

The West Face of Health and Strength

I place good health second only to peace of mind in the list of attributes needed to attain supreme happiness and fulfillment. Without a healthy body, many of life's pleasures are flawed. So I heartily recommend regular application of these West Face routines, to put yourself in harmony with the glories of the West Face Tide which can help to sweep away physical pains, dispel disease and enable your body to heal whatever is ailing you.

PYRAMID ENERGY CIRCUITS AND YOUR DOCTOR: AN UNBEATABLE TEAM!

Please read, absorb and inwardly digest the following vital point: *Under no circumstances must you attempt to use West Face routines to replace qualified medical care.*

You'll find me one of the first to applaud the efforts of psychic and spiritual healers, and to witness the miracles they have performed, sometimes in apparently hopeless

cases. They are channels for West Face-type energies, and can bring to a sick person metaphysical vibrations which, by some as yet undefined means, bring healing to bodily malfunctions.

Yet I award an equal amount of applause to the dedicated efforts of those we may call orthodox healers of medical science.

Despite occasional adverse publicity for the few, most doctors know what they are doing and have an impressive battery of healing aids at their fingertips. Properly applied, surgery, drugs and medical therapy are *the* answers to curing disease.

I feel that people are foolish who try to ignore or denigrate the incredible strides medical science has taken in its painstaking research across the centuries. But similarly, I feel that spiritual healing and psychic methods deserve to be researched more sympathetically and thoroughly than they have been to date. Some alleged "healers" are indeed heartless charlatans, but other healers who use psychic methods have too good a track record to be ignored and dismissed.

So I suggest you give psychic powers and science equal chances to heal anything that is wrong with you. If you need medical treatment, see your doctor: but *add* the West Face energies to help things along.

Generally speaking I would advise you *not* to tell your doctor you're assisting him by calling on metaphysical energies. We still have far to go before the medical fraternity as a whole is prepared to accept such precepts.

If you have a minor sickness which you'd ordinarily treat yourself by visiting your local pharmacy, add the West Face techniques to your pill or potion: you'll get better quicker. In fact I can say with all due caution that if you're going to take a *non-prescription* drug to clear your discomfort, you could try an initial dose of West Face Tide techniques before you buy the medication. You may just find that you've saved yourself a few dollars!

And if you have a chronic condition which the specialists have told you they can do nothing more to alleviate or cure, by all means move in with West Face energies. You could amaze the experts by getting well—although again it might be best to give credit to modern science rather than insist you did it yourself by tuning in to invisible energy tides. If you're no longer sick, does it *really* matter how or why you got well?

My recommendation is that you use West Face techniques *in conjunction with* any medical diagnoses, prescriptions and directions, and thus you'll get the best of both worlds.

CHARLIE G. IS FIT AFTER BEING GIVEN SIX MONTHS TO LIVE

If you re-read the introduction to James I.'s case history at the beginning of this book you will recognize the similarity in my style of presentation. I make no claims that Pyramid Energy *ever cured* anyone: under the right conditions, be they medical, mental, psychic or any combination of the three, the body heals itself.

Charlie G., 72, is a retired crane-driver. At age 65, after having stubbornly resisted unusual and recurring spells of exhaustion for years, Charlie consulted his physician. Blood tests revealed chronic leukemia in an advanced state. The most optimistic forecast was progressive deterioration resulting in death within six months.

The doctor told Charlie his diagnosis, and regular treatment was begun.

Charlie, a resilient and fatalistic man, put his affairs in order. But he was "not about to lie down and turn belly up for any bunch of cancer cells" if he could avoid it.

As one of his supplementary treatments, Charlie went to the Philippines to undergo treatment by psychic surgeons. He reports that various psychic "operations" were carried out,

allegedly removing tumors from his ear, stomach and chest. His doctors had previously detected no tumors by X-ray and other diagnostic techniques.

The leukemia progressed as anticipated. Charlie took to a diet of grapes, an alleged cancer alleviator in some unconfirmed cases. He also investigated and took several herbal products, including one from a Mexican clinic.

"The cancer specialists were interested in my attempts to stop the leukemia, so long as I continued with their orthodox therapy," Charlie said. "I was quite surprised at their open-minded approach. One doctor told me if I could be cured he did not care if it was done with burnt feathers and animal entrails: his job was to do his best to heal me the best way he knew how and so long as I did nothing to negate his attempts he would not complain.

"He admitted some evidence exists which seems to suggest cancer undergoes remission for some patients when they apply additional mental therapy. So he was interested, but non-committal, when I told him I had been using the *Six-Ray Star Thought* as an application of Pyramid Energy."

Charlie's deadline with death came and passed. He remained alive, and his leukemia was pronounced stable, but not cured. Seven years after the original diagnosis Charlie is active and fit. Latest medical reports cautiously suggest his leukemia has undergone remission and his life is no longer in danger.

HEALTH BLOSSOMS WHEN YOU APPLY THE SILVER CRESCENT OF APAS

A small piece of ordinary aluminum foil such as housewives use to wrap sandwiches plays an integral part in this West Face Energy Circuit. You need to create a crescent from the foil, the shape of a new moon, but somewhat fatter, about half an inch in size.

Find a round spice bottle or pill container about 1¼ to 1½ inches in diameter, or anything else circular of that size

that you can draw around. Stand your pattern on a piece of paper and draw a circle around its base, using the edge of the pattern to guide your pencil.

Now move the pattern about half an inch to one side and draw another circle around it. The resulting two intersecting circles will make a crescent shape. Two, in fact, although you need only one of them. Figure 4 shows the kind of double circle you should have drawn. Cut out one crescent (shown as the bolder line on the figure), and use that as a pattern to cut the same shape from a sheet of aluminum foil.

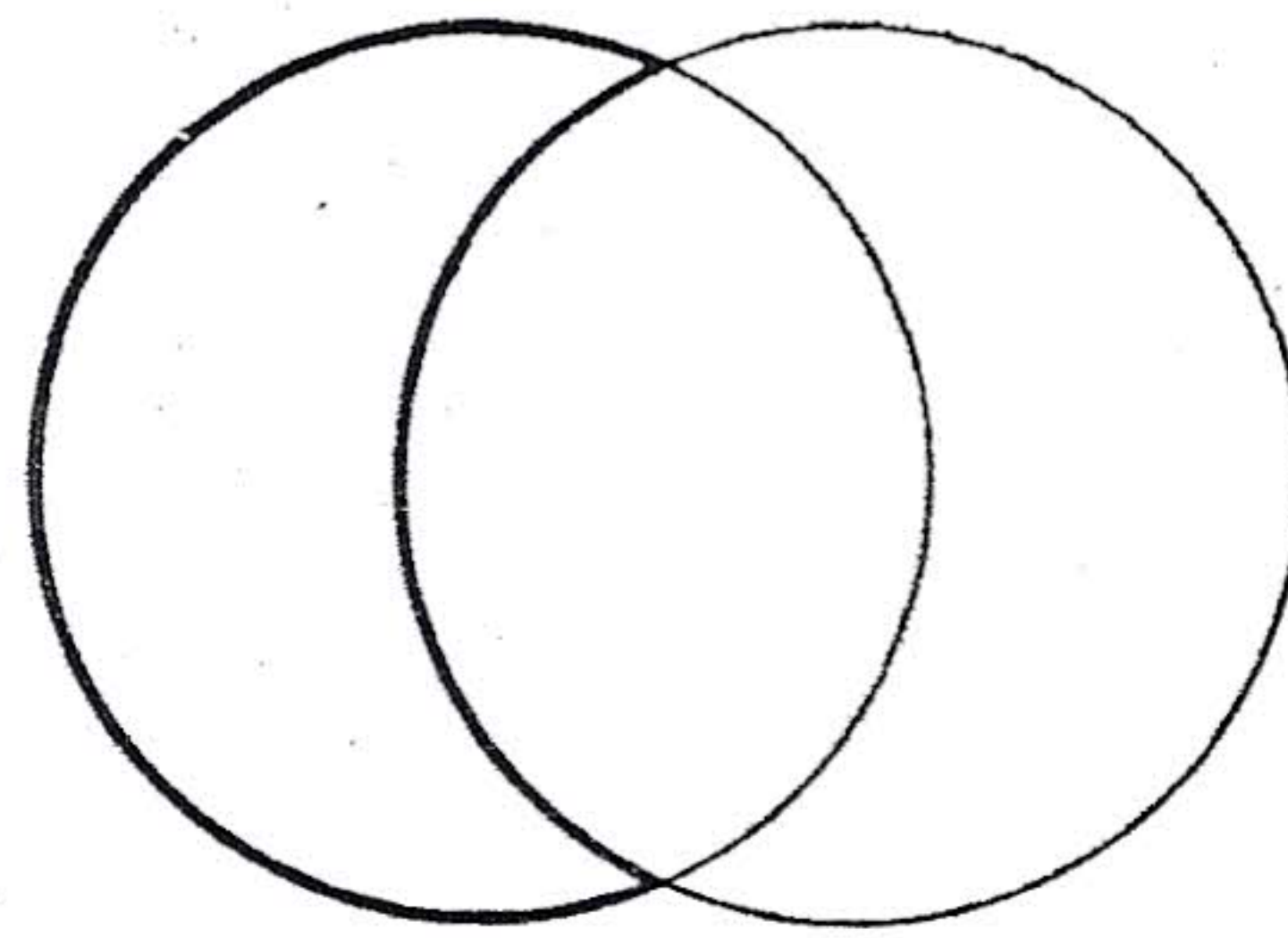


FIGURE 4: Pattern for Silver Crescent of Apas

This crescent of aluminum is your physical representation of your *Silver Crescent of Apas*. Secure it against the West Face of your *New Psychic Energy Generator*. That's the face the setting sun would shine on, the face opposite the East Face.

The Silver Crescent, your *New Psychic Energy Generator* and you form an Energy Circuit which can tune your body in harmony with the healing West Face Tide, and as a result blooming health surges through you.

"I'VE HAD NO REPEAT OF MY ARTHRITIS PAINS," AVOWS 83-YEAR-OLD EILEEN U.

The following is extracted from a letter received by one of my colleagues who is researching Pyramid Energy.

Arthritis first began in my hands at the age of 69. Later my hips were affected. Painkilling drugs enabled me to get about but the condition worsened as the years passed. By my late 70's I was a virtual cripple.

I visited as many specialists as my medical insurance would cover, and gained some relief, but nothing resembling a cure.

During my clinical treatment I joined with a spiritual search circle meeting at a Spiritualist Church near my home. A visiting lecturer spoke on Pyramid Power and extolled the virtues of West Face Tide methods in general and the Silver Crescent of Apas in particular.

I sat regularly with the circle, gazing on the Silver Crescent as we had been advised. On my 80th birthday, about a year after being introduced to the Silver Crescent, my doctor gave me a new pain-killer he said would be effective and non-addictive. I should take the tablets whenever the pains were at their worst.

I took the pills as prescribed and the pains receded from the first dose. To my surprise they never came back and I have had only one repeat of my pains in the intervening three years.

During a two-week vacation I missed my regular Silver Crescent exercises, and by the time I returned home I was feeling shooting pains in my joints which came some eight hours after using the prescribed medication.

Resuming my Silver Crescent work, I have had no repeat of my arthritis pains. (—Eileen U., Maine.)

REGAIN BLOOMING YOUTH WITH THE REVERSE TIME TABLEAU

When you're using any of the West Face techniques, keep clearly in mind the process we're creating. Your body will return to natural health and strength if it's given half a chance to heal. When disease strikes, your vital powers merely need "reminding" and encouraging to transform your body back to match the perfect "blueprint" or pattern from which you were originally created.

We could, for the purpose of the point we're investigating, compare this marvelous machine we call the human body to an automobile. An auto is created by artisans from drawings made by designers. If the artisans correctly match the parts and assemblies to the design plan, off the production line comes a good car.

Somewhere in later time and space the car will need repair, either because of normal wear and tear, or because it has been in an accident, or possibly because the owner failed to attend to regular maintenance so that some part wore out.

If the repair is anything more than a simple overhaul and service, mechanics will consult copies of the original design drawings and put matters to rights by rebuilding the necessary parts to the original specifications.

West Face Tide techniques can be influential in performing similar services for your body. Assuming you were born without major defects, you can consider your body to be like the auto we used in the above comparison.

The passing years will almost inevitably take their toll on your muscular strength and the efficiency of your bodily processes. In some exceptional cases this is less evident than for most of us. By some combination of heredity, health care, plain old good luck and an instinctive "tuning in" to West Face Tides, a few people remain almost 100% efficient to advanced ages.

But for the majority of us, unlike Laurence Binyon's heroes in his "Poems for the Fallen," age does indeed weary us, and the years do condemn! The situation is aggravated if we are involved in accidents which damage the body, or if we abuse ourselves by following health-negative habits such as excessive use of alcohol or tobacco, poor dietary intake and general lack of health care.

Take heart! The West Face Tide can act for your body as the most experienced mechanic can for a car, with every imaginable tool and diagnostic instrument at his disposal. By attuning yourself with the West Face energies you can bring your body's performance back up to specification, to perform as your Designer and Creator intended it to be.

The basic technique of tuning in to the West Face Tide I've named the *Reverse Time Tableau*. It's simplicity itself, and needs only regular mental efforts and a few minutes of your time each day.

Your focus point, the *Silver Crescent of Apas*, is already set up for you. All you need to add is yourself and your memory.

Sit yourself down where you can see the Silver Crescent. Look at it peacefully for about two minutes then close your eyes.

The objective is to reach out for health and vitality by soaking up energies which allow your body to heal. So approach this mental task by *thinking of yourself as healthy and bursting with energy*.

Most important: do *not* think about your maladies themselves. Thinking to yourself something like, "I wish to heal my sore back," is *not* the way to go. That merely reinforces the idea that you have a sore back, because as you form that sentence in your mind you'll automatically think about your painful and malfunctioning spine. That's a fact: *name* anything, and you at once call up a fleeting mind picture of it, and you most definitely do not want mind pictures of your maladies floating around in the West Face Tide!

Have you got that vital point very clearly in mind? After closing your eyes, ease around in your memory for incidents when you were healthy (or at least did not have the maladies that are currently afflicting you). Recall such times, detail by detail.

For instance, think back to when you used to run and jump, dance and exercise. In particular, think about performing tasks and challenges which you now can no longer perform adequately. Note in the case histories included in this Energy Circuit how Eileen, Walter, Beverley and Earl presented the correct mind pictures for the West Face Tide to bring into actuality.

I've called this the *Reverse Time Tableau* because most times your mind pictures will be of yourself in earlier years when you were fitter and stronger. Entertain those thoughts as vividly as possible for a couple of minutes. Then open your eyes, gaze at the Silver Crescent for about ten seconds, and conclude this routine.

What if you're crippled, have been since birth, so that your memory contains no recall of your being fit and totally healthy? Maybe you walk with crutches, and have no clear memory of ever having been able to get about without them. In such a case, use the *Mental Bridge Method*, which is fully described later in this Energy Circuit.

WALTER B. WAS REJUVENATED AND MISTAKEN FOR HIS OWN SON

"I suffered no particular disability, yet I was growing old too fast," Walter B. said. "At 53 I looked far older. I was low on energy, found exercise debilitating, had lost much of my sex drive, and suffered from back pains. I was much less fit than most men ten years my senior."

"I realized how bad it was when my 64-year-old neighbor and I came out of our homes simultaneously and saw our bus at the end of the street, early for once."

"We both sprinted the 50 yards to the corner to catch it. My neighbor had the extra handicap of the width of his lot, but he overtook me at a gallop and swung aboard the bus in time to tell the driver to "wait for old slowpoke back there." He was hardly breathing heavily, but I had still not recovered when we reached downtown."

While recovering his breath, Walter asked his old neighbor if he had a secret exercise for keeping fit.

"That was how I was introduced to the secret of the *Reverse Time Tableau*," Walter said. "It was all hogwash, I figured. Thinking yourself to fitness? That was too much for

me to swallow. Yet the old boy and the bus episode was evidence of something going on."

Almost against his better judgment Walter joined his neighbor in his basement and was shown how to build and decorate his own *New Psychic Energy Generator*.

"I was fair," Walter said. "I gave the *Reverse Time Tableau* a regular workout each day. It was easier than jogging. All I had to do was recall my younger days when I made the baseball team and hit the home run that won us the championship. I did my best to fish around in my memory to recreate that glorious feeling.

"It began to have an effect. I found I could trot up stairs I'd previously toiled up, resting halfway. My wife asked if I'd taken an aphrodisiac as my bedroom energies resurfaced. My graying hair seemed darker and thicker. All kinds of signs of fitness reappeared after years of absence."

Walter finally realized how much he had changed when shopping downtown one day. A young stranger came up to him and greeted him.

"Hi, Johnny," the man said, "I thought you said you'd be out of town for a month."

Walter stared. Johnny was his 27-year-old son, an enthusiastic body-building and fitness buff who was currently on a four-week job-upgrading course in the next state.

"Oops! Sorry," said the stranger. "You're not Johnny. But he never told me he had a brother around his age."

EXPULSION OF PAIN AND SUFFERING WITH THE WESTERN WATER TECHNIQUE

This technique adds an extra healing strength to the foregoing *Reverse Time Tableau*.

Twenty-four hours before performing the *Reverse Time Tableau*, place a container of ordinary drinking water beside your *New Psychic Energy Generator*, on the West Side. The container can be a cup, mug or drinking glass (in which case

cover it with a piece of paper or card to prevent dust settling into the water). An even better solution is to use a small bottle or vial which you reserve specially for this technique.

Whatever kind of container you use, place it so that it touches the western edge of your *New Psychic Energy Generator*, and leave it undisturbed until you need it.

Carry out the *Reverse Time Tableau* as described above, then when you open your eyes uncover (uncork, uncap) the prepared water and drink it while looking at the *Silver Crescent of Apas*.

Conclude the routine as usual.

By drinking a few ounces of energized liquid prepared with this *Western Water Technique*, you are physically taking into your body the West Face Tide energies, to work at all levels of being to allow your body to attune to healing.

BEVERLEY L. CAN DANCE AGAIN NOW THAT HER VARICOSE VEINS HAVE DISAPPEARED

If you happen to be a close observer of those long-stemmed beauties who dance in chorus lines for our edification, delight and intellectual indulgence, you'll no doubt have admired their smooth and shapely legs.

Beverley L. was one such entertainer, and was seen regularly on television and in theatrical revues. She was also in demand to exhibit her choreographic graces at conventions and stag parties.

"I truly enjoyed my vocation. I was proud to be a chorus girl," Beverley said. "The camaraderie, the smell of the greasepaint, the travel, the applause, the admiring glances when I danced on stage in my briefs and pasties were meat and drink to me.

"Call me a dewy-eyed dreamer if you wish, but my life was the theater, warts and all."

At the peak of her career, just when producers were singling her out for solo dances and the big break seemed just

around the corner, Beverley began to suffer aches in her legs after standing for a while. She found she had to move her limbs or the pain grew steadily worse.

"That was no good for tableaux and similar statuesque poses," she said, "but I got by without anyone noticing the occasional twitch I made when the discomfort was too much.

"Then blue marks appeared on my legs and thighs, and soon heavy make-up would not totally hide the unsightly blotches."

Worse was to follow. Ugly lumps began to show beneath Beverley's previously smooth and perfect skin. She was developing that scourge of beauty—varicose veins.

"I bleached them, I massaged them, I slept with my legs in the air. I had injections. I took herbal teas alleged to cure them," she said. "They grew steadily worse, more obvious and lumpy every day. Elastic stockings kept them at bay, but eventually my legs looked terrible, especially at the end of a hard day on my feet."

Thus ended her career in the chorus. Beverley could accept engagements only where she could wear slacks or long dresses.

"I was trained as a dancer, and there was precious little other work around for me in show business," she said. "And I had this continual nagging pain that made it difficult to smile on cue. Plus I'd been real proud of my body, and I was ashamed to have to cover it up."

One of the health stores where Beverley bought her herbal teas also sold occult books and psychic assists such as crystal balls and Tarot cards.

"Still looking for a cure for my veins, I asked around the store if anyone knew a witch or wizard who would put a spell on my legs and cure them," Beverley said. "Yes, I was *that* desperate. They laughed and said if there was, they didn't know about it.

"But one of the guys said he knew of a lady who swore Pyramid Energy could do anything, which might even be

true—considering that she lived in luxury and apparently did no work.”

Beverley met with the pyramid lady, and poured out her troubles.

“If it can be done, keep up any treatment you’re following and add the *Western Water Technique*,” she was told.

Since then you’ll almost certainly have seen Beverley (that’s her real name, not the stage name she uses) on your TV. A few months after she was let into the secrets of Pyramid Energy she was able to resume work with the chorus line.

“Those nasty old veins just shrank and vanished,” she said. “I kept a picture of myself in my favorite dancing role, with smooth nylon-clad legs flashing, and my body seemed to catch on and return to that shape. No more pains, either.”

A triumphant return to the chorus was soon followed by solo artistry, and starring in a TV series was only a few delighted steps away for Beverley.

“And I took those steps on my new legs,” Beverley said. “I’ll never know for sure why my varicose veins went away. But they’d been very stubborn until I used the *Western Water Technique*, so I guess we must all reach our own conclusions.”

YOUR NATURAL ENERGIES SURGE WHEN YOU USE THE MENTAL BRIDGE METHOD

This method is specially designed for people who are unable to call up clear memories of health and strength. As stated above, this method is to be used in place of the *Reverse Time Tableau* in such special cases.

The method begins exactly the same as the Tableau it replaces, by viewing the Silver Crescent for two minutes and closing your eyes.

Now, instead of fruitlessly seeking memories of your own health and strength, spend the next couple of minutes recalling exploits by other people where they were obviously fit and

vital. In particular, "see" those people performing the precise feats which you cannot manage because of your affliction.

If your legs are malfunctioning, recall when you watched a young athlete high-jumping, sprinting or marathon racing. Bringing back memories from a TV program on athletics is ideal for this.

That trick back playing up again? Visualize wrestlers, weightlifters or gymnasts in your exercise.

The mind pictures which show how you wish to be are limited only by your imagination. For example, if your natural energies have been eroded by time or psychological conditions, it's perfectly acceptable to recall an erotic movie as your *Mental Bridge Method* back to perfect function.

Having run your mind pictures for two minutes, open your eyes, view the Silver Crescent for a few seconds and then carry on with your usual routines.

An addition to this method is to also incorporate the *Western Water Technique* as you open your eyes, exactly as described above.

EARL M. REMARRIED, AND FATHERED THREE SONS AT THE AGE OF 78

Earl M. outlived his first wife, and was left a widower at age 72.

"We'd had a good and full life together," he said. "And when the good Lord called her to come home to rest she went with a smile on her face. I know she's waiting for me in the Great Beyond.

"I was feeling the flutter of angels' wings myself and figured it would not be long before I was laid to sleep for eternity beside her mortal remains in the quiet plot we'd reserved so many years before."

But destiny had other plans for Earl before he joined his wife in heaven. Left alone, he found time hung heavy on his hands, and Earl became a regular patron of the mobile library which visited his Iowa village each week.

"I got caught up with psychic discoveries and such strange stuff," he said. "I guess it was a spin-off from thinking about heaven and the unseen worlds. I was amazed to find how many hard-nosed scientists were spending good money on stuff which had not been acceptable in my young days as an engineer.

"I read about moving things with your mind, reading colors with your fingers, divining thoughts at a distance, dream research and a subject that really fascinated me—Pyramid Energy."

Earl eagerly devoured everything he could find on pyramids and wrote away for other information.

"I even got involved in the research myself as best I could," he said. "I set up an experiment to see if the *Mental Bridge Method* could restore my youth. It was so long since I'd felt the sap running I figured that would serve better than the *Reverse Time Tableau*—I had only very hazy memories of the far past."

Earl's mental picture was built around the exploits of James Bond, one of his favorite movie characters. Whenever any TV station ran one of those classic adventures Earl would be glued to the screen.

His experiment was followed by unusual effects.

"I found I was anxious to go to the social club in the village hall," he said. "I had not gone inside there for years. I'd found the men to be talking on subjects that held no interest for me, I never learned cribbage, and those twittering females used to drive me up the wall.

"For the first time in a long, long time I was hankering after female companionship, and not just for tea and cakes, if you understand."

Not long after, Earl was courting a divorcee less than half his age. The whole village was a-twitter at their romance which culminated in marriage.

"Never thought I'd make it to second time around," Earl said, "but here I am, father of two sons and another due next week, or so the doctors say with their newfangled peek-inside-you gadgets.

“I’m 78, feel 35, and reckon to see all three sons produce grandsons for me before I decide to call it quits.”

**BODILY AND MENTAL PERFECTION CAN
FOLLOW THE APPLICATION OF THE SIX-
RAYED STAR THOUGHT**

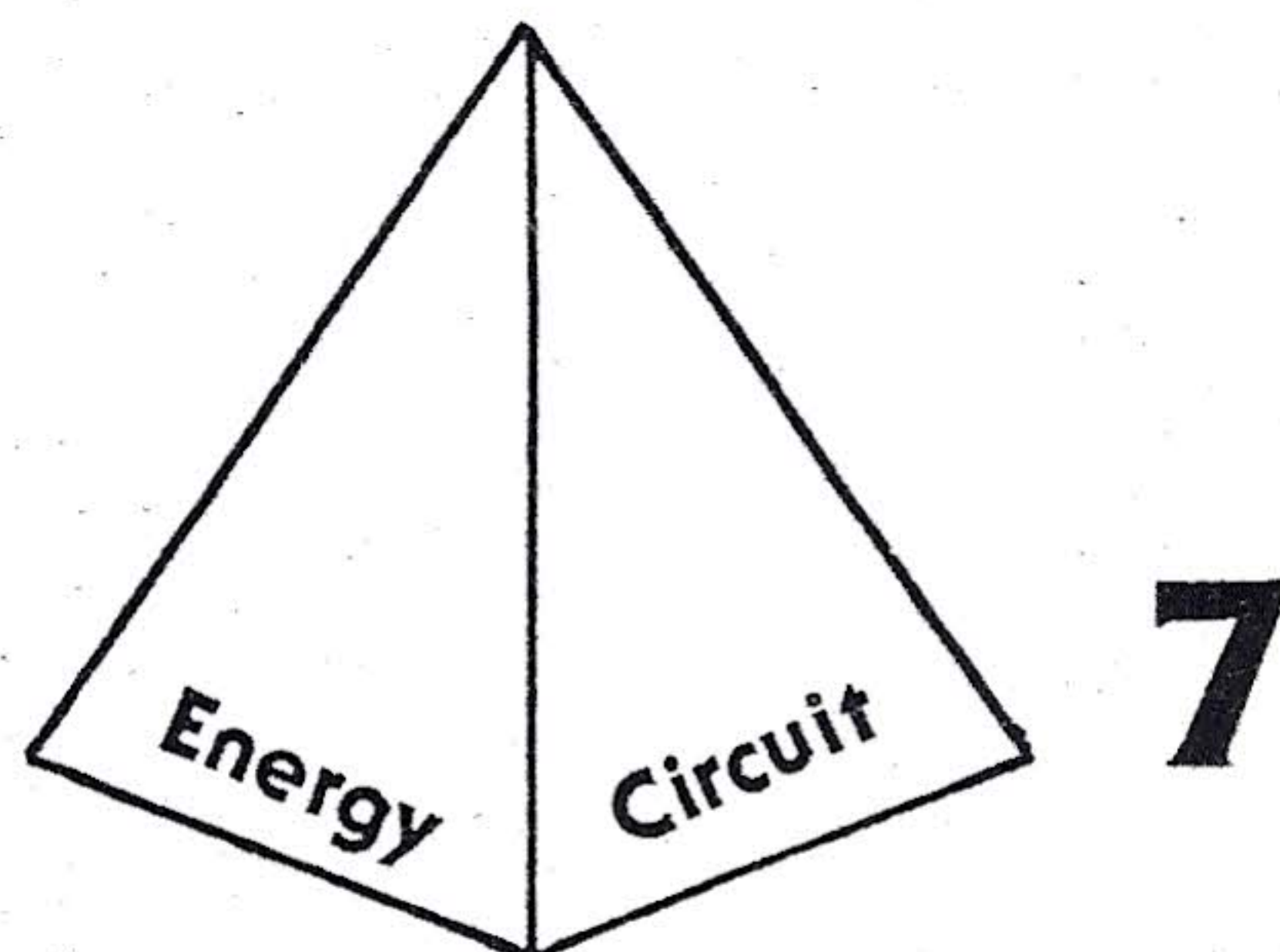
So far your full West Face routine, conducted daily when possible, consists of performing the *Reverse Time Tableau* or *Mental Bridge Method*, adding the *Western Water Technique* to either.

To give a final surge of healing energies to whichever routine you adopt, add a final push of vitality to the West Tide with the *Six-Rayed Star Thought*.

As you regard the Silver Crescent and drink the energy-charged water, pretend a six-pointed star is sitting atop your *New Psychic Energy Generator*, sparkling and shining, radiating energy to you.

If you have any trouble thinking of the shape of a six-pointed star, draw two triangles the same size on a piece of paper and cut them out. Put them on the table in front of you, one with a point up, the other with a point down (toward you). Lay one triangle on top of the other. Voila! A six-pointed star!

That’s yet another powerful connection to the West Face Tide energies, created by your mind and inserted into the healing equation which will haul you back to blooming vitality and youthfulness.



The New Psychic Pyramidic Gestures

Kirlian photography, a method of making pictures of the unseen energy which radiates from people and things, clearly shows that the tips of the human fingers have strong flows of power around them.

This instructive part of our journey to personal power and satisfaction shows you how to use your fingers and hands to harmonize the energies and further open your line of communication with the Cosmic Tides we're employing to bring your desires into material existence.

THESE SECRET GESTURES MAKE NEW PSYCHIC ENERGY POWER FLOW

As we apply *New Psychic Energy Power* to your life, we're operating almost purely in the unseen world, even if the results are apparent in your material spheres. We're lining you up with Tides and currents which we measure not so much by their presence but by their incredible and joyful effects on your life.

However, we're most definitely using a physical "door" to the realms where *New Psychic Energy Power* exists, and that's your *New Psychic Energy Generator*. It sits, just like its mighty brothers in Egypt, focusing and directing the Tides of Creation for you, 24 hours a day.

The delightful adjunct to *New Psychic Energy Power* is that you do not have to be in the presence of your Generator to draw on similar life-shaping powers. By applying the form of the pyramid at times when you're out and about, you can create a temporary bridge to call on the pyramid's resistless powers. And one way to build such a bridge is with manual gestures: pyramidal hand shapes which connect you with the Tides when you need them most.

ANNIE D. MADE A LAWYER CHANGE HIS MIND IN HER FAVOR

Annie D. was caught in a closing spiral of bad luck and negativity. Everything she touched crumbled to bitter ashes. In the course of a year she had seen her comfortable world shattered, piece by painful piece.

"I had been a reasonably happy housewife with everything to live for. Now I had turned into a nervous, frightened wreck," she said. "It started when my teenage daughter dropped out of school, ran off with a fat and bearded biker, and fetched up pregnant and addicted to heroin in the Nevada courts.

"My husband drew out most of our savings to go and fetch her back home and on the way back they both died when the car went out of control and flipped into a ravine.

"That left me alone and lonely, with two small girls to raise."

Annie soon ran short on money. Her husband had carried no insurance, and Annie's efforts to find any kind of paying work went no place.

"Food stamps and welfare helped," she said, "but the bank soon told me they'd be taking our lovely house if I slipped behind in payments, already three months adrift. I clung to our home like crazy, selling the carpets, drapes and furnishings to keep going. I began snapping at my babies, crying myself to sleep after hopelessly walking the empty echoing rooms of the house until late into the night."

Annie's one ray of hope was a legal claim she had launched against the garage which had overhauled the family car. A preliminary police investigation showed a nut and bolt might have worked loose in the steering mechanism, making the car uncontrollable, and thus causing the accident which had deprived Annie of her breadwinner and daughter.

"If I had been able to afford a top lawyer I could have carried the case to the highest courts in the land," Annie said. "It was a fifty-fifty chance, but it seemed I could be awarded damages because of carelessness by the garage.

"But all I could do was to put free legal aid onto it, and although the young lawyer allocated to me did his best, even I could see he was out of his league with the experienced counsel the garage could afford to retain."

Nevertheless Annie's lawyer was able to put together a convincing enough case to have it go forward to trial.

"Counsel for the garage was uncertain enough to invite us to come and talk with them," Annie said. "My lawyer said they were considering offering a cash settlement to save the expense of what could be a long and expensive battle."

The meeting was frightening for Annie. In a somber office she watched as three men talked back and forth, with her future in the balance.

"Our client denies all liability, of course," the lawyer for the garage intoned. "We might, if pressed, be prepared to admit minor contributory negligence, but you would have to prove that to the court's satisfaction.

"This is all off the record, you realize. Our client has authorized us to offer you \$1,000 in full and complete settlement provided you agree not to proceed further against him.

"In my extensive professional opinion that is more than generous. If you do not accept then we shall let the courts decide, and you realize that can take years, and you could get nothing at all."

Annie let her lawyer do the talking. A thousand dollars was precious little in exchange for the loss of a husband and daughter, she thought. She had hoped for enough to save her home and provide some over to live on until she could get on her feet again.

The lawyers wrangled on. The garage representative grudgingly advanced the offer to \$1,500. Annie's lawyer continued to press for more.

"This is getting us nowhere," said the garage lawyer with finality. "We had best terminate this time-wasting. We shall see you in court when a date has been set, and we will fight you every inch of the way."

Annie felt the chill of fear clutch her heart. Any delay meant she would lose her home, and where she would take her children was a dreadful question mark.

"I recalled a good luck sign my old aunt used to use when she was in trouble," Annie said. "She said she learned it from a mysterious man she met in Cairo, Egypt, and she relied on its powers to ease her life."

"Under the table I pointed my finger at the garage lawyer and made a triangle movement, then curled my finger and thumb together."

Annie's lawyer was presenting a last-ditch rebuttal as she did this. Her lawyer's eloquence was interrupted as a young man entered the office and whispered in the garage lawyer's ear. The man stood up, excused himself and left the room.

He returned a few minutes later. His previous triumphant smile was strained.

"My client desires us to reach a settlement before we part," he said. "Can we still reach a satisfactory compromise?"

Knowing there must a very good reason for this sudden change of heart, Annie's lawyer moved in like a champ. He

began airily talking of the heavy damages, in the hundreds of thousands, which he would proceed to sue for.

"I thought it was sheer bravado," Annie said. "I was amazed to see the garage lawyers put their heads together solemnly to discuss their next response."

The legal hassling was hot and heavy for the next hour and much of it was way over Annie's head. Finally her lawyer pressed a pen into her trembling hand and told her to sign a paper.

"All I could see was the figure of \$550,000," she said. "Not until I banked the check, paid off the mortgage and began drawing \$3,000 a month interest from the balance did I believe I was free and clear.

"What had happened was that a police report had been released that conclusively proved the garage to be at fault. The representing lawyer knew the report would be presented as evidence and his client no longer had any hope of winning the case. The lawyer had to make a quick decision and keep his client's losses to a minimum—so that meant more than half a million dollars in my purse."

Annie is happier now. The loss of her husband and daughter is still keen, but she is able to live in comfort, and is being courted by a doctor, with future marriage a distinct possibility.

"Who knows if that good luck sign had any effect?" Annie said. "Strange how everything changed after I made it."

The gesture Annie made at the crucial stage in the interview was the *Digital Triad Gesture* next described.

THE SIMPLE DIGITAL TRIAD GESTURE

You'll probably recognize part of this hand gesture. Throughout the ages, mystics, theurgists and priests have recognized the power of this "hand pyramid" which brings the Tides to your aid at times of need.

Point the first finger of the hand you normally use for writing, with your thumb and other three fingers curled loosely into your palm. This is the instinctive gesture of "pointing" we use when we wish to turn someone's attention to some point in space.

Now move the tip of your finger around an imaginary triangle, as if you were following the outline of the *Scarlet Triangle of Tejas*. Start at the bottom left corner, move your fingertip up and to the right to the apex, then down to the bottom righthand corner, finally moving the fingertip left, back to its starting point.

Having completed that small and unobtrusive movement, put your first and second fingers together (same hand), and touch them to the tip of your thumb. Your third and fourth fingers are still curled into your palm.

Your forefinger and thumb now form a rough letter "O." Hold this gesture for about ten seconds.

Those two apparently minor movements of the hand and fingers put your mental and physical energy flows in tune with Cosmic Tides. The next case history shows another amazing sequence which occurred when the *Digital Triad Gesture* was employed as a protective sign.

JOSEPH H. MADE THE DIGITAL TRIAD GESTURE AND SURVIVED A CATASTROPHE

A thousand feet of empty space yawned below Joseph H. as he clung to a rock face. Icy winds whipped at his body, flattened against the sheer mountain. Between Joseph and a swift fall into the jaws of death lay only the security of a slim rope and his climbing expertise.

"Hazardous, yes," he said, "but only part of mountaineering. The sheer thrill of inching up a difficult peak, finding crevices to support hands and feet, using muscle and wits to overcome adversity was unmatched stimulation for me."

Joseph's companion waved from a broad ledge some 50 feet above.

"He'd driven a piton into a crack and secured the rope to it," Joseph said. "That iron spike would support me as I climbed."

That was the plan, but the mountain had other ideas. As Joseph put strain on the rope preparatory to ascending, the apparently solid rock, rotted by frost below the surface, suddenly crumbled and split. The piton flew free, a shower of stones and gravel descended on Joseph, and the rope fell past him, snaking out loose and useless to aid him.

"I had a precarious foothold on a two-inch ledge," Joseph said. "One hand held a knob of rock, but I needed the leverage of a rope to raise me to the next handhold. And with that fall of rock I realized any part of the cliff could crumble under my fingers.

"Without a rope to save me I'd have about eight seconds to say my prayers before smashing to oblivion on the cruel rocks far below."

Joseph's companion peered down, horrified, as he hurriedly uncoiled a spare rope. Joseph's strained expression on his upturned face showed he could not cling on much longer. Could the rope be dropped to him and secured before he plunged to his death?

"Cramps began in my arm, quivering under the strain of holding me against the overhang," Joseph related. "I needed a higher point to grip with my other hand. If I could manage that, I could see a slim chance of making it to the ledge above. But the rock under my hand felt smooth, with no gripping surface.

"Ridiculous what you do when all seems lost. I recalled a sign of safety and salvation a friend of mine in the ministry had told me would save my soul. That was about all it looked as though I could save—even as my companion above was hammering in another spike for the new rope I felt my hold weakening."

Prepared now to give his life as the forfeit in his hopeless contest with the mountain, Joseph moved his fingers in the age-old gesture.

"I glanced at my hand as I made the final circle with thumb and finger," he said, "and through that little circle I saw a slim crack in the rock face which my groping hand had missed. It was the chance I needed. Slipping my fingers into the tiny crevice I hauled myself higher, praying the rock was sound."

Minutes later a shaken Joseph stood beside his companion on the ledge.

"The exhilaration was indescribable," Joseph said. "One moment I was doomed, and then hope had returned and I reached comparative safety.

"I would be dead today if I had not seen that crack in the rock."

As you will have realized, the sign Joseph made which foiled death was the *Digital Triad Gesture*.

THE QUARTET OF PROTECTION AND MIRACLES

By grouping together the four energy fields which exist at the tips of your fingers, you create a highly protective and inspirational condition.

This gesture is not unlike the second part of the *Digital Triad Gesture*, but it adds two more fingers to the hand shape. A second difference is that you use the opposite hand to the one with which you perform the *Digital Triad Gesture*.

Hold out your hand, palm up. Left hand for right-handed people; right hand for lefties. Move your first and fourth fingers toward each other until they touch near their tips. Bring your second and third fingers together and touch the nail of your forefinger with your second finger and the nail of your fourth finger with your third finger.

Try this as you read it. It's not half as complicated as it sounds!

Curl this clump of four fingers over slightly toward the palm, then press the pad of your thumb onto the tops of the four fingers so that your thumb is in contact with all four.

Hold the *Quartet of Protection and Miracles* gesture for ten seconds or so.

**FACING CERTAIN DISASTER, TAMARA F.
USED THE QUARTET OF PROTECTION AND
MIRACLES AND LIVED**

“A terrible feeling of helplessness sweeps over you when you know you’re in a crippled aircraft and your life depends on the skill and luck of one man at the controls,” Tamara F. relates. “I found the truth of that firsthand.”

Tamara was a passenger in a chartered twin-engine Cessna, battling rain, fog and high winds thousands of feet above the Rocky Mountains.

“We five passengers clung white-knuckled to our seats as the little craft bucked and swayed,” Tamara said. “Up front the pilot was outwardly calm but tight-lipped. He’d seen the danger signs of an overheating engine on his instrument panel and was nursing his fuel, aiming for a landing strip about 100 miles distant.”

A flickering glare suddenly lit the cabin, turning the surrounding fog a swirling, eddying blood red. The starboard engine was burning fiercely.

“Safety procedures,” the pilot shouted, “I’m taking us down.”

As the nose dipped sickeningly, Tamara strapped herself in and crouched forward as instructed. She knew only too well the statistics: despite all safety precautions, when an aircraft crashes a high proportion of the crew and passengers do not survive.

“I felt a sickening lurch and a sharp scraping and tearing as we touched the tips of pine trees on a bluff. The pilot was battling to put us down on a flat area he could glimpse through the mist in a valley straight ahead,” Tamara

said. "We needed heavenly protection and a miracle to get us down and clear of the burning wreck. In the last moments before we hit, I felt ice cold. With an instinctive hand movement I built the *Quartet of Protection and Miracles*, a Pyramid Energy gesture I had learned but had never had to use."

Tamara says they hit the ground surprisingly gently.

"It was no worse a jolt than being in a minor car collision," she said. "Then we were sliding fast across the wet ground, with pieces of burning wreckage and flaming fuel eddying high in the air. With a groan of tortured metal the redhot engine tore free and dropped behind, flaring angrily.

"Careening and swaying, we slowed. The horrible crunching faded and died. For a moment there was a chilling silence, then someone cheered. The applause was picked up by the rest of the passengers as the pilot waved us to silence. 'Sorry about that,' he said, 'I've made better landings in my time. Let's get out of here.'"

Lights bobbed in the distance. Help was already on the way as Tamara and her fellow travelers climbed from the little wreck which had threatened to be their coffin. Far across the scrubland the engine still flared fitfully, guiding the rescuers.

"They were amazed to find no one even scratched," Tamara said. "We were able to use the ambulance as a bus to take us to the warmth and welcome of a nearby ski resort.

"The investigators who later combed the wreckage reported our survival as a small miracle of skilled piloting and a major miracle of protective destiny. Did the *Quartet of Protection and Miracles* have something to do with it? I'll never know for sure—but I'll repeat it if I'm ever in such danger again."

WHAT CAN YOUR NEW PSYCHIC ENERGY GESTURES DO FOR YOU?

You need all the help you can get in your search for the bridge of attunement between the world of material form and the unseen world of energies, destiny and fate.

New Psychic Energy Gestures are part of the help this book offers. As you make the described hand shapes, so you alter the energy flows of your body, throwing a kind of psychic "fishing line" into the Tides around you. And what you "catch" depends on what you need at that time for maximum harmony, fulfillment or safety.

Used at the right times (although I hasten to add there are no strictly "wrong" times to use such helpful gestures) your *New Psychic Energy Gestures* will help to bring to pass the event you desire, provided that event is in your best interests of safety, freedom from want and joyful survival.

The Gestures will work on particular requests or on a non-specific, intangible circumstance. They are, in fact, best at manipulating the latter: "danger" is often a very abstract concept, but the Gestures will unerringly protect you from it and its worst effects.

The all-encompassing answer to the question in the headline above is, "Anything you need is yours when you use the *New Psychic Energy Gestures*."

"I NEVER THOUGHT THEY WERE THAT POWERFUL," WRITES WALDO U.

Waldo U., who (not surprisingly) uses a different name on the covers of the books he writes, had a peculiar problem. He deeply desired to help people who were calling on him for aid, yet he was going broke in the process, in a manner he had never foreseen when he became a professional author some five years earlier.

"The writer of any book hopes his readers will write to him. Their letters help him to write better books which fill stated needs," Waldo said. "When you write an instructional book you expect some people will write for clarification when the words in print are less expressive than they should have been.

"When I began writing fulltime I vowed I would spend time on a personal reply to every letter that came in, provided I could read the writing and understand the contents."

Little did he know the Pandora's box he'd opened. In poured veritable mountains of mail soon after his first book was in the stores.

"I tried," Waldo said. "God knows I tried. I wrote far into the night and sent off sacks of answers. Some of those brought further letters, pages and pages long, requesting further correspondence. It seems some authors solve the problem by ignoring all letters, and I had become a rare source of free information.

"I had to call a temporary halt when my second book was running behind schedule because I was spending too much time on personal letters. But when my accountant went over my books at year-end, I had a further shock.

"Some readers believe when they buy a book that the author gets their check or cash as his reward. Not true: such people forget that the printer, the typesetter, the binder, the paper manufacturer and all the other skilled people involved in creating a book have to be paid by the publisher, who also has offices to maintain, a staff to pay and overhead to meet.

"Most times with average sales, if a book costs \$9, the publisher needs \$8.55 of that for production costs, and the author gets the remaining 45 cents. That's why all authors except the few top-flight best-sellers also work at other jobs to make a living.

"So every reader who wrote to me had paid me just 45 cents, and wanted my time, paper and mailing charges as an extra on top of the contents of the book. I had replied the best I knew how, using paper and envelopes costing about five cents, plus a stamp. On top of that I'd had to allocate at least 20 minutes of my time to compose and type the reply. Even at minimum wage, it was costing me about \$1.30 to try to satisfy one reader, and I'd replied to about 3,000 during the preceding year—\$3,900 laid out in exchange for a received \$1,350.

"That's the kind of economics to put any person in the poorhouse. My accountant flatly forbade me to do it, unless I was prepared to go broke."

Waldo was concerned. He still wished to satisfy readers who had questions, but he could not afford the time and money to reply to them.

“Obviously I needed a miracle. A colleague of mine suggested—seriously or not, I’m not sure—that I make the *Quartet of Protection and Miracles* over the pile of mail as it arrived each morning,” Waldo said. “If it promised to help, I was game to give it a try.”

Since writing two more books, Waldo’s mail deliveries have grown heavier, not lighter, so he is still unable to answer all his letters.

“I read and enjoy them,” he said. “I use them to write new books which fill gaps I unintentionally left in previous efforts. I believe my readers understand a busy author has much more mail than he can possibly handle, and they’re not too upset if theirs is not one of the lucky ones that get a reply.”

Waldo reports an amazing change in his mail since he began making the *Quartet* over it.

“I used to find a self-addressed stamped envelope in about one in ten letters,” he said. “Most times I could not use it because I live in a country other than that of many of my readers. So I still had to use a stamp from the country I was in when I replied.

“The change was that some four to ten readers began sticking a quarter to their letters to help with the mailing charges. And although few people know about them, other correspondents were enclosing International Reply Coupons which all post offices sell, and which I can exchange for local stamps.

“That still did not reimburse me for my time, but it made life much easier. Naturally, the letters with enclosed postage went to the top of the reply-pending heap, even if it did take me weeks to get to some of them—for there were literally hundreds, I’m pleased to say!

“Maybe that all sounds like a tempest in a teacup to you, but to me it was a true miracle. I could keep more of my

readers satisfied without going into bankruptcy in the process. I never thought the Gestures could be so powerful, but they've made me happy, and even my accountant gave his grudging assent!"

WHEN TO USE YOUR NEW PSYCHIC ENERGY GESTURES

When should you use your New Psychic Energy Gestures?

Whenever you feel your mental or physical energy levels are below par. Whenever you need to ensure your *New Psychic Energy Power* routines are making maximum contact with the Cosmic Tides. Whenever you need a little extra help, vitality, inspiration, success or direction.

Consider them partly as extras; options you add to your already powerful Tide Techniques to bring success more quickly and gloriously. Making either of the *New Psychic Energy Gestures* for a few seconds while you conclude a routine, or while actually performing that routine, adds to the force and harmony you're creating.

But consider them also as strong self-contained mystic tools. Note in the case histories how Annie, Joseph and Tamara used them appropriately to gain major advantages.

MARY J. HAS EVERYTHING SHE NEEDS, THANKS TO NEW PSYCHIC ENERGY GESTURES

Mary J. is a firm believer in all types of psychic and mental self-help methods. She has a small library of different books that bring health, wealth and happiness in unseen and unusual ways.

"Friends ask me why I have so many books," she says. "They say if I have one method of making my life happy and harmonious, why do I not stick to it alone?"

"I have found it best in my personal case to slowly evolve my unique techniques, incorporating different routines which I've found work best for me. Any book has to aim at a wide audience, and very few people will be able to say they're 100 per cent successful, instantly, with any one procedure, whether it's psychic power, magic, prayer or whatever.

"I have also discovered, probably for astrological reasons, that a method will work well for me at one time and yet be less fortunate a month later. That's when I move over to different techniques to bring my desires into my environment."

Whatever technique Mary is using at any time, she attests to the universal assistance of *New Psychic Energy Gestures*.

"Possibly because they've been used by adepts for centuries," she said, "they fit to any technique, magical or mundane.

"Since I have added them to my happiness-producing routines I can feel the extra boost they give to the powers. I gladly affirm I have everything I've ever needed, and in great measure that's thanks to *New Psychic Energy Gestures*."

ALL TECHNIQUES ARE IMPROVED BY ADDING NEW PSYCHIC ENERGY GESTURES

You should know that these *New Psychic Energy Gestures* are universal in application. Whether you're using only this book to find your dreams come true, or whether you're incorporating other methods and studying different techniques, your *New Psychic Energy Gestures* will add extra power to whatever you're attempting.

Even mundane work will go easier. The *Digital Triad Gesture* is used by many people I know as a sure and precise aid to memory.

A well-known metaphysical teacher in the U.S. uses the *Digital Triad Gesture* when he's lecturing. His audiences are

invariably amazed at his total recall. Point by point he covers his subject, stating facts and figures, names and places as if he had a script in front of him. But it's all spoken from memory, and he gives his secret to his inner circle of graduate students.

Herewith that secret, which is not copyrighted or new: you can see the gesture being used by subjects in many religious paintings dating back centuries!

When you're at a loss for a fact, a subject or any piece of data, make the *Digital Triad Gesture*, and at once the needed words will be at the front of your mind. It's that simple. Try it!

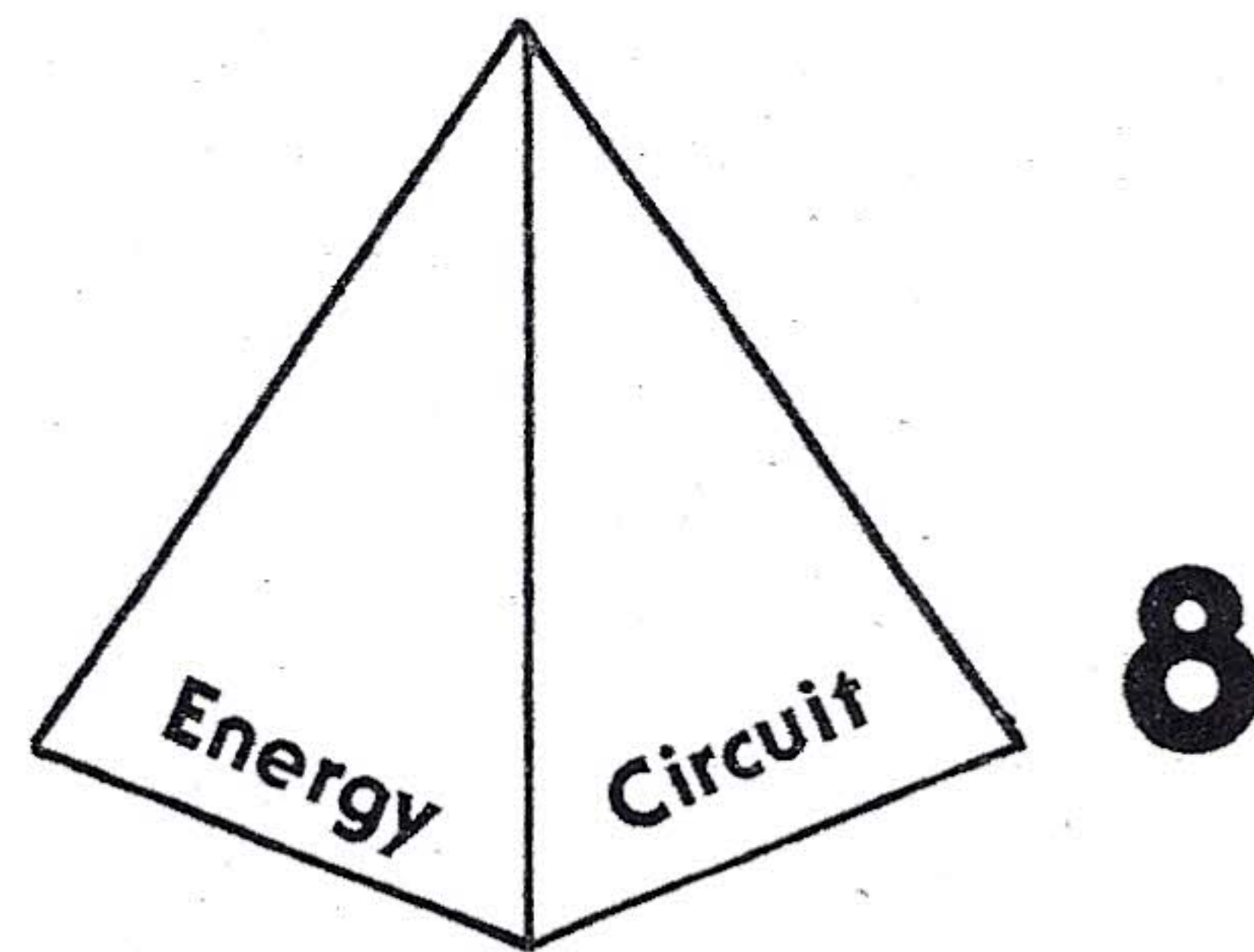
A successful British author (who wishes to remain anonymous) makes the *Quartet of Protection and Miracles* as he sits down at his typewriter.

"Ideas and plots at once flow into my mind," he says. "I've tried writing without making the Quartet, and find words then come only slowly. The instant I connect the right energy currents with the Gesture, the concepts I need practically write themselves!"

Not only mind work comes easier with the Gestures. Paul V. makes furniture, and uses both Gestures at intervals while working.

"Whenever I hit a difficult patch I make one of the gestures, and the solution comes at once," he said. "My tools almost seem to guide themselves."

And having learned those valuable Gestures, read on to Energy Circuit 8 where you add more powerful shapes to your arsenal of pyramid weapons to shape fate the way you wish it to be.



Your Three Facial Psychic Pyramidic Features

Nature and your Creator knew about the power of pyramids long before researchers stumbled over the vast resources of these energies which exist in conjunction with solids made up of a square and four triangles. But it may come as a surprise to you to learn that you were born with the power of the pyramid and other mystic symbols as features of your face and head.

This Energy Circuit investigates how you can find and use these powerful features to best effect.

NATURE HAS GIVEN YOU THREE PRIME NEW PSYCHIC ENERGY FEATURES

Right on the front of your face are three *New Psychic Energy Features*, each carrying its awesome ability to align you with the life-gladdening Cosmic Tides. Especially in manipulating human relationships and day-to-day events by focusing the fields of energy which exist in front of your face and brain, you can literally make people do what you want.

**RUDOLF E. "THOUGHT IT WAS STUPID"
BUT CHANGED HIS MIND WHEN MIRACLES
HAPPENED TO HIM**

Rudolf E. signed up for a lecture on pyramid energy only because his girlfriend said she'd go alone if he was not interested.

"You can appreciate my attitude of mind when you realize I signed the entry form 'Rudolf E., Skeptic' and figured I'd thrown the lecture fee down a particularly useless drain," Rudolf said. "I went along with the express intention of scoffing and jeering about that freaky pyramid stuff."

However, Rudolf behaved reasonably well at the lecture, asking penetrating questions about the validity of the Pyramid Energy concept.

"I was surprised at how much genuine scientific effort had gone into investigating the mysteries of pyramids," he said. "Although still denying there was anything in it, I had to allow some good brains seemed to believe they were on to something."

"Afterward I spoke to the lecturer. He was pleased to enlarge on the subject, and suggested I give the techniques a fair chance before dismissing them."

Rudolf, a fair though stubborn man, agreed.

"If I could personally see results which would not normally have taken place without pyramid techniques I was prepared to be more positive about them," he said. "The lecturer singled out *New Psychic Energy Features* as being useful to my proof. He did not call them by that name at the time: that title was evolved later, but the techniques were identical to later methods."

Rudolf made a private joke of the *New Psychic Energy Features* with his girlfriend. He said he expected and wished them to fail so he could say "Told you so!" Yet he was soon forced to admit life events were swinging his way.

"I kept careful notes," he said. "I would write down my expectations of the outcome of an event, and then record the actual result. If the results were consistently better than expected, I'd have to grant Pyramid Energy some of the credit.

"I'm an electronic engineer and I often come up against design problems which defeat me for ages. It usually takes many trials and errors before finding satisfactory solutions. In three specific cases I recorded, I expected each to take several days to overcome. The tasks were to remove "bugs" from a client's security system.

"After employing *New Psychic Energy Feature* routines, the right solution to each problem flashed into my mind, and they worked first time."

Rudolf earned praise and promotion for that inspired effort for his employer.

"On another occasion I was called in to explain to a very obdurate client why he would have to pay \$200,000 for a gizmo when he'd been expecting it would cost around \$10,000," Rudolf recalls. "All the best sales people had tried their persuasion, while managers and other engineers had argued without success. When I entered the picture my prognostication was that we were about to lose a large order.

"Another step toward management followed for me after the client not only agreed that the price was fair but also doubled his order! *New Psychic Energy Features* were proving out well."

Lofted into the heady and opulent surroundings of top executive, Rudolf found himself called upon to do much of his work by telephone.

"That's not always the easiest way to get things done, since it lacks the personal touch," Rudolf said, "but *New Psychic Energy Features* were equal to it. My department gained a reputation for being the most productive and efficient, ahead of all others. I put it down to my newfound ability to unsnarl logjams when persuading people to change their

minds in our favor even though they were thousands of miles away.”

Rudolf has stamped a confident “CASE PROVEN” on his *New Psychic Energy Features* notebook.

“I thought it was stupid when I started,” he said, “but some happenings have been true miracles. *New Psychic Energy Features* are my willing servants and tools from now on.”

YOUR RHINAL ENERGY FOCUS

The most prominent pyramid-shaped feature of any face, one which you can hardly miss when you know about it, is your nose. Its pyramid shape is obvious once you look at it, with your nostrils forming the side of the base, and the bridge of your nose, right between your eyes, forming the apex.

From those three points streams a composite flow of never-ending energy, and once you know how you can direct that energy in unseen ways which will bring you advantages and progress.

We can identify this source as your *Rhinal Energy Focus*, and I'll be telling you how to employ its titanic force after we've looked at your other two *Psychic Energy Features*.

**“I'M MILES AHEAD SINCE USING MY
RHINAL ENERGY FOCUS REGULARLY,”
WRITES JANE O.**

“I work for a collection agency,” Jane O. said. “My job is to track down people who skip town, leaving debts behind them.

“I do the locating and then hand over to the collectors. You cannot collect from someone who's walked away from money owing if you have no idea of his or her whereabouts, so my work is vital to the operation of part of our organization.”

Jane's income is dependent on her degree of success in finding people who have reasons to try to stay out of sight. She is paid a small percentage of any money recovered, so she has to be on her toes to stay solvent.

"You need to be something of a detective," Jane said. "Most cases are fairly simple because the debtor may disappear but leave his family and stay in touch with them. A little deception, which I feel is justified when someone else's money is being deliberately withheld, often leads direct to the culprit.

"Stickier cases are those where the debtor is almost a professional conperson. He or she moves to an area, gets a job, establishes credit and gradually runs up heavy debts. Then they skip, perhaps to another country, or right across the continent. Computers are making it more difficult, but it's still possible to disappear and resurface with a new identity."

Jane encountered Pyramid Energy the same way many others have—by reading a book about it. She wondered if she could use its powers in her work, to improve a slump she was in which was hurting her life style.

"The *Rhinal Energy Focus* offered an interesting promise," Jane said. "I began to use it when faced with apparently insoluble disappearances.

"My technique was to apply the energy, then ask myself, 'If I was the debtor, where would I go and what would I do?' In many cases I found answers popping into my mind, sometimes including place names, that I would never have reached logically."

Typically, Jane corraled a hardcore skipper after her *Rhinal Energy Focus* had her zero in on the man's possible location.

"I had much unrelated data about him, but could not put it together," she said. "My *Rhinal Energy Focus* tied together my knowledge that he could swim well, was something of a show-off and loved the ladies, was proud of his health and strength, hated snow, loved working in the open air, and would be unlikely to have left the country because of certain problems he'd had with the police.

“California came to mind, then life-saving. A little checking with the authorities showed that a man answering the description had been employed as a lifeguard since shortly after my ‘mark’ disappeared from Texas. A different name and a faked work history did not stop me from nailing him, sequestering his salary and putting a lien on his possessions.”

Jane’s new Porsche sports car is one visible sign that her slump is behind her. She has acquired the reputation of being “the girl who always gets her man.” She enjoys the challenge of all the bigger and more difficult cases.

“No more dull routine traces for me,” she said. “I’m miles ahead of my colleagues. Better run for cover if you’re thinking of skipping—my *Rhinal Energy Focus* will ‘nose’ you out in no time!”

YOUR OPTIC-GLOSSAL ENERGY FOCUS

Some psychics will tell you they can actually see rods of psychic force streaming from your eyes. The undeniable power of those twin streams is a basic clue to the existence of a second *New Psychic Energy Feature* pyramid shape on your face.

Note the position of your mouth and lips in relation to your eyes. They form a triangle, with the apex down (your mouth) and the horizontal baseline bounded by your eyes, one at each end.

The spoken word, which entails exhaling breath from your lungs through your mouth, has traditional powers recognized in all occult disciplines. Thus you can easily understand how your *Optic-Glossal Energy Focus*, created from your eyes and mouth, is the combined source of intermingled metaphysical energies.

Properly directed, this Energy Focus is truly startling in its effects, as Tom W. witnesses in the following case history.

**TOM W. TRIPLED HIS SALES AFTER
LEARNING ABOUT HIS OPTIC-GLOSSAL
ENERGY FOCUS**

Not to put too fine a point on it, Tom W. was a terrible salesman. While his colleagues pulled down a good living, Tom only just met his minimum targets. He trembled every-time the sales manager spoke to him, feeling sure he was due to be let go for his poor performance. He was wrong, but he came close.

"I'm keeping you on because I believe you can do it, Tom," the sales manager told him one day. "You've got all the right attributes and background to make you a top-flight seller, yet you close fewer deals than anyone else on the team.

"I can give you until September 30 to smarten up. I'll talk to you then."

Tom had two brief months to turn failure into success. He worked on commission only, and his recent poor sales record had made him feel the pinch.

"My charge cards were loaded to the limit," he said, "that's how many commission people cross the inevitable flat patches in their sales. Then when things improve they pay off their debts and the credit cards are ready for use in the next slack period. I'd been in such a slack period for almost a year, and if I failed to improve it was no job, no car, no apartment, no nothing for me."

Casting around for sales techniques, Tom happened upon the *Optic-Glossal Energy Focus*, having exhausted the resources of orthodox sales-assist techniques.

"We can keep this short," he said, "We have to because I've got four people clamoring to buy from me today. My selling sky-rocketed, and clients just lay down to buy. The first week I made more deals than I'd closed in the previous two months.

"When it came time for me to talk to the sales manager I could hold my head high. He patted me on the back and gave me a bonus. I'd tripled my sales, they're still on an upcurve,

and I'm leading contender for the cash bonus for top salesperson this year.

"The *Optic-Glossal Energy Focus* started this miracle and no one's more thankful than I am."

LOCATING YOUR INVISIBLE MANDIBLE-PINEAL ENERGY FOCUS

Probing even more deeply into the unseen realms of the Cosmic Tides, we're going to locate your third *New Psychic Energy Feature*, one which is hidden within your skull. Its firm connection with the source of much psychic activity, your pineal gland, explains part of the name of this *Mandible-Pineal Energy Focus*.

Your pineal gland is itself cone-shaped—a modified pyramid shape we'll be investigating in Energy Circuit 10. The pineal is at the base of your brain, at the top of your spinal column, almost centered in your skull just above eye level.

It was known to the ancients as the "seat of the soul," and is also the 'Third Eye' of mystery and inspiration mentioned in almost all esoteric teachings. And certainly medical science has yet to find anything physical which the pineal does for the body, so it may well be that its sole purpose is to focus psychic energies.

Your pineal gland forms the apex of your triangular *Mandible-Pineal Energy Focus*, and the two points of the base of this focus are to be found along your jawbone.

Put your fingertips on your cheeks and tuck your thumbs under your jaw on either side, just below your ears. Move your thumbs forward around the curve of the underside of your jawbone, feeling the shape of the lower side of the bone by gently pushing your thumbs into your neck.

NOTE: The key word is "gently." Important arteries run up to your brain in the area you're feeling with your thumbs. Excess pressure could cause fainting.

About an inch or so in front of your ears you'll feel a kind of "kink" or minor arch in the bone. These are your mandible points of this Energy Focus.

The spot is unmistakable once you've located it on either side of your jaw. Press your thumb on the bone (*not* into your neck) and rock it forward and backward. You'll be able to distinctly feel the cavity in your jawbone.

Thus we have the three points located: one in your forehead between your eyes and about an inch above your eyebrows. That's the pineal point. And the left and right mandible points are those in your jaw which we've just established.

SUE B. WOKE UP PROFITABLE PERSONAL POWERS BY USING HER MANDIBLE-PINEAL ENERGY FOCUS

Sue B. had always been shy and retiring. A strict and rigid father had squashed her personality, and when she grew to adulthood she instinctively treated all people as if they were like her parent.

"Even though I consciously knew the attitude was false, my subconscious approach to people, especially males, assumed they were going to slap me down," she said. "I could not open up to living my life to the full. 'You're no good, you're stupid and you can't do anything' admonitions echoed across the years, carved into my personality from childhood.

"Thus I backed off from situations where I might have proven my worth, and gained a rightful reputation for being a colorless mouse with no backbone."

Recognizing her problem was one thing, curing it quite another.

"Frustrations piled up, directed against myself," Sue said. "Try as I might, I could not bring myself to move forward and speak up in my behalf. People walked all over my rights

and I stayed dumbly in the background, battling with unresolved fears.”

Sue’s life deteriorated, and she began to wonder if perhaps she was indeed stupid and useless.

“I married a beautiful man and we had three children,” she said. “I guess I was happy enough, especially after I withdrew into a fantasy world where I was not required to relate to anyone except my family. My husband was a brilliant man who easily accomplished anything he set his mind to, which did little good for my fumbling attempts to gain self-confidence. He never took the trouble to find out what made me tick, assuming I was self-effacing from choice.

“Only I knew the turmoil inside me, as I longed to use my abilities to reach a better self-image.”

The children grew up and left home to marry and pursue careers. Sue and her husband dropped into a regular and apparently comfortable routine.

“We had a fine home, with all the material comforts you could ask for, money in the bank and a peaceful relationship,” Sue said. “No one realized, and I was not about to enlighten them, that I was bored, bored, bored! Within me I longed for something fresh, something new and exciting—yet I did not know what it was I needed!”

During the long winter evenings beside their crackling log fire Sue emulated her husband, an avid reader. She combed the public library and after exhausting the fiction shelves she began to pick and choose from the non-fiction, learning about subjects she had never before encountered.

“After I had dabbled in astrology, biology, chemistry, divination and you-name-it on through the rest of the alphabet, Pyramid Energy caught my imagination,” Sue said. “I bugged the librarian to get me everything possible on pyramids, from the archeology of Egypt to the latest psychic research reports.”

Her initial interest grew into an enthusiastic pursuit of data on pyramids.

“The interaction of ductless glands and psychic energies

which stems from Eastern philosophies led me to the concept of the *Mandible-Pineal Energy Focus*," Sue said.¹ "By trial and error I discovered what a magnificent assist it can be to visualizing and achieving life goals."

Sue's researches brought her in contact with many other people of like mind and interests.

"When I took stock of my life I suddenly found I had come out of my shell," she said. "I'd uncovered a consuming interest and my self-doubts had vanished.

"My initial pyramid research spread into other areas of psychic energy. I tapped a resource of creativity I was unaware existed within me, and took up oil painting and writing a book. I began traveling to lecture on psychic powers, and the world beat a path to my door to show me I was not the useless person I used to think I was."

Sue and her husband have moved up in the world. Her new interests also sparked his involvement. Their future plans include cooperating on new books on the use of psychic energies and allied fields.

"I'm earning money for myself now," Sue said, "which is most satisfying. I've also ceased lecturing because I found it tedious—but having withdrawn again from the world to some extent, this time it's on my own terms. The alteration in my personal outlook is a miracle which I firmly attribute to Pyramid Energy."

MAKING FULL USE OF YOUR FACIAL NEW PSYCHIC ENERGY FEATURES

We have identified three potent triangles of force. Your nose forms your *Rhinal Energy Focus*. Your mouth and eyes make up the *Optic-Glossal Energy Focus*. Your "Third Eye"

¹The names "Rhinal Energy Focus," "Optic-Glossal Energy Focus" and "Mandible-Pineal Energy Focus" were evolved by Sue B. She has graciously permitted me to use them, and I gladly acknowledge the aid I have received from her in formulating this section of this book.—Geof Gray-Cobb.

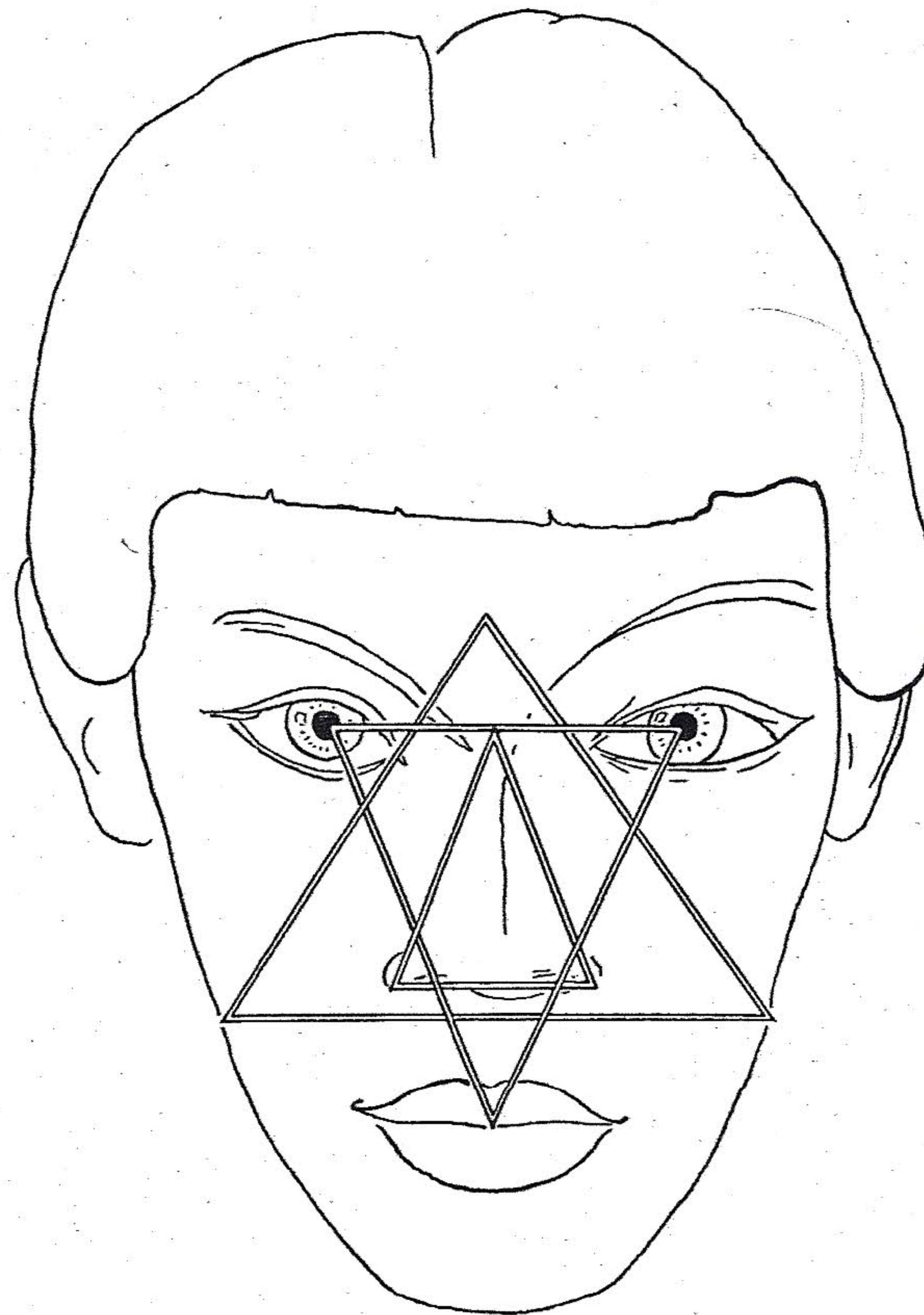


FIGURE 5: Combined New Psychic Energy Features

or pineal gland behind your forehead and the mandible points on each side of your jaw make up the triangle of your *Mandible-Pineal Energy Focus*.

Notice the powerful and mystic shape the three of those would sketch on your face if they were visible to the naked eye. Remember the *Six-Rayed Star Thought* you added to your *New Psychic Energy Generator* in Energy Circuit 6? That powerful symbol is formed by your *Optic-Glossal* and *Mandible-Pineal Energy Focuses*, while your *Rhinal Energy Focus* sits firmly in the center of this facial Six-Rayed Star. Figure 5 shows what I'm telling you, and it's a helpful picture to keep in mind during your daily routines.

Directed by your thoughts and actions, this mental symbol of protection and power is ready to help with creating any miracle you'd like to name that can ease your path during your life affairs.

Using Your Rhinal Energy Focus

Consider this as your psychic assist to answering insoluble questions and solving mysteries, working automatically for you and offering valuable answers and advice.

By considering any problem and then running your attention around your *Rhinal Energy Focus* you connect yourself with sources of wisdom which are usually closed to your conscious, decision-making mind. The solution to what is bothering you appears accurately and clearly in your mind, and all you have to do is act on the information received. Result is another mystery solved, another question answered, and another giant step taken toward personal harmony, peace of mind and fulfillment.

Prime obstacles to using this startling source of Cosmic Wisdom are your own opinions, biases and beliefs. Your *Rhinal Energy Focus* can offer a valuable and valid solution to a problem, yet you'll ignore it, thinking you know better.

So you need to somehow "switch off" your conscious mind where your logic exists, and let Cosmic Wisdom approach your problem through intuition and pure inspiration.

But how do you persuade your conscious mind to stop muddying the pool of the bright penetrating light of inspiration? How do you stop it interfering with this vital decision-making process?

Simple: let your *Rhinal Energy Focus* work while you're sleeping. At that time your conscious mind is dormant, and your subconscious predominates. Under those conditions your *Rhinal Energy Focus* can hit peak efficiency.

While you're creating your *Akashic List of Desires and Needs*—an exciting concept you will be introduced to in Energy Circuit 11—you'll be able to identify the problems and

questions which can be solved by sharp and inspired inputs from yourself.

That's exactly what your *Rhinal Energy Focus* is for. So set up the best conditions for it to do its invaluable work.

Put a pad and pencil on the night table beside your bed. On the first page of the pad write your major question which needs an answer as soon as possible.

As you drift into sleep, deliberately think about that question. As soon as you've mentally stated it, think about your *Rhinal Energy Focus*, running your attention around it. Think about your right nostril, then your left nostril, finally the bridge of your nose. As you do this simple mind exercise, feel the air you breathe flowing into your nasal cavities.

NOTE: Disregard that last if you have a sinus problem, or if there's any other reason why you're unable to nose-breathe.

That's the first step. Drift off to sleep and enjoy your dreams.

The second step comes when you wake up. Even before your eyes are fully open, reach out for the pad and pencil and scribble down the first thing that comes into your head. Do not wait until you're fully awake, or your conscious mind will interfere with the inspiration.

The third step comes later. After you're properly awake and have a few minutes to spare, sit down with your pad and review your question of the previous night and see what your *Rhinal Energy Focus* has suggested as a solution. That will be contained in the sleepy scrawl which you made as you were waking.

The fourth and final step is to *act* on that Cosmic Advice, provided it will not physically hurt anyone or break any laws.

Using Your Optic-Glossal Energy Focus

Most of the more important events in your life occur face to face with other people. Your *Optic-Glossal Energy Focus* is

custom-created to give you the edge over the opposition in any such confrontation.

Whenever you're talking to someone (or you are being talked at!) you can use your *Optic-Glossal Energy Focus* to shape the outcome of the conversation, discussion, argument or statement to your total and complete advantage.

What you're going to do is to direct the power of your *Optic-Glossal Energy Focus* into your opposite number's *Rhinal Energy Focus*! Thus your thoughts, desires and needs will *by-pass* the conscious mind of the person you are talking to and sweep unerringly deep into his or her subconscious mind. At that level any of your opponent's hang-ups about you, stubborn resistance and prejudices toward you or the situation are taken out of the picture. The decisions he is *forced* to make are based purely on what is best for *you*!

The process is easy. You're going to *look* at the bridge of the person's nose as you're conversing, and also *speak* toward that same spot.

Caution, please! First and foremost, you should not make a big production out of this, otherwise your opponent will get the idea you're spooky or freaky. If you stare like a basilisk all the time, you'll probably prevent the technique from working properly.

And when I suggest you talk to your opponent's nose, I do *not* mean that you should lean forward and talk to it as if you were addressing the ear of a deaf person.

The more unobtrusive you are with this technique, the better it will work. There's no need to fix your gaze on the person's nose and hold it throughout.

Make it much more casual than that. When you meet and greet each other, make sure you look at the person's nose, directly between the eyes. Briefly will do fine. Also be sure, when you speak your opening sentences, that your mouth is turned toward your opponent.

At intervals during the exchange, reinforce the process by glancing at his or her nose, and turning your face so your words are heading toward the same spot.

And if you run into one of those situations where your

opponent says, "I'll have to think about it. We'll let you know later," be sure as you say goodbye that your closing words and gaze are sent directly at your interviewer's *Rhinal Energy Focus* apex.

Using Your Invisible Mandible-Pineal Energy Focus

We have investigated your *Optic-Glossal Energy Focus* and seen how to use it in face-to-face situations. But what if the encounter consists of dealing with a person who is not in the same room as yourself?

For instance, Alexander Graham Bell is responsible for much of our conversation being carried on at long distance, where you are unable to see your opposite number as you talk.

Obviously you cannot effectively employ your *Optic-Glossal Energy Focus*. So this is where your *Mandible-Pineal Energy Focus* comes into its own.

Its energy is activated very handily. Touching either of (or both) your mandible points with your thumb, or your pineal point with your fourth finger, is sufficient to add the enormous persuasive and manipulative power of this Energy Focus to the situation.

When using the telephone it's simplicity itself to tuck your thumb under your jawbone and switch on the energy by feeling your mandible point. To add to the efficiency of the process you can tuck the thumb of your free hand under your other mandible point, spread your hand across your face and touch the pineal point with your little finger.

This last can be a trifle difficult if you wear glasses or have a long face and a small hand. If your reach is insufficient, just touch your little finger to the middle of your forehead.

This activation of your *Mandible-Pineal Energy Focus* is

amazingly effective in both small and large life situations. I used it myself at this precise stage of writing this book.

My long-suffering electric typewriter had developed a major mechanical fault. I took it to the repair store and explained that I needed it repaired most urgently. A technician looked it over, made that frown and pursed-lips expression which always heralds bad news, and opined that he might be able to repair it within ten days . . . two weeks for sure.

There was no real problem. He loaned me a free replacement machine to use until my typewriter was repaired. I went home again.

Next day, writing these words about the *Mandible-Pineal Energy Focus* on the borrowed typewriter, I decided I'd give the technique a workout for experimental proof.

I called the repair store, holding my telephone as I've described above, activating my right mandible point with my thumb. I explained to a lady at the store that it would be nice if they could hurry my typewriter repair. She promised to call me back in an hour.

Right on the dot of 60 minutes later my telephone rang.

"You can come and pick up your machine any time after 1:00 p.m. today," the technician told me.

I did that and the words began flowing again from my familiar typewriter instead of from the stranger which had so briefly occupied my desk.

One application of the *Mandible-Pineal Energy Focus* had reduced an estimated ten days for the repair to less than five hours!

But influencing people is only one of the exciting uses to which you can put your *Mandible-Pineal Energy Focus*. Merely by considering a desired result, you can bring it to pass.

Read next how Saul P. used his *Mandible-Pineal Energy Focus* to swing destiny his way and achieve his most cherished desires. You can do likewise!

**"THE FACIAL NEW PSYCHIC ENERGY
FEATURES KNOWLEDGE HAS
TRANSFORMED THE QUALITY OF MY LIFE,"
SAYS SAUL P.**

If you live within sight of the sea on the West Coast of America or Canada you will almost certainly have watched in awe and amazement a super-opulent white cruising ship pass along the horizon, ablaze with lights. On the lighted decks, in dance halls, bars and private suites, leisured revellers disport. Bands play lively tunes, the pool echoes to gay laughter and white-clad flunkies are everywhere, carrying trays of food and drink at the beckon of bejewelled fingers.

Out there on the ocean glides the good life, and chances are you're unknowingly watching part of Saul P.'s empire of leisure in action. Saul himself may well be lounging in one of the satin-lined cabins with every luxury devised by human ingenuity at his fingertips, not excluding the slimmest, most beautiful and cooperative ladies money can buy.

"Born to wealth? Not on your life," Saul says. "I was an abandoned illegitimate child, dragged up—it was too rough to call it raised—in foster homes and welfare hostels. My schooling was not much; I played hookey in the sixth grade and never went back.

"Before I was 20 I'd seen the inside of a dozen jail cells for transgressions ranging from vagrancy to illegal possession. I was an outcast, living on my wits on the wrong side of the law. Stealing cars became my way of getting from one city to the next, and knocking over pharmacies, stores and motels provided my income.

"Not the life I'd have chosen if I had my druthers, but I knew nothing different or better."

Saul was aware there were strata of society where wealth and ease ruled supreme, but his aspirations hardly went beyond vague plans of stealing a millionaire's wallet if he had the opportunity.

Broke and hungry (an occupational hazard for Saul), he was casing a store in New Orleans where his wanderings had taken him.

"It was an easy touch," he said. "One old guy running it, very few customers and the right amount of people on the street—not too many to get in the way, but enough to get lost among. No big deal, but all routine and simple and good for about \$200."

Confidently Saul walked into the store, holding a folded newspaper over his hand. He thrust it forward as the old man shuffled toward him.

"Stand right there and keep still," Saul said quietly. "There's a gun under this paper and I'll use it if I have to."

Saul had no gun, but the bluff rarely failed. Saul eased around the counter, heading for the cash drawer, keeping an eye on the old man.

The drawer opened easily and Saul began stuffing bills in his jacket pocket. All went smoothly. The man watched Saul, but made no move. Saul took the last of the cash and moved toward the door.

"If you'd like to stay healthy, forget you saw me," Saul said. "Don't make a move until I've been gone five minutes. I'll be watching."

Saul was startled when the old man smiled.

"Good luck to you, my son," the old man said. "A favor you could do me. It might save others from undergoing such an indignity as this. It could give you a new outlook on life. Take that book on the counter there and at your leisure, read it."

Saul knew from experience that the less a hold-up victim is upset, the better chances the robber has of getting clean away before the alarms go off. Purely to humor the old man—"Nutty as fruitcake," Saul thought—he picked up the book and stuffed it in his pocket as he backed out of the store, turned and hurried into the anonymity of sidestreets.

"I found I'd ripped off nearly \$250," Saul said. "The book I figured must be a religious tract. I also figured God

had given up on me long before, so being saved was not my trip.

“I was surprised to find the book was on Pyramid Energy, something I’d never heard of. I needed to lie low in case my description was on the street, so I hung around in my room, reading the book. Stumbling through it, more like, but even a slow reader like me found most of it easy to understand, and some of the ideas were too far out to be possible—or so I thought.”

Even though some of the words in the book might as well have been in Sanskrit for all the meaning they had to him, Saul picked up enough to start using his Facial Energy Focuses. At first he visualized himself as brilliantly successful with his crimes.

“No effect,” Saul said. “I was ready to call it quits and garbage when I recalled the author had said Pyramid Energy would work only positively. I was trying to use it to break the law.

“Strange, but the fact it did *not* work, just as the author said, kind of convinced me he might be telling it like it was.

“So for the first time in my life I tried a thing called the *Mandible-Pineal Energy Focus* to help me. Shoot! I could hardly say those 64-dollar words, but I sure found I could use them!”

Saul’s change from his squalid life of petty crime to a life in the lap of platinum-plated luxury was as quick as it was startling to him.

“First a guy in a bar offered me a job! A straight, cash-on-the-barrelhead perfectly legal employment ferrying cars across the country,” Saul related. “That was something new for me. It took me quickly to a partnership in a small car dealership. We struck lucky when an import we were handling ran away with the small car trade for a while. We made a minor fortune, selling the business to a bigger outfit for mucho bucks before the bottom dropped out of that market.

“I got the Midas touch. Everything I touched turned to gold. On a hunch I bought some Canadian mine stocks at a

dime each and they shot up to \$15. The \$2,000 I'd invested put \$291,000 in my bank when I sold. That windfall set me up for really big dealing and I could do no wrong."

We looked at Saul's present position at the beginning of this case history. What we did not see was his penthouse in New York for which he paid a cool \$3,000,000, his mountain retreat in Oregon, his incredible estate in Louisiana where he converted an old mansion with electronics and space-age technology to a dream of air-conditioned convenience. Neither did we see his helicopter, private zoo, 18 automobiles both ancient and modern, gambling casino and private airport.

"There's much more, but some of my most precious possessions no one can ever see," Saul said. "Pyramid Energy brought me happiness, freedom and security, priceless things I'd never known before.

"A funny postscript, by the way. I went back to see that old man I robbed. I reckoned I owed him about a million.

"Would you believe he was still smiling, and would take just the \$250 I'd taken off him, plus \$4.95 for the book? He said that made us square—the rest of the profit was mine, because I'd done all the work! That kind of work is nice if you can get it, and anyone can if he tunes in to Pyramid Energy."

**YOUR FACIAL NEW PSYCHIC ENERGY
FEATURES WILL WORK FOR YOU 24 HOURS
EACH AND EVERY DAY**

You now know about the three triangular pyramid Energy Focuses which you can call on any time to help you improve your life.

Once you've put them into action, they'll continue to work for you all the time. Waking or sleeping, even when you're not thinking about directing their powers, they'll be shaping your future toward the most delightful conditions imaginable.

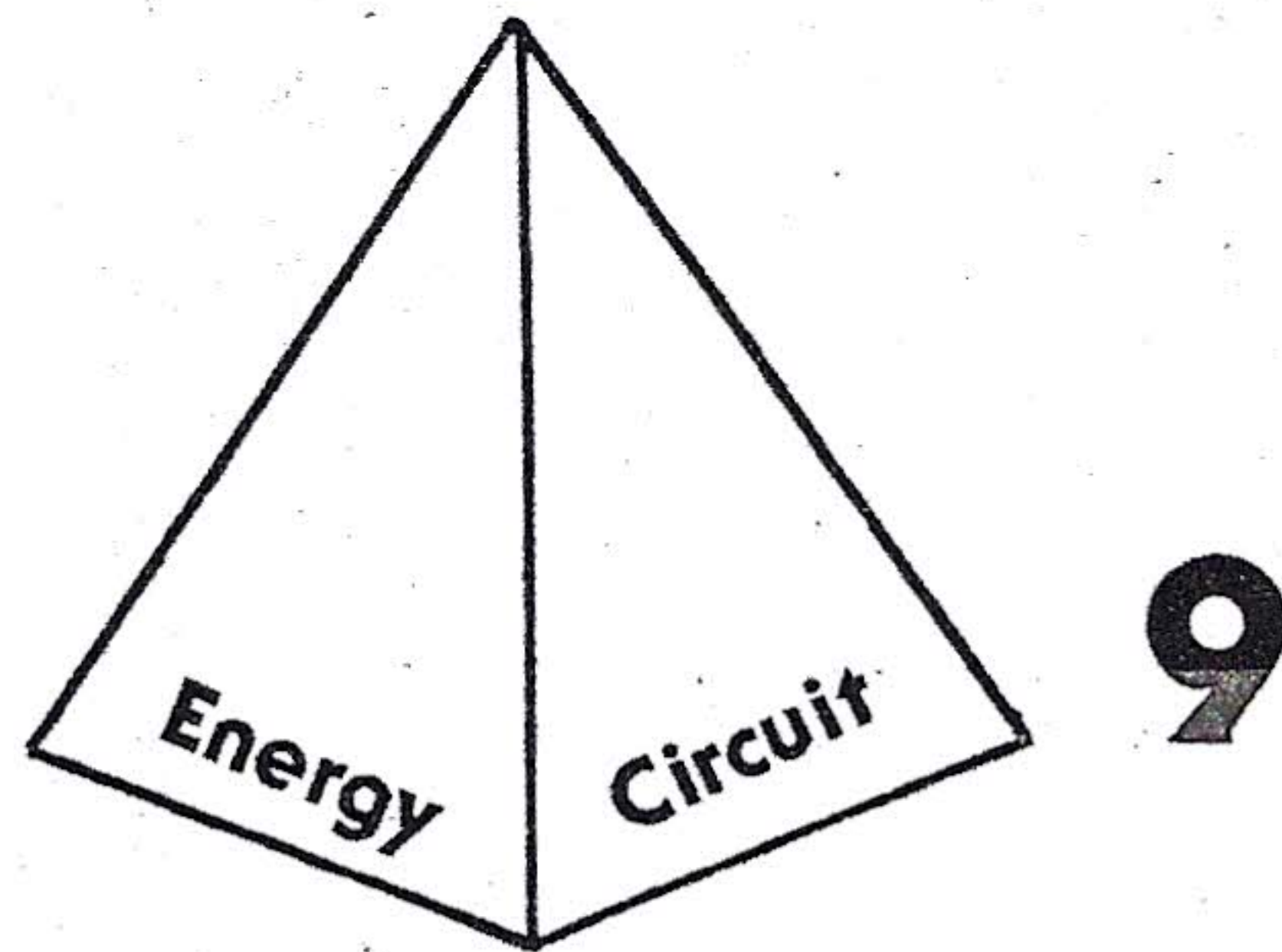
The act of connecting your personal hotline to the Cosmic Tides is something like opening a long-closed door. The energies start to flow, then continue to flow, adding more and more positivity to your existence, sculpting your destiny into glory on a fulltime basis.

One useful piece of advice regarding these energies is that you should try to arrange your mundane routines to cooperate with the Tides.

As a simple "for instance," you may be lonely and seeking friends. Having called the Tides to your aid, make sure you move into areas where you're *likely* to meet new people.

Granted you could sit locked away in your room, and eventually destiny would shape up your future so new friends came calling. You can reduce the waiting time by a significant percentage by doing your part: in the planes of the unseen, destiny and the Tides work to bring your desires true and will pick up on any chain of events which produces the desired result. In the material planes, you can do your bit to *shorten* that chain of events by deliberately inserting fair chances of your desires coming true into your future.

Consider that point carefully: you and destiny can make an irresistible team with *both* of you operating in harmony at your individual levels of being.



The New Psychic Pyramidic Healing Postures

Here we add yet another powerful technique to your battery of tuning-in processes which allow the Cosmic Tides to sweep you joyfully to a new and better life.

This Energy Circuit incorporates more pyramid shapes into the picture, to aid your West Face tuning-in methods as you aspire to, and achieve, the vitality and glorious experience of perfect health.

The idea presented is that as you use your *New Psychic Energy Generator* to align your body with healing energies, so you physically arrange your limbs to make pyramid postures which further amplify the power and feed it directly to the areas where your body needs most aid in curing itself.

HOW TO COMBINE THESE POSTURES WITH WEST FACE TECHNIQUES

If you're truly serious about healing your body (and you

should be if you wish to fully enjoy all the other bounties the Cosmic Tides will bring you), then *New Psychic Energy Healing Postures* should be combined with the West Face techniques explained in Energy Circuit 6.

The basic instructions are simple. As you perform the West Face techniques, arrange your body and limbs in the comfortable positions I'm about to describe. This may take a little moving around in your working space adjacent to your *New Psychic Energy Generator*.

For example, when you work in the posture of the *Pedal-Patella Healing Triad*, you need to be lying flat on your back with your knees up. While explaining the positions to you in detail, I leave it to you to arrange your position and sight lines to fulfill the basic requirements for viewing your *New Psychic Energy Generator*.

And right here in this book is where some of my more uncertain and despairing readers will feel abandoned and neglected by me. Earlier I promised step-by-step instructions, and now I'm telling you to figure something out for yourself!

Here's why. I have not walked away and left you to struggle on your own again, but one thing I must avoid is to totally "spoon feed" you in this book. Some details must be left for you to work out for yourself.

For instance, I could have written at length on exactly how to place your *New Psychic Energy Generator* so that you can best view all your faces when required. With a purpose, I have laid the responsibility on you to work out such bits of routine business.

You understand this is a course of tuning yourself to Cosmic Tides of energy, and I have repeatedly suggested that your involvement, in your own way, using your energy, time and thought is absolutely essential to success.

So any situation you set up incorporating your unique solution to any problem puts your personal stamp on the tuning-in process. Thus you custom tailor your mind and body more quickly.

**PREVIOUSLY SPASTIC AND APPARENTLY RETARDED
EDIE M. NOW LEADS A NORMAL LIFE**

"Our daughter Edie is a special child," writes Mrs. M. of New Jersey. "A drug prescribed for me during pregnancy resulted in her being born spastic, apparently retarded.

"Her disabilities prevented her from moving her feet and arms properly; she was unable to feed or dress herself; she could not speak distinctly; and she made frequent grimaces and jerky, purposeless movements."

Edie was given the best medical care possible. A complete diagnostic examination advised treatment which included muscle re-education as part of the therapy.

"She was put on a program of relaxation, practice of voluntary muscle control and development of proper movement patterns," reports Mrs. M. "She was also given speech therapy."

Mr. and Mrs. M., strong believers in Pyramid Energy, encouraged the child to include the *Pedal-Patella Healing Triad* in her exercises.

"We must be careful to report only what we know occurred," Mrs. M. states, "laying no specific claims to any particular routine.

"Edie is now 14 years old, able to eat tidily, tie her shoes unaided, speak with only a slight problem with sibilants, and her tics and jerks are minimal.

"Compared with the sad state she was in five years ago, she now leads a normal life. Her doctors are delighted with her progress and anticipate that by the time she has completed high school she will be indistinguishable from any other average teenager."

THE PEDAL-PATELLA HEALING TRIAD

The *Pedal-Patella Healing Triad* arranges your body to

create a solid and powerful pyramid with the lower trunk and limbs.

Lie flat on your back with your legs together. If you're lying on the floor, put a pillow or other pad under your buttocks and another cushion under your head. If you can arrange yourself north and south, with your head pointing to the north, so much the better—but this is neither essential nor critical to this routine.

Keeping your legs together, raise your knees and put your feet flat on the floor. Move your feet toward your buttocks as far as you can *without straining any muscles*. Take it slow and easy and stop the movement the moment any tendon complains!

Now edge your feet apart about 12 inches or so, until by raising your head you can see your heels as you look past the curve of your hip. Keep your knees touching each other, fold your hands comfortably across your chest until you need to move them, and you're in the *Pedal-Patella Healing Triad* posture.

"I CAN NOW LIFT 200 POUNDS," ATTESTS ACCIDENT VICTIM MEL A.

Being bedridden was literally agony for Mel A. When a steel beam fell on him in an industrial accident, he sustained a fractured pelvis and a compound fracture of the left femur.

"Despite existing in a fog of pain-killing drugs, it was painful to stir," he reports, "but the worst of the pain was mental. I'd always been athletic, regularly working out on the beams and lifting weights. To lie there not knowing whether I'd ever again run or walk without a limp was the true torture."

Released from hospital, Mel began the long fight back to health. Eventually he was able to walk, but slowly and painfully. His physician encouraged him to exercise muscles which had become flabby while he was on his back.

“Regular X-rays showed the broken bones were knitting,” Mel said, “but so slowly I could have screamed with impatience at times.

“The gentle calisthenics I was allowed to do initially were frustrating. I had very little strength and even less endurance at the outset.”

A friend Mel met while swimming at the Y related how he employed the *Pedal-Patella Healing Triad* whenever he was suffering from anything from a wrenched tendon to a hangnail.

“Seemed harmless enough,” Mel said. “Useless, too, yet it certainly would not do me any damage to try it. I strongly doubted my friend’s enthusiastic claims, but agreed to include in my daily workout the version of the West Face technique he laid on me.”

Mel records his recovery was rapid thereafter. “Maybe my body was ready to heal,” he said. “Or maybe there is something in that Pyramid Energy stuff after all. Why sit in judgment? My personal marvel is that I can sprint, do gymnastics, and clean and jerk 200 pounds. That would hardly get me into the Olympics, but it’s ten pounds better than I could lift before my accident.”

THE FINGER CONTACT TONUS TECHNIQUE

Sitting, standing, kneeling, lying—you can adopt this *Finger Contact Tonus Technique* in any bodily position as long as your hands are free to touch each other.

In a manner akin to the way an acupuncturist alters the energy flows of the body with his needles, this hand posture balances metaphysical energies to help your West Face techniques reach quicker attunement with natural healing powers.

I’m about to describe how to place your fingers, but this is a clear case where one picture is worth a thousand words.

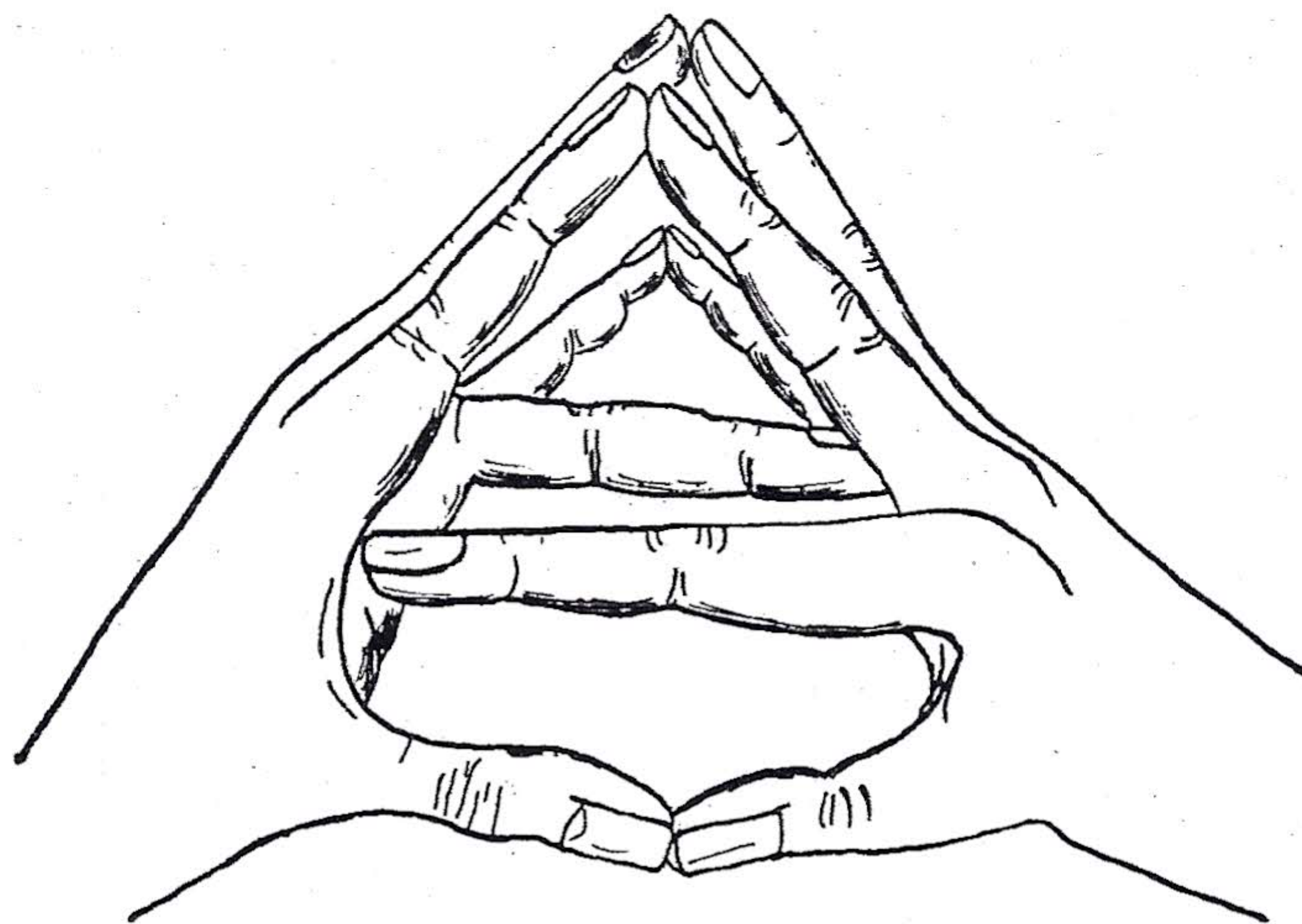


FIGURE 6: Finger Contact Tonus Technique

Look at Figure 6 and you'll see how to place your hands to achieve the *Finger Contact Tonus Technique*.

Hold your hands a few inches apart, palms facing. Hold your fingers straight, and keep them all as straight as feasible throughout.

Move your hands together until you can touch the tips of your thumbs together, and the tips of your little (fourth) fingers likewise.

Place the tip of your left forefinger against the tip of your right *second* finger.

Then place the tip of your left second finger to the tip of your right *third* finger.

You now have two fingers left over which are not touching their tips to other fingers. They are the third finger of your left hand, and the forefinger of your right hand.

Swing these two fingers down to touch the *base* of their opposite number on the other hand—your right forefinger touches the base of your left forefinger, and your left third finger touches the base of your right third finger.

Straighten out any fingers which you may have bent while putting this together. Check against Figure 6 to see

you've got it right. This is your *Finger Contact Tonus Technique*.

CHRONIC MALADIES LEFT AFTER MARILYN H. TRIED THE FINGER CONTACT TONUS TECHNIQUE

When she gave birth to a baby on June 1, the birthday of movie star Marilyn Monroe, an Ohio woman named her child after the Hollywood leading lady, hoping her daughter might grow up to be as beautiful, famous and wealthy as her namesake.

That was more than a decade before Marilyn Monroe died so tragically, after her classic rags-to-riches rise to stardom.

"Looking back on it, I began to go downhill after Miss Monroe died in 1962," said Marilyn H., "I was 12 at the time and recall the shock wave that went around the world when everyone's favorite pin-up was found so mysteriously dead.

"As my mother hoped, I had been showing some grace and formative beauty up till then—or so my parents say, and their snapshots of me confirm it. Yet within a couple of years that had all changed."

Marilyn H. fell prey to acne and sinus conditions. She developed an embarrassing twitch of the face which made her shy of meeting new people and situations. Asthma appeared in her early teens.

"Dizzy spells and migraines added themselves to my misery," Marilyn said. "Painful menstruation had been with me since my periods began."

Her life became a circuit of doctor to doctor, clinic to clinic, specialist to specialist.

"Temporary relief was all I got," she said. "I was literally sick of my body. Each week a new prescription, hope for a cure, then back to the familiar discomfort and inconvenience.

My kidneys also began playing up so that I could never move more than a few yards from a restroom.

"I was truly wretched and could not enjoy anything like a normal social life. And the biggest frustration was that the physicians could find no organic cause for any of my sickness."

Marilyn began to try less orthodox treatments.

"Naturopaths sold me tinctures. Chiropractors manipulated my spine. Faith healers laid their hands on me," she recalls. "I even tried hypnosis, but I went to an amateur instead of a clinical hypnotherapist. All he did was seduce me while I was under his influence. He said it was vital therapy for me. It may have temporarily solved his problem, but it did nothing for me."

Heading for a nervous breakdown with her symptoms worsening, Marilyn turned to herbs, organic foods and nature cures.

"They were marginally effective," she said, "and while I was following all of those treatments—except that I'd given up on hypnosis!—the manager of an organic food store introduced me to Pyramid Energy."

Willing to clutch at any straw by then, Marilyn set up a daily routine of pyramid work.

"West Face techniques were my prime involvement," she said, "and I added the *Finger Contact Tonus Technique*.

"It took a while, but from the outset I felt hope stirring. I first achieved greater relaxation and acceptance of my condition. Some of my hopelessness fell away, and the asthma, migraines and dizziness were less prominent."

Her maladies receded slowly but surely. Now in her late 30's, Marilyn still keeps up her pyramid routines.

"I'm radiantly healthy today," she reports. "All the chronic conditions I'd endured so long have left me. I have found a splendid balance of mental and physical energies, and at times when everyone around me is going down with colds and fever, I'm the one who stays well."

“What a difference from the years before Pyramid Energy came into my life.”

THE CRANIAL COVER NEW PSYCHIC ENERGY CIRCUIT

When a doctor takes an EEG (electroencephalogram) of a patient, he is recording electrical impulses and changes in the brain which show up as electrical energy patterns on the surface of the skull.

This Healing Posture connects those same brain energy patterns to important life flows in the palms and fingers of your hands. The resulting interchange of energies can bring lasting harmony to out-of-kilter bodily processes. This reinforces your plan to attune with the West Face Tide and help your physical body heal itself of any malfunctions.

Even more valuable, this Posture can steady down wavering or disturbed mental conditions.

Put your hands over your ears, fingers pointing upward, as you might if you were trying to shut out a loud noise. Slide your hands upward, fingers spread wide, curling them over to keep close contact with your head.

Stop moving your hands as soon as any fingers of your left and right hands touch. The most likely pair to touch first will be your third fingers.

Keeping your palms stationary, make slight adjustments to your fingers until your third and fourth fingers are touching their opposite numbers on the other hand. By all means move your palms a trifle to achieve this double contact, but make the movement as small as possible.

Flatten all fingers firmly onto your head, feeling a warm contact from all fingers and your palms. Swing your elbows forward until they are about four inches apart.

Again, no straining, please. If your physical condition means you have to strain to reach any position I spell out,

stop before you reach any pain threshold from complaining muscles or joints.

Hold that pose. Close your eyes for about 30 seconds, breathing easily and naturally.

That is your *Cranial Cover New Psychic Energy Circuit* posture.

“THEY SAID I WAS DUMB,” WRITES DICK W., “BUT THE CRANIAL COVER NEW PSYCHIC ENERGY CIRCUIT HELPED TO ALTER THAT”

Dick W. suffered from nerves and neuroses. He was, in the vernacular, afraid of his own shadow. Vague and tenuous fears of disaster haunted him and he felt a malignant destiny was against him.

“I spent more time peering into dark corners of my mind to keep unseen devils at bay than I did studying,” he recalled. “My parents had me checked out by the best medical experts and they said there was no physical cause for my complexes. Mental therapy was advised.”

By the time he was admitted to a psychiatric clinic as an outpatient, Dick was a nervous wreck. At 23 he was hearing noises in his head, faint and indecipherable.

“I felt the distant noises were important to my welfare,” he said. “I was convinced that if I could hear what they were, I would receive great revelations. They were present most of the time, so I was constantly distracted from normal social exchanges, unable to put consecutive thoughts together because I had to stop thinking and listen to my inner sounds.”

Dick’s long silences and preoccupation turned his friends off. He was treated as if he were retarded, and found himself isolated in loneliness, unable to communicate with anyone.

“The most polite epithet applied to me was ‘dumb’. Less flattering appellations implied I was a moron,” he said. “I had

not lost my marbles: all I wanted was some clarity and explanation of why I was the way I was."

While Dick was undergoing therapy, his psychiatrist tried hard to find some area of normal life which would interest his patient. If Dick could be distracted from his "voices" there was a good chance they would fade and disappear.

"After I'd been through a dozen hobbies and recreations and lost interest in all of them my doctor tried something more unorthodox," Dick said. "I was obsessed with what was going on deep within my mind, so he deliberately turned my attention that way. He said if I'd had the education he'd have had me enroll in a psychology class. As it was we had to find something less academic."

Psychic research was the answer, even though the doctor had reservations about it. He knew unguided dabbling with certain areas of the subject can cause increased disorientation and mental disturbances.

"To steer me around that potential hazard he had me read up on Pyramid Energy," Dick said. "He told me at least that was based on scientific facts even if he was intellectually doubtful of some of the claims of the pyramid exponents."

Dick admits he began his pyramid routines with the express intention of amplifying his inner sounds. He was still convinced of their veracity, and needed to hear a meaning within them.

"The technique now named the *Cranial Cover New Psychic Energy Circuit* was followed by unexpected success," Dick reports. "To my initial disappointment my inner voices began to fade and appear only irregularly. Soon they were audible only at full moon. Then they ceased.

"Result was I lost my introverted stance and became interested in the world outside my head. I took up my studies again, continued with therapy to resolve my new emerging personality, and became a new person."

Today Dick is a successful executive, well adjusted to society, normal in every way.

DETECTING THE FLOW OF NEW PSYCHIC ENERGY POWER

While the most obvious evidence of your attunement with the Cosmic Tides and the flow of *New Psychic Energy Power* is the fascinating and wonderful changes which take place in your life, some readers will need more proof to convince them that these metaphysical energies and flows are not mere imagination, wishful thinking and mystical tomfoolery.

Try this experiment. What you're going to do is distort or bend your natural force field by physical means. When you remove the warp and your force field returns to its regular pattern, you will feel undeniable physical evidence of this reversal of your *New Psychic Energy Power* flow.

Stand sideways about 12 inches from any wall of a room. Press the back of your hand, your forearm and your elbow flat against the wall. Do not *lean* on the arm: pushing against the wall with the flat of your arm is the idea.

Continue that push for a slow count of 20. Then step away from the wall.

At once you'll feel a growing lightness in your arm. If you allow it to, your arm will lift upward. And notice it does not lift sideways as you might expect if this were a muscle reaction to the release of the stress. No—your arm rises up in front of you, *parallel* to where the wall was when you were pushing.

This strange phenomenon illustrates your personal force field returning to normal. Even the most skeptical will have to admit the existence of this sensation.

SANDY A. ZOOMED FROM WELFARE TO WEALTH

“When you're disoriented and physically below par it's hard to get ahead,” Sandy A. says. “My life on welfare was no picnic, but no way could I fight my way out of the pit I was in.”

Sandy is a product of the "flower children" generation. Her experiences in Haight Ashbury, deep in the hippie culture, had left their mark physically, the results of malnutrition, social diseases and hepatitis. Her mental scars are invisible, but no less real. Experiments with mind-altering drugs culminating in heroin addiction have made continuing therapy necessary.

"I'm no longer on heroin," Sandy said, "but I know I could be again, all too easily. Like once you've been hooked and apparently cured you find your mind offering all kinds of convincing reasons why just one more fix will do no harm."

Uneducated, unkempt, unwanted and averse to taking work in "straight" society, Sandy inevitably slid into poverty.

"Welfare keeps your body alive," she said, "but only you can keep your mind active. I had slipped into a morbid detachment, convinced the world had no place where I could fit in and be contented. I ate, drank, went to the bathroom, washed occasionally, watched TV, wandered the streets, and stared at the wall. My only social involvement was occasional sex with casual acquaintances. That was purely a physical need without meaningful exchanges.

"I had no friends and no future. Life was so drab I even lacked the motivation to end it with suicide."

As you may have anticipated, knowing the object of this case history, Pyramid Energy came into Sandy's sad life.

"It began as a put-on in a bar where I'd been taken by a guy I met on the street," she said. "He showed me a tiny pyramid he'd made and carried on his keyring. A neat piece of work, hand carved and painted.

"He stood it beside my glass and said that the little chip of plastic contained the answers to the Mysteries of the Universe."

Sandy was intrigued despite herself, and wanted to know more. Her companion was willing, and in following days showed her many pyramid routines.

"I moved in with him," she said. "I was surprised at how wealthy he really was, even though he looked like any other jeans-and-beads layabout."

The unobtrusive opulence opened welcoming arms to encompass Sandy. Without any deliberate intention on her part she found herself smartening up.

"Life was stimulating," she said, "and I soon found myself managing a small boutique my mentor set me up in."

From there Sandy zoomed to wealth. She now owns a chain of exclusive boutiques nationwide, and the fashions her highly paid designers create now clothe the bodies of high society matrons and rising starlets alike.

"Although money and luxuries came automatically," Sandy said, "most of all I enjoy the sense of achievement. That's something money cannot buy. In my humble opinion, tuning in to Pyramid Energy is better than owning all the gold in Fort Knox."

WHEN TO ADOPT YOUR NEW PSYCHIC ENERGY HEALING POSTURES

You've been shown three Healing Postures: the *Pedal-Patella Healing Triad*, the *Finger Contact Tonus Technique*, and the *Cranial Cover New Psychic Energy Circuit*.

Although they all help you to harmonize with West Face Tide energies and to help heal all ailments, they have specific applications where their startling forces are even more efficiently deployed.

Using the Pedal-Patella Healing Triad

This brings healing energies flowing to your body, especially along arms, legs and the spine.

You'll find the Healing Triad most effective when you're undergoing treatment for a sore back, strained major muscles, pain in ankle, knee, hip, shoulder, elbow or wrist joints, and malfunctions of internal organs.

By and large, use the Healing Triad in work on major physical defects and maladies.

Using the Finger Contact Tonus Technique

This energy attunement lifts depression, especially physical depletion which has allowed germ or virus infections to gain a hold in your body.

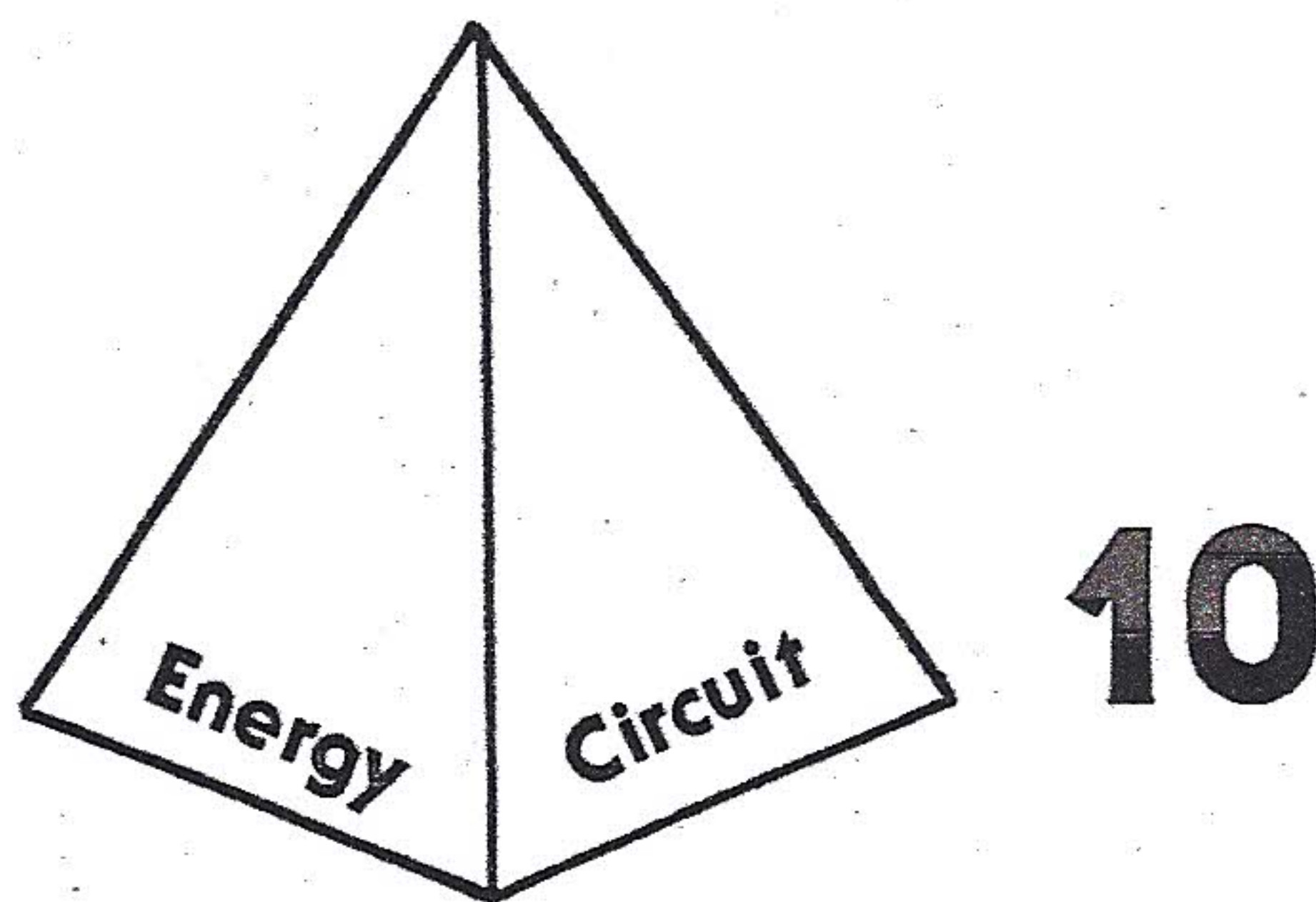
So influenza, the common cold, fevers and non-specific virus invasions respond well to the Tonus Technique when used in conjunction with the West Face techniques described in Energy Circuit 6.

Using the Cranial Cover New Psychic Energy Circuit

This radiant technique operates at mental and even more ethereal levels. It's excellent for removing general "mind fuzziness" and bringing clarity to confused thinking patterns.

It's also a whiz at helping to alleviate occasional headaches. But severe or persistent headaches should be taken to your doctor at once, with the Cranial Cover used in private as an assist to advised treatment.

Most cogently, if you're told that your malady "is all in your mind" let the *Cranial Cover New Psychic Energy Circuit* move in and you can experience blessed relief.



THE AMAZING NEW PSYCHIC PYRAMIDIC CONE

Imagine a pyramid made of rubber or flexible plastic sheets. By some means we begin to curve the sides outward, making the pyramid fat and less angular. If we finally bend each side into a quarter-circle, we would find we have a circular "pyramid" instead of a square one.

That new shape is, of course, a cone—and researchers are finding that any cone, as a specialized pyramid shape, also carries its own invisible energies and power fields which can work changes in the material world which defy logical scientific analysis.

THE NEW PSYCHIC ENERGY CONE FOCUSES A SPECIALIZED FORM OF METAPHYSICAL POWER

I have debated long and hard before including this Energy Circuit in this book. Much research has still to be done to establish exactly where the cone shape fits into the scheme of Cosmic Energies.

However I believe in offering you, the reader, every possible chance to get ahead, and the Cone most definitely has worked incredibly well for some people.

So in keeping with my philosophy that if something helps to bring harmony it should receive the widest possible publicity, I offer this Energy Circuit as a new and stimulating technique which will help some people.

I fully realize this *New Psychic Energy Cone* technique may not work miracles for everyone. On the other hand, no one can come to any harm using the Cone energies, and some of you will receive outstanding results.

Treat this Energy Circuit as a foretaste of metaphysical concepts of the future. Cone energies may well prove to be the next logical step beyond Pyramid Energies. You can thus see yourself as one of the Wrights or Curies of metaphysical research, experimenting with very new and yet-to-be-understood techniques which could form the basics of a whole new psychic science.

Certainly, based on the evidence which is in so far, the Cone uses a specialized form of metaphysical power which has different effects to Pyramid Energies, and could conceivably replace it for personal miracle working.

**“I WAS UNSURE WHAT TO DO,” SAYS LEW
B. “THE NEW PSYCHIC ENERGY CONE
AUTOMATICALLY BROUGHT ME
HAPPINESS”**

Passing a few empty hours by reading a paperback on the power of pyramids, Lew B. smiled at the report of how a housewife avoided surgery by sitting over a cone until she found her hemorrhoids shrinking.

“I needed a cure for constipation, not piles,” Lew said. “But not a blockage in my bowels. What I could not get moving was my head.”

Lew had reached a plateau in his life where he could not figure out what his best move should be.

"I was a technician salesman dealing in duplicating materials and servicing copiers," he said. "I'd reached my limit of progress there and realized the need for a change. Yet all the options open to me seemed equally dead-ended, or a demotion from the level I'd reached."

Inspired by the report he had read, Lew made himself a 12-inch cardboard cone and slipped it under his bed.

"Call me a cock-eyed optimist if you wish," he said, "and you could be right. The idea was to stir up my head and bring new ideas.

"It worked far better than I hoped. Not only did I get a new angle on my employment picture, but coincidences began going my way. Where before I'd had to plan and push, arranging each step in advance, laboring to make it come to pass, winning some and losing some, now I seemed to be swept up by a positive tide of events almost without volition."

A few weeks after he placed the cone in his bedroom, Lew met a girl at a disco. Her father was the owner of a real estate office.

"That was a line I had not much considered," Lew said. "I knew I needed to study for a real estate licence, but I'd never made any effort to find what else was involved or even what such work could pay."

His girlfriend was a mine of information. Her father was also helpful. In the shortest possible time Lew had his licence and entered real estate dealing.

"That brought me in contact with many influential people I would never have met as a technician," Lew said. "Keeping my eyes and ears open, I picked up invaluable data. Among other advantages, I invested on a broker's casual tips and prospered. I took the lead in commission earnings over my colleagues and thus received the 'plum' listings. Good fortune seemed to drop into my willing hands."

Lew soon quit real estate selling. His next step was to buy a ski resort. This was followed by ownership of a chain of motels.

"I sit back and let others work for me now," Lew an-

nounced. "I travel and keep an eye on my investments. That's when I'm not relaxing in my mountain chalet.

"Now the landing strip for my private plane is finished and the heated pool is constructed, I'm having a leisure mansion built above the snow line where I can take friends to enjoy nature. And the shape of that building is ... you guessed it! ... a 100-foot cone. If a little one can start such a sequence of delight, I'm wondering what a big one can do for my personal pleasure!"

MAKE A NEW PSYCHIC ENERGY CONE—OR JUST A "PRETEND" ONE: EQUALLY EFFECTIVE IN STARTLING RESULTS

A primary mystery about the Cone is that it does not have to be physically present in this mundane world to work its amazing effects.

By creating what occultists call a "thought form" in the shape of a cone, this "idea of a cone" has brought desired results for many people. Others have found they need to actually build a cone before it will work for them. The difference seems to depend on individual powers of mental visualization.

You can easily create a cone from a sheet of paper or thin card.

Draw a circle on it, any size. The larger the circle is, the larger your cone will be. But in this mysterious realm, *bigger* does not necessarily seem to be *better* or more powerful. Tiny cones created from two-inch circles have been proven devastatingly effective.

Standing a cup, bottle or can of beans on the paper and using that as a guide to draw around will make a very adequate sized circle.

Cut out the circle, and then cut a wedge-shaped piece

out of it, just like cutting a slice of pie. Cutting out a quarter of the "pie" will create a cone with a slope approximately equal to the slope of the Great Pyramid. The bigger the "slice" you cut from your circle, the more slim and pointed your cone will be.

Having cut out your slice, take the remaining portion of the circle and bend the two straight edges around to butt together. Secure them with a bit of tape and you have created your first *New Psychic Energy Cone*.

Creating a *mental Cone* as a thought form can be done in a multitude of ways. As I said before, that's an individual experience and methods vary widely.

If you habitually think in pictures in your mind, and "see" images inside your head when your eyes are closed, all you have to do is think about a cone, solid and three-dimensional, standing wherever you wish it to be. That works well for some.

Other people spend time mentally building a cone by making the first part of the *Digital Triad Gesture* (from Energy Circuit 7). They pretend that their moving finger tip is drawing a triangle of white light in the air. Then they imagine the triangle is turning on its axis, making a circle with the lower two points. The resulting mind shape is a glittering cone of white light which is then "thought" to be wafted into its operating position.

A further method is to "fix" the idea of the cone in your mind by looking steadily at a picture of a cone until, when you close your eyes, you can recall every detail as if it were truly in front of you. Most elementary art books carry pictures of cones, if you're seeking one to look at.

Whether you need a real cone or are able to use a mental one depends on many factors which are affected by your personal psychology and circumstances. For interest's sake, and because it can have such a magnificent effect on your life if you're one of the early users of Cone techniques, I urge you to experiment freely with this new concept.

**RUTH W. IMAGINED NEW PSYCHIC ENERGY
CONES AND GOOD FORTUNE ARRIVED**

Having indicated to you how to create a mental *New Psychic Energy Cone*, this case history is the best example I know of such a routine being followed by interesting and beneficial results.

Ruth W. had been "on" to Pyramid Energy for about six months when she began experimenting with cones.

"I've always been a good visualizer and find it easy to place clear pictures of things on a kind of 'screen' in my mind," Ruth reports. "My use of cones consisted of making a mental picture of a cone of white light, imagining it to be situated wherever significant events could occur that could affect my life.

"If they'd been real cones, you'd have seen them all over the place! I "put" them in my boss' office, in the hospital ward with a sick relative, in my car, in the yard, on the roof of our home, and in class with my children.

"They were also mentally "planted" in places where a material cone could not easily be placed. I installed one in my husband's head, one in his boss' brain, and even one in my uterus.

"It was an experimental game. The idea was to bring the best influences to bear wherever I put a cone. I kept a written record of my thought form "placements" to keep track of any results.

"The number of apparent coincidences that followed are too numerous and precise, in my opinion, to be due to chance alone.

"My boss promoted me when few were being so favored; the relative was discharged from hospital a week earlier than anticipated; a patrol car flagged me down when I drove through a radar trap at double the legal limit—and I received only a caution when the police found their instruments reading incorrectly; the lettuces, tomatoes and grapes I

planted gave record yields; for the first time in years we lost no roof tiles in winter gales; my children's school grades improved.

"My husband, a designer, found an inspired solution to a long-standing engineering problem. His boss promptly made him head of his own department.

"And the cone inside me? We wanted another child, and I'd been having trouble conceiving. I'm happily pregnant now and the conception date seems to have been about 48 hours after I 'thought' a cone into my womb.

"I'm still experimenting, but that's my report to date. Backed by my written notes, wherever I placed a mental cone something good came up connected with it."

HOW TO VISUALIZE A 24-HOUR NEW PSYCHIC ENERGY CONE ANYWHERE

We've already looked at three ways to create a *New Psychic Energy Cone* with your mind. Having handled that, your task of putting the thought form where it will do most good is pure simplicity.

When you've decided where the Cone should be "put," all you need to do is to pretend it's there!

Close your eyes, recall the position the Cone needs to occupy and its surroundings, and you've got it.

If that seems too simple to be valid, you can make a temporary paper cone as previously instructed, place it where you wish your 24-hour *New Psychic Energy Cone* to have its effects, and sit gazing steadily at it for two minutes. Absorb the scene you're looking at so that any time later you can recall it from memory.

Having "fixed" that idea you can throw the paper cone in the trash—the mental image you can now call up will work just as effectively as the real thing.

"I'M CONVINCED MY NEW PSYCHIC ENERGY CONES HELPED CLEAN UP MY DEBTS," WRITES HANK G.

"Herewith a brief progress report on my personal experiments with Cone technology," writes Hank G. of Nebraska:

"January 1978: I was deeply in debt, for reasons I will not fully divulge. Suffice to say in 1977 I paid a considerable sum to the courts. My living expenses had taken second place (jail was the alternative if I failed to pay), so I had been living on credit. A medical expense not covered by insurance and a work lay-off (temporary) had creditors hounding me.

"February 1978: I re-entered regular employment, and made offers to all my creditors to pay them regular sums in proportion to my indebtedness to them.

"I began experimenting with Cones this month. I had a two-inch cone on my dining table; made a cone-shaped bill spike; kept a three-inch cone standing beside my telephone, on the north side; and another inside my mailbox. A fifth cone stood beside the front door, a sixth on my refrigerator, and a seventh under my bed at the head end on my side.

"April 1978: I was able to maintain all payments as and when due, which I frankly did not expect, having been overoptimistic in my earlier income estimates. I won \$50 with a lottery ticket. Mr. A. mailed a check to me for \$100 repayment plus interest of a three-year-old \$75 loan I had written off as bad.

"May 1978: I won \$1,000 by answering a simple question for a radio station when they called my number at random.

"June 1978: Last outstanding bill paid after receiving retroactive salary when my union negotiated a new contract.

"I make no claims of cause and effect, but I am convinced in my own mind that my *New Psychic Energy Cones* helped clear up my debts."

**YOUR NEW PSYCHIC ENERGY CONE HAS
UNLIMITED POWER FOR YOU TO USE**

Why do I call this concept a *New Psychic Energy Cone* instead of just a simple Cone? For the following reason: although the Cone has its own spectrum of healing and miracle-working powers, I see its use as a part of your *New Psychic Energy Power* tuning-in process.

If you were working purely with the power of the Cone, I would anticipate its acquiring another name to distinguish it from other metaphysical methods and energies.¹ But as an additional weapon in your armory of defenses against fate, I feel that your use of a Cone in the terms we are discussing is truly an extension of *New Psychic Energy Power*.

The specialized attributes of the Cone place healing high on the list. Printed reports I have on file attest to:

Relief of pain by placing a Cone on the body of the sufferer.

The disappearance of intestinal malfunctions by sitting with a Cone under the subject's chair.

Rapid healing of broken bones.

Improvement in retarded children.

Cone research is as open-ended as the Cone itself. I believe we have merely begun to discover the unlimited potential of an energy which may, in fact, supersede Pyramid Power, just as electricity and gas have made the wood-burning stove an obsolete anachronism.

Tap the power of a *New Psychic Energy Cone*—you could amaze yourself, and also become known as a pioneer in a new field of metaphysical research.

¹Developing directly from the early and broad concepts presented exclusively to you in this Energy Circuit, the author is already involved in ongoing, state-of-the-art research into *Cosmic Conicology*, with a view to creating a self-help method using Cone power as the basic theme.

**"MIRACLES ARE MINE," STATES GLORIA M.,
NEW PSYCHIC ENERGY CONE USER**

Gloria M. was the oldest user of Cone power known to me. She pooh-poohed the idea that this is a new concept.

"I'll be 93 in December this year," she said. "I was born in Spain in 1885 and I remember as a child my father putting paper cones over prime grapes to make them prize specimens. Did it to vegetables too.

"The old wise woman in our village had a black hat with a teeny brim all around. It came to a point making a cone on her noddle. She had signs sewn all over it and we kids were scared to death of her. They said she worked spells like nobody's business and would put the Evil Eye on any bad person for a few pesos.

"My husband used to make his watch keep time by stuffing it into a paper cone and standing it over a saucer. We've known about it in our family for centuries. My grandmother told me an ancestor of ours found treasure by working magic around a cone in a circle.

"But that's all ancient history, for you to believe or not as you like. I'm still using cones, and since they started writing books about it, I've been using cone energy properly and I tell you it works for me. Old ladies don't need much, but I make sure my pension check comes on time, the stove draws properly, the cats come in at night and I keep healthy, all by having cones around the house. Believe me, miracles are mine with those little pointy things.

"I'll make a prediction for you. When those UFO's finally land and make contact with all of us, we're going to find their saucers fly with cone energy, zipping through space quicker than the sun can run.

"I won't live to see that. I've had enough of this earth plane. I'll be leaving on the day after Christmas, and let cone energy take me to my Maker. I bet they know more about it on the Other Side than we do."

Gloria's second prediction came true. She died peacefully in her sleep on the evening of December 26, 1978. So perhaps we will find flying saucers use cone-concepts to energize their craft.

HOW, WHEN AND WHERE TO USE YOUR NEW PSYCHIC ENERGY CONE

As you will have realized, the field is wide open for experimentation in working miracles with your *New Psychic Energy Cone*.

I can indicate but a few of the amazing successes which have been achieved with the Cone, and repeat my encouragement to you to experiment.

Basically, you need to place your Cone at or near the center of the area which needs its destiny-changing powers.

Because a Cone can be created as a thought form, exciting vistas open up. You could not, for instance, place a *real* Cone in the mind of another person. But you can visualize a *mental* Cone inside the head of anyone—and users of such a technique vow that they have worked wonders of control, love and manipulation by making such a mind picture.

You may recall old humorous pictures of schoolrooms where the slow learner has been banished to a corner to wear a dunce cap. That custom of exposing the allegedly dull-witted to ridicule has now died out. But the fascinating feature of that old cap was that it was invariably cone-shaped!

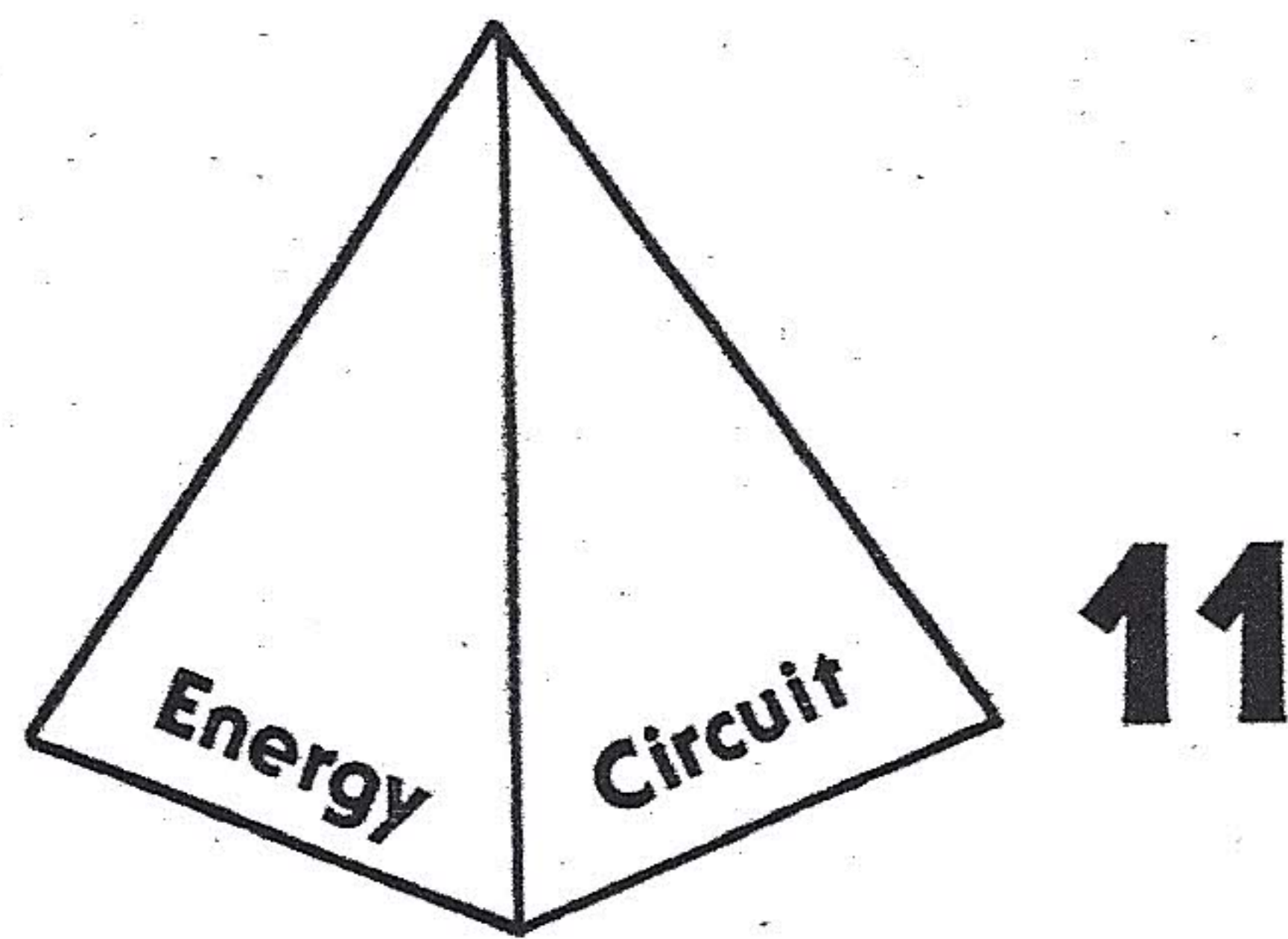
We could wonder if the custom of placing a conical hat on a dullard's head was originally intended to focus the power of the Cone on his brain and thus stir up potential mental powers. Certainly the conical hat is prominently featured in legend as the headgear of astrologers, wizards and other magical workers!

So the practice of placing a real or imaginary cone over their heads is used by some people when they wish to get the words exactly right in a letter, or they wish to write a creative poem or find inspiration for a book. However, due to the overtones of the apparently ridiculous dunce cap, none of the Cone-wearers known to me will permit me to identify them.

I would advise you to try the *New Psychic Energy Cone* on any condition which needs change for the better. Use it in conjunction with any other techniques or methods; it almost inevitably increases the available energy.

I know a car owner in eastern Canada who places a thought form of a large Cone over his automobile when he parks it on the street every night. Despite being in an area notorious for vandalism, in four years he has never had his car broken into, no one has so much as scratched his fenders, and he swears his car starts easily on the iciest morning while his neighbors are fussing with booster cables, aerosol starter sprays, tow starts and other expensive and time-wasting assists to balky, cold engines.

Simply stated, placing a *New Psychic Energy Cone* thought form close to anyone or anything which needs to be changed for your benefit can produce satisfying and amazing results. I would be interested to hear of your experiments if you write to me c/o of this publisher. While I can not guarantee to reply to all letters (I receive too many to personally answer every one), I'll be delighted to hear of your research and results.



Creating Your Total New Psychic Pyramidic Environment

The succession of the preceding ten Energy Circuits has developed the idea of what *New Psychic Energy Power* can do for you, and has offered various methods of tuning in to the Cosmic Tides to bring you health, wealth and happiness.

Here we begin to take the separate elements of this method and tie them into a logical, organized structure designed to bring results easily, unerringly and with minimum fuss.

MAKING YOUR AKASHIC LIST OF DESIRES AND NEEDS

Probably one of the worst things that could happen to you would be to have your every last wish come true right now, like today. The overload of bounty would be just too much for you to handle. You can confirm that easily by checking up on what has happened to lottery winners who have received really big prizes. In the majority of cases the

\$1,000,000 winners are more disturbed and unhappy than they were before their big windfall.

That's neither old-fashioned Puritanism nor sour grapes talking to you. That's cold fact. Check on it if you wish. You'll have trouble contacting some of the big winners. Most of them are forced into hiding, while a high percentage commit suicide, unable to cope with the sudden life changes which much money brings.

So right up front I implore you to take it slow and easy with your potential miracles. Use *New Psychic Energy Power* to alter your life to glowing ecstasy one easy step at a time so you can adapt to the changes without turmoil. Luckily, that's exactly the way *New Psychic Energy Power* tends to work. As I've repeatedly told you, *New Psychic Energy Power* transforms things for your greatest good.

The first step to achieving this transformation is to make an *Akashic List of Desires and Needs*. And your initial decision requires you to distinguish between the similar, but very different, concepts of a need on the one hand and a desire on the other.

A *need* is something which has priority; it's something which *must* be acquired or attended to. Lack of attention to a need inevitably leads to trouble, strife and turmoil.

A *desire* is less pressing, even if some seem more urgent at the time they occur. A desire is a yearning for something it would be nice to own or have happen, but if it has to wait awhile you will not suffer anything worse than a mild frustration.

Having gotten those definitions behind us we can proceed. We're about to construct a working plan to create ideal conditions for you to get the most out of life. It's called your *Akashic List of Desires and Needs*.

Although you could do this next as a purely mental process, I suggest you'll lend more clarity and force to it if you write them down. So equip yourself with paper and pencil, and away we go.

At the top, write "AKASHIC LIST, FIRST DRAFT." Now, as they come to mind, write down your desires and needs. All of them. Some will be material things, such as a new house, a new car, a private plane, a pool. Others will be abstract, such as good health, removal of frustration and the like. Others will concern relationships: a happy marriage, new and stimulating friends, a loving companion.

Let them all flow. Any lack or condition that needs changing for the better goes on your first draft.

Why are we doing this? It brings your problems out in the open, and shows which Cosmic Tides you need to attune with.

Have you written them all down? If so, begin on a fresh sheet of paper, heading it "AKASHIC LIST, SECOND DRAFT." Below that heading set up two columns, one headed "NEEDS" and the other "DESIRES."

In the light of the foregoing definitions, rewrite your list, putting the items under their appropriate headings. "\$600 to pay back rent," would definitely qualify to be listed under "NEEDS." "A mink coat" is probably a desire—although "a new coat" would go under "NEEDS" if your old one is threadbare and winter is coming.

Even when you think your second draft is complete it's almost certain you've missed some items. Frequently our most pressing needs may not be obvious to us.

So apply a *New Psychic Energy Power* technique from Energy Circuit 8 to identify items for your list you may have overlooked, or may even have failed to realize need to go onto your Akashic List.

In Energy Circuit 8 you were told how to use your *Rhinal Energy Focus* while sleeping. Use the same method to update and complete your Akashic List.

Use your *Rhinal Energy Focus* as described, writing "What have I missed from my Akashic List?" on the pad which you put beside your bed with the technique. The rest of the routine is exactly as previously described in Energy Circuit 8.

You'll be amazed in the morning to find you have not only identified previously unrecognized needs, but you may also have scribbled down quick solutions to existing ones!

Any new items which show up for your Akashic List should be added to it. And, of course, as soon as any needs or desires are satisfied, cross them off the list with a happy stroke of your pencil.

For very valid metaphysical reasons I suggest you carry out this *Rhinal Energy Focus* routine on alternate nights for a full month.

By the time the month has passed you'll have a comprehensive Akashic List, and you will naturally add or subtract from it during those weeks as your circumstances alter or further items occur to you.

As the weeks roll by, rewrite your Akashic List as you feel so inclined, heading it "THIRD DRAFT," "FOURTH DRAFT" and so on.

"MY AKASHIC LIST CAME TRUE LIKE ONE-TWO-THREE," WRITES RONALD D.

Pleasant to be able to record a total success. You could see Ronald D. as an A+ student of *New Psychic Energy Power*, and strive to emulate his example.

Apart from omitting his salutary introduction and close, the following is his letter in its entirety:

"You invited letters on how pyramid energy has worked for individuals. 'Very nicely, thank you' is my cheerful reply. I don't expect a reply to this letter as I know you're busy working, and I'm busy playing (for the first time in years) so I'll keep this as short as possible.

"My Akashic List was a long one. I needed everything from new shoes to a new personality, with a new body thrown in for good measure. I also needed a new (sexual reference deleted).

"I was poor, sick, weary, unloved, assailed by negative

people and neurotic to the point of paranoia. Mind if we give that a miss? All in my past now, and I never again want mental pictures of the way I was in those abject days to defile my memory.

"I'd much rather indicate the peak I've reached in the 24 months since *New Psychic Energy Power* went to bat for me.

"I made the journey around the four faces of the *New Psychic Energy Generator*.

"My biggest need was money to get debt collectors off my back, my front porch, and my telephone. The North Face techniques brought me a girl with money coming out of her ears, in a succession of flukes a fiction writer wouldn't dare to use in a story. As well as getting cash, that also aligned with my East Face for a compatible lover. Not only rich, but also a sexual athlete, would you believe!

"With the 'heavies' gone to bug other debtors I hardly needed the South Face except to get even with a particularly aggressive collector who'd made my life a misery. He met up with a guy bigger than he is and took a free ride to hospital.

"The West Face routines put me back on my feet again, and with the North Face in forward drive hurrying goodies to me in a golden shower, I'm set for life.

"My Akashic List came true like one-two-three, although to be strictly accurate, I guess I should match that to the four faces of the pyramid and say it came true like one-two-three-four!"

WHICH TECHNIQUES TO USE FOR MOST BRILLIANT RESULTS

Energy Circuits 3 through 6 identified which faces of your *New Psychic Energy Generator* are connected with what elements of your life.

Following your Akashic List updating with the month of *Rhinal Energy Focus* work, run through the list and identify which desires and needs go with which face of your *New Psychic Energy Generator*.

Mark each need or desire with its correct face name. It's easiest to use the initials "N," "E," "S" and "W" to identify north, east, south and west techniques respectively. Mark the appropriate initial against each item on your Akashic List. Put two or more initials against any item if you're in any doubt which category it falls under.

You now know which face techniques to apply to what problem as you move in on turning your *Akashic List of Desires and Needs* into sparkling satisfaction and total joy.

MARION S. "GOT IT RIGHT FIRST TIME" AND IS NOW A HAPPY MILLIONAIRE

Sure, I know I have said most people who win a million dollars are unhappy afterward. So Marion S. is one of the exceptions which prove the rule.

"I knew all about how big money upsets lives," Marion said. "I was prepared to take that chance. To walk into my bank and deposit a tax-free check for a million dollars was my abiding desire, yearning and craving. I saw myself doing it so hard, it hurt!"

Marion poured her heart and soul into trying to make her miracle come true, employing North Face routines on a daily basis.

"I devoured the *Golden Square of Prithivi* with my eyes," she said. "I *felt* that check in my fingers, *smelt* the ink as they piled crisp new \$1,000 bills in front of me, *heard* the rustle of paper, *tasted* the celebration champagne, *saw* the printed 'PAY TO THE ORDER OF MARION S. ONE MILLION DOLLARS.' All in my mind of course, but I made it so real the excitement stayed with me when I was through with the routine each day."

The objective of this dedicated pyramid work was to win big with one of the five Canadian lottery tickets Marion had bought.

"I kept them beside the Golden Square on the table until

the numbers were drawn," she relates. "I wanted to add every last quiver of energy to the process."

Marion could not take her eyes off the TV screen the night the draw was telecast.

"The first million-dollar number was nowhere near any of mine," she said. "So I just kept a picture of the Golden Square and the check in mind and waited."

The numbered balls were dropped into the random selection machine and the next number began.

"As they were read off from the left, they were *my* numbers," Marion recalls. "One of my tickets matched as the balls dropped. Only one gate was still flashing, which meant the ball had not yet fallen."

If that number was 3, Marion has won a million. If it was any other number from zero through 9, she would not win a thin dime.

"I remember whispering, 'Please God, let it be a three,' just as the last light stopped blinking," she said. "The girl stepped forward, took the last vital ball and held it up to the camera. At that precise instant my TV screen went on the blink. But by a miracle the sound continued."

The commentator strung out the suspense.

"And the last number, the one that makes all the difference ... the one we've been waiting for, the one which means some lucky person out there is a million dollars rich ... the final number is ... a three!"

Marion says she was suddenly very calm. She had become an instant millionaire.

"I thanked God, and then I thanked the Golden Square," she said, "although I see them as two faces of the same power. But Whoever or Whatever had granted me this boon, for once in my life I'd got it right the first time."

Marion experienced the joy of depositing her check, and has handled her fortune well. She bought a luxurious home and furnished it to her taste with about one-fifth of her windfall. The balance she has had invested in a trust fund which makes sure she will never need to earn another dime to

keep her in opulence, and will benefit her children when they most need it.

“I knew what I was doing,” she said. “In fact, when I won it was as though it was happening for the second time, so I felt no big trauma. My Golden Square rehearsals had prepared me in advance.”

A QUICK TRIP TOGETHER AROUND THE FOUR FACES

To clarify and remind you of what has gone before, we can now take a quick look at the four faces of the pyramid.

The North Face is simple: material wealth and possessions are north's domain. No problem at all to decide which items on your Akashic List should have the letter “N” (for North) written against them reminding you to use the *Golden Square of Prithivi* to bring these things you can see and touch, such as hard cash and assets.

The East Face brings glory and joy for abstract needs. Love and Peace of Mind are the provinces of the east. You'll append the letter “E” to all emotional disturbances you wish dispelled with the help of the *Blue Circle of Vayu*.

Next to the South Face where you tune in to Protection and Offense. Read Energy Circuit 5 carefully before applying the magic of the *Scarlet Triangle of Tejas*—as noted, protection is often more peaceful than all-out war!

Finally, to the West Face to create abundant energy and total well-being for yourself, centered on the *Silver Crescent of Apas*.

KNOW YOUR DESTINY BY USING THE HORUS FUTURE TECHNIQUE

A part of your subconscious mind is able to travel up the time path into the future and bring back data which tells what's going to happen. J.W. Dunne conclusively proved that

by statistical experimentation, and wrote about it in his book, *An Experiment with Time*.

However, unless you're a practicing psychic it's a definite challenge to get in touch with that part of your mind which can tell you tomorrow's events as clearly as a newspaper can tell you about yesterday's.

Herewith a technique which opens that door to your subconscious: the amazing *Horus Future Technique*.

What this method does is to instill in you the valuable ability known as "dreaming true." As you sleep, your future-knowing facility automatically feeds clear pictures into your mind, and they are experienced as dreams. When you wake in the morning, you find you retain clear and precise images of what's upcoming for you. With the addition of *New Psychic Energy Power* techniques, the information you receive is precisely tailored to ensure your growth, stability, security, happiness and well-being.

Knowing the future is excellent, but that's such a wide vista, you need to define a target or two.

So you decide what part of the future you wish to view, using methods already learned in this book.

If you wish to see what's going to happen moneywise, or what's the best move to make regarding a sale of an asset or the purchase of some material possession, you'll incorporate North Face influences.

If you wish to see how to achieve peace of mind, how it will come or who your lover will be, East Face influences are required.

Maybe you need to know who your enemies are, how to overcome them or what dangers you need to protect against. Using South Face methods will ensure such advance information being given to you.

Seeking your future health picture? Use West Face influences, and grow well and strong while avoiding any potential debilitating factors the future may hold.

Following the next case history, you'll be shown precisely how to apply this thrilling method of parting the mists of time to discover what destiny has in store for you. If you like the

picture presented, you can lie back and revel in it; if the coming events are not to your satisfaction, you can simply apply the correct *New Psychic Energy Power* technique and evade the projected circumstances.

THE HORUS FUTURE TECHNIQUE SHOWED HER WHAT NUMBERS TO PLAY

The slow clap of the security men rose above the hum of voices and click of wheels and dice in the casino. Those in the know straightened up and looked around them. The clapping meant someone was winning, and not peanuts at that!

A telescope was unnecessary to detect the center of the action. A girl was laying down chips on the roulette wheel from a bigger pile of high denomination chips under her trembling hands. At almost every spin the croupier pushed more chips into her pile.

"I had a written list of numbers hidden in my hand," Abbie D., our lucky winner said. "All I had to do was follow the list and place chips on those numbers. As soon as I won, I went to the next number on the list.

"My scribbled note even told me what time to start gambling. I went into the casino with \$50 and came out with \$23,700. My first bet was \$10 of my own money. That won \$350 on the first spin. After that I was able to play with the casino's money, betting \$100 a spin. I stopped when my eighth and final number had come up."

No, Abbie was not in cahoots with the croupier. She had not fixed the wheel. Neither had a dying gambler pressed the numbers on her in gratitude for a last drink of water, as happens in fiction.

Abbie had written those numbers herself, that morning. She had gloriously proven the efficiency of the *Horus Future Technique*, using the precise method described in the next section.

"There's little to tell," Abbie said. "I was in Vegas, and took my *New Psychic Energy Generator* along. Before I went

to bed I looked at the Golden Square carrying the thought I would like to know about any winning numbers in my future.

“I woke with a picture of a digital clock at the front of my mind. I wrote down 4:00 p.m. and the date which it was showing and that brought a number to mind. As I scrawled it on my pad, seven more numbers came back to me out of my dreams. I scribbled them down also.

“I spent the day in happy anticipation, arriving at the table in time to make my first win, which spiraled into more money than I’ve ever seen in my life before.”

HOW TO WORK THE HORUS FUTURE TECHNIQUE

The *Horus Future Technique* takes a few minutes of preparation just before you retire to bed.

First and foremost, make sure you have a paper and pencil handy when you wake; dreams have a habit of slipping away before you’ve finished your first cup of coffee. You need to make your first morning move that of picking up your pad and recording the highlights of the night’s dreams.

But that’s jumping the gun. We have yet to “trigger” those dreams correctly.

Decide what you wish to know about your future, and which face of the pyramid applies to the area you wish to examine. Having decided, sit down and view the appropriate symbol on your *New Psychic Energy Generator* for two minutes. Whether you’re looking at the gold, blue, scarlet or silver symbol, try to impress it on your mind.

When the two minutes are up, climb into bed, turn out the light (or darken the room if you sleep during the day), and close your eyes. Recall the symbol you’ve been gazing at. Remember its shape and color.

Begin counting slowly, in your mind, from one to whatever total you reach as you drift into sleep.

As you realize you’re waking up in the morning, reach for your pencil and while holding in your mind *the very first thing*

you thought of as you were coming to consciousness, write down your dream or dreams.

Holding to that "first thought" as you start to write will trigger your mind into handing you your dream, even if you're a person who has often said "I never dream."

The clarity and accuracy of this news of the future can amaze you. However, note the advice which follows the next case history if you wish your future knowing to achieve maximum potential and value.

**TOM A. WAS "NOWHERE" A YEAR AGO:
NOW HE'S "ON TOP OF THE HEAP"**

"It was a dream that brought me from nowhere a year ago and put me on top of the heap," plutocrat Tom A. said. "I sometimes wonder if this is still a dream, and have to pinch myself to be sure I'm awake."

He was recording those words for this book in a Lear jet, cruising smoothly high above the sparkling sea. The sun glittered on his huge diamond stickpin and emerald ring as he accepted a rare brandy from his personal valet.

"I'm on my way to my private island," he said, "having gotten a mite bored with the jetset whoop-de-do in San Francisco. I dropped by to see the books at my electronics plant before I departed. Another five million for me—sometimes I wonder what to do with all the cash rolling in."

Scant months before, Tom had been down and almost out. His artisan job with a milling company had folded and his future looked bleak.

"The employment people offered me a hog-farming job up north, sweeping a National Monument in California, or janitoring in Chicago," Tom recorded. "They all sounded like a drag, but a bit better than food stamps. Yet which one was I to choose?"

A new leisure interest for Tom was Pyramid Energy, although he had merely trifled with it, not anticipating it would be of any help.

"I'd recently come across the *Horus Future Technique* and this seemed a good time to give it a work-out," Tom said. "I had trouble deciding which face to view, so I did it by elimination. Health and strength it wasn't, so the West Face I could forget. Protection? I decided not, so now it was between the East and North Faces.

"I finally settled for the East Face, debating before I viewed the Blue Circle what would bring me most peace of mind. I counted and dropped asleep."

Tom says he has no recall of writing on his paper next morning, but when he was fully awake the written words jogged his memory.

"Until I read the paper I was quite sure I had not dreamed," he said. "But seeing 'Pig, Beard, Mansion, Money' barely legible on the sheet brought back a fleeting glimpse of a dream of a bearded man giving me a wad of bills to bed down some pigs in an oceanfront property."

Tom figured that meant he should go farming with the grunTERS.

"Wowie! The *Horus Future Technique* was right, even if I'd only got part of it and garbled at that," he said. "The owner of the pig farm, a bearded old guy by the way, was rolling in dough. A week after I started with him as hogsitter he decided to give it all up, sell the herd, and move to warmer climes.

"He kept me on in a new position he called 'Entertainment Admiral,' whistled up his private cruiser and off we sailed to the Bahamas. All I had to do was draw on a bottomless expense account to arrange parties and other diversions. The old boy was paying me so much I was able to hire a guy to work for me! All I did was say, 'Friday we'll be in Georgetown so let's make that orgy-town' and it was fixed.

"That went on for half a year, then the old guy said he was going to retire me on a pension for meritorious service. Said he'd see me all right, and it was tax deductible anyway. He threw a fabulous farewell party for me, but didn't say a word about the pension.

“As I was packing to leave the next day, with a kingsize hangover, a servant brought me an envelope. Inside were the deeds to a superb waterfront property in Los Angeles, all expenses paid for 20 years, and a legal contract making me sole owner of a thriving semiconductor manufacturing plant.

“When I went to thank him, I found the old boy had flown to Australia to see a girlfriend for the weekend.”

Tom was fixed for life. Now he emulates his benefactor. Occasionally they meet and exchange experiences over a mint julep.

“I once asked him why he did all that for me when he’d known me only as an employee for a few months,” Tom said. “The old guy harrumphed and hawed, and actually blushed. I squeezed it out of him in the end.

“Seems he’d had my baggage searched when I first arrived just in case I was a thug planning to knock him off and steal his cash. He copied the *Horus Future Technique* because he didn’t understand it at first glance. Then he tried it out and that started us on the move to the Bahamas. He used the technique regularly and guided his investments and future path even more successfully.

“His gesture to me was merely a big fat thank-you, even if I didn’t know why at the time.”

POINTS TO WATCH TO REFINE YOUR NEW PSYCHIC ENERGY POWER

Briefly, I have one word for you to ensure unbelievable success with your *New Psychic Energy Power*. That word is: **PRACTICE!**

You’re opening up paths in your mind which have never before felt the quiver of neurons. Your whole mind, body and soul is harmonizing with Cosmic Energies which you may have been battling against for years.

So although some readers will instantly see ecstatic

results, others will need to run the techniques a number of times to get their metaphysical muscles in trim.

Your conscious mind can also be an inhibiting factor which slows down results: strong prejudices or early conditioning can mean you'll take longer than average to accept the incredible benefits which accrue from tuning in to the Cosmic Tides.

The life-shaping energy fields of destiny are all around you. The techniques for aligning with them are in this book.

The only other factor in the equation is *you*. Apply the techniques. Then instead of fighting a losing battle against the Cosmos you most assuredly will see the truly fantastic consequences of harmonizing with the energies of destiny which can carry you to supreme happiness and contentment.

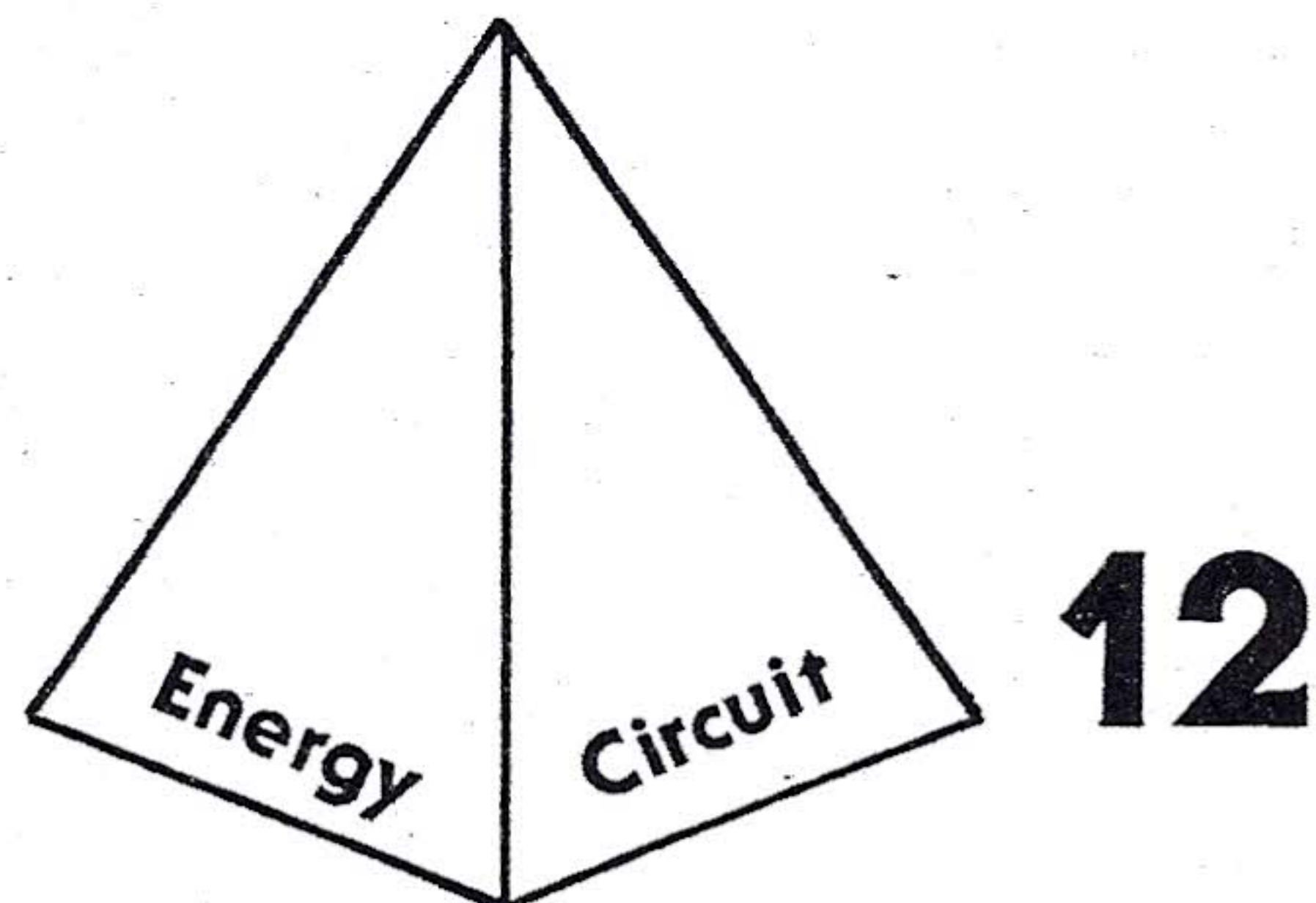
An important thought fits well right here. When working any of the methods described in these pages, do not struggle and strain to get results. A relaxed mind and body is far easier for the Tides to manipulate for greatest effect.

So if you're habitually tense and nervous, you could consider starting a routine of lying down and telling yourself to relax for a few minutes a day, every day.

Some people will actually feel guilty about such apparent "escapism." Lying down and deliberately trying to think of nothing and letting strains and stresses flow out of their bodies is seen as a waste of valuable time.

Believe me, it's not a waste of anything! As you lie down and relax, tell yourself it's O.K. to ignore your problems for a little while. Sure, you'll attend to anything that needs doing when you've finished relaxing, but just for ten minutes or so make your priority that of unwinding and letting yourself ride with Cosmic Tides.

No need to take my word for it. Try it, regularly, for a couple of weeks. You'll be the first to witness the incredible benefits.



Journey to the Apex for a Lifetime of Miracles

To fully explain the theme of this Energy Circuit, I would have to write another complete book. One day I shall do that, where we explore metaphysical realms known as the etheric, the astral and the causal planes.

We would discover the concepts which have prompted latter-day scientists to suggest that this universe resembles nothing so much as a Cosmic Thought in the mind of God. We would gain an inkling of the total 'one-ness' of this existence, where we exist as a shimmering energy pattern forming a necessary part of a greater energy pattern.

Above all we would realize that you are much more than a physical body with a brain and mind. We would find that you have your existence as a person and individual in unimaginable planes of existence, and that your physical presence is only a tiny part of your total being which stretches from here to the stars and far beyond, from the forgotten past into the infinite future, and into other planes of awareness partly explored by dedicated mystics.

So you will find mystery in this final Energy Circuit. Some mystery because space does not permit full explanation, and because such explanation is superfluous to the purpose of this particular book. But more mystery because the human mind is not yet equipped to grasp the concepts and put them into words on a printed page.

We are going to take a journey together, and the purpose of that journey revolves around two metaphysical maxims. The first states: "Once the preparations have been properly made, the result is already a fact."

The second states: "Anything performed in the Astral Plane will assuredly become physical reality when time has wrought its magic on the Astral formation."

I state those for information only. If you understand those maxims, all well and good. If they are part of the mystery of this Energy Circuit as far as you are concerned, have no worries: by following me along a mental path, guided by my words, you will achieve results. There is no more need for you to understand the precise "why" of it, than there is for you to be an engineer and fully understand why your car works before you drive it!

This journey takes place purely in your mind. You are going to aid your attunement with the Tides by setting up and preparing conditions in the Astral Plane.

THE JOURNEY TOGETHER SO FAR

Before you take any journey, certain preparations have to be made.

Whether it's a familiar vacation trip or an expedition to the Brazilian interior, you have to pack clothes, arrange for accommodation of some sort, check your transport, confirm your provisions and similar chores.

All the 11 foregoing Energy Circuits partly represent such preparations. Even though they have incredibly wonderful side effects in the shape of bringing your wishes into reality, the exercises and techniques so far described have

been carefully designed to prepare your mind, body and soul to take a guided tour of the *Astral City of New Psychic Energy Power*.

THE ASTRAL CITY OF NEW PSYCHIC ENERGY POWER

You will not find the *Astral City of New Psychic Energy Power* marked on any map. No registered Travel Agent will sell you a package tour of that wonderful place.

Yet the Astral City exists. But not in the material plane, on the surface of the Earth. Nor in, under or above this Earth, either—leastwise, not any distance you can measure with a steel tape and theodolite. And we're not about to travel to the stars and planets in search of this elusive Astral City.

As its name implies, the *Astral City of New Psychic Energy Power* exists on the Astral Plane, a realm which is close by. And the door for your awareness, the real You, to pass through to reach the Astral City is within your own mind.

You've visited the Astral City many times, in sleep. Your awareness regularly roams its tree-lined avenues and green parks.

Part of what I'm going to do is tell you more about the Astral City, so your memory is tweaked. Then some time in the future, while your physical body lies deeply sleeping, your dreaming self will not only visit the Astral City but will also bring back some of the ineffable peace and incredibly glorious feelings of fulfillment, so they carry over into your waking life.

"VISITING" THE ASTRAL CITY TURNED LIFE AROUND FOR SCOTT B.

"I am not much a word person. Actions always spoke louder than words to me," attests Scott B. "As requested, I

will try to tell how my involvement with the Astral City turned my life around."

Scott is a long-time acquaintance of mine. We first encountered each other at a seminar I was holding on astral travel in 1973. Part of the induction consists of a journey to the Astral City, taken in a group. After the experience, individuals are invited to keep in touch to relate what experiences transpired.

"On Monday morning, that is two days after the group session at the seminar, I awoke feeling invigorated and refreshed, anxious to be up and doing," Scott wrote. "Unusual for me—I have always been a 'Blue Monday' type.

"I kept a specially vivid dream of the Astral City. I seemed to have met a guardian angel or some such entity. If you recall, at the seminar I had placed the idea of escaping from the ratrace as my major goal in life."

Scott's narrative continues by witnessing the fact that he was much more relaxed and peaceful than usual. His week at work went with less stress.

"I was a metal-press operator," he said. "Usually by the weekend the noise and hassles had me sniping at my workmates, threatening to beat up on my wife, and spending Saturday unwinding with a crate of beer.

"Each night during that unusual week I dreamed I was drawing closer to a source of harmony and light, and this is where words to describe it fail me. On the Saturday of that week I hopped out of bed like a teenager, singing and whistling, on top of the world. My wife found it most unexpected."

Scott found he was anxious to be on the move. By 9:00 a.m. he was driving his rec vehicle down the highway.

"I was laughing and joking," Scott said. "My wife and kids, riding with me, were stunned. It was the first Saturday in five years I had not crawled out of bed at noon, wolfed a bite to eat, then vanished unshaven and unapproachable into the den, popped a can of beer and turned on the TV, emerging snarling for more food at sundown.

“We arrived at the lake and got set up for a little fishing, relaxing and play.”

Thus the curtain went up on a new phase of life for Scott.

“We met a painter that weekend, and visited his art studio in the hills,” Scott said. “We became close friends, and both my wife and I took up landscape painting. That was a laugh: I didn’t dare tell my colleagues for a long while—I thought those jocks would say I was losing my masculinity. Yes, I was *that* macho!

“I became a competent artist. Not Renoir or Constable, but steadily selling my work. Soon we were making more at spare-time painting than I was pulling down at the bench. Upshot was I quit and painted fulltime. We bought a big old house on a couple of acres with a mountain view and made it our studio and home.

“Just as I’d announced as a target at the seminar, I had left the ratrace behind. I’m my own boss now, working as and when I please, with no pressure, no problems. Not rich, but comfortable and always enough for immediate needs. My family relationships have improved out of all recognition, and I have a peaceful knowledge inside of me that’s the way it’s going to be from now on.

“My next project is to paint a picture of the Astral City the way it seems to me. I shall try to bring out the serenity and security of that holy place, as a testimony to the new life I’ve found from it.”

EXPLORE THE ASTRAL CITY WITHOUT LIFTING A FINGER

Your first fully recalled journeys to the *Astral City of New Psychic Energy Power* will take place while you sleep. You will awaken to recall the City as an especially vivid dream. A dream so sharp and real, carrying such overtones of quietude and security, you’ll never feel harassed, threatened or insecure again.

You'll begin to enter that incredibly *peaceful* life of the Adept where the *true* meaning of Jesus' words, "Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself," becomes part of your life.

Later you'll be able to sit quietly in a chair in your leisure time and move your awareness to the Astral City without going to sleep.

Here I will give you an outline of the journey you take in your mind. As you practice this, the Astral sleeping experience will fill in the details until the Astral City becomes as familiar to you as your own home town.

Read the following words slowly, stopping at frequent intervals to close your eyes and think about what I am describing.

"We are standing together on an open windswept plain or prairie, with low rolling hills in the distance.

"A broad, straight gravel road leads through the grass and scrub to the hills. We walk forward along the road, and the hills come closer.

"The road slopes upward and we approach the summit, and as we pass over the crest of the hill we see a green, lush valley before us.

"And on a hill on the other side of the valley towers a great gray stone wall, surrounding a city. That is the *Astral City of New Psychic Energy Power*.

"We can see a great iron-studded wooden gate in the wall as we approach after crossing the valley. Sentries pace the walls above.

"We arrive together at the base of the wall to find rough stonework pillars on either side of the great gate. Above, a sentry calls, asking our business.

"Reply: 'We are seekers who have come to the gates of the Astral City. In the Name of Those who built this City, and in the Name of Him who built Them, open the gates.'

"The mighty gates swing back, showing us the Astral City within the walls, bathed in sunlight.

"A broad avenue flanked by graceful trees leads straight

from the gate toward a flat-topped pyramid in the center of the City.

“We walk out of the shadow of the gate along the avenue. We reach the base of the pyramid which now towers above us. It is built in steps which we begin to mount.

“The going is easy as we climb the 32 steps which lead to the flat top of the pyramid. As our eyes come level with the top step we see a massive white marble Hall in the center of the top.

“We reach the top step and walk toward the Hall across a marble forecourt, smoothed by the feet of multitudes who have taken this journey before us.

“We step inside the Hall, to see a vaulted roof high above us. In the center of the echoing Hall is a double cube of stone.

“We stand before the smooth white double cube of stone in the center of the Hall. The two cubes stand side by side, each three feet high.

“A shaft of pure white light descends from above and illuminates you. As you stand in this glorious spotlight, think about your *Akashic List of Desires and Needs*. Consider your main goal in life. What do you wish to be? What do you wish to have? Where do you wish to be?

“Think about achieving your goal. Enjoy it, as if it had already happened. Experience it. Be *in* it. Live it in your mind.

“In this Astral Place your goal is created.

“And it is now time to leave the Hall—but you will encounter this place many times again. Now that you know the way you will return.

“Turn and walk out to the brightness and down the steps, seeing the Astral City spread out below you. Walk the avenue to the gate which admitted us. As the gate swings open pass through and walk down the hill toward a river which crosses the valley below.

“We find a graceful boat moored to the bank. We step aboard and the boat drifts out on the waters, moving with the currents and tides.

“You are returning to the real world, the here and now.”

Read that foregoing passage to yourself before retiring on any night you are not doing *Rhinal Energy Focus* work on your Akashic List (as described in Energy Circuit 11).

PEGGY R. LEARNED SECRET NEWS IN THE ASTRAL CITY

Something mysteriously disturbing was going on in Peggy R.'s life. She had an ominous dread of the future. Intuitively she felt her security was threatened by coming events.

"Nothing I could describe in words," she said, "but it was making me irritable and jumpy. I was wound up like a bowstring, snapping at my husband and cutting the kids off at the knees.

"My previously acceptable, if unexciting, marriage started to fray at the seams. If I didn't get my head straight soon we were heading for a separation. I tried to throw it off but the cloud of pending doom grew thicker.

"I fought to relax, looking for leisure involvements to take my mind off this hovering menace. I was starting to wonder if I'd been bewitched."

That train of thought led Peggy to psychic and metaphysical books, especially as she found reading helped her to ignore the feelings of calamity which haunted her.

"The library books offered me plenty of possibilities of what could be going on, some of them scary. Yet I found no firm direction on how to get out from under this sensation. That was before I read about the Astral City."

Sitting quietly, musing about the concept of the Astral City she had just read, Peggy drifted into a reverie.

"I knew perfectly well I was sitting in the good chair in the living room, with the kids yelling in the yard and my husband watching TV in the rec room. Yet my attention—my awareness, I guess you would call it—was in the Astral City.

"I saw the Hall, and stood on the pyramid. And on a smooth marble wall before me, something like a movie

flickered into being. I was looking down on our house, as if from a helicopter, and dust was billowing up all around it. Bulldozers and diggers were wrecking the whole area. Behind the destruction crept other machines, burrowing through the ground.

"The scene shifted to a small village some ten miles from our home. It too was being rebuilt, but where the wrecking around our home had been ominous and threatening, the expansion of the village seemed happy and ongoing. Just before the vision faded I saw an airy, contemporary structure rising, surrounded by new town houses and separate homes. I somehow knew I was seeing a haven of peace for us all. Then I found myself firmly back in the living room."

Thus began a relocation for Peggy and her family.

"I discussed the whole picture with my husband," Peggy said. "Probably to keep me quiet he took me to see some real estate in that village I'd seen in my vision. Prices were real low in that backwater."

Within six months Peggy and her family were installed in a beautiful home on a bluff overlooking the river which meandered through the village.

"We sold our old house for an excellent price and my husband found new work within walking distance of home, where previously he had commuted 80 miles each day," Peggy related. "The feelings of doom receded, yet I was still puzzled about the vision. Had it all been symbolic of destroying an old life and rebuilding afresh?"

It was more than that. Within a year, plans for a rapid transit system were passed in the city. A spur line was approved to run underground and surface at the village where Peggy had relocated.

"Just as I saw it so long before, our old house and the surroundings were bulldozed into rubble. Property prices fell drastically there. If we'd stayed we'd have gotten only a fraction of our home's value when it was taken over," Peggy said. "On the other hand our village grew to modern maturity with the influx of dormitory workers using the new subway.

“We had bought an unused lot for a song in the village soon after we moved there. I had persuaded my husband it was an investment. The final proof of my vision fell into place soon after.

“On that lot has risen the office and apartment complex I saw. The developers bought our lot for an incredible price, and our new home has doubled in value.

“The secret news I received in the Astral City certainly paid off for us in the material world.”

CREATING LIFE MIRACLES BY VISITING THE ASTRAL CITY

When you reach the flat top of the pyramid in the *Astral City of New Psychic Energy Power*, and enter the white marble hall, you know two things.

First, that you're harmonized with all four of the Cosmic Tides, and can expect to see frustrations and obstacles dissolving like butter on a hot bun.

Second, you've reached a powerful state of mind where whatever you picture with your brain will assuredly become reality and fact, *provided you're able to handle the consequences of what you're visualizing.*

Those last few words reinforce the concept of *New Psychic Energy Power*. The surging Tides of the Cosmos are on your side: their purpose is to carry you to well-being if you'll float along with them. If unsuspected obstacles can come from the fulfillment of a need or desire you demand to be met, the Tides will wait until the time is right and you're ready to gain greatest harmony from that happening.

This is why we hear William Cowper's words often quoted: “God moves in a mysterious way, His wonders to perform.” Destiny (which you can consider as the manifestation of the Prime Mover's Will) may take you to happiness by a different route from the one your logic seems to indicate.

So if you're demanding a miracle and it fails to materialize, know that the Cosmic Tides are telling you something.

They're suggesting that you're aiming incorrectly, and happiness will come to you from a different direction—one you may least expect, after life events which you were unaware were coming.

Note in the next case history how Mike reached success in a totally unexpected manner.

ALSO-RAN MIKE H. IS A BIG WINNER TODAY

"I always thought the way to material wealth and comfort was to have a multiple bet come up at the track, or failing that, to be left a fortune by a rich aunt," Mike H. said. "If I ever had any rich relatives I never heard about them, and my luck on the horses was lousy. But that didn't stop me from trying to get wealthy from gambling."

Mike cannot recall how Pyramid Energy came into his life. He thinks he heard about it from a friend. Its chief attraction for Mike was that it apparently promised vast riches.

"So my mind picture was of me in a sharp suit with a roll of bills thick as your wrist in my pocket," he said. "I'd see myself lining up to collect winning bets, to the envy of the losers.

"But that picture stayed in my mind. At the track I continued to tear up my losing tickets as my selections finished out of the money."

Later Mike was able to smile at how his mental picture dropped into focus in a different way.

"I'd been laid off from my construction job," Mike related. "At the unemployment center I heard something new was in town. An outfit from Burbank was shooting a movie and was hiring extras like crazy."

Mike gladly took the temporary job and spent a week in work which was totally new to him.

"I enjoyed it hugely," he said, "and I also enjoyed the pay. On the third day they needed someone to walk on in a

bar scene and be roughed up. The casting director picked me out, saying I was a natural for the part. Wardrobe tricked me out to look like a city gent, and I did my bit."

At the end of the day's shooting, Mike, still in costume, had just collected his pay, when the director buttonholed him.

"He said the producer liked my style in the bar scene, and was I interested in a bigger part? I jumped at the chance," Mike recalls, "and some of the guys I'd met on the set congratulated me, although I could see they wished they'd got the part instead of yours truly."

That exposure was Mike's step into riches. He does regular TV and movie work now, and his agent finds him in steady demand.

"John Travolta I'm not," Mike said, "but I'm making a fantastic living about ten times better than in construction.

"Took me months to see how Pyramid Energy had put it together. The sharp suit, the money, the envy of the losers—it was all there, only it wasn't at the track. It was on a movie set, and that's somewhere I'd never imagined myself. Pyramid Energy, you're a great friend to come home to!"

NEW PSYCHIC ENERGY POWER COMBINES PERFECTLY WITH YOUR RELIGION AND PHILOSOPHIES

Several times so far I have mentioned your Creator, God, the Prime Mover, and other titles attributed to the Great Architect who designed this fabulous universe we inhabit.

Yet some of you will nurse doubts, simply because some of the concepts offered are not those you will find in your average Sunday school class. Thus I know if I omit the following, I will receive sacks of letters asking me if this method of making life peaceful and full is connected with pagan worship, "forbidden" knowledge or worse.

Whatever your religion, the promise it offers is ultimate peace and glory. You may see your God as a benevolent bearded patriarch, or as an Omnipotent One too glorious to

be approached except through His emissaries, or your God may even be pantheistic, evident only in the miraculous way this whole Cosmos operates.

Whatever your beliefs, the energies and powers we have been investigating are truly part of your Creator's plan, and they are provided to carry you to happiness if you'll allow them to.

That's the basic credo of this book. No matter what religion you adhere to, nothing I have suggested you do is in conflict with any theological understandings of which I am aware.

That clear-cut and unequivocal guarantee should reassure anyone who is even faintly worried about the new realms of the mind we are exploring here.

TERRI L. TELLS HER SUCCESS STORY IN HER OWN WORDS

I will not attempt to paraphrase Terri L.'s own words. Share her joy as she allegorically relates how Pyramid Energy swept her to sublime happiness.

"I suppose, like Alice, I should begin at the beginning, go on to the end and then stop. Except there never was a beginning I can recall, and the end is not yet—with each day bringing greater delights and wonders. Words are but blunt tools to sculpt an epitaph on the blank catacombs of the past.

"I labored each day in a dark prison. A prison not so much of the body but of the mind. Pain, cold and grief were my companions; hunger and poverty my oppressors. My heart beat unwillingly, awaiting a release that never came.

"Each dawn was the gray herald of dull tragedy, another rusting nail in a coffin of sorrow and hopelessness. The sun might shine on others, but I was the outcast in the shadows.

"I fought. God, how I fought! To the limits of my aching body, my fevered brow, my failing spirit, I strove to raise myself from the pit of black ugliness where the touch of a

friendly hand would have been heaven, and a kindly word a rapture beyond price.

“No hand moved in the darkness, except to take, and beat, invade, and exit. No mouth formed words to aid me in my agony. Dull and mindless, I felt that destiny lay on my soul like a rotting corpse, eyeless and reeking, pressing me deeper into the slimy depths.

“Yet did I see a light in that timeless place. A small brave light. Who dared illumine that dank dungeon of depravity?

“My chains, my bonds ... they tremble, fray and fall! A tremulous flame of hope stirs in my breast, reflecting the greater glory shining on the path ahead. Move, failing limbs. Draw on the Power. Begone, ye bats of blackness!

“I walk, gaining strength. Toward the Light. A great door reverberates sullenly in the night of terror behind me. I am bedazzled ... clean ... free!

“Sweet as nectar flow the tears of joy. Protective are the arms around me. Strangers greet me, strangers named warmth, comfort and peace. Strangers no more, for they are with me to eternity.

“You will excuse me, please, for my Prince cometh. We go together to the Hall in our benison of love, to bathe in wealth beyond imagery. Riches to feed the body; riches to expand the mind; riches to weave a symphony to which my soul sings.

“Dawn brings myriad delights, new days a tranquil knowing of harmony. And the night, a gentle swinging of time's pendulum, brings repose to prepare again for the coming of the Light which ever shines.”

Terri's words, mystic and obscure for some, describe her transformation from disease-ravaged prostitute to volunteer worker at a spiritual retreat in Canada, after encountering Pyramid Energy concepts.

She hopes others will gain such inspiration, and reach those sublime heights where the meanings and truths underlying her words can be fully understood.

**REACH OUT FOR IT AND NEW PSYCHIC
ENERGY POWER WILL BRING IT TO YOU**

Sincere thanks to you for staying with me throughout these pages. Your time and efforts are appreciated, not only by myself, the author of this book, but more importantly by the Cosmic Tides that shape your destiny.

The first results of your application are already shaping up in the unseen planes. Your Akashic List is a fact. Your needs and desires are recorded, both on paper and in your future. Perhaps for the very first time in your life, you're learning to let Cosmic Tides carry you along to glory, to see your life turned around to happiness the like of which you have never considered in your most wishful fantasies.

What has been our objective throughout these pages?

In summary, we have proposed that any lack or discomfort in your life is due to your unwitting or deliberate misalignment with the Creative Tides of this incredible universe.

Then we have learned simple techniques by means of which to swim *with* those Tides so you are effortlessly provided with all the things you have been missing for so long.

Enjoy your future, and may the Cosmic Energies bring you the feeling of harmony, peace and happiness which is not only your birthright, but is the way the Great Architect intended life to be.

New Psychic Energy Power is yours, to revel in, to soak away your cares and pains and replace them with peace, tranquility and all the perfection of this Cosmos.

Swim in the tides, relax and float to your ecstatic destiny as the harmony of the Cosmic Spheres invites you to. If you prefer the phrase, "Let go and let God."

We will meet in the Astral City, you and I, in the Hall. May you soon acquire clear memories of those meetings, and others far more transcendental. Until then, farewell.

(continued from front flap)

which he says are part of your physical body and from which he says you can draw an unending stream of vital energy.

In this book Geof Gray-Cobb takes you around the Four Faces of the Pyramid: The North Face of Material Wealth—The East Face of Love and Peace of Mind—The South Side of Protection and Offense—and The West Side of Health and Strength!

Author Geof Gray-Cobb even provides you with instructions for the construction of a simple but powerful New Psychic Energy Generator that he says will become a "tangible and visible source of your miracle-working energy."

"I've found New Psychic Energy Power to be one of the greatest life-manipulating energies around," reports the author. "This is a simple way to happiness, and you're already on your way there. I know: New Psychic Energy Power planned it that way."

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by Geof Gray-Cobb

Beginning with the Ancient Secret Powers of the Pyramids and introducing New Psychic Energy Power, Geof Gray-Cobb reveals how, he says, you can gain control of your Destiny and possess anything you desire—be it riches, companionship, health, or peace of mind—by aligning your mind with the incredible power of the Universe!

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ABOUT THE AUTHOR



GEOF GRAY-COBB has spent much of his adult life investigating the mysteries of psychic energies. During his travels, which have taken him from NASA satellite tracking stations to the homes of African witch doctors, he says that personal application of powers of the mind to his own life have brought him wealth, fame, and fulfilment. He is skilled in many of the occult arts, and demonstrates his mastery of astrology as resident astrologer on the BOB McLEAN SHOW for CBC-TV. He has researched numerology, palmistry, graphology, automatic writing, trance mediumship, Tarot card reading, clairvoyance, telepathy, divination, reincarnation and psychometry, and asserts that he applied these occult arts and sciences to achieve happiness and contentment. "I have many diplomas, degrees, and honorary awards and titles," he says, "but I see them as merely pieces of paper. The proof of psychic power comes from tangible results which I have achieved, and any of my readers can do likewise." Travelling the world, appearing on TV and radio, he has been the subject of numerous articles and features in international media publications.