

Practical Teleportation:
The Art of Space/Time Transposition
by L. Arklinski



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Annotated by Dave DeBold
for <http://www.AllThingsPsychic.com>

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NOTE FROM DAVE: This document was reconstructed from a damaged rare manuscript. The first few pages were missing, so it is impossible to verify what the original title of this piece may have been, the year it was written, or any other specific details of the author or original publisher. If anyone knows how to reach Mr. Arklinski or anyone associated with the original distribution of this material, please let me know so that I may contact them directly to correct any errors or omissions.

I have faithfully transcribed this document right down to the spelling errors and quirky language to ensure that you have a feel for the true "flavor" or the original document.

Where applicable, I have added my own observations to help make this material easier and more enjoyable to experiment with.

PLEASE BE AWARE: This material is not fiction. While the development of this art requires a lot of dedication and effort, this is a real skill and it is richly rewarding. Please do not undertake the exercises in this manual lightly and always practice when you have a lot of time available to avoid any awkward complications that may arise... particularly in your initial experiments when you may require substantial recovery time.

- Dave

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I N T R O D U C T I O N

Transposing is an art and a science. It is a highly perfected skill... a skill with many rewards. It is beyond anything you are used to... a new, unlimited dimension of your mind powers.

Transposing is taking your consciousness, and body at times, to another place and or time of your choosing at will... simply by thinking it, and wanting it of course. You are totally conscious and in control of everything at all times. This so neat and fun!

You can do this while awake, while doing something else, while walking, while sitting, and my favorite, while lying down.

This is similar to Astra Travel, but it doesn't have the hazards associated with it. You need no guide. You are in control. You are in command of yourself. You know where you want to go. You know how to get there. There is no silver cord to worry about also. You can return or not. It is up to you. You will not die. No one or nothing will take you over. This is your doing.

You are in control. You can take your body or not. Do what you want. You are unlimited.

Astral Travel is more of traveling without your body into uncharted areas and dimensions where others can prey on you.

If you have any fears, they are easy to control and conquer. Realize that you are the source of that fear and that the fear is not real, but only a mentalization. Take command of yourself and your mind. You are always in control. Nothing can harm you without your permission. So if you are approached by a being, ask if they are good light or evil. They must answer and be truthful. Just tell them with a simple and confident

"No" if tempted and they will leave. Nothing has control over you except you... unless you give it control, for whatever reason. So go out and adventure, explore, discover, enjoy, and share with your inner confidence and being.

Transposing is like dreaming in that it is another dimension experience. However, dreaming is a mental state, whereas transposing is a full being state- body, mind, consciousness, spirit.

In dreaming you can be conscious and in control if you want control. In dreaming you don't have the feeling of letting go and total immersion like you do in astral traveling. You do in transposing.

Transposing is a conscious, mind directed act of detaching from here and going to another place and time. Dreaming is generally a sleep related act. Although you can daydream and do conscious dreaming, it is only a mental state. Transposing involves your whole being. When you come out of a transposing you may feel wrung out and disoriented. This is because you went on a trip . . . a trip across space and time . . . to other dimensions. You can stay there as long as you want or you can come back here. It is your choice always.

Dreaming is an act... a breadin habit. Whereas transposing is a process. A process of detaching, dephasing (tuning out of our reality), traveling as an essence, re-phasing (tuning into another place and time), attaching there, and experiencing that place. You can return any time you wish.

You must real-ize that you are in another world and not one of your dreams, so you must adapt and abide by the rules of that place. Like all realities, you do still have choice and control of the events you experience, but you must realize that you are in a reality of another creator's. You are not in one of your own- like in your dreams. Keep this in mind while there and enjoy. Always enjoy. That is the meaning of it all... to

enjoy. So wherever you go have a good time. Remember, you can always come back whenever you want to... or go to another world of fun and adventure!

Remember that you have been somewhere else all night experiencing a different reality. So while everyone else was getting some rest, you were out running around the universe. So its no wonder that you may feel tired and worn out. Your body seems to get the most abuse. It is de-phased, transported across space and time, re-phased together again, and goes through this same process getting back home. Since it is physical, just imagine your body being dismantled and put back together a few times a night. So if you travel around much, your body gets a workout. Its also tough on your body at time when it isn't pure-free of toxins and impurities. Help it out by getting cleaned of and then drink a lot of fruit juices a couple of hours or days before you begin experimenting with transposing.

When you return from a trip you may have trouble remembering things and people. Keep in mind that you have just been scrambled and re-scrambled at least twice and transported through space and time. So even your memory has been re-done. To speed up your memory functions upon returning home, keep looking around you so the familiar surroundings will give you something to synchronize onto so you can bring all your memories of our reality back to you on a familiar level. Give yourself a few hours to recover and re-attach to this reality. You will also remember your trip experiences. You won't lose them unless you block them out consciously or otherwise you believe them not to be real. So you will hide them from yourself. Sometimes this is good till you can consciously handle what you experienced and the resulting memories and put them into perspective with our reality.

When I transpose, my eyes seem to suffer the most with me. They just ache and it takes me an hour or so till I can see well without discomfort. It is just a side effect. I have been transposing for years without any problems. In fact, my body health has improved because of all the fruit juices I now drink. And my mental and soul-al health have improved too. I think it is because of all the unique and wonderful experiences I have had while transposing around infinity.

And that's what it is...an infinity with no limits, or at least none that I have ever encountered.

It does me well to know (and I don't mean just reading about it, I mean experiencing it) that this-reality-isn't all there is. That there is the whole of infinity to explore and experience. It is so neat!

I love it because I can go anywhere at anytime and leave whenever I want to. It is nice being a free being . . . to be able to choose.

I have come to love transposing and it is one of my favorite sports!

In order to transpose you must understand how and what you are doing. To do transposing takes a complete understanding, comprehension, and knowledge of scientific principles of how, why, and what it is and what you are doing. I believe that unless you fully comprehend what is going on and what it is all about, you will not be able to transpose. I think it is the mind's way of protecting you. Unless you 'get it down' you won't go. This is a highly perfected skill.

You must have no fears, no doubts, and be a totally realized person and being with no hangups about anything. Self-realized means I am... I am that I am, whatever the expression of being. You can't have stigmas about anything at all. Your stigmas are things that you believe in pertaining to something, an emotion, a thinking, or a person or a place or custom. Because this is a belief only, it has nothing at all to do with reality. And if you are not operating totally in this reality and accepting and enjoying it as it is today then you are living in a mental world... a neurotic world. Transposing has no place for neurotics. You must be real and be strong. Strong in mind, body and being. If you are judging things or people, you are negation and condemning an expression of reality. Whenever you do this you become self short-circuited, limited and a non-free being because you have just created an attachment that allows you no choice. You have then created your own prison... but you still have the key. You can become free by letting others be free and by changing your thinkings, attitudes, and actions. This is a

conscious effort and may not be easy for you if you have been a negative person, especially for some time. Just keep at it and you'll get there. You'll immediately notice the difference as soon as you make the decision to become a free being and let others be free.

Transposing is a purity of expression level. And whenever you don't have a purity of expression, you have problems. You always will. The spirit of a being or group of beings, won't allow their freedom of expression to be denied, no matter how seemingly trivial to anyone else.

Freedom of expression is a universal right. A right to all beings... free or not. And when a right is violated you usually get strife which can lead to violence. You also have the responsibility of honoring another's freedom of expression.

All problems International, National, Domestic, and in the home are caused by the not allowing of the freedom of expression by a person, group, or nation. We all instinctively want to be free. Free from all 'Outside of us' factors governing our freedom. Why do you think all commonwealths, colonies, and other 'dominated by another' areas and peoples fiercely seek their independence? They know what's good for them.

So it is on a universal scale. It matters not what or how you think beings and things (beings-n-things. RR.) should be. Accept them as they are and enjoy them as they are. Ever notice how quickly you are accepted when you become as they are- 'do as the natives do.' You are honoring them and their expression. And in doing so they will honor you and treat you with respect and freedom. "Do unto others as you would want them to do unto you." THE GOLDEN RULE. It applies to transposing experiences and the infinite universe as well. Without it you'll actually never be able to truly enjoy and experience anything to the degree of its purity. And without it there is only dominion, darkness, and death.

You choose . . . Life or death . . . dominion or freedom . . . joy or pain. It is up to you now. You choose.

The Relation of
The Wave Theory of Trans Space Time Propulsion
To the
Mastery of Space Time Transposing

The WAVE THEORY OF TRANS SPACE TIME PROPULSION combines both the WAVE THEORY OF TIME TRAVEL and the WAVE THEORY OF INTRA-UNIVERSAL SPACEFLIGHT into one compound foundation.

The WAVE THEORY OF TIME TRAVEL states that each instance of time can be defined as a vibration, a frequency. This defined vibration is actually a resonating standing wave. By tuning into this frequency, we can transport to any time we choose.

The WAVE THEORY OF INTRA-UNIVERSAL SPACEFLIGHT dictates that each planet, star system, and galaxy in our universe can be defined by its own signal. This signal is also a Vibration-frequency-and a standing wave structure resonating its signal throuout the universe, permeating all of space.

Lets just suppose we combine these two. Then we have a means of defining any time in any space in our universe. Rather simple, eh! Now..... ooooooooooooh ahhhhhhhh..... we take this one more step further..... to other universes, realms, dimensions, realities, levels, planes of existence. Yep, you got it. We can now cross(TRANS) universes because we have defined them and we have the means to do so also (Hardware-see OMIX & CHRONOCRAFT & GALINTRA ship data).

We have different trans space times available to us. And there's machines to do it. However, if you're like me, you don't want to always rely on 'ol Betsy' to get you somewhere. You want to be able to do it yourself.

With this in mind, lets delve a bit deeper.

What I'm saying is that we can transport ourselves to any place and time of existence, on this plane or any other. "Did, like I, actually say, I mean, like, this?" Yes, I did. It isn't as far fetched as it may seem. And I'm not on drugs of any kind. No, my imagination hasn't gotten the best of me. I'm not fantasizing and I can still count from a hundred backwards by two and a half.

Each atom and molecule of your body is made up of crystalline forms. Whether it's water, metal, vitamins, etc. These crystalline forms make up larger units known as cells, which work together to make your body function-eat sleep, think, dump a load, react to a beautiful woman, even dream. These crystalline forms are simply electrical in nature. They resonate naturally-vibrate. They also can be made to vibrate at different rates. Such as when you are anxious or excited, to when you are relaxed or contemplative. And you know, you control this. Yes, you control this. You control this vibrating of each and every cell in your body. Granted, most are directed automatically. But you can control even these. I'm sure you've heard the stories of the yogis. Well, they aren't so far fetched. I myself have done much of what they profess and more- stopped heart & breathing for as long as seven hours and more at a time; move matter; create, de-create matter; see the past & future; and other fun hoopla!

What I'm getting at is that each and every one of us has these powers and much much more.

Back to the book.

So. We have the cells in our bodies. These cells are electrically equivalent to an electronic tank circuit. A tank circuit can be made to receive or transmit at any frequency so desired.

GELL



ELECTRONIC
TANK CIRCUIT



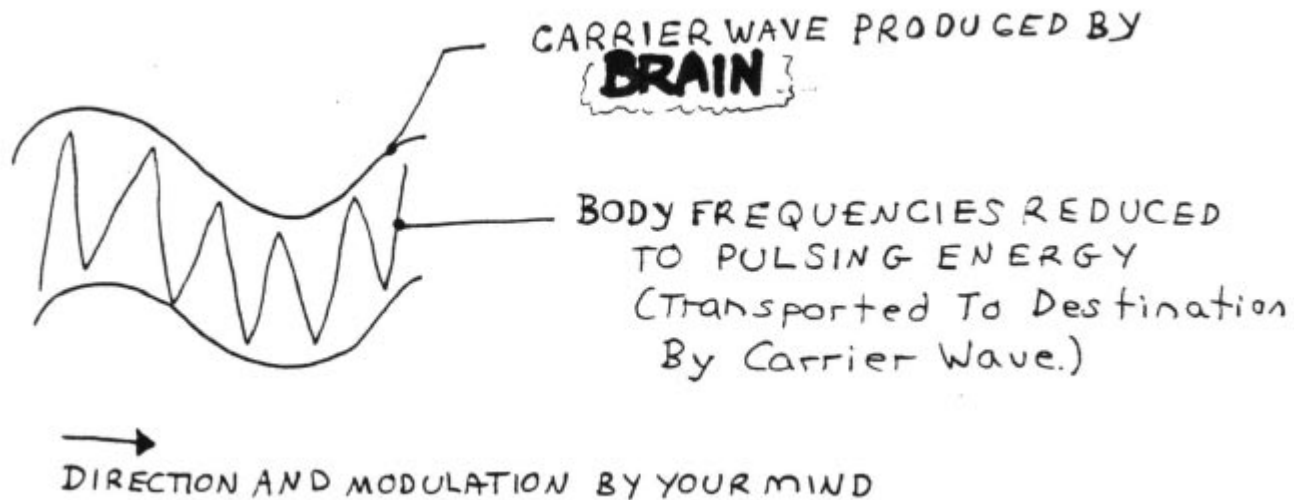
"Big deal" you say. Yes... a big deal indeed! The tank circuit needs an operator of some kind. Commonly the frequency is controlled by tuners. A human operator determines which frequency to set the tuners at and whether to transmit or receive.

Getting the picture?

You're right! We are the operators. We are the controllers. We tell our body what to do. You don't think so? Why are doctors discovering that every illness can be linked to a mental condition or way of thinking! These psychosomatic caused illnesses are proof of our powers. This is on reason woman are more sickly than men. They haven't gotten a hold their thinking as much as men so thusly their negative emotions, worries, fears, and guilt materialize into dis-eases from these mental molds (All of these are mentalisms that create energy molds and then nature fills them without question because that is what was created, so just think what you could do if you changed these molds!).

Transmissions and receptions of frequencies are directed and controlled by modulation and carrier waves. Our being is no different.

Our brains produce the carrier waves to transport our bodies & essence and our mind directs where & when to go. IT IS that very SIMPLE.



Discover out how to do this for yourself. Yes, the secrets will be told. Stay tuned....

TRANSPOSING BASICS AND PROCEDURES

INTRODUCTION

Here's the meat of it all... sink your teeth into it.

Through all of this have a good attitude. Go at it in a high spirit of fun, play and enjoyment. Always remember that you are always in control and you determine what happens - how, where, when, and why. No one and nothing else has any power or control over you. You are the operator. You are in control of you. You make the decisions. Here is the flight plan. You are the pilot and navigator. Have fun and enjoy!

I've hit on most of the Transposing process in the preceding chapter, but I'll go over it step by step and add some details to give you a more complete picture.

SIDENOTE: I suggest you go through THE MASTER DREAMER and become a dream master. Then explore and perfect MINDSCAPING. Then approach TRANSPOSING. These three are designed as a series. Each one progresses and leads on to the next. However, you don't need any one to use any other. It's that they will each help you understand the other.

DAVE NOTE: I have looked for the MASTER DREAMER and MINDSCAPING materials for years and can't find them anywhere. If you have a copy please let me know. In the meantime, I believe that the information in MASTER DREAMER is contained in my bonus offering "In Your Dreams" and the content of MINDSCAPING is covered in Chapter 5 of Miracle Mastery: "Mastering the Mind".

PROCESS

Before the actual Transposing process there is a level of control that you should have. At this level you are more aware of you, yourself, your body, and your surroundings. You should have also attained a high degree of self confidence and imagination to direct you and visualize in your mind the pictures you want.

Now for the foundation preliminaries. These are the predecessors I have noticed in doing Transposing. They are factors that influence me in obtaining 'entrance' to the transposing process.

Imagination. A very vivid and detailed imagination to such a degree that it seems real. This is so I can accurately and succinctly see and feel in my mind where it is I wish to go.

Confidence. I have faith and confidence in my God given powers that I am in control and I will direct my action and they will occur without any problems whatsoever.

HINT: Eradicate all fear. Fear is only a mental imagining base in 'nonlove' of yourself, God and others. Recognize it. Want to banish it. Face it. Dissolve it.

What do you think, someone's going to do this for you? Do you think that just by buying this book that you automatically have transposing capability? No. You must do it.

Let's look at the body.

At this point in our evolution our bodies' are a part of us. This means it will be going along with our being, our essence, our spirit.

As far as the body is concerned, the detailed techniques in MINDSCAPING are very good for this.

Here is the body approach for transposing:

Eat very little, or better none at all, for about 5 hours before you plan to transpose. No liquids for two hours before. I usually eat my dinner a few hours earlier than normal, and a light one at that. This action will decrease and slow down body activity and functions. You want to slow your body down as much as possible.

When you believe you want to start, find a comfortable place you like and ly down on your back. It's better if it is secluded, quiet and no one else is around. This why I first did transposing about 1am to 3am in the morning. (Body had already gotten it's sleet and was already calm because I hadn't begun dreaming yet. No one was up at this time to bother me. The rest of civilization was asleep so those distractions were minimized. I also find that a hot comfortable soaking bath ads to the total effect tremendously. I clear out my mind and relax my body a lot during my soaking bath.)

As you are lying down, slow down and relax your body totally. To help, tell yourself "relax...relax...relax..." let go of everything and de-tense all your muscles. A simple technique to do this goes like this: tighten all you muscles up; hold it; release it all slowly to loosen up and relax your muscles. I've done this many times before. Ly down so no part of you is in any kind of tensed position. Total relaxation is the goal!

Here is the mind approach for transposing:

As you are slowing down and relaxing your body you want to also clear out and relax your mind. Clear out all attachments, both worldly and otherwise.

Pretend you are receding into yourself and examining your mind. Enter your mind and clear out everything. Clear out all the garbage, all thoughts-your own and random ones. Clear out all thinkings by dissolving them and by letting them go. Dissolve all non-important thoughts and all garbage thoughts. For important thoughts that you want to take care of, tell yourself all is o.k. and that they are recognized and taken care of. Now let them go.

Run through your mind and go over any attachments you may have to anything. Especially things or people that would keep you here for one reason or another. Run each attachment out by thinking it through in your mind. This way you bring it all out in the open. Now just simply de-tatch from it and let it go. You aren't forgetting about anything or anybody, you are just freeing yourself to venture around till you get back. Have no fear and realize that you will come back and that everything will be allright. You are doing this so you can be totally free to transpose without anything holding you back.

Do this till all thoughts, all random thinkings and all attachments are gone, dissolved, or put aside for now. Once you have your mind totally clear and unattached, you are free to proceed on to transposing. (When I first began transposing I even did this in the nude so I didn't have any vibrations from my clothing interfering. Now though, since I have done it so much, I can wear anything I want.)

Final Approach to transposing:

Begin to slow your breathing. Don't strain in doing this, it will cause tension-nonrelaxation. So don't push this breathing. Keep it relaxed. Slow your breathing, taking less and less air each time you breathe. Slowing down your breathing will help slow down your body and its functions.
This is the goal.

You may get to a point where you are breathing very slightly, or even not at all. Do not worry my friend, you are not going to die. Have no fear. Look, I am still alive even after 8 hours of not breathing!
Slower...s l o w e r.... breathe s l o w e r... s l o w e r.

SIDENOTE: A friend and I used to see how fast and slow we could get our hearts to beat by playing around with one of those heartbeat machines in stores!
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As your breathing slows down, it may also obtain a certain rhythm, you will begin to experience vibrations. Among these are ringing in your ears, ringing in your head (and altogether different experience than ringing in you ears), and your body will begin to tingle and vibrate. Since your body is now slowed down, it can harmonize its parts. And the ringings are resonations of this harmonization in those cavities-auditory(ear) and cranium(brain). Also, all of the individual parts of your body are resonating, but each at its own individual frequency. You may feel a bit uneasy or anxious here. Possibly even a "I'm losing it" feeling cause it feels like verything is vibrating differently and it feels like it is all coming apart. This is o.k. Things are just building up and they are temporarily de-synchronous as a whole at this time. Another reason you may have this everything going "every which way but loose" feeling is that you probably have never been this relaxed before, and each individual body part is 'singing' its own frequency. This is very healing for your body.

This is the point where I put my tongue ot the roof of my mouth and hold my index finger and thumb together at the tips. This balances out body energies and allows them to flow better, for both healing and transposing.

Ride out the previous mentioned de-synchronicity - coming apart feeling. Know at this point you are just at the threshold of obtaining a full body harmonization and thus enter the transposing final process!

You will feel a shift in vibrations and a wave will come over you as you reach full body synchronization. You may even feel a detached feeling from your body. I always do. So do others I've talked with. It's neat!

Your body will vibrate up to a high frequency and you may have a floating sensation. This you and your body syching together- the first step in actual transposing. You and your body are now tuned in together. You have also mastered your body. Now you are ready to begin the Transposing process!

NOTE: You can stop here if you wish. Just get up or start thinking about something else. This will negate and halt the process from going any further.

THE TRANSPOSING

Prepare yourself for an experience you will thouroughly enjoy. An experience unlike any other. An experience you won't forget. An experience you will want to do again. Begin your adventure now!

From the previous process, you are now in a state of total body and mind synchronicity. They are both vibrating in harmony with each other. They are ready to be directed by you to any place and any time of your choosing.

Think of any type of reality you would want to visit and enjoy. When you are finished and you have what you want, give it to your mind and hold on. These are the directions that you, the pilot, are giving your mind, the navigator, to take you of your desire. As soon as it is ready, your mind will synchronize the coordinates and generate the directional beam. Now you will power up and go through a bunch of energy shifts and frequency shifts until you reach the one where you'll get out of here and drop in on your place and time of desire. Don't get worried. Just ride the process out and enjoy it. When you arrive at your destination it will be as real as our reality is to you now. Enjoy it for what it ahs to offer. Every place of existance has its own great joys and splendors. Adventure around and enjoy!

To get back, you simply want to and you are back, lickity split. I always tell the place I visited thank you and I fade away slowly to enjoy the times I had there. Then I open my eyes and I'm back here. Sometimes I get a little attached to the place I visited

and then I need to go through the whole process of relaxing, slowing down, and letting go. Then again, I'm home in no time.

There you have it. It is that very easy, simple. It may take practice, doing and a sincere desire on your part, but it is easy and a whole lot of great fun!

You now know how to transpose like an expert... like a master!

Transposing.

I didn't even imagine it. It was a natural progression from MINDSCAPING, which was natural progression from MASTER DREAMER. Each had a 'lull in the fighting' before the next one hit. Each one started off like a bang, engulfing me wholly. It's fun!

The first transposing was fantastically amazing!! (Especially in contrast to nothing before it.) And being the first, it is the one I remember the most, although some of the ones that followed were even better.

I have had a total of over 36 transposings at the time of this writing. In all of them the procedure is the same. I'll relate some of them here to you-six of them, in depthly on two.

Numero Uno.

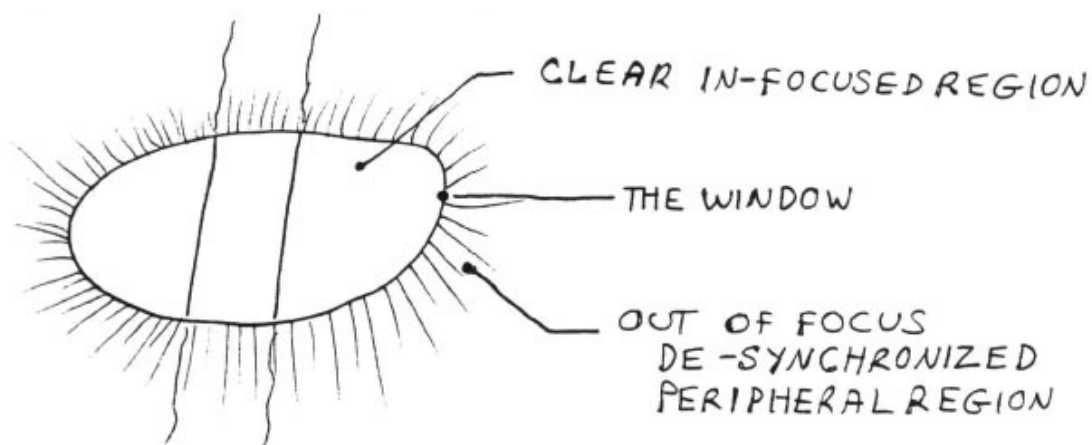
It had been about three weeks since I had plateaued with MINDSCAPING. I had just gotten over a brief acquaintance with a young lady. And I had also just finished up about 15 scripts- putting down my discoveries in writing and reports. Yes, I was in one of those resting limbo times.

I was just existing. Not thinking or doing anything in particular or any goal or quest. A friend of mine phones me and asked if I wanted to go on a road trip with him. He had some business stops to make in a 2500 mile round trip and he wanted some company. The whole adventure lasted about three weeks with us returning on Christmas day at 2:34 pm.

It was at the end of our trip that I did it. The Sunday just before Christmas.

We had been awake for days, as was par for us, and I just got done with four hours of hard noisy work. My friend just got back from business and we went out on the town and to get a bite to eat. As we pulled up to an arcade I felt funny. Kind of hyped but not hyper. It was a high body vibration. An out of phase dissociated vibration. So high that I had trouble making my body function and to do what I wanted. I remember we hadn't eaten all day and I was hungry but I know, somehow inside me, that I shouldn't put anything in my stomach. Things began to get fuzzy and phase shifting on me- de-synchronizing and thus wavery in visual perception.

We got out of the car and went inside an arcade. Then a wave hit me. (I was to find out later about this wave of body synchronization.) At this point my whole body was in tune, in synchronization. And I became omni aware of everything around me. I began to being perceive. A windowish looking on into this reality viewing.



My viewing was zeroined (the window) and my hearing and comprehension were totally aware- omni perception. I knew everything that was going on and could see it in my mind and I didn't have to look straight at it with my eyes to do so.

This state went on for about a half an hour, when we decided to leave the arcade because it was closing.

When we went outside, everything in the unfocused region outside my viewing window became pulsing, waving, rainbow energy fields that also humed to the pulsation. This state also lasted about a half hour. Then I felt a synchronization shift. My body began to get greyish. I felt neither cold nor hot. But just existing. By this time we had gone back to where we were staying. I told my friend I was tired and wanted to stay in the vehicle to get some shut eye. I told him I wasn't feeling too well. So he went in to finish up the second phase of the work I started. I layed down and put a sleeping bag over me. (It was winter time.) within a few minutes I felt another synchronization and my body went from a grey to pulsating, humming, moving, flowing, rainbow energy matrix fields.

I watched them with an enthralled curiosity like a child. Although I had some apprehension of what was happening, I was riding it out (as I've done so many mind power pushings before) and it was becoming rather a whole lot of fun! And I was enjoying it thoroughly. I have had breakthrough experiences before and they always catch you off guard. They are always totally unimagined. They are profoundly profound. And they're always a whole lot of fun with much change and growth involved.

I was having a great time as I observed my hands, arms, legs, body and clothes turn into these pulsing, flowing, rainbow energy fields. After all of me turned into these fields, I efferessed in this pulsing energy for a while, building up. The humming synchronized with the pulsing of the fields. All my fields then synchronized together to give me my own total encompassing vibration. I then stopped breathing and my heart stopped, but I didn't die. (I'm writing this today ain't I!)

Up to this point things had been o.k. I was still here, although in a highly energized and altered state. But nonetheless, totally awares and enjoying the breakthrough... or so I thought. I was in for a surprise even more fun than this. (You must remember, that I always do my hoopla profoundism in a high state of fun and play and I always enjoy them.)

Dun dun, dun dun..... "Whoooooooshhhhh!" I felt a shift in synchronization again but this time I was 'up to light speed' and I blasted out of here and out of our universe to a point where I could look on and into our universe and see what was going on everywhere.

After holding at this staggng point for some time, I felt another wave hit me and I entered a tunnel. I powered up to light speed again and took off through this tunnel. While traveling through this tunnel at light speed I saw all past events, I witnessed all past times, I past all past attachments. I tunneled out through and past the stars. I was travelling much faster than light now and going through the star fields, past galaxies. After I past through all the stars and galaxies I entered the center of the universe. A black void. I could see nothing from here. At this void I expanded into infinity instantly everywhere. I then came back to myself and travelled back out of the tunnel to the center of the universe instantly and entered a voidal black nothingness medium. Even though it was a black nothingness void, it was still a medium. Just as space, air and water are mediums. I could see all possible universes, realms, and dimension. they appeared as mirror surfaced bubbles, complete spheres of realities with their own laws, rules, and constructs. They were in groupings nestled together.

The next thing that happened was that I split in two halves and experienced both parts of my earthly being. I was male and female at the same time. I formed back to my whole self again. I then shared with other beings. There was a bunch of them huddled around together. Each one was singing their sing and changing their expression when they wanted. They were pulsating energy fields also. There was an intense feeling of total loving and sharing- purity. A cuddling nustling feeling as we each nestled close and intermixed.

In this voidal black medium I created som beautiful sparkling violet flowers.

I looked out once more through the voidal black medium. I knew inside I had finally found home and now I knew I could always return whenever I wanted to. I again took it all in... I knew I had to return. I downshifted and went through a passage to open my eyes and I was back to our reality. I still saw everything with that 'look into' window viewing. I was a being looking on into this reality. I had no body at this time. I down shifted again and my form took on the pulsating, humming, rainbow energy field matrix. I down shifted again and my form (body) took on the greyness again. My form kept shifting from grey to the pulsing energy fields and back and forth. What I could feel of my body it was 'out of it' and it felt as though it had been torn apart atom by atom and put back together again. My body was thrashed. I waited 5 to 6 hours till I calmed down and relaxed... and until I could move my body and until I had control of it again. I had to use the bathroom you know. During this waiting period I often entered a no comfort zone- neither warm nor cool. When I finally had enough control over my body I got out of the care and went to the bathroom in the house. On the way I noticed a few things and I filed them in my memory... Just in case I was having some mental fantasy- I doubted myself. After I used the bathroom I went to the telephone and called a friend. I gave him a number to remember and had him write it down. I again wanted to make sure this wasn't a fantasy or imagining.

I sat down in the house and e a s e d back into our reality. After about 3 to 4 hours, I finally ate a little. I acted ordinary as if things were real but at the same time keeping tabs on it all... just in case it was just a very real dream. Remember from MASTER DREAMER I had been doing a lot of conscious dreaming (DAVE NOTE: "Lucid Dreaming!") and paralleling.

After a while I finally became fully synchronized with our reality, went home, and had an enjoyable Christmas.

This breakthrough wasn't just some fluke. I have repeated it on at least 30 more occasions at will-wanting to. I had thought that maybe my breakthrough was just a

happening with no action from my own conscious willpower involved. I set out to find this out. I performed transposing a second time at will and with full awareness and control during the whole affair.

After the second transposing was over I sat down and went over all that had happened the first and second times. I analyzed it all and separated and defined the occurrences into distinct steps. Briefly here is their order of progression and doing:

Body begins to vibrate, but dissociatively (out of phase)
- Feels anxious like
Vibrations rise higher and higher. Synchronizing shifts occur due to
body vibrations rising
Whole body synchronization occurs and you feel detached
Vibrations rise higher and higher
Synchronization shift occurs
Body turns grey and feels formless: You need a lot of concentration to
keep your form and function (walk, talk, even stand or sit) in
this reality
Vibrations rise higher and higher
Synchronize shift again
Body turns to flowing pulsing rainbow energy matrix fields: You still
have your form but your skin is now energy
Vibrations rise higher and higher again
Synchronization shift
Reach 'look into' window viewing stage as body dissolves away
completely and instantly
Vibrations rise
Synchronization shift
You're off! You transpose instantly or you tunnel out to your place of
destination
Go to wherever and whenever you directed yourself. You synchronize with
that place. Form yourself there. Experience. Enjoy. Return.

During your time gone if your body is still here it will probably be shut off- no heart beat, no breathing. This is normal. You can leave your body here or take it with you. The choice is yours. I'm at half and half. When I get back I just open my eyes, activate my heart and then start breathing.

This is such an overwhelming experience of mind and body that it will take you some time- 3, 4, even 5 hours or more- and a great deal of effort to get yourself up to speed to be able to function, even sit up. I kid you not. I know from experience.

You may experience a detached 'hereness' and not be able to get your bod to move. Just concentrate very intently and then cut it off and relax totally, knowing with confidence that you are in charge and your bod will move. Then, as if by magic you will rise up and be able to move around. Granted a bit slowly and maybe a tad disoriented.

DAVE NOTE: This is the sleep paralysis stage I talk about in Miracle Mastery. Focus on moving your eyes to look around, then on twitching fingertips and in short order you will be able to move again. It didn't take me 5 hours to get moving again, but I certainly was disoriented and physically sore after my teleportation adventure!

I remember I forgot everything one time, even who my best friend was and his name. I knew that I knew it and with that thought it all came back to me. Keep your fears away (better yet, face and conquer them) and have knowing and confidence in yourself and you will have no problems.

Obviously your body isn't used to dissolving and re-solving. So it will take some time for it to get used to transposing. Just as it takes time and practice for it to get used to jogging, riding a bike or any other body involved activity.

This second time happened about two weeks after the first time. A week later Id did it a third time using the same sequence and procedure. Now I knew I was onto something! But I didn't do any more transposing for five months. I was going through a lot of changes in myself- in my heart, in my mind, in my soul. I was looking for something but I didn't know what. In fact I was yearning for it with a burning desire.

So great was this desire that I concentrated on it for months. I would open my window and call out at night. I even called a knowledgeable friend for assistance, halfway across the continent.

After I believed I had found what I was looking for I began to pick back up on my mindism explorations. I put everything back on line (I had shut em all off during the past five months) and got back up to speed again.

In my search I had gotten a job as a busboy at a local restaurant. I naturally enjoyed working there, especially meeting and talking with all the people. I was nonetheless well liked by all and paid extra well in tips by the waitresses for my enthusiasm. Then one night something happened. It was August 24th, a Saturday. I'll never forget it. For some reason I got bored. I had been ahead on my work before but never got bored. Tonight I got bored. Well, not one to be bored, I began to entertain myself. So I touched my index finger to my thumb. This was one signal I used to set my body vibrating at a high synchronized frequency, but just below the greying frequency. Well, it got out of hand. The frequency rose higher and I began to lose my concentration to keep it controlled and at a lower vibration. I shifted to grey. Now at this stage I must continually concentrate on my being to keep it in form so I can function- walk, talk, etc. Since I was working and interacting with a lot of people my concentration strayed. I began to drop silverware, then plates and finally bus tubs. This happened because I wasn't concentrating totally on my form due to working. And because of this my form shifted to energy at times and the items I was holding literally fell through my hands- they were only energy. After I dropped a few bus tubs, which were luckily over tables and chairs at the times, I decided it was in my best interest to leave and get home as quickly as possible before I dissolved away right there.

I calmly went to the back and got my clothes, the whole time concentrating exclusively on my form and putting the rest of reality on another channel where its input was indifferent to my concentration- a matter of fact mode. I walked out smoothly and directly out of the door without stopping or talking to anyone. Once I got to my bike I lost concentration just for an instant while trying to recall my lock combo. The lock fell through my hand as my hand shifted due to the lack of form from a concentration slip. So I fisted (hit) my bike's handlebar to gain back concentration. It was like out

of the movie ALTERED STATES when he hit against the wall to resynchronize. I opened the lock, put my clothes in my bike back and headed out again. Again I put all outside input on a non-conscious matter of fact channel so I could concentrate on my form and riding home. I even layed my head on my arm on my handlebar because it was taking too much concentration to keep it up and I needed all effort on my form and riding.

I made it to the door of the apartments. I now had to carry my bike up two flights of stairs. I just entered a no think mode and head up the first flight. I looked up and fell against the side of the stairs, almost losing my grip and dropping my bike down. There was my fiancée. She was there picking up things from her purse. It had fallen down and on the floor near the stairs. I real 'matter of factly,' as not to lose any concentration, said You dropped something. What are you doing here? You're not supposed to be here. Leave here. Go home." Undoubtably she gave me a very puzzled and concerned look. I lost concentration for a fraction of an instant and buckled to the floor, but picked myself up just as quickly. I bent over and we got all her stuff back into her purse. I told her again that she wasn't supposed to be here and for her to go home, now. I went straight upstairs. She followed me up the stairs and it took me some time to get the door unlocked. I walked right in and parked my bike. I turned around to close the door and she was right there. I told her again she wasn't supposed to be here and to go home. I noticed that she wasn't going to leave. So I grabbed hold of her arm and at the same time told her 'come with me' as I escorted her to her car. It took a great deal of concentration to get her and I to her car, which was only a block away. I opened the door for her and sat her in the seat and told her to leave now as I closed the door and promptly turned away to leave.

I heard the door open. Immediately I turned around and stopped her from getting up and out. I said again for her to leave.

She asked me why and I said "I can't say. I'm allright. Go now." I did this as matter of factly as I could. I needed all my concentration to maintain my form.

She now demanded to know what was going on and was being forceful- she was pushing open her car door. I said "o.k." cause I couldn't both keep the car door closed and concentrate on my form at the same time. (Now I can, but then I was 'in training.') I began to tell her about Transposing and how I had begun the process, now in progress, at work and how I was trying to hold it till I got home and laid down. She got worried and pressed me for more info and pushed the car door all the way open. I lost my concentration and thus being able to make my form function. I fell straight to the street in a dead mass. She tried to pick me up but it was to no avail. I just laid there. I pulled up all I could muster and was finally able to move my hand after what seemed like an eternity. I slammed my fist to the ground to focus my concentration on here-reality.

DAVE NOTE: Doing the "ROOTS AND BRANCHES" Exercises from Miracle Mastery without the "Branches" part and sending the energy down into the earth is an excellent way to "ground" yourself without all of the trouble described here!

In a few minutes I got myself up, told her to leave, then faced home. I blink opened my eyes and took a picture of the route. I closed my eyes to fully concentrate on my form and put my photographic memory to work in getting me home 'in the dark.' I remember I occasionally felt and heard her at my side. Yelling, pulling at me. I marched on to the stairs and up to my apartment. She followed me up to my apartment but I was unconcerned at this point. I had to be alone. I had to ride it out.

She was worried and wouldn't leave me alone. So I paralleled her and kept me on concentration and mechanically loaded up my bicycle for a night's stay... somewhere, anywhere, as long as it was alone. She tried to stop me and was concerned. But by now I had only one goal in mind- to be alone. And getting away for the night would do it. I had all the gear handy because I had been touring and living off my bicycle all summer.

She realized she could do nothing to stop me as I ardently loaded up my bike for the night. I tapped into my photographic memory to tell me where things were so I didn't have to think about them and lose concentration. I robotedly loaded Salley (my bicycle).

My fiancée went next door and called up my best friend to come over. She was adamant and he was here very quickly for I was still packing. But I was putting the finishing touches on my loading job.

I recall that he assured her all was alright. But she thought otherwise. They left to go over the friend's next door and closed the door. I saw my chance! I was alone now. So I sat down on the couch and as soon as I did... "Whoosh" I was gone. The process completed itself.

I opened my eyes wandering where I was and how I got there. It seemed like I had been gone for years.

I ran out my memory banks and discovered all that had happened in the past two hours or so. I must have been out only about ten minutes, wall time. Comparing my memory to the now, the time interval is what I deduced. The door was still closed and I heard voices next door.

My fiancée, best friend and friend next door came back over within a few minutes. I explained everything to them everything that had happened and cleared things up.

So you can see my friend, that progress does have its times of somewhat appearing confusion... but everything ends up hunky dorey. Although it may seem like hell when you are in the middle of the storm.

The next transposing occurred about two weeks later. During this one I had noticed that my breathing and heart beat had stopped for about 35 minutes.

Within a few days I had a transposing where both my heart and breathing had been stopped for over six hours! And after I had opened my eyes it took over 45 minutes for my

heart to start up again. (I was watching the clock in my bedroom.) Then after that, it took another 45 minutes for me to start breathing again. It was like I was breathing for the first time. Like I had to learn how to breathe again.

It was about a half hour after that that I was able to get my hand to move. A while later I was able to sit up. It took another 20 minutes till I was able to get up and walk around. I was up and running again within an hour.

So it is with Transposing. In this case I had left my body here in a suspended animation state.

I did another transposing about a month later. Then I did one about another month later after I had talked with a guy about dreamscaping, mindscaping and transposing. He had dreamscaped and mindscaped. Now he was approaching transposing and was getting a bit leary cause he was so far out there into the unknown mental arena without anyone to share with or any guide. We all need friends.

I did two more on each day of the weekend and did one last night. I don't need anytime to recover anymore. I'm totally functional immediately these days. It seems it takes a few rounds to train yourself.

TRANSPOSING TALK A TALK

This is where I talk on various Transposing subjects and happenings. A rambling session if you will.

With practice you will be able to do Transposing instantaneously without taking the time to go through the steps. You will jump instantly to your destination. Transposing will become just as natural as going to the bathroom or sneezing.

And after you get to the 'natural' doing of Transposing just by wanting to, you may discover some more horizons such as paralleling-operating (experiencing) on two or more realities/dimensions at the same time with total awareness and control. This is a blast!

DAVE NOTE: to learn more about "Paralleling", See the section on BiLocation in Miracle Mastery, chapter 7.

If you add the subjective mind time expansion of STOP TIME! to this you can leave, experience a lifetime or two and pop back here all within a second or two of this time-wall-time (objective time)!

TRANSPOSING SUMMARY, CONCLUSION, AND POSSIBILITIES

You now have the tools and ability to transverse our space and time to go to any other at will without any apparatus of any kind- no machines, no ships. Just think, you can now explore, experience, and enjoy all of God's infinite infinity without leaving the comfort of your own home. You can now use your armchair for some real fun!

With transposing the whole of infinity is open to you for you to enjoy.

We are our own space time ships. We are in command.

We are all actors in a grand stage, the stage of infinity.

You are your own guide, your own destiny.

We are all fun and frolicers in an infinite playground of infinite possibilities.

As Mr. Spock of Star Trek fame has shown us

Infinite Diversity

I D I C

Infinite Combinations



LIVES!

EDITOR'S NOTES:

Transposing is the type of thing that forces you to take command of yourself, you, and your surroundings. It forces you to be self-realized. You must become you. Be confident in yourself and your powers as an infinite being.

If around others tell em not to bother your body. It may not have heart beat and you may not be breathing. It is still your body and I assume you would want it on your return here. This is in case they might want to call an ambulance or doctor or even worse, have you burried cause they thought you were dead. Make sure the person can be trusted and is confidential. You don't want them telling everyone that you're out traveling around the universe.

It may take you days, weeks or even months to iron out and get rid of all your attachments here on earth. You can do it. Just stick with it and think through and think out all attachments-physical, emotional, and mental. Be patient but persistent.

Transposing is a highly specialized and developed skill. It will take some doing on your part and it will rouse your innermost self. Don't be afraid of yourself. Be gentle. Be understanding. Be firm. Facing ourselves is something we are not used to doing. I have done it and so can you.

SELECTED REFERENCES AND READINGS

The Many-Worlds Interpretation of Quantum Mechanics. DeWitt and Graham. Princeton University Press. If you are 'into' any kind of space time doings, this is the book.

The Great Secret. Eliphas Levi. Aquarian Press. Good book on truth.

UNIFIED FIELD THEORY. CETAR RADF (Research and Data File). Space time Structure.

UNIFIED FIELD THEORY,A. CETAR RADF. One of only 400 books printed on UFT.

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REALITY, CONSCIOUSNESS. CETAR RADF. Consciousness' effect on reality.

REALITY, QUANTUM MECHANICS. CETAR RADF. Mathematical approach to reality.

Human Comprehension Course. FRY'S, 879 Park Ave. Perris, CA 92370. Good course on discovering yourself.

Gaze Perception. L. Arklinski. CETAR. Reality is what you perceive it to be. Restructure yours!

CRYSTAL POWER. Michael Smith. Mind interaction on the space time continuum.

WAVE THEORY OF TIME TRAVEL. L. Arklinski. CETAR book. Structure of time and travel in it.

TIME TRAVEL TODAY! L. Arklinski. CETAR book. The many methods, machines, and secrets of time travel.

Einstein's Unified Field Theory Articles. CETAR book. Einstein's approach to the structure of the space time continuum with reality.

Secrets of Precipitation. L. Arklinski. CETAR. How the mind can structure reality to create things out of thin air!

TIME TRAVEL. CEDAR RADF. All about time travel.

TIME MACHINES. CETAR RADF. All about the time machines used in time travels! Great stuff!

MASTER DREAMER. L. Arklinski. CETAR book. How to master your dreams. Good book on how to master and know yourself.

Miracle Mastery. David DeBold. <http://www.AllThingsPsychic.com/miracles>

In Your Dreams. David DeBold. <http://www.AllThingsPsychic.com/InYourDreams.pdf>

-* CETAR books. Send \$1.00 for catalog, \$3.00 for large book catalog.

-* CETAR RADFs. Send \$3.00 for technical research catalog, \$4.00 for large research catalog.

-* CETAR devices. Send \$3.00 for fantastically amazing specialties Catalog. Great!

DAVE NOTE: Sadly, I have found no way of acquiring additional CETAR books or RADFs, or contacting Mr. Arklinski. If anyone has any information on how to get any of these materials, please send me an email and let me know: Dave@AllThingsPsychic.com

I am very interested in getting other Arklinski materials for my archives, and I would love to compare notes and personal experiences with Mr. Arklinski in person if that were ever possible.

On a personal Note to Mr. Arklinski: Thank you very much for sharing your knowledge and experience with us. This partial booklet, which I found "by accident" in a damaged manuscript section of a used book store is the *only* information that I have found that gives useful, practical information that corroborates my own discoveries and findings, and as you said: "Everyone needs friends."

Please get in touch with me when you get back!

- Dave