

Higher Balance[®], Institute
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Lesson #1
Gaia

The Mind of Gaia is the Matrix.

Do you know what the word Gaia (Guy-a) means?

Gaia is the name of the Earth. It is believed that the Earth is a living organism in space and the human race acts as the central nervous system of the planet.

Are you the only intelligent thing of your body?

The answer is no. You are an entire universe within yourself! Let's take a closer look. In your body you have red and white blood cells. White cells will recognize an enemy of the body (virus or any other foreign body) assess the strength of this enemy, then call on other white cells to gather, so that enough will engage in an attack to make it successful. Is this not a form of intelligence, even if only on a small level? Not to mention the intelligence of the virus: is this not an intelligent living organism, also? Are you aware that there are millions of arachnid spiders living on the surface of your skin, choosing their mates, raising children, and battling for territory? Is this not a form of intelligence? In the saline of your eyes there are thousands of living creatures (protozoan organisms). These organisms are living, thinking creatures! Perhaps not as intelligent as you or I, but nonetheless they are intelligent! In each eyelash you have worm-type creatures that eat, spawn children, live and die with others of its kind in this space. You are a living universe within yourself: you are not a singular being, but a complete multi-universe within yourself!

Complete multi-universe within yourself!

Every organism, right down to your cells, is an individual living thing! You are the god-force in this universe. If we look up electricity in an encyclopedia, you will read about things like electrons, protons, photons, currents, conductors, insulators and so on. At the end of 15 chapters or so, it will then say, "Well folks, the truth of the matter is that we really do not know what electricity is. Everything that you have just read are actually the best theories we currently have." We have learned to harness electricity for a multitude of uses but in the end we still do not understand what it really is.

Your body runs on this electricity, though a better word for it would be energy. This energy makes your individual body parts move by giving tiny electrical shocks, creating movement with a precision that had of course taken quite some practice to perfect (like walking). This energy also gives your heart its beat, tells your lungs to expand and collapse; every nerve of your body communicates with this energy. Even your very thoughts are electrons of energy moving from place to place within your brain. This energy that controls your body is your soul or god-force. Think about it for a moment.

If you are depressed, cells, being receptive to this energy, can create cancer, tumors, or just not fight against intruding viruses. Why? Because your soul is what I call the Force or the god-presence within all of us. Your soul is the Force of this universe, within your body!

Your soul is the Force of this universe!

What is a ghost or a spirit made of? It is made of energy. This energy inhabits a vessel because as energy it cannot touch solid objects -- it will simply pass through them. A soul or spirit cannot smell because it has no nasal glands, it cannot speak because it has no lungs to propel the sound. So by placing itself within a vessel (body) it may explore this dimension. (More on the soul later....) Your very life force within your body is the soul. Understand that the body is a universe to a multitude of living creatures, that, like ourselves, are receptive to energy!

Returning now to the theory of Gaia (the Earth), we return to the statement that the human race is the central nervous system of the planet. Have you ever heard the story about the hundredth monkey? If not, I will explain.

Several people were feeding sweet potatoes (yams) to a group of monkeys. As they threw the potatoes to the monkeys, they would land in the dirt. As the monkeys would then begin to eat the potatoes, there was a slight problem. The dirt collected on the potato, so when it was eaten much had to be spit out because the sand got in the mouth. Only the core of the potato could be eaten. It was observed that after a baby monkey had dropped a potato in water, it had learned to wash it's potatoes. Then the mothers learned from the children, and the adult males learned from the mothers. This process of learning took about a year. Then something amazing occurred.

"Collective consciousness-The Matrix revealed"

The population of monkeys that had learned to wash their potatoes was about one hundred, give or take. Also remember that it took at least a year for a hundred monkeys to learn this. What happened then was that monkeys throughout the world, in the wild and in captivity, began to wash their food. This happened within what appeared to be only several months from the first hundred. This was so incredibly hard to believe that a group of researchers from around the world gathered, placing the highest observations together of research on monkeys, and decided to teach the monkeys how to moisten a stick with moisture from their mouths or other sources and place this stick in a tree trunk hole. This would attract fire ants to bite the moisture on the stick. The monkey would then pull the stick out and eat the fire ants. Under close supervision, the monkeys began to learn from each other through observation.

Eventually a year or so passed, and the hundredth monkey mark was reached, give or take some. Once again, monkeys all over the world started using moistened twigs or straws to attract insects.

What I am trying to say through this example is that all species on this planet, land, sea and sky, serve as a nervous system of sorts for this planet and that the human race is the most advanced part of this nervous system.

The planet is a living organism in space! All things, whether they are stone, wood, or steel, are part of a living thing. Someone once said to me that steel never dies and that it is not alive. Steel is very much alive, although you cannot be ignorant and gauge its life expectancy by your own. Steel will exist for several hundred years but it, like us, will deteriorate and return to the earth. It has disease: rust, corrosion and deterioration through abrasion. The only reason that your arm expands and retracts is that the brain sends electrons to stimulate the muscle. If not for the electron stimulation, it would appear lifeless. Heat and cold will also expand and retract steel. The body, because of the high mineral content in the blood, is very conductive to energy so it can carry electrical voltage through the nervous system.

You will find that Gaia, the Earth, is rich in these same minerals within its soils. Crystalline when placed with another at a molecular level will create a third; is this not a low level form of life? Accepting this, then what is dirt? It is crystalline and minerals. What is the Earth mostly composed of but minerals and crystalline (sand)! The Earth is a living creature in space, and we are its central nervous system!

One thing that all astronauts agree on is that when in outer space, looking at the Earth, they could not recognize the planet as holding their homes, jobs and families. No more than you greeting each individual living creature within our body! They saw and experienced the Earth as an individual, having a name and personality-- Gaia. Imagine extracting blood from your body and holding it in the air. Those cells that were once part of you, now looking at you, are not seeing billions of other cells, they are seeing one individual, you. Their universe or reality rests within you, as you are to the Earth and the Earth to the universe.

Reality rests within you

Visualize seeing an island up close. You can see the trees, fruits, monkeys and birds. Also, you can see the sand and the people on the beach. You now go on a boat and head out to sea, and as you move away from the island, it appears smaller and smaller until eventually you cannot see the details of the island, but you do see what appears to be a large mountain or a solid object in the distance. Keep this in mind. It is much like a microscope zooming in and out, or a telescope giving the reverse effect.

Accepting that the Earth is alive, we must now see that all planets are alive to some level; perhaps not as advanced as the Earth, or perhaps in distant places there are worlds more developed than Earth. In association with the concept of evolution, you can compare the concept of human evolution to planetary evolution.

We must now also look at stars, nucleuses, everything as contributing to the universal body. We know that the Earth is moving away from the sun at a rate of about an inch a year and that the moon is also moving away from the Earth at about a half inch a year, establishing that all things are moving outward, expanding or growing. If we were to move outside of the universes and cosmoses, we would come to the edge of the multi-universe. Like the tip of a pencil in a parking lot, our universe is this pencil tip. We exist within it, and what is outside is infinity of empty space. We now move outward, similar to the island we discussed earlier, and look back at our universe. We see a shimmering globular structure floating with millions and millions of sparkles as we move further away and then look back, and it appears solid. This is God, and the life-force of this being is like our force to all the creatures within us. This is what I mean by *the Force*.

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