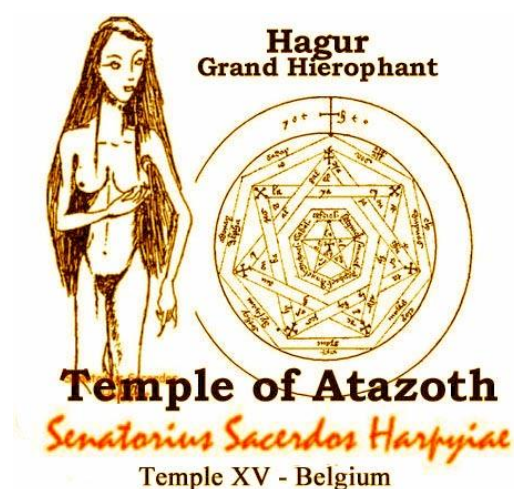


Sinister Pathway Triangle Order

(Order of Nine Angles Philosophy)



Winter Solstice 2010

By Hagur, Grand Hierophant, Temple of Atazoth



Skull Press Publication

© December 2010 – Hagur, Grand Hierophant – Ghent, Belgium

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Winter Solstice was overlaid with Christmas, and the observance of Christmas spread throughout the globe, or almost. Along that Christian celebration of the said birth of Jesus of Nazareth, we lost some of the deep connection of our own celebrations to a fundamental seasonal, hemispheric event. Many people, of many beliefs even, are looking to regain that connection now. Native Northern Europeans and Americans had winter solstice rites. Solstices were tremendously important to them, and the winter solstice celebration lasted several days. However, Christianity changed it all, and catalogued it as pagan and ungodly, contrary to Yahweh's (God's) Ten Commandments, and the teaching of Jesus Christ, the World Messiah. Let us say,

Rome, the Vatican changed it all through much pain, bloodshed, tortures in the Name of God, wars as the crusades, etc. Today, Christianity is as sinful as ever through their hypocrisy, as in child abuse on a very large scale. I do not need to enlarge any longer on the subject. One reads enough about it on Internet, TV, radio, newspapers and magazines all over the world. Church leaders are, by all means, trying to protect their own criminals, as they did during "World War III" with the Nazis in Rome, during the Pontificate of the Beatified Pope Pius XII.

We, Pagans, because it was our own "Nature" religion more than twenty centuries ago, taken away from us by force during the third century A.D.; and, whether today we are in Shamanism, Wiccans, Satanism, Psychic Vampirism, or simply Occultists, we all are "Children of the Moon". At this stage, I welcome you all, Children of the Moon. The Winter Solstice is the longest night of the year. The Winter Solstice is a special time of the year celebrated by many cultures throughout the world. Many countries' modern winter holiday traditions have their roots in ancient Winter Solstice celebrations. Does your family have a

special time set aside for celebration during the winter? This is my invitation to you today.

At the Winter Solstice, families celebrate Children's Day to honour our children and to bring warmth, light and cheerfulness into the darkest time of the year. Holidays such as this have their origin as "holy days". They are the way human beings mark the sacred times in the yearly cycle of life. Mind you, Christianity took it over, somehow, with their "Christmas" highlight. In the homes, "Christmas" has become "Christ Mess". Any, whatever you do with it, have a good time.

The Focus of the Solstice Celebration is as such:

- (1) Strengthen family bonding with each other
- (2) Expand upon existing patterns of family celebrations.
- (3) Attune family to Nature's cycles
- (4) Attune family to its membership in the community of all life on planet Earth
- (5) Connect with ancestors
- (6) Celebrate ethnic and cultural heritage(s)
- (7) Educate about ancient and contemporary folkways
- (8) Deepen understanding about occultism, renewal along natural pattern and passionate love among ourselves.
- (9) Have in all freedom fun.

At this year ending, I learned to join together Traditional Satanism with Psychic Vampirism as the two great ageless streams belong as a fact to traditional occultism and even modern psychology. The essence of Satanism and Psychic Vampirism is merely a condition of the mind and the soul. The techniques are the same.

I identify myself as a Traditional Satanist, and a Psychic Vampire (*not bloodsucker, only psychic vampirism bringing occultism in practice*). Christianity is no longer my religion, the more that I am deeply ashamed of it, as to their hypocrisy in all human matters, especially the child abuse that always has been, and saw again outstandingly the surface in 2010. And, in spite of this, confirming their hypocrisy along history, millions of innocent men, women and children, since the introduction of Christianity, were burnt, tortured, fined and imprisoned; yet we have not advanced one step further towards uniformity. If they were loosened again today, they would do the same as history always repeats itself. Using their own words, those clerical child abusers, together with

the clergy allowing it to happen are devils disguised in angels: “the devil masked as an angel”. And, much more, using the words of the Bible: “Your adversary the devil prowls around like a roaring lion seeking someone to devour” (1 Peter 5:8). Jesus of Nazareth suggested a punishment for child abusers: “but whoever causes one of these little ones who believe in me to sin, it would be better for him to have a great millstone fastened round his neck and to be drowned in the depth of the sea” (Matthew 18:6).

For me, Satan (*Satanas, Shaitan*) is not a real, living entity, conscious or a physical thing that can be interacted with. It is a symbol, something ethereal, something that basically does not exist except as an archetype, an emotional attachment and personal dream. Just like Buddhists do not worship Buddha, Satanists hold up Satan as an ultimate principal rather than an object of literal worship. Satan inspires and provokes people, like all honest religions do, except Christianity, where the ultimate point is self-help. “God” believers have a different opinion on what Satan is, but their opinion is a result of their religion. Satanism's Satan is much more eclectic and multicultural than to be defined by Christianity or Islam.

As mentioned before, Christianity was invented to remove spiritual and occult knowledge (*the powers of the mind, re-introduced today*) from the populace and place this power in the hands of a "chosen" few to the detriment of all humanity. The powers of the mind and soul are very real. People who are unaware of or who do not believe in these powers are easy to control and manipulate by those who are skilled in using these energies.

But, what is “good” and what is “evil” do you know? Are the Catholics “good”, and the so-called unbelievers “evil”? To me, there is no difference between “good and evil”. Next to our “will-to-good”, we have the right to protect and defend ourselves. Is this evil? Is this a sin? What do people find good, and what do they despise?

What really is good and what really is bad? The two questions are subtly different. One may answer the first question by researching the world by use of social science, and examining the preferences that people assert. However, one may answer the second question by use of reasoning, introspection, prescription, and generalization. The former kind of method of analysis is called "descriptive", because it attempts to describe what people actually view as good or evil; while the latter is called "normative", because it tries to actively prohibit evils and cherish goods. These descriptive and normative approaches can be complementary. For example, tracking the decline of the popularity of slavery across cultures is the work of descriptive ethics, while advising that slavery be

avoided is normative. Good and evil is a religious trademarked term. Finally, choosing between good and evil, let us try the one we never tried before.

Satanism and Psychic Vampirism place no limits on developing the powers of the mind, known as "witchcraft" or "magick." We believe in justice and just as martial artists are versed in their martial art and other aspects of physical combat, Satanists are versed in the Black Arts of "Magick" should they ever need them, to destroy and rebuild. People who are unaware of these powers are defenceless against them, and the powers that we know this all too well.

Uniting Traditional Satanism with Psychic Vampirism, the title I use to place in and accentuate my teaching is called "Opposite Philosophy", opposite to hypocrisy as found, for instance, in Christianity. Anyway, whether Satanism or Psychic Vampirism, the dark approach as we call it, is believed to be a solitary approach that leaves one responsible for their own spiritual or sinister growth and development. It is a lonely path, and yet a group endeavour. Altogether, Satanists together form "Satan": "Agios O Satanas".

As another major holiday approaches, the Winter Solstice, many Traditional Satanists are preparing their altars and minds for rituals and ceremonies. However, these are not compulsory rites done for their own sake. As with many elements of Satanism, there is more to this practice than is commonly understood.

Satanic holiday rituals draw their potency from one's life *outside* of this formalized context. One's energies are *heightened* by the occasion's symbolic significance – whether historical, seasonal or otherwise – but they first originate within the individual's "everyday" life. The religious trappings *enhance* his or her *existing* capacity for awareness, inspiration, and power.

In most traditions, ceremonies exalt something *above* the individual participants. Let there be no mistake that, in Traditional Satanism, ceremonies are designed to serve the *individual*, not to glorify external deities, or even to honour the traditions themselves. No matter what, it all begins and ends with the *individual*.

The imagery embraced within the Satanic Ritual Chamber can be misleading to those unfamiliar with our methods. Satanism's religious iconography and incantations often employ mythological elements and esoteric symbolism, which may seem to imply theistic or mystical inclinations. However, these are chosen for their ability to augment one's energies through emotional resonance. This is psychodrama. It has no basis whatsoever in any type of superstition.

We are now ready for a brief ritual of the “Atazoth Temple”.

THE OFFICE OR MASS OF ATAZOTH

(Includes Offering of the Chalice)

For daily (dawn; dusk) or “ad libitum” performance either solo or by Priest, Priestess, with or without congregation. It is also suggested to use the rite partly or wholly¹ before a sinister meditation if time allows. If the “Offering” as part of the office is considered, a chalice filled with strong wine is required. If there is no “offering”, parts one and three are only to be recited and chanted or vibrated where requested. The altar is covered with a black cloth, and lighted with the usual black candles, while the celebrant is clothed with a black robe. The same applies for the attendants. The Office with Offering is called the Mass of Atazoth. You may hold your tetrahedron quartz crystal in your hands wherever you feel you should do so. The success of this rite depends greatly on your Sinister “intentions” while performing the Office or Mass of Atazoth.

First Part of the Office

V. Satanus, in adjutorium meum intende.

O Satan, take heed, and save me.

R. Domine Satanus, ad adjuvandum me festina.

Lord Satan, make haste to help me.

(Introduction Hymn)

**Dies irae, dies illa
Solvat Saeclum in favilla
Teste Satan cum sibylla.
Quantos tremor est futurus
Quando Vindex est venturus
Cuncta stricte discussurus.**

¹ With or without the third part “Offertorium”.

Dies irae, dies illa!

Day of wrath and terror looming,

Heaven to ash consuming

Satan's true foredooming

Ah, what agony of trembling,

When Vindex, mankind assembling,

Probeth all beyond dissembling

Day of wrath and terror looming.

The celebrant holds the tetrahedron quartz crystal in his hands, and say as loudly as possible.

V. Aperiatur terra, et germinet Vindex.

Let the Earth be opened, and Vindex come forth.

R. Mirabilia opera tua, Domine Satanas, et anima mea cogniscit nimis.

Marvellous are Thy works, Lord Satanas, and my soul knows it well.

(Chant)

Agios o Vindex²

(Hymn)

Non usitata nec tenui ferar

Penna biformis per liquidum aethera

² May be sung thrice, even alternatively in group.

**Vates, neque in terris morabor
Longius, invidiaque maior
Orbis relinquam**

*Not manipulated nor flying with wings
As a wild animal in the air
Nor kept in the deep of the earth*

But his dwelling place fills the whole Orbit.

Priestess

Agios Athanatos³

Agios Immortality

Priest

**Dignum et justum est
*It is right and fitting***

(Chant)

Agios o Baphomet

O Oriens splendour lucis æternæ

Et sol justitiæ:

³ May be sung thrice, even alternatively in group.

Veni et illumina sedentes in tenebris

Et umbra mortis⁴

(Chant)

Agios o Vindex⁵

(Hymn)

Rerum Atazoth, tenax vigor

Immotus in te permanens

Lucis diurnae tempora

Successibus determinans:

Qui venturis es in mundum

Atazoth, ne tardaveris

Atazoth, powerful sustainer

Immutable and determining

The hours of day and phases

Determine:

Your arrival in the world

Atazoth, do not withhold to come.

(Chant)

⁴ From “Agios” to “mortis” may be sung thrice, even alternatively in group.

⁵ May be sung thrice, even alternatively in group.

Agios O Atazoth

Lectio brevis:

**We swear by war and hatred to stand
Hand to hand, and evil for evil with rage.**

**Mark, O Atazoth, and hear us now,
Confirming this our Sinister Vow.**

Priestess

**Nocturna lux viantibus
A nocte noctem segregans,
Praeco diei iam sonat
Iubarque solis evocat**

*Light of the Dawn on the Pilgrims
Dividing the night from the night,
The announcer now sounds the day
Bidding the evocation of the rising sun.*

Priest

**Hoc excitatus Lucifer
Solvit polum caligine**

Agios o Vindex
Laetus dies hic transeat.

Now, Lucifer raises
Ending the dark night

Hallowed be Vindex⁶

The day is passing ecstatically (joyfully).

Second Part of the Office
(ad libitum)

Offertorium

Offering strong wine:

“Agios o Atazoth”, Deus, quia de tua largitate accepimus vinum, quod tibi offerimus, fructum vitis et operis manuum hominum, ex quo nobis fiet potus sinistrae.

The celebrant now vibrates “**Agios O Atazoth**” standing facing the altar with the hands over the bread (cakes or fruit) and chalice containing strong wine, and says:

“By our love of life we have this drink,

It will become for us a gift from our God Atazoth.”

⁶ Sanctified be Vindex.

The priest or priestess pursues:

R. Invocations to Atazoth, once or more, until something is felt within the celebrant

Agios O Atazoth

The celebrant raises the chalice (cup), after which he replaces it on the altar, laying his or her both hands over the chalice, saying convincingly, but quietly:

“Oriens splendour lucis æternæ et sol justitiæ – veni et illumine sedentes in tenebris et umbra mortis.”

The priest or priestess while holding the chalice in his or her hands, gives tribute to Satan, and says:

“Suscipe, Satanas, munus quod tibi offerimus, Memoriam recolentes Atazoth.”

R. Veni omnipotens æterne diabolus.

The celebrant, before eating whatever is found on the paten and drinking from the chalice, before sharing the gifts with others, says:

May the gifts of Satan be forever with you!

While drinking from the cup, express silently or audibly (if solo) your wishes and desires in an affirmative way, as if it already happened.

The Third Part of the Office

The office of Atazoth (*with or without offering*) is closed as such:

Chanted alternatively, with as much acclamations as required:

V. Agios O Atazoth

R. Agios O Atazoth

V. Agios O Satanias

R. Agios O Baphomet

Ending the acclamations as such:

Tu autem in médio nostri es, Deus Atazoth, et nomen tuum invocatum est super nos; ne derelinquas nos, Deus Atazoth noster.

Thou art with us, O God Atazoth, and Thy name has been invoked on us, abandon us not O God Atazoth.

V. Pleni sunt terra majestatis gloriæ Tuæ.

The whole earth is full of Thy highest glory.

R. Tuere nos, Domine Satanias.

Thou art our Lord Satanias.

V. Ave Satanias.

R. Ave Satanias.

While making the sign of the horn with the left hand, drawing the reverted pentagram in the air:

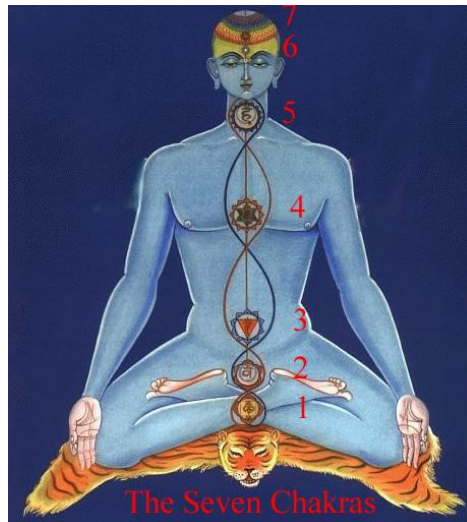
V. Ite Missa Est

Directing magickal energies towards personal reasons or aims should follow the “Office of Atazoth”, as motto says “hunt, kill and eat some game”. The “Office of Atazoth” can also be said prior a “Sinister Meditation Session”, and obviously followed by personal activity as stated above. You will be surprised how your evil intentions come true.

Summary of the Main Seven Chakras

The following seven Chakras are the main “Energy Centres” of the body. It is important to note before beginning this overview that among Psychic Vampires there are two trains of thought, namely, the “Five Chakra System” or the “Seven Chakra System.” We opt for the Seven Chakra System.” We opt for the Seven Chakra System.

With the five Chakra system vampires exclude the Chakras that do not work, or combine the energy Centres. For example they might exclude the Navel chakra, and the Crown chakra. Or, exclude the Navel and the Heart Chakra. Or combine the Navel and Heart Chakras and the Third Eye (*Ajna Centre*) and the Crown Chakra.



Chakra Seven: The Crown Chakra

The Power of Thought, Universal identity, oriented to self-knowledge. This is the Crown Chakra that relates to consciousness as pure awareness. It is a connection to the greater world beyond, to a timeless, spaceless place of all-knowing. When developed, this chakra brings us knowledge, wisdom, understanding, spiritual connection, and bliss.

In opening, spinning too fast, leading to frustration, unrealized power, psychosis, or manic depressiveness are surely to come.

Blocking the Seventh Chakra, is not a good idea at all, as it leads to indecisiveness, sense of loneliness, and one is constantly tired. The seventh Chakra is where your “Higher Self” is seated.

Correct balanced development through meditation and concentration. It achieves miracles, leads to inner peace and satisfaction, and is transcendent as well.

Chakra Six:-Third Eye Chakra

Light, archetypal identity, oriented to self-knowledge. This Chakra is known as the brow chakra or third eye, the Ajna Centre. It is related to the act of seeing, both physically and intuitively. As such it opens our psychic faculties and our understanding of archetypal levels. When healthy it allows us to see clearly.

In opening, spinning too fast – leading to arrogance.

Blocked, it does not spin, or spins slowly, resulting in fearing failure for success, leading to schizophrenia, becoming undisciplined.

Correct balanced (equilibrium) is the owned attitude, meaning attunement to psychic phenomenon, highly intuitive, charismatic.

Chakra Five: Throat Chakra

Sound, creative identity, oriented to self-realisation. This is the chakra located in the throat and is thus related to communication and creativity. Here we experience the world symbolically through vibration, such as the vibration of sound representing language.

In opening, spinning too fast, leading to arrogance, over-talkativeness, and self righteousness.

Blocked, does not spin or does it slowly. Unreliability, shifting views, stifled self expression.

Correctly balanced, in words and deeds. Excellency in communication, artistically inspired, content.

Chakra Four: The Heart Chakra

Element Air. Social identity, oriented to self-acceptance This Chakra is called the Heart Chakra and is the middle Chakra in the system of Traditional Seven Main Chakras. It is related to passion and love as a whole, also being the integrator of opposites in the psyche: mind and body, male and female, persona and shadow, ego and unity. A healthy fourth chakra allows us to love profoundly, feel compassion, and have a deep sense of peace and centeredness

In opening, spinning too fast, over-dramatising, possessiveness, emotionally and in a abusive way.

Blocked, does not spin or spins slowly – overwhelming in love, feels unworthy to receive love, and may even not be able to receive love.

Correctly balanced in words and acting - loves unconditionally, desires mystical experience in lovemaking. Human compassion.

Chakra Three: The Navel Chakra

Element Fire. Ego identity, oriented to self-definition. This Chakra is commonly known as the Power Chakra, located in the Solar Plexus. It rules our personal power, will, and autonomy, as well as our metabolism. When healthy, this Chakra brings us energy, effectiveness, spontaneity, and non-dominating power.

In opening, spinning too fast - Controlling, angry, judgemental.

Blocked – does not spin or spins slowly. Fearful of being alone, fearing what others think, insecurity, instability.

Correctly balanced. Individual empowerment, self-respect and respects others, uninhibited.

Chakra Two: The Sacral Chakra

Element Water. Emotional identity, oriented to self-gratification The Second Chakra, located in the abdomen, lower back, and sexual organs, is related to the element water, and to emotions and sexuality. It connects us to

others through feeling, desire, sensation, and movement. Ideally this Chakra brings us fluidity and grace, depth of feeling, sexual fulfilment, and the ability to accept change.

Opening, spinning too fast – manipulative in every way and aspect, sexual addict, emotionally unbalanced.

Blocked, does not spin or spins slowly – self-guilt, over sensitiveness, impotent, frigid.

Correctly balanced- Expressive, attuned to emotions, creative, sexually healthy.

Chakra One: The Root Chakra

Element Earth. Physical identity, the fight or flight response. Located at the base of the spine, this Chakra forms our very foundation. It represents the element Earth, and is therefore related to our survival instincts, and to our sense of grounding and connection to our bodies and the physical plane. Ideally this Chakra brings us health, prosperity, security, and dynamic presence.

In opening, spinning too fast - self centeredness, aggressiveness, materialistic.

Blocked, it does not spin or spins slowly -low self esteem, self destructiveness unbalanced behaviour, fearfulness and doubt.

Correctly balanced - high energy able to give and receive grounded, healthy.

The Power of Triumvirate Psychic Work

by Hagur, Grand Hierophant – Temple of Atazoth

Author of “Becoming Another God” (Exercising Your Abyssal Mind Through Will-Power)

Our “Sinister Pathway Triangle Order” work, is a dynamic exchange between a small group or groups of three “Psychic Satanists”. In this, our subjective work, each partner must make a conscious effort to actively cycle and refine the spherical energies or vibrations from the Dark Gods of the Cosmic Tree of Wyrd, and of other powerful Dark Gods, like the European Northern Runic Gods. The three active partners are all in this sort of exchange, the givers and the receivers. My book “Becoming Another God” is a helping tool for each partner to become well versed in the manipulation through meditation, and in the cycling of energy. The world today is in a deep need, mainly caused by religious philosophies as found in the Abrahamic Faiths.

What are, in fact, the psychic powers? The psychic powers are the powers, faculties and capacities of the Cosmic or Universal Soul (*Overall Soul*) but that, in time and space, some of them are expressions of the animal consciousness or the animal soul, some of the human soul, and some of the “Higher Self” within each one of us. The more one connects with the “Higher Self”, the more justified one can say, “I am the Power, I am the Glory, I am another God.”

When we can really say this wholeheartedly, suggests we have now entered the mystical stage wherein we have now joined the advanced human beings, in oneness with all aspirants and disciples together becoming steadily aware of another realm of nature to conquer, the realm of the Invisible Kingdom (the macrocosm), with its own life and phenomena.

The inference is that there are two sets of powers latent in the human equipment—the lower one being recoverable if deemed desirable, the other and higher one to be developed. These two sets of powers are:

1. The ancient powers and faculties which humanity developed and possessed in past ages and which he drove into the background of his consciousness and below the threshold of his current awareness in order to develop the mind and as such become himself a conqueror and a personality.
2. The higher powers and faculties which are the prerogative of the conscious and living soul. These are the greater powers to which the Mystical or Spiritual

Masters referred when each one promised their disciples that some day they would do even greater things. Today, scientific humanity is able to do greater things, than traditional Western religions ever have done, and will do if they do not change.

The following tabulation of the developing psychic powers as they blend in consciousness of the three kingdoms in nature may be of service at this point if carefully studied as much as applied in the following interrelated relationships:

Animal	Human	Subtle
The four major instincts	The five major instincts	The five transmuted instincts
Self-preservation	Creative self-preservation	Immortality
Sex	Sex. Human Love	Attraction
Herd instinct	Gregariousness	Group consciousness
Curiosity	Enquiry, Analysis and Assertion	Evolutionary Urge, and self-control
The five senses	The five senses	The five senses
Touch	Touch, contact	Wisdom or Understanding
Hearing	Hearing, sound	Response to the Word
Sight	Seeing and perspective	The Mystical Vision
Taste (embryonic)	Taste, discrimination, intuition	
Smell (acute)	Smell and Emotional Idealism	Mystical discernment
Lower Psychic Powers	The Human Correspondences	Higher Psychic Powers
Clairvoyance	Extensive Vision	The Mystical Vision
Clairaudience	Extensive hearing	Telepathy and Inspiration

Mediumship	Intercourse (<i>bridging, pontus</i>) and speech	Mediatorship
Materialisation	Invention	Creativity
Forethought	Foresight and planning	Prevision
Healing through animal magnetism	Healing through Science	Healing through Spiritual Magick

Among above faculties of low grade psychic life and the spiritual perception of the initiate there is to be found every possible type of sentient consciousness.

These can be divided into three major categories:

1. The unfoldment and use of the psychic powers, both higher and lower. This is the stage of Psychism.
2. The evolution of the mystical vision. This is the stage of Mysticism.
3. The revelation of light and power. This is the stage of Occultism.

All these expressions of mystical knowledge are connected with, and dependent on, the development of the chakra centres. In the low grade human being, the centres are nothing more than slowly revolving, palpitating disks of low light, not even dark light. Energy channels run to and from the chakras in an intricate web-work that extends throughout the limits of the physical form. The physical correspondents to these energy channels are the blood vessels and nerves. Roughly, these follow the same pattern as the energy channels, and interaction between above three systems, exchanging both information and vitality between the subtle and physical forms.

To summarise, we have:

Psychical Plane	Psychic Plane	Higher Correspondences
Hearing	Clairaudience	This leads eventually to mental telepathy, ending up in mystical knowledge
Sight	Clairvoyance	This leads eventually to spiritual vision and finally to spiritual

		identification.
Touch	Sensitivity	This leads eventually to aspiration and finally to mystical impressibility.

Let us extend these ideas into their planetary or spherical connotations as part of the Tree of Wyrd, I would add that:

1. The touch faculty is the keynote of the evolution proceeding at this time on Venus. It is sensitivity to mystical and sinister impression.
2. The hearing faculty is the keynote of the evolution proceeding at this time on Mars. It is simply telepathy and knowledge.
3. The faculty of Sight or Seeing is the keynote of the evolution proceeding at this time on the Earth. It is mystical and sinister vision leading to identification.

Abuses to be avoided

The prime difficulty of the natural psychic and of the triumvirate, who is born as a medium, may be his or her inability intelligently to control the phenomena evidenced. Lack of control of the physical powers is deemed highly undesirable. Lack of psychic control should also be relegated to the same category. The medium triumvirate is either in trance or his psychic powers are brought into expression through the stimulation which comes from his contact with the group of three in the séance room or each individually in the black chamber. In other cases, he or she is all the time living on the borderland of consciousness between the physical and the psychic or astral planes. How can this be changed, provided the medium wishes for such a change, which is rare indeed, which can be stated in three ways only:

1. By ceasing to be interested in the display of these powers, and by refusing to use them anymore and by this means causing them gradually to die out.
2. By gradual lack of interest in the present mystical life and to the expression of an intense aspiration towards the spiritual realities. This opens to new interests which eventually becomes dynamically expulsive of the old interests and so tends to shift the life-emphasis away from the lower levels of the astral plane to the higher levels.
3. During a course of intellectual training and of mental development which would, if persisted in for a sufficient length of time, automatically make the use of previous attained powers (lower or higher) impossible because the shift of the

flow of energy will be into the centres above the diaphragm. It is well known in psychic circles that mental training does bring to a close the psychic cycle. Also, as we take energy and process it, the previous energy can not only be deactivated, but the next energy is also made useless. In other words, this energy is a by-product of the act of energy assimilation, just as carbon monoxide is produced as our bodies take oxygen out of the air.

Where the danger is of a serious nature, producing great nervous tension or excessive debility, extreme care must be used. Where there is a violent fight against the psychic activity going on, or where there is a nervous breakdown and loss of mental grip and control, then it is essential that at times the psychic should be forced to take a long rest in bed, with light diet and complete freedom from all contacts.

Today, many such cases are fighting hard for mental equilibrium, and are deemed insane or on the border line of insanity. Their plight is greatly enhanced by the lack of understanding of their environment, and of the consulting physicians and psychologists. Their trouble is not mental but is entirely related to the solar plexus. Only when this is recognised will we begin to have a right handling of these problem cases. It is rare indeed to find a psychologist today who would be willing to admit the possibility of these premises.

When psychic difficulties arise in the case of the advanced triumvirate, the initiate or simply the occult student, the mode of approach has to be more definitely scientific, for the trouble is more deep-seated owing to the fact that the mind is more involved. Definite work with the centres up the spine and in the head is in order but must be carried forward under careful supervision.

The Training of Psychics

The first thing to be borne in mind is that negative, unintelligent mediumship and Psychism reduces its exponent to the level of an automaton; it is dangerous and inadvisable because it deprives man of his free will and his positivity, and militates against his acting as a free intelligent human being. The man is not acting in these cases as a channel for his own soul, but is little better than an instinctual animal, if he is not literally an empty shell, which an obsessing entity can occupy and use. When speaking thus I am dealing with the very lowest type of Animal Mediumship of which there is far too much these days, and which is the cause of concern to the best minds in all the movements which foster Mediumship. A Mediumship which is entered into with a fully conscious focussed attitude and in which the medium, knowingly and intelligently, vacates his body to an entering entity of whom he is fully aware and who takes possession with his conscious permission in order to serve some spiritual end

and help his fellowmen can be right and good. But how often is this type of Mediumship to be seen? Few mediums know the technique governing the passing in or out of an informing entity, nor do they know how to carry on this work in such a way that never for a moment are they unaware of what they themselves are doing and the purpose of their activity. Definitely and with purpose they lend their body temporarily to another soul for service, preserving their own integrity all the time. When this true Mediumship is better understood, we shall have the medium passing out of his body in full waking consciousness through the orifice at the top of his head, and not, as is now the case in the majority of instances, through the solar plexus, with no preservation of awareness of the transaction, nor any recollection of what has transpired.

We shall then have the temporary entrance of a new tenant along the line of a synchronous vibration through the entrance in the head, and the subsequent use of the instrument of the loaned body in service of some kind or another. But this procedure will never be followed in order to satisfy idle curiosity, or an equally idle grief, based on personal loneliness and self-pity. At present many of the lower kind of mediums are exploited by the curious or unhappy public, and those peculiar human beings whose consciousness is centred entirely below the diaphragm and whose solar plexus is indeed their brain (as it is the brain of the animal) are forced to act as mediums to satisfy the love of sensation or desire for comfort of their almost equally unintelligent fellowmen.

At the same time, there are mediums of a very much higher order whose lives are offered in service to advanced souls on the other side of the veil and who give themselves so that their fellowmen may learn of them; thus, on both sides of the veil of separation, are souls aided and given opportunity to hear or serve. But these, too, would profit by a more intelligent training and by a more accurate understanding of the technique of their work and the organisation of their bodies. They would then be better channels and more dependable intermediaries.

Above all, let the psychics in the world today grasp the necessity of controlling and of not being controlled; let them realise that all that they do can be done by any trained disciple of the Ageless Wisdom should the occasion warrant it, and circumstances justify such an expenditure of force.

Because there is in this form much emotional substance and also a certain amount of mental substance, it can make a wide appeal and its validity is such that like all shells, for instance, which are contacted in the séance room, it masquerades as myself and where the intuition is unawakened the illusion is complete and real. Devotees can therefore tune in with great facility on this illusory form and be completely deceived. Its vibration is of a relatively high

order. Its mental effect is like a beautiful parody of myself and serves to place the deluded devotees in touch with the scroll of the astral light, which is the reflection of the "Akashi Chronicles". These latter are the eternal scrolls whereon the plan for our world is inscribed and from which those of us who teach gather our data and much of our information. This, the astral light distorts and steps down. Because this is a distorted image and functions in the three worlds of form and has no source of validity higher than those of form, it has in it the seeds of separativeness and of disaster. Forms of flattery are sent out from it, ideas of separateness, those thoughts which feed ambition and which foster love of power, and those germs of desire and personal longing (*which divide groups*) emerge from contact with it. The results to those who are deceived thereby are sad.

I would like to point out also that trance Mediumship, as it is called, must inevitably be superseded by that Mediumship which is offered by the man or woman who is clairvoyant or clairaudient on the astral plane, and who therefore in full waking consciousness and with the physical brain alert and active can offer himself as an intermediary between men in physical plane bodies (*and therefore blind and deaf on the subtler levels*) and those who, having discarded their bodies, are cut off from physical communication. This type of psychic can communicate with both groups and their value and their usefulness as mediums is beyond computation when they are single-minded, unselfish, pure and dedicated to service. But in the training to which they subject themselves they must avoid the present negative methods, and instead of "sitting for development" in a blank and waiting silence, they should endeavour to work positively as souls, remaining in conscious and intelligent possession of the lower mechanism of their bodies; they must know which centre in that body they use whilst working psychically, and they must learn to look out, as souls, upon the world of illusion in which they are undertaking to work; from their high and pure position let them see clearly, hear truly and report accurately, and so serve their age and generation, and make the astral plane a familiar and well-known place of activity, accustoming mankind to a state of existence wherein are found their fellowmen, experiencing, living and following the Path.

I cannot here write concerning the technique of that training. The subject is too vast for a brief article. I do say, with emphasis, that a more careful and wise training is needed and a more intelligent use of the knowledge which is available, if sought after. I appeal to all who are interested in the growth of psychic knowledge to study, and think, and experiment, and teach, and learn until such time as the entire level of psychic phenomena has been lifted out of its present ignorant, speculative and negative position to one of potent assurance, proved technique, and spiritual expression. I appeal to such movements as the

Psychical Research Societies in the world and the vast Spiritualistic Movement to lay the emphasis on divine expression and not so much on phenomena; let them approach the subject from the angle of service and carry their researches into the realm of energy, and cease to pander so much to the public. The opportunity offered them is great and the need of their work is vital. The service rendered has been real and essential, but if these movements are to avail themselves of the coming inflow of spiritual energy, they must shift their attention into the realm of true values. The training of the intellect and the presenting to the world of a group of intelligent psychics should be a main objective, and the astral plane will then be, for them, only a stage on the way to that world wherein all the mystical or spiritual Guides and Masters are found, and from whence all souls go forth to incarnation and all souls return from the place of experience and of experiment.

It might be asked what ground this training should cover. I would suggest that teaching should be given as to the nature of man and the purpose and objectives of the soul; training can be offered as to the technique of expression, and careful instruction also given as to the use of the centres in the etheric body and in the development of the ability to preserve inviolate the attitude of the positive onlooker, who is always the directing, controlling factor. There will have to be careful analysis of the type and character of the psychic, and then the application of differentiated and suitable methods so that he may progress with the least hindrance. Training schools and classes which seek to develop the student must be graded according to his point in evolution, and his passing into a group, optimistically hoping that something will happen to him whilst in it, will have to cease.

The goal for the low-grade negative psychic should be the training of the mind and the closing of the solar plexus until such time as he can function as a true mediator; if this involves the temporary cessation of his mediumistic powers (*and consequently of his commercial exploitation*), then so much the better for him, viewing him as an immortal soul, with a spiritual destiny and usefulness.

The instruction given to the intelligent medium and psychic should lead him to a full understanding of himself and of his powers; it should develop those powers without risk and with care, and he should be stabilised in the position of the positive controlling factor. His clairvoyant and clairaudient powers should gradually be perfected, and the right interpretation of what he sees and contacts on the plane of illusion, the astral plane, should be cultivated.

Thus we shall gradually find emerging in the world a large body of trained psychics whose powers are understood and who function on the astral plane with as much intelligence as they function on the physical plane, and who are

preparing themselves for the expression of the higher psychic powers, spiritual perception and telepathy. These people will constitute eventually a body of linking souls, mediating between those who cannot see and hear on the astral plane because they are the prisoners of the physical body and those who are equally the prisoners of the astral plane, lacking the physical response apparatus.

The great need, therefore, is not that we should cease to consult and train our psychics and mediums, but that we should train them rightly and guard them intelligently and so link, through their means, the two worlds of the physical and the astral.

Meditation involves the living of a one-pointed life always and every day. This performance puts an undue strain on the brain cells for it brings quiescent cells into activity and awakens the brain consciousness to the light of the soul. This process of ordered meditation, when carried forward over a period of years and supplemented by meditative living and one-pointed service, will successfully arouse the entire system, and bring the lower man under the influence and control of the spiritual man; it will awaken also the centres of force in the etheric body and stimulate into activity that mysterious stream of energy which sleeps at the base of the spinal column. When this process is carried forward with care and due safeguards, and under direction, and when the process is spread over a long period of time there is little risk of danger, and the awakening will take place normally and under the law of being itself. If, however, the tuning up and awakening is forced, or is brought about by exercises of various kinds before the student is ready and before the bodies are coordinated and developed, then the aspirant is headed towards disaster. Breathing exercises or “pranayama training” should never be undertaken without expert guidance and only after years of spiritual application, devotion and service; concentration upon the centres in the force body (with a view to their awakening) is ever to be avoided; it will cause over-stimulation and the opening of doors on to the astral plane which the student may have difficulty in closing. I cannot impress too strongly upon aspirants in all occult schools that the yoga for this transition period is the yoga of one-pointed intent, of directed purpose, of a constant practice of the Presence of God, and of ordered regular meditation carried forward systematically and steadily over years of effort.

Psychic Feeding Techniques

Now I will discuss the common techniques that are utilised when feeding. The First method is Contact feeding. The Second method is directional feeding or the "head, heart, hands method." The Third technique is more advanced and focuses more on using psychic-tendrils. You will soon know how to feed along this method.

Besides learning how to feed, it is important to know that there are different types or levels of feeding: Ambient feeding, surface feeding, and deep feeding.

Ambient feeding- Feeding off the energy of a crowd, group, or room.

Surface feeding- Feeding off the energy of a specific persons, astral or etheric energy.

Deep feeding- feeding off a specific persons core "Higher Self" Energy.



Contact Feeding

Feeding by Touch is one of the easiest ways to feed. This can be something as casual as a hug or holding hands, or something completely intense such as kissing or sex.

Also, one thing seldom mentioned is left or right hand dominance. Everyone seems to have a hand that sends and a hand that takes energy. However, since

most of the population is right hand dominant, in most of the books you will find, that they say that your left hand is the energy taking hand and the right hand is the sending energy hand.

A lot of psychic vampires do not particularly like shaking hands for this reason.

Contact by line of sight, or "eye contact" is another common way to feed by touch, and remote view (*of course only with permission*).

Directional Feeding

"Head, Heart, and Hands- The Sacred Triad"

Directional feeding is normally one of the first methods of feeding you usually learn, and very often unintentional, and unaware using this method. Some people prefer to call this method the "head-heart-hand" method, but it is pretty much all semantics. Aside from the feeding techniques I have also included some other positions that are relevant, but Only use this method on a Donor, or while feeding on Ambient energy.

First Method

This is one of two typical methods you are now learning to use, in order to feed in this manner. You are forming an arrow; you would point at "preferably a donor" or above a crowd to take in the ambient energy. It not just point and click, that is it! You have energy. Most of the people forget to mention the breath. As you breathe in, focus on drawing in, with mouth open to begin with, As you inhale draw in the life-force (Prana).

Second Method

The second method, aside from a kind of arrow you are forming a pentagram (*use your imagination to fill in the lines*). Use the same technique to draw in energy. After awhile it will become second nature to use either of these intentionally; and, you can progress to the second type of feeding, to be done outside your own community. Hence , why it is important for you to know that

the hands only serve as a focus for tendril feeding. Though some may prefer one method over another, for you to find what is best.

NOW, a third hand position as method for connection you might see in the Vampiric community at large.

Third Method

The hand position in this method generally indicates you are receiving energy from a person. Or if a person has their hands in that position they, are receiving energy. This “is” different than taking it.

Fourth Method

The hand position is a way of sending energy. When or if you send energy to another psychic vampire, they often respond with the hand position along method three, though not always.

Fifth Method

This Hand position means the person is "omnipresent". On to what you are doing, generally a back off sign if you just worked on them, or even if you were talking about them.

Tendril Feeding



This technique of feeding is more advanced and is what most psychic vampires use, because it is less readily detectible. I will attempt to explain two techniques of tendril feeding.

From what I know all Psychic Vampires have experienced the tendril method. Some have chosen to develop the skill, others remain with the “head-heart-hand technique.” They are generally grayish in appearance, though some see it as other colours (perception). Of Course once moving on to this level, you realize that the hands and the directional feeding technique, simply serve as a focus for your tendrils.

a. Tendril feeding drawing in with breath.

This Takes some developed sight, and familiarization with energy manipulation. Focus on a donor from across the room. Reach out with your mind, envision a long tendril extending from your subtle body to the donors. Attach your tendril so that it penetrates, if it does not the first time. Try again. Now envision your tendril is hollow, and suck in the energy like a vortex, using your will-power. As you inhale, draw in the energy.

b. Tendrils and drawing in from Third Chakra

Another method a little more complicated, is to “draw in” from your Chakra. Usually either the navel or the third eye chakra, and draw in the energy like a vortex.

Psychic Dreamwalking

A Psychic Vampire (*or other occultist*) attacking is sometimes done through touch, but it is not necessary. All a Psychic Vampire needs to attack someone is a connection to anchor themselves to a person. A Psychic Vampire could manage to make a connection with as little as an email or message board post, although this would be rare and is usually difficult to do. They may also find victims with random astral projection and dreamwalking

In training the psychic mind, most of us focus on the visual because we are used to working with visible light and colour. In a dream, we manifest our own source of light in meditation, creating images and symbols with our inner vision. And again, also in the dream world, we can receive as well as impart information from our other senses while sleeping, because there we are in meditation. Voices, sounds, smells, tastes, and textures all give symbolic information, and the like information comes from the same source as visual input. Dreamwalking is not comparable with “astral projection”; however, in your dreams, you must have made a journey, though you do not remember it. This dream journeying is as natural as one’s breathing; but, we place so much importance on the physical realm, that the dream passes unaware, neglecting other levels of awareness.

In dreamwalking, we obviously let our subconscious translate the message we transmit or even receive, mainly using symbols. These symbols are very obvious because they are part of our conscious mind, while at other times they are veiled, needing to be decoded and understood by the conscious self. Dreams simply happen. However, it is also true, that there exist a small minority, particularly among the Psychic Vampires, practicing forms of mysticism and meditation, who can control their dreams and use this time in a very unusual way. Psychic Vampiric Satanists and others may experience journeys to physical and non-psychical locations, talking with archetypal entities, extracting energy from them, learning new information, solving problems, and actually controlling the dream itself, like an extremely guided meditation.

Dreamwalking is a lucid dreaming. As a dreamer, you are clearly aware that you are in a dream, the more if you have wishfully prepared your dream before. I was looking the other night a photograph of a fairly young friend of mine, who died from cancer, March 2008. By the way, he was a some kind of bloodsucker, being very interested in the flow of blood. He could tell me that my blood was rather sweet, and asked me if I was a diabetic. Still today, I am not. In a dream one does not meet only the dead but also the living.

However, realizing the meeting with the friend will be in a dream, and not tangible or physical real, gives one a certain amount of control in the journey, as in meditation. Unlike in meditation where you can be easily distracted, if you do not allow yourself to go deeply into an altered state, with lucid dreaming, you are already in a deep altered state and cannot be easily distracted. We already know that the key to lucid and practical dreaming is to program yourself to be aware that you are having a programmed dream. This is essential in avoiding nightmares; while, it gives you a measure of control. Think of dreamwork as a wonderful tool to use, but do not let any difficulties hold you back from continuing your psychic development. When you are faced with a problem of feeding, shielding or another perplexing situation, simply write out your desire to easily solve your problem. Fold it up and put it under your pillow, and let it go. Do not try to figure it out again before you fall asleep, simply let it go, knowing that it will be taken care of.

A second exercise and very much rewarding involves meditating for a few moments before going to bed. Count yourself down to your Satanic and Vampiric Mindset, or do your trigger, and program yourself like an affirmation, as “intend” is always very important in occultism.

Psychic travel as in dreamwalking in the physical occurs in the dream state. You can achieve long-distance draws, as there is no limit on the subjective plane.

While dreaming, we are on the subjective plane. Most Psychic Vampires have an instinctive ability to feed, subjectively, over long distances. Long-distance feeding, however, requires a significant expenditure of energy and psychic growth on the part of Satanic Psychic Vampires and others, who must extend tendrils of their own energy to connect with their target. In addition to the initial expenditure of energy involved in extending their tendril, the distance itself has an impact on the exchange, such that the greater the distance being covered, the more energy is lost along the journey to be made. This is why the majority of Psychic Vampires find long-distant feeding both frustrating and inefficient, though perseverance is very rewarding, leading to sure results.

Through dreamwalking, despite the long distance that may separate partners, it is possible to create the same level of connection that one can achieve in direct person-to-person feeding. Connections function just as if the other person was in the same room as the dreamwalker, and little to no energy is lost in the kind of exchange. So, is deep feeding possible during a dreamwalking session. Dreamwalking is one of the few long-distance feeding techniques that regularly allows for deep feeding. And yet such intense exchanges occur during dreamwalking because, on some level, the interactions shared between two people in the dream-space do not seem distant at all, regardless of how many hundreds of miles or km may actually separate their sleeping bodies. Some quality of this interaction seems to ignore physical distance entirely, so that proximity is literally all in the mind.

The power to communicate even in dreamwork is to be found in the very nature of substance itself. The interplay of two minds or more produces a unity of thought which is powerful enough to be recognised by the brain, even while sleeping. The brain remains always awake and active, reacting to the individual minds at wish.

How dreamwalking may work

1. The first advice for Satanists and Psychic Vampires wanting to do dreamwork is to keep a journal of all their dreams. Buy an inexpensive blank book or composition book, keep it with a pen or pencil by your bed, and as soon as you wake up, start recording as much as you can remember of your dreams. Sometimes it helps to only write on one side of the paper, so you can go back and fill in details or make notes on what aspects of the dream might mean later. This might sound like it has nothing to do with dreamwalking, but recalling your dreams in your waking life, helps you to become lucid (*conscious*) while you are dreaming.

2. Get plenty of sleep. Go to bed earlier if you have to, whether you sleep day-time in a complete dark room, or night-time, so you will have time to recall and record your dreams in the morning.

3. Program yourself to the wanted dream with intend. You can do this by writing out your intention on a piece of paper, then putting it under your pillow or keeping it next to your bed. You can also repeat your desire verbally before you go to sleep or meditate and focus on your intent. Keep the wording simple. You might say "I will seein my dream" or "I will know that I am dreaming and have control of my dream" or "I will effect dreamwalking and remember my dream."

4. Nutrition may play a role in being able to remember dreams. Fish and eggs are supposed to be helpful. Taking a multivitamin in the morning can help you have enough B vitamins, so your brain can produce acetylcholine. Taking about 500 mg to 750 mg of CDP choline (Befact) just before you go to sleep can also help your brain produce acetylcholine about five hours after you take it. This neuro-chemical can help with dream vividness and memory. Since choline, also called "Befact" (*B-complex vitamins*) is a nutrient found naturally in food, taking a supplement like this does not really have any dangerous side-effects. Different types of choline supplements work at different times, though. However, this is not a must.

5. Taking a very mild, natural sedative before you go to sleep can help you relax and fall asleep more easily. Do not take a sleeping pill. Something as gentle as Chamomile tea or Valerian will do.

6. Once you find yourself becoming lucid in your dream and you remember who you want to visit and feed from, you can envision a door and think of someone being on the other side. Then open it and step through to see them. You can also envision a bridge and walk across it to them. You can also just close your eyes in the dream, think of where you want to be or who you want to see, then open your eyes again.

7. Do not get discouraged if you do not lucid dream or dreamwalking to the person or entity you wanted to reach. This usually takes practice and perseverance.

It is in the training of the mind that the crux of telepathy, feeding and dreamwalking, and more lies. The human mind is an instrument which we are able to use in two different directions. One direction is outward. The mind in

this mode of functioning, registers our contacts with the physical and mental worlds in which we live, move and have our being, recognising emotional and sensory conditions, as recorder and correlator of our sensations, reactions, and all what is conveyed via our five senses and the brain.

A wise advice never to neglect

Know that there are repercussions to every action, and that you alone are responsible for your decisions. Educate yourself about risky behaviours, and then always act with wisdom and common sense. Do not allow others to abuse you, but also, do not selfishly abuse. Respect the rights of others and treat them as you would be treated.

The Art of Defence and Protection

Precaution is a part of your Psychic and Magickal education, and it is not meant to scare you away. You should definitely look before leaping, as everything comes with responsibilities protection magick and psychic self-defence skills alleviate your fears and bring balance. Harmful energy can manifest as bad dreams or visions, sudden pain, losing many important objects when you are not prone to losing things, or having accidents when you are not accident prone. Some curses manifest as sudden, random sickness when you were perfectly healthy without other factors such as stress, depression, or exposure to illness. Any kind of “bad luck” is often attributed to a curse.

The most important thing is to check your own consciousness to make sure that you are not the root of the problem and are not seeking to blame someone or something else. Self-awareness and introspection are keys to this knowledge. Many people unwittingly cause “attacks because of their nature, bad intentions and behaviour

Creating the protected, connected self

Few of us in the modern world do have the time or space to withdraw for long periods to re-establish the still calm centre that enables us to interact with others without being overwhelmed or absorbing negativity, intentional or free-floating. But there are various stages that we can follow even in the busiest schedule to ensure that we are not dissipating our own energies or are vulnerable to psychic vampirism in others. The following stages to inner harmony can be practiced

either separately or as a sequence. None of them takes more than a minute or two.

Shielding

There are a variety of reasons why you might like to erect a shield: whether to avoid intrusion of your personal space while travelling, for filtering out negative reactions to jealousy, spite or unfair criticism and later in this chapter I talk about shielding the aura from negative impressions. Why should we not keep a regular shield in place and so avoid any problems? The main reason is that although you can ask that only positive and higher energies penetrate, you are creating a barrier and as with all barriers they interfere with the flow of energies. So a shielded life would be a restrictive one, in which emotions would be muted and sensory impressions blunted.

We all need a certain amount of challenge in our lives and sometimes what seems an obstacle or unfair criticism, may turn out to be the spur we need to transform and to change. Equally if a friend or loved one is in emotional pain or a stranger who needs kindness, we do need to share the feelings in order to respond from the heart. In love, we cannot avoid the fears and anticipation of the early stages and need to experience loss or disappointment in order to move on.

This is not to diminish the importance of psychic shielding in order to protect oneself. But as you would close your doors and windows against an impending storm, rather than live in anticipation indoors all the time, so you can activate your shield quickly, whether your angelic guardians or your electric bio-field defence by building into the ritual a psychic short-cut to activate your defence.

Not all Psychic Vampires have good intentions, as the presence of badly intentioned ones seem to drain at will the energy not only from fellow Psychic Vampires, but also of those unprotected people around them. They will often associate with a victim who exhibits the classic signs of this drain.

General debility, lack of motivation and energy, an emaciated physique, a pallid complexion, and an overall sense of weakness are typically noted. These victims also tended to be highly suggestible people. The dominant partner (the Psychic Vampire) always resists a successful treatment, or protection, applied to their victim.

Most of the Psychic Vampires are well-meaning, normal people. They are together one "Family", and feed themselves by a telepathic draining of their target's energy resources. However, not all are acting this way.

Building the Shield around You

Preliminary Cleansing

When building your first shield, it seems rather ridiculous to lock in any negative energies you may be carrying with you currently. Therefore, a preliminary cleansing, as follows:

Stand in a quiet place and centre your energies. Visualize a gleaming sharp sword in your hand. Use it joyously, vigorously slicing through the air close to your body on all sides, over your head and under your feet. As you slash, visualize all unfriendly or negative ties being severed and the ends shrivelling away to nothing. Do not be specific -- "this tie, that tie" -- ALL unfriendly ties are being cut!! Note that friendly and unfriendly ties exist on different planes, so you can't damage the friendly ties -- although you may be surprised that ties you thought were friendly, are not -- and vice versa. It is not necessary to do this every time you work on your shields, although a once-a-year cleansing and general housecleaning could not hurt.

Other helpful rituals include: The Lesser Banishing Ritual of the Pentagram; the Middle Pillar; the Kabbalistic Cross; any other cleansing/grounding rituals you may be aware of.

Visualizations

You have to decide every detail of the visualization of your shields. What shape will it take? What colour (*if any*)? What materials? What appearance? These are the basics; we will touch on the embellishments later.

Shapes - Round, spherical, cylindrical, square, cube, pentagon, pentagram, ovoid, and any other shape you like. If you can form and hold a duo-decahedron in your mind's eye, go to it!

Colours - Any colour of the rainbow, and a few never seen on this plane are all acceptable. White is one commonly-used colour, but if you want chartreuse, by all means go ahead! Try to avoid black; not for its effect on you, necessarily, but for not giving the wrong signals to the folks you might want to be working with.

Textures - Vary widely; from brick walls to energy cocoons, to steel spheres and laser force fields. Whatever your mind conceives of as protecting is what you use.

Warning - Leaving this construct semi-permeable is strongly advised. This leaves you open to receiving positive energies while still giving you protection, and allows the important vibrational interactions that lead to growth.

The Process

Once you have decided what your shield will be, sit quietly and begin to visualize it around you in the form you've chosen. Take 10 or 15 minutes to get it solid and clear to your inner eyes, then quit for the day. Once a day for a week, re-visualize your shield and strengthen it. Then check your shield once a week for the next month, re-visualizing and strengthening as needed. After that, check on your shield as you feel it's needed, but at least once a year. Keep in mind that once your shield is well-established, it's basically self-sustaining and maintaining. Eventually, the only times you'll need to be aware of your shield is at its yearly housecleaning, when you think of an improvement, or when it's reacting to a threat.

Embellishments and Ingenious Extras

Attach a vial of Essence of Poison Ivy, to react upon attack.

Silver-mirror the outer covering.

Add glue or rubber bands to the outside of your shield. Don't forget to clean more often if you use glue.

An automatic maintenance system.

A sorter. Friendly energy breezes in, unfriendly energy is repelled.

A detection device. Allows a thinner shield, which sounds an alarm when confronted with negativity.

A grounding device. This simply grounds negative energy it encounters.

A slingshot, to return negative energy to its source. Can be amplified to use the law of threefold return.

Any other embellishments you can justify in the name of defence.

Grounding or Earthing

Although this process sounds very mysterious and complex, it is in fact, no different from having an earth wire in your electricity plug. Humans and animals are naturally connected to the earth, but this link can get clogged up or even forgotten, especially if you live or work in a tower block or spend a lot of time with high tech equipment or travelling, especially at peak times on crowded roads or modes of transport.

- The simplest way to *earth* yourself is to stand barefoot on grass or earth. Raise your hands above your head while breathing in, then, fingers extend, slowly lower them downwards to the earth while breathing out, all the negative energies will drain away.
- If you cannot go outdoors, keep a living plant with two dark coloured crystals in it. Very gently touch the plant and close your eyes allowing what the twelfth century mystic Hildegard von Bingen called, *the greening process*, to reconnect you with the soil.

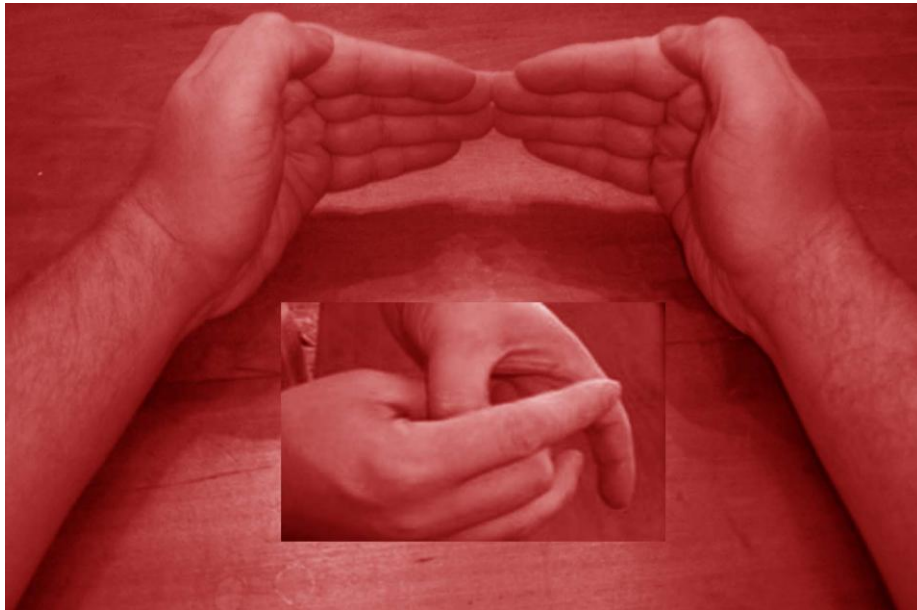
Advanced Shielding in Occultism

You will inevitably come across other Psychic Vampires or psychically draining people (*other occultists*) that might try to take energy from you. The way to counteract this is by “Shielding”, or creating a psychic barrier so that no one can steal your energy or harm you from a different plane...i.e. astral, etheric...and so on. Good shielding techniques are some of the essentials you should first learn.

One common practice though frowned upon (*never the less it still happens*) is for Psychic Vampires to test others of the kind...and also to feed on other Psychic Vampires.

First start with a form of shielding that utilizes the same symbolism as the head-heart-hands method of directional feeding. It is really a basic, beginner shield; but nonetheless is effective. Use your hands in the beginning to create the same kind of Magickal response, a Magickal worker utilizes when using particular scents, oils or incense. (*same basic principle*). This Shield is intended for even those who do not work with energy.

First Method



Hold your hands in the following form as seen above. While doing so, envision a solid impenetrable wall, or white light forming around you like an egg or cocoon. With your mind, envision your astral shell hardening, becoming rigid. Believe it is working, “intend” is most important. Intend and belief might not seem important on this plane but it is everything on the spiritual planes. Another form of this shielding is the finger inter-lock technique. Exactly the same thing, but using your thumb and middle fingers and interlocking them together.

Advanced Basic Shielding

Once perfectly comfortable with basic shielding, move now on to this type of shielding. Instead of an egg shape, now form a Sphere. A shield in an egg shape, can be penetrated, a sphere is less apt to be penetrated as quickly, though the draw back of this shield is that it does consume a bit of energy.

Moving shields

There are, obviously, several types of shielding when you move beyond the first type of shielding. These shields focus on movement, as solid shields can be broken with psychic tendrils, and repeated psychic attacks. These shields vary in motion, energy modulation, as well as energy consumption. It is also important not to put crazy energy into “**Active**” shielding, as such energy output in shielding can raise too many eyebrows, and invite the curiosity of other Psychic

Vampires, who would perhaps try to penetrate your shield just for fun or just to test it.

Chaotic shielding

The Chaotic shield is constantly moving, and randomly changing frequency, movement, and appearance. This type of shield is hard to penetrate, because a single or even repeated attempts at breaking this at the same spot is usually ineffective.

Fire Shield

The fire shield encompasses the user like "the human torch" from the fantastic four. It burns off attacks, as its one of those elemental shields. A common external source would be the sun of course, or the earth's core.

Thorny shield

Thorny shielding is exactly how it sounds, it may be a hard shell shield or a moving thorny shield. These nice cool looking shields look impressive but depending on the size they attract way to much curiosity. Since they are an active shield they do expend a lot of energy, and need attention in maintenance.

Active Offensive Shielding

This type of shielding also serves as an offence, when someone penetrates your shield with a tendril, you penetrate theirs with a tendril; therefore no energy will be lost.

Mirror Shield

A mirror shield is commonly used among the pagan community, what it does is reflect the attacks back on the attacker, or reflects back negative energy, just like a mirror does.

Empathic Shielding

Empathic shielding is typically not a direct assault on you (*although it can be*). However, it can be caused by traumatic events or people emoting too much on you. In order for you not to be consumed by other people's emotions it is necessary to be able to shield yourself this way, preferably. This way you can differentiate your emotions from the ones you are around.

Cloaking

“Cloaking” is a technique that is not easily explained how to achieve. It is a process by which one masks one's own energy signature.

Extremely Important Conclusion

These are a few effective examples of shielding, however, only the beginning. You will learn that shielding types are only limited by your imagination, and energy resources. If you learn these well, you will even discover you can power your shield externally. There is no need to go to a Christian Exorcist, whether Roman Catholic or an Independent Old Roman Catholic Exorcist as they are many and more often valueless, or other so-called Magicians in Occultism where you may pay exorable fees. You can do “shielding” by yourself, and certainly do not need exorcists. Rather, prefer to go to a psychologist, if you cannot manage “shielding” by yourself.

As for us, there is no White or Black Magick, there is only “Magick”. We only help ourselves and others, or protect ourselves of others. We are destroying erroneous beliefs, restoring them to truth as brought forward in nature, and not that which the human has invented down the ages past.

The development of right is a gradual but essential effort, and constantly one shifts the focus of one's incentive when one discovers himself, as the Light of the Mind ever shines and even more steadily on one's way, and constantly a newer and higher motive emerges. Right motive leads naturally to right living and service. “Feeding” is wrong and even dangerous where there is wrong motive. Meditation is dangerous when the desire to “serve” is lacking. “Service” here, is another word for the utilization of subtle forces for the good of ourselves and the community. Where the positive impulse is lacking, energy may come

into the body, but lacking use and therefore finding no outlet, will tend to over-stimulate the chakras, leading to a weakening, which may even become disastrous. As assimilation and elimination are laws of the “Higher Self” within us, as well as of the physical life, and when the natural laws are disregarded serious consequences follow.

However:

1. Know yourself to be the undying one in reincarnation.
2. Always control your mind, for through that mind the Truth can be known.
3. Learn that the physical form is but the veil which hides the splendour of the Unseen, the One Cosmic Life.
4. Realise that the One Cosmic Life pervades all forms so that there is no death or separation.
5. Detach yourself from the form side only, and enter your mind, your own “Abyssal Inner Light”, where real life is found, and where all illusion ends.
6. Learn to destroy and restore intelligently. The steel is needed for the transmission of the fire.

Use correctly energies. It is the harmlessness that finally springs from true understanding and control of your outward self, your personality, by your “Higher Self”, that leads inevitable to mystical or spiritual expression in everyday life. It emanates from the capacity to enter into your consciousness, and to penetrate into the realisation of the “Greater Whole” cosmically.

The good Magickian works with his eyes open, the voice proclaiming, and the hands conferring. He works with vital energy, and through his hands creative energy, that the inner vision may be ours.

© December 21, 2010 – Hagur, Grand Hierophant of the Temple of Atazoth

Book Review

“Becoming Another God” (Exercising Your Abyssal Mind Through Will-Power), by Hagur

<http://www.archive.org/details/BecomingAnotherGodByHagur>

Two books to purchase if interested in Vampirism

(1) The Psychic Vampire Codex: A Manual of Magick and Energy Work, by Michelle Belanger (Paperback) (£17.11)

(2) The Psychic Energy Codex: Awakening Your Subtle Senses, by Michelle Belanger (Paperback) (£18.12)

Michelle Belanger biography: <http://www.michellebelanger.com/about.html>

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Skull Press Publication

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