



 *The Spirit of Maat*

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# A Scientific Blueprint for Ascension

by David Wilcock

as told to Wynn Free

**David Wilcock** (see also [Wilcock bio](#)) is one of the more interesting people who are making a serious attempt to explain the rapid changes that the world is going through today. Though controversial, his views are well thought out, profound, and backed up by a wealth of scientific data.

We interviewed David on the subject of Ascension and the energetic "shift" — a coming change that, according to Wilcock and others, like Gregg Braden, involves not only individuals but our planet, our Solar System, and the Galaxy itself.

In order to prepare us for this information, David begins with the Story of Creation. We may believe this or not. Certainly, it can't be "documented" in the usual way. But we suggest that you reserve judgment until you have read and absorbed the incredible, provable, scientific *facts* of what is happening in our Solar System and on planet Earth.

— Wynn Free (visit his website at [WynnFree.com](http://WynnFree.com)).

Our origin and evolution

Many sources, including Ra (see companion [Ra article](#)), Edgar Cayce, and others, say that the Oneness essentially got bored or lonely. It needed to do something. It needed to create. It wasn't feeling complete just by having this unified consciousness all the time.

So it conceptualized the idea of breaking Itself up into all these parts, knowing that the parts would be able to evolve by their own free will, making their own decisions. Things would happen that the Oneness was not yet able to understand or comprehend. The parts would have essentially their own creative ability. They would be Co-Creators.

The Great Plan was that at the end, after this entire cycle of universal evolution was complete, all of the parts that had evolved on their own would independently recognize their God Consciousness, renounce separation, embrace unity, and return to the totality of Oneness. The One Creator from that very fact would be highly enhanced, because all of this wonderful creative stuff had transpired in that transition from "One" to "many" and back to "One."

So God is evolving, and not some static Being that just sits there and waits for everybody to catch up. God is experiencing our evolution with us.

### **Galaxies were the first Beings**

My understanding is that God's first manifestations of separate beings are what we call galaxies.

Each galaxy is sort of like a person. The universe is composed of many billions of galaxies, so it would be the equivalent of many Earths' worth of human beings, which is not inconceivable to conceptualize.

Each one of those galaxies is capable of sprouting an entire system of stars from itself. Each one of those stars is the equivalent of a being, and then each one of those stars is capable of giving birth to planets, and each one of those planets is a being.

And each one of those planets, potentially, can be populated with intelligent life.

So this is where you really get into the idea that the universe is an Ultimate Being and there are various gradations of beings that step down from that Oneness. The primary being that we here on Earth identify with would be the Galaxy. Ra refers to the Galaxy as the Logos. Our Galaxy has a personality, a particular way of seeing how it's going to create conscious beings that will evolve and return to God Consciousness.

Our Galaxy's own template for evolution is to produce human beings, and all of the stars are precisely tuned with the proper energy waves to insure that this will happen quite on its own, by the natural physics of the situation.

Let me see if I can explain this in scientific terms.

### **The Galaxy and Harmonic Resonance**

We know that the Sun is actively pumping out spiraling energy waves that drive the planets and moons in their respective orbits. Both Bode's Law and the new Stoneking Resonance theories show that the planets are spaced out in the natural Diatonic musical proportions relative to each other.[\[1\]](#) The very first extra-solar planetary system that we discovered, which was around pulsar B1257+12, also shows these same proportions.[\[2\]](#) The proportional phenomenon supports the idea that every star is pumping out energy waves that create similar planetary systems, as this kind of resonance obviously could not be caused by random groupings of gas and dust.

Then, just like the principles of a hologram or a fractal, within the larger waves from the Sun are subtler, smaller waves. And these are also based on the same musical principles. They all branch out, forming waves upon waves and getting smaller and smaller.

### **The Galaxy is "tuned" to form DNA**

In the optimal planetary system, where there are no major cataclysms or interruptions, there is a specific distance from the Sun where the tiniest spiraling waves will gather a planet's natural materials together to form the DNA molecules of life. The DNA is the wave, and the wave is the DNA.

That DNA is formed in the process of planetary evolution may sound ridiculous, but it can effectively be proven by something known as the DNA Phantom effect. Dr. Vladimir Poponin put DNA in a tube and shone a laser through it, and to his surprise he realized that it actually captured the light and caused it to spiral through the helix, as if it were a crystal. Even more amazingly, when Dr. Poponin removed the DNA, the light continued spiraling on its own![\[3\]](#)

For light to form a DNA helix on its own should of course be impossible — unless the light itself had become harmonically tuned to some naturally existing frequency in the energy of space around it. To me, this says that the spiraling light energy of DNA was there first, and the physical molecules simply formed around the spiraling energy once the planet was at the proper frequency position. The Galaxy is

"tuned" to form human DNA in planetary systems wherever it gets the chance.

### **Darwin's theories are being disproven**

The theory of the Evolution of Species is being disproven because the DNA molecule is just too complicated to have arisen by "natural mutations." Dr. Crick, one of the original discoverers of the DNA molecule, later proved mathematically that it is absolutely impossible for evolution to have ever even begun to produce DNA in the short amount of history that we have as a planet.[\[4\]](#)

### **We are "moving on up" energetically**

So now, we are moving into a new position. Microbiology experts tell us that 97 percent of our DNA is apparently un-used,[\[5\]](#) but I have been told that more and more of the chain is "unzipping" for those who are able to handle the new fourth-density energy structure. These people may not physically look any different, except perhaps more attractive in subtle ways, but internally they will develop greater depths of emotion, perception, intuition, and sensitivity.

Some of the younger people will actually develop telekinesis or the ability to "see dead people." Many others often find that their bodies will no longer tolerate foods of lower vibration, and they are impelled to eat diets high in fresh organic fruits and vegetables.

So as you drift farther away from your parent star, your planet enters into different vibrational energies and will support life in higher densities.

As Ra explains[\[6\]](#), there is an Octave of eight major densities. This is the same as if you played the white keys on the piano, the Diatonic scale. The Octave can also be broken down into a system of 13, which can be seen by playing the Chromatic scale of white and black keys together. There are many densities within densities. Each of these vibratory frequencies corresponds to a specific plane of existence — and/or a specific level of consciousness.

Another teaching of Ra is that all people have higher selves, a sixth-density future incarnative self that is guiding their life and guiding their physical incarnation from the future. The Higher Self basically says, "Look, I know that you're going to evolve to become me. I'm looking back into my past at myself, but I also know that you have free will. I don't necessarily know all the choices that you will make on a day-by-day basis to eventually get to be me, where I am now. So I'm going to help you get to this point. I'm going to show you how to get to where I am, knowing that it's myself that's evolving."

That is what dreams are.

### The nature and purpose of dreams

Dreams are a very high level, distilled message from the Higher Self that comes through to the individual in the language of metaphor. It doesn't matter whether you understand your dreams with your conscious mind or not. It doesn't matter whether you remember them or not. Your dreams communicate with your fourth-dimensional or fourth-density astral self, which I believe is the same self that Edgar Cayce was using to do his medical readings.

It's your astral self that goes through the dream experience. So it's as if you have multiple levels of your being that are doing different things, things that you're not aware of. They're doing all sorts of work, and they're buzzing around — and yet it's all part of you, at the same time.

And this is a very mind-expanding concept because you realize how much more you are than your physical body. You realize how much more you're loved and how much more of yourself there is.

### The Science of Ascension

The keystone to all of this that we're talking about — to everything I mentioned so far — is the idea that evolution *must* come on a mass scale. Ascension is not simply restricted to an idea like the Christians' saying there is going to be this "rapture," where Jesus comes back and ushers in a thousand years of peace. It's a cosmic event, and has been prophesied in almost every major religious and spiritual tradition that has existed on the face of the Earth.

In my new career as research director for the "Time of Global Shift" tour, I provide references to back up these assertions.[\[7\]](#) Let's talk about some of these now.

We'll start with Dr. Alexey Dmitriev from the Russian National Academy of Sciences. Dmitriev did work with tornadoes showing that in the presence of a tornado there are very high electromagnetic fields, visible light, and ball lightning. And there are all sorts of cases where the tornado causes the physical objects to fuse into each other — where matter actually becomes able to permeate other matter. Dmitriev cites cases where two burnt and charred wooden boards were fused together by a tornado, even though they would crumble at the slightest touch. There were pebbles that had gone through glass without breaking the glass; pieces of straw that went through a window and got stuck in the window without breaking it.[\[8\]](#)

All this weird stuff is happening that shows that matter is able to disappear or become permeable to other matter in the presence of a strong enough field.

Then we look at the Bermuda Triangle. In a triangular area off the coast of Florida between Puerto Rico, Miami, and Bermuda, there have been planes lost as well as ships. It hasn't really been active since the 1970s, but certainly it was before then. And we're not just talking about marine vessels that disappear, and you can say, "Okay, well, it sank." We're talking about airplanes that are on radar and have radio contact, and suddenly they're just gone.

In certain cases there have been people who disappear and then reappear. There was a case in the late 1969 where a National Airlines 727 passenger aircraft flying into Miami had lost all radar and radio contact for 10 minutes. Of course, the air traffic controller was highly freaked out by this. Ten minutes went by and communication came back on. The air traffic controller asked them where they had been, *and they didn't know what he was talking about.* They had no perception of anything's having happened. And when they landed, it was discovered that every single timepiece in the entire aircraft — everybody's watch, every chronometer, you name it — had lost 10 minutes! It was as if they basically just winked out of our existence for 10 minutes and then came back. [\[9\]](#)

The more we investigate these vortex phenomena, the more we see that some strange things are happening.

Another vortex phenomenon case involved a group of young hippies who were camped out inside Stonehenge when the stones were struck by lightning. Witnesses saw them all disappear, leaving only the charred pegs of their tents. [\[10\]](#) I believe that the higher energy vibration of the lightning activated the vortex that Stonehenge had been built to harness, which in turn caused this to happen, and I think that the creators of Stonehenge probably used these effects for travel through space and time.

So apparently Stonehenge and the Bermuda Triangle are places where, at certain times, the amount of gravitational and vibrational energy coming out of the Earth exceeds that going into the Earth. You could think of these areas as being akin to holes that have been popped in a plastic bag filled with water — for a certain amount of time, the water would flow out very quickly.

And you can see that in those two locations, there is a history of incidents suggesting that matter has been transmuted in the presence of such an energy vortex.

What we are leading to is that the entire energy of the Solar System is increasing, and that at some point, it will reach a level where it will transmute all life on the planet. That is when Ascension will be manifest.

### **Our Sun is not a nuclear furnace**

Research is now suggesting that the Sun is like a hole that has popped in the energy field of the Galaxy, allowing energy to flow out in a given area; that's why we see it as bright white light.

They've already proven that there's no nuclear furnace going on in there. The amount of neutrinos that the Sun gives off is far too low for it to be the byproduct of a nuclear reaction. There are missing neutrinos. They've known about this for 30 years, and the problem is not being solved — those missing neutrinos simply don't exist!

So the Sun is not a nuclear furnace. The Sun basically represents cosmic energy, the true energy of Creation.

What this means is that the Sun is like a pinhole in space where the energy is flowing out — just like the pinhole in the bag of water we spoke about earlier, or what you would see in the Bermuda Triangle.

And in higher levels of vibration, you see a lot more than just the pinhole of the Sun; you see all the vibrations that surround it. These appear as concentric spheres of energy, like ripples on a pond, which are connected by a spiraling coil of energy that expands on out to drive the orbits and rotations of the planets and moons. Everything meshes precisely together like one giant set of gears. This coil from the Sun has been studied and measured. NASA refers to it as the "Parker Spiral."[\[11\]](#)

Right now, we can only detect these fields with instruments as a form of magnetic energy.

### **The Sun's coil, sacred geometry, and crop circles**

There are many, many crop-circle formations that show these energy systems of sacred geometry and concentric, expanding spheres connected by spirals. So "they" are definitely trying to give us a message. The recent 900-foot long Milk Hill crop formation mirrors the Sun's expanding spiral energy patterns. It contains 409 different circles and was actually displayed on CNN Headline News, as its sheer size and grandeur attracted attention.[\[12\]](#)

And what I am saying is that when the energy in the Bermuda Triangle rises, for example, matter changes. When the energy that the

Sun is producing rises, the spiraling coil wave from the Sun actually expands, pushing the planets into spheres of energy that maintain a higher frequency of vibration. My research suggests that the actual physical sizes of the planets expand spontaneously when this happens — not hugely, but enough.

You can see this in hindsight by going to the idea that if you shrink the radius of the Earth to 55 or 60 percent of its current size, all the continents fit together like a jig-saw puzzle; there's no left-over space. That's called Global Expansion Tectonics.[\[13\]](#)

### **Planetary expansion and the Ascension process**

So as the planet gets farther away from the Sun, it expands on this spiral of energy that the Sun is pumping out at a very slow speed, and it gradually inches farther and farther away. That's why the Ancients said that Earth's year used to be exactly 360 days long, and that they only begrudgingly added the last five and a quarter days after the fall of Atlantis. Five days is just a tiny bump compared to what can happen.

So the farther away you get from the Sun, the more you break into higher levels of vibration represented by a bigger sphere. As the Earth punches into a higher level of energy based on its position to the Sun, it expands in size, because as it moves into that higher energy, the energy within the core actually expands.

What also happens is that this energy "zaps" all the creatures that are on the Earth, because the increase in the wavelength of the planetary spiral is accompanied by a spontaneous burst of energy from the Sun — a burst that has qualities of both radiation and intelligence. The ancient Hindus referred to this burst as the "Somvarta fire at the end of an Age."

So what has happened in the past, at about 50-million-year intervals, is that all the life that had been on the Earth spontaneously dies. And then, all of a sudden, this higher order of creature shows up. The geologists call this "punctuated equilibrium."[\[14\]](#)

A very recent study published by Dr. Bruce Runnegar and other UCLA astrobiologists supports the theory I am discussing. It's been all over the mainstream news since the end of June. The researchers looked at the planetary orbits and ran them back through time with computer simulations that were very precise. To their surprise, they discovered that 65 million years ago, at the time of the most recent mass extinction (of the dinosaurs), there was what they referred to as a "chaotic change in the resonant frequencies of the Solar System." This chaotic change suddenly jostled all the orbits of the inner planets.



[\[15\]](#)

While we're here, we should add that all geologists know that the continents broke apart at this time, having once been a single landmass. We also know that the worldwide sea levels suddenly decreased at that time. This was obviously the Earth's sudden increase in size. The hardened crust of the land broke apart, and all the seas drained off into the new cracks, lowering their worldwide levels.

And remember that the geologist's have discovered that every time you have a mass extinction, you also have a mass speciation — that is, new species arise. That's another aspect of what happens when this energy "zaps" us, causing the planets and their orbits to expand.

For example, there is no "missing link" between Neanderthal man and Cro-Magnon (modern man) because what happened was that Neanderthal got "zapped" and spontaneously evolved. They grew much larger brains and lost the clumsiness of their bodies.

### **The Solar System also is evolving**

This is where it gets kind of strange. This anomalous change, this spontaneous evolution in the presence of new energy, is also happening to the whole Solar System. In other words, it's not just that the Earth is drifting away from the Sun to go into a new position. At the same time the Sun, also, is ready to break out into a new level of energy in the Galaxy. This doesn't always happen. According to Ra, right now we are actually arriving at the end of a 75,000-year galactic cycle at the same time that we are arriving at the end of a more common 25,000-year planetary cycle.

As a galaxy evolves, expanding spheres of energy continue to engulf the stars in that galaxy with higher and higher levels of vibration. This is now causing the intergalactic space around our Solar System to become more and more highly charged. This charge is in turn absorbed by the Sun and radiated throughout the Solar System. So the current "shift" is really a unique event for all forms of vibrational life in our area of the Galaxy, not just for those on Earth.[\[16\]](#)

How can we tell that Ascension is imminent?

Here are some *measurable* changes in our Solar System which suggest that this evolutionary leap is going to happen soon:

### **Unprecedented solar activity**

We're having solar activity never before witnessed — at least not in

recorded history. We're having sunspot activity on a scale never before seen. We're having radiation emissions, proton emissions and other anomalous energy bursts. All of these things are stepping up in frequency in a way that's never before been seen. In fact, the solar emissions are getting so intense that they are frying many of our satellites. In certain cases we are unable to measure these solar emissions because we never expected that they would get this high, and all our scientific models have to be revised.[\[17\]](#)

### **The quality of the space between planets is changing**

Another thing that I think is really interesting is that the actual quality of the space between the planets is changing. The space between the planets is actually conducting energy better.

The meaning of this is actually quite simple: The Sun releases charged, radioactive particles, such as energetic protons. NASA used to have very convenient scientific models for how long it would take those protons to travel to the Earth. Now, in some cases these protons are traveling up to 400 percent faster than the models expect.[\[18\]](#)

So what's happening is that the Sun itself is actually changing. Its magnetic field is actually getting larger. Its energy is changing. The energy between the planets is changing, conducting the Sun's energy faster. Particles are moving faster through space. The actual visible plasma energy in space between the planets is getting brighter.

### **The atmospheres of the planets are changing**

Dmitriev's work shows that the planets themselves are changing. They are undergoing changes in their atmospheres. For example the Martian atmosphere is getting sizably thicker than it was before. The Mars observer probe in 1997 lost one of its mirrors, which caused it to crash, because the atmosphere was about twice as dense as they calculated, and basically the wind on that little mirror was so high that it blew it right off the device.[\[19\]](#)

### **Earth's moon is growing an atmosphere**

Also, the moon is growing an atmosphere that's made up of a compound Dmitriev refers to as "Natrium." Dmitriev says that, around the moon, there is this 6,000-kilometer-deep layer of Natrium that wasn't there before.

And we're having this kind of change in Earth's atmosphere in the upper levels, where HO gas is forming that wasn't there before; it simply did not exist in the quantity that it does now. It's not related to

global warming and it's not related to CFCs or fluorocarbon emissions or any of that stuff. It's just showing up.

### **Magnetic fields and brightness of the planets are changing**

The planets are experiencing sizable changes in their overall brightness. Venus, for example, is showing us marked increases in its overall brightness. Jupiter has gotten to have such a high energetic charge that there is actually a visible tube of ionizing radiation that's formed between Jupiter and its moon, Io. You can actually see the luminous energy tube in photographs that have been taken more recently. [\[20\]](#)

And the planets are having a change in their magnetic fields. The magnetic fields are becoming stronger. Jupiter's magnetic field has more than doubled. Uranus's magnetic field is changing. Neptune's magnetic field is increasing. [\[21\]](#) These planets are becoming brighter. Their magnetic field strength is getting higher. Their atmospheric qualities are changing.

### **Uranus and Neptune appear to have had recent pole shifts**

When the Voyager 2 space probe flew past Uranus and Neptune, the apparent north and south magnetic poles were sizably offset from where the rotational pole was. In one case, it was 50 degrees off, and in the other case the difference was around 40 degrees, both of which are pretty big changes. [\[22\]](#)

The overall changes could essentially be broken down into three categories: Energy field changes, luminosity changes, and atmospheric changes.

### **Overall volcanic activity has increased 500 percent since 1975**

On the Earth, we're seeing the changes even more completely. For example, Michael Mandeville has done research that has shown that the overall volcanic activity on the Earth since 1875 has increased by roughly 500 percent. The overall earthquake activity has increased by 400 percent just since 1973. [\[23\]](#)

### **Natural disasters increased 410 percent between 1963 and 1993**

Dr. Dmitriev did a very elaborate calculation of natural disasters. He showed that if you compare the years 1963 through 1993, the overall amount of natural disasters of all different kinds — whether you are talking hurricanes, typhoons, mud slides, tidal waves, you name it — have increased by 410 percent.

### **The Sun's magnetic field increased by 230 percent since 1901**

There's a study by Dr. Mike Lockwood from Rutherford Appleton National Laboratories in California, who has been investigating the Sun. He has discovered that since 1901, the overall magnetic field of the Sun has become 230 percent stronger than it was before.[\[24\]](#)

### **More than just Earth Changes**

So, all in all, what we're seeing is a lot more than just what they call Earth Changes. Some people get into the idea that there is an interaction between the Earth and the Sun that's going on here. Very, very few people are aware of the work that is being done in the Russian National Academy of Sciences in Siberia, specifically in Novosibirsk, where they are doing this research. They've come to the conclusion that the only possible thing that could be causing this energetic change all throughout the Solar System is that we are moving into an area of energy that is different — that is higher.[\[25\]](#)

### **The glowing plasma at the leading edge of our Solar System has recently increased 1000 percent**

Now, check this out. The Sun itself has a magnetic field, of course, and that magnetic field creates an egg around the Solar System, which is known as the heliosphere. The heliosphere is shaped like a teardrop, with the long and thin end of the drop pointing in the opposite direction from the direction that we're traveling. It's just like a comet, where the tail is always pointing away from the Sun.

The Russians have looked at the leading edge of this heliosphere, and they have observed glowing, excited plasma energy there.[\[26\]](#) This plasma energy used to be 10 astronomical units deep (an astronomical unit is the distance from the Earth to the Sun, 93,000,000 miles). So ten astronomical units represents the normal thickness of this glowing energy that we used to see at the front end of the Solar System.

Today, that glowing plasma has gone to 100 astronomical units deep. Although Dmitriev's paper does not give an exact timeline, we can assume that this increase happened in the same 1963 to 1993 period as the increase he found in natural disasters. Whenever it happened, that's a 1,000 percent increase in the overall brightness of the energy at the front end of the Solar System.

And this means that the Solar System itself is moving into an area where the energy is more highly charged. That higher-charged energy is in turn exciting the plasma and causing more of it to form, so you see more luminosity, more brightness. This energy is then flowing *into*

the Sun, which in turn emits the energy and spreads it out along its equatorial plane, which is called the Ecliptic. This in turn is saturating interplanetary space, which causes the solar emissions to travel more quickly and charge up the energy on the planets.

And this is conscious energy that is changing how the planet works, how it functions, and what kind of life it supports. The harmonics of the DNA spiral itself are altering. That's the real, hidden cause of spontaneous mass evolutions in previous epochs of time.

All this is happening all at the same time, and it's all working up to a crescendo where there is going to be a sudden shift.

In other words, we will get to the point where we are so far into the new level of energy that there will be a sudden expansion of the basic harmonic wavelengths that the Sun emits as it radiates energy out of itself. This increase in energy emission will change the basic nature of all matter in the Solar System. The planets are pushed slightly farther away from the Sun and the atoms and molecules that make them up actually expand in terms of their physical size.

### Cosmic Changes and the Ascension Process

So what we are basically talking about here is conscious energy that changes how the planet functions and what kind of life it supports.

And when we realize that we are more than our physical bodies, we have no need to be afraid of this energetic change. When this new energy comes out of the Sun, we will naturally be transported into a higher level of our own being. Our physical body becomes irrelevant at that point. We are much more than that.

As we've alluded to before, the blast of energy that will come is *conscious*. It will look like fire, but it's really conscious energy.

Here's another example of how this happened in the past. In a previous geologic era on Earth [the Paleozoic], the predominant species was this little crab called the Trilobite. They got blasted — you find in the fossil records that they were all killed. But what you don't see is that their group soul evolved into whatever the next stage of evolution was.

The dinosaurs got blasted. Their souls turned into mammal souls. So nobody goes anywhere, nobody is actually extinguished. We can find the bodies and it looks cataclysmic, it looks horrible — but all they really do is just bump up another notch and start to inhabit different bodies.

## Soul graduation

If you're very attached to your physical body, you might say, "Well, what would I be without it?" You might see this as traumatic, but in fact your experience could be looked at as Soul graduation.

People are saying, "I'm doing my spiritual growth. I'm doing my path. I'm walking in my truth. I'm trying to grow spiritually, I'm trying to evolve." Evolve to what? Grow to what? Are we just going to keep reincarnating over and over again as humans? No.

Is the Earth going to remain in this vibrational level where human beings will blow up bombs, poison its waters, pollute its atmosphere, kill its creatures, and cut down all the trees? No. The Earth is not expected to go through this.

The Earth is an evolving being, too. The difference with the Earth, unlike a regular human lifetime, is that it goes through a very premeditated, very obvious course of its evolution. As it orbits around the Sun, and as the Solar System orbits around the Galaxy, the extraterrestrial races that are in higher dimensions know exactly when these changes are going to happen. That's why they're here now, because basically they're aware that this is going on, and are standing by to assist us. They're aware that, just as the vortex of energy has caused airplanes to disappear in the Bermuda Triangle, when the Sun's energy bumps up another notch, matter on Earth will be transmuted. The Sun's energy can cause matter to just physically transmute.

When transmutation occurs, creatures like animals and plants may appear to be dead, but what happens to the human body will actually be alchemical transmutation. So it's not as though there's going to be all these fried corpses lying around. When the energy hits you, you transform. Your body will actually transmute itself.

There is a parallel in the Shroud of Turin, where certain researchers have found that Jesus' body burned a complete three-dimensional image of itself into the cloth. And they found through experimentation that such a burn could only be caused by an instantaneous blast at a very high temperature, "zapping" the cloth like an X-ray film.

### **When is the big change supposed to happen?**

The basic date for the "shift" corresponds to the end of the Mayan Calendar — December 2012.

Ra makes the suggestion that the Mayan Calendar was given to the Mayans by high-level sixth-density extraterrestrials so that they would

have a tool with which to time the passage of these cycles. It's a good thing to know how these cycles work, because they are tied in with history (see [Ra article](#)).

The bottom line

The *only thing* that matters is how much Love you are willing to share.

It would be so easy to miss this fantastic opportunity to participate in the evolution that is happening here and now on our planet.

The media is bent on creating a reality where our happiness is contingent on the acquisition of new products. We seek the best jobs and the highest status as we succumb to the mass illusions of "consensus reality" and "winning the game."

Each of us has the choice to create our lives so that we may participate in the Utopian world that will manifest on Earth after this Ascension process has completed — a world without poverty, hunger or pain; a world where full-body levitation, spontaneous healings, instant telepathic communication, and abundant Love are the law of the land.

This is the world that Jesus promised us in John 14:12, when he said, "As I do these things, so shall you do them, and greater things."

It comes back to question: *What are you going to hold onto?* You have to leave behind the physical life in order to participate in the Ascension. You have to be willing to move into a life that is spiritual. You have to be willing to give up the things that you once thought were important — your car, your material effects, your earthly status, your earthly fame and power — because you're basically only going to take yourself. You can't bring anything with you. No money, no credit cards, no gold coins.

When you leave your body and move into these higher realms of consciousness, all those earthly things will be meaningless. When you get out of this world without these braces, guess what? Your memory will be your sole companion.

And then you will realize that the only thing that ever mattered was how much love you were willing to share while you were incarnated on Earth.

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The *Spirit of Ma'at* wishes to thank Terry Brown for her work in transcribing the tapes from Wynn's three-hour interview with David.

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Cayce

Wilcock

**David Wilcock** believes that he is a reincarnation of Edgar Cayce. But he's not insisting on this (see pictures at left — you decide). Like Cayce, David does "readings," but rather than health, the subject matter gives a "higher self" overview of information that the individual needs to help in evolution

of consciousness.

David has focused on the mission of bringing cutting-edge scientific research to bear upon the subject of indigenous prophecy, UFOs, and the coming "shift" that Gregg Braden and others also talk of. Like many others who are concerned with planetary ascension, he sees a Golden Age coming soon for humanity.

In addition to immersion in hard science, especially the physics of the cosmos, David "channels" an entity known as Ra, who has spoken through others, as well. Channeled information received on ascension from Ra (by another source, L/L Research), is in this magazine at [The Universe According to Ra](#), also written by Wynn Free.

David Wilcock has written four online books and many articles. His books, articles, readings, and much more may be found at his website, [Ascension2000](#).

#### Footnotes:

1. [Stoneking Article](#)
2. *Ibid.*
3. [Phantom DNA Article](#)
4. Crick, Francis. 1981. *Life Itself: Its Origin and Nature* New York: Simon and Schuster (see Chapter 7). See [Intelligent Design as a Theory of Information](#)
5. [Scientific Abstract](#)
6. See [The Universe According to Ra](#), *Spirit of Ma'at*, September 2001.
7. See [Wilcock Info](#)
8. [Planetophysical State of the Earth and Life](#) by Dr. Alexey Dmitriev
9. Berlitz, Charles *The Bermuda Triangle*, Avon Books, New York, 1974, pgs. 124-126.
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