Vampire's Bible Karen Peebles Copyright 2007 This book must be considered a work of fiction. Names and places should not be considered real. No information contained in this book should be considered as true or real. I repeat, this is a work of fiction. Vampires are not real. Frequently Asked Questions About Real Vampires

When dealing with the subject of real vampires, there are certain questions which seem to be of primary concern to the average individual. I am often asked these questions myself, and they are the basic ones that I ask when conducting interviews. The answers I offer here are the results of my research to date, and so may change based on future findings. Below is a list of categories in which I have grouped the questions. Clicking on a category will take you to that list of questions. Once you have reached a list, clicking on an individual question will take you to the related answer. You may also choose to read the entire page by simply scrolling down the page.

1. Do vampires really exist?

The answer to this question depends on your definition of the word vampire. If you feel that vampires are the creatures depicted in movies such as Near Dark and in books such as Dracula and Interview With A Vampire, then I would have to say no. To date, I have not met or even heard of a verifiable creature such as that. If on the other hand, you believe that vampires are people who are basically normal with the exception of one or two abnormalities such as hypersensitivity to light, heightened psychic abilities, and the physical need to consume blood, then my answer would be yes.



11. Do vampires really drink blood? Some, but not all, real vampires do drink blood. This does not mean that they drain the bodies of those they drink from. The majority of vampires do admit to drinking blood state that they consume the equivalence of a shotglass full of blood during a single feeding. This amount is not exact as some prefer to drink less, but it does seem to be the maximum amount consumed.

12. Do vampires really die if they are exposed to the sun?

I have never heard of any real vampires who burst into flames or crumbled into dust from exposure to the sun. Some vampires do have a severe sensitivity to sunlight as well as certain forms of artificial light. This sensitivity can cause several different problems for the vampire. First it can cause the individual to be more susceptible to sunburn, sunstroke, and certain other sun related maladies. Second, it often causes the individual to suffer a form of day blindness, similar to snow blindness.

13. Are vampires really repelled by garlic? Although some vampires prefer not to eat garlic, I have never seen one unable to enter a room because of it's presence. Some vampires suffer digestive problems which are aggravated by the consumption of garlic. Others have a hypersensitivity to flavor or smell, which may cause them to be put off by the strong flavored and highly aromatic herb.

14. Do religious items such as crucifixes really ward off vampires?

Real vampires, the ones I have met, belong to all religious and non-religious denominations. There are Christians and Muslims, atheists and agnostics. Religious items, such as crucifixes and holy water do not repel vampires nor do they cause harm to vampires.

15. Can vampires really change into other

animals?

Shape-shifting is a phenomenon discussed in many shamanic religions, and therefore not exclusive to vampirism. Native American folklore speaks of people capable of assuming the shape of animals, thereby connecting with the spirit of that animal. Although I do not claim to be an authority on the subject of shape-shifting, none of the vampires I have met have claimed to have the ability.

16. Are vampires really immortal? I have met vampires who claim they will have a longer lifespan than normal people. I have also read texts claiming that there are documented cases of vampiric persons who have shown slower aging than normal people. None of this indicates however, that vampires are immortal. Vampires do seem to have a stronger immune system than normal people, but as far as my research has uncovered thus far, they do die.

17. Do vampires really hunt unsuspecting victims? I have heard of some vampires who do prey on unsuspecting persons, but they are most often psychic vampires whose attacks leave the "victim" with no greater harm than a feeling of exhaustion. Blood drinking vampires have a vast wealth of resources available to them for the acquisition of their needed sustenance. Most whom I have met rely on donors, persons willing to allow the vampire to drink their blood. In addition, there are butcher shops, bloodbanks, and blood merchants.

18. Do vampires really sleep in coffins? Although I am quite sure that some extremely eccentric vampires may participate in this type of activity, those whom I have met do not. They sleep in normal beds, limited only by their preference of traditional matresses over waterbeds.

19. Do vampires cast a reflection in mirrors?" As far as I have learned, all vampires do indeed cast a reflection. In fact, I know of one female vampire who spends a great deal of time in front of the mirror, much like any normal female. Vampires also photograPh well, thereby dismissing the theory that they aren't able to be seen except head-on.

20. Can you really kill a vampire by driving a stake through it's heart?

The answer to this is really an issue of common sense. Think to yourself... "how many living things CAN have a stake (wooden or otherwise) driven through their hearts and still live? With that in mind, rest assured that silver bullets, decapitation, and burning will also effectively dispatch a vampire, just as they would any other living thing.

">21. Are there any documented cases listing vampirism as a medical disease? Vampirism is often cited as a symptom of both physical and psychological diseases. The cases determine those who show certain attributes, such as an aversion to sunlight as displaying "vampiric" tendencies. They do not consider these persons to be actual vampires however. To the best of my knowledge, there are no actual documented cases of vampirism as a medically accepted form of disease. Who claims to carry and sell the most realistic vampire teeth on the market today? Good question. We have found online that the most realistic looking teeth are coming from the following shoppes-

Vampfangs.com Annie'scostumes.com Planetcostume.com Nightmarefactory.com Vampirewear.com

As well, we have found online that the best places to buy vampire clothing are as follows-

darklinks.com Infectiousthreads.com Dracinabox.com Vampire.co.uk gothic styles.com Nextag.com This book is for true vampires, not role players who live the vampire lifestyle. There is quite a difference. You know if you are one of the role players. You like the lifestyle. You like everything that accompanies it. But you know inside that you are not a real vampire and you even question whether or not any of the others are real. This book is for those of you who know. Who do not doubt. Who do not need to play at roles.

Within the true vampire lifestyle are those who either drink blood or are energy vampires, or feed on the energy of others as well or instead of their blood.

Energy can be obtained from a donor in various ways, such as building up their adrenaline and feeding of it, or by building up anger or sexual energy and feeding, either by drinking blood or sucking at the skin in areas that are close to a blood supply. Care must be taken in sucking at areas where veins or arteries are located.

Teens-

For teens who are confused as to whether or not they are vampires or merely curious about the

lifestyle, there are many questions that must be asked and much time should be spent on answering these questions.

The coming out or awakening is a sensitive time for anyone. You should not be open with others about your feelings and your life in this regard unless it is with very trusted individuals. You must however be honest with yourself, for if you can't be honest with yourself about who you are, well...who can you be honest with after all?

Be careful in asking friends or others whether or not you can feed on them. In this your awakening you must proceed cautiously until you have built up friendships and relationships with others that have proven to be trusted in all regards.

Do not ever attempt to feed at school as you can and most certainly will be discovered and will only make a very difficult time for yourself with your "peers" who will not understand you or what you are about.

Remember that your legal rights and privacies do not start until you are legally an adult. Feeding on other teens can be considered a crime and criminal charges may be brought up against you by parents or other adults or by the community itself. Until you are a consenting adult, feeding on another consenting adult, you must be discreet or abstain from feeding.

Lingo-

Astral Plane-

The parallel world that reflects the physical one.

Astral Vampire-

A vampire that feeds on the energies of dreams.

Autovampirism:

Drinking of one's own blood.

Awakening:

Process by which a latent vampire becomes aware of themselves and their powers. Term for the physical and mental changes that occur when someone awakens to their latent vampire nature. The awakening typically occurs during or shortly after the onset of puberty, but in some individuals may take years to manifest. Those undergoing the awakening, undergo various mental and physical changes which can include an increased sensitivity to light and sunlight, a growing affinity for night and darkness, having one's circadian rhythm become inverted and switching from a nocturnal to a diurnal sleeping schedule, and experiencing the first symptoms of the thirst. Many awakeners go through long periods of loneliness and isolation from lack of understanding from friends and family.

Beacon:

A particular feeling or energy signature generated by vampires in general, but also in latent or potential vampires in particular. This beacon exists for the purpose alone of attracting and awakening other vampires.

the Beast:

This is a term for the base instinctive nature of a frustrated or even a desperate vampire, where h/she turns dark minded and aggressive and wants to feed violently. It's nature is primarily destructive. This is completely different from vamping out.

The Black Veil:

Also known as the "Thirteen Rules of Community". Composed by Michelle Belanger, Father Todd Sebastian and COVICA, the black veil is a set of 13 rules for the Sanguinarium as well the total vampire community. It deals with responsibility, consideration, etiquette, etc. There have been serious changes in the Black Veil since its first incarnation in 1997 in attempts to be made more applicable and palatable to the real vampire community and not just the Sanguinarium; in 2003, it was revised once again and cut down to the now 7 rules.

Blood-Bars:

These are famous and underground secretive places where true vampires can go to feed. These remain open only to a close knit and initiated group. These blood bars not only serve blood over bars but have willing donors in waiting. While they are highly rumored, they have not been proven to exist, but certainly do.

Blood Bond:

This bond is a strong and sometimes emotionally charged feeling of the donor directed toward the vampire that is feeding upon them.

Blood Doll:

The blood doll is a donor who donates blood out of the hopes that they will be looked upon by the vampire community with favor, or because of erotic desires that are satisfied by being fed upon.

Blood-Drinker:

The blood drinker is a person who feeds upon the blood of humans or animals.

Blood-Fetishist:

A person who is strongly and erotically attracted to the sight, taste or smell of blood even though they may have no physical need of consuming the blood.

Blood Vamp:

In short, a blood vampire.

Bloodletting:

The act of piercing or cutting the skin of the donor in order to extract blood.

Bloodplay:

Bloodplay is using the blood from a donor for sexual play or for fetish play.

Bloodsharing partner:

A bloodsharing partner is just another term for the donor.

Cabal:

The cabal is the underground community of vampires in a particular area.

Chakras

Centers of varying energies surrounding the living body.

Chi:

Chi is the oriental term for life-energy. It is sometimes called pranic energy or life force. Energy vampires as well as psi-vampires believe that they can manipulate chi and feed upon it to satisfy their hungers. It is believed by some that, to a certain extent, blood vampires also feed upon chi, for a great deal of this subtle energy is believed to be concentrated into the blood.

Court:

Court is a meeting of vampires within the community open exclusively to vampires. This is the chance for vampires to get together and discuss any news within the community and see if there are any new members...etc. Generally the court is hosted by an elder within the community.

Combo:

A combo is a vampire who is able to feed on blood as well as on psi energy. Most real vampires are actually capable of doing this. Coming Out:

Coming out is a term that has been used by the gay community for many years now and is used in the same sense here. It means coming out of the so called closet and exposing their lifestyle to the world. Coming out would not be used to express a vampire who has told a few close friends or family members about their lifestyle. A true coming out is leaving the hiding in the past and showing the world who you are.

Coven:

A coven is a group of vampires or even other like minded individuals who have grouped themselves together to share a common set of understandings, beliefs, rites, standards, ideals...etc. Covens can range in numbers from three to several hundred, there are no restrictions placed on number of members of a coven.

Dark Angel-

Another term used to refer to vampires by.

Dark Gift-

A term meaning embracing or turning someone with latent powers.

Donor:

A person or animal who gives their blood freely to the feeder. While some donors will prefer to give their blood to only one vampiric partner, there are also those donors who may be willing to give their blood to whole covens or to several members of a coven or several members of different covens. There are no set rules here.

Elder:

An elder is a member of a specific vampire community who has won honors in some way and is generally an older member of such community, or a wisened member. Elders are often those individuals who have helped establish a community, organize groups, or in some way have helped to network their vampiric community.

Elemental Vampire-

This is a vampire that feeds solely on the elements.

Embrace:

An embrace is a close hug where the vampire can closely bring in the donor for the bite. This is a very sensitive moment for the vampire and the donor. Energy signature:

The energy pattern which is unique to each human being or living thing Vampires in particular have a strong energy signature which can help other vampires locate them in public.

Energy vampire:

This is a vampire with the need to feed upon the energy of others. There are some energy vampires who feed upon pranic energy and avoid drinking blood at all. Others indulge in energy vampirism and blood-drinking. The energy vampire is also called the psi-vampire, most of them exhibit the same characteristics that distinguish other real vampires, including light sensitivity, love of the dark, and periods of the Hunger and Thirst.

Excommunicated:

To be excommunicated is to be thrown out of the vampiric community forever.

Family:

This is a term used by to describe the coven or the close circle of vampires and friends found in the community. Also, a general term for all members of the vampiric community. Fashion vampyre:

The fashion vampyre is not the true vampire but is a person who is a role player and likes to dress the part and believe they fit into a community. While fashion vampires may wear the "fangs" and dress in the clothing of the lifestyle, they do not have the feelings of a true vampire or at least they are not willing to believe that they do and are afraid to cross over into the true community.

Feeders:

A vampire who has the need to feed upon donors for blood or energy.

Feeding:

Drinking blood or pranic energy from a donor, be it a human or an animal.

Feeding circle:

This is a small group of donors who are general feeders to a coven or to a community. Also called a feeding ring.

Grazing:

This is a particularly outcast style of vampire life in the eyes of the community where a feeder indiscriminately picks up donors from uncouth bars or clubs.

Haematomania:

This is a strong and psychological craving for blood.

Haematophilia:

This is a strong attraction to the taste, sight or smell of blood.

Haven:

The haven is a gathering place for vampires and is considered to be hallowed ground. All from the community can come and freely take part in the socializing. Oftentimes there will be special functions that are held here at a haven.

House:

The house is almost like a coven in that groups of vampires form a bond with common ideas or themes or understandings for the good of all involved.

Human:

Out of habit, this term is used to differentiate vampires from common humans, even though they are forgetting that they, themselves are also human. the Hunger:

The intense desire to feed, and has also been called the Thirst or the Need. The Hunger is both psychological and physical in nature. Physically, it is an intense hunger or thirst that is not satisfied by food or by drink. Psychologically, a vampire in the throes of the Hunger feels both agitated and empowered at the same time. The pulse, the heart rate, the blood pressure, and the body temperature, all increase in anticipation of the single act of feeding.

Hunter:

A person who hunts, stalks, and in any way does harm to another person solely because he or she is a vampire, or because the hunter thinks so.

Hunting:

This is the act of going out to find blood donors in public and bringing them home to feed or to screen them for possible feedings. While not considered as safe as in the past because of sexually transmitted diseases, I am afraid to report that this still does happen. Excommunication is sometimes forced upon a vampire who feeds in this manner.

Hybrid:

A hybrid is the same as a combo, or a vampire who is capable of feeding on blood as well as on pranic energy. I am of the belief that almost all vampires are able to do this.

Immortal:

Immortality is a term that has been applied to vampires for perhaps thousands of years, while there is not a lot of proof that feeding on blood or pranic energy will do much in the way of extending a human's life or allowing them to live forever there may be a grain of truth in its history somewhere otherwise I feel that it would not have evolved with the vampire legacy.

Incubus:

An incubus is a male sexual vampire.

Invisibles:

Those members of the community who, having been ostracized and stripped of their name, are treated as if they no longer existed. Invisibles have committed some great crime in the eyes of the community, and for this they are no longer allowed to associate themselves with the rest of vampire culture. (See also "excommunicated", and "sin nomine".)

Kind-

This is another lesser term for a human. Both terms are really tongue in cheek because vampires are nothing if not human.

Latent vampire:

This is a person who is already a vampire, being born one, but is not aware of it as of yet. After they have gone through the awakening, they will begin the process of understanding themselves more fully.

Leech:

Uncouth term for a vampire.

the Long Night:

This is the name for the festival that is celebrated on the Winter Solstice. Occurring in mid-December, being the longest night of the year, covens and houses gather to celebrate in their own fashion.

Mentor:

A guide and teacher to a vampire who is just going through the awakening; the one who will assist them through the awakening.

Mortal-

This is only one more of a long line of terms which are meant to distinguish vampires from the rest of the human beings on the planet.

Mundane:

Again. One more term. I do find it almost laughable though that vampires find the need to make the distinction between themselves and the rest of the human race. All human beings are humans. Why not just call them nonOvampires? Do we really need several dozen terms for people who are not vampires?

the Need:

This is the vampire's need to feed. When a vampire experiences the Hunger, They are in the Need. Very strong feelings of the Hunger are referred to as a deep Need.

Neovampyre / Neovampire:

A person who is not a true or natural vampire, but who is a student of the vampyric/vampiric skills, philosophies and/or magick's.

"of the Blood":

This is a term used to mean a person who is a vampire.

Otherkin:

This is a person who has strong tendencies to identify with an animal or creature. Oftentimes they will shape-change to this creature to get into the skin of the animal that they identify with most.

Parasite:

This is a term that is commonly used to refer to an energy vampire.

Porphyria:

This medical condition has falsely led scientists and doctors to form the basis of theories that have led to the belief that there are no true vampires. Symptoms of porphyria are pale, flaky skin and a sensitivity to sunlight. Receding gumlines can make the teeth appear larger than they would otherwise. Dr. David Dolphin was the earliest of the scientists to suggest that porphyria was the basis for some of the earlier vampire myths, implying that its sufferers may have been driven to drinking blood to relieve their symptoms. As a result, the condition has come to be known in modern times as "the Vampire Disease". Poser:

This is a person in the role playing act who purports to being a real vampire but has no actual feelings or emotions that would allow them to be considered part of the community.

Pranic energy

The life force energy.

Primus:

This is a leader or founder or both, of an entire community of vampires.

Psi:

This is another word for pranic energy, or the life force.

Psychic attack:

This is unwelcome intrusion upon a person's energy.

Psychic vampire-

A vampire who feeds upon the life-energy. Psychic vampires may also drink blood as well as feed on psychic energies.

Psychic vampire attack:

This is an unprovoked taking of one's pranic energy.

Psychological vampirism:

Oftentimes, these are people who have a histrionic or narcissistic personality disorder and feel the need to constantly draw all attention in the room toward themselves. These kinds of people will create overly dramatic situations and then demand emotional support from all those around themselves. They are known as emotional vampires. There is nothing metaphysical or spiritual in their condition, it is simply a psychological disorder. Do not be fooled into confusing them with energy vampires.

Puppy:

For lack of a better term, this is the groupie of the vampire lifestyle.

Real vampire -

This is a human being whose condition includes but is not limited to a physical thirst or a deep need to drink blood or feed upon blood or pranic energy. There is a condition of increased physical and possibly psychic sensitivities; sensitivity to light or sunlight and a nocturnal rhythm; intensification of and alteration of emotional states and feelings. It may or may not include the ability to shapeshift, physically fly, bend others' wills to their own, heal other humans, or accomplish any abnormal feats of strength.

Renfield's Syndrome:

"Some attention has been given to a condition named 'Renfield's Syndrome' in psychological literature, based on the fly-eating character Renfield in Bram Stoker's Dracula, Renfield's Syndrome is described as having four stages: a trauma or 'critical incident' in childhood in which the patient discovers that the taste and sight of blood is 'exciting' or attractive; 'autovampirism', the drinking of one's own blood (autohemophagia); 'zoophagia', or the consumption of blood from animals; and finally 'true vampirism', in which the patient must have human blood, and may resort to stealing blood from medical facilities, or serial murder." -- Vyrdolak. (Apologies to Vyrdolak, whose site is the only site I could find with any information regarding this.) So far as I know, this is not an officially recognized mental disorder.

Roleplayer:

1.) Someone who engages in role playing games (RPGs).

2.) This is often used as a derogatory term for those who play Vampire: The Masquerade

or similar vampire RPGs and/or who pretend to be a vampire in their free time when they are not. RPGers are also associated with posers and other fakes who dress the part and pretend to be something they are not. (See also "poser" and "wannabe".)

Sangomancy:

A form of vampyrecrafte, or vampiric magick, which specifically involves the use of blood in the rituals. (See "vampyrecrafte".)

Sanguinarian:

Someone who has a physical thirst, need, craving for blood (which is non-erotic in nature) in more significant quantity than is generally required or desired by other blooddrinkers. Sanguinarians (a word from the Latin root "sanguinarius", meaning "bloodthirsty") apparently do not get the benefits from pranic energy, or else they are unable to feed psychically like psi and energy vampires, for whom blood and pranic energy are apparently interchangeable.

the Sanguinarium:

The network of like-minded organizations, events, businesses, websites, individuals, havens (nightclubs) and resources for the greater vampire and vampyre lifestylers communities. Inspired by the "vampire connection" of vampire bars, nightclubs and safehouses founded in Anne Rice's Vampire Chronicles, the Sanguinarium serves to bring this vision to life as a real "Vampyre Connection". Many real vampires frown upon the Sanguinarium because of the non-vampiric lifestylers it attracts and the artificial pomp and aristocratic hierarchy it endorses. Note: The Sanguinarium is not to be confused with Sanguinarius Organization for Real Vampires, which is the author's effort to help real vampires, blood drinkers, and vampiric people.

Sanguine / sanguin / sang vamp(ire): These are shortened forms of the term "sanguinarian". (See "sanguinarian".)

Sanguinese:

All the language: jargon, slang, doublespeak, plays on words, etc. used by vampires to be able to converse with on another, either privately or in public.

Sanguivore:

A term that I am seeing more frequently, used to define sanguinarians, but which I feel is inaccurate, as sanguinearians do consume more than just blood. I would strongly recommend using the term to refer to those who consume only blood, and nothing else, as their main source of sustenance. I have not encountered any tangible proof that such individuals do exist, and I feel that this is highly unlikely. the Scene, or Vampyre Scene:

The "scene" is a general term for the social aspects of the vampire subculture including nightclubs, havens, events, businesses, societies, and even the online part of the subculture. Many vampires and vampyre lifestylers are a part of the vampiric community, but do not go out and socialize. Most of the current scene revolves around the Sanguinarium.

Seeker:

Someone who is seeking after vampires, or knowledge of vampires, usually desiring to become one him/herself. Unlike a wannabe, the seeker has a more thoughtful approach to vampirism and is willing to learn all he or she can about the condition before jumping headfirst into it.

Self-Mutilation Syndrome (SMS):

A psychological condition which has apparently begun to grow among American youth. Sufferers of SMS, also known as cutters, feel the need to cut into their flesh and watch themselves bleed. Some sufferers of SMS also drink the blood drawn out this way, although this is not standard for the disorder. Most sufferers of SMS are redirecting feelings of anger, frustration, inadequacy, or emotional pain onto their bodies. Some eventually get involved in body art and blood fetishism. (See also "clinical vampirism", "Renfield's Syndrome".)

Sexual vampirism:

A form of psi-vampirism where feeding is done primarily from sexual energy, or energy generated during sexual activity, with or without the exchange of blood. The feeding can be done intentionally or unconsciously / unintentionally. A common term for female vampires who feed exclusively through sex is "Succubus", a word which originally denoted a Mediaeval demon which was believed to visit the dreams of men and tempt them into sexual misconduct; the male version of the word, although not as widespread, is "Incubus". (See also "incubus", "succubus".)

Sigil:

The identifying symbol of a house, haven, coven, or individual. The sigil often has ritual or symbolic significance for the individual or members of the household. For example, the Sanguine Ankh represents members of the Sanguinarium.

Sin nomine:

Latin for "without name". A vampire who has been stripped of his or her name and recognition within the community for having committed some great crime in the eyes of the community. (See also "excommunicated" and "Invisibles".)

Sire:

A term from Vampire: The Masquerade roleplaying system that has crept into general usage meaning the one who turned (or awakened) someone who is a vampire. (See "mentor".)

Slayer:

A loud-mouthed dumbass that makes public and obnoxious claims of killing people who are (or who the slayer thinks are) vampires. Just like hit-men for the mafia, those who may be real vampire hunters or slayers are NOT going to publicly announce what they do, as that's a surefire way to the Big House, or the Happy Hotel. At any rate, they'll get investigated. If they are posers, then they will continue to remain free and flap their lips a lot; if they are real, then the Law will deal with them accordingly.

Whatever the case may be, Sanguinarius urges you to report these individuals to the proper authorities. Maybe being investigated will put a reality check in their miserable lives and cause them to tone down their racist shitspeak. (See also, "hunter".) Whether they are harming or killing people, or desecrating graves and corpses, or conducting illegal interstate commerce (ex., a site on the net, offering vampire hunting or slaying services in exchange for money or goods) -even if they have had no takers!, -- they are doing or offering to do illegal things, and should be reported. I believe conducting illegal interstate commerce is a felony--? It's one thing to be a fan of Buffy, or Blade, or Jack Crow, or whoever, and it's one thing to have a ROLEPLAYING persona of a vampire hunter, but if that's the case, then those who do need to put some sort of indication that this is the case!

Solitary:

A vampire who chooses not to be involved with a coven or House, and has little if any interest in interacting within the community.

Source:

Someone from whom a vampire will get blood. This is a neutral term that I prefer to use; I feel that it's more accurate than "donor", as the blood's not always a donation...

Strigoi Vii:🖵

A term meaning "living vampires" in Romanian folklore, it is used by some to refer to the condition and philosophy of being a vampire. The movers and shakers of the Sanguinarium have appropriated the term for their use in describing their more spiritually oriented path, the Ordo Strigoii Vii.

Succubus:

The plural is succubi. A female sexual vampire. See "sexual vampirism". Historically, the term was used to describe a reason for the sexual dreams a person sometimes experiences, and were thought to be caused by a demonic spirit which took the form of a female in order to drain a person of his or her energy and lead the defenseless person into sexual sin while they slept.

Supplier:

Someone from whom a vampire will get blood. This is a neutral term; I feel that it's more accurate than "donor", as the blood's not always a donation...

Sympathetic vampirism:

A condition which sometimes occurs in individuals who have been fed from too frequently. This most often occurs in the donors or sources of energy vampires but can manifest itself among the sources used by sanguinarians as well. In general, the victim's resources become so depleted that they have to resort to vampirism themselves in order to replenish them. In addition to a need to feed, the sufferer of sympathetic vampirism may manifest symptoms commonly associated with real vampirism, such as heightened sensitivities and sensitivity to sunlight. Often, this condition causes some real vampires to mistakenly assume that their donors, -- or the donors thinking that they, themselves, -- have somehow been turned or awakened. But the condition is hardly permanent. This condition may last for a few weeks, although sometimes it can be drawn out for months or years. The best course of action is for the vampire or vampires who feed from the person to stop completely. Without the constant depletion of resources, the person's system should gradually correct itself over time.

Tease-the-Vamp:

A cruel "game" that non-vampires, or even other vampires, sometimes play where they tease or taunt a blood vamp with either thoughts of blood, or actual blood, which they have no intentions of giving to the vampire being teased. While it might be amusing to watch the vamp's reactions, this "game" causes misery for the poor vampire, and can result in his or her vamping out or worse, if it's not stopped.

the Thirst:

The craving, need, desire, urge to drink blood, experienced as an intense thirst-sensation and withdrawal-like symptoms. To say the least. This manifests not unlike an addiction, and is very difficult and annoying to have to deal with. (See also "the Hunger, "the Need", "Feeding".)

The Thirteen Rules of Community:

(See "The Black Veil".)

to Turn:

To make someone into a vampire. This is most likely a misunderstanding or misconception of the awakening process. (See also "awakening", "latent vampire".)

Turned:

Another term for becoming a vampire. Some groups believe that ordinary people can be turned into vampires, but this is most likely a misinterpretation of the awakening process. The method for this turning varies from group to group, but generally involves a rite of blood or energy exchange between the vampire and the person to be turned. If someone appears to have been turned, he or she was most likely a latent vampire to begin with. (See also "awakening", "latent vampire".)

Twoofing:

An alternate, less blatant, and less cheesysounding, term created as an alternative for the phrase "vamping out". (See "vamping out".) Vampire:

A much-disputed term with many meanings,

depending upon whom you're talking to. See also the definitions of "sanguinarian", "blooddrinker", "blood fetishist", "psychic vampire", "Vampyre Lifestyler", and "Vampiric Community". Here, it is used to encompass all of the above-listed groups into a general category. Also, here, it is not used to define any of those as some sort of supernatural or superhuman beings or someone who has returned from the dead (excluding being revived by medical procedures), and so forth. Anyone who makes those sorts of claims is lying.

Vampdar (a.k.a. Vampire radar):

A humorous play on the word "radar" and inspired by the gays' term, "gaydar", this term is used mostly by vampires who are experienced in meeting other vampires (live and in person) to describe the particular feeling they get. It's not something that can really be described well to others, but if you've experienced it, you'll know. (See also "beacon".)

Vampire aesthetic:

The art and style associated with the vampire. This includes figures with long, slender limbs and pale or bone-white skin, androgynous beauty, Victorian or Mediaeval styles and themes, trappings of lace and velvet, funerary décor, and overall dark and melancholy themes. Scenes of crypts, abandoned castles, and shadowy landscapes abound in artwork that appeals to the vampire aesthetic. The work of Gothic artist Joe Vargo of Monolith Graphics, which can be found on the Web at monolithgraphics.com, is an excellent example of this.

Vampire bait:

A poser or wannabe who is just screaming for a vampire to come after them. (What they get may be an entirely different situation than what they hope for or expect...)

Vamping out:

Experiencing an acute flare-up of the thirst. This also involves a change in the person's manner, breathing, pulse rate, thought patterns, etc., as their body gears up to go out and attempt to satisfy the thirst. This is a real thing, not a fantasy thing, and I won't let anyone else who does not really have this as a real occurrence claim it; to do so makes a mockery of those of us who really do have to deal with it! (If they don't have it and they claim it, then I wish it on them; let them have it!).

Vampiric community:

The community of people who identify with or have been identified with the label "vampire".

This includes blood-drinkers, psi and energy vampires, and Vampyre lifestylers. The community also includes donors and sometimes the friends of vampires. (See "vampire".) Vampyre lifestyler / Vampyre (spelled with a "y"):

Someone who incorporates fictional vampire imagery and trappings into his or her personal life, often cultivating a "Vampyric" physical appearance, including but not limited to a very pale complexion, a wardrobe made up predominantly of dark clothing, a style of dress which is modeled on Victorian or Renaissance fashions, black or blood-red lipstick, sunglasses, fangs, FX contacts, and a generally melancholy or lugubrious air. Lifestylers often form alternative extended families and social structures modeled on the "covens" or "clans" of vampire fiction and roleplaying games. Many also utilize lingo and terminology taken from vampire fiction and RPGs. Some are real vampires in the sense of craving blood, while others are blood fetishists, and still others are just drawn to the "Vampyre aesthetic". This is an outgrowth of, but distinct from, the Gothic subculture. There are some people, however, who use the term "vampyre" merely as an alternative spelling of "vampire", not necessarily

indicating the vampyre lifestyle. Vampyrecrafte:

In general, this is the magick practiced by vampires or vampyre lifestylers. Many of them are pagan and follow the old ways, and the ways of magick are an integral part of their beliefs. Most vampires or vampyre lifestylers practice numerous techniques associated with energy manipulation. Many also practice some form of magick, most oftenly ritual magick or chaos magick. Vampyrecrafte refers to magickal techniques specifically designed by vampires and vampyre lifestylers to take advantage of their unique abilities. Vampyrecrafte often has a dark flavor to it, although in general it is more of a balance between dark and light techniques.

Wannabe:

A slang term, a contraction of the words "wants to be". Derogatory term for someone who wants to become a vampire, usually with unrealistic expectations of what it would be like. Most wannabes have a very romanticized vision of vampirism, and they seem to think it would improve their lives somehow or make them more interesting. Many are attracted by a false vision of a vampire's powers. They usually fail to look at the practical side of becoming a vampire, such as necessary changes in lifestyle, finding sources to feed from, and trying to hold a job while balancing one's vampiric nature with daily life.

Safe bloodletting practices for the vampire-

You should keep in mind always, that people you intend to drink from are after all, people like you. They are not lesser human beings and have not been put on the earth to furnish you with a blood supply. Respect for other people should be your number one priority if you feed or drink of another's blood.

Further, do not be tempted to drink your own blood, which is completely a moot action.

I advise you not to drink or feed because you want to fit in with the crowd or because you think you should be doing so in the company of others who are doing it.

If you have a genuine desire to drink blood, you have much to learn first about the safe practices for doing so.

Above all, both parties taking part in the bloodletting or blood drinking should be consenting adults. This means the drinker and the one being sucked from. If both parties are not in consent of the act you are crossing over from a lifestyle that you can and will enjoy into a lifestyle of crime that will find you behind bars before long.

Your blood donor partner must be tested for any and everything including a complete blood count, a chemical profile, blood serum tests for sexually transmitted diseases, and a complete AIDS test. Believe me folks, this is a precaution you do not want to ignore.

Always ask that your donor make the incision which will release you from all assault charges in case of things turning sour.

Invest in a copy of Gray's Anatomy and study the best places to make incisions that will cause the least blood flow and be least likely to cause uncontrolled bleeding.

As well go over any medications that either one of you may be taking to insure that they will not interact with each other as well as a medication that could cause uncontrollable bleeding.

It is wise to know first aid in the presence of another person who will be bleeding. More than wise, it is imperative. Use only the most sterile instruments and facilities and bandages. Do not take cleanliness for granted and do not ignore sanitation.

Use sharp instruments always.

Stay clear of veins and arteries.

Avoid brushing your teeth before drinking. Use a mouthwash instead.

Some vampires have found that making an X type cut with a sharp razor will make a shallow but impressive cut with which to suck out blood. Some prefer to use lancets. These can be easily obtained from pharmacies in any town and are virtually painless.

A very good method for obtaining blood is actually called a blood letter. It is a series of several small razors inside of a spring-loaded box. The blood letter is placed on the underside of the forearm and will draw an ounce or so of blood and leave only the slightest hint of a scar. Hypodermic needles can be used but extreme care must be used in that everything you touch and use must be of the utmost sanitary. I would try an 18 gauge butterfly in the antecubital vein.

You can also obtain blood from animals but again, care must be practiced. You will not want to drink

blood from swine or any small animals. Choose a rather large animal that will not be harmed from the loss of blood and choose your specimens carefully with regards to cleanliness. Shave the general area where you are inclined to draw blood from and take as least amount as you can to thereby harm the animal as least as possible. For the wanna-be's and role players, what follows are acceptable methods of behavior until you can establish your own style.

Make people believe you're not feeling well, and keep ignoring them like you would if you were dizzy. When the time is right, start shivering slightly and comment on how cold it is, even though it isn't. Wear slightly dark make up under and around your eyes once you get home. Do not remove it before bed. Keep your eyes focused straight ahead once at school, and when someone speaks to you either talk to them suspiciously, or just keep staring in the same direction. Ignore insults and mean people. Just stare at them until they go away, or just walk away yourself. When your friends ask you questions, pretend you didn't hear them, and only answer when they question your health. But, from now on, speak in a low voice. Sweep around when you walk, and don't smile unless something is extremely funny.

- Always stick to the shadows, and whenever you're in the sun, wince in pain and request to go into the shade.
- Whatever you do, don't cut your nails until unless they get so long that they actually may break during everyday activities.
- If you want, buy fake vampire fangs, but

try and buy the ones that look realistic.

- Always stare at people as they walk by.
- The music you should listen to are the goth classical metal types of music. The best example is Apocalyptica.
- Dress very smartly and try and go for darker clothes and long coats.
- Invite your friends to join in the Vampire lifestyle and start a clan!
- Goth is very similar to the Vampire lifestyle.
- •

Don't get into any fights, be the mature one. Don't be too harsh on yourself and be friendly, in a sense. You don't want to have no friends!

Things You'll Need

- Dark makeup
- Good gothic classical metal bands on your ipod or whatever
- Vampire fangs
- Slightly darker clothes
- long coats
- Witchcraft stuff (make your own or buy some)
- Pens for your clan sign
- A love for vampires
- A few friendly friends who want to join as well

• How to Be Goth-

It is not necessary to invest in spikes, chains, or fifty outfits of black leather. If you need inspiration, put Goth Rock on and go shopping. Whatever you feel like when the music in your head is probably a good choice.

□ Siouxsie Sioux and the Cure's Robert SmithListen to anything from Goth Rock, Post-Punk and Deathrock; Bauhaus; Christian Death; The Cure; Siouxsie and the Banshees; to Darkwave or Ambient; Dead Can Dance; This Mortal Coil; Switchblade Symphony, Wumpscut, anything. Goths are, in a way, like rockers. They like the music.

Do not criticize others for their music or religious choices. Despite what many people think, being gothic is much more about being open-minded and against society's norms, than it is about listening to certain bands, or worshiping certain people.

□Blond goth. Your hair does NOT have to be black, but it can be if you want it to be. There are blond goths. There are red-headed goths. Dye your hair only if you want to. Dye your hair a nice shade of orange if you want. You do not have to wear black eyeliner, but you can. Most goths like to, but if you want to be different, go ahead. it's ok. Goth isn't a religion. There are plenty of Christian goths. Just because you are goth you don't need to find an idol (in religion or culture).

©pen your eyes to new ideas.Seriously work on expanding your mind. Don't be shallow, superficial or materialistic. Study philosophy. Think deep thoughts. Read. (This is optional though.) Psychologists have noticed that gothic youths tend to be more intelligent than the average young person and go on to become adults with very technical, complicated, creative and high paying jobs.

Many goths don't write poetry. They are all open with their emotions, and find other ways to express them (in bands, art, and so on.) Keep your friends. They don't have to be goth. Keep it varied. Keep in mind, however, that some of your friends may find the new you to be offensive or just too strange and may stop hanging out with you. Not all of your friends will appreciate your gothic life choices. For clothes, learn to customize because they can

get expensive if buying ready-made from goth stores. Try: army surplus jump boots ideally with zippered sides and steel toe caps, tight black jeans with the labels removed (you hate

consumerism!) from goodwill, a black Hanes pocketless T-shirt, a very old black or dark gray hooded sweatshirt on which you have written slogans or band names in bleach. Make sure you cut holes for your thumbs. Add some dollar store foundation two shades to light for your complexion and use Aquanet hairspray to muss your hair. Sharpie marker black for finernails and eyelids (careful!) is cheap and durable You will blend into any goth concert in the world, and the whole makeover is under \$50 bucks. Optional: One Bauhaus, one Skinny Puppy, and one wildcard CD, an underlined copy of "The Bell Jar", and Djarum Black cigarettes, (the cigarettes are not necessary, you do NOT have to smoke to be goth, and it's illegal if you're a minor). Being goth isn't about changing yourself. It's about letting out your inner goth. There is a difference between mall goth and true goth.

Variations in Look

- This will depend on the type of Goth you want to be. You may choose to become a "Hybrid" (A Goth/Metalhead/Emo look).
- Emo is not goth per se, more culture trash (meaning they steal things from any culture they please). In general those who have been involved with the goth scene for any

real amount of time resent Emo and find it horribly annoying.

Tips

- Ignore those who give you trouble, and fight away if it becomes violent.
- If other goths call you a poseur, and you think they're right, try asking for their help instead of being mad.
- Join any sport or extra curricular activity you enjoy, enjoying these things does not and will not change a gothic lifestyle.
- If you do decide to go to a goth club, be prepared to have a very different experience from your normal life. Gothic clubs are where people come to be able to freely talk and express their feelings about an oppressive society. The topics up for discussion may be ones that you consider taboo or inappropriate, as may be the actions.
- If you're another race than white and pale, you are not prevented from joining the gothic lifestyle. Dark or sallow skin does not preclude looking like a member of the undead/consumptive poet and you can carry off the kind of darkly ethnic looks your paler peers will envy you for.
- If you're going to draw designs around your eyes, practice, practice, practice before

you go out. Nothing is sillier than a smudged crooked scrawl on the face of someone trying to look cool.

 Some people in the goth scene are into witchcraft or vampirism. You also aren't required to convince anyone that you're a vampire, but if this is what you want to do, then you can if you like. You don't have to be, but at least be tolerant of those that are. There are plenty of Christians, Jews, Buddhists, Pagans etc. within the gothic community, so you are allowed to believe in whatever you like. Remember that very few goths worship the devil.

The word "Gothic" comes from a musical style which in turn takes its name from a literary style. So read a book once in awhile. Beyond goth staples like Poppy Brite and Anne Rice, consider somewhat more serious fiction; William Vollman and J.G. Ballard are creepy, especially the short stories. William Burroughs is an acquired taste. Sylvia Plath and Susanna Kaysen are a helpful alternative for suicidal young ladies, and you can't beat Eastern Europe for tortured souls. Kafka is the gold standard, but "Encyclopedia of the Dead" by Danilo Kis and "The Museum of Unconditional Suffering" by Dubravka Ugresic" are fine works by up and comers. Arguably goth musicians Nick Cave and Michael Gira (The

Swans/Angels of Light) have written books. Joyce Carol Oates edited a fine and comprehensive collection entitled "American Gothic Tales" and another anthology to check out is "The New Gothic". Consider poets W.S Merwin, Edna St. Vincent Millay, and of course Emily Dickinson. A good history of the early goth/punk/industrial scene, as well as creepy one shots can be found in RE/Search publications. Finally, I suggest Gibbons "Decline and Fall of the Roman Empire" for those of you who actually wanted to be Goths (the Balkan barbarian nomads who warred with Rome) and not goths (the subculture.) Consider Europe. Goth is still taken seriously there, the magazines are good, and the German festival Gotik-Wave Treffen is the best industrial, experimental, goth event going. Don't obsess about yourself. Being a Goth does not make you worthy of attention, and phony Goths (who abound) are often looked down upon not because they are different but because they are divorced from reality. Many people who are not goths believe that all goths wear thick make-up and piercings, this is not always true. Wearing the make-up and piercings is a personal preference.

Warnings

Many people will label you bi-sexual or a cutter or a devil worshiper.

- Much of society will view you as different, which may be why you decided to become gothic. If you can't handle this, it's best to go back and be however you were in the first place.
- The world is not running out of goths, and you can expect resentment and disdain from older goths if you go running around half-cocked in baggy bondange hip-hop pants.
- Don't go overboard!

How to Get the Vampire Look

The vampire look is a very attractive look. It's a combination of Goth and New romantic.

Steps

Your hair color should be vibrant and your hair super shiny.

Being gaunt really helps with the whole effect. Women: wear a metal hair clip with sharp

designs on it.

Men: slick back hair or tie into a ponytail.

Spread foundation two shades lighter than your natural skin tone all over your face and body.

Put on a set of quality fangs.

Paint the tips of the fangs with some blood red nail polish.

Put some bright red lipstick on. DO NOT wait for it to dry before proceeding to the next step.

WITHOUT removing the bright red lipstick put some blood red lipstick on.

Press your lips together.

Get some mega sparkley contacts (light blue, if possible) or wear sunglasses.

Girls, women and transwomen: (winter and fall) long black skirt, black or dark red bell sleeved top, cloak as much velvet as you can afford. (summer and spring) long black skirt of a light weight material, dark colored corset.

Boys, men and transmen: long black velvet coat on top on top of a white shirt (button-up, no collar) with a red silk ascot.

Tips

- DO NOT WEAR ANY PASTELS. Dark colors are preferred.
- Also, vamps are very well-dressed. Do not look shabby, or you will be a disgrace everywhere.
- Painting on neck-holes etc is very cheesy.
- Vamps are sexual creatures, so showing off SOME cleavage is ok. Just don't overdo it.

Warnings

- Don't use something poisonous for the blood on the fangs, and don't apply when the fangs are attached to your teeth.
- Don't bite someone. The cops WILL arrest

you for assault.

• Don't jump off a building and try to turn into a bat halfway down.

Things You'll Need

- bright red lipstick
- blood red lipstick
- foundation 2 shades lighter than natural skin tone
- high quality fangs
- dark red nail polish
- clear nail polish
- Hair Gel or Hair tie
- sparkly contacts or sunglasses
- dark clothing

How to Look like a Twilight Vampire-Anyone can be a Twilight vampire, just like the Cullens, in just a few simple steps. Steps

First, apply a foundation a few shades lighter than your skin tone. Your skin should be almost white.

For under-eye bruises, apply a lavender eyeshadow under your eyes.

If you are a vegetarian vampire, put on gold contacts. If you are not planning to be vegetarian, put on burgundy contacts. (OPTIONAL) Use the lavender eyeshadow on your lids.

For a dramatic effect, wear blood red lipstick. For a simpler alternative, wear clear lip gloss or nude lipstick.

Darker colors are preferred to wear. Wear something simple, like a dark tee-shirt or tank top and jeans. Or, you could go the Edward Cullen route and wear a cashmere sweater, jeans and nice shoes.

Remember, Prom was the first time Bella saw Edward in black.

Tips

- Wear your hair simple. A middle part that is a bit ruffled is perfect. For women, romantic waves or stick straight hair is perfect.
- If you want, use the foundation to apply to parts of your skin, such as your neck. You can also use baby powder.
- Wear lighter colors. It will mean you are less inconspicuous, as it means you pale skin tone will not clash as much with your clothes.
- If you are going as a non-vegetarian vampire, have a person who will be a victim, or someone changing into a vampire (halfvampire, half-human).
- If going out in the sun, wear long sleeves or pants, and be sure to apply shimmer make

up to any skin showing.

- Black, silver, red and purple are commonly accepted as traditional Vampiric attire, but Twilight vampires tend to stick to lighter tones in clothing, and wear plain (yet expensive) garments.
- Research your history and be honest.

Warnings

- Do not wear fangs.
- Do not bite anyone.

Things You'll Need

- Foundation lighter than your skin tone
- Lavender eyeshadow
- Gold or burgundy contacts (OPTIONAL)
- Blood red lipstick or nude lipstick/lip gloss
- Light clothes: Simple or fancy
- •
- •

With special thanks to angel fire.com, and Wikihow.