



The tradition of Tantra, or Tantric Buddhism, has existed in India from as early as the 5th century. The message of Tantra endorses Osho's perspective: that only through total acceptance of ourselves can we grow. In Osho's understanding, Tantra is one of the greatest of man's visions, a religion that respects rather than destroys

individuality, and is an extraordinary method of expanding inner consciousness. These remarkable discourses are original, live recordings made during Osho's extemporaneous daily talks to audiences of disciples and visitors at his meditation retreat in Poona, India. His talks were, and continue to be, central to his work as a mystic trying to find ways to share his experience. And as you listen to this great teacher, you too will enter a state of meditative awareness that will bring you to a new understanding of this direct and visionary approach toward God, toward reality, toward that which is.

Osho is an enlightened mystic whose spontaneous talks to disciples and friends have been transcribed and published in more than 650 books in 35 languages worldwide.