

The Secret of Invisibility

NOTE: In your excitement and curiosity to learn the secret of becoming invisible, you'll rush through and quickly scan the information below.

That's human nature. But when you decide that you REALLY want to become invisible, you're going to have to spend some time at it. About a month should do it. It's going to take some dedication from you. Nobody is born knowing how to walk but we are all born with the tools need to learn.

If you really want to do this, you'll master it. Some customers report that they have read through this information, applied it and vanished. They are the exception to the rule. The average user will take about 3 or 4 weeks, practicing for about an hour or less a day. Simply study the information below and follow the guidelines. If you'll do that, invisibility will be yours forever.

After 3 years of intense research, we are confident that the following is the fastest & simplest method of obtaining real invisibility now known to exist. The American CIA and foreign intelligence agencies are using a similar invisibility method but their agents undergo a much longer training period.

There are seminars held several times each year in various countries that teach this skill but at very high cost... usually well over a thousand dollars for a quick, 4 hour lecture! Again, you now have the quickest & cheapest method known to produce real invisibility!

To walk invisibly among people without being seen can be accomplished with the directed will of your mind. Your mind's directed will shall allow you to project your rational self invisibly into physical

reality, free to travel anywhere while unseen.

Have you ever noticed that when some people make a birthday wish and blow out the candles, their wish comes true? How does that work? They desired it & HAD to have it. The birthday power-wish becomes the directed will of the mind and the mind provides by projecting the will into reality. When asked with willpower, the universe provides solutions and fulfills desire.

Or how about a wish made upon a star? Those sometimes become true, too. If the desire is strong and the mind's will is directed, the universe will satisfy the desire and the desire will become reality. Ask (project) and you shall receive.

Have you ever looked at someone and they picked up on your vibe and looked back at you? You felt instantly embarrassed! Why? Because you were thinking about that person in a sexual way and they felt it. You were projecting a sexual image with your mind and they picked it up. They knew you were thinking about them sexually.

You were projecting.

Have you ever felt like someone was staring at you, you looked around and someone WAS looking at you? Creepy! You picked up on their vibe. You FELT them. They were projecting and your mind knew it. They were thinking about you sexually and you picked up on it.

They were projecting.

Have you ever thought of a friend and the phone rang? Guess who? How did you know? Your friend was thinking/projecting and you picked it up.

Or how about people who always seem to 'know' when something is wrong with a family member or with a close friend? How could the mom know that her child needed her?

Again, examples of projection at work.

The human mind can project into reality. Ultimately, this is the skill we will exploit to become invisible. With a small amount of training your mind can accomplish the task of granting invisibility!

You have always been able to do this. Everyone can. They just don't know it.

You have a 'modern' mind. It's full of science & stuff. It's a product of western civilization. Your mind 'believes' some things to be true already. You believe in some science, some religion and some magic.

If you were told that mermaids were real you might refuse to believe it. You might refuse to believe that ghosts are real. Or maybe astronauts didn't really walk on the moon. The point is that your mind becomes the filter of what you will and won't believe. If we change the filter of your mind, new & exciting things become immediately possible.

The experiments below will demonstrate that invisibility is possible once the mind is conditioned to BELIEVE and has been trained in simple technique.

The keys to invisibility are belief, directed will/desire and a quiet, focused mind.

If you choose NOT to believe that your mind is able to perform these tasks then you will NOT be able to accomplish the

goal. The opposite is also true. If you can modify your western belief system and accept that your mind is capable of alternate realities, you can achieve that goal.

"Huh?"

Let's explain with an example. Let's pretend that tonight while you're sleeping you have a dream of walking around in a huge forest. In the dream you can see the trees, hear the birds, and smell the leaves. You can even feel the cool air on your face.

Here's a secret: You ARE in a forest and it IS reality.

Repeating: IT IS REALITY.

The dream-forest is your only reality, so it HAS to be true. To your mind, you are NOT in your bed sleeping and dreaming. Your mind/soul really believes that you are in the forest and having all of those experiences. It IS your only reality and since it's the only reality available, what else can your mind attach itself to?

Did you know that if you believe a pot of scalding water is falling on you, your skin blisters even if ice water is switched without your knowledge?

This has been well documented. Your body will produce blisters from simple ice water if your mind BELIEVES that boiling water is splashing and burning you. Your mind believed in the alternate reality and modified your body to accept the results. Fascinating!

Once you understand this secret of how your mind works, you can use it to produce miracles!

If your mind believes that something is true, it will be true. Eastern philosophy understands this completely. To your mind, you ARE the center of the universe. To your mind, the universe dies when you die. The universe is only within your mind and the universe is only what you perceive it to be.

Repeat this out-loud: "There is no reality but my perceived reality."

Repeat it again a dozen times.

Let's get back to the example of the forest dream. It seemed so real! But when you wake up, you tell yourself it was only a dream. However, when you were in the dream it WAS real. At that moment in time there was no other reality available to you and that's why such dreams are so real; because they ARE REAL to your mind at that point in time. If you can't understand this concept, re-read from the beginning and try harder to learn this important point.

No, you won't be dreaming of being invisible (we'll get to the nuts & bolts of it soon). But to move forward in this process of invisibility you must believe that it's really possible. If you fight it, you'll lose. It's really not that difficult a concept to accept. The brain/mind/soul can do anything.

Look, if you BELIEVE that the ocean is outside of your front door, when you open the door you WILL see the ocean. YOU WILL BECAUSE YOU BELIEVE IT! No one else may see the ocean but it doesn't matter because your reality is the only true reality, as seen and experienced through your eyes & mind. Saltwater will drip from your face and sand will squish between your toes because the ocean IS at your front door. It has to be BECAUSE

YOU BELIEVE IT! Again, belief is the most important key to becoming invisible.

Let's try a quick experiment: Go to a quiet spot and make yourself hear something, anything at all. Listen and MAKE YOURSELF hear bells, laughter or a train. Or bring up a favorite song. Keep trying until you can hear it plainly in your mind.

Now, what just happened? You heard something that no one else could hear. Did you hear it? Yes. Then was it real to you? Of course it was. Your mind just heard music, laughter or bells. It WAS a reality to your mind because it DID happen! Do you understand this concept? Reality is ONLY in the eye and mind of the perceiver. If someone tells you that they saw a ghost, to their mind THEY DID! It doesn't matter if you believe them or not because your reality is not their reality. They believe it so it HAS to be true.

Repeating again, belief is a crucial key to invisibility.

The mystics of history had almost the same theory as to why this works but the methods they used were very difficult. They believed that in order to gain invisibility, the practitioner had to use the phases of the moon & the houses of the stars, spells and potions, candles and magic wands, blood of woman and sperm of man, invocations of spirits, angels, devils, demons, be pure of heart with an endless faith in the God I AM.

They believed in those methods because those methods worked.

How could they be wrong when the method made them invisible?

Today we know that the mechanics of their magic gave them belief, their belief allowed their directed will/desire to manifest and they ultimately became invisible BECAUSE of that belief and desire.

The chants, spells, circles and potions were simply tools to force & condition the mind of the spellbinder to BELIEVE it could work. That's why Voodoo works, because the worker believes it does. You can stick pins in a doll for a month of Sundays and get nothing for your efforts. But if you believe that the pin is really hurting your enemy...

The medicine man makes it rain with a dance of magic.

Hindus mystics enter a trance and walk on fire.

With faith (belief) all things are possible. The bible says that with belief you can move a mountain. You can, if you believe that you can.

A real wizard, magician, witch, priest or magi eventually doesn't need candles and magic circles to work their wonders because they've conditioned their minds to believe that what they desire is truly possible. But to teach the up-and-coming wizard or magi, the elder-ones had to condition the young. Thus the circle of initiation and self-sacrifice to condition belief continued for thousands of years.

The same secret holds true for alchemy. The ultimate goal of the alchemist wasn't to transform lead into gold. The gold making was the ultimate test. By transforming themselves into believing in the possibility, they could

obtain the lesser goal of metal transmutation. The effort in believing took a lifetime but success was obtainable. (It still is!)

Everyone in history who ever obtained the power of invisibility had to WANT it and believe that it was possible. It's in the desire that directed will is activated. The methods used didn't matter, once the supplicant was conditioned to believe it was possible and they directed their desire/will towards the goal.

The good news is that you're being given the modern path of simple belief, desire and technique. Invisibility is yours without having to sacrifice a pure, black goat on a secluded mountaintop (in the nude) with a purged, silver knife under a clear, full moon at the moment of summer equinox to the Angel Lucifer within a circle of protection and with the blessings of God Almighty.

Simple belief, desire and technique will allow you to vanish.

"O.K., I'm ready to believe. HOW DO I DO IT?"

The ability to become invisible will take about 30 days or so; practicing for about an hour or less a day. We will give you the basic steps but the old adages are true: practice makes perfect & the more you put into it, the more you'll get out of it. The first critical step towards becoming invisible is control of your mind.

To walk in the real world while invisible we must project our mind/soul & build a secondary, invisible body. Or to put it another way, your mind will allow you to go anywhere and do anything while completely invisible to those around you.

The new invisible body double/mind/soul is able to depart from the physical body, bringing your conscious mind along with it. A projecting, invisible traveler will visit and see things that could not have been known by the physical solid mind back at his or her home. You walk invisibly in the world!

Let's say that you "send" yourself invisibly over to a friend's house and you walk into his living room while he is writing a letter. You watch as he gets up, goes to the kitchen and pours a glass of water then returns to his desk and continues writing. Later that day, you call him on the phone and ask, "Did you finish your letter?" He'll tell you that indeed, he WAS writing a letter! You were there and you were invisible!

STEP #1:

Begin by choosing a quiet spot that you can visit daily. Your bedroom would be a likely place but you could choose a spot in the woods or your kitchen as long as it's reasonably quiet and peaceful. Make yourself comfortable. You may sit, stand or lay down. Let's assume that you're lying down. Place your hands and legs in a comfortable position, then begin to breathe.

"Breathe?" "I AM breathing!"

No you're not, not the right way. The breath you must take is a 4 count**. Close your eyes. Relax your entire body. Relax your legs, your arms, your back, your head. Force your body to release all tension & be loose. Start with your lungs empty, then slowly inhale for 4 seconds; filling your lungs with air. When full, hold your breath for 4 seconds then begin to exhale for 4 seconds. Wait 4 seconds with your lungs empty then repeat the cycle again. Over and over again.

After about 2 or 3 minutes you will start to feel the energy flowing in your body. This feels great! Continue the breathing cycle and begin to focus upon your relaxed body. Try to feel your hair upon your forehead & the air rushing from your nostrils. Try to feel the pulse in your ears, chest and neck. Feel the carpeting under your head.

Keep your mind focused upon your body. Your mind will begin to run away & you'll suddenly find yourself thinking about trivial thoughts and mind-chatter. DON'T! Fight your mind and bring it back to the focus upon your body.

Your mind is going to hate this! It will become a struggle to keep a steady focus upon breath and body. Our modern mind hates being kept quiet. The mind is like a small child that must be told what to do. COMMAND your mind into behaving.

Most people have never really focused their mind and will find this exercise HARD at first! All your life your mind has skipped around and gone wherever it wanted to go. Now YOU are taking control and directing your mind to a specific, interior task. Breathe in a cycle and quiet yourself.

Quiet your mind-chatter and focus within. Remember, you've only been at this for 5 minutes. Your mind has been free to roam your entire life. Take the reins of control to your mind. DON'T WANDER with your thoughts. You must take full control of the mind to become invisible, there's just no other way. It isn't that hard once you condition yourself. This first exercise should last anywhere from 15 minutes to an hour.

"I feel sleepy!"

If you find yourself starting to fall asleep, then you're not focusing your thoughts. Your mind hates being forced into compliance and it's putting you to sleep so that it can quit working for you. Again, fight and focus upon the breath and body.

"I'm having trouble. What should I do?"

If you're having trouble, this will help: Sit in a chair, relax and find a spot or point upon the far wall about 10 feet away (a nail head would work well or make a black point with a pencil.) Now stare at the point. Don't look away. Not even a fraction. Stare into the heart of the point on the wall. **DON'T STOP.** You may blink all you like (after a while, you will stop blinking). Don't let your eyes wander. Keep staring at the center of the point. After 30 seconds or so, your eyes will begin to drift away. Force them back! **KEEP STARING!** Don't stop!

Your eyes will begin to shake and they may begin to water. It will become a torture! Keep staring! Blink again and again if you need to, but go right back to the very center of the point. Hold your eyes upon their task! Own your eyes! Control your mind. You've heard the expression that the eyes are the windows to the soul. **TAKE CONTROL OF YOURSELF!**

After 3 to 5 minutes, if you've been staring intently at the point, your eyes will go blind! They'll stop working and everything will go black. Your eyes shut off. Cool, huh? You're in no danger. Simply move your eyes slightly and your eyesight will instantly return to normal.

There's no harm done.

The blindness indicates that you were successful in shutting off your wandering mind and have taken control of your inner self. Success! You've controlled yourself! If you continue to stare into the blindness, you'll see visions.

The visions are caused by the inner-mind searching for something new to look at besides that dang point on the wall. The visions are projected onto the mind's eye or dream-screen and can be controlled and directed at will (see below). When you perform this staring exercise a few times you'll discover that blinking is directly linked to brain thoughts.

Each time you have a new thread of thought your eyes blink. That's why controlling your mind and forcing it to stare at the point with directed will stops the blinking. You've stopped thinking so you don't need to blink. Your eyes will not dry out. In fact, you'll surprise yourself as to how long you can comfortably keep them open. (We've seen some people keep this up for over 30 minutes without a blink!).

Your eyes will cool and take care of themselves. This is a great exercise in inner-mind control.

Once you can tackle the spot on the wall, go back to step #1 and master it.

When you finish an hour of training with step #1, go on with your day. You've controlled your mind with focused, quiet thoughts. You'll also have super-energy from your controlled, cycled breathing.

"O.K., Now what?"

Practice step #1 for a week. **DON'T GIVE UP!** Your mind must calmly accept focus

and easily respond to your commands. Invisibility is worth a little effort. With a small bit of effort, you'll quickly learn how to control your mind.

"I can relax, focus and breathe pretty good! What's next?"

Step #2 is not complicated. In fact, it's much easier and much more fun than step #1. You must now learn how to imagine and paint pictures with the mind's eye.

"IMAGINE? Am I going to IMAGINE I'm invisible?"

No! However, you're still in training and we have to get your mind to the point where you can BE invisible and to get there you have to build a bridge in your head. Again, you weren't born knowing how to walk but you were born with the tools you needed to learn how. Your mind has the tools to grant invisibility... it just needs your help in shutting down the 'extras' that you clutter your mind with.

With that said, let's begin step #2: learning how to imagine & paint pictures with the mind.

STEP #2:

Go to your quiet place and enter step #1. After about 10 or 15 minutes you should have a nice energy level, a relaxed body and a focused, quiet mind. Now, build a nature scene on your dream-screen. The dream-screen is that place inside the front of your brain where you can paint and see pictures with the mind's eye. Daydreams take place on the dream-screen.

Most women can turn on their screens fairly easily. Men have a much harder time unless it's a sexual fantasy. Every man knows how to dream-up a picture of a woman. That's easy. If you're a man and having trouble painting a nature

scene in your mind's eye, start with a sexual image then fade it out into a nature scene.

Your nature scene should be a meadow or a forest or the ocean; something in nature free of other people. NEVER imagine other people.

Now begin to paint the scene. (Meanwhile, you are still performing the breathing and relaxation phase of step #1.) Begin to see flowers, trees, lakes of water, the sky, the sun, the clouds, birds. PAINT! IMAGINE!

The images you create should have as much detail as possible. See deep into the flowers or trees. See everything! Paint with vivid detail within your mind.

If you're having trouble starting-up the dream-screen, paint a picture that comes easily to you (sexual or otherwise), then fade out from your starting image and go back to a nature scene.

Some people can only start with something small, such as an apple on a tree. O.K., paint an apple with your minds' eye. See it. See how red it looks; see how the little flecks of gold on its skin glisten; see the small stem popping up from the top. Make it REAL! In your mind, on the dream-screen, you want to bring EXTREME detail to your images. Notice the leaves all upon the tree, the way the sun dances with their colors. Details make it real.

"I'm really having trouble with this painting thing. What can I do?"

A small segment of the population has real difficulty in using their imaginations. There's another way into the dream-screen. Find a painting, a picture, or a

photograph of a scene in nature. You could also use an aquarium. Choose something pretty to look at that can be placed easily in front of your eyes. Now, go into step #1, yet keep your eyes open and focused on the painting or aquarium. Look into it and begin to see and experience the view from WITHIN the picture.

Imagine what it would be like to be IN IT. If it's an aquarium, try to see things as the fish do. If it's a picture of a country road, imagine walking up & around the bend, out of view. Some people will find this to be an easier exercise than conjuring up images from scratch in their mind.

Either way, you're using your imagination in a controlled, focused setting and teaching your mind to create a second/dual reality. Each time you practice this step, paint in more detail. See each blade of grass. See the grains of sand on the beach. Look deeper and deeper and go farther and farther each time. Practice makes perfect! Perfect your practice! After a few sessions, you'll yearn to enter into your daydream nature scenes... it's a very nice place to visit!

Once you have mastered the ability to conjure up detailed nature images in your mind, there is one more crucial step. You must also teach yourself how to erase an image.

For example, let's say that you have created an apple tree loaded with ripe, red apples. Focus your attention upon one apple and erase it from the others. There is now one less apple on the tree. Everything else remains the same. Once you remove it, bring it back. Do this again and again to strengthen the ability. If you're having trouble, reduce the scope

of the entire scene down to a few details. Perhaps you'll start by imagining only 2 apples on the tree. Now focus your mind and erase 1 apple, leaving only 1. Now picture both apples again. Now, just 1. Practice erasing images until you're comfortable with the ability.

Once you have learned how to create nature scenes with vivid detail and can pop images in and out of your imagination with relative ease, you can move on to step #3.

Note: Feel free to travel wherever you wish in your nature scenes but NEVER create other people and be sure to make every detail vivid and very real. You must master the ability to create and erase these images easily.

Also, except to kick-start your imagination in the very beginning, neither men nor women should use sexual fantasy-pictures as a visual base. Creating sexual pictures or fantasies takes a different form of energy than nature scenes when manufactured in your mind and because of this, they'll end up hindering you from becoming invisible.

Yes, as a man, sexual pictures are easy to create but the images take on a life of their own and are not the result of a really focused mind. Instead, your mind will insist on running with the pictures towards a sexual climax and won't remain under your full control.

Have you ever noticed that sexual fantasies are only powerful or stimulating when you first think of them? The excitement/power fades with time because the mind needs new stimulation/input to satisfy its sexual urge.

This is why men should stay far away from pornography as a regular object of sexual stimulation/desire. The repeated misuse of pornography ultimately results in its inability to satisfy and can cause a type of mind-injury that may never fully heal. Repeated reliance on visual sexual images may result in mental impotence. In time, NO image will satisfy a man and sadly, he will spiral downwards towards mental impotence.

Women rarely have this problem with pornography addiction because women aren't (usually) sexually stimulated by external visual cues. Instead, women's sexual fantasies revolve around relationship scenarios that often don't radically change during their lifetimes.

And once again, you should never create other people in your mind's eye during these imagination exercises. Other faces/people will want to live & interact with you, dragging your attention away from learning the control of creating a detailed scene in nature with the mind's eye.

STEP #3:

O.K. A couple of weeks have gone by and you can now focus, relax and control your inner-mind with ease. You can also easily paint a great nature scene in your mind's eye and you can create and erase an image with directed will.

It's time to become invisible!

Get a large a mirror (as big as possible) so that you can see your entire body in it. (Buy 2 closet mirrors, cut the inner edges (careful!) of the frames away and mount them next to each other if you have to.) Seat yourself (dressed) in front of the mirror and study your reflection.

Peer at yourself closely. Examine YOU in full detail. Once you have a clear picture of yourself, enter step #1, close your eyes and begin to imagine/paint your reflection as seated in the chair. Create a picture of yourself sitting in the chair.

Can you see yourself? If you can't see the full details of your face & body, open your eyes and study your reflection again. Now close your eyes and dream-up your body and face.

Practice until this happens. When you have succeeded and can easily see your body and face seated in the chair, a big jump is about to happen. Direct your will and TRANSFER YOUR MIND'S POINT OF VIEW into the double image you've created.

Now, instead of you looking at the reflection, your reflection/double is looking at you. Your mirror-self/reflection is using its eyes to look back at the real you.

As soon as this happens, you have just seen yourself from outside of your real body! This is the path to becoming invisible. You are almost there! Keep at it! Work to see yourself sitting in the chair from the perspective of the double's eyes.

As soon as you activate your double's eyes and see your real body sitting in the chair, look past your body and begin to look around your room. DO IT again and again! Look beyond and see the walls and furniture using the double's eyes.

The object of the final lesson is to command your vision to manifest itself from the eyes of the double and picture your entire room. Keep trying to see the room through your double's eyes.

This exercise is no different than painting a nature scene except that seeing your room & seated body from your reflection's point of view is the final goal of your imagination.

To some extent you will be relying on memory here but your ability to perceive yourself & your room from the double's perspective will increase to a point of certainty.

Continue to practice seeing from the double's eyes & your mind will soon step-out from your physical body and reside in the mirror-double!

Practice for about an hour a day. You'll soon get a couple of clues that your power of true mind transference is about to occur.

After a few days of practice, you'll suddenly feel like you're going to fall out of your chair. You may feel like you will lose your balance and will tip over or fall down.

Your natural instinct will be to lean in the opposite direction to steady yourself. This is a big moment! The little dizzy spell you just had indicates that your directed will has freed your mind/soul and it's moving out of alignment with your physical body.

It's right about here in your training that it all stops being a daydream or visualization and instead, it becomes reality. There is a gray-area somewhere in this technique where your mind will not only transfer itself into the double and take temporary residence there but will actually create and paint your body double into reality! The act of your mind projecting its perspective will also carry

& project a double of your body into the space of your room. Because you believe that you can see yourself through the eyes and perspective of your body-double, it becomes a real body with eyes!

When you step-out of the body and project your directed will into the double for the first time, you'll shock yourself. The shock will jolt your mind and it will immediately rush back into your physical self.

Another big moment!

Learn to control the surprise of departure and use it to train your mind into anticipating the division of mind/body. It's a great road sign that your training is working.

Continue the daily exercises and concentrate on seeing your body and room through the eyes of your double. Again, suddenly somewhere in the training you'll know that you really ARE out of your body and really IN the double! Stand up and walk around! You are now outside of yourself!

At this moment in the lesson, if someone walked into your room while you were practicing, they would see two of you! One of you would be seated in a chair (the real you) and one of you would be standing in the room (your double). A frightening experience for them but quite harmless for you!

To activate your invisibility, you must first transfer your mind into the double and then erase your double's image with your mind. Just like vanishing the apples in step #2, simply erase the image of your double with your mind. Poof! Your double will vanish. Use your mind to imagine your double's return and again...

Poof! The double will reappear into view!

Stunning!

The ability to see out of your double's eyes will remain intact but the body of the double will vanish from reality. (When you are out of your body, either as a visible or invisible double, you can still see on the physical plane of reality. This is also known as remote viewing.)

You now have the full ability to be invisible! You can turn this amazing skill on and off, blinking in and out of reality as you command and wish with directed will! Unbelievable but true!

The first time it happens to you, you'll be astounded! It really DOES work!

(We TOLD you it works!)

Once you've successfully projected your mind into a visible or invisible double, you'll find that you don't have to walk. You can simply will yourself from one place to another. You don't need doors. Just direct your will or intentions to wherever you wish to go and you'll instantly go there.

Unreal!

You'll also discover that you can fly! Just think 'UP' and up you'll go!

Real levitation!

Returning to your physical body can be immediately accomplished by just thinking of going back. Just think the thought and zap, you're back in the physical body instantly. You CAN'T be locked out of your body. It's far easier to

go back into the body than it is to manifest your double.

Keep training. With each session explore more of your surroundings. Keep popping in and out of view! Pass through a wall! Fly up to the ceiling! Fly up onto the roof of your home and look around! Fly 50 feet above your roof!

Flex your mind muscles!

If these simple techniques are practiced regularly for three or four weeks then success is certain. However, once the first few projections occur it's important to re-double your efforts to ensure that this newfound ability becomes a strong, permanent success.

Each time you perform this stage of your training you'll become stronger in the ability. Soon you'll discover you can leave your house, you can leave your street, you can go anywhere, either as a visible double or while being completely invisible to everyone!

There are cases on record (Charles Fort, Ripley's Believe It or Not, others) of men or women coming home at night from work and after walking through the front door, they went into their bedroom to change... and were followed through the front door by themselves! They came home twice! Children have manifested this effect as well, to the horror of their parents.

These people had managed to project their body-double during a daydream without conscious effort. A few saints in the bible have done this, too. It's known as bi-location. (In Germany, when a visible body-double 'ghost' is seen to be walking around town, they are recognized as such and are called Doppelgangers.)

The difference between most of those people and you is that your training will give you full control of this outstanding ability, whereas most recorded manifestations in history were the result of unconscious directed willpower.

So there you have it. The keys of invisibility are belief, control of the inner-mind & persistence in the projection of the mind's directed will into reality.

And only 3 simple steps and 4 short weeks stand between you and success!

Sadly, there are many who will read this outline but will never apply it. Perhaps you're afraid. Maybe you think you're just too busy to give it an hour a day. HOW DARE YOU! You are holding a secret in your hands that men have searched their whole lives for. In ancient times, men committed murder trying to wrestle the inner-workings of this fascinating ability from the hands of it's masters.

Don't let fear or a lazy attitude stop you from conquering this amazing skill.

Why just read these words and dream about how interesting invisibility would be? Resolve now to persevere for a period of a few weeks and practice daily. Just try it! You deserve to master this! With just a small amount of effort on your part, you'll be delighted at just how rapidly your persistence will reap a huge, wonderful gift from the gods... you'll be as a god... you'll be truly INVISIBLE!

** It's more important to breathe in a cycle. If you can't do a 4 count, a 3 or 2 count will be fine.

The Secret of Invisibility
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