

AMA DEUS

I Love God



AMA DEUS- "I LOVE GOD"

Shaman Healing System

Instructor

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INTRODUCTION

You are about to begin a *sacred course of study*. It is not to be taken lightly, and requires pre-established commitment to the sacredness of its use.

Traditionally, shamanism uses visualization, meditations, imagination and will, as a mode of travel through various levels and other worlds. Often, one visualizes traveling down through trees or in tunnels for their healing work.

This method differs in that the symbols taught here are actually images or imprints that are used to connect the healing energy, and are transported via the **Love of God**. These symbols are not for decoration. They do not have color, form, or names. They are multi-dimensional and have great depth. Your part in the healing is one of a channel of love, God's love. The work done is established through your **intent and attunement**. There must be **no ego intervention** on your part. If you ask for feedback regarding the session, or need to follow up regarding the session, you are interfering with the energy and are not detached from the process. Anytime a healing takes place, it must be done without ego on the part of the healer.

The applications of each symbol will be learned with continuous use, since their application is infinite. Practicing these symbols will expand your intuition as you gather new meaning and applications for the symbols.

HISTORY

Alberto Aguas, the interpreter of this method, was a member of a family of doctors. For generations, his family lived among the Guaranis tribe, providing medical care for the primitive people. Through these years of trials and faithful efforts to help the Guaranis people, a mutual respect developed between the tribal shamen and the doctors. The tribal healers began to share their methods of healing. It is through this trusting relationship that the method was shared and passed along. Alberto Aguas continued to practice and live by this trusted, and sacred method throughout his life. His expressed purpose in life was reflected in his stating, "in everything I do, I try to bring healing to it".

The way of life of his people, the Guaranis (Guar-an-nes), a Stone Age tribe of the central deep jungles of the rain forest of Brazil, was a simple life. The healing practices of these people are simple, yet comprehensive and expansive in application. The sacred bird, Irapuru, of the Amazon jungle, is the animal ally and spiritual guide, which provide a great influence on the method even today.

Simplicity is the key to this healing practice. The system has been used for thousands of years and has proven its' effectiveness. To alter its' use is prohibited.

ACTIVATION

This sacred system must be activated for use.



PREPARATION FOR THE BEGINNING

Understanding the sacredness of this system is of the utmost importance. The title, *Ama Deus (A-Ma- Day- Us)*, is translated, "*I Love God*": The sequence of the method is guided by the *Breath of God*, the link between the physical body and the soul. The system is simple but sequence is the key to effectiveness.

When the symbol is activated by visualization, the emotional feeling of the love of God primes the healing energy, and the Breath of God transports the energy. Remember, this occurs through your mechanics and not your will. By gathering the pure light of God and feeling the love of God, the energy is transported to its' destination by the Breath of God. You are merely a transportation vessel.

SPIRITUAL ROUTINE FOR SYMBOLS

1. Say AMA DEUS (3 times). This calls the energy in the name of God.
2. Breath of God (3 times). This is a priming of pure light, the Light of God.
3. Right hand over your heart. Feel the love of God. This is the emotional feeling by which the symbol is sent. Sense that you are deeply in love with God and all creatures.
4. Send the love to your Third Eye.
5. Visualize the symbols. These symbols are multi-dimensional, colorless, have no name, or form. By visualizing, or gathering the image, the symbol automatically goes to the Third Eye ("masterminding "the symbols).

6. Send the imprint to the person. Imprint each symbol on the other person's energy via your Third Eye.

THE HEALING SYMBOLS

1. Used to *claim the energy*. Choose a palm to imprint the Symbol upon and place the symbol there.

2. Used to *send the energy*. Imprint this symbol on the other palm.

These two symbols are always used together, never separately. The energy of God is called through you and you are allowing the energy to pass through your palms. One hand is used to claim the energy and the other to send the energy.

3. Use for *absentee healing*. Use the spiritual routine first.

See a brilliant circle of light, with a golden aura surrounding the circle.

4. Used for *purification*. This is never used in combination with any other symbol. Do not use with the spiritual routine. Just visualize the symbol through your third Eye to your palms. You must have a holy attitude when doing this method. Use before eating and not after. Use over food, water, medicine, drink etc., for all that is put into your body (implants, needles, transplants), anything that enters the body. Also, use to purify the emotions used while preparing the food, medicine etc. (eating food prepared by others e.g. in a restaurant).

5. Used to *rescue a dying person*, to help them in their choice to die or to live. Always have a candle burning, or visualize one in your mind. Use the spiritual routine first. Send the symbol on the breath to the persons' heart. This is a picture with no words. It is not a heart. You are *projecting energy*. Do for three consecutive days, stop for three days then do again for three, stop for three days. You must be faithful for two consecutive sequences. Once you commit to send for three days, be faithful to your word. If not, may be karmically damaging.

Absentee contact:

Use the spiritual routine first. Send the absentee symbol along with this one to the individuals' heart.

Direct contact:

Take your place at the feet of the individual. With your palms down, place your middle finger on the base of the persons' second toe and the your thumb under the same toe. Do this with the other side. Do this with a feather-like touch and send the symbol up through the body, to the heart. You may do this many times in a row as needed.

You can do this without request if you have clarity of purpose. Send the energy and know it went.

You are here as a vehicle and not as a chooser.

Be clear about your purpose. Release to God with both hand.

6. Used to help the deceased person travel speedily to the light!

Direct contact

Use the spiritual routine first. Do exactly as #5 with the toes in direct contact with one person. Send from the toes up through all the "bodies". It is Important to have a lighted candle here. Do for 21 days from the date of death, then stop procedure. If you do not know the date of death, but are present, do for 7 days. If you are not present, do by absentee for 14 days.

Respect local and customary burial practices. Commitment to send is very important.

Absentee contact:

Use spiritual routine first, the golden circle; exhale the symbol #6, through a tunnel, up through the feel and up the subtle bodies. Send the symbol to the total being (not any specific part of the individual).

May be used with suicides or an individual with no beliefs, people with evil beliefs or anyone.

7. Used for the *earth bound spirit*. Use a lighted candle for this sequence, or visualize one in your mind. Use the spiritual routine first, then the absentee symbol. (You usually do not see the earthbound spirit) Exception to using the absentee symbol is when the spirit materializes and can be visualized with your physical eyes.

Commitment is very important here.

8. Use in a meditative state to *bring you spiritual Energy and a Master*. This symbol is for personal use only. Use a lighted candle here. Use the spiritual routine. The absentee symbol can be used here if desired. Project into the air in front of you. At the end, when communication and energy is finished, exhale and use the symbol to send the energy back to from where it came. Allow the energy to return to it place.

Do not send this symbol, but work with it by meditation before doing the spiritual routine. Project the symbol in front of you. Use the symbol to send energy afterwards.

9. Used for *healing your self* to work with over your own heart, to mend the broken heart etc. This is used only for your self. Do this sitting or lying down. Be alone, in a quiet, private place, in silence. Use the spiritual routine first. Scoop the symbol into the heart. With your hands, bring the heart into your hands, in front of you, love, clear and cleanse it. Caress your heart, and then put it back, with the symbol in it.

For emotional problems, use the symbol to *seal the heart* Can very rarely be used for someone else. (*Law of correspondence*) If you are extremely close to the person, and it is an emergency, use the absentee symbol all the way to the end to reach the person, even if the person is in the room. Use this as a way to be there for them.

10. Used for *emergency healing*. This symbol is very powerful, and is *used by itself*, for self or others. The spiritual routine does not have to be used with this symbol. The energy begins in the middle, and spirals clockwise, in an outward direction. Note that the energy is moving.

Direct contact:

The person should be lying down. Point over the head, in front, and in back. The healer does very fast spirals over the head, in front, and in back, then zeros into the area doing the same movements. Do the symbol in both directions, clockwise and counter clockwise, alternating.

Absentee Contact:

Use the spiritual routine, absentee symbol, the emergency symbol, and concentrate. Think of the person, use the absentee symbol, and then work with the symbol. *Need great concentration here.*

Can be used with the very depressed, migraines, and any severe pain. Use this symbol only for its' intended purpose. To alter its' use makes the symbol impure and /s prohibited.

Try not to use this symbol to much.

This symbol can be sent with concentration. Drawing the symbol with the arms is not necessary. Mental delivery is possible here. Very powerful energy is enacted with this symbol.

Be very specific and careful.

11. Used for emergency and delivered by a group of healers.

Sit in a circle, holding hands. Use the spiritual routine first. Person #1 passes the symbol on the breath, on the right, to person#2, and on around the circle, doing this faster and faster until the circle itself becomes the symbol.

This symbol is used for political leaders, high leadership positions etc. Do not participate in this if you have a heart condition. Works with the very ill and very depressed. Watch your intent here. It is very important because of group involvement. There must be a healthy emphasis here.

12. Used for animals, birds etc. Use the spiritual routine first, and then send this symbol for emotional or physical healing. Can be used on young puppies and kittens to help them come into the body.

Absentee contact - Use spiritual routine, use absentee symbol, and picture the animal. Then, send this symbol for emotional or physical healing.

13. Used to treat the planet Earth. Use the spiritual routine first, then

Mastermind (visualize the symbol) the symbol. Next, claim the breath of God and send it. No absentee healing symbol needed.

14. Used on your birthday as it is a New Year for you. Used to clarify perception, courage, balance or for someone else on their birthday. Do not mix this gift with your personality. It is not used to feel needed or to feel /be important. Use with the spiritual routine first.

15. Used to invite dreams for decision-making. Use the Spiritual routine first. Transfer the symbol to a stone and go to sleep. Have a paper nearby to write down your dreams. Dreams are brought forward for breakthroughs.

This sequence is only used for self. It is used to bring about a turning point, and not to be used every night. To use a crystal, clear the crystal first. Ask the crystal if it is willing to serve."

Teach on/y love for that is what you are ". If giving advice, you are telling yourself.

16. Used to *recollect past lives*. Lie down. Use the spiritual routine first. Mastermind the symbol to your Third Eye. Send the symbol away. It will give you recollections and visions of past lives.

Use only on your self. Send the symbol to the Ether or Akashic Records. Ask to receive what is useful at this time, or what you need to know.

17. Use only on *World Leaders or world situations*. Do not use with the absentee symbol. Use the spiritual routine first. Do not ask for a specific direct. Allow the energy to work.

Use this *symbol in important cases*. It may be used for protection against magic attacks.

18. Use to deal with *unknown situations* when other symbols do not apply. Can be done in absentee healing or in person. Use spiritual routine first. May be used on self or someone else. Call Alberto Agua for assistance. Three times, in the name of Christ.

On all symbols, remember to claim the Breath of God and send the symbol onward with the Breath.

19. Use on other peoples hearts, physically and emotionally. Use the spiritual routine first, then mastermind the symbol, bringing it to the Third eye, then send the symbol to the persons' heart, on the out breath. Send in absentee or present to treat other peoples' hearts.

20. Used to *ask for a particular thing, or a specific question on the evening of the full moon*. This should not be used on trivial matters, nor for material needs /wants. Do not use in absentee. If the full moon is in the early a.m., you can do this the evening before or evening after the full moon. *Remember to keep your ego out of this*.

21. Used for *exorcism*. The person needs to know what you are doing this method for. Do your spiritual routine first, mastermind the symbol, and send it to the person needing it. Immediately mastermind symbol #22 and keep that symbol (22) in your mind, (not sending it out) the whole time. Keep sending #21 and keep #22 with you until you are finished. Remember that symbol #22 is staying with you as the last thing. *The person must be willing to let go*.

23. Used to *visit a friend*. Do not use the absentee symbol here. Using this symbol can be very rewarding. Use with the spiritual routine first. Mastermind the symbol, bringing it to the Third Eye. Send the symbol to go visit a person for friendship, for love etc. Use on people that are on Earth. *Must release to God unconditionally*. Use on a missing friend. You are visiting, not sending.

24. Use to *help people with their mental and physical vision*. Use the spiritual routine, mastermind the symbol and bring the energy to the persons' eyes. At the end of treatment, use the symbol to seal the eyes. Picture a seal covering the eyes in healing.

25. Use on *newborn babies* until 3 months old, to send light to *help them make transition*. Use spiritual routine first, and then mastermind the symbol to the infant. May be used with absentee symbol.

MASTER SYMBOL AND TECHNIQUE

Classical music can be useful during the healing session to bring about relaxation and healing. The method described below may take 2 to 3 hours to complete.

THE MASTER SYMBOL- *Conducts energy, breaks through energy blocks And barriers against energy flow*. Can be very important in menopause, depression, exhaustion, withdrawal from drugs and alcohol, food, cigarettes, etc. The healer must be centered, as this method will bring up many emotions. Ask the person "what do you want this to do for you?"

Be sure to ask females if they are pregnant. If unsure, and you see it, you must not say so. Talk to the person during treatment; take notes for future reference to see changes/ progress. Make special notation on particular places, which need extra attention next time.

Technique: Begin with the person lying on the back. Make sure the person is comfortable, is dressed comfortably, with no shoes. Socks are allowed. Be sure the person is warm. As this method takes a long time, have the person empty

the bladder prior to the session. Do not give the person anything to drink during the session.

The healer is seated at the head. You will begin working on the crown chakra. Do not use the Spiritual routine here. Thumbs are placed on the crown chakra. Mastermind the Master Symbol, sending it down through the entire body, and paralleling through both legs, down and out the feet. It is *important to send slowly, sending the energy through the body.*

If information comes, you give it love. With each point, linger there before sending the symbol onward.

Beginning on the *front of the body* & follows-

a. Crown chakra- thumbs on the crown chakra, until goes down and parallels at the legs, through the whole body, and come out the bottom of the feet.

b. Third Eye- fingers of both hands on the forehead. Send all the way down through the body again.

c. Lips- finger of both hands across the mouth (from below the nose to the chin). Send the symbol down the body.

d. Larynx- fingers of both hands relaxed on the throat. Use a very light touch here.

e. Thyroid- fingers above the epithermal notch (about 3 fingers measured).

f. Shoulders- place hands on shoulders. Send Master Symbol down both sides Parallel, through the body and down the legs and feet.

g. Heart chakra- Place hands on chakra. If person does not want breast area touched, place the persons' right hand over the breast (heart chakra) and hold your hand above the area, above the body. Send the symbol through the body.

h. Solar plexus- Linger here, in love, for several minutes, then begin to send the Master Symbol through the body.

I. Navel- (most sensitive in males) Often, you will feel strong sexual blockages here, especially with males.

j. Palms of the hands- Hold (L4), "sinus spot", (fingers on palm side, and thumb on top of hand). Send parallel lines, through the arms and down the body.

k. Knee caps- Much is often held there. Send lines in parallel to the feet.

l. Feet- Sit at the bottom of the table. Place both palms on top of the feet. Feel as if you are pulling the Master Symbol down from the crown, and out the feet.

Roll the person onto the stomach to begin *treatment on the back*. Emphasis will be put on moving the energy from the bottom of the feet up through the body and out the crown chakra.

a. Hands on souls of feet- parallel, send the Master Symbol up through the legs, energy becomes one line up to and through the crown of the head.

b. Back of knees- parallel Master Symbol through the legs, through the body, up through the crown chakra.

c. Sacro-iliac- Send Master Symbol up the spine, through the body, up through the crown chakra.

d. Spine at the height of the heart- Hand over the heart and spine, on the back.

e. Palms on persons' palms- the persons' hands at the sides. Send symbol up arms, in parallel, becoming one at the spine, going up through the neck and out the crown chakra.

Sit at the head of the person.

f. Shoulders- Pull the energy up, and out the crown chakra

g. Neck- Both hands (fingers) along the base of the skull, at the occipital notch. Often, there is a lot of information here.

h. Crown Chakra- bringing the energy up and out through the crown

For blocks, claim the Breath of God and use it to push the Master Symbol down the body, then stops at *blocked areas* to work there. Sometimes, you can use the Breath to assist the persons' breath also. Often the persons' head will bounce in rhythm.

You may leave a trigger point, to go to another area or put other hand on another area, if it has activated another area point, treat this area and then go back to the other point.

Keep in shape. Eat lots of vegetables, lots of fruit high in potassium. Stay by yourself for hours comfortably, contemplating areas of psychoanalysis and massage. Salt placed under the tongue can be used when electrolytes are unbalanced.

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| 11.  | 23.  | |
| 12.  | | |

26. Master Symbol

