

Class 25 – Progressed and Regressed Readings

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1. Preparation for This Class

- *Video Clips:* Progressed and Regressed Readings, Spell Send Back, Blow-ups

2. Progressed Readings

A 12 Card reading will give you information within a certain time frame, from past to future. If you want to look further into the future than the future line, move the reading forward in time – this is called progressing the reading. You can only progress and regress 12 Card readings.

To do a progressed reading, first throw the base reading and record it in your Book of Shadows (make sure and leave room near the top of the recorded reading in your Book of Shadows to record the far future line). Follow the directions below to progress the reading:

1. Without snuffing your candles, pick up the past line and put it back on top of your deck.
2. Shift all the cards in the present line down to the position of the past line.
3. Shift all the cards in the future line down to the position of the present line.
4. Reshuffle the deck once to integrate the past line cards back into the deck.
5. Follow the procedure to do a new reading (shuffling the cards three or more times, dividing the cards into three stacks and so on).
6. Lay out a new future line in the reading (this is actually the far future of the reading).
7. Record the far future in your Book of Shadows.

You can keep progressing the reading following the same procedure until you get so far into the future that all probabilities become equal. You can tell that all probabilities have become equal when all the base cards are change or principle cards such as Death, Tower, World, Fortune or Judgement. The cards indicate that the reading will not display any more specific events, just principles.

If you throw the base reading but are not ready to throw the progression, you can snuff the candles and throw the progression later. You can either leave the reading set up (if you won't be away long) or take it down and set it up again later. Simply relight the candles, remove the past line and follow the procedure above. Don't wait too long to throw your progression because the reading is only valid as long as nothing changes in the present. If you change anything in the present you'll need to throw a new base reading; a small change in the present produces a larger change in the future (according to the Laws of Tarot). The future line is only true if the present line still matches present circumstances.

Each time you progress the reading you are extending it into the future by the same amount as your reach. For instance, if your original future line was 30 days into the future from the present line, the far future line will be 60 days ahead of the present line.

You can tell the probability of certain events in your progressed future based on the readability of the flow lines. If the flow line is easy to track from present to future to far future there is a high probability of that flow line manifesting. If the flow line jumps around or gets harder to read as it progresses into the future it has a low probability of manifesting. The whole point of a progressed reading is to enable you to make conscious choices in the present, which will make a difference in the future. This is the embodiment of the Science of Prayer.

3. Regressed Readings

Just as you can progress a reading to look further into the future, you can regress a reading to examine situations further in the past. To regress a reading, follow a procedure similar to that for progressing a reading.

1. Throw the base reading and record it in your Book of Shadows (make sure and leave room near the bottom of the recorded reading to record the far past line).
2. Without snuffing your candles, pick up the future line and put it back on top of your deck.
3. Shift all the cards in the present line up to the position of the future line.
4. Shift all the cards in the past line up to the position of the present line.

5. Reshuffle the deck once to integrate the future line cards back into the deck.
6. Follow the procedure to do a new reading (shuffling the cards three times or more, dividing the cards into three stacks and so on).
7. Lay out a new past line in the reading (this is actually the far past of the reading).
8. Record the far past in your Book of Shadows.

With regressed readings you can walk your readings all the way to the beginning of creation. You can also use regressions to examine past lives. Because your past is already set you don't run into the same problem of equal probabilities that you do with progressed readings. You can regress a reading back over almost any amount of time. The same rule of reach applies to regressions – your reach determines how far back in time each regression is.

If you're regressing a reading of your own life, you'll encounter events that you recognize in the first few regressions. As you move further into the past you'll see a reverse timeline: conception, a period between lifetimes and a loss of the body from the previous lifetime. In real life the sequence is the loss of the body, a period of time between lifetimes, and then conception. However, since you are regressing the reading and going backwards in time you'll see the sequence in reverse. Conception is usually represented by an upright page second carded by Death, Sun or Devil (all cards that indicate a new beginning). Cards such as Tower Rx/Ace Discs, Sun Rx/Ace Discs, World Rx/Ace Discs, World Rx/Queen Discs, Strength Rx/King Discs or High Priestess Rx/Death represent the loss of a body.

If you want to monitor how your Spirit has been doing throughout these lifetimes place your signifier on top of and to the right of Star, then regress the reading. Star is the spiritual path card. As you regress further and further into the past you may lose track of which time the reading is indicating or what age you are in the reading. You can use the Kings, Queens, Knights and Pages to help you track the flow of time and get a general picture of age.

4. Tracking Relationships

If you want to find out whether you've had past relationships with someone you can track it by keying their signifier. As you go through the deck to pull your signifier, pull the other person's signifier as well. Key your signifier and put it next to the Protection candle. Key the other person's signifier and put it back into the deck with the intention that it will stay keyed to show up in the reading at the

appropriate time. Usually putting a card back into the deck unkeys it but when you set your intention this way the signifier will stay keyed.

Shuffle the deck and lay out the reading as usual. Keep regressing the reading until the person shows up in the reading. You do not need to put a 2 Cups or Lovers on your signifier for this to work. The way the other person's signifier shows up in the reading will tell you how they were related to you in a past life.

5. Spell Send Backs

In the last class we discussed how adverse spells might appear in 12 Card readings as Magi Rx or Priestess Rx cards. We also discussed how to expand certain pairs of cards to find hidden spells.

Once you find a spell you can use the Tarot cards representing the spell to send it back to the originator, even if that person is no longer in body or if the spell was cast tens of thousands of years ago (some spells, if not taken down, can track a person from lifetime to lifetime). When you do a spell send back, also called a spell mirror back or a candle and mirror protective, it causes the spell to act on the person who sent it originally. If the spell was from the far past the send back will send the energy into the half worlds and release it. The beauty of this procedure is that it leaves no "signature" or way for the person to track the send back to you.

To do a spell send back you will need two white taper or pillar candles, a 3" x 5" or 4" x 6" double-sided camping mirror (make sure one side is not magnifying), a pair of pliers, a strong rubber band, your Book of Shadows, your Tarot deck and your athame.

1. As with all spell work and most magical procedures, sit in the South facing North.
2. Use the white candles for Wisdom and Protection candles (place them just as you would for a 12 Card reading). You can also use a Sun Yellow candle on the left and a white or sky blue candle on the right.
3. Place the original signifier of the reading (you don't need all the pairs of cards used for blow up readings) to the right of the Protection candle, which is to the left of the reading space.
4. Place the pair of cards that represents the spell (with the Magi Rx or Priestess Rx) to left of the Wisdom candle, which is to the right of the reading space. You can also include any other pairs of cards that indicate the spell (such as ones you expanded to find the actual spell) next to the Magi Rx or Priestess Rx stack.

5. Pull the Sun card out of the deck and place it on your plate. You will need it later.
6. Light both candles as you would for a reading (using the same match to light both candles, looping from Wisdom to Protection and back to Wisdom).
7. Load your athame with electric blue, then use the same motion as with the match to create a loop from the Wisdom candle to the Protection candle, then back to the Wisdom candle. This connects the two sides of the reading space.

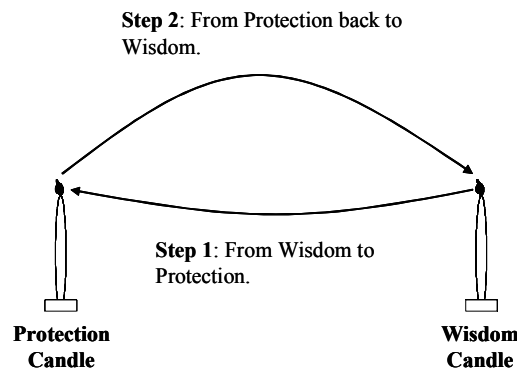


Figure 25.1

8. Clamp the double-sided camping mirror in the pliers so that the mirror rests vertically on its long side flush with the table. Position the pliers so that they just grip the edge of the mirror, enough to hold the mirror securely in a vertical position. Wrap the rubber band around the handles of the pliers to hold them in position.
9. Holding the pliers so that the camping mirror is poised vertically above the center of the reading (higher than the tops of the candle flames) with one mirrored side facing each candle, deliberately slice the reading in half by bringing the mirror down into the reading and setting it halfway between the two candles. Make sure there are no cracks between the edge of the mirror and the table, and that the mirror is in line with the cards and candles.
10. Slowly and carefully slide the Sun card to the right of your signifier and to the left of the mirror. Make sure you don't put your head into the reading space. The Sun card helps you overcome the negative effects of the spell.

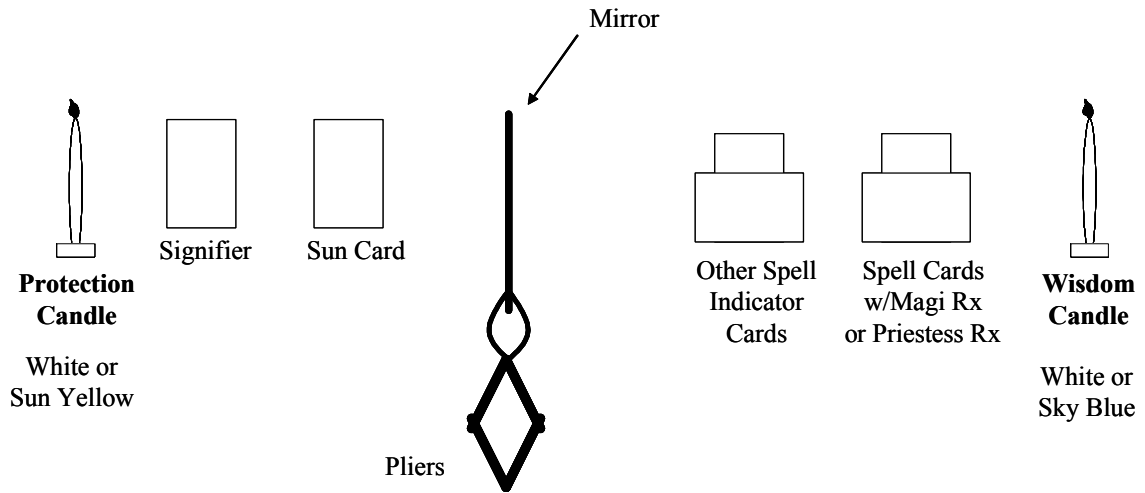


Figure 25.2

11. Load your athame and draw two loops in electric blue. The first loop is from the Wisdom candle down to the top edge of the mirror and back to the Wisdom candle. The second loop is from the Protection candle down to the top edge of the mirror and back to the Protection candle.

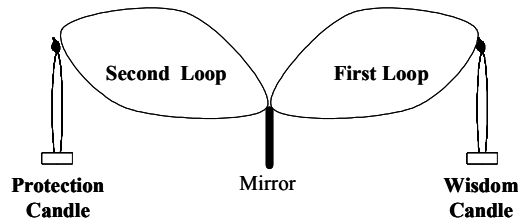


Figure 25.3

12. Record the spell send back in your Book of Shadows, referring it to the reading where you found the spell.
13. Let the candles burn for 30 minutes then blow them out.

6. Exit Ritual

Your Exit Ritual, Day Greetings and Day Endings (6 directions) this week is:

“Walking in Flow.”