Please take care when using all herbs etc - especially pregnant women, as some herbs such as pennyroyal can be harmful to them.

If in doubt seek advice from a herbalist

Avocado Desire, beauty in self + surrounds

Alder Firm foundations and power over externals Called tree of fire. Four winds, Pisces

#### Aloe

Beauty, protection, success, peace.

Aloe has always been known for its healing qualities. For treating wounds and maintaining healthy skin. It may be applied right from the plant or in gel form for burns, sunburns, and can relieve poison ivy rash and helps to combat a variety of bacteria that commonly cause infections in skin wounds. It is also an excellent additive for soaps and creams as a conditioner. After using gel from a leaf the opened leaf will seal itself so you can store it in a sealed plastic bag in the refrigerator for future Uses. Feminine, Moon, Water.

Amaranth (cockscomb) repair a broken heart

Anemone Honesty, health, healing protection

Angelica Prosperity, abundance, money Protection, Exorcism. Carry the root with you as an amulet. Masculine, Venus, Fire. Burn the dried leaves in exorcism rituals

Anise

Protection, purification, awareness, joy. A pillow of anise keeps away nightmares.

For treating coughs, bronchitis and a stuffy nose, it loosens bronchial congestion, making it easier to cough it up and expel it. A good breath freshener in the morning, and if kept by the bed it will prevent bad dreams. Also a digestive aid and can relieve an upset stomach and flatulence when taken as a tea, and a treatment for colic. Also suggested that anise may be beneficial to women because certain chemicals in the plant are chemical cousins to the female hormone estrogen. Though it is mild, anise may help to relieve the discomfort of menopause. Also a good sedative. In traditional folk medicine it has been used to promote milk production in nursing mothers. It's recommended dosage would be 1 teaspoonful of seeds for every cup of boiling water, steep 10-20 minutes and strain, drink 3 cups a day for maximum effect. A good general cleansing bath is made with a handful of anise seeds and a few bay leaves.

Aquarius Masculine, Jupiter or Moon, Air.

Apple Fertility, health and long life Love spells, good luck Feminine, Venus, Water

Ash

Expand horizons, travel, health, strength and prosperity. A tree with protective qualities, it is used to make brooms for purification and wands for

The leaves bring luck and good fortune when carried in a pocket of bag worn around the neck healing. The leaves placed beneath a pillow induce psychic dreams.

.Masculine, Sun, Water. Taurus

Aspen Communication, eloquence, anti-theft

Aster Love, inner worth

Azalea Caution, harmony, vulnerability

### Balm of Gilead

Love amulet, manifestations, protection, healing. The buds are carried to ease a broken heart and can be added to love and protection charms and spells. Feminine, Saturn.

Balm, Lemon Love, success, healing Cancer

Bamboo Protection of household boundaries and against negative thoughts from others

Banana Fertility, male potency, prosperity

Basil

Love, exorcism, wealth, conquer fear of flying, Protection, love, wealth (if carried in your wallet), healing relationships, ensuring faithfulness in a mate, courage, fertility, exorcism.

It is good as a tea for calming the nerves, settling the stomach, and easing cramps and good for the bladder. In tincture form, also makes a good hair rinse for brunettes. An ingredient of the Purification bath sachet. Add to love sachets and incenses Candlemas herb

Scorpio Masculine, Mars, Fire

Bay Laurel

Preservation of family, home, pleasant dreams. Wisdom, protection, psychic powers, banishes negative energy. DO NOT TAKE INTERNALLY-use as a poultice on chest for bronchitis and chest colds. Herb of Candelmass and winter solstice, Yule. Masculine, Sun, Fire

Bay

Protection, psychic powers, healing, Psychic visions and dreams, purification, strength and endurance. repels negativity and evil Masculine, Sun, Fire.

Beech Knowledge, formal learning

Benzoin Purification, prosperity Used widely in purification incenses.. Tincture of benzoin preserves oils and preparations Masculine, Sun, Air. Bergamot (orange) Money, prosperity

Betony wood Protection, purification, love Add to incenses of protection and purification. Sleep on a pillow stuffed with betony to prevent nightmares. Masculine, Jupiter, Fire

Birch Cleansing, health, wisdom, new beginnings, protection of young lunar workings Sagittarius

Blackthorn Scorpio

Bladderwrack Protection against accidents or illness- esp. at sea, action money, psychic powers Sea rituals, wind rituals Pisces

Bluebell Faithfulness, luck, modesty, truth

Bodhi Courage, psychic awareness

Boxwood Hidden treasure, buried talent, the unexpected

Bracken/broom Healing, divination esp runes, prophetic dreams, fertility, rainmaking

Briony Image magic, visualisation, money, protection

Buchu Psychic powers, prophetic dreams

Buckthorn Healing, exorcism, wishes, legal matters

Burdock Protect against negatives, healing, love and sex magic, magical cure for coughs

Buttercup Riches, self-esteem

Cactus Protection, purity, Endurance

Camphor Purity, fidelity, health, divination

# Camomile

Good as a meditation incense, for centering, peace, sprinkle in your home for protection, healing, money. Plant camomile in your garden to be the guardian of the land, and you will have certain success Is an excellent herb both internally and externally for calming. Great for digestion, fevers, burns, antiinflammatory for wounds, and sedative for nervous disorders. And relieves stomach aches and diarhoea in infants and small children (always using in diluted form). In tea form, made of 2 teaspoons of the herb steeped for 5 minutes in a cup of boiling water is a gentle sleep inducer. Chamomile also makes an excellent insect repellent, simply splash some tea on face arms and feet. It is also a good hair rinse for blondes Masculine, Sun or Venus, Water

Caraway

Protection, passion, health, anti-theft, mental power. Add to love sachets and charms to attract a lover in the more physical aspect. Also a mild stimulant for digestion Masculine, Mercury, Air

Carnation

Worn by witches for protection during the "Burning Times", adds energy and power when used during a ritual as an incense. Strength, healing, family devotion Aries Masculine, Sun, Fire.

Carob Protection, health

Cascara sagrada Legal matters, money, protection

Catnip

Cat magic, familiars, joy, friendship, love.

As an incense it may be used to consecrate magical tools

Its flowers and leaves have often been used to treat colds and insomnia. It lowers fevers, dries up post nasal drip, gets rid of bad headaches and relieves sore aching bones due to colds and flus, when taken in tea form, 2-3 times daily.

Pisces: Feminine, Venus, Water.

Cat magic, love, beauty, happiness in home, fertility charm

Cedar Good fortune, faithful lovers

Cedarwood Healing, purification, money, protection

Celandine

Protection, escape from sorrow and worry, happiness, justice and legal matters Helps the wearer escape unfair imprisonment and entrapment, cures depression. Masculine, Sun, Fire.

Chamomile Money, quiet sleep, affection and family

Cherry New love, divinatory abilities Aquarius Chestnut Abundance

Chestnut – horse Money, healing

Chicory

Removing obstacles, invisibility in hostile situations, receiving favours, melts frigidity in physical and mental plains

### Cinnamon

Spirituality, success, healing, psychic, money, love and passion

Spiritual quests, augmenting power, love, success, psychic work, healing, cleansing. Used in incenses for healing, clairvoyance, high spiritual vibrations. Reputed to be a male aphrodisiac. Use in prosperity charms. It is an excellent aromatic and makes a good anointing oil for any magical working.

It is recommended as a skin astringent and digestive aid in tea form. Ground, or taken with milk, good balance after a heavy meal or dessert. Also used for diarrhoea, dysentery or general indigestion Leo Masculine, Sun, Fire.

### Cinquefoil

Prophetic dreams – esp love, peaceful sleep, good health. Hang around the doors and windows for protection from evil. Use in spells and charms for prosperity, purification and protection Masculine, Jupiter, Earth

Cloth of gold Telepathy with animals

### Clove

Wear in an amulet or charm to dispel negativity and bind those who speak ill of you. Cloves strung on a red thread can be worn as a protective charm. Money matters, visions, cleansing and purification.

It has a mild antiseptic quality for toothaches (chew), or in tea form it is an expectorant for colds, also good foe nausea or

vomiting. It is an antibacterial, antiseptic, and analgesic, which means it helps prevent disease and infection. Masculine, Sun, Fire.

### Clover

Use in rituals for beauty, youth, healing injuries, curing madness. A Four-leaved clover enables one to see fairies, and as a general good-luck charm.

Masculine, Mercury, Air. Associated with the Triple Goddess

# Coltsfoot

Love, visions, peace and tranquillity, protects horses

Columbine Courage, love, the lion's herb, retrieves lost love

# Comfrey

Safe travel spells, money, healing,

Has been known to slow bleeding, aid colds, ease burns. As a poultice or a tea, comfrey may be applied to bites, sores, rashes, broken bones, and cuts. Also a good ingredient for lotions to soothe sunburn Capricorn Feminine, Saturn, Water

Honours the Crone aspect of the Goddess.

Coriander

Protection of home and serenity, peace, good in ritual drinks, incenses for longevity and love spells. Also used in love sachets and charms.

If added to wine, it makes a good love potion for 2 consenting parties. To use in this fashion, grind 7 grains of coriander and mix into a wine and drink. Masculine, Mars, Fire.

Cotton Luck, rain making luck in fishing

Cowslip

Luck in love, a woman who washes her face with milk infused with cowslip will draw her beloved closer to her. Induces contact with departed loved ones during dreams, healing, youthfulness, finding treasure or lost objects, protect home from intruders Fairy cup. Feminine, Venus, Water.

Crocus New hope, vision

Chrysanthemum Protection, riches, truth, peace of mind

Cumin Protection, fidelity, exorcism

Scorpio Curry Protection

Cyclamen Fertility, desire, Partings

Cypress Long life, healing, comfort in sorrow The smoke of Cypress can be used to consecrate ritual objects Virgo Masculine, Saturn, Earth. Connected to death in all of its aspects.

Daffodil Love, luck, fidelity, increase self esteem

Daisy

Idealistic love, luck, devotion. Daisies are also worn at Midsummer for luck and blessings. In the old times, young maidens would weave and wear daisy chains in their hair to attract their beloved Feminine, Venus, Water Decorate the house with daisies at Midsummer's Eve to bring happiness to the home and to obtain the blessings of faeries

Dandelion

Divination, wishes, clairvoyance, welcoming, messages.

The ground root can act as a coffee substitute, and the flowers make a lovely wine. A superb cleansing tonic, and the milky juice is a diuretic, a tonic and a relief for common stomach problems. Use a handful of flower tops to 1 pint of boiling water, steep 10 minutes and strain. Drink this several times a day. Use the milky latex from the stem , rub on a wart several times daily and soon its gone. Also good for night blindness Sagittarius Masculine, Jupiter, Air.

Deerstongue passion, psychic powers

Dill

Money, passion, luck Useful in love charms. Protection - may also be hung in childrens rooms to protect them from evil spirits and protect against bad dreams. keeping home safe from those with envy in their hearts.. A culinary herb.

Virgo: Masculine, Mercury, Fire

Dock Healing, fertility, money

Dodder Love, divination, knot divination

Dogwood Wishes, protection Clear focus

Dragon's blood

Love magic, protection, dispels negative, increase male potency Keep a piece under the bed to cure impotency. Carried for good luck. May be dissolved in the bath for strong purification Masculine, Mars, Fire

Dulse Passion, harmony, reconciliation

Echinacea Strengthening rituals, intuitive powers

Elecampagne Useful in raising spirits and to aid in meditation Masculine, Mercury, Earth.

Elder

Ability to see other dimensions, increase clairvoyance, absorbs personal negativity Branches are widely used for wands. One must always be cautious to ask permission from the Elder Dryad before cutting or harvesting Elder limbs or leaves and berries to avoid very bad luck. It is also considered very bad luck to burn Elder wood. The leaves hung around the doors and windows will ward off evil Tree of the white moon – goddess tree, female household gods. The fairy tree Feminine, Venus, Air

Elm Love and giving Tree of sleep

Endive Passion, love

Eryngo Travelling luck and safety, peace, passion, love

Evening primrose Finding what is lost

# Eyebright

Improves mental powers, psychic awareness. Increased perception. Anoint eyelids with the infusion daily to induce clairvoyant visions and psychic dreams. Masculine, Sun, Air

Eucalyptus

Used in healing rituals, charms and amulets. Place the leaves around a blue candle and burn for healing energies Green pods worn around the neck eases the discomfort of colds, sore throats and congestion. Feminine, Moon, Air.

Fennel

Protection, healing, money

Sometimes employed as an appetite suppressant and digestive aid. Used in tea form to expel mucus. Chew the seeds slowly for really bad breath, or use the fluid extract to rub on gums. Virgo Masculine, Mercury, Fire

Fern

Rainmaking, luck, riches, finding hidden treasure, youthfulness, good health The Fern is an extremely powerful protective plant. Grow them in and around the house for protection from evil and negativity. Feminine, Saturn, Earth

Feverfew Protection Sagittarius

Fig Creativity, harmony and balance Tree of wisdom,

Fir

Yule tree, tree of birth, return of light and new beginnings, the life cycle

Flax Money, protection, beauty, psychic power, healing

Fleabane Banish negatives, purity, protection

Forget-me-not Memories, all matters in the past

Foxglove Protection, Fairy magic

Frankincense

A very powerful aid to meditation. Use to purify ritual spaces and invoke a spiritual frame of mind. Aquarius Masculine, Sun, Fire.

Freesia trust

# Galangal

Protection, passion, health, money, psychic power dispelling hostility

# Gardenia

Used to attract true love. Peace, happiness Cancer Feminine, Moon, Water.

# Garlic

Protection, healing, banishing negatives, passion, security from thieves, good weather, courage, exorcism Lowers tension, ease colds, and improve circulation. Garlic vinegar can be used to disinfect wounds and soothe rheumatic pain and any common pain (made from one litre of vinegar and ten cloves of crushed garlic steeped for at least 10 days). Shrinks warts, relieves pain from teeth and earaches. Good for high and low blood pressure and removing parasites and infections. To ease the pain of aching joints, a toothache or an earache, place a crushed raw bulb of garlic on a piece of gauze and place over the area of pain. For joints, try using garlic paste. Masculine, Mars, Fire.

Gentian Love, power

Geranium Fertility, health, Scorpio

## Ginger

Love, passion, money, power, success

Acts as an aid to ingestion or colds (tea form). Also in tea form, good for cramps, to stimulate the digestive organs,

migraines and nausea, external stiffness. Can be added to the bath as a way to ease pain and increase circulation, but only use a few sprinkles, not to much, like cayenne, ginger quickly brings the blood to the surface of the skin. For pain you can also soak cloths in ginger tea and apply them directly to the painful areas. Add in cooking to detoxify meat, especially chicken. A good healing tea is made from a pinch of peppermint, a pinch of ginger and either a pinch of clove powder or 2 bruised cloves, add 1 cup of hot water and steep. Masculine, Mars, Fire

Ginseng

Love, wishes, beauty, protection, passion, increases male potency. Often used as less dangerous obtainable substitute for mandrake

Stimulant, tonic, and agent for prolonged life. Also a mild pain killer, and improves blood circulation. Reported to successfully treat asthma, bronchitis, cancer, flatulence, diabetes, weakness, fever, coughs and heartburn, and a mild stimulant. In tea form it helps to relieve stress and moderate heart disease. Masculine, Sun, Fir

Goldenrod Monet, divination, finding buried treasure, charm against rheumatism

Gotu kola Meditation

Grass (sweet) Protection, wisdom, purification, psychic awareness

Groundsel Health, healing Gum Arabic Purifies negativity and evil

Hawthorn

Courage, marking boundaries, purification, male potency, cleansing and endurance Used in protective sachets and amulets against evil influences. Promotes happiness in marriage or a relationship. It is bad luck to cut down a hawthorn. Burn the berries as an incense when you need energy and change in life A fairy tree.

Tree of coming summer Masculine, Mars, Fire.

### Hazel

Wisdom, fertility, knowledge and inspiration, justice, divination. Hazel wood is excellent for an all-purpose wand. Forked branches can be used for divining. Sprigs of Hazel can be carried for good luck, they are especially powerful if bound together by red and gold thread Gemini Masculine, Sun, Air.

Heather Passion, loyalty, rainmaking, luck

Heliotrope Banish negatives, prophetic dreams, healing, wealth.

Henbane

Carried to attract the love of a woman. Was once used as an ingredient in a Witches flying ointment. Henbane is extremely poisonous and the upper most caution is urged. Feminine, Jupiter, Water.

Hibiscus Passion, love, divination

High St John the Conquerer Root Use this as an additive to candle anointing oils, and charms to increase their strength. Masculine, Saturn, Earth.

Holly

Protection, against negativity.

Money and material gain Planted around the home for protection against evil. The leaves and berries can be carried by a man to heighten his masculinity, virility and to attract a lover.

King of the waning year Masculine, Mars, Fire. The Holy tree a tree of wisdom and spirituality Aries

Honesty Money, banishing dark fears

Honeysuckle Used widely in prosperity spells and love charms psychics, protection Aries Feminine, Jupiter, Earth. Hops Healing, sleep Used in healing incenses and charms. Hops placed in a pillow will help with sleep A mild sedative.. Masculine, Mars, Water.

Horseradish Purification, banish negatives

Horsetail Fertility, repels spite, protects from snakes

Hyacinth Happiness, reconciliation

Hydrangea Repels negatives to source

Libra

Hyssop

Protection

Use in purification baths, protective and banishing spells. Hyssop was widely used during the Middle Ages for purification, cleansing and consecration rituals. If burnt as an incense or thrown into a fire is said one may draw upon magical dragon energy Masculine, Jupiter, Fire

Iris

Courage, faith, optimism, harmony, intuitive wisdom

Irish moss Money, luck, protection

Ivy

Fidelity, marriage, relationships, constancy Protects the home it grows around and over from evil and harm. In the old traditions, Ivy and Holly was given to newlyweds as good-luck charms Masculine, Saturn, Water.

Ivy Protection, healing

Jasmine

Used in love spells, charms and sachets. Women have used Jasmine from the earliest recorded history because of its seductive effects on men.

money, dreams Moon magic Cancer Feminine, Jupiter, Earth.

Jonquil Seek / increase friendship

### Juniper

Protects from thieves, banish negatives, health, protects from accidents, increase male potency The berries are used to attract lovers once dried and worn as a charm. Masculine, Sun, Fire.

Kava-kave Psychic vision, protect, love, magical powers

Knotweed Binding lovers or friends, keeping promises

Larch Protection from thieves, optimism

Larkspur Health, protection, gifts

Laurel Protects from illness. Success, ambition; winning through in spite of problems Leo

## Lavender

Love, protects – esp children, quiet sleep, long life, purification, peace and happiness, peace, wishes, protection, visions, attracting men, clarity of thought

Has strong antiseptic qualities. Mild infusions (3 tablespoons to 6 cups of water) make a good sedative, headache treatment, and digestive aid. Used in oil or tincture form to heal cuts, burns or scalds, bites. This also acts as a tonic and may be used for colds, chills, and the flu. Lavender is an excellent aromatic, usually mixing well with other floral scents. An ingredient in the Purification bath sachet, also used in purification incenses. Lavender is a frequent addition to healing sachets, especially bath mixtures, and is added to incenses to cause sleep. Lavender is a great antibiotic, antidepressant, sedative and detoxify. Stimulates the immune system. Gemini Virgo masculine, Mercury, Air. Midsummer fires it is thrown onto the fires by some as a sacrifice to the ancient gods

### Lemon

Purification, love, blessings.

Sweetens breath. Antiseptic, antibacterial and hypertensive. For chills and sore throat, the juice of a lemon mixed in a glass of honey and warm water, taken 3 times daily should help. For nose bleeds, apply a small piece of cotton, soaked in lemon juice. In oil form it is used for treating warts, insect bites, tension headaches, eliminates cellulite, and is an anti-wrinkle tonic.. Stimulates the digestive system. Also makes a good skin cleanser, hair rinse for blondes, and cleaning agent for brass and silver

Pisces

Feminine, Moon or Neptune, Water.

Lemon balm

Love potions, aphrodisiacs, fertility anti depressant. Drink as an infusion to soothe emotional pains after a relationship ends. Feminine, Moon or Neptune, Water

Lemon verbena

Purification, love charms, youth, beauty and attractiveness to the opposite sex. Wear around your neck or place under a pillow to prevent dreams. Feminine, Venus, Air Lemongrass Repels spite, protects from snakes, increases psychic awareness Gemini

Lettuce Purity, love, divination, sleep

Liquorice Love, passion, fidelity

Lilac

Protection, warding off evil or banishing rituals, beauty, love, harmony and balance Cleansing negativity, domestic bliss, nostalgia Taurus Feminine, Venus, Air

Lily Purity, breaking negative forces Virgo

Lily of valley Increase mental ability, happiness, restore joy Gemini

Lime-linden Justice, cooperation, partnerships, officialdom Associated with conjugal love or attraction and longevity Feminine, Jupiter, Water.

Liverwort Protects

Lotus Protection, reveals secrets

Lovage Add the dried and powdered root to cleansing and purification baths to release negativity. Carry to attract love and the attention of the opposite sex. Masculine, Sun, Water

Mace Increase psychic awareness and mental powers

Magnolia fidelity, idealism, strong principles Capricorn

Mahogany (mountain) Anti-lightening, anti-shock

Maidenhair fern Beauty, love

Male fern Luck. love Mallow Love, protection, exorcism

Mandrake

Money, fertility, health Add the dried and powdered root to cleansing and purification baths to release negativity. Carry to attract love and the attention of the opposite sex. Masculine, Sun, Water

Mango Health, permanence

Maple Long life, health of children, money

# Marigold

Protection, psychic powers, prophetic dreams, prophesy, legal matters, the psychic, seeing magical creatures, love, clairvoyance, dreams, business or legal affairs and renewing personal energy.

Place the flower beneath the head at night to induce clairvoyant dreams. Sometimes added to love sachets. For internal use the flowers are prepared by infusion and recommended for the flu, fever, rheumatism, jaundice, and painful menstruation. Externally, buds are made into compresses for the treatment of burns. Marigold petal ointment can help chapped hands and varicose veins, also works wonders with eczema and inflammation. To ease inflammation, dip a compress into a strong marigold tea combined with an equal part of apple cider vinegar. Sprains can also be helped with marigold petals steeped in vinegar, or make a lotion with milk. Simmer 12 heads in 2 cups milk, steep, strain and apply. Also use as an antiseptic in first aid. Leo Masculine, Sun, Fire. It should be gathered at noon.

Marjoram

health, money, healing. Add to all love charms, place a piece in rooms for protection. Give to a grieving person to bring them happiness Libra Masculine, Mercury, Air

Masterwort Strength, courage, protection

# Meadowsweet

Divination, peace, happiness

Protection against evil influences, promotes love, balance and harmony. Place meadowsweet on the altar when making love charms and conducting love spells to increase their potency.

Gathered at midsummer - associated with summer solstice Feminine, Jupiter, Water. A sacred herb of the Druids. Wear at Lammas to join with the Goddess.

Mimosa

Protection, love, prophetic dreams Protection, love, dreams

Mint

Money, love, increased sexual desire, banish malevolence, protects travellers, healing, strength, augment power Mint in tea form aids upset stomachs, flu, and can be used to ease hiccups. Inhalations of the leaves in boiling water is recommended for head colds and asthma. Mint tea used instead of aspirin is great for headaches, particularly pre menstrual headaches. Nervous headaches can be relieved if you lie in a dark room with fresh peppermint leaves on the forehead. Aids the respiratory and circulatory systems. An anti-inflammatory and an antiseptic. Ideal for treating indigestion, flatulence, varicose veins, headaches, migraines, skin irritations, rheumatism, toothache, and general fatigue.

Masculine, Mercury or Venus, Air.

## Mistletoe

Peace., purity, fertility and sexual potency, protection and good health Worn to attract love, or to help conceive. The all heal tree

Moonwort Money and love moon phases Cancer

### Mugwort

Strength, psychic dreams and powers. Clairvoyance, psychic dreams, astral projection, protection. Place in the shoes for protection and to prevent fatigue on long journeys.

Feminine, Venus, Air. The fresh leaves rubbed on a magic mirror or crystal ball will strengthen divinatory abilities. Mugwort is perhaps the most widely used Witches herb of all time

Mulberry Protection, strength

#### Mullien

Courage, protection of animals and from evil spirits, health, love divination, banishes nightmares, and malevolence, cleansing of ritual and psychic places before and after working there. Also used for cleansing and purifying ritual tools and altar Masculine, Saturn, Fire.

Mustard Fertility, increase mental powers

### Myrrh

Banish negatives, spirituality: Purifying and protective incense for ritual areas Excellent insect repellent and as a tincture it is good for bad breath and gum problems. Feminine, Moon or Jupiter, Water.

#### Myrtle

Preserves youth, fertility, peace, money. Marriage, fidelity. Grow indoors for good luck. Carry or wear Myrtle leaves to attract love, charms made of the wood have special magical properties. Wear fresh Myrtle leaves while making love charms, potions or during rituals for love.

Feminine, Venus, Water. Myrtle was sacred to the Greek Goddess Venus and has been used in love charms and spells throughout history

Nasturtium

Success after struggles, triumph through effort

Nettle

Banish negatives, healing, passion. To advert danger, protection, healing, courage, antidote for many poisons. High in vitamin C and iron and when in tea form can ease asthma and increase your energy levels. Masculine, Mars, Fire

Nutmeg Clairvoyance and psychic power of visions Poisonous in quantity Feminine, Jupiter, Air.

### Oak

It has always been considered unlucky to cut down an oak. After getting permission from the tree's Dryad, burn oak leaves for purification of ritual spaces. Oak is often used for all-purpose wands and they imbue great power. The acorns have been carried to increase fertility in women and to increase sexual appeal by men, preserve youth and to banish illness. Hang Oak over windows and doors to protect your house from evil spirits. The Oak is a sacred tree in many cultures. A Witch will often seek out a grove of Oak to perform rites. King of

The Oak is a sacred tree in many cultures. A Witch will often seek out a grove of Oak to perform rites. King of the waxing year,

Druid sacred tree Masculine, Sun, Fire. Sagittarius

Oats

Money

Oleandar caution

Olive Peace, reconciliation, forgiveness, abundance, nourishment Libra

## Onion

Protection and healing. Place cut onions in a sick persons room to absorb the illness. Leave them overnight and throw away in the morning. Masculine, Mars, Fire.

## Orange

Love, abundance, luck, money The dried and powdered peel is added to love and fertility charms Feminine, Jupiter, Water.

Orchid Spirituality, unique worth, grace, blessings Aquarius

Oregon grape Money, prosperity

Orris Love, divination . sexual appeal. Use in charms, amulets, sachets, incenses and baths. Feminine, Venus, Water

Palm, date Fertility, self-renewal, life-cycle Leo

Pansy Affection, affection, divination Rain magic Capricorn

Parsley

Love, protection, passion, purification Fresh parsley leaves in tea form are a treatment for cramps, while dried root decoctions eases urinary infections and arthritis. Externally, crushed leaves relieve insect bites, and may be applied in poultice form to sprains.

Widely used as a culinary herb Masculine, Mercury, Air. Gemini A collection of Sacred-Magick.Com & The Esoteric Library Passion flower Sacrifice, peace, sleep, friendship

Patchouli Aphrodisiac and attractant of lovers for either sex Masculine, Sun, Earth.

Peach Marriage and birth, happiness, fertility, ling life, wishes

Pear New life, health, women Aquarius

Pennyroyal Strength, protection, peace weariness deters insects. Avoid Pennyroyal while pregnant Feminine, Venus, Earth.

Pepper Protection. Banish malevolence, overcome inertia and gives focus, positive anger for change. Use in protective charms Masculine, Mars, Fire

Peppermint Purification, energy, love, healing, increase psychic power Aries

Periwinkle Protection against evil influences. Hang around doors and windows. Passion, increase mental power, money Feminine, Venus, Water.

Pimpernel Protection, maintains good health. Wear to detect falsehood to prevent or know when others are lying to you. Masculine, Mercury, Air.

Pine

Fire and illumination, cleansing, balance, healing, fertility, friendship in adversity, purification against illness, knowledge, protection, money, returns hostility to sender Pine buds prepared by decoction act as an expectorant and antiseptic. This same mixture can be used for inhalation for head colds, although it is easier to toss some needles in hot water. Green cones and needles can be added to bath water to ease muscle pains and swelling. For magic, pine is best suited. Winter solstice. Needles gathered at midsummer . Aries Masculine, Mars, Air Attunement to nature, centering A good winter incense,

Poplar, black Endings Capricorn Poplar, white Astral projection, money, hope, rebirth, divination Capricorn

## Poppy

Eat poppy seeds as a fertility charm, just don't take a urine test at work for a few days afterward. Carry the seeds or dried seed-pod as a prosperity charm Feminine, Moon, Water.

Primrose New beginnings, reconciliation Libra

Purslane Sleep, luck, love, protection, happiness

Quince Protection, love, happiness

Ragweed Courage

Rose

Love, enchantment, increase psychic powers, healing, love divination Conserves of roses or rose petals in honey are often recommended for nausea and sore throats. Roses are high in vitamin C. Spring/summer equinoxes Taurus: Feminine, Venus, Water.

Rosemary

Love, youth , passion, Improve memory mental & intellectual power, banish nightmares and depression, purification, preserve youthfulness. Add to all purification bath sachets, love incenses, and protection incenses. Make a simple of rosemary and use it to cleanse the hands before working magic, if you have no time for a regular ritual bath. Burn rosemary and juniper as a healing and recuperation incense Promotes healing of wounds, acts as an antiseptic, and can be a mild stimulant. Good in teas for treating flu, stress, and headaches or body aches. Mental and physical booster. Used for treating (oil form) muscular sprains, arthritis, rheumatism, depression, fatigue, memory loss, migraine headaches, coughs, flu and diabetes. Excellent remedy for acne or cellulite. When the leaves are soaked in wine for two weeks, small glasses may be taken as a digestive aid. Oil of rosemary is excellent in hair conditioners, and the flowers of this herb may be added to lotion recipes to improve the complexion.

Masculine, Sun, Fire

Rowan

Domestic protection, psychic power, healing metal dowsing, astral projection Protection, good luck, healing. White Goddess tree

Scorpio: Masculine, Sun, Fire

Rue

Protect against illnesses and speeds recovery from surgery or wounds, love enchantment, banishes regrets and redundant guilt or anger purification of ritual spaces and tools, clearing the mind of emotional clutter Leo Masculine, Sun, Fire.

Rye Love, fidelity

### Saffron

Love, healing, raising winds, passion, increase psychic powers and offers second sight: Prosperity, healing and sexual prowess in men Masculine, Sun, Fire.

Sage

Long life, grants wishes, protection, improves memory wisdom, protection, healing, health. Can be used in an infusion to aid digestion, or as part of a honey wine to fight colds and fever. When applied in compresses it can ease many skin discomforts, including dandruff. If made into cream it is good for muscular pain, and if dried and smoked sometimes gives relief to asthma. Samhain herb. Sagittarius Masculine, Jupiter or Venus, Air.

Sandalwood. Protection, healing, banish negatives, spirituality, contact with guardian angels Feminine, Moon, Air Herb for Lammas

Savory Increase mental power, passion

Sesame Money, passion

Skullcap Love and fidelity

Slippery elm Prevent malice and gossip

Snakeroot Luck, money

Snapdragon Kept secrets, finding what is lost

Solomon's seal Protection, banishes negatives and hostility

Sorrel, wood Healing, preserves health

Spanish moss Protection

Spearmint Healing, love, mental powers

Spider wort Love St johns wort

Health, love, protection, power, love divination, happiness. Ward off fever and illness, a banishing or exorcism incense, the tea increases courage and will power. Masculine, Sun, Fire

gathered on midsummer eve pass through the smoke of bonfires to purify, and hang in the house as protection and to prevent nightmares.

Star anise Increases psychic awareness

Sunflower

Welcomes and invites the blessings of the Sun into the garden. The seeds are eaten by women to increase fertility Develop potential self-esteem, confidence Leo: Masculine, Sun, Fire.

Sweet pea Friendship, purity, courage Pisces

Sycamore Protection, granting of wishes, increase of influences

Tamarind New love, rebuilding of trust

Tansy Health, long life, conception and pregnancy Herb of spring equinox

Thistle Strength, protects from thieves, and active hostility, speeds healing

Thyme

Sleep, psychic energy, courage, healing, purification incense, magical cleansing baths, a renewing of one's personal energy, warding off of negative energy. Improves memory, love divination. Take a magical cleansing bath in the spring of thyme and marjoram (used in tea form or whole herbs). A pillow stuffed with it cures nightmares. Powerful antibacterial, antibiotic, and diuretic properties. It helps eliminate wastes from the body. It is used in treating whooping coughs, warts, rheumatism and acne. A strong antiseptic which when prepared by infusion is useful for poor digestion, exhaustion, colds, and infections, and with honey is an effective treatment for sore throats. Also used in tea form as a fever breaker, headache reducer and to be rid of intestinal worms, and can be used as a mouthwash. Also, a great insect repellent. Use both the leaves and flowers. This tea works best for headaches when taken cold. Aries Taurus Feminine, Venus, Water.

Toadflax Banishes negatives and active hostility

Tulip Desire for fame Sagittarius

Turmeric Purification added to warm milk it regulates menstrual cycle. Valerian

Love divination, sleep, protect against hostility/despair

Purification or relaxing

Also acts as a good substitute for catnip. Use the fresh herb in spells of love, also to get fighting couples together. Used in the Purification bath baths.

Use the dried, powdered root. Promotes relaxation while counteracting the effects of insomnia, anxiety,

nervousness, headaches, pre menstrual syndrome and menstrual cramping. For sleep, before bed take 1 teaspoon of herb to 1 pint of water and simmer. sachet

Feminine, Mercury or Venus, Water.

# Vanilla

The bean is used in a love charms, the oil is worn as an aphrodisiac, mental power Libra Masculine, Jupiter, Fire

# Vervain

Transforms enemies into friends, prophecy, preserves youth, healing. Ritual cleansing or sacred space, magical cleansing baths, purification incenses. Hang over the bed to prevent nightmares. Love and protection charms, Vervain is also an excellent for use in prosperity charms and spells as it brings good luck and inspiration. Gather midsummer/when Sirius is ascendant

Taurus Feminine, Venus, Water.

Vetivert Breaks a run of bad luck, money, anti-theft, protect against negatives Capricorn

Vine Rebirth and renewal, joy, ecstasy Fairy magic Libra

Violet

Mix with lavender for a powerful love charm. The flowers are carried as a good-luck charm. Modesty, secrecy, uncovers hidden talents

A Violet and Lavender compress will aid in eliminating headaches. The scent will soothe, clear the mind and relax the wearer

Feminine, Venus, Water.

Walnut

Health, mental power, granting wishes. Carry the nut as a charm to promote fertility and strengthen the heart Tree of prophecy trad; tree where witches meet Virgo Masculine, Sun, Fire

Water lily Pisces

Willow

Intuition, healing, making wishes come true, psychic energy, understanding emotions of others. Willow wands can be used for healing. The Willow will bring the blessings of the Moon upon those who plant it or have it on their property. Willows can be used to bind together witch's brooms and a forked willow branch is widely used in water witching and dowsing. The Moon tree, moon magic Cancer Feminine, Moon, Water. Winter's bark Success

Wintergreen Protection, healing, deflects hostility

Witch grass Happiness, passion, love, protects against negatives

### Witch hazel

Mends broken hearts and relationships, finds buried treasure and underground streams. protection In tincture form it is good as a mouth rinse and to ease hemorrhoids. As a compress, witch hazel can be applied to insect bites and other skin irritations. Masculine, Saturn or Sun, Fire.

Wolf's bane Protection, invisibility against hostility

Woodruff Victory, protection, money

## Wormwood

Wormwood is burned to gain protection from wandering spirits. Used in divinatory and clairvoyance incenses, initiation rites and tests of courage. Enables the dead to be released from this plane so they my find peace Masculine, Mars, Air

## Yarrow

Courage, love, marriage charms, psychic awareness, banish negatives. Divination In magic there is evidence that yarrow was often used as a component in incantations.. The tea drunk prior to divination will enhance one's powers of perception (a touch of peppermint brightens this brew up and always works better). A powerful incense additive for divination and love spells A very potent healer, it intensifies the medicinal action of other herbs taken with it. Helps eliminate toxins (good for colds). Most useful in its abilities to staunch blood flow. In poultice form , it is useful against infections and swelling. Also drink the tea to stop arthritis symptoms such as swelling and inflammation associated with weather divination and generally end all aching, sore muscles, or stiff joints or back pain. Bring into house at midsummer -protects against illness/domestic strife Feminine, Venus, Water

Yew

Permanence, aims that are slow to come to fruition but endure. Union between people after difficulty Tree of endings New coming from old.Capricorn

### Yucca

Transformation, change, protection, purification