

Advanced Self I-Identity Ho'oponopono

**by Mornah Simeona
and Rev. James Vinson Wingo, DD**

Introduction

Aloha!

As Dr. Richard Bandler would say, “true learning is NOT a linear process.”

The Advanced Ho’oponopono program is not linear either ... and you will figure-out why as you are progressing.

Contrary to what many people might believe ... most of our most fundamental learning does NOT involve typical study and effort. Instead, it is the result of learning naturally, through experience.

Ask yourself ... “Did you learn to speak your native language or to ride a bicycle by studying them in a book?”

When you were learning to ride a bicycle you got on your bike and tried to go somewhere. Your natural learning ability was engaged in the process of experience and feedback. You developed your “unconscious competence” without ever consciously knowing exactly how your nervous system figured it out.

Concepts like “unconscious competence” will be explained on the DVDs.

Accelerated Learning is all about the process of learning through experiencing the techniques of Advanced Ho’oponopono. This program promotes learning-by-doing and by exploring different methods of thinking.

Accelerated Learning emphasizes the “how” of learning as opposed to the content or the “what” of learning. There is plenty of “what” information you may already have from reading the blogs, from posts on the Huna Ohana group, or from other resources. And much more is contained in this manual.

Because the relationships between people are a key factor in Accelerated Learning, we emphasize skills of cooperative learning, co-coaching, and mentoring. Thus, learning these Advanced Ho’oponopono methods is going to be very different from sitting at your desk, quietly keeping your hands folded, and looking at a chalkboard.

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<http://hooponopono.net>

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This is NOT a lecture ... it is an experience!

Accelerated Learning takes advantage of the modeling principles and tools of Neuro-Linguistic Programming (NLP) to release natural learning capabilities through awareness exploration and discovery.

The Advanced Ho'oponopono Training DVDs were recorded at a live training with a small group to keep the material fresh and dynamic.

We have chosen to maintain the flavor of a training seminar at the risk of sacrificing “literary fluency” and “production value” ... to make this an experiential learning process for you.

To get the most out of your first viewing of the Advanced Ho'oponopono Training DVDs, you will want to begin by remembering a time when you were able to learn easily, quickly, and effectively.

Put yourself into that experience fully and notice what happens to your physiology, to your mindset; and maintain that awareness while you're watching the DVDs from beginning to end while and taking notes.

It is imperative that you take notes to get these learnings deep into your unconscious mind.

All aspects of Advanced Ho'oponopono are covered on these DVDs and presented in a way to produce initial confusion ... a seeming disconnectedness to the initial subject-matter. This was done intentionally for the reasons explained in the program.

To avoid redundancy, and to encourage your active participation, the composite meditation has been deliberately left out of the DVDs. Instead of having your instructor simply read the process to you, you are encouraged to apply the skills you are developing, your worksheet, your personal notes, and information contained within this mantle to produce your own 12-Step Ho'oponopono process according to the principles which you have integrated yourself.

Because this program was taped at a live training, some of the material is targeted to the participants who have experience with Ho'oponopono and you are encouraged to join the Huna Ohana where the answers to many questions you may have can easily be found.

This program is a work in progress, so your feedback will help us to produce and develop further. This manual will be continually updated as we proceed, you may want to check-back regularly for updates.

Your password will still work.

If you're interested in acquiring the complete guided Ho'oponopono process on audio CD, that product is in production and can be provided to you free of cost with your purchase of this program.

Thank you for purchasing the Advanced Self I-Dentity Ho'oponopono program!

I look forward to working with you in the future.

Keep studying!

--Vince

My e-mail address is kahunaviking@yahoo.com ... and you will want to add my address to your email contacts list to keep receiving updates.

The Huna Ohana page is <http://huna-ohana.com>

The Ho'oponopono blog is <http://huna.blogspot.com>

Mornah Simeona

Kahuna Lapa'au Morrnah M. Simeona was a healer, herbalist, practitioner, practitioner, minister, teacher, and authority on Huna or Hawaiian Philosophy and the Hawaiian massage or lomilomi.

Morrnah worked extensively teaching and lecturing at the College of Continuing Education at the University of Hawaii; Kuakini Medical Center in Honolulu; independent corporations, locally and abroad; the Winners' Circle Breakfast Club in Honolulu; John Hopkins University in Maryland; the Harlem Hospital, Hunter College of Nursing in New York; Albuquerque University & Albuquerque School of Nursing in Albuquerque, New Mexico; College of Hollistic Medicine in Santa Fe, New Mexico; Southeastern Medical Center in Miami, Florida; the Unitarian Church and the Star of Aquarius in Vancouver, Canada; and the United Nations are among the many areas she gave workshops and lectures on Ho'oponopono.

She appeared on radio and television from coast to coast, and was involved in many social, philosophic, metaphysical, holistic, educational, and institutional discussions relating to "Stress and Problem Solving" locally, nationwide, and abroad. "The Kahuna Sorcerers of Hawaii," by Julius Scammon Rodman, featured Morrnah in the book.

Morrnah's goal was: "To have the PEACE within the individual reflect through the community, society, the nation, and the Universe. Regardless of race, or creed, the Doorways to the New Age are: PEACE, BALANCE, WISDOM and LOVE in all LIFE and CREATION."

"HO'OPONOPONO is the KEY"

KNOW THYSELF

According to Hawaiian concepts, the term "Kahuna" referred to an individual who was prepared, either before birth or early after birth, trained and schooled in a specific field he will be best doing as a sculptor, surgeon, obstetrician, oceanographer, astronomer and many others.

Kahuna Lapa'au refers to a teacher in the area of medicine, to a practitioner, or to an authority of medicine. It applies both physical and psycho-spiritual healing.

The degree of knowledge depends on the knowledge imparted to the trainee in accordance to his evolvment and the ability of the instructor.

The basic procedure for all fields of endeavor, especially healing, was "cleaning the path or relationships of any imbalancing, painful, unwanted problems, or situations.

This is referred to as KALA, or "restoring the light."

HO'OPONOPONO was used by the Hawaiians of old as an important part of bringing balance, right understanding, and peace of mind to those involved and concerned based on the "universal" concept of repentance and forgiveness on a person-to-person basis.

Of course, in the absence of the patient or person involved, a "proxy" may be used.

The method, as presented Self I-Dentity Ho'oponopono has been modified and updated to meet the understanding and acceptance of our growing civilization of multi-cultural and international concepts.

Self I-Dentity Ho'oponopono is geared to inter-personal, family and universal coverage, without unseating or disturbing beliefs. Therefore, to KNOW THYSELF one must understand the mechanics of the Self, its operations and attributes.

The ancient ones knew and believed in the "I AM the I" concept ... that the Divinity resides within each one's being and expresses as the triune mind.

1. U-NIHI-PILI

or "Low Self" or Sub-Conscious Mind

The emotional, feeling, animalistic expressions of Mind.
The memory bank which stores all memory of feelings, attitudes, thoughts, actions, experienced or directed to ... as a child, student, adult, old age.

Grosser vibration, low frequency.

It represents the "memory bank" or your "internal computer."

The extension of an individual's vibration impressed on to objects, places, and persons.

It can create a physical or mental problem for patient when psychoanalysis or diagnosis is made by a doctor.

2. U-HANE

or "Middle Self" or Counsious Mind

Area of Mind that has the reasoning power to discriminate, to make choices, to express will-power.

It is the "teacher," guide of Unihi-pili.

It vibrates at a higher frequency level than Low Self.

3. AU-MA-KUA

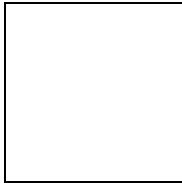
or “High Self” or Super-Conscious Mind

Connection between the individual and the Cosmos, Creator, or God.

High frequency of vibration.

It guides and protects the individual and has only love and concern. Allows freedom, free will. Referred to as "parental father."

It can be referred to as a personal, family “god.”



The Objectives of Ho'oponopono

(A) To release and cut (oki) all "aka cords" or connections with imbalancing, inharmonious, negative situations.

(B) To achieve Balance (Kaulike) and Peace of Mind (Maluhia), "within and without" and among others and nature.

(C) Healing manifestation: Spiritually and mentally, then ultimately, physically and materially.

(D) In "exorcism" (Ho'omahiki), helps the release of earthbound spirit or spirits from individuals, places, situations, objects.

(E) Reincarnation: Release (Ho`okino Hou ia) of individual, etc., from unhappy, negative experiences in past lives; resolving and removing trauma from "memory bank" without creating stress. The Law of Cause and Effect predominates in all of Life and Lifetimes.

Applications of Ho'oponopono

1. Adult or Child with average disorders, malfunctions, etc.
2. Dying patient, (Family get-together: a Must.)
3. Accident, suicide, drowning victim, combat war victims.
4. Disagreement between two or more individuals (family, business, etc.)
5. Victim of a "curse" (Anai) by individual, group, priest, or Kahuna Ana Ana.
6. Uhane hele: sleeping sickness.
7. Deceased.
8. Misuse of the Laws of God; misuse of the Laws of Nature.
9. Possessions by "spirits"... (Uhane Noho) Exorcism.
10. Embarking on a new career; venture for removal of blocks that may interfere or create problems spiritually, mentally and physically.

Other Uses for Ho'oponopono

1. Tracing one's "roots" or "ancestral tree".
 2. In cases of abortion and miscarriages.
 3. Before going to hospital; convalescent home, etc.
 4. For: Institution; co-workers; superiors or anyone whom one may become involved with; (absentee treatment: Unhappy or traumatic experiences together in past lives can create problem in the present day association with above said individuals) ... thus helping to sever "aka cords" and establish or create harmonious
- .

The 12 steps of Ho'oponopono

Advanced Self I-Identity Ho'oponopono

- 1. THE INNER CONNECTION**
- 2. "FOR I AM THE PEACE"**
- 3. BREATHING (HA) – 9 ROUNDS**
- 4. OPENING PRAYER – "I AM THE "I" SUPPLEMENT**
- 5. REPENTANCE PRAYER**
- 6. A. HO'OPONOPONO – LONG FORM**
B. HO'OPONOPONO – BRIEF FORM
C. HO'OPONOPONO – CONCEPTION
D. HO'OPONOPONO MAHIKI
- 7. RELEASE**
- 8. CLEANSE**
- 9. TRANSMUTE**
- 10. CLOSING PRAYER**
- 11. BREATHING (HA) – 7 ROUNDS**
- 12. ACKNOWLEDGEMENTS (IDENTITY OF NATIONSTO DATE)**

1. The INNER CONNECTION

(UHANE – Conscious Mind)

DIVINE CREATOR, Father, Mother Child as ONE:

Oh, my Child...will you forgive for all my errors in thoughts, words, deeds and actions I have Accumulated, and subjected you to over eons of time? As your Mother today, I forgive you for all your errors, fears, resentments, insecurities, guilt's and frustrations.

Come and hold my hand and reverently ask the Father, our Aumakua to join us and hold hands. As a unit of two please ask the Father to join us and make the three of us a unit of one.

Let love flow from me to you and from us to the FATHER. Let the DIVINE CREATOR embrace us in the circle of DIVINE LOVE.

**For those who have received a KEY – us your 'Key' – Eliminate No. 1 and think the 'key'.*

2. “FOR I AM PEACE”

“I”

Again! I emphasize that FEAR must still be dealt with in a more, gentle, loving, warm, and understanding manner, to rest the iron grip from emotional mind.

DO IT GENTLY, DO not command, but reach the UNIHIPILI (Subconscious) through a tedious, patient process that, sometimes seems almost like being subservient to it. At least it seems so to many of you from the intellectual, rather than the ‘FEELING’, warm, caring, gentle and protective concept.

Let me beckon My Children of the Light.

AUMAKUA

“Where is the Divine Creator?”

“EVERYWHERE AND NOWHERE for you have prepared yourself well and deserve to be in the Presence of that beautiful area of ‘Silent Solitude’ infused with the reverence no man knows.”

“You will then FEEL a ‘Letting go’ sensation come over you then affirm:”

UNIHIPILI

I AM A CHILD OF GOD allowing Divine Love and Intelligence to move and express in and through me, my affairs, both personal and universal, balance, perfect ideas, perfect relationships, and perfect right environment at the right time

I am and will always be in my right place and time for my own individual growth, personal success and happiness to allow me to fully use my talents in this lifetime for my good and others.

Right conditions, relationships and ideas, for a constructive future, can and will be achieved through my complete acceptance, enthusiasm, faith and humbleness of mind for my DIVINE CREATOR, FATHER AND ONENESS OF ALL LIFE – my ALPHA and my OMEGA. I will know and truly understand and experience life-fulfilling for I deserve to have the water of life to sustain me now and always.

“FOR I AM PEACE”

1. BREATHING (HA)* – 9 Counts

- A. Inhale (Divine Energy) for 7 counts.
- B. Hold the breath for 7 counts.
- C. Exhale for 7 counts
- D. Hold the breathe for 7 counts

This is considered one round. Do 9 rounds.

You may breathe for someone else in the world who has a need to survive. Be sure to breathe for self first, then others. Since the body breathes and circulation flows, its supply should not be depleted by using it for others. **Care for self first, last and always is essential.*

4. OPENING PRAYER – “I” AM THE “I”

(The “I’s” Prayer)

“I” AM THE “I”
OWAU NO KA “I”

“I” come forth from the void in to the light,
Pua mai au mai ka po iloko o ka malamalama,

“I” am the breath that nurtures life,
Owau no ka ha ka mauli ola,

“I” am that emptiness, that hollowness beyond all consciousness,
Owau no ka poho, ke ka’ele mawaho a’e o no ike apau,

The “I” the id, the all,
Ka “I”, ke kini Iho, na Mea Apau,

“I” draw my bow of rainbows across the waters,
Ka a’e au “I” ku’u pi’o o na anuenue mawaho a’e o na kai apau,

The continuum of minds with matters.
Ka ho’omaumau o na mana’o amen a mea apau.

“I” am the incoming and outgoing of breath,
Owau no ka “Ho” a me ka ha,

The invisible, untouchable breeze,
He huna ka makani nahenahe,

The undefinable atom of creation.
Ka “Hua” huna o Kumulipo.

“I” am the “I”
Owau no ka “I”

SUPPLEMENT

This is a new step for people who have used the Ho'oponopono process continuously for at least one year.

1. Do 7 rounds of HA
2. Mentally say:

Let Divine Intelligence manifest good health in all of my respiratory, circulatory, excretory, and auric systems. Let all imbalances be transmuted and put in their right time and places to bring greater supply, abundance, health, and spiritual cleansing. Let all imbalances be transmuted to their right time. My evolvment and peace of mind has no limitations.

AND IT IS DONE!

5. REPENTANCE PRAYER

(Between Individual / Group and the DIVINE CREATOR)

DIVINE CREATOR, Father, Mother, Child as ONE:

If * I _____, my family, relatives, and ancestors have offended you in thoughts, words, deeds and actions from the beginning of our creation to the present, please forgive us.

Cleanse, purify, release, sever, and cut all the unwanted energies and vibrations we have created, accumulated and/or accepted from the beginning of our creation to the present.

Please transmute all the negative, unwanted energies to PURE LIGHT. WE ARE SET FREE!
AND IT IS DONE!

When the phrase, "AND IT IS DONE" is used – it means Man's work ends and GOD BEGINS.

** Use plural form, "We _____, our families, relatives..." when two or more are used in the blank space.*

6 A. HO'OPONOPONO – LONG FORM*

(Cleansing and Problem Solving)

PART I.

DIVINE CREATOR, Father, Mother, Child as ONE:

If I _____ (1) _____, my family, relatives, and ancestors have offended you, _____ (2) _____, your family, relatives, and ancestors in thoughts, words, deeds, and actions from the beginning of our creation to the present, humbly, humbly we ask you all for forgiveness for all our fears, errors, resentments, guilt, offences, blocks and attachments we have created, accumulated and accepted from the beginning of our creation to the present.

LET DIVINE INTELLIGENCE INCLUDE ALL PERTINENT INFORMATION WE KNOWINGLY OR UNKNOWINGLY HAVE OMITTED. WILL YOU ALL FORGIVE US?

PART II.

Yes, We forgive you. Let the water of life release us all from spiritual, mental, physical, material, financial, and karmic bondage. Pull out of our memory bank and computer, release, sever and cut the unwanted and/or negative memories and blocks that tie, bind and attach us together.

Cleanse, purify and transmute all these unwanted energies to PURE LIGHT. Fill the spaces these unwanted energies occupied with DIVINE LIGHT.

LET DIVINE ORDER, LIGHT, LOVE, PEACE, BALANCE, WISDOM, UNDERSTANDING, AND ABUNDANCE be made manifest for us all in our affairs through the DIVINE POWER of the DIVINE CREATOR, FATHER, MOTHER, CHILD AS ONE, in whom we rest, abide and have our being now and forever more. WE ARE SET FREE! AND IT IS DONE!

**The long form is to be done twice in the following manner:*

	<i>1st Time</i>	<i>2nd Time</i>
<i>Part I</i>	<i>You</i>	<i>Them</i>
<i>Part II</i>	<i>Them</i>	<i>You</i>

However, when doing the process by yourself – you assume Part II on behalf of other parties.

Note: *Line 1- party doing process (use the plural in lines 1 and 2 when doing the process with 2 or more)*

Line 2 – party or parties with whom process is being done, name or parties on questionnaire.

Purpose: To program in to individual's memory bank or computer the basic structures, including working "tools" to activate the computer, sift up and dredge out matter that may contribute to the causes of the problem.

Do the long form only between one's self, family, relatives, and ancestors before working on anyone else's problems. You can do it on behalf of persons, places, things, etc....

Long form may be used many times but - in the beginning the long form is used to acquaint the Unihipili of those concerned about the process. E.g. If the subconscious mind becomes confused. CLARITY IS A MUST.

6 B. HO'OPONOPONO – BRIEF FORM*

(Cleansing and Problem Solving)

DIVINE CREATOR, Father, Mother, Child as ONE:

I _____ (1) _____ my family, relatives, and ancestors wish to do a Ho'oponopono with _____ (2 a & b) _____, especially _____ (3) _____, places _____ (4) _____, past lives _____ (5) _____, home ties _____ (6) _____ that contribute to the cause of my problems _____ (7) _____.

Cleanse, purify, sever, cut and release all the negative and unwanted memories, blocks and energies we have created, accumulated and accepted from the beginning of our creation to the present. Transmute all these unwanted energies to PURE LIGHT.

WE RELEASE THEM TO PURE LIGHT AS THEY RELEASE US. WE ARE SET FREE! AND IT IS DONE!

Note: *Line 1 – Party doing the process*

Line 2(a) – Party or parties with whom process is being done, name of parties on questionnaire.

Line 2(b) – always include the Amakuas of Rhythm, Peace, Freedom. And Balance; the Lady of Freedom, the Amakua of the United States, and all the Amakuas of Nations throughout the world and the Universes.

Line 3 – names of persons whom you have string attachments to.

Line 4 – names of places you have strong attachments to

Line 5 – past lives you have strong ties with

Line 6 – name of party with whom you have strong ties at home

Line 7 – name specific problem.

**BRIEF FORM is two-fold. It may be used for SELF only (e.g. "with all my fears, errors, etc.") or it may be used as presented with OTHERS.*

Do as part of 12 steps.

6 C. HO'OPONOPONO – CONCEPTION*

(Abortion / Miscarriages)

DIVINE CREATOR, Father, Mother, Child and ONE:

I _____(1)_____, my family, relatives and ancestors wish to do a Ho'oponopono between us and _____(2)_____ and our adopted guardians, surrogate, biological, mothers, fathers, grandmothers, grandfathers, great-grandmothers, great-grandfathers and all our ancestors from the time of conception to the present.

We include all abortions and miscarriages in our family and ancestors; also those related and/or affiliated with the case at hand _____(3)_____.

We also include the Hospitals, staff, rituals, party or parties responsible for abortions, still borns, miscarriages, suicides, infanticides, abuses and the addresses where they were performed.

Cleanse, purify, sever, cut, release and transmute all the unwanted, painful and traumatic memories, blocks and energies to PURE LIGHT.

WE RELEASE THEM TO PURE LIGHT AS THEY RELEASE US! WE ARE SET FREE! AND IT IS DONE!

Note:

Line 1 – party doing process

Lines 2 and 3 – party or parties with whom process is being done, name of parties on questionnaire.

*You may do "in absentia" for anyone provided you do as part of 12 steps and use No. 9.

6 D. HO'OPONOPONO – MAHIKI

*(Cleansing and Releasing of Negative Vibrations from Persons, Entities,
Atoms and Molecules)*

DIVINE CREATOR, Father, Mother, Child as ONE:

I _____ (1) _____, my family, relatives and ancestors wish to do a
Ho'oponopono of the following premises, persons, objects, transaction, atoms, and
molecules, families, relatives and ancestors _____ (2) _____.

If there are any earthbound spirits and/or negative vibrations within, on, or around
them or if the following deceased persons _____ (3 a & b) _____ are
earthbound, we humbly ask for forgiveness on their behalf and ask that they be cleansed,
purified, and released to the path of PURE LIGHT. No longer will they be earthbound. We
release them to the path of LIGHT as they release us. We, including premises, persons,
families, relatives and ancestors, objects, rituals, transactions, atoms and molecules are ALL
SET FREE! AND IT IS DONE!

Note:

Line 1 – party doing the process

Line 2 – party or parties with whom process is being done, name of parties on
Questionnaire.

Line 3 – (a) name of deceased parties on questionnaire

(b) anyone in the Universe who is permitted to go at this time

7. RELEASE

DIVINE CREATOR, Father, Mother, Child as ONE:

I _____, my family, relatives, and ancestors mentally detach ourselves from all involved in this case. We cut all Aka cords. WE ARE SET FREE! AND IT IS DONE!

8. CLEANSE

We mentally bathe ourselves from the top of the head to toe with the following colours: Indigo or Purplish-Bluish Light (7 Times); Emerald Green (7 Times); Ice Blue (7 Times); White (7 Times).

9. TRANSMUTE*

Let Divine Intelligence approve the release and transmutation of all toxins and negative vibrations to PURE LIGHT. Let Divine Intelligence manifest harmony, love, wisdom, order, balance, perfect and right relationships, ideas, sources of wealth, sustenance and energies. We humbly ask that we be surrounded with a gold band or circle. WE ARE SET FREE! AND IT IS DONE!

**When in doubt leave it in Divinity's hands.*

Remember: You are only proposing. The Aumakua will refine your proposal, and then it is up to the Divinity or "I". This clears one of any karmic contamination or ties when doing for others. Otherwise, it will be considered an "invasions of privacy" of animate and inanimate things.

10. CLOSING PRAYER – THE PEACE OF “I”

THE PEACE OF “I” KA MALUHIA OKA “I”

Peace be with you, All my peace,
O ka Maluhia no me oe, ku'u Maluhia apau loa

The peace that is “I”, the Peace that is “I” am,
Ka Maluhia o ka “I”, owau no ka Maluhia,

The peace for always, now and forever and evermore,
Ka Maluhia no na wa apau, no ke'ia wa a mau a mau loa aku.

My peace “I” give to you, My Peace “I” leave with you,
Ha'awi aku wau “I” ku'u Maluhia ia oe, waiho aku wau “I” ku'u Maluhia me oe.

Not the world's peace, but, only my Peace,
The Peace of “I”.

*A'ole ka Maluhia o ke ao, aka, ka'u Maluhia wale no,
Ka Maluhia o ka “I”.*

11. BREATHING (HA)* – 7 Counts

- A. Inhale (Divine Energy) for 7 counts.
- B. Hold the breath for 7 counts.
- C. Exhale for 7 counts
- D. Hold the breathe for 7 counts

This is considered one round. Do 7 rounds.

Note: Process concludes with 7 rounds of HA so that the body will not be deprived of the sustenance it needs.

12. ACKNOWLEDGEMENT

We acknowledge the Divine Creator, our inner family – the father, mother and Child, the Divine Forces of all the Universes, the Divine Forces of the mineral, vegetable, and animal Kingdoms. The Foundation of I, Inc. freedom of the Cosmos, Pacific Seminars and all the Amakuas, Uhanes and Unihipilis who have been moved in to the path of PUR LIGHT. We include animate and inanimate things – such as coins and currencies and their media of exchange, documents, letters, equipment, objects, sounds of speech, thoughts, deeds and actions; even a microscopic cell or particle of dust that participated in or was included in the process.

We acknowledge the Amakuas of Rhythm, Peace, Freedom and Balance: The Lady of Freedom, the Amakua of the United States; King Kamehameha I (Kah-may-hah-may-hah), the Amakua of Hawaii; the Amakuas of each nation; including; (insert list on next page);

the Amakuas of the world, universes and Cosmos.

May the “I” continually bless all involved in the Ho’oponopono Process. WE ARE SET FREE AND IT IS DONE! WE ARE NOW IN THE DIVINE CREATOR’S EMBRACE.

"QUICKIE" FORM

1. ONE ROUND of BREATHING (See Breathing exercise).
2. IMAGE or "THINK!" a PILLAR of the PEACE OF "I". PLACE ON PERSON OR PERSONS INVOLVED OR CONFRONTED.
3. HO'OPONOPONO (Between Party #1 & #2. Each one may be an individual; represent a group / institution / nation.
4. CLOSE-. (Just IMAGE or THINK "THE PEACE of "I" as a PILLAR
5. RELEASE: (Immediate "Release" with case .
6. CLEANSE: (Quick "bathing" of Self with required colors
7. BREATH: (One ROUND).

**INFORMATION REQUESTED
for the "STANDARD or LONG FORM"**

Write on a separate paper / papers the following information:

NAME:

ADDRESS:

Husband / Wife:

(Ex-husband / ex - wife)

(Common-law husband/wife)

Parents:

Grandparents / great grandparents:

Children:

(Biological Parents) (Adopted parents)

Brothers / sisters:

Uncles / Aunts ... Cousins:

(Biological / adopted / step.)

Close or intimate friends and associations:

(occupations/employer/location/staff.)

(Anyone contributing to stress, imbalance, etc.)

Situations, dates, places, times, pertinent facts, or anything that may contribute to the case:

Mark "D" after name, if deceased. If violent death, suicides, drowning, car accidents, combat, murder, etc; Add address, state country and type of death. MARK (d) after name, if deceased. If violent death, suicides, drowning, car accidents, combat, murder, etc., add address, state, and type of death. The strong connection to the area accident occurred remains until CUT through Ho'oponopono.

BRIEF FORM

Party #1: *NAME in first underscored space.

**ALL OTHERS FROM FAMILY TO BUSINESS ASSOCIATES & PERTINENT FACTS IN SECOND UNDERSCORED SPACE.

**ALL INFORMATION ON " LONG FORM" AND "BUSINESS FORM" MAY BE APPLIED TO BRIEF FORM.

INFORMATION REQUESTED BUSINESS PROCESS

Write on separate paper / papers the following information.

NAME & ADDRESS:

EXECUTIVES / STAFF:

NATURE OF BUSINESS: (Involved / Anticipating involvement)

ADDRESS:

AREAS / PEOPLE / COUNTRIES (Involved with Business)

PARTIES INVOLVED

(Both parts)

PROBLEM:

ALTERNATIVE APPROACHES :

BACKGROUND OF PARTIES INVOLVED: (Details, important)

Apply all approaches using "Long or Brief Form"; Conception & Exorcism may be necessary for thorough coverage.

Identity of Nations to Date

George Vancouver – Canada
Our Lady of Perpetual Help – Philippines
Our Lady of Guadalupe (Gwa-da-lu-pa) – Mexico
Our Lady of Panagia (Pan-a-ghe-ah) – Greece
Our Lady of Vladimir (Vlad-i-mear) – Russia
Our Lady of Czestochowa (Chen-sto-ho-va) – Poland
Kwan Yin (Kwan-Yin) – China
Kannon Sama (Kahn-Known Sah-mah) – Japan
William Penn – Pennsylvania
Lady Maria – Germany
Our Lady of Alaska – Alaska
Our Lady of Light – Mexico
Our Lady, Queen of Ireland – Ireland
Our Lady of Charity – Cuba
Our Lady of Lourdes – France
Our Mother of Good Council – Italy
Our Lady of Candlelight – Colombia
Our Lady of Los Angeles – Costa Rica
Our Lady of Santa Clara – California
Our Lady of Glastonbury – England
Our Lady of All Nations – The Netherlands
Our Lady of Santa Isabel – Portugal
Our Lady of Santa Maria – Spain
Our Lady of Medjugorje (Med-yu-gor-yeh) – Serbian Nations
Divinity of Light – Alabama
Our Lady of the Land – Iowa
Our Lady of the People – Nebraska
Our Lady of Lujan (Lu-han) – Argentina
Mother Joseph of the Sacred Heart – Washington
Our Lady of Silent Solitude – Antarctica
Our Lady of Perpetual Spring – Scotland
The Spirit of New York – New York
Our Lady of the Lake – Minnesota
Our Lady of Ozarks – Arkansas
Our Lady of Innocence – Boulder, Colorado
Our Lady of Mercy – Colorado
Our Lady of Portlandia – Oregon
Divine Mother – India
Our Lady of Eternal Light – Israel
Our Lady of Plenty – Africa
Our Lady of the Waterfall – Wisconsin
The Pieta – The Vatican
John Singleton Copley – Boston, Massachusetts
Our Lady of the Thirty-three Orientals – Uruguay
Our Lady of Perpetual Help - Haiti
Chief KNO-TAH – Hillsboro, Oregon
Our Lady of Commerce – Dublin, Ireland
Golden Eagle, The Spirit of All Indian Nations
Our Lady of Immaculate Conception, The Spirit of the Middle East

Advanced Self I-Dentity Ho'oponopono ...

**This is your *Once-In-A-Life-Time*
opportunity for permanent peace-of-mind ...
... *especially* in these Hectic and
"Fearful" times we're living in!**

by James Mason

Dear Friend,

You will breathe a huge sigh of relief every day once you have learned these powerful secrets that combine ancient wisdom with cutting-edge mind technology.

Don't miss it!

How would you like to undergo one of the most profound and liberating transformational experiences ever created? Think carefully before you answer, because saying "yes" means your life will change forever.

If you're not ready to rid your life of negativity, stress, anxiety, guilt, frustration, and regret ... if you prefer to hold onto the attitudes and habits that hold you back from accomplishing everything you ever dreamed of ... then kindly pass this once-in-a-lifetime opportunity on to someone else.

OK?

But ... if you crave a meaningful life, characterized by inner peace even in the midst of chaos ... free from the influence of negative people and the self-defeating fears that keep you from your true potential and ultimate success ... then please read on as I introduce you to a couple of amazing people whose work has quite literally changed my life and the lives of hundreds of thousands of others.

Now ... I'm talking about Morrnah Simeona ... one of the pioneers who popularized Self I-Dentity *Ho'oponopono* and passed the "Esoteric Code of the Kahuna" down to **Rev. James Vinson Wingo, DD ... who has remained on the cutting edge of mind technology ever since.**

I urge you to find out more details about the revolutionary new life-transforming experience Rev. Vince has created ... but right now, I'd like to introduce you to the man who had such an effect on my destiny.

I can still remember when my teacher introduced me to Vince Wingo's Kahuna Secrets of Psychic Power training program. Those DVDs helped me to change my entire approach to life -- and supercharged the results I got out of my efforts -- **all in just a few weeks' time.**

Both Vince and I have come a long way since then!

In this **ALL NEW** training, Rev. Vince combines the ancient philosophy of *Ho'oponopono* (which he has studied for more than thirty years) with the latest in mind technology to create something entirely new and infinitely powerful.

This is the culmination of his life's message of liberation and joyful living, presented in a way that's fascinating and interactive ... and that penetrates deep into your subconscious for dramatic and

lasting change.

**ANCIENT KAHUNA WISDOM WILL
HELP YOU SUCCEED RIGHT NOW!**

Ho'oponopono is a philosophy and way of living that dates back thousands of years to Hawaii. Over the centuries, there have been Kahuna Masters with the rumored abilities of levitating their bodies and even walking through walls!

In other words ... a Kahuna mind-set has been known to alter the nature of reality!

And while it may take lifelong learning and discipline to accomplish such super natural feats, Rev. James Vinson Wingo, DD has developed a unique intensive training course in Self I-Dentity Ho'oponopono that will easily fit into a modern Western lifestyle.

It is based on a few basic but profound principles that will allow you **to alter your own reality on a daily basis** in all sorts of ways.

You may not be walking through walls ... but you will absolutely learn other ways of shaping your experience to fit your greatest dreams.

In this crazy world of ours, who wouldn't want to achieve a **deep and permanent sense of inner peace?**

Who wouldn't want to banish the limiting fears that hold so many of us back?

Who wouldn't want to know these powerful secrets for having any situation turn out to your advantage?

**Master Vince has distilled thousands of
years of some of the world's most profound
teachings into this engaging and approachable program.**

And best of all, he's packaged it with a system of learning that will actually help you program your mind into absorbing and applying this information immediately!

**TRANSFORM YOUR LIFE WITH ALMOST NO EFFORT
... IT'S LIKE MAGIC!**

That's right ... the *Ho'oponopono* philosophy is the catalyst for this amazing change ... but Master Vince will introduce you to a powerful method for immediately absorbing this information and applying it into your own life ... with tangible results in as little as a few days ... or even a few hours.

All you have to do is lay-back-and-watch the DVDs ... and the cutting-edge mind technology will do the rest ... allowing you to re-script your life without getting up from your favorite chair ... or even while you're sleeping!

At the heart of this technique lies the theory of altered-state learning.

"Altered state" refers to the changing of the activity of your brain from being wide awake to the less-active state in which your subconscious is more accessible.

If your mind were a computer and your conscious mind were the processor, your subconscious mind would be the powerful software that programs your beliefs, your actions, and the way you react to the events in your life.

Master Vince will show you how to safely and quickly alter your own mind state to absorb the powerful *Kahuna Ho'oponopono* way of being -- or any information you choose -- up to 200 times more effectively than you normally could!

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<http://hooponopono.net>

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**It's like rewriting the software that
controls what happens to you every day!**

Listen up ...

After attending the **Advanced Kahuna Ho'oponopono** training I felt super-charged ... for my own part there was so much Secret Knowledge presented that there was no way I could absorb even 3% of what the world's best had to offer.

I got a lot more information than I was prepared for at the time. I personally have spent years acquiring Kahuna Wisdom. Even so, the knowledge presented here astounded me.

If you were there ... you'd know how I felt.

Sometimes I was totally confused. I needed time to think and I needed time to absorb and I needed time to practice. My plate was overflowing with the abundance of wisdom and knowledge shared!

... if only I had a way to s-l-o-w d-o-w-n the "rapid fire" information in a way that I could easily think about it, I could easily process it and then I could easily start using those Kahuna Mind Control secrets in my own life.

That's why I bought these DVDs myself ... right away!

In fact ... over the last several weeks I've been so busy going over those valuable tapes, I actually fell into a Time Warp of study. I took more than 35 pages of notes off the videos alone!

When I once again popped up my head out of the water for a clean breath of air, I knew I had to make Vince get these awesome DVDs out to you right away ... so **YOU** can get the most good out of them also.

Merely by paying attention to this revolutionary training program, you can use the hidden power of your own mind to radically change the reality of your life. You will have everything you ever need to start and continue down this path for a life time of happiness and inner peace.

* **No more** "forcing yourself" to remember to act a certain way!

* **No more** "pretending" to feel something that you don't!

With altered-state learning, the lesson becomes a part of you ... and you will find it perfectly natural to behave in completely new and positive ways.

I'm so excited that I single-handedly begged and convinced Vince to present the following offer ... **and he said "YES!!!"**

**AN AMAZING OFFER FOR
AN AMAZING EXPERIENCE!**

Get the *Advanced Ho'oponopono* DVDs NOW ...

... these RARE DVDs are simply not available anywhere else.

Now you can have that same experience I had ... and you can have it **again ... and again ... and again ... at your own leisure**. Take notes. Apply this wisdom into your own life **in exactly the manner you choose**.

You've probably heard all the buzz across the Internet ... everybody wants them ... and you're going to be THE FIRST to get them.

The complete set of DVDs is valued at over \$800 ... but we'll give them to you NOW for **only \$297** ... just for ordering right away!!!

You have our 60-Day Money Back Guarantee!

... so YOU **RISK ABSOLUTELY NOTHING** by ordering NOW.



The **only** risk is NOT taking advantage of this **once-in-a-lifetime chance** to achieve peace of mind in these stressful and hectic times.

- Enjoy complete INNER PEACE, even in the midst of suffering and chaos.
- **Live STRESS-FREE forever.**
- Eliminate the "hidden fears" that hold you back from EVERYTHING YOU'VE EVER DREAMED OF.
- **COME OUT ON TOP in any "confrontation."**
- Detach yourself from all negativity ... enjoy a POSITIVE OUTLOOK in all situations.
- **Never be manipulated by others again -- always be IN CONTROL of your life and resources.**
- Rid yourself of unnecessary guilt, frustration, and regrets.
- **COMPLETELY CHANGE YOUR LIFE UP TO 200 TIMES FASTER than you ever thought was possible ... WITHOUT EFFORT!**

Ho'oponopono is the ancient way of living that will change your modern life!

Ho'oponopono itself is not a religion, and it does not interfere with any religion. It is a way of living that is characterized by focus, inner peace, calmness, confidence, and detachment from negativity. For *Kahuna Ho'oponopono* Masters, this is a permanent state ... even in the midst of pain and chaos.

Image what life will be like for you to ...

Never be upset

Never be held back by fear

... **... and never be manipulated by the "selfish goals" of others!**

For centuries, the Kahuna Masters have been the envy of the world ... and yet to achieve these same results would be "***impossible***" for someone not trained from a young age in the secrets of their way of life ... right?

Wrong!

Rev. Vince -- who was brought up in the *Kahuna* tradition quite literally from before birth -- is a world-renowned master healer, a leading authority on metaphysics, and a constant pioneer in the field of mind technology -- has created a training program that rapidly and easily introduces you to this ancient knowledge.

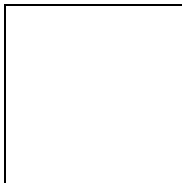
This is YOUR chance to

EFFORTLESSLY BECOME A MODERN MASTER

... AND ...

... you're getting the complete "*Advanced Ho'oponopono*" ... these RARE DVDs that are simply not available anywhere else ... valued at over \$800 ... for only \$297!! + 19.50 S&H

Order [HERE](#) or call 1-573-334-3478



You'd have to be crazy to pass up an opportunity like this!

... and you gotta understand that this deal lasts only for 11 days. . . and then it's gone forever.

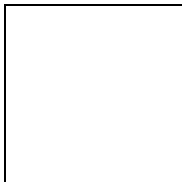
I bet you're asking yourself, "*Why?*"

The answer is simple. Because in two weeks we're going to release these new videos to the entire world wide web for much, much, much more.

We are still going to give members a discount prices, but not nearly as low as you are getting RIGHT NOW. So this deal ends soon ... and will never be repeated again.

PERIOD!

We are in the process of replenishing our stock of videos and will have them ready in the next day or so. Because of that, pick up your telephone right now and call me at 1-573-334-3478 so you can pick up them up at this price while they last. I told three of the *Huna Ohana* members wanting these videos about this special and all 3 of them have jumped on the chance of getting \$800 bucks worth of Kahuna Secrets for only \$297, just because they were among the first 20 to call. Order Now.



Thank you so much for your time. I'm sure that, once you have read this letter, you will do the right thing for your life and order now. You'll kick yourself if you pass up this unique opportunity.

Sincerely,

James Mason

PS - Just a quick note here. If, after you've gone through all the DVDs and you don't love them, just send them back within 60 days of ordering and we'll give you your money back. That's more than fair, right?

PPS - Remember this deal ends in 11 days, on **May 1, 2008**. After that date you will not get This Special Discount. You will be charged the normal prices.

Also. We have ~~17 sets~~^{only 7} of the DVDs left at this price, and they will NOT be available again.