

CONTINUUM

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LIFE ON MARS

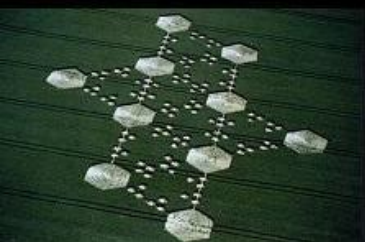
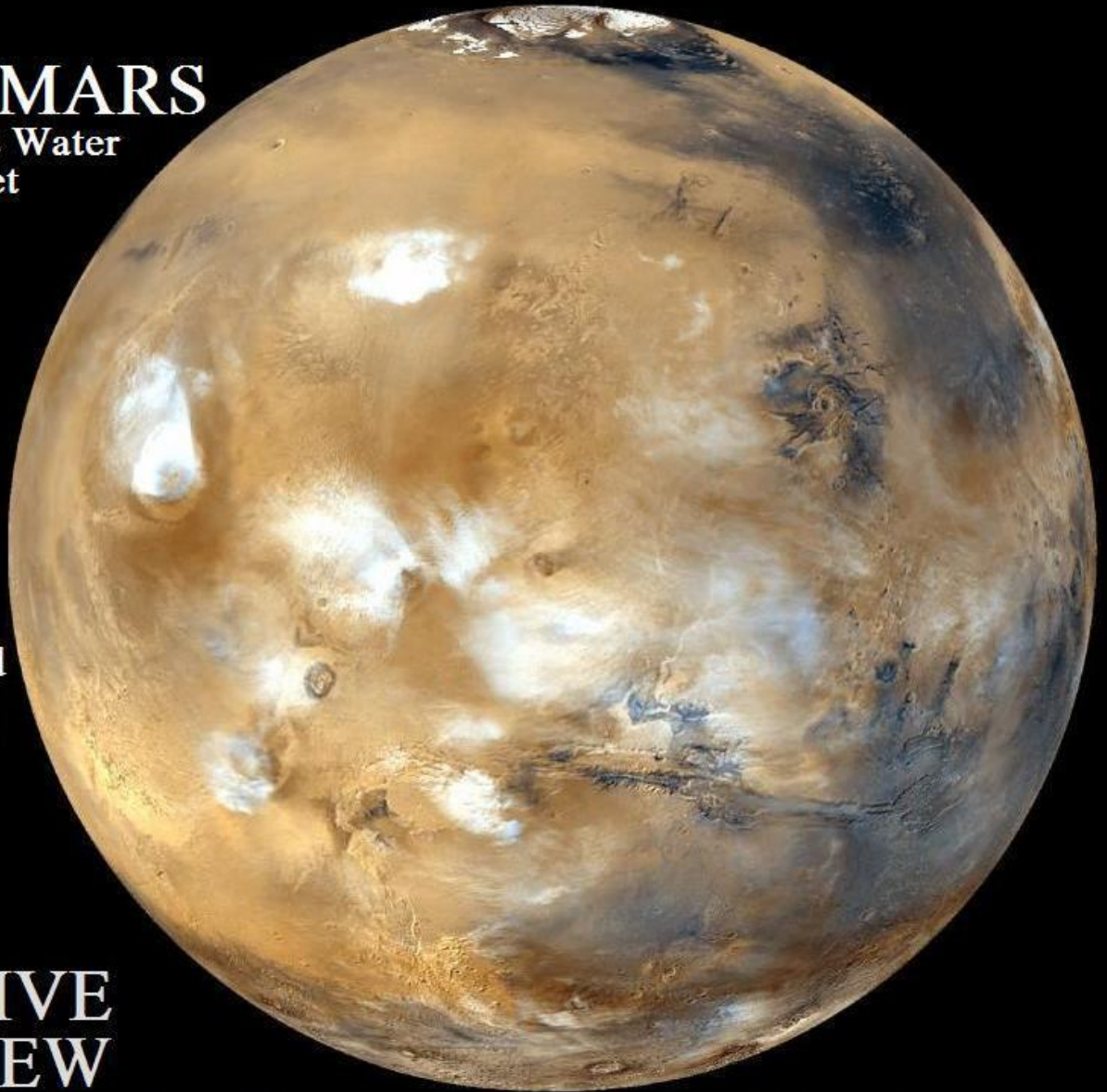
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on the Red Planet

GHOSTS AT PIKE PLACE

Seattle's Haunted
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EXCLUSIVE INTERVIEW

William J. Birnes: publisher of UFO Magazine & star of UFO Hunters



ARE CROP CIRCLES MAKING A COME BACK?

spring 2009

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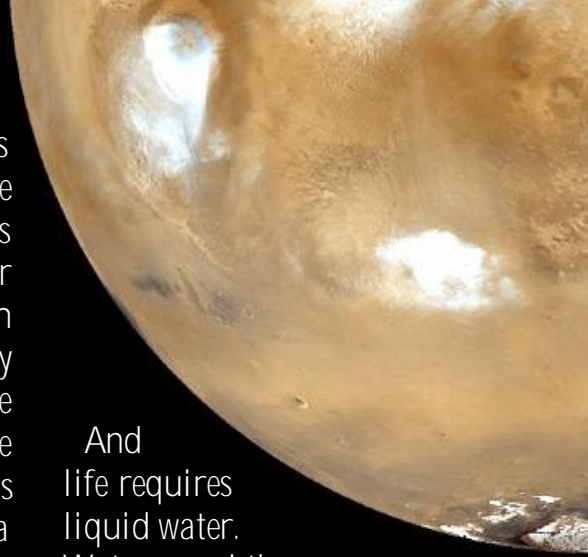
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LIFE ON MARS

by Rob VandeWeghe



Are we alone in the universe or is there life on other planets? And perhaps even as close our next door neighbor, the planet Mars?

Mars itself is – because it is further away from our heat source the Sun – a cold desert planet. So far without any signs of life nor liquid water on the surface.

In 2002 the Mars Odyssey Orbiter discovered that large amounts of frozen, below the surface, water (ice) might be present on Mars' North pole. As water is an essential prerequisite for any life to exist, the Phoenix Mars Lander was dispatched to investigate. The Phoenix landed, safely and as scheduled, on May 25th, 2008. Now it is in the process of using its robot arm to scoop samples of Mars' soil and examine these in its onboard lab for the presence of water and other substances as well as any signs of current or past life.

What can we expect to find? Could there be any life on Mars?

In many ways, Mars – just like Earth – is a very privileged planet. It is orbiting a steady burning star (our Sun) of the right size and age to provide a rather constant source of light and heat. Mars – just like Earth – is also in a perfectly suited solar system. Of the right age and

providing protection from comets and asteroids through the presence of much larger planets (especially Jupiter) in its outer orbits. And Mars – just like Earth – is located at the likely only possible location in its galaxy (the Milky Way) that will provide enough building materials but is not in a (too) heavily populated area of solar systems. The vast, vast majority of solar systems in our (and other) galaxies are located near the center or on the spiral arms. These areas are overcrowded and therefore life destroying collisions (like on a busy intersection of highways) occur quite often. Only planets in solar systems in-between spiral arms (like our solar system) stand even a chance to provide a 'safe' environment for life to exist.

So, Mars is off to a promising start and in a much better situation than any other planet we know that might have a chance to be habitable for life. But that does not mean that it is perfect for life (like Earth is).

For starters, it is too cold. Even the simplest organic life forms require average temperatures above freezing and not exceeding the boiling point of water. Mars is therefore too cold with its average temperature below 0 degrees Fahrenheit.

And life requires liquid water. Water – and the presence of at least another 26 essential elements – is a prerequisite to even consider the possibility of life. Therefore the engineers at NASA targeted the Mars polar region not expecting to find current life but perhaps evidence of past life during a time when Mars might have been closer to the Sun and therefore having a more life-inviting temperature.

Still even the presence of liquid water and all other required elements, like carbon, oxygen, nitrogen and so on are not enough to make a planet potentially habitable. Studying life on Earth we now understand and appreciate that organic life also requires other conditions to be 'just right', like rotation speed, mass and gravity of the planet, presence and composition of an atmosphere, magnetic field around the planet, volcanic activity, plate tectonics, axial tilt, shape of the orbit, ozone levels and so on.



*"The heavens declare
the glory of God"*
(Psalm 19:1)

And if all these conditions at some time in Mars' history might have all worked out, then that does not automatically imply that life also 'developed'. Having all the building blocks of life present does not 'automatically' build life. Just like the presence of all building materials for a house on a property not 'automatically' erects a beautiful residence.

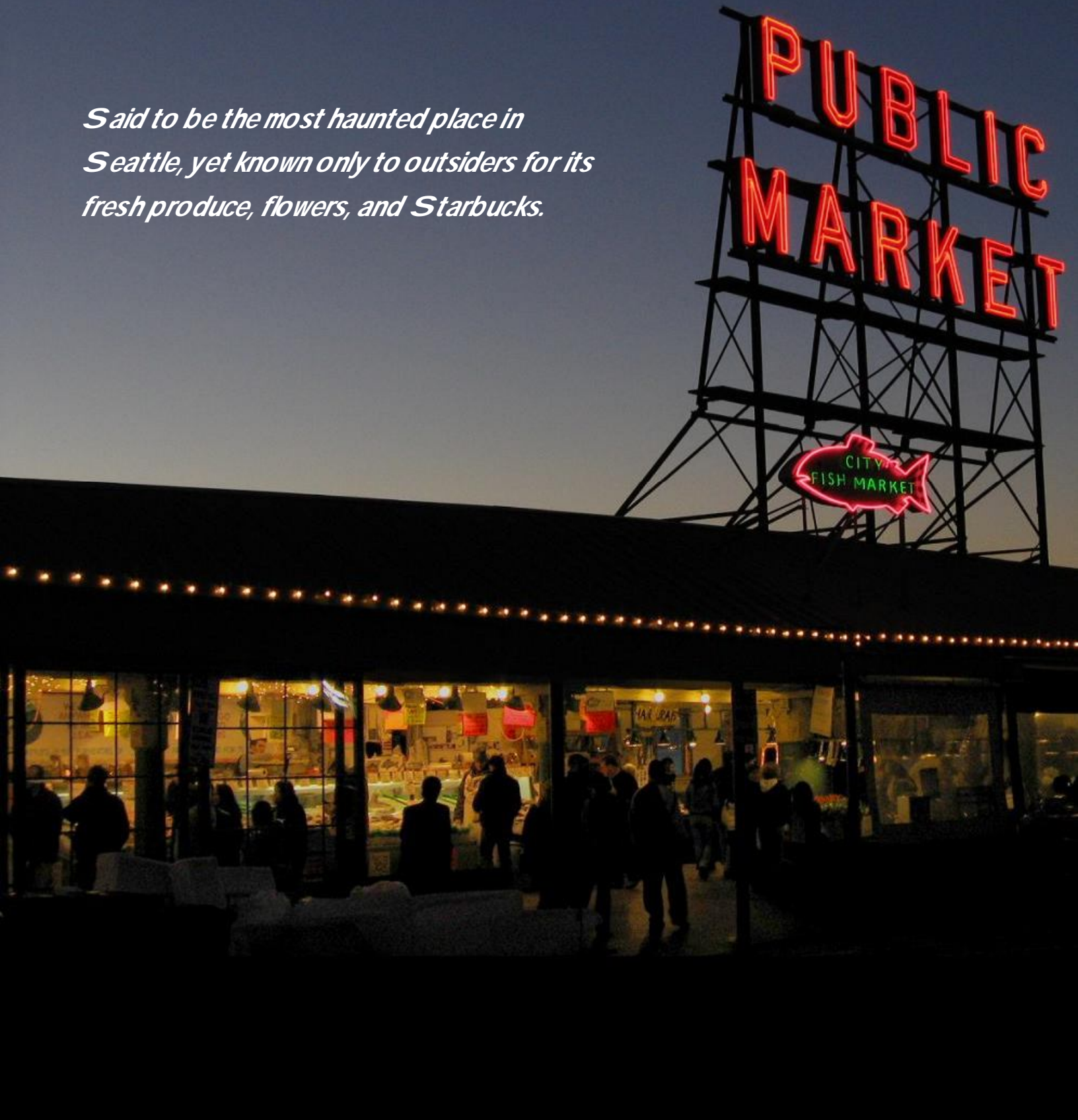
It is exciting to learn more about our universe and the complexity of life by using our most advanced scientific skills to study our neighboring planet. Let us just make sure that we objectively interpret the knowledge we have gained and will gain through the Phoenix Mars Lander and subsequent projects: our Earth is extraordinary uniquely positioned and composed to allow for life to exist. So uniquely and against all statistical odds that it gives a remarkable but resounding testimony to the words of King David who wrote:



Ghosts at Pike Place

Seattle's Haunted Marketplace

Said to be the most haunted place in Seattle, yet known only to outsiders for its fresh produce, flowers, and Starbucks.



Nestled on the edge of a steep hill, one of Seattle's most popular tourist destinations, Pike Place, features a variety of shops, from antique dealers and comic book stores to farmers' markets and small family-owned restaurants. Pike Place opened in 1907 and is one of the oldest continually operated public farmers' markets in the United States.

But people usually forget the market's rich history and ghost sightings in the mist of all the exciting shops. One of the most notable apparitions is said to be that of Princess Angeline, daughter of Chief Seattle. When all of the Native Americans were forced out of the area, Princess Angeline stayed behind in a little cottage between Pine and Pike streets on the waterfront. In her day, she was well known amongst the patrons of Pike Place and made her living washing clothes and weaving baskets that she sold at the market. She would walk the streets daily, with a shawl around her shoulders and a handkerchief around her head.

It is the ghost of Princess Angeline that is amongst the most recognizable in all the Pike Place hauntings, seen strolling the streets at all hours of the night. Perhaps Princess Angeline has unfinished business in the market place or her strong attachment to the area could never be severed, both in life and death.

Perhaps Princess Angeline is one of the ghosts that walk the streets of Pike Place today, but she is not the only ghost reported to be seen.

Over the years, people have reported strange sightings in Pike Place. Particularly, the sounds of construction workers at night, although it is prohibited by the city. Crews claim they are not working at night and the sounds must be coming from somewhere else.

Another famous sighting is that of Arthur Goodwin, the nephew of Frank Goodwin – the wealthy 49er who owned businesses in Pike Place. Arthur Goodwin was instrumental in the development of Pike Place and his office is now known as the Goodwin Library. Many patrons of Pike Place have reported an apparition playing golf in the window of the Goodwin Library as he did when he was alive. Perhaps he is another who could not let go.

by Jarred James Breaux



Above: Princess Angeline posing for a picture in her later years.

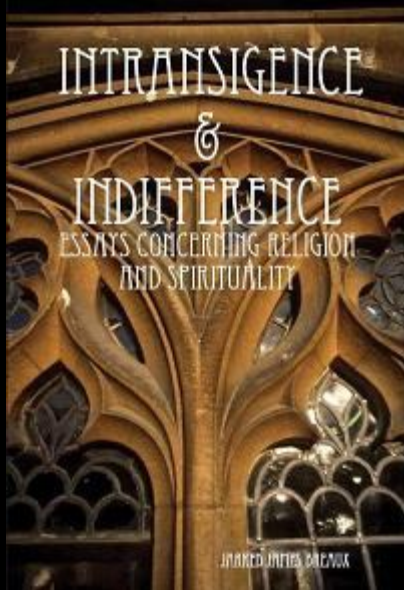
Below: A picture taken in the Goodwin Library claiming to expose an apparition drifting in the corner of the ceiling.



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Available at Barnes & Noble

The Wonderful Gift of Dreams

by Diane Brandon

Dreams have always fascinated me. So, 25 or so years ago, in an effort to learn more about dreams, I embarked on an exploration of sleep and dream research. I worked with dreams more and more over the years, interpreting my dreams and those of others.

I have learned some fascinating things about dreams over the years, one of which is that what we lump into the category of dreams are actually different phenomena. One commonality among these phenomena is that while we are dreaming our body is quiet - unless, of course, we are sleepwalking (or daydreaming). Aside from this commonality, however, there can be great variability in what we call "dreams."

So, one of the first things to remember is working with our dreams is that there are different types of "dreams."

In some, our consciousness, unbounded by our bodies and not continually bombarded by noisy feedback from our bodies, is actually off exploring other realms. These "dreams" are actually experiences, some of which we may remember as dreams and others we may have no recall about at all.

The illusory veil of time can be lifted and we can be experiencing other times, including past lives.

Some dreams actually are just a sorting out of our day's activities, as our brains sort and correlate experiences and information.

Some dreams may actually be communication experiences in which we are communicating on various levels with other people, both those living and those transitioned. We may also be communicating with our guides and others who wish to get through to us.

Some dreams are precognitive and actually give us information about the future.

In some dreams, we are being given messages from the universe and our higher self or other levels of our own consciousness. These dreams tend to be about our personal and spiritual growth issues and can be the richest for us to work with on our paths.

Some dreams are one-time dreams and others are recurring. Recurring dreams are usually, but not always, more significant than single dreams and can represent general issues that we are working on (whether we are consciously aware that we are working on them or not). In these recurring dreams, we may have elements that repeat as themes, sort of a nocturnal reverie leitmotif.

These represent some general types of dreams and it is important to note that any one dream can actually be a combinat-

ion of different types, sort of a crossbreeding of genres.

It can further us greatly as we evolve and grow to work with our dreams, and understanding them is the first step toward this. This can be tricky in and of itself, as many of our dreams are cloaked in symbols. Thus, dream interpretation becomes essential in working with our dreams

I consider dream interpretation to be similar to explication of literature (which I did a great deal of and loved in high school and college) – with one major difference: it is critical to bring intuition to the task. Whereas in explicating literature we look for all possible meanings for all possible readers and applications, in interpreting dreams we look for the interpretations specific to the dreamer. And please note that it is “interpretations” in the plural sense. One wonderful aspect of dreams is that any one dream can have several different – and all equally valid – meanings for the dreamer.

Intuition is further essential in interpreting dreams because we all have our own vocabulary in dreams, and our dream symbology and language will be highly individual. Thus, dream “dictionaries” that list symbols and universal interpretations are no help at all in interpreting a particular person’s dream. We have to uncover the meaning of symbols specific to the dreamer, his or her own vocabulary.

Although it may take more effort to use our intuition and came up with the meanings of a dream specific for the “dreamer,” the rewards can be rich and varied as we mine information and gain insight for ourselves and others on their paths.

Aside from working on and developing our intuition, there are some questions we can ask and some pointers in working to interpret dreams:

How did/does the dreamer feel about the dream, both upon waking and in retrospect – pleasure, fear, anxiety, optimism, relief, etc.?

What type of dream does this seem to be?

Allow yourself to get into a very relaxed state of consciousness as you go over the dream’s unfolding sequentially in your mind (or as the dreamer relates the dream to you, if it’s not your dream). What things go through your mind or are evoked as you review or listen to the dream? What percolates up from your subconscious?

Instead of focusing on how “bizarre” the dream seems, approach it as a very rich, cogent, and, yes, respectable, event. Focusing on the bizarre quality alone serves to distract us from the credible validity of the dream and the richness in insight it can offer.

Work with each symbol independently in the dream. Focus on a symbol, while asking



yourself (or the dreamer), "What does this mean to me (or you)?" I once had someone tell me she had had a dream with a cat in it and was worried because someone had told her that a cat in a dream means death. When I asked her how she felt about cats, she replied, "Oh, I love cats!" Remember that any one symbol can have more than one valid meaning.

What is the general theme of the dream? What area(s) of your (or the dreamer's) life is it related to (work, relationships, childhood, etc.)?

Go over each "story" segment of the dream and work to understand it as a discrete unit.

Put all the pieces, or segments,

of the dream and their meanings together. What picture emerges? How does each segment relate to other segments?

Pay attention to any words or phrases that are prominent in the dream. Puns and plays on words are often meaningful in dreams.

Look for any elements that may have particular significance for you (or the dreamer). What do these elements mean? (For example, a numerologist may have numbers pop up in dreams and these numbers may have numerological significance that contributes to the dream's meaning(s).

Look at the other people who appear in the dream. How do you

(or the dreamer) feel about each person? Further meaning may be gained by also looking at each person as you (or the dreamer). Are these people parts of you (or the dreamer) that are embraced, disowned, or suppressed?

Remember, again, that any one dream can have several different meanings. What different meanings does the dream have? What pictures emerge? What is the dream telling you?

Working with our dreams can be extremely rewarding as they further our process and facilitate our personal and spiritual growth. They can point out issues we are working on or need to give attention to. Dreams, indeed, can be great gifts.

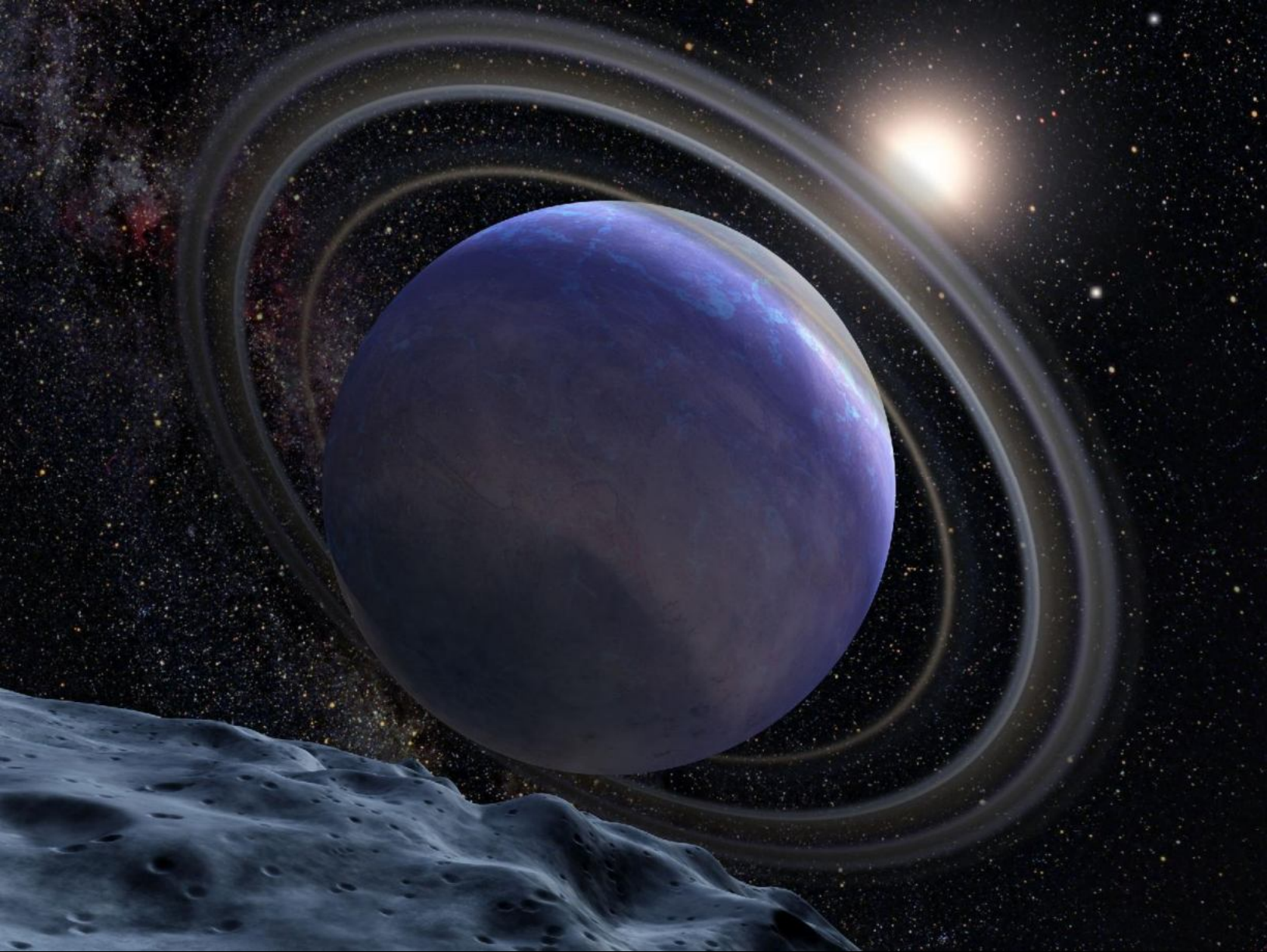
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'It has been estimated that there are between 1 billion and 30 billion planets in our galaxy, and about 100 billion galaxies in the universe. Knocking a few noughts off for reasons of ordinary prudence, a billion-billion is a conservative estimate of the number of available planets in the universe. Now, suppose the origin of life, the spontaneous arising of something equivalent to DNA, really was a staggeringly improbable event. Suppose it was so improbable as to occur on only one in a billion planets. [...] Even with such absurdly looking odds, life will still have arisen on a billion planets - of which Earth, of course, is one.'

- Richard Dawkins, from *The God Delusion*

Hubble Finds Hidden Exoplanet in Archival Data



In 19 years of observations, the Hubble Space Telescope has amassed a huge archive of data--an archive that may contain the telltale glow of undiscovered extrasolar planets. Such is the case with HR 8799b, shown in this artist's concept. The planet is one of three extrasolar planets

orbiting the young star HR 8799, which lies 130 light-years away. The planetary trio was originally discovered in images taken with the Keck and Gemini North telescopes in 2007 and 2008. But using a new image processing technique that suppresses the glare of the parent star, scientists

found the telltale glow of the outermost planet in the system while studying Hubble archival data taken in 1998. The giant planet is young and hot, but still only 1/100,000th the brightness of its parent star. By comparison, Jupiter is one-billionth the brightness of our sun.

EXCLUSIVE INTERVIEW *with*

William J. Birnes

Publisher of UFO Magazine & star of UFO Hunters

Dr. William J. Birnes is an American writer, editor, book publisher and literary rights agent. Best known as publisher of UFO literature and head investigator on the History Channel documentary series UFO Hunters, Dr. Birnes received his Ph.D. from New York University in 1974 in linguistics. He is a New York Times bestselling author, publishing works such as *The Day After Roswell*, *Space Wars: The First Six Hours of World War III*, *The Riverman*, and *The Psychology of Serial Killer Investigations: The Grisly Business Unit*. His active fields of study include human behavior, true crime, current affairs, history, psychology, business, computing, and the paranormal.

On Friday, December 13, 2009 Jeremy Vaeni interviewed the History Channel's UFO Hunter William J. Birnes in the Mabus online chatroom

Jeremy Vaeni:

Bill, you wrote "The Day After Roswell" with Corso and have since done a UFO Hunters episode about Rosewell. How well does Corso's into stack up against what you uncovered in that investigation.

Bill Birnes:

The two stories are actually unrelated. Corso only talks about what happened after. The Rosewell story itself is more before than after. What we found from the witnesses is that there was activity before the crash and what Corso says really didn't happen to hum until 1961.

Jeremy Vaeni:

From all you've learned thus far do you stick with Corso's story as most likely?

Bill Birnes:

Corso only handled the debris, but the real story is what happened to the debris form Rosewell to Ft. Worth and Ft. Worth to Wright Pat and then to the Pentagon. I stick with Corso's story because it was backed up by his commanding general Arthur Trudeau in his memoirs written in the 1970s.

Agent731:

Mr. Bill... Do you believe there is a second Roswell Crash site?

Bill Birnes:

Yes, it was at St. Augustine... Actually three crash sites because of where an escape pod came down about 30 miles away from the first site... It was really through the Corso story. A movie company had asked me to write his book and then represent it to a publisher. I did, then I helped in financing for UFO Magazine. Before long, I was involved with History Channel's UFO Files.

RNA Brand:

Mr. Birnes, how credible are the witness accounts into the before and the after of the Roswell case? Have there have been any infiltration of these accounts by outside forces, say the military, media, or other?

Bill Birnes:

The third crash site was only the place where an escape pod came down. That's where the alien bodies were... The big infiltration came from Frank Kaufmann, a disinformation guy who said he was Army CIC, who was in the 509th lower the night of the crash. He was a complete fraud and probably a disinformed guy.

Thomas Francis Lane II:

Mr. Birnes, are you familiar with the Soviet Roswell investigations and the rumors of a crash site in Russia?

Bill Birnes:

Soviet Roswell? Yes, we covered that in a UFO Files episode. It was a really strange case near the Russian version of Area 51. Our guest for that episode was Kruschev's son.

Gareth:

Bill, did you see an NSA anti-gravity platform out in the desert near Vegas? How positive are you that we have that technology?

Bill Birnes:

We did see that platform. We thought at first it was a flying saucer or something because it was just hovering there in the sky where no planet or star was. Then, when I texted Nancy that she found it, it simply lowered itself below the horizon.

Scuba_s:

Do you think most pilots are afraid to speak about anything they see?

Bill Birnes:

Pilots are generally afraid to put themselves on the line just for a UFO sighting.

Goldielocks_zone:

I recently heard that NASA will be investigating UFOs. Are you excited about that and will you be working with them in any aspect of that?

Bill Birnes:

I think that NASA "investigating" UFOs is kind of like the fox and the henhouse. Inside NASA there is a special access projects group that know all about UFOs and what the astronauts have seen.

Ace:

Bill, I'm being serious... As much as I'd like to be a member of the UFO Hunters team, do you think you guys need a babe for ratings? Have you considered that?

Bill Birnes:

Network demographics say that in the clubhouse "no girls allowed."

Tallen:

What about SETI, are those people for real?

London_Guy:

Is there any sign before a UFO comes? And if so, what are they?

Bill Birnes:

SETI is for real and there are plenty of signs before UFOs pop up. Sometimes they come out of the clouds they generate... Sometimes you can see a light very far away.

ScienceJunkie:

What concrete evidence is there that aliens have landed?

Bill Birnes:

Lots of concrete evidence, like the Delphos, Kansas case. Lots of track evidence, eye witnesses, a landing site that is strange even today decades later.

Antigray:

I found out from Corso's son that Phil Sr had left boxes full of documents at his house and I had put Phil Jr in touch with you a while back to send them all to you. Was there anything "interesting" that turned up that you can talk about?

Bill Birnes:

I have all the documents that Phil Jr has from Phil Sr. There are a lot of documents. Some have been published in the Spanish translation of "The Secret War" [while] others in the Italian version. I will get out the English version soon.

ScienceJunkie:

Have any aliens tried to contact a main central government?

Bill Birnes:

ETs probably did back in 1855 to stop the air-war we were fighting with them. Both sides lost craft. We lost 200 planes. It was a standoff between USAF and about 9 craft, the craft that were seen by Kenneth Arnould over Mt. Rainier.

Thomas Francis Lane II:

Mr. Birnes, do you think President-Elect Barack Obama will allow civilian investigations into classified documentation regarding the Roswell incident?

Bill Birnes:

Classified info contains much more info than the government will ever release: names, places, weapons, tactics, etc. So no, they will never release those.

This interview was conducted by Jeremy Vaeni, Culture of Contact director and Mabus Incarnate staff member. In 2007, Culture of Contact formed out of a loosely-knit group of "experiencers" who came together to create an annual multimedia festival-like conference in New York City. CONTINUUM magazine would like to thank the efforts of Jeremy Vaeni, Culture of Contact, Bill Birnes, RNA Brand, and staff members of Mabus Incarnate for making this the most successful chat interview to date.

Sci-Fi Channel's Greatest

The Best Television Shows Science-Fiction Has to Offer

The best shows on Sci-Fi right now have to be *Stargate SG-1* and *Battlestar Galactica*. Although Sci-Fi is only airing reruns of *Stargate SG-1* this show by far great science fiction series that should continue to be broadcasted to the next generation. However, nothing compares to the re-imaged *Battlestar Galactica*.

Stargate SG-1 began as a movie titled "Stargate" in 1994 which featured actors Kurt Russell and James Spader. Although the movie was not a large success upon its debut, it would spawn the series *Stargate SG-1* in 1997. Handed over to creators Brad Wright and Jonathan Glassner, *Stargate SG-1* blossomed into the longest running science fiction series and became the hit of Showtime's Sci-Fi Fridays until the Sci-Fi Channel picked up the series in 2003. With actor Richard Dean Anderson ("MacGyver") as a lead role in the beginning of the series, *Stargate SG-1* had a "must see" appeal and captured unlikely audiences. *Stargate SG-1* has two spin-offs: *Stargate Atlantis* and *Stargate Infinity* and two motion pictures. Keep an eye out for a third series, *Stargate Universe* which is rumored to begin airing in 2009.

But the show that dwarfs all other science fiction series is *Battlestar Galactica*. Not the old cheesy version from the 70s, but a new, re-imaged version sparked by

the 2003 miniseries. Using the basis of the 70s show, a war of the 12 Colonies of Man against the robotic Cylon army, the show was reintroduced and recreated by Ronald D. Moore to appeal to the twenty-first century. Engulfed in a war for survival, humans battle terrorism, uncover sleeper cells, sacrifice their civil rights in the name of security, engage in promiscuous behaviors, combat corruption in government, fight religious fundamentalism, and try to conserve as much as possible. The problems of today are portrayed in the setting of a futuristic civilization at the verge of collapse. The artistic value of the amazing digital effects is enhanced with camera angles that resemble journalists embedded within military units. The unsteady camera and quick zoom action gives the movie-quality digital effects an even more realistic feel.

The *Battlestar Galactica* series follows the path of nearly 50,000 people who survive an apocalyptic attack by the evil machine warriors known as the Cylons. Built by the humans themselves to fight their own inter-planetary war, the Cylons became sentient and turned on their creators. Humanity united to fight the Cylons and fraught them effortlessly until an



armistice was reached. For twenty years, the humans had no official contact with the Cylons until their unexpected attack. Thanks to the efforts of Number Six, a humanoid Cylon who embedded herself into the development of a new defense system for the twelve colonies, the Cylons simultaneously destroyed the twelve human colonies with nuclear weapons. Only a few vessels, which had yet to receive the defense upgrades, were able to escape with a small very percentage of the population. The Secretary of Education, who never had any desire to become president, became the president of the Twelve Colonies. She, along with the commander of the only battle cruiser to survive armageddon, search for the mythological thirteenth colony of Earth. In their fourth year of the search and being closely pursued by the Cylons, the surviving humans battle amongst themselves on how to proceed while living in fear of terrorists and religious fundamentalists all the while facing a lost of freedom, the growing power of the military in their society.

Battlestar Galactica came to an end this past March, leaving viewers with a lot of questions. We saw the final episode of the series focus solely on the characters rather than some spectacular final battle, much to the dismay of many male followers.

But Battlestar Galactica did not end with the founding of civilization on Earth, a new series Caprica, is set to begin this fall. Caprica starts 50 years before the events portrayed in the Battlestar Galactica series.

Also, another Battlestar Galactica movie is due this fall, The Plan, which tells the story from start to finish from the Cylon point of view. It has been suggested that after watching The Plan, fans will have to go back and watch the entire series over again.

Another series due this summer is a jumpstart of the Stargate franchise, Stargate Universe.

Unlike any other Stargate series, this one is aimed at a younger viewing audience and will take place in a distant galaxy, much like the beginning of Stargate Atlantis. With the failure of Stargate Atlantis as a viable series, due mostly to a fluctuating cast and over-done storylines, Stargate Universe will feature new villains in a new galaxy and the humans will be completely cut off from Earth. Although it sounds an awefully like Star Trek Voyage, perhaps Stargate Universe is just what the Stargate franchise needs.

Sci-Fi Channel has many original series, some that share characters and plotlines, such as Sanctuary. The current trend has been to focus on drama rather than the sci-fi aspects of the shows. Who knows what Sci-Fi Channel will think of next.

by Jarred James Breaux

WHAT IS YOUR FAVORITE SCI-FI CHANNEL ORIGINAL SERIES?

- A. Battlestar Galactica
- B. Stargate SG-1
- C. Stargate Atlantis
- D. Doctor Who
- E. Eureka
- F. Sanctuary
- G. Moonlight
- H. The Sarah Jane Adventures
- I. Primeval
- J. The Dresden Files
- K. Joan of Arcadia
- L. Jericho
- M. Farscape
- N. PainKiller Jane
- O. Flash Gordon
- P. Tru Calling



Family

Portraits



Children



Graduations



Outdoors



Weddings

otography © 2008



Spirituality

Creating Connections Beyond the Physical

Spirituality refers to a person's perspective on the world and the nature of existence. This concept is frequently tied to religious faith, but spiritual belief can exist without reference to a higher deity. A person's spiritual beliefs extend beyond time and matter. They encompass philosophical ideas beyond the material, worldly realm. However, this is inevitably a subjective realm. Spirituality is an individual perspective, which each person must define for his or her own self.

Ultimately, spirituality refers to a perceived connection. This connection can take many forms. For some, spirituality means connecting with the natural world. Such persons believe their lives and purpose as intricately tied to the Earth. Other spiritual views center on a connection to a metaphysical realm. This may refer to a religious ideology or a transcendent emotional experience. Manifestations of such spiritual belief are often associated with meditation or other altered mental states. Some simply refer to spirituality as a connection to a greater energy force. This force can either exist within an individual or in some external realm the individual seeks to enter.

There are several common elements of spirituality, which exist

exist across numerous cultures and belief systems. For example, the idea that each person travels a spiritual path to reach some enlightened or perfected status is accepted by many traditions. To succeed on this philosophical journey, a person must follow certain behavioral norms and adhere to a moral code. Additionally, many believe the spiritual world can only be reached after some break with the physical world. Thus, common spiritual practices include the symbolic or literal disposal of material possessions and worldly ties.

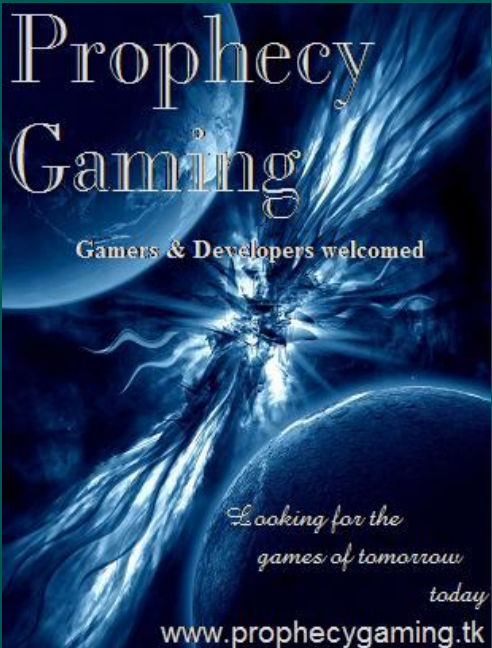
For some, spirituality is also inherently tied to physical wellbeing. In fact, there is some evidence to suggest that spiritual practices, such as meditation or prayer, can influence a person's health. However, due to its esoteric nature, spirituality seems beyond empirical study. Thus, spiritual issues do not often mesh with scientific discovery. However, this has not stopped some researchers from attempting to reconcile the two. Most notably, perhaps, is Ken Wilber who proposed the "Integral Theory of Consciousness," which seeks to explain the universe through

both the scientific principles of physics and spiritualism.

Some researchers have moved beyond human spirituality and sought to uncover whether animals have spiritual experiences. Most notably, studies of chimpanzees have shown that these primates participate in displays of mourning, love, empathy, and curiosity. This indicates they are capable of "higher" emotions, and could possess some level of spirituality. Building on this information, researchers have suggested that human spirituality began prior to the evolution of modern, homo sapien man.

Spirituality is something that each and every human experiences on some level. It can not be strictly defined or studied. However, it has fascinated people for millennia and continues to play an integral role in the human experience.

by John W. Martin



Mabus
incarnate

Dark Perceptions

cover up

lost histories

VISITATIONS

extraterrestrials

Submitted Paranormal/Supernatural Reports

At the Mabus Incarnate website, visitors are able to submit paranormal and supernatural reports to be archived for research purposes. Here are a few of the experiences that have been submitted to the website.

Type of Experience: Déjà vu

Location Type: Other

Location Area: Johnson City, Tennessee

Date: December 29, 2007

Experience: It's not only déjà vu, but an out of body experience. I work with a paranormal group. I went outside to take out the trash at my own home. I was next to a wooded area. I have no neighbors. There was one small flashlight like light in the woods, then two, then seven, then five, then hundreds. Soon I felt like I was blinded by a light. not god like, nor evil. I like a warming sensation at first, then pain all over. Like knives. and the white became overpowering. and it felt like I had felt this before. I must have past out or something, but it felt like I was floating. I woke up with a really horrible headache and I had bruises all over my arms and inner thighs. But not bruises like I had been hit, but like bruises from something on the inside of my body.

Type of Experience: Abduction

Location Type: Rural

Location Area: Rachel, Nevada

Date: Fall 1998

Experience: Me and 3 friends decided to go camping at what is well known as area 51. 2 of the 3 friends were brothers whose mom had a UFO support group type deal. We all thought they were nuts but whatever, difference is what makes the world go round. So Heath and Eric suggested going out to area 51 and checking it out. Living in Las Vegas it only took us a couple hours to get up there. When we got there it was already late and the Little Alien Inn Hotel was closed. We had no idea where to go but with a 4X4 we made our own road. We ended up on a road maybe 8 lanes wide and made of dirt and gravel. At the end of the road all we could see was a bright red light kind of like a stop light. We assumed it was a guard shack so we stopped on the side and set up camp. Being younger, we brought beer and some pot to smoke. We watched the sky which was truly awesome, very cool test aircraft or something. You would see a light just barely moving and then it would be gone and show up across the sky somewhere else. It was cool. We all passed out in the back of my friend's truck. My friend who drove slept inside of the truck. He locked his doors and we passed out in the fall night. I have a memory of guys in black doing something to us but it is like a dream memory. All I do know is that when we woke up in the morning, we were extremely lethargic and grogy and all of our watches were changed to different times, none of them the same. It was weird; it was like we had just come out of surgery and felt the anesthesia wearing off. We never found out what happened that night but it is a night we all will never forget and talk about it whenever we see each other.

Type of Experience: Haunting

Location Type: Rural

Location Area: Virginia

Date: January 1, 2008

Experience: My friend Leslie owns a 1800s farm in Virginia and we captured many EVPs on her property. One young boy spirit told us his name. It was kind of creepy picking up those EVPs at first but now we are hooked. Her spirits are friendly and the neighborhood folks all know this home to be haunted. It was owned by a General in the past and his wife was sensitive to ghosts. She had told the neighbors of its friendly spirits before.

Type of Experience: UFO Sighting

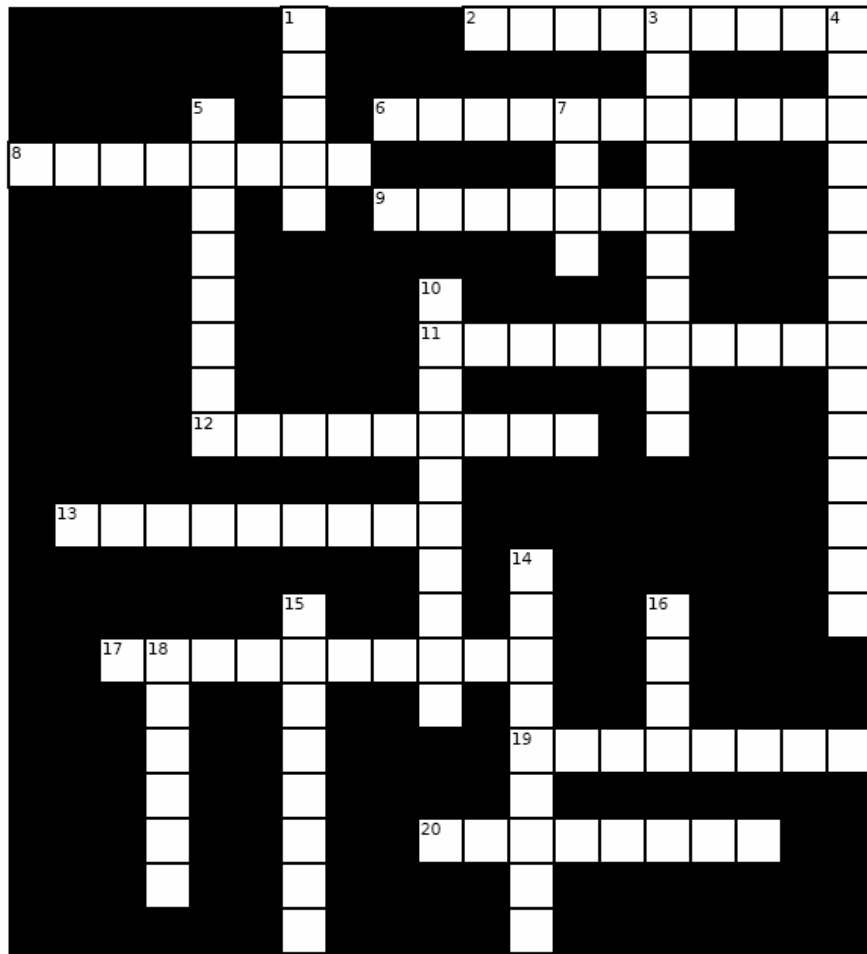
Location Type: Rural

Location Area: Parkesburg, Pennsylvania

Date: June 1997

Experience: It was early summer, and I had been spending time with my girlfriend in her hometown of Parkesburg. This was on the very edge of Lancaster, one of the most Amish populated towns in America. We normally went for an evening drive on Creek Road, an eight mile long road that many locals enjoyed driving for the scenery and the farmlands. The skies were always crystal clear and you could see more stars than you could count. We'd spend hours parked on the side of the road laying on the hood of the car staring into the cosmos. On one particular night, we were laying out on a cool night; there was barely a cloud in the sky. We were having a discussion, and something had caught my eye. I almost immediately wrote it off as an airplane as it was bright and white, but didn't seem to be circular, but in the form of a triangle much like the cockpit and the lights on the wings of an aircraft. It was high in the sky, but was the brightest thing in the sky besides the moon. She paid no attention to it; I continued to watch it as it sped across the sky. The movement it made next completely blew me away, it changed course. It didn't maintain its steady straight line, instead appeared to rotate slightly, make about a 120 degree hook in the opposite direction and flew away with a meteor-like tail and disappeared in a matter of a second. It reminded me exactly like seeing a shooting star in its movement, the sudden straight line and rapid disappearance. The speed was uncanny, and there was no mistake that what I had been watching in the sky was a craft of some sort. I laid there staring at the starry area and Alexis had asked me "What's Wrong?" with concern. I looked at her, and said "You didn't see that?". She replied with a no, and I stared back up wondering if I should even state what I had just witnessed. I then spoke to her "That object in the sky. it took off in the opposite direction and disappeared almost in an instant. I think I just saw a UFO" Expecting her to laugh or answer in disbelief, she casually replied with "Did it almost resemble the Nike Swoosh logo?" I was stunned, as that is about exactly how I would describe its flight pattern immediately before disappearing. I didn't reply; I just stared at her. She continued with "I've seen it before, my mother has seen it more than once, and there have been reports of it on a number of occasions since we've lived here." It was apparently something that other people have witnessed in this small community on separate occasions.

Cosmic Crossword



Across

Down

- 2 Area 51 is also known as
- 6 Physical evidence of Alien visits
- 8 This project was the last
- 9 An individual who discredits and exposes claims as being false
- 11 President who commissioned the Jason Society
- 12 A weapon to destroy alien underground bases
- 13 A UFO investigator and researcher
- 17 An exceptional, unusual, or abnormal person, thing, or occurrence
- 19 The highest security level known, thirty-eight levels higher than Top Secret
- 20 UFO writer and abductee Whitley

- 1 The star system known as the home for the taller Greys
- 3 Large UFO out of which smaller craft come and enter
- 4 A strategy used by the governments of the world to cover up any knowledge they have of UFOs
- 5 A human or an animal that's been captured by an alien
- 7 The alien base on the far side of the moon
- 10 Sea saurian "sea serpents" such as the so-called Loch Ness Monster
- 14 The alien creature in the Alien movies with Sigourney Weaver
- 15 The star in the book of revelation that fell on the earth when the "third angel" blew in his trumpet
- 16 Often missing after an abduction
- 18 These tend to make people question the validity of UFO sightings

1 Orion 2 Dreamland 3 Mothership 4 Disinformation 5 Absuctee 6 Mutlations
 7 Luna 8 Bluebook 9 Debunker 10 Levitahans 11 Eisenhower 12 Excalibur
 13 Ufologist 14 Xenomorph 15 Wormwood 16 Time 17 Phenomenon
 18 Hoaxers 19 Majestic 20 Stieber

Alien Abductions

Perhaps the most common account of alien encounters involves claims of abduction. During an alleged abduction, the victim is kidnapped from his or her surroundings by an extraterrestrial creature. Abductees report a variety of experiences during their encounter. In many cases, this involves medical procedures and experimentation. However, all are ultimately returned to their original location.

One of the first alien abductions to be highly popularized was the case of Betty and Barney Hill. The Hills, who lived in New Hampshire, reported being abducted in September 1963. The couple is said to have observed a UFO while driving home from vacation. After being allegedly abducted, the couple was examined by the aliens, who conducted medical tests. Then, the two were able to continue their drive home. However, both reported strange after-effects, including damage to clothing and extreme fatigue. The Hills underwent hypnotic sessions to recall as many details as possible, and their story was repeatedly published for years to come.

Most alien abductions include the same types of events. Humans are usually taken on board a spacecraft to be tested for some

medical purpose. The abductees may also communicate with the aliens and receive a tour of the vessel. However, most details of an abduction are forgotten by the victim when they return to Earth. There is also a reported loss of time, which cannot be explained. Hypnosis is often used to bring out additional details of an encounter. This has met with varying levels of success and been the subject of some criticism due to a hypnotist's ability to influence memory. In a few cases, physical scars or implants have been discovered in abduction victims.

Several distinct types of aliens have been reported in encounters. Perhaps the most common are creatures defined as "Greys." Greys are said to be shorter than the average human with large heads and no hair. As their name suggests, their skin appears grey in color. In some cases, people report seeing human-Grey hybrids during abductions. Greys have been reported since the early twentieth century, and these aliens were the focus of the Hills' abduction.

In Europe, many encounters are associated with "Nordic" aliens. They are said to resemble the image of tall, Aryan humans with light hair and skin. Nordic aliens are generally seen as benevolent.

In a few cases, both Nordic and Grey aliens were said to occupy the same vehicle. Thus, some believe

that Nordic aliens are actually manifestations of human-Grey hybrids, as noted above. Others claim these Nordics are holograms created by Greys to calm abductees.

There exists little, if any, empirical evidence to support claims of alien encounters. Therefore, many people remain unconvinced that reports of such incidents are true. However, for those who report an encounter, the experience is very real. Thus, numerous believers continue to support the idea that extraterrestrial life exists and has repeatedly made contact with humans.

by John W. Martin

THE

UFO

PROBE

The media seems to be all over the topic of UFOs in America lately. CNN even showed pictures of supposed UFOs over Obama's Inauguration. This segment was shown worldwide, not for very long though and just enough to whet the interest of the public's appetite.

We must sit back and ask ourselves why, as there are many probable conclusions. These events are being showcased through the American media more so than any other country's news source. This is, of course, a positive sign for those who seek the truth, but I am still left with many questions. Are they truly celestial crafts from other dimensions? Are they flown by advanced beings that we call extraterrestrials?

There is never much emphasis

put on what these crafts truly are, although there is always speculation from people brought in from the media who are supposedly experts in this type of aerial phenomenon. The specialists ramble about government secrets and intergalactic wars and space battles right over our very Earth, like something straight out of some cheesy Sci-Fi B-movie. When it comes to the media there is a mysterious process of releasing UFO material over the airwaves. Many years ago it was not allowed on the air at all. I am wondering now if the government is behind some of this information recently hitting the air waves. When you have foreign enemies abroad rambling about God being on their side just as much as we come forth with "God Bless America" after we drop the bomb, the benefit of showing this material is for an air of power and mystery.

Having advanced military technology over Obama's Presidential speech could set an air of fear to our enemies. To have them think we are in talks or in league with beings from other places could make us seem much powerful to other countries who are against us.

There are so many opposing view points and so much conflicting information. We literally are swimming in a flooded ocean of lies and truths, not knowing where to fish to catch a morsel of anything of importance. With the influx of UFO information out there, including the current release of UFO files from Britain and soon to be Canada and many other countries, everyone seems to be looking at America in bewilderment for answers.

America, in the air of the public realms, does not seem to give any of the rats even a piece of cheese.

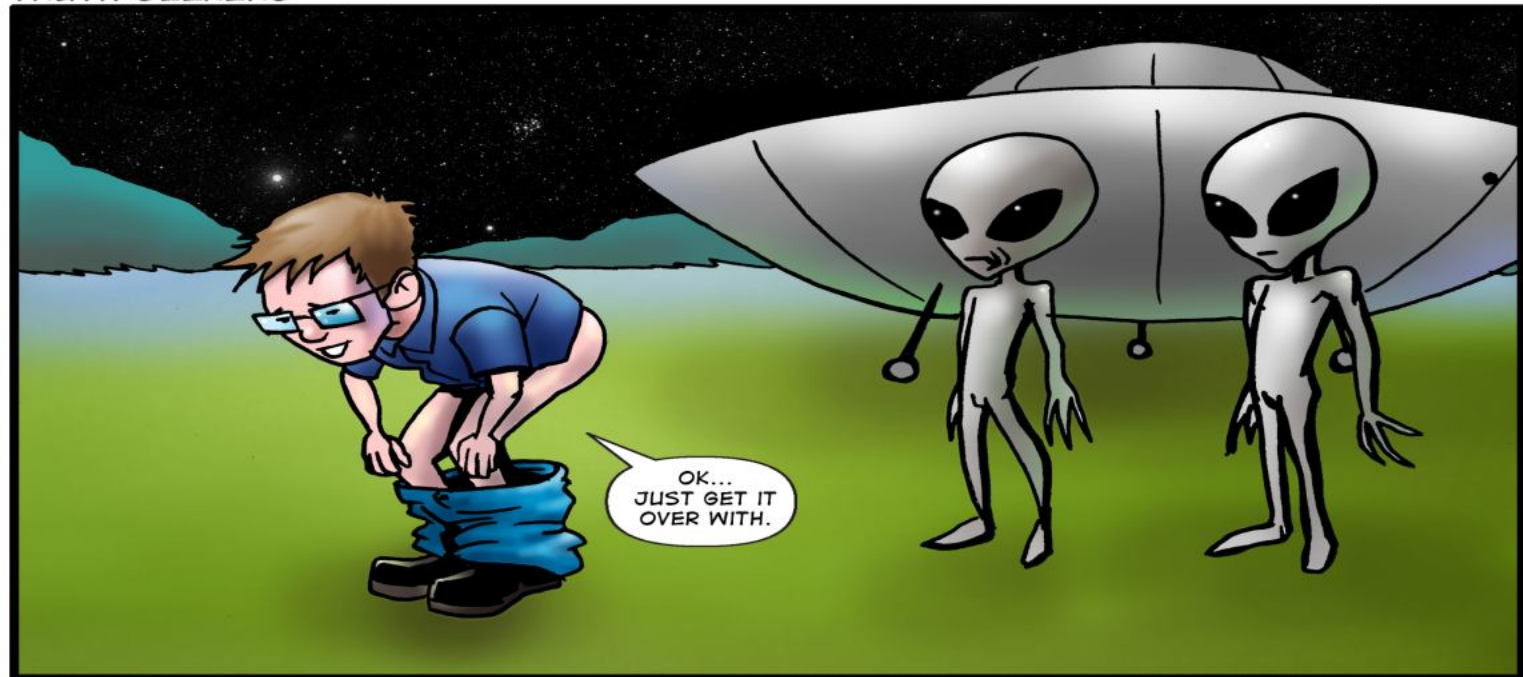
Many other countries are fed up with this 'holier than thou' attitude of withholding important information from the world. Recent articles have been released claiming the Obama administration plans to release UFO files on many levels, and even Hilary Clinton's name has made it into the mix. John Podesta on Obama's staff is an X-Files kook who is heading up the quest to release this information to the public. We are all sitting back wondering if the United States government will indeed finally release the truth. Millions have seen UFOs and there are so many video recordings out there that the truth can no longer be denied. We do indeed have many strange objects floating around in our airspaces all over the world, we

just do not know if they belong to the people of the Earth or to other beings. Or perhaps is it technology derived from other being's technology that we have worked deals and trade embargos with behind the public's prying eyes. We know there is a veil of secrecy and trickery when it comes to UFOs especially in America. How many people have seen these crafts and been terrified out of their minds late at night? Policemen, mayors, doctors, and ordinary town's folk have all had sleepless nights because they saw some weird object floating across the tree tops and it scared the living silly out of them. The government keeping this information from the good people is a sign of them not caring much about what their people fear.

Fear can eat our nation from the inside out. Having fear of aliens hovering over our homes at 3 am is not healthy. People have become recluses from seeing UFOs and some

have gone mad as a Cheshire cat wondering about all of this. It is time for the lid to come off of this strange legacy, and for the American government to step forward and take the lid off of this Pandora's Box. Release the truth in all its angelic and demonic form. We have enough fears plaguing us from the paranoid aspects of the dark side of religion where invisible enemies haunt us and cause us harm, and now, unknown raiders from the skies. We seek resolution to know the truth of UFOs during this lifetime. I for one hope it is indeed celestial visitors who are here in our best interests, but the skeptic in me wonders in bewilderment if it is just our own Richard Nixon government themselves flying around in their celestial hot air balloons late at night having Margaritas and laughing at us whilst they play bingo.

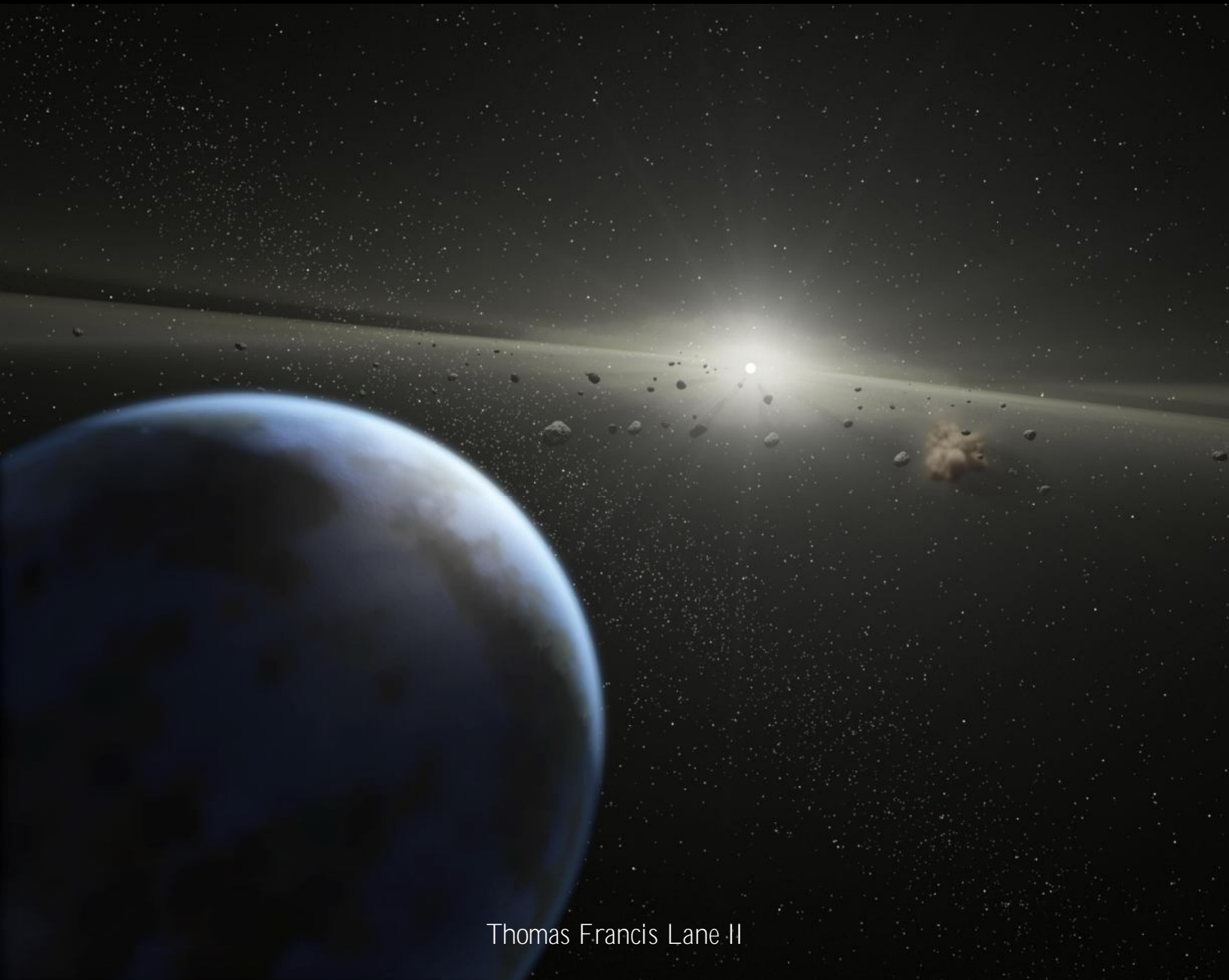
TRUTH SEEKERS







PREMONITION *or* DREAM



Thomas Francis Lane II

My eyes spring open as I let out a breath of despair. My body shivers in a cold sweat and I stare at the ceiling. "Waa." [Silence] "Waa," my youngest son calls for me. Forcing myself to sit up, I look towards the night stand and strain to see the clock. [5:15am]

I look to my right and see Amber curled in a ball; sleeping oblivious to the world. "Waa," he calls for me. "I need to get up. Get up," I command myself. I take a deep breath, and wrap my arms around my body. I'm clammy, but I don't feel sick. I try to blink myself into awareness. "Waa."

I press my palms into the mattress and swing my legs off the side of the bed. They move like their in casts, and my feet drop to the floor [thud]...and I sit there. "Waa." My skin stings as the sweat dries. I stand up and sway as I recollect the jolt that woke me...chaos. "Waa."

I stumble clumsily through the hallway on into the kitchen and fumble for a bottle. I unscrew the nipple, set them down obnoxiously and retrieve the milk from the fridge. "4 ounces," I say aloud, and rescrew the nipple. "Waa." "Coming Aydan, be patient, I'm coming," I whisper head of me.

I walk into my son's bedroom and notice the darkness. The sun hasn't risen yet, and my eyes are slow to adjust. He's sitting upright in his crib, with a little hand reaching up to me. But those little fingers aren't wanting me...they're welcoming the bottle in my hand. He coos as he grips the bottle, falling back into the bed and then pulls his whobbie close to him.

"Why weren't you there? Where was your brother? Where was my Tommy?" I think to myself. My mind still shadowy from sleep, I tap on the railing lightly as if to sooth my son, but really it's to sooth myself; I turn from his room.

"My job is done," I croak out hoarsely and pace back to my side of the bed. I slither under the blankets and retch from discomfort. The blanket is damp...and cold. I grunt my annoyance and maneuver some of Amber's warm covers over myself.

I fumbled and stumbled, and froze, and pushed myself out of bed to service my boy, and now I'm wide awake. [Sighs] I lie on my left side, my back thieving Amber's warmth, and try to place myself in the nightmare that woke me.

It was far beyond dusk, and I couldn't see the moon in a virtually cloudless desert sky. There were mountains in the distant North and the Eastern horizon was clear. I paid no attention to the West, or to the South, I just stared east and studied the flat plains of a desert spotted with flora.

There was a building a few yards behind me; an old airplane hanger; metallic and rusty in color. Amber was standing a few feet in front of its open bay door. To my sides were two men around my age; mid thirties. Both tall, slender, and clean cut; geekish and wholesome. I knew them, but didn't recognize them, and couldn't make out any of their features.

I could sense others behind me...somewhere in the lightless hanger, but couldn't see them, and didn't care to look. I knew them, or...I knew of them. I couldn't feel the climate; couldn't feel a chill, or any heat. I couldn't smell the open air, and I had no concept of time or date, only that it was night.

Something in the sky streaked past from West to East and left a hazy trail. I looked up and saw a few more streaks of red and orange. At first I didn't understand what I was looking at, but then I recognized what it was; a meteor storm. I had never witnessed one in person but I'd seen them in archived footage.

My companions must have noticed the phenomenon at the same time I did. They became antsy and excited, as if they expected the light show. They hopped excitedly for a moment and half challenged each other to investigate it. I didn't know how I knew these men, but found myself wondering if they were astronomer or scientists of a similar collar.

Suddenly the night sky lit up as a barrage of meteors and their tails crossed over head and vanished into the horizon. My company left me running towards the East; in the direction of the onslaught. I heard an anxious commotion behind me and wondered if I was part of some scientific gathering to witness the celestial event...but something told me I wasn't. Something inside me was fearful, and I didn't know why.

I stepped backward cautiously and six meteors streaked overhead. Their tails were different now; more like lasers cutting through atmosphere, and I saw it. I saw a mass that couldn't have been a meteor; maybe a comet, but it's high, too high. It's bigger than a comet..."Is that an asteroid," I thought to myself.

There wasn't a tail like the others, and it crossed the night's sky from the West to the East but didn't vanish, instead...its fiery glow ended and then burst into a bright yellow brilliance; flickering out. A millisecond more and it exploded into an hour glass of light reaching to unimaginable heights far above the horizon.

Fear enveloped me and I panicked, almost to tears. I started stepping backward and reaching behind me for Amber's hand, and grasped it. I turned toward the hanger and started to sprint and stopped suddenly. People were screaming from inside the building; from a stairway that appears to lead into a basement.

I craned my neck to the east and saw flicking flames in the distance and a billowing smoke. The entire horizon was lined with a mountain high wave of cloud resembling a volcanoes pyroclastic flow. Terror choked me and I staggered into the darkened hanger only to discover the screams faded into frantic warnings, "it broke through...run!"

I looked towards the voices and the same cloud was billowing out of the stairway and swallowing everyone trying to escape its pursuit. I looked at Amber and saw terror in her eyes, turned back to the east...and woke up. That's the last thing I remember.

I started to drift off into sleep and as I did 2012 kept repeating in my head; 2012, 2012, 2012... I woke up in the early afternoon, just after 10:00am. I saw Amber carrying the laundry bin and our son Aydan chasing after her in a giggle.

It's Tuesday and my oldest son Tommy's with his mother until the weekend. It's just the three of us for now. I pried myself out of bed and made for the coffee maker; priorities. I stood with a sway and watched it brew. Added two scoops of sugar, a French Vanilla creamer; stirred it...and stepped outside for my morning cigarette.

Its cold for April, maybe 30 degrees at most, and the wind feels like razor blades. I smoked, and sipped on my coffee; must have looked like a zombie. My hair was a frizzy mess, my clothes mismatched, and I'm sure my facial expression was nothing more then droopy.

I thought of my dream. "What did it mean," I thought to myself. I'm a notorious skeptic and laugh off anything floating outside of the boundaries of deductive reasoning and logic. If it an explanation doesn't materialize after using the scientific method then it's written off as a fluke or a hoax, or an overactive imagination. If something falls outside of the laws of physics it does-not-exist.

"What is a dream," I ask myself as I burn through a cigarette.

"Dream lofty dreams, and as you dream, so you shall become. Your vision is the promise of what you shall one day be; your ideal is the prophecy of what you shall at last unveil."

- James Allen

THIS PIECE OF PI GIVES MATH EXPERTS INDIGESTION

William Thomas

"Mathematicians are perplexed after a highly complex crop circle appeared in a Wiltshire field - depicting a fundamental mathematical symbol. The circle is, apparently, a coded image representing a complex mathematical number — the first ten digits of pi — and even astrophysicists admit they find it 'mind-boggling' reports not *The Space Aliens Weekly* - but *The Times of London*.

Measuring around 150 feet in diameter, the circular pattern was created in a barley field near an Iron Age hill fort called Barbury Castle.

"Barbury Hill is a well-known place for lovers. It's a bit like lover' lane, but no one heard or saw anything," said Ann Antoni after her husband Jon discovered the 150ft formation early one morning. The Antoni's Bradbury Hill campsite is currently jammed with visitors from throughout the planet, if not the galaxy.

"It has very precise mathematical proportions. It would have been almost impossible for someone to make it so accurately. The barley is very delicate, but not a stem was damaged, it was all just gently bent," reports crop circle expert, Francine Blake. "It happened very quickly. The stems had been heated, like they had been microwaved and cooked slightly."

Retired astrophysicist Mike Reed recognized the symbol as a piece of Pi - the ratio of the circumference of a circle to its diameter. Reed says the barley pattern clearly shows the first 10 digits of Pi - 3.141592654 - with the tenth digit correctly rounded up. The little dot near the centre is the decimal point and the code is based on ten angular segments, with the radial jumps being the indicator of each segment. Mathematicians agree. But they aren't happy about it. And neither are journalists who refuse to report other obvious oddities like chemtrails. This particular Pi does not appear to be woman or manmade.

An astrophysicist has identified a crop circle that suddenly appeared near Barbury Hill in England as the ratio of a circle's circumference to its diameter known as "Pi" - shown correctly to 10 decimal places. The gently bent, slightly heated barley was not broken. And no other signs of disturbance were found - except this perfect piece of Pi.



Above: An aerial photograph of the crop circle at Barbury Hill. The image is a representation of the calculation of pi. Mike Reed recognized the pattern and reported his findings; however, crop circles of this type continue to call on deaf ears.

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Letter From the Editor

This quarter's issue was the first of its kind. We decided to break away from the online newsletter format and break you something more in-depth and professional. The staff of Mabus Incarnate and Alien POD have been working tirelessly with our editors and our contributors to insure a quality production unmatched by other online newsletters.

It was during this time that CONTINUUM emerged from the virtual world and onto the page, offering a print-on-demand format as well. We will continue to offer the online version free-of-charge and the print-on-demand version will only be charged for printing cost.

We would like to thank RNA Brand and Jeremy Vaeni of Culture of Contact for conducting the interview and recording it for future reference. A video of the interview is available through rnabrand.com.

Jarred James Breaux