

Robert Moss – Dream Gates

A journey into active dreaming

- **Part 01**
 - The role of dreams in human evolution
 - Robert Moss' dreaming history
 - Big dreams vs. little dreams
 - The meaning of dreams across cultures
 - Course overview
- **Part 02**
 - Stalking and catching dreams
 - Developing dream recall
 - Dream basics
 - Keeping a dream journal
 - Dream incubation: Tapping dreams for wisdom and insight
 - Suggestions for discussing dreams with others
- **Part 03**
 - An essential travel kit for dream travelers
 - The reality check
 - Dream re-entry
 - Exploring symbols in dreams
 - Dialoging with your dream characters
 - Dream enactment
 - Out-of-body dream experiences
- **Part 04**
 - How to develop dream premonition
 - Scanning dreams for possible futures
 - Discerning true precognitive dreams from false ones
 - Precognitive dream re-entry
 - Dream re-enactment rituals
- **Part 05**
 - The treegate dream invocation
 - A drumming induction for dream re-entry
 - Concious dreaming
- **Part 06**
 - The house of time induction
 - The second self subtle body technique
- **Part 07**
 - Dreamwork in the shamanic traditions
 - Land spirits, ancestor spirits
 - A technique for finding and connecting with a power animal
 - How to feed your power animal
- **Part 08**
 - Soul remembering
 - Dream messengers
 - Testing the authenticity of spiritual guides – in both dream and waking reality
 - How to find your future self
- **Part 09**
 - Why death is a great teacher
 - How to receive communication from departed friends and loved ones
 - Visiting the realms of the afterlife
 - Dreams about your own death
- **Part 10**
 - Protecting your psyche in the dream realms
 - Thoughts as tangible forms
 - Soul loss and energy loss
 - Asklepan dream healing
 - Energy raising exercise
- **Part 11**
 - Tales of a night flyer
 - Dream travel to locations in waking reality
 - Suggested flight paths to other dream dimensions
 - Navigational instructions for travel across time and space
- **Part 12**
 - Using dreaming techniques in waking life
 - Synchronicity
 - Percieving messages in your daily life
 - The purpose of storytelling
 - Discovering the higher self through dream work

