

Class 18 – Cups 2

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1. Preparation for This Class

- *Video Clips:* Flowing Water With the Chalice, Pulling With the Chalice, Sending Messages With the Chalice, Using the Chalice for Psychic Messages and Divination

2. Capturing with Your Chalice

Sometimes you will need to do what is called “capturing” with your Chalice. Because your Chalice is like a standing shield, with the same level of effectiveness as an omnium, anything you capture in it is isolated and confined. You may want to capture small archetypes or “watchers” in your Chalice. Certain magical practitioners know how to animate the bodies of small insects that have died to penetrate omniums and shields. Others know how to create energy matrices that look like insects such as flies, wasps or ants. Many times watchers are thought forms sent by others. This is a dangerous way for them to operate since thought forms are still connected to the body by a silver cord (liquid mercury) which, when cut, will snap back at the person, possibly killing them. These people may have been repelled by your shields and are attempting to spy on you or influence you with watchers.

If you think you might have a watcher in your house you can observe it for certain characteristics. For instance, if it appears to be an insect, notice if it’s in a place to where it couldn’t naturally have traveled. Look over its body to see if it has the appropriate number of legs and wings. Also, look at the way the insect travels. Insects don’t tend to travel in straight lines or follow you all over the house – but watchers will. Some of the “Jack and Jill” and “Little Miss Muffet” nursery rhymes were actually used to program watchers and are spell matrices. To capture something with your Chalice:

1. Wait until the watcher is still and put your Chalice upside down over it, then slide a thin piece of cardboard under the Chalice. Slowly turn the Chalice and cardboard over so that the Chalice is now upright.
2. To test whether you have a watcher try any of these different techniques:
 - Blow smoke into your Chalice or tap the Chalice lightly with your Athame. See if anyone around you displays resulting symptoms, such as red eyes from the smoke or ringing in the ears or headache from the tap of your Athame. If it is a watcher and the sender did not disconnect from the energy matrix before you trapped it whatever you do to the watcher will be done to the sender!
 - Tape the piece of cardboard firmly to your Chalice with the suspected watcher still inside, pack it up and send it on a slow boat to China. Then look around to see if anyone near you feels seasick for several months. If so, you'll know it was a watcher and you'll know who sent it.
 - Check how long the suspected watcher stays alive. Real insects can live for several days in your Chalice. If the insect is just an energy matrix rather than a real body it will quickly die or simply disappear. If the insect is the resurrected body of an already dead insect, the body will die long before a real insect would die.
 - To get rid of the watcher go to the edge of your house shields and throw it outside the shields. This will key your shields against any watchers sent by the same person since their energies were animating the watcher, but not watchers in general. You might want to key your shields against all watchers.

One magician found a black widow spider in his house. He knew that there had not been any spiders around lately and he was convinced it was a watcher. He trapped it in his Chalice but it didn't die right away. Every so often he would blow smoke into the chalice or tap the Chalice with his Athame. After a few hours the spider died whereas a normal black widow spider would have stayed alive in the Chalice for 24 to 48 hours.

The next day the magician ran into his neighbor who was the boyfriend of a Wicca high priestess. The neighbor had red, swollen eyes and was complaining of a ringing in his ears that wouldn't stop. The magician knew who had sent the spider.

3. Using Your Chalice for Protection

Since your Chalice is a standing shield you can use it in several ways for protection:

- Put small objects that you want to protect from harm or negative energy in your Chalice. This might include jewelry, tokens, talismans, crystals and pendulums. Your Chalice will keep these pieces from picking up impure energies. Do a four element cleansing on everything you put in your Chalice. Crystals, which are especially prone to picking up strange energies, should always be stored in your Chalice or in a pewter box. Pewter Chalice also work great. After you key your Plate, putting your Chalice on your Plate will increase the level of protection.
- If someone is breaking Rules of the Road or generally harassing you, you can key a simulacra or an object that is linked to them (more about this in class 30) and put it in your Chalice. If you add water to your Chalice the person will likely gain a lot of water weight. You can talk to them while they are in your Chalice. The person will feel somewhat uncomfortable because you have confined them to some extent and this experience will be a little scary for them. Unless the person is a highly trained magician he or she will not be able to discover who is creating this experience.

4. Sending Messages With Your Chalice

So far you have learned to send messages with message boxes, your Wand and, in emergencies only, your Athame. Now you will add another communication tool to your magical toolbox by learning to send messages with your Chalice. As with water box messages, Chalice messages affect the emotions. They are much stronger than water box messages, they literally shoot out of your Chalice like water from a fire hose, and can become compulsive. Always be aware of the Rules of the Road when sending Chalice messages. Remember the Rules say not to bind anyone, so if you send a Chalice message that is compulsive for the person who receives the message you have bound them according to Rules of the Road. For instance, if you send a strong message to “Stay home,” the person may not be able to leave the house for days. Send only short and simple messages with this method. In a later section you will learn to send longer messages or hold conversations with others in your Chalice. To send a Chalice message:

1. Face East and hold you Chalice as you would for throwing bolts (thumb and forefinger around the bowl, the rest of your fingers wrapped around the stem) in your output hand.
2. Extend your output arm straight out to the side, shoulder height, and cock your elbow so that the Chalice points toward the ceiling.

3. Load your Chalice by storing Water Blue in your elbow. You might experience a tremor or shaking in this arm—don't worry, that just means you are definitely storing water!
4. Look in the direction of your output arm and see the face of the person to whom you are sending the message.
5. Lower your arm, palm up, letting the stored water flow into the Chalice and shoot a beam of Water Blue at the person's face while saying your message out loud. Make sure your palm faces up! Chalice messages are already very compelling and a palm-down message could become an enforcer.

5. Using Your Chalice for Psychic Messages

You can use your Chalice for sending psychic messages in the same way as you used water bowls. The effect of the Chalice tends to be stronger than the effect from a water bowl. As with all water messages, the effect can be compulsive so be sure to use this tool appropriately (such as to collect money owed).

1. Fill your Chalice with a dark flat liquid such as cold black coffee or a dark soda that you've allowed to go flat. Leave ½ to ¾ inches empty at the top of the Chalice.
2. Sit in the South facing North with your Chalice in front of you. Make sure you are in a quiet place with no distractions. Position your Chalice so that your line of sight is at a 45-degree angle to the surface of the liquid. This allows you to look into the liquid rather than through it or at the surface.
3. Put the face of the person with whom you want to communicate just under the surface of the liquid. This establishes a direct psycho-spiritual link with the person unless the person is a trained and shielded magical practitioner.
4. Speak to the person just as you would in person. Focus your attention on the person, your message and any response. Eliminate any other thoughts or distractions from your attention. If the surface gets steamy or cloudy or your head and eyes begin to ache you're pushing too hard. Take several deep breaths, relax and continue. You can close your eyes if this helps you "see" more clearly. Some people see images behind their head rather than in the Chalice.
5. You may want to wait for a response from the person since this medium allows for two-way communication. Just remember that you are speaking with the person's Spirit, which may answer you differently than the person's everyday personality.

6. To increase the effectiveness of your message you might want to repeat it once or twice. The communication may come across as a feeling or urge rather than a concrete thought so you may want to send your message several days in a row. In addition, feeling very emotionally interested and curious about the communication can help carry the message across more strongly.

6. Healing With Your Chalice

There are two major ways to use your Chalice for healing: flowing and pulling water energy. You can use your Chalice in place of water boxes, water balls and direct flowing with your hands in every healing technique discussed so far. Again, the Chalice will have a much stronger effect than any of these other techniques.

Flowing Water With Your Chalice

To flow water with your Chalice you can hold the Chalice with one or both hands. Holding the Chalice with both hands will produce much more force and a more concentrated beam of water than holding it with one hand. If you hold the Chalice with one hand wrap your thumb and forefinger around the bowl and wrap the rest of your fingers around the stem. Pull water in through your input hand, across your shoulders and into the Chalice.

The beam projected from the Chalice is generally the width of your thumb, and narrows to a point at the tip. To determine the length of the beam from your Chalice pull water energy in through the elbow of your output arm and flow water from the Chalice. Put your input hand in front of the bowl and move it closer to and farther away from the Chalice. Wherever you feel a cool sensation on your input hand is where you are intercepting the beam. When you don't feel the cool sensation you are no longer in contact with the beam. You will need to know the length of the beam so that when you do healing work you know how close to hold your Chalice. Most beams are 8 to 12 inches long.

To flow water through your Chalice using both hands put the thumbs and forefingers of both hands around the bowl and wrap the rest of your fingers around the stem. Pull water energy in through both elbows and flow it out through your Chalice. The closer together your fingers are the more dense and compressed the beam will be. Here are some healing applications of flowing water from your Chalice, mostly for breaking up and dissolving accumulations of earth energies in the body:

- To dissolve calcification in arthritic joints, first sweep the area with your Athame in Red Orange then send a beam of Water Blue energy from your

Chalice along the body's natural flow lines for several minutes. Repeat this procedure for several days in a row to fully dissolve the calcification.

- To break up and wash away a tumor, that has already been killed with Red Orange blasts from your Athame, send a concentrated beam of Water Blue from your Chalice into the center of the tumor and allow the water energy to flow for several minutes. Be sure to take into account the body's flow lines when you do this.
- To break up scar tissue or adhesions send a bolt of Water Blue from your Chalice into the general area. Move your Chalice closer to and farther from the area and ask the person to tell you when they feel a cool, heavy feeling. When they do you have the appropriate width beam to break up the scar tissue or adhesions. As with most water healing techniques, you will need to repeat this procedure for a few days.

Pulling Excess Water With Your Chalice

The Chalice is very useful for removing excess accumulations of water from the body, in cases of edema, bruising or swelling. To pull water with your Chalice:

1. Position the foot of the Chalice just below the area of accumulation (keeping in mind that body flows are from top to bottom).
2. Look at a Water Blue color chip as a reference, and use your intention to pull water in through the foot of your Chalice and out through the bowl in a beam. Keep your Chalice pointed slightly downward, and be sure you aren't pointing it at anyone.
3. Check with the person every 30 seconds or so – you don't want to pull too much of their water otherwise they might begin to feel parched on several levels. You may also need to repeat the procedure for several days since the body tends to re-manifest its conditions for a while.
4. Be sure and flow all the water energy out of your Chalice when you are done pulling.
5. As with the Wand and Athame, pulling with your Chalice can access Bank experiences. If the area becomes suddenly painful you've accessed Bank. Use your Wand to sweep the area with sky blue or your Athame to sweep the area with electric blue to calm the area back down.

7. Exit Ritual, Day Greeting and Day Ending

This week's exit Ritual is:

Sky Father
And Earth Mother

With Compassion
I Greet You.

This week's Day Greeting and Ending is:

Winds of Knowledge,
Walking in Joy,
I Bid You Good Morning.

Winds of Power,
Walking in Joy,
I Bid You Good Morning.

Winds of Feeling,
Walking in Joy,
I Bid You Good Morning.

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Winds of Knowledge,
Walking in Joy,
I Bid You Good Night.

Winds of Power,
Walking in Joy,
I Bid You Good Night.

Winds of Feeling,
Walking in Joy,
I Bid You Good Night.

