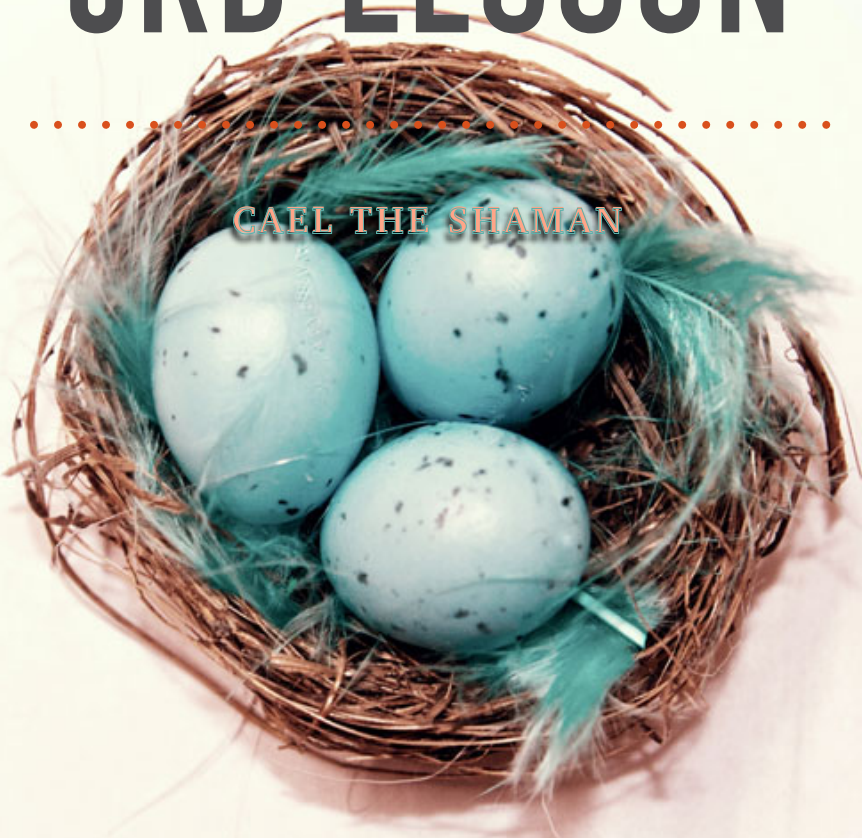


*Primer to The Living Magic Way™ Training Programs*

# MOST IMPORTANT 3RD LESSON

CAEL THE SHAMAN



# 1



## PROBABLY

...one of the most confusing idioms I have heard all my life, and even bought into it, until I started writing these all important 3 lessons! In fact, I never really paid any attention to the origins of the statement at all! Turns out, according a source for all idioms online that it comes from an old Spanish, and even perhaps Italian proverb. It was first found in print in the 17th century, and alludes to a farmer gathering eggs from his hen house, and putting them all into one basket. The question is posed, "but what if you dropped the basket?", "wouldn't you loose all your eggs?"

Well I'm sure you know by now, I'm definitely having some twitches and itches, scratching at the fringes of my logical mind, begging for release! But I will try to keep this tome... somewhat civil...LOL!!! *Try* - is the operative word here!

I don't know how this really started but, what I have learned about history, is that when a thing becomes an epidemic, that is the time it gains popularity in the court of public appeal. Today we call it social proof.

So... If i'm to take this seriously, I have to concede that not just one... but several farmers who owned hen houses, committed this atrocious deed repeatedly, to the point that it became a world renown saying... uh I mean Idiom???

Not cool man! You mean to tell me that many eggs were wasted? And you only had one basket???. I don't know the particulars, but, the only thing I can think of, is that there were illicit substances involved to create an imbalance while walking with a basket full of eggs!

Then there is the concept of over filling the basket, just because, you don't want to come back to get the rest?

All of these amazing questions have arisen in the innocence of my mind... you have to understand, this is not just a popular saying! It has been quoted by the most pragmatic people in the business world for centuries! So obviously this requires deep thought on the highest spiritual level!

To me this has the easiest resolution!

- ❖ Don't drink, go home and think to harvest eggs while drunk!
- ❖ Have more than one basket with you when you go to the hen house! You have two arms!
- ❖ Keep the hen house and the path to the hen house clean of debris that you could potentially trip on!
- ❖ Don't overfill the dam baskets! Keep it under the Rim!

Let me strongly suggest here, If my suggestions were to be transposed to the world of business, doesn't it make doing business so much easier??? Truth be told I'm glad I decided to write this, because for this course material, You must gather all your 'eggs' into this one basket! To know truth. And you will learn to carry it well!

## 2



# THIS METHOD

...is familiar to me because I came across it like most of my knowledge - I was led to it through my spirit mentor. And so I can tell you about it. I did not create this, it has been in existence for centuries! Thing is, the word has been wiped from our general day to day use because, it is a system that leads you to think clearly, and to think for your self. In today's political climate, that is counterintuitive in the grand scheme of things.

How to learn?... One would think that that, should not be a question. But when you think about it, there has to be a way to catalogue knowledge, justify it, quantify it, qualify it and disseminate it. If we as a species are to progress in any orderly fashion towards an evolved state. That was and is the end goal of the Trivium. To identify the methodology by which, one may acquire knowledge in the most efficient manner, and be able to make formidable use of it!

I have studied some of this impressive knowledge format. And with the little that I had access to it vastly

improved the way in which I approach learning, and it has equally influenced my teaching style. I am unconventional in that regard and for great reason! It is the art of understanding and comprehending the etymology of letters, words, sounds and grammar that punctuate my thoughts into a cohesive embodiment of unique statements. These statements come from deep knowledge of my of subjective experiences, using the natural law of correspondences to glean the essence, of what any particular writer has penned. Add to that, the psychic ability to understand communication, from an external sentience of high intelligence. And allowing this sentience to use my knowledge of grammar, rhetoric and logic, to unfold the highest universal knowledge to me, in my clairvoyant sessions!

This is a very powerful system and I highly recommend a series that will further this chapter for you. You of course have to do the work that is how this works... you should know that by now...LOL

The book is:

**THE CLASSICAL LIBERAL ARTS OF  
TRIVIUM  
GRAMMAR, LOGIC, & RHETORIC**

It is a shortened form of these studies and the best read! Fluid and compact! It doesn't skip a beat! When it comes to spirituality, as told by today's 'gurus', you need to be armed with the knowledge of words, so you are not misled to

believe bullshit! Or be subliminally controlled, while looking for the right tools to control your own life!

The Trivium has been the most freedom my mind has experienced on a mundane level. And it definitely helped me process words and understand how to differentiate both cultural and socioeconomic differences in relating to people on the whole.

One of the signature things I have found over the years with understanding spirituality, is that the ones who claim too 'know' the knowledge, are a bit stupid with the language. When I got to where I am now... guess what happened? I got stupid with the language too! So I had to figure out what in the fucking fuck! Turns out ,that the version of you communicating in the spirit world, is very different from the 'you' that is communicating in the physical world! The construct of your language changes drastically, and if you are not careful, you will end up being unable to speak to any other human with any successful coherent sentence structure! I'm sure you have gotten used to my writing by now! This is a Direct bi-product of what I'm talking about. As it is, writing these three lessons and the entire course material was a painful task!

If you were to attend one of my live classes... Its a completely different story! I totally kill it! Its amazing and engaging! And you still get mind-fucked! Many years of practicing the 'out-loud method' has helped me articulate the knowledge in a teaching session. Like how kool is that!?!

So anyway, The point is that with the help of studying the Trivium, I was able to clear that up, the whole communication thing, at least to where reading course material like this one isn't too painful! Yes... I know for all of you grammatical nazis out there its possibly atrocious... That's ok at least you got to this part! HA! So couldn't be that bad...hehe!

Anyway... Read the book and get you some mundane mental freedom! I highly recommend it!



# 3



## NOW THAT

...you know how to study, in fine form the next topic to follow through with is, what to read and study. That is where The Quadrivium comes in.

Yes... I do have another book recommendation for you on this topic:

### **THE FOUR CLASSICAL LIBERAL ARTS OF QUADRIVIMUM NUMBER, GEOMETRY, MUSIC, & COSMOLOGY**

Another amazing a beautiful work on the subject! My take on it was very profound and here is why...

I had a mix of really great math teachers and a couple horrible ones that never took the time to explain shit properly! And if you have experienced this I feel for you! So when I realized that the Quadrivium was about numbers...I shuddered! All of my cognitive, left-brain, mind functions, clammed up like an oyster out of water and sand! I was just about completely catatonic or perhaps

maybe just plugged up like a hibernating bear, when I started reading it! OMG was I wrong about this material! Listen, If you have never understood numbers at all on the whole then! This is the time for you to do so! I have mild dyslexia now, because I have worked very hard to bring it there! And this body of work was so well written that I never had an issue reading it at all!

And this is the book to do arithmetic with! The sheer wisdom behind some of the worlds famous mathematical systems were unveiled before my eyes. I was enlightened! I felt almost like I had committed a heinous crime by accessing this knowledge; but that is from residuals of me erasing that part of my being a black man and slavery programming of being told I have no business knowing how to read and write etc... Took a while to stomp those out of areas of my life I had not known they infiltrated! Believe me that programming was Deep! So that set of emotions coming back had created alarms I set up mentally, to tell me when there was a trigger leading to a resurgence... I was quick on the draw though! And this book became my personal "never let it out of my sight book!" I suspect it will be come that for you too!

# MY PERSONAL NOTES

# 4



## THIS ONE

...totally blew me away! I thought I knew a whole lot especially with me being an ardent student of alchemy! But dayum! Where was this info when I was in school... Sheeit! I would have paid more attention! Ah mean my teacher was already inspirationally hott (to a teenage mind), So I woulda totally gobbled any information coming from her pristine brain! (She was unequivocally, incredibly smart and talented in the art of science!)

The nature of science according to this classical tome, is a far cry from what is now taught in my opinion! This is what should be taught period! Here is why I say this...

It is a well known fact that science and magick once fought vehemently! and modern day science won the public audience. But interestingly enough it is the same men who fought valiantly that reneged on many 'exclusive' findings! In this work. It is shown that even though in public they denounced any act of repudiated logic, they armed

themselves. with the knowledge of the universe with out prejudice!

The two are no different - science and magick. Quantum mechanics is now available to us regular folk and fairly easy to catch on and understand.

*PERSONAL NOTES SO FAR*

# 5



## LET ME

...introduce you to one of the most impressive reads, about the technicality of the original visual arts compendium of classical training. The book is:

### **DESIGNA TECHNICAL SECRETS OF THE TRADITIONAL VISUAL ARTS**

Not only does it go into some very serious history about where our modern day understanding of design comes from, but it also does not hold back on revealing some highly spiritual context, without even identifying it as such! What a rush for me!

*PERSONAL NOTES SO FAR*



# 6



## IN THE

...first lesson you learned a bit about this topic. So now I will expand a bit more from a different contextual point of view.

As mentioned before, we are sentient beings encapsulated within a light-wave vibrational body. And we transport this soul consciously into a physical body while still operating sentiently. We also come into existence with one other who is our polar opposite and they have the exact same construct as we do.

Here is where it gets really interesting. Right out of the gate we sign a soul contract. The reason? is that as a sentient, we are going to own a few things that we are going to be the curators of:

- ❖ Pre-Consciousness
- ❖ Consciousness
- ❖ Unconsciousness
- ❖ A Soul
- ❖ Unrestricted travel access

- ❖ Lifetime training

This understanding leads to the signing of the contract which has only two requirements to be fulfilled:

- ❖ Find Purpose &
- ❖ Find what inspires you to love

When you read it, it may appear that this is the absolute best and easiest things to do. Because right outta the gate you feel GREAT!

Here is the beauty that was added as a clause:

*You are allowed to proceed with these two mandates in any order you wish, however we have found, that it is easier to Find purpose on the premise of: if you have found what inspires you to love!*

**Booya!**

Of course I will speak on love later! But this is what *purpose* has always been about! Think about your life as you know it right now...

Now think about anytime in your life where you came across something that was new to you, an activity that you may have been asked to participate in, perhaps you didn't even want to do it - but you did!

Now try to really work on this part...

Recall in your mind at what point in your physical participation of that activity, did you “**switch**” mindset - and really enjoyed the activity!

If you can truly lock onto that *singular moment*, then you have locked into the most powerful moment in your entire life!

That is the moment where you fulfilled both mandates! Enjoyment is an expression of love. Contrary to what you may have been told about the various definitions of love. We will also touch on that a bit later.

It is the beauty in the activity, that inspired you to know that you gained an experience. It was in that moment that “more”, as a concept became an “act”, of enrichment in your life! And that is what we crave at our core, as sentient beings. The feeling of usefulness, comes from a place deep within us, that desires to be enriched by our experiences. That is what allows the room for us to know, that we have the full permission from the universe, too have new experiences! Anything that inspires you to create an atmosphere of love, is going to be the most purposeful thing you can participate in! True purpose in life is defined by this definition. On the Universal scale of spirituality, this is how we as a species, can have an incredible upswing in our state of affairs, to progress to the next evolutionary stage successfully and smoothly!



## WELL IF

... we are to be inspired to love, that means we have to clearly define what inspiration really is. So let's dive right in!

Google says this about the definition of inspiration:

*from oxford...*

Noun

- ❖ The process of being mentally stimulated to do, or feel something, especially something creative
- ❖ A sudden brilliant, creative, or timely idea.

*from mirriam-webster*

- ❖ A divine influence or action on a person believed to qualify him or her, to receive and communicate sacred revelation
- ❖ The action or power of moving the intellect or emotions
- ❖ The act of influencing or suggesting opinions

*from Cambridge*

- ❖ Someone or something that gives you ideas for doing something
- ❖ a sudden good idea
- ❖ someone that people admire and want to be like

*from collins*

- ❖ A feeling of enthusiasm you get from someone or something, which gives you new creative ideas
- ❖ someone or something that make you or other people want to do or achieve something.

I think we get the point so far?

Upon looking at each, there seems to be an underlying core value:

Stimulus!

All inspiration requires some form of stimulus, and stimulus must have a carrier (i.e. something or someone).

And the last piece for this all to work, is a receptor (something or someone capable of recognizing and receiving stimulus).

Let's apply that to our contextual base. In order to follow our universal mandate, we must find purpose through finding what inspires us to love. So we are the receptor! And remember that event? The one that you enjoyed? So it would have been... "The action and power of moving your intellect and emotions"... this is what this event did to and for you! And that was the basis for your enjoyment.

Interestingly enough, this is what leads to love. Pure unadulterated enjoyment! It is the basis for wanting. And it is at the basis for 'needing'. It is also the basis for wanting and needing to *repeat* the cause of your enjoyment.

So here is the devil's advocate question... Why would you do anything at all that does not give you enjoyment???

Ah mean... Really think about that...

You may be...

in a job you don't enjoy...

a relationship you don't enjoy...

a friendship you don't enjoy...

a partnership you don't enjoy...

living a life you don't enjoy...

The thing that stops us the most is really fear of enjoyment. You may disagree... you may even go on to say... well ... money... equity...potential hurt feelings... etc. But here is

the thing... go back to that event that you enjoyed... In that moment none of those things existed for you. None of those thoughts mattered to you... The only thing you realized in that moment is that You... Enjoyed that activity! Your participation, you accepted someone's action of 'influence on a suggestion', that gave you a feeling of enthusiasm! You... were mentally stimulated to be a part of something creative!

So, I pose the question for your consideration again:

**Why would you do anything at all that does not give you enjoyment???**



# I THOROUGHLY

...enjoyed our discourse so far... how about you...?

Great because this is the most beautiful part of our discoveries together.

Love is factual! Period. Full Stop. Do not pass go. Do not collect \$200. So I can hear all sorts of protest... everyone has attempted to describe love as a feeling. But that is the farthest from the truth! Love has nothing to do with feelings. Because love is factual. When you love, you automatically and immediately **“do”**. You most times don't even ask to ..**“do”** you just... **do!** It is the person or thing that **inspires** this action with such an immediate effect, that becomes the reception of this action!

One of the reasons why the ever so popular love spell magick used today does not work for the practitioners that are attempting to enabling them, is because they have no concept of what true, real unadulterated love is. And that also means that their magick has no basis in reality. Their



'space' is improperly created for that magick to thrive! In realtime, when someone inspires you, there is an automatic result - (from collins) "make you want to do or achieve something!!!

That is how factual love is! And it is a clear identifier as too if you truly love someone or something. If it immediately inspires this level of influence to "**do**", then it is indeed love! There is nothing higher on the planet! The flip side issue comes into play when you hyper-focus on desiring love so much that you mistake your acts of desperation as acts of love! The attitude of... "I must win at this is often confused with the act of love driven by inspiration. And the strong caveat here is that the "person or thing" must be the source of the inspiration! You are **not** the inspiration... your desires are **not** the inspiration... You do **not** generate the inspiration. And for those of you that love to debate and argue - Self-love comes from a completely different place and mental space as it is demonstrated in our "Program 12" Spiritual Life Coaching Program.

This is what separates good songwriters from great ones! They are masterful over the right words that influence receptive people to be inspired to love!!!! And that makes them; the listeners, want to achieve more, with the life they have. That is also a demonstration of real true power!

When we true shamans talk about the power of love - this is what we reference!

Now lets place this back into the Sentience contract that we signed upon coming into existence together with our polar opposite:

*You are allowed to proceed with these two mandates in any order you wish, however we have found, that it is easier to Find purpose on the premise of: if you have found what inspires you to love!*

How does rereading that make you feel about it now?

I graciously leave you with this!



## THE SECOND

...aspect of love is that of light. Most people don't truly understand what light actually is, so I am going to explain exactly what it means, when used in the phrase "love and light."

I discovered this information when writing my first book (*Step to the 6 Senses*). Light is a bit of a phenomena, and you have to see it from both a physics point of view as well as a spiritual point of view. From a spiritual point of view, the light comes out of what the Vedic system calls the 'Akasha.' The Akasha is, in simplest terms, a piece of Divine Providence. This piece of Divine, is used to help Divine Providence understand itself in a manner of speaking. Next I'm going to explain a breakdown of this process:

First thing to understand is that Divine is the purest form. The natural emanation to come from that pure form

through the primordial egg, is what we call the 'Akashic Light.' The Akashic light has all the necessary building blocks to create other forms of light, and by extension light-wave vibrations. From there (*again using the Vedic system*), the first emanation to come out of the Akashic light directly, is the element of **FIRE**. To further your understanding of this concept, when you actually observe fire, it brings light! Look at our sun - it is literally a ball of light.

From a physics point of view, if you take a classic flashlight, and shone the light through an equilateral prism, the first thing you'll see is that the prism separates the one thing we see as light into what we understand as the colours of the rainbow, each one having it's own wavelength. Each wavelength has a very specific action and effect, or cause and effect. There are many, many systems around the world that talk about chakras - these chakras are wavelengths of light emanating from our physical bodies, that match those that are in the colours of the rainbow. And science now proves that they are directly related to the endocrine system. It is the physical vibrational mechanism that responds too light and to an equal extent; sound vibration!

So, all those various systems - in terms of using mantras or meditations or physical exercises - they're all meant to help us increase the (*I'm using the term loosely here*) amplitude (*not the volume*) of the light. In other words, for you sound-

biters out there, it is how *"loud"* the light is. And that, again, is just a loose expression to help you understand what the amplitude does. To clarify, brightness is not quite the right term, because anything can be bright, but not intense. For something, for LIGHT, to have the best possible effect, it must be bright as well as amplified, in the intensity. You must be able to FEEL the light in a distinct way.

And that is exactly how light, on the whole, works. Let's take that and add it to what we talked about previously, about love. Not only are you supposed to be factual about being true to what love does, and what it is, you are also to increase the amplitude of the natural light, that is within you, that is being produced by you. In so doing, you become the inspiration for and to others!

So, in the example of the classic flashlight with the prism - love IS that prism. And by love being the prism, it shows the light within us. The actionable things about love at its core! When you greet someone by saying, "Love and light to you," it's just like the Buddhist saying "the Buddha in me sees the Buddha in you". By recognizing how beautiful another person is, in depth, you are truly saying, by extension, "All of the light in me is because of your inspired love that has been developed in you. And as a result of being fully aware of this light, I can now see the light in you through me."

I'd like to give one more reference. There are many various optical technologies out there that allow you to see very clearly with sunglasses. Even though the sunglasses are very dark, when you put them on, they actually highlight the various hues around you brightly - green looks greener, red looks more red, blues are accentuated. That is what love does when you allow it to be the prism to expand and amplify the various aspects of light that are naturally within your body. When you recognize those things, it automatically increases your "*vocabulary*" for seeing better. You don't just see red - you see the various hues of red. You don't see just blue - you see the various hues of blue; you see the intensity of the hues of blue. You can recognize the shading. You can recognize when something actually has a shade and a hue. You can recognize when a shade, a hue, and intensity give you a very distinct feeling combined.

What if a certain colour were to inspire you to feel emotionally connected to a particular thing, or smell or event? This actually exists! It has been researched for many years. The emotional connections based on colour is one of the big things that is done in post production of movies.

After the scenes are recorded and it goes into the editing room, one of the things that is done is that emotion is added to the scene through colour and hue and amplitude (intensity of light). For scenes that require a darker

emotion, the entire scene is shaded in a darker blue hue, (or for really morbid scenes, like in the new Sabrina... deep crimson reds) to elicit that something negative is going to happen. When there is a happy moment, there are yellows. When there are financially strong moments, there are greens. When there are aggravating, assaulting moments of intense, violent action, the entire palette of reds and oranges is used over the entire scene. You still see other colours, yes, but it's like a mask that is put on over the entire scene. So even though the storyline says 'XYZ,' now you've got the addition of colour - light adding emotion.

This is the reason why I say love is factual - because without light to describe the facets of actions that are available, love is just factual. When you add light, you have emotion behind every single action. So when you greet someone with the phrase "Love and light to you!" you are recognizing that someone understands the factual nature of love, and that they have strong emotional content to assist that love. And by extension that they may be receptive to sharing it with you! In most situations, that expression is well received and refracted back to you verbatim and exponentially!



## OH BLESSED SOUND...

wonderful sound! It is a joy to know that I have the privilege of hearing!

In the US alone the latest census at the time of writing says that 3.8 people per 1000 are functionally deaf! In Canada 357,000 are culturally deaf and 3.21 million are hard of hearing! It gets more alarming as the world census is taken into account! Approximately 466 million people have disabling hearing loss, and 34 million of these are children! That number is expected to rise to 900 million by 2050.

Well truth be told if I have anything to say about it - to do with it... The Living Magic Way™ will change that. And it has already begun just by you engaging in this program! So thank you for wanting to make a change!

You've got to understand that it is not only possible to reverse this disability, but all disabilities. And those that are physically beyond 50% mechanical, then improvements can be made in the Astral body construct to circumvent



further hearing loss! I know this on good authority as I've participated in some success stories.

Like light, sound is a definitive wave, and also a composite of various attributes that make up the vibration that we experience with our auditory senses and physical mechanical receptors - our ears.

Thankfully we are in a place and time in history that affords us to have at least some buffering for successful hearing - assisted hearing devices!

That said, You must understand that It is my firm believe that the Jesus-type healing is politically correct and alive today. It does not take a long time to practice. What takes the time? It is our resistance to us being able to do such an action, and our controversial acceptance of programming that this type of healing cannot; should not be possible. I personally know different. I can challenge you as my student that you understand that.

Not just the word possible... but the word unlimited! This is a great fortitude that is bestowed on us all in this field! All it takes is our acceptance that it is our birthright to be that person that people can come to, to fix broken bones, remove paralysis, recess tumours, bring loved ones back from immediate death, reconnect dismembered appendages, seal open wounds. With the power of our mind!

Nope I'm not going crazy, I'm not talking x-men or any sort of 'enhanced-humanoid' evolutionary event, but at the same time ... hahaha... yup I am! There is nothing wrong with being an organically enhanced human. if it speeds up

our evolution, I'm all for it! So why not! Doctors go to school to study one sided approaches to living. I propose to fuse that knowledge in a way that has long been forgotten, once and for all!

Let me reiterate, I'm not a believer... this is my personal knowledge based on pure experiential events!

Ok enough hyping you up.

Sound!

Here was my first introduction to what sound is all about on our planet. A few years ago, I had been a lazy s.o.b., and racked up a significant amount of sabbatical time. Let me explain.

Since 2001, I figured out I would never stop drinking, it was just too good and at that age, I was just about to embark on my new life, and the way I wanted to carve it out. So drinking was a definitive part of that. So, knowing that my body would surely fail if I didn't have control methods, I decided to institute a sabbatical every year, once a year! So for 6 weeks I shut of the alcohol tap in my body! My last drinking shenanigans were on December 31/ Jan 1; whatever time I awoke on Jan 1, that was the cut off! It was an epic time for me, let me tell ya!...

Booyaa!

It was all out excess! When that time came around, I was unstoppable! And I had a routine. Feb 14th was the end of the sabbatical! So my first drink was wine for valentines! And I gratuitously paced myself from that point forward. The reason? Well I need to be able to last through the day/evening/night of Canada Day (that's where I live). And then

it was pretty much down hill from there....lol. Had to get my stamina up and primed for December 31st! So for 7-8 years I did that religiously! Very rarely would I slip up and forget, while I was out with friends... and so I started telling about my sabbatical so others would keep me honest! It was great... cause I had colleges that would be complete assholes if i bought a beer... crushing experience I tell ya!...LOL but it worked!

So here is the most interesting part. Over the years of doing this routine, I discovered that I was less and less interested in alcohol... I had no idea that would have happened! But sure as shit it totally did! To the point where every year I started including other things I let go of, the occasional cigarette, pop, ice cream, coffee, caffeinated tea, and a few other items that I loved. And it was an amazing experience.

Again and again, every year I became less influenced even by others around me consuming these things. I felt so much freedom and control and empowerment. So eventually I stopped doing these sabbaticals and began incorporating 24 hr sabbaticals that I just found somewhere I went away solitarily and focused on what I wanted to do in my life at that time to work through emotional trauma etc. That eventually increased to 3 days at a time. And this is where my study as a Shaman really took off. I Was still into my music productions, creating hip hop/rap and R&B Tracks etc., but my training with this continued. It got me so

focused that one year I was able to write over 40 original songs that made several album cuts!

Then life took an incredible turn that was of course unexpected. Rocked me to my core, and I lost track of my sabbaticals and eventually they were not happening. By the time I got my situations to a manageable state my spirituality came back in full force and I was told by my spirit mentor - You owe me 21 days!!!! FAAAAAKKK Me I had missed 7 consecutive years of my annual 3 days of sabbatical! And the bill came due!

This took me into the wildest journey of my entire training and life... or so I thought!

My first 5 days found me well into 48 hours of unequivocal paranormal experiences like none other! The second leg of this first 5 days, I ended up at one of the national parks. During this time there was a fire ban that I had not known about. All of the major trails were closed... Somehow I had not paid any attention to that, and I went on my spirit led journeys. I was up on 700ft plateaus meditating ... about a 3 hr walk from camp, in midday +50 weather! With just a camp sized stool, my meditation singing bowl. Incense and sweet grass.

By the time I was done the visioning, I had not realized that 2 1/2 more hrs had past. This is the hottest time of the sun. I had not taken water with me, and I had to walk a different way back to camp just because that is the nature of that meditation!

But when I recovered the following day I had come back with the knowledge of sound! It is the reason behind our ability to communicate, to live, to sense, to intone, to breathe. So much of our existence would not be materialized without sound.

One example of this is the medical device called an Ultrasound! I was shown! This is incomplete in its design and construction. It was meant to help diagnose and to heal, through tuning the frequencies. So one frequency would be to "see", with inspection and analysis, and the other would be corrective to restore healthy sound! So somewhere in the annals of history, there is information that is suppressed... again, this is what I was shown!

It has long been known that out in Nepal, Monks have been levitating through the art of sound for centuries!

Today there is sound technology that is used to extinguishing fires! We are getting there! The acceptance of sound as a formidable part of our daily lives has only been fully embraced so far by military use. This is why concussion grenades exist unfortunately! A waste of an amazing discovery! Another discovery in bomb technology is the the kinetic values of the concussive force an explosion produces is just as deadly as steam! and in most instances that kinetic sound does more damage than the contents of the chemical reactions that follow its pathway!

When I think of all the nuances of what I was shown and learned for 2 1/2 hrs, it still floors me. I was shown as well

what to do to help this unbalanced situation in the world. I was shown tonal qualities that have very specific effects on the various cortices of the brain. And how I can create formidable effects that can instantly free minds! These are what I offer to you in my mentorship programs, healing programs and spiritual life coaching programs. This is a significant part of the program where it will immediately break down patterns that you have ingested from all facets of your life! It recreates the original pattern; and allows you the freedom to incorporate it permanently! All in a matter of minutes!

Remember how I said, we can do what others consider impossible? This is what I mean. The spiritual technology is already in existence! I am sharing my portions with you in this program that you have signed up for!

I don't talk about it in my advertising just because its a fairly amazing surprise when you get on the inside! So you are welcome!

*Welcome to your true authentic life!*



## IT'S GONNA GET

...very interesting from here on in... why? Because I'm going to take on the world belief, Hollywood steeped, religious, and spiritual community sanctioned topics - **Angels**, and that will be followed by demons! What I'm going to tell you about these two, comes directly from the top of their ranks in channeling, and having worked with them the last 9 years intimately without fail, this is very serious. But to master spirituality, you have to know this! This is paramount to the very core of everything! Hold on to ya knickers! Its going get a lot less fluffy!

Angels are not what everyone portraits them to be. They are not anything like the pictures, and majority of movies! They are not white skinned or black skinned for that matter! They are made of an intelligent light-wave body, that is dense but translucent. And they can intensify the denseness at will. But it takes a lot of energy to do that. So it's like us humans trying to live in the water with our regular skin, with no diving suit. We are not built for it. With

the exceptions of the Bajau “Sea Nomads”, The rest of us are fairly normal about not living in water or akin to its environment. It has taken the Bajau community several generations to develop a physical alteration in their DNA that allows them now to be born with larger lungs, in order to adapt to their chosen way of life!

Angels have been around for longer than Man/woman has been here on this planet. And just on that note ...Adam was not the first in this universe. This is what I was told, I'm sure at some point I will know more on that. But know that that, is the information I've been given so far.

They (demons & angels), were created all at the same time. And as for the whole war story... its an absolute crockery! Here is what really took place.... But first here is the premise of why “it” took place...

The plan to create us was in play and the biggest part of the plan was for us to be able to have help! As the angels and ‘demons’ have been through the whole gamut and know the system inside and out. So remember how I talked about us coming into existence and being introduced to the soul group? Well this is who they were initially! And it was them that we as sentients depended upon to help us understand what it means to live with purpose, through the filter of what inspires us to love. For all of them, there was great reason to be inspired... US!

Everything was fine for a long time. We all progressed with a great relationship! But whatever happened... happened quickly to create the nastiest effect to disrupt



this whole utopia of balanced living that we had going on! Here is where the situation culminated at the first experience of what took place - There was a confab about how we were doing as a new race and it was brought up that one of us (humans), at that time began to show signs of a very strange behaviour. That individual would deliberately do the opposite of his guides recommendation! And consistently pushed against simply following the path laid out that led to the usual perfections afforded to the entire race.

This news was not only upsetting, it caused a great stirring in the room! To the tune of Divine instituting a strict set of orders. In the mean time of these new orders being implemented. Divine went to the old ones for a pow wow to find out if this was the 'thing' they forewarned him about. And sure as shit! This was it. Divine panicked and began to try to counter the behaviour by doing energetic upgrades to the souls and that is where the first energetic shifts began and have not ended since!

In the melee of it all, it was Lucifer that went to Divine and offered something that would forever change the face of Divinity! You see, in secret Lucifer saw this coming as one of his particular gifts was, and still is the prophetic sight! So he began to test the theory in his own "*purpose built strong room*". And what he suggested in that fateful solo-audience with Divine, is what started it all. He said to Divine, let me create a path like none other! Let me create a pure negative effect in accordance with the laws, that is

sure to deter malicious behaviour and turn them (malfunctioning souls) back to a life of perfection.

It was a go! So he set out to do exactly that. Somewhere along the line there was confusion over this decision and even though Lucifer had help there was contention among the angels over this and then there was a decision! Not a war... a decision. The situation was explained to the whole host and the understanding was that the negative force needed to be expressed in this way so that this new creations soul upgrades would have a chance to fluidly make it to the next iteration!

So just over 1/3 of the angels along with the original progenitors of the of this idea came down to this dimension to set the plan in motion. That meant something even more serious for those angels! A change in light body density! They had to give up the body they had, to help accomplish this... A dense body that would be able to live in the negative force and operate seamlessly.

Once the plan was implemented it would seem for a time it was working! But then, another strange occurrence happened! Whatever it is and was... took a nasty turn that was uncanny and unexpected, even for Lucifer! And to this day it still has not been back in balance! so the system had to permanently accommodate this incalculable retinue and adjust for maximum allowable progression, and evolution back to the original state but evolved.

Angles everywhere are now seen with different eyes and a completely incorrect perception that fouls with everything that is actually going on!

The two are equal in power, strength and divinity and for everyone else that will be sacrilege. I... well you know by now I don't really care about the opinion of others! I give you the information as I came to me. So it was just as much a mind-blow for me as it is for you! I have learned to trust my understanding and comprehension and my guides for the entire time of my tenure within this field.

# 10



## THESE ARE...

my favourite peoples! I have never truly known how very connected I was to demons before writing this tome. I always new that they were pretty intense etc... but I never knew how important they were to the whole system. Mostly because of a lack of being open-minded. Yes! I admit that I did not pay attention to my own mentors who were important in my education to become what I am now. I really had not known this story about them before, and so like most of you reading this, I have had the same misconceptions about them! I was irate again about the misinformation dealt to the general public.

I'm publicly saying this... I love demons, and its a rabid shame that they are called that! From all the experiences that I have had with them... rough and tough and pure disgust and anarchy... I can say that I fully appreciate all they have done to help me understand them, in the only way that they could! Do I love angels?.... I can hear that you've asked that question... well yes of course I do... because demons are angels! always have been, in fact they

never stopped being angels! regardless of what we humans call them!

Let me start off by saying this.... Demons will get pissed off when disrespected! And the most common disrespect is to simply be curious! Only genuine inquiry matters. And there is one other thing that really pisses them off to no end - When you ask for a thing in your life and you reject it based on how they deliver it to you! You must understand their work that they put into providing it for you! It is literally like rejecting a supermodel because her pinky finger has a hang nail!!!! And that is putting it lightly!!!

Take this seriously my students and mentees... they are not like their brothers the archangels and other angels... They get really annoyed about these two things! Remember they live in the negative force! So they respond negatively! So please for the love of all that is sacred... do not do these things! You have been forewarned! What they do appreciate is when someone is dedicated to receiving what they requested! They will bring you your desire regardless of what's in the way... which means that if there is a person in your way or more accurately "on" your way to your desire, they will be removed... if necessary they will die! My personal experience is that the person who dies is the person that will have caused the most grief! And Demons have a reputation to uphold and they will be damned if they let some puny human upset a master piece! I have done life changing rituals for people where this has indeed happened. Which I had to be forward and

forthcoming about prior to the ritual. Simply because there is always that possibility. So that is another thing with accessing demons for creating things in your life. If you ask... be forever grateful that you receive! No matter how it is brought to you. Be willfully grateful, that you have received! They bust ass, and haul nuts to work through the system of universal laws to achieve manifestations! So respect that with the your highest honour! Believe me 'angels' require the exact same! So be equal and neutral across the board no matter who you asked for help!

Demons are very direct in all their dealings and very literal! So don't just ask for a perfect husband! Because the bum down the street would potentially be absolutely perfect, and would be thoroughly enamoured with you all because he is in close proximity, and you are who you are ,to ask for that. He would be the one to help teach you and raise you up, all at the same time. So be prolific in your quest for your desire... be precise. But there is one thing you must separate from your desire - Do not specify **how** it comes to you! as in don't say... *'he must be wealthy and super rich and have a boat and a...'* **but you can say that he must have everything that makes him happy and be in a position to afford abundant material things in life!**

Although it may not seem like much, believe me its a world of difference to phrase it that way! So please be very attentive to this.

The same rules of manifestation apply to both angels and demons. And with demons being so determined to

shine and be direct it is even more imperative that you be excruciatingly meticulous, in articulating your desire - just **the desire** and not **how** you **expect** it to come to you! That is their job that they are exceptional at it! So let them do ... their job!

# 12



## SO HERE'S THE SKINNY...

The two (angels & demons), have to communicate in order to produce the effects that they do! So simple example you talk to Raphael about helping you to heal and he says... alright cools! I gots you! He then sees that the issue is caused because you went way off course and so the demon catch got you. So for you to heal, it means that you course correct and stay course corrected! And on that premise the demon responsible for the demise of health that you experienced, receives the request from Raphael and then breaks the barrier that was created through the illness. The issue is - people praise and adore the angels for the work... instead of both angel and demon for their collaboration.

The collaboration is the most... well the highest honour! and should always be regarded as such. Older cultures always had two ceremonies! One for dark and one for light! Its about time this practice returns!

This is one of the most prolific events that happens consistently in their world. The requisitioning process that



allows for both sides to communicate, may from time to time get held up with various reasons but rest assured they are all working towards the same effect. In harmony with the universal laws, natural law and creation laws. The most important is, to **not** listen to the bullshit that is touted in this field consistently, that all has a christianized basis for its propaganda! Really take logic and rhetoric into account. The caveat is always - as above, so below, so below, as above! So, exactly what we experience here in this material world, they in the less-dense non-corporeal world, are also experiencing! Viscerally!

What I am about to teach you in your chosen course material is all based on the vivacity of their interaction with you throughout the process. One or more of these beings, have inspired you to take this course! And they will help you through this information as you progress! Believe me, they will be at your side every step of the way and they will guide you to your own path of what is done, seen, and heard and experienced.

They will be your personal protectors and guides, as you learn... so really learn to listen ,because they will never steer you wrong! That I can assure you of!

# MY PERSONAL NOTES

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# ORDINEM AETERNI CUSTOS

