & drop seal	**38**		23	28	36	41	39	44

⬭ Weak low-freq. values – not useful for transp. noise, amplified music, or mech. noise (<25)

▭ Robust low-freq. values – useful for transp. noise, amplified music, or mech. noise (>40)

Concrete
Sound transmission loss (TL)

| 125 Hz | 250 Hz | 500 Hz | 1000 Hz | 2000 Hz | 4000 Hz |

STC
Sound travels
through barrier

10

| 24 | 26 | 30 | 35 | 43 | 51 | STC

4 x 8 x 16-in. solid
lightweight concrete
block
(100x200x400 mm)

35

Note the effect of mass on low frequency TL

| 48 | 42 | 45 | 55 | 57 | 67 |

4-in.-thick flat
concrete panel
(100 mm)

44

| 33 | 37 | 41 | 45 | 51 | 55 |

8 x 8 x 16-in.
3-cell lightweight
concrete block
(200x200x400 mm)

45

• STC 40+
  recommended
  between corridor
  and family room

| 40 | 43 | 51 | 59 | 67 | 72 |

6-in.-thick flat
concrete panel
(150 mm)

55

• STC 55+
  between
  apartments

| 44 | 49 | 55 | 58 | 64 | 67 |

8-in. thick
(200 mm)

58

75

Sound less likely
to travel through

Legend:

▭ Robust low-frequency values - Useful for transportation
noise, amplified music, and mechanical noise (>35)

⬭ Weak low-frequency values - Not useful for transportation
noise, amplified music, and mechanical noise (<25)

Concrete masonry units
Sound transmission loss (TL)

125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz

STC

Sound travels through barrier

| 33 | 37 | 41 | 45 | 51 | 55 | STC |

8x8x16-in. 3-cell lightweight concrete block (28 lbs per block) (200x200x400 mm)

45

10

| 40 | 38 | 41 | 47 | 54 | 58 |

With paint

46

| 34 | 38 | 43 | 53 | 63 | 72 |

With grout in cells (33 lbs per block)

48

STC 45+ recommended between private office and open-plan office

| 37 | 43 | 52 | 60 | 69 | 75 |

With grout and paint

55

STC 50+ between classrooms

STC 55+ between apartments

| 40 | 45 | 54 | 61 | 70 | 77 |

With grout and 1/2-in. plaster both sides

56

75

Sound less likely to travel through

Brick
Sound transmission loss (TL)

	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	STC
4-in. brick mortared (100 mm)	32	34	40	47	55	60	45
With 2-in. airspace (50 mm), metal ties, 2 wythes	36	37	47	55	62	66	50
1/2-in. plaster on brick (13 mm)	38	40	46	52	56	60	50
3 layers brick mortared	44	48	55	61	66	68	59

STC

Sound travels through barrier

10

75

Sound less likely to travel through

Legend:

☐ Robust low-frequency values - Useful for transportation noise, amplified music, and mechanical noise (>35)

⬭ Weak low-frequency values - Not useful for transportation noise, amplified music, and mechanical noise (<25)

Metal
Sound transmission loss (TL)

125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz

STC

Sound travels
through barrier

| (14) | (18) | 22 | 20 | 21 | 26 | STC |

10

26 gauge sheet metal
(1.5 psf)

22

| (15) | (18) | 24 | 29 | 34 | 37 |

28

22 gauge
galvanized steel

| (17) | (24) | 31 | 38 | 52 | 61 |

34

With 5.5-in.
space (140 mm)
and another layer

75

Sound less likely
to travel through

Stud Walls
Sound transmission loss (TL)

	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	STC
5/8-in. gypsum board (16 mm) 2x4 wood studs (38x89 mm) 16-in. o.c. (400 mm) 5/8-in. gypsum board	15	24	32	40	38	41	34
With studs 24-in. o.c. (600 mm)	23	27	33	41	37	40	36
With 2-5/8-in. (65 mm) metal studs 16-in. o.c. (400 mm)	13	27	43	54	40	45	35
With 2-5/8-in. (65 mm) metal studs 24" o.c. (600 mm)	12	29	44	54	39	46	35
With 3-5/8-in. metal studs (90 mm)	14	33	47	59	42	44	38

STC

Sound travels through barrier

10

STC 40+ recommended between corridor and family room

75

Sound less likely to travel through

Legend:

Robust low-frequency values - Useful for transportation noise, amplified music, and mechanical noise (>35)

Weak low-frequency values - Not useful for transportation noise, amplified music, and mechanical noise (<25)

Stud Walls
Sound transmission loss (TL)

125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	STC

STC

Sound travels
through barrier

10

(15) (24) 32 40 38 41   STC

5/8-in. gypsum board
(16 mm)
2x4 wood studs (38x89 mm)
16-in. o.c. (400 mm)
5/8-in. gypsum board

34

(14) (29) 39 45 40 46

With 3-½-in.-thick
mineral fiber insulation

34

STC 35+
recommended
between
laboratories

(17) (27) 41 53 44 49

Without insulation
One side of gypsum wall
mounted on resilient
channel

40

(21) (40) 55 63 54 57

With 3-½-in.-thick
mineral fiber insulation
and one side mounted on
resilient channel

46

STC 50+
between private
offices

31 50 62 70 63 68

One side with two layers
gypsum board. The other
side with two layers
mounted on resilient
channel.

59

STC 60+
between
mechanical room
and music class-
room

75

Sound less likely
to travel through

Stud Walls
Sound transmission loss (TL)

	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz

STC

Sound travels through barrier

| (15) | (24) | 32 | 40 | 38 | 41 | STC |

5/8-in. gypsum board (16 mm)
2x4 wood studs (38x89 mm)
16-in. o.c. (400 mm)
5/8-in. gypsum board

34

| (14) | (29) | 39 | 45 | 40 | 46 |

With 3-½-in.-thick mineral fiber insulation

34

| (19) | (29) | 44 | 53 | 44 | 53 |

With staggered studs 2x4 studs, spaced 16-in. o.c. and staggered 8-in. o.c. on 2x6 plates

41

| (23) | (39) | 52 | 59 | 63 | 58 |

With 2 layers of gypsum board on each side

47

| 34 | 46 | 56 | 59 | 57 | 66 |

With 3-½-in.-thick glass fiber insulation

56

STC
10

STC 40+ recommended between kitchens

STC 50+ between class-rooms

75

Sound less likely to travel through

Legend:

☐ Robust low-frequency values - Useful for transportation noise, amplified music, and mechanical noise (>35)

⬭ Weak low-frequency values - Not useful for transportation noise, amplified music, and mechanical noise (<25)

Stud Walls
Sound transmission loss (TL)

125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz

STC
Sound travels
through barrier

| (15) | (24) | 32 | 40 | 38 | 41 | STC |

5/8-in. gypsum board
(16 mm)
2x4 wood studs (38x89 mm)
16-in. o.c. (400 mm)
5/8-in. gypsum board

34

10

| (14) | (29) | 39 | 45 | 40 | 46 |

With 3-½-in.-thick
sound attenuation
blanket (90 mm)

34

STC 35+
recommended
between
laboratories

| (23) | (38) | 49 | 54 | 43 | 51 |

With double row of 2x4
studs, spaced 16-in.
o.c. on separate plates
spaced 1-in. apart
Without insulation

45

| 30 | 46 | 56 | 59 | 61 | 59 |

STC 45+
between corridor
and classrooms

With 2 layers of
gypsum board on each
side

55

STC 55+
between hotel
rooms

| [42] | [59] | 72 | 80 | 77 | 66 |

With 2 layers of
3-½in.-thick sound
attenuation blanket
(90 mm)

67

STC 60+
between cafeteria
and classroom

75

Sound less likely
to travel through

Glass
Sound transmission loss (TL)

125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz	

STC
Sound travels
through barrier

| (18) | (21) | 26 | 31 | 33 | 22 | STC |

1/8-in. glass
(3 mm)   26   10

| (21) | (26) | 24 | 33 | 44 | 34 |

1/8-in. glass +
1/8-in. glass
with 1/4-in.
airspace   28

Recommended
for retail shop
window 200 ft.
from highway

| (25) | (28) | 31 | 34 | 30 | 37 |

1/4-in. glass
(6 mm)   31

| (25) | (28) | 32 | 35 | 36 | 43 |

1/4-in. laminated
glass + 3/16-in.
glass with 2-in.
airspace (50 mm)   35

Bedroom 200 ft.
from highway

| (21) | (30) | 40 | 44 | 46 | 57 |

1/4-in. laminated
glass + 1/4-in.
laminated glass
with 1/2-in. airspace   42

Bedroom 50 ft.
from highway

| [36] | [37] | 48 | 51 | 50 | 58 |

1/4-in. laminated
glass + 3/16-in.
glass with 4-in.
airspace (100 mm)   48

-To maintain adequate sound isolation, ensure that windows and
doors have STC values no lower than 5 points below the wall

-Splay one glass pane so that the two planes are nonparallel, reducing
resonance buildup between the panes and improving performance

75

Sound less likely
to travel through

Legend:

[ ] Robust low-frequency values - Useful for transportation
    noise, amplified music, and mechanical noise (>35)

( ) Weak low-frequency values - Not useful for transportation
    noise, amplified music, and mechanical noise (<25)

Doors
Sound transmission loss (TL)
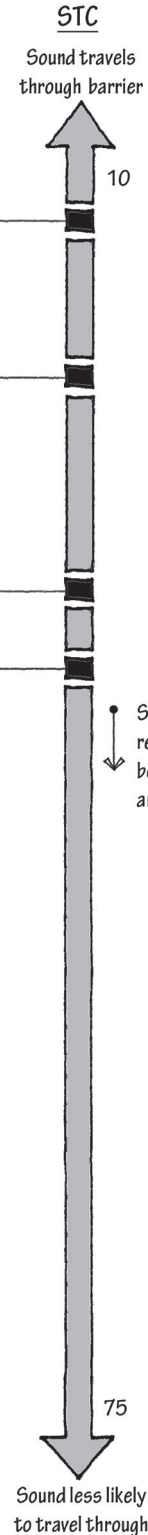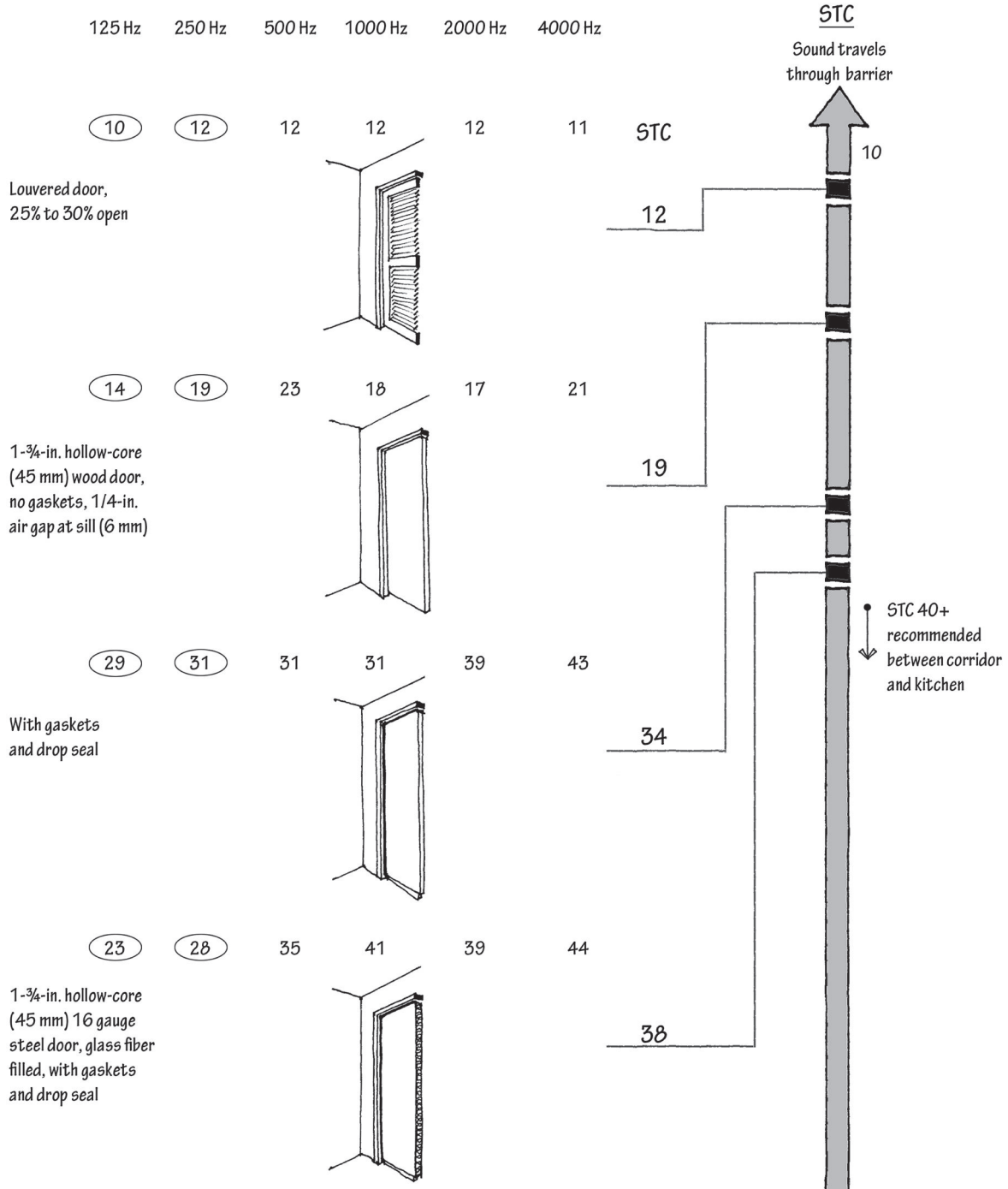
125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz

STC

Sound travels
through barrier

(10) (12) 12 12 12 11   STC

10

Louvered door,
25% to 30% open

12

(14) (19) 23 18 17 21

1-¾-in. hollow-core
(45 mm) wood door,
no gaskets, 1/4-in.
air gap at sill (6 mm)

19

(29) (31) 31 31 39 43

With gaskets
and drop seal

34

STC 40+
recommended
between corridor
and kitchen

(23) (28) 35 41 39 44

1-¾-in. hollow-core
(45 mm) 16 gauge
steel door, glass fiber
filled, with gaskets
and drop seal

38

75

Sound less likely
to travel through

- To maintain adequate sound isolation, ensure that windows and doors have STC values
no lower than 5 points below the wall and minimize or eliminate gaps below doors

- When possible, avoid designing doors between noise-sensitive adjacencies

Noise Reduction Example Problem

You are designing a multifamily apartment building and would like to confirm that a resident may still sleep with his neighbor's stereo on. Calculate the required transmission loss (TL) and select a wall that meets or exceeds the requirement.

Given

	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Source room sound level							
Stereo	73	77	88	87	87	85	80
A_2: Receiving room total sound absorption (sum of area times absorption coefficient (α) for each surface)							
Sabins	188	210	179	146	140	162	162
S: Surface area of common wall							
Square feet	150						

Using the noise criteria (NC) table, select NC-25 as our receiver room target design background noise maximum.

$$NR = TL + 10 \log \frac{A_2}{S}$$

Source room sound level (stereo blasting)

Receiver room sound level (for sleeping)

Noise reduction (NR)

S = surface area of common wall

Wall assembly provides transmission loss (TL) (most of the noise reduction comes from the wall's TL)

A_2 = Total absorption in receiving room (sum of each room surface times surface absorption coefficient, see chapter on Sound Absorption)

Design source room sound level:
Very loud stereo playing in
adjacent apartment living room

Noise reduction (NR) required
at each frequency:
NR = (Sound level in the
source room) - (sound level in the
receiving room)
$NR = TL + 10 \log A_2/S$

Wall assembly (adjusted for the
common wall surface area and the
quantity of receiving room sound
absorption) must attenuate at
least this much sound energy at
each of these octave levels

NC-25 (or less) required sound level
in bedroom

NC-25

Solution

	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Source room sound level							
Stereo	73	77	88	87	87	85	80
Receiver room design target maximum sound level							
NC 25	54	44	37	31	27	24	22
Required noise reduction (*NR*) from source room to receiver room							
Stereo – NC 25	19	33	51	56	60	61	58
A_2: Receiving room total sound absorption (sum of area times absorption coefficient (α) for each surface)							
Sabins	188	210	179	146	140	162	162
S: Surface area of common wall							
Square feet	150	150	150	150	150	150	150

Solution

	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Room effects (adjustments to normalize for wall surface area and receiver room sound absorption)							
10 log (A_2/S)	1	1	1	0	0	0	0
Required wall transmission loss (TL) to meet required noise reduction (NR)							
$TL = NR - 10\log (A_2/S)$	18	32	50	56	60	61	58
Search for a wall whose TL exceeds the required TL at *each* octave band: double stud with two layers of gypsum board on each side and insulation in the cavity.							
TL of wall selected	26	42	59	72	80	77	86
TL of selected assembly exceeds required *TL* so that receiver room level will be adequately quiet, even when the neighbor is blasting the stereo.							
	✓	✓	✓	✓	✓	✓	✓
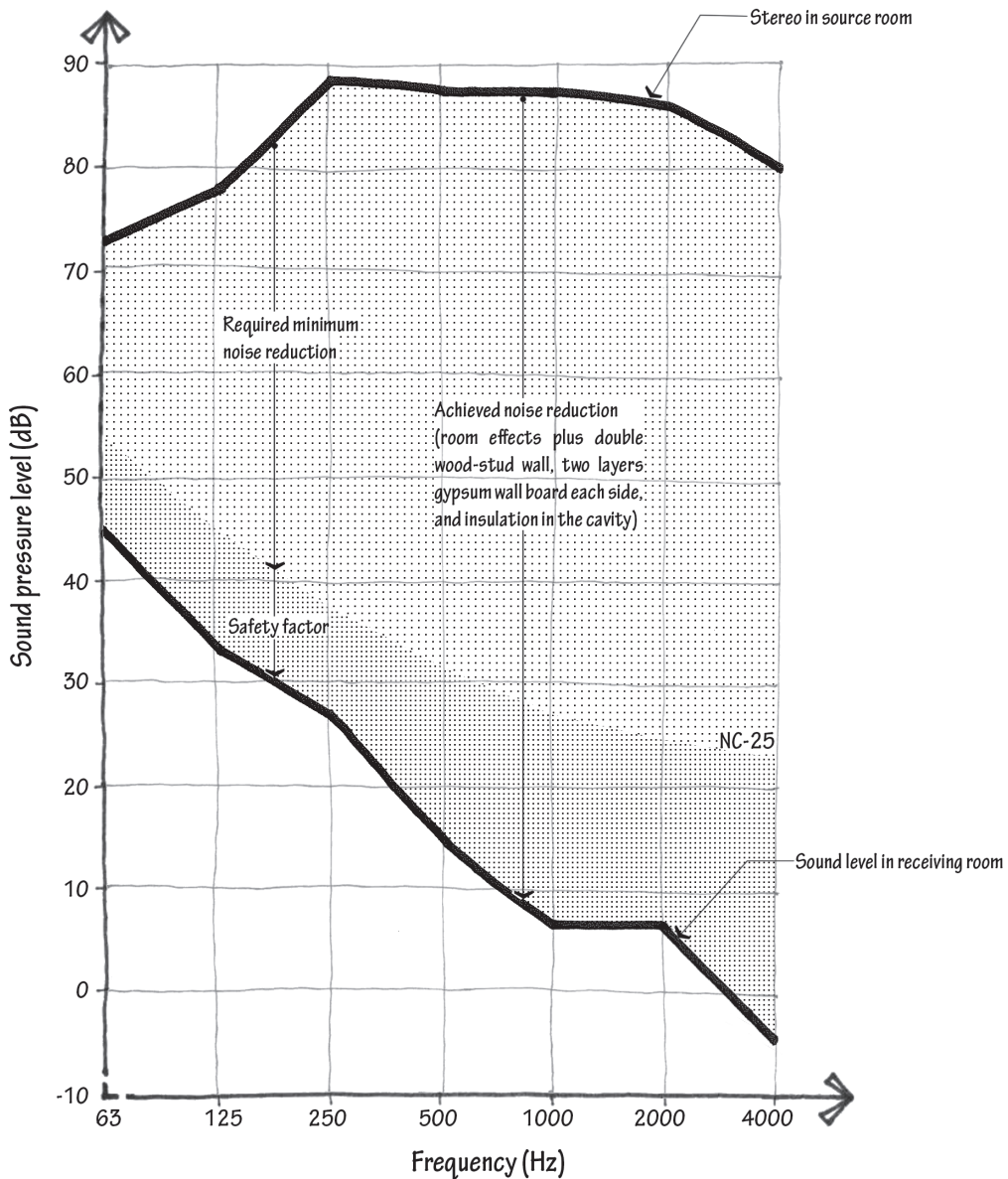
Air-Structure-Air Flanking

The *solid* elements in a building may carry airborne noise from one room to another. When this happens, the noise imparts its energy to the building structure, and that sound energy moves through the structure to another room, where it is radiated again as airborne noise. Like airborne noise flanking, air-structure-air flanking is best mitigated through careful detailing and whole-system thinking. But rather than looking to address flanking "holes" in building assemblies, look to eliminate short-circuiting solid pathways: continuous building elements that link a noisy room to an adjacent quiet room.

This should not be confused with the structure-borne impact noise generated by footfall on the floor above, which presents a different kind of problem.

Avoid building elements that span continuously across, and attach rigidly to, each face of a barrier. In lightweight wood construction, the dominant flanking path is across the top surface of a continuous floor that spans both the source and receiving room.

Adapted from J. D. Quirt and T. R. T. Nightingale, "Airborne Sound Insulation in Multifamily Buildings," National Research Council Canada Construction Technology Update No. 66, March 2008.

NOTE

The baseline partition, which has two layers of gypsum board on each side of it and is stuffed with batt insulation, earns an apparent sound transmission class (ASTC) of 43; it earns an ASTC equal to the "baseline" plus 14 when it is tested uncoupled from the floor entirely! For clarity, ASTC values are listed as STC values.

Acoustic Privacy Checklist

Early Design

1. Program and space-plan with acoustics in mind. Keep the quiet spaces and noisy spaces far away from one another, not only in plan, but in section as well. This is by far the most effective, least costly, and most architectural of the solutions available.

2. Recognize that some rooms are simply too noisy to be adjacent to noise-sensitive spaces, period.

3. Design rooms that are not noise sensitive as buffer zones between noisy spaces and quiet spaces. For instance, place a row of closets, utility rooms, vestibules, and bicycle storage rooms between residential units. Experience suggests that the room two-doors-down is much quieter than the adjacent room, so insert buffer rooms to effectively move noisy rooms "two doors down."

4. Recognize that an open plan will not afford acoustic privacy. For instance, if the conference room and reception area are in plain sight of one another without full-height partitions between them, no acoustical treatment will provide meaningful aural separation.

Assembly Performance

1. Do not confuse sound absorption with sound transmission loss. A material's sound absorption or an assembly's impact noise performance has little—and often no—effect on its sound transmission properties. Noise reduction coefficient (NRC) and impact insulation class (IIC) are independent of sound transmission loss (TL) and sound transmission class (STC). Most types of acoustical ceiling tile do not adequately affect the transmission of sound between occupied rooms.

2. Be conservative and specify an assembly that well exceeds the minimum required. Sound transmission class (STC) regularly varies +/– 2 points from measurement to measurement. Some vary more. Manufacturers, when publishing results from acoustic tests, may put forth the highest score ever achieved rather than a typical score.

3. If measuring as-built assembly performance in the field, know that field test values usually come in below those measured in the laboratory. This is because, in situ, construction irregularities and flanking paths compromise the robustness of the more controlled samples tested as panels in the lab. Nominally, one may assess a penalty of five points when translating from lab measurements to field measurements if there is the clear understanding that, in some cases, the penalty may be more than ten points.

4. Recognize that sound more easily passes between rooms if open exterior windows of the adjacent rooms are located near one another.

5. Specify massive, airtight, and structurally discontinuous assemblies for walls *and* floor-ceilings.

Apartment Layout Quiz Answer

The apartment plan in the following illustration identifies acoustic concerns from the quiz at the beginning of the chapter. The plan illustration on the adjacent page improves the apartment, from an acoustic point of view.

Plumbing fixture on party wall

Plumbing fixture on bedroom wall

Trash chute adjacent to dwelling

A/C compressor-condenser adjacent to windows

Washer and dryer exposed to living area

Single stud wall construction

A/C with louvered door and unducted return

Partial-length wall not a sound barrier

No vestibule, one door only

Cabinets, dishwasher, disposal, and plumbing on party wall

Single-stud wall construction

Elevator adjacent to dwelling

TV mounted on party wall

Apartment (not improved)

A/C remotely located with ducted supply and return

Noisy appliances in separate room with door

Noisy cabinets, dishwasher, disposal, refrigerator, and plumbing away from noise-critical party walls

Plumbing fixtures not on party wall

Closet as buffer zone for plumbing and airborne noise

Area adjacent to windows free of mech. equipment, dumpsters, and other noisy outdoor equipment

Double-stud wall for critical adjacencies

AHU

Full-length and full-height wall; door to separate living and sleeping areas

Vestibule with door on each side between corridor and dwelling

Elevator and trash chute separated from dwelling with a utility closet buffer zone

Double-stud wall construction and closet buffer zone

TV and stereo not mounted on party wall

Double-stud party wall

Apartment (improved)

DOOR AND WINDOW SOUND ISOLATION

Doors

Baseline   Better

- Noisy room

- Door moved to corridor, lobby, or outside

- Quiet room

- Sound lock: Two doors with a vestibule between

- Louvers

- Vision glass in section perspective

- Two panes of glass (or laminated glass)

- Hollow wood door

- Solid wood (or hollow metal) door

Baseline

Better

Bottom of door in section detail

Floor

1/4-inch

Less than 1/16-inch gap at sill

Gap at sill

Threshold and neoprene seal

Gap at sill

Drop-seal lowers mechanically as door closes

Door and jamb in plan detail

Non-hardening caulk to seal joints

Neoprene seal

Fiber-filled or grout-filled metal frame

Noise Isolation and Windows

Keeping sound out is like keeping water out; the weakest region of the building envelope governs effectiveness. If a wall with an STC of 45 contains windows with an STC of 26 covering just 30% of the wall area, the composite STC of the partition drops from 45 to 31. Because an *open* bedroom window provides almost no meaningful barrier against exterior noise, some sites may simply not be appropriate for some building uses.

As a rule, at frequencies where the transmission loss of a window is at least 10 decibels below that of the wall, the window controls. So for a wall (250-Hz TL of 33 decibels) with a window (TL of 21 decibels at that same octave band) there is a difference of 33 minus 21 equals 12 decibels. This means that improvements to the 250-Hz wall transmission loss value will likely not benefit the interior space (without corresponding improvements to the window transmission loss). In this example, and many more like it, design effort priorities should be directed at the window, not the wall.
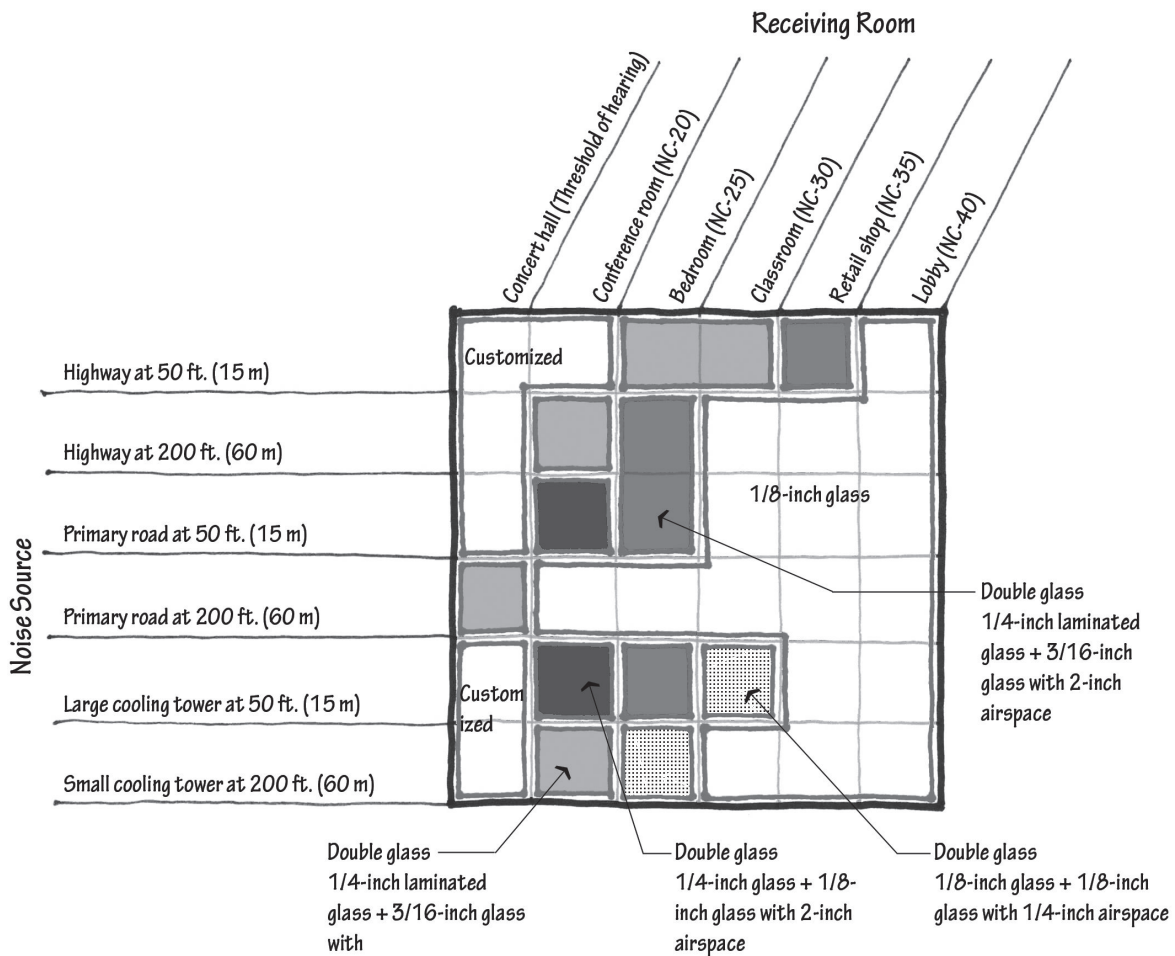
NOTE

A building façade's performance may also be measured and reported as outdoor-indoor transmission class *(OITC). Like STC, OITC is a single-number rating used to describe a building assembly's noise isolation robustness, but OITC weights more heavily the low-frequency sound associated with transportation noise (likely to present itself to building skins). It therefore is thought to be more appropriate for façades.*

IMPACT NOISE

Impact Noise Isolation

Impact noise is both particularly common and particularly difficult to mitigate, especially in multifamily housing. Currently, the field often defines floor-ceiling construction not through design standards or building codes, but rather through litigation. Impact noise, as a type of structure-borne sound, arises from impacts and vibrations transmitted directly to the building structure. These sounds can be loud and sporadic, therefore particularly annoying to building occupants, and unless they are accounted for in the initial design, structure-borne noise problems are difficult to correct.

Impact noises are radiated to structure through furniture movement, machinery, dropped items, rolling carts, kitchen activities, fitness activities, hammering, and slammed doors—but in almost all cases, impact noise discussion can be limited to footfall noise. When feet strike a floor, they can set the structure into vibration, and structure-borne sound is radiated to both sides of a floor-ceiling assembly, often to a room below. Because structure-borne noise can travel quite far, footfall noise may be heard at great distances from the source.

The types of floor-ceiling assemblies that do well at keeping airborne noise out of a room below a source are not necessarily effective at keeping structure-borne impact noise from radiating downward; and the types of assemblies that resist the creation and transmission of impact noise do not necessarily perform well when subject to airborne noise.

Impact Insulation Class (IIC)

Impact insulation class (IIC) provides a single-number rating and a means for comparing the performance of floor-ceiling assemblies for the transmission of impact noise. The higher the impact insulation class (sometimes written as impact *isolation* class but still abbreviated as IIC), the better the assembly performs. A floor with no acoustic consideration in its design might earn an IIC of about 30, and most occupants would find that unacceptable; a floor that takes acoustics into careful consideration might achieve an IIC of 70, and most occupants would find that acceptable. Yet if a designer has taken some acoustic care in the design of a floor-ceiling assembly, and achieves an (International Building Code minimum) IIC of 50 . . . well, some residents will find that satisfactory and some will not.

In lightweight wood or steel frame construction, maintaining appropriate impact noise sound isolation may be quite rare, even if IIC ratings exceed minima. Research and experience suggest that the low-pitched thud associated with footfall and deflection in these types of buildings may not be practically mitigated to a level that many occupants would judge to be acceptable. Because annoyance from footfall is related to the mere audibility (as well as the magnitude) of the noise, designers should consider avoiding lightweight construction altogether in favor of a concrete building when residential units will be stacked. If building in wood, one might consider gypsum concrete floor toppings to add mass and stiffness, establishing appropriate occupant expectations, or adopting a townhouse regime where units are not stacked vertically. In wood construction, even if floors boast high IIC ratings—ratings that if found in concrete construction would suggest proper performance—they may not be judged acceptable to a portion of reasonably minded building residents.

Achieving Higher Impact Noise Performance in Design

1. *Programming*. As with most problems related to noise control, positioning noisy areas so that they are far from quiet areas is often the best of the solutions available. To mitigate problems

that might arise from impact noise, consideration should be given as to whether a parti that involves vertically stacking residential units is necessary at all.

2. *Damping at point of impact*. The most effective method to bolster the performance of a floor-ceiling assembly is to prevent the impact sound energy from entering the building structure altogether. This can be achieved by specifying carpet with a soft underlayment, cork, or rubber tile surfaces. Of course, even if carpet is specified, occupants may swap out their soft surface for a hard one sometime after taking ownership of a unit, *significantly* decreasing its impact noise performance.

3. *Damping between a hard finish surface and a structural surface*. A resilient underlayment can consist of a mesh, pad, board, or mat layer. These are typically proprietary systems and are not equal in performance. In general, thick underlayments far outperform thinner underlayments, and those with thicknesses less than $\frac{3}{8}$ inch should be avoided, especially in light wood construction. In concrete construction, a "floating floor" may be used to isolate a concrete pad from the structural floor below it. In this system, a second floor surface hovers on spring or neoprene isolators. Most of the effective underlayments will add a not-insignificant thickness to the floor assembly, which can complicate the installation of cabinets and doors. When designing for an underlayment or floating floor, carefully detail to eliminate flanking paths at penetrations and walls.

4. *Damping between the structural floor and the ceiling below*. Generally, floor-ceiling assemblies with ceilings outperform those with exposed overhead structure. Decoupling the ceiling from the structure with spring hangers, resilient channel, or resilient brackets, increases performance further. For concrete construction, maintain four inches minimum airspace between the ceiling and the structure above it (eight inches is better).

5. *Insulation in the cavity*. The use of sound-absorbing fiberglass, cellulose, or mineral wool insulation in the cavity between the floor above and the ceiling below increases impact insulation performance. This "fuzz" in the cavity benefits frame construction only slightly but has a more meaningful impact in concrete constructions with suspended ceilings.

6. *Stiffness and mass*. While "click-clack" sounds are associated with an inadequately resilient floor surface assembly, a "thud" sound is associated with insufficient stiffness. In wood construction, short joist spans, nominally those 14 feet or less, outperform floors with longer joist spans in the field; floors with denser joist spacing, 16 inches on-center or less, outperform floors with sparser joist spacing. Lab tests published for floor-ceiling assemblies do not currently account for the variability of joist spans, and manufacturers may disingenuously test a stiffer structure in the lab than normally specified in the field to bolster a product's IIC numbers. To achieve appropriate stiffness and mass in wood construction, a concrete or gypsum-concrete floor topping should be used.

7. *Flanking*. The acoustical benefit of underlayments or resilient ceiling mounts can be compromised if the independence of resilient components is short-circuited. Special care is required in detailing and construction oversight to ensure that resiliently supported floors, floated floors, and resiliently hung ceilings make no rigid contact with structure that bridges between floors. When floors are isolated on an underlayment or floated, use a soft proprietary perimeter board at the edge of the floor surface in each room to keep structure-borne acoustic energy from transferring to the walls. Floor moldings should be attached to the walls, but make no mechanical contact with the resiliently mounted floor (use non-hardening caulk). Nor should spring- and resiliently hung ceilings mechanically contact walls (again, use non-hardening caulk to make the seal). Be wary: Pipes, conduit, ducts, and other services penetrating a damped floor-ceiling assembly will short-circuit the resilient layer unless carefully detailed so as to avoid simultaneous mechanical contact with the floor surface and ceiling or structure.

Shortcomings of the IIC Rating
While the IIC rating is widely referenced, it does not always measure the likelihood of annoyance from footfall. First, assigning a single value as an acoustic metric oversimplifies the important role that frequency-dependency plays in sound. Second, IIC ratings, especially those measured by product manufacturers, are tested in laboratory conditions, but in-the-field performance is known to vary from that which is measured in the lab. Third, published IIC values often do not take into account the span (stiffness) of the floor structure. Fourth, floor-ceiling assemblies are fickle in their transmission of sound. A seemingly small change in the section detail may leverage large variations in sound isolation. It is therefore difficult to estimate an IIC rating, and since most floor-ceiling assemblies haven't been tested exactly as specified, it may be difficult to know exactly how *your* assembly will perform. Finally, and most importantly, in its calculation the IIC metric doesn't properly account for the low-frequency thud associated with footfall in wood and lightweight steel construction. Whenever possible, examine the original lab test document to verify the structure's stiffness and to compare the low-frequency third-octave-band spectral performance. Nonetheless, IIC is widely used, and no better measurements have yet found broad acceptance (in the United States). It's best to view IIC as a useful but flawed instrument.

Concrete Construction
Impact Insulation Class (IIC)

Less robust — More robust

20   30   40   50   60   70   80

(Shaded area 45-60: range of codes & standards)

4" (100 mm) concrete deck

Hard surface
Concrete deck
Spring isolation hangers
Batt insulation
Gypsum ceiling

With thin acoustic underlayment - 1/4" (6 mm) or less

Hard surface
Floating concrete floor
Structural concrete deck

(>60 complaints less likely)

Carpet on pad
Concrete deck
Spring isolation hangers
Batt insulation
Gypsum ceiling

(>70 complaints unlikely)

Hard surface
Thin acoustic underlayment -1/4" (6 mm) or less
Concrete deck

With thick acoustic underlayment - more than 1/4"

With spring isolation hangers
Batt insulation
Gypsum ceiling

Carpet on pad
Concrete deck

Hard surface
Floating concrete floor
Structural concrete deck
Spring isolation hangers
Batt insulation
Gypsum ceiling

188

Wood Construction
Impact Insulation Class (IIC)

Hard surface
Gypsum ceiling

With batt in cavity

With spring hangers

Carpet on pad
Wood subfloor
Gypsum ceiling

(Shaded area 45 - 60 - range of minima found in codes and standards)

(>60 complaints less likely though still common in wood construction)

Less robust

More robust

20 30 40 50 60 70

Hard surface
Resilient clips with metal channels
Gypsum ceiling

With batt in cavity

With gypsum - concrete topping (>1-¼-in. or 30 mm)
Thick underlayment (1/4" or 6 mm)

Adapted from "Impact Noise and Impact Insulation Class," a presentation by the Noble Company prepared by Siebein Associates, Inc., 1999.

How to Measure IIC

Step 1: Excite the floor with impacts
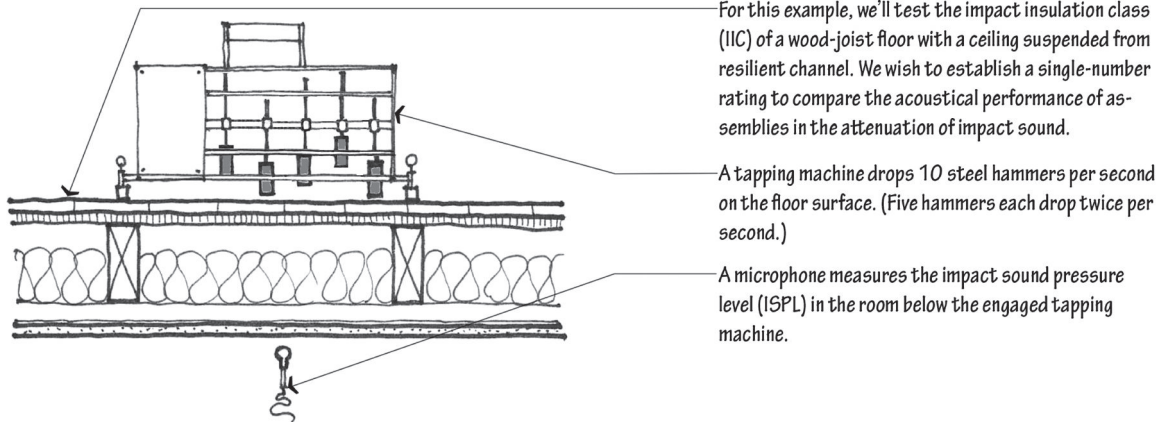
For this example, we'll test the impact insulation class (IIC) of a wood-joist floor with a ceiling suspended from resilient channel. We wish to establish a single-number rating to compare the acoustical performance of assemblies in the attenuation of impact sound.

A tapping machine drops 10 steel hammers per second on the floor surface. (Five hammers each drop twice per second.)

A microphone measures the impact sound pressure level (ISPL) in the room below the engaged tapping machine.

Step 2: Plot the corresponding normalized impact sound pressure level

Noisier floor →

Quieter floor ←

ISPL (dB)

75

55

35

125   2000

Frequency (Hz)
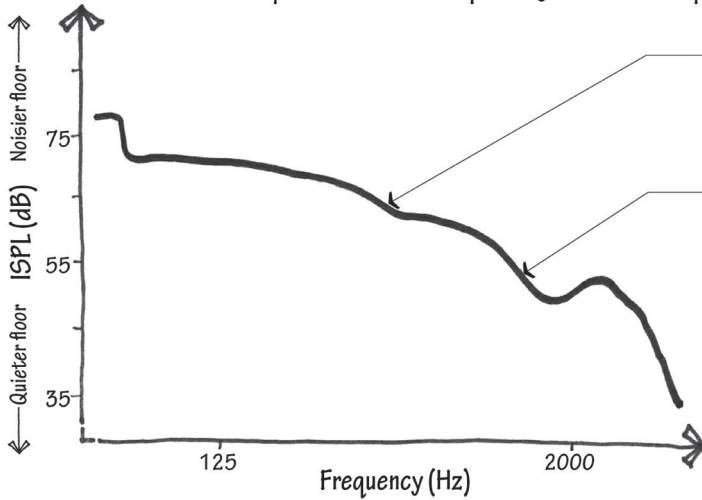
The impact sound pressure level (ISPL) in the receiving room is normalized to account for the receiving room absorption. The values are plotted at one-third octave-band resolution from 100 Hz to 3150 Hz.

The lower the impact sound pressure level, the more successful the floor assembly at attenuating impact noise.

Step 3: Plot the IIC contour on a transparent overlay

IIC contour

25

35

45

5 dB

15 dB 55

65

IIC rating

100   315   1000   3150
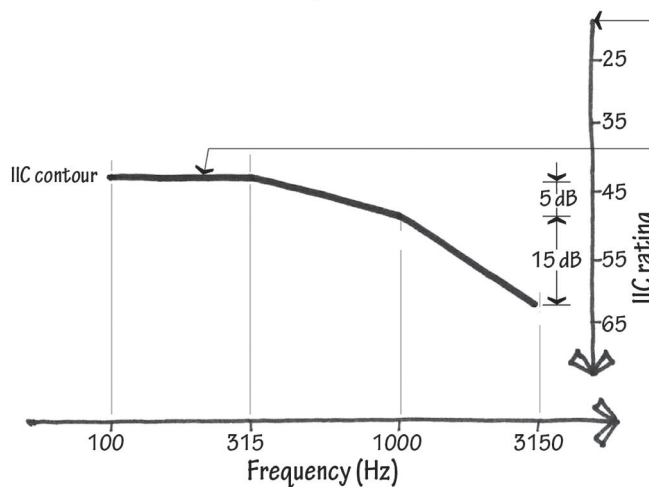
Frequency (Hz)

While plotted at the same scale as the measured impact sound pressure level in the previous step, the IIC rating values on this (transparent) overlay decrease along the Y-axis as one moves from bottom to top.

The low-frequency portion of the contour is higher, allowing for a "low hurdle" that the floor must clear in its resistance to low-frequency thump.

Step 4: Fit the contour

ISPL values plotted
on left-side Y-axis

ISPL (dB)

75

7 dB

55

35

Frequency (Hz)

25

35

45

55

65
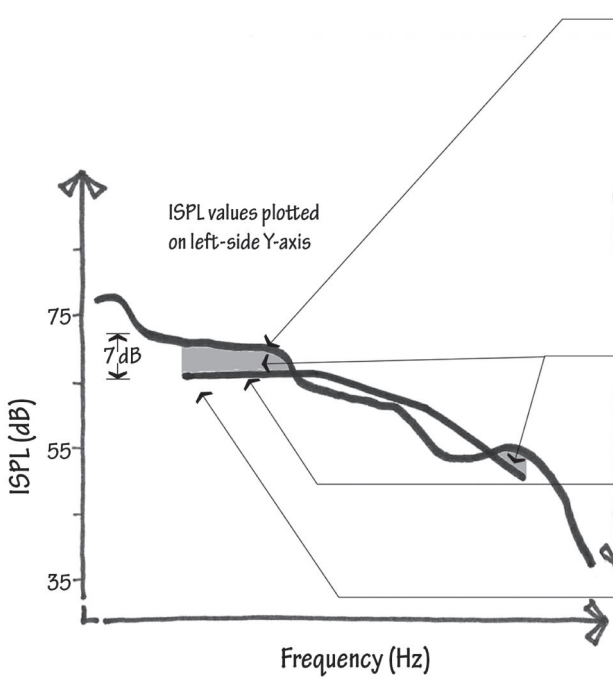
Move the IIC contour up and down over the measured TL spectrum until a "fit" is reached. This happens when the contour is at as low a position as possible but each of the following criteria are still met:

1. The maximum deviation of the measured normalized impact sound pressure level spectrum above the IIC contour at any single test frequency shall not exceed 8 decibels.
2. The sum of all the deviations above the contour at all 16 frequencies of the test curve shall not exceed 32 decibels.

In this case, the final position of the IIC contour is limited by the sum of all the deviations, which when totaled, equal the maximum 32-decibel total deviation.

The maximum deviation at any one-third-octave band, 7 decibels, occurs at 125 Hz. This does not control the final resting position because this is less than the 8-decibel single-band limit.

Because this is a lightweight wood-structure floor, the transmission of low-frequency thud, below 250 Hz, governs. A bare concrete floor IIC rating, by contrast, may be governed by high-frequency clack, above 2000 Hz.

Step 5: Read the IIC

ISPL (dB)

75

55

35

IIC 43

500

Frequency (Hz)

25

35

45

55

65
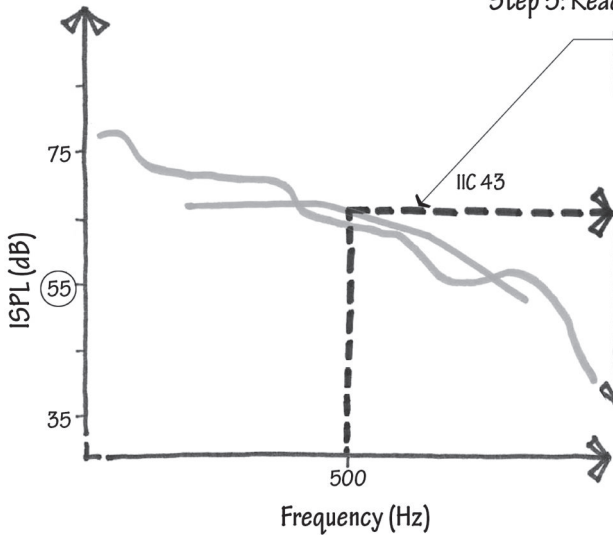
To establich the IIC value, read up vertically from the 500 Hz tick on the X-axis until you reach the IIC contour. Then read right horizontally to determine the IIC rating, which for this example is IIC 43.

The two Y-axes maintain identical values of decibels per graph division, but progress is in opposite directions. They cross at a value of 55, which means that a normalized impact sound pressure level of 55 sits at the same graph-altitude as an IIC value of 55.

NOTES

In practice, this procedure is often executed with a spreadsheet rather than graphical overlays. Field impact insulation class (FIIC) tests measured in actual buildings often suffer a five or more IIC point deficit relative to the flanking-controlled lab tests in published data. European countries and some other countries outside the U.S. use the weighted impact sound reduction index (ΔL_w) instead of IIC. The two are similar; see Standard ISO 717-2.

Impact Noise Checklist

Early Design

1. Don't stack residential units vertically. Consider a townhouse configuration instead, if possible.
2. Don't program noisy spaces likely to generate footfall above quiet spaces.
3. Use concrete. Many researchers and practitioners believe there is no way to achieve acceptable low-frequency impact noise isolation performance with wood or light steel construction.
4. Know that, at present, minimum code performance is not aligned with widespread occupant satisfaction. Prepare residents to maintain reasonable expectations and educate clients on the topic of impact noise.
5. Avoid designing kitchens and baths above living rooms or bedrooms. They are more likely to have tile surfaces.

Assembly Performance

1. Avoid excessive floor deflection in wood and light steel construction. Although a floor joist system may be adequate for load requirements, it may deflect sufficiently underfoot to cause squeaking or thud. This generally occurs when the joist is too shallow or the spacing between joists is too wide. For typical residential floor construction, the deflection of the floor should not exceed $\frac{1}{8}$ inch under a uniform dead-load distribution of 40 pounds per square foot. This amounts to approximately one-fourth of the conventional deflection limitations, which are based on $\frac{1}{360}$ of the floor span.
2. Remember that strong acoustical performance at airborne sound isolation (STC) or sound absorption (NRC) does not (necessarily) equate to good acoustical performance at impact noise isolation.
3. Where hard surfaces exist, use thick resilient underlayments or floating floors to isolate the finished floor from the structure.
4. Design resiliently mounted sound-barrier gypsum ceilings under structural floors. Extend ceilings to cover the entire space, rather than only some rooms. Acoustical ceiling tile (ACT) ceilings offer scant impact noise protection.
5. In concrete construction, maintain an airspace (with fiberglass insulation) of at least four inches between the structural floor and the hung ceiling. Eight inches is better
6. Detail and specify resilient clips with metal channels or resilient channels to support gypsum board ceilings. If using resilient channels, (a) carefully supervise their installation, (b) use high-quality stock, and avoid channels heavier than 25 gauge that is not really resilient, (c) limit the length of screws attaching the ceiling to ensure they don't engage the structure beyond the resilient channel, (d) don't install the channel between two layers of gypsum board, upside down, or with the solid part of the web at joists, and (e) don't excessively overlap the ends of the channel.
7. Insert stepped blocking between joists in wood construction to make the assembly stiffer.
8. Provide fiberglass batt insulation in the airspace between the structure and the ceiling.
9. Install closers and impact snubbers on cabinet doors, and require felt sliders for chairs and other movable furniture.

Flanking

1. Because flanking paths are the enemy of effective isolation, carefully detail the edge of the floor and penetrations of the assembly so that resilient surfaces do not make mechanical contact with the rest of the building. Use generous quantities of non-hardening caulk, glass fiber packing, and firestop putty.
2. Know that ceiling-mounted recessed lights and ducted air inlets/outlets in a ceiling can compromise the performance of the assembly.
3. Detail the perimeter of the ceiling so that it doesn't make mechanical contact with the wall. Seal the ceiling perimeter with non-hardening caulk. The wall board should extend up beyond the ceiling board: If a resiliently mounted ceiling gypsum board plane rests on the wall board, the wall board may support the ceiling board, negating the ceiling's resilient connection.

Wood floor over wood joists with resiliently
suspended gypsum wall board ceiling
Impact sound reduction (ISR) rating of 60

Carpet over wood joists also ISR 60

Be cautious relying on single-number rat-
ings that condense the whole frequency
range: These are the same single-number
ratings but at the resolution of fre-
quency content, they are very different

25 dB

Impact sound pressure level (dB) in room below

Less robust

More robust

Airborne sound transmission loss

Impact noise sound loss for the same
floor-ceiling assembly

An assembly's performance quieting the stereo from
the room above is independent of its performance qui-
eting footsteps from the room above

Sound reduction to receiving room (dB)

More robust

Less robust

Frequency (Hz)

Wood joist floor

Concrete floor

Low-frequency thud heard from impacts on wood joist floors

High-frequency clack heard from impacts on concrete floors

Impact sound pressure level (dB) in room below

Less robust / More robust

Gypsum concrete over resilient underlayment, joist construction, gypsum board ceiling mounted on resilient channel

With ceramic tile finished floor

With vinyl floor instead

With engineered wood floor instead

25-dB spread at high frequencies. Damping at the point of impact transfers what would be sound energy into elastic energy.

Impact sound pressure level (dB) in room below

Less robust / More robust

Frequency (Hz)

Adapted from Veneklasen Associates, Inc., John Lo Verde and Wayland Dong

Recommended Floor-Ceiling Assemblies

Wood Frame and Light Steel Construction

While not accounted for in IIC, stiffness plays an important role in the transmission of impact noise. In wood construction, even soft surfaces like carpet annoy many occupants under conditions of sufficient ceiling deflection associated with footfall. For longer joist spans, a gypsum concrete topping should be *coupled to the structure* to bolster stiffness; for shorter spans where the deflection is smaller, the gypsum concrete topping may be supported *on top of the resilient underlayment*, adding mass to the resilient floor.

Trim attached to wall (no contact with floor) to prevent flanking through wall
Resilient perimeter board at wall to prevent flanking through wall
Finish floor
Concrete topping for mass, min. 1-¼ inch
Resilient underlayment pad, min. 3/8 inch
Primary sub-floor
Joists
Batt insulation
Resilient clip hat channel or resilient channel
Gypsum board ceiling (2 layers)
Non-hardening caulk at perimeter of gypsum board ceiling to provide resilient connection

Shorter spans
Joists < 16-in. o.c. or joist
span < 14'

Concrete topping for structural stiffness directly on subfloor with underlayment pad above it

Longer spans
Joists > 16-in. o.c. or joist
span > 14'

Concrete Construction

From an impact noise point of view, concrete construction is preferable because it doesn't amplify the low-frequency thud associated with impacts in wood and light steel construction. The resiliently hung ceiling (with an airspace and glass fiber insulation in the cavity) leverages significant improvements in performance.

Trim attached to wall (no contact with floor) to prevent flanking through wall

Resilient perimeter board at wall to prevent flanking through wall

Finish floor

Secondary wood sub-floor

Resilient underlayment pad, min. 3/8 inch

Concrete structure

Resilient hangers

4"

4-inch minimum airspace and fiberglass insulation

Gypsum board ceiling

Non-hardening caulk at perimeter of gypsum board ceiling to provide resilient connection

Concrete construction

*Resilient underlayment will improve performance but is not essential in *concrete* construction for most occupants

Resiliently Mounted Room Surfaces

Rubber in compression

Steel plate with screw

Hat channel clipped in

Resilient clips

Thin metal

Resilient channels
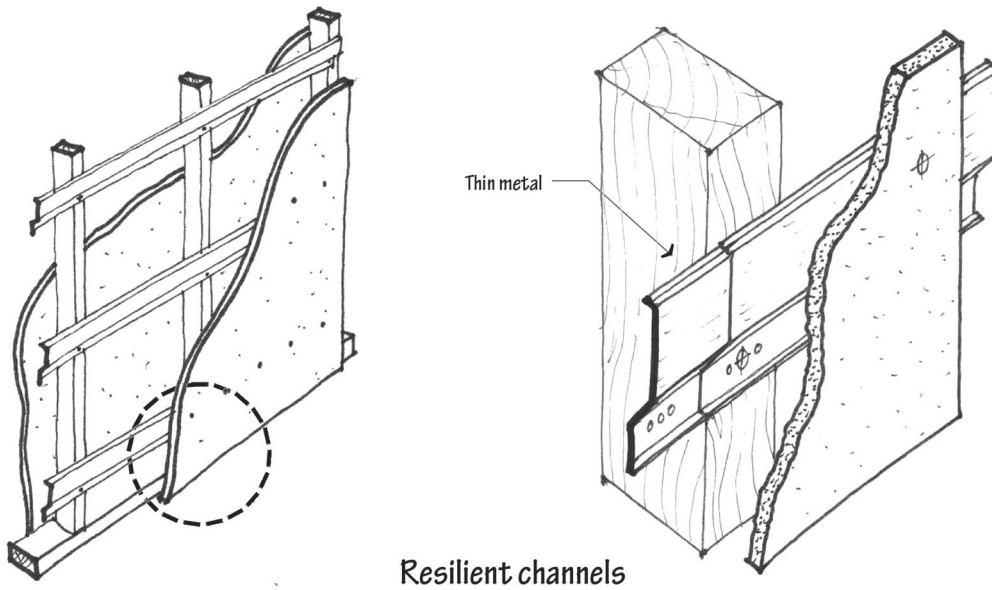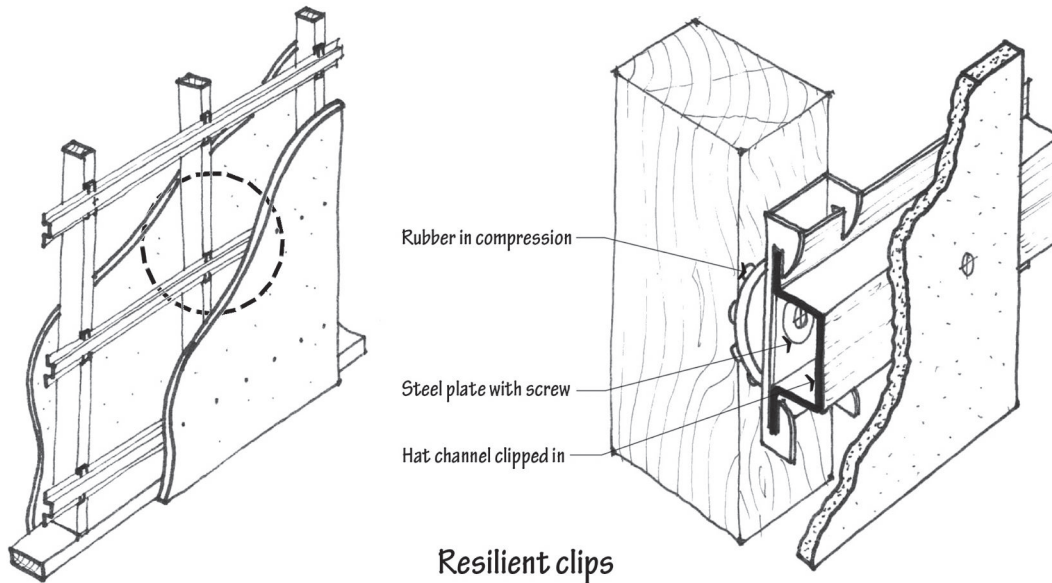
Because the weakest link often controls the performance of an assembly in resisting the transfer of both impact and airborne noise—and because acoustical bridging across a rigid stud or joist is often the weakest link—resiliently mounted gypsum board assemblies improve sound isolation performance. Resilient channel, resilient clips with steel hat channel, spring hangers, or thin-gauge steel studs interrupt the transfer of sound through the solid portion of an assembly, and offer an "acoustic break" where an "acoustic bridge" would exist otherwise.

Wall board screwed directly to thin-metal nonstructural studs. The less-stiff studs offer a more acoustically robust assembly and therefore less acoustic bridging across the structure common to both sides.
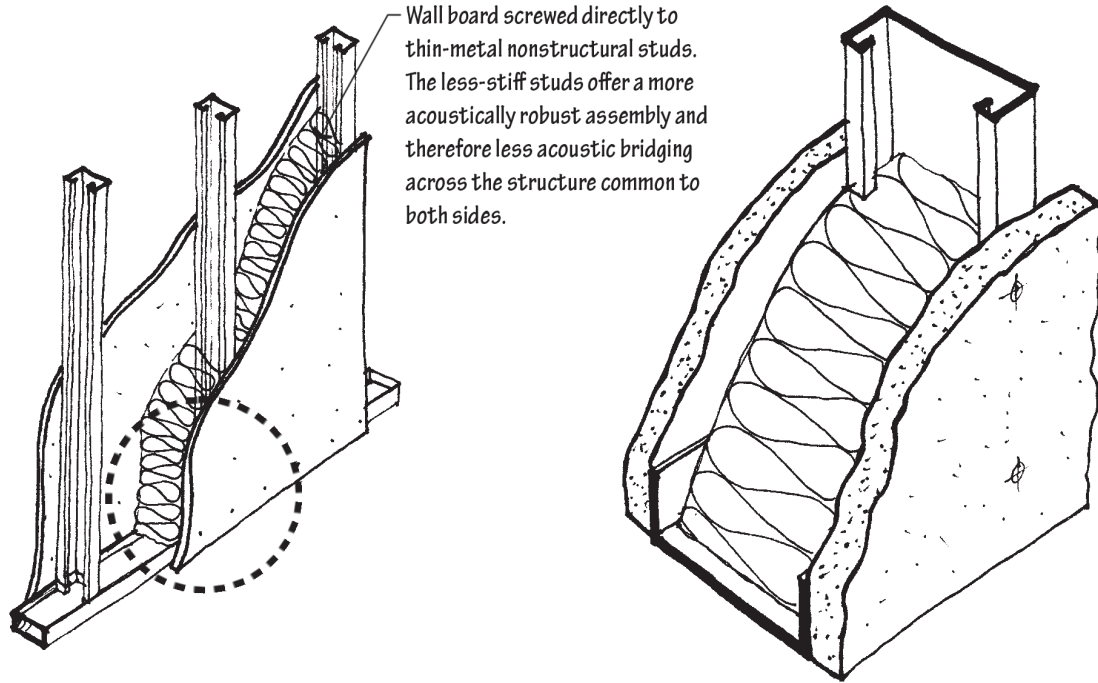
Lightweight high gauge (22 gauge or thinner) metal studs

Floated concrete floor

Caulking around entire perimeter

Polyurethane plastic sheeting

Exterior grade plywood

Glass fiberboard

Reinforcing mesh

Neoprene or spring isolation mounts

Concrete structural slab
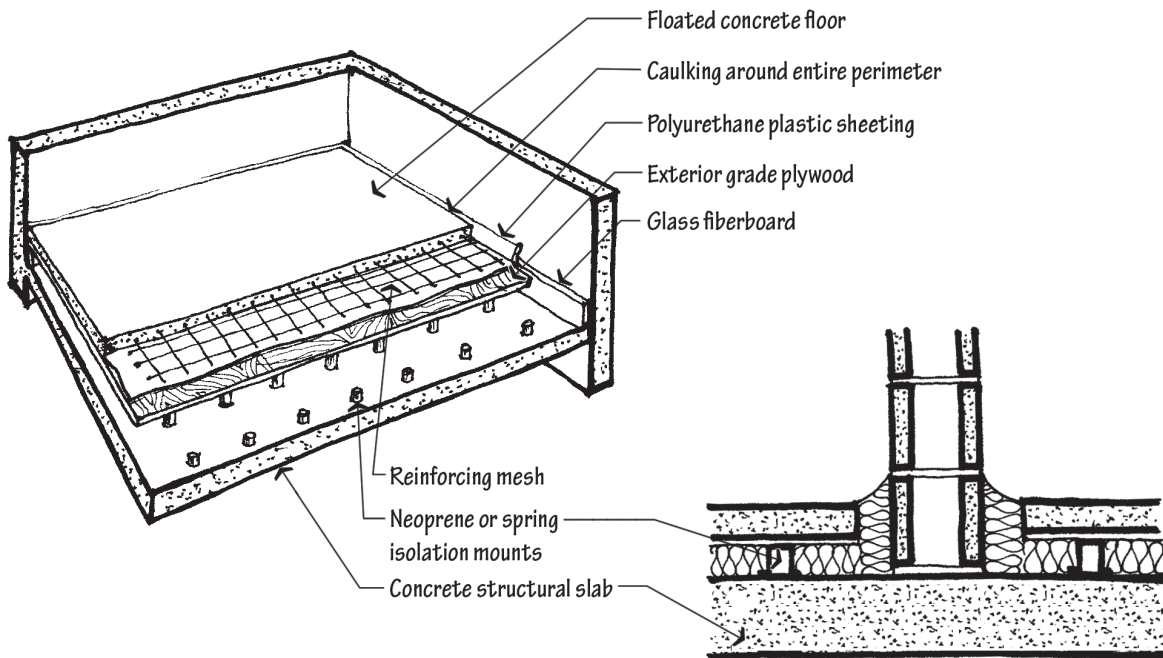
"Floated" floor

The improvement is pronounced. Tests find nominal improvements to stud wall STC ratings of 10 points for resilient channel and 15 points for resilient clips. For floor-ceiling assemblies, IIC ratings increase approximately 8 points when a gypsum ceiling is resiliently supported with channel or clips, and ratings increase more when it is supported with spring hangers.
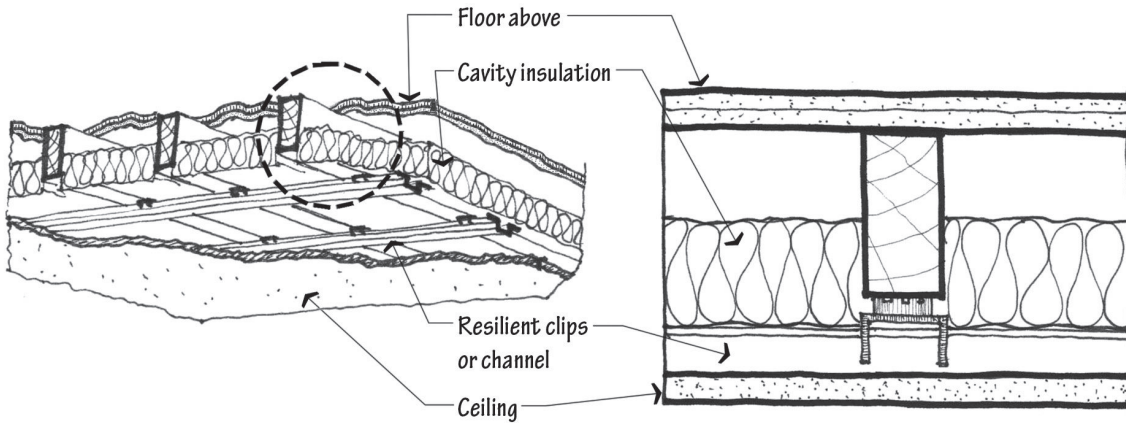
Resilient clips (resilient channel is similar)
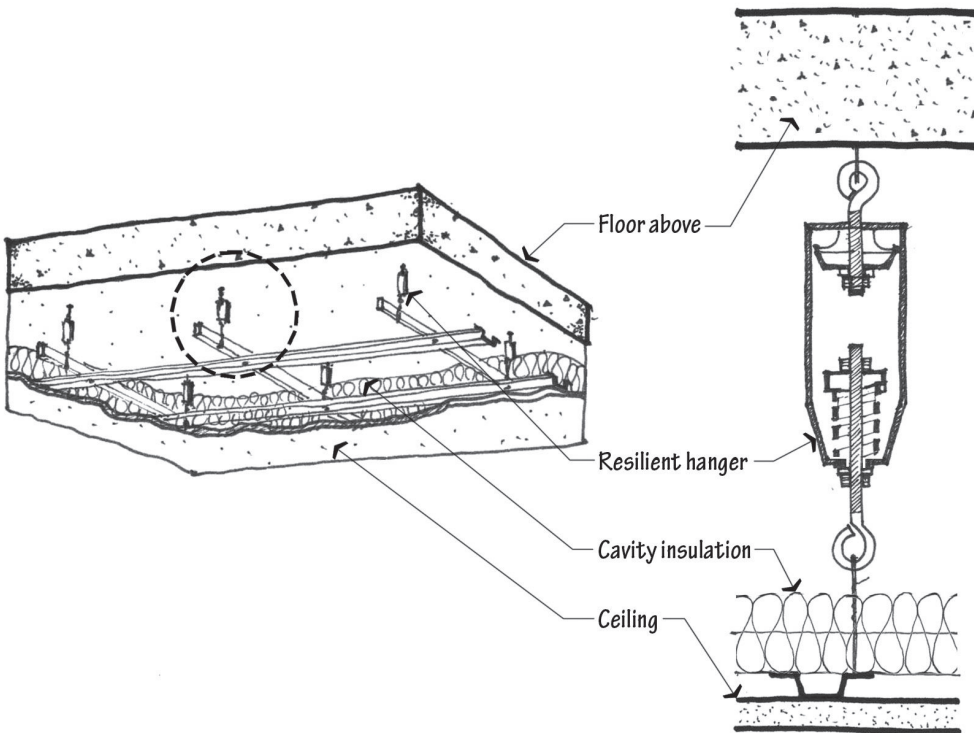
Resilient spring hanger

Typically constructed from 25 gauge steel, z-shaped, and about a half-inch thick, resilient channels span between structural members. The gypsum board is then fastened to the channel rather than the stud, joist, or truss. It's the limpness of the channel that interrupts the path of the sound. Channel performance varies considerably from one manufacturer to the next.

Resilient clip systems operate similarly to resilient channel, but the former uses a rigid channel clipped to a resilient connector. The resilient connector, in turn, attaches to the structure. Typically, resilient clip systems are moderately more effective than resilient channels, either (a) because of the increased thickness of the clip system (thicker assemblies perform better), (b) because the clips are designed to limit short-circuiting by wayward screws (those that accidentally fasten the wall board directly to the structure), or (c) perhaps because of other improvements in mechanical decoupling inherent in the design of the clips. While the clips are more effective than the channel in walls, the improvement, if present at all, is not as marked in floor-ceiling assemblies.

Resilient hangers use springs, rubber, or precompressed glass fiber to isolate a hung ceiling from the structure above it. They generally outperform either resilient channel or clips, especially in impact noise control for concrete floor-ceiling assemblies, where the extra airspace afforded by hangers (preferably filled with acoustical insulation) is critical to mitigating footfall noise. Isolators should achieve at least $\frac{1}{4}$-inch "static deflection," which means that the isolator should compress at least $\frac{1}{4}$-inch when loaded.

Steel studs may be thick and capable of supporting the floors above (<20 gauge), or limper and suitable only for nonstructural partitions (>22 gauge). The thinner-gauge studs transmit less unwanted sound from neighboring rooms because less of the sound bridges the limp stud.
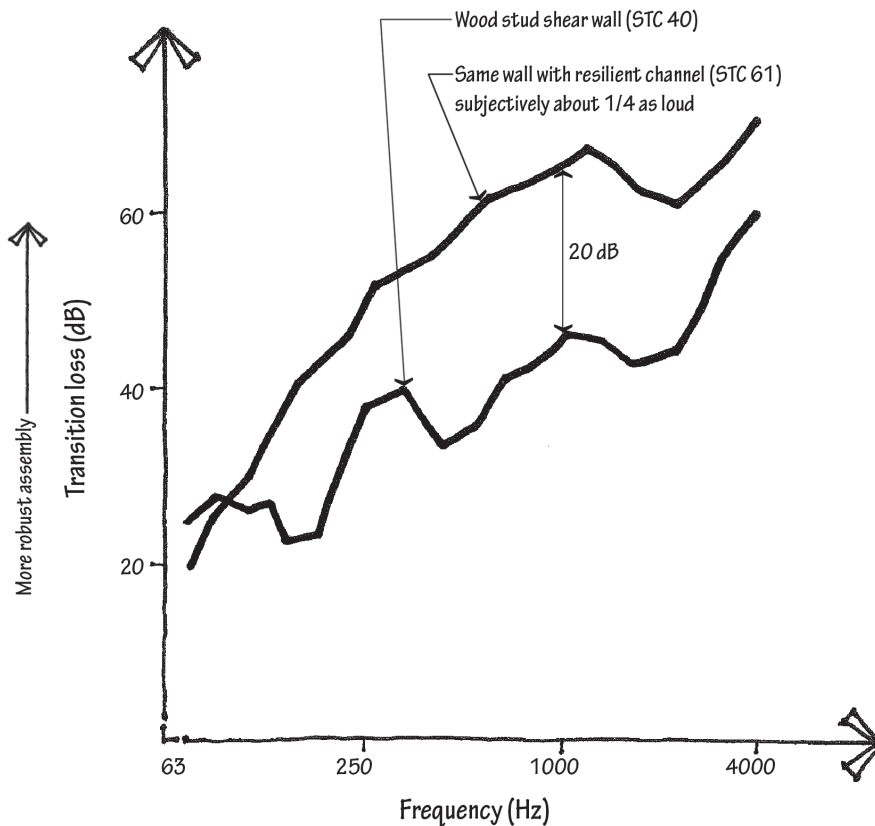
Common Problems with Installation

Wood stud (glass fiber acoustical insulation in cavity)

Rubber to isolate clip

Resilient clip and hat channel

2 layers gypsum wall board

Resilient channel

Screw too long
Wall board mechanically fastened directly to stud

Plywood layer

Best   **Good**   **Compromised**   **Ineffective**

Isolation effectiveness (change in STC)

0%

10%

20%

Screws that are too long compromise the assembly

0%   50%   100%

Percentage of drywall screws mechanically contacting the stud
(instead of only contacting the channel)

COMMUNITY NOISE

Principles of Community Noise

Excessive community noise is common, a source of great annoyance, and a danger to human health. The U.S. census puts the proportion of Americans complaining of street noise at one in four, which ranks above crime, litter, and the other neighborhood problems surveyed as the greatest single source of dissatisfaction related to where people live. And the number of people exposed to unacceptable noise continues to grow. Rural communities have more firearms and recreational vehicles (ATVs, snowmobiles, and boats), and they often show a libertarian streak when considering noise ordinances—while simultaneously maintaining expectations of a quiet rural environment. In the suburbs, city dwellers have brought their noise with them, and supplemented it with lawnmowers, pool filters, leaf blowers, and outdoor air-conditioning equipment. Urban communities have long dealt with noise, most commonly stemming from transportation and neighbors.

Epidemiologists have known of the link between very high levels of noise at work and hearing loss, but now there is increasing evidence that long-term exposure to *low levels* of nighttime noise during sleep may be dangerous. Much of that noise is coming through the bedroom window. On the evolutionary time scale, human beings introduced the electric light only recently, and now purposeful activities litter the once-tranquil nighttime. Noise at 45 dBA—typically too quiet to actually awaken a person—is more than enough to disrupt sleep, and the effect is especially acute in children. The result for those living with environmental noise: a 20% to 40% increased risk of heart attack, a 14% increased likelihood of hypertension for every 10 decibels of noise, and increased rates of annoyance, mental health problems, headaches, drowsiness, irritation, speech interference, delayed speech and reading in children, cognitive impairment, and memory loss.

Building-in-Building Design

Acts of architecture—space planning, siting, building orientation, scale, composition, materiality, detailing, construction supervision, and design—typically prove the most effective modes of noise control. In the example that follows, Adler and Sullivan's Chicago Auditorium Building of 1889 uses a layer of offices and a hotel to isolate a theater in the center of the structure. In this way the performances are buffered from street noise and light, while the daylight-thirsty offices and hotel rooms ring the perimeter.

The theater was unusually large at 4,300 seats. While the building-in-building parti serves as a case study in effective noise buffering, it also serves as a case study in *poor* room acoustics. Appropriate rooms for unamplified performances are typically less than half that seated capacity (see the preceding chapter, "Room Acoustics"). At large sizes there is simply not enough sound energy for everyone in the audience to enjoy. The farthest seats are too far from the source, the side walls are too far apart to bring early-arriving beneficial first-order sound reflections, echoes are generated, and there is too much sound-absorbing audience to hit target reverberation times.

A ring of offices and hotel rooms wraps the theater

Theater in center of building, buffered from street noise
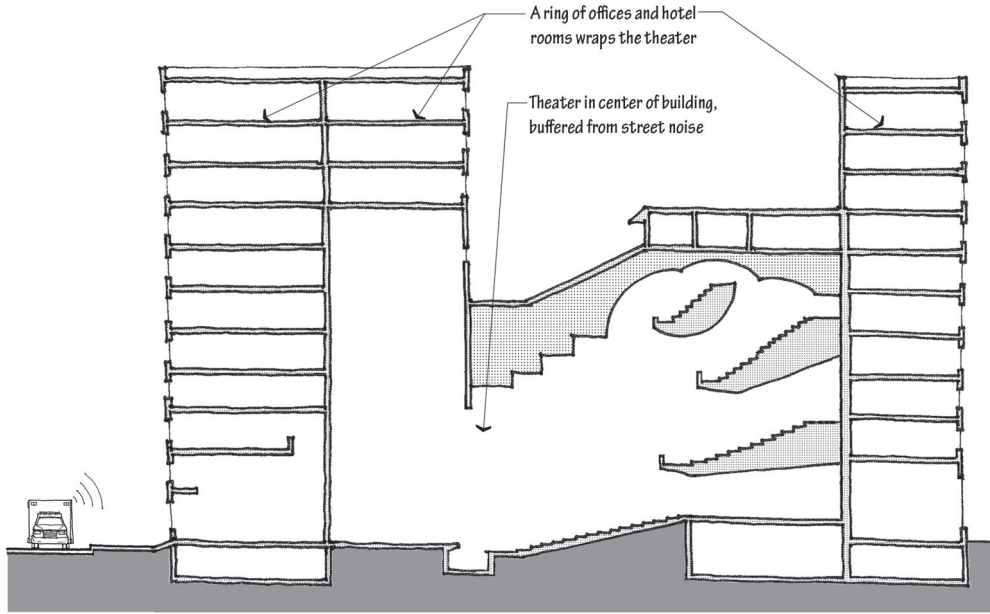
NOTE

The Auditorium Building was the first to use central air conditioning and the first theater to be entirely lit by incandescent electric lights. Upon completion, it was the largest building in the United States.

Poor

Better

Noise buildup in courtyard

Place non-sensitive rooms (storage, bathrooms) on side facing traffic

Windows and courtyard shielded from traffic noise

Courtyard

Courtyard

Highway

Highway

| Den | Bath | Kitchen | Dining room |
| Bedroom | Bedroom | Living room | |

Highway

| Bedroom | Bedroom | Living room |
| Den | Bath | Kitchen | Dining room |

Highway
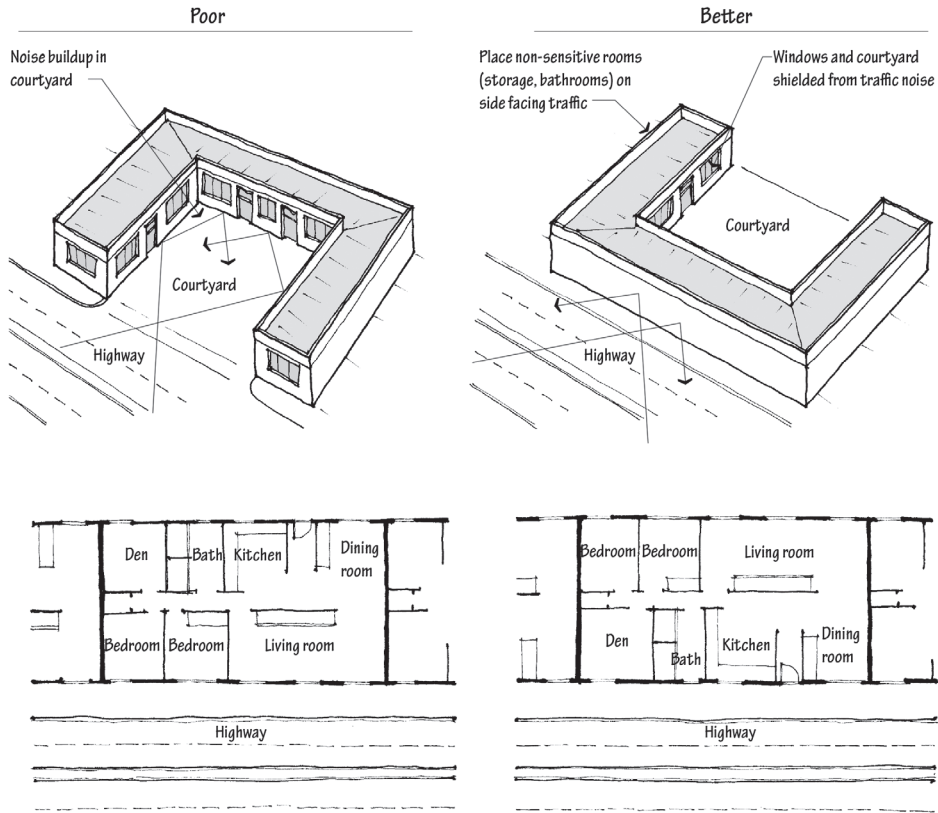
Adapted from *The Noise Guidebook,* U.S. Department of Housing and Urban Development, Environmental Planning Division, Office of Environment and Energy, Washington DC, March 1985.

Noise Sources

Annoyance and adverse health effects from community noise originate from dozens of common types of sources at all times of the day, but by far the most common condition involves road traffic noise slipping into a bedroom at night through a window (open or closed). Noise from transportation modes, mechanical equipment, industrial activity, and other fixed sources near a site often exist prior to a site's development. Acoustical spreading dictates a long distance from the source as the most effective method of mitigating annoyance from community noise, so site selection and programming are among the most important of acoustical considerations. This is especially true when siting residences and orienting the bedroom windows within them. Some building codes now recognize the role of distance in community noise and have introduced acoustical setback requirements.

Point sources suspended high above the ground, such as structure-mounted mechanical equipment, approach a free-field condition, and attenuation may be estimated at 6 decibels per doubling of distance. For surface-mounted point sources, the combined spreading and ground effects may be estimated at 4.5 decibels per doubling of distance. For linear sources such as roadways and trains sound spreads like a cylinder rather than a sphere, and attenuation from distance may be estimated at 3 decibels per doubling of distance. The impact of environmental effects such as wind and temperature inversion is not significant when the receiver is close to the source, but can factor considerably at longer separation distances.
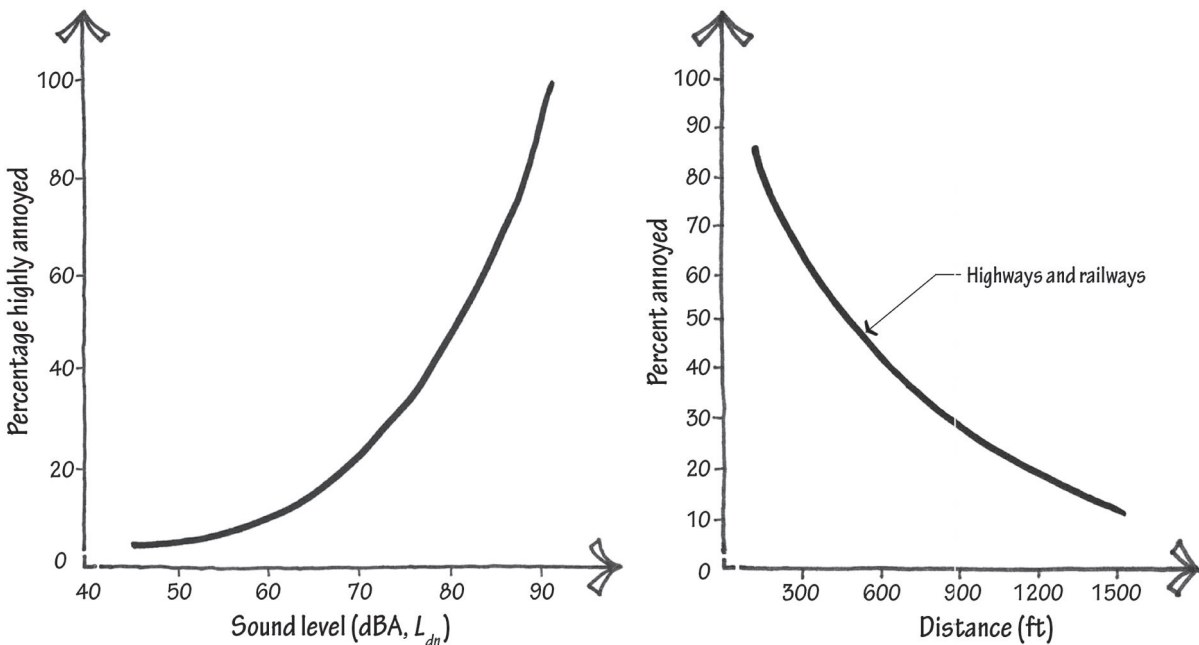
Adapted from E. Öhrström et al., "Annoyance Due to Single and Combined Sound Exposure from Railway and Road Noise," *Journal of the Acoustical Society of America*, November 2007.

Types of Environmental Noises:
1. *Predictable noises over which designers may have control:* A building's outdoor fans, air-conditioner condenser units, compressors, pumps, cooling towers, refrigeration equipment, garage door openers, trash dumpsters with slamming lids, generators, noisy fitness activities (playgrounds, basketball courts, aerobic dancing with music), and areas with frequent loudspeaker use.
2. *Predictable noises that designers should account for but may have little control over:* Vehicles, trains, aircraft, night clubs (especially those with outdoor amplified music), amphitheaters, dog kennels, firing ranges, heavy munitions testing sites, quarries with blasting, industrial activities (check the zoning of a property and consider zoning's impact on noise code enforcement), pneumatic hammering, metal impacts, riveting, noisy motor sports (auto raceways, snowmobiles, boats, dirt bikes, and ATVs), wind turbines, sonic booms, explosives, and fixed sirens.
3. *Occasional noises over which designers likely have little control or recourse and which likely needn't be accounted for in design:* Car alarms, motorcycles and cars with intentionally altered mufflers, emergency vehicle sirens, boom cars, power lawn and snow-removal equipment, occasional construction activities (hoe rams, rock drills, pile drivers, pavement breakers, vacuum excavator trucks, and blasting events), intermittent parties with amplified music, loud outdoor conversations, fireworks, neighborhood dogs barking, and bird/insect noise.

Several methods are used to measure on-site noise. Noting the method used is almost as important as noting the sound level reported. For example, an occasional but loud impact might not reveal itself in a long-term noise level average.

In the frequency domain, noise ordinances and researchers typically measure in A-weighted decibels. Less common, C-weighted decibel readings are similar to A-weighted in that they reduce measurements to a single number, but C-weighting better accounts for the low-frequency content of transportation and mechanical system noise (dBC is often 10 to 20 decibels higher than dBA). Reductive single-number metrics like A- and C-weighted sound levels are useful for comparing sites and quantifying annoyance. However, for assessing a particular site for the type of building façade it will require, individual octave band measurements are necessary so that they may later inform an appropriate transmission loss (TL) or outdoor-indoor transmission loss (OITL).

In the time domain, the type of sound (steady or intermittent, constant or impulsive) and the time it arrives (day or night) have given birth to several different measurement types customized to the circumstance.

L_z	Equivalent sound level. Average of the steady noise level over a period of time. Correlates well with human reaction to constant or near-constant noises. This type of measurement was formerly denoted as L_{eq}.
L_{dn}	Day-night sound level (sometimes written as DNL). Similar to L_{eq} but with a ten-decibel "penalty" added to any sound arriving at night (10 p.m. to 7 a.m.). A common metric used in noise ordinances, federal agency regulations, and research. Most regulations written after 1995 establish a maximum L_{dn} of 55 or lower, though some older ones use an L_{dn} of 65 as the maximum. Europe uses a similar measure, day-evening-night sound level (L_{den}), which, besides the ten-decibel nighttime penalty, applies a five-decibel penalty to evening sounds.
L_{90}	The noise level exceeded 90% of the time. Used to assess the background noise level between occasional louder noises (for instance, the sound level *between* aircraft take-offs or *between* firing range events).
L_{10}	The noise level exceeded 10% of the time. Used to assess the level of occasional loud sounds (for instance, the sound level *of* aircraft take-off or *of* firing range events).
NEF	Noise Exposure Forecast. Takes into account the sound level, the number of events, the impulsiveness of events, and the tonality of events. Often used to measure aircraft noise.
L_{max}	The single highest sampled level of sound. Nighttime L_{max} levels may be useful for enforcement and design because loud single events can interrupt sleep.

As noise level increases, annoyance rates also increase, but at a faster rate. The relationship is nonlinear where, above some noise level threshold, small increases in noise prompt large incremental increases in annoyance. For most noise source types, a site unlikely to generate noise-related complaints meets *each* of the following three criteria:

1. L_{dn} less than 50 *and*
2. L_{max} less than 58 during the day and less than 48 at night *and*
3. L_{max} less than 30 decibels above the background noise during the day, and less than 20 decibels above the background noise during the night

Note that a site unlikely to generate complaints is not necessarily a site that is quiet enough to elude the health impacts from sleep disruption.

While an increase in L_{dn} has a well-documented correlation to annoyance in aggregate, there is great scatter in the data, especially in the 55 to 75 decibel region. That is because factors *beyond loudness* come into play, some acoustic and some nonacoustic. An L_{dn} of 60 may annoy 10% of urban residents, but if the source is a new airport in a rural area without adequate community input, the same sound level might highly annoy 100% of residents.
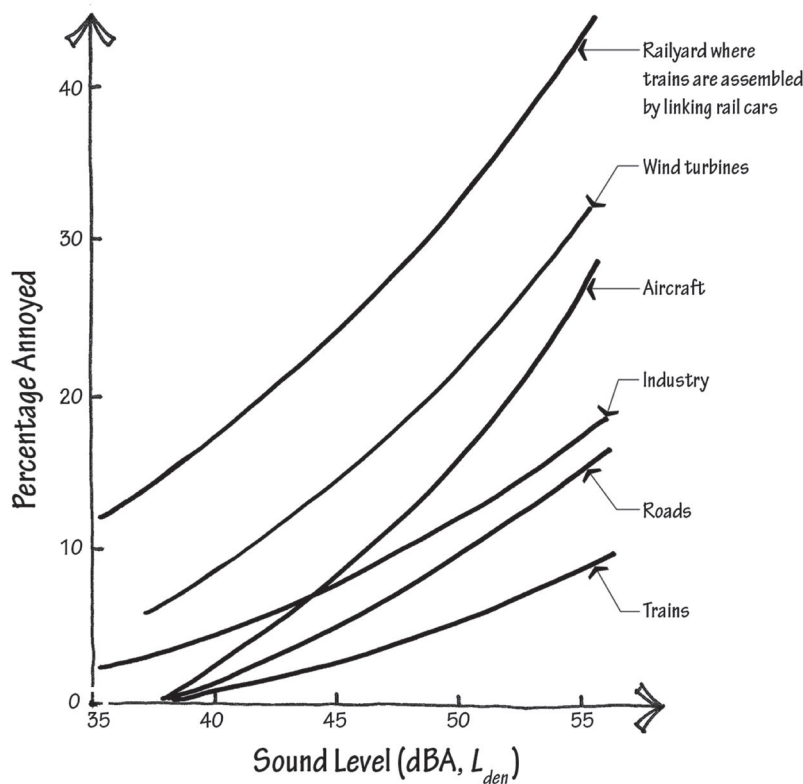
Adapted from E. Pederson et al., "Response to Noise from Modern Wind Farms in The Netherlands," *Journal of the Acoustical Society of America,* August 2009.

Acoustic factors related to annoyance (in approximate order of importance)

Loudness	Louder noises annoy more.
Impulsiveness	Sources with short durations, usually less than one second, annoy more (dog barks, industrial hammering). Footfall also falls into this category.
Fluctuations	Changes in time (aircraft take-off), loudness (wind turbines), and frequency (emergency sirens) annoy more.
Tonality	Sources with energy content at one frequency or narrow-band noise annoy more (truck-reverse beeper, whining fan with faulty bearing).
Window state	Open windows almost eliminate façade attenuation altogether, so noise in nice weather annoys more than noise in cold weather (neighbor's outdoor party, air-conditioner condenser unit).
Rattle	Low-frequency noises vibrate walls and windows, and more easily transmit through building envelopes, so they annoy more (boom cars, quarry blasts).
Audibility	Sometimes sounds are annoying just because they are audible. (A dripping faucet is more annoying than running water.)

Nonacoustic factors related to annoyance (in approximate order of importance)

Time of occurrence	Noises occurring during periods of rest annoy more (night, weekends).
Expectations	People occupying zones that they feel are "supposed" to be quiet are more likely to be annoyed (rural areas, hospitals).
Responsiveness	When authorities or officials associated with the noise source are not perceived as earnest, empathetic, or competent, more people are annoyed.
New sources	Noises not present during move-in trigger a greater response.
Window state	While occupants expect and tolerate more noise when windows are open relative to when they are closed, they may become highly annoyed when loud outdoor noises prevent them from opening their windows.
Attitude toward noise source	Noise sources associated with beneficial or necessary activities (ambulance siren, my livelihood) are less annoying than exploitative or frivolous activities (motorcycle with altered muffler, someone else's livelihood).
Unwanted content	Distracting or superfluous speech or music is more annoying (overheard phone conversation or undesirable music).
Permanence	Permanent noise sources (roads) annoy more than temporary noise sources at the same loudness (road construction), especially if there is an expectation that the noise level will increase in the future (airports).
Sensitivity to noise	The same noise spectral content and loudness level affects different people in different ways.
Fairness	The feeling that "my neighborhood is impacted and others are not" is more likely to engender annoyance.
Fear of danger	Sources that pose a danger annoy more (hunting activities, polluting industries).
Predictability	Unpredictable noises annoy more (sonic booms).

Community Noise Research
In Florida, residents in a neighborhood of manufactured houses complained of a noisy nearby nightclub. Low-frequency sound energy from loudspeakers easily transmitted through the façade of the nightclub, which consisted of a single layer of thin-gauge corrugated metal (the warm climate necessitated no insulation or double-layer assembly). Then, the low-frequency noise easily passed through the mobile home walls (highway weight limits necessitate low-mass construction of the houses). Interviews with the residents revealed a particular annoyance with wall-hung pictures in their homes that vibrated late at night.

Retirees who received a pension from a career in the railroad industry were less likely to find annoyance in nearby train noise. Another study found that residents who benefitted financially were much less likely to be annoyed by wind turbine noise then neighbors without a direct economic interest.

When the Denver airport moved to a rural area, the post-move L_{dn} of just less than 60 dBA was expected to be acceptable to most area residents. Instead, residents accustomed to the countryside quiet responded differently: 100% of the residents rated themselves highly annoyed, more than half joined a lawsuit, and more than a fifth moved away within the first year.

When the Marine Corps Air Station in Southern California added helicopter flights, the predicted and measured noise contours barely altered from what they had been prior to the new flights. Residents, however, complained. The noise was new, rattle-inducing, and associated with danger from helicopter crashes.

These cases demonstrate the sound power of low-frequency transportation noise and loudspeaker noise. They also highlight the nonacoustic factors involved in annoyance: the role of expectations and the desire for control over decision making.

The following table estimates modifications to measured or predicted day-night sound levels so that their impact may be better related to annoyance.

Description of Environmental Noise Condition	Correction to L_{dn} Needed
1. Highly impulsive sound (gunfire, hammering)	+12
2. Regular impulsive sound	+5
3. Explosions	Case by case
4. Prominent pure tones	+5
5. Audible rattles from the sound	+10
6. Weekend or evening noise (L_{dn} already adds 10 dB for nighttime noise)	+5
7. Authorities responsive to citizen concerns	−5
8. Quiet rural community	+10
9. New noise source introduced to the area	+5

Community Noise Example Problem

A new animal shelter with outdoor kennels will be built near a neighborhood in a suburban area. The L_{dn}, from measurements near a similar shelter elsewhere in the county, is estimated to be 51 dBA at the residences. What percentage of occupants would we expect to be highly annoyed by the sound of the barking?

Environmental Noise Condition	Correction to L_{dn} Applied
Outdoor kennels	51 dBA
Highly impulsive sound (barking)	+12
Weekends or evenings after work	+5
New noise source introduced	+5
Adjusted A-weighted L_{dn}	73 dBA

From the prior graphs we might expect that one in three of the neighborhood residents would judge themselves highly annoyed by the new dog kennel. By contrast, only one in 10 residents would be highly annoyed had the noise source instead been an existing roadway with an identical L_{dn}.

Outdoor Barriers

Barriers provide noticeable attenuation when properly designed. Unless they are very tall, however, their effect will typically not be dramatic, and their erection may not fix a noise problem. This is because sound, particularly low-frequency sound, diffracts over the top of the barrier and back down to the receiver on the other side.

Attenuation	Subjective Description	Attainability
5 decibels	Clearly quieter	Simple to achieve with a barrier
10 decibels	Half as loud	Attainable
20 decibels	One-quarter as loud	Nearly impossible

Required barrier height above line-of-sight (ft)
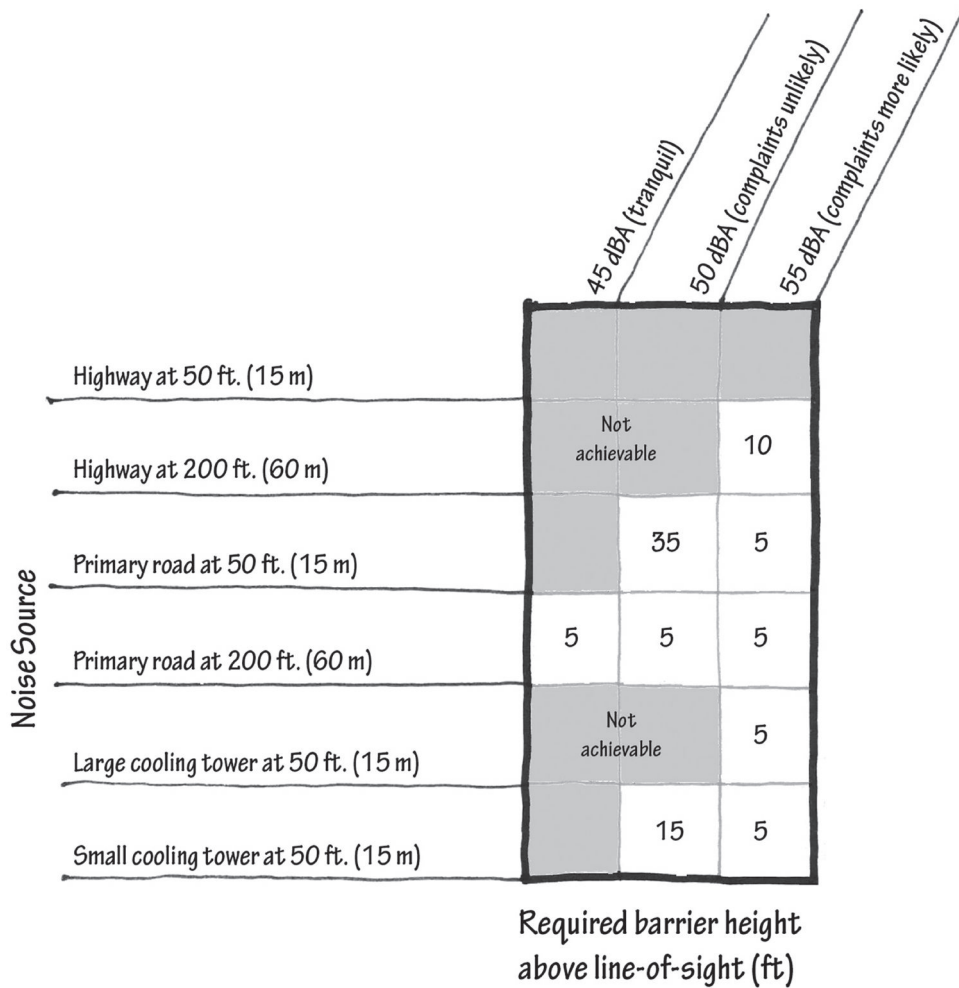
NOTE

For preliminary design only. Barriers are assumed to be located 5 ft from the source in this chart.

Outdoor Barriers Checklist

1. Locate barriers either as close as reasonable to the source or as close as reasonable to the receiver. This will help to ensure that the receiver is well within the barrier's shadow zone.
2. Design barriers so that, at a minimum, they break the line of sight between the source and the receiver. Higher is better.
3. Extend barriers to a length, in each direction, at least four times the distance between the receiver and the barrier.
4. Avoid breaks in barriers for driveways or street intersections that compromise the wall's effectiveness.
5. Account for flanking sound, reflecting off surfaces and bouncing into the acoustical shadow zone. These reflections may arrive from tree branches on a berm barrier, a sound-reflective barrier on the opposite side of the road, or a tall building's balcony or roof overhang on *either* side of the road.
6. In instances where reflected sound may build up between two barriers, one on each side of a road, cant the barriers so they are nonparallel, or use a weather-resistant sound-absorptive finish. This may be made of glass fiber encased in thin plastic, rock wool, or special air-entrained sound-absorbing concrete. With barriers in place on each side of the road, absorption may increase the double-barrier's effectiveness by 10 decibels because sound reflections are not allowed to build up between the walls. For a one-side-only barrier, with no reflective surface opposite it, a sound-absorptive finish will not be necessary.

Acoustical line-of-sight

Acoustical shadow

Barrier
(should extend along road greater
than 4 x d in each direction)

a

Poor

5 dB noise reduction when
barrier breaks line-of-sight

Approximately 0.5 dB noise
reduction for each foot above
line-of-sight

−

Barrier attenuation

+

Better
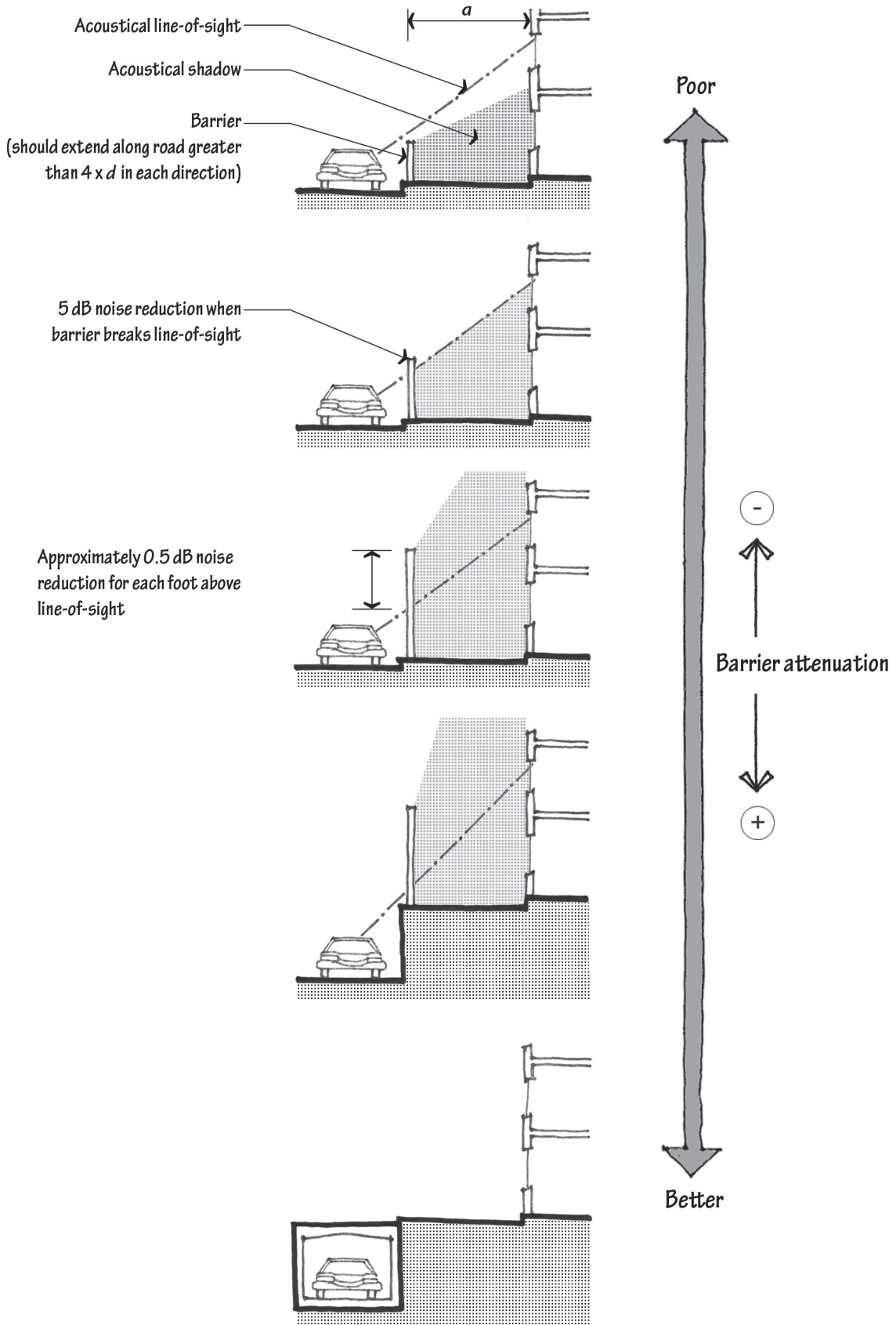
Attenuation from the insertion of a barrier in decibels:

$$A_{attenuation} = 10\log\frac{H^2}{R} + 10\log f_{frequency} - 17$$

Where *H* is the height of the barrier *above the line of sight*, and *R* is either (1) the distance between the source and the barrier, or (2) the distance between the receiver and the barrier, *whichever is shorter*.
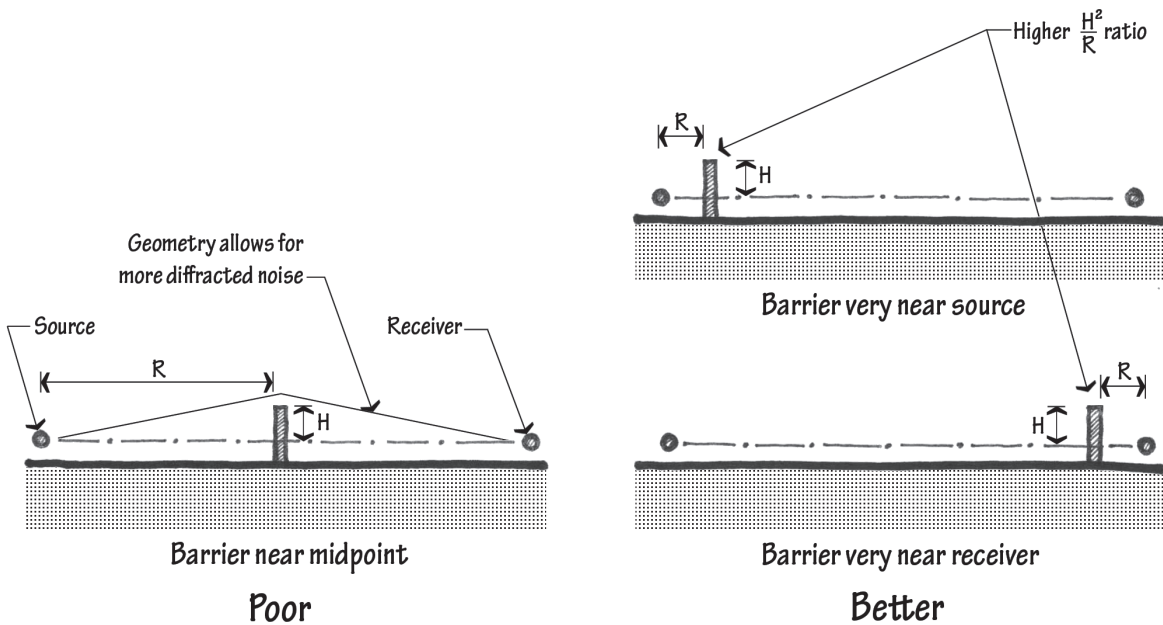
Outdoor Barrier Example Problem

A homeowner builds an outdoor patio in his backyard, which sits on a hill above a busy secondary road. He builds a one-story wall to attenuate some road noise for those seated at a table adjacent to the wall. How much sound reduction, quantitatively and qualitatively, could he expect to gain from his patio wall? See the following drawing for the source-path-receiver configuration.
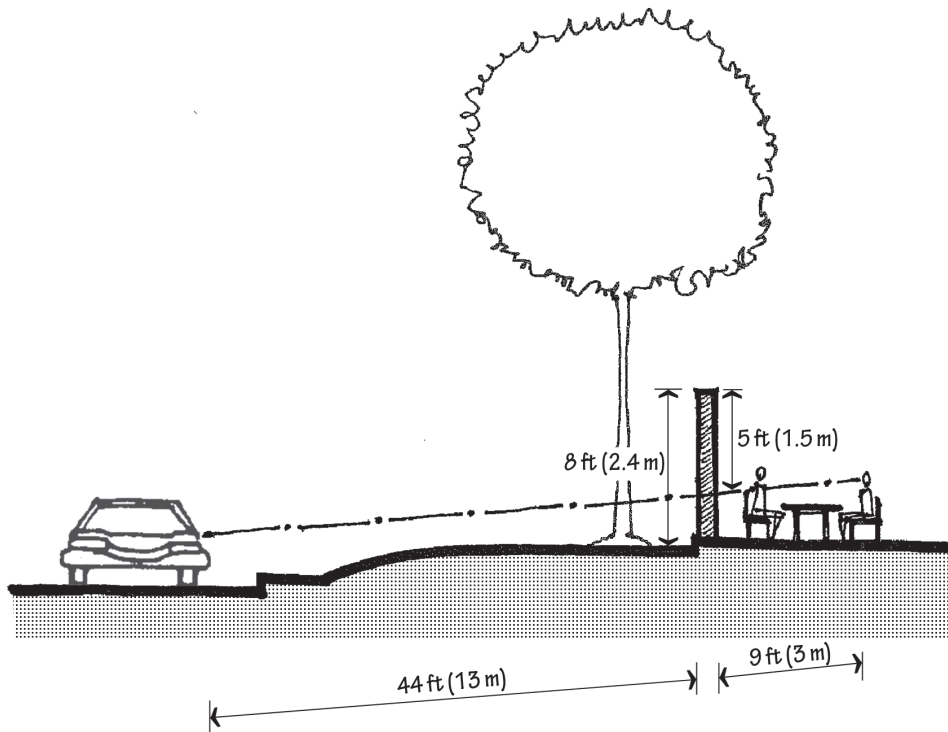
For the 63-Hz octave band:

$$A_{attenuation\ 63\ Hz} = 10\log\frac{H^2}{R} + 10\log f_{frequency} - 17$$

$$A_{attenuation\ 63\ Hz} = 10\log\frac{5^2}{9} + 10\log(63) - 17$$

$$A_{attenuation\ 63\ Hz} = 5\ decibels$$

For the 125-Hz octave band:

$$A_{attenuation\ 125\ Hz} = 10\log\frac{H^2}{R} + 10\log f_{frequency} - 17$$

$$A_{attenuation125Hz} = 10\log\frac{5^2}{9} + 10\log(125) - 17$$

$$A_{attenuation\ 125\ Hz} = 9\ decibels$$

… and so on for each relevant octave band.

Barrier Attenuation (dB)						
63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
5	8	11	14	17	20	23

There are two approaches to qualitatively evaluating the success of this barrier. First, by looking at its attenuation, we might judge that it provides a meaningful, but modest, impact. Remember: A 6-decibel reduction is clearly noticeable; a 10-decibel reduction sounds half as loud; and a 20-decibel reduction sounds a quarter as loud.

Yet, there is another approach. Consider the impact of the wall on the low-frequency rumble of trucks and car engines that drive by the house. (Car tire-on-road noise is generally in the higher frequency range, and therefore better attenuated by the barrier's insertion.) Because the wall's anemic effectiveness at low frequencies does little to attenuate the rumbly spectral content of a passing truck, the measured 77-decibel (at 63 Hz) truck noise before the insertion of the wall only drops to 72 decibels (at 63 Hz) after the insertion of the wall. Most people would judge this difference as noticeable, but there is no way to hear the two sound levels back-to-back and memory to a time before the wall was erected has to be relied on instead. The A-weighted sound level dropped from 76 to 61, which is subjectively to a level less than half as loud, but also subjectively still loud. Further, note the geometry of the tree on the hill. Sound may reflect off the underside of the tree limbs and leaves, arriving at those seated at the table, bypassing the wall altogether and further eroding the modest gains from the wall's construction.

Description	Decibels						
	63 Hz	125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Truck without barrier							
Measured level	77	75	70	67	74	69	59
A-weighting adj.	*−25*	*−15*	*−8*	*−3*	*0*	*+1*	*+1*
Adjusted levels	52	60	62	64	74	70	60
dBA sound level	76						
Truck with barrier							
Measured level	77	75	70	67	74	69	59
Barrier attenuation	*−5*	*−8*	*−11*	*−14*	*−17*	*−20*	*−23*
New level w/ barrier	72	67	59	53	57	49	36
A-weighting adj.	*−25*	*−15*	*−8*	*−3*	*0*	*+1*	*+1*
Adjusted levels	47	52	51	50	57	50	37
dBA sound level	61						

Wind Turbine Noise

Wind turbine power output increases eightfold for each doubling of wind speed, and political attitudes often hamper efforts to run long high-voltage power lines to tie new wind turbines to the existing electrical grid. For these reasons, siting wind farms in consistently windy settings near existing electrical lines is critical to the industry, which is growing rapidly. These sites may also be either near development or in quiet rural areas, each of which has specific community noise impacts associated with it. And while today's turbines with blades rotating upwind of the tower are quieter than earlier versions with blades in the turbulent wake downwind of the tower, contemporary wind turbines are also likely to be taller, equipped with larger rotors, and grouped in complexes near other noise-producing wind turbines.

Wind turbine noise originates from mechanical sources (gearbox and controls) and aerodynamic mechanisms (rotation of the blades through the air). Gearbox noise is less of a problem in contemporary designs, so the aerodynamic mechanism noise triggers the most concern. It is the

reason maximum rotor tip speeds are constrained. The rotation produces a periodic swishing sound in the 500-Hz to 2,000-Hz octave bands, repeated about once per second. Turbines aren't typically as loud as other sources of industrial or transportation noise at a similar distance, but it is the unusual quality of this repeated *amplitude modulation* that makes wind turbine noise more annoying than other types at the same sound level. Very quiet rural communities without the masking of nighttime traffic noise are particularly affected.

The second major concern centers on the frequency content of the noise. Wind turbines produce significantly more sound energy in the low frequencies than in the middle and high frequencies. Such noises are less likely to be mitigated by lightweight building envelopes, and more likely to cause sleep disruption. Because windows resonate at 180 Hz to 300 Hz, the same frequency range as generated by wind turbines, the transmission loss through the glazed building skin may be very low. And nighttime temperature inversions may bend sound downward toward the ground, canceling the normal spreading sound level loss at some distant locations.

There are reports of wind turbine infrasound (sound below the human threshold of 20 Hz). Human sensitivity to infrasound peaks near 4 Hz, and wind turbine amplitude modulation sits at about 1 Hz. A review of the literature suggests that it's not clear that infrasound is present near wind turbines, perhaps because the machines don't produce infrasound or perhaps because infrasound is difficult to measure. The possible presence of infrasound may trigger the reports of headaches, disequilibrium, nausea, vertigo, anxiety, and panic attacks in the presence of wind turbine noise. Researchers are attempting to sort out whether these reports are anecdotal, or troubling trends on a dose-response curve that hasn't yet been discovered.

Minimum distances between wind turbines and occupied buildings not affiliated with the operation of the plant are site-specific. They depend on (a) the number of turbines, (b) the size and height of the turbines, (c) the wind speeds, (d) the presence of temperature inversions, and other atmospheric conditions on site, (e) the line-of-sight configuration between rotors and buildings, (f) the sound power level generated by the specific turbines operating, and (g) the other background noise present at the site. Generally, care should be taken when locating buildings and turbines within one mile of one another, or where the sound level at the receiver location exceeds 40 dBA; caution and special study are in order when the turbines are less than $\frac{1}{2}$-mile away.

Community Noise Checklist

Site
1. Recognize that on some sites it is too noisy to build some types of program, even if it is permissible under noise zoning.
2. Consider occupant expectations. Rural residents are likely to have a lower threshold for community noise than downtown residents. Of course, at some sound levels, there is too much noise, regardless of expectations.
3. Know that noise ordinances and noise zoning policies are blunt instruments. Some are effective, objective, or common-sense oriented, but few are all three; and they may change for a given neighborhood during the life of the building.
4. When possible, don't locate housing within 1,500 feet of a train track or highway.
5. Beware of sites with statistically "acceptable" noise levels, but periodic loud noises, separated by intervals of quiet. Intermittent noises are more annoying than continuous ones, so if a loud noise source arrives regularly, it is often the maximum level that governs occupant satisfaction. Sites with regular spikes in noise levels, such as those near airports, train lines, firing ranges, and

quarries, can have relatively low *average* noise levels that aren't representative of the true subjective response to the site noise. An effective approach involves analyzing *both* average *and* maximum noise levels.

6. Know that what is now a quiet site might not remain a quiet site at some later time. While it is difficult to predict the path of a future expressway or the site of a future industrial plant, ask around. There may be, for instance, plans to build a motor speedway nearby.

7. Check zoning ordinances. Areas that are primarily residential may not be listed as residential noise zones; areas that were once residential may be rezoned to encourage industrial development or thoroughfare construction.

8. Use site features such as hills or slopes, earth berms, thin-wall barriers, and nearby buildings to reduce intruding environmental noise by interrupting the direct sound path. Thin plantings of trees and vegetation, less than 100 ft. deep, are normally *not* effective as noise control barriers.

9. Lay "quiet asphalt," a special open-pore or rubberized surface, to reduce tire-pavement noise on high-speed roadways by 5 to 10 dBA. The acoustical benefit is equivalent to a roadway wall barrier—or a 70% decrease in traffic volume.

Design

1. Position outbuildings, such as grounds equipment storage buildings, parking garages, and maintenance facilities, so that they are buffers to noise. Arrange them so they block the direct line of sight from windows to the noise source. Parks and parking lots can be positioned to increase the distance between a noise source and a residence.

2. Orient quiet spaces, such as bedrooms, so their wall exposure is on a building face away from the noise source. Noisier spaces, such as kitchens, bathrooms, and utility spaces can be used as buffers on the noisy face of the building.

3. Locate exterior doors on the quieter side of a building. Specify outside doors with gaskets and drop seals. Avoid the use of mail slots, pet doors, or similar openings.

4. Thick windowpanes outperform thin ones; double-pane windows typically outperform single-pane windows; windows with larger spacing between panes outperform those with smaller spacing. For these reasons, interior and exterior storm windows are effective. Of course, any increased performance evaporates when the occupant opens the window.

5. Use gravel ballast, green roofs, or building-in-building design where impact noise from rain is a concern, as might be the case for a recording studio. Airborne noise transfer through roofs is typically not a concern unless the noise source is located overhead or is especially loud.

6. Keep noisy exterior building equipment, such as fans, air-conditioning compressor units, cooling towers, pumps, generators, electrical transformers, and dumpsters (whose lids slam shut) out of direct line of sight from—and far from—windows. Institute a "buy quiet" program for outdoor mechanical equipment and lawn-care equipment. Noise from air-cooled outdoor condenser units in split-system air conditioning systems is a particularly common problem.

7. Design outdoor mechanical systems so that they are far from neighbors' bedroom windows and outdoor gathering spaces. Normative condenser units often don't meet noise ordinance requirements, enforcement of which is typically measured at the boundary of the two lots.

8. Consider construction activity noise, especially for large projects that require long build times and urban projects that require nighttime construction (for traffic congestion reasons). Schedule work during less sensitive time periods, position a noise compliance technician on-site, use quieter equipment, install manually adjustable, ambient-sensitive, or broadband truck backup alarms.

9. Low-energy mechanical systems can be low-noise systems. Often efficient equipment is also quieter. Passive thermal design can reduce the size of (or need for) outdoor mechanical equipment. Ground-source-coupled "geo-thermal" heat pumps have no noisy outdoor equipment, though they may pose an indoor noise threat if located near occupied spaces.

MECHANICAL SYSTEM NOISE

Principles of Mechanical System Noise

On a hunch, we surveyed elementary schools in one Orlando, Florida, school district to establish what type of mechanical system each school uses for its core learning spaces. We knew that most classrooms were louder than they ought to be, and we knew that mechanical system noise is the most common source of classroom noise. Common sense, confirmed by decades of research and practical experience, suggests that the quietest spaces are those without motors in the room. It follows that the quietest types of cooling equipment might engender the quietest classrooms (especially in an ever-warm climate).

The quietest systems are hydronic systems, without in-room radiator fans. They feature pumps, remote to a thermally conditioned room, and have long been used for heating in radiator configurations. Although not widely used yet, buildings now can also cool with passive hydronic systems, either utilizing chilled beam technology or radiant ceiling cooling. The next-quietest typology involves air systems with distant, centralized, air-handling units (AHUs) and remote chillers and cooling towers. These systems are quiet, but not silent, because with ducted air comes fan noise and air turbulence noise. Less quiet still, AHUs and fan-coil units that serve only one space may feature remote refrigeration equipment, but the fans are either located in the room being served, or adjacent to it in a ceiling plenum, over a corridor, or in a closet. Because the fan is either in the room or a very short duct length away from it, these systems are generally noisier than central ducted systems. Finally, the loudest system typology, through-the-wall units, features both compressors and fans located in the rooms served. These are sometimes referred to as unitary systems, direct expansion systems, or DX systems, and are colloquially termed "window units."

The study surveyed 73 of the 129 elementary schools in the district. Their mechanical systems were analyzed statistically against school-average student achievement test scores over eight years. The analysis found, not surprisingly, that test scores were overwhelmingly influenced by the socioeconomic profile of the school's students; schools populated by higher-income children out-performed those populated by poorer children. But when the data were sorted into three groups, each corresponding to a different type of mechanical system, the results suggested that, for a given student income level, achievement scores drop in schools with the noisiest systems. The study also suggests that schools serving poorer children are disproportionately air-conditioned by the noisiest system types.

If there were one rule that, if followed, would net the greatest acoustical yield in the built environment, it might well be, "Maintain ample separation between machines and occupied spaces." This concept is a bit of a panacea, remedying airborne pump, chiller, cooling tower, and AHU noise, duct-borne fan noise, structure-borne noise from vibrating equipment, and some types of duct breakout noise (duct-borne noise transmitting through the duct's walls). Yet while common sense (supported by a century's worth of research) unequivocally advocates placing noisy motors on one end of a building, and quiet rooms on the other, common practice has fans and compressors regularly where they shouldn't be, near quiet spaces. Nonetheless, there may be advantages to using these loud systems: (a) Ductwork consumes a good deal of building volume, (b) ducted systems may be difficult to shoehorn in when renovating older buildings, (c) ducted systems are difficult to meter when multiple tenants are served, and (d) ducted systems may offer inferior thermal and fresh-air control for multiple users. The acoustic downsides, however, remain substantial: (a) Hotel meeting rooms where a microphone is required for even small audiences, (b) hospital patient rooms too loud for proper sleep, (c) hotel rooms with compressors cycling on and off all night, (d) office workers with needlessly elevated stress levels, and (e) apartment-dwellers with bags under their eyes.

Mechanical system types

Noise Criteria (NC)

Poor

Through-wall direct exchange (DX) unit
(Compressor and fan in the room)

Range

Fan-coil unit
(Fan in the room)

Range

Air-handling unit (AHU) in a closet with unducted return
(Fan adjacent to the room)

Range

(Very noisy)

60

(Noisy)

50

>NC 40 speech becomes difficult to understand

40

Noise criteria (NC)

30

(Quiet)

20

(Very quiet)

Remote ducted air-handling unit (AHU)
(Fan far from the room with long duct runs to quiet spaces)

Better

Remote fan
and compressor

Fan in room

Fan and compressor
in room

Quietest
central
systems

Noisiest
central
systems

Quietest
fan-coil
units

Noisiest
fan-coil
units

Quietest
through-the-
wall units

Noisiest
through-the-
wall units

NC-27   NC-45   NC-40   NC-47   NC-45   NC-65+

A school where 30% of students are eligible for subsidized
lunch and rooms are cooled with fan-coil units might expect
13% of students to score in the top quintile on achievement
tests

A typical fan-coil unit classroom
might earn a RASTI score of just
below 0.6, which indicates good
speech intelligibility

Excellent
0.8

Very good
0.6

Good

Fair
0.4

Poor

0.2

Bad

Central system (remote
fans and compressors
with ducts)

Fan-coil units (remote
compressors and in-room
fans)

Through-the-wall units
(in-room compressors
and fans)

Student achievement by school (% of students in a given school
scoring at the top quintile of the third grade reading exam)

15

10

5

20   50 20   50 20   50

Wealthier
students

Poorer
students

Wealthier
students

Poorer
students

Wealthier
students

Poorer
students

Note the underperformance
on exams - and the poor
intelligibility - where noisy
through-the-wall units are
used for cooling

Room speech intelligibility (RASTI)

Student family income (% of students in given school receiving subsidized lunch)

This graph overlays two studies—one that illustrates reduced student achievement in schools that use mechanical systems with both fan and compressor exposed to the classroom, and one that illustrates reduced speech intelligibility associated with that same type of mechanical system (the fan and compressor exposed to the classroom). The empirical data track closely with the theory because speech intelligibility in noisy conditions evaporates suddenly when the background levels approach—and then surpass—the teacher's speech level.

Mechanical equipment noise frequency content

| Hiss (grilles and water valves) |
| High-velocity airflow through diffusers |
| High-velocity airflow through dampers |
| Whine (pumps) |
| Chillers |
| Hum (poor vibration isolation, VAVs with fans) |
| Buzz (transformers and fluorescent ballasts) |
| Roar (turbulent airflow through VAV units) |
| Fans and pumps |
| Rumble (turbulent airflow and poor vibration isolation) |
| Structure-borne vibration |
| Throb (turbulent airflow and fan instability) |

8   16   31.5   63   125   250   500   1000   2000   4000

Octave band center frequency (Hz)

Adapted from American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE), *Heating, Ventilating, and Air-Conditioning Handbook—HVAC Fundamentals*, 2009, p. 8.15. and from American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE), *Heating, Ventilating, and Air-Conditioning Handbook—HVAC Applications*, 2011, p. 48.2.

Listen for mechanical noise in the room you currently occupy. Rattle from moving building components or very-low-frequency rumble may mean you hear the vibration of equipment. Fan noise transmitted down the duct is also heavy on bass content. If the low-frequency noise pulses and throbs through the duct, there may be turbulent airflow or fan instability in the system. Heaters that lack sufficient expansion tolerance in their installation crackle when they expand. The pure-tone of transformers, older fluorescent luminaires, and other electrical equipment can often buzz at 60 Hz, the frequency of alternating current (where the electrons switch direction 60 times per second—50 Hz in some countries). If you hear a whoosh, perhaps high-velocity ducts are whistling air across the blades of registers and diffusers. And if you hear a hiss, it may be the sound of water moving through pipes.

Ducted Fan Noise

Moving air from a central, remote, air-handling unit (AHU) is generally quieter than would be the case if the fan and/or compressor were in the room being served. But this type of system is not guaranteed to be quiet, and often duct noise remains the loudest sound source in a room. The low-frequency rumble of the fan propagates down ducts just as the air does, and that noise enters the room through the registers, diffusers, and grilles that distribute and collect air. Noise moves both up the air stream and down the air stream, so noise problems may arrive through either supply *or* return ducts. Exhaust fans often bring more fan noise than the AHU because exhaust fans often sit closer to the space they serve, with less length of duct to attenuate the growl of the motor.

There are three methods to best mitigate and attenuate ducted fan noise. First, purchase quiet equipment. Some AHUs (and chillers, pumps, and exhaust fans) are much quieter than others.

A buy-quiet policy may out-attenuate most architecture or engineering fixes available. Second, introduce long duct runs to quiet spaces. Locate mechanical rooms far from sensitive rooms. When laying out duct paths, serve nonsensitive rooms first—on the way to the sensitive ones—to ensure the sensitive rooms benefit from the longest duct runs. Third, insert silencers in the supply, return, and exhaust duct paths. Silencers, also called "mufflers," "sound traps," or "attenuators," work like car mufflers. They dampen the sound as it propagates. They typically sit in-line with the duct, near the noise source, and look like a bulge in the duct (think of a python digesting a pig). Air enters the silencer and moves around perforated sheet-metal baffles filled with sound-absorbent media (typically glass fiber or rock fiber), depositing some of the noise energy onto the absorbing material before continuing down the duct.

Flexible duct, a Slinky®-like tube that typically connects the rigid supply-air metal ducts to diffusers in the ceiling and permits tolerances between the sheet-metal trades and those trades that finish the ceiling, also doubles as a modest fan-noise attenuator. Many erroneously believe that elbows, 90-degree turns in the ducts, are effective at attenuating fan noise. Elbows dull noise in the speech (middle) frequencies, but do little at the low sound frequencies associated with fan noise rumble. (Elbows do, however, work effectively in addressing cross-talk, a kind of room-to-room airborne noise flanking that travels through ducts common to both spaces. Ensuring at least two duct elbows between adjacent rooms will address many speech privacy cross-talk concerns.)

Duct that is internally lined with porous media such as glass fiber is very effective at attenuating ducted fan noise—nominally more than twice as effective per linear foot as unlined duct—but it may come with indoor air quality downsides. Many believe that the fibers come loose and become airborne, or that condensation on the fibers may promote mold growth. These concerns can be addressed, with some acoustical performance compromise, by sealing the liner with a film that separates the glass fiber from the air that travels through the duct, keeping moisture out of the liner and particulates out of the airstream.

Range of fan source levels

Frequency (Hz)

63   125   250   500

Quieter (dB)

34 dB
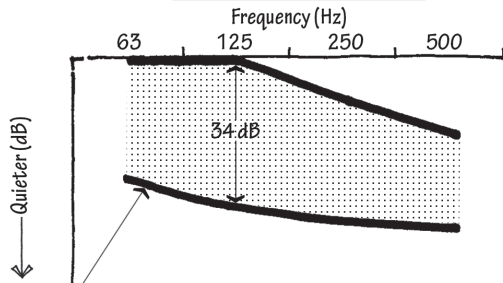
The quietest fans are direct drive, constant volume or variable frequency, large diameter (>36 inches) airfoil, backward-curved, or backward inclined configurations running near-peak-efficiency (>90%) and are part of well-balanced, well-maintained systems with low pressure drops. To a room occupant, quiet fans may subjectively sound one-quarter as loud as their noisier counterparts.

Airfoil fan

Backward-curved fan

Backward-inclined fan
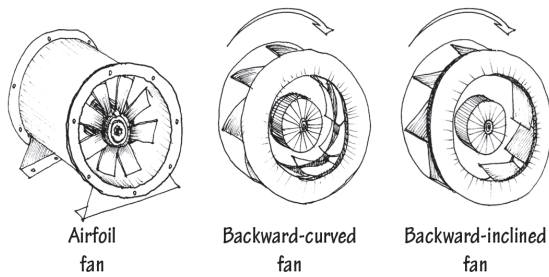
Range of silencer attenuation

Frequency (Hz)

63   125   250   500

0
-10
-20
-30
-40
-50

Quieter (dB)
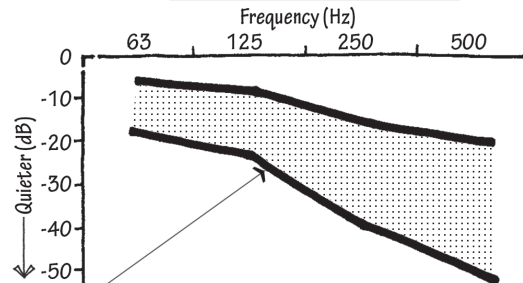
The most effective silencers are long (10 feet) dissipative type units running duct air velocities less than 2000 feet per minute. They benefit from a length of straight duct, both upstream and downstream of the silencer (equal to at least five times the shortest cross-sectional duct dimension) that promotes smooth ducted airflow: No duct-shape transitions, elbows, branch take-offs, or dampers close to the silencer. The most effective silencers may bring the fan noise to subjectively one-quarter what it would be without a silencer.

Absorbing material
Perforated metal
Duct
Silencer
Duct
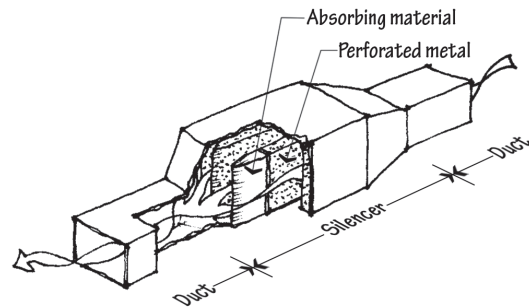
Range of metal duct attenuation (per 10 feet)

Frequency (Hz)

63   125   250   500

0
-10
-20
-30
-40
-50

Quieter (dB)
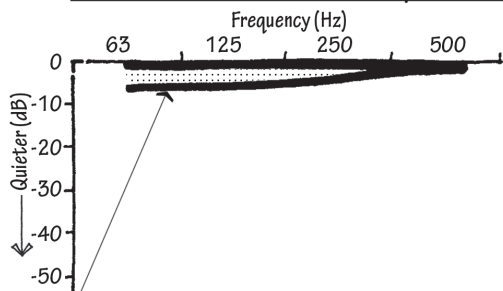
Small (< 16 inches), rectangular ducts of thin sheet metal running low ducted air velocities attenuate best. A system with an extra 30 feet (10 meters) of this type of duct will sound half as loud in the critical frequencies; a system with 60 extra feet (20 meters) will sound one-quarter as loud, and so on.
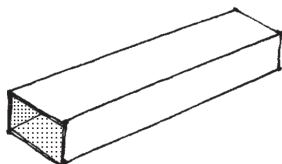
Range of internally lined duct attenuation (per 10 feet)

Frequency (Hz)

63   125   250   500

0
-10
-20
-30
-40
-50

Quieter (dB)
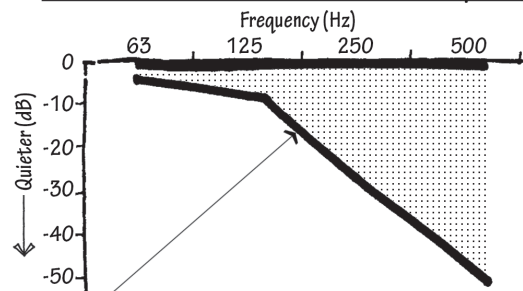
Note the significant increase in sound attenuation when internal lining is added; but also note that internally lined ducts may warrant air-quality concerns. Small (< 6 inches) rectangular ducts with two inches of internal fiber duct lining running slow duct air velocities attenuate best. Three extra feet of duct will subjectively reduce the noise by half. A length (10 foot) of internally lined flexible duct, often used to connect metal duct to ceiling outlets and inlets also, cuts the perceived sound level in half, provided it is not kinked.

Absorbing material
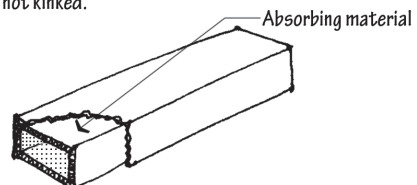
Because duct length and the use (or absence) of silencers often control a room's sound level for a given fan serving it, the following graphic may be used for initial design purposes. Follow the graph: Clearly, both long silencers and long duct lengths are required for quiet rooms. Some fans are much quieter than others, an important factor not accounted for by this rule of thumb.
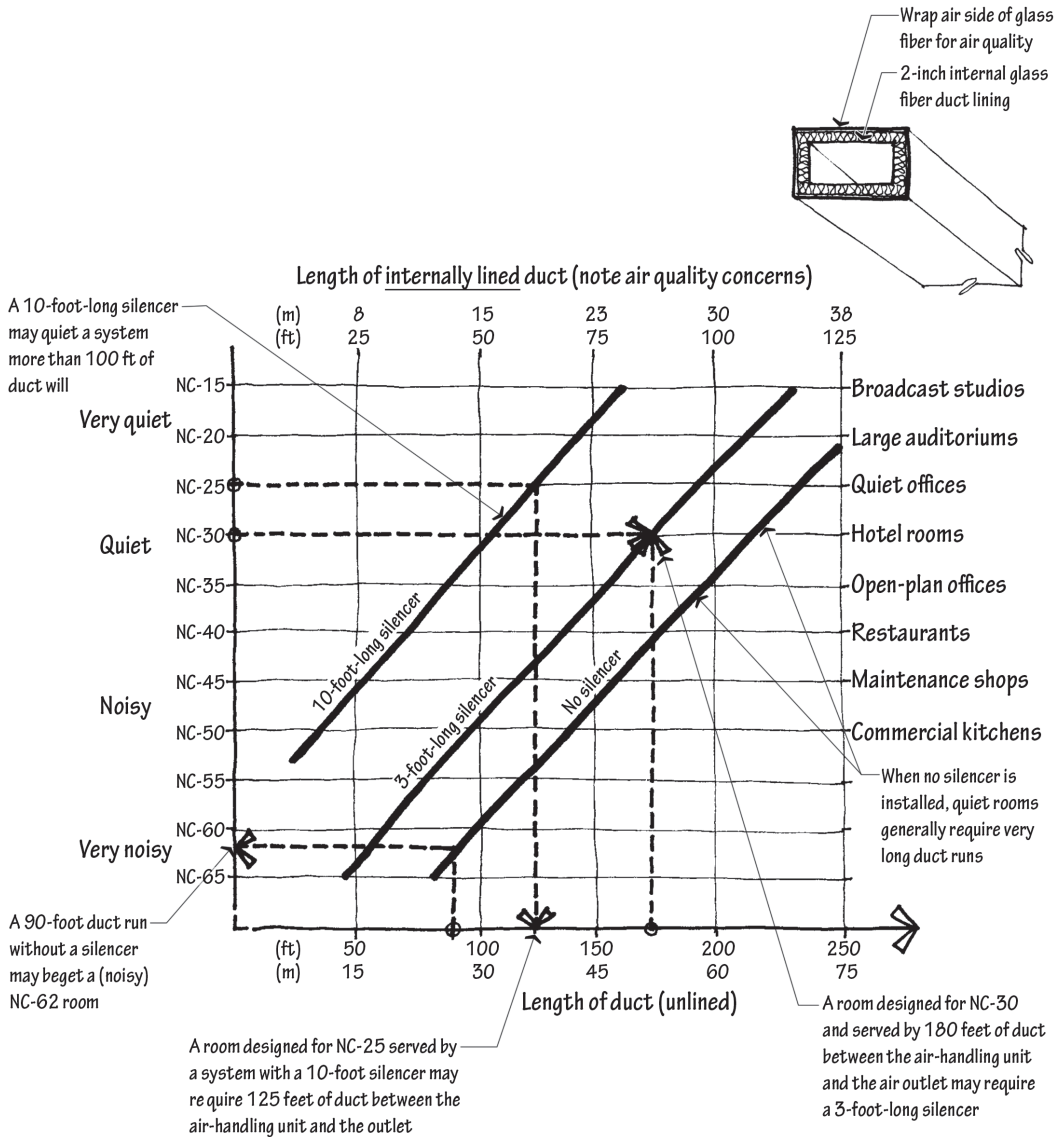
NOTE

This graph serves initial design purposes only and is not appropriate for final estimations. It assumes that the 125-Hz octave band and supply air duct will control the NC level. It also assumes a 91-dB source level at 125 Hz, a duct diameter between 16 and 45 inches, a 225-square-foot coverage area per air diffuser, a 2-CFM supply air per square foot of floor area rate in an internal-load-dominated building, a distance between room air diffuser and occupant ear of 4 feet, a room area of 300 square feet, and a safety factor of 5 dB. While each of these by itself is a reasonable (and reasonably conservative) assumption, one may expect that another configuration will differ meaningfully from this rule-of-thumb estimate. Actual published, calculated, or measured supply and return sound power noise spectra, specific to a building, complemented with an HVAC system configuration, also specific to a building, are always *preferable to these kind of assumptions.*

Mechanical Room Graphic Checklist

Sound-absorbing material to reduce mechanical room loudness

Wall penetration packed with glass fiber and caulked with non-hardening sealant on both sides to mitigate mechanical room noise flanking

Resilient pipe hanger to isolate vibrating equipment from structure (first 50 feet of duct)

Flexible canvas duct connection, supply and return to isolate vibrating equipment from ducts

Return duct silencer

Resilient duct hanger (first 50 feet of duct)

Gradual duct transition: radiused elbow

Supply duct silencer

d = Duct diameter

>3d

>3d

Buffer space: Corridor

Mechanical equipment room

Buffer space: Toilet room

Flexible (floppy) looped electrical conduit connection

Air-handling unit (AHU)

Vibrating equipment isolated on springs

Inertia block: Concrete base, floated on springs tuned to reduce vibration transfer to the building's structure

Housekeeping pad to keep debris from sliding under equipment

Conduit and pipe penetrations in resilient sleeves to isolate vibrating equipment from structure

Ducted Air Turbulence Noise

Frequency (Hz)

Air turbulence in HVAC ducts yields unwanted self-generated duct noise from the air whooshing through the system's components. When that noise is created close to an occupied room, it radiates out from the duct at the point the noise is created, and down the duct to the room's duct inlet or outlet. Air turbulence noise is vexing specifically because of its close proximity to the quiet rooms—there is often little or no duct available downstream to attenuate turbulence noise.

Compounding this, the turbulent settings that trigger aerodynamic noise also intensify fan motor noise because they lead to higher duct system static pressure. The static pressure of a ducted system can be thought of as its blood pressure. High static pressure has many causes, including long duct length, elbows, filters, heating and cooling coils, silencers, duct branch take-offs, tees, grilles, registers, diffusers, rapid constrictions, abrupt changes, and convoluted duct paths. When the total static pressure put in a system exceeds the fan's rated static pressure, these airflow resistors rob the fan of its potency to move air, thus impeding efficiency, capacity, thermal comfort, motor life, and quiet operation.

Turbulence noise stems from three conditions. The first is too-high ducted air velocities, the second is convoluted duct layout, and the third is the sinister combination of the first two. Aerodynamic noise levels are a function of the fifth, sixth, and seventh powers of the air velocity, allowing small changes in ducted airspeeds to pull outsized changes in sound levels. Just as long duct runs remedy many problems originating from fan noise, slow air velocities prevent most complaints associated with self-generated turbulence noise. Of course, slower duct velocities necessitate larger duct cross sections to deliver the required air, so a system without troublesome levels of turbulence noise requires that more of the building's volume be given over to ductwork.

Fast-moving air whistles as it changes its profile through duct elbows, tees, splits, transitions, branch take-offs, dampers, terminal boxes, terminal devices (grilles, registers, and diffusers), and cross-section

transitions. To reduce the turbulence noise, make the duct changes as smooth and gradual as possible, design a system with fewer fittings and dampers, and keep fittings and dampers far from one another. A duct progression with two duct elbows close together (at a distance less than the equivalent of three duct diameters apart) prevents the air from sufficiently straightening out downstream of the first elbow and upstream of the second. As a rule, duct layouts that look smooth generally produce less turbulence noise. Duct layouts that look convoluted generally are noisy, especially when they are convoluted, near the room they serve, or sit in ductwork with high airspeeds.

Noisiest — Better — Quietest

<7°

<15°

Damper

Damper

Self-balancing, no damper

Flexible duct
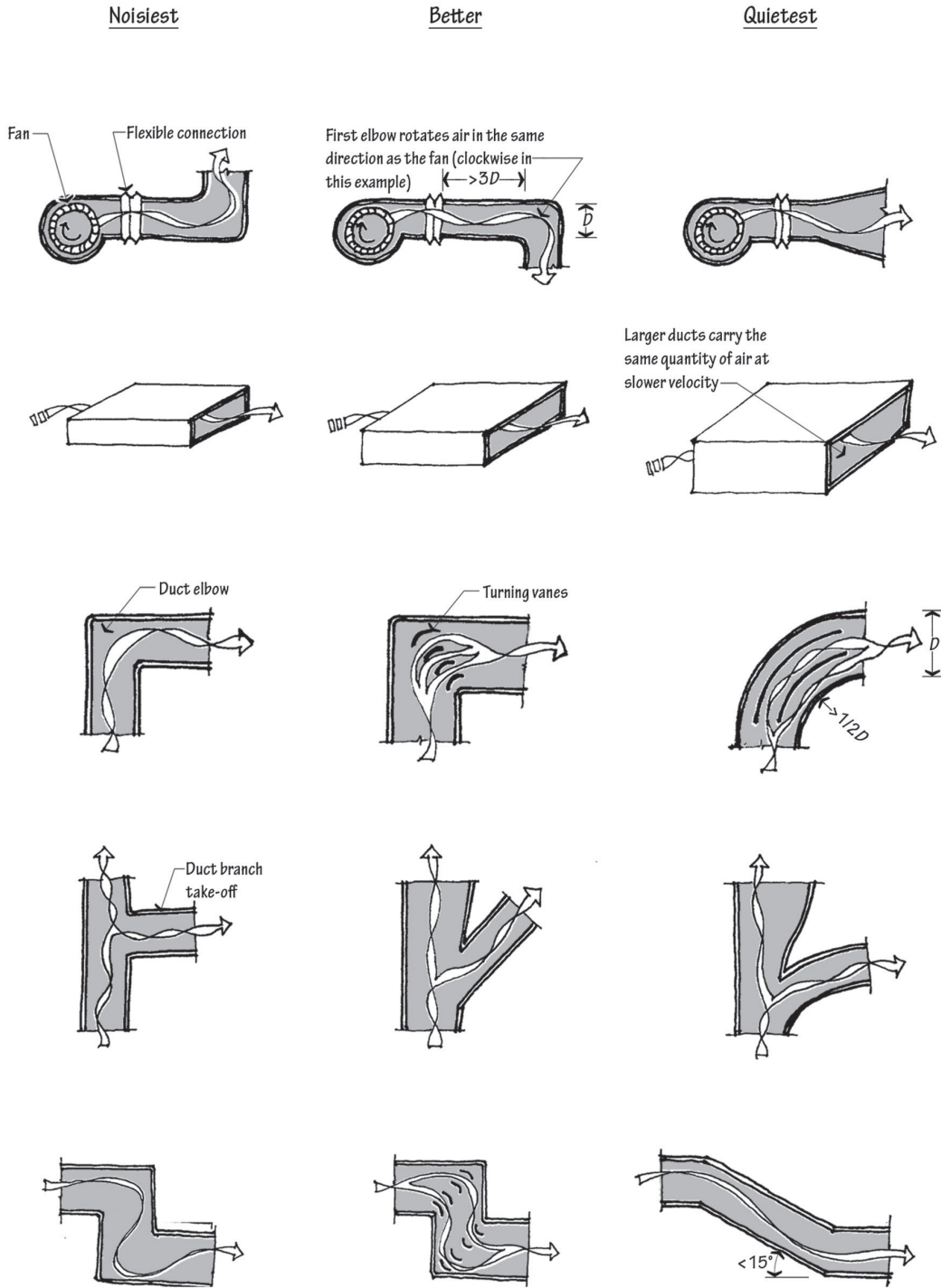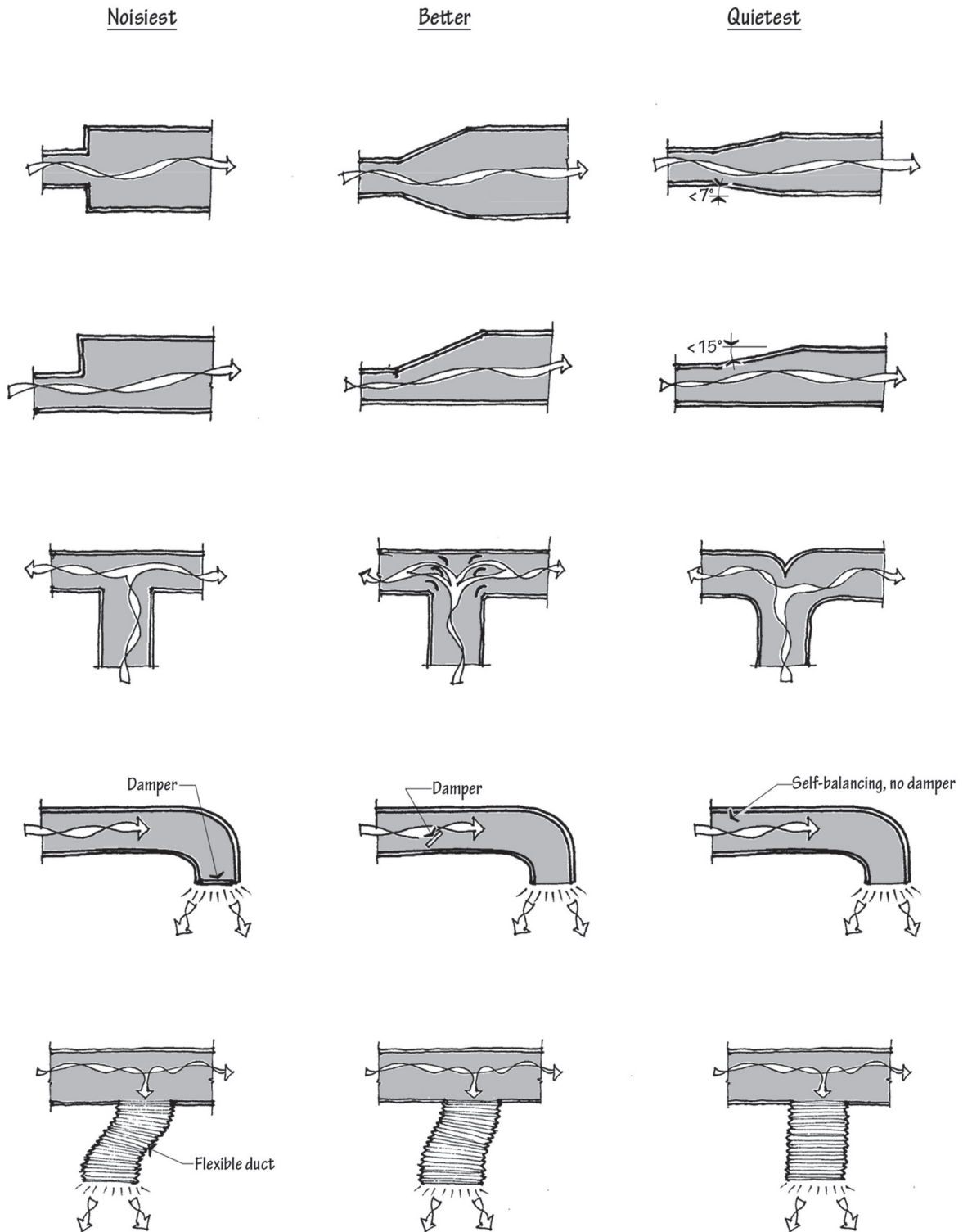
Adapted from M. Schafer. *A Practical Guide to Noise and Vibration Control for HVAC Systems*, 2nd ed., ASHRAE, 2005.

>3 times duct diameter to smooth out airflow, straight duct, at least three duct diameters in length, required upstream and downstream of duct elbows, silencers, branch take-offs, and terminal boxes. (>5 times duct diameter is better)

Low-velocity flexible duct take-off is effective at absorbing sound

To avoid turbulence use duct cross-section aspect ratios less than 3:1

d = Equivalent duct diameter

Low-velocity supply air branch duct

>3d

Low outlet air velocity

Medium-velocity main supply duct

>3d

>3d

>3d

>3d

Supply duct taps off riser

Gradual duct transitions for smooth take-offs and elbows

Branch take-off

Soffit obscuring main supply duct

Multi-floor air riser brings supply air from remote air-handling unit in basement or lowest level

Note: Quiet spaces are free of terminal boxes. Where terminal boxes are needed, ensure low duct velocities through them, lest they whistle. Locate terminal boxes above ceilings of toilet rooms, corridors, closets, or other spaces not sensitive to noise. Maximize the linear duct distance between terminal boxes and the air outlets they serve.

The considerable length of duct available
downstream to attenuate turbulence noise
allows for faster maximum air speeds far from
room air outlets

Maximum velocity 15 ft
upstream of register to
achieve NC-25:
550 feet per minute

NC-35
NC-30
NC-25
NC-20
NC-15

Mechanical room | Duct riser | 20-30 ft upstream from terminal device | 10-20 ft upstream from terminal device | 0-10 ft upstream from terminal device | Terminal device (diffuser, register)

More turbulence noise generated

Less turbulence noise generated

Recommended maximum supply duct air velocity (feet per miunte)

(Meters per second)

NOTE

These are supply air velocities. For maximum return air velocities, add 10% to the air velocity values in the graph.

Vibration Isolation

A rigidly mounted piece of equipment translates its energy directly to the structure, and vibration may propagate into occupied spaces through common assemblies (as is the case when rooftop units sit above rooms), or through secondary paths (such as piping and ductwork). Equipment—rigidly mounted over quiet spaces, mid-span (between columns), and on top of un-stiff, low-mass upper floors or roofs—transmits the most building vibration. Conversely, vibrating equipment—supported resiliently, located on grade, far from quiet rooms, and with structural breaks between—performs better.

Supporting equipment resiliently, resting on mounts or suspended from hangers, radically attenuates the transmitted energy. Spring isolators temper low frequency and are rated by their static deflection, generally ranging from $\frac{1}{3}$-inch (stiffer) to 5 inches (more resilient but holds less weight). Compressed glass fiber pads and ribbed or waffle neoprene pads better temper high-frequency vibration and are rated by durometer, generally ranging from a value of 30 (more resilient) to a value of 70 (stiffer but holds more weight). The combination of steel spring-isolators on neoprene pads allows for broadband isolation. If sensitive equipment is present, such as an electron microscope or surgery robot, the roles are reversed. Instead of isolators protecting the building from the equipment, vibration isolators can protect the equipment from building vibration.

In practice, contractors regularly install vibration isolators incorrectly, necessitating thoughtful construction administration. Common are misaligned or fully compressed springs that no longer isolate—and support geometries that short-circuit the intended isolation by bypassing the spring.

Vibrating equipment

With travel limit stop

Structural ceiling

The vibrating top plate only makes contact with the bottom plate through the spring

2 layers ribbed neoprene pads for high-frequency isolation

Building structure

Housekeeping pad to keep underside free of debris

Vibrating equipment

Vibration isolation hanger

Properly installed vibration isolators

Overcompressed spring

Top plate contacts travel limit stop when loaded

Overcompressed spring

Overcompressed spring

Misaligned spring

Bolt contacts travel limit stop

Rod contacts housing

Too-long bolt contacts bottom plate when loaded

Avoid housed isolators because plates often make contact

Compromised (short-circuited) vibration isolators

Mechanical Noise Checklist

NOTE

Some of this checklist is written in a voice for mechanical engineers in later stages of HVAC system design, fabrication, and construction.

Early Design

1. Design the HVAC system early in the process, concurrently with the initial structural layout. The more noise control you design in, the less you will need to add on.
2. Locate mechanical equipment far from quiet spaces. The following may radiate airborne, structure-borne, or duct-borne noise: AHUs, exhaust fans, chillers, motors, pumps, generators, compressors, other reciprocating or rotating equipment, electrical transformers, swimming pool equipment, expanding heating elements (creaking), dishwashers, clothes washers, dryers, garbage disposals, trash shoots, elevator equipment, garage door openers, switchgear, lighting ballasts, and dimmers.
3. Position buffer zones—e.g., storage rooms and corridors—between rooms housing mechanical equipment and quiet rooms.
4. Recognize that noise moves in plan *and* section. Noisy sources directly below or above quiet spaces can pose problems too. This is magnified when vibrating equipment, such as an air-handling unit, is located above a quiet space.
5. Design for long duct runs—supply *and* return *and* exhaust. They are often the best defense against mechanical system noise. While this would seem obvious, it is often not carried out in practice, probably because (1) it is not given sufficient attention in early stages of design, (2) locating mechanical equipment, particularly air-handling units, in close proximity to the spaces they serve minimizes construction costs and energy use associated with conditioned air distribution, and (3) metering centrally located equipment may be more difficult when multiple tenants are involved.
6. Use central HVAC systems because they are typically quieter than distributed systems. Remote chillers (far from occupants) are generally quieter than individual split system air conditioners; hydronic systems (without fans) are almost always quieter than forced air systems. Emerging passive chilled beam and hydronic cooling technology promises to be very quiet.
7. Specify quiet equipment. Some air-handling units are much quieter than others of the same size; some dishwashers can barely be heard, while others roar. Establish lists of multiple products from different manufacturers that meet required performance criteria, and then consult with a qualified professional to determine the quietest ones to use. If possible, purchase multiple brands of, say, a computer projector, and keep only the quietest one.
8. Support vibrating equipment on-grade where possible. When equipment must be located on higher floors, it should be located directly above a structural support.
9. Avoid rooftop mechanical systems, as they often cause noise problems, especially for top-floor occupants: (1) Rooftop units may have both fans and compressors and are therefore especially noisy, (2) structure-borne noise radiates through the roof to the ceiling, (3) airborne noise radiates through the roof, windows, and exterior doors, and (4) duct-borne noise propagates through the short duct runs associated with single-zone rooftop units.
10. Design high-mass, airtight assemblies to enclose mechanical rooms.
11. Orient mechanical room doors so that they open to rooms with little need for quiet, such as corridors. Mechanical room walls should be massive and sealed airtight around duct, pipe, conduit, and the many other penetrations typically required to bring air, power, and water to and from mechanical rooms.

12. Accommodate engineers when they ask for larger mechanical rooms. Rooms that are too small often result in too-small equipment, shoehorned-in equipment, small ducts with higher air velocities, convoluted duct routing with closely spaced fittings, and insufficient maintenance, each of which generates noise. For preliminary design purposes, a mechanical room's floor area should be at least 15 square feet per 1,000 CFM of AHU fan capacity (3 m^2 for each m^3/sec of airflow). Allow a minimum two-foot clearance around all equipment.
13. In early space planning, recognize that ductwork—especially the larger ductwork associated with slow air velocities and quiet spaces—requires considerable building volume.
14. Locate noisy outdoor equipment, such as cooling towers and compressor/condenser units, far from windows. When a noisy piece of equipment is close to windows, build opaque walls around the machine, as high as the top of the window. In plan, build the walls as close as possible, but far enough so that air-cooled equipment retains its access to air.

Fans

1. Specify systems running at high efficiency and low static pressure. "Right-size" fans because oversized and undersized fans fail to operate at or near their rated peak efficiency, generating as much as 15 additional decibels of noise across the frequency spectrum.
2. Install quiet fan types, because the noisiest fan configurations run about 20 decibels louder than the quietest for the same application—subjectively four times as loud. Although forward curved fans are commonly used, they are known for low-frequency (16 Hz to 63 Hz) rumble from airflow turbulence generated at blade tips. The problem is exacerbated by either operation at less-than-maximum efficiency or non-ideal discharge conditions where duct fittings sit near the fan outlet. Airfoil, backward-curved, and backward-inclined fans offer quieter regimes, especially for high-CFM, high-static-pressure applications.
3. Design fans to operate at low discharge velocity, safely away from the stall region, and near the peak of the horsepower curve. Stall occurs when air responds to the higher static pressure at the fan's exit and "chooses" not to move. Fans operating in the stall region make more noise.
4. Compare equipment with noise in mind. Manufacturers are able to provide octave-band sound data estimates for their AHU equipment, including supply duct, return duct, and in-mechanical-room radiated levels. Fan noise tracks loosely with brake horsepower, so when comparing different AHUs, opt for the one operating with the lower brake horsepower. (Sometimes called pure horsepower, brake horsepower describes a motor's power before the addition of the gears, pulleys, belts, and other system components that might slow the motor down.)
5. Select quiet ceiling exhaust and cabinet exhaust fans. They are typically noise-rated in "sones," whereby each doubling of the sone value is equivalent to approximately a 10-dB increase in noise. Where noise is a concern, specify one-sone fans, which run about 40 dBA.
6. Avoid fan-powered mixing boxes when they are near, or serve, noise-sensitive spaces.
7. Allow adequate clearance around the inlets for housed fans. Belt guards and inlet screens can decrease airflow, increasing noise generation.
8. Select fans for VAV systems to operate at peak efficiency at an operating point between 70% and 80% of the maximum required system capacity, because that is where the fan will operate most of the time.
9. Select systems with variable-speed fan motor drives or variable-pitch fan blades when the AHU must change its output air quantity to respond to need. These systems are quieter than ones involving discharge dampers to vary CFM because the dampers, which are typically located immediately downstream of the supply fan, reduce airflow, boost the pressure drop,

and generate turbulence. To vary fan speeds, current source inverters and pulse-width modulation are quieter than voltage source inverters.

10. Air-condition with central systems that feature remote chillers and fans far from occupied rooms. Fan-coil units should be avoided in noise-sensitive spaces. But where they are used, specify electronically communicated three-phase motors and fan-motor subassemblies mounted on spring isolators within the unit housings. Motors operated on three-phase electricity make less noise than those supplied by single-phase because in single-phase motors the back-and-forth motion of electrons jolts and vibrates the motor at the rhythm of the alternating current (60 times per second or 60 Hz in the U.S., 50 Hz in some other countries). In three-phase power, motors operate more smoothly because the back-and-forth electron rhythm is staggered in each of the three wires.

11. Avoid lightweight roof structure when rooftop systems must be used, and locate equipment over a column or bearing wall (rather than at mid-span), at least 25 feet from occupied spaces. The roof structure should be stiff enough so that it deflects no more than an additional ¼ inch when loaded with the rooftop mechanical equipment. Mount the unit on a vibration isolation roof curb. Avoid downblast units; select instead side-discharge units or down-discharge units with a discharge plenum. When units must be located above quiet spaces, construct a steel frame with high-deflection springs to support them.

Ducts

1. Use canvas or elastomeric flexible duct connections where supply and return ducts meet the air-handling unit. These look like accordions and link the AHU to the ducts that serve them with minimal vibration transfer to the ducts.

2. Specify rectangular ducts of thin gauge for best fan noise attenuation. Unlined rectangular duct attenuates appreciably, but unlined round duct provides almost no sound attenuation between the fan and duct outlet because the circular geometry is much more rigid and thus doesn't absorb as much sound energy.

3. Know that internally lined duct is very effective at attenuating both fan and turbulence noise. Two-inch liners meaningfully outperform one-inch liners. Despite some publications' claims to the contrary, there is no evidence that external duct lining increases acoustic performance in mitigating duct-borne fan noise.

4. Duct return air back to equipment with similar noise control measures (duct length, silencer selection) as required for supply air. Noise travels both ways, so it will readily move upstream.

5. Use silencers. Duct silencers may be required on supply and return and exhaust ducts. This may necessitate a distance on the order of 20 feet on both the main supply and main return ducts between the air-handling unit and first duct branch-off or elbow. This will allow you to account for the silencer and sufficient straight ducts upstream and downstream of the silencer. The industry also makes specialized elbow silencers when straight runs are not available.

6. Select silencers with static pressure losses of 0.25 inches of water or less, including system effects, to minimize noise from silencer airflow turbulence.

7. Install special types of silencers when air quality concerns prohibit the use of glass fiber, as may be the case in hospitals and laboratories which fear that the fibers might promote mold growth, might come loose and introduce particulates in the air, or might trap chemicals, odors, or bacteria between their fibers. These include dissipative silencers with a film encasing the fiber, or reactive silencers (also called "pack-less" or "no-fill" silencers) that avoid the use of low-density fiber altogether.

8. Maintain air velocities through silencers less than 2,000 feet per minute. At high velocities, air whistles across silencer baffles and may generate its own noise.

9. Consider glass-fiber lined plenums in air distribution networks. They robustly attenuate fan noise. Offset the plenum's inlet and outlet as much as possible so that they don't align with one another.

10. Locate exhaust fans to maximize the duct length between the fan and the inlet. Specify quiet exhaust fans and locate the inlets in spaces that are not noise sensitive. Exhaust fans are often the primary source of noise in a quiet space because they typically have a short duct distance between room inlet grille and fan.

11. Design for smooth airflow to avoid noise associated with air turbulence. Use radiused duct elbows, turning vanes, and gradual duct take-offs and branch-offs (8 degrees or less). However, avoid inserting turning vanes near the fan outlet, which in that location creates, rather than soothes, turbulent airflow.

12. Keep duct air velocities low to avoid turbulence. This typically requires larger ducts for a given heating or cooling load. Where space concerns require ducts deeper than the ceiling or wall cavity allows, create bump-outs and soffits or replace the duct with multiple ducts of smaller size. Complaints from airflow turbulence noise are less likely to occur if maximum trunk velocities are maintained below 1,500 feet per minute and branch ducts are sized equal to the diffuser/grille duct collar.

13. Maintain separations equal to at least five duct diameters (10 duct diameters is better) between any of the following fittings: fan discharge, silencers, elbows, branch take-offs, tees, terminal boxes, duct cross-section transitions, and dampers. This gives the air a chance to straighten out before reaching the next obstruction, and reduces both aerodynamic turbulence noise and fan noise.

14. Use ducts with a low cross-section aspect ratio to avoid turbulence. It's best if the width is less than three times the height of the duct (or vice versa). Avoid ducts with aspect ratios of greater than eight-to-one.

15. Locate dampers, such as those found in terminal boxes, as far upstream from outlets as possible (minimum of 10 duct diameters upstream of grilles or diffusers). Do not locate terminal boxes above rooms designed to NC-35 or less.

16. Put dampers (such as those found in terminal boxes) in spaces that are less sensitive to noise. Do not install terminal boxes with dampers in ceiling cavities with only (low-TL) acoustical tile separating them from a noise-critical space below. Box the device with plywood if necessary to provide meaningful acoustic separation between the damper and the space.

17. Select the quietest terminal box for the job at hand. Compare octave-band discharge and radiated sound power (L_w) data for static pressure drops of one inch to select the quietest units. Recognize that published terminal box NC ratings are almost impossible to achieve in actual field installations. Never locate a terminal unit over a space that has a design rating less than NC-35. Resiliently connect high- and medium-pressure ducts to terminal boxes with a canvas duct connector.

18. Avoid blade dampers where possible. Balance the system correctly to minimize the use of dampers, which may whistle and/or increase the static pressure in the system. When dampers are used, during construction mock up a representative thermal zone with VAV dampers in place, and listen before repeating a mistake throughout a building.

19. Consider a self-balancing duct system (no dampers). If using fixed dampers, the primary volume dampers in the longest duct run from the fan should always be nearly wide open (<20% closed).

20. Insert 6 to 10 feet of flexible duct immediately upstream of air outlets, especially if terminal boxes are used. Ensure that the flexible duct has no kinks, harsh bends, or offsets, each of which may generate considerable turbulence noise (up to an extra 15 dB) at the outlet. Specify flexible ducts with a spunbond nylon inner liner (rather than a polyethylene liner).

21. Select terminal devices (grilles, registers, and diffusers) with NC ratings at least 5 points lower than the design room noise criteria, and NC-18 or less when serving noise-sensitive spaces. In lieu of volume extractors that protrude into the main duct airflow, use flow straighteners (honeycomb grids or "egg crates") in the necks of short-length take-offs that lead directly to terminal devices. Avoid dampers near terminal devices altogether in noise-sensitive rooms. Size the duct immediately upstream of supply diffusers so that it is equal to the terminal device duct collar.

22. Know that for a given cooling or heating load, a configuration of more (slow moving) air outlets in a room provides a quieter environment than a configuration of fewer air outlets in the same room.

23. Install at least two duct elbows and as much duct as reasonable between two rooms that share an air distribution system and would require speech privacy, such as would be found in adjacent offices. In "cross-talk," conversations follow a flanking path through ducts.

24. Run noisy ducts around quiet spaces, not through them. Even if the ducts don't serve outlets in those spaces, sound may "break out" of a thin-walled, low-TL duct. Where breakout noise is a threat, ducts may be constructed with double walls, lagged with mass, or encased in gypsum board enclosures to increase their TL. The stiffness associated with the geometry of round duct accounts for its poor performance attenuating fan noise. For attenuating breakout noise (only), round duct's stiffness is advantageous.

25. Treat ventilation passages when community noise "leaking into" a duct system is of concern. These include outdoor fresh-air intake and exhaust grilles. Use duct silencers, acoustical louvers, or acoustically lined plenums.

26. In split systems, mount refrigerant pipe resiliently when attaching it to a building's structure.

27. See the design through to construction. Value engineers may see silencers, quiet equipment, large duct cross-sections and long duct runs as line-items, not integral to the design.

Vibration Control
1. Recognize that sound traveling in building elements such as columns, beams, and floor slabs may be radiated as airborne sound far from the source.

2. Use structural breaks or independent structural elements to separate the parts of a building that house vibrating equipment from the parts that house quiet spaces. Often these are required anyway in large buildings to account for differential expansion, differential settling, and seismic concerns.

3. Structure stiff building elements to support equipment. Vibration isolation systems work as designed only if the engineer ensures that the supporting structure is much stiffer than the isolator. Structures that accommodate supported or suspended equipment on isolators should have a static deflection of no more than 20% of the isolator's static deflection.

4. Vibration-isolate reciprocating, rotating, and vibrating equipment on springs, pads, or inertia blocks. Select vibration isolators on the basis of the lowest practical speed of the fan.

5. Control fan and motor rpm settings with a "critical frequency jump band." It protects operators from speeds that might excite the vibration isolator's or building structure's natural resonance.

6. Resiliently mount the nearest 50 feet of pipe or conduit serving vibrating equipment, such as an air-handling unit. Use slack flexible conduit to make a full 360-degree loop connecting electrical services to vibrating equipment. Use flexible pipe connections to vibrating equipment such as pumps.

7. Use floating floors and resiliently hung ceilings with multiple layers of gypsum board where noise-sensitive spaces sit immediately below vibrating equipment. The floor structure should be stiff and deflect less than $\frac{1}{3}$-inch due to the combination of the dead loads and equipment loads.

8. Isolate vibrating equipment on free-standing (not housed) laterally stable, properly aligned, steel spring isolators. Mount the isolators on two layers of ribbed or waffle neoprene of less than 50 durometers, and the neoprene on a housekeeping pad. Ensure that installation contingencies don't short-circuit the intended insolation.

Appliance Noise

1. Buy quiet equipment. A noisy projector in a conference room may easily eclipse noise from adjacent spaces or mechanical systems, and render thoughtful building noise control design meaningless.
2. Locate vibrating appliances such as dishwashers, clothes washers, and clothes dryers on grade where possible. Check that they are balanced. Put these types of appliances on neoprene "appliance pads." If they are located on upper floors, design so the rooms beneath them are not noise sensitive.
3. Resiliently mount garbage disposals by floating the cabinet that houses them on top of an isolated floor.
4. Locate laundry rooms, trash shoots, commercial kitchens, and elevators so that they are not immediately adjacent to quiet spaces.
5. Avoid the use of garage door openers, especially when the garage is under a neighbor's apartment.

Plumbing Noise

Although plumbing noise often isn't especially loud, it can be disproportionately annoying to occupants. This is because (1) it arrives in an on-off cycle, and intermittent noises are judged to be more annoying than continuous ones, (2) when it arrives at night, even if it isn't very loud, it may be loud enough to interrupt rest, and (3) when associated with bathroom activities it can be embarrassing and feel like an invasion of privacy. Plumbing noise complaints are most common in multifamily dwellings.

Amplification	A vibrating cell phone may be almost inaudible if left on the living room couch, but when left on the dining room table it's easily heard throughout the home. In the same way, pipes and fixtures are, by themselves, poor radiators of noise. Rather, it is when a noisy or vibrating plumbing system is coupled to efficient noise radiators such as walls, ceilings, and floors that these sounds are amplified. For this reason decoupling the plumbing system from the structure is the best way to mitigate most plumbing noise.
Turbulent flow and cavitation	High water pressure and the resulting high water velocities cause turbulence and cavitation (noise from the collapse of water bubbles). This is particularly troublesome at bends, valves, taps, and connectors and is associated with the hissing sound sometimes found around partially opened fixtures.
Water hammer	Sudden interruption of water flow, as when one abruptly turns off a tap, forms a shock wave. This can also occur if one abruptly turns on a tap.
Defective parts	Loose or worn fittings and valves can cause chattering. These are easy to pinpoint by listening, and the noise often occurs when a tap is partially opened but disappears as it is opened further.
Expansion and contraction	Often, but not always, associated with hydronic heating, the expansion and contraction of pipes can cause snapping and creaking, especially when pipes are rigidly connected to structure. Hot water radiators should be mechanically attached with flexible tolerances. Long hot water pipe lengths demand expansion joints.
Draining water	Draining of a fixture annoys with a gurgling sound. This is especially acute when drainpipes move vertically, then horizontally, as water falling hits the horizontal portion of the pipe. When the horizontal pipe is rigidly attached to a ceiling, it can excite the structure, amplifying the noise of the draining water.

Isolating Pipes from Structure
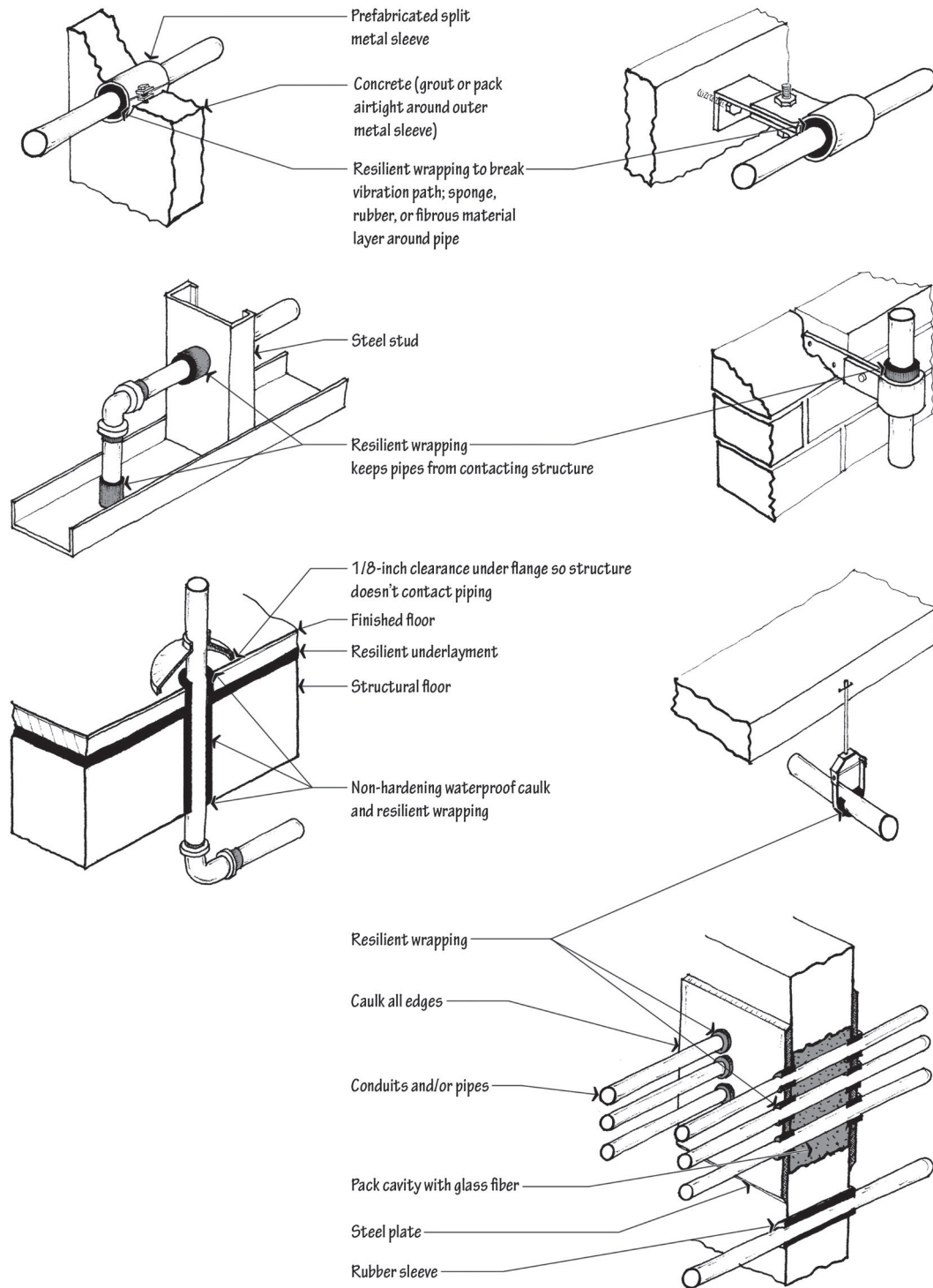
Prefabricated split
metal sleeve

Concrete (grout or pack
airtight around outer
metal sleeve)

Resilient wrapping to break
vibration path; sponge,
rubber, or fibrous material
layer around pipe

Steel stud

Resilient wrapping
keeps pipes from contacting structure

1/8-inch clearance under flange so structure
doesn't contact piping

Finished floor

Resilient underlayment

Structural floor

Non-hardening waterproof caulk
and resilient wrapping

Resilient wrapping

Caulk all edges

Conduits and/or pipes

Pack cavity with glass fiber

Steel plate

Rubber sleeve

Adapted from R. Berendt, G. Winzer, and C. Burroughs, *A Guide to Airborne, Impact, and Structure Borne Noise—Control in Multifamily Dwellings,* National Bureau of Standards and U.S. Department of Housing and Urban Development, Washington, DC, September 1967.

Plumbing Noise Checklist

Early Design
1. Locate supply and drain lines away from quiet areas such as walls common to bathrooms and bedrooms.
2. Locate bathrooms, laundry rooms, and kitchens to minimize the need for horizontal drain lines.
3. Use a simple plumbing layout to avoid fittings and bends, and allow for large radius turns in piping to minimize water turbulence noise.
4. Avoid designing plumbing fixtures on sensitive walls, such as party walls, or walls shared with a bedroom.
5. Back-to-back bathrooms should have completely separate framing, such as a double wall, so that one unit's piping does not contact a neighbor's unit. Similarly, double walls should be used wherever a chase wall joins a bedroom.

Isolation from the Structure
1. Use oversized pipe supports such as clamps, straps, and hangers. Wrap pipes in a collar of resilient material (rubber, neoprene, mineral wool, or fiberglass) at the band where the pipe would otherwise make contact with the support.
2. Attach pipes resiliently to the most massive structural elements, such as masonry walls.
3. Where pipes penetrate a wall or floor-ceiling assembly, use an oversized sleeve and wrap the pipe at the penetration point with a band of resilient material. Seal the penetration well—on both sides of the penetration—with water-resistant non-hardening caulk to avoid airborne noise transmission.
4. If resilient underlayments are not used in the floor, isolate bathtubs, showers, washers, dryers, and toilets on a pad of cork, neoprene, rubber, or other resilient material to mitigate sounds from falling water, rotating equipment, and slamming toilet seats.

System Design
1. Use cast-iron waste pipes rather than PVC waste pipes. They are much quieter. For supply lines, plastic is often quieter than metal.
2. Recognize that some fixtures, such as pressure-assist toilets, are inherently noisier than other types of fixtures.
3. Take care with high-pressure plumbing systems, including those associated with chilled water distribution, because they are inherently noisy. Maintain the static pressure of main water supply lines of buildings with three stories or less at less than 50 psi. Branch lines serving individual apartment units should not exceed 35 psi. In high-rise structures where high-pressure main supply lines are required, pressure reducers or regulators should be used in supply branches to meet these limits.
4. Properly size piping so that plumbing systems are not under high pressure and velocity. Flow velocities less than 6 feet per second (2 meters per second) in domestic systems are found to be less likely to elicit complaints.
5. Design flexible connectors to attach the plumbing system to vibrating equipment such as pumps, washers, dishwashers, garbage disposals, air-handling units, and chillers.
6. Box large-diameter supply and drain pipes, in gypsum board enclosures, particularly in high-pressure systems. Install fiberglass insulation on the inside of the enclosure.
7. Design waste pipes and pipes associated with roof drains to run in walls adjacent to rooms that are less noise sensitive, such as utility rooms or kitchens. Avoid running pipes (especially PVC waste pipes) in walls adjacent to bedrooms, living rooms, or dining rooms.

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COUPLED-VOLUME CONCERT HALL

Lucerne's KKL, designed by Jean Nouvel with Acoustician Artec, wraps a traditional shoebox-proportioned interior with a coupled volume. The doors occupy most of the side and upstage wall; those in the upper level and above the stage can be seen as open.
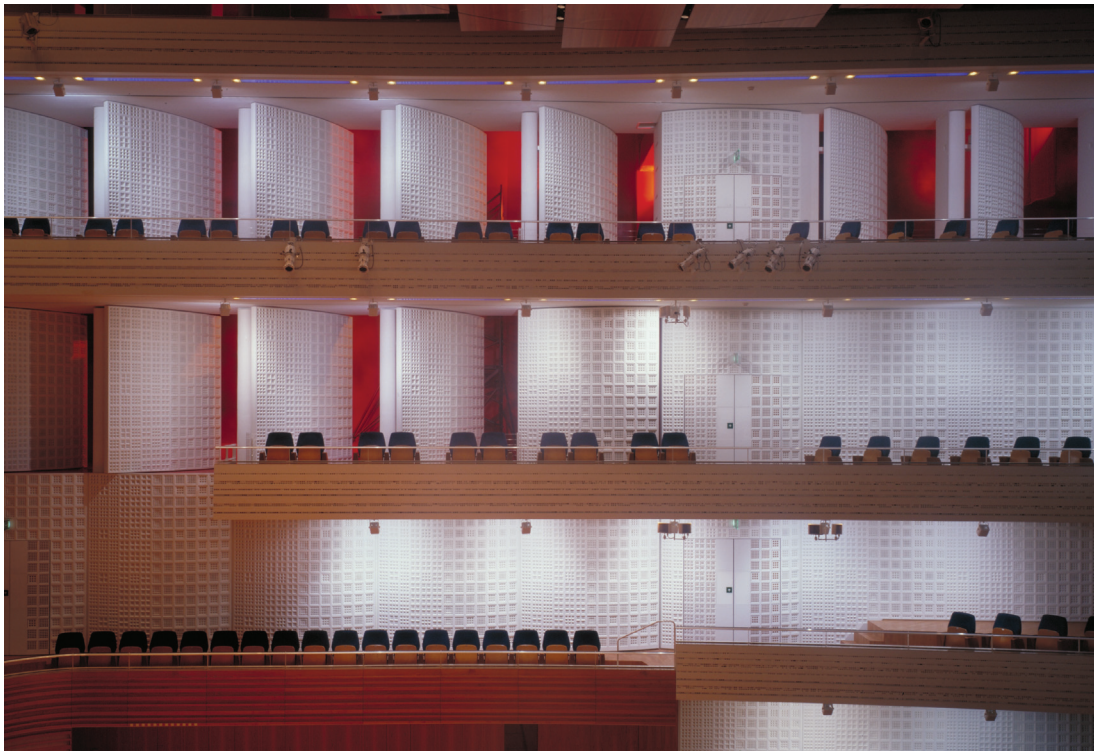
PERFORMANCE VENUES

Wallace Clement Sabine, shortly after discovering his formula for predicting a room's reverberation time, was drafted by McKim, Mead & White to assist in the design of Boston's Symphony Hall. This room has since established itself as the acoustical gold standard for symphony acoustics in North America, and one of the three most highly regarded concert halls worldwide. (The other two, Vienna's Musikverein and Amsterdam's Concertgebouw, also feature shoebox proportions and also were built around the year 1900.)

The hall's ceiling height, which was set by Sabine per his formula, allows the room a mid-frequency reverberation time of 1.9 (occupied) and 2.5 (unoccupied), ideal for symphonic music. The limited 75-foot width, together with the rectangular shape, provides both spatial impression from lateral reflections and acoustic intimacy from early reflections. The heavy plaster surface construction, the lightly upholstered seats, and the decision to avoid exposed (lightweight) wood promote both loudness and warmth. The ceiling coffers, wall statues, and other surface irregularities diffuse incident sound to avert acoustic defects (echo, flutter echo, and the acoustic glare generated from overly strong specular reflections). Further, the presence of shallow balconies in the lower hall, and the absence of balconies altogether in the upper hall, promote the second-order lateral reflections important for spatial impression.

The shoebox proportions have been replicated for centuries, generally to great success (provided the room seats no more than 2,400 people). Sound reflections build between the parallel hard-surfaced side walls so rooms with these shapes and proportions have longer reverberation times than non-rectilinear rooms with similar size and materiality. Narrow rectilinear rooms also provide a greater sense of binaural immersion in the sound. Model halls feature length to width to height ratios of 1.6 : 1.0 : 0.9.
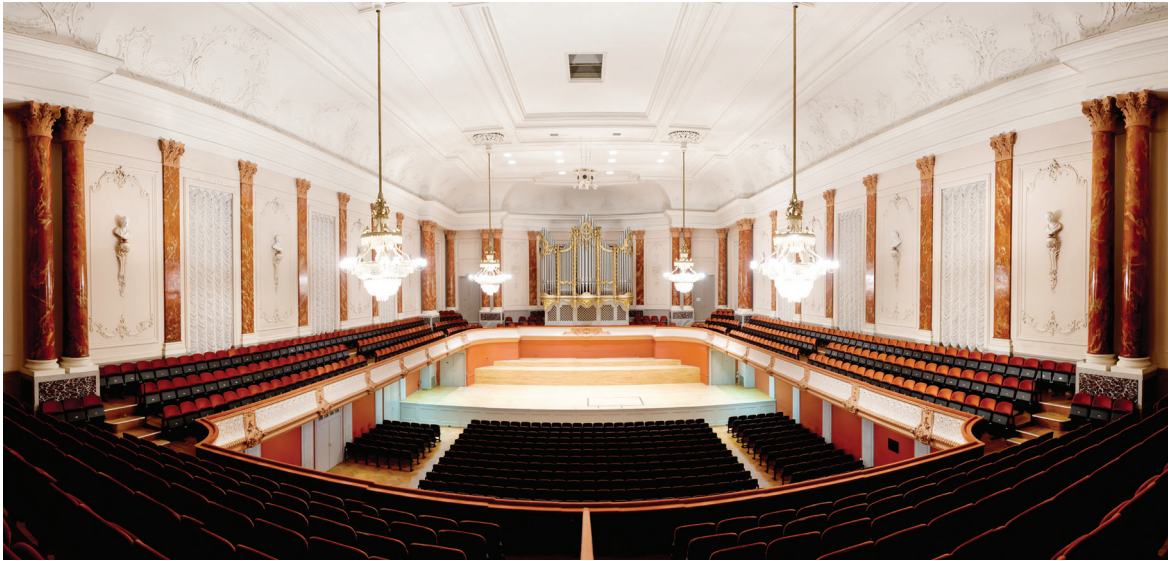
Like Boston's Symphony Hall, Basel's Stadtcasino features a rectangular shoebox geometry and a sterling reputation for its acoustics. And like Boston, Basel has shallow side balconies, massive building materials, and diffusing interior surfaces. But because the Stadtcasino was built 225 years before Boston's Symphony Hall, it also shares characteristics with the ballrooms of its time: a flat floor and a very narrow room width.

The prototype of the "terrace" or "vineyard" style halls that would follow it, Berlin's Philharmonie pledged a parti of "Music in the Center." The terraced seating blocks feature vertical planes to direct first-order lateral reflections to those seated in nearby seating blocks. Designed by Hans Scharoun with acoustician Lothar Cremer, and completed in the early
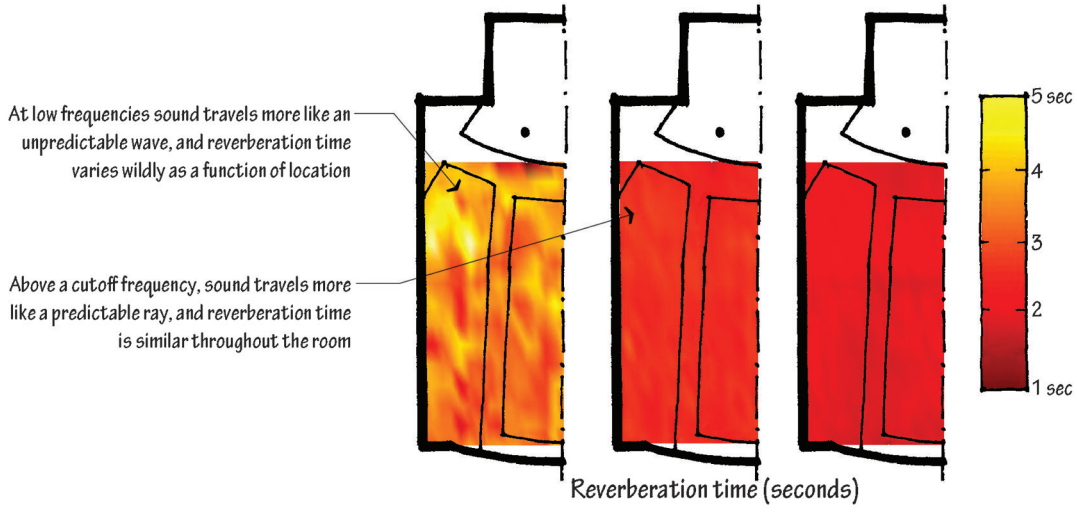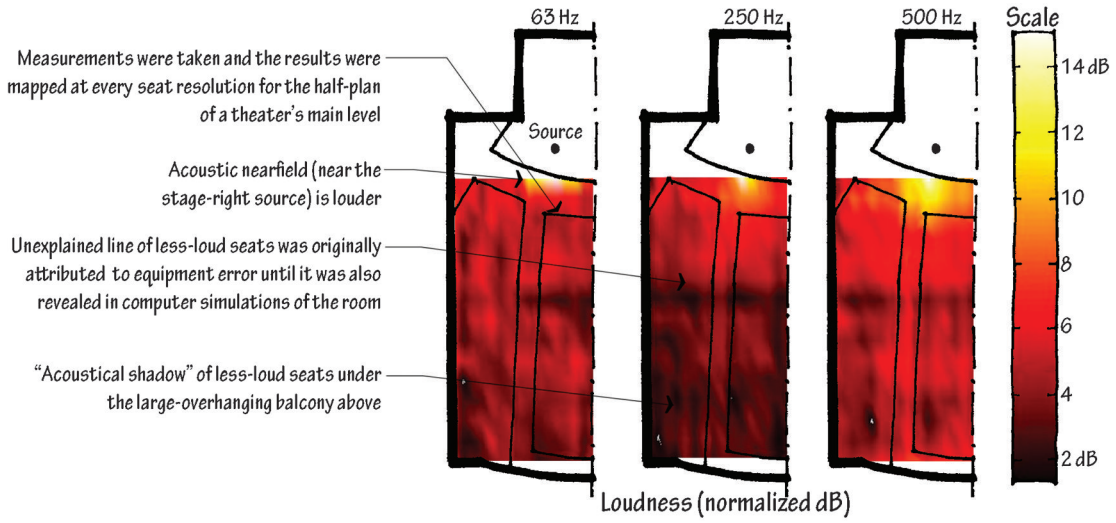
1960s, the room pioneered both a formal and acoustic character. While vineyard rooms enjoy striking visual connections between musician and audience, they predictably lack spatial impression relative to their peers (which benefit from full side walls and the early lateral reflections they support). Generally the acoustic quality varies most widely from seat to seat in surround halls as a function of the available surfaces for lateral reflections.

Like the Berlin Philharmonie, Copenhagen's Danish Radio Concert Hall, designed by Jean Nouvel and acoustician Yasuhisa Toyota, relies on terrace walls (rather than side walls) to direct first-order sound reflections to the seated audience. The ceiling is shaped for sound reflection and diffusion.

LISTENER LOCATION

Measurements were taken and the results were mapped at every seat resolution for the half-plan of a theater's main level

Acoustic nearfield (near the stage-right source) is louder

Unexplained line of less-loud seats was originally attributed to equipment error until it was also revealed in computer simulations of the room

"Acoustical shadow" of less-loud seats under the large-overhanging balcony above

63 Hz   250 Hz   500 Hz   Scale

Source

Loudness (normalized dB)

At low frequencies sound travels more like an unpredictable wave, and reverberation time varies wildly as a function of location

Above a cutoff frequency, sound travels more like a predictable ray, and reverberation time is similar throughout the room

Reverberation time (seconds)

The impulse response of two adjacent seats:

At low frequencies the sound decays differently in the next seat

Above the cutoff frequency, sound decays about the same in the next seat

The cutoff frequency varies with room size. Larger rooms have lower cutoff frequencies.

63 Hz   250 Hz

Decibels

Time

Impulse responses

Adapted from M. Ermann et al., "Mapping the Sound Field of a 400 Seat Theater," *Building Acoustics,* September 2006.

NOTE

The uncertainty of the space average sound pressure level increases with decreasing frequency and with decreasing room size, rendering many low-frequency average room acoustics values approximations, especially when measured in small rooms.

EXERCISE: CALCULATING REVERBERATION TIME

You are designing this middle school cafeteria but suspect it will be cacophonous when filled with students. How might you address the buildup of sound in the room? Calculate the reverberation time of the room; then act on the architecture to bring down the reverberation time to a level that might be more appropriate.

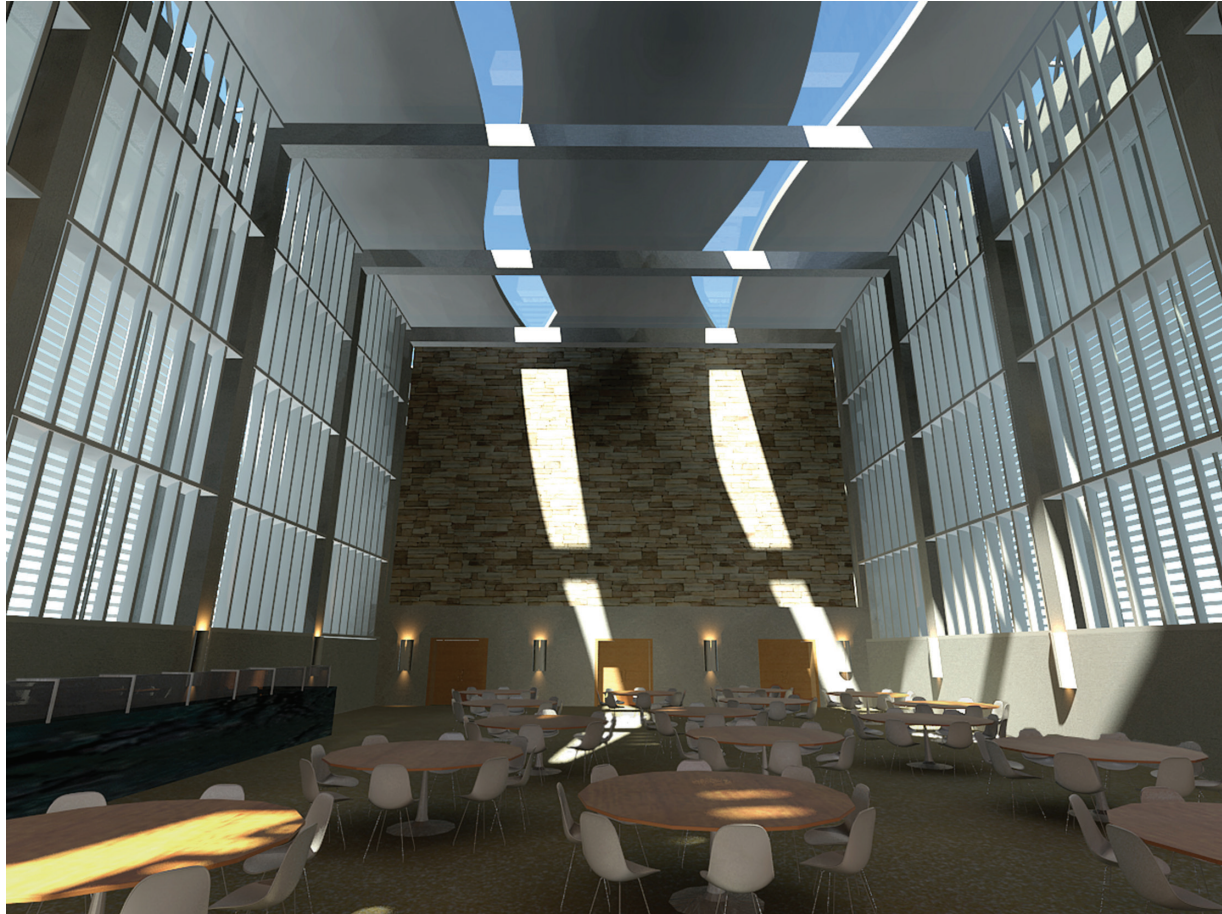
AV Content
Online

Images by Tim Owen

Material	Area of material (square ft)
Walls and ceiling	
Concrete	7000
Wood (shutters, doors, cafeteria serving table)	5000
Glass	5000
Masonry	3000
Floor	
Student seating area	3000
Wood parquet on concrete	2000
Room Volume	221,970 cubic feet

ABSORPTION GRAPHIC QUIZ ANSWER

The following calculation estimates the cafeteria RT

Material	Area	Absorption Coefficient					
		125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Walls and ceiling							
Concrete	7000	.01	.02	.04	.06	.08	.10
Wood	5000	.15	.11	.10	.07	.06	.07
Glass	5000	.18	.06	.04	.03	.02	.02
Masonry	3000	.01	.02	.04	.06	.08	.10
Floor							
Student seating	3000	0.57	.61	.75	.86	.91	.86
Wood on concrete	2000	.04	.04	.07	.06	.06	.07
Volume	221,970 cubic feet						
Total absorption = $\Sigma S\alpha$ (Sabines)		3540	2960	3490	3800	4050	4170
RT = $0.05V/\Sigma S\alpha$ (seconds)		3.1	3.7	3.2	2.9	2.7	2.7
Average RT for 500 Hz and 1000 Hz			**3.1 Seconds**				

The altered design in the next rendering adds sound-absorbing banners on the ceiling and the opaque walls, addressing the excess reverberation buildup. The following calculation cuts mid-frequency RT from 3.1 seconds to 1.5 seconds and audibly bolsters speech intelligibility while reducing background noise from other nearby conversations.

Material	Area	Absorption Coefficient					
		125 Hz	250 Hz	500 Hz	1000 Hz	2000 Hz	4000 Hz
Walls and ceiling							
Banners	7000	.14	.35	.55	.72	.70	.65
Concrete	2000	.01	.02	.04	.06	.08	.10
Wood	5000	.15	.11	.10	.07	.06	.07
Glass	4000	.18	.06	.04	.03	.02	.02
Masonry	1000	.01	.02	.04	.06	.08	.10
Floor							
Student seating	3000	0.57	.61	.75	.86	.91	.86
Wood on concrete	2000	.04	.04	.07	.06	.06	.07
Volume	221,970 cubic feet						
Total absorption = $\Sigma S\alpha$ (Sabines)		4270	5210	7020	8390	8370	8000
RT = $0.05V/\Sigma S\alpha$ (seconds)		2.6	2.1	1.6	1.3	1.3	1.4
Average RT for 500 Hz and 1000 Hz				**1.5 Seconds**			

The glazed north wall of the 125-seat Poetry Foundation reading room faces a street with frequent ambulance and fire truck traffic. The inside layer is $\frac{1}{2}$-inch laminated glass, set into channels in the floor and ceiling. These surfaces are set away from the exterior curtain wall glazing ($1\frac{1}{16}$-inch tempered insulating units) by two feet, leaving an accessway for cleaning and maintenance. Together, the two glazing systems render street noise inaudible above background noise of RC-25. While the accessway is contiguous with both the lobby and open office area above the reading room, the $\frac{1}{2}$-inch glass alone sufficiently dulls the low levels of speech and activity noise from other spaces within the building.

Architect: John Ronan Architects (Chicago)

Acoustical Consultant: Threshold Acoustics (Chicago)

Steve Hall © Hedrich Blessing

Conceived as a rehearsal hall, concert venue, and recording studio for the London Symphony Orchestra, Jerwood Hall, right, requires excellent isolation from street noise outside the south façade. Reproductions of the original cast-iron muntins were glazed with $\frac{1}{2}$-inch monolithic glass. Contractors applied new grouted steel frames with two-inch laminated glass to the inside face of the original masonry walls, leaving an airspace of approximately three feet between glazing layers. Operable panels were incorporated into the system to allow maintenance access within the deep airspace. Traffic noise is inaudible above a background noise floor that is very close to the threshold of hearing.
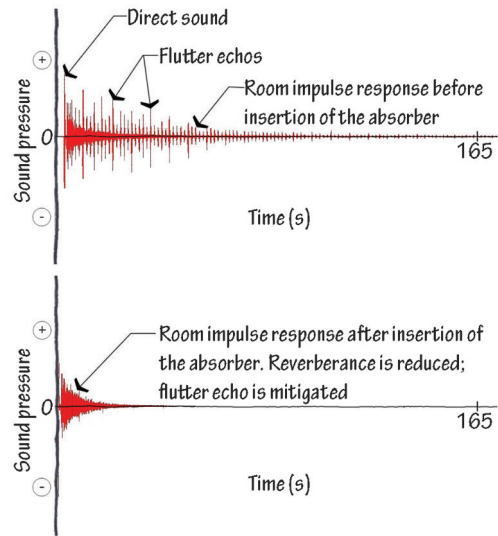
Architect: Levitt Bernstein Associates (London)

Acoustical Consultant: Kirkegaard Associates (Chicago)
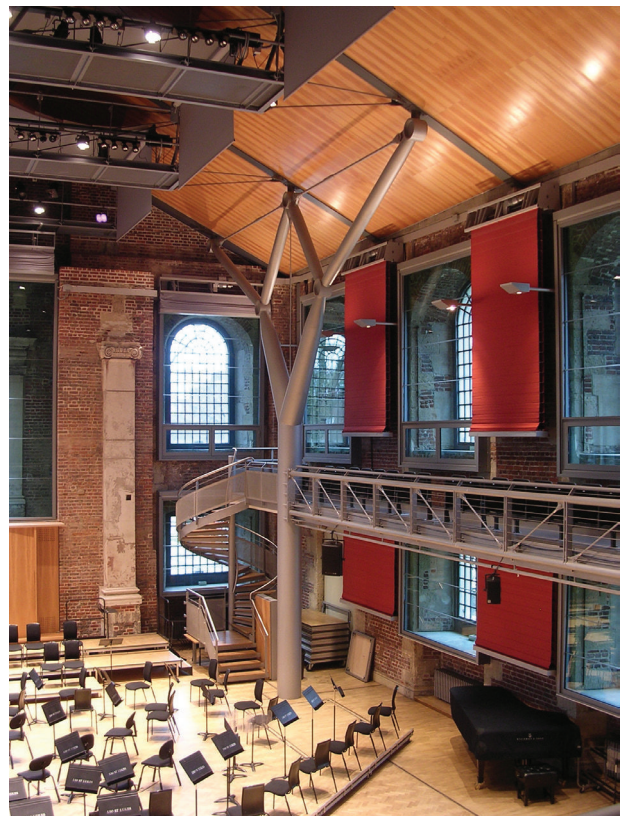
Carl Giegold

SOUND REFLECTION, ABSORPTION, AND DIFFUSION IN GLASS

Direct sound
Flutter echos
Room impulse response before insertion of the absorber

Sound pressure

165

Time (s)

Room impulse response after insertion of the absorber. Reverberance is reduced; flutter echo is mitigated

Sound pressure

165

Time (s)

The German Historical Museum of Berlin features a glass-domed atrium that, at one point, also included an eight-to-ten-second reverberation time and a flutter echo that required an astonishing thirty seconds to decay. A "microperforated absorber" was designed and suspended from the ceiling. Draped in a catenary curve ten to twenty feet below the glass roof, two layers of translucent polycarbonate sails with very small perforations serve as absorbers, eliminating the flutter echo and shaving four seconds off the mid-frequency reverberation times, while allowing light to penetrate the space.

In microperforated absorbers, the perforated skin is not a protective covering wrapping a porous material. Rather it provides the absorption on its own. Developed in the late 1960s for extreme environments unfriendly to fibrous materials (e.g., damp locations), sub-millimeter holes in a thin membrane act as a lattice of short narrow tubes, each serving as a resonant absorber. The "tubes" are separated by large distances relative to their diameter, but small distances relative to the sound's wavelength. The frequency content of the resonant absorber is a function of the hole diameter, the percentage of the membrane's surface area given over to holes, and the thickness of the media (which is to say, the depth of the "tubes"). Simultaneously, at a larger scale, the limp membrane—coupled to the airspace behind it—performs as a low-frequency panel absorber, effectively broadening and extending downward the absorption bandwidth. While still not as broadband as porous absorbers, the microperforated panel absorbers in the atrium retain the light transmission of the roof without compromising the historical character of the walls.

Architect: I. M. Pei (New York)
Acoustical Consultant: ADA Acoustic Design Ahnert (Berlin)

Splayed glass sound-diffusing side panels ring Nara Centennial Hall, a symphony performance space in Japan, spreading reflected sound to the audience and mitigating acoustic sound defects, such as echo, flutter echo, acoustic glare, and sound focusing.

Credit: Nagata Acoustics

Dallas's Wyly Theatre, designed by REX/OMA, features an exaggerated thrust stage and a visual connection to the outside. By contrast, most theaters aspire to minimize the influence of the outside view and the harder-to-control lighting conditions that accompany windows.
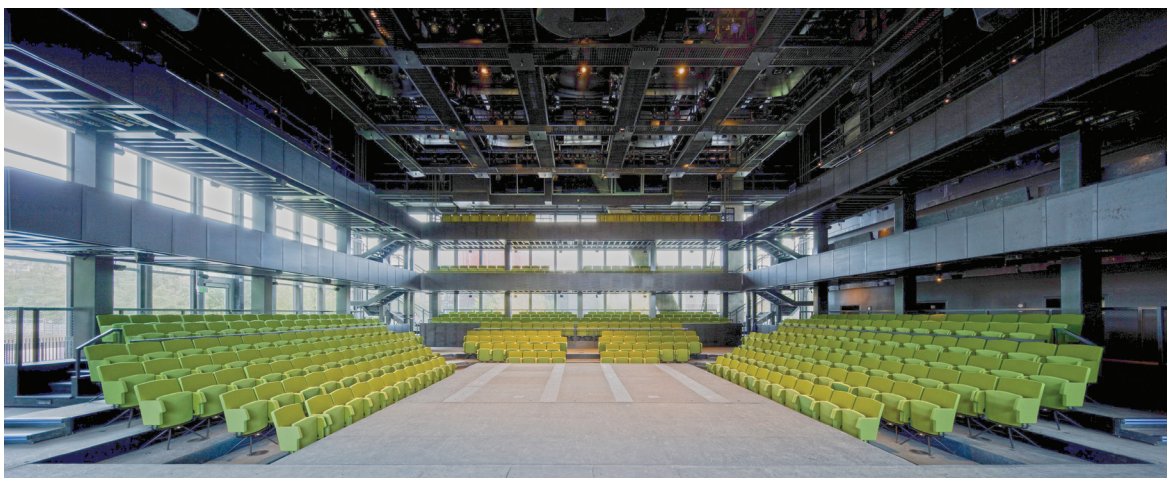
Photo by: Iwan Baan

EXCESSIVE LOUDNESS

To quiet noisy library reading rooms, designers have long followed the path of physics, allowing sufficient absorption to limit reverberation time and deaden reflected sound. The Boston Public Library Reading Room takes the opposite stance, a deliciously counterintuitive approach deferring to psychoacoustics. The cavernous room volume and hard surfaces *amplify* talking (and even footsteps), so visitors, hyper-conscious of the noise they are contributing to the space, take extra caution to hush themselves. On the day this photograph was taken, the room was nearly full but pin-drop quiet. The click of the camera sounded much too loud and seemed to linger, embarrassing the photographer because some readers turned to see the source of the annoyance.

Ermann

MAPPING MECHANICAL SYSTEM NOISE

Background noise map overlaid on an architecture school design studio building floor plan

The mechanical system creates far too much noise. Maximum values for learning spaces should be NC-25 to NC-35.

High-velocity supply air whistling through the dampers of two terminal boxes (NC-60)

Noise Criteria (NC) background noise

60
55
50
45
40

Image and study by Sky Kim
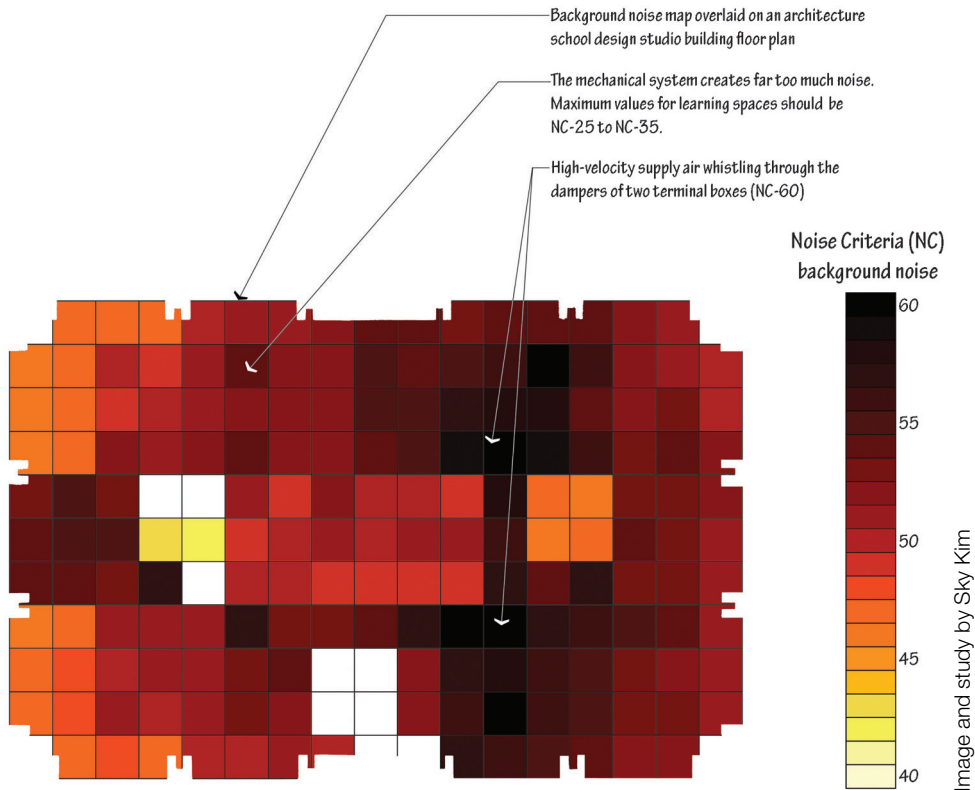
This image depicts a noise criteria (NC) map of a single floor of a four-story university building. Most of the floor area is dedicated to open-plan architecture design studios. The mechanical system was on, and there was no occupant activity noise. Learning spaces should have background noise levels less than NC-35. White spaces indicate rooms we could not access.

ACOUSTICS IN CRITICAL DESIGN INQUIRY
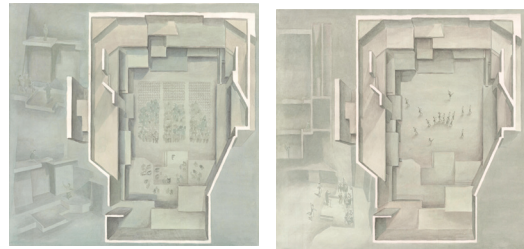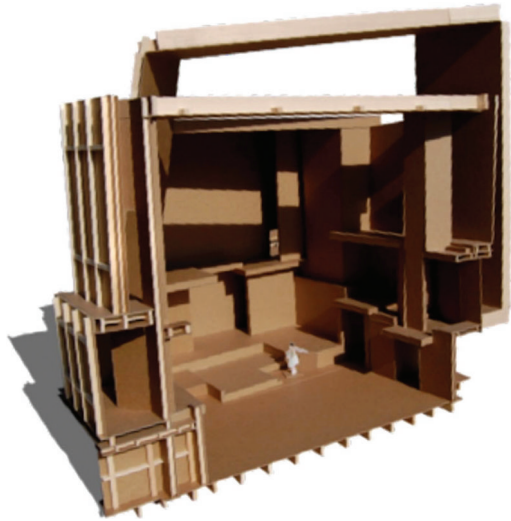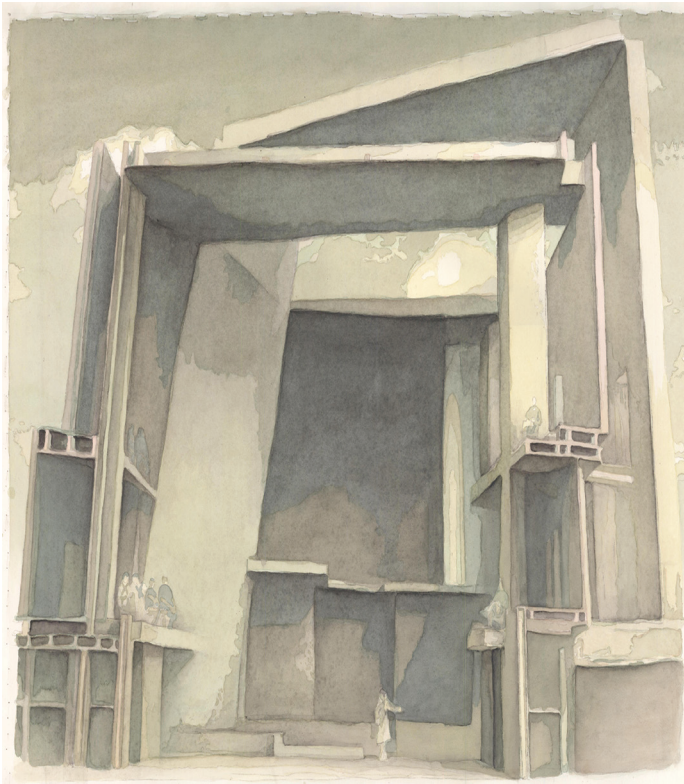
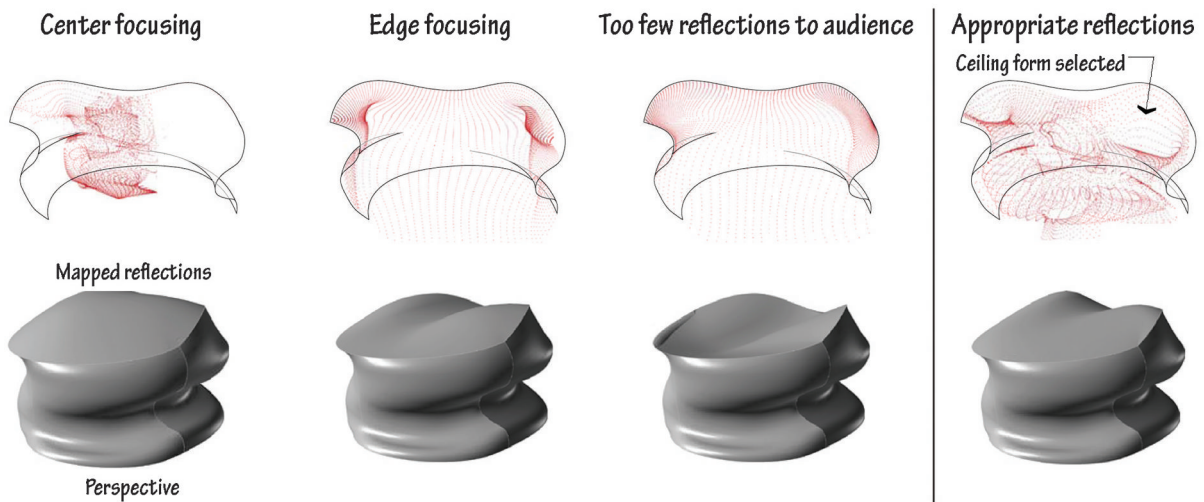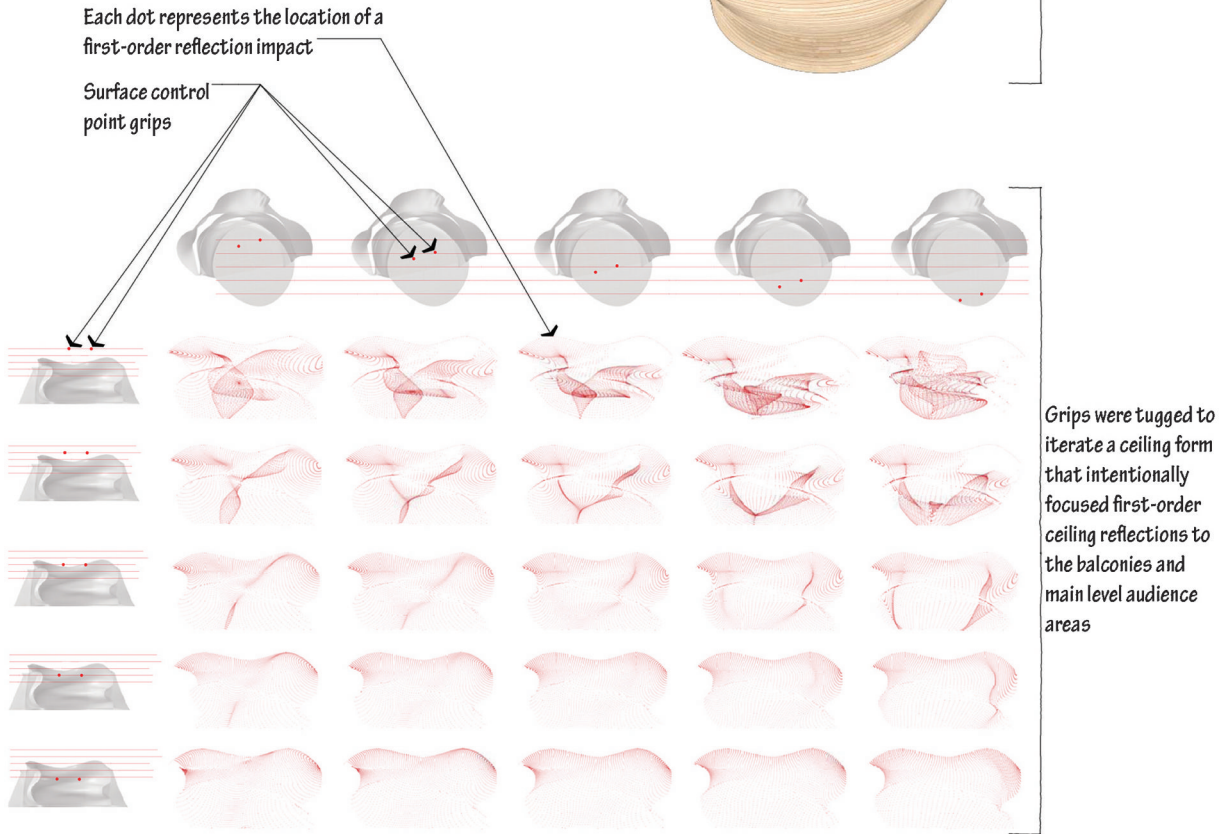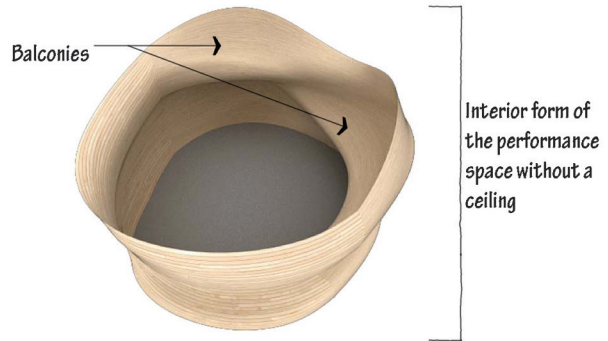

Project and images by Julia Ellrod

This flexible ballet theater was designed by an undergraduate architecture student to promote acoustic intimacy and limit initial time delay gap. When required, the bottom-level audience seating can become an extension of the performance floor, limiting the audience seating to the balconies.
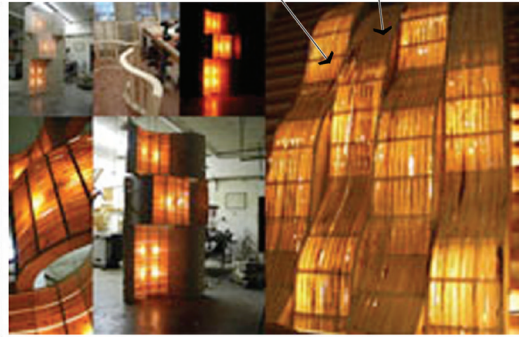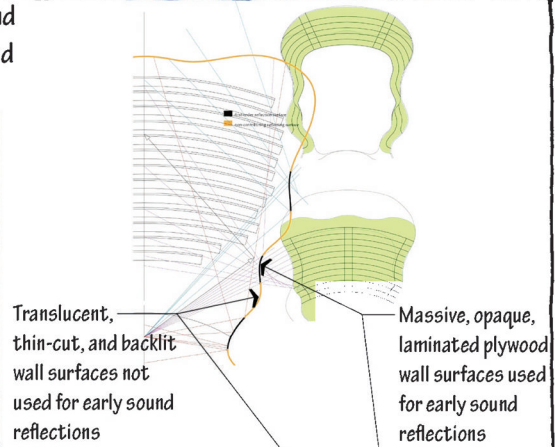

A team of Virginia Tech undergraduate architecture students designed and built this amphitheater in Clifton Forge, Virginia. Students iterated with acoustical simulation software to establish key geometrical relationships: the composition of the band shell to direct sound appropriately to audience seating, the orientation of the stage to avoid echoes from nearby buildings, and the angles of the over-stage reflectors to promote beneficial first-order early reflections.

Photo by Chuck Almarez

This graduate architecture student project tapped into parametric design script to shape a ceiling that could optimize appropriately directed first-order reflections to the audience

Balconies

Interior form of the performance space without a ceiling

Each dot represents the location of a first-order reflection impact

Surface control point grips

Grips were tugged to iterate a ceiling form that intentionally focused first-order ceiling reflections to the balconies and main level audience areas

Center focusing

Edge focusing

Too few reflections to audience

Appropriate reflections

Ceiling form selected

Mapped reflections

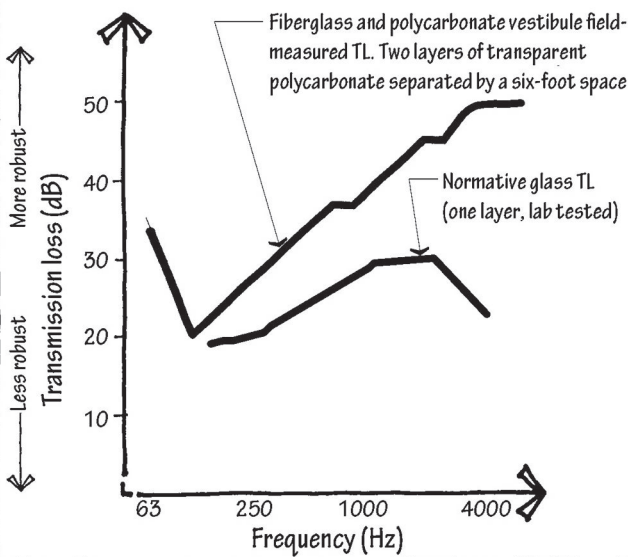Perspective

Project by Emily Garber

An architecture undergraduate student designed a theater and differentiated those wall surfaces utilized for first-order sound reflections from those not used
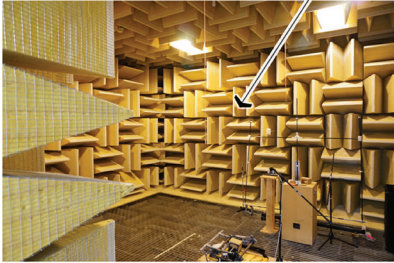

Translucent, thin-cut, and backlit wall surfaces not used for early sound reflections

Massive, opaque, laminated plywood wall surfaces used for early sound reflections

An architecture undergraduate student was tasked to design a high-transmission-loss, large, transparent, polycarbonate window wall

Rather than design a surface, the student designed and built a small fiberglass and polycarbonate room with two transparent, openable surfaces, separated by six feet

Fiberglass and polycarbonate vestibule field-measured TL. Two layers of transparent polycarbonate separated by a six-foot space

Normative glass TL (one layer, lab tested)

More robust

Less robust

Transmission loss (dB)

50

40

30

20

10

63   250   1000   4000

Frequency (Hz)

WHAT DOES THAT REALLY LOOK LIKE?

Used for research, sound-absorbent wedges line every surface including the floor

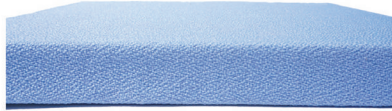The pores formed by the orientation of the fibers absorb sound

Anechoic Chamber

Fabric-wrapped glass fiber

Shredded fiberboard
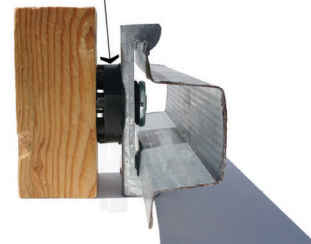
Smooth absorbing plaster

Textured absorbing plaster

Duct interior insulation

The multiple layers of gypsum board provide the mass, and the squishy glue provides the structural discontinuity for effective noise isolation

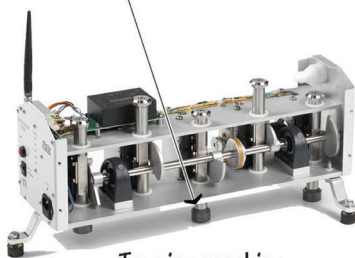Resilient rubber connection isolates walls from studs

Viscoelastic glued gyp. bd

Resilient channel

Resilient clip

Hammers drop on the floor above, and sound level is recorded in the room below to measure the footfall noise isolation of a floor-ceiling assembly

Squishy layer floats finished floor surface resiliently above structural floor

To isolate vibrating mechanical equipment from building structure

Tapping machine

Resilient floor underlayment

Rubber vibration isolation pad

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