

Class 15 – Athames 1

Covered in this Class

1. Preparation for This Class
2. Athame Selection
3. Keying Your Athame
4. Storing and Maintaining Your Athame
5. Color Vee
6. Broadcast Patterns
7. Additional Notes on Using Your Athame
8. Creating Omnils With Your Athame
9. Fire Door Shields and Window Curtains
10. Fire Half Shields
11. Exit Ritual, Day Greetings and Day Endings

1. Preparation for This Class

- *Video Clips:* Keying the Athame, Fire Omnils, Fire Half Shields, Fire Door Shields and Window Curtains

2. Athame Selection

You will need an Athame (magical knife) for this class. Your Athame should:

- Be a quality single-edged blade (double edged blades are too hard to control for your first Athame)
- Have a straight edge (curved edges are difficult to control or project beams from)
- Made of high carbon, nickel alloy or chrome alloy steel
- Have a full tang, meaning that the steel goes all the way through the handle, or nearly all the way through the handle
- Not be a folding knife
- Have a sheath for storage made of all natural material such as leather

You can choose anything from a kitchen knife to a hunting knife. Pick a knife that you enjoy holding and fits comfortably in your hand. You can use your Athame for everyday use since a keyed knife stays sharper than an ordinary knife. Many of our students find Athames in hunting stores and pawnshops.

3. Keying Your Athame

Keying clears out any junky energy from your Athame, lines up the molecules so that the energy only flows in one direction (from base to tip), and personalizes the Athame to you.

To key your Athame, you will need a:

- Sun yellow candle
- Sturdy magnet or lodestone at least ½ inch wide
- Firebowl

Keying your Athame

1. Sit in the South facing North.
2. Test the energetic feel of the Athame before keying by running your hands over the tool or running the Athame down and slightly above the surface of your arm.
3. Light your Sun yellow candle.
4. Charge your Firebowl using the verse “...Cleanse this tool and cleanse its space...”
5. Once the Firebowl is lit and smoking steadily hold your Athame by the handle between your thumb and forefinger, tip facing north, handle toward you. The blade of the Athame should be flat and parallel to the ground.
6. Slowly pull the Athame through the smoke toward you, holding it one inch above the Firebowl. The handle should enter the smoke first.
7. Keep pulling the Athame deliberately through the smoke until the smoke begins to stick to the Athame. Then turn the Athame over and smoke the other side of the blade until the smoke sticks.
8. Hold the Athame vertically in the column of smoke, tip pointing up with handle about one inch over the charcoal. With your intention, pull the smoke up over the tip of the Athame until you see a thin sheath of smoke cover the entire Athame and float off the tip of the blade.
9. Hold the Athame with the tip pointing north, the blade parallel to the ground. Stroke each side of the blade with the magnet from handle to tip, using 3-5 strong, firm strokes. Put your intention into each stroke, since this lines up the molecules in the blade.
10. To lock in the keying, hold the knife vertically (tip pointing up) about 2 to 3 inches above the flame of the sun yellow candle. Using your intention, pull the sun yellow energy up the Athame from blade base to tip. When you see the flame of the sun yellow candle stretch up toward the Athame,

the energy has reached the tip of Athame. You can stop pulling at that point.

11. To check whether your Athame is keyed, hold it vertically in the column of smoke from the Firebowl again, but don't pull. If the smoke moves vertically up the Athame, then it is keyed. If not, re-key your Athame starting with step 5.
12. Test your Athame by running it down your arm again. Notice any energetic differences.

How to Emergency Key Your Athame

If you need a keyed Athame but don't have one handy, you can emergency key one. Use any steel knife or any knife that has a tang that goes most of the way through the handle.

1. Point the tip of the knife north.
2. Strike the butt of the handle forcefully with anything hard, such as an iron skillet, a stone or a hammer.
3. The knife will stay keyed for 15 minutes to one day.

4. Storing and Maintaining Your Athame

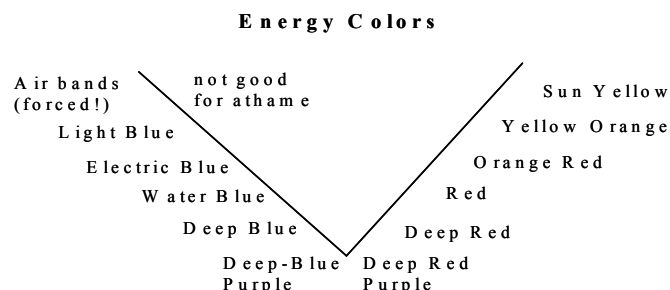
Once your Athame has been keyed, store it in its sheath. Place it on your altar with the handle facing south and the tip facing north. When you use your Athame take precautions not to bump, hit or grind it, or bring it into contact with excessive heat or any kind of magnetic field. These activities will un-key your Athame.

You can use your Athame for everyday purposes keeping in mind the precautions stated above. Keyed knives stay sharper than ordinary knives.

5. Color Vee

The Athame is a lot more versatile than the Wand in terms of the kinds of energy it can handle. The Athame can handle all the colors on the Color Vee below:

Figure 15.1 Color Vee



The following list will give you an idea of the best use of each color.

Color	Use or Purpose
Sun Yellow	Life energy. Vitalizes the Spirit and can be used by the Spirit for any purpose.
Yellow Orange	Vitalizes the Spirit and energizes the physical neural system. Too much of this color can produce nerve damage and burn out.
Orange Red	Energizes the physical neural system and the body metabolism. Too much of this color produces high fever, can produce nerve damage and has been known to cause human combustion. Orange red is also the color band associated with pain, anger and hostility.
Bright Red	Boost the body's metabolism. Too much of this color produces high temperature, and has been known to cause human combustion.
Deep Red or Red Purple	Liquid heat. This color affects the temperature and flow of fluids in the glands, circulatory system, liver, kidneys, heart and other organs. Too much of this color can cause blood clots, glandular disorders or swelling.
Deep Blue, Navy Blue or Blue Black	Affects subconscious emotional pressure, and liquid balances in the body. Too much of this color can cause suicidal depression, coma, compulsive emotional problems, high blood pressure or edema (excessive fluid retention).
Water Blue	Affects conscious level emotions and heavily affects physical fluid systems. Too much of this color causes the same problems as deep blue, navy blue or blue black.
Electric Blue or Blue White	Used mainly for shielding, religious invocations, conjurations and banishments. This color is a bridge between physical, psychic and spiritual levels. Too much of this color, especially in a burst or a bolt, severely stuns a spirit. (See additional notes on electric blue below.)
Light Blue	Associated with fear. Too much of this color produces a panic response. This color is not the same as sky blue, but it's very close. Use this color if you need to send a message using your Athame.

Additional Notes on Electric Blue

The following are some interesting facts about the color electric blue.

- Electric blue is closely associated with certain magical tools, including the knife, sword, staff and ankh.
- The hydrogen nucleus is electric blue. Both hydrogen and electric blue float freely throughout the Universe.

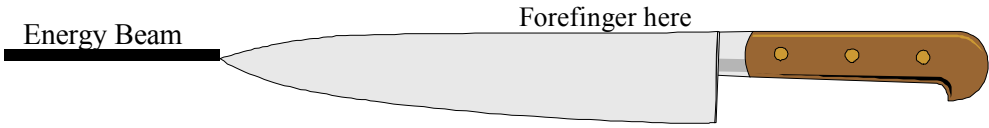
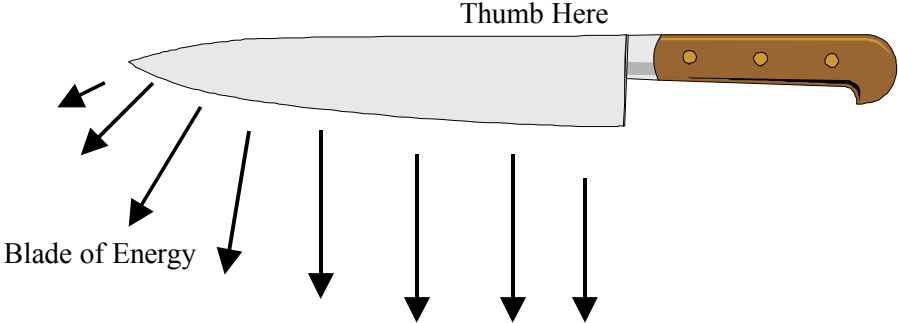
- Electric blue represents the energy band of radioactivity, and all radio waves travel in this band.
- Walter Russell’s book “Theory of Light” talks about how the energy of Spirit travels through space, which is electric blue. Electric blue affects the Spirit much more strongly than other colors because it is the base level creative force.
- In ritual, we always use electric blue when doing invocations because it works not only on our level of existence but also on all higher levels. Electric blue does not work on any levels below ours; therefore, if you are journeying down to lower levels, such as deep into the earth, you wouldn’t want to use electric blue.
- We use electric blue to communicate and pray to deities since it easily reaches their level of being. Electric blue is a very pure color. It eliminates all energies from this and lower realms, so that when you use it you are only connected with the higher realms.

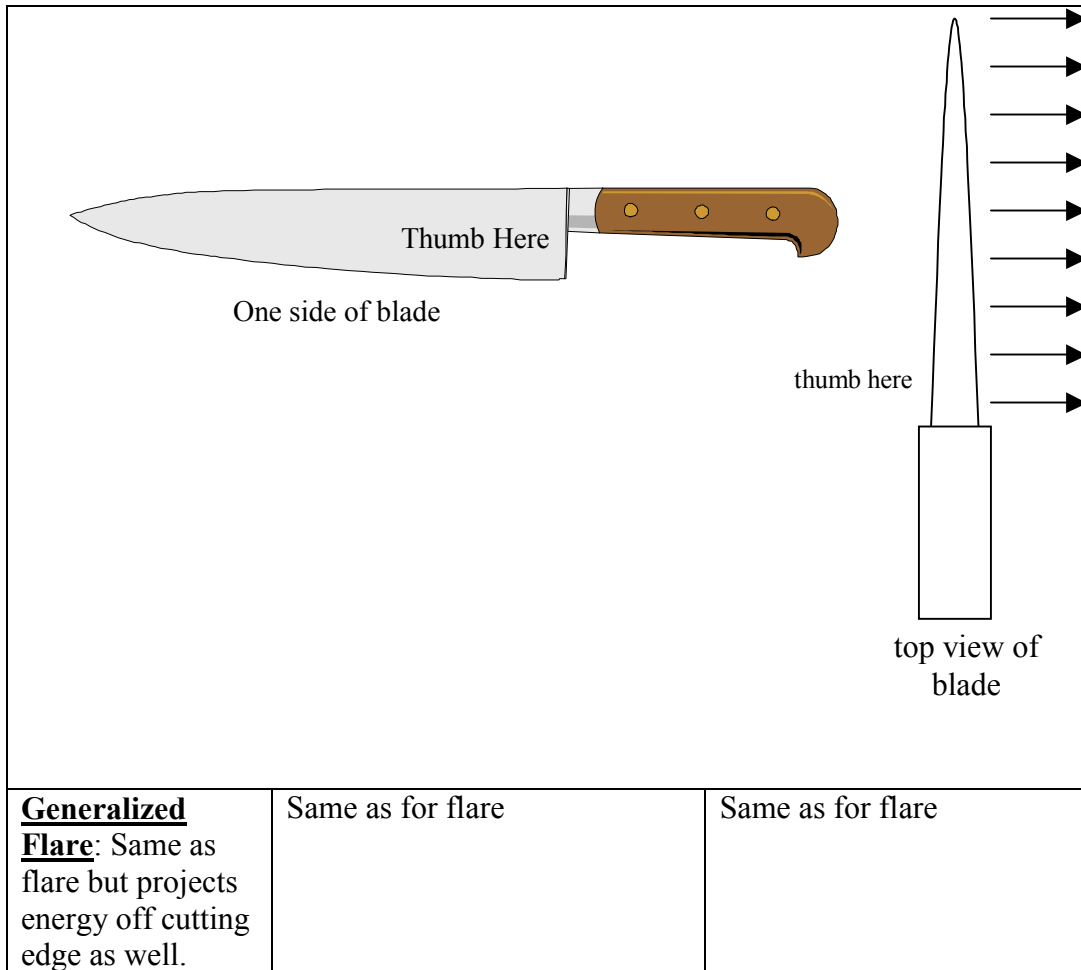
6. Broadcast Patterns

ENERGY PATTERNS

1. In any of "Color-V" energies
2. Shapes:
 - A. Beams - from blade-tip
 - B. Blades - from blade-edge(s)
 - C. Flares - from blade-flat side
3. Uses:
 - A. Shields - omnils, half-shields, curtains
 - B. Healings - pulling and sweeping, blood-coagulation, tumor killing
 - C. Banishments – entities
 - D. Ritual Invocations
4. Special Uses:
 - A. Cutting Psychic Lines
 - B. Lemniscate Defense

Learning to use your Athame is learning the different ways in which you hold your Athame. Different hand positions on the Athame produce different broadcast patterns or ways in which the energy is projected from the Athame. There are four major patterns and each pattern has different uses. Study the table below to learn the hand positions and uses for each pattern.

Broadcast Pattern	Hand Position	Uses
<p>Beam: Projects a tight beam off the tip of the Athame.</p>	<p>Extend your index finger along the back of the blade (the blunt edge) and grip the handle with the rest of your fingers. The blunt edge faces up while the sharp edge faces down. For a double-edged blade, place your index finger on the flat side of the blade with sharp edges facing left and right.</p>	<p>Omnils, cutting down door and window shields, cutting down omnils, self defense</p>
		
<p>Edge On: Projects a sheet or blade of energy off the cutting edge of the Athame.</p>	<p>Extend your thumb along the back of the blade and grip the handle with the rest of your fingers. For a double-edged blade, extend your thumb along the flat side of the blade.</p>	<p>Sweeping excess energies, putting up fire door and window shields, banishments</p>
		
<p>Flare: Projects an energy flare off the flat side of the blade.</p>	<p>Extend your thumb along the flat side of the blade. The cutting edge may face right or left (may or may not be the leading edge as you move the Athame) depending on the use. When used for protection, shielding or removing energy, the cutting edge would lead. When used for adding energy, the blunt edge would lead.</p>	<p>Banishment, adding energy to people and spells, quick shielding</p>



7. Additional Notes on Using Your Athame

- Remember to never use your own energy to flow into the Athame unless in a dire emergency. Find an outside energy source whenever possible. Outside energy sources include candle flames, electric lights, heat sources, wall outlets, switch plates and any color source.
- Use lighted candles to practice flowing energy through your Athame. Pull from any lit candle (any color from the Color Vee) and throw bolts at a white candle, which is reactive since white is an air color. You may want to bend the elbow of your output arm and store energy in your elbow until you are ready to throw the bolt – this often makes the bolts stronger. Sun Yellow, Yellow Orange, Red Orange, Bright Red and Electric Blue will generally cause flames to jump, split or flare. Deep Red, Deep Blue and Water Blue will make the flame bend, shrink or spit.

- You can also practice exploding small pebbles with Yellow Orange, Red Orange or Bright Red beams from your Athame. Bright or Deep Red beams from your Athame can cook small pieces of liver.
- Do not send messages with your Athame except in cases of emergency, and then only in light blue. Use your Wand or message boxes whenever possible.

8. Creating Omnils With Your Athame

Just as with your Wand, you can use your Athame to put up omnils. You can build omnils of any color on the Color Vee using your Athame. Fire omnils are much stronger and more permanent than air omnils. The most commonly used colors are electric blue (for protection), bright red (for deflecting or maintaining heat) and red or yellow orange (to attract attention at parties). You can strengthen an electric blue omnil by keying it against electric blue, which programs it to defend against psychic attack. Certain beings and archetype forms can easily penetrate an electric blue omnil unless you key it specifically against the color electric blue. To put up an omnil with your Athame:

1. Stand facing East. Hold your Athame in your output hand in the beam position (forefinger on the back of the blade), extending your arm straight out in front of you at shoulder height. Position the blade flat or parallel to the ground, cutting edge facing right.
2. Pull in the appropriate color and extend a beam about 3 to 4 feet off the end of your blade.
3. Holding your Athame very steady, turn in a clockwise circle (to the right), using the energy from your Athame to draw a horizontal circle all the way around you. Stop when you reach your starting point.
4. Now raise your arm straight into the air and point the tip of the Athame upward to draw your second circle (a vertical circle in front of you). Position your Athame so that the cutting edge leads all the way around the circle (overhead, right, down, left and overhead). You may have to adjust your hand position halfway through the circle to ensure that the cutting edge is leading.
5. Keeping your Athame overhead, draw the final circle (a vertical circle beside you). Again, make sure that the cutting edge of your Athame is always leading. This orientation is the factor that causes the circles to spin so that you end up with a whirling shield rather than a static one.
6. Key your fire omnil in the same way you keyed your air omnil. See energies or experiences you want to key out shattering on the omnil, being deflected to the right or being bounced back to the sender. You can also

key your own thoughts and energies out of the omn timer the same way you did with air om timers. Remember, if you don't key your omn timer, it will keep everything out.

7. You can also silver your omn timer either when you create it or when you key it. If you want to silver your omn timer as you key it, see silver being splashed all over the outside or the inside of your omn timer.
8. Fire om timers last indefinitely or until you cut them down. Like air om timers, they get stronger when they are under attack. You can continue to key your fire omn timer at any time, even if it's long after you put it up. If you start to feel isolated, take your omn timer down – it means you've keyed it against too many things and it's starting to isolate you from your life.

Taking Down Fire Om timers

Taking down fire om timers is very similar to taking down air om timers except that you have to be aware of your hand position on your Athame.

1. Load your Athame with the same color as your omn timer.
2. Extend a beam off the tip of your Athame that is slightly longer than the beam you used to create the omn timer.
3. Cut the last circle with an overhead chop from right to left.
4. Cut the first two circles with an overhead cut that starts slightly behind you and goes past the horizontal plane in front of you.

Creating Fire Om timers Around Objects or Other People

1. Stand facing East and put the person or object you want to omn timer to the East of you.
2. Follow the same physical procedure for putting up an omn timer around yourself. As you draw the circles, see them being drawn around the person or object (even though the Athame is physically moving around you). This is called a panagraph.
3. Key the omn timer if it is for an object. If the omn timer is around another person, you can teach them to key the omn timer or you can key it for them.
4. To cut the omn timer down, follow the same procedure of placing the person to the East and using the panagraph technique to cut the circles. Again, the Athame will be physically moving around your body, but see the effect happening around the other person.
5. If you are putting an omn timer around a car, make sure to include all the corners and edges. It's better to create a larger omn timer than to leave any corners exposed.

6. To put an omnil around your house or property, stand in the center of your house or property and extend the beam from your Athame to the very edge of your house or property. Make your beam long enough to include every corner and edge, encompassing neighboring properties if you need to. It may take some practice to extend your beam far enough to do house or property shields!

Creating Multi-Layered Omnils

At some point you may want to put up multi-layered omnils around your house, car or property. Multi-layered omnils are three omnils nested inside one another. Certain beings and people can get through regular omnils, particularly if they are off-planet beings or are moving very slowly. Use multi-layered omnils only when necessary – they attract more attention and are heavier to wear (if you put one around yourself) than regular omnils. To put up a multi-layered omnil:

1. Put up your first omnil using the same procedure as you would for a regular omnil. Use electric blue and silver the inside of the omnil.
2. Put up your second omnil just inside the first omnil (by using a slightly shorter beam from your Athame), also in electric blue. NOTE: The circles of the second omnil go in the opposite direction as the circles of the first omnil. For instance, the first circle of this omnil (the horizontal circle) is counter-clockwise rather than clockwise. The second circle starts overhead, then moves left, down, right and overhead. The last circle starts overhead, then moves forward, down, back and overhead. Silver the outside of this omnil. The silvering inside the first omnil and outside the second omnil will trap many beings that are able to penetrate ordinary omnils.
3. Put up your third omnil just inside the second omnil. The circles of this omnil go in the same direction as the circles of the first omnil. Use grass green or earth brown energies to create this omnil. This omnil stops beings that are invisible and have the power to move through electric blue and silver omnils. These beings have no physical form, and can't deal with the heaviness of earth energies. Earth-colored omnils actually become generators that pull earth energies up into themselves.
4. Key all three omnils at once.

9. Fire Door Shields and Window Curtains

As with the Wand, you can use your Athame to create fire door shields and window curtains. Fire shields and curtains are stronger than those made of air, and last indefinitely. To create fire door shields and window curtains:

1. Stand on the inside of the door or window to be shielded. Hold your Athame in the Edge On position, with your thumb on the back of the blade.
2. Hold your Athame so that the butt end is very close to the top right corner of the door or window and the cutting edge is facing into the door or window, away from you.
3. Load energy into your Athame, and extend a little energy out the butt end into the upper right corner of the door or window. Lock that energy in with your intention.
4. Send a beam of energy out the tip of your Athame to the upper left corner of the door or window, and using your intention lock that energy into the door or window frame.
5. Keep flowing energy into your Athame, move it slowly down toward the bottom of the door or window frame, laying a sheet of fire energy as wide as the door or window as you go. You will be pushing energy out through the cutting edge of your blade. You should feel as if you are unrolling a scroll, pushing the energy ahead of your Athame as you move it downward.
6. Lock the shield into the base of the door or window frame by flaring a little energy out of your Athame when you reach the bottom of the door or window. To anchor the shield, you can put a line of sea salt or firebowl ash on the bottom of the sill.
7. Key the shields in the same way you key an omnif. If you are doing multiple doors or windows, you can put up all the shields, then key them all at once.

Taking Down Fire Door Shields and Window Curtains

1. Load your Athame with the same color as the door shield or window curtain.
2. Hold your Athame in the beam position (forefinger on the back of the blade) and extend a beam of energy off the tip of your Athame.
3. Use the beam to cut the shield from the top right of the shield to the bottom left.
4. Make another cut from the top left of the shield to the bottom right.

10. Fire Half Shields

Fire half shields are useful in times of immediate threat or danger. To put up a half shield, you can hold your Athame in two different positions:

- Edge on (thumb on the back of the blade, cutting edge facing away from you)
- Flare (thumb on flat of the blade, cutting edge facing right)

To put up a fire half shield:

1. Hold your Athame in your right hand in either the edge on or flare position. Position your hand in front of and to the left of you, low chest height.
2. Pull in the color you want to use for the half shield (usually electric blue). You can silver the outside of the shield for greater protection. Fill your Athame with the color and extend energies out both ends of the Athame. Be sure and extend the energies far enough to shield the entire height of your body (don't leave out your feet).
3. Move your hand in front of you from left to right in a curve. As with the Wand, you can make the curve convex (bulging out) or concave (bulging in). If you make your shield convex, it will scatter any incoming energy. If you make your shield concave, it will focus the incoming energy and return it to the sender with much greater force. If someone sends you anger, a concave shield will send back enough rage to give the sender angina, heart pain or a headache. If someone sends you fear, a concave shield will send back terror. A convex shield works well for scattering sound, psychic or mental blows, or insects. A concave shield is better for more serious threats.
4. Remember that half shields last only about 30 seconds and do not move with you. They do, however, get stronger when they are hit. You can practice putting up fire half shields with your hand, but they probably won't be as strong as the ones you put up with your Athame.

11. Exit Ritual, Day Greeting and Day Ending

This week's Exit Ritual is:

Sky Father
And Earth Mother
In Fulfillment
I Greet You.

This week we add a new direction to our Day Greetings and Day Endings. To address Winds of Power, face South and extend your arms straight out in front of you, palms down.

Winds of Knowledge,
In Fulfillment,
I Bid You Good Morning.

Winds of Power,
In Fulfillment,
I Bid You Good Morning

+++++

Winds of Knowledge,
In Fulfillment,
I Bid You Good Night.

Winds of Power,
In Fulfillment,
I Bid You Good Night.

