

# Magick Power

***Module 3: Advanced Magick***

**by Mystic X.**



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## **The Mystical Jewish Kabbalah**

Although the Kabbalah has been in existence throughout the centuries, its exact origins are unknown. The Kabbalah is a collectively known branch of esoteric mysticism, which most likely originated in Egypt and Mesopotamia. It was then discovered by the Jewish people, who have been studying and applying the secrets of the Kabbalah for eons.

There has been much hype and pretense about this subject, yet the basic teachings of the Kabbalah are quite simple and are now being presented to you in a concise and easy-to-understand manner. The Kabbalah has been the basis for most of the advanced magick in the Western world.

Plainly stated...according to the Kabbalah, you and I and everything around us are composed of an energy that is universal and emanates from one source. Some call this source God, some Allah, and some just call it The Universe. Whatever terminology you choose to call it doesn't matter, but from hereon, I'll refer to this Force as the Universal Consciousness.

According to the Kabbalah, there are various levels of existence and consciousness, which are known as Worlds. You can consider these Worlds as spiritual levels or levels of consciousness. The worlds are represented as a tree branching out from the roots to the branches and leaves, known as "The Tree of Life." These worlds are called "Sephirah."

## **The Intriguing Meanings of Sephirah**

Kether is the very top of the Tree of Life...the Universal Consciousness or God...and is the source of all power and energy. Kether is the collective unconscious and contains everything within it...and everything is a part of this Universal Energy. It is also considered a void as in the Buddhist concept of Nirvana.

Chokmah is a step down on the Tree of Life, the Universal Consciousness within us all that speaks to us and provides us with intuition and insight into things we normally wouldn't be aware of.

Binah is the level of non-attachment and the principle of polarity and paradox...meaning if you love something, you will lose it.

Tiphareth is the awareness of spiritual guides or higher teachers such as Christ and Buddha.

Neztach is the seat of emotions in your mind and gives us power in relationships and sexuality.

Hod is the level where one begins to learn and apply the secrets of magick in their life as they become aware of the higher forces in their existence and consciousness.

Chesed is one of gain in the material worlds, bringing forth success and abundance in wealth and property.

Geburah is the level of power and control of yourself and your life...as well as influencing the external world in a powerful, magickal way.

Yesod is the subconscious mind, where a person opens up to astral travel, perhaps at an unconscious level while dreaming.

Malkuth can be considered as the conscious or awake state. This is the root of the Tree of Life and sometimes the root of your problems.

## **The Tree of Life**

As you ascend the Tree of Life, you will become familiar with the states of consciousness associated with each Sephirah. You will then automatically become more attuned to the various vibrational energies being sent out from others. This is where you will begin applying this knowledge to magick sexual seduction techniques.

Your familiarity with each of these states will come with meditation and/or hypnosis. Through your practice, you'll learn how to identify each of these states and how they interact with your everyday life.

Each Sephirah corresponds to a tone on the musical scale...this is why so much of magick involves chanting and mantras.

## **Radionics and Advanced Magick**

Radionics is the amount of psychic energy or chi a person emits and how this energy is used to influence others in the world around you. The basic theory for this type of magick is that everyone and everything in existence has a universal energy pattern that is uniquely its own.

As you become more skilled, you'll be able to tune into a person's "signal." Think of it as a homing beacon. Although you create your own psychic energy, there are devices that can assist you in creating more energy for yourself...making it easier to psychically influence a person or a situation. One thing to keep in mind is that the distance from your target does not matter...you can achieve incredible results using this method.

The Energy Signal emitted from each person vibrates at a certain wavelength and is measured in Hertz, although you don't have to buy "black boxes" to tune into a person's signal. Just use alpha state meditation and get the feel for the person whose thoughts you want to control.

When you "feel" as though you have locked into their energy frequency, you'll then be able to send your thoughts and your desires to them instantly. Suggestion: It is helpful to have photos, hair samples, or personal belongings of the person you are attempting to psychically influence.

Then use any of the following methods to psychically influence the person to submit to your will.

## **Develop Mental Telepathy...For Anything You Desire**

Now you will learn how to persuade or control anyone you so desire. This skill will also teach you how to develop your intuitive senses easily. First, relax and clear your mind as much as possible of any thoughts and cares. You will find it to be helpful to have soft, relaxing music playing while employing this method.

Focus on the person whom you want to influence...open your mind and allow yourself to receive psychic information about the person. Images, thoughts, and perceptions will begin to naturally flow into your mind regarding your target.

Notice where the images go as they enter your consciousness. You will easily know the difference between images coming from your imagination and images received psychically by just letting the process flow naturally. Do not force any thoughts. Continue focusing on the person you wish to influence until you feel as though you know what you desire to know about them.

As you continue practicing this technique, you'll find that you won't need to enter into any special state of meditation...you'll begin to automatically pick up people's thoughts just by being in close proximity to them! So, anyone you wish to influence will notice you because you'll be sending out psychic "vibes" on their wavelength. This will cause them to immediately notice you and be willing to grant your wishes.

When you pick up their thoughts, tell them you have an insight about them. Most people will immediately become very curious about what it is. Tell them what you picked up, and they'll be amazed at how much you understand and know them!

I say "most" because there might be a few whose backgrounds have caused them to be sceptical...possibly because of their upbringing. But as you become more and more in tune with others, you mostly will be able to sense that!

## *Universal Energy and Telepathy*

As I previously mentioned, the Universe and everything within it is composed of energy. This energy has been called many things by many cultures...chi, ki, qi, xi...but it encompasses what we call psychic energy. To learn to harness and use this psychic energy is vital to your success in applying the amazing principles explained in this course.

Learning to master psychic energy will enable you to shape energy with the power of your thoughts alone, thereby creating your reality and the world around you. Albert Einstein stated that energy equals matter.

As you improve your visualization skills, you'll begin to notice that whatever you vividly concentrate on will tend to manifest itself in your external world.

An ancient maxim of magick is, as above, so below, which simply means you create an "archetype" of your desires in the energy fields, the ethereal world, or astral planes. This thought form then becomes a reality of psychic energy.

For example, if you are imagining a specific type of person you want to meet, your concentration on that form sends energy patterns into the universal field, which, in turn, creates a void or a vacuum on the planet. Since nature abhors a vacuum, the person that you visualized will come into your life very soon. You can use this principle to create love, wealth, or anything else that you desire to bring into your life!

Warning! **Only** use these incredible powers for good because of the law of Karma, which simply dictates you get what you give. If you do good to people, good will come to you. On the other hand, if you do wrong to people, bad things will come to you.

The belief is that good will return three-fold, but bad will return ten-fold. Please only use these powers for the highest good of all concerned and improve your life immediately.



## *How to Skyrocket Your Magick Power*

There are two very effective techniques for this purpose. One is chakra meditation, a special type of concentrative meditation. It's basically kundalini yoga—the practice of causing psychic energy (kundalini) to flow up sushumna, energizing the various chakras along the way. Although considered dangerous by some, this practice will produce definite psychological sensations and psychological effects if continued long enough.

Epileptics, those with heart disease or anyone with an unstable mental or physical condition should not attempt this practice. Certain drugs and medications such as those used to treat epilepsy may retard progress.

Even though the technique is quite simple, it is capable of eventually producing powerful results, although they may initially appear hours after the practice during sleep. As each chakra is energized, it's reputed to add occult power (sidhis) until the last crown chakra is reached, at which time full enlightenment is attained. Sometimes kundalini awakens all by itself!

To practice this chakra meditation, simply concentrate on the chakras ... beginning with the root chakra...and move progressively up. Visualize psychic energy form the root chakra travelling up shushumna and vivifying each higher chakra.

Remember that the chakras have certain properties associated with them, so this type of visualization might raise consciousness and promote astral projection once you reach ajna and eventually the crown chakra. Typically you might want to meditate in this fashion for 15 to 30 minutes a day. It might also help to practice some hatha yoga or other physical exercise in an effort to make the spinal cord more flexible.

This technique is similar to the Tibetan “tummo” meditation. The rise of kundalini is a vibration or buzzing, or as light or heat.

The second technique is the four-fold breath. As with all physical exercise, moderation is advised. Be cautious...or do not attempt it if you have a respiratory or heart condition. Check with your physician if in doubt, and don't overdo it!

One of the most useful physical exercises is pranayama or controlled breathing, and is actually a type of hatha yoga exercise. For this, a kitchen timer is suggested.

The main purpose of pranayama is to relax the body and the mind. There are many types of pranayama, but the simple four-fold breath will suffice. This consists of four short, quick inhales and then four short, quick exhales, repeating and continuing until the allotted time is complete. This will take about 1-1/2 seconds for each of the inhalations and exhalations...about three seconds for the complete in-out cycle.

You should not experience strain of any kind during your pranayama, but you will probably notice a slight dizziness, particularly initially, because the effect of pranayama is to hyperventilate. Sit back in a chair with your eyes closed when you practice your pranayama.

Start with a minute a day for your first week and gradually increase the time to about five minutes a day. Doing this before your magical activity will help you get “into the mood” and is also an excellent aid to relaxation and tension release. Pranayama should not be used during heavy air pollution.

### ***A Basic Ritual of Magick***

Although the purpose of this course is to free you from rituals, worshipping entities, and any other time-consuming activity not necessary to achieve the results you desire, I’ve included the basic magick ritual. Ritual is essential but doesn’t have to be done physically. You can perform your own ritual in your own mind and use the power of your mind to achieve the results of your choice.

Ritual is the very heart of magick since it is through ritual that we achieve magical results. A ritual is a magical procedure or ceremony performed to change the environment. A ritual is usually thought of as active although it can also certainly affect passive magick. Most often the change achieved is subjective and in the physical world. Outsiders may put

them down to coincidence, but the effects are incredibly real. Magical goals for a ritual should not be taken lightly.

The successful practice of magick depends on strong belief, so the simplest ritual of all must be belief itself. So...simply said...if you believe in your desired results strongly enough, this is a magical ritual that will achieve your results.

Even a complex ritual is not more effective than a strong belief. There are aids to concentration that might help—thus in creative visualization, imagination and controlled breathing are brought into play.

### *Creative Visualization*

To magically achieve something, first picture it clearly in your mind. The more definite and specific you are the better. Picture yourself already having it or doing it, and visualize this as vividly and as intensely as possible.

Hold this in your thoughts for a few moments and concentrate on it intensely, while you feel the energy of desire welling up inside you. Then, suddenly feel the image or desire released from your mind and feel the energy filtering through the image and intensifying it, as if the image is a stencil.

Now imagine the energy exploding from you and into the macrocosm in all directions at once and feel the universe “tilt” as it reacts to the force. Feel the energy draining from you. Believe that your purpose has been accomplished...that it has happened, perhaps saying something like “so mote it be” or “it is done.”

Helpful hints: When you are concentrating and visualizing, you might want to hold your breath...take a breath, hold it, take a breath, hold it. Then when you imagine the energy exploding from you, release your breath suddenly.

## *The Basic Parts of a Ritual*

Often rituals are more formal than the above, but any full magick ritual must always contain three stages: Imaging, building, firing. Sometimes a ritual must be repeated every day for a while to achieve difficult results or to overcome a weak belief.

## *The Magick Circle*

The magick circle is an important part of formal ritual. Medieval magicians considered the circle essential and placed great emphasis on its exactness. Elaborate designs were invented with many layers of complex symbols and words, and it was very important that the circle be completely intact with no breaks. Magicians and any other participants stood inside the circle during the ritual.

Today, circles are made on the floor with chalk or paint, rock salt, or a rope. The circle is still an important part of magical protection for the magician because it fends off aversive entities and purposes. The circle also helps focus the energy of the ritual toward its purpose because it keeps it contained until the magician is ready to release it.

The magick circle is basically only a symbol, but it may eventually be possible to supplement the circle with electronic equipment for a similar purpose. The practicality of electrostatic-charged Faraday shields is being researched.

## *Artificial Elementals*

An artificial elemental is useful for certain tasks, such as an invisible watcher and observer...telling you what it sees, or a psychic guard. It can be used in healing and is helpful in other ways.

Ophiel calls the artificial elemental a “familiar.” Producing your own artificial elemental is fairly easy, but you must assume that the act has produced results even if you do not immediately observe them. It is entirely possible to produce one of these little “beasties” and not know it if you are not clairvoyant enough to observe it directly.

Therefore...and this is a general rule of magick...never ignore forces you have set into motion—even though you may not see the elemental, you may nevertheless “feel” it.

Warning: Do not use artificial elementals for any kind of aversive magick at this point because they can be nasty little critters to get rid of. If you have to eliminate one of them that you created in error, you must reabsorb it back into yourself through your will—or in some cases, you can “exorcise” it.

### ***How to Create an Artificial Elemental***

An artificial elemental is a thought-form that has been strengthened with emotion. You can create your own artificial elemental for various purposes. Refer to the aura color chart in the previous lesson and decide which color to use based on your intended purpose. Apple green is a good choice for general purposes.

Next, decide on a shape or outline. Do you want your elemental to resemble an animal? A simple circle or cloud is a good place to start. With this in mind, you can use a ritual to create your elemental. Creative visualization is great for this...visualize it glowing before you in a darkened room.

Communicate with your elemental with telepathy by talking to it or using creative visualization. Since your artificial elemental is closely linked to you and your subconscious attitudes, it will generally not do things you think it cannot do.

As in any magick, results relate to effort and belief. Another way of looking at an artificial elemental is as an aspect of your personality...like a sub-personality that has been detached from you.

## *Invocation*

A formal ritual usually involves the invocation of a god or goddess, spirits, or other entity. In this sense, magick is somewhat similar to pagan religion and witchcraft. However, I consider magick ritual a technique and not a religion, so no worship is involved. Sometimes the invocation of an entity creates an artificial elemental.

According to Aleister Crowley, there are three kinds of invocation—

- (1) Devotion to the entity, as in the Bhakti yoga of the Hare Krishna sect, the Faustian devil pact.
- (2) Ceremonial invocation, the usual method of the Middle Ages.
- (3) Drama, which usually needs more than one person, as in a mass.

## *Cautions*

1. A ritual might produce side effects, which is usually something similar to but not exactly the desired goal. Sometimes the true goal is delayed, so the side effect might be seen first. Then, sometimes the true goal is delayed, and the side effects are seen first. If for some reason the goal is not achieved at all and the target is missed, the side effects might be pronounced.

For the most part, these side effects won't be serious...just frustrating. You might use a magick ritual to hurry shipment of an anticipated package in the mail, but the next day instead, an unexpected or wrong package arrives.

Or you use magick to cause a certain person to phone you, but for several days, all sorts of people phone you. These side effects will not affect you or anyone else adversely unless that is what you inwardly want.

2. We may say with certainty that “something always happens” when we perform a magick ritual, but like everything else, magick follows the “law of results.” Simply stated, results require effort of some kind, and if you don’t work hard enough at it, you don’t get results. Difficult goals have greater resistance or magical inertia to overcome.

If the ritual doesn’t produce the desired results, there is a good chance that the reason for the failure is within you. Be certain there is no contradiction between your model and your magical goals.

Sometimes self-doubt and mental contradictions, or wanting and not wanting at the same time, may interfere. The first step in magick is to reprogram your model. You can help your magical results by working on the physical level toward your goals. Don’t expect them to fall into your lap by themselves.

3. Time displacement is a peculiar quality of magick since results of a ritual are not usually instantaneous. There is often a delay of 12 hours or more, and difficult tasks or weakly performed rituals are more likely to be delayed.

In most cases, a slight delay is all right as it gives us time to get used to the coming changes. Sometimes the effects of a ritual appear to extend to even before the ritual was performed!

4. Because of the way magick works, a ritual might create an emphasis on what is sought and a de-emphasis on

everything else, so balance is important. Once the magical result is achieved, it might be bound to you and difficult to get rid of should you later decide to do so.

An example of this is when you use a magick ritual to help you find and buy a new house, and then years later when you decide to sell it, you're unable to do so. You need to consider your magical goals wisely so you don't get stuck with something you don't really want. Remember that theory implies that you can always "unbind" through ritual what was bound to you.

5. Sometimes the environment appears to react against the magick after the results are achieved. This is particularly noticeable when magick is used to affect the weather...and the main reason you should not use magick to affect the weather.

For instance, you might perform a ritual to produce a sunny day, so the next day is sunny. However, the rest of the month is cold and overcast. The weather seems to react to the magick in the opposite way to re-establish its natural balance. It's like pushing a pendulum to one side and releasing. Of course, the pendulum swings to the other side.

To quote Emerson—"For everything you gain, you lose something." I don't know if this is always true in magick, but it does illustrate the point. Another reason not to use magick to affect the weather is that it might foul it up in other parts of the country...or even the world!

6. Finally, a magick ritual, or any magick or occultism, is very dangerous for the mentally unstable like if you should somehow "get out too far", eat heavy foods as previously discussed, or use your religious background or old belief system for support. Remember too that weird experiences are not necessarily bad experiences.



## *When Magick Doesn't Work*

Every magician has occasionally experienced times when the magic he is directing does not seem to work. Whether internal or external, the desired result does not manifest. These are opportunities for greater development in the magical arts. By working through the disappointment and discouragement, he can reach greater self-knowledge and technical expertise in the art.

I believe that magic always works since it is a tool or a reality shaper. Like any tool, however, its ability is limited to the operator's knowledge and skill. For an illustration, I'll use the bow and arrow. If your intention is the arrow, and your magical technique for directing that intention is the bow, you will use the bow or technique to poise, balance, and guide the intention or arrow with the strength of your arms and hands or determination and will.

What happens when all of this works together optimally? The will firmly grasps the clear intention and balances it upon the technique. Then you gather your emotional and mental force and fire the intention into the invisible world to manifest. In its own time and way, your wish materializes.

Conversely, if you don't have the skill to bring all of these efforts together, things can get skewed. Your arrow can veer and stray, or it might travel a few feet before losing power. Your bow can break or not be strong enough to propel the arrow. Or...you might find that you've got your bow and arrow ready to use, but you don't have enough strength to manipulate it!

When it seems that your magic doesn't work, and you've tried all of the techniques and gotten no results, or when you're wondering if any of this matters at all...the following meditation processes can produce miracles and create a sense of completion. You can read the scripts into a recorder or have a friend lead you through it.

## *River of Life Meditation*

Find a comfortable place where you can relax and be completely quiet. Relax and allow your thoughts to slow and just come and go...come and go...and take a deep breath in and hold it. Pause and gather up the tension in your body and release it as you exhale.

Take another deep breath and as you exhale, let go of anyone else's energy...breathe in new possibilities...and allow your body to fill with lightness. Feel it becoming lighter and lighter as you relax more and more...relaxing deeply...going deeper...feeling very light now...so light you could almost float away...

As you relax, imagine a beautifully colored mist swirling around you, billowing up around you into a cushiony, soft cloud of energy...and you are resting completely upon this cloud...and you are safe, as you breathe in and out...let your thoughts just come and go...relaxing more and more...and the cloud of energy now lifts you up into the air and carries you down into your own inner world...down between the boundaries of time and space...to a place of timeless beauty and infinite possibilities...floating down now, going deeper and deeper, leaving the outer world and its concerns far behind.

As you drift and float on this beautiful cloud...going farther and farther...down below you is a rock, a giant rock...and the cloud gently and effortlessly lands upon the rock and you step off it, as the cloud swirls back into a mist and disappears for now.

Stand upon this rock now and feel the strength of it under your feet...and as you turn around, you look out upon a great river...flowing as far as you can see...seeming to come from some infinite place...and disappearing into an infinite place...a flowing, endless river of energy...this is the river of all life water.

All of life draws upon the life force that moves through its steaming currents...look closely at the water...what color is it? It may look like liquid light to you. Look deeply into it and sense the power and depth of the river. What sound does it make as it courses through its channels? As you stand securely upon your rock, notice the fragrance...and bend down and cup your hands in the living water...and splash some of it on your face. Feel the life

giving force on your skin...take a sip of the water...allow the river of life to nourish you...

Now relax a moment upon the rock...and bring into your mind the magical intention that never seemed to go anywhere. What were you trying to accomplish? What was the basic intention you had? What was the emotion behind the intention? Feel the energy of that emotion moving onto the palms of your hands now...feel the energy glowing...pulsating.

Breathe and allow your intention that you're still clinging to externalise...the energy of it is now shimmering, glowing...swirling into a sphere. Allow all of your desire to flow into this sphere...allow all of your desire to flow into this sphere...and allow this sphere to appear to you however it appears...and just observe what you see. You may see pictures or symbols emerging within the sphere...whatever you see is fine...

When your sphere is completely filled with the last of your desire, emotion, and intention...hold it aloft. Feel the power of it in your hands, a globe of power that you can now release...and look out into the river of life. Watch as its currents of possibility flow forever and ever, as far as you can see...and whenever you're ready, with as much or as little force as you need, throw the pulsating sphere into the river. Watch as the sphere touches the water...and gradually disappears into the current...

Take a deep breath...as the sphere disappears, the last of your intention and emotion and desire merges with the source of all life, from which it originally came...and leaves you...

Now complete any business here that you need to finish...take a few moments to enjoy the flowing river of life and know that the possibilities the river nourishes can bring miracles into your life too...

Take another deep breath and notice the colored mist is once again swirling around you...billowing up underneath you to form a beautiful cloud of cushiony energy, which is lifted up into the air with you upon it. Relaxing into the cloud, you are returning the way you came...lifting up through time and space, coming back from the inner world...coming up...farther and farther...floating and drifting back...coming back...bringing you all the way back into your body now, into this room...bringing your attention completely back into this time and place. Take a deep breath and begin to reorient yourself to the outer world...and when you're ready, count to three...and on the count of three, open your eyes and return feeling relaxed, alert, and at peace.

As always, change any of the wording or images in this meditation if it suits your purpose better. The important part is to just finally and completely let go of your intention, so that the energy can be recycled into whatever form the creative force and your own consciousness will allow. Out of this release, new lives, new opportunities, and new magical opportunities are born!