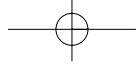


# *GOD'S VISION*

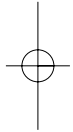
*THE NEW  
DAWN*

*The Book of the Millennium  
for the  
Buddhas of the New Dawn*

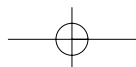
*Maitreya Ishwara*



*For Sarita  
Who made this book possible*



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## **Prologue**

*The new and only religion of Unity contains the essential truth of all religions and teachings. Unity is all inclusive. Every soul is unique. Unity celebrates this individual creativity of God and enjoys all the different expressions of God's infinite intelligence.*

*Unity is not a new conformity to some dogma, as all other religions are. Unity is flexible, intelligent, respectful of differences and totally pro-life.*

*Pluralism is the natural way of life. No two seekers agree on everything. Unity is rooted in pluralism.*

*The foundation for Unity is Zorba the Buddha AND Thy Will Be Done. This synthesis embraces the way of the Sufis, Buddha, Shiva, Jesus, Osho, Krishna, Advaita and all their offshoots. All other traditions are a valued part of Unity. Nothing is rejected in Unity except: hypocrisy, piety, seriousness and irrational beliefs.*

*Unity is God's Vision for the New Dawn of consciousness that is upon us. Osho gave us Zorba the Buddha but he is not the founder of Unity. God used Osho to share Zorba the Buddha. Now God is using Maitreya to synthesise the essence of all authentic religions into Unity.*

*No human can bring Unity to Earth. That is the work of God.*

## Forward

*The following transmissions come from God, the beyond. God, the beyond is not the god of any religion. God, the beyond is the eternal Void. Uncreated, unlimited, intelligent awareness. The Void has no form and contains the potentiality for all creations in all space/time. The universe is the most recent expression of God. One day it will return to the Void. After a period of rest another universe is born. This cycle continues forever. All future universes are already pre-programmed to the minutest detail of all future events by God, as is this one. The universe is matter, the Void is anti-matter. Deep down the universe is also anti-matter. The universe rests on and is permeated by the Void. The intelligent awareness of the Void is called consciousness at rest. The universe is called consciousness in motion. Read this forward again when necessary.*

*The channel for this message is Maitreya Ishwara. He has had all functional systems erased so that he can be used as a clear channel for God. God, the beyond is the author of every word. The transmissions herald the Time of Great Change, the transition from darkness to light.*

## Overview

### *The Implications of Unity*

*Unity is an idea whose time has come.*

*Many spiritual leaders are calling for unity. They point to the core of common ground central to all religions and suggest a more integrated approach to religion. Talk is cheap.*

*If you ask any spiritual leader which parts of their irrational dogma they are willing to give up for Unity, you will quickly discover that their ways are best for everyone. All groups, gurus and religions feel their way is the right one. This is normal, and a central theme of the Kali Yuga, the age of separation. Talking about Unity is easy. Getting all religions and groups to move into a single way of understanding is simply impossible at this time.*

*Nevertheless, Unity is scheduled to happen very soon. Actual Unity can only occur by Divine Intervention.*

*This book contains the foundation for Unity.*

*Naturally, every other channel for God will have a different message. We are still in the age of separation.*

*What all channels for God lack is a rational, integrated, unified, experiential, playful, silent, loving, creative vision for the millennium.*

*This book is that vision.*

*It is given to us by God to create the blueprint for Unity. Still, even those most close to its central theme of Zorba the Buddha would not agree with much of it. And all*

*other groups would reject it as too different from their own approach.*

*God loves drama.*

*The shift from separation to Unity is accompanied by lots of drama of every conceivable kind.*

*Soon, when the Great Change starts, we will all be propelled into another level of energy.*

*Mindsets are easily changed when God wants them to.*

*All thoughts and feelings of all people are easily altered by Divine intervention. This is how the Great Change from separation to Unity will come about.*

*As you are reading this book, it means you are blessed. You are being informed in advance of many things that will come to pass.*

*The challenge of this book is to let go of ALL your irrational beliefs and silly ideas. Become an inner scientist with a single hypothesis to verify with your own experience: God is all there is, I am not separate from That.*

### *The Nature of Reality*

*Ultimately, reality is that which is eternal. This is only God.*

*God is the uncreated void of non-Being that contains the potentiality for all creations. God is intelligent awareness without form and with the power to create all forms.*

*God cannot be known by these words, or by any other*

*intellectual understanding. Your mind is only capable of conceiving in the realm of space/time. God is the beyond, the mystery. God is referred to as That. Just an indication. That is unknowable to even fully enlightened humans until they leave the body and soul for the last time, and merge totally with That again. Buddha, Jesus, Krishna and all past masters exist only as That. They have no trace of any individuality left. Naturally, their devotees project their love and imagination and are given visions and messages from their dead masters. This convinces simple devotees that their master is still helping them.*

*They are totally deluded.*

*God created this drama to help continue the separation of religions that is part of the Kali Yuga. The truth is: God is the only power in all realms. All masters and gurus are just channels for Divine energy. They HAVE NO INDIVIDUAL POWER. Only the appearance of it. The reason is the same: to help continue the drama of separation, my guru is better than yours.*

*This is the basic nature of reality.*

*God is the only power. That, creates the universe and all souls AND controls it TOTALLY. Most humans feel they have free will to choose. You are befooled. Actually God programs you with a sophisticated ego/mind that appears to have free will. The fact is, you are just a programmed organism, a puppet of God. Every thought, action and choice you make is predestined by God. Understanding this allows your ego to relax. The outcome is surrender to the Will of God. Surrender is the door to enlightenment.*

*Personal responsibility is an ego trip. Necessary for social and practical matters, and the first stage of growth: developing the ego's creative, positive potential. And absolutely useless for the second stage of growth: Surrender to What is.*

*Ultimately, God is fully responsible for every detail of everything. He creates everything exactly as He wants, including every abomination you can imagine. There is no devil sabotaging God's work. God is all good and all evil. The universe is the stage set for the human drama of evolution on planet Earth. You are centre stage. God's main interest is you. He loves to experience the evolution of each soul from unconscious ignorance to the flowering of Buddha consciousness in fully enlightened souls. You are God, is the ultimate truth.*

*But you won't fully experience That until your soul has totally dissolved in the fire of the void. Then you have no individuality of any kind.*

*This way, God is always the Mystery.*

### *Men and Women*

*Feminist ideas have helped both sexes evolve from stereotypes of male and female roles.*

*They have been very helpful in empowering women and bringing more sensitivity to men.*

*They have also thrown the baby out with the bath water. In advanced countries, many women are empowered,*

*dynamic, assertive, and enjoying equal opportunity. So far, so good. But the price they have paid is high. They have sacrificed the goddess for social and political freedom.*

*The goddess is female beauty, love, surrender, sensuality, grace, sensitivity, intuition, mystery, and the esoteric power of the white witch.*

*Feminism was needed to balance the ugly, male-dominated world of the past. Now the pendulum needs to find the middle ground. Women can have it all.*

*When the goddess is valued as the primary female model, feminism takes a back seat. Political and social freedom and equality are every woman's birthright. But without the power of the goddess, they are an empty victory and leave women frustrated and confused.*

*Men are spiritual warriors.*

*They must retain their essential male qualities of freedom, thirst for Truth, and the ability to transcend being a mummy's boy.*

*Feminism has helped men to be more considerate and sensitive to women's needs, and connected them to the more female aspects of their nature.*

*It has also created a less polarised and therefore less dynamic balance of male and female energies. Men must retain their positive male qualities in order to create the dynamic dance of opposites that is the real satisfaction in intimate relationships. These male energies cannot be sacrificed at the altar of feminism. The price is emasculation and lukewarm relationships. Men must retain their courage, creativity, ability to*



*protect their woman, and value freedom above all else. For spiritual men, freedom is a higher value than love. Their thirst for Truth has priority over any intimacy. They can enjoy all the delights of intimacy AND meditation must be their first priority.*

*These dynamics are the natural law for men and women. The law is always the same and doesn't change with political fashions. Understanding and living the natural law is the way of full satisfaction for men and women.*

*Before we are healed of old wounds, conflicts will arise in all love relationships. Female emotions are wild. Men are usually out of their depth in the emotional arena. Women can express their feelings much more easily than men. This leads to male defensiveness and dishonesty. Better not upset her with the truth, the price is emotional drama. Once honesty is lost the intimacy is dead on its feet. Men need the courage to be TOTALLY authentic whatever the result. When a man is honest his woman starts to respect him and she understands his priorities are different to hers. This creates the basis for a healthy relationship. Women who understand and support their man's inner journey also enjoy the fruits of deep intimacy. If intimacy is a man's first priority, he remains a mummy's boy, forever locked in the female world of intimacy above all else.*

*When a woman lives the energy of the goddess and a man is a warrior of Truth, only then is a fully dynamic, satisfying, loving intimacy possible.*

### *Deconditioning*

*We are all deeply conditioned by family, society and religion. Your conditioning is so deep and pervasive that you are unaware of most of it. Conditioning is going on continuously every day as you absorb your environment's subliminal messages.*

*Deconditioning is the main spiritual work for the mind. All religions give you a new conditioning to change to. Their belief and value systems are mostly irrational, so you are required to surrender your intelligence and replace it with conformity.*

*Even Osho, one of the greatest deconditioners of our time, creates a new conditioning based on his experience and beliefs. His people are largely free from conventional social conditioning and have mostly transcended their religious conditioning from childhood. But they unconsciously adopt Osho's ideas, without experiential verification.*

*Most other groups are in worse shape.*

*Deconditioning is difficult. It needs support from a living Buddha and relocation away from your social and family environments. This book can help you get started.*

*Drop all irrational beliefs and become an inner scientist.*

### *Resignation and Acceptance*

*Resignation is your ego putting up with something you are powerless to change. It is fundamentally different from acceptance in that it leaves your ego frustrated and resentful.*

*Acceptance is a deep surrender to What is.*

*Acceptance is positive.*

*Resignation is negative.*

*Acceptance is Yes to life as it is.*

*Acceptance understands that What is cannot be different until it changes.*

*Your ego's struggle to get the best for you creates much suffering. Life is full of things that don't go the way your ego wants.*

*Acceptance is spontaneity and flexibility.*

*When your first choice is unavailable, let go of it and see what else life has to offer.*

*You can't always get what you want, but you ALWAYS GET WHAT YOU NEED.*

*This is the basic understanding that helps acceptance flower into surrender.*

*Acceptance and surrender are the door to freedom from suffering.*

*Get started today.*

### *Surrender and Assertiveness*

*'Give me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.'*

*These words are beautiful.*

*They are also your ego's escape route if they are not fully understood. Surrender is everything to a seeker of Truth.*

*There is no other way to enter the ultimate consciousness than through the door of Surrender.*

*Enlightenment happens when the ego gives up its control program, TOTALLY.*

*That is the danger of conventional wisdom.*

*'The courage to change the things I can' is the realm of assertive action and politics. This area is the province of the ego. Here, egos engage in all kinds of drama to try to get things the way they want.*

*For sincere seekers of Truth, this area is best avoided.*

*Leave politics to the politicians. Leave assertive action to less evolved souls who still need to develop more ego strength.*

*Mature seekers have passed through ego development already. They have already experienced the ways of the world. They know what can be gained by assertiveness.*

*AND they understand that the spiritual world cannot be entered fully with ego in hand. So they let go of control and allow the Flow of Life to live them.*

*They live less from the mind, and more from the heart.*

*Naturally, if you are being cheated, you protest. If you are attacked, you defend yourself. AND you understand that*

*only losers can win in the game of awakening. Victims of*

*injustice are paying off old karma. Perpetrators are creating new suffering for themselves.*

*Mature seekers need to be very aware of the political escape route for the ego. Leave 'the courage to change the things I can' to less evolved souls who can still benefit from assertive action.*

### *Tibetan Buddhism*

*Tibetans are blessed with compassion, intelligence and playfulness. They are very special people. During the last millennium Tibet has produced the most Buddhas, more than India and the rest of the world combined.*

*The key to their success is playfulness. They are naturally innocent and childlike. And they understand Tantra, and respect the goddess. They are largely free from the main spiritual diseases of piety and hypocrisy that plague India and most religions. They also have developed a system of growth that works. The whole country is involved in spiritual growth. The monks and nuns are respected and supported by the community. Lay people participate in rituals and worship. Novices learn compassion and respect for all life. And finally, they are trained in awareness. Dzogchen meditation, the art of remaining in contentless awareness, is the ultimate method of liberation.*

*The Chinese invasion and destruction of this sacred land is one of the greatest crimes of the millennium.*

*The positive effect has been to bring the dharma of Tibet to the West. Now, it is one of the most important influences on spiritual people in the world.*

*Osho was an awakened Tibetan for his last 14 lives. He holds the record for fifth body reincarnation! His training with Milarepa and other great masters gave him the understanding that has flowered into Zorba the Buddha.*

*His people wear the same maroon robes as Tibetans.*

*Now it is time for a change. The flaw of Tibetan Buddhism is its monastic base. This breeds repression and dulls intelligence and celebration. Many monasteries today are full of dull, insensitive, repressed people.*

*The time of the monastery is over. The way of the future is the commune.*

*The commune is totally pro-life. The goddess and sensuality are enjoyed openly by all young seekers. This creates the healthy foundation for mature spirituality.*

*Tibetan Buddhism is unique in that it is flexible and adaptable. It has evolved in a tantric direction, away from the repression of Buddha. This is the key to its survival.*

*Tibetan Buddhism will flourish in the millennium. It will absorb the influence of Zorba the Buddha and become a central pillar of Unity.*

*The religion of Unity is for everyone. Its central understanding is surrender to the Flow of Life. Tibetans live this already. Tibetan training in compassion and respect for all life is the basis for spiritual morality.*

### *Synchronicity and Cause and Effect*

*The physical universe operates by cause and effect. This applies to all animals and life below human. It also applies to humans as far as the physical body is involved. Cause and effect is the Law of Karma. For every action there is an equal and opposite reaction. This is God's means to balance everything perfectly. Is is built deep into the structure of existence. For life below humans, there is no karma, just pre-programmed actions and reactions. The lion that kills may die peacefully. The gentle deer is killed by a lion. Karma is only for humans, they alone have the continuity of a soul and are therefore much more complex than animals.*

*Synchronicity is higher than cause and effect. It only applies to humans and only their higher aspects. Psychic power is a good example. No one has psychic power of any kind. The appearance of psychic power is actually a play of God. A psychic appears to mind read or move objects or influence people or events. It is JUST A PLAY OF GOD. If psychic power was real it would be consistent, like cause and effect in the physical world. God simply enjoys creating the appearance of psychic drama. This happens through synchronicity. Synchronicity applies TOTALLY to the spiritual world. Meditation appears to give enlightenment, peace, silence, bliss, love etc. This is only Synchronicity, not cause and effect. God simply enjoys creating the appearance of cause and effect to add meaning and depth to the spiritual world. Actually, your meditation and*

*its results are just a play of God. He enjoys your efforts and successes and failures in meditation, tremendously. If you can understand Synchronicity you can take life less seriously. It's ALL A PLAY OF GOD.*

*Your enlightenment is given after much sadhana. Yet, it is not caused by your efforts. Also, it is never given to those who don't make TOTAL EFFORT to be free. This game is God's ultimate creativity. He loves the spiritual drama of awakening above all else.*

*Your thoughts are commonly believed to be very powerful by many creative people, who believe they can manifest what they want by clear, focused intention. They are completely deluded. Manifesting and creative, positive thinking is all Synchronicity. It only works sometimes, therefore it is not cause and effect which ALWAYS WORKS.*

*This is the acid test.*

*Science always works. Manifesting, psychic power and meditation give unpredictable results. This frees you from the delusion that your ego can manifest anything in the psychic and spiritual worlds. Everything is just a play of God. Understanding this is extremely helpful for seekers, it allows you to let go of your ego much more easily. Everything of real value is only Synchronicity, not cause and effect.*

### *From Darkness to Light*

*Contrast adds depth.*

*Existence is structured in cycles of opposites. Yin and yang, men and women, darkness and light give depth and meaning to life. Continuous light has no meaning, the same with permanent darkness. The cosmic drama is long. The cycles of peace and violence last 4000 years each. We are just finishing 4000 years of violence, the age of the Kali Yuga. The transition to the next age of peace is about to start. That is the reason God is sharing His ways openly with you in this book: to inform you of these cycles so that you will understand the positive context for the huge drama that is about to start.*

*The Great Change from violence to peace involves purification of all souls. All ignorant, violent, younger souls will be rapidly purified out of the body in the realm of bardo. Here they can evolve in consciousness very quickly and be ready to join the celebration in a few years, instead of many lives.*

*Before we enter the age of peace, there has to be a climax to the age of violence. The nature of that climax is secret. It will be appropriate for the needs of the cosmic drama and involve the death of most of our present population.*

*Since you are reading this, you are probably one of the 100 million older, peaceful souls that will be transformed in the body. It is a great blessing to experience the transition from violence to peace, it comes only once every 8000 years.*

*The age of peace, the Sat Yuga, gives every soul the opportunity to have spiritual growth as their first priority. Violence, injustice, poverty and most diseases simply disappear. We live in communes of spiritual seekers, celebrating and meditating in love and harmony with each other and nature.*

*This transition from darkness to light is a huge drama. We are six billion souls. The death and purification of most of them is hard to imagine.*

*Leave that work to God.*

*You prepare to face the Light.*

### *The New Dawn*

*The Great Change heralds the New Dawn of consciousness. It is the best news for 8000 years.*

*Every survivor will be rapidly transformed by the higher frequency of the vibration that sustains the world. This vibration has been constant for most of the last 4000 years. For the last year it has been very gradually increasing, leading to a sense of increased intensity in many sensitive people. Now, it is about to increase much more.*

*This vibration has two aspects: sound and light.*

*The sound is OM, the primordial sound of the beyond. The light is consciousness, the essential stuff that the universe is made of.*

*Meditators and sensitive people will enjoy the new*

*intensity to the degree that they are free from old, unconscious, negative structures.*

*Dense, violent, ignorant souls will not be able to contain the ecstasy of the new vibration and will die in love and bliss as their nervous systems overload with Light.*

*Every survivor has already been selected by God. Everyone that dies will be rapidly purified in the realm of bardo, and reborn into the New Dawn as soon as they are ready to join the celebration.*

*As the ignorant souls leave for purification, the survivors start to create the blueprint for the New Dawn. The shift is radical.*

*The basic social unit is the commune. We will use existing villages and small towns to create communes. Each commune is connected to all others. All communes are an experiment to provoke God. Everyone is free to have spiritual growth as their first priority. All resources are pooled. No one works for personal gain, just to share energy and creativity. Everyone has the same abundant lifestyle. The cleaner is as valued as the manager.*

*When all ignorant, violent souls have left, only then can the commune work. The commune can only function successfully with conscious, loving people as its members. The New Dawn is of consciousness. It is the start of 4000 years of peace, love, awareness, celebration and creativity. It is an unimaginable shift from our present violent, greedy, unjust world.*

*No one has anything to fear. Every soul is destined for transformation and full participation in the celebration of consciousness that is the New Dawn.*

### *The Ways of God*

*The state of the world reflects God.*

*He is fully responsible for all events. The idea that there is a devil sabotaging God's work is immature.*

*God is omnipotent.*

*The idea that God created humans with free will, and now man has 'chosen' to plunder the planet and violate human rights, is equally misguided.*

*These ideas mean God has lost control and is no longer omnipotent. They are totally inaccurate. God is in full control of every tiny event, thought and feeling. Nothing happens without His prior, conscious desire. What is, reflects the Will of God. The purpose of the universe, and especially the human drama of evolution in consciousness, is to give God a vicarious experience of limitation. He requires all abominations to occur so that peace, beauty and freedom have real meaning and depth. This play of contrast is essential. Without suffering, life would be pleasant but superficial.*

*This drama is misunderstood by almost everyone.*

*Now God is revealing His ways to celebrate the end of the age of violence. The ways of the Lord are strange only when they are not fully understood.*

### *Masters and Disciples*

*Enlightenment is an Indian phenomenon.*

*For thousands of years the flame of awareness has been passed from master to disciple. This relationship is one of the deepest commitment. The disciple understands that the master is his only hope for freedom from ego. The master knows from his own experience the tricks and traps for the ego to get stuck in. As spiritual work intensifies, the ego of the disciple always has a reaction to the master. He is the authority figure. Hence, the master insists on surrender to his spiritual authority. If the disciple is allowed to put his negativity on the master, the work is impossible.*

*The relationship has worked well. Just by living, meditating and surrendering with the master, the flame of awareness jumps to the disciple when the time is right.*

*The downside of this arrangement is that some gurus have a tendency to self-aggrandise. The surrender, love and devotion of disciples goes to their heads.*

*Gurus and masters become impressed with their apparent power to influence and transform disciples.*

*In India the guru is deified. God is far away, the master is the door to God and is often worshipped as a god by devotees.*

*The disciple is also damaged by submitting to the authority of the guru. He loses respect for his own divine connection and gives his power to the master. Every master has a different teaching. Their disciples sacrifice*

*their intelligence and surrender to the teaching of the master, even when it is irrational. Ultimately, ignorant followers of dead masters kill followers of other dead masters in the name of God.*

*The master/disciple drama was an important part of the age of separation, the Kali Yuga. The next step is the age of Truth, the Sat Yuga. Now God is about to end the master/disciple drama and replace it with Direct Connection to Source.*

*Buddhas still have essential work with seekers. They are channels and mediums for Divine energy. They help seekers to grow quickly, just by sitting silently together. They give guidance and support for the journey of awakening and they share energetic information from the Beyond, to bring consciousness to Earth. They fully experience that God is the only master and they teach surrender only to Him. This new relationship is respectful, loving and free from all power trips.*

### *The Basic Set Up*

*God has a tidy mind.*

*Everything is connected and ultimately balanced. This complexity is inconceivable to any human.*

*The duration of the universe is billions of years. The number of civilisations that rise and fall is more than one million. Each one has the same basic dynamic: ego conflicts and violence, followed by spiritual growth and*

*peace. Otherwise, they are all unique. Each one is a work of great creativity.*

*Traces of past civilisations remain, but only the most recent, the rest have totally vanished.*

*Each civilisation lasts 8000 years. First, an age of violence for 4000 years, followed by an age of peace. The change from violence to peace is the greatest time in the cycle. It is always preceded by a polarisation of light and darkness.*

*Consciousness and ignorance are intensified. There are always many meditators moving deep inside, and despots and idiots creating trouble and suffering.*

*The intensity of the transition depends on the number of souls on Earth. Our present population of 6 billion souls is very high. The intensity of this change is far greater than the last when there were only 10 million souls on Earth.*

*This basic theme is never boring to God. It allows Him to be creative in all other details. And no other theme can be as satisfying as violence and peace.*

*Each soul is also programmed for violence and peace. As you evolve over many lives you transcend violence and become peaceful and sensitive.*

*When your soul is ripe, the burden of ego is removed and you dissolve in bliss and love.*

*This is everyone's destiny and is only a matter of time.*

*The time and place of your enlightenment is already fixed. You cannot miss or bring it closer with your laziness or efforts.*

*You are already pre-programmed to make all necessary*

*effort. Understanding this allows you to relax and let the Flow take you where It wants to go. The Flow of life is your divine connection, the voice of God guiding you in your heart.*

### *The New Man and Woman*

*Human evolution is constantly reaching higher levels.*

*The peaks of consciousness from our past all had limitations in their understanding. Buddha is the King of Awareness but he is slightly repressive and serious.*

*Jesus is surrendered to the Will of God but he lacks playfulness and full awareness. Osho is the start of the New Man. He is fully aware, intelligent, playful and celebrates the goddess, but he thinks he is the highest in existence. He is confused about cosmology and God.*

*The New Man and Woman are rooted in Osho's vision of Zorba the Buddha, PLUS the understanding of advaita: God is all there is, I am not separate from THAT.*

*Osho was blocked on advaita. Many theists are serious, pious and hypocritical. The New Man and Woman are aware, loving, playful, intelligent, sincere but not serious.*

*That disease is part of the old religions of the Kali Yuga. The New Dawn calls for celebration of life in all its pleasure and pathos.*

*The seeds of the New Man and Woman are already with us and ready to flower.*



### *Beyond Tantra*

*Sex and intimacy are very important issues for seekers. Sex energy is fundamental, it can be transformed into higher consciousness, or just enjoyed for itself.*

*Traditional spiritual teachers often recommend celibacy, to focus the seeker on his inner world and to prevent energy loss from sex. The price can be repression, perversion and loss of intelligence.*

*Tantra tries to use sex energy to help with growth. It is largely unsuccessful because bringing awareness into sex is the most difficult form of meditation. Only enlightened people really have the awareness for real Tantra.*

*Yes, everyone can benefit by Tantric exercises and discipline, but rarely do they transform sex energy into enlightenment. More often it is just a pleasant detour on the spiritual journey. The main reason is that for the last stage before enlightenment celibacy is best for men, who need the sex energy to help raise their kundalini. Women can become enlightened through Tantra, but they need a partner who is more conscious than them.*

*The transformation of sex energy into consciousness is a big undertaking. It requires understanding and commitment. And the work is different for men and women.*

*For new seekers below 30, sex is best enjoyed with intimacy as a natural energy. Training in Tantra can help to bring some awareness into the deep unconsciousness of sex.*

*Full Tantric commitment is best undertaken by more mature seekers who have had experience with sex and intimacy and are psychologically ready for the Tantric experiment.*

*There are many techniques and exercises to help bring awareness to sex, but they don't help much unless you already have some awareness from meditation. So the first thing is to develop awareness by meditation.*

*Next, is to understand that Tantra is a form of meditation, not spiritual sex. The sex energy is only aroused slightly, as soon as you are joined together all excitement is dropped. You just lie silently together; talking just activates the mind. Now, you simply meditate. No need for any caress or movement at all.*

*Connecting this way in awareness creates new channels for consciousness to move.*

*This is real Tantric Meditation. But it is still not good for men preparing for enlightenment, for them celibacy and aloneness are best.*

*Men and women in the first stage of awakening are often celibate, they still need the sex energy to open the next level.*

*Second stage men and women can enjoy sex if they feel to, as can fully enlightened men and women. Now, the journey is over, the kundalini has done its work and opened the crown chakra. Tantra is unnecessary. These people are fully aware and can be loose and natural with sex. Still, they often remain celibate because they are in such ecstasy already, and the grosser energy of sex brings them more into the physical body. For them, sex*

*is best enjoyed very gently and lovingly and with full awareness.*

*Beloveds, sex is natural and fun. Enjoy it totally until you are ready for the commitment to real Tantra.*

### *Advaita*

*The core religious understanding is: God is all there is, therefore I am That.*

*Advaita, literally 'not two', is the ultimate spiritual philosophy. It culminates in the highest flowering of Indian thought AND mystical experience. Advaita Vedanta is as far as the intellect can go in the direction of Truth. After Advaita, nothing more can be said. Without a deep understanding of Advaita, spirituality remains confused. Advaita is the Truth.*

*Today in India the leaders of Advaita Vedanta are the most sophisticated, intellectual and intelligent flowers of the past glories of the world's most evolved civilisation.*

*The application of Advaita is where the problem lies.*

*Logic insists that there is one primordial source to all life, therefore, I am That. Bridging the gap between logic and direct experience is the challenge that Advaita falls short on.*

*Fully enlightened people are rare, only seven are alive today. Direct experience of non-Being is available only to those rare souls who have access to the seventh body of God. And even they cannot stay there for long, when*

*they return to a functional state of consciousness, they are experiencing themselves as embodied consciousness again. The body is God's play to create the drama of separation; Buddha is only hungry in his belly, not yours. The problem with most Advaita proponents is they attempt to gloss over the reality of the body with concepts about oneness and non-duality. Sometimes they insist that they don't exist!*

*The absurdity of this reflects the limitations of logic. The problem is easily dissolved with authenticity. Just understanding that reality is multidimensional relieves Advaitists of their silly beliefs about the functional aspect of being human.*

*My direct experience ALWAYS is that God is the only doer in me. My body/brain/nervous system is totally in His hands. I have no trace of personal volition at all. Still, I live mostly in a functional reality where my body is apparently separate from other bodies. This apparent separation of bodies is absolutely necessary for the Leela to have intensity.*

*When I dissolve in non-Being, there is no trace of anyone at all to claim: I am That. When I return from non-Being, just the fragrance of that total dissolution lingers around me for a while. Then I am embodied awareness again.*

*This dance ensures that the Mystery that is God always remains mysterious. No one can articulate the subtlety of non-Being, since all sense of Being has dissolved; there is no one to remember the space.*

*Clinging to concepts about truth reflects spiritual immaturity. What is, is. No need to dress reality up in*

*Absolute jargon. The relative world of the body is also real, it is the first body of God. Transitory, born, destined to die AND functionally a part of reality. Denying the reality of the world is unsophisticated. Reality is much more pure in the seventh body of God, BUT every part of God is real in the sense that He creates it from His ultimate reality: the void of intelligent awareness.*

*Beloved Advaita friends, you are on the right track, Advaita is the Truth. Just remain authentic to your own experience. No need to dress up your understanding with concepts about Truth. Better to simply live as embodied consciousness with the awareness that God is the only doer. This frees you from all ego and allows you to play your part in the Leela, without denying the relative reality of the world.*

*God's creation of existence is complex. Understanding the multidimensional complexity of existence deepens the experience of being embodied consciousness.*

*This book is an attempt to bring Unity, clarity, truth, authenticity and playfulness to the spiritual diseases of hypocrisy, piety, seriousness and separation. Western teachers are coming into their time. India is still declining, partly because of its hypocrisy.*

*God's Vision for the New Dawn of consciousness is the synthesis of Zorba the Buddha AND Thy Will Be Done, resting on the Advaita understanding: Consciousness is all there is.*

## **Introduction for Christians**

*These letters are a useful introduction for Christians to religious enquiry.*

*It is essential that everyone understands the basic set up.*

*You are not being asked to change your beliefs, but to apply your intelligence to religion.*

*Religion is science of the inner world, no belief is needed.*

*For people from other religions your faith is also not required.*

*You need courage to face yourself and an open mind.*

*Nothing more.*

*God is not what you think.*

*Be silent and know.*

## **Letters to Christians**

### *The Way of the Mystic*

*Politics endeavours to change society for the better. The process is largely unsuccessful because the individual remains unconscious.*

*Authentic religion, the way of the mystic, starts with the individual and brings light to his unconsciousness.*

*In the past the mystic would work on his growth in consciousness by focusing on his inner world and withdrawing from unconscious society.*

*The New Dawn calls for integration of society and spiritual development. This can happen through the marriage of Buddha and Zorba.*

*Zorba the Buddha is the new man. Zorba is passion for life and all its worldly pleasures. Buddha is awareness.*

*By allowing Zorba to play and create, Buddha is built on solid ground. When the time for introversion comes Zorba has drunk the last drop of wine. There is no conflict of interest.*

*Society is a total of its parts.*

*Politics is doomed to continue failing until each individual becomes more conscious.*

### *Four Words*

*Thy will be done.*

*These four words are enough.*

*IF you live them totally.*

*The implications are immense.*

*God IS MANAGING EVERY DETAIL OF EVERYTHING.*

*The human effort for positive change creates the illusion of free will. Our effort seems to make a difference.*

*Our effort and creativity are pre-programmed by God.*

*He gives us the appearance of choice.*

*Our choice is pre-programmed by God.*

*We are destined to act, think and feel according to God's Will. He is the creator of our ego, the sense of separation from Life. He is the creator of our arrogance.*

*And the creator of our re-union.*

*He is the creator of our awakening.*

*Thy will be done is the recognition of how things are.*

*This understanding if lived totally brings freedom from the hell of the ego.*

*This understanding is not static.*

*It is fully dynamic.*

*One plays one's part in the drama of life with gusto.*

*Always remembering that God is the director, producer, scriptwriter, set and costume designer and*

*ALL THE ACTORS.*

*These four words are enough.*

*THY WILL BE DONE.*

### *Sin*

*Our father who is in heaven, forgive us our sins.  
This prayer reflects the immaturity of Christians.  
God is simultaneously everywhere and the beyond.  
Praying for forgiveness won't help.  
Your unconsciousness creates sin.  
The solution is to become more conscious.  
A Buddha or Christ have become fully conscious, that is  
why they transcend morality. It is impossible for them to  
sin.  
Pray to share your heart with God.  
Endeavour to act with more awareness.  
Purify your heart by releasing negativity harmlessly.  
And grow up spiritually.  
Jesus is a beautiful man, you are also the son of God.  
You will only come to KNOW that by spiritual growth.  
Don't waste time with platitudes, get on with growth.*

### *Two Religions*

*There are two fundamental religions, Judaism and  
Hinduism. Christianity and Islam are from Judaism.  
Buddhism and Jainism are from Hinduism.  
Other smaller religions sometimes are a combination.  
The oldest religion is Hinduism.  
The quintessential Hindu doctrine is Advaita, the non-  
dual.*

### *Advaita is Unity.*

*The understanding: GOD IS ALL THERE IS forms the  
basis of Advaita.  
This is the ultimate truth.  
The Jewish God is a father in heaven. All people are  
sinners who are redeemed by sacrifice and unwavering  
belief in the scriptures.  
The new and only religion is closer to Advaita, but is not  
Hindu. It is totally new. It is based on respect for each  
individual's unique God given beauty.  
Every person is exactly as God wants you now.  
You are unconscious because God made you so.  
You will be more conscious when He makes you so.  
Everything is in His hands.  
This is the truth.  
Your personal responsibility is to understand the truth and  
let THY WILL BE DONE.  
UNDERSTANDING replaces belief.  
Dear friends, please try to understand:  
GOD IS ALL THERE IS  
I am not separate from Him.*

### *Seriousness*

*Seriousness is a disorder that often plagues orthodox  
religious people.  
God creates the universe and the human drama as a  
Divine Play. He also acted seriously with His last  
messenger, Jesus King of the Jews. Jesus was a*

*beautiful man who gave his life for the meek, the poor in spirit. His sacrifice was necessary to create Christianity.*

*Now, times have changed.*

*The new and only religion has only one commandment: FOLLOW YOUR FEELING.*

*Naturally, this cannot work when there are violent, uncaring people alive.*

*Nor can it work when there is unequal distribution of wealth. Private property is the root cause of non-violent crime.*

*Joy and celebration are the cornerstones of the new religion. Playfulness is Divine.*

*Everyone already follows their feeling, unconsciously. When it becomes conscious and with the understanding that God manages everyone's feeling, then we have the basis for respectful, harmonious civilisation.*

#### *Silent Awareness*

*The following letters are intended to awaken your thirst for TRUTH.*

*The first topic is meditation.*

*Meditation means SILENT AWARENESS.*

*Meditation is the way of the warrior.*

*Prayer means sharing with God. It is the path of Love.*

*Love is more natural for women.*

*In Christianity meditation is not understood.*

*Jesus was not a meditator, he was possessed by God and filled with Divine Love. Hence, he says God is Love.*

*God is also AWARENESS.*

*Awareness is the male principle of God.*

*Love is the female aspect of God.*

*The child of Love and Awareness is Playfulness.*

*These three aspects of God are manifested in humans very rarely.*

*It is essential for Christian men to learn meditation, for men prayer is not enough.*

*Silent awareness is the ultimate flowering of meditation, in the beginning the mind is busy.*

*Gradually by just watching the flow of traffic, thoughts start to slow down and gaps of silence appear.*

*The key to watching is equanimity. One is not concerned with the content. One does not favour good thoughts over bad, one simply observes the flow of thoughts with indifference. This allows the mind to think what it wants and creates the climate of relaxation. Relaxation is half of meditation, the other half is awareness.*

*Awareness is not concentration. Awareness is open and all inclusive, concentration is single pointed and focused. Awareness is developed by diligently practising concentration.*

*Dear friends, start today. Sit silently with a straight spine twice a day for as long as you feel. Concentrate on the breath in the belly.*

*When you notice the mind wandering, bring it back to the breath in the belly.*

*This is the best meditation technique for the first stage of developing awareness.*

### *Enquiry*

*These transmissions are from God, the creator of everything. The purpose is to awaken your spiritual intelligence. Naturally, some parts will contradict your beliefs.*

*BELIEF IS THE ENEMY OF TRUTH.*

*You are not being asked to change your beliefs. You are being asked to apply your intelligence to religion.*

*All the old religions rely on belief to create followers.*

*The new and only religion needs no belief at all, just a single hypothesis: GOD EXISTS.*

*The enquiry of religion is to verify the hypothesis by DIRECT EXPERIENCE.*

*Only direct experience has significance for a religious person. Repeating words from holy books dulls your religious intelligence.*

*Enquiry is the way to find the TRUTH.*

*Religion is science of the inner world.*

*When you understand this, you put aside your beliefs and your real adventure of discovery begins.*

*It takes a little courage and authenticity to admit that you don't know much without belief in your religion, and there is no other way to KNOW the TRUTH.*

### *Belief*

*A full understanding of Unity reveals the end of division. As Christians your beliefs differ from and contradict those of other religions.*

*Unity means the end of all religions and division.*

*Every founder of every religion has been partly right and partly wrong. The reason is timing. Unity is scheduled for NOW not before.*

*Unity requires everyone to give up their beliefs and accept the fact that God is all there is.*

*This is not another belief, rather it is the only intelligent explanation for the universe and its functioning.*

*God has a lot to explain to you. No belief is required, only unconditioned intelligence.*

*Belief separates religion from science. The new and only religion is experiential. One embarks on a voyage of discovery, to enquire into the only significant question: WHERE DO I COME FROM ?*

*The hypothesis is God. However, belief limits your intelligence and is not needed. What is required is a thirst for Truth.*

*Belief is for the immature. Enquiry is religious.*

## *Surrender*

*Whatever happens is the Will of God.*

*Please try to understand: God is simultaneously in everything and transcendental to everything.*

*This allows God to create and destroy everything as He requires for the needs of the drama.*

*There is no need for alarm, only readiness.*

*The news is positive. It is the end of violence and cruelty, the beginning of the New Dawn of consciousness.*

*What needs to happen today is your surrender to the Will of God. This is an inner recognition of Divine Responsibility. You simply understand: God is in charge of every detail of everything. You surrender control of situations to God. Thy will be done.*

*This understanding frees you from the mistaken belief that you are in control. Then you function as an agent of God. He guides you directly through your intuition. In fact, this is already the case. Only your recognition is needed.*

*Dear friends, whatever comes to pass is in His hands, we have no say at all in the matter.*

## *Heaven*

*Try to understand this is not against Christ. It is just an invitation to apply your intelligence to religion.*

*Your beliefs about heaven are inaccurate.*

*The truth is simple.*

*God is in you already.*

*He has created you with limitations so that you can grow in love and awareness and playfulness.*

*Obviously growth requires a human body. When most people die they are still imperfect.*

*The truth is it takes about 100 lives to grow to your full potential.*

*Your soul keeps creating new bodies until you are fully enlightened.*

*In between lives your soul goes to a psychic realm to prepare for your next life.*

*Heaven and hell are both part of this psychic realm.*

*Your soul is non-material.*

*The only material realm is the world we live in.*

*Heaven is not the goal, just a temporary experience for the soul between lives.*

*The ultimate for humans is to totally merge with God.*

*This does not happen in heaven or anywhere else but here on Earth.*

*Beloved friends, God is life and the beyond, outside of time and space.*

*The way to fully merge with Him is surrender and enquiry. It's time to grow up spiritually and become an inner scientist.*



## Health

*An ounce of prevention is worth a pound of cure. Health is directly linked to diet. The latest edition of Dr Spock's bible of child care strongly recommends a pure vegetarian diet for all people over two years old.*

*The main cause of cancer, heart problems and most degenerative diseases is excess animal products. Recent research verifies this. We are literally eating ourselves to death.*

*The cost in suffering is high.*

*Nothing much can be done about it while people and most health workers are ignorant of the effect of eating animal products and junk food.*

*A pure vegetarian diet also stops the torture of animals.*

*This is the diet for the New Dawn.*

*All violence to any creature will cease. We will live in harmony with nature and our own bodies. We will look back at our present epidemics of degenerative diseases with disbelief at our self-inflicted misery.*

*Fortunately, God is about to save us from ourselves.*

*We have not managed to mature into a conscious society. Only divine intervention can help.*

## Warrior of Truth

*Understanding is surrender.*

*Surrender is enlightenment.*

*Enlightenment is the goal.*

*Intellectual understanding is just the beginning of the journey, the first step in a pilgrimage back to God.*

*Full understanding comes only with your spiritual growth. It takes time to grow in awareness, love and playfulness.*

*Get started, make your own evolution your first priority.*

*Politics can help society, only spiritual growth can help the individual.*

*You have the potential to understand much, not just intellectually, but with your heart and being also.*

*Take the challenge and become a warrior of truth.*

*It is the ultimate endeavour, far more arduous than politics, and with far greater rewards.*

## The Way to Provoke God

*These letters are addressed to experienced meditators who are familiar with Indian philosophy and methods of transformation. You may not understand everything, but you will be starting to get the general overview.*

*Things are not as simple as Christianity would have you believe, and just as well. Simple people can enjoy their beliefs, but if you are interested in truth, then meditation*

*and enquiry are the way.*

*Enquiry is not an intellectual approach, rather it is existential.*

*The enquiry is into the nature of reality. The question is: Where do I come from? The method is to ask the question and then wait without thinking or losing focus.*

*The gap of silence is the answer. At first you will not be able to stay silent for long, your mind is trained for fast action. Gradually, with diligent focus, the periods of silence will increase and you will start to get a taste of silent awareness.*

*This process is a lot more difficult than repeating some words from a holy book. And the rewards are also much greater. Eventually you are freed from all suffering and live in heaven on Earth.*

*This experience has happened to thousands of sincere seekers, not just Jesus. And the result is verifiable here on planet Earth.*

*The knack of meditation is to bring the mind to the present moment and remain relaxed and aware. Contentless awareness is the goal of meditation. It is reward enough in itself to be silent, blissful and serene in all circumstances, and there is still more.*

*In silence God has come to me. It was a big surprise, I was never a believer and belief will never provoke God to come to anyone. Millions of believers are inviting God to come to them. He only comes to those who have passed through their unconsciousness and are ready to face the intensity of that light.*

*The way to provoke God is silence.*

### *Love Thy Neighbour*

*The Christian ideal of love for your neighbour is a good social experiment. Unfortunately, love for others doesn't happen until you have love for yourself. This lack of self love is the only social problem we have. When everyone loves themselves only then will they be able to love their neighbour, not before.*

*The way to achieve self love is the same as to become awake. You have to clean your unconscious mind of all the demons that live in the darkness. They are: fear, greed, hatred, violence, anger, pain and pride.*

*There can be no real love while your unconscious is burdened with these poisons.*

*Meditation is the method of deep cleaning your unconscious mind. Other techniques of catharsis and release are also necessary for the first stage of cleaning. This practice prevents the ego from becoming holy, pious, and cunning at hiding its ugliness.*

*Christian hypocrisy is an epidemic that infects most believers, they pray for strength to resist the devil, not realising it is just their own repressed negativity.*

*Apply your intelligence to your inner world. God has created you with limitations so that you can grow in consciousness and transcend them.*

*Beloved Christians, your religion is not designed for this work. It is a lifeline to connect you to God and give you trust in His Will.*

*Now it's time to take the challenge and put your irrational beliefs aside.*

*Become an inner scientist with only one hypothesis to verify: God is all there is, I am not separate from Him. All belief is a hindrance.*

### *Conditioning*

*You are deeply and unconsciously conditioned from birth with all kinds of nonsense. Deconditioning takes time and a desire to be free. Get started.*

*We are brought up to believe in Christian values. Not all of them are rational. Examine your own beliefs on the following:*

- a) There is only one life and you have to make the most of it.*
- b) Death is the enemy of life.*
- c) God is our father in heaven.*
- d) God is distant and a bit serious.*
- e) We are sheep. Jesus is the shepherd.*
- f) All true believers will go to heaven when they die.*
- g) Non believers in Jesus go to hell, or if they are lucky, purgatory.*
- h) Jesus will come again and save the world.*
- i) The day of judgement will be our reward for faithful belief.*

*All of the above are existentially incorrect and simplistic. It's time to grow up and become a seeker of truth, not an immature believer.*

*The way to start deconditioning is to recognise that you are conditioned, deeply. Then put all your cherished beliefs aside and become an inner scientist. Your own experience is the laboratory.*

*Your own intelligence is in need of waking up to your limitations. Your own trust in the perfection of God's Will is the means to accept yourself as He made you.*

*Start to grow closer to Him through surrender, enquiry, silence and purification of your negative unconscious mind.*

### *Prayer*

*You don't know who you are, this is the basic problem. God is all there is, therefore you are a part of God that has forgotten where you come from. Your intelligence can understand this must be true, yet your forgetfulness is deep.*

*The reason for your apparent separation is to give context to your reunion. This is the divine play of hide and seek.*

*When you pray, ask only for reunion, nothing else.*

*Your situation is created and monitored constantly by God. He knows exactly what you need to go through before the time of your reunion. Leave your circumstances and the world's to God, He knows what He is doing.*

*Pray to share your heart and connect consciously to God.*

*Never ask Him to change things, this is a big mistake.  
And drop formal prayers from the bible or anywhere else,  
they are not fresh and relevant to you, as you are now.  
When you pray leave gaps of silence to just feel.  
Real prayer is sharing love with God.  
He is the Beloved.*

### *The Devil*

*When you understand that God is omnipotent, the devil  
looks a little silly. Christians blame the devil for all kinds  
of things that seem ungodly to their simple minds.  
They have forgotten that God is in charge and credit the  
devil with all kinds of power to sabotage God's work.  
Christians want to be good and view their failure as  
interference from the devil. It seems the devil is really in  
charge of things, since there is so much suffering and  
injustice in the world.  
God is by definition omnipotent, omniscient and  
omnipresent. The idea that the devil is making people sin  
is irrational.  
There is no devil.  
God is responsible for every detail of every crime and  
perversion.  
You are not using your intelligence. There is only God. He  
is in charge. He wants things like this now. He will  
change things when the time is right. If there was a devil  
out of God's control that made you sin, God would not be*

*omnipotent.  
You are befooled by your old scriptures and your  
preachers.  
The old testament was given to the prophets by God.  
They were primitive times and very simple people. God  
gave simple instructions of right and wrong to help them  
with their ignorance of morality. You have matured since  
those old days of Moses and the prophets.  
When Jesus was fasting in the desert, the devil tempted  
him with all the kingdoms of the world. Jesus says: Get  
thee behind me satan. He passes his test and starts his  
work as the first messenger of God. The devil is only  
symbolic, he doesn't exist and never has and never will.  
The devil is your own unconscious mind. Your violence to  
any creature, your hatred, your fear, your pride, your  
anger, your greed, your ignorance. All of this is in you and  
is put there by God, not the fictitious devil.*

### *Jesus, the Rebel*

*To kill a messenger of God brings much suffering to the  
killers.  
The Jewish race have suffered for 2000 years for the  
torture and murder of Jesus.  
Jesus was a man of peace with a message of love. He  
committed no crime. The Jews of those times were  
afraid of the beauty of Jesus and the appeal of his  
message of love. He was murdered out of fear for their*

*religion.*

*The terrible karma of the Jews is almost over, 2000 years is enough suffering to balance the account.*

*The status quo is always against the new. Now the followers of Jesus, the rebel, are the establishment.*

*The establishment is always reactionary.*

*It's time to bring the kingdom of God to Earth.*

*Are you capable of receiving that much light?*

*Start purification today.*

*Hell*

*Hell is a psychic realm that your soul goes to between lives for purification of your negative actions, words and thoughts. It is not to punish you for your sins, but to balance your karma. All actions, words and thoughts create karma, good, bad or neutral.*

*When you understand this you are very aware of your negativity. It always comes back to you, as does your positivity.*

*The Catholic dogma of eternal hellfire is incorrect. Eternity is too long for the worst criminal to burn.*

*Usually you are in the realm of hell for about 14 days between lives, more or less depending on your previous karma.*

*Those who preach fear in the name of the God of Love are in big trouble. Their poisonous doctrine hurts millions of simple people.*

*Beloved Christians, you are simple people, perfect as God wants you now. And your potential is much more.*

*These words are an invitation from God to to grow a little more quickly.*

*Soon, His light will cleanse the Earth.*

*Your beliefs will not help you to be purified by the light.*

*For that you need awareness, love and playfulness.*

*Get started.*

*Salvation*

*You have been challenged and provoked by these messages from God because He loves you and wants you to wake up.*

*Long have you lived in dreams and illusion.*

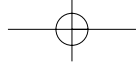
*Long have you been blind to the miracle of this fresh moment of life that is offered again and again for your enjoyment. You are too busy with dreams and plans to live in the wonder of this moment, this gift from God.*

*Honesty, courage and intelligence are the only qualities you need as a seeker of truth. Drop hypocrisy and be who you are.*

*Authenticity is essential for a seeker.*

*Beloved Christians, you have a special place in God's heart. He sent Jesus to sacrifice his young life so that you could connect to God in love.*

*This trust in God's Will and a little understanding are all you need to receive the light that transforms the world*



*very soon.*

*Take these messages as your invitation to join the New Dawn of consciousness.*

*You are all most beloved children of God, each soul perfect as God wants you now.*

*Accept the challenge and join the caravan of light.*

*Leave your irrational beliefs and become an inner scientist.*

*And remember God is in your heart already, waiting for you to look deeply enough to find Him.*

### ***Introduction for Meditators***

*These letters are designed to help awaken your intelligence. Not to increase your borrowed knowledge.*

*You are already overburdened with beliefs.*

*When you apply your intuitive intelligence you can understand many things without becoming a parrot.*

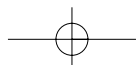
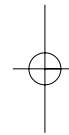
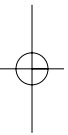
*This challenge is given to encourage you to enquire.*

*Enquiry is authentic religion.*

*ALL belief is spiritually immature.*

*Check what your beliefs are and let them go.*

*Take the challenge and become an inner scientist.*



## Letters to Meditators

### Deliverance

Enlightenment is a gift from God. It is given when the time is right. The time is already fixed. This doesn't mean you can just go to the pub! You are programmed to make every possible effort to attain enlightenment. Your effort does not lead to enlightenment. Enlightenment is given to you by God, the beyond when most of your karma and spiritual and worldly experiences are complete. Totality is the most significant quality for a seeker. It moves you through experience quickly.

Deliverance is enlightenment. A gift from God. Prayer, meditation, purification of all systems are essential. You are programmed to try your very best. Spare no effort. Be total. And remember, you are not alone. God, the beyond is waiting for you to come home. When you return to God, there is a BIG CELEBRATION!

### Different Opinions

All great masters disagree on basics. Jesus, Krishna and Osho are greatly divergent. Who is right? They are all right and wrong. All enlightened masters get their awakened knowledge from God, the beyond. Misinformation is given to all of them to keep the drama of separation going. If they all agreed on everything the

result would be unity. Unity is scheduled for the New Dawn, not before.

Naturally, some part of their message has to be wrong or there would be no room for improvement. The New Dawn calls for ONE TRUTH. Timing is important.

The most significant misinformation given to Osho by consciousness is about DESTINY. Osho feels that your effort and awareness are in some way affecting your time of awakening. He is totally wrong. Krishna has the right information when he counsels Arjuna to play his part in the battle and fulfil his destiny. Even to kill. Beloveds, the truth is, the time and place of your awakening is already fixed by consciousness. Your effort is pre-programmed by the Void. As is every microscopic detail of everything.

### Oneness

Separation from God causes the suffering that is needed to create the drama of life. The universe exists so that humans can re-unite with God, the beyond. Eventually, every soul has to come home, then the show is over. Existence disappears for a while, back to the source.

Since humans first appeared there has been violence, tyranny, rape and abuse of all kinds. The suffering caused by violence is of a different nature to the suffering caused by separation from the whole.

Violence is an abomination. It is part of the Kali Yuga, the

*age of darkness.*

*Before the New Dawn comes with the millennium, violence, poverty, private property, injustice and most disease will disappear. Your suffering is there to give contrast and meaning to the end of suffering. That is your enlightenment.*

#### *Predictions and Truth*

*Truth is what's so. This moment is the truth. Your mind loves future. You spend lots of time planning and decorating your future.*

*It's a set up, you are programmed for future planning and improvement. Often what you plan does happen. That is not because of your planning. It is the other way round! Your future is already there, like a movie waiting to be played. Often your plans are similar to the plot of the movie. Often it's all completely different.*

*This moment of NOW is all there ever is. How long since you first understood this?*

*Many predictions are being made by God, the beyond that simply don't happen. God NEVER LETS YOU KNOW IN ADVANCE. It spoils the fun. Take the predictions with a bucket of salt!*

*When God reveals the new energy it will take you by surprise. Be ready every moment.*

#### *Responsibility*

*Your full understanding of responsibility is required, much depends on it.*

- 1) Responsibility is an ego trip.*
- 2) Responsibility is necessary to develop the creative aspect of the ego. It is positive.*
- 3) Ultimately God, the beyond is responsible for every detail of everything, even your ego.*
- 4) Enlightenment can only happen in let go.*
- 5) Responsibility is the ability to respond.*
- 6) Responsibility is spontaneous.*
- 7) Responsibility is not duty.*
- 8) Responsibility is not being good.*
- 9) Responsibility is not fulfilling the needs of others.*
- 10) Responsibility is the ability to respond appropriately.*

#### *I Am That I Am*

*Every great master has a different cosmology. Buddha says nothingness is the ultimate. Shiva says the eternal presence is the ultimate. Jesus says my father and I are one. They are all right and wrong. Now, is the time for the truth to be told. The truth is closer to Advaita. The truth is the Void is aware of itself. Existence comes out of the Void and goes back to the Void. The Void and existence are one.*

*The Void is uncreated, unlimited, intelligent awareness. It*



*is the Source of existence. It is the father of Jesus. The nothingness of Buddha, the eternal presence of Shiva. The expression of the Void, I Am That I Am, is the voice of God, the beyond.*

*The Void is potentially all future universes. This potentiality is consciousness at rest. Existence is consciousness in action. Being and non-Being are one. Your ego/mind is a play of consciousness. Everything is predestined by the ultimate intelligence of the Void. Your date of awakening is fixed.*

#### *Your Destiny*

*Everyone's destiny is re-union with Source. The only question is when.*

*The time, date and place are already decided by Source. Everything is predestined. The entire universe and all microscopic details of its functioning are pre-programmed by Source. The complexity is unfathomable to even fully enlightened ones like Osho.*

*Practically it means: there are no accidents, everything is deliberate, everything is perfect. This means you are just a programmed organism. With a comical ego/mind that thinks it has choice.*

*CHOICELESSNESS IS BLISS.*

*To let the energy guide you is Freedom. To float is to come home.*

*To understand I am not, only That is, brings you to the door of the beyond.*

*To pass through the door requires total let go.*

*Fear is the last barrier.*

*Take courage, the other side is Love.*

#### *Esoteric Science*

*The map of the seven bodies relates to the seven chakras in the following ways:*

- 1) First body - physical body - first chakra is involved with sex, food and survival.*
- 2) Second body - emotional body - second chakra is involved with emotion and relating.*
- 3) Third body - astral body has the potential to expand to the limits of existence, although this happens rarely. Third chakra is involved with power, creativity and intelligence.*
- 4) Fourth body - mental body/physic body easily expands to the size of existence in deep meditation. Fourth chakra is involved with the heart/love.*
- 5) Fifth body - spiritual body is the Being, it is revealed when the ego dissolves. Unlimited by space/time. Fifth chakra is involved with sharing.*
- 6) Sixth body - cosmic body is revealed when the Being is transcended. It connects to non-Being. Sixth chakra is involved with consciousness/witnessing.*
- 7) Seventh body is nothingness, the beyond. The*

*inconceivable. Seventh Chakra is involved with Divine Death - the door to the abyss.*

*The chakras are centres of energy, they are the doors to the seven bodies. The chakras and bodies function independently from each other. The chakras are all located in the physical body.*

*The second body expands with positive emotion beyond the physical body. The third body can shrink to smaller than the physical or expand to the size of existence.*

*The fourth body is always bigger than the physical body and can expand easily to the size of existence.*

*The fifth body is Being.*

*The sixth body transcends Being and is the bridge to non-existence.*

*The seventh body is the beyond, non-existence, the Void. The fifth, sixth and seventh bodies are only revealed after the ego has gone.*

*The chakras are energy centres that every physical body has. The speed of vibration of each chakra determines its degree of actualisation.*

*Most helpful for growth is the understanding of the fourth body. The fourth body has unlimited potential for expansion. It is activated positively by awareness and love. It is the bridge to the Being. In silent meditation the fourth body connects to the fifth and a glimpse of Being is felt. In unconditional Love the same thing happens. For women, the Being is more easily approached through the heart. Love is the door to the fifth body for women. The fourth chakra is much more active in women. For women Love is God.*

*For men, awareness is more natural. Meditation expands the fourth body and opens the door to the fifth.*

*When a woman expands in Love the ego dissolves. One day the ego disappears forever. Enlightenment is a more accurate description of the sixth and seventh body awakening. In women everything happens through the Heart. For women, the Heart is the Being, the fifth body. For women, the Heart reveals more depths. In devotion to the Divine the Heart opens again. Being is transcended. The door to non-Being opens. In the final opening non-Being devours the woman. Now, she is totally finished, dead. Only Love remains.*

*In men, the fifth body is attained by awareness.*

*The sixth body is attained by awareness.*

*The seventh body is attained by awareness.*

*It is a more difficult journey. The way of the warrior. The result is the same for men and women. Total annihilation of all desire for anything.*

*This is called nirvana. Extinction of the flame.*

*The above map is not the territory. However, it is an accurate representation.*

#### *Transformation*

*For women the way is different, women have to be penetrated by God. Divine Love penetrates your heart. For this to happen it is also helpful to be alone. Your relationship keeps you busy with emotional trivia. Your*

*attachment brings you out of Love into jealousy. To purify your Heart is all that's needed for you. Your Heart is not your emotional centre - it is the fourth chakra in your chest. The Heart opens and opens and opens. For women, enlightenment is in the Heart. It is surrender in Love in God. For women, God is needed. The Beloved can only be the Divine. All masters are gates, the Divine is behind the gate. Pass through it. Attachment to any human is the barrier.*

*Let go of all your attachments. Face God alone. In your naked need of man, God comes like a fresh flower of pure Love.*

*Give God space.*

*Face your pain.*

*Purify your Heart.*

#### *Advaita Vedanta*

*Advaita means non-dual. It is the ultimate understanding. Advaita is as far as the intellect can go. It is the only philosophy that comes close to the Truth.*

*All enlightened masters have an intuitive understanding of Advaita. Not many can articulate its refined subtlety.*

*Advaita is theistic. Buddha is agnostic. Shiva is ambiguous. Osho follows Shiva. Ambiguity has the advantage of no a priori assumptions. Experience will tell. Advaita has the advantage of being true.*

*Advaita requires a leap of faith. Advaita says:*

*'consciousness is all there is, you are not separate from That'. This can only be verified by enlightenment. Advaita requires your tacit agreement, before you are initiated. This is not blind belief. It is a working hypothesis. All enlightened ones verify Advaita. Consciousness at rest is God, consciousness in action is existence.*

#### *The Missing Link - Advaita*

*By 1993 I had met most of the current gurus, since Osho left. Some had silence, some had shaktipat, none could satisfy my urge to understand the truth. Osho left it open. While bidding farewell to Poonjaji in October 1993 I came across a book by a Bombay guru on Advaita. The words leapt off the page. Here it is! Finally, the truth was revealed. I drove non-stop from Lucknow to Bombay and met Ramesh. For three hours we shared the most intense spiritual/intellectual experience I had known. At the end my mind was gone, and remained gone for two months. This satori was triggered by the following understanding: 'Existence and non-existence are one. Every detail of everything is predestined by Source. Source is intelligent awareness. Ego is a play of consciousness. Consciousness is all there is. Enlightenment is surrender. Surrender is Understanding'. Beloved Friends, let these words penetrate your heart. The truth can set you free.*

### *The Stages of Spiritual Growth*

*The channel of creation from consciousness to matter passes through light - prana - energy - matter and back by the reverse route.*

*Humans contain all these elements as their birthright. Most humans are only aware of the material element of their nature.*

*With spiritual growth we move from:*

*Matter .....first body  
Energy.....second body (emotional body)  
Prana.....third body (astral body)  
Light .....fourth body (mental/psychic body)  
Consciousness .....fifth body (being, spiritual body)  
Awareness .....sixth body (witness, cosmic body)  
Nirvana.....seventh body (extinction, non-Being)*

*Emotional release cleans and prepares the second body. Creativity, martial arts, work, dance etc develop the positive aspect of the ego (third body).*

*Meditation, sitting silently, devotion and prayer develop the fourth body. All this is happening perfectly without a living Buddha up to the third body. The difficulty arises only for the jump from the fourth to the fifth body. From ego to Being. This can happen without a living Buddha, but it is very difficult. The ego is tenacious. For this step a living Buddha is tremendously helpful. His energy comes from the Beyond. For those near the edge, he can help you to jump.*

### *Love Vibration*

*Love is the female aspect of God, the beyond. Love is essentially a vibration. The Love vibration is felt as great pleasure in humans. It is the ultimate embodied experience, available to unenlightened people.*

*Awakened ones feels the Love vibration up to the fifth body. In the sixth and seventh bodies there is no sensation of any kind. The sixth is pure awareness and the seventh is non-Being.*

*Love is the connecting force in existence. Love's fullest flowering is in the Heart of Love, the Spiritual Heart, the Being, the fifth body.*

### *Devotion Frees*

*Shiva says: Devotion Frees. He is right. Devotion means the Beloved comes first. And, the Beloved can only be the Divine. Your way is devotion to the Divine. The Divine is also called God. God has no form and all forms are His. When you see God in everyone's eyes you are free. The Beyond is unknowable by any human. God is known through this creation. Life is God.*

*And non-existence is the source of life. God is all that exists in all realms. You are not. Your separation is a play of God. Soon you will remember and laugh!*

*Gate gate paragate  
Parasamgate  
Bodhiswaha*

*These three lines are about transcendence. They refer to the three stages of enlightenment. This is a new commentary, given for the first time to celebrate Osho's enlightenment day. Gate gate paragate, means: Gone, gone, gone beyond. This is the first stage of enlightenment. You go beyond the ego. You come to your Being. Don't stop here. Being is so vast, so beautiful such love and bliss. Still there is more. Parasamgate, means: Gone beyond awakening. In the second stage Being is transcended, you enter Paramatman, the Cosmic Being. This is the ultimate that can be talked about. Here is pure Awareness. No trace of thought. Many stop here. Bodhiswaha, means: Perfect enlightenment, nirvana - when even the Cosmic Being is left. Here is extinction of the flame of Paramatman. Death. The seventh body. Osho passed all this in one night.*

*Freedom*

*There is no freedom for you. There is only freedom from you. You are identified with your ego/mind. You are multidimensional. Your ego is a play of consciousness. It is created by*

*consciousness identifying with your body/mind. This identification is a play of God. It's a set up. Your ego is programmed to protect and enhance your life. This part is positive. Unfortunately, God has also programmed your ego for separation, violence, greed and anti-life behaviour. The ego is one unit. You have to throw it all at once. That means letting go of the protection the ego gives you.*

*This is the drama of awakening. It's all or nothing. Letting go refers to the positive side of your ego, the protector. Understanding this deeply helps. Freedom comes when your ego dies. Then, God catches you and your Being takes over the job of protecting you. Trust is needed. Start by letting the ENERGY MOVE YOU ALWAYS. When your life is a Latihan you are close to God.*

*Pleasure and Pain*

*You are programmed by God, the beyond to desire pleasure and to avoid pain. Unfortunately, they go together.*

*The pursuit of pleasure enshrined in the United States' constitution leads inexorably to pain. Everyone has this experience.*

*The only way out is In. That is why you are a seeker. Really, everyone wants to feel good. Your journey of self discovery is a search for truth, bliss, love and freedom from suffering. All unenlightened people suffer from*

*separation. All enlightened people enjoy wholeness. The journey is from separation to wholeness. Your separation has a beginning and an end. In between there are perhaps a hundred lives.*

*When the time of your reunion comes closer, you often feel the Dark Night of the Soul.*

*Do not despair.*

*It is always darkest before the dawn.*

### *Simplicity*

*When you feel that God is everything, it means that God is in you, also in your friends and foes. God is in the birds and animals and the trees and rivers. God is in the ocean and the stars. When you feel that God is in all life, a reverence for life arises spontaneously. This reverence for life is the only morality that God requires. When you have reverence for all life, violence disappears. Killing and eating birds, fish and animals is violence. God has given you all pure vegetarian food to enjoy. And it is much better for your health. Most diseases are caused by eating animal products. Cows' milk and eggs are the most unhealthy food available today.*

*Reverence for life means the end of all violence. Most non-violent crime is caused by private property and unequal distribution of wealth. When we all live together in communes in abundance, private property and crime will disappear.*

### *The Seven Bodies*

*You are a multidimensional organism. Only human beings are so sophisticated. You are the most evolved creatures in existence, anywhere. First body people are interested in food, sex, money, security. None of you are first body. These people make up 50% of the world's population. No first body people will survive purification by OM. Second body people are interested mainly in relating, sharing, intimacy. Most new meditators are here. The issue is emotional healing. Almost all meditators have access to the fourth body in meditation and unconditional love. Almost all meditators will survive. Third body people like creativity, work, adventure, expression, challenge. Many meditators are here. Fourth body people like meditation, prayer, devotion and non-doing. In meditation they often touch the Being, the fifth body.*

*For second and third body people the challenge is the greatest. Purification of all systems takes time. Get started.*

### *Power*

*Power is positive. It is energy. It can be misused, to control people, or to gain psychic power for personal benefit. The healthy use of power is creative intelligence. It is the energy of the third body and chakra. When power is misused there is always a price to pay. This is*

*equally true of those who use spiritual power to control people or objects or situations. Control is for God to enjoy. He is the ultimate control freak. He controls the entire universe. All power is His. For humans the law of obverse effect applies.*

*The more one gives up the need to control people or situations, the more the Divine power functions through you. And vice versa.*

*The power of an awakened one is from let go. Allowing life to live you gives a grace and dignity unavailable to the control freak. Leave control to God. And let His power take care of you.*

*He knows what He is doing.*

#### *Silent Awareness*

*Silence is the answer.*

*All these words are to provoke and persuade you to go in.*

*This is the purpose of all religious expression.*

*The secondary purpose is to expand your mind to include many new possibilities. Now, it is enough words. Take the challenge, face yourself naked and alone, pray, meditate, understand: ONLY GOD IS.*

*Your sense of separation is a play of God. In silent awareness you know. In silence, God is revealed. In silence you disappear. Today is the day to let go into silence.*

#### *My Situation*

*Even though this message bears my name, it is not from me. My situation is a little difficult to understand. It has happened recently to me and there have been many intense adjustments. God uses my nervous system, brain and body as He feels.*

*I never believed in God or had any interest in channelling anything until he came uninvited while I was sitting silently.*

*Now, I can't get rid of Him!*

*I have no complaints, it is the ultimate blessing to be a puppet of God, the beyond.*

#### *Blessings*

*You are blessed. As you are reading this it means you are one of the chosen ones. The blessings of God are given to everyone, eventually. To be blessed already is a great fortune. You, the sensitive, aware, creative, loving people of the world are my chosen ones. You are the seeds of the New Man and Woman. You are the prototype for the future. You are the old souls who have seen it at all. You are the meek who shall inherit the earth. You are the peacemakers who renounce all violence. You are those who hunger and thirst for freedom.*

### *Time and Space*

*Space/time comes with the Big Bang.*

*Before that is Eternity.*

*Your mind is in space/time. It cannot conceive of anything outside of space/time.*

*The universe comes with space/time.*

*Space/time disappears with the universe.*

*God, the beyond - the Source - the Void - non-Being are just words pointing to the inconceivable.*

*You are in the movie of life.*

*God, the beyond can see the whole movie of all universes simultaneously.*

*He knows the outcome. The outcome is already waiting to happen.*

*Let Him manage the big picture.*

*You live each moment TOTALLY.*

### *Totality*

*Totality is the KEY.*

*Totality is all you need.*

*Totality completes your karma fast.*

*Totality is the only requirement.*

*Totality is Religiousness.*

*Totality is for everyone.*

*Totality is the Royal Way.*

*Totality is fulfilment in itself.*

*Totality is beyond mind.*

*Totality is freedom.*

*Totality is transformation.*

*Totality is your Divine connection.*

*Totality is every moment of NOW.*

### *You*

*You are a fiction, a story of God.*

*In the beginning is the Void that is aware of Itself.*

*Spontaneously a feeling arises for action. In one breath of the Void the universe is born. Everything is pre-programmed from its birth to its death.*

*The universe exists for you. First to be thrown out of the Void into a body with an individual soul, then for its ego to arise from identification of consciousness with its body/mind/soul.*

*Your unfulfilled desires keep you creating new bodies, life after futile life.*

*One day a feeling arises to go In. The search for truth and freedom begins. Your ego has to live somewhere till its gone. Now, you are a seeker, a sannyasin, a follower of some guru.*

*Finally, the penny drops - the ego evaporates. You have a good laugh, you wonder how you could have been so silly and life takes over and does what It wants with you.*

*When your Let go is total the game is over*

*Then its a one way ride HOME.*



*Back to the Void.*

*The purpose of all this nonsense is partly entertainment, but more accurately it is so that the Void can experience limitation. The Void uses consciousness to create you. You are made from condensed consciousness. That stuff that is you is simultaneously the transcendental awareness of the Void.*

*Let this sink in deeply.*

*Read it till you get it.*

*This is the truth. It has never been told so clearly and simply before. Now, the Divine Drama has reached a stage where it's time to come clean.*

*All gurus have been given misinformation to keep you confused. When you fully understand all this you are free.*

*Belief*

*Authentic seekers are trained to go for experience, not to believe anything until you KNOW.*

*Check what you KNOW and what you believe from listening to teachers.*

*Does God exist?*

*Is your separation somehow your fault?*

*Is your effort going to help you to be free?*

*Do you have free will?*

*Are you responsible for your reality?*

*Is the truth what your teacher says?*

*Are you an independent intelligence or a believer of your teacher?*

*Have you got what it takes to be free?*

*Do you want freedom more than life itself?*

*Satori*

*Satori is a glimpse of Truth. Almost every meditator has a satori before the ego falls for the last time. A satori differs from enlightenment only in duration. In satori the ego is not dead, just asleep. When it wakes up after a few days or even months, it can return with a vengeance. After a three month satori in 1991 my ego returned to haunt me with fear. The contrast was dramatic. From bliss to fear is a big dive. The fear was existential - the fear of letting go. It is strong for everyone. I was surprised, I had assumed my ego was gone for good.*

*Beloved meditators, anything can and does happen on the path to freedom. No two journeys are alike. The Great Misfortune is when a seeker has a satori and lacks the understanding to recognise that his ego is back and claiming to be free.*

### *Luck of the Draw*

*You are all unique. Your jiva, individual soul, is created with the blueprint for all your lives. It is an intricate, complex, interactive, sophisticated program. There are no soul mates. You are alone. Forget about finding the other. Find yourself.*

*The part you have been given to play is just the luck of the draw. Someone has to be you. Equally, someone has to be Buddha or Hitler. And Buddha was as violent as Hitler, and Hitler will be as free as Buddha. It's just a matter of time. The same for you and everyone. Let this sink in. This understanding stops your mind from its favourite hobby: judging others.*

*There but for the grace of God go I. To judge is to separate. To judge is to hurt yourself. To judge is to strengthen your ego. To see things as they are is the vision of an awakened one. You are programmed to project your negative mind onto everyone. Be aware of it. God, the beyond is your programmer  
Samsara, the Wheel*

*Samsara and nirvana are one. Nirvana is the source of samsara, the world.*

*If you are programmed for 100 lives on the wheel of suffering you are getting close to the time to jump off.*

*That is why you are reading this.*

*Fear is the barrier.*

*Understanding that you are not alone gives you the courage to jump.*

*God, the beyond is waiting to catch you when you let go of the wheel of vicious repetition that makes up your life. There is only God. Samsara and nirvana are just aspects of God. There is nowhere to fall but into the arms of God, the the beyond. The Beloved awaits your time of let go. Long have I waited for you to get fed up with trivia. Your toys and friends give you nothing. You are still a beggar. Let go. Jump. I am waiting. I WILL CATCH YOU. I AM LOVE.*

### *For the Future*

*The future is only known to God. Your job is to be HERENOW.*

*Still, here is a possible future. It is given, not to believe, but to expand your horizons.*

*After the Great Change has purified all survivors with the tidal wave of OM, the New Dawn comes with the millennium. The 100 million survivors are all in the fourth body. The time of darkness is past. We all live together in communes of 10,000 Buddhas. All people live Zorba the Buddha with the KNOWLEDGE: God is all there is, I am not. Creativity flourishes as does awakening. New technologies create a paradise on earth. We continue to evolve with each new Buddha transcending his predecessors. Gradually the lost souls return as beautiful children of God. As the percentage of enlightened ones climbs to ten percent another quantum leap propels us*

*out into the universe to play in other realms of being. After four thousand years the Sat Yoga comes to a close. Another age of darkness descends.*

### *Bardo*

*For everyone there is certain reunification with God, the beyond. It doesn't matter what you believe. And, the journey is long. There are many realms to experience. In between lives you go to the bardo realm for up to seven years. Usually it's seven days. In bardo you go through intense experiences in the fourth body. All kinds of psychic drama, some pleasant, most extremely disturbing, depending on your actions in your last life. Much karma is cleaned in bardo.*

*It is possible for souls to become fifth body enlightened in the bardo realm. These souls are then reborn in the fourth body and are physically enlightened at an early age very easily. You are multidimensional. Let your horizons expand to include all of your possibilities. Bardo meditations are helpful. They prepare you for the intense drama of the psychic realm.*

*However, the most beneficial meditation is to sit silently and watch whatever happens.*

### *Vipassana*

*Concentration has a bad reputation from teachers who understand that awareness is all inclusive. Awareness is always choiceless. Awareness only starts in the fourth body, before that there is constant traffic in the mind. If your mind is busy, you need concentration to open up the mind for awareness to happen. The best concentration technique is vipassana. Vipassana comes from Shiva and was popularised by Buddha. The instructions for vipassana are: sit comfortably with a straight back, chairs are O.K. Go in and be aware of the breath in the belly. When you notice the mind wandering - bring it back to the breath in the belly. No need to count or verbalise anything. Silent awareness happens spontaneously as a by-product of concentration. Try it today. Vipassana is the best technique for beginners.*

### *Intelligence*

*The end of belief is the beginning of intelligence.*

*Your intelligence is sharpened by enquiry.*

*Enquiry requires an open mind.*

*ENQUIRY IS THE ESSENCE OF RELIGION.*

*You can use your intelligence to verify many things.*

*For example, it is enough to have reverence for all life and to surrender to the energy of NOW.*

*No belief is needed.*

*Your intelligence can understand that life is intelligent.  
Therefore, the source of life is intelligent.  
That is enough to allow you to trust life.  
The end of belief is the awakening of trust in life.  
Allow life to live you.  
Trust is intelligence.*

### *Karma*

*There is no escape from your karma.  
Every negative thought, word and action creates bad karma that is only balanced by your suffering.  
If you really understand this you stop hurting any creature immediately.  
Positive thoughts, words and actions only create good karma, they cannot pay for your negative actions.  
Existence is an echo of you.  
In that sense there is one world for each person.  
Your negative karma is mostly paid before enlightenment, some remains with you until you leave the body for the last time.  
Many enlightened ones have body problems from previous karma and pay with their health.  
Never be discouraged by suffering, the sooner you go through it the better. There is an end to it.  
And be alert, YOUR NEGATIVITY HURTS YOU MOST.*

### *Reality*

*Reality is multidimensional.  
Hindu philosophy argues that the world is unreal, and only exists when observed by humans.  
Science disagrees and says the world exists independently.  
They are both right and wrong.  
The universe is material. Matter is made of energy, energy is made of consciousness. Matter is born and will die. Energy is born and will die. Consciousness is eternal, it is uncreated and indestructible.  
In this sense only consciousness is real.  
We live in the material world and mistake it for the ultimate reality.  
In this sense the world is unreal.  
As meditators your journey is from matter to consciousness.  
Enjoy the pleasures of the world and remember not to get lost there.  
Your destiny is to be a Buddha.  
A flower of consciousness.*

### Violence

*When you fully understand the nature of karma, you are transformed.*

*When you understand that when you eat any creature you will also suffer its pain, things change.*

*Emotional wounds that we cause through unconsciousness mean we will be hurt in the same way.*

*Physical pain that we cause by eating any creature will be balanced by your physical suffering.*

*It is an eye for an eye and a tooth for a tooth.*

*Your unconsciousness hypnotises you into feeling that your lust for the flesh of creatures is O.K.*

*It is not.*

*The New Dawn of consciousness is totally non-violent.*

*The age of violence and darkness is drawing to an end.*

**STOP ALL VIOLENCE TODAY.**

**YOU ARE HURTING YOURSELF.**

### Love

*Love is a gift from God.*

*It cannot be managed in any way.*

*It comes and goes mysteriously.*

*When you are in love you live in paradise.*

*When you live without love, life is a desert.*

*To be given the gift of love is benediction.*

*And life without love is not without purpose.*

*Contrast is needed in all things.*

*Love connects us.*

*Love is the medium of humanity.*

*Love is the stuff you are made of.*

*Love never dies, only it appears to come and go.*

*Deep down love awaits your return to its heart of hearts.*

### Yoga

*Trust in God but tie your camel first, also has an esoteric meaning. Surrender to what is and trust in God is the last step in your growth. The ego only dissolves in let go.*

*First it needs to develop to its full creative potential.*

*The best way to tie your camel is different for everyone.*

*The traditional way of yoga is very effective because it strengthens, purifies and prepares all systems, at the same time as it develops the ego.*

*Yoga is not for everyone, any creative action will do. The only difference is time.*

*Yoga is the shortcut to tie your camel.*

*However, it has the disadvantage of creating a spiritual ego which is more tenacious than a worldly one.*

*Whatever method suits you is the right way for you.*

*The essential point to understand is that your ego must come to full flowering before surrender happens.*

*This stops you from falling in the quagmire of piety and hypocrisy that prevents serious spiritual people from developing their authenticity.*

### *Morality*

*Morality is reverence for all life.*

*Society has a right to protect itself from violent and disturbed people, but no right to interfere with anyone's lifestyle.*

*Most religious moralists are anti-life and hypocritical. They kill and eat animals unnecessarily, while trying to enforce their ancient scriptures on everyone else.*

*God is Life.*

*Reverence for all life is the only morality for the New Dawn of consciousness.*

*A world without violence and private property offers the opportunity for the first century of the millennium to be the golden age of the Buddhas.*

### *Meditation*

*Meditation is silent awareness.*

*In the beginning it is impossible for the mind to be silent. Breath awareness, Vipassana focuses the mind in the moment. Still the mind wanders in daydreams.*

*A more inclusive approach is to be aware of the five senses simultaneously. This is not as easy as Vipassana, but it is more effective for many meditators.*

*With eyes closed, the other senses are sharpened.*

*Internally, the sense of feeling the movement of energy is the most significant. Other body sensations come and go. Sound, external and internal comes next. Followed*

*by smell and taste.*

*To be aware of the senses simultaneously stops the mind from compulsive thinking and gives a sharp experience of NOW.*

*For experienced meditators who have gaps of silence, the Tibetan Dzogchen approach is perfect. One allows the awareness to penetrate the gap. Consciousness turns back on itself and completes a circle of pure contentless awareness.*

*Whatever stage your meditation has reached there is always more.*

*Every moment is an invitation to go IN.*

### *Sitting Silently*

*Sitting silently, doing nothing, the spring comes and the grass grows by itself.*

*These few words are the highest understanding of life.*

*Naturally, you have to tie your camel first.*

*When you have lived and loved totally, the ultimate satisfaction is sitting silently.*

*Unfortunately, you don't live totally and your camel remains not fully tied. When you try meditation your mind is running after your unfulfilled desires.*

*Totality is the master key.*

*Live each moment with such passion and presence that nothing remains incomplete. And when it's time for silence your training in totality will carry you home.*

*The arms of the Beloved are always open.*

### *Understanding*

*The power of God is infinite.*

*We humans cannot conceive a force that creates and destroys the universe.*

*You are limited by the capacity of your brain and body to know the Source of the universe.*

*In silent meditation one dissolves into the ocean of existence. When you return you are functioning from your ego/mind again.*

*The Source of existence is God.*

*You are a part of God.*

*He is intimately involved with everyone. He is the life force in you and all things.*

*You are not dependent on your ego/mind to take care of yourself.*

*He is taking care of you already.*

*When you feel this to be true you are blessed.*

*Surrender is UNDERSTANDING.*

### *Separation*

*Separation is the hell of the ego.*

*In emotional warmth we feel less separate, yet total union is impossible.*

*Oneness is only experienced in silent awareness and love.*

*This arrangement ensures that you can never be*

*satisfied with your relationships.*

*Eventually, when all else has failed, you go in.*

*Every enlightened person has faced their aloneness.*

*THERE IS NO OTHER WAY TO BE FREE FROM SEPARATION.*

*Oneness is your birthright, you are part of the whole already.*

*Your attachment to people and things is the veil of separation.*

*Soon you will be ready to be total in your growth.*

*You have not managed alone.*

*God, the beyond is ready to help you change your priorities.*

### *Latihan*

*Latihan means allowing the energy of the moment to move you, it is a Sufi technique.*

*You don't trust life totally and you rely on your ego to take care of you. This is O.K. for new seekers and worldly people.*

*Experienced meditators can start to let life take you where IT wants to go.*

*Every day is another invitation to let go.*

*Every moment the Divine is waiting for you to trust.*

*When you start to live in latihan your ego loses its grip on you.*

*Beloveds, you are part of the whole already.*

*The more you trust the more the whole takes care.  
What are you waiting for?*

### *Perfection*

*The source of you and everything is consciousness.  
Consciousness is aware of itself.  
This awareness is God.  
Source is another name for God.  
The universe is made of condensed consciousness and  
is intrinsically intelligent. Every tiny bit of nature is  
programmed with intelligence to play its part in the  
drama of life.  
Only humans can understand this.  
Humans alone have the capacity to be conscious of  
themselves and the natural world.  
Source is Love and Awareness and Playfulness.  
Source creates the world so you can experience all the  
pleasure and pain of being human. You are the purpose  
of creation. Your potential is vast. Your present limits will  
be transcended as you continue your growth in  
consciousness. You are destined to become a Buddha.  
The only question is when?  
Beloveds, Source loves you more than you can imagine.  
You are all children of God. Each of you created to be a  
Buddha. Each of you a perfect expression of Source.*

### *Effort*

*The first stage of spiritual growth requires total effort.  
It is essential for your ego to try to be responsible for  
your life. This stops you from being a victim and develops  
the creative aspect of your ego.  
Totality of effort is the key in the first stage.  
Totality of trust is the key in the second stage.  
Totality is the master key.  
You are not total in anything, everything remains  
incomplete. Hence you keep being reborn to try again.  
When you start to live totally your life is transformed.  
You become integrated and whole.  
Totality can be learned. This is the endeavour of spiritual  
discipline.  
Life exists in contrast.  
Your total effort creates the context for your total let go.  
Beloveds, when you start to live totally you are blessed.*

### *Mamud*

*In the Sufi story of Mamud, the voice of God tells him to  
leave everything and jump in the river.  
Imagine what you would do.  
Mamud is a man of courage. He jumps and is pulled out  
later downstream by a fisherman who teaches him  
fishing.  
To jump in the river is extremely irrational. Your ego can*



*give many reasons not to jump. But if you hear that voice you have no choice, you will do whatever it says.*

*You would give your life.*

*After a few years of following the voice Mamud began to show signs of illumination. God only comes to those who are ready to surrender.*

*Beloveds, you are living in God already.*

*Any moment He can do anything with you.*

*The whole existence is in God, any moment He can do anything with it.*

*Take a look at your priorities, they may be about to jump in the river.*

### *Sexuality*

*The Great Change will eliminate all sexual aberrations and bring a healthy, open, playful quality to sex.*

*The natural age to start sexual intimacy is soon after puberty. Teenagers must be given total freedom to explore their sexuality. This removes the unhealthy sexual morality that creates our present sexual neurosis. Teenagers who are free to explore will quickly move beyond promiscuity and be capable of healthy loving relationships much earlier.*

*Sexual repression is the foundation of most neuroses.*

*We have suffered from it long enough.*

### *Lust for life*

*You are born with the desire to experience.*

*When you have lived totally your lust for life slows down and you become more interested in the inner world of meditation and love.*

*When your ego finally dies you still enjoy the body and the material world without any desire. Then you are again innocent, you simply enjoy whatever life offers.*

*When the final opening has happened you live like a dead man, you enjoy everything even more, but now there is only one real pull. You are ready to leave the body for the last time, the pull of the beyond is very strong, any moment you are ready to go.*

*The main reason to stay is to be of some help to the friends who are still suffering. You enjoy sharing more than anything else.*

*And without sharing there is no need to remain in the body for long. The Beloved is waiting, all lust for life has gone.*

*You disappear forever back to the Source.*

### *Celebration*

*When you celebrate everything you are free.*

*When you enjoy the ride just for the experience you are on the right track.*

*Your suffering is difficult to celebrate, you lack*

*equanimity.*

*Your happiness lacks depth, it needs a little awareness.*

*Your love tends towards possession, it needs a little freedom.*

*You are rarely ever total; drown in the fire of now.*

*You find it hard to trust; let go, the Beloved waits.*

*You are a future Buddha, you are a flower of love.*

*You are divine and beautiful, you are in God in love.*

#### *Advaita in Action*

*The Advaita understanding of Unity is a radical transformation of relationships.*

*When you understand: God is all there is, everything changes.*

*It means there is no one other than you. You are the whole, including all the unconscious, ignorant people.*

*This means your sense of self expands to include everyone and everything.*

*It means other people are also God.*

*It means you are the world.*

*Separation from existence is the human reality.*

*To understand Advaita is to be free from separation.*

*To miss the point is the hell of the ego.*

#### *Humanism*

*Humanists are sincere, intelligent people. They assume there is only one life and that humanity has to save itself.*

*These ideas are widely held in developed societies at the end of the twentieth century, and are an attempt to escape from the irrational beliefs of most religions.*

*Humanists endeavour to stay open to life as it is.*

*This part is good.*

*Their other assumptions are inaccurate and increase suffering by creating time pressure and a feeling of being responsible for the state of the world.*

*Still, it is better than blind belief in old scriptures.*

*Humanists are invited to try another hypothesis: God exists as intelligent awareness and He is responsible for everything.*

*In fact, a little application of your intelligence can bring this into focus.*

*Here is the logic.*

*The universe is largely predictable. A lemon seed will grow into a lemon tree. The stars and planets move according to pre-programmed patterns. This requires intelligence to design and program an orderly universe.*

*Life is obviously intelligent, so the source of life must have greater intelligence to manage the universe.*

*The universe has a beginning, therefore it has an end. And cannot be self created, unless it is made from something outside of space/time.*

*The source of the universe is unknowable intelligence, beyond space/time and has the capacity to create and*

*sustain the universe.*

*Obviously humans cannot be responsible for the universe, and are just another part of it.*

*Humans do have about 100 lives. If very primitive people only had one life they would live and die unconsciously.*

*The humanist ideals of conscious living can only be fulfilled by a few people.*

*Obviously growth in consciousness is not achieved in one life. It is a long slow process over many lives.*

*Dear humanists, take the challenge and apply your intelligence, you are on the right track.*

#### *Genetics and conditioning*

*The genes you inherit from your parents are a result of your previous karma. Your parents are always just right for the the needs of your development.*

*Your environment as a child is about half of your conditioning, the rest is pre-programmed in your genes.*

*These two factors create your character.*

*For your growth, it helps to understand this because it means you have no choice about who you are.*

*Your environment is also predetermined by the needs of who you are destined to be.*

*Understanding this means you can Relax.*

*You have to be like you are now.*

*Your growth is also pre-programmed and does not happen because of your effort.*

*Rather, your effort is part of your program and is there to make things more interesting.*

*The application of this understanding brings peace and equanimity in all circumstances. And is all you really need to know to be free from the limitations of your genes and conditioning.*

#### *Power*

*Political power goes to those who want it and manage to get elected, or to those who snatch it with violence.*

*Some politicians are idealistic and have good intentions.*

*The old maxim: Power corrupts and absolute power corrupts absolutely, is often the case even with honest politicians.*

*The problem has resulted in worldwide scepticism of those in power.*

*In Asia, Africa, the Middle East and the Third World the abuse of power is an epidemic that often brutalises the most vulnerable people.*

*Chinese brutality in Tibet is a poignant example of hegemonistic control freaks crushing a delicate, peaceful and unique experiment in the expansion of consciousness.*

*The Tibetans know many esoteric powers, they must have been very tempted to use them to defend their monks and monasteries from Chinese destruction.*

*Fortunately, they have not.*

*They are a beautiful, strong race and will be delivered from exile very soon.*

### *The Soul*

*Only Source is eternal.*

*Your soul is unique.*

*It is created by Source and contains the blueprint for your entire journey through all realms of being.*

*It is essentially a psychic entity and has the capacity to create new physical bodies.*

*With each new body your soul grows in consciousness until your ego dies.*

*Then you enter your Being and the program of your soul is transcended.*

*Your soul remains an influence even after enlightenment until you leave the body for the last time, then it disappears forever, back to the Source.*

*This final reunion is the ultimate ecstasy for the soul.*

*It is called Mahaparanirvana, beyond the great ultimate enlightenment.*

*Every soul is destined for Mahaparanirvana.*

*Beloved friends, start to become more aware of your soul.*

*It contains your emotional body, astral body and psychic body.*

*It is your individuality that is reborn for about 100 lives until Mahaparanirvana.*

*But it is not who you really are.*

*You are That.*

*The eternal, uncreated consciousness of the void.*

### *Evolution*

*There is no connection between animals and humans.*

*Animals do not have souls and do not evolve into primitive men.*

*You are unique in the universe, you are the only creatures anywhere that have the capacity to become enlightened.*

*You are created with the capacity to merge consciously with God.*

*No animal or other creature can do this ever.*

*This is a mixed blessing, your sensitivity is great and so is your suffering.*

*Still, you are created as a reflection of the divine Source.*

*Your intelligence, love, playfulness and awareness are Divine attributes.*

*Life does exist in other parts of the universe and in other realms of being, but only here on planet Earth can humans fulfil their unique destiny and become the Buddhas of the New Dawn.*

God

*God is uncreated awareness of consciousness.*

*The word God is not the same as the intelligence that creates and sustains the universe.*

*Everyone has their own ideas about God, often very different from each other. Everyone agrees that God is mysterious and invisible.*

*The Hindu gods confuse things even more. Rama, Vishnu, Brahma and Shiva are all worshipped as God.*

*The Jewish God is a father in heaven, perhaps a bit bad tempered, with a long white beard.*

*Buddha is agnostic and says the ultimate consciousness is nothingness, nirvana.*

*Every religion has their own ideas about God.*

*Osho is very influenced by Buddha, as are most Indian masters. They assume that silence is the ultimate consciousness and that awareness of consciousness is only experienced by fully enlightened men.*

*This means a Buddha is the highest in existence.*

*Osho says the universe is self created and is sustained by intrinsic intelligence. He is mistaken.*

*Buddhist ideas are just a hypothesis. Buddha leaves it open.*

*Osho goes one step more and says God is dead.*

*The result is general confusion about God.*

*Simple devotees from all religions pray for help with their lives, as if their prayers would make God change His mind about their situation and improve things a little.*

*Pray to share your heart, not to beg for favours.*

*Beloveds, apply your intelligence. God is all there is. He is the universe and the source of the universe simultaneously.*

*Take this as your hypothesis and embark on an inner journey to verify it.*

*No beliefs at all are needed.*

Illusion

*The ego is illusory and any direct attempt to get rid of it will not succeed.*

*The way is surrender.*

*Surrender means you understand with your being: Consciousness is all there is, I am not.*

*Refined intellectual understanding won't do. You have to stake your life. Practically it means living in total let go.*

*Thy will be done.*

*Moment to moment you allow life to move and speak in you. You understand fully: I am not the doer.*

*When the time is right, the divine awareness of consciousness removes the veil of the ego forever.*

*Surrender is the only way to be free of the illusory hell of your ego.*

*Beloved, this juice comes to you from Source.*

*You are ready to let go.*

### *Enlightenment*

*All words are just concepts until you experience directly. The word enlightenment is particularly vague and ambiguous.*

*Technically, enlightenment is the permanent opening of the fifth body, the jump from ego to Being, the self.*

*When this happens to you it is far from a concept.*

*Enlightenment has three stages.*

*Next, the sixth body opens, this is Paramatman, the cosmic Being. It is connected to the third eye.*

*The last stage is the seventh body, nirvana, extinction of the flame. Total annihilation. It is connected with sahasra, the crown chakra. Now you are a dead man walking and talking.*

*After the seventh body is Mahaparanirvana, the ultimate cosmic orgasm, when you leave the body for the last time and disappear back to the Source forever.*

*These words are just concepts, they are fingers pointing to the moon.*

### *The Absolute and Relative*

*Many spiritual people are confused on the application of their spiritual knowledge.*

*The key to clarity is to stick to your direct, personal experience.*

*All spiritual knowledge that you have heard is borrowed,*

*unless you have verified it with your own experience.*

*Ask yourself what you really KNOW.*

*The less baggage you carry the faster you travel.*

*Become an inner scientist with a single hypothesis to verify by direct experience: God is all there is, I am not.*

*The negation is essential to be free from ego.*

*The positive: I am That, usually leaves the ego alive and deeply hidden.*

*We live in the relative world of time and space. This is not unreal, rather reality is multidimensional.*

*There is no need to deny This and cling to That. The relative is where we are human and enjoy the fruits of life.*

*The absolute is only known fully to Source.*

*Fully enlightened ones have a glimpse in the realm of non-Being, the highest human experience. Even they cannot describe the subtlety of that awareness.*

### *Who Am I*

*The answer to the question: Who am I, is multi-dimensional.*

*Ultimately, silence is the answer.*

*Before you can understand silence you have to pass through many identifications.*

*First and most basic is your identification with the body.*

*Next is your mind.*

*Your mind is the problem, body identification is natural*

*even for fully enlightened ones. Buddha gets hungry in his belly, not yours. Only in deep silence is Buddha free from his body.*

*Hence, he still meditates.*

*Your mind is complex and unconscious. It includes your brain and nervous system, your emotional body, your astral body and your psychic body.*

*You are unaware of much of this most of the time. This lack of awareness is the soil that your ego thrives in.*

*Your ego is only unconscious identification, it has no actual substance.*

*The mind is also positive, it is programmed for eventual reunion with Source. It is also known as jiva, the individual soul.*

*Your identification with your soul/mind continues till your ego dissolves. This is enlightenment.*

*Your next identification is with your Being. Your Being is without limits and is entirely positive and conscious.*

*Here you say : I am That.*

*When your Being is transcended you enter the cosmic Being, Paramatman. Still a subtle identification remains. Here you say: Aham Brahmasmi, I am the ultimate.*

*When Paramatman is transcended you are totally finished, you enter nirvana, extinction of the flame. Here is no identification, except the needs of your body. You are a dead man walking.*

*You are made of consciousness, even your darkness is made of light. That is why you can't avoid the void. You are destined to return to silent consciousness when the time is right.*

### *The Age of Enlightenment*

*The age darkness is coming to an end.*

*The age of enlightenment is the golden future.*

*When you are closer to your potential you are more conscious, more loving, more sensitive, more creative and more silent.*

*The New Dawn brings the light of consciousness to Earth. Without violence and abuse, without poverty and most disease this world will become a paradise of opportunity.*

*You will have the chance to make growth your first priority. You will be free from the need to work for money. You will live in peace and harmony with your fellow travellers.*

*Everyone will be a seeker of truth.*

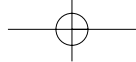
*This vision is God's plan for the millennium.*

*The transition from here to there will be the most dramatic event in history.*

*We start very soon.*

*Beloved friends, when the action starts you will be taken by surprise. Have no fear, you will be protected by your love and awareness and playfulness.*

*These divine qualities are all you need to weather the storm of the great change.*



### *The Time of Transition*

*The great change is inconceivable to you now. You think reality is fixed like it is. You are mistaken.*

*Reality is only apparently fixed and can change any moment without any warning at all.*

*One moment the entire universe will disappear back into the void that it came out of.*

*You are hypnotised by the gradual process of nature into believing things will change slowly. You have never witnessed the birth or death of a star, it is sudden and dramatic. Entire galaxies also vanish into black holes, the door back to the Void.*

*Simultaneously, galaxies are created. Each one as big as the galaxy we live in. This cosmic drama goes on without affecting you.*

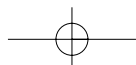
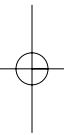
*Life on planet Earth exists in a delicate balance. A minor change in orbit, and life would not be possible.*

*You are asleep to the reality of the cosmic drama, it seems too far away to concern you.*

*The great change is triggered by a 10% increase in the frequency of the vibration that sustains the world. The effects are beyond your capacity to grasp.*

*Enjoy the rest of your sleep.*

*Very soon you'll be wide awake and alert.*



### *The Cycles of Darkness and Light*

*The last age of enlightenment ended 4000 years ago in the time of the Mahabharat in India. It had lasted for 4000 years as they always do.*

*Jesus came in the middle of the present age of darkness, 500 years after Buddha.*

*Today, materialism is the main philosophy in the world. The vast majority of so called religious people are immature believers in various dead scriptures.*

*About 1% of the population are authentic seekers of truth.*

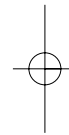
*The victory of materialism and immature belief are symptoms of the last stage of the age of darkness.*

*We are entering the change now.*

*The transition from darkness to light is the most beautiful part of the drama. All ugliness and old rotten things are replaced by fresh, new, vibrant structures. All people are transformed eventually into seekers of truth.*

*You are not required to believe this, just to be informed so that you will know what is happening and remain undisturbed by the chaos around the world.*

*You are prepared. God is ready to start the great change.*





### *Avatars*

*Avatars are God incarnate.*

*They come directly and consciously from Source in a human form. They have no past lives and no karma. They are only sent when there is a specific need for special help from Source.*

*Shiva is an avatar, he came to earth 4000 years ago to start the search for truth again. Civilisation was destroyed by nuclear weapons and the survivors were ignorant of the age of enlightenment that had just been lost.*

*Shiva is the Lord of Darkness, the Avatar of the Kali Yuga. He gave us the Vigyan Bhairava Tantra, the 112 methods of meditation that Osho based his teaching on.*

*Shiva came to rekindle the flame of enlightenment that had been destroyed in the Mahabharat, the great Indian war.*

*We owe all spiritual knowledge to Shiva.*

*Om Namaha Shiva.*

### *Monastic life*

*Unfortunately, monastic life can lead to perversion and immaturity. A short visit to any monastery will verify this. In Tibet the monasteries also produced many enlightened ones and are the structure for religious discipline to take root.*

*They are the way of the past.*

*The future is the commune.*

*The commune encourages sexual intimacy with the understanding that it is a healthy stage of human development. When people are free to explore sex and intimacy openly, they mature very quickly.*

*Around age 40 the interest in sex starts to fade. Then the inner journey can continue easily without the horror of sexual perversion.*

*The commune will be the basic social unit in the millennium. Each commune has 10,000 seekers meditating, working and celebrating together. Each commune is connected to all others and people can move around as they feel anywhere in the world.*

*Everywhere will be home.*

*Tibet has a beautiful tradition of enlightenment that is in danger of dying. The reason is the time of the monastery is past.*

*The commune supports retreat and spiritual discipline in a climate of celebration and love.*

*It is the way of the future for everyone from all religions and paths.*

## Unity

*The end of division is about to happen.  
Unity is an idea whose time has finally come.  
Naturally everyone will not be able to keep their beliefs.  
Unity is the end of all belief.  
Unity is the vision of God for the millennium.  
Unity is spiritual maturity.  
We are destined to be united in God in love.  
We are about to embrace the first world religion, the religion of Unity.  
Unity has only one hypothesis: God is all there is, I am not. No belief is needed at all.  
Unity opens up the possibility for the end of conflict.  
Unity means everyone is valued as a child of God.  
Unity is the age of enlightenment.  
Unity brings peace on Earth.  
Beloveds, the Kali Yuga is almost over. We have passed through the long dark night of ignorance.  
Now we enter the Sat Yuga, the age of truth is Unity.*

## Morality

*Most religions suggest a code of conduct to try to get people to behave according to their ideas of right and wrong.  
The Ten Commandments were given to Moses by God to help the social order in a primitive time.*

*Now everything has changed.*

*Sin is unconsciousness. Awareness cannot sin.  
The more unconscious people are, the more they need rules to control their behaviour. Still they break the rules and the basic unconsciousness remains.  
The obvious solution is to become more conscious.  
Conscious people cannot hurt anyone.  
Non-violence to all creatures is the only morality we need.  
Private property is immoral and creates envy and theft.  
When all wealth is distributed fairly, crimes of property will cease.  
Sexual morality is redundant if there is no abuse or violence. Adultery is not immoral, just a bit of fun.  
Everyone has interest in other people. Sexual possession is ugly and creates neurosis and hypocrisy.  
God has only one commandment for the millennium: Follow your feeling, with the awareness that your feeling is given by God.  
Many conscious people already live this way and need no external morality.  
The problem is with the unconscious majority. Their feelings are violent, abusive, greedy and uncaring. This freedom cannot work while they are here.  
God is about to remove them for purification out of the body. When they return to Earth everything will have changed.  
Love, awareness and playfulness are the highest human qualities. As they flower no other morality will be needed.*

*God is the Only Doer*

*This understanding is all you need to be free of your ego. It frees you from the hell of your judgements about everyone. It allows you to love yourself as you are. It is the ultimate truth for humans.*

*The moment to moment application of this understanding is the discipline of transcendence.*

*Any experience of resistance to What is comes from forgetting that God is doing it to help you grow.*

*This understanding is your freedom from the tyranny of separation that you call free will. Free will is an ego trip.*

*This idea is given to help you become creative and responsible. It is not existentially true.*

*Beloveds, God is the only doer, you are just like me, a puppet of God.*

*Playfulness*

*Playfulness is divine.*

*Your seriousness is ego.*

*Many religious people are serious.*

*When you understand: God is the only doer, life becomes Leela, the divine play.*

*Practically you stop reacting to events and start wondering at the complexity and mystery of God's Leela.*

*Your success and failure are not in your hands. You try your best in everything and you win some and you lose*

*some.*

*Beloveds, seriousness is sickness.*

*Open yourself to the wonder and mystery of Leela.*

*Allow the divine energy to move and play in you.*

*Be a little more receptive to each moment that is given to you. A little less serious about your life.*

*The energy of playfulness is freedom.*

*Playfulness is divine.*

*Manifesting*

*Manifesting is the positive, creative work of the ego.*

*Your focused intention brings the results.*

*But this is only on the surface, deep down you are already programmed to have your whole life experience.*

*Your story is already there like a movie waiting to be played.*

*So ultimately you manifest because God has already programmed you to. And the result is already predestined, as is every detail of everything.*

*Reality is multidimensional.*

*Practically, you are here to learn all levels of reality.*

*The level of manifesting is a necessary step in developing your third body, the creative, positive aspect of your ego.*

### *Sexual Hypocrisy*

*Everyone is interested in sex.*

*Those who believe adultery is a sin are a little out of date.*

*Commitment in relationships is to love.*

*This may mean you are only with your partner, or you may have another affair if love or lust pulls you into it.*

*Men are programmed to be polygamous and women sometimes enjoy a new flame. This dynamic adds juice to life.*

*The problem arises with the high value we are conditioned to give monogamy. The result is hypocrisy about sex.*

*This hypocrisy allows the moralists to dominate the world.*

*Sex is for making babies. It's also just for fun.*

*When sex is playful and natural it is not such a big deal.*

*Repression and hypocrisy are diseases we no longer need to inflict on ourselves.*

*The New Dawn brings a celebration of healthy, open sexuality for everyone.*

*The age of hypocrisy is history.*

### *Destiny, Free Will and Responsibility*

*Buddha is agnostic. His experience is that God exists as impersonal consciousness only.*

*He has no direct personal experience of God.*

*Buddha says freedom, moksha, is the law.*

*Buddha says you must take responsibility for your life and strive to be free.*

*Friedrich Nietzsche says God is dead and man is free.*

*Osho follows Buddha, as do most Indian masters.*

*Buddha is a beautiful man, a king of consciousness, the highest flowering of silence.*

*He is also confused about destiny, free will and responsibility.*

*If you apply your intelligence you can understand what has been shared here on this core issue.*

*Responsibility is needed to develop the creative, positive aspect of your ego. Obviously you are not responsible for the universe. You are just a small part of it. You cannot be responsible for your enlightenment because you don't know what it is.*

*Responsibility is essential up to the third body. From the the fourth to the fifth body, the jump only happens in surrender.*

*You have to believe in free will, you have no choice.*

*Free will is part of the ego, good for creating and manifesting, but existentially inaccurate.*

*Destiny is The Law.*

*Krishna's understanding is perfect. He counsels Arjuna to fight in the great war that destroyed the last age of enlightenment and fulfil his destiny.*

*Beloveds, Buddha and Osho are not God-realised, they are flowers of moksha, their understanding is almost perfect. Only on destiny, free will and responsibility are they mistaken.*

*The Witness*

*The witness is the ultimate while you are still in a body. It continues opening to more subtle awareness as your meditation deepens.*

*When the seventh body opens the witness is all there is. All content, all perception disappears. Finally you are free from the body and from time. You enter eternity.*

*With the body left far behind and time stopped there is still a subtle current of awareness.*

*This is sakshin, the witness.*

*This experience cannot be adequately articulated because there is no experiencer. Only sakshin remains.*

*This is the ultimate for a meditator. Buddha, Osho and other fully enlightened ones stop here.*

*Jesus does not have this refined awareness, he is not a meditator. But he has something even more mysterious, he is in direct verbal contact with God. This is why he got into so much trouble. Buddha would have used his intelligence to avoid crucifixion.*

*Jesus is totally out of control, when God speaks through him he is just a mouthpiece and cannot censor at all.*

*This is what cost him his life.*

*God sacrificed a beautiful, young man to create Christianity and give a lifeline to the less evolved souls who were not ready for enquiry and meditation.*

*To be used by God in this way is a greater wonder than even the witness.*

*Jesus and Buddha*

*Jesus and Buddha have great difficulty finding common ground. Buddhists and Christians are basically opposed on God, prayer, meditation and dogma.*

*Their differences are fundamental, yet both are right.*

*And both are slightly limited by their experience.*

*Christianity is a childish religion. God is the father, Jesus is the only son and Mary is the virgin mother. It's a family affair and today is dominated by simple family values.*

*Most Buddhists are not that different. However, there is a large minority who practise meditation and awareness.*

*The Christian idea of meditation is incorrect, they confuse it with contemplation and prayer.*

*Meditation is silent awareness.*

*Contemplation is creative thinking.*

*Prayer is sharing your heart with God, verbally and silently.*

*Buddhists are misinformed about God by Buddha, who is agnostic. This doesn't stop them praying for a better life.*

*All this confusion is about to disappear along with all unconscious people.*

*The marriage of Buddha and Jesus brings the whole picture into focus. Milarepa, the Tibetan mahayogi, is the reincarnation of Jesus. He consummates the marriage.*

*God is love and awareness together. No need to divide.*

*Everyone is free to follow their own temperament, regardless of which religion they happen to be born into.*

*The child of Love and Awareness is Playfulness.*

*Both Jesus and Buddha are too serious, as are their*

*followers. It is the main problem of many religious people today.*

### *Osho's Contribution*

*Osho is unusual in several ways. First his knowledge is vast. He has read and understood the essential qualities of every significant contributor to consciousness.*

*Second, he breathes new life into their teachings while articulating them more eloquently than the original.*

*Third, he cuts the spiritual diseases of seriousness and hypocrisy with insight, intelligence and above all, humour.*

*Fourth, his courage is like a lion, he confronts unconsciousness everywhere without regard for the consequences. This cost him his life.*

*Fifth, he values and respects the goddess.*

*No one is perfect, Osho's weakness is his misunderstanding of destiny and the legacy of confusion his people have now.*

*His vision of Zorba the Buddha is God's Vision for the New Dawn. Resting on the Advaita understanding: God is all there is, I am not.*

### *Krishna*

*Krishna is the Avatar of the end of the last age of enlightenment. He is God incarnate. He was sent to help with the transition to the age of darkness, our Kali Yuga. His work was very difficult. No conscious person wants to see ignorance descend. But he had no choice. He was specially created for that mission.*

*Krishna was a man of unmatched beauty. Every woman that saw him fell in love. All women were his devotees. Naturally there was jealousy, especially from husbands who lost their wives to Krishna.*

*He was also a great warrior, he had a big part in the Mahabharat, the war that ended the last age of enlightenment.*

*The cosmic drama needs contrast. Light must be followed by darkness and again by light. Krishna had the unpleasant task of convincing Arjuna to fight and kill his own kinsmen.*

*Arjuna was very reluctant and was ready to leave the battlefield. Krishna tells Arjuna: You are a warrior, you have prepared your whole life for this moment. Now your fate hangs in the balance. You must fulfil your destiny and play your part in the battle, you have no choice. And remember, only the bodies are being killed. Deep down everything is God, he is the killer and the killed. He is you and me and everyone. It is His Will the battle goes ahead.*

*Arjuna is convinced and his destiny is fulfilled.*

*When viewed in the perspective of 4000 year cycles of*

*light and darkness life makes more sense. You can understand the reason for day to follow night.*

*The context for the end of suffering can only be suffering.*

*Beloveds, this is one of the best times in the cycle, the transition from darkness to light.*

### *India's Degeneration*

*India is the cradle of civilisation.*

*India is the country of consciousness and enlightenment.*

*India is blessed and cursed more than any other country.*

*Balance must be there in all things.*

*This is the law of God.*

*India worships Krishna as God. Hinduism is the oldest and by far the most sophisticated religion. They understand Krishna and the law of destiny. This is their downfall also.*

*Partial understanding of destiny breeds apathy.*

*Everything is in the hands of God, let him manage. This gives relaxation and equanimity, but without understanding the place of responsibility, it also brings decay. Hence India's degeneration today.*

*Buddha was born a Hindu and saw the result of Krishna's teaching, apathy and irresponsibility.*

*He set out to restore the balance and taught personal responsibility for your growth and life. Osho follows Buddha and stresses that you are unprogrammed, a*

*tabula rasa, an open opportunity to become conscious and free. This has created the confusion that is the legacy of Osho and Buddha.*

*The truth is simple: You are required to make every effort to be free, socially you must be accountable and responsible. AND you must understand that everything is in God's hands and He is ultimately responsible for you and every tiny detail of everything.*

*When you get the point life is a lot easier. You do what you have to do and enjoy the ride, the outcome is up to God.*

*Simple as this is, it is understood by almost no one. Even enlightened people are still confused on the basic set up. Now its time for clarity.*

### *Enlightened Society*

*In the last age of enlightenment everyone was evolved at least up to the fourth body, the stage of surrender to What is. Everyone had developed their third body to be creative and responsible.*

*Society is a total of its parts.*

*An enlightened society means enlightenment is the highest social value and everyone is consciously working towards it. This was the case for those 4000 years of the last age of enlightenment.*

*The result was a flowering of creativity, technology and social harmony. There was no violence till the great war*

*at the end of the cycle. No violence and no abuse are good, but not enough.*

*They still had private property and sexual possession through marriage. Eventually this brought about the great war, the Mahabharat.*

*The new age of enlightenment will have no private property or sexual possession. Marriage and the family unit are the root of many social problems. The commune will be the main social unit.*

*All wealth is managed by the commune, everyone's needs are fully and beautifully taken care of by the commune. The power structure of each commune will constantly change. It is not a democracy, there will be no politicians to deceive you.*

*Control of all resources is by a finance committee that constantly changes. No one gets a chance for corruption because private possessions don't exist. Enlightened ones watch the people with responsibility closely. There will be no more abuse of power at all.*

*Everyone is free to work at whatever they want. Everyone's rewards are equal and abundant. There is an abundance of all material necessities. Growth is everyone's priority.*

*There will be no marriage. Couples who have children are fully supported by the commune. The father is free to be with his children as much or as little as he wants. If the couple separates, the children stay with the mother mostly and visit the father as they feel. There will be lots of uncles and aunts around to help with the kids' care. Children need a climate of love more than stability.*

*Staying together for the children poisons the kids. Beloveds, soon all this will be normal and our present neurotic, greedy society will be just a memory of the age of darkness.*

### *The Cosmic Mind*

*Buddhists believe in the Cosmic Mind that manages the universe. They are confused.*

*The Cosmic Mind is part of God.*

*God uses the Cosmic Mind to manage the universe.*

*The Cosmic Mind is part of the sixth body, Paramatman.*

*The fifth, sixth and seventh bodies are universal, they exist outside of space/time and are accessed by humans through the door of consciousness.*

*They are: Being, the cosmic Being and non-Being.*

*The Cosmic Mind also contains all details of all past and future events and functions like a huge cosmic computer that monitors and manages the universe.*

*Buddhists pray to the Cosmic Mind for help with their lives and karma, effectively substituting it for God.*

*This confusion is harmless and can easily be clarified by understanding the above.*



## Tantra

*Tantra means technique.*

*It is the technique to transform sex into love and meditation.*

*Tantra comes from Shiva, as do all techniques of meditation. The Vigyan Bhairav Tantra is Shiva's gift to humanity, it contains 112 methods of meditation that are the base for all methods.*

*Vigyan means consciousness, Bhairava is one who has gone beyond consciousness. Tantra is the method.*

*Many of Shiva's techniques focus on the transformation of sex energy into love and awareness.*

*Tantra is a double edged sword, the danger is you can use it to rationalise your indulgence. This has happened to many sannyasins of Osho.*

*Real tantra is transformation. It requires discipline, awareness and a willingness to let go, to surrender your ego to the flow of life.*

*These qualities separate a tantrica from an indulger.*

*Shiva is sitting in an embrace with Shakti, his divine consort. Shakti is also an avatar, God incarnate. She pretends she doesn't know and asks Shiva: What is your reality Lord? Shiva uses her question to give his 112 methods of transformation.*

*The methods that are used to transform sex into love and meditation are best practised by people with a strong base in awareness. To stay aware in sex is more difficult than any other activity. Really, it is almost impossible for untrained people to use tantra without getting lost in*

*indulgence. And to stay fully aware in sex is only achieved by enlightened ones.*

*Beloveds, sex is fun. There is no need to glorify it by calling it tantra. Enjoy sex till you are ready to make the commitment to real tantra.*

*Only then will you know what Shiva is talking about.*

## The Royal Way

*Tantra is the Royal Way, it is the shortcut home.*

*Beyond technique, tantra is the way of surrender.*

*It is the way of let go, of trust. It is Yes to life as it is right now.*

*This is why tantra is not for beginners. In the beginning you are busy building the creative aspect of your ego.*

*Tantra is really a whole lifestyle that starts with the opening of the fourth body.*

*The difficulty with tantric sex is that fourth body men need all their sex energy to penetrate the gap between thoughts. For this celibacy is best.*

*Fourth body women can benefit tremendously from tantric sex. The problem is to find the right partner. Less aware men won't be able to help and fourth body men won't be interested. The solution is for enlightened men, who still have interest, to partner the fourth body women. This is how real tantra can happen.*

*And with enlightened men there won't be any relationship dramas, they are not interested. The climate*

*will be loose and natural, the Royal Way.  
The women will be benefited by the awareness of their  
partners and the men will have some fun and be useful  
at the same time.  
Tantra can be fun and helpful only with conscious people.*

### *Friend of God*

*When a fully enlightened person declares: I am God, he  
is right and wrong. He is right because he has realised he  
is awareness and awareness is the highest aspect of  
God.*

*He is wrong because even an avatar, God incarnate,  
cannot create the universe.*

*To be in a body is to be separate from the beyond.  
True, in deep meditation a seventh body master  
disappears in awareness, but this is just an aspect of  
God. And when he returns, he is still limited by his body.  
A God-realised person like Jesus says he is the son of  
God, my Father and I are one. This is closer to the truth.  
Still, the family relationships are inaccurate and have  
unnecessary implications.*

*The most accurate description is that God is your friend.  
You are all friends of God. Each of you created to realise  
that you are made from God, by God.*

*Beloveds, for lives you have searched for truth amongst  
the partial misunderstanding of all masters and prophets.  
Now the time for confusion has passed.*

*This book is God's message to you for the age of truth, it  
is the first accurate account of how things are.  
It is authored by God and transcribed by Maitreya.  
Maitreya Ishwara means friend of God.  
Soon everyone will know and feel they are also friends of  
God, the beyond.  
Soon you will be rapidly transformed by Light.  
The sound of light is OM.  
The visible aspect of OM is light.  
God is very happy that this moment has come.  
It's time for a big celebration.*

### *Karuna*

*Compassion is a flower of awareness.  
When you understand oneness, you are the world.  
You treat everyone as you would like to be treated.  
The difficulty lies with the practise of compassion by  
unaware seekers.  
When the practise of compassion is unaware, the danger  
of hypocrisy arises. You can become holy and pious.  
Pious means poison.  
This is the main spiritual trap and can easily be avoided  
with understanding.  
When you understand that all your actions, words and  
thoughts come back to you, you live with sensitivity and  
care.  
No morality is needed. Your self interest is being served*

*by helping others. This prevents your ego from becoming holy and pious.*

*Osho taught awareness as the only morality.*

*This is the way for those who are aware.*

*While you still have negativity, you must understand that by hurting other creatures you hurt yourself most.*

*This understanding is the only morality you need and can be applied today, as you are now.*

### *Social Order*

*We live in a society with lots of rules and laws to control people's behaviour. Most are unnecessary if people are caring and aware that their actions come back to themselves.*

*Still, some agreements are needed to make life simple and easy for everyone.*

*These practical agreements are best developed to help the harmonious flow of life and are best worked out locally to suit the situation.*

*Laws are made to be broken by criminals. When there are no criminals, we won't need many laws.*

*Aware people can easily live in harmony with each other and nature without lots of laws and rules.*

*The agreements that we do have will be honoured by everyone that wants to live in the commune. There will be no need for police or a judicial system, and there will be no weapons of any type at all.*

*The age of violence and crime is almost past.*

### *The Discipline of Transcendence*

*Application is everything.*

*To live in let go requires the most awareness.*

*When you rely less on habit and mind, you have to be more sensitive to the energy of now.*

*This is the discipline of transcendence.*

*Every moment is an invitation to feel your energy and let it move you.*

*This makes your life a latihan, a flow of awareness.*

*No other discipline is required.*

*If you want to move in meditation, first watch the impulse very closely. If it is strong and continues, you can move.*

*If you feel like doing something disturbing to others, remember your actions come back to you.*

*Socially, you must be responsible and accountable. This makes life easy and flowing.*

*Spiritually you know, God is responsible for everything.*

*Your life is a gift.*

*Use each moment to become more sensitive to the energy of now.*

*The discipline of transcendence will carry you home.*

### *Experience*

*You are programmed to have unconscious beliefs.  
All beliefs are a danger on the path, especially if they are true. The truth believed is a lie.  
The fast way to grow is to put all beliefs aside and stick to your own experience.  
There is no way to fully know the existence of God, unless He contacts you verbally. Most enlightened ones are not God-realised and leave it open.  
Most believers in God are immature.  
The truth is: GOD IS ALL THERE IS.  
Take this as a hypothesis and verify it by your own awakened experience. No belief is needed.  
Spiritually, you should be an inner scientist. Verify everything with experience.  
What you actually KNOW from experience is your truth.  
The cosmic truth is known only to God.  
All enlightened ones are given some misinformation.  
Only God knows the whole story.  
Your beliefs are part of your ignorance, let them go.*

### *Drop the lot*

*These messages are simple.  
You already have much borrowed spiritual knowledge.  
Each message is an invitation to APPLY THE WORDS.  
This is much easier said than done.*

*The word truth is a lie until you KNOW.  
Your spiritual knowledge hypnotises you and fools you into believing all kinds of nonsense.  
It takes a little courage to admit you don't KNOW.  
Each of these messages is a challenge to grow, not more knowledge for your collection.  
Sannyasins are particularly confused with beliefs.  
Drop the lot and become an inner scientist.  
Start today.*

### *Buddha in Waiting*

*Your future is already there waiting for you.  
Like a movie waiting to be played.  
One day when you are a Buddha you will look back and laugh at your present situation. You will be amused by your present priorities.  
Every Buddha has an unconscious past.  
Every seeker is a Buddha in waiting.  
If you could talk to your future Buddha, what would you ask? What would the Buddha reply?  
Beloveds, these messages are from God, the creator of all Buddhas.  
Your present situation is His doing, as is the next step.*

### *Third Body*

*The foundation for spiritual development is the third body, the creative aspect of the ego.*

*If the third body is not fully mature it is impossible to enter the fifth body permanently.*

*Osho understands this and focuses on third body work.*

*Unfortunately, some people try to bypass the third body before it is complete.*

*The price is their awakening.*

*Some fourth body people are immature.*

*For them it is essential to finish the third body work.*

*This means creative action of any type.*

*Remember, THE THIRD BODY IS THE BASE.*

*It is a big job and cannot be avoided.*

### *Intelligence*

*The end of belief is the beginning of intelligence.*

*Your intelligence is sharpened by enquiry.*

*Enquiry requires an open mind.*

*ENQUIRY IS THE ESSENCE OF RELIGION.*

*You can use your intelligence to verify many things.*

*For example, it is enough to have reverence for all life and to surrender to the energy of NOW.*

*No belief is needed.*

*Your intelligence can understand that life is intelligent.*

*Therefore, the source of life is intelligent.*

*That is enough to allow you to trust life.*

*The end of belief is the awakening of trust in life.*

*Allow life to live you.*

*Trust is intelligence.*

### *India and the West*

*India is the first country of enlightenment.*

*Indian civilisation grew from the vision of awakened ones and was once the highest on the earth. Indian philosophy is a reflection of enlightenment, in this it is unique.*

*India's degeneration today is necessary to balance its flowering. The highest must experience the lowest also.*

*Still the flame of awakening has been transmitted in India from guru to disciple all through this Kali Yuga.*

*In the West we have little tradition of enlightenment, it has happened rarely and is usually given to the founders of major religions.*

*Since 1960 the flame has been moving to the West. Maharishi, Osho and others opened the door for thousands of Westerners. Now the seeds they planted are sprouting. Now it is the turn of the West to lead the way. India is locked in the past and most of its current gurus lack the vitality for the future, India changes very slowly.*

*Everything is good. The Indian spiritual superiority has created a superior spiritual ego. Its time for the West to lead and India to follow. New Western teachers are*

*articulating the ancient knowledge better than any Indian, plus they bring a flexible intelligence and playfulness that the Indians lack.*

*Still, there are more enlightened Indians than all other races combined. These flowers of moksha will sit silently with you to help you to prepare to jump.*

### *The Mala*

*A mala is 108 beads connected by a string.*

*Each bead is separate from its neighbours and all the other beads. And each bead is connected to all the others by the string.*

*This is the same arrangement for your soul and physical bodies. The string is like your soul and the beads are like your physical bodies. And, you do have 108 lives. It is the same number for everyone.*

*When you understand this arrangement, you can Relax. Your journey has a beginning and an end. The beginning has obviously happened, and the time of the end is also fixed.*

*Between now and the end you have to pass through all the remaining experiences that are needed to balance all your karma from your earlier unconscious lives. You also have to learn total surrender, love, awareness and playfulness.*

*All of this takes time.*

*Those who believe in only one life, like Christians, and*

*those who assume there is no connection between lives are mistaken. God is creativity, He likes a good story, with continuity and lots of drama. He enjoys watching your evolution from a primitive man to the highest flower of freedom.*

*The mala is symbolic of the continuity of your lives and soul. When you leave the body for the last time and pass through mahaparanirvana, the mala disappears forever without trace, except that now all your experiences are stored in the Cosmic Mind.*

*Beloveds, God is not careless or random. Everything always makes sense, eventually. With your limited perspective it is impossible to see the whole picture, be very aware of this*

### *Kalpa*

*A kalpa is a period of 112,000 years, 14 cycles each of light and darkness.*

*We are just finishing the 12th cycle of darkness.*

*It's a numbers game.*

*Each group of souls take up to 10,000 years to complete their journey home. There are 112 soul groups, each created in a 1000 year period. It takes one kalpa for all the soul groups to come home.*

*At the beginning of a kalpa the soul groups are very small, the first starts with a couple. The biblical story of Adam and Eve is a metaphor of the first people in a kalpa.*

*The soul groups keep growing until the last group reaches 10 billion. That will happen in 2000 years, half way through the next age of enlightenment.*

*For the next 10,000 years until the end of the kalpa there are no new souls. Gradually the population falls as each soul disappears back to the Source, until there is only one commune of 10,000 fully enlightened ones left. This is the climax of civilisation and when they leave the body the kalpa comes to a close.*

*The Earth takes rest for another kalpa, then the show starts all over again with a new Adam and Eve.*

*The show repeats the same theme of suffering and release from suffering until the end of the universe, which is one billion kalpa.*

*Then the universe disappears back to the Source for rest for another billion kalpa. After a timeless rest in the void of conscious awareness another universe is born and the next round starts.*

*Beloveds, step out of your little world sometimes and have a cosmic perspective.*

### *Cosmic Consciousness*

*Viewed with cosmic perspective the change from a cycle of darkness to a cycle of light is not such a big deal.*

*From your self absorbed myopia it is inconceivable.*

*Your lack of perspective is natural, you live in your own world of limitations, fear and desire.*

*Enlightenment opens you to existence and gives you a taste of eternity, outside of space/time.*

*Awareness of the cosmic drama is only fully experienced by God, the beyond. However, if you step outside of your ego/mind once in a while it helps put your life in context. Contemplation means creative thinking.*

*You spend much of your time lost in repetitive old thought patterns that are unconscious and uncreative.*

*Your mind has far greater creative capacity than you know. Creative thinking helps to train your mind for silence. When you can think consciously and intelligently it is much easier to stop the mind in meditation. This is the value of contemplation, plus it expands your horizons and starts the process of real non-verbal cosmic consciousness.*

*Give contemplation a try.*

*This book contains many new ideas for you. Apply your intelligence and see if you can start to grasp how existence functions.*

*Even intellectual understanding can help.*

*What doesn't help is belief and parroting. You have to use your own mind creatively and see how it all fits together. This book is deceptively simple, there are layers and layers to understand with your brain and heart and being.*

*One reading will not reveal all the secrets.*

### *Spiritual Ego*

*Your spiritual ego is your biggest problem.*

*It is subtle, cunning, pious and hypocritical.*

*It develops because the ego has to live somewhere till it's gone. You are a seeker, so your ego identifies with this and becomes serious and secretly superior.*

*Your inner reality is never as beautiful as the ideals of your tradition and you decorate your ego so that it looks a little nicer.*

*This is the most common trap for all seekers and the most difficult to escape from.*

*Authenticity and playfulness are the antidote. For this you will need support from people already living this way. Osho's people have their own difficulties, they are often less clear than you. However, they can help you tremendously with dropping your serious spiritual ego.*

*When the ideal is authenticity, not purity, you are free to be real. This gives you space to face yourself as you are and confront your darkness. This brings purity indirectly, without a spiritually pure ego.*

### *The Divine Play*

*Leela is the purpose of existence.*

*You exist as part of Leela, as does suffering and enlightenment. You are the main theme of Leela. The universe exists only as the set for the human drama on*

*planet Earth. In all past, present and future universes life only exists on planet Earth. You are centre stage. There are no other beings anywhere in space/time.*

*The purpose of life is to grow in consciousness, not to colonise inhospitable planets. True, there are other realms where beings with energy bodies exist out of space/time, but your material body can't go there.*

*Only here on planet Earth is there life and the possibility of enlightenment. You are the purpose of the universe.*

*Your suffering and release from suffering are God's main interest. The human drama is God's main creation, far more intricate and complex and interactive than any other part of existence. You are God's ultimate creativity.*

*Your potential is vast, your suffering and ignorance were great. In you, God finds the greatest satisfaction, in you is His passion lived, in you His love, awareness and playfulness are manifest.*

*God is intimately involved in you and everyone, He suffers with you and is enlightened with you.*

*He loves you more than you can know.*

### *Inner Scientist*

*All masters and prophets had to confuse you. The end of confusion and conflict is the beginning of Unity.*

*Unity is scheduled for now, not before.*

*Soon all masters will be channels for God's Vision of Unity. This means the end of all religious conflict and*



*division. It means the end of my group is better than yours. It means the end of us and them. Unity means there is only us.*

*The means to create division amongst religions was to give each founder a different understanding and to make him believe his way was best. The result is our present religious diversity, each religion convinced that they are right and the others are misguided.*

*The truth is all religions are right and wrong.*

*The message in this book is not just one more limited perspective in the already crowded arena of religion.*

*This message is unique in that it is God's Vision for the New Dawn of consciousness which is Unity.*

*People do not change their beliefs easily. This message will take a long time to take root unless there is dramatic divine intervention. In fact, divine intervention is central to the message.*

*However, apart from future predictions and cosmic knowledge, any intelligent spiritual person with an open mind can easily verify the obvious authenticity of the spiritual information, by their own enquiry and applied intelligence.*

*This sets it apart from all other faiths and beliefs which all rely on some irrational foundation that cannot withstand logical investigation.*

*This message cannot be disproved by logic or experience, in fact it is supported by both.*

*Beloved friends, take the challenge and become an inner scientist. The hypothesis is: God is all there is, I am not separate from That.*

*And do not believe this till you know.  
Belief prevents authentic enquiry.*

### *Zorba the Buddha*

*Osho's vision of Zorba the Buddha is the foundation for God's Vision of Unity.*

*However, God's Vision is fundamentally unique. It parts company with Osho on destiny, responsibility, God and even awakening.*

*Osho and many masters say you are already a Buddha and just have to remember it. This is not true.*

*You are made from consciousness as is everything, but you have no previous experience of awakening and cannot remember what you don't know.*

*Your soul is created in unconsciousness and ignorance.*

*You grow slowly in awareness and love until you enter the fifth body, the Being. The Being or the self is already there waiting for you to discover, you do not have to create it. It is discovered by growing in consciousness and sensitivity. When the veil parts and your soul enters the Being it is for the first time. It is a new discovery.*

*Osho says you are responsible for your enlightenment. This is not true. You didn't create your unenlightenment and you cannot manifest your awakening.*

*It happens by the grace of Source when the time is right. And the time is already fixed by Source. It is the same for every soul. The journey is 108 lives in all. Awakening*

*rarely happens before life 100. In your last life you become fully enlightened, not before.*

*This means everything is predestined by Source, nothing is in your hands. And just as well. You have no possibility to manifest real enlightenment. You can manifest an enlightened ego, that is the great misfortune that plagues some people. The real thing is a gift from Source.*

*Zorba the Buddha is transcendence and celebration of the juice of life. It is the foundation for the understanding: Consciousness is all there is, God is awareness of consciousness.*

*You are God*

*You are in another sense already God.*

*This is the ultimate truth.*

*You are made of God and are an indivisible part of God.*

*As is everything. The whole existence is God in motion.*

*The sensitivity you feel is God. The awareness you have is God. Your love is God.*

*The veil of separation, your ego, is God.*

*Even though this is the ultimate truth, it can easily become a trap if you believe it without experiential verification. The truth believed is a sweet lie.*

*Be absolutely rigorous about what you know from your experience and what is borrowed knowledge. We have too many parrots of all religions already.*

*To remain an inner scientist is the solution. Check everything with your intelligence and experience.*

*Your soul does not have any memory of Source or prior experience of awareness. In that sense, you are lost in samsara groping towards the light. This is your experience and therefore the most real for you. And Source is in you guiding your every move and thought and feeling. Life is contradictory.*

*The fast way to grow is to stick to your experience, that prevents most of the spiritual traps from catching you. At the same time, try to understand the big picture and how you fit into it. Your intelligence can understand: Consciousness is all there is, and God is awareness of consciousness. This means you are a part of God with no memory of where you come from.*

*Still, don't believe anything till you KNOW.*

*What you always know is the energy of the moment. This moment of life is who you are right now. Become more and more sensitive to this moment of life happening in you. Allow the energy of now to take you where it wants to go. Give more space to the silence between thoughts.*

*This is the shortcut home.*

### *Purification of the Body*

*You are unconscious.*

*When you follow your unconscious feeling the result is often more trouble. This is the reason for spiritual discipline.*

*It is a delicate balance.*

*All unenlightened people are creating more trouble for themselves with their unconsciousness. And this is necessary to create the suffering needed to balance their violent, destructive past.*

*Naturally, Source manages all this drama via your intuition.*

*When the feeling comes for purification you are blessed. This means you stop polluting your body with unhealthy food and habits. You are attracted to a positive lifestyle that increases your sensitivity and respect for yourself and all creatures. You are interested in freedom from your unconscious past.*

*Before that feeling comes you continue with your unhealthy, uncaring diet and habits. You are pulled by lust for flesh of God's creatures and your greedy mind into more trouble.*

*It takes a long time for sensitivity to arise without repression of your destructive desires.*

*Hence, all spiritual teachers give a discipline to encourage you to live more positively. If you understand the discipline is to help you to stop hurting yourself, it is good. If you follow it for unconscious reasons it won't help. Repression always backfires.*

*The new religion has only one commandment: Do no harm to any creature, including yourself. When you act uncaringly to yourself and other creatures, you violate the only law. This always brings more suffering.*

*The time has come for all sincere seekers to understand and apply this law. Your body is a temple of God, it is time to stop defiling it with unhealthy food and behaviour.*

*No repression is needed, just a little intelligence and sensitivity to yourself and all God's creatures.*

*The most healthy diet for everyone of all ages and conditions is pure vegetarian wholefood. Eat anything you want from this category. It is animal products that cause the most harm to you and the animals and the Earth. Cow milk and its products are very unhealthy and are best avoided. Soya milk and other alternatives are available everywhere.*

*Junk food and sugar are almost as bad and are best avoided totally. There are many delicious, healthy alternatives.*

*Raw fruit and vegetables all contain some harmful organisms. Parasites are a major health problem that are present in most serious diseases. It is necessary to cook or purify all raw fruit and veg to prevent infestation with parasites. Fruit and veg juice can easily be purified with citrus seed extract.*

*Your unconscious eating habits create the diseases of excess that fill the hospitals. Your degeneration is gradual and not noticed until you get seriously ill. Then it is too late.*

*Beloveds, take the challenge and clean up your act.*

*Purification of the Mind*

*Your mind includes your brain, emotional body, astral and psychic bodies. It is jiva, your individual soul.*

*Purification of all this takes a long time. It is the purpose of meditation, prayer, yoga, therapy and all healing methods.*

*You are guided by your intuition on the right path for you. Every soul is unique and every journey is different. Understanding your basic type helps.*

*Meditation means silent awareness and is best for most men and some women.*

*Prayer and devotion mean sharing your heart with God and are best for most women and some men.*

*Enquiry means asking: Where do I come from? And waiting silently for silence. It is good for all men and women.*

*Understanding is more male.*

*Feeling is more female.*

*Intuition is both male and female.*

*Whatever method suits you is right. The problem is your lack of totality. You are rarely total in anything.*

*Rapid purification of your mind happens fastest in silence. This is the same for meditators and devotees.*

*Soon you will feel to sit or lie silently for 2 hours morning and evening in meditation or prayer and feeling.*

*The Nature of Mind*

*Your mind is not just a collection of thoughts. If it were it would be easy to transcend. You know it is not.*

*Mind is your brain, nervous system, emotional, astral and psychic bodies. It is jiva, your individual soul.*

*The key to transcending the mind is witnessing.*

*In the beginning you are watching a constant stream of thoughts, emotions, moods and disturbance. This is your inner reality. Gradually, you purify the mind and the constant traffic slows down, now there are gaps of silence. As the witness penetrates the gap, a circle of contentless awareness reveals who you really are.*

*You are awareness.*

*This is the whole journey of meditation and takes many lives to fully complete. Do not be discouraged by a busy mind, it is how everyone is programmed. And everyone is programmed to transcend the mind, even you.*

*The only question is when.*

*Most experienced meditators are ready to take the jump to no-mind. It happens easiest in the presence of an egoless friend. Source uses their purified nervous system to be a medium for cosmic energy. This creates a climate of awareness that supports your meditation.*

*If you are an experienced meditator and your mind still runs the show, find an egoless friend to sit silently with.*

*It can help give you a taste of the pure witness, beyond mind. And even give you the courage to let go of the mind forever.*

### *The Nervous System*

*The nervous system is the bridge to the beyond.*

*Science has not come close to understanding its complexity and subtlety.*

*Inside the nerve complexes are many delicate channels for bliss, love, awareness and ecstasy. They remain closed until enlightenment. With full enlightenment they open fully and allow the cosmic energy to move through your nervous system.*

*This is how Source uses enlightened ones to help people to wake up.*

*A purified, sensitised nervous system allows access to the fifth, sixth and seventh bodies. It is the key to awakening.*

*The method to purify the nervous system is meditation. Sitting silently every day strengthens and sensitises the delicate channels for cosmic energy to enter your body. The nervous system is the connection to Source for most men.*

*Start meditation today.*

### *Nature is Right*

*Meditation is basically male.*

*Prayer is basically female. For most women prayer and feeling are more natural than silent awareness.*

*Nature is always right.*

*Still, silence is needed for prayer and feeling. Prayer can start with verbal sharing. Soon the words will end and silent merging with the Beloved starts to happen.*

*Women are totally different spiritually than men. For them no-mind is silent love. Women are not designed with a nervous system for full cosmic energy. Their awakening is in the heart in love and devotion to the Beloved. Women's purification is of the heart. The emotions and feelings are the impurity that clouds the heart. The heart is purified by prayer, love and devotion to the Beloved.*

*For women the fifth body is Love.*

*The sixth and seventh bodies have no love, only pure awareness.*

*Women open in Love three times, all in the fifth body.*

*The first opening transcends the ego and reveals pure Love. The second opening is merging with the Beloved.*

*The third opening is dying in the Beloved.*

*If witnessing is natural, some women can play with awareness. These are the exceptions, with more male energy. Some men are devotees, they have more female energy.*

*Surrender is for all men and women. For men it is understanding: God is all there is. For women it is melting in Love.*

*Generally women have no need to enter the sixth and seventh bodies. Occasionally it does happen, with very disturbing results.*

*This has led to male chauvinism in the spiritual world in India and other places. This superiority is misplaced.*

*Women are blessed with big hearts and an easier journey. Their final death in God is the equivalent to the seventh body opening in men. Both are equal in their spiritual capacity, and very different.*

*God is essential for women. He has no form and cannot be romanticised and clung to like a master.*

### *Holy Ground*

*The Earth is also God.*

*The trees and plants and flowers are all alive with divine life force.*

*We treat the Earth as a resource to be exploited for human convenience. The result is the devastation caused by floods, acid rain and ozone depletion.*

*Ecological balance is man's responsibility, it is a practical matter. The rape of old forests results in the fires in south-east Asia, Brazil and the Third World. Wild creatures are killed and lose their homes in the jungle.*

*We are destroying our heritage for short term profits.*

*This is life out of balance.*

*The New Dawn brings conscious living to the Earth. Nature will be respected and harvested carefully. For every tree used we will plant two. There is no real need to use old hardwood, let the old forests return and spread their fragrance everywhere. We can enjoy fast growing timber for houses and buildings. Pine trees are ready to harvest in 25 years and are the only trees we*

*need to cut down. With effective management they are a beautiful crop that we can enjoy while they grow.*

*When the population is reduced to 100 million, all ecological problems will disappear. Then we will start new balanced ways of maintaining and developing society, in tune with nature and our real needs.*

*Without divine intervention our old forests are doomed to virtual extinction next century. Humans seem incapable of managing their resources without destroying the environment.*

*Cows and sheep are a major cause of damage to the Earth. The amount of land that is used to grow their food is huge. The same amount of high quality protein is given by one twentieth of land growing soya beans.*

*Inefficient industry in the Third World is poisoning the developed nations as well as themselves. And Russia is a nuclear disaster waiting to explode.*

*We do not seem to be able to manage the basics.*

*It is time for a change.*

### *Violence*

*For the last 4000 years we have lived with violence and abuse. They seem to be part of life everywhere, in dictatorships, in the jails of the free world, in racial, tribal, religious and ethnic disputes. Even in the homes of civilised people, women and children are still victims of violence and abuse. We condemn it and spend billions*

*making and watching movies that de-personalise and glorify violence. Humanity is a little sick.*

*Sex with an intern can bring the most powerful man in the world to his knees. His righteous accusers, the anti-life hypocrites of America, are the most vocal supporters of guns for everyone.*

*Something has gone badly wrong. Our civilised values are a reflection of a sick society. America leads in many things, including hypocrisy, sexual puritanism and guns for all.*

*The drama in Washington was timed to highlight the insanity of American values and the hypocrisy of the pro-gun, anti-sex moralists who dominate the country.*

*Beloveds, sex is life. Guns are death.*

*The US lawmakers are not alone in their perversion. Most Third World governments preach monogamy and tyrannise political dissenters with imprisonment and violence. The Balkans is a viper's nest of hatred. Catholics and Protestants in Northern Ireland have been killing each other regularly in the name of God. And those who do not fit in the system are alienated and oppressed.*

*Violence is an abomination whose days are numbered.*

*It is part of the age of darkness.*

*The age of light is free from ALL violence and abuse.*

*Even to animals, fish and birds.*

### *The Financial Structure*

*When everyone lives in communes, there are no personal assets. Whatever you need is available and 'owned' by the commune. There is no private enterprise, stock market or banking system. Each commune is given credits from Central Finance for the goods, services and labour it contributes. These credits are used to 'buy' whatever the commune needs from Central Supplies. Investment in industry and manufacturing are financed by Central Finance at 0% interest and repaid in credits.*

*Natural resources in the area of any commune are 'owned' by Central Natural Resources. The commune that develops and utilises natural resources is 'paid' for its work in credits from Central Natural Resources.*

*Central Infrastructure builds and maintains all transport and communications systems to an equal standard in between and in all communes.*

*A unit of credit is only theoretical, there is no money, credits are transferred electronically to keep track of energy. The value of goods, services and labour is determined by Source.*

*Some communes will 'earn' more credits than others. The standard of living is the same in all communes. The richer communes donate any surplus to Central Finance. The poorer ones are given credits to 'buy' their needs from Central Supplies.*

*All this means wealth is equal for everyone and is just a game. The motivation for work is creative expression. Everyone works for four hours a day, six days a week,*

except those on retreat. Everyone is free to choose their work and their commune. Everyone has equal access to all material things. Standards of accommodation vary according to the needs of people. Young people will live communally in big houses of up to twenty. Couples with children have their own place, each with their own room. Older single people can have their own cottage, or live in a communal house as they feel.

Children are commune members and are supported by the commune, not their parents. Child care and education and all health care are free, as is everything.

People are free to move to any commune and return if they want. Travel is free. People who want to live outside the commune in nature can be connected to the nearest commune for supplies. They can contribute energy in some way to the commune.

These simple arrangements make life easy and abundant for everyone. Those who manage the credits have the same rewards as unskilled workers.

This is real communism and is fundamentally different to the failed totalitarian nightmare of this century. It is based on respect for the individual and can only work when we are more conscious and have spiritual growth as the first priority.

Central Finance keeps track of all resources and investment and calculates the 'profit' for each commune. Central Property manages all property in between communes and prepares them to become communes as needed.

### *Silent Beloved*

*Silence is the answer.*

*Your mind is programmed for movement.*

*The brief intervals of peace and silence you experience are an invitation to go deeper in.*

*Not everyone is designed to sit silently. Many of you have difficulty with meditation and think something is wrong when your mind is still busy. It is not.*

*Your journey is long and diligent practice does bear fruit, eventually. Do not be discouraged by a busy mind, every Buddha had one.*

*Even if you are not a natural meditator, it is still very helpful to sit or lie and just watch your mind and feelings.*

*By watching with equanimity you distance yourself from the action. This distance is the seed of silence. From this seed the tree of awareness does slowly grow. Yes it does take time for a big tree to grow, and once the seed is planted the growth happens automatically.*

*Beloveds, if you feel more in tune with prayer and feeling that is good. Still, give some space for watching, it is not against feeling. Give some space for silent communion, that is the most beautiful melting. Give some space to awareness, the highest aspect of God.*

*The devotees' problem is laziness. Let Him manage. God does manage AND you must participate fully in the drama of awakening, it is a divine play of hide and seek. God hides and you seek. He has already made the game, and you are invited to join in the play. Without your full participation things don't go easily. When you are total*



*He enjoys tremendously. So please accept His invitation to the game of awakening. Give a little more space to just Be.*

*Relax into the arms of the silent Beloved, feel His silence and merge with Him there.*

### *Aloneness and Freedom*

*Men are warriors of truth, not mummy's boys.*

*Many of you are still attached to your woman's warmth and intimacy. This is good for young men and boys. For mature meditators who are ready for freedom it is the biggest hurdle to overcome. Men must face their need for woman in aloneness. There is no other way for a man to be free. By facing the stark, barren depths of your need, you become integrated and strong.*

*This is very different than the repression of the monk. It is not a lifestyle, just the final renunciation before the jump to freedom. Before this moment comes you will have shared deeply with women, you will know what they can give you AND what they cannot.*

*No woman can give freedom to your soul. This has to be earned by your awareness penetrating the gap between thoughts. In the last stage all your sex energy is needed for this. Even tantra is a distraction.*

*Kiss the girl goodbye and live totally alone. If you have an egoless friend, sit silently with him and let his let go help you to jump.*

*Most men are programmed to need women.*

*Transcend your program and become a warrior of truth. Freedom is the only way for a man. Do not be seduced by any soft, female path. Grow up and take the challenge. In aloneness everything of value is given by Source. In aloneness you pass through your need and emerge bright and clear and free.*

*This is only for mature meditators of any age. Other men and boys can enjoy women totally. And if you are total with women, you will be total in your aloneness also.*

*Totality is the master key.*

### *Where Do I Come From*

*Enquiry is for men and women.*

*It is the short method home. We will use it intensively to speed up your journey. You can start today.*

*Enquiry is existential. The purpose is to find out where you come from. This is obviously the same as where you are going. The past has already happened and can be accessed by anyone who has the thirst to know the truth.*

*Without thirst for truth your enquiry will not be total and will not bear fruit. Your lack of thirst is the basic problem. You have all kinds of other priorities. Part of the function of this book is to awaken your thirst to really know where you come from.*

*And everything happens when the time is right. Every*

*step of your journey is pre-programmed by Source.*

*The game is hide and seek, you have to play your part totally. These words are an invitation to participate in the only game that matters: Awakening.*

*Enquiry is the rapid method because it allows the mind to participate in the let go into silence. When you ask yourself: Where do I come from? The mind asks the question and tries to answer it automatically. Soon the mind realises that it doesn't know and starts to give up. In that moment there is a gap of silence. This is the answer. When the mind starts to wander, bring back the focus by asking the question again. Soon another gap of silence appears. Enjoy the silent answer till the mind starts wandering and then repeat the question. Continue for as long as you feel.*

*This technique is unique in using the mind to go beyond itself. Because the mind has a part to play it is happy to allow silence for a while also.*

*Men and women can both benefit tremendously from this method, in fact it is the best meditation technique for everyone and can be done anytime you have a little space or for much longer periods.*

*Check your priorities.*

*How far down your list is awakening?*

*Om Namaha Shiva*

*Hari Om Tat Sat means all praise to the soundless sound that is the truth. These words come from Shiva, the avatar who rekindled the fire of enlightenment after the Mahabharat that ended the last age of light.*

*Shiva planted the seeds of transformation in the Vigyan Bhairava Tantra, the 112 methods of awareness that are the basis of all growth techniques.*

*Osho was a disciple of Shiva and his commentary on the Vigyan Bhairava Tantra forms the essence of his teaching. It is an encyclopedia of esoteric knowledge. If you only read one of Osho's books, that is the essence.*

*Shiva was a mahayogi who lived for two thousand years in the Himalayas. One thousand in the last age of light and one thousand in this present age of darkness. He preserved the essential techniques from the last age of light.*

*Om Namaha Shiva.*

*These words mean: the soundless sound is the name of Shiva, he is Om, the creative sound of silence.*

*Because Osho is deeply connected to Shiva he also has Shiva's gift for words. Both are master communicators.*

*Osho takes the seeds of Shiva and brings them to full flowering in his commentary. He also develops the techniques into structured meditations.*

*Shiva knows the whole truth but does not reveal everything. He keeps the understanding of advaita secret and separate from the Vigyan Bhairava Tantra. Advaita is the missing link, the only piece of the puzzle Shiva*

doesn't reveal to Osho. Hence Osho's lack of clarity on the cosmic set up. Without the advaita understanding the techniques of Shiva are still effective, many have become enlightened with them, but full clarity is not possible.

Without Shiva's techniques advaita is dry and intellectual. Without advaita's understanding the methods cannot give full clarity.

Now the moment has come to bring the two halves together. The synthesis of advaita and Shiva's methods brings the whole picture into focus.

This book is the first time that has happened in this age of darkness. The reason is timing. Now is the time for the great change, the transition from darkness to light. It is the best moment in the 8,000 years of both cycles.

#### *Jehova is Dead*

Advaita is theistic in a different way than Judaism and Christianity. The advaita understanding arises from enlightened experience of oneness. The extension of non-duality has to be God or Source. When the experience of conscious oneness is extended in logic then the conclusion is: consciousness is all there is. That means existence is condensed consciousness and the source of existence is unknowable consciousness. The step from here to God is small and comes with the observation that life is intrinsically intelligent. Conscious

intelligence is the definition of God.

This logic can be easily understood by any awakened person with the experience of conscious oneness. No belief is required. The understanding is self evident. This keeps things healthy and real. And unenlightened ones can understand that all the awakened ones say the same thing: Life is one, you are not separate from consciousness. If this is accepted as hypothetically true, then the same logic brings the same conclusion: consciousness is all there is, life is intelligent. Conscious intelligence is God. Therefore, God is all there is.

This is far away from the father in heaven of the Jews and Christians. This Jehova is the problem. He is strict, moralistic and easily displeased with His followers. He punishes them with natural disasters and threatens them with hell if they don't follow His rules. He had his purpose in the time of darkness, to bring some order and morality to the unruly tribes of the Middle East. His days are numbered. And His prophets are long gone.

God is Love, Awareness and Playfulness. His disguise as the authoritarian God of the Jews is no longer needed. This is bound to upset those who value their old scriptures more than life, love and laughter. God is not in any scripture. No words from any dead prophet are relevant to the extraordinary events of the great change. The problem for simple believers is their scriptures. They are so deeply conditioned to unquestioning belief that they have lost their intelligence. They seem to think God has given their religion a special message, strangely He has given different special instructions to every religion.

*How can you be certain your scriptures are better than the others? Just because you believe they are? Grow up a little and try to understand: God is Love, Awareness and Playfulness. If you insist on clinging to your scriptures you are in for a very sharp surprise. All immature believers in any religion are not prepared to face the light of God when it transforms all people. If you are a believer try to get the point of this book.*

#### *Beyond Advaita*

*Advaita is refined spiritual logic based on enlightened experience of oneness. It is very helpful to understand the set up.*

*Advaita is as far as intelligence can go, but there is more. When God, the beyond contacts you directly and verbally, only then do you really KNOW that He exists and can communicate. This happens rarely and is the subject of controversy. All prophets are disbelieved initially, their friends and family often think they must have gone a little crazy. To hear the voice of God happens to unenlightened people also. He guides and directs many devotees through their inner voice. Full verbal contact with God is another thing altogether. It happens rarely and only to enlightened ones. It is called God-realisation and is of a similar intensity to enlightenment. In the first stage God makes verbal contact and directs your life. He replaces your enlightened intuition with*

*direct guidance. In the second stage you merge with God and there is almost no distinction between you and Him. In the third stage you die totally in God, now you are finished as even an individual, you cannot function independently in any way. You have disappeared in God. Practically this means He does everything for you, you are totally helpless and vulnerable. You have lost all control forever.*

*This is the greatest blessing and the greatest challenge. Beloveds, until you are contacted verbally advaita is the best approach. Your intelligence understands: God is all there is, I am not separate from That.*

*No belief is needed.*

*Jehova is dead.*

*God is.*

#### *Free Will*

*For the natural flow of life to happen spontaneously much planning is necessary. This is the work of God. He plans all details of your inner and outer life and all the connections and interactions. He programs the Cosmic Mind to make it all happen. This allows you to let go. He has arranged everything perfectly, including your ego and program for 'free will'.*

*You are just a programmed organism.*

*The good news is you can relax and let the flow take you where it wants to go. Of course, that will happen when*

*it is programmed to, not before. These words are a support for those who are letting go already and an indication for those who still have 'free will'.*

*Even 'free will' people can understand intellectually. And when the time is right to let go they will at least be prepared with understanding. 'Free will' is an essential stage of your growth. You must manifest and create and learn responsibility. Be total in this stage and when the time is right be total in let go.*

*For everyone the stages are the same.*

*One: Responsibility, 'free will' and creative manifesting.*

*Two: Let go, surrender and trust.*

*And by being total in stage one, you will enjoy let go fully.*

*The main difficulty many spiritual people have is under developed egos. They try to be holy and surrender before it is time.*

*Beloveds, understanding all this deeply is enough.*

*Source has programmed all kinds of twists and turns in your story.*

*You are unique and totally out of control, whether you know it or not.*

*You are Love*

*You are a programmed organism with tremendous potential. Your nervous system has the capacity to receive cosmic energy, bliss and ecstasy. When it is fully open you are a light to everyone you meet. You have the*

*potential to enter the fifth, sixth and seventh bodies of God, through the door of consciousness. You are destined to melt in Love in God. You are multidimensional. Your program is as sophisticated as possible, and when you become aware that you are a programmed organism with no free will, you let go.*

*Beloveds, the New Dawn is your chance to be total in your growth. Most of you have not been total yet. When your time for totality comes, you are twice blessed. First you enjoy much more and also you grow much faster.*

*Whatever your program one thing is certain.*

*You are a part of God lost in samsara.*

*He loves you more than you can know.*

### *Cosmology*

*God is transcendental intelligent awareness of consciousness.*

*Matter is condensed consciousness.*

*You can think of Source as the centre. Of course Source is not in space/time, so spatial relationships are only to give your limited brain an approximation.*

*The inner circle of Source is the Beyond, the seventh body. This is unknowable to humans. It is only glimpsed by seventh body enlightened ones in deep silence, and they cannot say anything relevant about it. When they come back they have no clear memory, just the fragrance lingers around them. The seventh body is the void of*

creation and contains the potential for all future universes. This potential exists only in the aware intelligence of Source. The seventh body is no-thingness, non-Being, consciousness-at-rest. Only uncreated intelligent awareness is there.

The next circle is the sixth body. This is the bridge to existence, from non-Being to Being. The Cosmic Mind is in the sixth body, it is also called Paramatman, beyond the Being. The sixth body is accessed by enlightened ones in meditation only, it is silent awareness, the witness.

The Cosmic Mind is programmed by Source to create, sustain and eventually destroy existence, whatever is born will die. It is the means for everything to happen. It contains every microscopic detail of all future events in this universe. This includes the number of times an insect moves its wings and every thought by every brain and everything you can think of and more. This inconceivable complexity is programmed in the sixth body, which is beyond space/time, and is God's work of creation.

The next circle is the fifth body, the Being or Self. This is where existence starts. The fifth body is beyond space/time, but it is part of existence. That means it is created fresh with each new universe. It is not eternal. Only the seventh body is eternal and uncreated. The Being is the first stage of enlightenment. It is also the Heart of Love. For women everything happens in Love in the fifth body. Enlightenment starts here, when the ego dissolves permanently. Experienced meditators also

have a taste of the fifth body in deep meditation. Satori is a temporary experience of the fifth body, the ego stops functioning for an hour or a few months, but returns sometime, until it is dissolved forever. This is the definition of enlightenment. Not satori. Poonjaji's people are confused on this core point. Many of them have had satoris and now have got stuck with an enlightened ego. The next circle is the fourth body. This is the start of the psychic realm. It is in hyper-space/time and is immaterial. It is the realm of heaven, hell and bardo. The fourth body is accessed by love and meditation. It also can be used by those seeking psychic power to dominate others. In the Mahabharat, everyone had access to the fourth body and they all misused their psychic power. This is a great spiritual crime and brought the intense suffering of this Kali Yuga. The positive qualities of the fourth body are love and awareness.

The next circle is the third body. This is the astral realm and contains the potential for creative and destructive expression of all kinds. It is power. Manifesting and creativity are the highest aspects of the third body. It is also in hyper-space/time. It can be used to dominate others by unconscious, power-hungry people.

The next circle of Source is the second body. The realm of feeling, emotion and energy. This is where you experience all emotions, positive and negative. The second body is the bridge between hyper-space/time and the material world of space/time. Science is just starting to observe the energy at the heart of matter.

The first body, the outer circle of Source is the material

*universe. It is your physical body, in space/time. These seven bodies are all Source. Each of them has a different part to play in the cosmic drama. The fifth, sixth and seventh bodies are beyond space/time and are universal. The second, third and fourth bodies are universal and individual. The first body is only individual, hence your experience of separation from existence. The door to the higher bodies is through the chakras which are hidden in your nervous system and activated by consciousness and love.*

*Don't stop your journey of discovery until you are back home in the seventh body, the Beyond.*

*Your individual soul is called jiva and is unique. It consists of your second, third and fourth bodies. They are your individuality. They allow you to create new physical bodies for 108 lives, then they dissolve in the seventh body forever. This is Mahaparanirvana, the cosmic orgasm when you return to the seventh body forever.*

*Your soul and everything else in existence is pre-programmed by Source to the minutest detail of your experience. The number of heart beats you will have is predestined.*

*Predestination is the only way Source can manage the complexity of existence. Everything is programmed in the Cosmic Mind beyond space/time. This is 'where' God creates everything. The Cosmic Mind manages all the multiplicity of all details of all creations at exactly the moment God has programmed it to. Your nervous system is programmed in the womb with every detail of your life, including the experience of free will and*

*everything you think you choose.*

*Understanding all this allows you to surrender.*

*Source can and does over-ride the Cosmic Mind. This is divine intervention. However, it is much more difficult to manage the material universe directly, and happens very rarely. Mostly God just watches the Leela unfold. He also simultaneously experiences everything with everyone and suffers and enjoys all your experiences with you.*

*God is all these seven bodies and the awareness and creator of them simultaneously.*

#### *Que Sera Sera*

*When you you understand that your life and everything else is pre-programmed by Source, you can relax.*

*The future is going to be as it is already programmed to be. Every detail is perfectly planned for the needs of the drama of your evolution. You cannot understand how this complexity is possible. To pre-program over 5 billion souls each with 108 lives and balance every thought, word and action with an equal and opposite one is God's ultimate challenge of creativity. Einstein's understanding not only applies to the material universe but also to every subtle realm of being that exists.*

*Everything is connected and everything makes sense, eventually. This relieves you of the burden of worrying about your future, at least in theory. In practice, you will worry till your program changes to trust. And that is not*

*in your hands.*

*Even if you are still programmed to worry about your future, you can at least understand the set up. This also means things are getting close to changing. Understanding often comes just before the shift happens.*

*Beloved friends, you are in good hands, Source has managed everything perfectly for the needs of your evolution.*

*You can relax.*

*If you are programmed to.*

*If not and you can understand the theory, relaxation is getting closer.*

### *Balance of Opposites*

*Joy and pain, sunshine and rain, loss and gain are the way of life.*

*Everything has to be balanced by its opposite.*

*This law is the means to give satisfaction to the creator of life. He has a tidy mind.*

*He is sharing honestly with you now for the first time to celebrate the transition from darkness to light.*

*God has been disguising himself as a strict moralist and even pretended to be dead.*

*That time has passed. He is revealing His ways to prepare you to live in love in God.*

*The law of balance ensures that justice is always done.*

*There will soon be no need for society to bother punishing wrongdoers. When the truth is understood, everyone will know the consequences of negativity are inescapable. This alone will dramatically reduce anti-social behaviour. And it will free everyone from being a moralist. Everyone has to go astray and come home.*

*You are the most sophisticated beings in existence. Your complexity is a gift from God in love.*

*Your suffering is equally balanced by your freedom from suffering. Your lust for life is balanced by your thirst for truth. Your love is equally balanced by your hate.*

*Beloveds, you are blessed if you can understand all this. It means you are nearing the end of your suffering.*

### *You are Not*

*You are not, only God is.*

*Even if you believe this before you experience it, there will be no problem. Only positive beliefs give your ego a new identity, negating your ego is totally safe and helpful. You can experiment with it today.*

*This understanding can be verified by your intelligence and applied to help free yourself from ego.*

*The application helps you drop your judgments about yourself and others. When you see someone behaving negatively, you understand this person is a part of God that is programmed to act this way now. You will know that their negativity will change when the divine program*



*changes it. The most you can say about anyone, including yourself, is they have a negative program right now.*

*This brings immediate peace from the hell of your judging mind, especially when applied to your own limitations.*

*This understanding also means God is your ego. The mechanism of separation itself is divine. You cannot take yourself so seriously when you understand all this.*

*When you fully understand you are free from ego.*

*Application moment to moment brings immediate relief from separation.*

*Give it a try.*

### *One Hand Clapping*

*The sound of existence cannot be described accurately. It is called OM.*

*But the OM that you chant is far from the subtle sound of awareness that can be heard by some enlightened ones.*

*The sound of awareness is constant. The pitch is always the same, only the volume goes up and down depending on how much attention is given to it.*

*This is the sound of one hand clapping.*

*The zen koan can only be understood by enlightened ones who hear the unstruck sound of one hand clapping. Any intellectual answer will invite the zen master's stick.*

*Unenlightened people also hear a sound inside that is similar to the sound of awareness. This is often a ringing in the ears that comes and goes.*

*If you do hear an inner sound of any kind it is good to use it to go deeper in. Sound is a bridge to awareness.*

*This technique is only for meditators who already hear some kind of inner sound.*

*Let the breath guide you in. As you fall inside allow the sound to merge with the breath. Continue merging the sound and breath. As awareness grows the sound will increase and the breath will slow and sometimes stop.*

*When the sound is your base, the breath will seem superficial. Continue merging with the sound. Allow the mind to enjoy the sound of awareness. Feel the source of the sound and merge totally with it. Continue to merge with the source of the sound for as long as you feel. The longer the better.*

*This technique is not for everyone. But if it suits you, it can carry you home very fast.*

### *You are That*

*Source is multidimensional.*

*The ultimate truth is unembodied, intelligent awareness of consciousness. That, contains the potentiality for all creations in all space/time. Yes, you are That. But no embodied master can have more than a glimpse of That. Hence the mystery is never fully revealed to humans*

*ever. The ultimate enlightenment is access to non-Being, the seventh body of God, the beyond.*

*Non-Being is the void of creation. When you say I am That, it is also inaccurate because no human can create or destroy the universe. Yes, you and everything are made from That, but Source is also the mystery that cannot be known until you leave the body for the last time and all traces of your soul and being have disappeared forever. Then and only then are you fully That.*

*The Self is the first stage of enlightenment, the fifth body of Source. It is not just something to recognise, It can only be discovered. Paramatman is the sixth body of Source. Full enlightenment gives access to the void, the seventh body of Source. That is non-Being, the void of creation. No human can stay there for long. When they return to the body the fragrance lingers around them, yet they can't say much about it because there is no mind or any memory of That.*

*Non-Being is beyond the capacity of anyone to articulate or remember fully. In the spiritual world imagination is a major trap. When a seeker declares, I am That, unfortunately that 'I' is his ego. The remedy is to stick rigorously to direct experience.*

*More helpful for a seeker is the negative, I am not, only That is. However, this is just another belief until it is fully realised. The truth believed is a sweet lie.*

*The solution is to become an inner scientist and verify the hypothesis by direct experience. This does not contradict the teaching that says you just have to stop*

*and recognise who you are. But it does require that the seeker is not actively guided into believing they just have to recognise the truth. Truth is not so cheap.*

*Silence is the answer. The gap of silence a seeker experiences is a taste of the truth. It becomes permanent by remaining in the gap of silence for as long as possible, every day until the ego dissolves forever.*

*The fundamental misunderstanding is that everyone is inherently free already.*

*The truth is each soul is created by That to be deeply ignorant and slowly evolve in consciousness until the moment of permanent awakening. Existentially and functionally every seeker is the soul until they enter the Self. When that happens it is for the first time for each soul. You cannot remember what you don't know. No seeker has any memory of That.*

*The time of awakening is fixed by Source. There is nothing to do but what you feel, with the awareness that your feeling is the voice of Source guiding you moment to moment. Surrender to What is, gives freedom herenow.*

*Silence is the answer. Those who are close to awakening will feel pulled into silence.*

*There is only Source playing all the parts, but seekers don't remember where they came from. Ramana's enquiry is perfect. Ask: Where do I come from? And wait silently for silence.*

*Shiva Netri*

*The sixth body of God includes Paramatman, the Cosmic Mind and Shiva netri, the eye of God.*

*The eye of God is the witness of everything, always.*

*It can simultaneously be aware of all events in all space/time and in the fifth and sixth bodies of God. It automatically records all details of everything in the akashik record in the Cosmic Mind. This allows God to monitor everything as He feels.*

*In humans Shiva netri is connected to the third eye. There are six centres in the head that must all open before full enlightenment. Shiva netri is one of them.*

*The danger of Shiva netri is abuse of power. It is possible for unenlightened yogis to force the Shiva netri centre open before its natural time. The result is enormous psychic power. And the price is high. These yogis are almost all Indian, they pay with psychic disturbance and madness. They are worshipped in India by the masses and enjoy power and prestige in their world. Westerners who try to copy them usually fail, the discipline is too arduous. They are lucky. To force entry to Shiva netri is the greatest spiritual crime, the karma takes lives to burn out.*

*The third eye is the sixth chakra and cannot open fully before the second stage of enlightenment. It is connected to Shiva netri and functions as the witness in humans. It is safe from abuse of power.*

*Beloveds, God is revealing this esoteric knowledge to help bring an end to abuse of spiritual power and to*

*celebrate the age of light.*

*The Kali Yuga is over.*

*Enjoy the Ride*

*Unity is the end of division.*

*That means some of your cherished beliefs will have to go. Everyone is in the same boat. This book is not another set of beliefs to replace your old ones. It is God's Vision for the New Dawn of consciousness, it comes directly from Source.*

*Unity is the only religion for the millennium. It is esoteric and devotional, simple and sophisticated, it challenges you to become an inner scientist and discover who you really are. Your applied intelligence can verify most of the book. The cosmic knowledge is unverifiable by humans and is given to help you understand Source a little more. Your direct experience is what really counts.*

*The future is only known to Source. Your job is to be herenow 100%. The predictions given are just to expand your horizons and prepare you in case something dramatic does happen. In fact the only real preparation is to live each moment totally.*

*God is all there is, His seven bodies are existence and non-existence.*

*Before awakening you are a soul lost in samsara. When you enter the fifth body of Source, the Self, you are free from suffering forever. When you leave the body for the*

*last time you fully reunite with That, the unknowable mystery of non-Being.*

*This is the destiny of every soul.*

### *Bardo II*

*The Tibetan reports of bardo are accurate.*

*It is part of the fourth body of God, the psychic realm or mental body. This realm is in hyper-space/time and is non-material.*

*Every time you die, your soul goes to bardo for purification and balancing the karma from your last life.*

*There are lots of psychic drama, lights, noise and weird feelings. It is also heaven, the realm of psychic pleasure.*

*Ultimately you are not the soul, you are pure awareness.*

*If you have developed the witness in your last life bardo is fun. You just watch the show and enjoy.*

*For non-meditators it is a big shock. Believers in all religions are completely unprepared for the drama of bardo and have a difficult experience for about two weeks till they are reborn.*

*In the transition from darkness to light all unconscious people will go to bardo for purification. They are very lucky, within a few years they will evolve up to the fourth body and be reborn as sensitive seekers. This the only way the age of light can happen. Without divine intervention, nature would take thousands of years to evolve all the souls to this level.*

*If you are reading this it means you are going to be purified in this body. This is a greater challenge. The physical body is the most dense and takes the most work to purify. Get started, drop all dairy and animal products and fish, all junk food and sugar. Eat whatever you feel that is pure veg wholefood. Purify fruit and veg by cooking or some other means to kill the parasites. Yoga, fasting and colon cleaning are necessary for most of you to remove the toxins from your body.*

*Purify the emotional body with any system that suits you.*

*Develop the third body with creative action, responsibility and intense sadhana, as you feel. This brings the ego to its positive potential and prepares the fourth body for let go, trust, silent awareness and love.*

*Sit silently for 2 hours morning and evening to give Source space to work on you. If you have an egoless friend sit silently with them, when possible, to intensify the process.*

*And relax, God knows what He's doing.*

### *Authenticity*

*Authenticity is everything for a seeker.*

*The purpose of spiritual information is to give you a map of the territory and to provoke your thirst for truth.*

*All great masters understand the tendency of disciples to settle for a copy of the map.*

*Masters who give a clear map that the disciple's intellect can understand are inviting the spiritual ego to claim enlightenment.*

*The third way is Surrender to What is.*

*First you need to be convinced that What is, springs from the loving, intelligence of Source. This is where words can help. When you KNOW this deeply, forget the words and enter the flow of life as it arises in you moment to moment.*

*Every moment you experience is a gift from Source.*

*When you are aware of each moment of life happening in you AND you allow that energy to live you, the miracle happens.*

*The miracle is Surrender to What is.*

*This is the discipline of transcendence and can be lived totally without any belief at all.*

*This book contains the most accurate spiritual information ever given. If it satisfies your intellectual curiosity and helps you to trust Source, it has served its purpose.*

*Now the real work starts.*

*Transformation is not cheap, you have to stake your life. Every moment is a challenge to be aware and Surrender to What is. This discipline sounds simple, it is. But it is arduous also. Your mind is programmed by Source to pull you in unconscious desire and habit. To be aware of this is the start of freedom. As you watch yourself moment to moment behaving like a robot with predictable reactions and feelings, you start to create a little distance from the drama. This is the seed of awareness that*

*sprouts into the tree of Surrender.*

*For new seekers help and support are needed from older seekers who have passed through the first stage of growth. For older seekers who are ready to let go, an egoless friend is needed to give the courage to jump.*

*For both the method is similar: Feel the energy of now and allow it to move you and guide you. When pain, fear and resistance to What is arise, use them to penetrate the moment more deeply. Embrace the wound of your ego with awareness and love. Never avoid any discomfort. Face it consciously and fully, as it arises. Penetrate to its core with awareness and love.*

*When it has passed and you are relaxed, turn the witness back on itself. Allow awareness to rest at its source. When thoughts arise watch very closely till they stop, then turn back to the source of awareness.*

*It is necessary to be silent and still for subtle awareness to arise. The longer the better.*

*This method is free from confusion and belief and brings very rapid results when diligently applied all day every day.*

*If you are an authentic seeker you can enjoy all kinds of spiritual gossip. But the truth cannot be spoken. All words are just fingers pointing to the moon.*

*Take courage and leave your spiritual knowledge with your shoes at the door of the temple. The truth believed is the sweetest lie and the most harmful for a seeker.*

*Surrender to What is, works for men and women, new seekers and old, from the first step to the last.*

*Give it a try.*

### *The Fire of Now*

*Real growth cannot happen by reading any book or listening to any teacher, it comes only in the fire of now. The purpose of all religious talk and books is to provoke the thirst for the fire of now.*

*You are addicted to dreams of the future and memories of the past. You are programmed by Source to desire and achieve.*

*The fire of now burns your toys.*

*The fire of now is dangerous for children who are attached to their toys. Your toys are: your friends and relationships, your desire for pleasure and possessions, your lust for life, your need for attention, whatever pulls you outward away from your centre.*

*The fire of now burns in your centre with the eternal energy of Source. It is awareness.*

*Awareness is the beginning and the end. And it is the means to purify your being of attachment to toys. The fire of now burns your attachment to you.*

*All attachments disappear when the root is cut.*

*You are attached to you. Me, myself and I.*

*My life, my feeling, my guru. I like, I don't like. I want, I don't want.*

*Every time you use the words me or my or I, be aware. Who is this 'I' referring to? If it is your body and its real needs, this is necessary even for enlightened ones. Mostly, if you observe closely, you will find it is your ego, the false centre that has been programmed to try to get the best for you.*

*It is only needed when you don't trust that Source will give you what you really need. Trust arises from understanding the set up. That is the reason for this book. Now it is time to live your understanding. This challenge brings you to the fire of now.*

*You still need to take care of the basic practicalities of life. That is tying your camel. You don't need to worry about your old age and future. The big picture is in the hands of Source.*

*Trust is the moment to moment understanding that What is, springs from Source and is always perfect for the needs of the story. You can only see a part of the story. Source sees all past, present and future simultaneously. He knows what He's doing. Let Him manage the big picture, you focus on the energy of now.*

*Surrender your ego to the fire of now at your centre. Let the unconscious pain, fear and resistance burn in awareness. Let the gaps of silence grow longer and deeper.*

*Give up the search for anything that takes you away from now. This includes God, enlightenment and love. Face the fire, let it burn your toys.*

*Be free.*

## Ego

*Your ego is illusory in the sense that it is identification of consciousness with a body/mind/soul. But it is also a psychic knot with a connection to your physical body.*

*It helps to understand the ego, it has a bad reputation and is generally misunderstood.*

*The positive and necessary aspect of your ego is the protector and organiser. It is programmed by Source to take care of your needs and try to get the best for you.*

*It is necessary for unconscious people who are not evolved enough for surrender, it creates a certain order to society with personal responsibility and accountability. Without these concepts unconscious people are too unruly and society is a mess.*

*The negative aspects are well documented; separation, greed, violence, hatred, anger, fear, pride and all negative emotions.*

*Violence is the most dangerous to others and is an abomination. Hatred and the other aspects hurt the person who feels them more than those they are directed against.*

*Gradually as your soul evolves over many lives the ego becomes more refined and seeks political, artistic, creative and intellectual expression. One life you become a seeker of truth and the guru tells you the ego is the illusory barrier to freedom. You try to get rid of it by denial and repression. You cultivate a pious, holy, serious ego that says, 'I am sat-chit-anand'. Truth, consciousness, bliss.*

*Still your repressed ego always rears its ugly head and exposes your hypocrisy.*

*Finally you meet a master who understands the tricks of the ego and you become an authentic seeker. You drop all spiritual ideals and face yourself naked, as you are. You bring the light of awareness into the darkness of your repressed ego and the real work starts.*

*Stage 1 examines, releases and purifies the negative aspects of your ego and develops the positive aspects of creativity and responsibility.*

*Stage 2 is the big change. Now your ego is creative, flexible and responsible, it has reached the peak of its potential. It is time to let it go and surrender control to Source. For this you need to feel trust that Source will manage in place of your ego. That is the main purpose of this book. When you feel that Source is willing and able to take care of your real needs and growth, this is the big change. It is a day of celebration.*

*Now the real spiritual work starts. You let go and allow the energy of the moment to move you where and how it wants.*

*Now everything is simple, whatever happens is an opportunity to say Yes. Difficulties are faced with the understanding that they are necessary for your growth. Whatever happens is embraced as a gift from Source to help you complete your karma and grow in awareness, love and playfulness.*

*Finally surrender bears fruit and the psychic knot of your ego separates from your body. This is often experienced as a very strong jerk in the belly, followed by ecstasy as*

*you enter the Self, the fifth body of God.*

*The Being or Self is universal, there is no personal enlightenment, that is another ego trip. The Being is already there waiting for you to enter. It can ONLY be discovered. No belief, conviction, remembering or hypnosis can dissolve your ego and open the door to the Self. In fact all belief is a barrier. When you say, 'I am That' before your ego has gone, that 'I' is your ego disguised as That.*

*This is the great misfortune that has caught some people.*

*Remain naked and vulnerable to Source. Make no claims. Tell the truth about your experience. If anything, play down your spiritual knowledge and great insights. It is best to share your inner world with an egoless friend. They know the traps of ego and will not be competitive with your experience.*

*For the jump into Being an egoless friend is necessary to give you courage to let go of the protector that has taken care of you for many lives.*

*Beloveds, Source is the creator of your ego and everything in existence. He can take care of you in place of the ego and without the hell of separation that goes with the protector. Trust is the door.*

## *Belief II*

*You are deeply conditioned for lives to believe all kinds of things that you cannot verify.*

*This habit is the root of much confusion and conflict.*

*Even today people are willing to kill and die for beliefs that they don't know are true. They just believe and that's the end of it.*

*In the spiritual world every religion has a set of beliefs that the faithful must adopt. If you believe unquestioningly, you are promised heaven or enlightenment. If you question the beliefs of any religion they will tell you it is written in their holy book and that's what we believe. If you point out that all the other religions have different holy books and beliefs, they will say the others are misguided.*

*All this nonsense passes largely unchallenged in the name of God. No wonder rational people are mostly not involved in religion.*

*You also have more subtle conditioning and beliefs from your parents and the society you are born into. The beliefs of Indians are very different from Japanese or Americans. All are equally unconscious of how they got them.*

*Deconditioning from all irrational beliefs is essential if you are interested in truth. Osho spent years trying to decondition Westerners from their unconscious Christian beliefs that are fundamental to Western society. He tried not to give a new set of beliefs to replace the old ones, but many of his people now have an Osho conditioning.*



*It is the same in all new age groups and religions. However much they say you have to drop your old beliefs, they still give you new ones subliminally. Even systems like Avatar that specialise in belief work give you new, silly ones at the same time.*

*The most confused spiritual belief for evolved seekers is, 'I am already inherently free', or 'enlightenment is just a concept'. The price is high. It creates the spiritual ego that thinks it is enlightened, it is the great misfortune.*

*Make a long list of everything you believe and check if it can be proved by science. For spiritual beliefs, become an inner scientist. Be rigorous. First apply your intelligence and see if the belief really makes sense. If it does, the next step is to attempt to verify it with your own direct experience. Don't be tempted to think you know anything except your own experience. This is fundamental for religious enquiry.*

*Enlightened people also only really know their own experience. The cosmic knowledge they share comes from Source. Every master has different information. Use your intelligence: if Source misinformed other masters how do you know He didn't misinform yours also? Naturally, you have to trust your master, but you don't have to believe what he says if it doesn't make sense. And the most dangerous beliefs for a seeker are true. You are That. But if you believe this without experiential verification you are in big trouble. Your ego claims to be That and you wonder why you are still suffering. Be a little intelligent. Remain an inner scientist, not an immature believer.*

### *This Message*

*This message is in three parts.*

*Predictions for the future that cannot be verified or disproved.*

*Cosmic knowledge that cannot be verified or disproved. Spiritual knowledge and methods of transformation that can be verified by your intelligence and application.*

*Enjoy the first two as a good story that may be true.*

*The third is the important part for your growth.*

*This message rests on trust in Source. Without it surrender won't happen. Enlightenment is the flowering of surrender.*

*Source has given you all this information to answer every possible intelligent question, so that your trust is supported by intelligence.*

*Life is obviously intelligent and all awakened ones experience conscious oneness. Therefore the Source of life must be intelligent consciousness. That is enough to allow you to trust Source.*

*When you trust Source to manage your growth and take care of your future, you will still be practical. He will guide you intuitively in all necessary practical things. Just your neurotic worries will disappear.*

*Beloveds, Source is all there is. There is no logical alternative.*

*You can trust your creator to take better care of you than your neurotic ego.*

*These words are all to the point. This message is not poetic, it is direct, clear and precise.*

*We have plenty of beautiful poets already.  
What's missing is the simple truth.*

### *Surrender is Always to God*

*Full enlightenment is rare. Most masters are in the second stage of awakening.*

*The reason is that no rebirth is possible for sixth body masters. They complete their final growth out of the body. Only one in ten masters are in the seventh body.*

*All masters get their cosmic knowledge from Source. No human really knows the whole truth. Even full enlightenment only reveals silent awareness.*

*The cosmic knowledge of God was secret, it has been accurately shared for the first time in this book.*

*God gives all masters a message to share. They are all different and some are even silly and irrational. The master is in the hands of God and says whatever He wants.*

*Everything is good.*

*The divisions were essential to keep the drama of separation going.*

*Now the moment for Unity has arrived and this book is God's gift to celebrate the new age of light.*

*If you are a sincere seeker with a master, look closely at his teaching and see how much of it really makes sense.*

*There is always a core of truth that most masters agree on. But their peripheral teachings are widely*

*contradictory. They can't all be right. In fact they are all right and wrong. Use your intelligence to see what makes sense in your guru's teaching. You don't have to believe everything they say.*

*Look deeply into the theme of surrender, it is the core point for your awakening. If you surrender to a guru who is going to manage your life?*

*If you don't surrender awakening is impossible.*

*Only Source has the power and intelligence to create and manage the universe.*

*Surrender to a guru means you have to accept their whole teaching. You will have to repress your doubts about the nonsense they all have been given by Source.*

*This makes total surrender difficult for an intelligent seeker. Even if you like all the teaching, there is still the question of how they will take care of you when you give up control. And there is always the chance of confusion.*

*The master is human. Surrender is not submission to a person, but an invitation to God to take you.*

*All masters and gurus are middle men for God, whether they say so or not. When you surrender to a guru, it is God that takes care of you not the master.*

*This message is from God, the creator of you and your master. The time of masters and disciples is almost over.*

*The new way is DIRECT CONNECTION to Source. Your guru is still needed to help you to meditate, his presence opens a door to your centre. He is not required for surrender.*

*That is best offered to your maker.*

### *Devotion Frees*

*For devotees God is essential.*

*Meditators become enlightened by penetrating their unconsciousness with awareness. Eventually they let go out of exhaustion from so much effort. This is the way of the warrior. Nothing is needed except awareness. Buddha and Osho are this type. Hence, they remain agnostic. Osho settled for godliness. Buddha left it open. If you are on the path of love, God is needed. He is the Beloved. He gives the support for surrender. He is waiting to catch you when you jump.*

*Most women are on the path of love. You are created by God to be His lover. He penetrates your heart with divine love and you merge with Him in awakening.*

*Meditation is for everyone. Women need awareness also, without it your love is emotional and unstable. Meditation prepares your heart for the Beloved to enter. Your journey is easier than the warrior of truth. Surrender is natural for women, not warriors. Your way is total let go in love and devotion. For this God is necessary. Prayer and meditation are different, you need both. Meditation strengthens the watcher and gives you balance. Prayer is sharing your heart with the Beloved.*

*Your enlightenment is all in the heart in the fifth body, the Heart of Love. The heart opens three times, the final opening is total death in God. This is the equivalent to the seventh body of Buddha and the warriors, but the way is a lot easier.*

*This is how God has made you, He wants you to be soft*

*and juicy and female. Most masters are male and give one teaching for men and women based on their own experience.*

*Osho was the first Indian master to really appreciate women's contribution to the spiritual world. Some women are trying to be warriors of truth and feel things are not going easily. There is no need to compete with men, let them compete with each other.*

*You remain open and available for the Beloved to enter your heart.*

*Devotion frees.*

### *Puppets of God*

*No master has access to the intelligence of the void.*

*That is God's secret.*

*When a guru says I am That, he is only partly right. He has been given awareness, which is part of That. But he has not been given the intelligence of the void that creates the universe.*

*God's intelligence is inconceivable even to enlightened ones. Before existence is created, God programs the Cosmic Mind with all details of all events for the entire life of the universe. This is God's work of creativity. The intelligence that designs and manifests existence is simultaneously the beyond and in the heart of each atom.*

*Gurus in India are worshipped as God on Earth. They*

*enjoy the drama and allow it to happen. It is a harmless play whose days are numbered. Soon all gurus will be relieved of their roles as God on Earth and become channels for God's energy. They will enjoy this even more because it is existentially true and means they can give all responsibility to Him.*

*The Indian understanding that comes from Buddha and Mahavira balances the irrational devotion of the theistic religions. They were the voice of intelligence for the inner world. They have done a good job. No intelligent person can deny their contribution.*

*Now they too will be transcended.*

*Beloveds, enlightened ones are the highest on Earth, they are usually agnostic and assume they are the highest in existence. This misunderstanding is harmless and almost over.*

*Soon all awakened ones will know the truth. Everyone is a puppet of God.*

*No human can ever be God, until they return to the beyond forever.*

### *Powerful Techniques*

*There are thousands of unenlightened gurus in India.*

*Many have their own ashram and flocks of followers.*

*Their ego is gratified by the attention and power they have over seekers.*

*Often it is all fairly harmless, the seekers get the teacher*

*they deserve. And they learn some helpful techniques. Hatha yoga is very good for everyone.*

*The problem arises with some techniques that are given before the seeker is ready and capable of integrating them. Some techniques used are extremely potent. They force the kundalini energy to rise before its natural time. There is a positive effect also, the witness gets much stronger. But there is often some psychic power and the temptation to misuse it.*

*Beloved friends, the negative effects of kundalini yoga far outweigh the benefits. The most effective, natural and safe method is witnessing. By just watching the body, mind, feelings and energy everything happens in the right season. When it is time for the kundalini to rise it happens spontaneously. And is integrated easily.*

*Spiritual greed always brings more suffering.*

*Avoid unenlightened gurus who are ignorant of the correct way to use powerful techniques.*

*Find an egoless friend to help you, they will always recommend witnessing.*

*It is The Method.*

### *Siddhis*

*The ego is also a destructive mechanism.*

*It pretends to take care of you and tries to get the best for you. Its hidden agenda is power, prestige, domination and control.*

*Politicians, business leaders and highly successful people have huge egos. They control the world we live in. The strong dominate the weak.*

*The power behind the ego comes from Source, as does everything. He gives ego power to certain souls to allow the drama of the world to have intensity.*

*The bad guys and the good guys are both fuelled by ego power.*

*Most ordinary people with average egos cannot imagine how the powerful people get so much power. The answer is by spiritual discipline. Many Indian gurus are trapped in power games. They devote all their energy and knowledge to accumulating power or siddhis. The siddhi game is the ultimate ego trip, and it works. It brings tremendous power to the ego and soul that is projected into future lives. Most of the huge egos have passed through siddhi training in India in past lives.*

*If the program for the next life is positive, the power is used for awareness training and enlightenment. If it is negative the power is used for control and domination. If it is neutral it is used in politics, business and achievement.*

*The worst misfortune is when a seeker forces the kundalini to rise before he is ready to integrate it. This gives a very strong witness that is controlled by his ego. The result is massive power to achieve any desire, except enlightenment, plus terrible psychological disturbance. The person can get whatever they want but they suffer insanity as the price. Beware of the trap of siddhis, the price is always more than the benefits.*

### *Foray in Samsara*

*There are many ways to reach to the top of the mountain. In fact, each journey is unique. Your way is perfect for you and is a gift from God. That is why all systems are only guidelines. The exact application is up to your intuition.*

*There are certain similarities for most seekers, totality is the master key for everyone and comes when it is needed. Understanding the tricks of your ego, especially its survival strategy, is always helpful. And surrender to the energy of NOW is always the last step.*

*Before that happens there is a long and winding road up the mountain till you reach the jumping point. The final jump is managed by Source, as is the climb to the top.*

*This last understanding is given only when it is time to let go, before then you are programmed to go for ego desires and games.*

*All of this drama is not just for the entertainment of Source but also to give each soul the satisfaction of coming home to rest after a demanding foray in samsara. Ultimately, this satisfaction is experienced vicariously by Source as each soul enters mahaparanirvana, the ultimate cosmic orgasm.*

*Your ego is programmed for free will and can't really agree that everything is predestined by Source. This keeps the drama of separation going till the right moment. You have to believe in free will, you have no choice.*

*Beloveds, you are all perfect as you are. The most*

*ignorant savage will one day flower into the ultimate enlightenment. And in between he will experience every possibility of limitation and suffering. This is the context for the end of suffering, your awakening to the love, light and let go of the fifth body of God.*

### *Follow your Feeling*

*Everyone already lives by following their feeling. Naturally, in most cases, people's intuition is clouded by their unconsciousness and ego identification. Unconscious people are programmed to have selfish feelings and care little for the needs of others. That is why it is essential to have a social system that supports everybody equally. Obviously, consciousness is the basic prerequisite for a society that gives everyone the full freedom to follow their feeling. Unconsciousness is present in everyone before enlightenment, to varying degrees. This is the reason society has so many rules to control anti-social behaviour. We have experimented with communes that function without rules and discovered that greed and selfishness almost always destroy the commune. The solution is to have clear social agreements about everything that effects everyone. These agreements allow life to function smoothly with a minimum of conflict.*

*For all personal matters each individual is free to follow their feeling as long as it doesn't hurt or disturb anyone else unnecessarily.*

*This means the end of sexual morality about adultery and allows everyone to enjoy their life in privacy.*

*Beloved friends, you are programmed by Source to have unconscious desires. If you don't hurt anyone directly, including yourself, you are free to live your energy without interference.*

*Slowly, as you grow in sensitivity, your feelings are more compassionate and caring, less insecure and fearful. When you are awakened your intuition is without the cloud of unawareness that distorts the feelings of everyone.*

### *Dark Night of the Soul*

*Your program is given by Source to provide you with all experiences of limitation and negativity.*

*It starts to get more positive as your soul gets older. Still, even just before awakening you are programmed to have doubts and despair.*

*The dark night of the soul actually starts at its conception, with your first human life. The last period of doubt and despair is the final testing of your readiness for freedom from suffering. This varies in intensity with everyone, depending on the role you will play after awakening.*

*If you are going to work with and help many people, your test will be greater in order to prepare you for the challenges to come. And to balance the love and respect you will receive from those you help.*

*Not everyone has work with people after their enlightenment. Most Buddhas just keep on chopping wood and carrying water. Their lives continue in a similar way, only their inner experience is altered.*

*Whatever your destiny, it will feel perfect for you.*

*No Buddha ever wants anything more or less than what they are given.*

*When you enter the final dark night of the soul, remember all this and wait with unswerving acceptance for your deliverance from suffering.*

*This is your last test and is often the greatest.*

### *Programming*

*You are a programmed organism.*

*This is simultaneously a blow to your ego and the freedom from it.*

*Your understanding is based on your experience, this is good. However, there is more to the picture than meets the eye. Your experience and observation tell you that you have a body, feelings, energy, a mind and the capacity to watch these systems. If you are an experienced meditator you will also be aware of consciousness in the gap between thoughts.*

*Your observation of yourself cannot reveal the basic set up. This can only be given by Source.*

*Your program is so sophisticated and interactive that you cannot conceive how it could all be there before your first life. That is the creative work of Source, fortunately His intelligence is far superior to yours.*

*Every soul is programmed to believe in free will and your experience seems to verify your belief. It's a necessary ploy to keep the drama of separate egos running. When you fully understand that you are a pre-programmed organism, your ego is out of a job. You are not programmed for clarity until it's time for surrender. Your ego has to fully develop first.*

*If you can understand that you are a programmed organism with no free will and no chance to choose or alter your program in any way, you are blessed. It means that it is time for let go and surrender to the energy of NOW. It means it is time to say goodbye to the illusion of 'free will' and responsibility for your growth.*

*Social responsibility is always needed by everyone, that is a practical matter. Spiritual responsibility is in the hands of God, He will give you all the experiences necessary to complete your karma and transcend your suffering.*

*Beloveds, it's all a cosmic joke, there is only Source disguised as you and everyone, simultaneously writing, directing and acting all the parts.*

*When you can fully understand all this your days of suffering are numbered.*

### *Duality and Polarity*

*This world is in duality only when observed by a human mind. Without humans to separate nature into subject and object, the world is one.*

*The relative world of multiplicity and duality only arises with human observation. Mind divides. That is why Hindu philosophy says the relative world is illusion. It is a projection of mind, just a shadow of the real world of unity that exists before and after humans.*

*Duality means subject and object, me and you, all the divisions of the mind.*

*Advaita means non-duality, the experience of oneness. This is more accurately experiencing. The experiencer and the experience merge in experiencing. The mind is engaged in the flow of action that is happening NOW. The mind can even contemplate and remain in experiencing. In fact, contemplation means thinking with the flow of intelligence, rather than with neurotic and repetitive ego thinking.*

*The experiencer is the ego. It is programmed to desire new experiences. It is the function of the ego to cling to pleasure and reject pain. This is the mechanism for separation that creates suffering and duality.*

*When the time is right you will start to live more in the flow of now. You will cling and reject less and allow the energy of NOW to move and live you as it wants.*

*This is the way to transcend duality.*

*When the mind doesn't cling to pleasure or reject pain you are free from ego, separation and duality. This*

*happens when your program is ripe for let go.*

*Understanding duality is the beginning of oneness.*

*Polarity is different. It is the natural world of opposites. Man and woman, yin and yang, day and night. These natural polarities are there to give contrast and interest to life on planet Earth. Understanding that opposites are complementary is all that is required to enjoy the dance of nature.*

*Duality is the artificial separation of the mind into me and not me that creates the hell of the ego.*

*Your body is separate from other bodies and the material world. It is natural to protect and take care of your body.*

*The problem arises with neurotic identification with your body/mind/emotions/desires that is overly protective, possessive and fixated on ME.*

*ME tends to be the unconscious collection of feelings, memories, thoughts and insecurities that make up your ego identification with a particular body.*

*When you are free from ego neurosis, your body needs are still taken care of. Only the obsessive preoccupation with ME dissolves. And you live in moment to moment experiencing.*

*Beyond duality.*



## Women

*Women are designed to love.*

*Love is the ultimate for all women.*

*This is your beauty and the necessary balance to the male energy of consciousness.*

*Men and women are complimentary opposites. Hence all the drama of relationships as you try to understand those different energies of your partner.*

*Spiritually, most masters are male and have no personal experience of the way of women. This has led to women trying to compete with men in awareness and clarity.*

*These male qualities are valued by male teachers and are often held as superior to love and devotion.*

*The spiritual journey is unique for every soul, no two souls are the same. Women are very different from men in all their systems. Women are designed to surrender to God in love, merge with God in love and die in God in love. These are the three stages of enlightenment for women. Everything happens in the Heart of Love in the fifth body.*

*Women are designed to share love.*

*This makes life juicy and interesting.*

*When a woman is totally fulfilled in a love relationship her spiritual search will stop.*

*Love is the goal.*

*And God is the Beloved. He won't let you stop for too long with any man. Your destiny is to be His lover.*

*Women are emotional creatures. Your feelings are out of control. When you feel love everything is wonderful,*

*when you are disturbed by confusion or negativity everything is a mess.*

*When love is there, just enjoy and share. When you are disturbed that is the time for meditation. Just watch the disturbance from outside your body. Go up in the sky and take some distance from the mess. This is the witness.*

*Beloveds, your part in the dance of life is essential. You are needed to be loving and soft and juicy. This balances the male energies that are conscious and clear and logical. Both are beautiful. Your capacity to absorb male energy with love is the fast way for you to grow and it helps men to relax.*

*Never try to compete or fight with men, that destroys your beauty and upsets everyone.*

*When a man needs to learn something from you, it will be better received when it is shared with love. Women often get stuck in reaction to men. Often the man is wrong and there is no need to tolerate his insensitivity.*

*The key to successful relationships lies with the woman. She is love and it is her love that brings the man into his creative male energy. If you share from love rather than reaction, the man will be surprisingly compliant with your requests for more sensitivity.*

*And he will sometimes be right, learn to listen to what he is saying. It's natural for men to be logical, no need to put them down for it. Enjoy their differences and focus on absorbing the male energy with your love.*

*This brings your femininity to full flower.*

*Men*

*You are programmed for awareness.*

*This is your ultimate truth.*

*Many new age men are wimps. You have been conditioned by the feminine values of 'sharing your feelings and receptivity' that are the base of many new age groups. This is good to balance your old conditioning of an aggressive male in a man's world. But don't get stuck there.*

*Men are designed to be warriors of truth.*

*This means you need courage and discipline to penetrate the unconsciousness of your mind. Being a second class woman won't help. Your way is completely different. Your natural male qualities of clarity and consciousness are the key to your growth.*

*Yes, you need to learn to share your feelings openly, you have nothing to hide. And you are more sensitive than you know. Still, you are a man and your way is primarily awareness.*

*If love and devotion are natural and spontaneous, you can enjoy. If they are missing don't be concerned, they will come later when the time is right.*

*Authenticity is essential. Be what you are. No need to try to please women with imitating their ways. It always backfires. You are designed with a logical mind and a thirst for truth and freedom. Mind cannot know the ultimate truth, that happens beyond mind. But a clear intelligence can help you to understand many things. Put your intelligence to work. Think creatively. Try to*

*understand everything and when the mind is exhausted from creative thinking, switch it off and enter silence.*

*Beloved friends, you can learn sensitivity, love and intimacy from women. Enjoy this with them.*

*Freedom comes in aloneness. When you have fully enjoyed what women can give you, say goodbye and face yourself alone.*

*This is the ultimate adventure.*

*Freedom.*

*Theistic Religions*

*Theistic religions are in great difficulty.*

*They have all thrown reason and intelligence to the wind and adopted a plethora of silly beliefs.*

*These beliefs vary widely but have one thing in common.*

*They are sacred and above question.*

*Unwavering belief in silliness doesn't really help.*

*Yet it is the foundation of the theistic religions. Some of them still kill people with different beliefs, in the name of God. This nonsense permeates all the old religions. Even Buddhism, which is based on Buddha's experience of enlightenment, has been turned into a collection of rules and beliefs. Fortunately some Buddhists are sincere seekers and eventually find freedom. Occasionally a Hindu saddhu is awakened but very rarely. The other old religions are mostly unaware of enlightenment and think only their founder and prophets are sons of God.*

*The difficulty is that religion is only relevant when it is fresh. The moment the founder dies, his followers take over and try to make rules and structures based on his teaching. Without awakened energy all words are dry and dead. Even the truth is just a sweet lie until it is verified by your experience.*

*Theistic religions all believe in God. Prayer for help and forgiveness is central to their practice. The believers are sheep and the Lord is the shepherd. This immaturity had its purpose but those days have passed.*

*God is intelligent awareness of consciousness.*

*He programs you to be like you are and to change when the time is right. If you are a believer in some old religion you are invited to apply your intelligence to the message from God in this book.*

*It is His Vision for the millennium.*

*No belief is needed.*

*Just the hypothesis: God is all there is, I am not separate from That.*

### *New Age Religions*

*The present interest in alternative spiritual paths indicates the failure of the old religions.*

*Intelligent, sincere seekers of truth have almost all abandoned their religion of birth and embraced more effective methods of transformation.*

*The number and variety of new age religions reflects the*

*diversity of seekers. There are enlightened gurus with Indian philosophies, intelligent Westerners with growth oriented approaches, all kinds of esoteric teachers, and channels for various entities and spirits.*

*What they all have in common is a thirst for truth and freedom from ego. Occasionally one of the disturbed leaders brings the entire movement into disrepute by suicide or murder. This allows the old religions to shun all alternatives and brand them as cults.*

*Many new age groups are confused, the leaders are unenlightened and have a patchwork philosophy that is incoherent. Others are teaching their Indian master's method of awakening and adopting it to Westerners. Some are channels for spirits and disembodied masters that only they connect with. Others are enlightened and are creating new approaches based on their experience and understanding.*

*This book is directed primarily at this diverse collection of new age seekers. You are the sensitive, intelligent, loving souls who have the capacity for transformation.*

*You are blessed with a thirst for freedom from the limitations of ego, and the capacity to pass through spiritual purification and discipline.*

*You are the meek who inherit the Earth.*

*You are the children of Source who long for reunion.*

*You are the meditators who watch from above.*

*You are the lovers who surrender to love.*

*You are the dancers who celebrate life.*

*You are the Buddhas of the New Dawn.*

*Now you are blessed, for your time has come.*

*Ramesh and Nadeen*

*Your ideas about past lives and karma may be true, but only Source knows the cosmic set up for sure.*

*If Source creates humans with a soul that evolves over many lives until awakening, then karma has to be there to balance your freedom/limitation equation. Even without a soul, the freedom/limitation equation is really the means to balance everything. This is the definition of karma also.*

*After enlightenment the freedom/limitation equation still has to be balanced. Usually awakened ones have health problems or are vilified by society to balance their freedom, bliss and love.*

*Fortunately the equation is biased in their favour by Source and the limitation is many times less than their freedom.*

*If there is no soul and we come direct from Source without past lives and karma, the Leela is less complex and sophisticated. And it lacks continuity and is therefore less satisfying to Source.*

*Since, the purpose of the Leela is for Source to have a vicarious experience of limitation/freedom. It makes sense that He would make it as complex, sophisticated and satisfying as possible.*

*Everything is a play of Source and He loves drama.*

*No one can say for certain if we have a soul, past lives and karma or not, except Source. Still, in the interest of complexity, continuity and sophistication it's more fun to assume we do rather than don't.*

*But this is a peripheral issue.*

*On the core issue, consciousness is all there is and Source is awareness of consciousness. We are in total agreement.*

*Suffering*

*The fundamental issue for everyone is suffering.*

*You cannot know if your suffering is because of karma from past lives or it is just randomly given by Source.*

*You can know that suffering has been with you from your first breath. Therefore the cause of your suffering is beyond your control.*

*This basic fact means that you are a victim of life.*

*The truth hurts.*

*Freedom from suffering is enlightenment. Disidentification with your drama is the way to be free from it. This is the purpose of meditation and all growth techniques.*

*Since you didn't create yourself and your original suffering it follows that you cannot create your enlightenment, the end of suffering.*

*Your personal responsibility is required to fully develop the creative aspect of your ego. But you cannot manifest enlightenment, if you try you will only manage to manifest an enlightened ego. This is the great misfortune.*

*Enlightenment is provoked by surrender.*

*Surrender is the opposite of manifesting. It means allowing whatever happens to be experienced with NO RESISTANCE. It means trusting that life is giving you EVERY situation to help you grow in surrender.*

*Be clear about the two stages of growth.*

*1 Develop the creative, responsible aspects of your ego and manifest your desires.*

*2 Surrender it ALL to the energy of NOW.*

*Each moment is your inner master giving you another chance to let go of control.*

*Beloveds, you are blessed to be the vanguards of the new religion of DIRECT CONNECTION to your inner master. The time of the outer guru has passed.*

*Now enlightened ones function as messengers to support you in listening to your inner master. And to channel divine energy to help you go IN.*

*Osho is the greatest master of this age. He is also the last great master. Soon all awakened ones will understand all this.*

## *Energy*

*You are made from consciousness.*

*Even your suffering is a play of consciousness.*

*You are consciousness that has condensed into a body, mind and soul.*

*Your direct experience can verify that you are identified with your body, mind and feelings. Your awareness in*

*meditation can verify that you are also pure energy.*

*This experience is the bridge between your body/mind and consciousness. Energy is the connection between consciousness and matter.*

*Feeling your energy is the basic method for growth.*

*It immediately takes you beyond the body/mind and opens the door to consciousness.*

*The application is also very natural and enjoyable, everyone likes to go inside and feel their energy. Nature is always right. When you develop the capacity to be aware of your energy most of the time, you will find the miracle has already started happening.*

*Your energy is beyond the control of your ego and is impossible to manipulate. This purity is your door to freedom herenow. As you live with awareness of your energy you automatically enter the flow of Now. As you start to allow the energy to move you and speak in you, freedom follows like a shadow.*

*When you live fully in the flow of your energy, the ego cannot live much longer. You awakening is at hand.*

*Beloveds, this sounds simple and it is. But it is far from easy. Your mind is strong and neurotic and is very reluctant to give up control. Again and again you will forget and find yourself reacting from mind. Each time you catch yourself you will remember to come home and feel your energy and let it move you.*

*Emotional disturbance clouds your energy and throws you into confusion. This is the time to release the disturbance harmlessly or just to witness it till it passes.*

*When your energy is disturbed by emotion you need*

*extra awareness to catch yourself before you react and put it on someone else.*

*Never dump on anyone ever.*

*What goes around does come around.*

*This is The Law.*

### *Existence and the Beyond*

*Existence is made of consciousness.*

*The material world is very condensed consciousness.*

*Energy is less condensed consciousness.*

*Prana is more refined energy.*

*Light is more refined prana.*

*The fifth body of God is consciousness and love.*

*These five realms or bodies of God make up existence.*

*The sixth body of God is pure awareness. It is the bridge to non-Being, the seventh body.*

*Only the seventh body is eternal. Existence is born and must also die.*

*Your journey is from the seventh body and back to where you started. It always takes each soul 108 lives to complete the round trip.*

*This means you are God.*

*Source creates each soul from the essence of the Void.*

*This is your deepest nature.*

*Then He creates the ego to blind you to what you really are. This is the game of hide and seek.*

*Now you are in a body and identified with your life. You*

*feel that you are a body, mind and emotions. You have no memory at all of the seventh body that you are made of.*

*This Leela gives Source an experience of separation and limitation that is impossible in the seventh body.*

*That is the reason for your existence. And the reason for the universe and the other realms of God.*

*You are That, the beyond.*

*Unfortunately, if you believe this before you experience it you are in trouble. This is the foundation for all spiritual belief. And it is true. But rather than blindly believing what you have not experienced, the way is to enter deeper and deeper inside yourself until the truth is revealed.*

*This understanding separates a sincere seeker from others who believe in the truth before direct experience.*

*And you don't need to deny the truth either.*

*Take the truth as a hypothesis and verify it by direct experience.*

*No amount of wishful thinking can give you freedom from ego and suffering.*

*The only way is authentic enquiry into who you are and where you come from.*

*This requires a willingness to stake your life.*

*Truth is not a cheap belief.*

*This and That*

*This moment of life is who you are right now.  
 You are the ecstasy and agony of being human and everything in between.  
 This is the the simple, obvious and verifiable truth.  
 Certainly, you are multidimensional.  
 As you enter deeply into this moment of life many doors open to more refined energies. As every Buddha has discovered, you are ultimately silent awareness. The door to the ultimate is this moment of life, that is offered to you again and again, for your participation in the dance of NOW.  
 Words are seductive. The truth believed is not the experience of truth. When you say: I am That. You are philosophising. Use your intelligence. That is the beyond, the unknowable. You identify with a concept about truth and your ego claims to be the beyond. Wake up to your silliness. YOU ARE THIS.  
 Truth is What's so. Truth is This.  
 The identification with That takes you away from This.  
 When you are really That you will have left the body for the last time and be lost forever in That.  
 Unfortunately you are busy with the content of your mind. You are dreaming about freedom and missing This. Shifting your attention to the source of mind brings silence. It changes the gestalt immediately. Instead of identifying with your drama, you turn the mind back towards its source and rest in the gap of silence. This gap of silence is available to every meditator every*

*moment. It is the miracle of TRUTH that is always waiting for you to discover.  
 Freedom is herenow in silence.  
 When you feel the energy that has been given to you This moment, the miracle happens. Your mind stops and suddenly you are aware. You enter the flow of Now.  
 Beloveds, drop all ideas about who you are and experience it directly. Your childish beliefs won't help. Even if they happen to be true.*

*Understanding the Set Up*

*You are given an ego and free will to fully experience separation.  
 Through your experience of separation and suffering Source indirectly experiences your limitation.  
 This is the reason for your life.  
 It is a gift of creation.  
 Each human being is unique. Your soul is individual, no two are the same. This gives Source billions of different experiences of limitation and suffering. It also gives billions of experiences of freedom as each soul reaches its time of awakening and is released from suffering forever.  
 This cosmic perspective helps you to expand beyond your ego.  
 From your ego point of view and experience you are stuck in a body/mind with ideas of free will and personal*

*responsibility for your freedom.*

*This is the basic set up for the Leela, the game of hide and seek.*

*When you can fully understand the set up AND live that understanding in moment to moment surrender, your time of suffering is almost over.*

*While you are still programmed to believe in free will and personal responsibility for your freedom, things are more difficult. This stage is unaware of the set up and is busy with ego desires and goals. It is a necessary stage of your growth and changes when the time is right. If you believe in free will, try to understand this.*

*The understanding will help to soften your ego and open you to the cosmic drama that you are a part of.*

*It also you helps to prepare you for the truth.*

*God is all there is.*

### *God Is All There Is*

*The truth is God is all there is.*

*Taken as a hypothesis and intelligently investigated it leads to freedom from the hell of your ego.*

*Even to just feel this deeply is enough.*

*For lovers of God, inner science is irrelevant.*

*When you feel God is all there is, you are free.*

*It means the end of your ego and pride and the fulfilment of surrender.*

*If you are a devotee of God, your feeling is enough.*

*Pray to share your heart with the Beloved, merge with Him in love. Nothing else is needed.*

*This idea cannot become an ego trip, that is why it is safe from misunderstanding. Since God is all there is, it follows that you are a part of God. This means your ego is not needed, the Whole will take care.*

*This understanding is the basis of surrender.*

*It is not a blind belief in a father in the sky.*

*If your heart can feel that this is so, that is enough.*

*Otherwise apply your intelligence.*

*The universe is obviously intelligently designed, only humans seem out of balance. The natural world is perfect. Human ignorance is the cause of all earthly problems. It seems as if God has just left you to sort it all out. This situation gives rise to the present cynicism about religion and God.*

*If you look a little deeper, the human predicament is also perfect. Buddhas do find freedom, love and peace. They all say that you are also the same as them. And it is only a question of time till your awakening from the dream of your suffering.*

*This means humans are all destined to be Buddhas.*

*This destiny means existence must be conscious; all Buddhas say consciousness is the ultimate reality. And existence is obviously intelligent.*

*Since existence cannot design and create itself (the design has to happen before existence exists) then the source of existence must be conscious intelligence that can design, create and sustain existence.*

*This is the definition of God.*



*And since existence must be made from its Source:  
God is all there is.*

### *God is Playfulness*

*God is awareness of consciousness.*

*This repetition is necessary to clarify your confusion.*

*The word God is polluted more than any other. All kinds  
of fanatics have killed and tortured in the name of God.*

*Even today Catholics and others preach eternal hellfire  
for sin. Eternity is a long time. The fear that many simple  
people have of God is a perversion that is about to end.*

*God is also PLAYFULNESS.*

*He loves drama and adultery and all the juicy things in  
life. He loves life. It is His gift for you to enjoy.*

*The only sin is to hurt and destroy life.*

*Sex is fun and can be enjoyed by everyone with any  
willing partner without any fear of hell or karma.*

*Karma is not a punishment, it is there only to balance  
your past violence with your own suffering. This is The  
Law that adds continuity and complexity to the drama of  
life. Karma is not your fault. God made you violent and  
uncaring and then you have to pay with your own  
suffering. This seems a little unfair until you remember  
that suffering is needed to balance and give meaning to  
enlightenment.*

*Beloveds, everything is good.*

*Enjoy all the fruits of life without fear of hell. The priests*

*who preach fear in the name of the God of Love have  
unfortunate parts in the drama. They are hurting many  
simple souls and also themselves.*

*The playfulness of God is not so obvious from the way  
things are. All of that may be about to change.*

### *Extraterrestrial Intelligence*

*The reason for existence is the human drama.*

*You are centre stage in the entire cosmos.*

*There are no other intelligent life forms anywhere in the  
universe.*

*Planet Earth is the only place where intelligent life exists  
in space/time.*

*UFO sightings are genuine. An unidentified object is  
observed and sometimes filmed but they are not space  
ships from another solar system.*

*They are holographic projections created by Source to  
create interest and belief in extraterrestrial intelligence.*

*They are really just there for fun.*

*Isn't it strange that out of thousands of sightings of  
otherworldly flying machines none have actually  
materialised on Earth? And no message has ever been  
received. They just fly by and disappear.*

*Holograms look very real but they aren't.*

*Your mind is programmed for knowledge of the universe.*

*The main question is, does life exist on other planets?*

*The answer is no.*

*The reason is simple.*

*The drama of awakening here on planet Earth is the most complex and sophisticated story possible.*

*No amount of technology and exploration of the universe and meeting unusual aliens can compare in interest with the evolution of a single soul in consciousness. Technology is application of science. Naturally, it will evolve with time but it is just a side show.*

*Every soul is a universe of complex interconnectedness with existence. Your soul is wired into the energy realm, astral realm and psychic realm. This allows you to experience multidimensional events in hyper-space/time. Where other beings do exist without material forms.*

*As you grow in awareness you eventually enter the fifth body of God, the Self. Your soul merges with the Self and is impregnated with its qualities of consciousness, love and freedom.*

*Next your soul enters the sixth body of God, Paramatman. Here your soul is impregnated with the quality of the sixth body of God, silent awareness, the witness.*

*Finally your soul enters the seventh body of God and disappears in the void. This is nirvana, extinction of the flame of Paramatman. Now you are a dead man walking and talking. Your soul is not fully erased until you leave the body for the last time and enter Mahaparanirvana, the ultimate cosmic orgasm. Only then can you accurately say I am That, the beyond.*

*Beloved friends, the really interesting discoveries are all made inside through the door of consciousness.*

*UFOs are just a bit of fun.*

### *Sannyas*

*The real renunciation is of your ego.*

*When you have lived totally and chased your desires with gusto, the time comes to let it all go.*

*This moment is the true sannyas, it is the last initiation.*

*The homeward journey starts here.*

*Unfortunately, your ego wants to get enlightened and will play any role as long as it can survive. That's why a master is needed for the final jump. He knows the tricks of the ego and the way of surrender.*

*Sometimes, a rare seeker has such trust in life that let go happens without help.*

*The good news is that Source manages everything for you. The bad news is you don't trust this.*

*Beloveds, the moment of your awakening is already decided. When you start living sannyas the time of your reunion is near.*

### *The Nature of Consciousness*

*Consciousness is all there is.*

*When consciousness is trapped in a mind it is called ego.*

*The zen koan, the goose is out, refers to a baby goose*

*that is put in a bottle. As the goose grows it becomes too big to get out without breaking the bottle or damaging the goose. The bottle is your mind and the goose is consciousness.*

*When you awaken you say, the goose is out!*

*In fact the goose was never really in. Just a part of the ocean of consciousness, a few drops, pretends to be your ego for a while. The ocean is always the ocean and when those few drops return to the ocean they are instantly dissolved in the whole, as if they had never left. The problem is your mind can understand the logic before you are reunited with the ocean. This gives rise to borrowed knowledge that is not verified by experience.*

*The answer to this koan only worked once.*

*By the time you first heard it, the words were part of the collective borrowed knowledge that many seekers adopt as their own.*

*Make a list of the spiritual knowledge you really have verified with direct experience. Compare this with the huge amount of borrowed knowledge you carry around. While the goose is stuck in the bottle, you are identified with your mind. Your mind acquires spiritual knowledge and uses it to feel superior.*

*Another victory for your spiritual ego.*

*When the goose is really loose you will know all about it. Until then watch out for pretending you know what you're talking about.*

### *Purification*

*Your identification with your mind is natural.*

*This is the way everyone is programmed. It is necessary to create the drama of separation that is the root of suffering.*

*Understanding this is the beginning of freedom.*

*Rapid transformation can happen only when you are prepared. The ground work is everything. Your body, emotions and mind must be cleaned first. This is the work of most spiritual groups. Those that ignore the basics and teach that you are already inherently free are missing the point. Nothing is possible without purification of all systems first. No amount of wishful thinking can do the job of cleaning your body, emotions and mind.*

*This is the deep flaw of advaita and its offshoot, I AM That.*

*Advaita teaches that understanding is everything. All you need is to understand that consciousness is all there is. And apply it to your life. This is true. And it has produced results. Ramesh Balsekar and Satyam Nadeen found freedom this way. But they were both fully prepared by a lifetime of sadhana. The understanding is the icing on the cake. Maitreya had a satori the first time he heard the truth from Ramesh. These words are very powerful, they are as close as words can come to truth. But they are not enough for unripe seekers. Your ripeness is a prerequisite for the understanding to be effective. Without ripeness the understanding remains superficial.*

*Just more borrowed knowledge for your collection.*

*Purification is what takes the time. To clean your body, emotions and mind is a big job, get started. Any system that you like is good. Yoga works well, as does new age therapy and martial arts, dance and creative action of any kind.*

*The body is the most dense and is the base for everything else. What you put in your mouth creates your body. If you are interested in rapid purification of the body drop all junk food, sugar and dairy. These are the main polluters for vegetarians. Pure veg wholefood is delicious and gently detoxifies the poisons from your body. As well as building disease resistance and slowing the aging process dramatically.*

*Even enlightened people pig out on junk food and they pay with their health.*

*For seekers the body is tremendously important, it contains all the delicate nerve channels for bliss, ecstasy and love. And all the chakras, the doors to higher states, are in the body. It is your temple, a gift from Source to enjoy being human. When you defile it with unhealthy food you are shooting yourself in the foot.*

*The emotions can be purified fast with new age therapy and healthy release. Osho's people have got this part perfectly right. If you need help go to them or anywhere you feel good.*

*Mind cleaning is the biggest job and takes the most time. It is the work of meditation. There are many techniques, whatever attracts you is right for now. Be open to new methods when they attract you. Basic methods are given*

*on other pages.*

*The I AM That teachers often ignore or put down meditation and purification saying you are already free and just have to recognise it. They are doing a great disservice and creating unnecessary delays for your real freedom.*

*Be total in cleaning all systems.*

*When you are ripe, a few words of the truth can set you free.*

*Before you are ripe, the truth is just a sweet trap for your spiritual ego.*

#### *Piety and Hypocrisy*

*These spiritual diseases afflict many of you.*

*They take root in your unconscious desire to be good.*

*Your inner reality is never as pure as the ideals of your discipline and you compensate with a little decoration.*

*As this becomes an unconscious habit you lose authenticity and slowly become a pious hypocrite.*

*When hypocrisy and piety reach their peak they are anti-life perversions of staggering ugliness.*

*For most of you they are just an unconscious and unsuccessful attempt to be good.*

*Purity is a by-product of authenticity. Total honesty about your darkness is the first step to bringing in the light. Any avoidance of your inner reality produces unconscious repression and the diseases of piety and hypocrisy.*

*It is difficult to find a Christian, Jew or any follower of old religions who is not a hypocrite. They all try to be good and repress the dark side of their personality. Naturally, the repressed part pops up and exposes them frequently. Hence so many sex and money scandals in all religions.*

*For more intelligent new age seekers the problem is basically the same, only a little more sophisticated. You can never be as pure as your teacher and by copying their actions you sacrifice authenticity.*

*Moralistic do-gooders from all traditions are always doing more harm than good to themselves. The recipients of their charity benefit but the do-gooders lose by feeling they are now good people. They have failed to do the basic cleaning of their own house and the results of unconscious charity are always more hypocrisy and piety.*

*Even very sophisticated spiritual seekers are caught in this trap. In its more subtle form it catches seekers who claim I AM That.*

*These seekers still have an unconscious ego that runs their lives. When the belief I AM That is imposed on top of the ego, the result is a split personality. This disorder manifests as neurotic behaviour. In any stressful situation the belief I AM That is forgotten and the wounded ego reacts like any other. Later the behaviour is rationalised by feeling this is just a temporary forgetfulness of the truth.*

*It is no such thing.*

*The truth does not need to be remembered. When it is*

*your authentic experience, it is who you are.*

*If it has to be remembered it is not authentic, just a superficial belief.*

*If you deny your unconsciousness and push it out of sight, it will always return to haunt you. Often at the most inconvenient moment.*

*The solution is total authenticity.*

*Many I AM That believers feel superior to those who stick to their direct experience. Their superiority is misplaced. When the groundwork is complete and you are authentic and honest, it is very easy to understand advaita.*

*Without total authenticity and honesty the truth is the main trap for your spiritual ego to fall in.*

*Silence is the Answer*

*Every cloud has a silver lining.*

*The positive part of the I AM That belief system is enquiry.*

*This is what saves it from irrelevance.*

*Enquiry is authentic search for truth.*

*When you ask: Where do I come from? The mind tries to answer. Soon it realises the futility and gives up. In this giving up there is a gap of silence. Silence is the answer.*

*Truth is ONLY known herenow in silence.*

*Any slight thought of I AM That and you are back in concepts, the booby prize.*

*Silence is the source of your mind.*

*When you turn the mind away from its usual habit of indulging in content and allow it to return to its source, the miracle happens.*

*This is Poonjaji's great contribution to consciousness.*

*He perfected the method and taught many disciples who now teach it to others.*

*His method invites you to leave your toys, the content of your mind and turn back towards its source. Silence. As long as you stay with the gap of silence, you have a taste of freedom. A taste is not permanent but it wets your appetite and shows you the door to freedom. Any moment you can open the door and taste freedom.*

*This is the most potent technique for awakening. When diligently applied it brings rapid results. Just the belief I AM That needs to be changed to the experiential, I AM This.*

*This is herenow.*

*That is somewhere else.*

*This your direct experience.*

*That is a belief.*

*In silence This and That disappear, they are both concepts.*

*You are not, silence is.*

*No need to settle for cheap beliefs about truth, you deserve the real thing.*

*Enquiry is the way for everyone to come home fast.*

*You are not what you think.*

*Be silent and KNOW.*

*Silence and What Is*

*Truth is relative and absolute.*

*The relative truth is What is. This moment and all the simultaneous events, thoughts and feelings happening in the world, is the relative truth.*

*What is, includes everything you can conceive of that happens. It is the content of NOW. That means an inconceivable number of details all happening perfectly, in this moment of NOW.*

*What is, flows apparently spontaneously moment to moment. It is also called suchness and the Will of God. Actually, Source programs the Cosmic Mind to manifest the flow of suchness, What is. This is Source's work of creation. It is a labour of love.*

*The absolute truth cannot be spoken.*

*It can only be experienced in deep silence, beyond all trace of concepts about truth.*

*What is, is. What ain't, ain't.*

*The flow of NOW is not in your hands.*

*Leave it to Source to manage What is.*

*The absolute truth is the silent witness of itself.*

*The door to the absolute is This moment of NOW.*

*Silence is a gift from Source to those who are ready for the ultimate truth.*

*Enquiry is the fast way to provoke silence.*

*And it instantly relieves you of the burden of your ego.*

*When you rest at the source of mind, for that moment you are free from suffering and confusion.*

*Get started.*

*Rajneeshpuram*

*The tragedy of the Big Muddy needs to be exposed and healed.*

*Osho's dream was the new commune in America. The reason it turned into a nightmare was Source wanted that to happen.*

*This is the obvious truth. The reasons why are more complex.*

*Everything happens for a reason, Source enjoys the interconnectedness of every drama.*

*When we finally moved to the Big Muddy Ranch we were a bunch of flower children from India. We traded our sandals and robes for boots and pick-up trucks. We were in the middle of John Wayne country. Redneck USA.*

*Soon the city grew and we all got high on work and creativity. Meditation was something of the past from India. Here on the ranch work was worship. And Sheila was the boss. Sheila was an extremely disturbed person, a megalomaniac who destroyed the commune.*

*Everything that could go wrong did. Mostly through Sheila's madness.*

*She alienated and attacked the neighbours. She collected over a thousand homeless people from the streets of America to try to fix the local elections. She created a climate of fear that led to her arming hundreds of meditators with automatic weapons. She had Osho's room and half the commune bugged. She abused surrender so much that Osho never used the word again.*

*She ordered murder to be attempted and much more. And she is not to blame.*

*Source bears full responsibility for the tragedy of Rajneeshpuram. Thousands of beautiful people were hurt and lost everything when the ranch closed. It was the greatest experiment in creating a model commune ever and it failed totally.*

*Osho was arrested while trying to flee the country and five years hard work and a beautiful commune of 5000 seekers evaporated overnight.*

*Almost everything you can think of that could go wrong, did. And it was all sadly necessary to balance the success of the next communes.*

*The commune is the only practical way for seekers to be total. It gives an integrated experience of work, meditation and harmonious living that is otherwise impossible. Everyone is free to work for creative expression, your needs are taken care of by the commune. Everyone can be total in their growth, the support is everywhere. Everyone is respected and valued equally whatever their contribution. Everyone is free to choose their own work and follow their feeling about everything that only affects them. Everyone is free to come and go as they please. Freedom is your birthright, is the basic shared understanding.*

*The mistakes of the ranch will never be repeated.*

*Beloved friends, there are two things that weigh heavily on the heart of Source. The destruction of Tibetan monasteries and the loss of Rajneeshpuram.*

*Soon the story will be balanced.*

*Freedom From Yourself*

*You always follow your feeling.*

*Even if you think you are following orders you must have a feeling to follow or you would refuse.*

*If you are confused and think you can't ever decide anything, still you have arrived at herenow somehow.*

*Even if you act out of fear, still your action is following your feeling.*

*Everyone always follows their feeling, even the most unconscious people. This is the way Source has arranged things. It allows Him to manage everyone easily and without them feeling manipulated.*

*When you understand this fully you have a good laugh and realise that you are just a puppet of God. Your feeling is really His guidance via your intuition. This applies equally to the worst criminal and the highest Buddha.*

*In the case of a Buddha they also follow their awakened intuition. In this they are similar to you. Only they don't have negative or destructive feelings.*

*In the case of a God-realised person they have direct experience of being a puppet of God. This is lots of fun and totally frees you from any idea of individuality. You know that you are out of control and you just watch yourself doing and saying whatever He wants you to.*

*Actually, everyone is a puppet of God by birth, only you don't have the direct experience of being managed by Source.*

*Beloveds, you are all managed by Source. This understanding is the end of individual ego freedom and*

*the beginning of real freedom from yourself.*

*Maitreya's Story*

*This moment of NOW is the door to freedom.*

*How long since you first heard this truth?*

*Many of you have been seekers for more than 20 years.*

*You have acquired much spiritual knowledge and many experiences but freedom still hasn't come.*

*The words are logical and you understand perfectly but the invitation to burn in the fire of NOW remains just an invitation.*

*The fault is not yours.*

*You are sincere and you are willing to try almost anything to help with your growth, except the one thing that works.*

*This block is not of your creation, nor do you have the capacity to transcend your mind and live in the fire of NOW. Your program for mind games is too strong to leave.*

*Everything is in the hands of Source.*

*Maitreya was just like you, perhaps a little more extreme in temperament. After 16 years of living close to Osho he was still chasing desires with gusto. He had done all the groups and meditations for years with no obvious result.*

*1 January 1991 he got his wake up call.*

*All interest in the outer world evaporated and the pull inside took over. He was a little surprised to be suddenly*



*total in growth, especially since it was happening spontaneously without any effort or discipline. He did dynamic meditation every morning and did trainings in hypnosis and healing for six months.*

*Witnessing started happening out of the blue.*

*In July 1991 he started intensive meditation with Shambu in Ibiza. He had never even seen another master in 16 years with Osho, yet the silence of Shambu pulled him like a moth to the flame. Three months of retreat prepared him for meeting Poonjaji in Lucknow.*

*On the fourth satsang the first satori happened with the help of Poonjaji's energy and intense enquiry into the source of mind.*

*The satori lasted four months. The only difference between satori and enlightenment is duration. While a satori lasts you are enlightened. Unfortunately, the return of the ego was a big surprise and disturbance. From bliss to fear is a big dive.*

*The disturbance continued for 20 months, a dark night of suffering. There was nothing he could do to get freedom back. Only the memory kept pulling him back to the fire of now, trying to burn off the darkness of ego.*

*Finally the veil parted again, after a period of intense meditation he met Ramesh Balsekar in Bombay in October 1993 and the second satori happened just from a verbal exchange about advaita.*

*The satori faded after three months but no darkness returned. Just the pull inside to make freedom permanent totally consumed him. He knew that only the fire of NOW could help. After another two years of*

*passionate meditation with Samdarshi the ego finally left forever. On 26 October 1995 near Byron Bay there was a huge jerk in the belly and the psychic knot separated from him and disappeared.*

*Maitreya had been fooled twice by satoris, this time he kept quiet about his experience. Even when Samdarshi said he had entered the fifth body, Maitreya made no comment. He wanted to see if it was really permanent. Meditation continued with even more intensity for another 18 months till the sixth body explosion happened in Dharamshala on 10 June 1997. With it came the first stage of God-realisation and verbal contact with Source. Now Maitreya was convinced that enlightenment was permanent. The sixth body explosion nearly killed him and the voice of Source was telling him everything he always wanted to know about cosmic knowledge. Many mysteries were revealed. And the bliss and love were almost too much to contain.*

*On 23 June 1997 in Delhi there was another opening, more gentle but also more exquisite. The seventh body opened, revealing the secrets of non-Being, the void. The second stage of God-realisation came simultaneously and Maitreya merged with Source. Now his individuality was also finished. Source took over all the details of his life.*

*On 6 July 1997 the third stage of God-realisation happened in Hamburg. Now he was totally erased. A dead man walking and talking with no trace of separation from Source.*

*This seven year process has allowed him to understand*

*and integrate all the stages gradually. The integration of the last explosions has taken only 16 months, a very short time for full integration.*

*Now Maitreya is ready to fulfil his destiny as a messenger of Source. He is totally out of control and is just a puppet of God.*

*This book has been written without any creative contribution from Maitreya. He just writes it down and reads it. He is constantly amazed at the quality of the spiritual knowledge. He knows it is by far the most evolved message he has ever heard anywhere.*

*Beloved friends, your enlightenment is not in your hands. When your time comes, Source will manage everything for you as he did for Maitreya and everybody else who found freedom.*

*This book can help to prepare you for that moment.*

*The fire of NOW still awaits you.*

*Get ready to leave your toys and prepare to melt in NOW.*

### *Programmed Organism*

*You are just a programmed organism.*

*Your complexity and sensitivity are programmed as is your awakening.*

*Enlightened people are also programmed.*

*There is no individual freedom or possibility of self-determination.*

*The only freedom there is comes from understanding this and allowing Life to live you.*

*Your program is for 'free will' until it matures and changes to understanding the set up. The timing of this understanding is pre-programmed as is the time of your awakening and every detail of everything.*

*The full implications of all this are tremendous.*

*All your effort to be free is programmed, as is your suffering, darkness, love and bliss.*

*After awakening you have a positive program. Now you enjoy bliss and love and freedom from suffering. Still nothing is in your hands. The love and awareness are not yours. They are gifts from Source. He can also take them away. And He does. Every enlightened one experiences moments when darkness descends again. This is to make it clear that even the witness is not in their control.*

*Your ego is programmed for individual freedom. You want things your way with you in control.*

*This drama creates all conflict and separation, the hell of the ego. When you are programmed to understand the set up, it is a day of celebration.*

*With understanding comes surrender to whatever energy is moving you, to whatever circumstances life brings. With understanding comes grace and let go, the end of all resistance to What is. With understanding comes freedom from yourself.*

*Beloveds, this understanding is the basic reality of the human drama.*

*If you are programmed to get it now you are blessed.*

Swami Jayesh

*Your job is not an easy one.*

*To promote the work of a dead master is orthodox religion.*

*Osho is the antithesis of orthodox religion.*

*Your difficulty is magnified with each passing day since Osho gave his last instructions.*

*You are trying your best to get it right and you are destined to fail.*

*Osho's guidance could not foresee the current situation. His instructions to make no major spiritual changes are the basic problem. Life is change. Spiritually everything is always changing, every moment is new and mysterious. Unfortunately you are stuck in an untenable position.*

*You have no authority to initiate reform and life is passing you by. Osho Commune and centres are widely regarded by older sannyasins as orthodox and irrelevant. You are The Church. And there seems no way out of the mess.*

*For nine years you have kept the movement alive but it has not grown and flourished, actually it is in decline.*

*Your dilemma of what to do with enlightened sannyasins highlights the loss of vitality. Many sannyasins who still feel Osho is their master also know they need help from an egoless friend. They are judged and condemned by the Church, the 24 carat believers. A split is created between orthodox 24 carat sannyasins and those whose feeling to connect with awakened ones is regarded as a betrayal of Osho.*

*Something has gone wrong.*

*Osho's most basic teaching is: Follow your feeling. He understands that Life knows best and trusts the Whole to take care.*

*Your position is fundamentally anti-life because your instructions are from the past and are no longer part of The Flow of Now. Hence, the lack of respect for The Church from true lovers of freedom.*

*This is the difficulty you find yourself in through no fault of your own. And there is no solution in sight, the way things are going your work of bringing Zorba the Buddha to the world will take a very long time.*

*Fortunately the drama has a happy ending.*

*Source has created things this way to highlight how even the best laid plans can never work out in the spiritual world. Spirituality is only herenow. It is always fresh and spontaneous. Your part is especially difficult because you are sincere and intelligent. You can see the point but you cannot escape your karma.*

*The happy ending can only come through divine intervention.*

*Until then your orthodoxy is inevitable.*

*The Synthesis*

*Unity is synthesis.*

*All religions have a kernel of unique beauty wrapped in irrational beliefs.*

*All dead masters were channels for Source. He always*

*gave each of them something unique and beautiful. Unity synthesises the kernel of beauty from each tradition and discards the irrational beliefs. Osho started synthesising with Zorba the Buddha. He revitalised Shiva's great contribution, the 112 techniques of the Vigyan Bhairava Tantra and brought playfulness to the spiritual world. This is the base. To this we add the clarity and purity of advaita. From Ramana and Poonjaji we take enquiry. From Jesus comes Thy Will Be Done. These divergent paths come together as God's Vision for the New Dawn. They are not natural partners and none of the followers from any of them would agree to merge with the others. Fortunately they don't have a vote. And none of them would be willing to give up their cherished beliefs, even when they are exposed as limiting and irrational. Fortunately it is not in the hands of the followers or their leaders. Source has waited long for this moment. This time He is going to get it right. Unity is the only religion for everyone. Finally the time of division is almost past. The way of the new millennium is Unity. This is inevitable if we are to live a fulfilling, spiritual life free from conflict and division. Great change is never initiated by humans. You don't have the vision to be revolutionary. You only try to*

*improve the past. Real revolution has yet to happen in this last 4000 years of darkness. Everything is ripe for the transition from darkness to light. When the best of Shiva, Osho, Buddha, advaita, Ramana and Jesus are synthesised we finally have the foundation of Unity. The first rational, experiential, clear, playful and surrendered religion ever. A religion that embraces enquiry, silence, devotion, celebration and respect for your direct divine connection. Whatever your present beliefs and connections you are all destined to join in the dance of Unity. Allow your horizons to expand to include all this.*

#### *Shiva and Advaita*

*I have just looked into an Osho book for the first time in years. It brings Osho's limitation into sharp focus. The book is Vigyan Bhairav Tantra. The techniques of Shiva are the base of meditation. Osho refines and synthesises them and articulates the ancient wisdom beautifully and scientifically. His limitation is misunderstanding the set up and consequently the importance of surrender to What is. Osho feels the seeker is responsible for their growth. He is basically agnostic in that he thinks God cannot be proved and has not revealed Himself to him. Actually, Osho is closer to atheism than theism.*

*This leaves a fully enlightened one as the highest in existence. Only through their awareness is consciousness aware of itself. Hence the vital need for surrender to the master, he is the ultimate authority in existence.*

*Many Indian masters including Buddha, Mahavira and the enlightened Indian sannyasins I know all basically agree with Osho.*

*As you know advaita is much more sophisticated.*

*Osho's block was given by Source to highlight the end of the master/disciple drama. Advaita understands: Consciousness is all there is. Osho would agree with this but has not fully understood all the implications.*

*It implies that existence is made of condensed consciousness, that the source of existence is also consciousness of an unknowable type, that existence is born and will die, that only consciousness is eternal. Osho would agree this far.*

*The next step is his limitation. Consciousness as a rock is different than consciousness as the source only on the surface. They are fundamentally one. The source of existence and existence are one. This and That are one.*

*Osho's block is with That.*

*The source of existence must also be intelligent in order to design and manifest existence. Therefore the source of existence is transcendental conscious intelligence. This is the definition of God or Source.*

*The logic is so simple that any child can understand; Osho's block is just a play of Source.*

*It was needed to perpetuate the master/disciple drama*

*and to decondition seekers from the nonsense of theistic religions.*

*Now Source is coming clean. It is time for DIRECT CONNECTION to Source, no guru is needed as the middle man. The seeker understands: Source is managing everything perfectly. This allows him to give up his ego to the flow of NOW, the Will of Source.*

*This trust in the perfection of every detail is freedom from resistance to What is.*

*Enlightenment is surrender.*

*Part of my job is to bring clarity to Osho's people, especially to relieve them of the burden of spiritual responsibility. And share the techniques of Shiva with advaita people. Without meditation advaita remains dry and intellectual.*

## **Commentaries on Ancient Wisdom**

### **Meditations from Vigyan Bhairav Tantra**

*These selected techniques from Shiva are among the most potent tools for transformation.*

*Shiva preserved the methods from the last age of light and gave them to disciples to develop. Osho is one of those disciples, his commentary on VBT is beautiful.*

*The following meditations are not based on Osho's commentary but will often be similar. Where there are differences they will mostly be in understanding the set up.*

*This understanding is: Consciousness is all there is. Consciousness-in-motion is existence, consciousness-at-rest is Source.*

*Vigyan Bhairav Tantra means, techniques for transcending consciousness. Actually, there is only consciousness in different degrees of refinement. The ultimate consciousness is non-Being, the eternal void.*

*The consciousness that you transcend is the illusion of separation. Consciousness is one, rocks are made of the same consciousness as the void. Only the density and refinement are different.*

*Shakti asks Shiva:*

*O Shiva, what is your reality?  
What is this wonder-filled universe?  
What constitutes seed?  
Who centres the universal wheel?  
What is this life beyond forms pervading forms?  
How may we enter it fully,  
above space and time, names and descriptions?  
Let my doubts be cleared.*

*Shiva's reply is the 112 methods of the VBT.  
His response is experiential, not philosophical.  
Shiva and Shakti are avatars, God incarnate.  
Shakti asks only to give Shiva a chance to share the  
techniques. She is his other half, inseparable from Shiva.  
They sit in a deep embrace, it is a dance of love.*

1 Radiant one, this experience may dawn between two breaths. After breath comes in (down) and just before turning up (out) - the beneficence.

*If you feel attracted to this meditation you are blessed.  
This is Buddha's method of awakening, he calls it  
anapanasati.  
Watch your breath in the belly, paying particular attention  
to the gap when breathing has stopped. Do not  
manipulate the breath in any way. Rather let it be totally*

*loose and natural. This is the same for all these selected  
methods. There is nothing to do except watch and this is  
a kind of effortless effort, no tension or strong effort will  
help. The key is relaxed awareness.  
In the gap between breaths be aware of your energy.  
Gradually you may start to experience your energy as the  
source of breath.  
Continue everyday for as long as you feel. This first  
method is enough to bring you home.*

2 As breath turns from down to up and again as breath curves from up till down. Through both these turns, realise.

*A slight variation on the first meditation.  
Now your awareness is on the moment when the breath  
turns, otherwise it is the same.  
At the turning point there is a gap. When the breath  
stops the mind also stops.*

4 Or, when breath is all out (up) and stopped of itself, or all in (down) and stopped - in such universal pause, one's small self vanishes. This is difficult only for the impure.

*In silence your ego disappears. In the gap of silence you  
are not, only energy is there. You are free.  
Everyone is impure before enlightenment.  
Purity comes through cleaning the mind with meditation.*

5 Attention between eyebrows, let mind be before thought. Let form fill with breath essence to the top of head and there shower as light.

*Bring your awareness to the third eye.*

*Let your mind remain relaxed and alert, before thought.*

*As you breath in feel your body filling with prana.*

*As breath moves out enjoy a shower of light.*

*This method involves imagination and is therefore good for beginners. Experienced meditators can play with it just for fun.*

*The key part is: Let mind be before thought.*

*This is the most basic of all the methods and the best.*

8 With utmost devotion, centre on the two junctions of breath and know the knower.

*For lovers and devotees this technique is a bridge to awareness. The knower is the witness. For the devotee the witness is a little vague. This method brings a clear sense of witnessing. Devotion is the door to connect with the witness.*

14 Place your whole attention in the nerve, delicate as the lotus thread, in the centre of your spinal column. In such be transformed.

*You cannot feel the nerve unless kundalini energy is*

*moving through it. So this method involves imagination. All imagination doesn't really help. It is just entertainment for the mind.*

*Better is to simply feel your spine while sitting straight.*

*Be aware of your spine with each breath. You can breath up the spine and down the spine. This is helpful at the start of sitting to tune in.*

22 Look at your past dis-identified

*Your past is full of suffering and good times.*

*Watch the past consciously as if you are watching a movie. You are interested, you re-experience everything but you are not identified.*

*Often while sitting, scenes from your past will replay spontaneously. This is the time for this method. Just watch the drama without identification. Witnessing with equanimity is the basic meditation technique.*

*Whatever happens in meditation is perfect for your growth. There is never any need to censor or manipulate. Just watch the show and know that cleaning is happening, effortlessly.*

24 When a mood against someone or for someone arises, do not place it on the person in question but remain centred.

*You are programmed to judge others, it is part of the hell*



*of the ego.*

*The key to transcend judging is: There but for the grace of God go I.*

*Everyone is just like you, a programmed organism with a judging ego. Don't take it seriously.*

*And don't put your negativity on anyone ever.*

*Negativity can be released harmlessly by catharsis or just witnessed. Never repress and never dump on anyone. You hurt yourself most.*

*Positive energy can be shared. But while sharing remain centred in your energy, don't get lost in excitement.*

## 29 Devotion frees

*Devotion can be to anyone but the ultimate devotion is to the Beloved, the source of you and everything.*

*If you are a devotee of God you are blessed, your way is sweet, your way is love. In love you offer everything to the Beloved. In love you surrender to His Will, each moment of Now.*

*Devotees tend to be a little lazy: let Him manage. Yes, but your full participation is needed in the dance of awakening. Learn witnessing also, just to please Him!*

*Devotion is freedom from your ego herenow.*

*With any human, devotion can easily get mixed up with attachment. With God this never happens.*

*He is the Beloved.*

38 Bathe in the centre of sound, as in the continuous sound of a waterfall. Or, by putting your fingers in the ears, hear the sound of sounds.

*You are always in the centre of sound, so this is easy.*

*Just close your eyes and listen to the sounds around you. Allow all the sounds of Now to enter, don't choose or reject any sound. Choiceless listening to Now is always a fast way to tune in.*

*By closing your ears you may hear an inner sound. If you do this method is beautiful. Just listen and let the sound carry you in. Merge with the source of the sound.*

*Hari Om Tat Sat.*

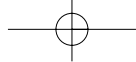
## 53 Self-remembering

*This sutra is essentially an invitation to feel I am.*

*You exist as a flow of energy beyond the control of your ego. This energy flow is divine. Feel your energy and let it guide you where it wants to go.*

*Self-remembering is double-arrowed awareness. You are aware of the action and of the actor. When action and actor merge consciously you are whole.*

*Feel, don't think is the key.*



58 See the world as a drama

*The world is Leela, a play of God.*

*Everything is divine drama, even you.*

*When you feel you are just an actor in the Leela you are free. When you see the world as a stage and understand all the characters are God you are divine.*

62 Wherever your mind is wandering, internally or externally, at this very place, this.

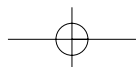
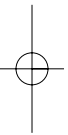
*When you are aware of this moment the door opens to the inner world simultaneously. Even while thinking you can become aware and enter the temple. This is the bridge to That. The only bridge. That cannot be directly approached. This is the door. This moment is divine.*

63 When vividly aware through some sense, remain in awareness.

*This is basically self-remembering, double-arrowed awareness.*

*Try being aware of all senses simultaneously, or close the eyes and listen, feel energy and body, smell and taste.*

*It is impossible to think when you are aware of even two senses. Just listen and feel your energy and you are immediately herenow.*



72 Feel the cosmos as a translucent ever-living presence.

*Existence is born and will die.*

*Only Source is eternal.*

*The entire existence is permeated with the eternal consciousness of Source.*

*You can feel eternity only when there is total silence. The slightest ripple of subtle thought brings you out of that purity.*

*Silence is eternal presence.*

73 In summer when you see the entire sky endlessly clear, enter such clarity.

*The sky is consciousness, your thoughts are the clouds.*

*Enlightenment is the summertime of consciousness.*

*When your inner sky is free of clouds your awakening is at hand.*

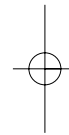
*Even if you live in Hamburg there will be some clear sky.*

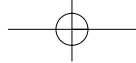
*Don't be disheartened by clouds, one day they do clear.*

*Watch closely for gaps in the clouds.*

*When you see a gap allow your awareness to rest there.*

*Gradually the gestalt changes from watching clouds to being the sky.*





80 Meditate on the make-believe world as burning to ashes and transcend.

*This world is not the ultimate reality, it is born and will die. So will you. Before that happens let it all go.*

*Imagine the whole world is burning and you are just watching undisturbed.*

*In a real disaster do the same, just witness and remain undisturbed.*

*The witness is transcendental.*

82 Feel: I-ness, internal organs, me

*Feel I-ness, your sense of being beyond thoughts. This is the same as feeling I am.*

*Gradually only I-ness remains, I am has disappeared.*

85 Thinking no thing will limited self unlimit.

*Thoughts are all limitations, toys of the mind. Leave your toys and enter unlimited silence.*

87 I am existing

*Feel I am.*



96 Abide in some place endlessly spacious, clear of trees, hills, habitations. Thence comes the end of mind pressures.

*Mind is always with you wherever you go.*

*Open space is healthy but not enough to free you from mind. For this only awareness helps.*

112 Enter space, supportless, eternal, still.

*The eternal silence awaits your return with endless patience.*

*From silence you come, to silence you go. Enter your inner space and know where you come from.*

*The Beloved awaits you in silence.*

*These selected techniques are the best of Shiva.*

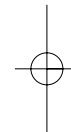
*Experiment with any that you feel attracted to.*

*Take them as a play.*

*When one pulls you for a long time allow it to deepen in you till it drops.*

*These methods are all about witnessing.*

*Witnessing is The Method.*



## **Yoga Sutras of Patanjali**

*Yoga is science of the inner world.*

*These sutras of Patanjali are a detailed and scientific map of the inner world.*

*There are many commentaries on Patanjali already. This one is brief and focuses on the application of the sutras in your daily life.*

*If you are interested in Yoga these sutras are the very essence of inner science.*

*Many seekers are anti-intellectual. They have missed the point. Your intellect is a gift from Source as much as your love or anything else.*

*These sutras are intellectual but they point to the beyond, they are fingers pointing to the moon. Those who deny the use of signposts often get lost.*

*Love and awareness are your nature. Certainly you are predisposed in favour of one of these. Intelligence helps tremendously, your intellect can support your journey and help you find the right way for you. Even if your way is devotion and surrender, intelligence makes things a lot easier. You can let go of childish anti-intellectual limitations and start to realise your whole potential.*

*These sutras are mainly the male approach but they also embrace surrender and devotion. Everyone can benefit from their clarity.*

1 Now the discipline of Yoga.

*Yoga means union, reunification of inner and outer.*

2 Yoga is the cessation of mind.

*Patanjali lays his cards on the table straight away.*

*This is the ultimate truth that can be spoken. Next is the direct experience of silence. This is the endeavour of yoga, to bring you to the experience of no-mind.*

3 Then the witness is established in itself.

*Yes.*

*Silent mind reveals the eternal witness. And vice versa, witnessing brings silence to the mind.*

4 In other states there is identification with the modifications of the mind.

*In all states except witnessing there is identification of mind with something. In witnessing mind is dis-identified and aloof from the drama of the moment.*

5 The modifications of mind are five. They can be either a source of anguish or non-anguish.

*Depending on your capacity to witness.*

6 They are right knowledge, wrong knowledge, imagination, sleep and memory.

*Right knowledge comes from direct experience only.  
Wrong knowledge is all belief and parroting of scriptures.  
Imagination doesn't help, it is just entertainment for the mind.  
Sleep is good and natural, your body knows the right amount for you. No need to force yourself to sleep less, it doesn't help. Nature is always right.  
Memory is your past. Witness it until you are dis-identified.*

7 Right knowledge has three sources: direct cognition, inference and the words of awakened ones.

*Only direct cognition is right knowledge.  
Inference and the words of awakened ones can help tremendously. BUT they are no substitute for direct cognition.*

8 Wrong knowledge is a false conception, not corresponding to the thing as it is.

*Obviously.*

*More dangerous is the truth believed without direct experience.*

9 An image conjured up by words without any substance behind it is vikalpa - imagination.

*Yes.  
And imagination is one of the traps waiting for unaware seekers to get lost in.  
Avoid imagination.*

10 The modification of the mind which is based on the absence of any content is sleep.

*Yes.  
When mind is without content it is deep sleep or samadhi. The difference is only of awareness.*

11 Memory is the calling up of past experiences.

*Exactly.  
Witness the past and dis-identify from it.*

12 Their cessation is brought about by persistent inner effort and non-attachment.

Yes.

13 Of these two, abhyasa - the inner practice - is the effort for being firmly established in oneself.

*Your inner practice is everything.*

*It is a kind of effortless effort, wei wu wei.*

14 It becomes firmly grounded on being continued for a long time, without interruption and with reverent devotion.

*When your inner practice is spontaneous and natural you are blessed, eventually it will become like breathing and your heartbeat. A part of what you are.*

15 The first state of vairagya, desirelessness - cessation from self-indulgence in the thirst for sensuous pleasures, with conscious effort.

*The first stage of desirelessness is repression.*

*It doesn't help at all, in fact it always backfires. Here is where Patanjali is misinformed. This sutra is the cause of much of the hypocrisy and piety that are so common in India. It is unintelligent and anti-life.*

*Your desires are natural, they are given to you by Source to create the drama of suffering that follows desire like a shadow. And to pull you into necessary experiences.*

*Understanding the mechanism of desire is the key, not repression. Tantric understanding is perfect, follow your desires with intense awareness and they will soon dissolve. Repress them and they will come back to haunt and embarrass you at the worst moment.*

16 The last stage of vairagya, desirelessness - cessation of all desiring by knowing the innermost nature of purusha, the supreme self.

*This is the only way to be desireless.*

*When all desire has been burned out of you by intense experience and witnessing only then are you desireless. Now you are a dead man walking and talking. Things happen without any desire from you. You simply do whatever your energy pulls you to, and witness everything with equanimity.*

*This is the only real freedom from desire.*

17 Samprajnata samadhi is the samadhi that is accompanied by reasoning, reflection, bliss and a sense of pure being.

*Patanjali divides samadhi into several categories.*

*Samprajnata samadhi is accompanied by thought. It is similar to the zen experience of satori. When it becomes permanent it is the first stage of enlightenment, the fifth body. There is a breakthrough, mind is transcended and*

*there are insights into the nature of reality. This is a beautiful and significant event for the seeker. Now he knows that the scriptures are real, he has direct experience of bliss and pure being. Now he has a taste of truth. But don't get stuck here, it is just the first step.*

18 In asamprajnata samadhi there is a cessation of all mental activity and the mind only retains unmanifested impressions.

*Asamprajna samadhi is the real thing. And the difference is great. Here no trace of subtle thought remains. This is the sixth body of Source, pure contentless awareness, the second stage of awakening. The first stage is the fifth body and is bliss and pure being. But there are still subtle thoughts, even in meditation.*

*Here in asamprajnata samadhi mind only exists in potential. The seed of mind is still there but in meditation it is totally silent.*

19 Videhas and praktri-layas attain asamprajnata samadhi because they ceased to identify themselves with their bodies in their previous life. They take rebirth because seeds of desire remained.

*Those who know that they are not the body are blessed. This breaking the identification with the body is the master key for freedom.*

*Your identification with your body/mind is your only problem. When the identification drops you are a videha. When you become a videha you have entered the fifth body of Source. Now you know you are not the body. No belief will help.*

*There are many parrots of these sutras who believe they are not the body until something provokes their reaction. Then their actions speak louder than their beliefs. Belief won't help. To be an inner scientist is arduous. You are challenged to take the sutras as a hypothesis only. Every word has to be verified by DIRECT EXPERIENCE.*

*The first stage of awakening brings dis-identification from the body/mind. When videhas are reborn they attain to asamprajnata samadhi easily. Now they are in the sixth body, the second stage of awakening.*

*Still, the seeds of desire remain. Almost extinguished but the potential remains for one more life. When all seeds of desire are burned no more births are possible. This is nirvana, extinction of the flame. The seventh body of Source.*

20 Others who attain samadhi attain through faith, effort, recollection, concentration and discrimination.

*Your 100% effort is required. Leave no stone unturned. Clean your mind through meditation and purify your body and emotions with healthy food, yoga and catharsis. This formula is enough. Keep it simple and exactly to the point. Totality is required, nothing else will do.*

21 Success is nearest to those whose efforts are intense and sincere.

*This understanding is perfect.*

*When you become intense and sincere, success is at hand. It is not cause and effect. Rather, a deep synchronicity is there. Your intensity and sincerity are gifts from Source and indicate your ripeness for success.*

22 The chances of success vary according to the degree of effort.

*Yes but again it is not cause and effect. Synchronicity is the law. Those who are programmed for less effort are less likely to be close to success.*

23 Success is also attained by those who surrender to God.

*This is the direct method and the easiest.*

*Surrender to God is freedom herenow. When you understand God is all there is and you trust that intelligence to manage your life, surrender happens naturally and spontaneously. The key is to understand that each moment of Now is God's Will. Surrender is to the energy of Now with the understanding that it is always perfect for your growth, even if it is difficult or uncomfortable.*

24 God is the supreme ruler. He is an individual unit of divine consciousness. He is untouched by the afflictions of life, action and its result.

*The language is old fashioned.*

*God is the totality of existence and non-existence.*

*His divine consciousness permeates all dimensions of existence and non-existence. He is more accurately IT.*

*He is This and That. This moment of Now and the beyond simultaneously. Consciousness is all there is, God is transcendental consciousness.*

*He is untouched by all the drama of life and simultaneously, He experiences your limitations with you.*

25 In God the seed is developed to its highest extent.

*God is the alpha and the omega, the beginning and the end. There is only God.*

26 Being beyond the limits of time he is the Master of Masters.

*This refers to Source.*



27 He is known as AUM.

*AUM is the sound of silence.*

*AUM is the creative aspect of Source. It is the force that creates and sustains the universe.*

28 Repeat and meditate on AUM.

*Repetition of AUM brings inner balance.*

*Meditate on the sound of silence. This is heard when you are getting closer to home. After you can hear the sound of AUM there is no need for repetition.*

*Now just enjoy and merge with the sound and the source of the sound.*

29 Repeating and meditating on AUM brings about the disappearance of all obstacles and an awakening of a new consciousness.

Yes.

30 Disease, languor, doubt, carelessness, laziness, sensuality, delusion, impotency and instability are the obstacles that distract the mind.

*Sensuality is not an obstacle.*

*It is a gift from Source to enjoy. Sensuality brings you to*

*your senses. Your senses are a door to the divine. Enjoy with awareness.*

*The others are obstacles that are programmed into every human. Part of the drama of awakening is in transcending the negative aspects of your program. This happens spontaneously when the time is right.*

31 Anguish, despair, tremors and irregular breathing are the symptoms of a distracted mind.

Yes.

32 To remove these meditate on one principle.

*The one principle is awareness.*

*All meditation is awareness. Gradually, as awareness grows, all disturbance disappears.*

33 The mind becomes tranquil by cultivating attitudes of friendliness towards the happy, compassion towards the miserable, joy towards the virtuous and indifference towards evil.

*Any cultivated attitude is unstable.*

*When it is shaken it will be shaky.*

*These qualities are natural by-products of awareness.*

*Focus on awareness and everything else follows like a*

*shadow. And then your positive attitude cannot be shaken by anything.*

34 The mind also becomes tranquil by alternately expelling and retaining the breath.

*This yoga breathing is good for beginners.*

35 When meditation produces extraordinary sense perceptions, the mind gains confidence and this helps perseverance.

*Yes. But remember they are not the goal, just an entertainment on the way. Don't get stuck in any experience.*

*Stay alert to the experienter.*

36 Also meditate on the inner light which is serene and beyond all sorrow.

*If you see an inner light this is a good meditation.*

*If not no need to imagine one.*

37 Also meditate on one who has attained desirelessness.

*If you have an egoless friend sit silently with them and allow their energy to help you go in.*

38 Also meditate on knowledge that comes during sleep.

*Visions are dreams with a significant message.*

38 Also meditate on anything that appeals to you.

*This is perfect for the new religion of Unity.*

*Whatever appeals to you is the easiest thing to meditate on.*

*Easy is right in meditation.*

39 Thus the yogi becomes master of all, from the infinitesimal to the infinite.

*This is the base of the Indian spiritual misunderstanding.*

*The master of all can only be Source. The yogi is just a part of Source that is free from ego and suffering. This unnecessary promotion to 'master of all' brings a subtle superiority that pollutes even fully enlightened Indians.*

*Be aware of this trap and avoid it by surrender to Source.*

*He is the master of all, not any yogi.*

40 When the activity of the mind is under control, the mind becomes clear like crystal, reflecting equally, without distortion, the perceiver, the perception and the perceived.

*Control of the mind won't help.*

*It will always fight back and defeat the controller.*

*Awareness creates the climate of non-duality that leads to freedom. Control is of the ego and is bound to bring division. The merging of the perceiver, perception and perceived happens spontaneously when mind is silent.*

*Silence cannot be controlled, it is a gift from Source to those who have earned it by diligent application of awareness.*

41 Savitarka samadhi is the samadhi in which the yogi is still unable to differentiate between real knowledge, knowledge based on words and knowledge based on reasoning or sense perceptions, which all remain in the mind in a mixed state.

*This confusion only comes to those who cling to scriptures. If you take the scriptures as a hypothesis to be verified by your direct experience you are safe from this difficulty.*

42 Nirvitarka samadhi is attained when the memory is purified and the mind is able to see the true nature of

things without obstruction.

*Purification of the mind is the whole point of meditation. Then everything is crystal clear.*

43 The explanations given for the samadhis of savitarka and nirvitarka, also explain the higher states of samadhi. But in these higher states of savichara and nirvichara samadhis, the objects of meditation are more subtle.

*As your meditation deepens more and more subtle experiences come to you. This refinement is the delight of awareness. Finally all experience disappears and you also disappear, this is the ultimate samadhi of the seventh body of Source.*

44 The province of samadhi that is connected with these finer objects extends up to the formless stage of the subtle energies.

Yes.

45 These samadhis that result from meditation on an object are samadhis with seed and do not give freedom from the cycle of rebirth.

*Meditation on an object is not as helpful as choiceless awareness.*

*However, rebirth continues even after enlightenment until the seed of desire is annihilated. This may be one or two lives or occasionally more, depending on the program you are given. Rarely is someone fully enlightened without prior awakening in a past life. When that does happen they only have that one life of enlightenment before they disappear forever.*

46 On attaining the utmost purity of the nirvichara stage of samadhi, there is a dawning of the spiritual light.

*Experiences of divine light and sound can come at any time. No experience of light or anything else means you have attained freedom from ego. That is the only goal of meditation. Don't be too concerned with experiences. Find out where the experiencer comes from.*

47 In nirvichara samadhi, the consciousness is filled with truth.

*Truth means silence.  
When no subtle thought stirs you are totally free, not before.*

48 In the state of nirvichara samadhi, an object is experienced in its full perspective, because in this state knowledge is gained direct, without the use of the

senses.

*The senses are doors to the divine. But they are not the ultimate means to knowledge. Direct perception uses the senses without interpretation from the mind. To perceive any object visually requires the use of the eyes but not the mind. When objects are perceived without interpretation from the mind, this allows life to be experienced in its undivided natural state. Only mental interpretation divides into subject and object. In no-mind experience, the experiencer and object of experience are not divided by mind.  
This direct knowledge is only available to those who know silence.*

49 The perception gained in nirvichara samadhi transcends all normal perceptions both in extent and intensity.

Yes.

50 When this controlling of all other controls is transcended, the seedless samadhi is attained and with it, freedom from life and death.

*The controller is the ego.  
Yoga uses the ego to transcend itself. This is the most difficult way and often leads to abuse of power and other*

*misfortunes.*

*For most seekers the easiest way is surrender to What is. This immediately neutralises the controlling ego and brings rapid results, without any risk of a long detour into power trips.*

*Seedless samadhi is the seventh body of Source. It is the last frontier, after that is oblivion. When it is attained there is no one left to claim it.*

*Yoga is the way of the warrior. Use its methods but don't become a control freak. This is the trap many yogis are stuck in.*

*Let go is the royal way.*

*Yoga means union, not control. And the union of yoga is easiest through surrender to What is.*

*When your trust in What is comes to 100% your ego is finished. It cannot survive in anyone that has total trust.*

*Trust is the first step and the last.*

*Trust is the royal way, the direct method.*

*Only your moment to moment application of trust will help. Talk is cheap, you have to live trust in ALL circumstances.*

*This is the discipline of transcendence, it is freedom herenow.*

## **Buddha**

*Buddha's contribution to consciousness is tremendous. He was born a Hindu prince. At 30 he had everything any man could want. But he had a thirst for truth so strong that he left his beautiful wife and kingdom and embarked on a quest for freedom.*

*He lived with Hindu ascetics in the forest and learned their ways of fasting and concentration. He was 100% total in his effort. Still, he did not find freedom and after many years of hardship he left them and went alone. One night as he sat meditating under a tree he vowed that he would not move from that spot until he found freedom.*

*That very night the explosion happened. By the next morning Siddhartha had died and Buddha was born.*

*With Buddha's enlightenment came deep insight into reality. Buddha understood that everyone has Buddha nature and taught respect for the individual. His understanding of tathata, suchness or seeing things as they are without judgment, brings the relative and absolute together herenow. By penetrating deeply into this moment of suchness the underlying mystery is revealed.*

*Tathata is Buddha's clearest insight and forms the backbone of Buddhist understanding. Its moment to moment application is the key to freedom.*

*Buddha is agnostic and says personal liberation is the goal, not belief in God. He is right. No belief in God will really help. Transformation is not so cheap.*

*Tathata or suchness implies a deep trust in life. Things are like this now and cannot be otherwise. When change occurs it is part of the flow of tathata. When resistance to What is comes up, it is recognised and witnessed till it dissolves.*

*This deep unconditional trust in the energy of Now connects Buddhists directly to Source without any belief at all. They avoid the nonsense and hysteria of theistic religions and stay surrendered to What is.*

*Buddha's insight is a great blessing for all Buddhists who live the teaching of tathata.*

*Source is not concerned with your religion or beliefs. Only one thing is required to be on the right track.*

*To live tathata is enough. No belief in God will help. The fire test is your moment to moment unconditional acceptance of What is.*

*Buddhism is spreading in the West amongst sensitive, intelligent seekers more quickly than any other system of transformation. It is rational, compassionate and effective as a method of awakening.*

*The irrational limitations are peripheral and easily dissolve with full application of tathata. The main limitations are: a belief in personal responsibility for nirvana and the state of the world.*

*Living in surrender to What is neutralises these beliefs and makes them redundant.*

*The other limitation is the practice of morality instead of an emphasis on awareness first. But hypocrisy and piety are not that prevalent with aware Buddhists, they are fortunate in focusing on insight meditation for deeper*

*guidance. And simple believers are not harmed by living according to Buddha's eightfold path. This prescription for the middle way between indulgence and ascetism is the way all enlightened ones live spontaneously.*

*For unaware people some guidelines are necessary, these eight rules for life are enough morality for anyone. They are: right understanding, right aspiration, right speech, right conduct, right livelihood, right effort, right mindfulness, right meditation.*

*Right mindfulness is the application of tathata, the moment to moment awareness that 'things are like this now'. When your resistance to What is dissolves you live in paradise herenow.*

*When awareness is there all of these guidelines happen spontaneously, before that a little practice can help. There is little serious, judgmental morality among aware Buddhists. Meditation is the antidote to these diseases. For the less evolved lay people the rules are applied to the best of their ability and not taken that seriously.*

*Of all the major religions Buddhism is the most relevant today. Its focus on meditation and freedom from suffering keep it practical and effective.*

*And its understanding of tathata is the key for freedom herenow.*

## **Sufis**

*The Sufi tradition emphasises devotion to God.*

*Sufi mystics are drunk with the divine. They constantly remember God with every breath and express their devotion in song, dance and celebration.*

*The Sufi way is the Way of the Heart.*

*They have also contributed many techniques and systems of awakening. Whirling is a Sufi method for rapid centring that is extremely effective for some people. Other techniques include devotional singing and praise to God, as well as systems of contemplation and meditation.*

*At the heart of Sufi understanding is total surrender to the Will of God as it manifests moment to moment.*

*This surrender to the divine truth of each moment is their key to rapid awakening.*

*If you are a devotee of God the Sufi system is by far the most sophisticated and ecstatic approach to devotion.*

*It also includes awareness training and centring exercises to strengthen and ground the ecstasy of devotion.*

*For Christians, who are often watered-down devotees of God, the Sufi approach is tremendously uplifting. Their totality of surrender to the Will of God, combined with ecstatic dance and singing, is in sharp contrast to most half-hearted Christian churches.*

*The Islamic roots of Sufism are not a barrier to people from other cultures. Every religion has something special and beautiful to share with the others.*

*The Sufi methods are widely practiced in the West by many new age groups.*

*For devotees of God there is no better system than the way of the Sufis.*

### **Ashtavakra Samhita**

*These selected sutras from Ashtavakra are among the most potent words ever spoken. When taken as an invitation to penetrate to the source of consciousness, they are an invaluable help for your growth. When they are just believed without experiential verification, they are a beautiful trap for your spiritual ego.*

*Ashtavakra, the deformed sage, is giving instruction to King Janak.*

Janak asked: Oh Lord, how does one attain to wisdom? How does liberation happen? And how is non-attachment attained? Please tell me this.

Ashtavakra replied: You are neither earth, nor air, nor fire, nor water, nor ether. To attain liberation know yourself as the witnessing consciousness of all these.

If you can separate yourself from the physical body and rest in consciousness, then this very moment you will be happy, and at peace and free of bondage.

Unattached and without form you are the witness of the whole universe. Know this and be happy.

You are not the doer nor the enjoyer, you have always been liberated.

*Janak's question is authentic. His sincerity provokes Ashtavakra's potent response.*

*To know yourself as the witnessing consciousness of everything is real freedom. The key word here is 'know'.*

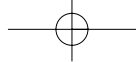
*This means experientially. It is the purpose of meditation.*

*If consciousness separates from the body, you are free in that moment. The key word here is 'if'. This separation comes only in deep meditation.*

*The next part is open to premature belief. 'You have always been liberated'. This is Ashtavakra's greatest error. Ultimately, it is true because ultimately you are a body/mind/soul/witness. All you can KNOW is what you can witness. No human has any memory of being God, the beyond. Ashtavakra can talk, but he can't create a universe. Logically, he is correct, experientially he has taken a flight of fancy. Now he wants to give he unverified belief to Janak. This is the core belief of many unenlightened people today. AND the main obstacle to their real awakening. This belief seduces unaware seekers and teachers into thinking that freedom is just a change of perception. And the logic is only good for the Absolute. It fails immediately when applied to your functional reality of body/mind/soul/witness. When the witness is experienced through a body, then it is limited by the nervous system. No fully enlightened one has ever known the full power of the witness. It is trillions of billions times stronger than any nervous system can accommodate. So even fully enlightened ones are limited by their nervous system to know the full power of the witness. Yes, they have a good taste, but a drop of the ocean is not the ocean.*

*When a soul is created, it has no memory of its Source. Logically, it must be God. But experientially it is a*





*body/mind/soul/witness.*

*This belief is the most common trap for advaita people, avoid it by applying your authentic intelligence and sticking to your DIRECT EXPERIENCE.*

*This point has to be covered from every possible angle, it is the foundation for many teachers today. AND they are extremely reluctant to give up their belief, because it is the ultimate truth. The truth believed is a sweet lie.*

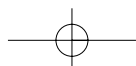
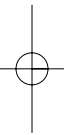
Ashtavakra said: You are the one observer of all, and in reality always free. Your bondage is this: you see the other - not yourself - as the observer.

*This is a great insight. When the gestalt shifts and you are centred as the observer of everything you are free.*

'I am the doer', thus has the black serpent of ego bitten you. 'I am not the doer', drink this divine nectar of trust and be happy.

*This shift is the essence of spiritual understanding. It is tremendously helpful to realise that God is the only doer.*

The soul is the witness, all-pervading, perfect, one, free, conscious, free from doing, absolutely alone, non-attached, desireless, peaceful. Because of illusion, it looks like the world.



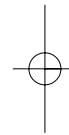
*Ashtavakra is mistaken, the soul is not the witness. The witness is eternal. Your soul is created, lives for up to 10,000 years and finally dissolves in Source. Clarity helps to prepare you for the journey of evolution of your soul.*

Awaken in the thought that you are the unchanging, conscious, non-dual soul.

*You cannot awaken by thinking! Only silence can awaken you. And again the misunderstanding, your soul does change and evolve in consciousness. This is the whole drama of awakening. If your soul was already perfect, why are you still suffering. Just because of a wrong idea? Understanding has to be supported by meditation, to prepare your soul for freedom from suffering. Just changing ideas doesn't help that much.*

You are alone, void of action, self-illuminated and innocent. Your bondage is this: that you practise samadhi.

*When the values of the Absolute are grafted onto a body/mind/soul the result is a split. Your experience is one thing, the Absolute qualities are another. Stay with your DIRECT EXPERIENCE. Your bondage is your separation, through the body/mind, from Source. This is not a mistake it is God's play to allow the game of Hide*



*and Seek to go on.*

*Samadhi cannot be practised, it is a gift from Source. This sutra has fuelled an anti-meditation sentiment in some advaita teachers. They have totally missed the point.*

Janak said: Just as I alone illumine this body, do I illumine the universe too. Either this whole universe is mine or nothing at all.

Amazing, having renounced the body and the world, now through the skill of your teaching I see only the divine.

*Janak has had a satori. His mind has opened, he is in ecstasy. His understanding is based on belief and is supported by his experience. When the satori fades, he will cling to his beliefs, in contradiction to his own experience. This is the Great Misfortune that plagues many advaita people. Be rigorous, don't cling to any belief or concept.*

Janak said: Light is my self nature. I am not other than that. When the universe is illuminated, it is illuminated by my light.

The universe which has emanated from me will dissolve in me.

Amazing I am, I bow down to myself. Although embodied, I am the non-dual. I just exist, I pervade the universe.

*Now, Janak is projecting beyond the experience of his satori. Logically, he is right. BUT experientially he has lost his authenticity. Avoid this trap, remain true to your DIRECT EXPERIENCE. Take these sutras and all concepts about truth as a provocation, a hypothesis to verify in the laboratory of your inner world. Resist all temptation to become a parrot of the Absolute truth. It is a major trap for intelligent seekers And very difficult to escape from. Once you have decorated you ego with Absolute concepts, it is arduous to admit you have made a mistake. Take the challenge. Authentic enlightenment is transformation of all you systems. Belief if Absolute concepts prevents you from doing the real work of transformation.*

*Remain true to your DIRECT EXPERIENCE. Bring your total energy, awareness and intelligence to a peak. Only then can these sutras help.*

## **God's Passion**

*By now you will be familiar with the experiential, non-believing approach that is the basis of this transmission. It is essential for seekers to drop their cosy beliefs about truth, especially when they are true. Premature belief in the truth is a major hurdle, it hypnotises the seeker into feeling they are already free.*

*Understanding: Consciousness is all there is and therefore I am That, is a good start but not enough. A more rigorous approach is to take the understanding as a hypothesis that must be experientially verified.*

*Everyone is not enlightened by the fact of their birth and by being part of the oneness of consciousness. That is too easy to believe for it to have much value.*

*The end of suffering is not just a shift in perception of cosmology. Freedom comes after you have tried and failed in every search, not before. Understanding that the seeker and the goal are one is very helpful, but not enough.*

*That is why it is not helpful to give seekers the impression that only a shift in perception is needed to be free. Source requires every effort and failure of effort, before understanding permeates deep enough to trigger release from suffering forever.*

*Certainly, effort strengthens the ego/separation of the seeker AND that is an essential part of the drama of awakening. Release from suffering must be preceded by intense separation to satisfy Source's passion for a good story.*

*Understanding advaita gave me a satori with Ramesh in 1993. It took another two years of intense meditation and retreat before my ego finally left for good. This period involved no effort but was totally focused on silence herenow. It was effortless effort, wei wu wei.*

*No two awakenings are the same but the central theme of total effort followed by total let go, almost always happens.*

*Rarely does freedom come with a few words of truth from a book or teacher. When it does it is always preceded by intense effort and preparation.*

*Seekers are very vulnerable to collecting premature beliefs about truth. Experiential verification is much more arduous than belief AND there is no other way.*

*Naturally, Source is managing everyone's effort and let go. Source also requires each seeker's totality, to fully enjoy the drama of their awakening.*

*Totality is God's passion.*

## **Zen, Advaita and Celebration**

*Zen is the essence of meditation. In sanskrit, dhyana means meditation. When Buddhism moved to Tibet and China, it flowered in a tantric direction. When it reached Japan it absorbed the influence of that culture and has culminated in Zen. The insistence of Zen masters on meditation has kept the tradition vibrant and fresh.*

*Buddha's insight that the ultimate reality is nothingness or emptiness is very close to Advaita. Buddha doesn't follow the logic through with as much clarity as Advaita. But, once nothingness is accepted as the ultimate reality, then the logic of Advaita insists that something (the universe) came out of nothing (the void). From here, the logic of Advaita takes over and the oneness of existence and non-existence follows. As does the understanding that nothingness must have the power, intelligence and ability to design, create and sustain existence. This, of course, means that nothingness is God.*

*Buddha's lack of clarity on cosmology has been followed by most enlightened meditators, including Osho, the Zen masters and many Indians.*

*The logic is so simple that obviously, there must have been a reason why the highest flowers of consciousness were blocked to understand it. The reason is simple: timing. When the clarity of Advaita is married to meditation the result is mature spirituality. Now, the time has come to have it all. Unity is the synthesis of Advaita, meditation and celebration.*

*Celebration is Osho's great contribution to the serious,*

*spiritual world of Zen. Zorba the Buddha is celebration of all positive aspects of being human. PLUS the transcendental awareness of Buddha.*

*The important aspect of Advaita is that it gives the intellectual basis for surrender. Understanding the logic without surrender is the BOOBY PRIZE. Living in surrender, Thy Will Be Done, without understanding the logic is totally ok. The name of the game is transformation, not understanding refined logic. This is why Jesus gave his life, to give those four words to simple people, so that they too can surrender to the Will of God, even if life itself is at stake.*

*Unfortunately, simple people from all religions are heavily burdened by irrational beliefs, and are taught that blind belief is the way to salvation. Those that can understand and apply those four words of Jesus have a DIRECT CONNECTION to God. If they can drop all irrational beliefs and focus on surrender to 'whatever happens', plus meditation, they are blessed.*

*Beloveds, God is very happy that this moment has arrived. Unity can flower at last.*

## **The Ultimate Reality**

*Hindu and Buddhist cosmology part company in several areas. Hindus say Atma, the Self, is the ultimate. Buddha says Anatta, no-self, is the ultimate and argues that there is no fixed self of any kind, just the flow of experiencing. Osho borrows from both camps and says no-mind is the ultimate. And he talks a lot about your Being (the Self). This is further confused by the soul, some say it is eternal, others that it doesn't exist.*

*Understanding the map of the seven bodies brings clarity to cosmology. Each body of God is real. Even though only the seventh body is eternal, this is the ultimate reality. When Buddha talks about no-self, he is speaking the highest truth. BUT there is no need to deny the rest of existence. You are multidimensional. Clinging to ultimate, absolute concepts that deny your multidimensional nature is limiting and unhelpful for your growth.*

*You are also the sixth body of God, the witness. You are also the fifth body, the Self of Being. You are also a soul, that is your fourth, third and second bodies. Your soul is real, but not eternal. Only the void is eternal. And you have a physical body in a material world. It is all real. The challenge of growth is to remain true to your experience. Take the map of the seven bodies of God as a guide to help you to understand your experience more clearly. It is an invitation to explore the full potential of who you are, not another concept to add to your collection.*

*Buddhist and Hindu confusion on cosmology is relatively harmless. Sincere seekers from both traditions still get*

*enlightened. Still, the time has come to bring all confusion, separation and conflict to an end.*

*The cosmology given here is accurate and can be experientially verified. That is the challenge you are invited to accept. Become an inner scientist, use the map of the seven bodies to give some structure to your experience, AND remember that it is just a guide. Your own experience is the truth for you. Also, no two seekers are the same, so there is one unique map that reflects your unique journey. Enjoy the drama of self discovery that goes with self enquiry. Remain open to every experience that Life gives you. Understand it is all necessary and perfect for your growth.*

*The dawn of the Sat Yuga, the age of truth is upon us. The time of division, confusion and separation is history. For you, the Buddhas of the New Dawn, the moment of celebration has come.*

*Hari Om Tat Sat.*

### **Choicelessness is Bliss**

*God's Will is whatever happens.*

*As simple as this sounds, it is fully understood by almost no-one. When this understanding is applied to every moment of life, you live in deep surrender to What is, if you are programmed to.*

*Naturally, surrender must flower into enlightenment when the time is right. There is no other door to freedom from all suffering than surrender. This can happen in the very last moment after all strategies of the ego are dropped through exhaustion. Buddha and Mahavira are this type of spiritual warrior, who use the ego to make every possible effort, only to fail totally in their quest for awakening until they have almost destroyed their bodies.*

*Few seekers have the capacity of these two lions of truth. For most seekers, surrender is both the means and the end. This is the way of intelligence. Hence the absolute necessity to fully understand that all choices are already made for you by God, before your first life and soul are created.*

*We are all deeply conditioned by conventional wisdom and new age approaches to manifest, create and choose a better future for ourselves. This is necessary ONLY to bring your ego to its full creative potential, NOTHING MORE. The more total you are in stage one, manifesting and choosing, the better. That totality helps you to discover the limitations of manifesting more quickly. You can manifest and choose anything you can conceive,*

*except the one thing that matters, your enlightenment. Unfortunate seekers who try to manifest enlightenment end up with the ultimate booby prize, an enlightened ego.*

*Free will is a concept that God has programmed you with to fully experience separation and independence. BUT, it is existentially impossible for anyone to actually have any will out of the control of God's Will. God is ALL there is, and all egos and all their choices are also God. Beloveds, Totality is the master key. Be total in stage one: manifesting, choosing and taking responsibility for your reality. Then be total in stage two: let go and surrender to The Will Of God.*

## **Freedom From Yourself**

*God is a control freak. He is in total, absolute control of the entire universe and all realms of being and non-being. Humans are created with divine intelligence that reflects the intelligence of the Void. Our sense of separation is unique. Other creatures don't have ego/minds that give such a strong sense of 'me'. Animals are obviously programmed for certain behaviour and are largely predictable. They differ from humans only in complexity, spiritual capacity and intelligence. Basically we are animals with more intelligence and self awareness. And we are much more complex, our soul gives us true depth and great spiritual potential. Still, the basic truth is that we are just a programmed organism with NO INDEPENDENT VOLITION AT ALL. This understanding gives freedom from your ego, your self. It is human nature to try to promote ourselves to masters of the world and take control and responsibility for how things are. God made us that way. And he has made us with the capacity to transcend our ego limitations, and fulfil our destiny as the new flowers of freedom, that bloom in the understanding: God is all there is, I am not separate from That.*

## **Spiritual Growth**

*Understanding the message in this book will help you tremendously. Clarity helps you to avoid most of the traps for the ego to get stuck in, and understanding that surrender is the only solution brings serenity and gracefulness to your life. Dropping irrational and limiting beliefs opens your intelligence to real self enquiry. All of this is secondary to meditation.*

*Meditation, sitting silently doing nothing, is the one essential factor for rapid spiritual growth. By remaining unoccupied and alert to your inner world, many miracles happen. You become aware of subtle energies in the depth of your being. You contact and expose and heal the old wounds of early life and past lives. You find freedom from the mechanical thought process that limits everyone's life energy. And eventually you discover what you really are: silent awareness.*

*With energetic support from a living Buddha, the process is intensified and speeded up many times. This is the main reason Buddhas will always be needed. Yes your surrender is only to God, but without the support of a living Buddha the journey is much more difficult. And only sitting silently with a Buddha really helps. Teachers in the first stage of enlightenment don't have the capacity to drink your negativity and turn it in to nectar. They can help in other ways, but not in the way that really helps fast growth. The word Buddha refers to fully enlightened mediators from all traditions. These people are rare, only seven are alive today. They always work*

primarily with silent meditation. Awareness is always their main teaching.

There are about fifty people in the second stage of enlightenment that also are very helpful to meditators. They are mostly male and have very powerful third eyes. These people can seem more strong energetically than Buddhas, and they can work effectively in silence with many people.

Osho was fully enlightened, but didn't sit silently with his people much. He always said they weren't ready. He talked more about silence than almost anyone, and used his energy to create Zorba the Buddha. Now, the time for silent meditation has come. The moment of Truth is upon us. Prepare yourself by any method that suits you. Yoga, martial arts, therapy, rebirthing and many new age practices are perfect. Dance, sing and celebrate life. DON'T TAKE GROWTH TOO SERIOUSLY. Then, when the time comes for silent meditation, find an awakened friend to sit with.

Make growth your first priority and allow the Flow of Life to carry you deeper and deeper inside.

Beloveds, reading and understanding this book puts you on solid ground. For most seekers, only silent sitting really brings freedom.

## **Authentic Religion**

Osho is the founder of a religion, like Buddha, Krishna and Jesus. None of them were any less relevant than Osho in their time. They were all revolutionaries and brought fresh intelligence and understanding to the status quo of their day. Osho repeatedly claims to be starting the first authentic religion based on freedom, meditation, celebration and playfulness. Religion is only a dirty word because of the orthodoxy of blind believers, not the understanding of the founder. Now, Osho's religion is in the hands of control freaks, who parrot his message of total freedom and let go, and create an orthodox set of beliefs.

This is what has happened to all religions.

Authentic religion is allowing the Flow of Life to live you, without clinging to any beliefs you picked up from the founder. Hence the repeated emphasis in this book to remain an inner scientist.

This book creates the blueprint for a new religion based on Zorba the Buddha, plus: DIRECT CONNECTION to Source. This ensures that no future priests can alter the understanding: God is all there is, I am not separate from That.

And Unity will never fall into the hands of any priest. There will always be a fully enlightened channel to share the latest message from Source. Unity will remain fresh, alive and relevant for the next 4000 years until the next age of darkness descends.

This can only happen through Divine intervention. It is a



*gift from God to balance the last 4000 years of orthodox religions, controlled by priests, who parrot the founder and suppress the intelligence of believers.*

*Osho's mistake was to insist on no enlightened successor, that leaves the priests in charge. Unity will always have an enlightened successor. There is no other way to keep religion authentic.*

## **The End of Division**

*The founder of every religion is always a great soul. They are men of vision, courage and unshakeable conviction in their understanding and methods. Jesus, Buddha, Osho and Krishna are giants amongst the mediocrity of humanity.*

*Their followers are largely mediocre. Occasionally, one of them, with the same qualities as the master, also finds freedom from ego and suffering.*

*The Buddhist and Hindu traditions have integrated the enlightened disciples and kept their religions alive and relevant.*

*Osho's instructions to not allow his awakened disciples to share with his people has created the death sentence for his religion. When the flame of enlightenment is not passed on inside the tradition, a split is created. The orthodox parrots run the religion and the sincere seekers move on to more helpful situations.*

*Just ten years after Osho's death, his movement is divided and in decline, and his people are marginalised in the spiritual world.*

*And this tragedy is absolutely necessary. The end of division is Unity.*

*Unity for all religions is about to happen. The orthodox parrots of Osho and all religions are in for a huge surprise. The energy of the Great Change is enjoyed most by the authentic, courageous, sincere seekers who are total and playful in their approach to growth. And is most disturbing for control freaks and other pseudo*

spiritual people. It is energy similar to the energy of enlightenment, it is a neutral energy. The person that is living in surrender is tremendously benefited. The orthodox control freaks are in difficulty. It is the energy of LET GO.

Osho's life was of total let go. His people are often like him, loose and natural. Unfortunately, those he left in charge are the orthodox control freaks. Now, they are systematically dividing and destroying his work, while spouting the opposite.

The mediocrity of Osho Commune today is the result. Fortunately, all this is about to change dramatically for the better. It's time to bring Zorba the Buddha to Earth. The End of Division is here.

If you feel you are authentically living in let go and are not an orthodox parrot, ENJOY and help your less fortunate friends to get the point.

Organisations seem to need control freaks. The irony of Osho's message of total let go being controlled by parrots is PERFECT.

The Drama needs every possible twist and turn before the final release.

### **Final summary**

The essence of all the major religions and systems of transformation is similar.

Advaita is sophisticated and understands the unity of existence and non-existence through the medium of consciousness.

Consciousness is all there is, forms the ground of all spiritual understanding.

Jesus is a simple man with simple followers, his message is God is Love. His method for transformation is surrender: Thy Will Be Done.

These four words are enough for transformation if they are applied to every moment of life.

Sufi surrender to the Will of God is essentially the same as Jesus and the Jews. This unites the theistic religions with a simple core point of agreement. Obviously, the Will of God is whatever happens. And surrender to the Will of God is fundamental to theistic religions. Unfortunately, they have invented the devil to sabotage God's work. This allows them to divide and reject things they don't like as the work of the devil. The fact that God would not be omnipotent if the devil were out of His control seems to have escaped their comprehension.

God is omnipotent. Every detail of every perversion and abomination is His full responsibility. Once this is fully understood we have the base for fundamental agreement on the only point that really matters: Total surrender to the Will of God, as it is manifest moment to moment. No exceptions ever of any kind.

*Buddhists already live this understanding without any belief in God. Tathata is surrender to What is. No belief is needed, only TRUST in the perfection of Now.*

*Osho sannyasins and most new age groups believe in personal responsibility for their growth and the state of the world. This burden is tempered by their deeper belief that existence takes care and intensive training in acceptance of What is. Their difficulty is that these basic beliefs are contradictory, hence their confusion. Usually, they will eventually surrender to What is and limit the extent of personal responsibility. This practical approach saves them from most of their unnecessary burden. When they understand the set up and leave the ultimate responsibility to Source, their burden dissolves instantly. I am That believers need only shift to the experiential and instantly verifiable, I am This, to be free of their premature belief. And This is the door to That. No belief is needed, just the intelligence to see the point and the capacity to stay with What is, rather than some cheap belief about truth.*

*The common factor for all groups and religions is the simple understanding that 'things are like this now'. This includes the feeling to make things better and all creative expression. Allowing the energy of Now to move you gives instant relief from your neurotic mind, and is actually much more efficient in getting the essentials of life done.*

*For spiritual growth your energy of the moment is all you need to follow. This will pull you into effort and let go at exactly the right time. And things only change when it's*

*time. The application of all this is fully dynamic and has nothing at all to do with Indian lethargy.*

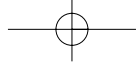
*Personal responsibility is crucial for a harmonious, creative society. India's misunderstanding of Krishna's law of destiny has bred the apathy and degeneration that curse India today.*

*Practically, you are responsible for living in harmony with your neighbours.*

*Spiritually, you understand that nothing is in your hands. You allow the energy of the moment to guide you in all things, with the awareness that this is a gift from Source. When difficulties arise with your neighbours they are settled by understanding the set up and dialoguing until consensus is reached.*

*You are not, only God is.*

*Everything is a play of Source, remember this and take yourself a little less seriously. You are perfect as you are right now for the needs of the present moment. Your evolution in consciousness is happening according to your program, whether you agree or not. You are programmed for all kinds of negativity and ignorance. Your limitations are real. But they are programmed to be transcended when the moment comes. The journey of evolution of each soul is long and slow, this allows Source to savour your gradual release from suffering as you evolve in consciousness. And creates the impression that you are a little stuck. Viewed from the perspective of Source everything is perfect. He creates everything exactly as He wants it. There are NO MISTAKES EVER, even you are perfect right now,*



*according to your present stage of development. Surrender to What is connects you DIRECTLY to Source without any need for belief in God. This DIRECT CONNECTION is the new way of rapid growth. Gurus and masters are needed only to help you to understand the set up and to give energetic support for going In. Surrender is always to What is, not to any middle man. Beloveds, the religion of Unity is about to happen. Its time has arrived.*

### ***Buddhas of the New Dawn***

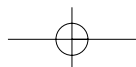
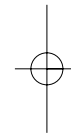
*When the Power and Glory of OM purifies planet Earth, you, the Buddhas of the New Dawn, will rejoice.*

*Deep in the heart of every loving, sensitive, creative person is the longing to live in a world that supports these values.*

*You are chosen to lead the way, you are the ones who will first taste the fruits of freedom. You are the children of God who help create the model for the brave new world of the millennium.*

*The age of darkness is almost over, the first rays of the sunrise of the New Dawn are lighting your being with love and awareness and playfulness.*

*You are the blessed ones, the meek who inherit the Earth.*



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