

The Hermetic Order Of The
GOLDEN DAWN Intl.

**RITUAL TO GO BACK IN
TIME**



ZELATOR 1=10

What we are going to discuss in this lesson is the concept of traveling through time. Sound amazing? Well, it shouldn't be too much of a surprise when the basic knowledge is learned. The question to ask is, "What is time?" Just like the concept of electricity, we know how to use it, we understand its laws and principles, but, to this day we don't know what it is. Time is an illusion, just like life is an illusion. This is not to say that life overall is an illusion, but it is referring to the life perceived in the lower planes of existence. Time to man is everything. It rules our lives in one way or another, dealing with our past, present and that not yet revealed to us in the future. Unlike human kind, there are those that are not affected by time at all, those entities that reign in the worlds of Yetzirah, Briah and Atziluth. The principles of time neither involve these beings nor affect them in any way, much different than that of human kind. We are bound to principles such as, "It is the present that molds and forms the future," and, "Our present lives are based on the foundations that were built in the past." To us, everything touches everything else and every action has its own consequence.

If we take the concept of time and imagine that it was the shape of a yardstick, we can divide it into three parts, the left side, the middle and the right side. We can associate this to past, present and future. We look at time as these three separate concepts. In actuality, time is constant, ever flowing, and all three concepts unite as one whole. Just like the yardstick, although we have divided it into three sections, is still one piece. This is one of the basic principles of time.

Another principle we might add is the concept of duration. In other words, two hundred years in Earth time would not even equal a fraction of a second to God. God is the source of life, the Tao. From Him all things flow, even time, for it is He who governs over the Universe and time. So time is both limiting as well as infinite. We have to keep in mind that time is constant. There is no past, present or future, it just is.

The Ritual to Go Back In Time is designed to shift your consciousness into the realm of time as you know it. You will be able to venture into the past by using the methods described, and bring back to the present something specific from yourself at that particular time. You may have had a knack for playing music when you were young and as you got older you slowly became desensitized so that you wouldn't even touch a piano. Using the method hereafter you will be able to return to the time at that age when you had the flare for music, and by using magic, bring this trait back to your present life.

Some reasons that you may want to perform this ritual are that it will aid you in your present life by traveling back in time and acquiring those traits to improve your present life. Another reason may be to help accelerate and build your astral abilities.

Some keys that will help you get the most out of this ritual is to get as deep as possible. Second, be constantly aware that you have a body but you are not your body. Your consciousness is as free as the wind, and once you have a firm grasp of this concept, you can travel effectively through the barriers of time.

There is only one tool you will need, and that is a sigil. A sigil is a symbol that represents an idea, thought, power or whatever you choose it to be. You will need to think of a sigil, whether it be completely made up, or one that you have seen in a book. The only important thing to remember is to make sure that the sigil has some significance to it. The way you do this is by doing a little research. On the other hand you may keep it simple and choose to select a simple sigil such as your zodiacal sign.

This sigil is used to help retrieve and receive the magical energy form the plane that it is being extracted from.

Step 1

First, identify the goal. Keep in mind those traits or abilities that you have or may have had that may be increased or enhanced in your present life. This may regard a magical trait, an aspect of your personality, a talent forgotten perhaps, or anything specific. Once this has been carefully sorted, choose a sigil representing your magical powers. Create it, then draw it out on paper to enforce its image into your mind. It would be suggested that a sigil chosen should be one that has sympathetic or magical meaning to you.

Step 2

Perform the L.B.R.P..

Step 3

Sit or lay down and find a comfortable position. Begin performing the Four Fold Breath.

Step 4

When the ultimate stage of relaxation has been reached, visualize yourself alone in a dark room.

Step 5

See a rather small light before you some few yards away, and as you approach it, see it becoming larger and larger. When you've finally reached the light, it begins to form into a glowing calendar. Stand before it.

Step 6

Visualize the pages of the calendar beginning to flip backwards, reversing time, moving at a steady pace then speeding up gradually. Visualize the calendar flipping so fast that only a blur of light could be seen. Going back in time a minimum of ten years, see the calendar begin to slow down until page by page it stops. Notice the exact day, month and year the page states before you.

Step 7

Now, at this time visualize the calendar beginning to fade, and as it does, a scene from the past involving you begins to appear. Taking notice of all the activities

being done in this scene, inhale through the nose, and as you exhale, step forward with the Sign of the Enterer, willing yourself to penetrate through the time membrane.

Step 8

Locate your second self in that time, keeping in mind that you are not there to interfere with history, but rather, you have a task to do.

Step 9

Once you find your second self, approach it face to face, and as you do, form your chosen sigil between you and your second self. Mentally hurl the sigil with the Sign of the Enterer onto the forehead of your second, self seeing it glow luminously. As the sigil remains steady on your second self, begin to feel your own self absorbing the trait or quality that you've planned previously. Remain with the latter until you feel you've absorbed enough essence or magical energy. Then retrieve the sigil and allow it to re-absorb into you, preferably through your forehead.

Step 10

Return to the same place where you entered into this plane in time. Exit by using the same method of the Sign of the Enterer. See yourself back in the dark room.

Step 11

Face the calendar. Visualize it once again flipping rapidly, going forward. Continue seeing the pages turn until it reaches the present day and year. When that page stops, affirm to yourself the present month, day and year, keeping aware of the essence in yourself that you've brought to the present from the past.

Step 12

Perform the L.B.R.P..

You may consider performing this ritual once a week to strengthen the same intention, or you may choose another goal and return another time to achieve it.

Note: The proper selection of a sigil is vital. It is important to be aware of the sigil being used, for in such a case, should there be any negative feelings or thoughts aroused from the sigil, take care to take the time in choosing another which best fits the mood and significance.