

Order of the Sons and Daughters of Light

## BASIC SKRYING

*Document in Class D*

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# BASIC SKRYING - THE 22 HEBREW LETTERS

*for Probationers of the O. 'S.'D. 'L.'*

by Fr. Yechidah

## **Introduction**

Your next task as a Probationer is to skry the 22 Hebrew letters (or, at least, a number of them, though completing them is the goal), either from Aleph to Tau (i.e. A to Z) or from Tau to Aleph (i.e. backwards), in accordance to their attribution on the Paths of the Tree of Life. This choice can be made with the Skrying Coach who will be assigned to you when you feel ready to begin these exercises (feel free to inform the Officers when you feel ready). While these letters are connected to the Paths, they are not the Paths themselves, so offer some differences in terms of the vision (and “scope” of vision) related to them. These exercises should hopefully prepare you for more advanced skrying work, of both the Enochian letters and the Paths and Aethyrs themselves.

## **Preparation**

Firstly, print out this document, along with the pages that contain templates of the Hebrew letters. Cut these into small squares, so that each letter is on an individual square, and put the others away (so they do not subconsciously influence your vision) while you set to work on the letter of your choice. Take some time to paint this before the ceremony (in black paint). I advise that you paint it in your temple space, using the table you will be using for skrying (if you use a table), and you should also do this *just* before you skry the letter, so that the connection you built up with the act of painting the letter (and concentrating on the painting thereof) will remain strong and fruitful for the working ahead. You may also decide to dispense with the templates and paint the letter “from scratch”, though I feel the templates are handy for ensuring we’re all skrying *the same thing*, as it were (handwriting subtly changes the shape of letters, which influences a vision). Make sure to have your journal open and ready for documenting your visions.

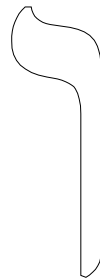
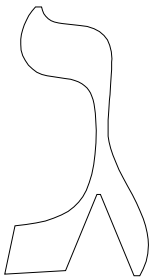
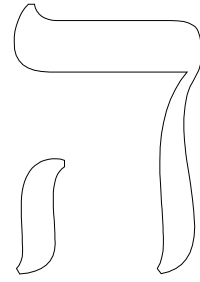
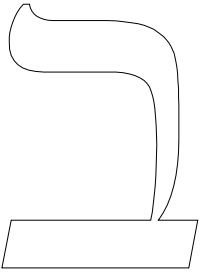
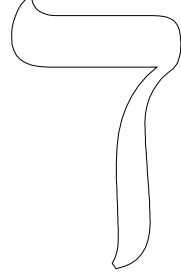
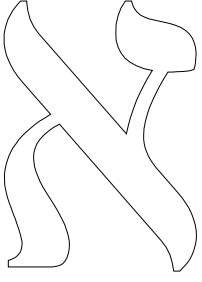
## **Procedure**

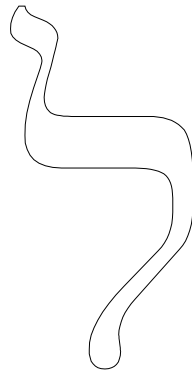
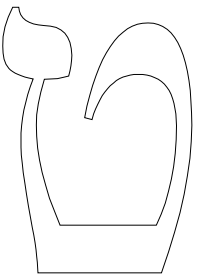
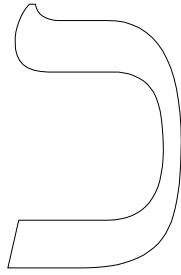
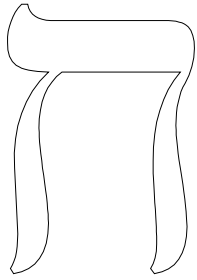
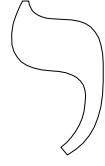
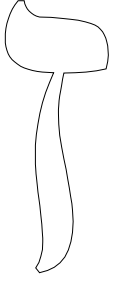
1. Perform an LBRP and take some time to relax (rhythmic breathing is good here – try the Fourfold Breath).
2. Place the letter on the table in front of you (and also your open journal if you plan to document as you skry, though be aware that this may interrupt the flow of the vision, so it is sometimes better to risk forgetting some of it and document after the vision is “complete”) and concentrate on it. You may also light a candle to aid concentration.

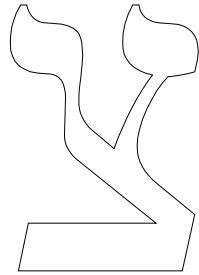
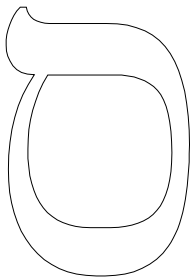
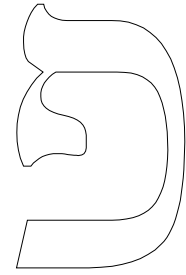
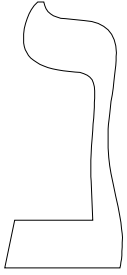
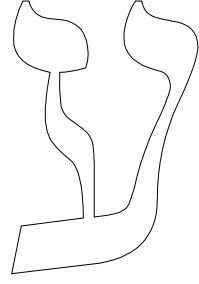
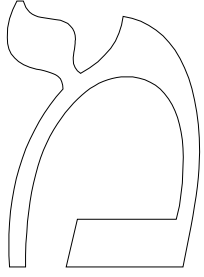
3. Recite a short prayer for Truth and Accuracy in your vision, calling upon God, Christ, your Holy Guardian Angel, or any other “power” you see fit to “oversee” this ceremony. Ask that you receive a true and accurate vision of the nature of that letter, that you are not led astray by preconceptions, illusions, or the willful deception of outside entities. This affirmation often helps to dispel these obstacles and help you “tune in” to the “right channel” for the appropriate letter you have chosen.
4. Concentrate on the letter. Look at it as a whole, then look at each individual part. Draw the letter in your mind, and try tracing its edge with your eyes. Once you have spent a few moments doing this, close your eyes and call to mind a visual representative of that letter.
5. With the Sign of Projection (either mental or physical), will yourself *through* the letter, as if it were a doorway. You may notice a feeling of slight disorientation as you do this (doubly so if you have performed the sign physically with your eyes closed), but this is a natural part of the skrying procedure.
6. Now relax and await the vision (sit down if you stood to perform the sign). Don’t try to strain too much to see – just let visuals or thoughts come to mind. Note that not all “visions” are visual – you might just suddenly think of something, or you might *hear* something rather than see it. There is nothing wrong with that (we each perceive in different manners), so stick with it and document it later.
7. If you are having trouble “seeing” anything, then you might try vibrating the name of the letter (either internally or externally). Indeed, this is a good procedure to do for half a minute or so as soon as you project “into” the letter, as it may help to further tune you in. Vibrate the name and image the letter should you feel you have become a little lost in your skrying work.
8. When you feel you have got the most out of that working (or are too tired or strained to continue), thank the “overseers” of your ceremony, including your “letter guide” if one happened to appear during the working. Close with your traditional banishing routine (LBRP, etc.), and document thoroughly what you have seen, for your own sake, and also for sharing with your Skrying Coach, so they can gauge your progress.

*N.B.* When you begin your skrying work, it is a good idea to learn some ways to “test” your visions. Procedures and “tips and tricks” for this can be found on the forums and in other Order documents supplied by your Skrying Coach.

Fr. Yechidah  
11<sup>th</sup> April 2007







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