



Lesson 6

Respecting All Dreams

Every human around you is creating their own personal dream. They are choosing, with or without awareness, how they want to experience their dream. They are the masters of their dreams, and they have the free will to choose what they wish to experience for themselves. Just as you do. Allow others to live their dream however they want to live it. Allow them the ability to enjoy their dream completely. They do not have to live in a way that makes you happy, because it is your job to make yourself happy.

One of the most important parts to removing drama from your dream is to have total respect for the dreams of others. When you live your life and enjoy it completely and others are living their life and enjoying it completely, there is no conflict. You are not attempting to control others and they are not attempting to control you. You get the gift to love, loving them for who they are. You get the gift of witnessing them in total enjoyment. Realize that even though you may not enjoy living someone else's life, they enjoy living their life, possibly for reasons you may never understand. Respect their dream and the way they manifest it in their life. This does not mean that you must subject yourself to abuse or suffering to respect someone's dream. No one's dream is ever more important than your own and you should never need to disrespect yourself to please another.

When you reclaim your personal power and you begin crafting a new life, there can be reactions from others around you. When you begin respecting yourself, everyone around you will begin to respect you too. If they do not show you respect, you will not allow them to disrespect you or your dream and the relationship will change or end. When you begin to change your dream, you realize others are still attempting to interact with you based on the old story you were telling. Your family, friends and co-workers all know you as your old story. When you shift your perspective and see your life differently than you did previously, people may not know how to react to you. You changed the rules of the game and they are unsure how to play along. Your newly reclaimed power and freedom may even make them feel threatened by you.

Deep down everyone is seeking the same thing that we are. When they sense you are getting what they want and cannot understand it, it can scare them or create jealousy. It is just their story trying to keep them safe within their belief system. It is their dream, and it has nothing to do with you. You do not need them to agree with you or even understand where you are coming from. Just respect them. Respect yourself and allow things to unfold as they will. You may have relationships that are completely based on gossip or some other commonality. If

you no longer gossip, any relationships based on gossip will have to change or they may no longer exist at all. It can be tempting to disrespect your new dream when you see others react to it with negativity. Remember it is your dream and if you do not respect it, no one else will either. If you respect their dreams, then your dreams can all blend together without anyone's dream dominating one another.

We know that everything we experience is through the filter of knowledge, which means it is also distorted by our knowledge. When we interact with other people, we quickly see that many have stories that are in total conflict to our own. When you open yourself up to listen to others, especially when you do not agree, you begin to learn. You can respect everyone as the creator of their own dream. You begin to understand how each person dreams, and you begin to see it from their perspective. It is not about being right or being wrong. There is nothing to defend, and nothing to debate. You choose to believe what you believe and they are doing the same. They are enjoying their experiences and you are enjoying yours. Respecting their dream is never trying to take their dreams from them or show them how they are wrong. Respecting dreams is also not believing their dream and trying to make it yours. Respecting another's dream is simply harmonious coexistence, allowing the dance of life to flow unfettered where it will, while being part of it.

You have nothing to prove to anyone else. What you believe is true for you in your dream. It is what you choose to believe, and it is perfect just the way it is. When you respect other people's dreams completely, and they have total respect for your dream, it becomes irrelevant if you agree on anything or not. You will no longer be investing all of your time and energy into other people. You will no longer be making assumptions about what you think others may want you to be doing. You can just enjoy being who you are and enjoy each person for who they truly are. Once you stop focusing your attention on others, you have time to focus your attention on yourself and on what you wish to create. Your life becomes your own, and your enjoyment of it is brilliant. There is tremendous freedom in allowing things to be as they are, not making attempts to form everything into a mold you have created and approved of. There is no drama created between you when you have total respect for yourself and total respect for all other dreams. There is only experience left, only life interacting with life. Your attention is no longer consumed with trying to fix, help, correct, or control anything or anyone else. You are free to live your life and enjoy the beauty of it all around you.