



How many times have you had one of those days when you just wish you had a magic wand that was loaded with poison darts?

You start out pleasantly enough but as your day progresses the amount of people who seem determined to make everyone else miserable gradually wears down your resolve to be positive.

You know who I mean. The bagger at the grocery store who chats away to the cashier and is just throwing your items into the bags, crushing and shaking up the foods that you worked all week in your boring job to pay for.

The person in line at the bank with the annoying child who stares at you while snot drips down from their nose and into their mouth, and the person behind you who has no sense of personal space and is crushing you nearer and nearer to snotface.

Miss Perfect who shows up randomly when you are feeling your worst and smiles and chats to your hubby whilst looking beautifully made up, kind, organized and trendy. You of course look harassed, tired and dumpy because you were the one guiding your flock to that place against all the odds. Spending all your money on making them look nice. Your husband has no clue what you are wearing, but can tell you exactly how many buttons were on *her* shirt.

So, we agree. We all have those moments when you would love to have a barrelful of dog poop magically appear in the air and sprinkle just a few pieces directly under the feet of Miss Perfect, a box of tissues glue itself to the Versuvius on the snotface, and a spiky corset

with spikes 3 feet long keeping the personal space hog back just far enough.

I can't offer you that. But what you can have is a lot of fun getting rid of your frustrations by conjuring up some dire fate for your nemesis.

But, be careful, some of these little spells have been very effective in the past. Some are for fun, some are real. I'm not going to tell you which ones. That way you get to experiment in a 'blind tasting' kind of way.

We are told as young women that to 'be nice' is a prerequisite to being popular and well liked. Have you ever met a really 'nice' person? Don't they annoy you after a while? My conversation skills depend a lot of sarcasm and cynicism, so nice people are pointless for me to talk to. I long ago gave up trying to actually **be** one. This little book is my cure for niceness. The first thing you will learn to do is to make a poppet. More about that later.

A word of warning. One woman I know feels that everyone who messes with her falls prey to cancer. She has often gloated about this to me. I don't like this mindset. Nothing that those people did to piss her off could possibly warrant such a painful and horrific payback. To me, there is more to be learned from her own dark thoughts than anything else. To feel vindicated from another person's cruel fate is a sign that you have lost control of your own life and in some ways, reality. Keep a tight grip. Karma is a cruel mistress. Okay, that's enough of the Mom talk. Let's get down to the business fun! of revenge and let's have some

## Poppets, How and Why.

Poppet is another word for what is mistakenly called a voodoo doll. In the days before Voudain was encountered by Europeans, the wise women, witches and other such people used the same alleged techniques, but applied to a Poppet. In reality the usage of figures is more European than popularity of horror Voodoo. The perpetuates the myth of a Voodoo Priest and his little dolls driving some rich white man crazy for some imagined transgression, however this is not true in the Voudain religion upon which these shows are based. They generally use the forces of nature and the help of the Orishas to correct errant behaviors towards them.

The word **poppet** is an older spelling of **puppet**, from the Middle English *popet*, meaning a small child or doll. In British Dialect it continues to hold this meaning. Poppet is also a chiefly English term of endearment.

Early forms of poppets are corn dollies. Often made by locals from the first cutting of the harvest, and ploughed back into the field once the harvest festival is over. All over England these rituals are still practiced, whole communities have harvest gatherings and corn dollies are made in each household. I have never been able to master the weaving technique to make the elaborate ones, but I have certainly made one of the easier ones, such as a scarecrow. Some of you may use a form of the corn dolly each year and not even realise it. The Horn of Plenty or Cornucopia is used in the USA at thanksgiving and originates from those European corn dollies or poppets. Bear in mind that not all dollies are human shaped. The Horn is one example,

but also there could be a deer, a cow, an apple or in some cases the corn dolly equivalent of a freeform weaving.

In the case of a household wherein the wife wanted to bear a child, a corn dolly would be made and placed into a cradle next to the hearth. This was to bring the fertility of the corn goddess into the house and hopefully into the wife. A lot of women, once they had given birth would use that dolly to keep evil spirits away from the child until the child had been blessed or christened [in later times].

The school I attended as a child celebrated the Queen of the May and we danced maypole each year. We also took corn dollies for granted and all had at least one. What is referred to as corn is England is actually wheat and this might help you visualize the dollies better. The earliest ones I made were simple criss-crossed pieces of wheat bound together to make people shaped forms. They were flat and interwoven somewhat like a table mat. Imagination was needed to create the human figure from the pieces of wheat. Who better to make them then, than children. Those with the most powerful imaginations imbued their dollies with lives of their own. And that was the whole purpose.

The later dollies were more elaborate with basket weaving techniques used to create form and fluidity to the figures. Often we used ribbons and pieces of dried flowers to create the dollies. One of my best and favorites was a corn dolly made of dried lavender stems. It was easy to manipulate and smelled wonderful. I'm going to try to pass on that technique to you later, you can then hang them around the house and to the uninitiated, they are just a decoration

## How to make a simple corn dolly.

Gather a bunch of wheat and put the ends together in a bunch on the table. Don't use too many for your first dolly, but you are going to separate it into 6 pieces so you need enough to work with, like braiding hair. Make sure the 'ears' of the corn are all at the same end, this is going to be the corn dolly hair. And you need to tie a piece of string just under the 'ears' to secure them.

Make a 'face' by tying another piece of string a little way down the dolly, Tie it tightly as you are going to tug on it somewhat as you make it into a figure. The diagrams are not showing length as it's hard to do, but you obviously need to try and make your dolly proportions at least sensible. You don't want to make a 3 inch face and a 2 inch leg for example. You can always use scissors to trim off excess length and to shape the corn, so more is better than less. The next step is to create the body part of the dolly and you are going to do this by separating off two thin strand to make arms, and the thicker part in the centre is the body.

Again the diagram is to help you visualize how to do it, your dolly will be much better than my drawing I hope. Scissors trim the hands after you have used string or cotton to tie off the arms. If you want to use ribbons, go ahead. You can of course braid the arms if you want a more finished look. It's up to you, this is your creation. In some cases I have seen beads threaded onto the straws before they are bound. This is particularly decorative and can become a great talking point in your kitchen décor.

Now she needs legs. So tie off the centre part of the

body. I tie it as far down as the arms will reach, to give me my proportions. Split the remaining corn into two, tie off the ends, and there you have it. Your corn dolly is now ready to go to work. You can dress it, decorate it, paint it, or simply use it as it is. You have made your first poppet.

A more elaborate dolly can be made using the following method.

The best part of the stem is the top length from the ear (the seed head or ear) down to where the last leaf leaves the stem. Leaving the ear intact, strip off the dead leaves and sort the stems according to size: thick, medium, and thin.

Dry straw must be soaked flat in cold water for about 15 minutes and then stood upright to drain before plaiting.

## Weaving version for 4-braid or multiple-braids:

The "weaving method" of achieving the braid is used here and you can use it to do braids of 4, 5, 6 or more strands. Instead of all this twist-and-cross business, think of it as a weaving process. It is worked from the left or right side, rather than symmetrically.

Take the left strand and weave it over and under and over the other four strands. Even out the tension. Take the new left-most strand and do exactly the same thing, including the former left-most strand (now on the right) in the weave. Repeat the process until you reach the end of the corn

# The Five-Straw Plait is the easiest to work with for a beginner:

Step 1. Tie 5 straws together close to the ears. Steps 2-5. Each time the straw being folded passes over two corners, it is then left and the one at the last corner is picked up and used in its place until the round is completed.

The attractive spiral pattern grows as round succeeds round.

6. When completed, the ends are tied to the starting point below the ears, making a decorative circle.

To feed in new straws, cut the old straw off after it has passed the second straw. The thin end of the new straw is inserted in the hole, making sure of a firm fit which is hidden under the fold of the straw of the next round

Simple corn dollies can also be made with the standard three-straw plait.

More complex corn dollies involve multiple straws, intricate braids, and sometimes the creation of a straw core shape around which the outer straw is plaited.

This picture shows a traditional 'hag' dolly.

Practice making simple shapes and designs and then incorporate them into your elaborate dollies. Have fun, and enjoy the process. Once you are done making the corn dollies you may want to turn your attentions to the more modern and most often visualized poppets, that are made from cloth.

## A simple cloth poppet.

This is so easy a child could do it. Knowing my kids, probably way better than I can! You'll need a needle and thread, scissors and some scrap fabric. I like to use the colour fabric that matches the magical intent of the poppets usage. However, when in need, use whatever you have. You have several options available to you on making your poppet, but

I tend to go with the easiest. I like to make squared poppets because they are easier to stuff and to sew, but you can draw a rounded form and cut it out like a rag doll and sew it together as you see fit, or depending on how skilled or patient you are. The commonly thought of gingerbread man shaped poppet is simple, but can be hard to stuff if the arms and legs become thin once sewn. The squared ones are easy. Simply take a piece of fabric and fold it across the middle draw a cross on one side, with the top edge on the fold, cut around your drawing. You end up with a double cross of fabric that is in one piece. Fold over the fabric into the one cross shape, sew around the head and the arms and most of the body, leaving the bottom [feet] open for stuffing. I stuff the body with herbs. You could use anything you like, even doll stuffing or old rags. Old shopping bags are good, as is paper from the shredder. The reasoning behind my herbs is that I usually write the spell on parchment and put it inside the poppet. That way it's a part of the process. The herbs support the intent. If I am silencing a gossip, I tie some pins in a bunch and I include hot crushed red peppers into the poppet to support the spell that if the gossip continues, the person spreading the nastiness will find they feel unpleasantly hot and sharp tongued when they persist. Stuff the poppet and finish sewing it up. You will end up with something that looks like this diagram.

I use a marker pen to draw features on it, and also I inscribe runes to support my spell workings on relevant parts of the anatomy. A gossip would benefit from a cross being drawn over their mouth. A love interest would benefit from a rune for love and passion over their stomach. Not the heart as you

would think. Think Chakras here, not Hallmark.

A case example for you to cackle over. One particularly manipulative individual caused a big furor in the life of the spell caster. In the midst of the turmoil she had to move house, and location and restart her life. Temporarily homeless and without resources she stayed with a friend and slept on their couch with all her possessions in one cardboard box. Feeling powerless and frustrated at this lack of control in her life, she created a poppet. The poppet was black and filled with catnip, her friends had cats and she used what was there.

Spending a few hours hand sewing and creating the poppet helped her feel more in control and less and less frustrated as she continued. Venting all her thoughts into the poppet she found that by the time she had completed the fashioning of the doll, she no longer needed revenge against that individual and that she had the power to take back control of her own life. She decided to hold the poppet in her box of possessions until she decided how she should proceed.

Meanwhile, nature took it's course and fate took the poppet into the hands of the cats. Remember the stuffing? It was several days before they found the remainder of the poppet which had been lovingly manipulated by the cats into a great state of disrepair and had obviously been the source of an immense game of hunt the poppet. As far as the cats were concerned their houseguest had created a new toy for them and they intended to honour her work by enjoying it to the full.

A few weeks later news came to her that the victim of the poppet had 'gone nuts'. A supposedly highly respected businessman, with an austere and dignified appearance and persona, he had suddenly been discovered to have been consorting with all kinds of unsavory individuals and had gone to work drunk and disorderly. He lost his job, had to sell all his boats and cars to try and save his home, which he eventually lost. His life, literally was tossed around like a poppet filled with catnip and given to a bunch of happy cats. Whatever the reasoning behind his sudden change of fortune, you can see that the making of the poppet certainly empowered the maker. And the cats had a great time.

#### Colours and their intent.

Black is protection. Alt: hex
Blue is calming Alt: heal, fertility
Brown is the Earth Alt: grounding/banishing
Green is balance Alt: wealth, luck, adventure
Gray is serenity Alt: meditation
Orange is change or zest Alt: sun, fire, strength
Pink is universal love or self-love Alt: marriage
Purple is understanding and tolerance Alt: mind
Red is energy Alt: lust, passion, sex
Yellow is inner wisdom Alt: light, illumination

White is all colors Alt: any purpose

## Papier Mache

I like to sometimes get my hands dirty and make my poppets out of papier mache. Its easy to do and it's fun. You can use glue, flour and water paste or wallpaper paste with old newspaper or magazines. If I'm getting really serious I make the inner dolly from printer paper with spell workings on.

Let's assume we are using what we have and go for the flour and water method. First take some newspapers and soak them in warm water for a while, shredded is good, but not strictly necessary. Strips are definitely needed to make wrapping easier.

When your paper is soggy, take it out and put it in a colander or sieve to let excess water drain away. Mix your flour in a bowl with a little water. Start with a smooth paste and add water little by little. Don't worry about lumps or how it looks, and any flour is good. Roll up one sheet of dry paper and fold it over as in the diagram. This needs to be long enough to fold a couple of times. Take a second tube of paper and insert it through the tube horizontally into the fold. You are now getting the basis of your body shape.

This is the arms and the torso. Make another folded piece for the legs in the same way, at the bottom, except bend the paper going through the tube at an angle. Move everything into a torso, arms, and legs position and make a twist where the neck would be to create the head. This is only your framework, so it doesn't have to be good. Twist any of the paper you need to, to make it stronger. If you want to, use staples or strings to hold things in place. Now dip your wet paper into the flour mixture. Think 'Return of the Mummy'. You are going to wrap your strips of glued paper around your framework and mold it into the shape of a person. Bandage the strips around each of the limbs, taking it up towards the whenever possible. Anatomical correctness is up to you. I suggest letting it dry after each application of a few layers, that way you can really change the shape of the dolly. Any spell

workings and personal items of the recipient such as hair, can be worked in at this point. Treat it as you would any other poppet.

## Disposal of a made poppet.

You have to be careful at this point with how you want to end your therapeutic poppet-making without harming the poppet. It would be awful to throw a poppet on the fire, only to learn that the victim died in a house fire. The two incidents can be totally unrelated, but it's how they will prey on your mind that will cause you to lose perspective. I suggest that you dismantle the poppet in a ritualistic fashion. First lay it down in front of you in a comfortable spot. Then light your candles and create your space, and dismiss the intent of the poppet. You may thank it for it's help and tell it that it's work is done, or whatever you like to do. I cleanse mine with sage or frankincense and then I dismiss them, cleanse again, and bury them in a spot in my garden. If you have no garden, a flowerpot is good. The paper mache ones are particularly good as they will biodegrade with time. So there you have it, poppets and their amazingly simple construction. Have fun and let vour vindictive nature take you from stressed to rested.

## **Nasty Revenge Spells**

Note: all Karma is yours, you do the spell, you pay the dues.

I don't suggest what you say. I really think that should be free flowing, spontaneous and probably not rhyming. I also use a lot of items that are readily found in your home.

## Spell for Revenge

## Preparation-

13 black candles, a belonging of the person you wish to seek revenge on, cauldron, and pepper. Cast a circle and set up the 13 candles in a crown on your altar.

Now sprinkle some pepper around the circle while chanting, Light the first candle and declare your purpose.

Light the other candles one by one and repeat this. Now hold the object tightly in both of your hands and visualize the persons face, and think of all the things he/she has done to you. Gather all of the hate and rage you have toward this person and force the energy into the object, when you felt you have succeeded in doing this, open your eyes and run the object through all 13 candles, and then drop it into the cauldron, stare into the smoke as you chant, When the object has burnt out close the circle.

## Spell to Punish a Person

To punish a person. You'll need: Black candle 9 nails white plate oil

Carve the persons name in the candle...put the candle on the white plate then at different locations push the nails in.... put the oil around the plate. That should stay for about 1 moon phase.....when done... remove the nails, and using a warm knife or metal spatula, smooth the pierced/carved areas, so the candle looks unblemished....wrap it in vervain and sweet basil....and then dump in a garbage can...that will take care of both.

## **Goofer Dust Spell**

Take the graveyard dirt and mix with a little mullein, patchouli and a touch of brimstone (sulfur). This powder will burn. You can buy ready made goofer dust. Shape into a human figure and ignite. As it burns it is supposed to hex whoever the figure represented with the result that the individual allegedly became ill.

Another common usage is to sprinkle it on the doorstep of the one to be conjured, or to place some in a bag that is hidden on the intended victim's property or hidden in the dwelling.

#### The Lemon Curse

Items needed:

1 lemon

1 black candle

9 nails

Cursing Oil

Picture of person (to be cursed)

Athame, Black bowl, Light the candle. Cut a slit into the lemon. Place the picture of the person inside the slit.

Take one if the nails and feel your anger rise. Visualize your anger. Pierce the nail into the lemon.

Do the same for the remaining nails.

With each nail your anger should rise for this person getting blacker and blacker.

When you reach the last nail, place the lemon in the bowl.

Pour cursing oil onto the lemon filling the bowl until the lemon is half covered (with oil.)

Let the lemon rot in this bowl on your altar.

As the lemon rots, so too will the life and luck of the person!

## **Keeping him Impotent Spell**

If you have been betrayed/cheated on by a man, find a cucumber that most closely resembles the size and shape of his penis. Carve his first and last name and his birth date into the cucumber, concentrating on him staying "soft". Place the cucumber into the freezer (I put it in a baggie first)

As the cucumber freezes and softens in the freezer your man will not be able to perform until you remove the cucumber and bury it under a full moon.

## **Spells to Stop Gossip**

Take a small glass jar, fill it with thumbtacks. Put the persons name in the jar. Pee in the jar, Put the lid on,. Bury it.

Write the persons name on paper, put it in a baggie. Fill it with water.

Throw it in the freezer and forget about it.

Take an orange, sprinkle it with hot pepper, insert thumbtacks into the orange until it is covered. Use thumbtacks to attach the persons name and a small ribbon. Hang the orange in a tree.

Write the person's name on a piece of paper, take a dish of vinegar, as you gradually feed the name into the vinegar and watch the name dissolve, visualize that person becoming more and more sour each time they gossip.

## Spell to break someone up

Take two symbols of the couple.

Name them.

Place them together on the table/altar Sprinkle them with salt. Put a slice of lemon between them. Sprinkle the lemon with vinegar. Take a long pin and pierce the lemon so that the juice runs onto the symbols.

## Spell to return ill will to sender

Take a piece of black paper
Cut out the shape of a person, name it as the victim,
Place it in your window facing outward with a
mirror behind it, facing outward.
Send the shade to return your bad luck to the
sender.

## Spell to spoil someone's appearance to others

Take a photo of the person, draw lines and marks showing their face to be unhappy and sour.

Turn it face out to the outside world and place it in a window. Cast a spell, that each time they are ill favored towards you, that another sign of it will appear on their face for all to see.

## **Potions, Lotions and Notions**

My versions of traditional items, that may or may not be familiar to you. I do it my way, so don't expect to be able to use them in other spells, or in the same way as store bought.

### **HotFoot Powder**

Sand Sulfur Crushed dried hot peppers Salt Mix all the ingredients together and use to sprinkle around your home to stop evil entering in. Use in hexing an enemy.

## Curse your land powder

Salt, I use kosher for the size of grain. Two drops of pennyroyal tincture. Arnica flowers.

Mix all together and let it sit for a month in a glass jar. When needed, take a funnel made from rolled up paper, and fill it with the powder as you would a piping bag. Snip off the end, and pour the ingredients in a hex design on the land of the person you wish to curse. The design will appear in a few weeks.

## Black thoughts vinegar

A glass jar, vinegar, iron nails, sulfur powder

Add the ingredients into the jar and mix. Use for anointing hexing candles or poppets, The longer you leave it the blacker it gets.

#### Love Oil

Crushed dried rose petals 2 drops of jasmine oil 1 drop of amber oil ½ cup of baby oil

In a glass jar with a lid, combine the ingredients in this order, petals, baby oil, jasmine oil, amber oil. Do not shake. Store for one month in a cool, dark place preferably covered with a red cloth. When ready, use to perform love spells or to combine with the break apart spell ingredients to spoil a relationship.

## **Depression oil**

2 tablespoons of graveyard dirt 1 coffin nail or iron nail ½ cup baby oil 1 drop of black arts oil

Mix ingredients in a glass jar with lid. Leave for one month. Preferably outside in the open, on a step or porch maybe? Use to bring your enemies to a grinding halt. Take away all their energy and make them depressed about an activity.

#### Black Arts Oil

A black candle, shaved. [use a vegetable paring knife]

Salt

Sulfur powder

2 drops of pennyroyal tincture

½ cup arnica flowers

1 silver coin

1 quartz crystal

Combine ingredients together in a large glass jar that has been painted black. A full sized dill pickle jar is ideal. The lid should also be painted black. Place the jar in a safe place and burn a black candle on the lid. Allow the wax to drip down the sides of the jar. Leave for one month. Use for all hexes. Best made on full moon.

## Healing oil

1 part Rosemary

1 Part Juniper berries

3 parts Myrrh

2 Parts Nutmeg

1 part Cedar 1 part Clove 1/2 part Lemon Balm 1/2 part poppy seeds few drops Pine oil few drops Almond oil 1/2 cup baby oil

Mix in a glass jar that has been painted blue. For anointing candles

#### Hecate incense

3 Parts Sandalwood

2 Parts Cypress

1 Part Spearmint (peppermint)

To honor Her, burn at crossroads or during ritual at the waning of the Moon.

#### **Herne Incense**

1/2 oz. Deerstongue leaves

1/2 oz. patchouli leaves

1/2 oz. rue

1 oz. gum sanderac

1/3 oz. gum guiacum

26 drops vetivert oil

Make during the waxing Moon. Grind the deer's tongue, patchouli and rue extremely finely with pestle and mortar, and mix them. Grind the gum sandarac to gravel consistency, and the gum guyicum extremely finely, add them to the others, and mix. Finally add the vetyver oil, and mix well.

#### **Horned God Incense**

2 Parts Benzoin

1 Part Cedar

1 part Pine 1 Part Juniper berries few drops Patchouli oil

Burn during rituals.

#### **Purification Incense**

3 parts frankincense
2 parts Dragon's Blood
1 part myrrh
1 part sandalwood
1 part wood betony
1/2 part dill seed
a few drops rose geranium oil

For once-a-month house cleansing. Burn in new home before moving in. Clear a space after dismissing a poppet or hexing.

## **Spirits Depart Incense**

2 Parts Fennel seed 2 Parts Dill seed 1/2 Part Rue

Burn out of doors to drive away all evil spirits and vain imaginings.

## **Spirit Portal Incense**

1/2 tsp Cinnamon 1/2 tsp Lavender pinch of wormwood

Burn to allow poppets to start working.

### **Vision Incense**

3 Parts Frankincense1 Part Bay1/2 part Damiana

Burn small amounts prior to psychic workings.

#### "RAISE THE DEAD" Incense

part Pepperwort
 Part Red Storax
 pinch Saffron
 few drops Musk oil

Compound and fumigate about the tombs and graves of the dead. This will cause spirits and ghosts to gather, at least according to some reports.

## The Theban Alphabet



The Theban alphabet first appeared in print in Henry Cornelius Agrippa's *Third book of Occult Philosophy* in 1531, where it was ascribed to the legendary magus Honorius of Thebes. It is occasionally referred to as the "runes of Honorius," although Theban is not a runic alphabet.

Theban as a secret cypher script was introduced to Wicca by its alleged founder, Gerald Gardner. It is popular amongst practitioners as it is easy to use. All you have to do is substitute the scripted letters for regular letters of the alphabet. It looks dramatic in Books of Shadows and also stops the layperson from reading your works. I like the fun of it.

Enochian										
V	R	G	I	F	¥	7	E	7	7	$\omega$
Pa	Veh	Ged	Gal	Or	Un	Graph	Tal	Gon	Gon with point	Na
b	c, k	g, j	d	f	а	е	m	i	?	h
×	2	T	3	r	L	٤	₽	a	7	✓
Ur	Mals	Ger	Drux	Pal	Med	Don	Ceph	Van	Fam	Gisg
1	р	q	n	х	0	r	z	u/v	s	t

The Enochian alphabet first appeared during the 16th century. The Court Astrologer and Magician, Dr. John Dee (1527-1608) and his associate, Sir Edward Kelly (1555-1597) claimed that the alphabet and the Enochian language was transmitted to them by angels.

The alphabet is used in the practice of Enochian Magic on Enochian Calls or Keys, which are used to call angels.

It is widely used by those followers of the Golden Dawn or Aleister Crowley's Thoth path of study and magic. It is closely linked with Gematria as a numerological method of linking the spirit power of words with the actual spell casting. The idea stems from references, such as Biblical, that claim that the Word is Power. If you find a wax copy of the Seal of John Dee, I would get it, It is a very powerful spirit portal and will lend itself to your work.

#### Gematria

This is a system of Jewish Mysticism that links the numeric power of words to the Kabbalistic teachings. Often believed by mystics to reveal a hidden text within biblical teachings by assigning the words on the page a Gematria value and translating them back. Some occultists believe the same system can be translated to the Tarot, using Gematria or Kabbalistic values for the Major Arcana.Gematria works on the premise that the letters of the alphabet can also be used as numbers, and therefore words and phrases acquire distinctive numerical values. A well known example is that of God, whose name spelt in Hebrew, is IHVH. The values of these four letters are 10 - 5 - 6 - 5, thus the 'number of His name' is 26. It follows from this, by means of numerical equivalence, that God is identifiable with AHBH and AChD - Love and Unity - because the letter values of these two words sum as 1 + 5 + 2 + 5 and 1 + 8 + 4 = 26. And so it infers a hidden meaning to all biblical references. Very interesting to study, and well worth your time if you are of an alchemical leaning.

It definitely lends some power to your spell workings. It's way too detailed to go into here, I have only included it to inspire you to research it further. Not all witchcraft is simple, and yes, some of it requires math, physics, chemistry and a lot of thinking.

## Alchemical symbols



According to Paracelsus, the Three primes or *Tria Prima* are: Sulfur, Mercury and Salt. Sulfur is the omnipresent sprit of life, Mercury is the fluid connection between the high and the low, and Salt

is base matter.

Four basic elements, Earth, Air, Fire and Water. Seven Planetary metals, Gold, silver, copper, iron, tin, mercury and lead.

The mundane elements are Antimony, arsenic, bismuth, boron, magnesium, phosphorous, platinum, potassium, stone, sulfur and zinc.

Alchemical compounds are Sal ammoniac, Aqua fortis, Aqua regia, Spirit of wine, Amalgama, Cinnabar [mercury sulfide] and Vitriol.

The 12 core alchemical processes are:

- Decomposition through calcinations
- Decomposition through digestion
- Decomposition through fermentation/putrefaction
- Modification through congelation/coagulation
- Modification through fixation
- Modification through ceration
- Separation through distillation
- Separation through sublimation
- Separation through filtration
- Union through solution
- Union through multiplication
- Union through projection

The 12 processes were linked to astrological influences in the order above linked to Aries, Leo, Capricorn, Taurus, Gemini, Sagittarius, Virgo, Libra, Scorpio, Cancer, Aquarius and Pisces.



Sun, Gold.



Moon, Silver.



Mercury Quicksilver.

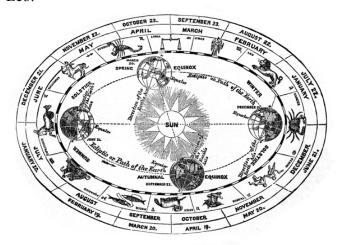


Venus, Copper.

# Assigning your spell workings to parts of the body.

It is of course, helpful if you make yourself familiar with the parts of the body and their traditional astrological correspondences. Assuming that you are using a poppet and you would like to have it cause a physical reaction in the form of the intended victim, it might benefit your work to be more accurate of the weaknesses and strengths of certain astrological signs. You can choose to use the information to weaken your subject, or to actually spell working in the appropriately corresponding hour of the day or phase of the moon. There are many list out there that can tell you the best times to work your magic, I will give you a taster of these, but my main theme will always remain the same. Try it, see what works, make a note of it, and do it again. Or not. Depending on your results. Below is a copy of a diagram from an ancient text that shows the parts of the body and their corresponding zodiac sign. These are usually the things that a person of that star sign should take extra care of. If you were to stick a poppet of a Capricorn, it would make sense to take advantage of their tendency to bone problems and bad knees for example. Of course the way to punish a Libra would be to confuse their mind. They always pride themselves on their balance of thought and fairness. To make them doubt this talent, would play havoc

with their self awareness. So, don't interpret this diagram too literally, don't stick pins through the brain of Libra's doll, unless you want to. Go straight for the feet of a Pisces, or the heart of a Leo



This chart can help you decide the workings of the magic, and how the timing upon the wheel of the year can be beneficial. You don't necessarily have to use the zodiac against a person born in that period, but you could use the time of year to target a part of the body associated with the energies of that sign.

Well, that's about it. I've included lots of information for you to go about feeling better when life hands you a bowl of lemons. You don't have to make lemonade you can squirt someone in the eye with the juice!

Be careful, be wise. Don't harm yourself by becoming a malicious person. But have fun venting

your anger and frustrations in ritualistic and intelligent ways. Make the punishment fit the crime. Don't curse a person to a car accident for cutting you off, a flat tire will do it, don't you think?

I GOT MY MOJO WORKING

by Preston Foster Recorded by Ann Cole, Muddy Waters, et al

I got my mojo workin' but it just don't work on you I got my mojo workin' but it just don't work on you I wanna love you so bad, child, but i don't know what to do

I'm going down to Louisiana, gonna get me a mojo hand Going down to Louisiana, gonna get me a mojo hand. Gonna have all you women under my command.

Got my mojo workin'!

(Got my mojo workin'!)

Got my mojo workin', but it just don't work on you!

I got a Gypsy woman giving me advice.
I got a Gypsy woman giving me advice.
I got a whole lot of tricks keeping our love on ice

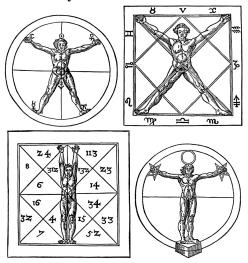
Got my mojo workin'!

(Got my mojo workin'!)

Got my mojo workin', but it just don't work on you!

## Appendixes / or a bunch of stuff that you may find useful.

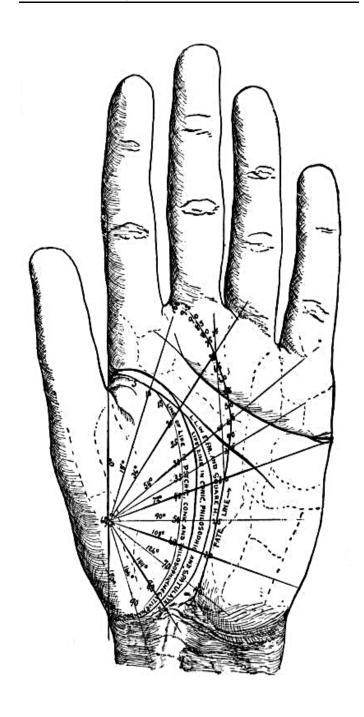
A gallery of imagery for your spell working usage. **Sacred Geometry** 



These images are traditionally used to show how man and geometry fit into the shapes and energies of nature. They can be seen to be related to many famous works.

## **Ezekiels Wheel [Esoteric]**

I don't have to point out the yin yang symbolism of this diagram. It is obvious as soon as you see it that this wheel shows the masculine and feminine signs of the zodiac. Another form of measuring the power of astrological correspondences and their usage,



For those interested in Palmistry. The two diagrams shown here are part of an ancient work on linking the parts of the hand to the signs of the zodiac. The more elaborate drawing shows the radiation in angular degrees and the simpler diagram illustrates the more common usage of the parts of the hand. Often you find in palmistry the power hand is the favored hand of the subject. For instance the right handed person would have a power or physical hand on the right. Any reading would indicate the effect of the mundane world and the left would indicate their spiritual path or non-mundane world. Of course this would be reversed in a left handed person.

Tradition would have it that the left handed are 'fey' and the supposition that the spiritual hand is the 'normal' mundane hand for them may have added to their aura of mystical prowess.

## Diana of the Ephysians

Notice all the fetility symbolism on the drawing. Diana as the mother of all things has all creation within her form and her hands are outspread in benevolence. For those of you who are familiar with the Druidic wicker man ritualistic zymology, you can see that the layers of strength, imagery and the corresponding zodiac form is very similar.

I died as inanimate matter and arose a plant,
I died as a plant and rose again an animal.
I died as an animal and arose a man.
Why then should I fear to become less by dying?
I shall die once again as a man
To rise an angel perfect from head to foot!
Again when I suffer dissolution as an angel,
I shall become what passes the conception of man!

Let me then become non-existent, for non-existence Sings to me in organ tones, 'To him shall we return.' Rumi