

Alchemy of the Pineal Gland

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With help from Tristan aka Psychedeliak aka LySergicaDdicit



Enlightened Awareness Books

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**I dedicate this book to my Mother,
Beverly Portocarrero, for showing me
Compassion throughout my whole life,
and to all my friends at Enlightened
Awareness, for showing me that the
world really can change, and to everyone
who has the audacity and courage to
stand up and refute normality for the
mass delusion that it is.**



I. Introduction

I don't like introductions in books so I'm going to keep it short. I want to thank you for purchasing this book and for taking an interest in your Transcendental Potential. Don't listen to anything anybody says, nothing is as it seems, all of what appears to be truth is merely a half-truth, and all paradoxes are reconcilable.

The aim of this book is to put down to words the information which I have discussed with so many countless thousands of people over the last year concerning the Pineal Gland and the Mystical Power than anyone can tap into when they know what they are doing. There is so much about the Pineal Gland out there, and so little of it is written from people who have actually gone and Activated theirs. When we say "Activate" we mean that this Gland now functions as a portal of Cosmic Energy which gives you the ability to interface and work on Higher Planes. This may seem like a fantastical idea, but really it's nothing more than human biology, the fantastic idea is that all of this beautiful Order and wonder that is reality sprang from randomness and chaos for no purpose other than to bring woe and anguish to the poor suckers who evolved from random mutation into a godless universe.



I. Introduction

Seeing as it's impossible for life and mind to evolve from blind energy, the logical conclusion is that energy evolved from life and mind. The Cosmic Mind is omnipresent in every facet of Creation, and it's my hope that with this book you will learn how this multi-dimensional system of things operates, and in doing so re-unify with said Cosmic Mind. You are the Cosmic Mind as soon as you realize it.



1. Introduction

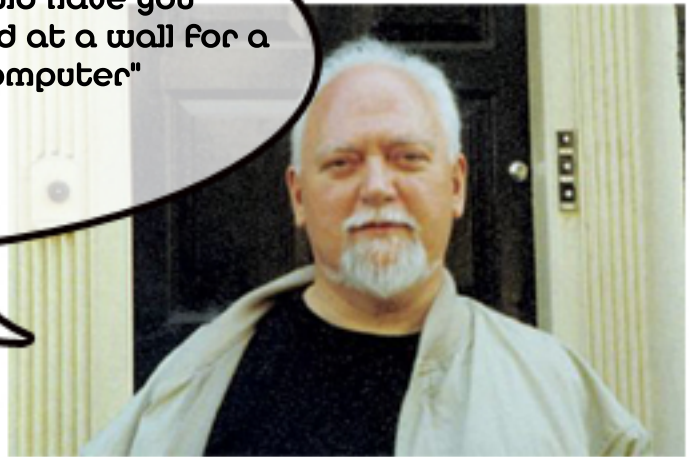
"Life and Mind can never evolve from blind energy or force" - The Kybalion

When people are taught the present day's dogmatic, hair-brained ideas about reality, they are disillusioned with themselves. There is no room for Consciousness, free will, intellect, mind, love, truth, compassion, meaning/purpose, or the Soul inside of this dark Newtonian box we find ourselves trapped in.

How is it exactly, that such beautiful, graceful order of the kind that we observe in Nature arose from mindless force bouncing around in a mindless space? If randomness and chaos really ruled the Cosmos, why is everything so perfectly ordered and developed with such stunning balance and intricacy? When did this "randomness" give rise to sentient, aware beings? It's absolutely insane to think that Awareness and Mind can result from blind energy!



"Modern scientific understanding would have you believe that if you throw a pile of mud at a wall for a million years, you would get a supercomputer"
- Robert Anton Wilson (paraphrased)



The problem is that Newtonian Physics can only measure the visible third dimension. Quantum Physics, however, has not only proven beyond a shadow of a doubt that Newtonian Physics is incomplete, it's proven that Consciousness is the prime factor in every aspect of reality.

Reality exists because of Consciousness and not the other way around!

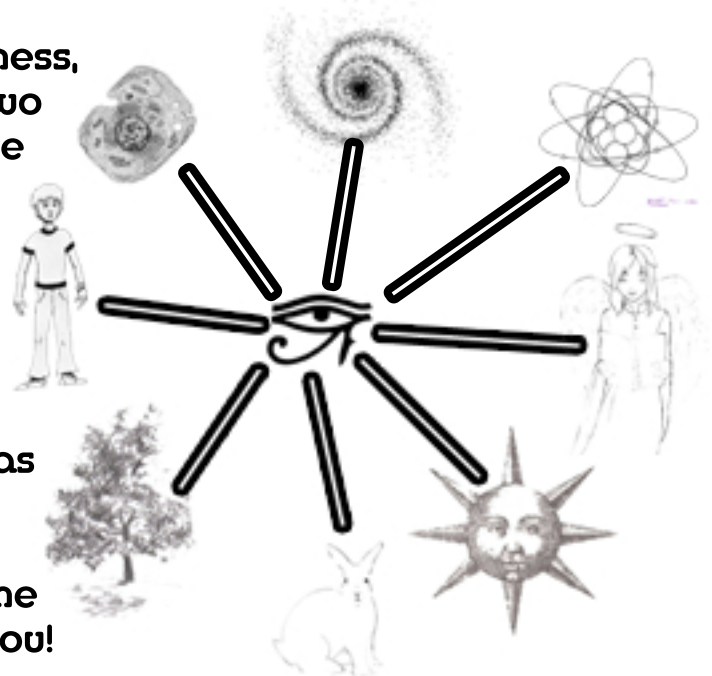


1. Introduction

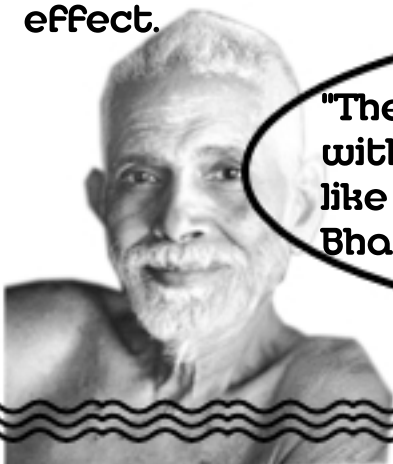
Now that we have re-established a degree of common sense and sanity, we can postulate how it is that Consciousness effects reality.

If we understand that blind force does not yield Awareness, than we can say that Awareness yields force, Energy. Awareness can never have been created, because as we said, blind force does not yield Mind and Awareness. Therefore, Awareness, that same Awareness that a person is, that a rabbit is, that a tree is, or a cellular organism is, is ETERNAL. Every life form that has ever been, or will ever be, has had at it's core, Awareness, Consciousness, and so reality, space itself, is one huge multi-dimensional screen of Awareness.

If we say that everything is Awareness, when did one Awareness become two Awarenesses? Well, a more accurate question would be, what is it that causes us to perceive Awareness as being separated? Simply Energy, another form of Awareness, the sub-atomic composition of Energy is much like a thought, Awareness adopting different parameters so as to set reality into motion; like a painter using many colors in a painting, the pigment is still the same "stuff", Awareness, Consciousness, You!



Since we have seen that everything springs from Awareness, we can see that the variation of different forms is merely the result of different patterns of Awareness moves in to create a hologram-like effect.



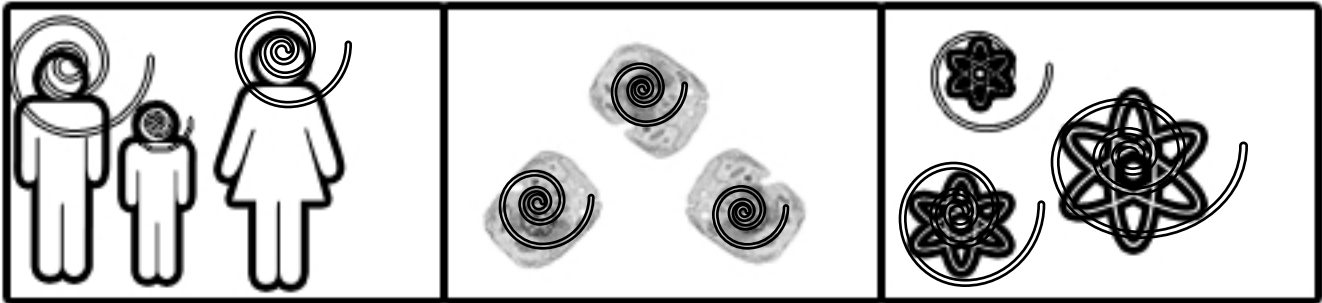
"The enlightened one that has become one with the unchanging supreme consciousness, is like a river that has become one with the ocean."
Bhagavan Sri Ramana Maharshi



1. Introduction

The amount of energy in motion in our multi-verse staggers the mind. That it is ALL Consciousness is even more awe-inspiring.

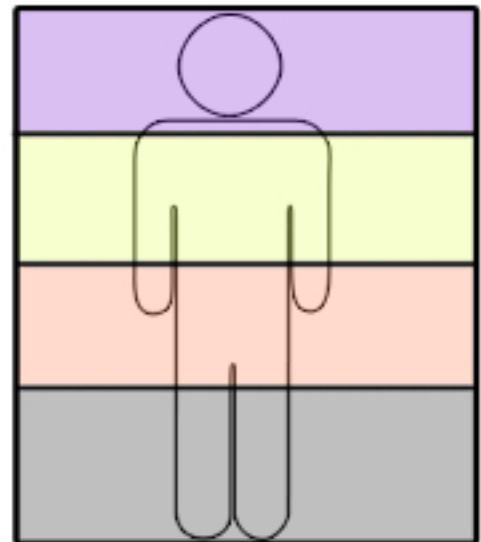
So who is the Cosmic Traffic Conductor? It could only be YOU! Because your Awareness is ALL THINGS! The difference between one Awareness and the next is only a difference in perspective.. The Perceiver is Infinite Oneness, which has always been, and will always be.



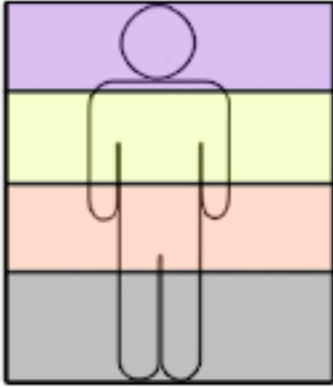
If we look at this diagram, we see that EVERYTHING is a point of perspective, generating a multi-dimensional "Russian Doll" Cosmos. Each layer is like the director/brain of the layer below it. A nucleus with electrons orbiting around it, a star with planets orbiting around it, a black hole with stars orbiting around it.

Patterns repeat themselves at various scales in the Hologractal Cosmology, as goes the old adage "As Above, So Below"

The figure on the right shows the multi-dimensional Cosmology broken down in terms of the Four Worlds of the Qabalah, which implies the old idea that man is a perfect "microcausm of the macrocausm." We can deduce a very accurate view of the Cosmos from looking at man in this way. When we look at the Cosmos in terms of this Cosmic Man the name implied is "Adam Qadmon"



1. Introduction



Division 1. Intelligence, Archetypes, Truth, Blueprints, Awareness, Thought.

Thoughts and Wisdom form the blueprint and design of things which are then formed into dramas and generated in the physical world. We wouldn't say that thought is physical yet in some way it is, everything has a certain mass, otherwise it wouldn't be perceived, it wouldn't exist at all, thoughts are like tiny pebbles that create specific tendencies that carry the potential to form Cosmic Patterns, or Archetypes, which are acted out as the various dramas we observe in the physical world, such as the thought "I am hungry". The Pineal Gland is like your radio antenna, sending and receiving thoughts to and from the Akasa, or space, linking you to the Heavenly Realms of Divine Intellect and "Cosmic Truth".

Division 2. Feeling, Reasoning, Emotion, Drama

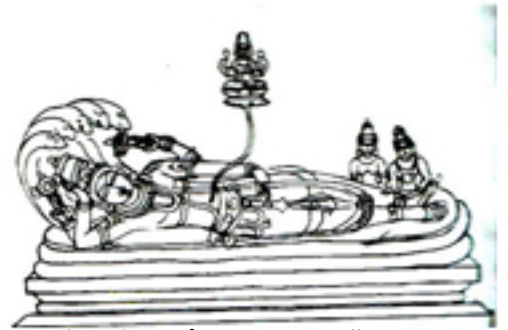
Emotion re-enforces thought and makes it feel "real" to you. It helps you to make choices and guide your life, without being able to feel the Truth, the Love, the Awe and Wonder, you would be like a robot, a drone, making pointless intellectual queries with no reason for answering them. This division is called Ruach and is the store-house of karma, where Archetypes become the dramas that manifest into the world.

This division is where we derive our ideas about our present situation, our life decisions, our morality, or lack thereof, and everything else that would be associated with archetypes being made manifest into the world.



1. Introduction

Division 3. Generation, Instincts, individual expression, deep-seated emotions.



The Buddha once asked his followers to "contemplate their navels".. a Hindu symbol depicts a Lotus emanating from Uishnu's Navel, the Lotus refers to ever-renewing Flower of Life that we all are. The individual expression of the Infinite One, Elohim. Archetypes become ideas, ideas become decisions, decisions become manifest, this manifestation occurs from the Astral Plane, called "Nephesh".

Division 4. Physical expression, grounding.

The fourth division is where all of the attributes descending from the Cosmic Mind find their manifestation.



The purpose of including this Qabalistic Cosmology was to show how the Pineal Gland is not just some way to "see ghosts", or some such nonsense; but it is a way to integrate with the Divine, to access the True Intellect, to interface with Heaven (Higher Dimensions).

Something that I've noticed from working with the Third Eye and helping others to work with it is that the more you know, the more you grow. Knowledge, to be sure, is power. The more you are able to let go of your old stagnant, ignorant, erroneous ways of perceiving reality, and integrate with "Cosmic Truth", the more you will be vibrating on the Higher Planes which link to the physical through the Pineal Gland.



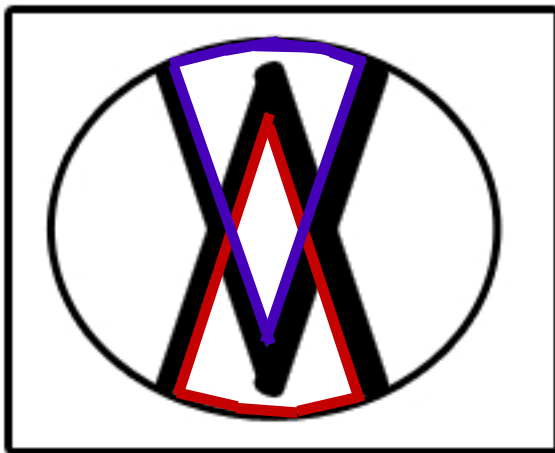
1. Introduction

The difference in Dimensions of Consciousness is a difference in frequency of the oscillation or movement of the quanta on that dimension. Like a radio, as you adjust the frequency the channel changes. Anyone who has tried Salvia before knows exactly what i'm talking about.



Each level has it's own unique function, it's own parameters, and is represented by a color or colors, corresponding to the frequency. The color of the Third Eye (which you will see very brightly as you activate it) is a deep Indigo blueish-purple, a very high frequency, relatively speaking).

Each color fits together like a rainbow to create the multi-dimensional Cosmos that we see around us, bands of energy which descend from above, and rise from below, when they meet, they produce a spark which allows awareness a vehicle to survey the Dimension that it is grounded in.



The energy coming from Above descends through your gravity (and, in fact, the gravity of all things) sucked through the Pineal Gland at the top like a pipe or a drain, spreading into a body of Light as it descends from the Heaven to the Earth.

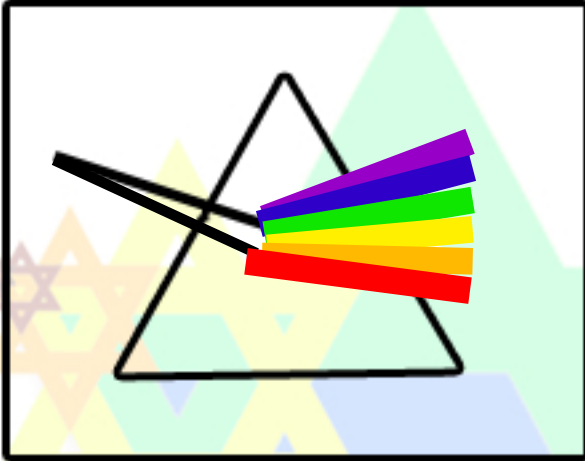
The drawing on the left shows the design of energy as it creates what is known as

The Mer Ka Ba.

In this way, Ascension is really DE-scension. The reason why that I understand this to be true, is that any time I close my eyes, I see some variation of the shape on the left, and physicist Nassim Haramein (whom I will talk about more later) has devoted his whole life to proving mathematically that this is the shape of what he refers to as the "Vector Equilibrium", the structure of the vacuum itself



1. Introduction

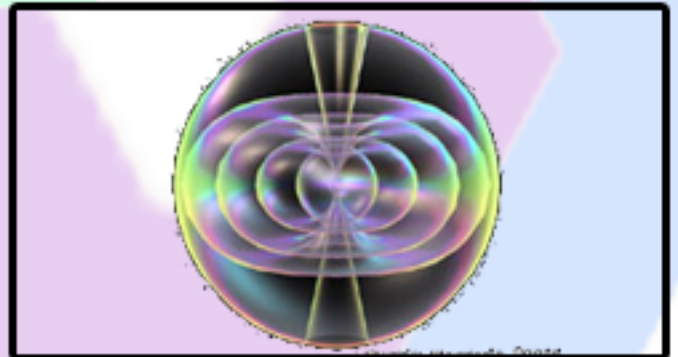


The shape that this energy assumes as it meets in any given perspective and creates Fractals is the much heralded Star Tetrahedron.



"He caused a wind to blow from above against a wind that blew from below. From the shock of the meeting of these two winds, a Drop emerged and rose from the depths of the abyss. This Drop united the winds and from the union of these winds the world was born', A simulacrum of Elohim - Who? . . . These ! - in which the form of every atom represents a divine idea." - Secret Wisdom of the Qabalah

Or, more specifically, a Dual Torus, as mentioned before, physicist Nassim Haramein has devoted his life to proving this to be a mathematical fact. the holo-fractal free energy Creation dynamic..



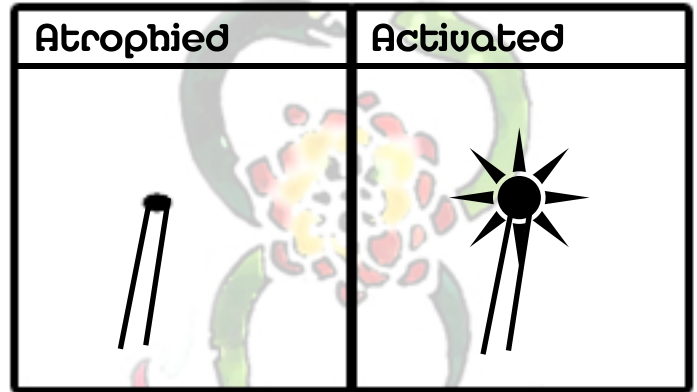
As we come upon any level of this multi-dimensional fractalling system, the Geometry takes on smaller or larger form in accordance with it's aspect ratio. This means that this Geometry paints a multi-dimensional, or omni-dimensional, map of the flow of information/energy through space. (Figuring out this Geometric map is how that Nassim Haramein says that we can tap into the energy flow and have infinite free energy).

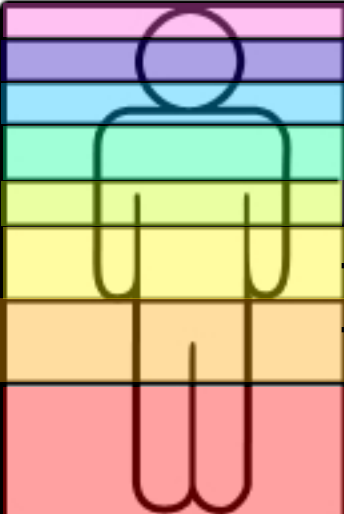
The reason that this is relevant to the Pineal Gland is that your thoughts are spiralling out from it in this same fractal dynamic, while at the same time energy flows into it. It is a cosmic feedback loop. This is how that the Kundalini Shakti enters your body, and also how extra-dimensional perception and travel is possible. Awareness moves between all points in all dimensions in instantaneously, it is everywhere..



2. Pineal Gland Atrophy

As you may have already learned, the Pineal Gland of over 99.99% of modern man is atrophied, even calcified. This calcification cuts you off from Higher Self, your intuition, your psychic potential, and much more. The Kundalini Shakti cannot pass through this doorway when it is sealed shut... an atrophied Pineal Gland also prevents you from being able to consciously permanently overcome conditioned behavior.. it keeps you trapped in your lower nature, because that's all you can see before the Pineal Gland springs to life.



	Crown	Unification
	Third Eye	Perception
	Throat	Expression
	Heart	Compassion
	Solar Plexus	Reason
	Sacral Plexus	Lower Natures
	Root	Grounding

Each of these Archetypes create balance, wholeness, when one is out of order,, the whole system is out of order. When a person is unaware of who they are in this way, they will seek to fulfill what they are missing with something external to themselves. In this way the people of this world have been enslaved to materialism, sexuality etc.



2. Pineal Gland Atrophy

The elite of this world were very aware of who we are in this way when crafting the present system of mass indoctrination. This is why we see so much focus on the physical body, sex, power, or the Root, Sacral Plexus, and Solar Plexus Chakras.

Very rarely, we find individuals who find that they prefer to focus on intellect, and we stigmatize these people and they are made to feel as though they are lacking something, and so they seek to fulfill what they are lacking by heeding to their subconscious desires, mainly their lower unbalanced nature. In this world when you are without knowledge of Self, you are damned if you do, and damned if you don't.

Root	Sacral P.	Solar P.
chiseled abs big breasts Big house Security is measured in dollars	buy the latest fad you are cooler than everyone else must have sex every day	Power is the goal of your life You get your way entrepreneurship American Dream

In my experience the best, and perhaps only way, to truly break this curse, is to activate the Divine Quickener, Kundalini Shakti, by spending so much time with your focus on the Third Eye Center (by means of it's Archetypes, Understanding and Wisdom) that the Third Eye becomes like a Fountain from which your other Chakras will fill themselves with, giving you the opportunity to balance them much more easily.... You will not seek to communicate with your Higher Self, you will realize you ARE IT!



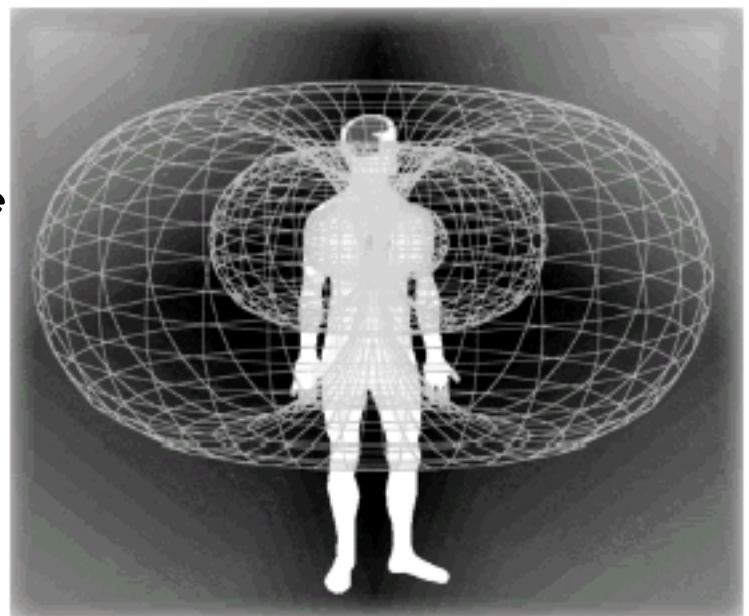
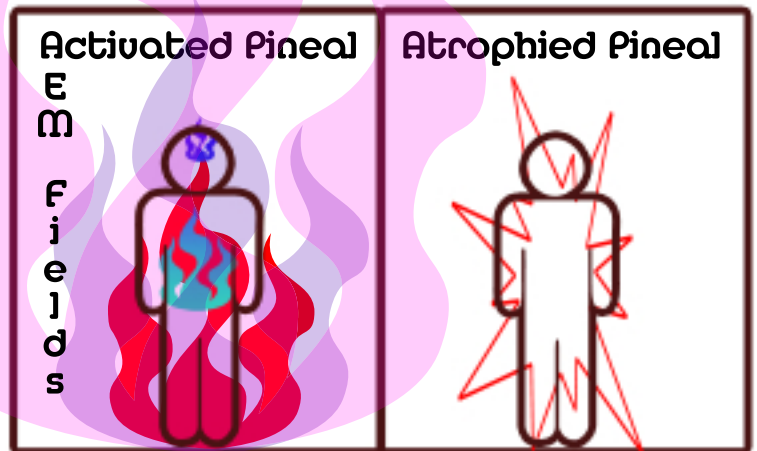
2. Pineal Gland Atrophy

The most major and most noticeable difference, however is the unmistakable presence of Prana coursing through your Energy Body.

Your ability to interact with the Creation process is greatly impaired when your EM field is impotent. When active, you are encased in a multi-dimensional energetic cocoon which gives you a means to interface with the EM field of the Earth (perhaps teleportation really IS possible..). This allows you to infect the Quantum Field with your presence, heal yourself and others with this "electromagnetic reality juice..." and much more that I'm sure will be explored in the next 50 years.. without this EM field you are like a laptop without a battery.

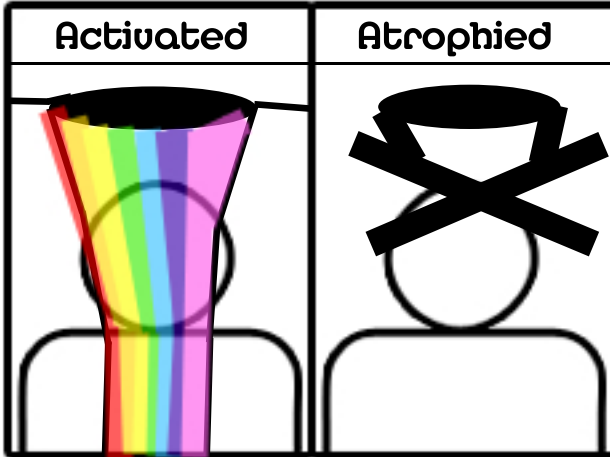
This Energy is your interface with reality, as you can see from the graph on the right, there is a larger EM field and a smaller EM field, the one around the Heart carries the space of the Singularity, the mini-black hole, from which Consciousness is projected into the Pineal Gland.

Another drastic distinction between one with an active Pineal Gland and a person in whom it is atrophied is intuition. When we have Cosmic Intuition it is much more than instinct gained by conditioned behavior. We are pulling this information from "The Library at the End of Time", that is to say, a place beyond space and time where every answer you could ever want is stored, because, in Truth, all of this is merely a memory from the vantage point of Higher Self.



2. Pineal Gland Atrophy

Whereas the one in whom the Pineal Gland is atrophied only seems to be aware of what is stored in his personal memory, the one with an activated Pineal Gland seems to be aware of what is stored in every memory; to him or her, reality is like an open book that is easily read and understood.

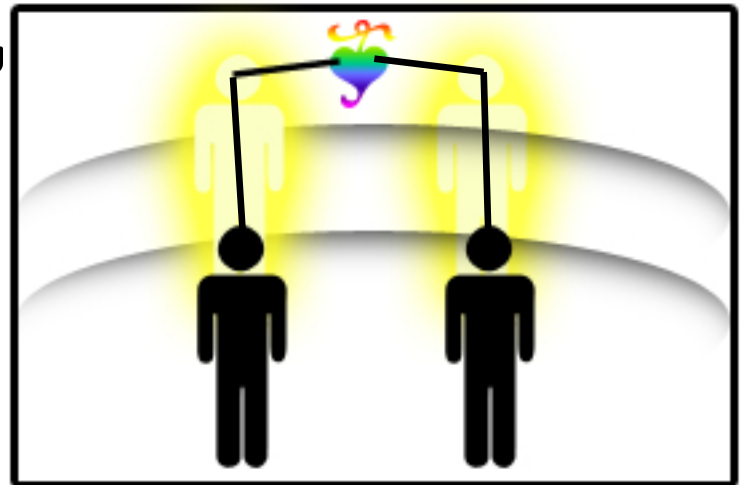


Its as if the one in whom it is active is connected to the internet with a super-fast T1 line, downloading information from space (or Akasa, as in Akasic records) whereas the one in whom it has atrophied has an incredibly weak connection if any connection exists at all.

A lot of what we are referring to as

"psychic phenomena" can be understood by seeing that we are multi-dimensional. Our Consciousness is focused in the Pineal Gland, (emanated from the Heart Center to the Pineal Gland that is) and that space where our Consciousness resides is extra-dimensional.

At the core we are all one, we find individual expression only through this multi-dimensional system of subtle bodies, physical bodies, brains for storing individual memories, etc. The Pineal Gland is the conduit which re-connects us to Heaven!



"Watching television is like taking black spray paint to your third eye."
- Bill Hicks

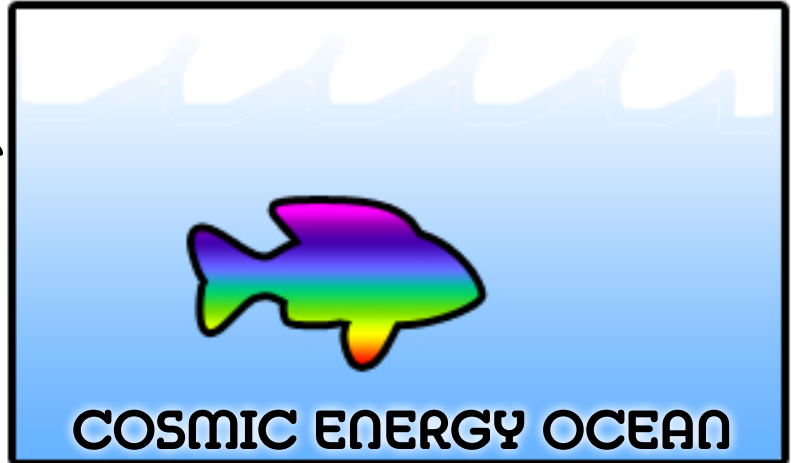


3. Cosmic Energy

"THERE are three types of knowledge: Knowledge of matter-energy; knowledge of mental energy; and knowledge of cosmic energy." - Atharva Ueda

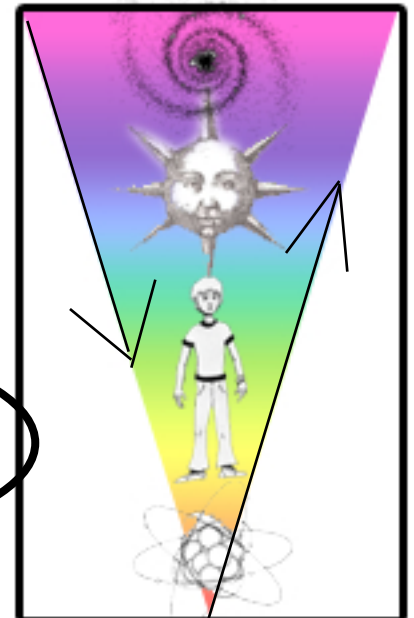
Space IS Cosmic Energy, everything exists only because of the myriad layers of Subtle Energy which are constantly in motion from above and from below.

As this energy descends, it creates the illusion of distance as it is constantly moving across all points in space instantaneously, it moves so fast that it's absolutely impossible to see. You may be able to perceive certain layers of this Energy when you have activated the Pineal Gland, but you are unable to even begin to visualize the totality of this Energy Flow.



As the Cosmic Energy descends, carrying with it Higher Intellect, organization, planning, everything associated with higher function, it means what Madame Blavatsky calls "The Germ in the Root", "Mulaprakriti", which pushes up and gives the cycle a direction and point of perspective. We are this Germ, the Son Aspect, Elohim, the manifest Godhead, every one of us represents a Divine idea.

The Divine Mind is like an omnipotent Puppet Master of which we are all an equal part. No level would function without the level below it or above it. His puppets rise from the dust of the Earth from the life-giving energy that is the dust of the Heavens.



"God is not so far away. He is not in the heavens above, nor in hell below. He is always near you." - Satyha Sai Baba



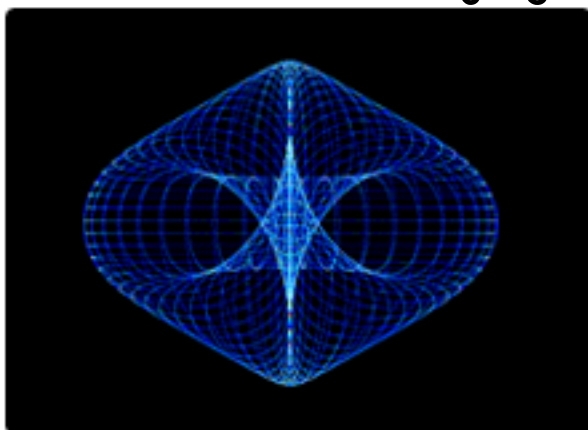
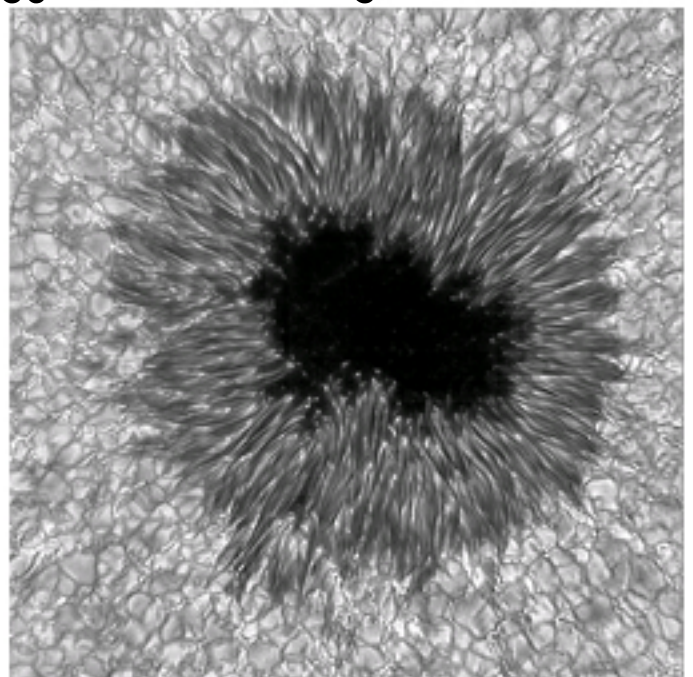
3. Cosmic Energy

Certain bandwidths of this energy contain certain things needed to maintain life, order, intelligent input into reality, etc. and all pass from more dense gravitational fields to less dense ones; for example, from Galactic Center, through several solar systems such as the Pleiades, through our Sun, through our Earth, through our bodies, through our cells, our molecules, and so on, like an irrigation system that recycles its water eternally. According to the genius physicist Nassim Haramein, this is because at the core of each scale is a black hole, (like the nucleus of an atom is a mini-black hole, or a nucleus of a star is a mini-black hole, he uses this theory to explain why sunspots appear to be huge holes in the surface of the Sun where energy is sucked through).

The black hole at the core of everything creates the form that rotates around it using structures of energy which orbit around even smaller black holes, ad infinitum! This makes perfect sense to any student of the Esoteric who realizes that these black holes are really windows of perception for the only thing which exists; The Perceiver.

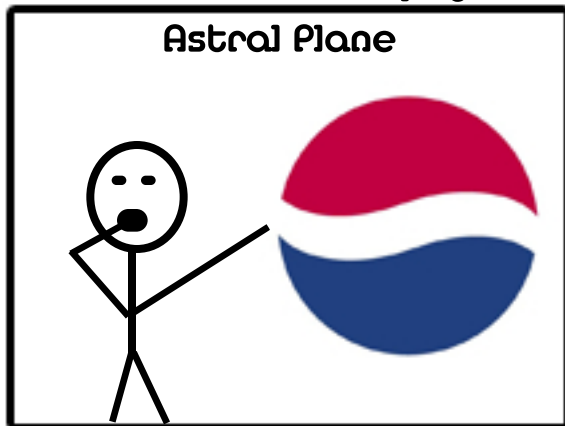
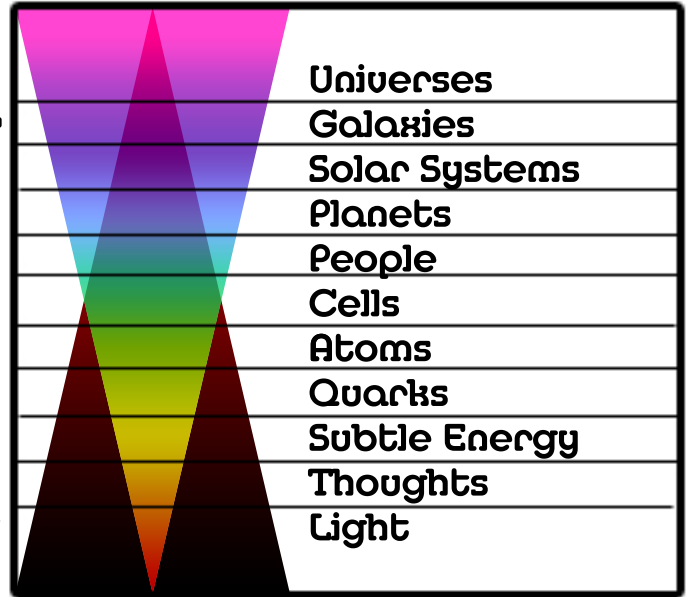
The various bandwidths of Energy create many different Dimensions of experience, all with their own laws, and type of body. For example,

when we go into the dream world we use our Astral Body. We go into another dimension every night and have magical often Transcendental or supernatural experiences that would not be possible on Earth, (in its present condition). Yet society thinks nothing of it, and considers people who talk about extra-dimensional experiences or extra-dimensional beings to be raving lunatics!!

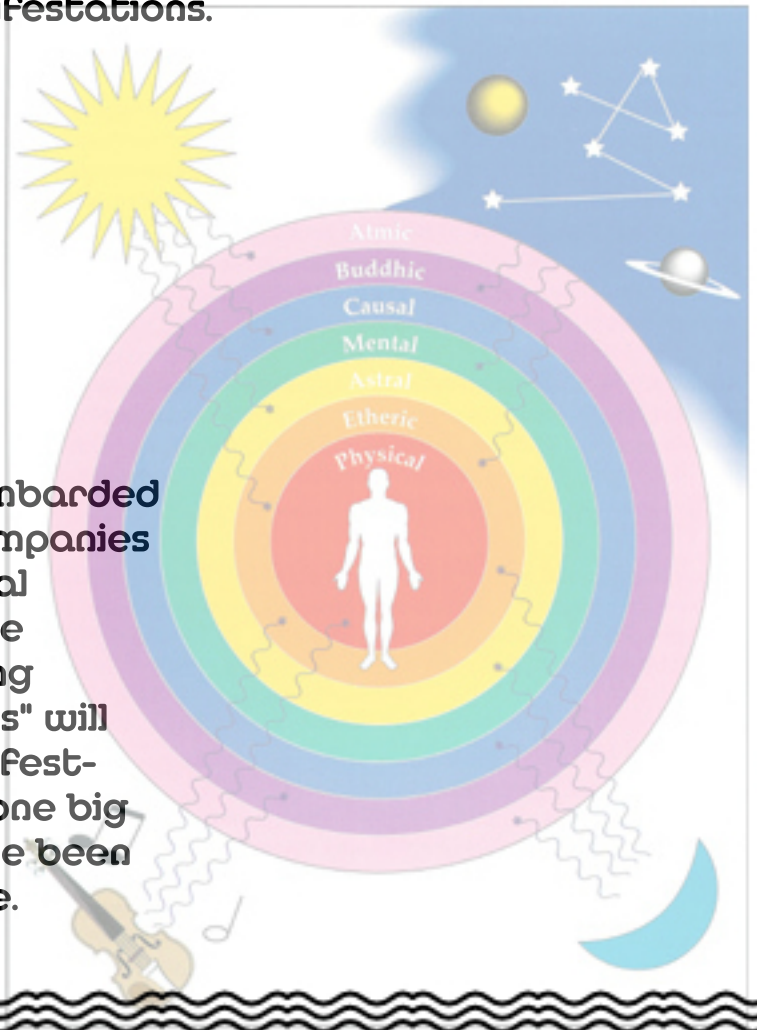


3. Cosmic Energy

The vacuum of energy is constantly circulating energy from all directions, as it is sucked in and spat out of the black hole in the center of the Dual Torus infinite energy/Creation dynamic. This means that like a fish swimming in water, we cannot perceive the waters of Infinite Cosmic Energy that we swim in constantly. This energy is directed by Thought, Conscious input into this sea of energy, which moves on the energy to change it and give it directives. When thought clumps together tendencies of action, evolution occurs, and these thoughts gradually become things. This is why in the Astral Plane you may see crystallized thought patterns in the form of actual "physical" manifestations.



This is the reason why we are bombarded with commercials on TV, these companies are paying to maintain their Astral Memes, parasites on the collective sub-conscious. Whatever is floating around in these "middle dimensions" will eventually find expression in manifestation on the Earth. Think of it as one big Mind, these Creations of ours have been clogging the Earth for a long time.

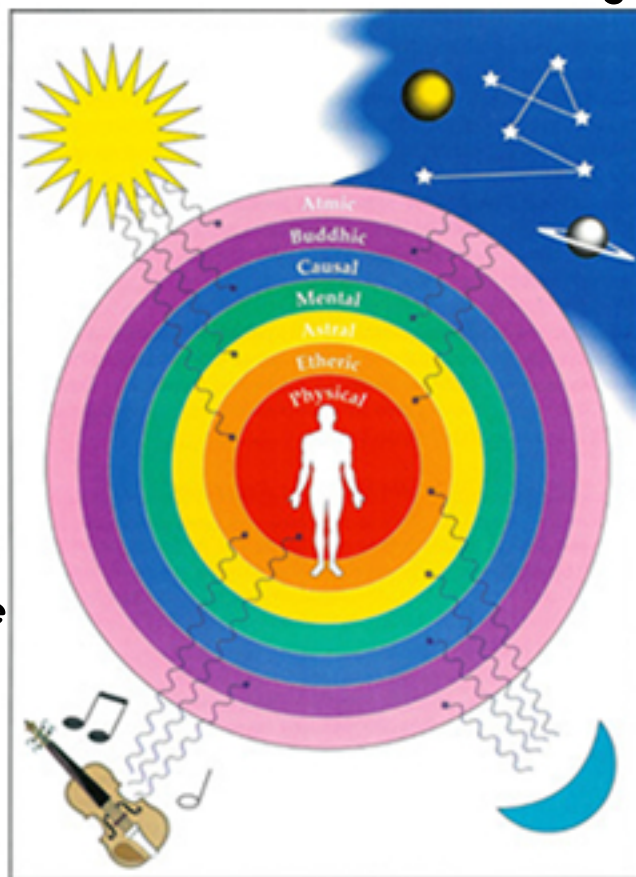


3. Cosmic Energy

The Cosmic Energy is like a multi-dimensional screen onto which our Mind projects reality. The mind is not limited to your head, but rather everything around you finds its orders from subtle mental vibrations that span out throughout the entirety of Creation. Your mind is the Cosmos! Mind and thought are one and the same, you interpret the Cosmic Mind through your brain, and find an individual expression of thought. Because of this expansion/contraction feedback dynamic of the dual torus, other dimensions of this subtle mental energy can descend to the Earth, this is why people see Angels, ghouls, etc. and also why you are able to consciously build the Body of Light.

At the Eye of this Energy Tornado, is the silence of your own gravity; The Stargate. The rotation of a bicycle wheel is only made possible by the stillness at the center of the spokes. Stillness is crucial to being energized. If your mind racing constantly about other places and things that are not here and now, you won't be able to channel this energy through your Pineal Gland. This is because only in stillness can you be aware of your Higher Dimensional nature, vibrate on Higher Planes, and bring the energy of that plane into the physical, it is a delicate balancing act.

"Here is presented to us a system of worlds within worlds. First there is the world, or expanse, of No-Thingness; then the Awiq, or ether; next the Aur, or light; then ten Sephirothic rings of light, one grosser than the other, until the last is composed of Air, Fire, Water, Earth, and Spirit, or Eod, Heh, Uau, Heh, and Shin, in which the form is visible because of the existence of the spirit. By the cry "Yehe Aur" (Let there be Light) was the world created, and Yehe is a combination of Eod and Heh (hy) - the Great Father and the Great Mother - the eternal complements." SWoftheQ



3. Cosmic Energy

Reality is formed of this "Cosmic Energy" (remember that the Truth is unspeakable, and words such as 'Cosmic Energy' however accurate they sound, lull us to sleep and substitute the actual understanding of what is real with a simulated understanding based on our limited perspective, see beyond the words). Each aspect of Creation has a different combination of these subtle forces. For example, Alchemists were able to transmute one physical substance into another; this is done by altering the Mental Plane, changing the base programming of the substance, and translating that into physical reality by means of certain subtle energies.

If you activate the Pineal Gland, you will be "activating it" with this Cosmic Energy

Only when you feel the flow of this energy in the front of your forehead is your Pineal Gland truly 'active', until it springs to life in this manner, it's not active whatsoever.

This is an old Alchemical drawing. Notice the portal shapes of the circular designs. They are showing a hole in the Third Dimension where subtle energy is leaking through.

When you learn, grow, and otherwise expand your understanding through Gnosis (direct knowledge of the kind the Buddha, Hermes, Lao Tze, taught) you will begin vibrating on the Higher Planes and thereby connecting the subtle energies of that plane to this one via the Pineal/ Crown Centers.



3. Cosmic Energy

When the Pineal Gland springs to life that means the Kundalini Shakti has agreed to reside with you. This is the most important time of your life, and you should give thanks to her often, you are gaining the Key to Heaven and out of hell. You will be directly connected to a most powerful force. You will feel your whole body shimmering with Light. Each breath will be as though you are soaking yourself in Nirvana, and nobody will be able to understand what that is like, so don't listen to people who preach that you should fear the Kundalini Shakti.

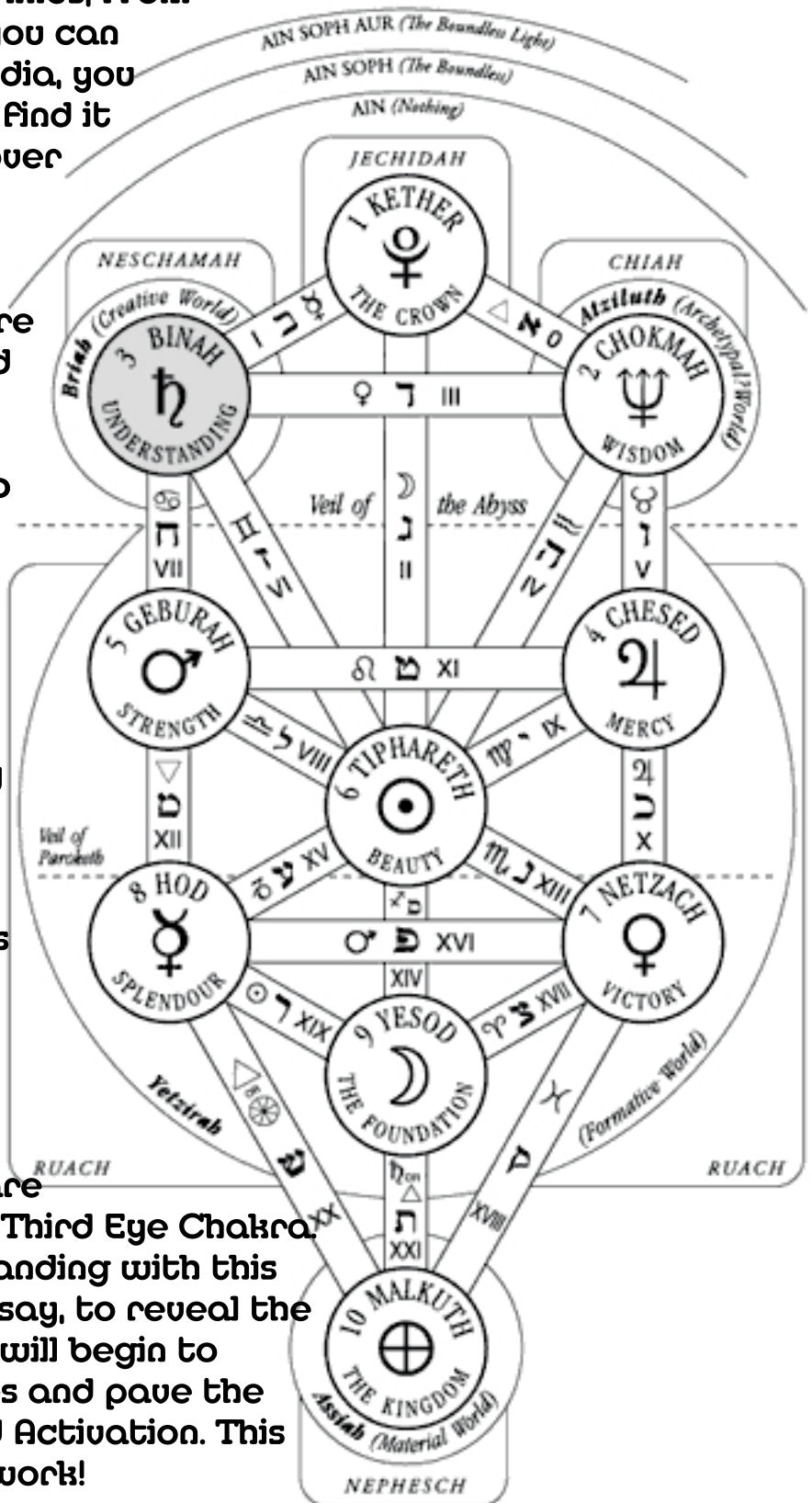


4. Wisdom & Understanding

This symbol on the right is called the "Tree of Life" you can find it in the Nazca lines, from ancient Peruvian cultures, you can find it in the Middle East, India, you can find it in Tibet, you can find it in Europe, pretty much all over the globe you will find this symbol, or variations of it.

The first three Sephiroth are called Kether, Chokmah, and Binah; Father, Son, and Holy Spirit or Mother/Goddess. Boundless Light gave rise to boundlessness which gave rise to no-thing which gave rise to Awareness which gave rise to the Logos, or Wisdom, (the blueprint of reality aka Truth), which paved the way for the Holy Mother to come and create the multi-verse, Energy giving rise to a place where the Awareness and Law can reside.

These three Sephiroth are known as the "Supernal Triad", Awareness, Wisdom, and Understanding, which are also the Archetypes of the Third Eye Chakra. By expanding your Understanding with this "Logocic Wisdom", that is to say, to reveal the True Nature of Reality, you will begin to vibrate on the Higher Planes and pave the Foundation for Pineal Gland Activation. This is the only way I've seen it work!



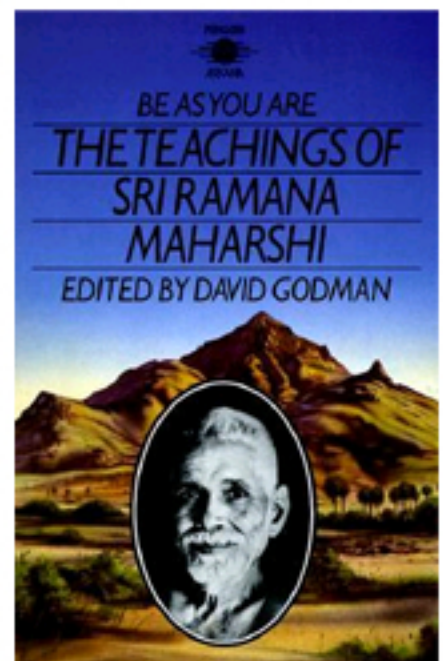
4. Wisdom & Understanding

What I am calling "Logoic Wisdom, that is to say "Cosmic Truth", "the Word of God", is very sacred and special. This Truth is something that appeals to everyone who hears it.. because it's eternal, and always remains the same. When people approach me from my videos online about the Pineal Gland, I always recommend them a few e-books from my website to help to re-calibrate their understanding of reality to a Logoic perspective. Each book is written by an amazing Sage, (or Sages) who both know exactly what they are talking about, and have your best interests in mind. I can't tell you how much these books have helped me sustain the Third Eye Center, you can read them for free at my website:

"Be As You Are" - Bhagavan Sri Ramana Maharshi

<http://enlightenedawareness.wetpaint.com/page/Be+As+You+Are+-+Sri+Ramana+Maharishi>

This book was written by perhaps the most prolific Guru to come out of India in hundreds if not thousands of years; Bhagavan attained Kundalini Shakti Activation and Samadhi at a very young age. He was a man that Gurus went to for advice and answers. In his presence, people would lose body-awareness and feel the Prana in their Heart Centers. His book represents the purest, wisest resource on the Self and Enlightenment that I have come across to date. I can't stress enough how important this book is!



"The Kybalion" - Three Initiates

<http://enlightenedawareness.wetpaint.com/page/The+Kybalion>

The Kybalion is an amazing and unique book on the principles of the ancient tradition of Hermetics. Hermetics gets its name from Hermes, the Logos, what we are referring to as "Logoic Wisdom".



4. Wisdom & Understanding

The Kybalion brings to modernity a tradition spanning back thousands of years, all the way back to Ancient Egypt, and beyond! Hermetics has been preserved by Alchemists and Magicians all the way from Ancient Greece to the Renaissance. Egypt was a self-admitted Atlantean Colony, and so Hermetics may stretch back even further than Egypt! It's 7 Principles are worth reviewing.



1. **The Principle of Vibration:** Nothing rests, everything vibrates, and is in motion. This little fact is something modern science is just realizing (String Theory) but it has been known to Hermeticists and Qabalists for thousands of years.

2. **The Principle of Duality:** For each generation or creation, there is at play two opposites, contrasting one another to create a field of experience. hot/cold, light/dark, etc.

3. **The Principle of Gender:** There is always a Masculine and Feminine aspect to any act of generation on any plane. The Masculine is passive, and the feminine is active; such as the nucleus of an atom and it's electrons, the Sun and the planets, Consciousness and mind.

4. **The Principle of Rythm:** Everything in Nature is balanced, connected, and working harmoniously. If one thing is effected, everything is effected, because as the saying goes, "The All is within the All".

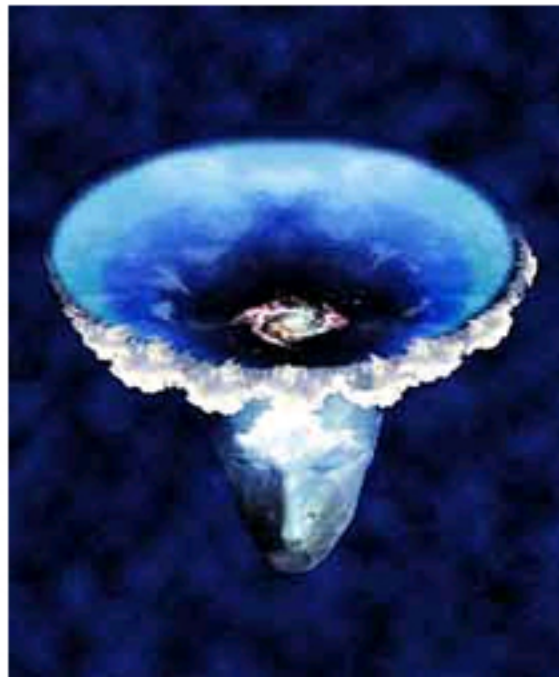
5. **The Principle of Cause and Effect (Karma):** Everything that has an effect has it's origins in a cause, and every cause will yield an effect. In this way reality is one big karmic machine in an endless spin-cycle.



4. Wisdom & Understanding

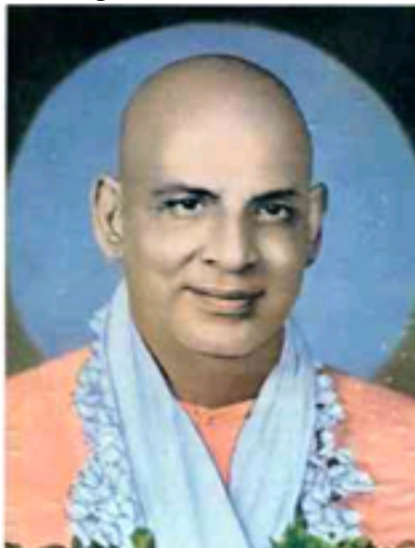
6. **The Principle of Mentalism:** The Universe is mental, finding its existence solely in the Mind of the All. Mind is a subtle layer pervading all of space which causes things to exhibit different characteristics. Everything that we see is one vast expanse of a Unified Mind.

7. **The Principle of Correspondence:** Archetypes and higher intelligences descend from Higher Planes through subtle layers of energy and pass into our world to give it motion and a path of action. That which is above, is like that which is below, and that which is below, is precisely like that which is above; reality is Multi-Dimensional.



"Thought Power" - Sri Swami Sivananda

<http://enlightenedawareness.wetpaint.com/page/Thought+Power+-+Sri+Swami+Sivananda>



This book is another must-read.. it details what thoughts are, how everything around you is like a sea of thought, how you transmit your thoughts into space at faster-than-light-speed like a radio antenna, and much more!

"The Ancient Secret of the Flower of Life"
Drunvalo Melchizedek

This book is a must-read to understand Geometry, how it relates to Creation, as well as numerous other hidden things about the world we live in.

At my website you will find many other insightful e-books as well, some of them are: The Tao Teh Ching, Avadhuta Gita, the Upanishads, the Corpus Hermeticum, Chaldean Oracles, the Secret Doctrine, and many more! These Sacred Texts contain thousands of years of Wisdom that will put you back into alignment with your Third Eye Center.



4. Wisdom & Understanding

Hopefully the text of this book itself will help re-activate some of these ancient connections or "clicks", and in doing so help prepare you for a sustained awakening of the Third Eye Center.

These "clicks" are perhaps the most important aspect of activating the Pineal Gland!



When you find yourself having a "click" moment, what we call an epiphany, let your mind and body be still. Soak it in and feel the click lingering forever and ever... becoming your new perspective, let the old ways of looking at things die out in favor of the Light you are receiving, let them die due to starvation, starvation of your attention which has previously kept these ignorant views alive. Attention is the key to escaping the matrix; if you keep giving attention to the Earth's collective madness and how they look at things, you will be unable to continue and you should put this book down right now and go watch TV.

When your understanding is re-calibrated, both hemispheres of your brain will work harmoniously, instead of separately, your brain's EM Field will stabilize, and you will be ready to receive Shaktipat.

When this happens, you will gain complete Mastery over your desires, over the aging process, and everything else associated with the Fourth Brain.



"Show me a Man who thinks with his Heart and feels with his mind"
- Eastern Saying



4. Wisdom & Understanding

Jagadguru Tractate Tablet 1 - Inspired Writings by Yours Truly

I Am, without any attachments to the moment before this one,

I Am, both empty and full, like space, both above, and below.

I Am, not a thought, not the Mind, nor am I capable of being understood, because I am above understanding, I am above Wisdom, I am purer than the purest Compassion, more Beautiful than anything the eye can behold, I exist forever and ever, and I am Everything at Once.

I am not form, the forms which we observe in the material world are reflections of subtle layers of thought/Geometry, emanating as the Tree of Life, which hang upon nothing, like an Ocean in which every drop of water is One.

Creation is the same as Thinking, each thought sends it's vibrational frequency into the Manas (Akasa, or Mental Substance) so that every drop in the ocean is One.

Forms are created from the Infinite Energy arising, mysteriously, from nothingness (I AM).

The Tree of Life is an Energetic Tree, it represents the progression and Flavor of Energy as it emanates from the Eternal and Infinite I AM at the top to the Eternal and Infinite I AM at the bottom, Kether is in Malkuth and Malkuth is in Kether.

Thought and Geometry are One and the Same, and everything is like a Sea of Thought.

Each point in space is a vortex, through which the Universe is allowed to share information instantaneously across any Dimension or point in time.



4. Wisdom & Understanding

Jagadguru Tractate Tablet 1 - Inspired Writings by Yours Truly

The Universal Geometry of these Vortices is the same in every Manifestation; it is the Tree of Life, Vector Equilibrium, Mer Ka Ba, Tetragrammaton, Star Tetrahedron, Metatron's Cube, Toroidal Field, Dual Torus, Flower of Life.

The Center Point of each Star Tetrahedron is like the Heart of All Things, in it, is pure un-manifested potential, it is the source of Galaxies, Planets, Suns, People, Trees, Minerals, and everything else, I am that.

Each point in space, on each Plane of Generation, is like a point of Perception of One Infinite Awareness.

The Energy Centers, Vortices, or Chakras, are points at which the Subtle Energies of Creation can enter and build a Body of Light, each Chakra representing an aspect of Divine Consciousness, and each Chakra empty....

The Body of Light is Immortal, Fed and nourished like a Sun, on Cosmic Energy, until you shine with Cosmic Light, what science has termed "radiation". (Not the toxic kind..)

Harmonious Music is only made possible by the silence in-between notes.

Silence is non-desire, non-definition, non-judgment, pure security, pure stability, and purely beyond words, it is "...."

In pure silence our breaths become One with the in-breath and out-breath of Creation; we bestow upon our Creation our complete Awareness, Potential, Nirvana, and Timeless Beauty.

In order to realize Silence we must first end the duality of seeing Form as real and Emptiness as real, Form is not real.



4. Wisdom & Understanding

Jagadguru Tractate Tablet 1 - Inspired Writings by Yours Truly

The Greatest Mystery has always been, and will always be, that of your own existence, what a Sublime Mystery.

the Enlightened One has no name he is not called Buddha, Christ, Krishna, Jnani, nor anything else.

Language is like the operating system of a computer, like a dam on a lake, see past it to unlock True Perception, unlock True Perception to realize Enlightenment.

True Perception is Naked, like a Mirror.

Nothing is a contradiction if everything is a contradiction, language and logic yield only half-truths.

There is nothing to grasp, and no one to grasp it, realize and be Free.

The Cosmos exists inside the Heart of All Things, like Infinite Black Holes of various sizes, the energy which they radiate is the visible world, hung like a sheet upon Nothingness, Awareness.

Creation is evolution, evolution is karma, karma is habits, habits are thoughts; change your thoughts and evolve.

Eliminate wrong thought and eliminate bad karma, eliminate wrong thought and eliminate ignorance, eliminate these things and all you will ever need will arise in the moment because you are no longer dragging along what you don't need from a previous moment.

Renounce cult-ure and reconnect to the Heart to be Enlightened.

A Great Sage once said, "Meditation depends upon the strength of mind. It must be unceasing even when one is engaged in work. Particular time for it is meant for novices." Meditate consistently until one is free of any attachments and exists in the pure, naked state.



4. Wisdom & Understanding

Jagadguru Tractate Tablet 1 - Inspired Writings by Yours Truly

The Self is like a black hole collapsing into itself; meditation merges the Individual Self with the All-Self through the power of the silence at it's core.

Massive buildings cannot be built on shaky foundations, likewise, the Temple of Enlightenment can only be built on Stillness of Mind, Heart, and Body.

From invisible silence emerges movement, this movement is Thought, like vibrations attract like vibrations and matter is born, out of matter comes even more sophisticated vibrations which attract like vibrations and even more sophisticated designs unfold..The fabric of space, then, is alive, it is the Self.



5. Shaktipat

"Shaktipat or Śaktipāta is a Sanskrit word in the Hindu spiritual tradition that refers to the act of the spiritual energy of Kundalini being conferred on a disciple or student, by a guru or spiritual teacher in whom it is already active. Śakti translates as spiritual energy and pāta as descent (to fall down).

Shaktipat can be intermediated by the Spiritually Enlightened Master either by transmission of sacred word or mantra, a look, a thought or by touch. The touch is usually given to the ajna chakra or third eye of the disciple. Shaktipat can be transmitted in person or at a distance, through an object such as a flower or fruit, or via telephone or letter." - wikipedia

The first time my Pineal Gland was kissed by the Goddess Kundalini Shakti, I was in Meditation in my garden. It was as any other Meditation until I felt a very strange tingling sweep over the top of my head out

of nowhere..I'd never felt this kind of feeling before! Back then, my mind was not as disciplined as it is now, so I was panicking trying to maintain my Meditation in spite of what I perceived to be an incredible supernatural experience! The tingling spread from my crown and gradually evolved into a strong electric feeling that was pouring down my face, I felt it strongly in what I supposed was my Third Eye. It slithered down my neck, chest, and eventually ended it's descension in my belly. This was the first time that I felt my chakras, and boy did I feel them! They were spinning like electric pinwheels! It went away after a short while, but soon after that I noticed that



my Third Eye would gradually start tingling during the day, (often when I would partake in the Sacred Sacrament of Cannabis, actually I was in my Cannabis garden when this initial Shaktipat occurred, so it's helped me tremendously and I could care less what anybody thinks about it.)

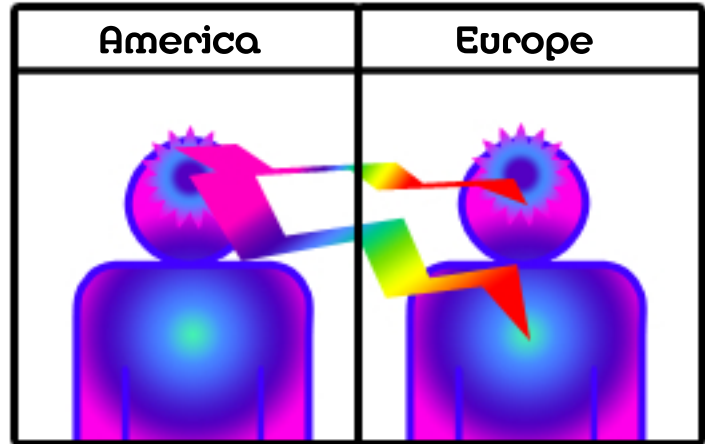
Later I got the opportunity to ask an Ascended Master (Yeheshua) what had happened, and he assured me that it was my own self whom had administered the Shaktipat. (He said it was karma from a lifetime existing parallel to this one)



5. Shaktipat

After awhile, my Third Eye Center sprang to life as soon as I would wake up in the morning, I was overjoyed and humbled at human potential, and from that point on I knew I had to devote the rest of my life to helping people see what we are capable of!

When I started doing guided Meditations in groups on skype with my friends from my website.. using the skype group voice conference.. I noticed that some people began feeling a tingling in their Third Eye in the same spot where mine was tingling. This to me was such a beautiful affirmation of my life's goal and path. I was overjoyed and began to realize that I could invoke the same experience to others which I had invoked to myself whilst in the garden, to someone who was half-way across the world! We are all One Point after all, and distance is non-existent!



Shaktipat is the only way that I've seen anybody activate their Kundalini Shakti, but you must be ready to receive her; this is why I ask everyone who approaches me about the Third Eye to read some of the e-books listed in the chapter on Wisdom. You will have to be able to sustain the Third Eye continually by vibrating on the Higher Planes (as has been mentioned several times :) and you do that by perceiving as much of the Logoc Reality as possible!

"the Absolute, hence the same as Paranirvana. Besides being the final state it is that condition of subjectivity which has no relation to anything but the one absolute truth (Para-marthatya) on its plane. It is that state which leads one to appreciate correctly the full meaning of Non-Being, which, as explained, is absolute Being." - Madame Blavatsky in 'The Secret Doctrine'

That means that you have to abandon, absolutely and utterly abandon, the mass-herd reality in favor of Paranirvana.



5. Shaktipat

Finding someone to administer this Shaktipat to you can be quite difficult in the modern age. Usually when one has attained the level required to administer this, (called a Satguru), they will not hang around the poisonous fumes emitted by mass-culture ind and will retreat to an isolated location such as the Buddha Boy recently did in Nepal.

However, we do not live in "usual times", we live in very exciting and magical times, and more Buddha Boys will be popping up across the globe. Indigos, starseeds, choose whichever ridiculous half-truth title that you wish to label them with, these beings are the Elohim, the Nines, Emissaries of the Logos, Avatars of Higher Self in human form, Bodhisattvas, Melchizedeks.



If you receive Shaktipat, you will attain DNA Activation, Light Body Activation, Pineal Gland, Thymus Gland, and Pituitary Gland Activation, and more! All your Chakras will burst to life and you will become immortal, being free of death and re-birth.

Right now I host group meditations during the week, at 12 pm PST, they are not every day, because I can't make them every day, but I do provide this priceless service for free on Skype doing a live voice conference.

Also, if you want to receive personal remote healing sessions to begin to work with Light Body and activate all the aforementioned dormant organs, you can hire me for personal services at the following rates:

1 hour personal remote healing - 60\$

1/2 hour personal remote healing - 30\$

Contact me:

Email: NewLemurian@gmail.com

Youtube: www.youtube.com/user/shaktipatsage

My Website: www.enlightenedawareness.wetpaint.com - user Tamid

On Skype: user name - Tamid_Ascended



5. Shaktipat

Since the movement of Consciousness (manifested as energy) happens instantaneously, all points are contained within all points, and one can send energy to another over what appears to be great distances.

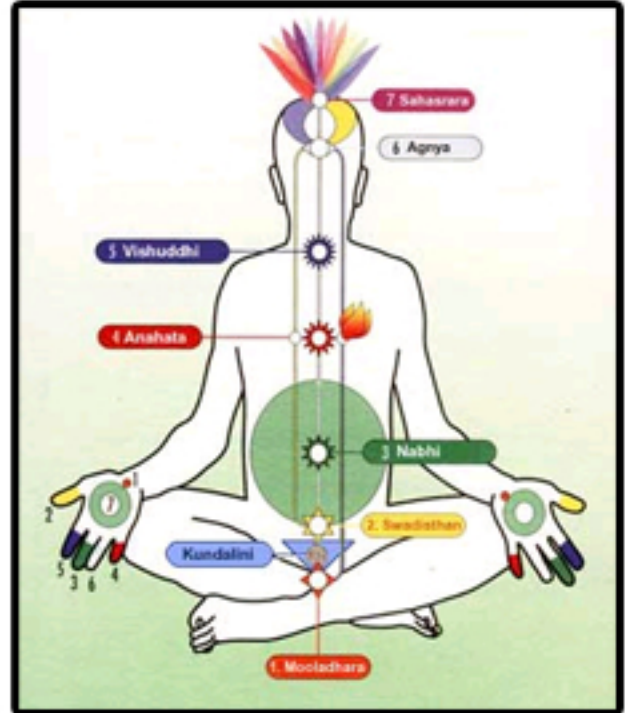
This effect also works on recorded media, videos, music, chants, which you can find free on my youtube page, or you can buy off of my lulu storefront:

<http://stores.lulu.com/store.php?faacctID=4380956>



6. Cultivating Prana (Light Energy)

As you begin to feel your Pranic Energy currents, you will become much more aware of how that energy is everything. You will see auras of beautiful vivid colored lights around parts of your body where you feel energy, and other people's bodies as well. You will see energy around trees, mountains, animals, you will become incredibly conscious of things which influence the various energies coursing through your various bodies. You will become incredibly sensitive to things which conflict your energy, such as anger, television, raunchy, brainwashed music and/or people, and much much more. Learning to balance and replenish your energy will formulate the backbone of your practice.



Mediation is the key to cultivating your Chi, but it is by far not the only way to do it! Besides, Meditation should be something that you do consistently until you are locked in a Meditative state in which it is possible to always be aware of the "Mystery of the One".

Techniques For Prana Cultivation:

The Lotus Position:

The Lotus Position is the most efficient means to circulate the Prana in your bodies properly. Keep your hands folded face-up on your lap to ground the Energy falling from the Crown into the Sacral Plexus. This allows you to compact the Torus shape of Free Energy Geometry and is a very Sacred position...



6. Cultivating Prana (Light Energy)

Sitting on Folded Legs Position:

I've found that this position is the easiest one on my back, especially the lower back, and it still circulates energy almost as efficiently as the Lotus Position.



Conscious Breathing:

Not only should you take each breath consciously while beginning your meditation, you anytime you catch your energy fluctuating while not in "Meditation". Conscious Breathing trains your thoughts on NOW, and quiets your Mind. In later stages of your practice you will begin feeling the energy that you breathe in very tangibly.

The Four-Fold Breath:

Practice inhaling for 4 seconds, (or 4 heart beats), holding your lungs open for another 4 seconds, exhaling for 4 seconds, and then keeping them empty for another 4 seconds, then repeating the whole thing. This is a good way for beginners to still their thoughts.

Third Eye Breathing:



Imagine breathing in Light through the Third Eye Center, with each inhalation feel as the Prana is swirling into your Third Eye and circulating through your Energy Body. In later stages of your practice you will actually taste the Energy as it moves over your tongue.

Flaming Heart Energy Activation:

Feel a burning heat sweeping over your chest as you hold your dominant hand a few inches above the right side of your breastplate,



just under the collar.

Crown Chakra Breathing:

While doing the Flaming Heart Energy Activation, move your hand over your Crown and breathe into it.



6. Cultivating Prana (Light Energy)

Silence Your Mind!

The movement of a Tornado gravitates around the strength of the silence at it's core. The most effective method of cultivating energy is to cultivate stillness of the mind, body, and Heart. This stillness will yield Nirvana.

Creating the Mer Ka Ba:

Visualize an upside-down Pyramid of Energy, with it's point in your Heart Center, as you inhale, feel and visualize the energy pouring through the Heart Center as if you really were seeing the Pyramid around you. then exhale. On your next inhalation visualize bringing energy up into the Heart through the same Pyramid Geometry. I've found this simple Meditation can be highly effective, and you may actually feel yourself and see yourself flying around another Plane in the Mer Ka Ba.

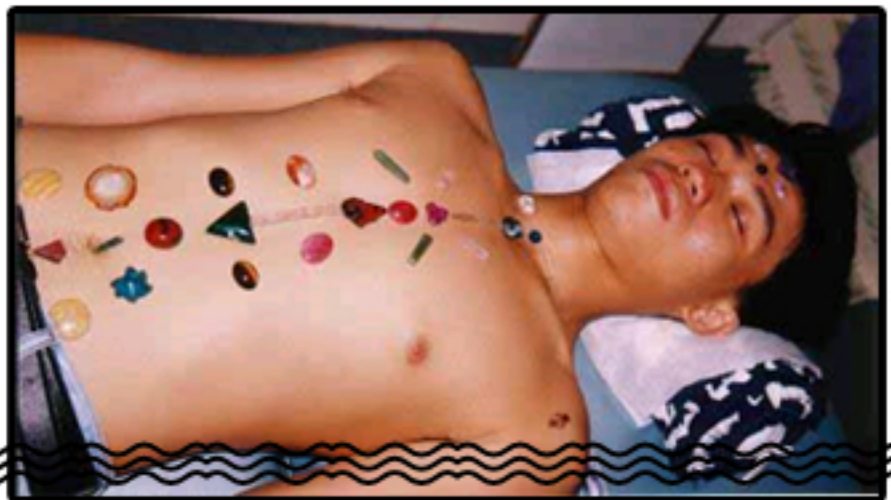


Be Mindful Of Your Centers:

Even while not in Meditation, one should be aware of the Energy Centers. First, you will need to cultivate the Third Eye Chakra in order to activate and ground the Kundalini, then move on to the Heart and from there through to the lower centers.

Lying Down With Crystals On Chakras:

If you have crystals, try lying down and placing a stone associated with the Chakra it represents on the area of your body corresponding to that Center. I've found that you can also use Clear Quartz, or even White Quartz, on any of the Chakras or all of the Chakras for a very potent energetic stimulation. Practice finding which stones work for you.



6. Cultivating Prana (Light Energy)

Cannabis Meditation: I and many of my friends have found that Cannabis has an amazing Enlightening and Chakra activating effect. It helps to balance your mind, and cleanse your emotional body. If you do not want to use it, of course that's up to you, but what others do to their own body is none of your concern. I've found that Cannabis can help you see Samahdi, cultivate your Prana, and help you get to that level so that you become familiar with it and can get their without the Cannabis.

Unconditional Love: Of course a great way to cultivate Prana is to radiate pure Love for all things.

Some more methods includ:

Reiki Healing

Qi Qong/Tai Chi

Acupuncture

Service

Expanding your Awareness of Self

Group Meditation

Sex done with understanding of how to transmute the Energy

(Montak Chia teaches this)

In conclusion, however, the best way to cultivate Energy is to be 100% in this moment, with no attachments to the past and with Knoweldge of Self.



7. Mindfulness

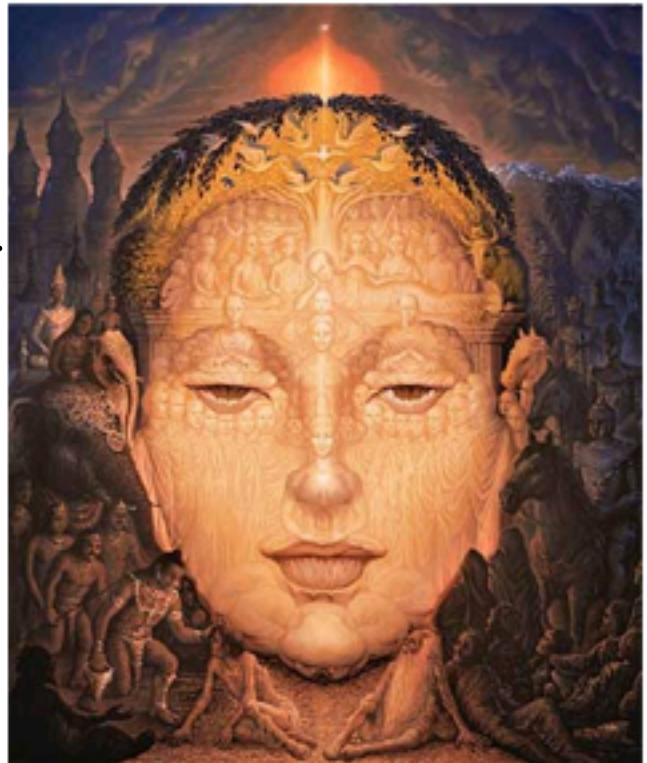
One of the fundamental tenants of Buddhism is called "Mindfulness". By practicing minding your thoughts, you will regain control over your mind. By regaining control over your mind, you will cease to become a victim to the suffering that dominates it when it is not disciplined. After significant time spent practicing mindfulness, you will become the Master of your Mind, and not the other way around.

This practice is essential to maintaining Pineal Gland Activation, because the Pineal Gland regulates the fourth brain, which is the seat of habitual thinking, as well of the regulator of aging and sleep/wake cycles, etc.

By practicing mindfulness, your brain's EM field with cease it's erratic behavior, stabilize, and allow the Pineal Gland more balanced input into higher brain functions.

The Art of Mindfulness will reduce stress to the point where it will disappear completely, it will allow you to conserve your Chi as it's not being spent in the Emotional Body, it will allow you to break down the stagnant simulated idea of reality that clogs your mind and keeps you from Enlightenment, among many other benefits.

The easiest way to practice mindfulness is by simply being aware of your breathing. Remind yourself to do so any time that you become anxious, feel your mind becoming erratic, or feel yourself slipping into illusion/separation, and you will begin to develop and cultivate the habit of mental peace.



7. Mindfulness

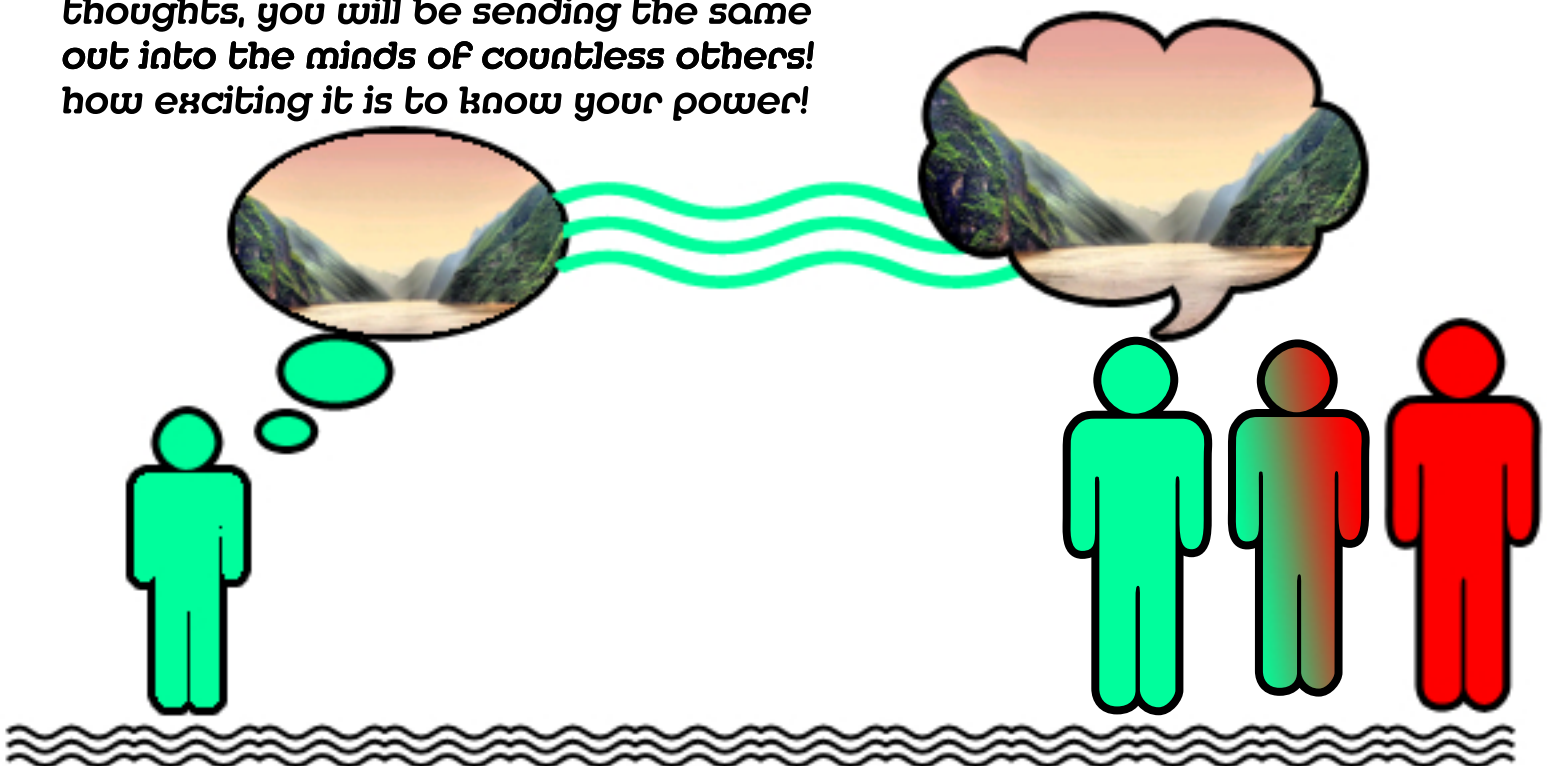
It's important to remember that thoughts are things, they travel out through the 7 Mental Planes (which permeate all space on a very subtle level) and take root in the Minds of others who are matching your frequency. This is how the "Law of Attraction" works.

When your mind is undisciplined and erratic, you are picking up even more erratic thoughts from space. In this situation these thoughts may snowball into severe anxiety or depression; whereas if your mind is disciplined, Divine Thoughts of beauty, love, joy, will follow you everywhere you go.

Things such as television, magazines, the news, etc. all create set parameters of thought which influence heavily which type of thoughts your mind is capable of interpreting and producing. This is why it is almost impossible for some people to really see themselves as being One. Or for some people to really harbor genuine nice thoughts about another person! If you do, these types will think you are "being fake" because being fake is all they know!

"What you think, you will become" - The Buddha

Just by cultivating Sublime and beautiful thoughts, you will be sending the same out into the minds of countless others! how exciting it is to know your power!



7. Mindfulness

Imagine thoughts as being like tiny pebbles, when you select one pebble to hold on to, that pebble will multiply to many pebbles of the same Mental Vibration. Every time that you throw your pebbles into the pond (space) you will be creating a future potential! So if you are constantly feeling upset, anxious, sad, doubtful, paranoid, etc. you will be choosing experiences in the future to match those mental vibrations!

This is why we see teenage girls dressing like middle-age prostitutes, or teenage boys running around in grown-up gangs! It all begins with our thoughts!

The Pineal Gland is the place where Consciousness can alter the substance of the Mental Planes and input "code" into the "Matrix".

When your mind is grounded in Stillness, the pebbles you create will be of much higher quality than those of someone who has an erratic mind. When the mind is erratic, the pebbles are so mixed up and jumbled together that no clear signal can be discerned from them, and you will end up having no input into your future other than a series of seemingly random happenstance. This is yet another way that the masses of people of this world have been brainwashed and disempowered. By feeding them endless desires, they fail to choose anything but what has been regulated and approved by our elite overlords, and their endless monopolies on everything.



7. Mindfulness

The Ultimate State of Mindfulness is non-desire. A dear friend of mine kept asking me if it was okay to want money, and still be in a state of non-desire.. I replied that yes, because to possess money is not to desire it, it's to have it. Non-desire is a state of Consciousness from which you can make a perfect assesment of what it is that you wish to experience in life, then you create it, all the while letting your mind be perfectly still knowing whatever you want is yours already; that is what is meant by non-desire.

In this state of non-desire, you are not only cultivating mindfulness, but you are building the sturdy foundations required for the Temple of Nirvana. Bliss can only be experienced in this state of non-desire, and your Pineal Gland can remain with all it's power intact when you are present in the moment you are in at all times.

Something that I have been teaching to my mom is to not think/stress about things which she perceives to be happening in her future, or things that she perceives has happened in her past, in reality, there is no future, no past, only NOW.

So the core of Pineal Gland activation is to align with what is, instead of what culture has told you is. This can be an incredibly difficult task for some, and others get trapped by what the "spiritual culture" tells you is truth, while others are able to see past both matrices and go beyond the mind.



7. Mindfulness

The key to mindfulness, going beyond the mind, and Enlightenment, is simply to know who you are.

You cannot really know who you are, because it is beyond knowing, we can only describe it negatively, you are not thought, (thought/mind are the same), nor are you capable of being thought of, or labeled by thought. When you perceive this Truth you will see that all of these labels that people assign to themselves and each other are the ball and chain that they drag along with them. They are delusions of ignorance, and ignorance is ignorance of Self.

See the mystery of your own existence every day, and you will never be a victim to delusions and daydreams of who you or culture thinks that you are, and what reality is. When you cease giving attention to these delusions, they will fade away, and you will have true Mastery of the mind. Then you will be free to perceive what really is.



8. Powers of the Pineal Gland

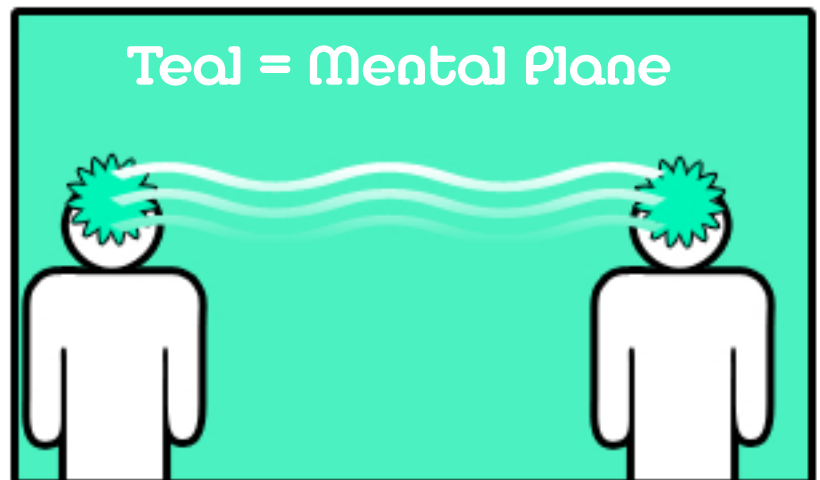
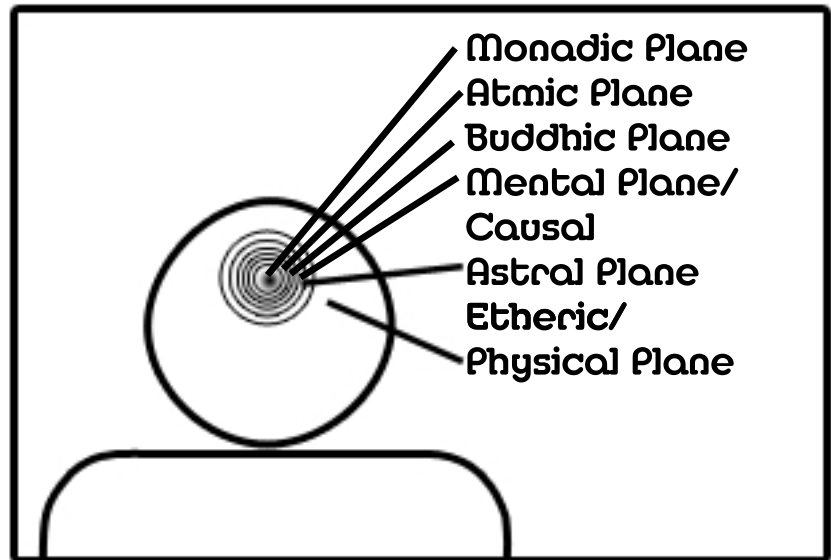
In the "spiritual community" it's well-known that the Pineal Gland is the seat of psychic potential, this idea is even to be found in the mainstream! It's unfortunate that people fail to realize that the psychic potential of the Third Eye can be cultivated in anyone..

If you look at the diagram on the right, you will see that the Pineal Gland is like a trap door in physicality, or a Stargate, at the core is the Monad, that is to say

that part of us which permeates all space and is the Spark of the Creator; the space that it permeates is all around us, yet it is invisible to our 5 physical senses. As the planes grossify, we generate thoughts which have the potential to manifest into physicality via the emotional or astral body. This is how we are capable of generating mental imagery, how we are something called a "Soul" at our core, and how all other higher function gets interpreted by the physical brain and perceived as the visible world.

Because of this astonishingly intricate and beautiful system, man is born with the potential to influence reality on a number of subtle levels which then can influence the physical plane; we call this "being psychic".

Have you ever thought that you were picking up someone else's "bad vibes"? Well, you were! Subtle mental vibrations exit the Pineal Gland and travel through the 7 Mental Planes out to space and into other people's mental spaces.



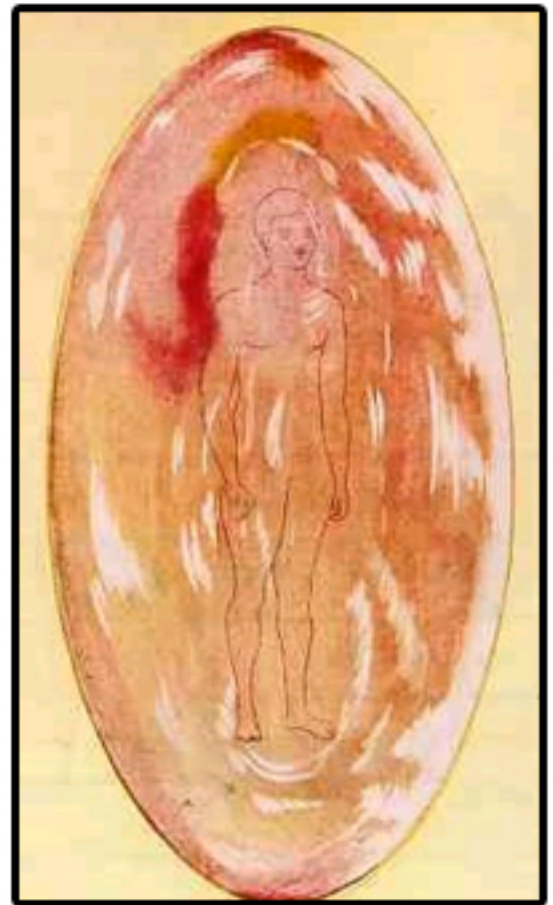
8. Powers of the Pineal Gland

There are 7 such Mental Planes:

The Plane of Mineral Mind
The Plane of Elemental Mind (a)
The Plane of Plant Mind
The Plane of Elemental Mind (b)
The Plane of Animal Mind
The Plane of Elemental Mind (c)
The Plane of Human Mind

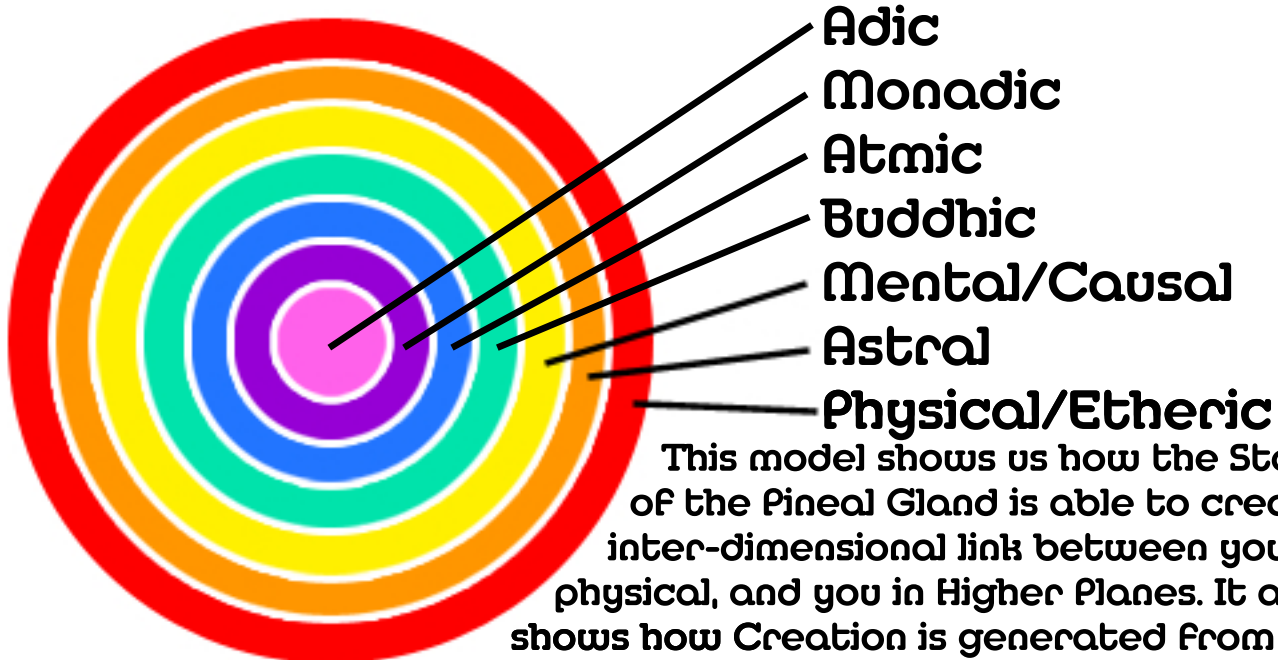
Through these Mental Planes, one is able to influence any point of space, this is how "Remote Viewing" is possible, Consciousness is sending out a "drone" into the Mental Plane.

If we understand that reality is formed of many different subtle energies which mesh together and form the Planes of Generation, then it becomes much easier to understand what it means to "be psychic". Imagine it like layers of sediment forming at the bottom of an ocean, the heavier layers would sink to the bottom and form great planes of mud, while the more subtle layers would drift to the top, like the water:



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The Stargate In The Pineal Gland:



This model shows us how the Stargate of the Pineal Gland is able to create an inter-dimensional link between you in the physical, and you in Higher Planes. It also shows how Creation is generated from

Consciousness, to thought, to physicality/etheric.

*** The following synopsis on the various planes was quoted with permission from <http://agoyangyang.com/>*

The Adic Plane:

THE DIVINE GODHEAD. This Godhead embodies seven cosmic planes and little can be said of these planes because the human mind cannot conceive of knowledge concerning them.

The Godhead represents the highest conceivable spiritual attainment, and passes beyond the human level and above human comprehension. The glory of the plane is, indeed, so transcendent that some have mistakenly supposed that attainment unto it was equivalent to annihilation of the man -- that to merge with this plane of the Godhead was to obliterate completely every vestige of individuality and individual consciousness. The exact opposite is true. To acquire this exalted consciousness is to slip into such complete at-one-ment with God that one literally becomes God. Beyond this it is useless to speculate. Man at his present level of evolution is not capable of this supreme attainment.



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Perhaps many different names have been given to this plane because those who write or speak of it are mute in the face of its ineffable glory. The ancients called it the plane of "Mahapara-Nirvana," "Maha" means great and "para" signifies "beyond." "Nirvana" is a Sanskrit term which attempts to convey the idea of complete spiritual perfection and attainment- To refer to the divine Godhead as the plane of Mahapara-Nirvana was to indicate that it was "a plane beyond the greatest" that man could comprehend.

The Monad Plane:

The term Monad signifies the divine Spark which is projected from the Godhead. Again It projects a further projection of Itself, which is the reflected Spark of God manifesting in each individual human. Since this sixth plane is the permanent home of this divine Spark, known among all occultists as the "Monad," we have chosen to call this plane the "Monad Plane." It is on this Monad Plane that the Monad is formed -a spark of divine consciousness whose process of involution and evolution leads to the development of the human soul and the heights of spiritual grandeur that lies beyond it. This spark of spiritual consciousness, this Monad: — radiates from itself a projection, a part of Itself, to the planes below it, which is called a soul. This soul builds a form about itself — a body built of the atoms of the plane of physical manifestation.

On the mental planes, the body of the soul is a force field of mental substance. In the lower part of this mental force field, the soul forms the physical body as a lower aspect of itself. The physical form, then, is built around the lower aspect of the soul, and the ensouling life determines the configuration (or form) of the body.

The Atmic Plane:

Also referred to as the Nirvanic Plane. However, since it is also popularly recognized as the plane of ATMA, it is well to explain that "atma" designates pure spiritual, divine will. Atma is a Sanskrit word which also means "Self." The disciple will be better able to understand the



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Atmic or Nirvanic Plane by recalling the Eastern term "Nirvana." This is a word, as we said, which attempts to convey the idea of complete spiritual perfection and attainment...a mental state of supreme spiritual bliss, so hoped for and so despaired of attaining. It is the estate to which ALL saints and avatars, yogis and initiates aspire. It is the plane of Self-realization through divine will. It is the plane of the Nirvanic consciousness, that level of consciousness which is the daily expression of those we call Masters,

Again, some believe that the Nirvanic consciousness is equivalent to annihilation of the individual. But is the Master in his own individual life annihilated? Annihilated, yes, from all that is base and carnal. but expanded in consciousness into near God-hood. The Nirvanic Plane is the plane where the true Self becomes known. It is, indeed, the opposite of annihilation. If there be any annihilation, it could be only that of the not-Self, which is the material, transient part of us. The Nirvanic Plane, then, is that plane of pure spirit where the highest aspect of man can be known and realized, the plane of the REAL spirit-Self.

The Buddhic Plane:

"Buddhic" is a Sanskrit word denoting wisdom. The Buddhic Plane is the plane of divine wisdom and divine "love." This we term INTUITION. It far surpasses our usual interpretation of intuition — which we popularly call hunches. It could be called the plane of super-conscious perception or immediate cognition; it could be called the plane of innate discernment. This is, indeed, divine wisdom in manifestation. We sometimes speak of this higher perception as "clairsentience."

The Intuitional or Buddhic Plane is the plane of the genius, that rare soul who works in the round of his everyday life through flashes of intuitive illumination from a higher Source than that which the ordinary man perceives. The genius is that one who finds his normal consciousness level expressing that which seems superior to the average.



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By glancing at the chart, you will see that there are three planes above the Intuitional, and three below. Above are the divine Godhead, the Monadic and the Nirvanic Planes. Beneath are the mental, the astral and the physical. The Intuitional Plane thus becomes the "midway" plane between the human man and the god-man...the midway point between the higher planes of life and the lower planes of life...the Three Worlds of God and the three worlds of man.

It is a plane of divine LOVE...a love not yet com-prehended by man, of which earthly love is only a reflection. A love that realizes not only the Self, but expresses a love which can encompass all humanity.

We turn our attention now to the three lower planes -- the mental, the astral and the physical --for they are the ones which must hold our interest. These three planes are called the three worlds of man.

The Mental/Causal Plane:

Our chart shows the mental plane separated into two levels: the lower mental plane and the higher mental plane. The latter we call the causal plane. Remember in each of the major planes there are seven sub-planes. The intuitional Plane has three planes above it and three planes below it. The intuitional Plane is a "midway" plane between the human and the god-man. Note that there are three lower sub-planes and three higher sub-planes, with the middle plane acting as an intermediary between them. This midway zone is a "battleground" for the mind of man, where a perpetual struggle ensues between his higher and lower mind. The lower three sub-planes are called the "region of concrete thought" and the upper three are called the "region of abstract thought."

The abstract mind is that which creates the patterns or the blueprints of ideas and thoughts. The concrete mind is the mind which creates the forms upon which the thought patterns and the blueprints of ideas are woven. The abstract mind builds a dream-house... the concrete mind brings it into physical manifestation.



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When we refer to the mental plane we not only encompass the plane of the mind as we comprehend it at our present level of understanding, but considerably more. We encompass also the highest levels of consciousness, the force of which permeates ALL things and all planes. The Sanskrit term which Eastern philosophers have used for centuries to describe this plane, is manas which means consciousness, but which also has come to mean mind.

The term "mind" here encompass its various levels: the waking conscious mind, as it works through our everyday awareness, clothed in the matter of the physical planes, the subconscious mind as it operates through the sympathetic nervous system; the superconscious mind as it operates through our faculties of intuition; and the Wisdom Hind as it operates through our as yet undeveloped qualities of divinity.

Just as the human ear can perceive sounds which vibrate only within certain vibratory limits, so can the human mind, at its present level, receive only the thoughts ranging within a certain vibratory scale. The brain of man is not yet receptive beyond a certain point, though the "mind" substance of the mental world extends the full scope of both the highest and the low-est planes of life.

The causal or higher mental plane is .the realm of the soul, the plane which the soul calls "home." It is the plane of the abstract mind, of the superconscious level. It is the plane upon which the soul experiences its heaven in the life beyond the physical; the world from which the soul descends again into incarnation

The Astral Plane:

It is enough to described the astral plane as the EMOTIONAL plane, the plane of desires. The more refined ethers, atoms, molecules and structures of the astral world permeate our physical plane, just as our denser gases, molecules and atoms permeate the solids of our earth. The astral world lies all about us — intangible and imperceptible, but there, nonetheless. This astral world is not too different from or opposed to the physical plane with which we are so familiar, because



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it is largely composed of the astral and etheric duplicates of physical plane objects.

The astral world is also divided into seven sub-planes. However, unlike the physical plane, the astral is not divided into chemical and etheric regions. The atoms of the astral are one degree less dense than the atoms of the physical plane. The energy matter of the astral requires less force to cause a fluidic motion than do the atoms of the physical.

The astral plane atoms are not subject to the law of gravitation as we understand it. One must become educated and trained to the laws of the astral, which differ radically from those of the physical. It is extremely difficult for us of the earth plane to understand how one travels "by the speed of thought" on the astral. To understand it we would need to comprehend the law behind the activity which makes it so normal and natural on the astral.

The astral plane is dominated by the law of attraction. Astral matter is obviously not solid as we understand it, only relatively so. Astral liquid is not "liquid" as we understand it, only relatively so. The same is true of all the ethers of the astral. The light of our sun is reflected as light there, though not as we understand sunlight here. The reflection of the sun's rays on astral atoms causes a diffused luminosity which permeates the upper portion of the astral plane. That is why it is declared "there is no night there." The light of the astral is a soft glow -- not glaring as our sun, but far more luminous than our moonlight. This light, however, does not penetrate the lower planes of the astral, some of which extend into the shell of the earth planet.

Upon the astral plane there is neither distance nor time. There is no heat or cold, summer or winter, day or night. Many mystics have called it the world of maya, or illusion. Yet it is a great deal nearer to the state of ultimate reality than is this physical plane and these physical senses by which we discern actual reality so feebly. The astral plane is called, in the annals of occultism, the Hall of Learning, which is a most appropriate name for truly it is there that one learns the real from the unreal, and how to discriminate between them.



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What we call our astral plane we also consider to be the astral body of our planet. It exists all around us and interpenetrates the solid earth beneath our feet. It also extends far into the atmospheric and etheric realms above our heads. We might picture it as a huge globe of astral matter, with the physical earth floating in the center of it. The densest aggregation of astral atoms are those which penetrate the earth itself, and extend into its core.

As the astral extends on into and above the etheric realms of our physical plane, the atomic structure becomes increasingly refined. Although the atoms of astral matter are not subject to the law of gravity as we know it on the earth plane, they are subject to a similar law operative on the astral.

At the present level of man's evolution, man is polarized in the astral body, which is to say that he is governed principally by feeling, emotions and desires, and not by the will.

The Physical/Etheric Plane:

Despite what seems to be an unending accumulation of facts about the physical plane, there is much yet to be discovered. Conventional science keeps accepting more of the precepts of occult science. Yet it still will require decades of research before placing the stamp of acceptance upon much information which occult science already proclaims as basic fact. Many of these yet to be discovered facts are to be found on the following pages.

The law "as above, so below" applies to our earth planet also. The physical plane is divided into two major regions:

1. The dense chemical region of solids, liquids and gases.
2. The etheric regions consisting of the four higher physical ethers:
 - (1) electric,
 - (2) pranic,
 - (3) light,
 - (4) mental reflecting*



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The three lower sub-planes are the solids, liquids and gases with which we are all familiar for they compose the material world about us which we cognize through our five senses — seeing, hearing, feeling, tasting and smelling.

The four higher ethers are nevertheless composed of matter of the physical plane even though we do not discern them by any of our physical means. They compose what we call the earth's atmosphere. This etheric realm interpenetrates the solids, liquids and gases of the dense physical planet, bringing "life" to the forms thereof. These four physical ethers are all about us and through us and without them we would not be living and breathing beings.

Like our planet, these two aspects: man's physical form consists of;

1. The dense physical body which is composed of the solids, liquids and gases.

2. The etheric double which is a replica of and interpenetrates the dense physical form.

The etheric double is composed of the four higher physical ethers and is called the "body of life or vitality" without which the physical form could not live. It is not an intelligent "personality" but only a shadow-part of and battery for the physical form.

The Seven Planes of Existence - The Different Naming Systems

1	Atomic	1	ADI	MAHAPARANIRVANA (MAHAPARINIRVANA)	DIVINE
2	Atomic	2	ANUPADAKA	PARANIRVANA (PARINIRVANA)	MONADIC
3	Atomic	3	ATMA	NIRVANA	SPIRITUAL
4	Atomic	4	BUDDHI	BUDDHI	INTUITIONAL
5	Atomic	5	MENTAL (MANAS)	MENTAL	MENTAL
6	Atomic	6	ASTRAL	ASTRAL	ASTRAL
7	1 Atomic 2 Sub-Atomic 3 Super-Ethereal 4 Ethereal 5 Gas 6 Liquid 7 Solid	7	PHYSICAL	PHYSICAL	PHYSICAL



8. Powers of the Pineal Gland

Bearing in mind that the Pineal Gland is our Inter-dimensional conduit, our physical link to non-physical planes of Energy, we may be able to more easily understand the various occult powers associated with the Third Eye.

Teleportation: I was talking to Yeheshua about teleportation, (by the way, he said it would be soon possible on the Earth for some to be able to teleport), and he mentioned that it had to do with the EM Field of the Earth. If you could enter a Higher Dimensional Body, completely, and create a strong enough energy field, perhaps you could collapse your physical form momentarily into a more subtle form, and re-materialize somewhere else in the world completely. Remember that energy moves instantaneously across the whole of space, you would merely be riding this already existent flow...



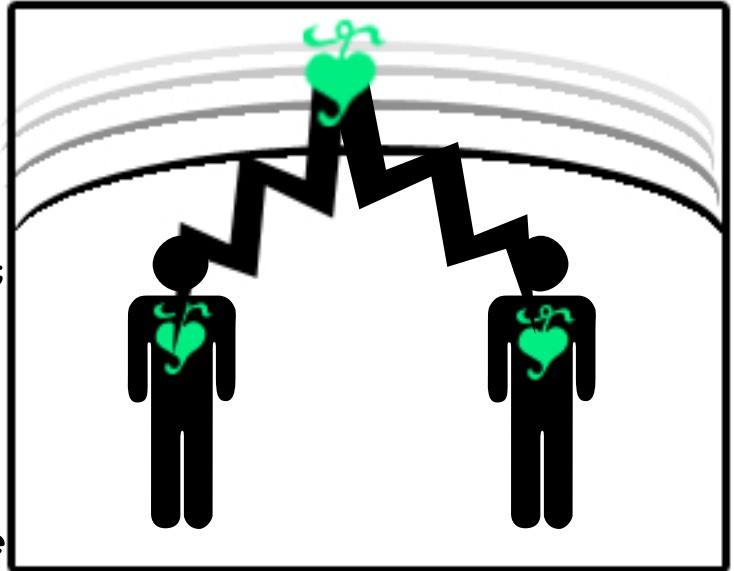
Once, during a nightly visit to the Astral Plane, I was taught how to teleport by forces unknown. I would envision another place with such pristine clarity that my mental picture became where I was physically - er - astrally; it was a very interesting and vivid experience..

Energy Healing: As has been stated several times throughout this book, the flow of subtle energies never ceases it's chaotic flux across all points of space and time. Energy healing works bcause truly there is no distance between anything, it's all energy flow, space really is Ether, the 5th element out of which the other 4 elements emerge.



8. Powers of the Pineal Gland

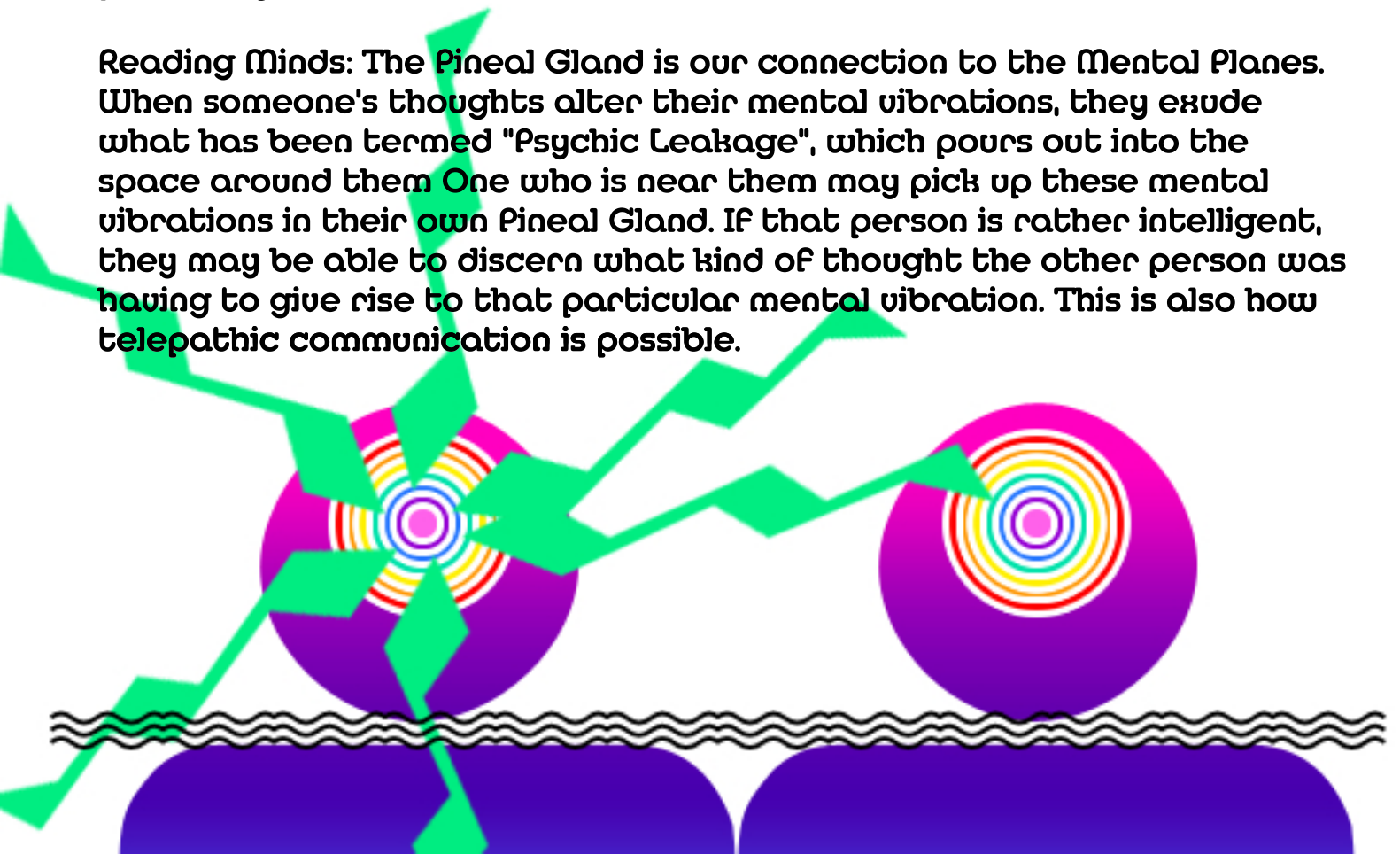
By going deep inside yourself, you are connecting to a plane that is outside the physical one, and sending out mental energies to your target, your vibrations and subtle energies can then manifest to them by grossifying from the mental energy plane to the etheric.



Remote Viewing: At the core of all things is the Self, so at the core of a thought, we find an incredibly small versions of the Self. We can then use the Pineal Gland to gaze into the Causal Plane, the plane of memories which exist beyond time and space where everything that would ever occur has already done so.

Perceiving the Future: In the same manner as "Remote Viewing", one can read the Causal Plane to see the "future" (of the now which is happening now also). The problem is that the "future" that you see is only one possibility.

Reading Minds: The Pineal Gland is our connection to the Mental Planes. When someone's thoughts alter their mental vibrations, they exude what has been termed "Psychic Leakage", which pours out into the space around them. One who is near them may pick up these mental vibrations in their own Pineal Gland. If that person is rather intelligent, they may be able to discern what kind of thought the other person was having to give rise to that particular mental vibration. This is also how telepathic communication is possible.



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Seeing Past Lives: In the same manner as remote viewing, we can read the Higher Planes, in particular the Causal Plane, to find out information (stored as imagery, memory) about our past lives. All memory from all places and all times gets stored in the Causal Plane, as they are actually emanating from it.

Materialization of Matter: There are some reports of Gurus who have developed the ability to materialize gem stones, which I see as entirely plausible considering the uniform quality of the crystalline molecular structure of fine precious stones and crystals. As was mentioned before, thoughts are like tiny bubbles of Mental Energy, if we could match the frequency based on the universal Sacred Geometric Archetype of a certain type of gem stone or crystal, perhaps one could convert this mental substance into physical substance, by using the energy of the Kundalini Shakti, in the same fashion that every other gem stone or crystal was produced in the Universe.



Transmutation of substances: The idea of an old Alchemist turning base substances into gold is something that is firmly planted in the Collective Conscious. It's true that it's an allegory for transmuting the base metal of non-enlightened consciousness to the Gold Material of Enlightened Consciousness, but also it is a truth on the physical level as well.

Drunvalo Melchizedek reported in his book "The Ancient Secret of the Flower of Life", to have actually witnessed an Alchemist change lead into gold. He said the Alchemist took him into a lab beneath his house where he took a lead ball, plopped it into a vial containing some chemical, and concentrated until Drunvalo saw a series of colored lights flashing in it. Perhaps he was connecting to several subtle planes (of energy) in a special sequence in order to augment the composition of lead on any number of them. Most assuredly this Alchemist was working with his Pineal Gland.

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Astral Projection: According to the Hermetic Order of the Golden Dawn, a human being possesses not one but 4 bodies: the Physical Body, the Lunar Body (Astral Body), the Mercurial Body, and the Solar Body (Light Body). When we have visions with the Third Eye and see distant memories in the Cosmic Mind, we are perceiving non-linear time from the vantage point of these subtle bodies. The Astral Plane is divided from the Physical Plane by several layers of Etheric Energy. The Ether is space itself, and so to journey to the Astral Plane we have to become completely



still, moving our awareness from the 4 elements of the physical body through the subtle Etheric layers to the even more subtle layers of the Astral Body. When free from the physical, the Spirit can wander the Astral Plane which overlays the Earth's Physical Planes.

Levitation: There is an amazing clip on youtube of a German documentary crew who filmed an African Shaman performing a genuine levitation. You can almost predict a Torus-shaped energy field when you see the video, by the way his hands seem to be being held afloat by some curved shaped bubble of force. This Torus shape cycles energy through the gravity at the core of the fractal, in this case, a human being. If one could summon enough force, I imagine it would be possible to levitate for a moment the same as the African Shaman did.

Seeing Auras: The Pineal Gland is capable of receiving Higher Dimensions, right through physical substance. I've noticed that when I look at someone who has also activated their Pineal Gland, (such as the Buddha Boy, or my mother) I can see a glowing blue orb in-between their eyes.



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It's unmistakable, a blue orb, sometimes a line, right through the eyebrows. The reason why one can perceive it through the physical layers is that one is viewing a subtle plane that is not a part of it. The subtle plane is beyond physicality and not subject to it's law. In this way, one who has an activated Pineal Gland will perceive different layers of Higher Dimensional matter which surrounds the physical body. You will see auras around trees, mountains, anything, it's the energy which projects the Divine Thought from the Higher Dimensions into the physical where it finds manifestation. This is also how one is able to perceive beings from other planes such as Angels or Faeries. I've seen Faeries, as well as Angels, and so can anyone if you allow them into your life by refuting traditional cultural dogma.

Feeling Chi (Energy): As you, in the physical realm, begin to vibrate on Higher Planes as you awaken to their law and Wisdom, you will integrate your various multidimensional bodies into your physical one. When this happens, you will begin to get a feel for the subtle energies of those planes, just as you feel your physical body as the subtle energy of this one. You will gain the ability to work with these energies via your thoughts (Mental Body) and emotions (Emotional aka Astral Body). This is why people feel tingling sometimes when they connect to deep emotions, or when something that evokes a deep truth for them creates a deep emotion.



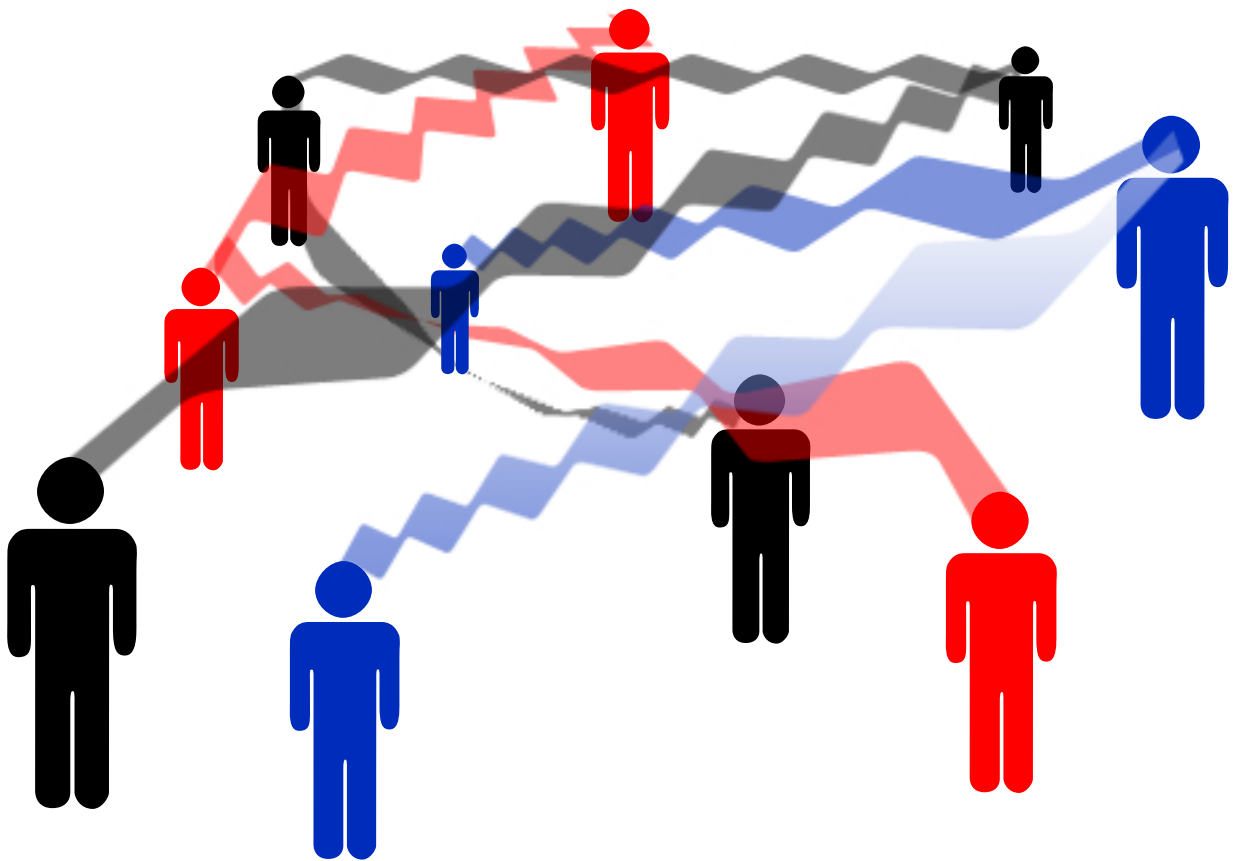
Interdimensional Travel: Drunvalo Melchizedek devoted a whole book (Living in the Heart) to the profound realization that there exists a "Sacred Space" in the Heart, also called the Singularity, out of which emanates all things, and to which returns all things. Having personally been inside of this space before for a brief moment, (where I found myself face to face with the Logos, or the Great Central Sun), I can assure you that everything he says in that book is true. Reality is made up of many emanations which outpour from this space in the shape of a Torus, so we can follow the process in reverse to take us back through the Stargate, our Origin Point, Tetragrammaton, God.



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Time Travel: The Singularity is beyond space and time, as these are merely emanations of it's outer-most shell - physicality. Therefor we are potentially able to step outside of our physical existence and into hyperspace, where it is possible to view, and perhaps even to materialize into another time and place which is happening parallel to NOW. On my website under the Neo-Alchemy -> Hermetic Rituals page you will find a ritual I borrowed from a Hermetic Order of the Golden Dawn handbook that details how you can visit a past time and place.

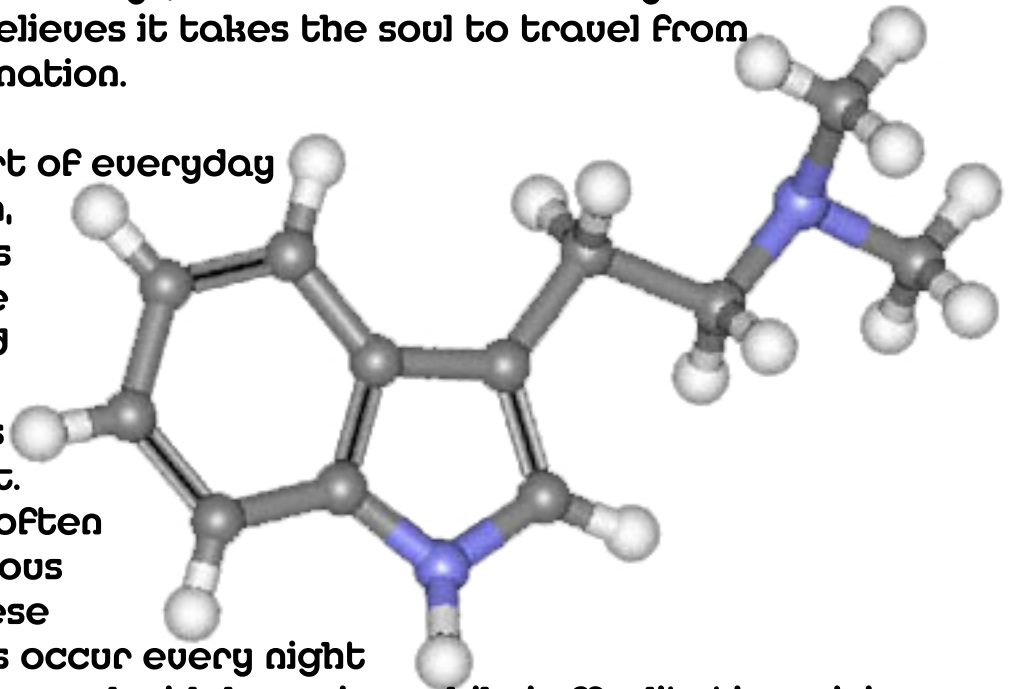
Channeling: We tend to think of our thoughts and therefor our words as being our own, all the while not realizing that there is no separation and therefor no such thing as "me" or "my own", apart from "us"; there is only the Infinite "I". So when we speak, very often we are picking up the thoughts of others which we attract through our affinity to their mental plane vibrations. So as your Consciousness expands your mental vibrations become more similar to Higher Conscious Beings, and you will begin to "channel" them, but it's still the same mechanism in place. This entire book was "channeled" in that way.



9. DMT In A Nutshell by LySergicaDdict€Psychedeliack

Dimethyltryptamine and 5-methoxy-dimethyltryptamine or DMT and 5-MeO-DMT are extremely profound naturally occurring tryptamines of which are purported by Rick Strassman in his work *DMT The Spirit Molecule*, to be produced in and by the Pineal gland. All of the organs in our brains come in pairs, except for the Pineal gland. The Pineal Gland is a small pine cone shaped endocrine gland, which also produces melatonin. Ancient beliefs hold the Pineal to be the seat of the soul, or the 3rd eye, and in reptiles the 3rd eye or parietal eye is used to directly detect light and aid in regulating circadian rhythm as well as hormone production. In humans it has a similar role, yet through evolution has receded into the center of the brain wedged right between the dual hemispheres where it still has rods and cones to perceive light harvested by the eyes through the retinohypothalamic system to the suprachiasmatic nuclei. The Pineal gland also begins to form in a fetus at 49 days, the same number of days in which the Buddhist tradition believes it takes the soul to travel from incarnation to incarnation.

DMT is a natural part of everyday life, always has been, and probably always will be. In fact, trace amounts of DMT and 5-MeO-DMT can be found in more plants and animals than not. Human beings quite often experience endogenous releases of DMT. These endogenous releases occur every night during deep REM sleep or lucid dreaming, while in Meditation, giving birth and being born, at death, and during high stress or sensory deprivation situations. It is also purported to normally be present in consistent levels in order to allow the perception of reality to be possible at all. Let us keep in mind that initial rush of DMT at birth. Up until puberty, our brains are 40% more active or open, at puberty is when the Pineal begins to calcify. Our surrounding belief systems can have a lot to do with how we perceive reality, this is why our personal experience is the best judge of realities character, rather than



9. DMT In A Nutshell by LySergicaDdict€Psychedeliack

pre fabricated ideas and concepts injected by the other boxes. In the studies of Rick Strassman and Dr. Callaway of the University of Kuopio Finland, it is shown that nDMT can readily aid in producing near death experiences, out of body experiences, mystical states, extra terrestrial contact - communication and abductions. DMT and 5-MeO-DMT are also some of the main active ingredients of many shamanic elixirs, potions, snuffs, and smokes of the world like that of ayahuasca and yopo, whose recorded usage date back at least five thousand years. DMT is also at the center of debate for being the gnostic Eucharist as well as the Soma of the Rg Veda. Other propositions are that of entheogenic mushrooms, still, many believe it is a combination of both and some also including a few other entheogenic plants. DMT was first synthesized in its pure laboratory form in 1931 but not until 1956 was it found to be active in its pure lab form. One of the many interesting aspects of DMT and 5-MeO-DMT is that they are not active orally on their own. In order for them to work orally one must first ingest some kind of MAOI so that the molecule is not metabolized by the stomach before it can pass the blood brain barrier. Other methods of ingestion include, injection, insufflation, anal suppository, and finally equally as popular as the tea, smoking. The interesting part is that the shamans of the amazon use a brew or a tea in which they enigmatically figured out how to combine the correct plants in order to achieve such profound results without contemporary pharmacological knowledge. When the shamans and medicine men are asked how they figured it out, they humbly reply, the Plant Spirits taught us. Some attribute the lesson to *Nicotiana Rustica*, some to *Psilocybin*, still others to the *Banisteriopsis Caapi* vine and or the



9. DMT In A Nutshell by LySergicaDdict€Psychedeliack

Syrian Rue (MAOI) themselves. Modern science usually holds an open-minded disbelief at such claims, as they likewise do not believe it possible for them to have discovered this powerful mixture through purely efforts of trial and error. Ayahuasca shamans are also known for their amazing abilities to heal many different ailments, find lost objects, settle issues of truth in dishonest social situations, gain information of future events such as hunts or birth or death, and many other fascinating abilities yet to be understood by mainstream science.



It is still unknown exactly how DMT works in the brain, except that it acts in similar ways to serotonin. DMT is an agonist of the 5-HT_{2A} receptor as well as the 5-HT_{2C} receptor. A study published in 2009 in *Science* displays that DMT is also an agonist at the sigma-1 receptor. It has been hypothesized that DMT could be an endogenous ligand for this receptor. Although, the concentrations

needed for sigma-1 activation is several times higher than endogenous levels and is also about two orders of magnitude higher than that needed to activate the 5-HT_{2A} receptor. However this element is only relevant if endogenous DMT acts as a hormone. The pharmacology of DMT suggests that it is more of a neurotransmitter than a hormone. As a transmitter DMT can have localized effects as the concentrations at the point of release are many times higher than the resulting plasma levels. DMT has also been shown to have efficacy at the trace amine associated receptor TAAR1. TAARs have also been proposed as the natural receptor of endogenous DMT. Neural receptor sites can be thought of as keyholes, and neurotransmitters can be thought of as keys. In this line of thought, DMT and similar tryptamines are a like a set of skeleton keys for serotonin receptor sites.



9. DMT In A Nutshell by LySergicaDdict€Psychedeliack

Both 5-MeO-DMT and nDMT are quite harmless, as no known deaths have ever been attributed to them. DMT is metabolized almost as fast as it is produced or introduced to the body, and literally minutes after ingesting the substance it is already gone. The subject is well into their experience by the time the molecule has metabolized. However, it is not unknown for the so to speak, faint of heart, or philosophically unprepared subject to experience panic, a slowing of breathing, rapid heart beat, and possibly anxiety for several days after probably due to PTSD like conditions.

The human pulse of life is 8 cycles per second, the same pulse DNA uses to replicate. It is no surprise that DMT holds this resonant frequency. Ananda Bosmans research postulates DMT in hyper-dimensional Geometry Functioning in DNA through hadronic mechanics, a model of the 8 hz universal phase-conjugation force, which is also the most coherent Nuclear Magnetic Resonance. Ananda goes on to display connections with the sacred geometry of the Merkabah, Flower of Life, Sri Yantra, Diamond Body, and Vector Equilibrium Matrix.

5-MeO-DMT remains unscheduled in most countries, while nDMT and 5-ho-DMT are up there with opiates and methamphetamine's, 5-MeO-DMT being the most potent of the DMTs. Funny how that works right?

The effects of these two sacred molecules are beyond profound even still, there is some major yet subtle differences between them. DMT is typically more visual, while 5-MeO-DMT is typically more psychological. The term spiritual is avoided, simply due to the fact that there is ultimately no difference between the spiritual and the scientific. While DMT can produce vastly profound visionary states that may speak of beings and dimensions, 5-MeO-DMT can produce the effect of literally being all of the possible beings, dimensions, times, places, and belief systems simultaneously.



9. DMT In A Nutshell by LySergicaDdict€Psychedeliack



Different currents float different boats, still all rivers flow into the ocean. To say 5-MeO-DMT is not visual, is somewhat inaccurate. It does not produce the vivid scenery and surreal jeweled mindscapes in the same way that nDMT does, however, even with your eyes open, you will not be witnessing your normal surroundings, instead one is beyond the dimensional threshold, beyond the concept of surroundings. To many, that sort of thing may still be considered visual, just not in the unique way in which nDMT is concerned. To compare the two, would be to compare an apple/orange hybrid with an orange/apple hybrid.

These substances are on the level of Peyote, Ibogaine, and Datura, though have been said to be much more profound or powerful in their approach. I personally believe this is probably something that depends on the person, or the persons point or philosophy in and of their path.



9. DMT In A Nutshell by LySergicaDdict€Psychedeliack

The DMTs are surely not something to be toyed with for recreation, rather re creation is what we are going for when dealing with such sacraments. DMT demands the greatest degree of respect and understanding. Many people are not as prepared as they imagine themselves to be, for being thrust into higher dimensions, or feeling like they are dying, or meeting highly intelligent beings of light, or coming face to face with your own soul and the soul of the universe. Or to put it simply, to let go, or surrender the entire essence of their being in trust to the source.

Although it is something we all inevitably master, it is not always the best idea to impose our will upon others simply because our path worked for us. What works for one person may have the opposite effect for another. There is a time and place for everything, and in due time, we all harvest the ultimate DMT experience, internally, or externally, and when we do, we may just realize, that the line between inside and outside, is extremely thin to non existent.

DMT and other Entheogens have been found to activate dormant strands of DNA, the effects of which are up for debate, though in many new age communities, the message is quite clear, crystal in fact. Its evolution, plain and simple. It has been purported that these dormant (or as science likes to put it, junk) DNA are supposed to normally be activated in modern day homo sapient. As the theory goes and studies show, EMF (electro magnetic frequencies) created by the technologies that surround us as well as the semi natural elements of processed foods, can cause Pineal calcification, thus impeding natural DMT production, in turn inhibiting the activation of said DNA.



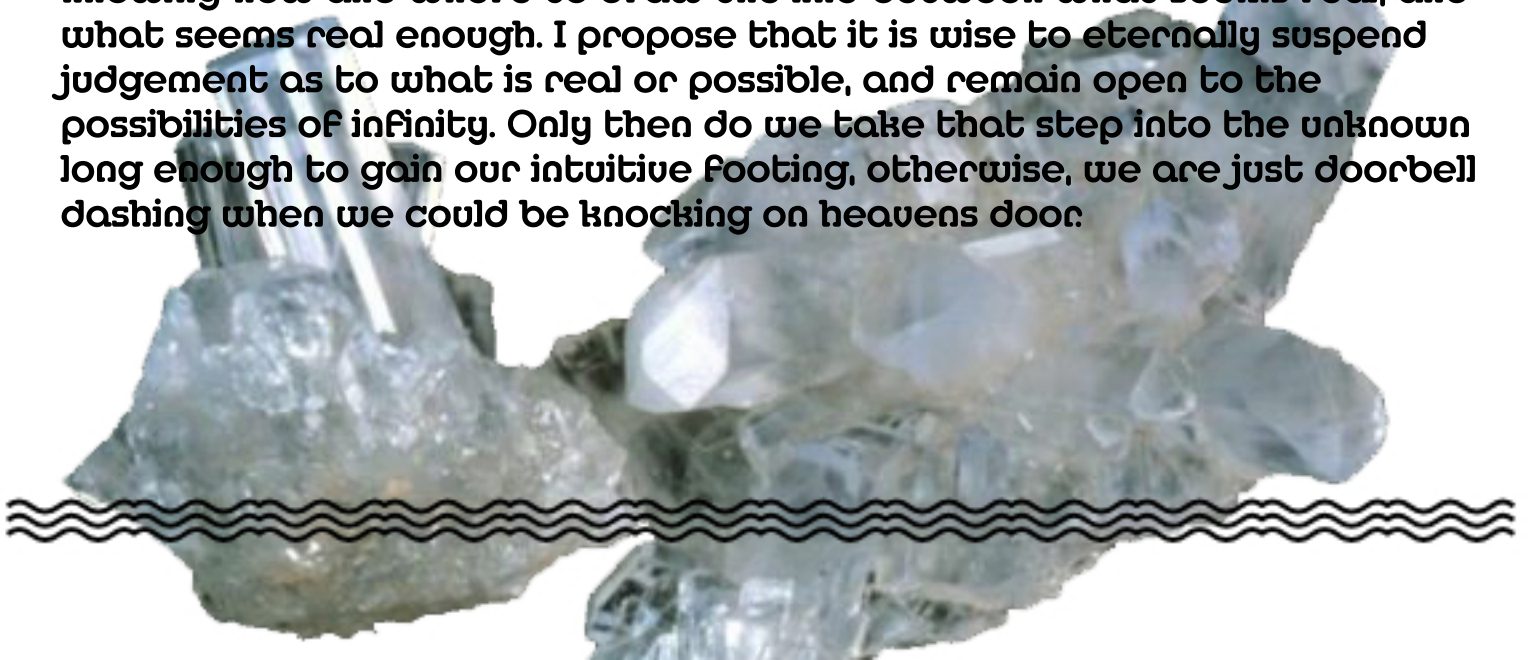
9. DMT In A Nutshell by LySergicaDdict€Psychedeliack

There are many remedies to this situation, including meditation, dark room retreats, and of course the exogenous application of the DMTs. Some sources say that the exogenous DMT applications stunt normal DMT productions, however a leading researcher in the field Ananda M Bosman claims just the opposite. I tend to agree even though my conclusions come from a more subjectively intuitive yet equally rational understanding.



9. DMT In A Nutshell by LySergicaDdict€Psychedeliack

The DMT experience is quite similar in nature to the states that may be solicited via extensive meditation or dreams. Like dreams, when you wake you can recall the dream in a near pristine perfection, however as time lapses so too does the memory. Certain things may trigger memories of certain aspects of the experience, but to recall such experience in its entirety in most cases requires at least some training of mind. The same can happen with meditation if the student lacks sufficient philosophical breadcrumbs so to speak. When one is in such a mystical state, their frequency is raised. The ego or the earth man operates on a lower frequency and is privy only to that frequency. It is often reported that one remembers such profound and deep understanding, yet cannot seem to make sense of it now. This is where the concept of the light body or the higher self or the soul comes into play. When one has a path they are taking, they usually have a philosophy or belief system to go with it. These philosophies and belief systems are additions or integrated extensions to the ones we use in order to maintain our vehicles on the physical plane. Usually these philosophies are learned as one progresses through a path, even if the words of a scroll are memorized, only through practical experience are they truly and fully understood or realized. This is not to suggest anyone take up any specific religion or dogma, but this is surely to suggest that one pays extra close attention to their attention throughout all states of consciousness. A lot of this also has to do with what we believe is possible. If we automatically deem things hallucination, how can we ever know if there is ever validity to be found in the experience? Likewise if we automatically deem things real, we may end up deluding or distracting ourselves. Perhaps the safe zone is the middle way of knowing how and where to draw the line between what seems real, and what seems real enough. I propose that it is wise to eternally suspend judgement as to what is real or possible, and remain open to the possibilities of infinity. Only then do we take that step into the unknown long enough to gain our intuitive footing, otherwise, we are just doorbell dashing when we could be knocking on heavens door.



9. DMT In A Nutshell by LySergicaDdict€Psychedeliack

As for the Light Body or Higher Self, these are an aspect of us that exist on higher frequencies; the frequencies above are able to see those below, but not necessarily the other way around. Once the earth man sees the elephant was not just a dream, it is quite difficult to go back to pretending it was. Yet it is even more difficult to get the earth man to take the fact that the dream of the elephant is real on faith alone. Nothing is impossible though. The more time we spend learning the ropes of the higher dimensions, the less time we have to spend being trapped by our former state of understanding. One may argue that this is still the ego or earth man learning, and I do not disagree, I simply state a point of difference due to the efficacy of a shared system of understanding. Its not necessary, but it can be helpful these days. If people already acknowledged their ultimate self as the whole of the universe, such measures might not need to be taken. Do we need to label the particulars if we are God? More than likely, so long as we still feel the least bit human, or so long as we still need verbal communication.

Then there is that good old argument of whether the mystical state is authentic or just the result of a chemical reaction. My answer is fairly simple; it seems to be both, so it can be known as neither

Suggested links and reading:

Dmt the Spirit Molecule by Rick Strassman,

**Inner Paths To Outer Space by Rick Strassman Slawek Wojtowicz
Luis Eduardo Luna and Ede Freska,**

**Tryptamine Palace: 5-MeO-DMT and the Sonoran Desert Toad by
James Oroc,**

**The Antipodes of the Mind: Charting the Phenomenology of the
Ayahuasca Experience by Benny Shanon,**

The Cosmic Serpent by Jeremy Narby,

Tihkal: The Continuation by Alexander Shulgin and Ann Shulgin

<http://www.akasha.de/~aton/NeoDMT.html>

<http://en.wikipedia.org/wiki/5-MeO-DMT>

<http://en.wikipedia.org/wiki/Dmt>

<http://www.erowid.org/chemicals/dmt/dmt.shtml>

http://www.erowid.org/chemicals/5meo_dmt/5meo_dmt.shtml

<http://www.dmt-nexus.com>

10. Symptoms of Activation

In the very beginning phases of Activation, you will notice an unmistakable tingling sensation in-between your eyebrows. To me, it feels like an alka-seltzer, how it fizzes in the water as it releases it's gaseous bubbles. This sensation will continue until it is there at all times, bubbling energy into the Etheric Plane which overlays and is a part of physicality. This tingling will signal to you that your Pineal Gland is Activating. When you get this tingling, it means whatever you are doing you should keep it up, because it's working. Reading Sacred Texts, integrating the wisdom of "Channels" who are Self-Realized, (be careful of people proclaiming themselves to be 'channelers', because more often than not such 'channelers' have not matched their vibration to the people they claim to be channeling and therefor can be influenced by other beings or frequency bandwidths of thought which are lower and false, a true Channel must be self-realized and carry a high frequency to do so, we all remember the Blossom Goodchild 10-14-08 fiasco..) Here are some links to top-quality 'channels'.



Parahansa Nithyananda - www.youtube.com/user/lifeblissfoundation

Lincoln the Channel for Higher Self - www.channelinghigherself.com

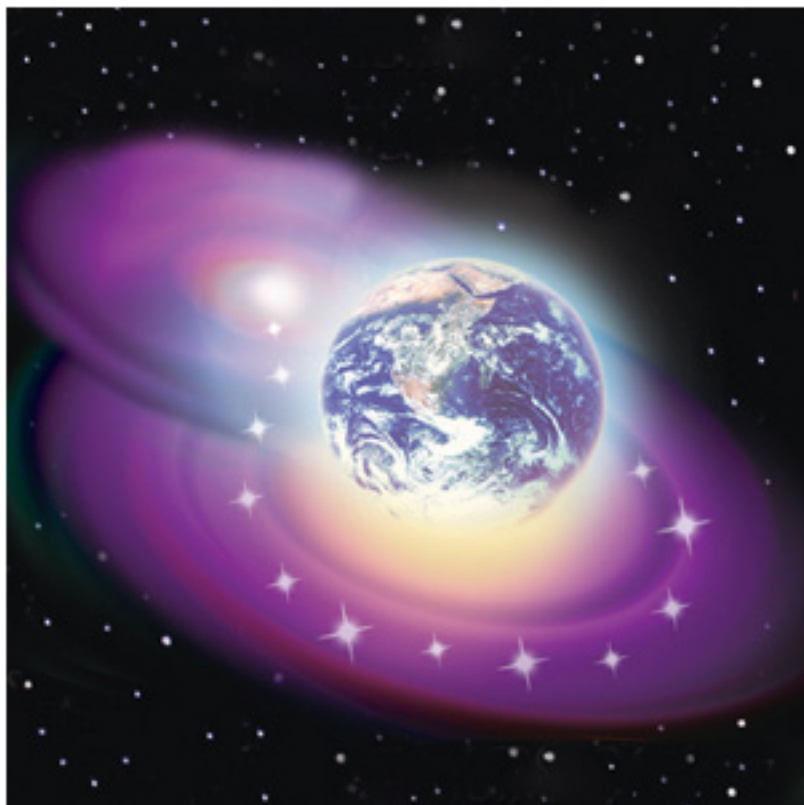
- www.youtube.com/user/channelinghigherself

Pioneer's College

- www.shalalea.com



10. Symptoms of Activation



Wisdom and Understanding are the keys to unlock the Pineal Gland, and keep it unlocked; the more you know, the more you grow, as illustrated by the D'aath Sephiroth of the Qabalistic tradition. As you learn and integrate Eternal Wisdom (aka the Logos, Word of God, Son of God) with your Eternal Understanding, you are in fact unifying with the Divine, resolving the duality of the seer and the seen and realizing who you truly are. The Third Eye Chakra is the engine which drives this process.

Other symptoms of activation include headaches, dizziness, light-headedness, seeing images, colors, Geometry, hearing sounds, vibrations, feeling strange tingling sensations, strange energetic feelings, feeling as though your head is going to explode, feeling detached from your old personality and ideas of reality, feeling incredibly deep and soul-wrenching emotions, feeling as though you are in a dream, having very extended and vivid dreams, seeing auras around people, plants, animals, seeing ET's, being visited by ET's, (this will happen ONLY when your vibration is very high and your Heart is purity itself), feeling warm almost heart-burn like feelings in your chest, feeling other people's emotions or mental vibrations, seeing past lives, seeing extra-dimensional beings such as Faeries, Elves, Gnomes, feeling depressed about the ignorance around you, or many other symptoms associated with the Ascension.



10. Symptoms of Activation

Because of our backwards circumstances here on the Earth, instead of being raised with conditions that create a full, active Pineal Gland plump with water such as a grape, we grow up with a shriveled, calcified gland like a prune. So when the Gland is stimulated by Shaktipat, it's like pouring Drano down a pipe that is clogged with years of accumulated excrement. The result can be rather uncomfortable, but in my own experience, with the massive influx of Kundalini Drano which was pouring through my Crown/Third Eye consistently since the day of my first Shaktipat experience, I can assure you that no matter how uncomfortable the sensations may be, temporarily, you will be just fine. Have faith in the process and know that this too, shall pass. Eventually these pains and pressures will give way to the amazing and wonderful sensations associated with Chakra Activation. You will feel assured that you now have one foot on the Earth, and one foot in Heaven!



