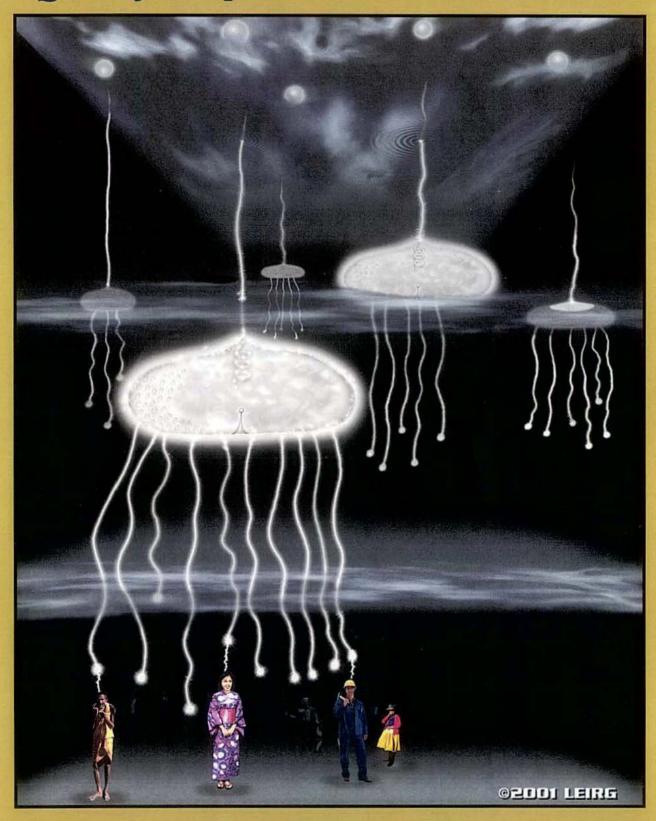
MATRIX V

Quest of the Spirit - The Ultimate Frontier



Val Valerian

Another 21st Century Book from Leading Edge Research Group

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Matrix V

Quest of the Spirit – The Ultimate Frontier

Information for Very Advanced, Dominant and Final 3rd Density Incarnations (From the Perspective of a Final 3rd Density Incarnation)

GOLD EDITION

March 2003

Edited By

Val Valerian

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"If you aren't ready to hear the truth, don't ask for it!" (From Sci-Fi Channel Series *The Chronicle*)

This work is dedicated to all Higher Selves who have taken on and contributed to this project – Those to whom nothing is impossible!

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The Matrix V Cover Art: Higher Selves On the Simultaneous Incarnational Path

The cover art depicts what I have seen on the level where the Higher Selves reside. From my crude drawings, to Val's enhancements after discussing it with me, to Arthur's excellent, breathtaking final product, you are looking at an accurate representation of what everyone, with a Higher Self, really looks like.

The oval, glowing energy being IS you! The energy extensions descending from the central orb are one for each incarnation. As we have hundreds and hundreds of incarnations, space limitations required a depiction of only several streams per Higher Self. These energy cables are the 'silver cords' seen in astral travel. Each extension ends in a physical incarnation. Earth incarnations are simultaneous, hence all are alive at the same time but in different phases (time periods). Genders, races, etc are merely different learning experiences for the Higher Self. The 3rd stream, from your left, of the largest Higher Self indicates an incarnation on the 4th density (astral) after death. The astral levels are depicted as the misty areas above and closest to the incarnated humans. They are ALL you!

If you look closely inside the Higher Self, you'll notice small ovals along the left wall. These represent each individual incarnation for that individual Higher Self. The Final Incarnation can access each of the Higher Self incarnations by simply touching any one head to see through that stream's eyes.

The corkscrew in the center is not a part of the Higher Self. This is a graphic representation of energy spiraling up through the opening in the top, center of the Higher Self. This opening is the path the Higher Self will follow after the Final Incarnation is completed and all energy streams are absorbed back into the Higher Self, which would now be complete. The Higher Self is, at this point, a true composite of all the Higher Self incarnations and the Final Incarnation becomes the Higher Self.

The central, lower object is on the base of the Higher Self, an energy pillar with a multifaceted energy ball on top. This is the central nexus/processing center for the Higher Self and is a natural part of shim. Dominants and Final incarnations may access ANY component or experience of any of the Higher Self incarnations through this ball. It would compare to the 'brain' of the third density body.

You will see several other Higher Selves engaged on their Paths. This is how I saw them. The energy shown at the top of each Higher Self is the path that the Higher Self will follow to the next level of experiences. These upcoming experiences are TOTALLY different than those on 3rd density. The rectangular upper part of the art, with the Higher Self energy ripples, is a depth drawn image. As it gets narrower, farther distance is indicated.

When I saw this completed art, I received a pulse of pure joy from my Higher Self. Never before has this been available to 3rd density Earth and to anyone who wanted to see it. It has caused a real buzz among the Higher Selves involved in this whole project. The art is also now prominently displayed in the Library on Monroe level 27! It contains keys needed by many to bridge from 3rd/4th densities to who they REALLY are. This drawing is a missing key for many Very Advanced and, especially, Final Incarnations. Meditate on this drawing and see where it takes you.

The Author, Information for Advanced, Dominant and Final Incarnations, May 2001

Matrix V Quest of the Spirit - The Ultimate Frontier **Gold Edition**

Information for Very Advanced, Dominant and Final 3rd Density Incarnations (From the Perspective of a Final 3rd Density Incarnation)

Table of Contents

Preface

| The Real Matrix - Above and Beyond - Introduction by Val Valerian | 001 |
|---|-----|
| Experience in the Physical Universe – Statistically Commonplace | 003 |
| Essential Sources and Recommended Reading Materials | 006 |
| Robert Monroe – Planetary Pioneer | 006 |
| The First Band – Lower Fourth Density | 007 |
| Mid-Fourth Density | 008 |
| High Fourth Density | 008 |
| Future Visions - Changes in the Near-Earth 4th Density Vibrational Matrix | |
| The Experience of Spiritual Incarnation Through An Organic Body | 009 |
| An Important Note for Readers of Matrix V | 010 |
| Monroe's Meeting With Some of His Incarnations | 011 |
| Orthodox Research on Consciousness and Experience Levels | 012 |
| Movement From Physical to Non-Physical Awareness | 013 |
| The Potential Planetary Effect of These Explorations | 015 |
| How to Use This Book | 016 |
| Author's Introductions | |
| Author Introduction to 2nd Edition | 017 |
| Author Introduction to Gold Edition | 021 |
| To Whom I Direct This Material | 023 |
| Some Definitions of Major Terms Used | 023 |
| Incarnations of the Higher Self | |
| (001) Matrix V and Endgame | 027 |
| (002) The Higher Self | 02/ |
| (003) A Basic Comparison of Densities and Dimensions | 029 |
| (004) Vibration of the Higher Self | 030 |
| (005) Connecting To Your Higher Self - A Meditation With Keywords | 030 |
| (006) Higher Densities – One Facet | 031 |
| (007) Higher Self Improvement With Incarnations | 031 |
| (008) Which Road Will You Choose? | 033 |
| (009) Final Blocks – Internal Blocks and External Blocks | 034 |
| (010) Friendships and Polarity | 035 |
| (011) Changes in You | 036 |
| | |

| (O12) Emotions | 036 |
|--|-----|
| (013) Emotional Fire | 037 |
| (014) Emotional Fire II | 038 |
| (015) Defining Incarnational Levels | 039 |
| (016) Progression of Incarnations | 040 |
| (017) A Look At Advanced Levels | 042 |
| (018) The Concept of "Final incarnation" from a Cultural Perspective | 043 |
| (019) Observations: Higher Self Tests - Pass or Fail Only | 044 |
| (020) Tests and the Higher Self | 045 |
| (021) Tests and the Higher Self – Part II | 046 |
| (022) Obstacles Caused By Faulty Decisions | 047 |
| (023) Obstacles Caused By Faulty Decisions – Part II | 049 |
| (024) The Nexus of Time | 050 |
| (025) Dominants & the Final Incarnation | 051 |
| (026) Dominant & Final Incarnations & Experiential Loops | 052 |
| (027) Awakening, Anxiety & DNA Commands | 054 |
| (028) Questions and The Game | 055 |
| (029) Observations: The Higher Self and What No One Can Do For You | 057 |
| (030) Guides and The Higher Self | 058 |
| (031) The Phrase "In My Last Incarnation" | 058 |
| (032) Higher Self Individuality | 059 |
| (033) Be Satisfied Being You - Incarnational Levels | 059 |
| (034) Incarnating Paths and Higher Self Individuality | 061 |
| (035) Awakening | 062 |
| (036) Awakened Final Incarnation and Self Doubts | 063 |
| (037) Incarnational Missions and The Higher Self | 064 |
| (038) Higher Self Choices - Earth and Non-Earth Incarnations | 065 |
| (039) A Different Facet: Alien Higher Selves | 066 |
| (040) Group vs. Individual Progression | 067 |
| (041) Another Variation of Higher Selves | 067 |
| (042) Forced Conformity | 068 |
| (043) Intolerance, Conformity and Earther Incarnations | 070 |
| (044) Multiple Personalities – A New Perspective | 071 |
| (045) When Earth's Vibrations Get Too Heavy | 072 |
| (046) Matters of Balance | 072 |
| (047) Faux Balance | 073 |
| ml ml 1 1 n - 1 c | |
| The Third Density Game | |
| (048) Observations: Information on the Basic Rules of the Game | 074 |
| (049) The Game and Participation In It | 075 |
| (050) Light Feeding Dark | 076 |
| (051) Changing The Future | 077 |
| (052) Observations: On Feelings of Resentment and The Game | 078 |
| (053) The Game & The Players | 078 |
| (054) The Game & The Players – Part II | 079 |
| (055) Where The Idea of "We Are All The Same" Comes From | 080 |
| | |

Sequential Influence and The Game

| (056) Sirius - The Dog Star | 082 |
|---|-----|
| (057) Sirius/Orion Involvements | 082 |
| (058) The Truth is NOT Out There | 084 |
| (059) TV Aliens and The Earth | 085 |
| (060) Observation: Higher Self Intervention On TV | 086 |
| (061) Taken - Commentary on the Spielberg television presentation | 087 |
| (062) Taken - Second Commentary | 088 |
| (063) Taken - Final Notes | 089 |
| (064) Revelation: Abduction Bottom Line | 091 |
| (065) Genetics: A Sequential Obsession | 092 |
| (066) Alien Visitors To Earth | 093 |
| (067) Denial of Information and Sequential Incarnates | 094 |
| (068) A Deeper Look: Alien Semantics | 095 |
| (069) Alien Labels: 'Reincarnation' and 'Past Lives' | 096 |
| (070) Observations - Aliens and the Higher Self | 097 |
| (071) David Icke's "Children of the Matrix" | 099 |
| (072) David Icke's View of Reptilian Presence | 100 |
| (073) Two Reptilian Influences on Earth | 100 |
| (074) Observation: Harry Potter/Chamber of Secrets | 101 |
| (075) Observation: Raelians Clone Project | 102 |
| (076) Aliens Who Cry Wolf | 102 |
| (077) Aliens and 'Spirituality' | 103 |
| (078) Alien Technology and The Game | 104 |
| (079) Sequential Technology Dependence & Spiritual Laziness | 105 |
| (080) Sequential Influences, Individuality and The Game | 107 |
| (081) Sequential Shenanigans & Abductions | 108 |
| (082) Sequentially Incarnating Higher Selves | 109 |
| Graphic Representation of Sequential Incarnations | 110 |
| (083) Aliens On Earth and The Game | 111 |
| (084) Sequential Incarnates and 'The Merkaba' | 112 |
| (085) Aliens and The Third Density | 113 |
| (086) Astral Versions of Interplanetary Craft | 115 |
| (087) A Different Look At The Game | 116 |
| (088) A Different Look At The Orion Queen and Aliens | 116 |
| (089) Drugs and The Game | 117 |
| (090) Time Travel and The Game | 119 |
| (091) Observation: The Game, America and 'God' | 121 |
| (092) Patriotism and The Game | 122 |
| (093) The Game is NOT the film "Matrix" | 123 |
| (094) Facet of the Game – Immune System Attacks | 123 |
| (095) Why the "Star Trek' Scenario Will Not Happen Here on Earth | 124 |
| (096) The Ultimate Goal of the Game on Earth | 124 |
| | 120 |
| Human Incarnations of Nature Spirit | |
| (097) Minion Incarnations | 128 |
| (098) The Matrix and Minions | 129 |

| (099) More on Minion Incarnations | 129 |
|--|-----|
| (100) Minion Moves | 130 |
| (101) Minion Incarnations and Embedded Memories | 131 |
| (102) Observation: Mark of the Minion Incarnation | 132 |
| (103) Stirring Up The Minions | 132 |
| (104) Minions, Aliens and The Game - Oh My! | 132 |
| (105) More on Nature Spirit Incarnations | 133 |
| (106) Humans and Eating | 135 |
| (107) Earth Planetary Spirit - More Information | 135 |
| (108) More Information on the Nature Spirit Realm | 136 |
| (109) Revelation: "Loosh" | 136 |
| Body and Gender on the Third Density | |
| (110) Ancient Earth – Loss of Innocence | 108 |
| (111) 12-Strand DNA | 138 |
| (112) The First Law of the Universe | 139 |
| (113) The Body vs. The Spirit | 140 |
| (114) Body vs. Spirit Control | 140 |
| (115) 95% Control of Will Over The Body | 143 |
| (116) Body and Spirit – Controls and Experiences | 143 |
| (117) Body Identification and Sex vs. Spirit: Identification and Affection | 145 |
| (118) The Vibration of Affection | 146 |
| (119) The Earth Human Body and the Higher Self | 147 |
| (120) African Tradition of Gender Split | 149 |
| (121) More on Gender Split | 150 |
| (122) Taking It One Step Further | 152 |
| (123) Male/Female Aspects | 152 |
| (124) Givers of Life | 153 |
| (125) Lesbian Energies | 154 |
| (126) Final Incarnations and the Female | 155 |
| (127) Equality Means Equality | 155 |
| (128) A Curse or Just An Experience? | 156 |
| (129) Gender Problems – "Adam and Eve" | 157 |
| (130) Reinforcing the Limitation of Genders | 158 |
| (131) Gender Role Reversals | 159 |
| (132) Bisexuality and The Game | 160 |
| (133) Bisexuality and the Universal Laws | 161 |
| (134) Bisexuality and Minions | 162 |
| (135) Asexuality: Living In Denial | 163 |
| (136) The Breakdown of the Orion Sexual DNA Component | 164 |
| (137) Gays, The Game and DNA Commands | 164 |
| (138) 'Coming Out' and The Game | 167 |
| (139) The Law of Attraction | 168 |
| (140) Posturing | 169 |
| (141) Breaking The Experiential Loop | 171 |
| (142) Shorting Out By DNA Command | 172 |
| (143) A Few Brief Comparisons: DNA Commands vs. Higher Self Overrides | 172 |
| (144) Sex and The Spirit | 173 |
| (145) A Deeper Look: Sexuality, Control & Spirit | 174 |

| (146) Masturbation | 175 |
|--|------------|
| (147) A Comment on Balance | 176 |
| (148) The Challenge: Undoing Excessive Polarity Control | 177 |
| (149) The Source and The Root of the Problem | 178 |
| (150) Observation: Can we 'save' ourselves? | 179 |
| (151) Body ID and The End of the Earther Human Race | 180 |
| Death of the Physical Vehicle | |
| (152) Death-Related Myths | 181 |
| (153) Choices and Death | 182 |
| (154) More On Choices and Death | 183 |
| (155) Body Identification and Fear of Death | 183 |
| (156) You Just Dropped Dead - Now What? | 184 |
| (157) Death and The Higher Self | 184 |
| (158) Deceptions - "Do This So You Will Live Longer" | 186 |
| (159) Polarity Activities on the Astral | 187 |
| (160) Belief System Centers On The Astral | 188 |
| (161) Astral Defenses and The Higher Self | 189 |
| (162) Ghosts – New Information | 191 |
| (163) Simultaneous Incarnation Overlaps & Ghosts | 191 |
| (164) Game Over: The Moment Of Knowing | 192 |
| Third Density Cultural Programming: Obse | |
| (165) Fear as the Root of Most Problems | 194 |
| (166) Fear and Manipulation | 195 |
| (167) Fear, Control and Your Power (168) The Law of Allowance and Earther "Freedom" | 197 |
| (169) Searching For "The Higher Power" | 199 |
| (170) Deity – A Major Power Giveaway | 199 |
| (171) Gods: DNA Commands and Creation of Them | 200 |
| (172) A New Perspective On An Alien Order | 201 |
| (173) Disruptive Chakra Symbol – Cross | |
| (174) 'Tis The Season – Another Look At Religion | 203 204 |
| (175) 'Tis The Season – Holidays | 205 |
| (176) The Game and One-Godders | 206 |
| (177) The "God" of These People | 207 |
| (178) Separation of Church and State | 207 |
| (179) Two-Part Big Leap | 209 |
| (180) Rituals | 209 |
| (181) More On The Sneezing Ritual | 211 |
| (182) Reptilian Commands and the Sheeple | 212 |
| (183) The Origin of the Custom of Kneeling to Another | 213 |
| (184) Game Traps: Ancestor Worship and Genealogy | 213 |
| (185) Orion DNA Commands – "Higher Education" | 215 |
| (186) Obeying The Orion DNA Call | 215 |
| (187) Orion Influence and the Removal of Hats | 216 |
| (188) Sexual Prisoners | 217 |
| (189) Dark Device | 218 |
| | |

| (190) A Comparison: Body Orientation vs. Spirit Orientation | 219 |
|---|-----|
| (191) Other Reptilian Commands | 219 |
| (192) A Deeper Look - New Age Religions | 220 |
| (193) Pagan/New Age Deities | 222 |
| (194) New Age Shamanism - "Power Animals" | 223 |
| (195) To Men Who Want to Open Their Heart Chakra | 224 |
| (196) The Effect of "Surrounding With White Light" | 225 |
| (197) More on White Light | 226 |
| (198) Energy Colors | 226 |
| (199) A Bit More on Blue | 227 |
| (200) More Data on Colors - The Latest Diversion | 227 |
| (201) More on the Nature of Gold Light | 228 |
| (202) Spiritual Healing | 229 |
| (203) Revelation: Percentage of Brain Use | 230 |
| (204) Touch Therapies and Minor Melding | 231 |
| (205) Touch Therapies and Minor Melding - Part II | 233 |
| (206) Feng Shui and Yin/Yang | 234 |
| (207) The Myth of Angels | 235 |
| (208) Revelation: 'Ascended Masters' | 236 |
| (209) Revelation: 'Ascended Masters' - Part II | 236 |
| (210) Revelation: 'Akashic Records' | 237 |
| (211) Revelation: 'Guides'/'Guardian Angels' | 238 |
| (212) Examining the 'Ascension' and 'Rapture' | 239 |
| (213) Lightsider Deceptions Update | 240 |
| (214) Astrology: Potent and Polaric Manipulations | 241 |
| (215) Reptilian Infighting – Moses vs. Egypt | 242 |
| (216) Two America's | 243 |
| (217) Breeding and American Over-Consumption | 245 |
| (218) Reptilian Infighting and Election 2000 | 245 |
| (219) Election 2002 and The Game | 247 |
| (220) Divide and Conquer | 248 |
| (221) Assisting Orion DNA Commands | 249 |
| (222) More Evidence of Female Dominance | 251 |
| (223) Victimhood | 251 |
| (224) Don't Be Deceived - Polarities On The Move | 253 |
| (225) Strengthening The Polarities | 254 |
| (226) Victimhood Re-Visited | 255 |
| (227) Dark Expansion Threats | 257 |
| (228) Vampiric Religion | 257 |
| (229) "Woman's Awareness" | 258 |
| (230) "Men's Awareness" | 260 |
| (231) Testosterone | 261 |
| (232) Orion Empire Lackeys: Testosterone Wails | 262 |
| (233) Men Must Take Back Their Power | 263 |
| (234) Why Monogamy? | 264 |
| (235) Consequences | 265 |
| (236) Trophies | 267 |
| (237) Television Revelation | 267 |
| (238) Gender Unrest | 268 |
| (239) Advanced Female Verification | 269 |
| (240) Abortion | 260 |

| (241) Words and Fears | 271 |
|---|-----|
| (242) Fat Is Fabulous | 272 |
| (243) Judgments | 272 |
| (244) Violence | 273 |
| (245) More Violence By Women | 273 |
| (246) Police State | 274 |
| (247) Voting and The Game | 275 |
| The Third Density EndGame | |
| | |
| (248) Still In The Game? | 276 |
| (249) Matrix V and The Time Machine | 278 |
| (250) Polarities and EndGame | 278 |
| (251) Wild Cards, Events and Participation | 279 |
| (252) EndGame and Simultaneous Incarnation Higher Selves | 280 |
| (253) Falun Gong and The Game | 281 |
| (254) Body ID In Control | 282 |
| (255) Zigzag, Body ID and The Game | 283 |
| (256) Observation: Drums of Fear | 283 |
| (257) Clinging to Body ID and Victimhood | 284 |
| (258) Difficult Aspects of The Game: Slavery & Victimhood | 285 |
| (259) Terrorism and The Game | 287 |
| (260) Why The American Government Cries 'Wolf' | 288 |
| (261) Osama Bin Laden | 289 |
| (262) Semi-Global Mantra – "Leader of the Free World" | 289 |
| (263) Winged Reptilian Emblem and American Ditty | 290 |
| (264) The Game and Dinotopia | 291 |
| (265) The Game and Dinotopia – Revisited | 291 |
| (266) Symbols: The Dragon and the Phoenix | 292 |
| (267) McCarthyism Returns As McBushyism | 293 |
| (268) 9/11 Media Circus | 293 |
| (269) Setting Up for Act III of the Event | 294 |
| (270) Wild Card – World War III (271) "The Need for a Gun" as shown on Stargate SG-1, First Wave, etc. | 294 |
| [[[[[[[[[[[[[[[[[[[| 295 |
| (272) Farscape Season One #6 (273) Farscape and Stargate SG-1, 2/7/03 | 296 |
| (274) Farscape and Stargate SG-1, 2/14/03 | 296 |
| (274) V and V-The Final Battle | 297 |
| (276) First Wave Episode on Sci-Fi Channel | 298 |
| (277) Concept of Home Ownership in America | 300 |
| (278) Concept of Freedom of Speech in America | 301 |
| (279) Observations: Freedom of Religion in America | 302 |
| (280) Twisted Words | 303 |
| (281) "Four Steps Away from Seig Heil" | 304 |
| (282) The Great Dictator (1940) and Game Symbol | 305 |
| (283) Observation: "Nose Thumbing" at the World | 306 |
| (284) Blind Obedience & Questions | 307 |
| (285) Observation: White House Cries 'Wolf Again | 307 |
| (286) Orion Princess Mode | 309 |
| (287) Anti-Male Hatred Rages On (Orion Influence) | 310 |
| (288) Orion Female Agenda Rampages On | 311 |
| (200) Of for Periate Agenda Kampages Off | 313 |

| (289) Observation: Increasing Anti-Male Droning | 314 |
|--|------------|
| (290) Observation: Violence Against Men Encouraged | 315 |
| (291) Orion in Disney | 316 |
| (292) Rigelian Culture: China | 316 |
| (293) Zimbabwe and the Nibiru | 318 |
| (294) Death of a U.S. Senator | 318 |
| (295) Observation: Shuttle Craft Columbia Explodes Over Texas | 319 |
| (296) 'Time', 'American Freedoms' and Incarnational Visitations | 321 |
| (297) Some EndGame Observations | 322 |
| (298) Observation: Dance of the Vampires | 323 |
| (299) Embracing The Dark Polarity | 324 |
| (300) Observation: Light Polarity Attempts to Alter the Game | 326 |
| (301) Observation: Lightside Delusion & Allowance | 327 |
| (302) 2012 and Lightsiders | 328 |
| (303) 2012 | 329 |
| (304) Looking Forward – The Age of Aquarius | 330 |
| (305) Earth – Ending The Myths | 331 |
| (306) Montana Crop Formation | 331 |
| (307) Signs | 332 |
| (308) Coup On Mintaka | 333 |
| (309) Observations on The Animal Plagues | 333 |
| (310) Wild Cards | 334 |
| (311) Earth Changes and Minions | 335 |
| (312) Some Commentary On Handbook Section II-39 | 335 |
| (313) The Observer Mode | 336 |
| (314) Ones' Fun Side | 337 |
| (315) Laughing | 338 |
| (316) Free Will and Choice – Comments on Handbook I-27 | 338 |
| (317) The True First Commandment | 339 |
| (318) Brief Looks - The 'Andromedan Council' and Atlantis | 340 |
| (319) Atlantis | 340 |
| (320) Atlantis and Crystals | 341 |
| (321) Atlantean Experiments Revived | 342 |
| (322) Metaphors From The Wizard Of OZ | 342 |
| (323) The Wiz | 344 |
| (324) Suppression of Individuality | 345 |
| Beyond The Third Density EndGame | |
| (325) Incarnational Images Within The Higher Self | 0.47 |
| (326) Higher Self and Incarnational Stream Data | 347 |
| (327) Latter Incarnational Stages of the 3rd Density Game | 348 349 |
| (328) Polarities – Your Factions Are No Longer Significant | 177.756 |
| (329) More On The Earth Quarantine | 350 |
| (330) Body ID and Extinction of Species | 350 |
| (331) What The Higher Densities Are NOT | 351 |
| (332) Matrix V – Guide or 'bible'? | 352 |
| (333) Library on Focus 27 and Past Events | 353 |
| (334) The Library on Focus 27 – Part II | 354 |
| (335) The Game and Galaxies | 355 |
| (336) The Game and Galaxies (336) The First Experiential Loop | 356 |
| (330) the Lifet Depertential Loop | 357 |

| (337) Galactic EndGame (338) Post Game: Review, Compare & Share (339) Consider The Game & The Players (340) Higher Self Departure - Game Graduate (341) The Real Wonders — Beyond Earth | 358 358 359 360 361 | |
|--|---|--|
| Illustrations | | |
| Higher Self Incarnations Crossing Paths Higher Self Incarnations – Another Depiction Higher Selves and Shared Event Horizons Progression of Individual Incarnative Perspectives Progression of Individual Perspective Development Progression of Individual Sense of Self- Identity The Main Players – A Review Multi-Density Experiential Pathways and Earth Incarnation The Players on Earth Original Artwork of the Higher Self Put On The Internet The Library on Focus 27 – Description Graphic Depictions of the Library on Focus 27 Questions , Answers and Commentary 439 Questions and Answers On The Material Consciousness and Experiential Gradients of Reality, 3 rd to 8 th Density Some Comments on The Material From Readers | 363 364 365 366 367 368 369 370 371 372 373 | |
| | 523 | |
| Supplementary Materials | | |
| Organized Planetary Out of Body Activities & Polarity Influence Synchronicity – Part of the Dynamic of Evolution Multi-Density Operational Principles - Extracts from the <i>Handbook</i> | 545 560 562 | |
| Recommended Resources and Useful Developments | | |
| The Takyon Capsule Neurological Supplementation – Memory, Focus and Mental Clarity Further Good Reading on Out of Body Experience Analysis of the Local Third Density Matrix – The Matrix Books | 569 575 576 577 | |
| Master Subject Index for Matrix V Gold Edition | 584 | |

2 -

MATRIX V: The Gold Edition

Quest of the Spirit - The Ultimate Frontier

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The Real Matrix - Above and Beyond

Introduction to Matrix V Gold Edition by Val Valerian

There have been stories for years about experiments where a clear glass plate is placed in a fish tank and left for an extended period. When the plate is removed, the fish generally remain on their respective side of the tank. The same thing happens when you put gnats in a covered jar for a while, and then remove the cover. Only a few adventurous creatures emerge, but the bulk of them remain in their self-imposed isolation from the rest of the universe. One of the primary attributes possessed by those few adventurous individuals who escape is awareness (awareness of the environmental context, and a sense of the "potential beyond") and knowledge that exceeds that of the general population. What happened to the fish in the tank and the gnats in the jar? Somehow, their original intent, freedom and nature was subverted by something else, first imposed from an external source and then willingly, but unconsciously, self-imposed with equal vigor in deference to the perceived existence of the status quo ... because they believed it was so. It wasn't.

The same thing happens to those having a "human" experience. An interesting description of this process was mentioned by author Tarthang Tulku in his 1978 book entitled Skillful Means: Gentle Ways to Successful Work (Berkeley, CA: Dharma Publishing, 1978, 5-6). Tulku summarizes the social process:

"Our obstacles to inner freedom are usually formed during childhood. As children we know how we feel about things, and we seldom hesitate to make our feelings known. But pressure from family and friends leads us to adopt the more narrow views and patterns that conform to what people expect. When our natural ideas and feelings are discouraged, we grow out of touch with our senses, and the flow of communication between our bodies and minds is inhibited; we no longer know what we truly feel. As the patterns of suppression grow stronger and more fixed, our opportunities for self-expression diminish. We become so used to conforming, that as we grow older we let these patterns rule our lives; we become strangers to ourselves."

Most social institutions of great significance on this planet (religions, governments and cultural traditions) actively promote their version of information dealing with the 'big questions' in life. Who are we? Why are we here? What more is out there? Yet, anyone having the time to do any degree of research at all eventually realizes that what we are faced with is a situation where open deceit has been institutionalized on a planetary scale. Faced with that, people cannot really find out the nature of reality and the answers to the big questions except as defined by planetary and cultural mind-maps and institutions.

The thing that people readily seem to do is search for a philosophy or other mental paradigm (way of thinking or perceiving) in an attempt to balance the apparent failure of the planetary social structure and give them a sense of peace of mind. But, that doesn't work, because the actual *nature* of what is happening concerns things that *transcend* social consciousness, which is the main source of information for most people. But, since you can't solve a problem using the same perceptive viewpoint in which it was created, nothing goes anywhere and everything stays the same. You must get outside the box.

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The 1999 movie Matrix was surely, in some way, metaphorically or otherwise, patterned after the Matrix book series, beginning with the 1988 book The Matrix – Understanding Planetary Power Structures, followed by all our other books, in terms of discussing covert control and manipulation of the planetary population by nested factions vastly different from what the population would expect, given their culturally programmed view of reality. I have always marveled at the synchronicity of the appearance of this film, in an almost "Montauk-like" fashion, in this time stream. Of course, there are no 'coincidences' (linear perspective), only synchronicity (non-linear), so that shouldn't have been a surprise. Now that the movie is in the public mind, and sequels are virtually "in the can", the notion that "reality can be manipulated and it isn't what it seems" is now in the public awareness, albeit even as science fiction. There is a long list of synchronicities connected with The Matrix, ever since I put it together and published it in 1988. This involves a deeper aspect of the unfolding of reality here on 3rd density which eventually resulted in this unique book, now in your hands. Notice how the word 'Matrix' has interpenetrated society since 1988.

In terms of the personal exploration of our planetary reality, as well as the control systems behind it, one of the most useful developments during the last several years was the understanding of the unique mental reality maps and belief systems that characterize cultural programming on this planet. The seminal book on the subject, The Paradigm Conspiracy, by Christopher Largent and Denise Breton, was allegedly suppressed by the owners of the publishing company through "negative marketing" after discovering that a staff editor had approved the project and it was printed. I made contact with the authors, and they told me that they had been inspired to do the book after they read Matrix II, which of course is another instance of synchronicity. And, it was nice to have inspired such a piece of work. The book assumes a mid-level perspective, but it's nice.

This understanding is essential (for those predisposed to evolve their perspective) in order understand and transcend the "box" which makes up the "social reality" in which we individually live. The socio-technical side is covered in Matrix III. Now that we've entered the next century, it is a certainty that many people have exceeded the mental map of reality endorsed by orthodox social consciousness, and there is a greater call for accuracy that has kept par with the search for truth, which of course is relative. To that end, especially considering personal involvement with a series of very interesting evolutionary processes during the last four years, a new Matrix has manifested itself – one which far transcends all before it. The real nature of reality makes planet Earth a grain of sand on a beach, albeit a very interesting grain of sand for us to explore. The beach in the movie Contact is apropos.

In terms of experience, reality has physical, mental, emotional, social, planetary, spiritual, and dimensional-density aspects to it. Typically, the last three are not figured into the equation (because they generate knowledge and information which transcends social perception), and no one can see the "box" or what it's made of. On Earth, the general population is barely aware of planetary aspects beyond wars and weather fronts. Spiritual aspects? Well, look around you and see the blind lead the blind.

For individuals, these aspects form a unique composite that specifically suits each unique incarnational experience. For a great many people, however, "reality" does not include spiritual, planetary and dimension-density aspects to any significant degree. Such people are totally immersed in social and cultural awareness, but have little else in their lives, never suspecting that life is a lot more interesting than they could ever dream. However, lives simply reflect aspects of situational experience that the Higher Self requires. For many

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others, however, life is different and continues to evolve into a series of interesting adventures where wisdom is learned and growth occurs in leaps and bounds. One group isn't "better" than the other. They just have different perspectives and levels of general awareness at the time. Let's step outside the box.

Experience in the Non-Physical Universe: Statistically Commonplace

"The greatest illusion is that we have limitations"- Robert A. Monroe

Many statistical studies have been done over the years on the population in order to determine the degree to which people experience awareness outside and apart from any awareness while in the physical body (Green 1968, Poynton 1975, Blackmore 1982,1983,1984. Irwin 1988, and Glicksohn, 1989). A conservative estimate is that 35 out of every 100 people have regular or periodic out-of-body awareness. That means that in the United States alone 98 million people could be familiar with the idea, to one degree or another, that they are not their body, but they as "persons" are more than their body and can have awareness. mobility and a totally separate existence apart from it. Yet, because of the degree of social programming in 'body identification', 'gender identification', 'job identification' and who knows what else, people are hesitant to extend the implications of that knowledge into their lives, mainly because they don't know who they are or why they are here. Using these same percentages, together with some deep knowledge about the nature of different kinds of 'human' incarnations on this planet, it is possible to say that theoretically 735 million people out of 6 billion have had these kind of experiences at least once in their lives - about 13% of the population of the planet can relate to experience and independent existence apart from organic bodies. That's a lot of out-of-body experiences!

Why 13%? Since at this time about 65% of the humans on Earth at this time are not, in actual fact, Higher Self incarnations, that leaves 35% - so 35% of 35% is about 13%). The majority of the human population at this time is actually incarnated animal spirit from one species or another. The ratio used to be different earlier in the history of the planet, I am told, and has varied depending on the dynamic present on the planet at that time. More organic bodies are available here than Higher Selves can use for incarnation purposes. It is known that Monroe knew about this, but never revealed this in his books. That kind of "human experience" is different than the "human experience" of Higher Self incarnations. More information on this is in the material. Ever wonder why some religious belief systems feature reincarnation as animals? Now you know. A member of the British royal family wanted to "come back as a virus" to get rid of planetary population, when asked if he "believed in reincarnation" a couple years ago. If nothing else, that statement lays his regressive awareness out on the table for all to examine. Maybe he should go on Survivor.

Knowledge of the layout and dynamics involved with these realms is some of the most closely guarded information on the planet, because public knowledge of the true nature of reality could seriously damage earth culture control and manipulation structures. See the article entitled Organized Planetary Out of Body Activities & Polarity Influence, and it is for this reason that general exploration in these areas has been discouraged by orthodoxy, along with frequent 'reminders' to re-stimulate cultural and genetic programming relative to the body. They can't have truly 'free' entities wandering around telling the population they've been lied to their whole lives about the nature of the universe, can they?

According to Robert Monroe, the research at the Monroe Institute encountered hundreds, if not thousands of intelligent beings of all types, just a "phase-shift" away" from our "reality".

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However, in *Ultimate Journey* Monroe makes the statement that they did not find any nonhuman beings in the physical universe. That statement, which is one of the curious anomalies in the book, when compared with what we know to be the case, leads one to wonder if it had to be put there because Robert Monroe was under some sort of duress from the government folks who hobnobbed at the Institute not to add to the existing public drama about aliens. That's the only sensible conclusion, based on the evidence. There are a couple more anomalies, and after you read and understand this book you will have the knowledge to recognize them, plus you can re-read the Monroe books with an understanding that exceeded that of Monroe himself at the time he wrote the books. Monroe stated that at the time he wrote the book, the estimate for out-of-body experience was 25% of the population, yet available literature and studies dated from years earlier indicated the approximation of 35%. Was this a deliberate slight misrepresentation given to underplay the commonality of experience? You decide.

Matrix V represents, in terms of spiritual growth information, some of the most powerful information that will ever be released on this planet, and it will help you "de-code" a lot of things. It's like wearing the eyeglasses on "They Live", letting you see beneath and beyond the reality you are experiencing. Only those who have, or are on the edge of, an advanced current incarnational perspective will be moved by their Higher Self to find and read this material. But, try and remember to walk your talk, striving for balance, and always opt for the highest perspective, relative to the specific issue at hand, that you have in your mind, in order to help maintain that balance. Frankly, this book is the only book that exists on the planet right now that has this high level of information. For the advanced incarnation, 98% of the literature and information on the planet is pure synthetic bullshit designed to keep you in one box or another. It definitely frees up your time for real evolution when you realign your priorities.

One recent television program on the Sci-Fi channel that started in 2000 is John Edwards - Crossing Over, in which long-time psychic John Edwards becomes a conduit for those "seeking validation" relative to relatives that have passed. To the audience, and probably John Edwards himself, the "place" he is communicating with is just "over there", as opposed to "over here", with no other information. Which, of course, is why it is allowed on public programming. Even this little bit of "cosmic leakage" isn't well tolerated. On an episode of Larry King Live on March 6, 2001, John Edwards was the guest. King brought on a Leon Jaroff (skeptic), rabbi Botech (religion) and Paul Kurtz (materialist) in order to counteract the "paradigm-stretch" Edwards represented. Jaroff is well known for his position, which isn't far away from the "amazing Randi", but more technical. And, rabbi Botech was outraged that the public should be getting anything like the Edwards show because it "threatens the stability of religions". You could see the frantic fear in the eyes of the rabbi. He was one step short of hauling out his prayer shawl. Kurtz, the materialist, gave a predictably bland "can't measure it from here, it's not real" routine. All of this was. of course, foreseeable. Edwards is dealing with recently passed beings dawdling on the 4th density, still attached to Earth programming, their former incarnational role, concerns, and don't know there is anything beyond - which, they will eventually discover, there is. What is beyond is the nature of who you really are and what "life" is really about.

Just as an experiment, time was spent reviewing the scope and nature of material currently available to the public, especially on the Internet, about these matters. There were so many 'dead-ends' spread throughout literature and New Age communities on out-of-body experience, with information polluted by religious belief systems and mindless mental

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meandering, that it's a wonder anyone can get anywhere at all with it! Not all the information was directly misleading, but the expanse of the information was very limited.

Most of the material out there seems confusing — people having different unusual experiences, but interpreting it from different perceptual viewpoints reflecting their cultural mind set, yet it is the nature of their incarnational perspective that is most important, not generally understood and almost always ignored, because the level of investigation never typically rises above the perspective of social consciousness — a low to mid-level incarnational perspective, and the people doing the investigation don't have a clue.

The information in this book arises from continued, careful observation and experience over many years. The information is not open to conventional 'debate', because this material is based on observation and experience, not opinions based on beliefs having no basis in experience. You can surely have your opinion and believe whatever you wish, but it doesn't change whether or not it is in your actual experience. Things will begin to happen in your life after you read this book, to the degree that you are aligning your persona with your Higher Self, which will be profound in your own unique experience. You might even make some conscious changes in life perspective.

Your Higher Self (YOU) is an absolutely unique living energy being of tremendous capability, which is experiencing life on 3rd density Earth. If your Higher Self is on the simultaneous path, experience is accumulated through a great many different unique incarnational points (all YOU, experiencing) simultaneously throughout the phased spacetime continum on Earth in order to gain experience, maturity, knowledge and wisdom for use as a basis on which to further expand your experience at more refined density levels.

In order to effectively maintain multiple incarnations simultaneously, memory on the incarnational level of pre-incarnational knowledge is blocked, in order to eliminate interference in the experiential process. The Higher Self retains memory of all experience.

The predominant incarnational pattern on 3rd density is, however, sequential, in which Higher Selves only experience one incarnation at a time and haven't evolved to the point where the Higher Self chooses the simultaneous path. Sequential incarnated retain the memory of previous lives, as well as all the baggage, and have continuity fears. Everything 'alien' to Earth comes from a sequential format. All the conformity, control, manipulation, racism and divisive patterns have been inculcated on Earth to suppress the unique individuality expressed by incarnations of Higher Selves on the simultaneous path, in order to divert incarnational progress toward more advanced perspectives outside cultural boxes and to 'protect' sequential incarnations and societies from the 'contamination' of individualism and more evolved perspectives which threaten group mind sets.

Earth is an incarnation point in this galaxy for Higher Selves using simultaneous incarnational mode. All of this is discussed in detail within this book. Just enjoy being who you are and making the most out of your incarnational experience.

The specific incarnational thread from your Higher Self that is reading this book is at a point where the inner potential of significant 'movement' into higher perspectives and information has resonantly brought the material into your awareness. The information will flow into and among all of your incarnational threads through the Higher Self.

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Essential Resources and Recommended Reading Material

First of all, there are several books that I recommend that you read as soon as possible, if you haven't already, that will enhance your understanding of the context and nature of the greater reality we speak of here. Read Monroe's three books: Journey Out of the Body, Far Journeys and Ultimate Journey, and as far as social mind control is concerned, The Paradigm Conspiracy. We have included some selections from the Handbook for the New Paradigm within this book.

We originally had the whole *Handbook* (available on the internet) in the 2nd Edition of Matrix V, but we opted to only print the most relevant extracts in the *Gold Edition*, allowing the reader to have twice the amount of segments, and Q&A, while the book cost stays about the same. We have made an effort to refine the material in Matrix V *Gold Edition*.

Robert Monroe: Planetary Pioneer

Robert Monroe (1916-1995), a veteran of more than 30 years of consciousness research, was a true pioneer in terms of the evolution of human consciousness. The notable work in terms of investigations into the future of man appeared in *Far Journeys*. In those books, Monroe details his discovery that the Earth is surrounded by "bands" in which individuals congregate after physical death, for varying lengths of time, based on their individual resonant vibration, belief systems or lack thereof.

His other books are *Journeys Out of the Body* and *Ultimate Journey*, last last book, where the manuscript was severely cut for release to the public, presumably for 'national security' reasons, because of the presence of government contracted personnel in the latter portion of his life. Monroe's whole journey on Earth was monitored by the Darkside so as to limit its impact.

Reading Ultimate Journey after Matrix V proves to be an interesting experience. What Monroe refers to as his "I-There" is indeed his Higher Self; his expression "I-Here" refers to his incarnational persona; when he refers to one of his other existing incarnations, he calls them "I-Then". His books are invaluable for study. Monroe's books were born from a polarity perspective, whereas the material in Matrix V, which exceeds Monroe's work exponentially, made it into existence eight years after Monroe's death only because it originates outside the polarity perspective, from a position of balance — a loophole in the game.

Neither polarity expected Matrix V material to appear on Earth, nor could they stop it from happening. Surprise! Simultaneous perspective material on a sequential perspective world! Monroe also played his part in the sequence of events. He knew who the author was in Higher Self terms when he met him at the Institute. The author's experience at the Institute was a crucial step toward the expansion which would make the information in this work possible.

Monroe's discoveries about these rings/bands are important because of what he discovers later about them around the time period of 3,000 CE. Monroe discovered that the Earth was surrounded by several rings, or bands, that appeared deep gray or brown in color, and that these bands were occupied by discarnate or exteriorized entities who either still occupied physical bodies or who had recently left their bodies as a result of the death of the body.

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These bands, described in order of their placement and progression away from the planet, appeared to be broken out as follows:

The First Band: Lower Fourth Density

The first band appeared to be occupied by entities who appeared to have a preoccupation with distortions of the original survival imprint, and were still bound conceptually to time-space materiality. From the viewpoint of advanced entities Monroe was in regular communication with, this first band reflected "a mass of discordant, undirected thought radiation". The first band is composed of several distinctly different SUB-BANDS. The first band is the location of entities communicated with by John Edwards on his *Crossing Over* program.

- -The first sub-band was occupied by exteriorized entities that still attempted to participate in physical life, albeit with no success, and seemed to be aware of nothing beyond the physical existence they had left.
- -The second sub-band was occupied by exteriorized entities that were still attached to the physical body in current Earth space-time who were evidently in an out-of-body state, attempting to continue with a physical waking activity. Because of this mode of action, from a more expanded perspective they would seem to disappear from view right in the middle of their activity (on that level) as they awoke back into their physical body.
- -The third sub-band is occupied by exteriorized entities who have permanently left their physical existence but do not realize it, and are trying to continue a habitual physical existence, often remaining around familiar occupied bodies (still embodied friends and acquaintances) while acting out emotionally-based drives and fears. Monroe viewed this sub-band is one of the major blockages to the flow of human learning experience, and stated that the number of entities in this area will keep increasing as long as specific kinds of "human values" exist on Earth.
- -The fourth sub-band is occupied by exteriorized beings that are still attached to the "reality of physical matter" (on the third density), although they do realize that they have become exteriorized. These entities have adopted an "anything goes" attitude and mental framework in which they express themselves through "replicas" of physical reality in unusual and bizarre ways.

Monroe illustrated one example of a bizarre manner of expression when he told of coming across a seething, squirming pile of human forms trying to sexually stimulate each other to no avail, since they did not in reality still have a physical body capable of such interaction.

The Second Band contains exteriorized beings that realize they are no longer in physical form in physical human life, but left their physical life with no awareness or concept that any other possibility for existence exists. Monroe observed that entities in this band appeared to remain motionless and passive, but retained an air of expectancy.

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Mid-Fourth Density

The Third Band, or ring, contains exteriorized beings who know they have passed through physical death, and still retain a "belief system" relative to "what to expect" after physical death. It is this area that was mentioned in the book War in Heaven. Because of this, the Third Band was broken down into innumerable sub-bands coincident with belief-system orientation. From another viewpoint, if a number of people have a similar belief (as propagated in religious belief systems, for example) they all end up creating a "facsimile reality structure" where they all congregate because like attracts like. Want to have your own flock for a while? It's another "box" experience. This band is perhaps the largest one, and is also a very manipulative place with all the same game playing and power struggles that went on in physical embodiment on Earth. This band is also the source for the comment "there are many mansions in heaven". It is also worthy to note that those to "believe" that "there is one life to live and then nothing" congregate at their own resonant level within this band. Monroe described seeing billions of entities, lying in stasis, side by side, in rows, UNLESS YOU KNOW THAT CONSCIOUSNESS, ENERGY AND INTENT CREATE THE NATURE OF REALITY, welcome to an "extended stay" in this area within the Third Band. It's just experience.

High Fourth Density

The next general area contains exteriorized entities that are more "advanced" in consciousness than those on the bands below, and have arrived from outside the band areas to prepare for their final human experience on the Earth "below". From the perspective of those within this band, when an entity on Earth who is advanced in consciousness "dies", they quickly pass through all the bands and disappear from perception "in a wink". The Fourth Band is also where the "Park" on Focus Level 27 is located. This is discussed in the material.

Change Indicated In The Near-Earth 4th Density Vibrational Matrix

When Robert Monroe was taken to a period in his travels to the Earth in the future, around 3,000 CE, he was surprised to learn that the deep gray and brown bands/rings were no longer around the planet. Instead, there was a single flat ring, which radiated light of its own accord. The ring was full of communication, but no discordant noise. There were no cities or evidence of any mechanized civilization on the surface of the planet. The air was clean, clear and the ecological balance of the planet was restored. He questioned the entity accompanying him about the environment, and it was said that the ecological balance was restored by design, not by virtue of a disaster followed by random rebound back to health. There were no people at all living en masse on the planet, and this was also by design. In fact, the whole planet was at a different frequency level.

Monroe eventually came across entities on the planet, but they were non-physical and used non-verbal communication. They told him that they did "use" physical bodies on occasion, and that they kept the bodies, which they referred to as "containers", manifested from thought patterns using any mass at hand, in "energy cocoons" to keep them preserved, ready for use and in good condition. These entities, even while occupying a body, could transmute matter. One of them materialized a piece of fruit, and gave it to Monroe, who consumed it with relish. They told Monroe he could experience "compressed learning modes", which they defined as being able to experience "earth consciousness" from the

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viewpoint of every species – they could, in essence, integrate their consciousness at will with any life form, experience that life form, and disengage their consciousness from it. There had obviously been a heavy withdrawal from survival imprints and the "body consciousness" of the civilization of the "old Earth". They could even have the experience of being "eaten alive" (the genetic memory of horror for humans in a body for millions of years) – and pop out again with ease. There was no need for "sleep", and they could draw energy from ambient space, whether they used a body or not.

Now, this is the interesting part. They told Monroe that entities newly arriving on Earth at that time period first had to experience one human life cycle in a period of time before the changes were made, and then they were allowed to spend time there. Monroe was told that these one-time experiences were going on in the 20th century for some of those destined to return to occupy the dimensional area around Earth in 3000 CE+. Those who graduated from the Earth environment in 3,000 CE did not return to Earth. They no longer needed to experience Earth and could take on physical forms in lessening degrees of density and radiation patterns until they no longer felt the need to do so ... on their journey to the infinite growth patterns of consciousness that are available for all to experience, eventually.

The Experience of Spiritual Incarnation In An Organic Body

Why come to Earth in the first place? Earth is not the only place in the universe where there is a time-space reality system, nor does it lie on the only vibratory level where there are space-time realities, but life here (because of the nature of life on Earth and the extreme dualities and polarities involved) represents one of those places that represents a unique challenge to any entity who has problems to work out that require such a location. According to Monroe, any time-space scenario (of which Earth is a whopper!) has unique aspects which contribute interesting ways to the development of both intelligence, awareness and experience. You won't find an entity like 6th level jehovah entities who are even willing to go through such experience. Because of that, many entities that reside on other vibratory levels have not developed knowledge of what love, compassion and empathy really are — that's why they feel the need to be obeyed, worshipped, and identify with CONTROL and MANIPULATION. Going to a level where the NORMAL non-physical rules of existence are suspended is beyond their willingness to give up their identity with control.

Next, it requires that you select a propitious birth entry point with appropriate genetic, environmental, social, political and economic patterns that you calculate will ensure realization of the very purpose for your entry into 3rd density, despite the existence of variable that could severely impact the realization of ones purpose, and the whole journey may involve taking certain actions to realign the probable/possible income. Since there are many who seek embodiment experiences (and many who seek to avoid it at all cost), very often a specific kind of birth entry point is not available, and one is presented with less than ideal circumstances. It's sort of like bungee-jumping without the cord.

Bam! Out of the tube with previous memories veiled and into the light. No longer in your natural state, you suddenly discover that the physical body has severe restraints. A while is spent playing with your toes and other strange appendages, trying to obtain control over them before they obtain apparent control over you (that happens later when "body consciousness" is reinforced to the maximum through social conditioning). In your natural state, energy simply flowed to you. Now you have this overwhelming desire to consume nourishment for the body, amidst a cacophony of sensory overload, genetically-programmed drives (and later, raging hormones), genetically (and later culturally)

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programmed response patterns which become habit, and genetic memories from anyone who ever had anything to do with the DNA patterns the body is composed of. Combine all of these with pain, pleasure, sexual stimulation and body-driven emotional complexes. What a bungee jump!

Since you are seemingly stuck in a genderized body, you are subject to various brain learning mechanisms. Primary learning occurs when you focus on something. What you do not have a focus on (when you have a focus on something else) is the "stuff" involved with secondary learning processes, and a third form of input occurs while your body is sleeping and you end up in a brief, non-functional void. Initially, and probably throughout a good part of your life, your attention is motivated by virtue of the pain-pleasure cycle. Then, you go to cultural "school". "School" is a process of non-educational programming stressing low-order repetitive experiences and the physical senses, which results in an unnatural situation centered around the knowledge, manipulation and control of physical matter and low-order energy systems geared toward reinforcing survival imprints and social ego-orientation, as well as BELIEF patterns, many of which are not at all based on actual experience, which results in the establishment of a secondary psychological drive in society to "look for what is true". The process also eliminates any remaining threads of contact with essence-memory and knowledge of your actual origin and identity. Then, you "interact in society".

Society is where the individual is conditioned to identify with the body and then the ego/image, in that order, and accumulate emotional attachments relating only to expression in a time-space reality, to the degree where a compulsive need develops to re-enter the time-space continuum (trapped on the lower rings, again?) solely for the purpose of satisfying the need to complete physical agenda. "Human" existence can become addictive. The original genetic survival drive of the body becomes further distorted through cultural programming and results in distorted patterns which focus on body protection (where is that gun?), body maintenance (what IS that new aftershave?), sexuality and reproduction, and the need to "protect things" that "one owns" in order to "support the body". As if that is not enough, sex as a creative act is distorted to the point where it results in irrational and restrictive "attachments" and "commitments" based on cultural ideas that are actually unattainable, besides being an addictive perspective itself. But, they don't tell you that, do they? You'll understand a lot more as you read this book. You are advised to go through the material once, read the Q&A and then re-read the material for the maximum impression.

Important: You may believe you "are" a "male/man", or a "female/woman", only when you as an androgynous spiritual being operating through a body buy into the cultural lie and the DNA programming that says or makes it seem you "are" your body and the gender of the body. Are YOU really a "male", or a "female"? No! However, most incarnations here think they are! When you read the term "male/man" or "female/woman" later in the main material, the author is talking about those who at this time believe they are their body and gender, not the spiritual being who they really are. If you take some of the material relating to gender "personally", that shows your orientation, right? Right. To be "offended" on one hand, and at the same time claim to be in a spiritual orientation, just shows you're trying to fool yourself. You can't, so don't try. You would do better, to the degree you can, to move toward orientation with YOU, and alignment of your "persona" with who you REALLY are. No one knows YOU better than YOU. Your various persona are temporary.

The focus on all of this is further reinforced (especially if the skin of the body you inhabit is of a shade that provokes judgment among the unenlightened who identify with the body) by

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cultural importation of opiate drugs by the controlling powers of society, inundation with neurologically mind-bending pharmaceuticals and the rest of it, all of it designed specifically to keep the attention of your consciousness bound within the purview of the lower three structural areas of the brain, as well as to financially sustain cultural and economic infrastructures based on ego, security, image, sensation and power --- all of which have absolutely NOTHING to do with WHO the entity really IS or WHY the entity is here on Earth in the first place. Except for experience. All of this results in the "search for the meaning of life", because the creative energy within the essence, the spirit, is functionally diminished to where the SOURCE and one's true identity, is forgotten.

Monroe's Recommendations

Monroe's advice about experience on Earth was to:

- 1. Store the memory, experience and wisdom in life and leave the emotion connected with the experience behind.
- 2. Recognize that you are responsible for the results of your actions within a space-time continuum.
- 3. Enjoy the cosmic humor in life. You need to expand beyond social consciousness to see it.
- 4. Seek to remove emotional energy from your being connected with pain/pleasure connected memory patterns.
- 5. Maximize sleep periods, promoting tertiary learning processes, creating a break from left-brain thought patterns and "physical input".

A lot of these recommendations Monroe made with the intention of giving people guidance on "purging" habitual thought patterns and beliefs. If everyone took his advice, John Edwards would play to an empty house. Of course, that's not going to happen.

Monroe's Meeting With Some of His Incarnations

An interesting interaction in *Ultimate Journey*, Chapter 12, occurred between Robert Monroe and what he termed his "executive committee". In his travels outside 3rd density, Monroe encountered this group of entities who indicated that in all the times during his life where he had anomalous incidents (such as coming through unscathed after an accident, or finding something you really needed, just when you needed it, or listening to a subtle voice and acting on it) it was them, either one or more, sometimes *even from other energy systems*, who actually manipulated circumstances in physical reality to allow "Monroe" to reach an understanding or goal which was in line with his incarnational mandates – the main purposes, intent and experience desired by the Higher Self in the first place relative to that specific incarnation.

Asked by Monroe if they were his 'guardian angels' "They" replied:

"We aren't your anything. You and we are the same. You've been helping yourself all the time. We are just the part that helps you remember."

Most surely, adventures in consciousness are sometimes like psychotherapy on steroids, producing tremendous leaps in understanding and knowingness. Monroe asked why people went through multiple lifetimes, and it was indicated that the unique nature of experience as a "human" meant that it was not possible to get enough 3rd density experience in one incarnation. These other components of Monroe's Higher Self indicated that information

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from more than a thousand incarnations on Earth, relative to his Higher Self, is immediately on hand:

"Every possible situation is here, every emotion. There is nothing you can encounter in an Earth life that isn't stored here ... in fifty different ways."

They told him that he had incarnated this time to pick up one final piece of experience, and that after this "they would be gone" to a place only Monroe's "I-There" (Higher Self) could tell.

Simultaneous incarnations are in different periods because the different dynamics provide more varied experience. Although not on 3rd density Earth, <u>sequential</u> incarnations in 3rd density are typical of "alien" experiential processes. It is also where we started before we chose the simultaneous path of acquisition of experience. Sequential incarnations experience a lengthy evolution in societies that are usually socially boring, where everyone looks the same, acts the same, etc., and the planet or race evolves as a group.

Monroe pondered on the idea of the incarnations that had seemingly "run astray" by being caught up in belief systems, and indicated that it seemed "like a waste", but he was told that much was learned from what happened in those experience — there are <u>no</u> wasted incarnational experiences. It also appears that one task of Higher Self complexes is to "pick up" previous personalities who had become so overwhelmed with Earth life, it's addictions and belief systems that "the essence of the personality was unreachable", and restore those personalities.

One of the more interesting discussions about what Monroe called the "I-There", what we refer to as the Higher Self, revolved around a discussion about an un-named field of energy which penetrates both inside and outside of space-time, throughout all the densities. According to Monroe, this spectrum of energy was seen as divided into various "bands", one of which involves an aspect of this field that actually "in-forms" or enfolds intelligence into life forms. According to information given to Monroe, the Higher Self is composed solely of this field energy.

Orthodox Research on Consciousness and Experience Levels

Although there are many sources of information relating to out-of-body experience, research indicates that one of the main sources of technical information on consciousness and levels of experience, and the multi-density infrastructure in which it sits, comes from the work of Robert Monroe. We did a survey of literature generally available on the subject, and very little work out there goes beyond subjective description, sometimes tempered with semi-religious overtones and explanations dependent on 3rd density cultural concepts or even babbling from 4th density entities with one agenda or another. None of the orthodox literature even touches the subject. The work of Charles Tart and a continual string of speculative thought from ongoing conferences are about all the public seems to get.

Most studies of consciousness available to the general public seem to mix psychology and psychiatry, together with a smattering of neo-Darwinism and body-identification, resulting in a continual mind-matter circular discussion which has gone on for years without achieving any success, because real "success" must come by virtue of a paradigm shift which would expose their perspective as passé. So, people really have no dynamic process of growth in this area available within most cultures on Earth. On purpose.

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Movement from Physical to Non-Physical Awareness

The incarnational "hookup" to the human body appears to depend on a blending of the energy field generated in the brain with the energy field present in the energy connection with the Higher Self at a different density and phase difference. Monroe developed a term "phasing" as a term to assess constant movement of the Mind focus between states of perception, relative to movement toward or away from non-physical states.

Monroe also discovered that a specific kind of non-physical energy field interpenetrates the entire span of space-time, including everything in 3rd density – he called it the "M" field. This energy spectrum, at a local level, contains all thought emissions from every being on Earth, with its cacophony of disorganized random thought patterns.

According to Monroe, and others who have spent considerable time personally experiencing levels of consciousness, there entities "out there" who have the ability to manipulate specific bands of this field to achieve certain effects for their own purposes. This field overlaps the life forms on Earth, but is out-of-phase with it. Learning to "tune" parts of the field "in" or "out" is part of the process of training. Robert Monroe was instrumental in developing workable techniques. At one point Monroe allegedly developed a machine that would literally exteriorize someone, but its use was discontinued. Hemi-Sync was then developed for the use of students at the Monroe Institute and the general public, and became a valuable tool for personal exploration.

Most people who have even touched on the subject of consciousness studies recognize that there are different states of consciousness that one experiences, for instance, as one falls asleep. There is, of course, that famous point between waking and sleep where the body goes to sleep, often with detectable paralysis, while the mind and attention remain fully awake. What is usually discussed is the progression from alpha waves through delta waves of deep sleep, but there is more to this process than meets the eye. According to the understanding provided by Robert Monroe, as the signals from the physical senses fade out while the person remains awake, there is actually a movement of consciousness deeper into this "M" field, where one eventually begins to perceive series of whole new environments and experiences. Monroe created an arbitrary series of numbers to measure the movement into the field, called "focus levels", matching distinct perceptual frontiers that appear as awareness moves into this field with an ever-increasing numerical equivalent, creating an initial system to measure the degree of "phase shifting".

The first step in focus is called Focus 10, which is generally described as being in that place where the body is asleep but the mind is awake and alert, the mind focus being slightly shifted from a normal state of being awake, with input from the physical senses much reduced. According to Monroe's research, this level is consistent with the point of conscious entry into the physical world.

One of the most interesting levels reached next, as ones' awareness begins to move further into the field, was deemed Focus 12. Monroe used to use hemi-synch techniques, unique sounds patterns, to induce movement into this area. After one has been to Focus 12 enough times, the external sound patterns are no longer necessary. According to Monroe, on Focus 12 lies the "gateway" to the Higher Self, among other things. A part of what one experiences in Focus 12, at least in the early stages, are movement of patterns and colors, and geometrical shapes.

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One method used to reach the Higher Self is included in the Q&A section. Focus 12 is a level where individual can have an access point to intuitional information about all their incarnations. Experience begins to include intuitional information processing from feeling-based data. The mind perceives through non-verbal precognitive filtering systems. Access to usual human senses is diminished by about 80%. Synesthesia is a common experience at this level of focus, where one experiences feeling colors, seeing sounds, etc., as sensory processing begins to change. It appears that between major areas "depths" of focus, there are zones where there is not much activity at all, so-called "Null Zones". Focus 13 and 14 are Null Zones.

The next level of interest was tagged Focus 15, marked by an extremely small amount of sensory input from the physical and even more in the "M-field". At this level intuitional experience becomes very strong. A timeless place containing quantum or large groups of information rather than detailed bits. Information about other places, people, and elements of different time periods can be accessed here and will sometimes be transmitted in "bundles of meaning" (Monroe calls them "rotes"). Focus 16 through 20 constitute energy levels that you pass through on your way to Focus 21, and do not contain much of interest.

The state externally characterized by physical deep sleep and production of Delta-waves, with the mind fully conscious is called Focus 21. In Ultimate Journey, Monroe termed Focus 21 as "the maximum range of comfortable phase relationship between time-space and M field participation — the edge", and said that from this level of conscious awareness one could verify all the material and concepts related in his books. It is also at Focus 21 where it becomes apparent that movement from "place" to "place" is a function of will, and that your real intention is a key to where you will end up, instantaneously. This 4th density level is loosely occupied by various kinds of beings on an ongoing basis.

The vast level of Focus 22 is characterized by human dream realities, as conscious awareness moves further into the field. Lucid dreaming, of course, is characterized by full awareness and the knowledge that you can control the reality you are dreaming (producing). It is that knowingness which transforms the experience into a lucid one. Being in Focus 22 and not awake is typical of someone who is in a coma. This is a place where your awareness begins to move further into non-physical 4th density.

Focus 23 is a lower astral level populated by recently deceased individuals from Earth who do not realize their transition, or believed there was no existence after physical existence (billions of entities remain here asleep), and those who are temporarily stuck. Level 23 is the temporary residence of those who separate from the physical under traumatic circumstances, through suicide, sudden death or disasters. Insane or near-insane emotionally driven beings are present. Sexual release is motivation of entity inhabitants. This level is also known as the beginning of Locale II (Journeys Out of the Body). The beginning of reality "where thought is action." . For further description of the activities, and denizens of this area, please refer to Journeys.

Focus 24 begins the area of where the malleable nature of reality makes it readily apparent that realities are literally, "hands on", a product of what you belief them to be, as one may or may not realize one's total responsibility for what one is literally creating. This level is populated by discarnate entities or those stuck in aberrant behavioral patterns which prevent them from realizing crucial aspects about the nature of reality and moving on.

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Focus 24 is also described as part of Locale II. (Journeys Out of the Body). Focus 24 is the beginning of the area of Belief System Realities, which extends to Focus 26.

Focus 25 continues the 4th density band of Belief System Realities, where groups of people who still maintain strong belief systems fueled by 3rd density Earth cultural concepts congregate by resonance, since "like attracts like". This level is also populated by discarnate entities or those stuck in aberrant behavioral patterns which prevent them from realizing crucial aspects about the nature of reality and moving on. There are areas in which entities stuck in every major Earth thought pattern congregate, until they happen to wonder if there is more, and then they appear to "wink out" and appear in another 4th density area coincident with their thought patterns, or move to whatever resonant place suits them.

Focus 26 is the last area within the band Belief System Realities, and contains what Monroe referred to as the "Religious Terminus", where religious groups, people of every ironclad Earth belief system, congregate until they realize there is more beyond where they are. There is even a temple of zeus, with some people having even chosen to appear like "jesus" and every other religious figure in order to play with, control or manipulate the "exhumans" who haven't progressed. There are people here, flush with the new-found power of personal reality manipulation, who see themselves as "god" and even go so far as demanding to be worshipped! Remember the book War in Heaven? Monroe related just such an incident in Ultimate Journey and described these areas in detail in Far Journeys.

For the adventurous who aren't burdened by heavy belief systems and have left their physical existence behind (or who visit here through an OBE from the Earth's surface), Focus 27 begins an area that was created millennia ago, by those who felt that people needed a place to recover and examine life after their experience on Earth. This level has been called "The Park", where you can visit the library (containing every work ever created on Earth, which of course includes this book) and virtually all knowledge, even about things not regarding Earth. There are also places for life review, healing centers, classes and all sorts of activities. Within the next millennium, this too will disappear as everyone advances and it is just not needed any more.

Focus 28 is an astral "bridge" zone, a buffer area. Experience from here on takes on a wondrous character, beyond anything you have experienced on 3rd density. Focus 29 is where 5th density roughly begins, with advanced non-physical levels extending to Focus 34, where a great collection of Higher Selves experiencing Earth incarnations exist, moving into Focus 35.

Once the Higher Self's path/experiences chosen for the 3rd density Game have been concluded, all the incarnations will be "drawn in" and the Higher Self moves further out into the field, up into the 7th or 8th density, where it will typically send out more "probes" of awareness to experience things on these levels. There appear to be several main "nodes" of the Higher Self, the lowest density one sits on the 5th, around Monroe focus level 34/35, at this time for most beings having 3rd density incarnational experience.

There are a limited number of these "nodes", although they extend well up into the density levels, where experience goes into profound levels of expression. There are no limits whatsoever, for anything, or anyone. You will create realities — with the experience you have had on Earth and elsewhere you will know better what you do not want to create, why, and how polarity-thought and lack of balance retard progression and evolution.

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All of your simultaneous incarnations (YOU) provide information which is used by all of your incarnations through your Higher Self (YOU). Learning by one of your incarnations benefits all. You have no real reason to be uncomfortable with the unique presence of YOU, or its changing levels, that's reading this book.

The Potential Planetary Effect of These Explorations

Considering that one of the core beliefs which sustains the view of reality that is programmed into the population is <u>body-identification</u>, supplemented and reinforced with <u>gender-identification</u> (if you can get a person to "buy into" that too) and any other identification process that leads a person away from discovery of Self and potential evolution, what would it be like, theoretically, if the <u>truth</u> came out? There would be no discrimination based on race or gender, and all the other synthetically created "ills" of the world based on the body, including consumerism and the world economic structure would go "poof", as people no longer bought into the ubiquitous bullshit.

In this incarnational experience, the vehicle is biological with distorted DNA programming, further distorted by a toxic environment, and we have planet full of sleeping "humans", most of whom seem to be "Forrest Gumping" their way through life. That's an experience, too, coming in, because of the DNA alterations in your vehicle, your complete memory access has been blocked. You have to work all your life here to gain *insight through experience*. Talk about a challenge! The *journey* and the *process* are important. What better place exists on 3rd density for this opportunity, for the Higher Self, than on Earth in this timeline?

Matrix V Gold Edition - How to Maximize The Experience

Read the collection of segments over a period of time, while at the same time reflecting on your ongoing experience. Don't try and overextend yourself to the point where you get tired and your attention wanders. Give yourself a chance to absorb and reflect on the material. What you don't understand immediately you may well understand later on in the book when it 'clicks'. Look at the index in the back of the book to see the scope of the book. Certain information is repeated in different places in order to maximize understanding of specific related subject areas. Read all the Q&A. If you then go back and re-read the segments, this process will maximize the depth you will reach with the material, all the while keeping an eye on your perspective, your experience, and what you observe, both externally and most importantly internally. Effectively processing this book does take time and focus. See the reader comment section in the back for comments from those who found that multiple readings accelerated evolution of their perspective in different ways.

Enjoy the book. It is truly the very best, most advanced and most accurate spiritual information available on the planet. Presented purposely in a 'no-holds-barred' style in a series of essays by the author, the material will challenge you to think, to reach, and to explore life in new ways, as you resonate more and more with the nature of your Higher Self during ongoing experience. To the degree that you still identify with your body or gender, or are steeped in any heavy value judgments, you will have some special challenges. Trust your Higher Self and see where experience takes you.

Val Valerian March 2003

MATRIX V: The Gold Edition

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Author's Introduction to the Second Edition

(Author's Introduction to Gold Edition Follows)

Back in the early fall of 1999, I felt that I must begin sharing my experiences and observations as a Final Incarnation. This started as emails to Val and a couple other friends. After a steady stream of information, Val decided to put many of them on his Leading Edge web site (www.trufax.org). Now that, plus much more, is here in *Matrix 5*. Who would have thought?

I sit here with a 1 and 3/8" stack of printouts of everything I've sent in email form. This material was never intended for the general population because the general population would not be able to grasp it, so deeply entrenched in The Game are they. The only ones who would be able to grasp this icon-smashing material are Final Incarnations and, to a great degree, Very Advanced incarnations. My advice to anyone reading this material is to deal with it individually. If you read sections that make you want to scream, 'that just can't be so', just push it to the side. Remember, your path blossoms like a flower with many petals, gradually, until you shine in your Final Incarnation, and so does your awareness.

Questions about the material have been encouraged and my responses, to these questions, are included in *Matrix 5*. I enjoy the questions. So many of them have stimulated me to reveal even more information. If you have questions on my material, I invite you to send them directly to me at authorthe@hotmail.com. I answer each genuine inquiry about my materials. If you still prefer playing much of The Game and think yourself capable of quoting the fictitious jesus or other religious traps, save your time as these comments are deleted to the trash bin they belong in. Fortunately, very few of these Game-induced comments have found their way here.

The Game, as you will read in *Matrix 5*, is the *illusion* known as 3rd density life with its polarity-induced controls. Dark and Light polarities and their silly games, many of which are discussed in here, fortunately do not exist in the levels beyond 6th density.

Polarity games are like grade school: lots of spiteful kids, bullies and control groups. All these are designed to keep you from knowing who you are and to give your power to others. Polarity is well depicted in the yin-yang symbol, but, contrary to popular belief, the symbol does not depict Balance. Balance is the expert blending of the two polarities into one. There is a balance of polarities in our galaxy. Some areas heavily Light while some areas are heavily Dark. There are even a few areas where they are roughly in parity. Unfortunately, Earth is in a Dark polarity area. There is nothing that can be done to change this at this time, by individuals or even groups. Dark on Earth, via organized religions, governments, society and secret groups, has too firm a control. The Game must be seen to its ending. Robert Monroe knew this as well.

When a leak or challenge confronts The Game, Dark and Light (depending on which polarity feels threatened) are quick to martial forces to quash or discredit the leak, thereby minimizing the 'problem effect'. As Robert Monroe said in *Ultimate Journey*, the Final Incarnations on Earth, during his lifetime (died 1995), were not interested in ending The Game, but only in their individual self-improvement quests. His Higher Self was the only

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one, at that time, that took up the challenge, not to alter the system, but to try and awaken other Final Incarnations and to stimulate Advanced incarnations to develop even more of their potential.

I am one of those he was successful with, and I am taking it much further than Bob was able to. I also have no doubt that he was considered a threat and was heavily monitored. This was why we believe that he was unable to release *Ultimate Journey* in its original form. He told my group that publishers refused to print that book in the way he wanted it to be in print. This was most unfortunate. Bob said the rejecting publishers told him that people couldn't handle what he had to say. I've also discovered Monroe's Higher Self chose an incarnation I've never heard of before, a Split Final. When alive, he had mentioned that he knew he has a parallel incarnation in Russia as a woman 'doing the same thing' he is doing in Virginia. Only his Higher Self can explain why this unique route was taken, however, and it did diminish each of his two Final segments to a certain degree. Once his Russian incarnation is finished, the Split Finals will merge into his single Final Incarnation.

Each Higher Self will choose experiences and a Path unique to the needs of that individual Higher Self. The trap of conformity is one that would have you deny who you are. Polarities thrive on conformity. Be like us, vote like us, hate like us, hurt like us, reward who obeysall these are polarity controls. It really grates them when you say, 'I don't care what you do, just leave me alone'. A typical comeback they enjoy using is the guilt trip: sin, hell, 'god', etc. That's when you should use a line by Glinda the good witch in Wizard of Oz, 'Begone or a house may fall on you, too'. Yes, begone, you have no power here, especially once you are Awakened. The Earth life system is very addictive. It takes many hundreds of incarnations to regain your spirit (Higher Self) control and spiral out of The Game. As you try to break free, the Earth life system addicts swarm around you with lots of guilt and even threats for your not conforming. You are very vulnerable here, for not only are you dealing with these external gadflies, but also you must subdue the physical's long programmed history and DNA commands. It isn't until you reach your Final Incarnation that you have the spiritual maturity to finally and totally do so.

My material mentions much about alien genetic manipulations on Earth. These alien groups look on Earthers as insignificant, as food and as slave labor. The word 'Earthling' is alien in origin. Like 'duckling' or 'hatchling', they refer to helpless newborns needing control. Marvin the Martian loves to use that word. You really should rebel against that term in favor of the correct term - Earther. If someone refers to themselves as an Earthling, do explain what that means to them. You certainly don't here 'Marsling' or 'Orionling', do you?

A prominent facet of our current time period is the growing emergence of female domination and the abuse of males. Not only gender abuse, but also anti-while drum beating is going on, thus making EVERYONE a victim of one sort or another. There have never been so many victims on this planet as there are now. This plays right into both Dark (sadistic) and Light (masochistic) plans. Light loves being the eternal victim while Dark enjoys its role as victimizer. These roles will continue to exist as long as polarities exist.

The female problem is due to Orion DNA commands for the intent of open membership in the Orion Empire, which is reptilian female controlled. Their violence is mirrored in the increasingly violent western (primarily American) females. These situations will grow increasingly severe until the Wild Card Events move fully into play. 2012 is not an arbitrary date. Female dominance is pure Dark agenda. They seek power, control and obedience.

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Even though the Roman philosopher, Virgil (possibly a Final Incarnation) said this a very long time ago, it applies ever more so today, "Foolish is the man who trusts a woman". The corresponding phrase of this is, "Foolish is the woman who thinks she can change a man". Of course, this depends on the level of the Higher Self accepting the female challenge. There are a small percentage of exceptions to Virgil's observation, but it remains a good rule to keep in mind. However for you Game players, you have much to learn.

These messages are meant to make you think, hence the in-your-face style I've chosen to use in some sections. The gentle awakenings of Light side connected people are not meant to really Awaken you, but rather to keep you asleep. My use of certain buzzwords in the materials is attention getting. I also use common language terms. You will better understand what I say if I don't send you racing for a dictionary every few words. FAR too much is written in mystery and parable. There is a need and a desire for plain talk. I recognize that and give that to you. There are many things I'd like to reveal, but English is language-variety poor. For example, the one word 'love' has many, non-related meanings. However, in some languages, you can find several dozen words for snow. Monroe refers to 'rotes' which are entire concepts passed between spirit beings in one motion. The rote contains EVERYTHING connected to the event shared. I have rotes for which there are NO words in English to translate into. For these, you will have to either discover them on your own (such as in the Library on Monroe Focus Level 27) or be patient until you can receive them as well.

I have given you an interpretation of the cover art for Matrix 5. THERE ARE KEYS YOU NEED IN THAT ARTWORK. I suggested, to the small group I lectured, that they concentrate and meditate on the artwork. You are transmitting the image from your eyes, up your energy cord and into your Higher Self for processing. This can prove to be a major assist to your advancement. I have an 18x24 poster of that artwork hanging in my bedroom where it can be the last and first thing I see in relation to sleep. It is in the body's sleep periods that you can receive important information. If you feel so inclined to work with the artwork, you should be able to purchase a copy of the cover art in 18x24 inch format from Val.

Events are going to take a turn for the worse VERY soon and quickly. Both Val's and my Higher Selves have given a sense of urgency to get this material out and available to whomever might need it. We wouldn't get these pulses of urgency unless something BIG is about to happen. Those who are meant to have Matrix 5, will have it. I urge you to read, not only my materials, but also the 3 volumes of *The Handbook*, available on the internet. Robert Monroe's trilogy: *Journeys Out Of Body, Far Journeys* and *Ultimate Journey* will give you a huge amount of information on what is out there, especially in the astral. You will learn about the belief system areas (level 25) and the advanced areas (level 27) and the Library, Healing Center and so on. This trilogy is available or orderable from any local bookstore.

For information on reptilian meddling, especially in modern day Earth, read David Icke's materials, such as I Am Me, I Am Free; Robots' Rebellion; and The Biggest Secret. David's web site is www.davidicke.com. On David's site, you can read about Zulu shaman, Credo Mutwa who has some information on video about Ancient Earthers and the gender-splitting as well as Orion tampering in Africa. Arizona Wilder has a video on David's site dealing with more of the reptilian controls on Earth and names are named! Cathy O'Brien's book, Trance Formation of America is excellent and will reveal the disturbing depths of corruption in reptilian controlled America. David's site has many such nuggets of

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information. All this is good to be familiar with, BUT resist becoming obsessed with it to the point that you stop your spiral out and get caught up in the details of 3rd density. Better to pass through these areas like a tourist looking through a window on a moving train. Take note, but keep moving. Acharaya S is great to read. Her 'Christ Conspiracy - The Greatest Story Ever Sold' will tell you all plus more on the corruption known as christianity. This will be especially helpful for any of you struggling with removing the last vestiges of that poison from your system.

Something to keep in mind is NOT to judge yourself by where I am in my progress and on my Path. Each Higher Self's Path is truly unique to that Higher Self. You are not accountable to anyone BUT yourself. You will not be judged by anyone but yourself. No one has those rights over you. If anyone tries to control you tell them to 'fuck off'. 3rd density humans are so use to conforming that you don't realize conformity is limiting to individual expression. The way to proceed is to adapt what works for you, from whatever sources, and recombine all that into something uniquely yours.

I've been trained as a astrologer, studied with the wiccans, trained by Native American shamans, etc, but I have combined everything into what I've proven works for me. This is also not a fixed event for me. I'm continually fine-tuning what I know and substituting something for what I've discovered works even better...for me. The meditation I've given in Matrix 5 to connect with your Higher Self is very potent. When you use the format I've given in the materials, move slowly from your crown chakra down to your base chakra using the keywords given. I do this every night just before going to sleep while in my bed and in the dark. I get a burst of energy, especially from my crown and 3rd eye chakras when I do their individual word. Concentrate on each chakra when you do the keyword for that chakra. See what YOUR Higher Self moves you to do. Make the meditation your own but never forget that gold light is THE protective aura.

For those of you who have not been able to astral travel as of yet, I recommend Astral Travel by Gavin & Yvonne Frost. They have been friends of mine for about 20 yrs. This book is their astral travel course that they teach through correspondence via their school in West Virginia. The book can be ordered in any bookstore. When I first took astral travel, I couldn't do it. It took me 6 months of steady persistence to FINALLY make it out. It's like learning to ride a bike, you never forget once you've learned. The Frost's teach you how to travel through time and much more. I recommend the course, but the book is next best.

You must get a good background before dabbling into unknown areas. That's why Monroe's trilogy is so important and why, if you can't astral travel, the Frost book is so valuable. The more you learn, the fewer doubts you'll have and the better you can handle your fears. No matter what you can or cannot do today, you will be able to do at some other time or incarnation. Your Higher Self can be put off, to a certain extent, but cannot be denied. You WILL succeed. Matrix 5 may be the most important book you will ever have. Most of the material is not available anywhere else on 3rd density. Some of it is jealously guarded in power/control circles. As I've said, the Higher Selves will not be denied no matter what the polarities think they may be able to get away with. So read Matrix 5, open yourself up to the experience. Even if you cannot grasp it in its entirety, the messages will be registering with YOUR Higher Self, which will take appropriate steps for your Path. Your life, your incarnation will change after reading this whole volume. Go with the changes. See where they take you. Most importantly: TRUST IN YOURSELF.

The Author

authorthe@hotmail.com

May 2001

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Author's Introduction to the Gold Edition

Welcome to the Gold Edition of Matrix 5! This is the *final* stage of the Matrix 5 project. The Higher Selves involved in this project intended for it to be a 2 phased event. The Second Edition reached one plateau. The Gold Edition reaches much higher. Just as I said in the original Introduction, also included in the Gold Edition, that Matrix 5 is *not* for everyone but was written for Final, Dominant and Very Advanced incarnations. This holds even more true for the Gold Edition.

The Second Edition was a test for those who read the materials. It would shock those not yet ready for such dramatic revelations and thrill those who were ready. If they couldn't handle the Second Edition, they definitely would not be able to process the information given in this Gold Edition.

While the new information that was added to the First Edition was made available to those who did not desire to get the Second Edition, this is not the situation with the Gold Edition. Due to the nature of the 50 previously unpublished segments and the order of which they are placed within this edition, the entire book should be read from beginning to end to get the maximum benefit of the unpublished segments.

The 50 previously unpublished segments contain many important keys that incarnations require to assist them on their path and to overcome locks placed by the Game. The Gold Edition contains hundreds of keys. The readers will eagerly use these keys as needed for their own progression. As with the Second Edition, if you encounter information that you are not able to process at this time, do not get hung up on it. Just push it to the side. Only Awakened Final Incarnations will be able to process the materials in their entirety. Other incarnations will handle it according to their levels of Advancement. Nevertheless, just by reading the Gold Edition, you will give your Higher Self valuable information that will be passed on to select incarnations of that Higher Self.

After the Second Edition was published, a Matrix 5 Forum was in operation. The Forum has been closed for quite a while now, although you will read references to it in some segments of M5. Unfortunately, the Forum, while attracting some excellent incarnations, also pulled lower incarnations whose only interest seemed to be to cause disruption of the project. The Leading Edge Matrix 5 site is the *only* public site authorized to carry the materials that I write. Observations will continue to be place on that site as long as they are able to. EndGame is here.

In the Second Edition, I wrote that I am open to questions on the materials that I have written. This will continue to be so and the email address where I can be contacted appears at the end of this Intro. Please remember that many of you need a personal teacher, as I've noted in your questions. I am not that person. You must look elsewhere. I have been asked some excellent questions. These appear in the Q&A section of this edition. The Q&A's will add much to the segment materials. Read them all. I have also been asked some foolish questions, such as to comment on Russian mail order brides. What the fuck does that have to do with M5? Absolutely nothing! Lightsiders have attacked now and then. Their e-mails are loaded with guilt and victimhood fluff when they make demands. I have no time to waste on Lightsiders. The more into EndGame we get, the shriller the polarities become.

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The thrust of the previously unpublished segments began in September 02. I had no idea how many segments there would be, but I never thought there would be 30, much less than 50. At first I thought there would be a second volume of Matrix 5. After discussions with Val, it was decided that there would be a final edition. A Higher Self pulse named it the Gold Edition. There is no other book like this on Earth. It is unique and could only come out at this time during EndGame for the benefit of our simultaneously incarnating Higher Selves.

The Handbook trilogy has been removed in this edition. The Handbook is a mid-Advanced level publication. It is excellent for that level and is freely available on the internet. The Gold Edition, however, needs to be a work unto itself with a truly Very Advanced feel to it. The Handbook trilogy, in its entirety, does not belong here, although references to it are scattered throughout. I still recommend this trilogy to those who haven't read it. It is only another step on your way to spiraling out and should be read with that in mind. It has many keys of value to a mid-Advanced level incarnation on the simultaneous path. The Monroe trilogy is also recommended as a necessary prequel to Matrix 5. The Monroe trilogy: Journeys Out of Body, Far Journeys and Ultimate Journey are indespensible to the Very Advanced incarnates.

In late December, I informed the project-involved Higher Selves that if there are any segments that they want in the Gold Edition, I would need to know by Feb 21, 03. Everything that you need to unlock your Game induced locks, based on your current incarnation's level, can be found in the Gold Edition. The rest is up to your Higher Self and the path that shim has chosen. We are well into EndGame. Observations, on a global scale, occur almost daily. The White House is currently occupied by an appointed president who wants a dictatorship of the Dark and is the greatest threat to world peace today. Alien groups have been positioning craft in our solar system. Women keep demanding Orion style female rule while harassing men. The world economy is nearing collapse. These and many more examples are to be noted by those who observe.

Now is the time to reclaim your power from externals who desire to, above all, keep you from discovering who you really are. It is only by reclaiming your power that you can spiral out of the Game. The sequential alien incarnates are doing their best to beat us at the Game. The Game will continue after we simultaneous incarnates have departed to higher densities, but that is not our concern. Read the Gold Edition and learn. Apply what works for you in your life. EndGame is here. The old Chinese 'curse', "May you live in interesting times", has come to pass. It is only a curse to those who fear the future. Those who embrace the future will find it to be an experiential blessing.

Final Comment: Matrix 5 was not written as a 'guide to EndGame'. Any EndGame items I've discussed in here are side dishes to the main meal: Knowing the Higher Self and discovering who you really are. It wouldn't matter if the Game ended tomorrow, 9 years from now or whenever. That is way secondary to connecting with your Higher Self. Awakening in your Final Incarnation and taking back your power. Please keep that in mind when reading the Gold Edition.

> The Author February 2003 authorthe@hotmail.com

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Information for Very Advanced, Dominant and Final 3rd Density Incarnations

(Observations From the Perspective of a Final 3rd Density Incarnation)

To Whom I Direct This Material

Since the fall of 1999, I've been giving a lot of advanced information. I do not direct my material to any physical body, but instead to those spirits animating these bodies as only the spirit is capable of comprehending this information. If the body controls the spirit, it will reject all of this outright for it's contrary to its DNA program. The challenge of the spirit to overcome the physical begins with the first incarnation and ends with the Final incarnation. Only a Final gains above 95% control during the incarnation. Until then, the physical will try to exert control and obedience over the real you. An example of this is someone who gets into the occult and, like a switch was thrown, dumps all he's learned to find the non-existent 'jesus'. The physical wins and the spirit is subdued possibly for the rest of the current incarnation. Even so, the spirit had a chance to exert itself, even if briefly, and has learned from the experience.

It takes hundreds of incarnations before the spirit has sufficient experiences to realize there must be more than variations of the same things over and over. Then it takes hundreds of more incarnations for the search for the spirit. The physical keeps it looking for external solutions and 'don't do anything to rock the boat' attitude. The physical loves to give the spirit a seemingly endless stream of doubts, always extending the comfortable cushions of sleep and peer acceptance.

It is a long, difficult journey to overcome the DNA commands, however, eventually the spirit wins and departs the Game. All do so at different rates of progress decided by how quickly the spirit learns to mature. It is to these at or near the end of the Game that I search for and these will comprehend. Those who are still primarily their body need to find far more basic teachers.

Definitions

Shim: A term created as a pronoun referring to the Higher Self and the energy of the incarnations (spirit) of the Higher Self. 'Shim' is a combination of "she" and "him". Since everything we talk about in Matrix V is relative to the Higher Self, a correct word was needed, as there is NO English pronoun for being BOTH male and female. The incarnations of the Higher Self are suppressed by the Higher Self in response to shim's willing participation in the Game. Most incarnations on Earth have been conditioned by cultural programming. This is partially to empower the alien DNA commands in the Earther human body and to make the spirit believe that the false identity of the body, the gender, or both is who you actually are. The prime goal of Earther incarnations is to overcome the body/cultural controls, to recognize who you really are and to have an infinitely wide range of experiences on third density Earth. The drive for Awareness increases with experiences and many incarnations. The third density incarnational cycle culminates with the Awakened Final Incarnation. The incarnational drive for Advancement is proportional to the degree of recognition of the existence of who you really are and are not (spirit vs body ID).

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Higher Self: The composite awareness of all incarnational and non-incarnational experience and acquired wisdom, existing on a higher density than any of shims extensions which acquire experience. This is the REAL you. The Higher Self progresses in stages. Once you are finished with 3rd density incarnations and your Final Incarnation takes shim's Higher Self to the next level, that Higher Self of you becomes one facet in the next level of your progression and you have a higher version of your Higher Self to work with and gather new, totally different experiences. Eventually you reach a level where you create galaxies and design 3rd density events. It's super neat, but not of any particular concern at the 3rd density level. Even so, this is only another stage of your progression and not the end of it.

After each 3rd density incarnation, we go to the 4th density (astral). When the individual incarnation is finished on the 4th density, shim returns to the Higher Self which is on a higher density. The drawing in the main material pretty accurately shows what our true form is, and you can see the form is nothing like human. After the Final Incarnation, all the incarnational streams are pulled back into the Higher Self and the next move is to another higher density than where the Higher Self currently resides gathering experiences in the form of incarnations. The Higher Self is not formless, shim is oval in form with a luminescent glow of energy. The Higher Self is immortal and eternal. Shim can never die.

For those reading Robert Monroe's trilogy, he refers to the Higher Self as the 'I-There' and his Dominant Incarnations as the 'EXCOM' (executive committee). Robert uses 3rd density technical terms because of his passionate attachment to Earther sciences and related terminology.

Earther vs. Earthling: If you live on Earth, you're an Earther. Earthling is a derogatory term used by sequential aliens and accepted by fools as real. Think of duckling...a baby duck; hatchling...a helpless newborn from the egg. The origin is from the reptilians who look on Earthers as food/slaves/surrogates. The -ling addition says how they look on Earthers as under them, children to be 'taken care of' (that's another topic). As long as you allow that term by using it or not correcting others who do use it, the vibration of the term will continue. There have been some efforts made to change that. In the Babylon 5 series, for example, people were always Earthers. For some reason, in Star Trek, Earthers are never called such, but rather humans, making it sound like 'all humans' live on Earth!

<u>Identity</u>: 'Identity', in its absolute form, is the awareness uniquely resonant with a specific Higher Self. In a physical incarnation the suppression of shim occurs to one degree or another and the personality often assumes it alone constitutes 'identity', based on cultural and genetic programming, further complicated by identification with the body or gender of the body, or both, as well as occupation and a host of other "assignments".

Incarnation: An extension of a stream from the Higher Self into a 3rd density physical vehicle in order to provide a temporary period of 3rd density experience for the Higher Self. Incarnational experiences are dependent on the use of a physical form. Much of the experience of the Higher Self is non-incarnational. In the case of Earth experience, the expression of your Higher Self into a 3rd density, physical, humanoid body. We are concerned primarily with Earth incarnations here in this material. When a body "dies", the spirit can interact on the astral in whatever way shim is ready, whether to hang around a battlefield, a religious group, the advanced sections or anything in between. When the spirit decided shim has had enough and wishes more (another incarnational experience), shim

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"winks out" and that's where the "end" to the incarnation is. The Awareness, however, continues.

There is a nexus point for all the incarnations of the Higher Self that is signified by the winking out. Unfortunately, our linear perspective on Earth makes it VERY difficult to understand. The "linear mode" would comfortably say "he winked out and took on a new form." That would be fine if we had one incarnation at a time, but we (Earther incarnations) don't. Since we have all incarnations at the same time, each varying in length, that is not the case. Higher Self incarnations (low, middle, advanced, dominant and Final) do occur at different time periods in the 3rd density. For example, a Higher Self can choose to have shim's Final Incarnation in Ancient Greece and a dominant in 1994, because each incarnation gets what shim needs out of different time periods. You could have your very first incarnation in 1994 and your Final in 200 BCE -- it's all up to the Higher Self, THE REAL YOU, depending on the experience shim wants!

Earther incarnations have the distinction of having Dominants (3-4) and a Final. Incarnations will include as many experiences as the Higher Self decides (on shim's own) to have. Each will be male and female (many times over) and all sexual orientations. ALL experiences are stored within the Higher Self just as all experiences you have in the current incarnation are stored in your memory that you can access at will.

Higher Selves incarnating on Earth have simultaneous incarnations while those Higher Selves who choose to incarnate on other planets have sequential incarnations.

Simultaneous incarnations occur in all frequencies (time periods) that the individual Higher Self desires experiences and growth. These experiences and memories flood into the Higher Self and are needed, in varying degrees, by Advanced, Dominant and, especially, Final Incarnations.

Consider the often heard phrase: "in my last incarnation...". Since all Earth human incarnations are simultaneous, how can you accurately refer to your 'last incarnation'? What is tagged as your previous incarnation is actually the incarnation in closest frequency (time period) to your own. I've spoken to a few who were born after World War II, for example, but have strong intuitive ties to the War period as different players on that stage. Another example is a man born in the 50's but has strong ties to the American Civil War. For him it's the incarnation closest in frequency to his current incarnation, hence it is his 'last incarnation' in a manner of speaking.

This closest incarnation does not reflect on the stage of advancement of your current incarnation. You could be a Dominant, but the closest incarnation may be of mid, low or any other level than your current incarnation. It is not necessary for you to place a value judgment on your closest incarnation. It has a part to play in your journey and is, after all, you.

<u>Déjà vu</u> - This phrase is used for the sensation of having been somewhere before but knowing you haven't been there in this lifetime. This feeling is due to you being in the same area of another incarnation of yours but at a different time frequency. Your comfort or discomfort is shuttled through your Higher Self. <u>Note</u>: it is <u>not</u> a PAST lifetime; it is ANOTHER lifetime, as all incarnations are happening simultaneously on different frequencies we call time in third density.

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Event: This is used for regional events. Examples: World Trade Centers destroyed, Earthquake destroys a town, Politician gets killed or any *non-global* occurrence. Events happen frequently in the Game. Events are used by both polarities who are attempting to force the Game to reflect their views.

<u>Wild Card</u>: This pertains to *global* shaking events. Examples: Aliens make themselves know to the planet in public or Earth Changes that touch the entire planet. The Game has several Wild Cards that MAY get played in Earth's EndGame.

The Game: The use of the word 'Game', originates with the Higher Selves. The Empire and the Dark do NOT consider it a game in any way and do not appreciate the reference. Game is used because of the challenges and object: to overcome all the Empire's best technology and manipulation to regain your identity (Final Incarnation), gather huge amounts of sensory experiences/emotional experiences and develop wisdom. It is a challenge in that you begin with no memory of who you are and have to regain it by means your own Higher Self decides.

There is no single path to this enlightenment but there are many false paths put there by the Empire and the Dark to keep you from finding yourself (religion, for example). Every Higher Self will succeed, some faster and some slower, but all will eventually succeed. To find out what you need to do, you must access your Higher Self.

Robert Monroe developed the key to this. It is to access a level of consciousness that Monroe called Focus 12. That's how I learned and I know no other way. It's a matter of going within instead of without. When Monroe told the one group I was in how to do it, no one, except me, was interested in doing so. This is something a Final Incarnation really wants to do (access the Higher Self). It cannot be done by someone for you as only you (as your Dominant and Final Incarnations) can have this access and Dominants may not consciously realize they've been there (during sleep) unless psychic oriented.

The material I've been releasing has not been released publicly for thousands of years. You can find threads of it in Credo Mutwa's material and Robert Monroe's books, for example. This material is highly suppressed and you can see why.

Val is to be honored for putting it out for access to anyone. Even if they aren't ready to handle it, it will have an effect on their spirit which will assist in their 'future'. This material, in its form on Val's site, is unique and the vast majority of the information has never appeared elsewhere. It is not in the interest of the Empire that you know these things for it is spirit, not body oriented. That this information is out now should tell you something about Earth's immediate future. Think on that.

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Incarnations of the Higher Self

Matrix V and EndGame (Special Gold Edition Segment)

The Matrix 5 project is unique in this galaxy's Game. It was developed by several Higher Selves within the framework of the rules of the Game. It is intended for simultaneously incarnating Higher Selves to wrap up their participation in the 3rd density Game. It is not written for sequential Higher Selves. They will continue in their extremely slow progress through 3rd density long after we simultaneously incarnating Higher Selves have departed for new Adventures.

Nevertheless, certain factions of the sequential players have become aware of Matrix 5. These factions also know that there is nothing that they can do to directly interfere with this project. The Higher Selves involved in this project would not tolerate that. Several months after Matrix 5 came out, I would receive an email with attempts to derail the project by attacking me for writing it. Of course this type of attack has zero effect on me resulting in a block of the senders email address. This occurred yet again today (2/19/03).

The effects of Matrix 5 have already rippled through the time line and continue to do so at an increasing pace, NOT challenging any of the Game's mechanisms, but in distributing keys to simultaneous incarnations who have been waiting for them. These keys are needed to spiral out of the Game. This, therefore, IS part of the Game for the simultaneous incarnates as it takes advantage of a loophole. The Game does not react well to those who directly challenge it, but it will not react to you finding a way to the finish line that does not involve polarity conflicts. The sequential aliens, however, do not like Matrix 5 in any form as it shreds their millennia long control/domination of Earther simultaneously incarnating vehicles. Let them rage, it's time for us to graduate!

When Matrix 5 was first published 2 years ago, the Library on Monroe Focus level 27 placed an astral copy of this 3rd density Event for any to read or to remove whenever they wished. The supply of Matrix 5 at the Library equals the demand. The book is still there and will be there until all simultaneous path Higher Selves have departed and the Library is no longer needed. When the Gold Edition is published, it replaces the Second Edition on level 27. ALL simultaneous Higher Selves will have incarnations that do access level 27. Therefore ALL simultaneous Higher Selves, via these incarnations, will gain access to the Matrix 5 Gold Edition which contains the final keys needed for our successful completion of the Game. It doesn't matter if your Final or other Very Advanced incarnations are in the Dark Ages, ancient Egypt or the the Chinese courts of the Emperor. The vibration of Matrix 5 will vibrate like a bell to get their attention. When I went into the Library recently, several people were there, saw me and said, "there he is". To that I responded, "read the book - THAT'S important, not me".

With Matrix V Gold Edition in your possession, you now have the full set of keys on this key ring. You weren't pulled to buy it out of 'curiosity', although that may have been your conscious thought. You were pulled to obtain it through the promptings of YOUR Higher Self who requires shim's incarnation to distribute these keys to all of YOUR incarnations.

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Your current incarnation may only need some of these keys, but other incarnations will need different ones contained in these pages. If you are an Awakened Final incarnation, you will truly grasp the value of them more than any other incarnation that you have. Keep in mind that 'time' is not linear. What you do now with Matrix 5 does indeed benefit you in other 'time' periods. And there is NOTHING that the sequentials can do to prevent Matrix 5 from having its effects on you! They may try to get you to stop reading it or pull you back into the Game by getting you to discarding the book. Also you can, of course, decide not to follow through with what you have read in Matrix 5, but the effect of reading it has already benefited your more Advanced incarnations. Rely on YOUR Higher Self and tell the externals who want you to give your power to them to 'fuck off!

Matrix V Gold Edition is unique. The path you have chose is unique to you. The experiences are chosen by you as your Higher Self. All this uniqueness is central to your being able to spiral out of the Game by successfully graduating. Hold on, though. What's coming next is even FAR more fascinating.

The Higher Self

I journeyed up the energy connection from within my physical. It has some similarity to the visual of passage between worlds shown in Stargate SG-1: a circular, brilliant tunnel. One passes up through this energy and emerges into the Higher Self.

From within, I saw the Higher Self as opaque but glowing with natural energy. The oval shape has the image of each incarnation I am - the head of each, rows and rows of them. In the center of the 'floor' of my Higher Self is a pillar of energy topped by an energy shaped like a multi-faceted crystal globe. The energy pillar is where the impulses (memories, experiences, etc.) of each incarnation are centrally processed and stored. The globe is where access to any individual incarnation may be retrieved. The access to the Higher Self is possible for all Dominant and Final Incarnations.

Before the Higher Self chose shim's path, the Higher Self wasn't an empty blank of energy. Not at all. The Higher Self has all memories before shim chose to incarnate. The Higher Self is a living ship, an intellect. Once the choice was made to incarnate in the 3rd density, the Higher Self chose experiences and disguised shimself in bodies to participate in the 3rd density learning process.

As the Higher Self is the incarnation, shim learns from the experiences and changes accordingly. By the time the Final Incarnation is reached, the Higher Self is far more advanced than when shim decided to take the challenge. When the Final Incarnation is complete, the Final Incarnation IS the Higher Self minus the flaws contained within the Earth human body.

In a later visit, I looked up and saw a circular energy vortex, which will eventually be the path for the completed Higher Self, under direction of the Final Incarnation, to move to the next major phase of progression in a higher density. This connection is not readily visible from outside the Higher Self as it is slightly out of phase, being of a higher density.

While exploring some of my Higher Self, I followed some energy to a point in the Higher Self where I was given an access outside shim. From outside, the Higher Self looks similar to a layer cake-shaped (in shape, not size) oval with a luminescence. Extending from the

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bottom are tendrils of energy, one for each incarnation on the 3rd density. The Higher Self is opaque from the outside as well. I quickly looked around and saw several other Higher Selves, all similar to mine, all with energy tendrils reaching into the 3rd and 4th densities.

I'm sure everyone who reads this is familiar with the 'silver cord' attached to the incarnation. The 'silver cord' does not begin with the out-of-body you, but rather terminates AS you. This is the extension from the Higher Self. It passes through your physical body when you are astral journeying. It is this cord's contact with the physical that keeps it alive. The 'silver cord' is what you access to enter your Higher Self. By moving up this cord, you enter your Higher Self. Only you can do this for you.

When this cord is snapped out of the body, the body dies. The cord never snaps from the incarnational you. However, once, after death of the body, your incarnation decides the time has come for something new, the energy is pulled back into the Higher Self with a small energy flash. This energy is under control of the Higher Self and AWAKENED Final Incarnation. It cannot be terminated in any way except from the Higher Self, the energy of all your incarnations.

This also brings up a popular lie — "selling one's soul to the devil". This is a total fabrication. First of all, there is NO devil and NO biblical god. 4th and 3rd density reptilians are the basis of the devil myths. While individual incarnations of the low through medium levels may misguidedly believe in the fictitious devil (part of the growing/experiencing process) and soul selling, these are features of the Game to keep you away from discovering who you really are. By overcoming the devil/god myths, you progress to a higher level of consciousness.

Although individuals may believe that they have "sold their soul", this is untrue as it could not be done. ONLY the Higher Self and, particularly, the Awakened Final Incarnation have control over the entire experience and the Awakened Final Incarnation is never taken in by such fables. This writing contains major information. It will be of immense value to Dominant and Final Incarnations. Sections of it will be significant to very Advanced incarnations. If you cannot handle the material, push the information aside. It has registered within your Higher Self just by your reading it. Time is almost up.

A Basic Comparison of Densities and Dimensions

We live in the 3rd dimension of 3rd density Earth. The astral plane is the 4th density. Time/time travel occurs by using the 4th dimension. The need for technology is not of a higher density. From the 4th density (astral) on up, thought and will create whatever is needed. There is no need for wires, metals, fiber optics, fuel, etc. They are all 3rd density items. One can create objects, on the astral, from thought, and they appear like a house or whatever, but they are pure thought.

With dimensions, technology is still in effect. Dimensions include parallel universes. Even the anti-matter universes can be considered as dimensions. Meier's DAL universe is one example. With sufficient technology, beings from different universes can interact with each other. 3rd density has many different dimensions. Technology is a 3rd density trait, no matter what phase of 3rd density. There is no need of technology beyond 3rd density. [Ed. - See also Q&A#123,191 and 421]

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Several alien groups involved in Earth's business are from different dimensions and have craft that can pass through these dimensions to reach here. All the dimensions have a connection to each other. Those of us with Higher Selves come from higher densities. The Higher Selves extend a segment of shim's essence to animate physical bodies for experiences. This is NOT done with technology, but with will.

This is a complex comparison, but I hope I've explained the basic difference so you can understand the difference. Some *incorrectly* use dimension/density as interchangeable. Know there is a vast difference. The *Sliders* show illustrated *dimensional travel*. The movie *Ghost* dealt with *density interaction*. The more advanced your spirit progresses, the more matters will become clearer to you.

Vibration of the Higher Self

Each of the densities vibrates at a different rate. The individual Higher Selves' frequencies are higher than those of 3rd density. The physical body requires a spirit to give it life independent of the mother's womb. The higher vibration (frequency) causes fatigue in the body. True, the segment of the Higher Self that inhabits the physical body must express shimself through the many filters of the body (DNA codes), but the core, eternal energy that is the Higher Self remains the same and tires out the physical body.

As the incarnations progress, the Higher Self shines through more and more and, in Very Advanced, Dominant and Final incarnations, the DNA sequencing (Orion tampering) is overridden to varying degrees with the Final Incarnation suppressing 85-90% of the Orion commands. This adds fatigue to the body requiring rest/sleep. If the Higher Self were to exert full energy, the physical body would be able to perform some amazing feats, such as teleportation by will (which is as common to the True You as breathing is to the physical you). This VERY rarely happens as our purposes here involve learning/experiencing and not dazzling the locals. As your spirit matures, the 'sensational' aspects, common to the spirit, become more evident and more matter-of-fact. This also means you choose NOT to go peeking into bedrooms from the astral. It seems those who wish to be voyeurs have a far more difficult time in learning to astral travel for this reason.

Connecting To Your Higher Self

If you have been unable to connect with your Higher Self as you would like to, you may like to use these meditation keywords I've developed and use myself. Using your chakras is a good way to stimulate connections with your Higher Self. Always start at the crown chakra and work your way down through all 7.

Crown: CONNECT - 'Increase and expand connection to my Higher Self is the thought.

3rd Eye: SEE and this refers to seeing clearly.

Throat: HEAR what you need to hear.

Heart: FEEL, this chakra is important for this.

Solar Plex: DEFEND - keep those defenses up!

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Genital: CREATE and this doesn't mean, in the current time, wasting it on creating new physical bodies for minions to incarnate in. Of course, if you are not a Final or very advanced incarnation, you'll be body led and not spirit led. Create is for ideas, art, etc.

Base: ENERGIZE - With this feel the base chakra energizing all the other chakras in a clockwise motion from base up to the crown.

After this, surround yourself in a golden eggshell of energy to enhance this meditation and assist in protection from polarities. Whereas this works fine for me, don't feel that you have to use this form. Use what works for you. I'm sharing what works for me. The crown chakra CONNECT is most important, though, as you seek to strengthen and increase the connection between incarnated spirit and the Higher Self for direction and assistance. Your Higher Self is the ONLY totally reliable source for you.

Higher Densities-One Facet

I finished re-reading Monroe's *Ultimate Journey* (I first read it 5 yrs ago). I've picked up a lot of info since the initial reading and have shared some of it with you in connection with this book. Monroe talks, near the end of the book, about going beyond the Park (level 27), WAY beyond, to an area he calls "the Aperture". He sees how small he is to other beings there. He's also told he "doesn't have the Gift". I've found that beyond focus level 27, every being you run into is so much larger, just as Monroe did. The key to why is that the higher levels (above 34/35) contain beings who have gathered all their incarnations below the Higher Self extension at level 34/35. [Ed.- the 5th density node of the Higher Self]

Once all incarnations are recalled and the Higher Self of you on 34/35 departs, it is ALSO quite large as it contains all those incarnations you have been, all your costumes/masks and experiences. This is why the 5th density and higher are populated by huge beings and why I am so small when I visit. I am only ONE of my incarnations, despite it being the Final one. After this incarnation is done with, I will gather all my incarnations and go to the higher levels and will be as tall as they appear. This Higher Self of you on 34/35 is NOT the only Gathering Point for your Higher Self, but it is the lowest gathering point. If you are able to go within self and look up, you will see a connection to an even higher Gathering Point where you will add even more experiences to! There are several Gathering Points (my term) before the Higher Self is complete. The amount of 'time' it takes to reach this is staggering, BUT time does not exist beyond Earth 3rd dimension level. I hope you can understand what I'm telling you in this message. It's really neat to see your Higher Self on 34/35, to see all your incarnations within this Higher Self and to go beyond. It's limitless and totally fascinating. [Ed.-See cover of Matrix V]

Higher Self Improvement With Incarnations

I had repeated some information, given to me by my Higher Self, about the cover art to *Matrix V* to the artist who so well captured what I've seen. He was surprised to find out that the Higher Selves "cared in that way". Your Higher Self is a composite of ALL of your incarnations from number one through the Final. Therefore, *expressions* of the Higher Self will be similar to what shim is use to receiving from shim's incarnations.

The Higher Self IS your guardian. Who could guard you better than the *real* you? There are no guardian 'angels' as held by popular myths to be mainly winged, fairy-like beings created just for the purpose of watching over you. Think about it...a spirit being whose sole concern

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is you and your activities. There is only one such being, your Higher Self! No god, no goddess...these artificial beings reside on the belief system levels and are created by their human believers. Only your Higher Self has a vested interest in all you do. When your Higher Self wishes to commune with you directly, shim will take on the guise of one of your other incarnations. You may be told 'your guide is Two Feathers, a Native American of the Mohawk tribe', but what you probably won't realize is that Two Feathers is you in another incarnation.

You may have some dead relative hanging around. This is more common in low and midlevel incarnations. Most dead relatives don't hang around all that long because, free of their bodies, they eventually want to investigate their new surroundings and get on with their existences. Dead relatives will NOT be allowed to interfere with the Path of the Higher Self. You cannot live their lives and they cannot force you to live theirs.

Not so with your Higher Self. You are always being monitored by shim. The Higher Self WILL intervene in your behalf if something external threatens the Plan of the Higher Self. Here's an example of my own on this: years ago (70's), I was driving on a lightly snowing day in Kentucky. There was no wind, but yet as I was driving up this large hill, I suddenly felt a shove on the passenger-front of the car and we went rolling down the mountain. I didn't have a seat belt on but still felt a gentle force holding me in my seat as the car rolled down. Once it reached the bottom, I was able to easily open the door and get out. I had just filled the car with gas too, but no explosion or fire. The car was totaled, yet I had no injuries at all nor was I panicked. What caused my car to go over is one thing, but what matters is that my Higher Self was not about to let the un-awakened Final be done away with before the Mission even gets going.

The Higher Self does allow misfortunes to happen. It's part of the learning/experiencing process. However shim will not allow polaric interference or a random event you have no control over to derail you from the main events you have chosen before incarnating.

If you read *Ultimate Journey*, Monroe's Higher Self, in the *guise* of his Dominant incarnations, was around to watch over him in numerous occasions. Yet they were nowhere to be found when he was to experience things on his own. Your Higher Self can care for you more than you care for yourself, for shim is free of the Orion DNA programs and can see clearly.

I've also seen where an incarnation strays from the intended Path and all kinds of 'bad luck/misfortune' seems to trail that person. This is the Higher Self's way of trying to get you to review and alter your decision. Shim will not force you since it is your decision, but if you refuse to re-evaluate your decision due to Orion commands overriding, you can have a miserable life. Even so, you WILL learn from your error. You will learn responsibility for your decisions. You also can have a LOT of lives, as many as your Higher Self (YOU) would like. The Higher Self will not override your decision, but you will learn. How many times have you said, 'I wish I had known' or 'I wish I hadn't made that decision'? Nevertheless, you did and you STILL learned and experienced.

Higher Selves can also work together, on occasion, for a mutual Mission goal. This has occurred with *Matrix V*. My material would not have gotten all that far if not for Val's Leading Edge and his abilities. *Matrix V* needed a major key, which was the cover artwork. This is based on what I saw and crudely drew for Val, who enhanced it and passed it to the graphic artist, who enhanced it for the cover art. It reflects the memory I retain from my

Quest of the Spirit - The Ultimate Frontier

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experiences. Our artist, Arthur, was able to wonderfully depict what I have seen, but could not have done so without *his* Higher Self. For more on the cover artwork, see my comments on it at the beginning of *Matrix V*.

Remember, YOU are immortal with all the abilities of an immortal being (despite ALL the limitations religion and society would like to place on you). You WILL come to your full potential after your Final incarnation is complete. Then you will look back on much of your incarnational experiences and smile at how there was so much opposition to you discovering your True Self. Your Higher Self will NEVER abandon you. Your Higher Self is the only being you can fully trust, not some non-existent mythological beings created to keep you from regaining your power. Push away the noise and the external. Know that you are loved and watched over by you, your Higher Self. Look within for who you REALLY are.

Which Road Will You Choose?

While there are many paths to progression, there are basically two types of roads - smooth and rocky. The smooth road is the easy way, but, by far the longest. It works on reassuring you of what you learned from religion, society, peers, etc., 'is what's best for you'. The occasional 'bump' in that road is your Higher Self trying to get you to wake up. If the bump is big enough, it can push you onto a rockier road, at least temporarily.

The rocky road is the harder way, but the shorter and far more rewarding way. The rocks on this road are caused BY religions, society, peers, etc. These are what challenge your Higher Self. These are what you must *overcome* to go higher and farther. Some of the rocks are religious beliefs, gender beliefs, social constrictions, others' opinions and *your own insecurities*.

Victimhood is represented by deep ruts in the road that you can fall into. In order to progress, you must overcome the rocks and avoid the ruts. Once you overcome certain rocks, you are not likely to have them fall in your path again to be of any concern. Take religion: once you recognize it for what it is and understand who you are, the rocks of religion will fall to either side of you, but not cause you to falter.

The rocky road is always chosen by a Final Incarnation, never a smooth road. This doesn't mean the Final Incarnation knows this from birth. It may, but usually later in life. Everyone's different. However, when it does waken to its nature, it becomes evident that the rocky road is the ONLY road. Meanwhile, those on the smooth road see you and badger you to conform and 'return to the smooth road' and 'be like us'. Another thing about the rocky road, once you've overcome the rocks and ruts, the road gets increasingly smooth and you wind up running instead of crawling. The rocky road widens at this point. What's beyond that is not for me to tell, it is for you to find out.

The smooth road is a <u>trap</u>. While seemingly smooth at first, it becomes narrower with time, restricting what you can do, keeping you in bounds. You can switch roads. "Too rocky for me in this incarnation", one may say and switch to the smooth road - enough for one incarnation. "No progress for me on this smooth road. I don't seem to be getting anywhere", says another, and jumps to the rocky road, accepting the challenges. The choices are your own.

Quest of the Spirit - The Ultimate Frontier

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Final Blocks - External and Internal

One person commented, in a question, on the loneliness he experiences as he increases his withdrawal from the Game. Loneliness is ONE of the signs that you are headed in the right direction on your path to spiraling out of the Game.

In the section about 'Which path will you choose - Smooth or Rocky', I described both types of paths. As you near the end of the Rocky Road and the rocks (obstacles) are fewer and fewer, you find yourself with hardly anyone who wishes to be in your company. The phone rarely rings and you discover you do almost everything on your own. This is due to people, of a lower incarnational level than you, wanting to play the Game AND they see you have become so independent that they are uncomfortable around you. This discomfort is not only that you won't conform to the group, but also that your vibration has risen to where they just don't want to associate with you or keep meetings to a minimum.

The isolation comes after a lengthy (depending on your situation) interaction of relatives, friends, co-workers, etc doing/saying whatever they can to drag you back into the Game. It can be difficult to pass these trials. Tears DO flow. If people like you for how you conform to their narrow standards, they never really liked you.

If you continually stick to your spiraling guns, these people eventually fade even if some never give up on trying to drag you back. In your now very advancing state, it's time to connect with your Higher Self even more. Ask shim, "What's next for me? Lead me to what I need to know, to experience or to whom I need to meet'. You must put complete faith in your Higher Self. This is just the opposite of what society teaches - external salvation vs. internal salvation.

The loneliness is a test of your resolve. How much do you really want to progress and leave the Game? The rewards are spectacular but the conviction to reach the goal of End Game must be adhered to.

External blocks - family, friends, co-workers, etc - are one problem, however internal blocks (DNA commands/immature spirit) are another matter. These DNA commands, placed in Earth humans by alien genetic scientists, are discussed elsewhere in these writings. The Final Incarnation must overcome these blocks, at least all major DNA commands, to finally depart the Game.

The First Law of the Universe will not be denied in the higher densities. The Final Incarnation will learn that breeding, heterosexuality ('I can only consider a person by their gender') and more, are artificial and deny the spirit. As a Final Incarnation, these awakenings are NOT forced. Realization unfolds to the Final Incarnation as the Higher Self expands and deepens shim's connection to the incarnation. Yes, questions (internal) DO come up. The body's DNA commands don't just switch themselves off. The commands will flood your mind with 'reasons why' you should drop your desire to spiral out and rather how your should 'find the opposite gender, breed and conform'. What will your family think? What will your friends think? And so on ... conform! [Ed.- The First Law of the Universe is the Law of Attraction, like attracts like. See the back of the book for more.]

If the spirit is not mature enough, shim will cave in to these lies, although shim will eventually succeed in the Final Incarnation. The DNA commands will try and convince you to go back to sleep. This can work in ANY incarnation EXCEPT an AWAKENED Final

Quest of the Spirit - The Ultimate Frontier

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Incarnation. You wouldn't be a Final Incarnation if you didn't have the spiritual ability to subdue the prime DNA commands! Again, go to your Higher Self to draw the strength you need. At this stage, you most likely would like to connect with another Final Incarnation to discuss matters with, but the *optimum* remains your Higher Self for ALL matters pertaining to you.

Friendships & Polarity

In Matrix 5, I discuss various forms of polarity on 3rd density Earth. One expression of polarity that many don't necessarily consider is in friendships. There is the Darksider 'friendship' where one's attitude is 'what can you do for me'. This is the one way, 'me only' orientation. We either know this type or have seen it demonstrated in film or television. This is a sadistic expression.

The opposite is found in the Lightsider friendship. This is the 'I'm here for you no matter what you say or do to me'. This is the masochistic style: Use me/abuse me...I'm here for whatever you wish. This type of 'friendship' is held up as some kind of icon of idealism. The only ones who say that have an interest in controlling others. It's also the 'misery loves company' pack. I recently heard from someone who I no longer care to associate because he expects me to play this masochistic role. He went so far as to quote David Icke, from one of his books, where David says 'everyone is to blame when there are disagreements even when someone else started it'. David believes that you 'just being there' is enough to qualify you to accept responsibility for someone else's experiential loop. That is NOT true and Lightsider bullshit. Anyone who thinks that line will work on me has no comprehension of Awakened Final Incarnations.

When faced with this type of person, use the Law of Allowance and permit them to dally in the garden of guilt they've sown, BUT also separate yourself from the situation unless you, too, are caught in an experiential loop. Balanced individuals do not entertain these Dark/Light situations in a Final Incarnation level. You are helping someone to deal with their experiential loop when you remove yourself from their loop. This forces them to look within, if they are Advanced enough. You are no longer there to feed their erroneous fantasy and take blame for THEIR flaws.

Lightsiders will think that's 'horrible' to say. Lightsiders fear reality. Darksiders will grumble. They know that Dark cannot exist without Light. For each person that pulls out of the polarity game, that removes one Dark and one Light pawn. If you leaned to Light, by removing yourself from Light, balance corrects by removing one Dark. You should be able to see where this is headed by thinking over what I've just written.

This is another reason why loneliness becomes more and more common in Very Advanced stages and is at its height in the Awakened Final Incarnation. You are separating yourself more and more from situations and persons who still want to play the Game. People who are nearing the final spiral out, want to put the Game behind them. Catering to people who want you to be responsible for THEIR flaws/experiential loops will hold YOU back from your progress. This is like the bucket of crabs where, when one tries to escape, the others pull him back down to be with them.

It is very valid for you to examine people who claim to be your friends. Are they your true friends or using you to augment their experiential loops? Do they expect you to cater to them or for you to be their whipping post for their insecurities, jealousies or inner

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bitterness? I told the person that I referred to above that "it's not that I'm mad at you. I'm not. It's that I don't want or need this vibration in my life today." The Rocky Road is demonstrated here. The Smooth Road is so much easier. The choice is yours.

Changes in You

When you have made some serious (not minor) changes in your perception of life on Earth, your aura does change its vibration. This vibration is noticed by others, although they don't know why. It's just that you seem to 'no longer fit'... and you DON'T. You are spiraling up and away from 3rd density Earth. They are spiraling DOWN into the Dark plot, as described in the Handbooks. You will find you irritate them by no longer conforming. Minor quirks are tolerable, but you are vibrating to a new, higher reality, and they don't like it. If you find people going out of their way to be vile to you, ignoring you, talking about you behind your back or confronting you for seemingly minor things, don't worry. Take it as an indication you're proceeding as your Higher Self wants you to. It isn't easy. You WILL lose 'friends'. Of course if they ever REALLY were your friends, they would not be put off by the new you. You can lose 'family' (I lost ALL of them).

This shows you that although blood may be thicker than water, spirit is stronger than blood for you are NOT your body. YOU are not your incarnation for it is the clothing you chose to wear in this lifetime, no more, no less. There are a few others (very few in relation to the population of the planet) who are experiencing what we are going through. They are scattered all over the planet. When the shift comes, all of the new vibrating beings will advance while those who resist REAL change, inner change, will get to continue this farcical Game. The thing is, once you've reached a certain level, although you can miss the company of those who've chosen not to associate with you any longer, it's not the emotional wanting most people associate with a loss. It's more of a 'well, that's too bad, but I gotta do what I gotta do' attitude. The more your Higher Self kicks in, the more the real YOU kicks in, the quicker you advance. It always pays to look forward, not backward. Let the dogs howl and snap at you. You're on the rocky road. Once you've come to a point on that road, the dogs can no longer try and hinder you.

Emotions

After watching the film, Little Buddha (excellent film), they show how overcoming your emotions, becoming separated from them, is one of the prime goals of Buddhism. They should have statues of Star Trek Vulcans next to Buddha as the Vulcans are the depiction of this goal. However, we are not here to separate from our emotions nor to be controlled by them. The ideal is to be in control of the emotions. Polarities exist in the emotional field as well. For example, Mediterranean Europeans are known for being ruled by their emotions. Examples: Greeks, Italians, Spanish always describe themselves as passionate (emotional) people and they let their emotions rule them. The opposite, little or no emotional feeling, is shown ideally by Vulcans, Buddhists, the British upper class, and the German upper class. Hmmm, lots of reptilian influence there. Remember, both are polarities.

The goal should be to control the emotions and use them. There is overt joy in higher realms, for example. This would make Vulcans and emotion chastising Buddhists cringe. Passion is good, but you must be in control of it. The "I can't help myself" excuse is the body in control of the spirit. Yes, you can help yourself, but that spins into the victimhood lecture, and I've already taken you to that. Conclusion: Emotions are great. They are one of the main reasons we incarnate - to learn and to use and to control emotions. Mastery can

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only come through incarnational experiences. There are those who try to artificially create emotions without the incarnational experience. They will fail. In Little Buddha, he hears 'if the instrument is strung too tightly, it will break; if it is strung too loosely, it cannot play'. Unfortunately, Buddha forgot that lesson in regard to emotions. It is easier to deny emotions than to control them.

Emotional Fire (Special Gold Edition Segment)

Emotional fire - the use of emotions to convey concepts - is something that is necessary in higher densities. Emotions are one of the main groups of experiences that we are in the 3rd density to learn. Through much of our incarnational streams, we learn what these potent emotions are and to experience them as they control us in Low through lower Advanced stages. By experiencing these emotions and their effect of controlling you, rather than you being in control, we learn much.

The next stage of emotional experiences is one of attempting to stifle them in the name of 'control'. This is a feature that starts in Mid level incarnations and is the opposite polarity of emotions controlling you. Society doesn't like the use of emotions unless they are Lightsider thrust only - joy, compassion and the Lightsider favorite of 'denying yourself for others', for example. The Darkside emotion of patriotism is encouraged in several countries but is epidemic in the US. Patriotism is a Darkside emotion since it is 'me first and what I want'.

In Star Trek, the Vulcan 'total control of emotions and denial of their benefit' is considered a 'worthy goal'. It is not. The goal with emotions is to make them work for you. This is something that is appreciated and learned more and more in the latter stages of Very Advanced incarnations and mastered during your Final Incarnation. To use emotions to express yourself without letting the emotions control you is the goal.

This use of what I call 'fire' seems to be a concept difficult to grasp by those who think that a sepia approach is 'mature'. Therefore, if you are not sepia in verbal color, you do not fit the society box. Exactly! It is the society box that you need to break free from. It is something that you WILL break free from, although it is something for your Final Incarnation to deal with in its final form. Just as with different examples given of Balance throughout Matrix 5, the Balance between being controlled by emotions or denying them is 'emotional fire'. This takes a LONG time to understand and put into practice, so don't kick yourself if you just can't grasp it well.

You will eventually be able to use emotions like a painter uses brushes and paints. Emotions give color and depth to your words. Printed matter/ e-mails are almost totally lacking in the ability to convey the exact emotion you wish to impart, hence print communications result in many misunderstandings. It is like trying to see the colors in a black and white picture. When you are on the astral and above, thought is the method of communication as well as auric colors. When you have mastered the ability to paint your communications with emotions, what a fantastic 'rote' you can transmit. It is no longer the two-dimensional communication, but rather a multi-dimensional one with full enhancements. THIS is what I call emotional fire.

I have run into difficulties with other incarnations comprehending the emotional fire concept. This is probably mainly because they are still under the society box limitations. I

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will admit that it has only been relatively recent for me to understand this fascinating concept myself. I will tell you that once you do grasp it, you will wonder how you ever got along without it. You will need this ability in higher-than-5th density experiences. It is vital to proceed on your path to Advancement.

Until you can understand the emotional fire level, you view expressions of it as 'emotions controlling the person' because all you currently understand is the polarity of emotions. To overcome the polaric uses of emotions, you must blend both polarities to form Balance. In this blend, you do see elements of both Dark and Light uses of emotion but the adept can see the differences in their use. I can use this and it shakes up an incarnation, yet I can't go back to the society box. That tends to increase the feelings of being alone.

Emotional fire is just so amazing. Some people I know get flustered by my use of it and respond negatively or mystified. I, on the other hand, can only sigh in response because they cannot yet understand. Emotional fire is waiting for all simultaneously incarnating. It will prove invaluable to you when your Higher Self moves into higher densities.

Emotional Fire II (Special Gold Edition Segment)

In the Gold Edition segment, Emotional Fire I gave you some insights I experienced triggered by the Swan Lake classic recording by Arthur Fiedler and the Boston Pops Orchestra (1963 recording). In this special bonus segment, I will give you even more to consider.

I put this cd on my surround sound system (Feb 03), turned out the light and waited to see if there was anything else I needed to discover from the expertly crafted, one-of-a-kind artistry. In Act IV, track 14 - Final Scene, I was able to experience something that just took my breath away. It contains the musical codes that duplicate the process of the Final Incarnation summoning back all of that Higher Self's incarnational streams! I could see myself standing by the Nexus of Time and manipulating the facets of the crystal. My actions were smooth and quick. I definitely knew what I was doing. The sounds of the orchestra vividly depicted the return of the hundreds and hundreds of energy streams and fading of the incarnational images within the Higher Self as each stream returned to the source.

As the last group returned, the Nexus of Time merged back into the lower portion of the Higher Self, the music significantly changed and I saw the ascent of the Higher Self as shim moved slowly, at first, up and out of phase away from the 3rd density Game and to fantastically new experiences. The musical conclusion of the track coincided with the departure of the Higher Self from 5th density. [Ed.- see Nexus of Time, segment #24]

I was SO taken by this unexpected visual accompaniment to this track and had some powerful reactions to it. I almost didn't listen to the whole cd but strongly felt that I need to listen to all of it. I was richly rewarded beyond what I could have expected! It is no coincidence that this track is titled: Final Scene. It most definitely is. I do suggest that anyone who is trying to connect with their Higher Self use this cd as a meditation technique. You don't need to do anything special with it other than turn off the lights and relax. Let the sound work on you. It really must be this version of Swan Lake. RCA Victrola was the original publisher. It also has BMG Classics on the label. It was placed on cd in

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1988. The ISBN number is 7863-57879-2. If you are meant to have it, you will discover where to get it.

This departure from the 3rd density Game calls for the use of Emotional Fire and the will of the Final Incarnation to merge all incarnational segments back into the real YOU. If you listen to the cd, do it from the start so it can work on you in a measured way. Jumping only to track 14 will not be the same if taken independently. Final Scene, gee, what a night this was for me.

Defining Incarnational Levels

It is necessary for you to have a clearer explanation of the incarnational levels used in these materials. A <u>low level incarnation</u> does NOT mean 'bad' or having a negative connotation. Low level incarnations deal with <u>basic 3rd density experiences</u>. Low levels are <u>totally body-oriented</u>. Some of <u>these</u> experiences include sex, basic physical needs, subsistence levels, fear-based religions, basic polarity functions and 'me' centered. Low levels, while very basic, are necessary to build mid-level experiences on. With <u>progression</u>, low levels are subdued and tailored to fit mid and Advanced level needs.

<u>Mid-level incarnations</u> occur gradually as the Higher Self's needs become more complex and shim desires greater experiences. Mid-levels learn from others, act in groups and look for conformity and traditions. There is fear of treading away from the group, of being 'different'. While religion does move from fear-based to tradition-oriented during the mid-levels. Mid-levels will ignore spirituality for the false, anti-spirituality of religion. Mid-levels remain deaf to who they really are and prefer to give their power away, as in low levels, to non-existent deities and aliens posing as deities. Mid-levels prime concerns are families, work, and genealogies (being their physical body's line). They greatly resist any changes to their routines that do not enhance their false beliefs. They ARE their bodies. Everyone else's opinions have great effect on them.

Mid-levels start their transitions into Advanced levels when belief in religion waivers and the limits of marriage begin to strain on them. They dip their toes into psychic realms. Tarot readings and astrology are 2 of the most popular routes into psychic realms. Once familiar and accepting of these systems and the world of the psychic, the percentage of Advanced begins to cause mid and low levels to decline with that individual Higher Self. The psychic and the spiritual become increasingly interesting to this transitional incarnation and curiosities become greater.

While you will always have a percentage of low and mid level experiences continue through the Final Incarnation, the level tag refers to the AMOUNT of each level in ANY incarnation at any specific time. These can also alter during any incarnation.

They also remain fixed during most low and mid-levels because true progression is for Advanced levels. If you are 98% low and 2% mid, that incarnation is considered low level. If you are 53% mid and 47% low, you are a mid level incarnation. 5% low, 35% mid and 60% Advanced is Advanced level. You can see why it takes hundreds and hundreds of incarnations to proceed from 100% low to Final level. [Ed-See illustrations at the end of the material, for examples.]

An EXAMPLE of a Final Incarnation may be 4% low, 9% mid and 87% Advanced, the Final Incarnation also has a Mission unique to the Plan of that Higher Self which incarnated AND

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Awakened. Once the Final Incarnation has ended, the Final becomes the completed Higher Self and then departs to a higher density as a single, complete being for new, vastly different experiences.

Awakened Finals have no belief in any sort of religion (neither old nor New Age) although they may before their Awakening. The restlessness experienced by a Final in Awakening can send them into deep research on religions/belief systems searching for Truth. Once they realize that NO religion has the Truths necessary to progress, a spirituality emerges that only that person's Higher Self can show to the incarnation. Running with the spiritual thread given by the Higher Self, the incarnation Awakens and looks at the world around shimself with new eyes, seeing the Game for what it is and desiring not to play any of the Game that is not necessary. Power is not given away, but reclaimed.

Finals know the only 'god' is their own Higher Self, the true YOU. Many alien DNA commands weaken and fall, but the spirit still must pass through the filters of the human body. The Higher Self doesn't reach FULL potential until the Final Incarnation has died, thus releasing the Higher Self and permanently freeing shim from the physical. The long journey through 3rd density is over.

The more Advanced the incarnation, the more shim *lives* what shim gleans to be true. Very Advanced incarnations never say, "I know that's true, but can't *live* it because of my family, friends, spouse (or whatever)". This, of course, is the Victim mode. The Very Advanced LIVE what they know as best they can and never take on the victim role with what they know (such as 'my ball & chain just wouldn't understand').

You can move 2 steps forward and 1 step back throughout your incarnational cycle. You can also move 2 steps up and 3 steps back. This is commonly seen in mid-levels who have a furious interest in the occult, then become frightened (due to alien DNA programming)/peer pressures and 'find jesus'. They toss out ALL they've learned from Advanced stages and run back fully into mid-level. This is part of that Higher Self's experiences. They will eventually gain the courage to progress, even if not in that particular incarnation. Even though they chose to retreat, once they've dabbled in the occult/psychic, they WILL advance to learn who they are and act accordingly.

Progression of Incarnations

Low incarnations are those when the spirit is totally body ruled. The Higher Self chooses all genders and sexual orientations for the experiences of just being them. The Higher Self sets very few parameters for these basic incarnations. As with Monroe's incarnations, some of his stated low levels were to be born in the US (early 20th century), as a woman (Africa), and as an aggressive man (warrior). Time, as you can see from this, was of no consequence.

Low incarnations are just this - basic experiences. As basic experiences add to the Higher Self's experience pool, the parameters are increased. No longer is it sufficient JUST to be born in a certain location or gender, the desire is for even more set experiences. Breeding is rampant in low and mid-level incarnations. This is part of the process. Low incarnations are self-oriented and surrender to 3rd density 'higher authorities'. Religion becomes the opiate of the masses during low incarnations due to fears of non-existent, but believed-to-be-existent deities. Polarities (Light & Dark) pull for allegiances here. Low levels tend to be the foot soldiers of polarities.

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<u>Mid-level incarnations</u> become more involved. Society's demands are significant to this level. Conformity sets in. Self-oriented is blended in with society demands. Mid-level is very concerned with others' opinions. Mid-levels seek *conformity*. Religious conformity is continued due to traditions more than blind fear belief. Mid-levels love to say how they keep up religious traditions. Fear of non-existent deities still continues, but more on the surface than deeply held. Even though in twilight years, mid-levels return to religion strongly, it's to hedge bets on what might follow impending incarnational ending. Mid-levels tend to thrive on restrictions and traditions. Many, in this era, long for the 1950's, an illusionary period of *tradition*. Southern states white Americans, however, long for the 1850's!

When the Higher Self tires of the boring routine of mid-level incarnations (this WILL happen as the Higher Self is easily bored), and the spirit strains against the alien DNA commands in the physical body, there is a pull to explore the psychic and other densities. This is far easier to ease into by choosing a series of female incarnations for this transition since the psychic left brain is most active in a female body. The female experiences into the psychic world allow the spirit to RE-familiarize shimself with the REAL you and the REAL worlds of higher densities. After becoming familiar with aspects of the psychic, the Higher Self will insist on using the more powerful male incarnations.

This may start out as gay incarnations since in gay bodies, certain alien DNA commands are shorted out and allow left brain to function equal with right. Once an advanced enough spirit is comfortable, male bodies are incarnated into advanced states.

After this, the Higher Self will choose incarnations for shimself, not based on gender, but on a growing list of parameters. Traditional religions are discarded with advancement. Spiritual religions have their pull - wicca, for example. As the spirit advances, though, shim realizes that NO religion will do as they are all artificial controls that give away power to non-existent gods/goddesses. When this is realized and firmly grasped, the incarnation moves into Very Advanced states.

<u>Dominant incarnations</u> (every Higher Self has 3 or 4 of them) are always Advanced incarnations, usually Very Advanced. The Higher Self sets these incarnations for *specific purposes* to bring certain *traits* into the Final Incarnation. Dominant incarnations have limited access to the Higher Self AND do meet in the Higher Self in order to compose the Final Incarnation. If a Dominant incarnation is very psychic oriented, this incarnation will have much input. With a *minimally* psychic Dominant incarnation, the concern is not so great to that incarnation since shim *knows* what *input* the incarnation *has* that the Final needs and will be given. Dominant incarnations will carefully watch over the Final Incarnation until the Final becomes Awakened to who shim is. Once the Awakening has occurred, the Dominants have finished their *prime* purposes.

<u>Final Incarnations</u> are the "omega" of 3rd density experiences. Finals have total access to all of the Higher Self's incarnations. Remember, ALL incarnations of that individual Higher Self are YOU - Low, mid and Advanced incarnations are all you at <u>different stages</u>. These personalities are never lost. You do grow out of them, however. By the time you've reached Final Incarnation, your thoughts are constantly drawn to what is to come as you know you are wrapping up a LONG process here in 3rd density.

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When the Final incarnation is finished, all incarnations from all time periods are simultaneously ended and their energies are pulled back into the Higher Self. The only one that remains active is the unique Final Incarnation.

Once complete within the Higher Self, the improved, educated, experienced you moves to new experiences and VASTLY new locations. The journey of hundreds and hundreds of incarnations is over, BUT a new journey begins that will make the former one pale in comparison!

This piece has nut-shelled the incarnational transitions. Note that there is MUCH more to the process than I've given you. Note also that your Higher Self decides your Path and plan. You should not judge yourself based on the progress or assumed progress of others. This is not a competition nor a race. Everyone will 'win'. Everyone will succeed. Be happy being you!

A Look At Advanced Levels

(Special Gold Edition Segment)

The more your incarnations develop spiritually, the closer they get to spiraling out of the Game. Low and Mid level traits have been covered in other segments. Much incarnational time is spent in these 2 levels for the basic, Earther experiences needed in other densities. The complex levels and learnings come in the Advanced levels and there are several distinctions to each of them.

Low Advanced levels are those with a curiosity into the spiritual. Note, that is 'spiritual' and not 'religious'. Organized religious conformity belongs to the Low and the Mid levels. The main feature of low Advanced is an active curiosity into topics forbidden by the organized religions of the Low and Mid stages of incarnation. Low Advanced have an interest in psychic related matters and will ask questions about them with genuine interest. What is different about this level and higher Advanced is that this level does not really have any interest in personal development of their psychic talents. They can occasionally visit a tarot reader or astrologer or may not go beyond intellectual curiosity. Low Advanced are continually torn between these developing interests and the deceptions of the Game in regard to belief systems. The low Advanced can identify themselves as a member of any organized religion, but in name only. They rarely, if ever, go to church. They can also identify themselves as atheists. This is part of the restlessness of the spirit and a need for change and progression. Low Advanced is the start of breaking away from the Game and spiraling out of the Game.

There are loosely organized/solitary religions that are part of the upper lower Advanced/lower mid-Advanced levels. Wicca and paganism are the most prominent. These belief systems have psychic development interwoven with their ancient beliefs of respect for nature and their one rule: As long as you don't harm anyone else, including yourself, do what you will. This is a combination step away from all organized religious beliefs, one godder religions that are in place to attempt to keep you away from spiritual development. These levels no longer claim any connection to the Game's organized religions, but yet they are not yet ready to move into higher Advancement that needs no type of religion. These low Advanced religions have strong thrusts into learning predictive methods and developing other psychic talents. While they encourage individuality, they still give away their power to external deities.

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The organized religions of the Low and Mid levels despise these religions. Those who manipulate the masses with organized religions know that these religions lead you away from their false beliefs and assist you in finding your Higher Self. The use of the control word 'sin' is extremely popular by those seeking to control you. A sin is anything that you do that offends the control of the church. Sin, like karma, does not exist except if you believe it. Sin can be thought of as another word for independent experience.

In the <u>Mid-Advanced levels</u>, one decides that they have had enough of the transitory solitary/loosely organized religions. They have served their purpose in your progression. This may take several incarnations, but you are moving forward now and will not be held back. The reason why so many female incarnations exist in the mid-Advanced levels is due to the female physical being more adaptable to learning the basics of psychic development. The incarnating spirits do better in psychic learning in female bodies. There are male incarnations in the mid-Advanced levels as well. These are also more Advanced spirits who will progress from mid to Very Advanced levels in one incarnation in most cases.

When the Higher Self's incarnations have learned what is needed in psychic development via the *female* vehicle, shim is then ready to merge the core learning from the female with the superior creative power of the *male* physical. While there are both males and females in the Very Advanced levels, the male physical is most formidable when occupied by a Very Advanced or Final incarnating spirit. It is a step up to move one's psychic learning into a male body. If you have difficulty with that, you are still body ID'd and see the body as more important than the spirit.

The <u>Very Advanced</u> stages learn psychic talents easily. This is due to them having been successful in learning them in other lives during the mid-Advanced levels. Discovery and reliance on your Higher Self is a characteristic of the Very Advanced level. Some, at this level, are quite adept at the psychic arts. Others choose to have *different experiences*. The Very Advanced levels are where there is a tremendous amount of exploration/discovery in preparation for your Final Incarnation. The discoveries of your Very Advanced are directed, by the Dominant Incarnations, into the Final Incarnation for Awakening.

Observations: The Concept of "Final incarnation" from a Cultural Perspective

When you look at the phrase 'final incarnation' used from the perspective of the less than Very Advanced incarnation, they seem to be referring to a 'linear' incarnation. In THAT respect, EVERYONE alive today IS a 'final' incarnation as this artificial time line will end shortly.

One Light-sider website has members who appear paranoid about whether or not their current incarnation 'is Final or not' (incarnational ego in play), that their moderator, who was exposed to Matrix V material, says he's 'a final incarnation' because "he will have no more incarnations in this time stream". When you are of a linear mentality and when you haven't advanced enough to grasp the higher concepts, you have to grasp straws wherever you can. However, there is a massive difference between the final incarnation in a linear time line and the Awakened Final Incarnation of one's Higher Self.

So, if it makes anyone feel good to say they are a final incarnation, unless you can answer certain specific questions only an Awakened Final could know, you must be referring to the end of linear, 3rd density time. There ARE un-awakened Finals out there in the world, but

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it's up to their Higher Self so trigger that Awakening. IF any of you are in that position, know you can't force the time. If you are a Final, you WILL be Awakened by your Higher Self via your Dominant incarnations. Meanwhile, just enjoy being who you are and making the most out of your incarnational life.

Observations: Higher Self Tests - Pass or Fail ONLY

There are SO many people I know of who like to say how 'advanced' they are in the spiritual sense. They join those who say they are 'final' incarnations just because I talk about them. I've been listening to this hot air ever since I started getting the material ready for Matrix 5. I know a few people in my area (who know I'm The Author) who also claim to be a 'final' and 'very advanced'. (Note, I'm using small case letters on that for a reason).

Enter The Event of 9/11. I've never seen such crash & burn, knees knocking and teeth chattering before FROM these people who use to say how 'final' and 'advanced' they are. It seems almost everything they claim they learned was tossed out of the window. One even has the nerve to say she's still 'so advanced' but lapsed into flag wearing, physical ID and all the trappings of a mid-level. The deception is not to me, but to her.

As I've said before, your Higher Self will see you are placed in situations where you will be tested AS AN INCARNATION as a wake up call. When you say you are something, or are NOT, the truth will be known and then you will have to face that truth.

Here I've been expecting to hear from a couple of these 'final' and 'advanced' people and instead, not a peep out of them. I can hear the knees knocking & teeth chattering from the general areas of where they live. The probable thought being: 'if this came true after he warned it a month ago, what else may come true'.

I knew it was ALL wind from these people long ago. It's EASY to say you are something, but a whole other thing when actions are required to back up the verbal bravado. There are a few who seem to have done quite well with the Event of September 11th. Others have gone into hiding. Don't EVEN ask me who you are. I'm NOT your judge, but my observations are very valid. You are where you are.

Tests given by your Higher Self, as part of the Game progression, are Pass or Fail only. NO in-between. These tests are not for anyone else's evaluation nor anyone else's Higher Self evaluation. They ARE for your Higher Self to evaluate the status of that individual incarnation to determine what else this incarnation may need to experience or realize about shimself.

Those who have passed the first tests of The Event will move on to another level and will be tested again as The Event progresses on. Those who failed the first tests of The Event will have to re-evaluate their own positions on where they are and ARE NOT. If re-evaluation proceeds well, the incarnation can move on to other tests with a better understanding of who they are and, more importantly, who they are NOT.

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Tests & The Higher Self

Your Higher Self will test shim's incarnation for spiritual progression/Advancement. This is to see how the incarnation is faring over the body DNA commands. For the most part, the body has control in Low and Mid-level incarnations. This is for the pure experiences needed to develop.

Once you move/begin to dabble in the lower Advanced levels, your Higher Self will put, what I call, those 'forks in the road' to see which path you will choose within your incarnational Path. Depending on your choice, you can have relatively smooth sailing or be peppered with all kinds of difficulties. If you made a decision and you can't ever seem to get out of the problems (consequences) of that decision, your Higher Self is watching to see if shim's incarnation has the spiritual fortitude to overcome the body's will. When you make the spiritually based decision, rewards await your Advancement.

Your Higher Self allows freedom of choice here as learning experiences. You won't make a choice that will cancel any experience that your Higher Self requires, but there is plenty of latitude in 'other' experiences. The more Advanced you become is due to how you handled decisions for your incarnation. You WILL, for example, have to experience being BOTH polarities. Without those experiences, you won't appreciate Balance.

THERE IS NO WRONG DECISION, as such, BECAUSE you will STILL learn even if you choose the fork in the road peppered with problems. It's just going to take you longer to learn. An incarnation that chooses the problem-laden path can still switch to the other fork. The switch made, in that case, requires a stronger spirit tempered BY the consequences of shim's original decision.

Once you've TRULY learned from your errors or from following your spirit, you will Advance to YOUR next level. The more Advanced you become, the more different the tests become. You can have a test in the Mid-Advanced levels that would have been impossible for a Low Advanced level, but now you're at a level that can handle it BECAUSE you have passed lesser tests in the Low Advanced levels!

Once you've overcome the body command of marriage, any future tests of that would be society-generated and not Higher Self generated. Once you've progressed that far with confidence, you can tell society to 'fuck off'! The more Advanced you get, especially into the Very Advanced levels, the more alone you can feel you are getting. People don't want to be around you because you don't vibrate at their slower rate. I have talked about this in Matrix V.

Now, a Final Incarnation will have different tests specific to a Final. These seem to revolve around the Laws of the Universe. For me, the Law of Allowance has been a common testing. I had a major test of this a couple weeks ago and passed it well.

Why all these tests? To prepare you, who IS your Higher Self, for higher densities. What you learn here will have you ready to function well in these higher densities. You have mastered the 3rd density, especially as an Earther simultaneous Higher Self.

I watched the last 1/2 hour of *Contact* tonight. When Jodie Foster's character gets to the alien planet, she asks the alien what the next step is. Now, her character is dead common Mid level, BUT still an Earther Higher Self. What the alien says is that her journey is but a

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step and they "move slowly" so Earthers will 'have to wait for the next step'. That is SO sequential! He tells her "that's the way we've been doing it for BILLIONS of years". Yeah, and the sequential incarnating Higher Selves will STILL be doing it for BILLIONS of years after the Earther Higher Selves have graduated. THAT should tell you something.

Embrace the tests as events to demonstrate where you are. Your maturity shows through when you show you can alter decisions made in error. You don't fail tests in the way you might think. They are ALL experiences that we learn from. This should give you a lot to think about.

Tests & The Higher Self - Part II

In the original message I stated how the incarnation faces 'forks in the road' of shim's Path. These forks in the road are part of the testing done by that incarnation's Higher Self. These are tests of spiritual progression. Depending on the level of Advancement, the incarnation will choose one of the two forks. Fork examples: should I marry this person or should I not; should I take this job or move across the country; and should I stay in a terrible relationship or end it.

IF the chosen fork indicates spiritual growth (incarnational spirit subdues body ID), the incarnation will progress to new levels.

IF the chosen fork indicates body ID over spirit, the incarnation is peppered with difficulties because of the choice. Body ID choices in Low and Mid level incarnations are expected and required, but once you enter lower Advanced levels, it is time to proceed to spiral out and spirit over body ID.

The constant difficulties are not the end of the matter in the body ID type of choice. The Higher Self WANTS the incarnation to learn and to choose better. These forks are viewed as body ID fork vs. spirit fork, but YOU would have to figure out which one is which when faced with these decisions. This ability to discern these forks for what they are comes during Very Advanced stages.

If the body ID fork is chosen by an incarnation that is expected to spiritually Advance, not only is the incarnate faced with numerous, seemingly unending difficulties due to that choice, but that incarnation's Higher Self will assist the incarnation by presenting alternatives to the present situation with expectations that the spirit will recognize this, subdue the body ID AND change the original choice made.

Once the body ID choice is made, you have consequences (spouse/kids/commitments of whatever sort) and in order to switch to spirit path, you will need considerable strength of spirit to accomplish the change BUT you CAN do it IF you want.

These alternatives may come to you as someone in your life showing you another way to proceed, something you read that wakes you up to your error or even enough pressure on the incarnation that the spirit overwhelms the body ID with 'enough is enough'.

You are NEVER left alone by your Higher Self, who wants you to *only* succeed, but it's succeeding on the progression of spirit that counts. Your Higher Self will continue to nudge you hoping you make the right choice for YOU. The more Advanced you become, the

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stronger the spirit becomes and the more Higher Self driven you become. Subjugation of the body ID by at least 85% is necessary to spiral out, as I discuss in Matrix 5.

Obstacles Caused by Faulty Decisions

I've discussed those life-changing 'forks in the road' that we all come to, several times in our incarnational lives, in other M5 materials. Depending on which of the roads you CHOOSE, a series of experiences and consequences will descend on you.

These major decisions in your life are well marked and can be of a myriad of options.

Here are just a few:

- -Should I get married
- -Should I move in with this person
- -Should I go to college
- -Should I enter the military
- -Should I get a divorce
- -Should I trust in myself
- -Should I accept this job
- -Should I move
- -Should I quit my job
- -Should I

By these choices I DON'T mean simple choices like, 'should I have chicken or steak'. The choices I DO mean will cause your life to take on a new track with all the accompanying experiences.

The more Advanced you become, the more important your decisions will be. It MAY be necessary, for example, to go to college or to join the military because you will meet someone critical to your Path. BUT, if you decide not to do something, other experiences and consequences will be attracted to you.

So, how do you know if you made the right choice FOR YOU? If you did, most of your experiences will be of a growing nature and obstacles/negative events will not plague you. I am simplifying this, but if you're here, you should understand what I mean. As I said elsewhere, your Higher Self allows the incarnation to make decisions/choices that do not halt or permanently disable the Plan of experiences your Higher Self requires via that incarnation.

If you made a choice that doesn't suit your main Path, you are peppered with problem/difficulty after problem/difficulty. These can be put to you BY your Higher Self who is attempting to get you to change your life. IF you have Advanced enough spiritually, you will recognize you should be elsewhere/doing something else, etc and make a new decision/choice having learned some valuable lessons from the error. Was the choice wrong for you? Yes AND no. Yes because it was a difficult, cyclical experience that you have had before and DO NOT NEED TO CONTINUE IN EXPERIENCE ANY LONGER. No, if you CHOOSE to stay in this type of loop, giving the body control over the spirit. If you can break the experiential loop, the spirit exerts control over the body. I'm talking mid-Advanced progression levels here.

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If you are a low or a mid level incarnation, experiential loops are necessary for experiences and spiritual growth. It's in the Advanced stages that you start breaking these loops. The more Advanced you are, the more loops you conclude your ride on and, hence the fewer loops you will have remaining as you progress in the Very Advanced stages.

So, you've made a decision that is loaded with heavy consequences, numerous problems and you are at a level where you enjoy Matrix 5. That makes you somewhere in the Advanced levels of progression. It is very likely that YOUR Higher Self is peppering you with problems (the ass kick) to try and get you to do something about a situation that you've OUTGROWN and will RETARD your progression in this incarnation.

You have to take these things up with your Higher Self. I'm asked for my opinions on various situations and I give them with the intention that the person can save a LOT of misery. Almost always my advice to these people is totally ignored. They always come back with different versions of 'you were right'. Now, that's ok IF they learn from the experience, make NEW decisions and end the cycle. It tells me they needed the pain to break the experiential cycle. What gets me is when they realize the decision is in error but refuse to break the cycle. They seem to have become addicted to the experiential loop and become the masochist to the sadistic experience.

If they respond with, "I had no choice" or any variation of that, they have not progressed enough to see through that lame excuse. Water the root of the problem with your tears of self pity, as I've said before as well.

Examine your difficult life situations. If they are burdening you with constant problems, break the cycle and take a different fork in YOUR road. Suffering is a Light-sider belief. If you are in a comfortable situation, don't become complacent for progression thrives on changes and I guarantee they will come. Your Higher Self will present you with new forks in the road which indicate it's time for something new. DON'T overanalyze the forks in the road. I remember when I said I was going to relocate here, there & everywhere except one location, yet when I graduated college it was that one location that I wound up in. My Higher Self saw to it and I didn't try to analyze or pro/con the choice. I just did it. If I hadn't made that MAJOR decision, I would not be where I am today. However Final Incarnations are in a class all by themselves.

Once again I counsel you to hobnob with your Higher Self, the real you. Go with the flows and throw off heavily hard experiences.

Break that loop!

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Obstacles Caused by Faulty Decisions: Part II

In this segment, I will give you some examples of correct fork-in-your-path decisions.

This example is common to EVERY Higher Self incarnation SEVERAL times in your TOTAL incarnational cycle: 'the happy marriage'. These are the all-too-rare today marriages of 2 people that 'remain happy with each other for the entire marriage' (till death do we part stuff). They have some kids who are a credit to their incarnational level. It's the Ozzie & Harriet type of situation of the early half of the last century. You have (out of your hundreds & hundreds of incarnations) numerous versions of this as part of your progression cycle and it fits the area/time period you are in. This is common in the low and mid level incarnations. You basically obey your Orion DNA commands to breed and your Higher Self has much to learn from the experiences here. This is correct for you AT THIS TIME in your Path.

Once you've remained in this loop numerous times, it becomes comfortable and the spirit will begin to break the cycle. Incarnations become (usually unconsciously) bored with this mold of conformity and problems start, due to progression and straining to grow in the spirit. The search for the 'ideal' marriage of other incarnations, after you have outgrown the spiritual need for this bondage, results in divorces and multiple marriages. Other problems occur as bitter fruits of the dead incarnational experiential loop - sneaking around with others, escapist tendencies, power plays between partners and so on. You CANNOT go backward. You MUST progress.

These problems will continue AND increase until the spirit learns to overpower the body's DNA commands for marriage and breeding to serve the alien overlords. Breaking the experiential loop needs courage and will, as it very well may be difficult. IF you are true to yourself, you do alter your path regardless of the multitude of controls/power plays the partner (ball & chain) will attempt to use to hold you back. Love does NOT mean control. IF both partners are ready to advance, the divorce will be amicable. IF one is moving ahead spiritually and the other is stuck in their own loop not ready to move on, then you must fight for your soul. You WILL win and you will learn powerful lessons if your spirit has decided 'enough is enough'. The sad part is that when someone breaks this pattern, the loop is not totally broken until the incarnation demonstrates that shim does not need to repeat the cycle by finding a new opposite gender, which will bring other problems and the loop continues.

In Advanced levels, the need to be in the company of like-minded people increases with the rate of Advancement. In the VERY Advanced levels, you have little tolerance to be surrounded by anyone not moving similarly to you and sex (with others) for sex alone loses its luster rapidly. Nearing the end of the Earther incarnational cycle, you shun marriage but MAY decide to live with someone who is moving similarly as you are. What happens in the Final Incarnation (Awakened) will be made known to you when you reach that stage in whatever 'time period' YOUR Final Incarnation is residing.

Other examples of experiential loops that must be experienced AND be broken are: religion, patriotism, nationalism, genderism, Lightsider clinging, Darksider clinging, racism and many more. These messages give you many things to consider as to how they may touch YOUR incarnational life.

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The Nexus of Time (Special Gold Edition Segment)

While watching television, my Higher Self decided it was time for me to receive a rote (bundle of information) while I was watching an interesting program. You just never know when or where your Higher Self may endow you with information. I instantly stopped watching TV and was wrapped up in the informational rote that came with full detail and color. After receiving it, I knew far more about this subject than I did previously.

The information deals with the multi-faceted orb on the pedestal-like device inside a Higher Self undergoing the Game experience. This includes ANY Higher Self in the Game. Refer to the cover of Matrix 5. Look within the Higher Self diagram and see the orb on the pedestal. This is what my informational rote describes in more detail than I knew before.

When the artist rendered his excellent artwork for Matrix 5's cover, it was as best as could be at the time. It is not completely accurate. The orb/pedestal in the Higher Self is not as tall as it looks. The pedestal is actually short. You could stand next to the orb and it would only be chest high on a 6' tall person. The orb itself is quite large and has a facet on it for each of your Higher Self's incarnations in 3rd density. Since I've had over 1600 incarnations, there are over 1600 facets on my Higher Self's orb.

As I've said in previous segments, English is a very poor language to describe many things I've experiences and seen. The orb/pedestal is another that English does not have the proper words for. For lack of anything better, I was told the orb/pedestal is referred to as the "Nexus of Time". Time does not exist as we know it in 3rd density, but there isn't a proper word to use in its place for this, so Nexus of Time will do.

The orb is the connector for the Higher Self to extend shimself into whatever 'time period' that the Higher Self desires to incarnate. The orb is the link to each incarnation and directs incoming experiences/information to the Higher Self's memory. A Final Incarnation is given, when ready/necessary, the information concerning that Higher Self's orb and the instruction needed to operate it properly. I now know this and, I must say, that I've always known it since my Higher Self is me. The information is now in my conscious mind. I can't say why I needed to know that now, but I do.

Each orb facet is created by the Higher Self's energy. The energy stream originates from the Higher Self and forms a Y shape at the base of the pedestal. One arm of the Y energy moves up the pedestal and forms one facet of the orb. The other arm of the Y extends into the physical body of the incarnation. This arm moves under the bottom of the Higher Self until the energy finds the correct vibration portal to enter a particular "time period". When this portal is reached, the energy streams downward from the Higher Self, as per the Matrix 5 cover artwork. The Y energy shapes build up in the pedestal, one Y on top of another Y. These form the pedestal itself.

If you saw your Higher Self from *below*, but still on the same density as the Higher Self resides, you would see how complex and organized the energy streams are when they emanate from the central base of the Higher Self. The artwork, although wonderful, cannot really show all the wonders in appearance of the Real You.

When that Higher Self's Final Incarnation has completed the 3rd density experience, the Final, from within the Higher Self, summons back all the other incarnations. This is

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reflected in those incarnations' time of death and post-death astral experiences. The Final Incarnation will use the orb to pull in all the incarnational streams in a smooth, easily accomplished set of moves. Each energy stream will move back up through the time frequency portal back to the Higher Self. As the energy streams return, the Y energy form for each incarnation pulls back into the Higher Self and the facet is no longer there. Once all the incarnations have returned, the orb/pedestal is no longer there, the purpose for them having been completed. The energy streams below the Higher Self are, obviously, no longer there.

When this is complete, the Final Incarnation merges with the Higher Self and becomes the complete Higher Self with all memories/experiences for ALL shim's incarnation complete. At this moment, the Higher Self becomes You and You advance to the next stage of your progression. You will know what to do and where You can go. You will advance to a vastly new level and form another Higher Self for other experiences that I won't cover here.

This is quite Advanced material in this segment. If you cannot handle it, don't be concerned, for at some 'time' your Final incarnation will find the information invaluable. Just by reading this, and other Matrix 5 segments, you have added the information to your own Higher Self's memories. What is coming for each Higher Self is amazing. Just wait until you see.

Dominants & the Final Incarnation

(Special Gold Edition Segment)

The Final Incarnation, as I've written in previous segments, is the central incarnation of each Higher Self's simultaneous experience. This is the culmination of all 3rd density Game play. The Dominant Incarnations are 3 or 4 very significant incarnations for that Higher Self. These incarnations distinguish themselves on their chosen path. They are connected with the breaking of major experiential loops, such as religion.

The personalities of the Dominants are wide and varied. There is no standard in that area. When I was introduced to 2 of mine, one is extremely psychic while another is not at all. The psychic Dominant is very formal and no nonsense. She occupies a Chinese physical of hundreds of years ago and is basically a 'lady in waiting' to the Empress. When I went to China in 2002, I was able to learn more about some of her facets independently of asking her. There is no doubt that she is the dominant of the Dominants with my Higher Self.

The other one of the 2 is a lot of fun, existing in mid-19th century England. She listened while my Chinese Dominant spoke to me then said with a big smile, "Yeah, you got your psychic abilities from her but you got your joy out of life from me". This incarnation is married with 3 children. I visited her home, saw her husband and children. On the surface, it seems like a very average/common life for the time and location. This is her setting. Her reason for being a Dominant is something else.

My 3 Dominants (I will not discuss the 3rd one here) met within our Higher Self and decided what traits would be necessary for the Final (me). As with all Finals, significant traits of each Dominant are instilled in the Final. I've mentioned two traits, but one that my Chinese Dominant insisted upon was all the information dealing with females. The English Dominant agreed. They did not want the Final to fall for the manipulations that they knew females in my time period would excel in. They also chose my time and place of birth using what was astrologically appropriate for my position of Final. There are other

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considerations, but due to the Dominants needing to be at a certain stage of their own incarnations before they create the Final, the Final Incarnation is, at first, slightly out of phase with the other simultaneous incarnations of that Higher Self.

Once the Dominants have agreed on the composition of the Final and the energy is placed in the Nexus of Time, the Final begins and the phase difference is ended. The Final is now part of the simultaneous path.

Your Dominants are the 'guides' of the Final Incarnation until the Final is Awakened. They will see that no one on any density will inhibit the Final from Awakening even if it calls for direct intervention. There are certain rules of the Game that apply ONLY to Final Incarnations, a pre-award for reaching personal EndGame. A shaman, who I later learned was Darkside, tried to remove an 'implant' that he saw in me. Neither he nor I knew at the time that this was a special connection from me to my Dominants. He said that each time he reached for it that some 'glowing figures' kept him away from it by relocating it.

Once I met my Dominants during a Monroe Institute program, my Awakening had moved into the latter stages. This is when I told my story to Bob Monroe and he said, "Not only are you correct but I know who you are". He never did explain further and he left me standing there, silent. My Dominants were available for advising at first, but now they defer to me in my position as Final.

Each Higher Self's Dominants will be unique to that Higher Self. My story should be looked at as an example and only an example. Remember, each path is unique and individual. Consult with your Higher Self for information on YOU.

Dominant & Final Incarnations & Experiential Loops

(Special Gold Edition Segment)

The subject of experiential loops has been covered in other segments, but there is one more issue about them that I want to share with the readers of Matrix 5. Overcoming most of these loops is the goal of each Higher Self via the incarnations that shim chooses. The loops are part of the Game and part of the flaws of being in a 3rd density body. Most loops are experiences and once your spirit has decided that 'enough is enough', you strive to discard them through the several Advanced stages of your path.

There are many major and minor experiential loops. Some of the major loops include: religion and the massive amount of minor sub-loops of religion, body identity, sexual identities, living for others whims, destructive habits (drugs, alcohol, smoking, etc), nationality and so on. Some of the minor loops are: following popular trends (what to wear, say/not say,etc), huge amounts of following the dictates of others and giving away of your power in repetitive, minor ways when you really don't wish to. Each of these is open to individual interpretation according to the needs/requirements of YOUR Higher Self.

Religion has always been a particularly nasty loop. It isn't until the Advanced stages where your spirit has had experiences enough to make shim strain under the artificial bonds/demands created by a non-existent god (aliens) and those who desire to keep you under control. The start of breaking this loop usually starts with restlessness and examining the beliefs of that religion, then a search for a belief system that makes you feel more comfortable. This restlessness will last for many lives until you finally recognize that ALL

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religion is a lie. This usually occurs in the upper-mid Advanced or lower Very Advanced stages. It is successful in your Dominant Incarnations and part of the reason why they are your Dominants.

Now here is a bit of information that I found most interesting - the Final Incarnation, when the Awakening begins for shim, can experience religion from being very orthodox when young to the Awakening of who shim really is, all in the space of part of that single lifetime. This occurs when the Dominants want their Final to briefly experience religion in all its stages. While it can seem frustrating immediately after the fact, 'why did I have to waste those years with the mormons (or baptists, buddhists, muslims, wiccans, etc)?' is the initial question. Rest assured that there definitely IS a reason which will become clear as the Awakening progresses.

The breaking of the religious major loop has already occurred but the Dominants decided that it was very important for their Final to have personal, current time experience(s) so that the Final's observational abilities will be far sharper in certain vital areas. This, again, is decided by each individual Higher Self's Dominant Incarnations. The experiences that other Higher Selves choose may well be significantly different.

With my Final Incarnation, drugs, alcohol and smoking were never issues. These loops were broken by me in other incarnations. This experiential group is a proven interference in spiritual growth/development. While I can have a drink or glass of wine, that would be it. I have never been drunk in this incarnation nor have ever seen the need for it, BUT the things I have observed in those still stuck in that loop are noted.

Don't think of what I just said as anything but an observation on my part. If these are still your loops, that is where you are. You will eventually move beyond them, even if not in this incarnation. While it is not necessary for you to have overcome all loops by your Final Incarnations departure, there are several key loops that absolutely must be broken for one to succeed in the Game. Religion is a major one. Body ID is another. Substance dependency is another. The first one denies who you really are and has you give away your power. The second one also denies who you really are by making you accept the lie that you are your body. The third one wraps your spirit in chains and can place you in a Neptunian fog of stagnation hoping that this will keep you away from knowing who your really are. [Ed.- See also segment Drugs and The Game for more on this.]

There are more major loops, but you need to go within yourself and discover what they are for you. If you find a loop had been relatively easy to overcome in your current incarnation or you have no desire to participate in that loop now, it is because the hardest work in overcoming them has already been performed by you in other incarnations. You now reap the reward for your trials in other times.

You cannot have all loops overcome because you still have a physical body. This is why around 85% overcoming is very good by Final Incarnation's conclusion. You will have broken all major loops by then. Your Dominants will assist your Final Incarnation and guide your steps through Awakening. Trust in yourself is something I've been saying over and over throughout Matrix 5. It is only when you do this can you find and follow the Rocky Road.

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Awakening, Anxiety & DNA Commands

(Special Gold Edition Segment)

When you are first getting up after a long night's sleep, it usually takes a person a while to become fully awake. The same is true for someone in the Advanced stages of progression. It takes a while to become Awakened. It is not until your Final Incarnation that is it possible to be totally Awakened. This is by design and is something all simultaneous Higher Selves are working toward.

While you are in the long Awakening process, you will find yourself in conflict with your body's DNA commands. 'Yourself' refers to your spirit. Depending on how Advanced you are, your control over the physical is demonstrated. I am very aware that many of the topics I have written about in the Matrix 5 materials have made most people (to varying degrees) nervous and unsettled. GOOD! These feelings are caused BY your body's DNA command structure as it senses you are moving contrary to how the body's alien masters have instructed. Here are a few of the topics that will cause unease in the not-yet-Awakened:

*Females - The current thrust by American and other Western females for domination over males is Orion Empire instigated. This is like a cat wanting to become a dog, a tree wanting to become a fish and so on. The purpose of the female gender (from the simultaneous point of view) was to have a totally different experience than the male, not to have an equal experience. This 'same experience' idea is sequentially incarnating trait and seeks to undo the simultaneously incarnating path. The current female problem is one of the most serious threats to the simultaneously incarnating path on Earth today. On the other hand, it is one of the most important features of the Orion Empire and the sequentials' objective in the Game. It is vital to be aware of this problem and understand what is behind it. You cannot escape the Game and graduate to higher matters until you are aware of this problem and your body has overcome the alien DNA commands to 'serve the female'. Anyone who is uncomfortable with this topic is still struggling with their body's control. That is YOUR problem to work out. This is a powerful control and may not be overcome until your Awakened Final Incarnation.

*The concepts that 'good' is not necessarily 'good' and 'evil' is not necessarily 'evil'. The polarity bullshit is either one or the other with both opposites considering themselves 'good' and the other as 'evil'. The American government has been a 'war criminal government' in the Iraq situation since the early 90's when the American ambassador gave Iraq the ok to invade Kuwait, then the American government turned on them for doing what they ok'd. America is becoming a fascist state. America calls itself 'good'. It is not. 'Good' and 'evil' are relative terms. They are not absolute. Overcoming the deception of the polarities is another major goal of the spirit in order to escape from the Game and move into higher realms. If you cannot see the players for what they are AND continue to buy into their deceptions, you are not yet Awakened. America is currently a major evil in the world today.

*Religion is another alien control device to inhibit spiritual growth. ALL organized religions have aliens sneaking around somewhere to attempt to derail simultaneously incarnating Higher Selves. Religion is another major incarnational event for the spirit to overcome. Religion steals your power away and demands you surrender your power to it. The abandoning of religion is yet another goal of the Awakening incarnation.

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These 3 are just some examples of what must be overcome to depart the Game and win successfully. Do they make you uncomfortable but yet you still want to know more? The uncomfortable feeling is your DNA commands to obey. The desire to know more is your spirit calling. This is YOUR internal battle and one only you can win. The good news is that you eventually will win with your Awakened Final Incarnation.

Questions and The Game

While I have written much on a lot of Game topics in the Matrix 5 materials, you may find it interesting to take it one step further by asking questions, not only of other's you are comfortable with, but also of *yourself* (if the question applies). By doing this, you can gauge, to a certain extent, what your participation in the Game is with these issues. These questions encompass basic low incarnations on up.

Consider:

*Why do you feel that you have to/had to get married? This is a good question to see if THEY understand why they do this. I've found that responses heavily favor other people's expectations/controls/conformity. Follow up: why marriage and not just living together? The answer is body ID controls, hence Orion Empire and alien genetic scientists. It's definitely not a spirit thing as marriage is non-existent outside of 3rd density. I talked with one man who said he didn't want to get married but his family "expects" it of him. I said he was conforming. He said he knows it, isn't happy with it, but will do it. Mid-level incarnate.

*Why do you feel that you have to be romantically/sexually linked to the opposite gender? Make them think about this. Everyone who engages in this activity does it because they're expected to. It used to be drilled into everyone that this is "normal". It's what "everyone" does. Again, others' expectations/controls/conformity. If it's a spirit based attraction, the physical shouldn't matter. The controls of body are physical controls. Sex is the top of that heap. I warned one man, from his horoscope, that his marriage to this woman was going to be hell on Earth. He got mad and said, "If I don't marry this one, I'll marry someone else, but I will get married." I could hear the applause from Mintaka. By the way, I was right with this guy - both he and her are miserable with each other.

*Why do you feel that you have to have children? The alien DNA command 'want sex' is one of the commands in this area. The 'have sex' command is not for fun but rather is strongly under the control of it's twin DNA command to 'have sex to produce children'. This is the command from the alien throne. This second command has weakened considerably over the years, as one can see in today's environment compared to just 100 years ago. This is due to the immense energy field of Earther Higher Self incarnates.

The weakening DNA command structure is partially behind the return of the Orion Empire, as I have stated in earlier segments. Hence all the religious prohibitions in regard to sex. We all have to go through this major phase in progression and it's part of low and mid level incarnations. When you get into Advanced stages, ask why do you feel you have to have children when the world has far too many people on it already (and you'll most likely bring in another minion these days)? Don't expect them to give you an answer that makes sense. Most likely they'll just get flustered as the body has no valid responses for this other than conformity-related, stock phrases.

*Ok, you did the marriage thing once, why do you feel you need to keep repeating the cycle?

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This is a real kicker. It's the experiential loop in full force. The 'marriage of the moment' so popular in Hollywood and mimicked by countless other people. The huzband of the month club so popular with many gays. Why don't they work? They are sex based, first of all. When the sex gets routine, it gets boring. Unless two people are moving in similar directions, it won't work. Those involved are looking in the wrong places for internal, spiritual restlessness. Restlessness that shows itself in physical frustrations. The spirit must exert shimself, through maturity, to break this experiential loop.

*Why do you stay with that person when you are both so miserable? This, again, is the experiential loop with a heavy dose of self-doubt and lack of self-reliance/esteem. The weak woman wails, 'who will take care of me'. Geez, talk about an incarnational dead end. Take care of yourself. Minions love to use this phrase a lot, especially if they had lives as cows, chickens and other barnyard animals where someone always took care of them. Control/conformity issues again fit in. To progress you have to take a personal leap of faith. Faith in yourself, your Higher Self! The minion incarnation will eventually return to the good, old barnyard.

*Why do you dislike other races (fill in the blank for this depending on who you're talking with/about)? Dislike of other races is body ID and was placed in there by alien genetic scientists. Remember, in previous segments I wrote how other aliens meddled with Earthers after the Orion/Sirian genetic scientists did their thing. When these aliens tampered with their interest areas of the globe, they instilled their dislikes of other alien groups to those Earthers. These dislikes are heightened due to reptilian features of the Earther human brain. When the spirit has matured enough to override the body in this area, you learn to judge people by WHO they are and not WHAT body they occupy at the moment. The mid-Advanced and higher have no time for people who are at the stages where the body is in such control. Yes, we all go through this stage in earlier incarnations, but just because we were in second grade once doesn't mean we hang out with second graders after we are well beyond that stage. What is really non-spiritual is a comment like: she can't be a fung-shui professional because she's not Asian or he can't be a real shaman because he isn't Native American. Undoubtedly this person, in another frequency incarnation, is this race or that race where specialty trainings exist. This is carried through into other incarnations in the mid-Advanced stages and above. Talk about a dim comment I was told: I asked a Native American traditional about reincarnation and if someone, non-Native American, knew he/she had lives as, say Lakota or Cherokee (or whatever tribe). His response was 'if that was so, how come he/she is not one today?'. That response is typical of a sequential incarnation. The sequential incarnates DO incarnate that way. Ah ha!

*Why do you do what everybody else does in (whatever) matter? This is a big conformity/please others issue that low and mid levels love to wallow in. This is body ID. The Empire demands conformity. It's those damned Advanced spirits that throw sand in the engine of the Empire. They are forever challenging conformity and questioning obedience to the will of the Empire. The often used, CONFORMITY demanding question of: 'if everyone jumped off a bridge (or something similar), would you?'. This is an attempt to bring you back into line. Both Lightsiders and Darksiders use this, but Lightsiders do it with relish. This is meant to keep one from straying out of the box of imposed rules. You cannot Advance as long as you stay in the box.

These are just a few questions you can make with the information I've given you about the Game. You can compose many more. It's good to ask them, with people you are comfortable with. It gets them to think and self-examine. Most likely they will be flustered by the

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question and want to give a standard, Empire approved response. However it will register with their spirit and may also get them thinking about why. You just might be pointing them to an escape hatch. Not opening it for them, for they can only do that themselves. Remember not to be obnoxious with these kinds of questions either. Don't be a missionary. You can't save anyone else but yourself. With that in mind, have an interesting time, but start with questioning yourself first.

Observations: The Higher Self and What No One Can Do For You

There are people out there who are now claiming that they can speak for someone else's Higher Self. NO ONE CAN SPEAK FOR ANYONE ELSE'S HIGHER SELF. Your Higher Self does interact with other incarnations throughout the incarnational experience. Higher Selves do communicate with each other on the density level they occupy. However anyone who sets themselves up as a 'channel for other people's Higher Selves' is not valid. They are being manipulated by lower astral entities.

Another thing to consider is people who look for external sources for contacting their Higher Selves. One of the main themes of Matrix 5 is to go within and reject external power takers. If your current incarnation believes shim cannot contact shim's Higher Self, that person will never contact the Higher Self by asking another to do it for shim. This is also another indication of someone not being satisfied with where they are in their progression.

Actually your Higher Self DOES communicate with the incarnation and watches over each incarnation's development. This is your TRUE guardian, not some mythical 'angels'.

When I first Awoke, I tried to take 2 different people to their Higher Selves. I was only able to take them to the entry into their Higher Self when, in both cases, I saw they had their 'eyes' closed and were acting like sleepwalkers. I discovered that these incarnations were NOT permitted to have this ability at that time. Both were totally unaware of the experience (eyes closed). You cannot force Advancement. Only Dominant and Final Incarnations can have access INSIDE the Higher Self, although various Advanced incarnations may be able to see Higher Selves from without.

Remember, even if the incarnation reading this cannot access their Higher Self from within, YOU HAVE INCARNATIONS IN OTHER TIME PERIODS THAT DO.

Don't give away your power to those who say they can talk for YOUR Higher Self. It's a trap and a waste even if it's free. The drug pusher gives you your first fix for free too. The lure here is to keep coming back to this person (no matter how well meaning the person is) for more 'advice'. I can't talk for anyone else's Higher Self. All I can share with you is my experiences and discoveries which you are free to dismiss or accept, which is of no concern to me, but be on guard for those who are setting a snare for you by saying they can channel your Higher Self.

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Guides and the Higher Self

In chapter 12 of Monroe's *Ultimate Journey*, he talks about the conversation he had WITHIN himself with his Higher Self and combined *other* incarnations. They come right out and tell him that 'they' watch over him and assist him. This is also what I've discovered. The 'guides' and 'angels' that we all hear so much about are really different aspects of your Higher Self and NOT strangers who suddenly 'decide' to hang around you. That strangers would do that never made sense to me. Don't they have anything better to do? Yet, our Higher Selves have a distinct interest in seeing how each incarnation develops and progresses, from the earliest on to the dominant one. This means, of course, your Higher Self is ALWAYS with you, is ALWAYS available for you to consult with and will NEVER leave you! It directs the re-channeling of fears and absorbs/processes information and emotions.

There is FAR more to this, but each person has to develop to the stage where he or she is able to access the Higher Self at will. Monroe told my group how to connect to the Higher Self. I was the only one who tried and succeeded. No one else even bothered to try! If you knew what I knew, you'd know why I laugh at troubles and fears, hope the Earth flips or the aliens invade. IT DOESN'T MATTER! When I do soul retrievals and tell people about their 'guide', this 'guide' is really an extension of their Higher Self. I know of no other shaman who would tell you this. As far as I know, they all think it's "some wandering spirit with no life in the astral"! Ah, well ... I hope this makes you think!

The Phrase "In my last incarnation"

As I wrote a while back, Higher Selves incarnating on Earth have simultaneous incarnations while those Higher Selves who choose to incarnate on other planets have sequential incarnations. Simultaneous incarnations occur in all frequencies (time periods) that the individual Higher Self desires experiences and growth. These experiences and memories flood into the Higher Self and are needed, in varying degrees, by Advanced, Dominant and, especially, Final Incarnations.

The main idea of this brief writing is connected to the often heard phrase: "in my last incarnation...". Since all Earth human incarnations are simultaneous, how can you accurately refer to your 'last incarnation'? What is tagged as your previous incarnation is actually the incarnation in closest frequency (time period) to your own. I've spoken to a few who were born after World War II, for example, but have strong intuitive ties to the War period as different players on that stage. Another example is a man born in the 50's but has strong ties to the American Civil War. For him it's the incarnation closest in frequency to his current incarnation, hence it is his 'last incarnation' in a manner of speaking.

This 'closest' incarnation does not reflect on the stage of advancement of your current incarnation. You could be a Dominant, but the closest incarnation may be of mid, low or any other level than your current incarnation. It is not necessary for you to place a 'value judgment' on your 'closest' incarnation. It has a part to play in your journey and is, after all, you.

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Higher Self Individuality

You all have seen the cover of Matrix 5 and the appearance of the Higher Selves. Each Higher Self has hundreds and hundreds of incarnations simultaneously, but they (on that higher density) all appear the same when you look at the artwork. Just as each incarnation is individual for that Higher Self, so is each Higher Self different from all others. The massive amounts of *experiences* pouring into each of these immortal beings alters their vibrations. It is by these vibrations that each Higher Self forms into a *unique personage*. These vibrations are easily distinguishable by other Higher Selves. So, while they may look the same by the cover art, they are anything but the same.

This enhancement continues throughout your Higher Selves' progressions. At the conclusion of a Higher Self's Final Incarnation on 3rd density Earth, all the energy strands (incarnations) are reintegrated into that Higher Self and shim moves on to bigger and better experiences. The vibration that Higher Self now has includes the rare and special vibration of Earther 'graduate'.

Shim has the perfect ability of recognizing others as the individuals they are, even though that ability does not translate well in the incarnations due to the alien flaws. Each individual incarnation & that incarnation's experiences add to the overall nature of that Higher Self. This can all seem a bit complicated to you, but be assured that it will all be obvious to you when you are ready in your Final Incarnation.

Be Satisfied Being You - Incarnational Levels

Since I discovered, at the Monroe Institute, that I am in my Final incarnation, everyone I've told that to is suddenly "in their Final incarnation", typical of the "follow-the-leader" American fashion. Because of that trend, I will describe Dominant, Final and other incarnations to you to help you understand the differences, at least to a certain degree.

I've had over 1600 incarnations. All but 4 of them were basic (low, mid-level and advanced) incarnations, both Light and Dark, gaining Earth experiences and storing them in my Higher Self. These other incarnations can be from super basic early incarnations up to advanced incarnations with specialty areas. Only you can discover how many incarnations you have had, because only you can access your Higher Self consciously.

Somewhere in the incarnation experience, my Higher Self decided it was time for a Dominant incarnation. You can have 2 or 3 of these. These go beyond the Advanced incarnations, being a blend of several points of past incarnation to form an individual Dominant. One of my Dominants dealt with psychic ability and development. One other dealt with a sense of humor needed for Higher Realms. My other Dominant I will say nothing about. Only you can discover your Dominant incarnations. They will interact with you within your Higher Self.

Your Final incarnation is a blend of all your Dominant incarnations plus a fair amount of 'spice' from your other incarnations. While you may be born knowing you are the Final incarnation (on 3rd density Earth), it is almost guaranteed to be suppressed by family and society until you rediscover it later in life. Dominant incarnations are unique to you and have abilities of discernment not present in any other kind of incarnation. Dominant incarnations, once consciously recognized as such, have control over the physical's DNA

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flaws installed by the meddlers. For example, an awakened, knowing Final incarnation does NOT say, "I need/have to have (the opposite gender)." Dominant incarnations can live together in male/female relationships.

Final incarnations know the destructive energies in the opposite gender placed there by the meddlers. Final incarnations will not allow themselves to be surrounded continually by these vibrations. Yes, you can be in Final in either gender, but you recognize the flaws of the physical and willingly adapt to them to serve the spirit. This is why in the chaos, I will not allow any females to be in my group nor any male who 'needs' a woman. You have to find your own groups. Once you reach Final incarnation, you'll understand why.

This has NOTHING to do with physical sex. The Dominant incarnation, once aware, does not bed hop, but understands the real meaning of sex as energy transfer and an assist to growth of the other spirit. Even though gays/lesbians don't have the flaw of heterosexuality, they misuse the physical blessing by "searching for the right person", not knowing or wanting to know that their physical makes it easier for the spirit to express itself. BUT if the spirit is not advanced enough, it will use the physical in these cases strictly for pleasure experiences, but still remain unsettled.

Once the Final incarnation is aware of its nature, even though it doesn't necessarily know its purpose, things change. This is described, to a certain degree, in The Handbook Vol. 1 & 2. The desire for sex alone is suppressed and the need "to be with someone who vibrates to your spirit or close to it" becomes far more important. You know the folly of control (marriage) and related issues. You eventually know that the opposite gender physical is destructive to you your purpose. (You won't understand why UNTIL you're in a Final incarnation AND have progressed enough to handle it).

A Final incarnation can get married before awakening, however once awakened will realize the error of it and why it is an error. BUT, as I told one who has come to this point, it was an experience. Now you know it, as long as you don't get caught up in that cycle, you'll spiral out and away to higher matters. A Final incarnation can start out as a christian, wiccan, muslim or whatever, but is unsettled by the limitations as the spirit tries to awaken. Final incarnations, when learning there is an escape, do not go back. They can still have flaws to work on: victimhood, smoking, alcohol or whatever, but they know they have to work on it AND take steps to correct it.

A Final incarnation will not be exposed to the Higher material and shun it to follow a lower path. For example, one man I know was exposed to a fair amount of higher, but he turned against it to marry some female he had nothing in common with. Even if he had lots in common with, if he were a Final incarnation, it wouldn't have happened. He may be a Dominant incarnation or an Advanced, but not a Final.

That gives you some idea of levels of incarnation. Now to my real point: Be happy with who and what you are, whether Advanced or Dominant incarnation. There is a purpose and reason you are getting material I share here. Lower and mid-level incarnations will not be bothered with it. Dominant incarnations can absorb parts of it in preparation for contributing to your Final incarnation. So, you're married. That's your experience, and make the most of it. It doesn't mean it's "wrong" for you. We've ALL had to go through that 'curse' many times in different roles. It's where you are today. My advice and comments give you something to consider. I will not try to 'convince' you of anything. Final

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incarnations KNOW. I will not try to 'argue' any point. If you don't like it, forget it. That's fine with me.

Final incarnation information here represents points for consideration — you find out for yourself if it's comfortable with you, so PLEASE be happy with your status. You wouldn't get this type of info unless you were an Advanced, a Dominant or a Final incarnation. One thing about Finals too, we generate new information, new to this level.

Incarnating Paths and Higher Self Individuality (Special Gold Edition Segment)

In earlier Matrix 5 segments, the wide variety of experiences and the individual nature of each Higher Self has been mentioned. This cannot be emphasized enough. Conformity is a hallmark of the sequentially incarnating Higher Selves. It is an anathema to the simultaneously incarnating Higher Selves.

Alien planets progress as a unit. The aliens have admitted this to their contactees in many instances. The aliens are all close to being at the same level of Advancement according to their race. This does not mean that the oldest races are the most Advanced spiritually. Quite the contrary, it seems. The oldest race in our galaxy is reptilian. They are the most technologically advanced and the least spiritually Advanced. This is their race's choice and will likely mean that the oldest race will be the last one to complete the Game. This shows that the reptilians will be the last race in the galaxy as the others will have departed for higher realms. The Game WILL end. These Higher Selves chose this extremely slow path of Advancement. Third density is not eternal. Enter exploding suns and black holes to clean up the mess. Game over!

As for the fast track, simultaneously incarnating Higher Selves, we choose to Advance individually rather than collectively. This is VERY important. In the higher densities, it is the individual abilities that shine. We learn to do it on our own. On Earth, there has always been an attempt to work as a 'team', to be as 'one'. This is an alien influence in trying to mess with our parts in the Game. Simultaneous Higher Selves have adapted to this meddling by having their incarnations work as a team/group in Low, Mid and Low-Mid Advanced levels. What this does is give you a significant experience as working with/for others in order to build your data bases and experiences to find out what works and doesn't work for you so that you can move beyond teams and be an individual. This individuality is eternal even when all Higher Selves merge into one. In order to have harmony, you must be complete as an individual. That is difficult to grasp while still in the Game. The simultaneously incarnating Higher Selves are the first to complete and depart the Game even though we Earthers were the last to start it.

In the Mid Advanced levels, you begin to want to separate from the teams/groups. You start to strike out on your own and develop your individuality apart from any group. In these EndGame days, the stress to conform is far greater as the aliens and their lackeys pull Earth more and more into a sequential path. Notice the conformity/obedience that comes from governments/society/religion. They are all alien thought dominated. They want to make Earth like any other sequentially incarnated planet. Individuality is where you must be to move to higher densities beyond the Game. By individuality, I don't mean the Darkside "it's all about me" shit, but rather the Balance way of "I am whole unto myself/I can do it myself".

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In latter stages of Advancement, the desire is to break away from the team/groups and become more reclusive. This doesn't mean a hermit, but does mean you become far choosier in associations. This is another clue that you approach your own part of EndGame. This can manifest as disgust with the Game and the loss of interest in conforming to any way you are not comfortable with. With knowledge and spiritual control over alien DNA commands, this desire does increase. Search where you are in your progression. There are no correct answers. You are where you are. Do you prefer group activities or individual activities (you alone or with one other)? Do you crave team sports/body enhancements or mental/spiritual knowledge? Are you a body centric person or one who wants to develop the eternal/what you take with you on the death of the body? If you are body ID'd, the good news is that state is temporary and you will abandon it starting with a Mid-Advanced incarnation which will snowball all the way through your Awakened Final Incarnation.

As far as each individual Higher Self, their unique nature is absolute. The Dominant Incarnations of one Higher Self are very different from the Dominant Incarnations of another. Being very familiar with my Dominants, I find them very confident and strong. Yet, I read of another Higher Self's Dominants who appear very differently. They do not seem nearly as confident as my own (from my perspective) and try to 'hedge their bets' in creating a Final Incarnation. You must remember to approach your Higher Self on your own terms. What I have written about mine strictly applies to me. They are not universal, other than each Higher Self has 3-4 Dominant Incarnations, as Robert Monroe said. While this is true, the composition of these Dominant Incarnations is unique to each Higher Self. How each Higher Self chooses shim's Dominants is not something I can talk about at this time. The bottom line is to trust in YOUR Higher Self, which is, of course, the real YOU. Trusting in your Higher Self will be a reward unto its own.

Awakening

I've used the word 'awakening' numerous times in the Matrix 5 materials and specific to the Awakened Final Incarnation. Awakening is a *process*. It is NOT an instantaneous action like flipping a light switch. The awakening process that I refer to happens in *stages*.

The first stage is when the incarnated spirit moves from mid level incarnations and makes lower Advanced stages a significant part of shim's Earther life. This can occur, for example, when the predictive sciences (astrology, tarot, etc) gain and hold an interest for the person. Even if the person regresses back into common mid level, the touch of lower Advanced has altered the person and will continue to build on the spirit in other incarnations. It is the body that yanks the not-yet-mature spirit back into mid level, usually with the 'assistance' of other Game players (relatives, friends, co-workers ,etc) using guilt, fears and non-conformity as weapons.

There are many other examples you can probably think of where the spirit tests the Game and shim's development by reaching beyond the standards acceptable to Game players. From this, you can see the general awakening is a long process involving hundreds of incarnations. Progress is made. Progress is slow, but it is still progress.

The next significant stage of awakening comes during mid-Advanced levels of progression. Religion is still, in most cases, a factor in mid-Advanced levels: New Age religions, wicca, Lightsiders and other similar polarity-oriented beliefs, although standard Game religions are abandoned by mid-Advanced level. It is when the spirit feels that ALL religion is 'not right' and there MUST be more that you are near the Final Incarnation. In the body related

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mode, you also become unsatisfied with marriage/breeding. You can partner hop and go through marriages like Zsa-Zsa or Liz Taylor. The restless nature stems from the spirit, BUT the spirit MUST break the incarnational loop (see my Matrix 5 segment on breaking this loop).

You will not be able to break these loops if your spirit is not Advanced enough to make the bold choices necessary to progress. This can also take several incarnations, but by now, spiritual progress is Advancing rapidly and the body is losing control of shim. GOOD!

Dominant incarnations are a category all their own. In my case, one is Very Advanced, one is mid level and one is in a unique category. My Very Advanced is conscious of her role as coordinating Dominant due to her extremely Advanced psychic abilities. Yet my mid level Dominant is not conscious of her role, finds amusement in the psychic incarnation's serious nature and views the Dominant function as a dream. It is what each of the 3 or 4 Dominant incarnations offer to create the Final Incarnation that is important. The Final is the combination of segments of these Dominants which makes a totally new incarnation. You will understand all this and more WHEN you are ready to.

Lastly there's the Final Incarnation. This incarnation is not likely to be born Awakened, but shim does complete the Awakening process. The un-awakened Final can temporarily engage in mid level religions by being brought up in them. The spirit is restless early and by teen or 20's can trash upbringing standards to 'see what's out there'. Religions that shim is brought up in or dabbles in can be quickly dropped when the incarnation sees no progress, nothing new, but desires something shim cannot put shim's finger on...yet. The search for truth/the source is strong and will lead you along YOUR path to seek the experiences that YOU need.

Then comes the time when the un-awakened Final is met by the 3 or 4 Dominant incarnations. When this happens, you have now reached the BEGINNING of Awakened status. It's a whole new area and it takes time to process the huge amounts of information you will be given, not all of which will you consciously remember. It will take years, but variations occur with each individual Final Incarnation. The Awakening Final becomes the Awakened Final by a series of events that the Dominants set for the Final's self-awareness of shim's position in the Higher Self. This, again, is individual. When the Final reaches Awakened, the top level of 3rd density existence, the Dominant incarnations are no longer overseeing and always defer to the Awakened Final. Remember, ALL these incarnations are you. When the Final Incarnation is Awakened, it's only the BEGINNING of the end of one phase of progression and the start of the new/next phase.

Awakened Final Incarnation & Self-Doubts

I am regularly asked by Matrix 5 readers if 'they are' a Final Incarnation or Awakened. These are people who are not ready for the M5 materials because if you have to ask, the answer is 'no'. These people are looking for external confirmations for something that can ONLY be given by your own Higher Self. I cannot tell you exactly where you are, BUT I can deduce where you are NOT by the questions asked of me.

The opposite side of this coin is the few people who outright declare themselves to be an Awakened Final Incarnation. This one is very easy for me to reveal as there are certain questions ONLY an Awakened Final Incarnation can answer and these involve their own Higher Self. It also serves no purpose for an Awakened Higher Self to declare shimself JUST

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for the declaration. Almost every Awakened Higher Self today will spend most of shim's time observing and gathering last experiences.

The reason why I declared myself was because of the Matrix 5 project which is unprecedented in 3rd density Earther history, either pre or post Atlantis, and this is due to EndGame and the need to provide escape hatches to Earther Higher Selves. I have discussed these issues in previous messages. ONLY those Awakened Final Incarnations who have a specific purpose for declaring themselves will ever do so. If they have no reason to call the spotlight on themselves, they remain silent observers gathering information for their Higher Self.

This gets back to an earlier message of mine - Do NOT play 'wanna be' and be happy with where YOU are in your progression. You are all your incarnations and somewhere in time is YOUR Final Incarnation. All the knowledge I've shared in the M5 materials will also be yours when it is your time. Be at peace with yourself and your own progression and Path.

Incarnational Missions and The Higher Self

Each incarnation has mission(s) to perform. In the low through mid levels, the mission centers on experiencing the physical through the chosen body. Especially in low level incarnations, the spirit is there for the ride and the body rules. The experiences are wrapped around sex (doing or preaching against) and sustenance (work, religion, family).

When one reaches the Advanced levels, the spirit exerts more and more control over the physical. This is when more specific, spirit oriented missions occur. The departure from convention indicates spirit over body. An example is breaking from the organized religions that the majority follow in your area and striking out on one's own, usually to New Age and other non-standard religions for the area you live in. For North Americans, it's wicca, buddhism, new age, etc.

For Asians it can be new age, christian, falun gong, etc. These religions make the conformists uneasy. The uneasiness is from the body's DNA commands to obey/conform to the Game. This religious breaking stuff is an event for low Advanced thru mid-Advanced levels.

Sexual orientation issues are another break-out for the spiritually Advancing. Review the segments on bisexuality and 'coming out'. Doing what YOU want over the desires of family members is the spirit striving for individuality and new experiences.

There will be Higher Self missions that the incarnation must and will accomplish. The Higher Self will prevent any outside interference in this, such as pre-mature death. The Higher Self will see that you have the physical necessities for completing these missions. You cannot die before they are completed. Remember that your Higher Self chose the time/manner of death before the incarnation began.

As an example, I'll use myself. I had been born in a family whose grandparents all came from Poland and was brought up catholic. In my high school days, I began questioning the religion and started my search. My family had a cow over my inquiries and, at the time, they were JUST inquiries. I had various experiences on this track of my incarnation that brought me to where I am now. My Higher Self gave me the energy pulses I needed when I needed

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them to insure that I followed MY mission to Awakening. These pulses of Higher Self energy overrode DNA commands that attempted to suppress the spirit.

Another example: I was in the Air Force and had shift work. Hated it. I remember saying that I wanted a Monday - Friday, weekends/holidays off job. I got that after college. Not only that, but I got a job that allowed me the freedom to work on my main incarnational mission, the Matrix 5 information. I have no doubt I have that job BECAUSE of the need for Matrix 5 to be written.

Matrix 5 was destined to come out. I remember Monroe trying to get his final book in print. He told my group that he was rejected by publisher after publisher because "the public wouldn't be able to handle the material". This is why he said he watered down the material to the weaker version it became, much to many people's disappointment. He sacrificed content for distribution. On one hand, much very important information he wrote will never come out, but it wasn't meant for him to release it. He didn't fail his mission. What he did was invaluable to those ready for it. Incompletion would not be the case with Matrix 5 which takes people beyond Monroe's valuable materials. Enter Val and his publishing house which is probably the only one who would publish my materials as is. The hell with what the public can accept.

Matrix 5 is not written for, nor does it pander to, conformity and the public, as all readers of M5 know. Due to his and our Higher Selves collaborating on this project, Matrix 5 has a worldwide readership. Matrix 5 also needed to come out at this time when computers, instant communications and EndGame are all operating. If M5 came out 300 years ago, how many people would have read it or even knew it existed? This is a major mission event and one that was destined, by Higher Self collaboration, to be a reality.

Incarnational missions are of all varieties, some major and some minor, but they are all set experiences your Higher Self requires. Again individuality of path is to be remembered. You must look within to YOUR Higher Self to see what YOUR path experiences are. Look back on your life and examine decisions/events. Which just seemed to fall into place in front of you? Which ones changed your life/outlook? Discover them and you'll discover the handiwork of YOUR Higher Self.

Higher Self Choices – Earth and Non-Earth Incarnations

Higher Selves who choose to accept the Earth Game challenge have a much more complicated incarnational path than those who choose not to go the Earth human route. The Earth Game is one with *memory blocked* and with many hundreds of incarnations going on simultaneously in many different bodies, time periods, etc.

Higher Selves who do not want Earth Game experience, but do want 3rd density experience can choose incarnations one at a time, sequentially in NON-Earth physicals. For example: Andromedan incarnations. When the Andromedan body has served its purpose and dies, and the Higher Self chooses to continue that experience, shim is born into a new Andromedan body with memory intact. It's like changing clothing. While this is valid 3rd density experience, you should be able to see how slowly the Higher Selves, who choose only this path, evolve. These incarnations are 'safe' but will eventually get them to higher levels.

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Earth Game incarnations make for far more rapid development, as Robert Monroe said. When the Higher Self chooses the Earth path, the spirit has HUGE amounts of obstacles to overcome to rediscover shimself. That they DO make it to Final Incarnations shows it is possible for ALL who choose the Earth path to succeed. Nevertheless, many Higher Selves will decline this opportunity to play it safe. This is OK. No judgment here. Each is free to choose their own path.

If you have an incarnation in the sequential, alien incarnations, you can choose to go to the Earth rapid advancement path at any time. Once this choice is made, that Higher Self must complete it - no backing out. They realize this before accepting the challenge. The amount of emotions and sensory experiences in the Earth path are unparalleled and therefore attractive to the more daring Higher Selves.

Our concern here on the Earth path is not what others are doing in other alien incarnational paths, but to discover who we really are and connect to our Higher Self which is the repository of ALL our incarnational experiences. Once this is done, then you will know the direction YOUR Higher Self, the REAL YOU, will be going. This is why looking inward is far more valuable than outward.

A Different Facet: Alien Higher Selves

I've given some information on non-Earther Higher Selves and some of their purposes in The Game. As we draw near to the climax of Earther 3rd density existence, it will be the conclusion for those Higher Selves on the Earther incarnational path. Those who accepted this path will be graduating to other areas of development/experiences.

What about those who did not choose the Earther human path? What will happen to them? Those who chose the infinitely slower, non-Earther path must still continue in their agonizingly slow (from an Earther Higher Self perspective) path of advancement. They will still desire to play The Game even though the Earther human Game pieces are no longer in play.

Earth will revert to a pristine state and will no longer be accessible by these aliens as Earth will be out of phase to them. The Higher Selves who are reptilian, Sirian, Pleiadian, Vegan, Tau Ceti, etc will slowly progress until they, too, have reached the spiritual level to no longer desire to play the 3rd density Game. Alien groups are at various stages of Advancement with some groups far more Advanced than others. They will realize that there are NO losers among the Higher Selves who were involved in The Game.

You should be able to see from Earther power struggles (many are aliens in disguise) and from bits of information on alien interactions that, even though these beings have been around for WAY longer than Earthers, Earthers have spiritually progressed in lightspeed next to the snail's pace of aliens. Remember, this is *their* choice - Law of Allowance.

So, the Orion queen and Sirian king will eventually progress onward, but how many millions more years? It doesn't matter to Earther Higher Selves who will be busy elsewhere. Alien planets/races tend to progress as a unit. Earther Higher Selves progress as individuals, a Major Key in understanding The Game's structure.

If you went to an alien planet, say Ummo, Iarga or Erra, you would find that almost everything is similar and everyone is about at the same level. Boring, from an Earther point

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of view. True individuality is non-existent as we know it on Earth. THIS IS THEIR CHOICE. The bleed-over of conformity, that we hear so much on Earth, is ALIEN in origin and brought here by those aliens who were and still are in residence and control.

The alien Higher Selves will continue with their sequential incarnations, and that's fine because that's the way they want it to be. By the time the reptilians have reached the point where an Earther Awakened Final Incarnation is, you have no idea what marvels you will be experiencing. I'm not giving this information to 'start a stream' on alien Higher Selves. This is given to you to help you understand your path vs. their paths AND to give you more to consider and ponder about. Develop YOUR Higher Self's experiences/abilities and leave the aliens to their own devices.

Group vs Individual Progression (Special Gold Edition Segment)

In Stargate SG-1, season 2 - episode The Fifth Race - the aliens, that the series, refers to as the Asgaard (really Greys), tell ultra Mid level Col. O'Neill that Earthers are not an advanced race and they can't associate with Earthers until they progress further as a people. This is the sequential path idea, one that their incarnations cling to - Advancement as a race or planet. Since the sequentials do progress as a planet, they feel that everyone must as well, hence the false air of superiority which is technologically, not spiritually based.

Earther simultaneous incarnations never progress as a group or planet. The whole basis of simultaneous incarnations is *individuality*, both in path *and* progression. This concept of true individuality, *the basis of higher densities*, must be discovered and embraced by the sequential incarnates at some stage of their progression. Once this is desired by that Higher Self's incarnation, shim will begin the Advanced stages of the sequential path.

The constant theme in many science fiction shows/movies is that Earth is 'not worthy of hobnobbing with the aliens'. This is something that the sequentials hope will delay the true Advancement of Earther Higher Selves. This is another dead end in the Game, like 'karma'. Monroe said that 'karma' exists ONLY if you believe it. Know that your individuality is really unique. This is one reason why breaking experiential loops is SO important. When you break these on your own and the ultimate decision/action to break them IS yours alone, you prove your individuality to yourself with "I did it". You may get assistance from others, but if you didn't use your own efforts, you could not succeed.

When you watch the aliens prance around (on film, tv or on Earth) and look at Earthers as food or as beneath them just remember (referring to the Matrix 5 materials) who you really are and who they really are. Remember too that it is they who are poking their noses/snouts in our affairs and planet and not the other way around.

Another Variation of Higher Selves

In the Matrix 5 materials, I've written quite a bit about simultaneous and sequential incarnating Higher Selves. Now it's time for me to give you some information about another group of Higher Selves - those choosing NOT to play the Game.

I've only heard of one other person even mentioning this group and that was Robert Monroe, although he never spoke more about this than the event that took place. I think it's in his second volume, Far Journeys, that he encounters one of these beings. Bob's out

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exploring when he meets this luminescent form who demands worship. This briefly caught Bob by surprise. Read the book for all the details.

This meeting involved a Higher Self that has chosen not to play the Game. Remember, one's Higher Self is independent and decides what shim would like to do or not. There are benefits and liabilities from decisions on those higher levels just as they are on this 3rd density level. This example also shows the polarity of a being on a higher density. From what is written, Bob seems to have run into a Dark polarity Higher Self. Dark polarities are self-centered and have power trips along those lines.

When you have advanced enough, especially after your Final Incarnation and the remelding of all your incarnations back into your Higher Self, there are some things you cannot get away with in the higher densities. One of them is deception. Your emotions are clearly visible to all. Joy, sadness, anger, etc are all visible through the colors they tint your aura with. The luminescence is part of the Higher Self's energy and power. When Bob didn't give that Higher Self the subservience/worship that shim demanded, the being reacted badly, but did not attempt to damage Bob.

If one was to astral travel to this density, one appears very small next to the residents of this level. This is what I discovered when I found myself on one of these much higher densities, although I didn't run into a Darkside Higher Self, but another type of being (don't ask).

Higher Selves who choose to enter the Game, either as simultaneous OR sequential incarnates, are far in Advance of those who choose not to. Yes, simultaneous incarnates are the most Advanced, but sequentials are more Advanced than non-Game players. Non-Gamers know this. This is why the being didn't dare attempt anything threatening beyond intimidation with Bob. That being knew that Bob's Higher Self was watching. Connect the dots here and you'll see what I mean.

The densities higher than 3rd contain such a massive variety of beings and energies that you can be amazed by them. Of course your Higher Self already has far greater knowledge about them than you do consciously (part of the Game, again). The wonders of creation are waiting for you once you graduate/conclude from your participation in the Game. How fantastic they are, too.

Forced Conformity

Forced conformity, especially in vogue in the United States, has its origins NOT in the realms of tolerance but rather in the dark halls of alien systems (sequential incarnations). I've discussed a bit about how alien systems seem SO boring to an Earther since everyone is pretty much the same, dresses similar, acts similar and progresses as a planetary unit.

Conformity shuts down individuality and individual expression, something that Earther Higher Selves love to experience.

Earth incarnations are intended to be WIDELY different and thus assist the Earther Higher Self incarnates in experiences that are vastly different. A European warrior, an African tribal woman, a Native American shaman, a Western businessman and a Chinese farmer, to name only a few examples. Although aliens created the different races on Earth, they, unknowingly, set the stage for the mosaic of experiences that would become "The Game' on Earth 3rd density.

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When an Earther-experience Higher Self wanted to taste how it was to be a real female, shim could incarnate as a woman in Rome or in ancient Egypt or in Atlantis or in 1500's Japan, for examples. To be a real male, shim could incarnate anywhere except in Western countries of the late 20th century to today. Each of the different races offered unique experiences and each area of the globe allowed totally new varieties. There was no global conformity.

Now, you have the Americans trying to make the world conform to their beliefs and lifestyles. Major religions are attempting to create a planetary belief system with the prime clash as between christian and muslim for dominance. The lists of 'you can't say' and 'you can't do' in the West (especially the US) are strong arm attempts to homogenize the population and do away with all significant differences.

This started with 'female status' (what else is new). This points the finger at the reptilians who are very rigid in their conformity and are female dominated. Now, the idiots on this planet, especially low level, mid level and minions who LOVE to conform have become the prime enforcers of this shame, which is why you don't have too many Final Incarnations in this time period. The atmosphere is horrible. The ones who resist conforming come from both the various Advanced levels AND from the polarities. The FALSE resisters are those who complain, not because there is conformity but because they don't conform to their own rigid standards. These are both the right wing, fascist types AND the left wing, ultraliberals.

For example, Michael Moore in his 'Stupid White Men' book is very correct on his taking on Darksider Bush & his corporate henchmen, BUT then he starts bashing the white races for being white with all the variations that go with that experience. This is how ultra-liberals act. The fascists will correctly complain about forcing situations of tolerance (can't be forced, must be learned) but will try to force their bogus christian religion and hate on everyone.

These are just two areas where alien/polaric manipulation is active, with the root desire to fuck up simultaneous incarnational experiences. One thing about this is that it's TOO late. We are at the end of that cycle and these are manipulations of those in panic.

You always have to go deeper than the surface to find out what happening on Earth these days. On the surface, it can seem fine that 'both genders are totally equal' and 'should be able to do anything the other gender does'. This was not true throughout history when there were major differences in the genders thus making the experiences vastly different. Higher Selves in these past incarnations were able to learn FAR more from this than the pseudo equality of today. It was in the Middle Ages, the fucked up 'chivalry' of the royals (alien controlled) and the desire of non-royals to imitate them that slowly began the fall into the chaos of today by placing females on a pedestal that they should never have been put upon. Then, in the 19th century when the alien DNA commands kicked in ... well, this has been discussed already.

This comparison can extend to everything else being forced on people today. It is a serious attempt to homogenize Earthers because the Orion Empire is returning and intends to make Earth an open member of the Empire, which has homogenous, conforming populations. Forced conformity is not something 'good'. It is anything but. Observe and always look deeper.

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Intolerance, Conformity and Earther Incarnations

One of the hallmarks of difference in Earther simultaneous incarnations, as opposed to alien sequential incarnations, is the great variety of types of people on the planet. As I've written in earlier segments, alien worlds are homogenous in look and culture, with no more than slight differences. Take the planet Acart for example. They dress the same, have the same living styles and, from what I've read, would be terribly boring for me other than a brief visit. These people are progressing as a planet, as do all sequential incarnates. That means slowly and, from a simultaneous point of view, tediously.

Here on Earth, due to the simultaneous incarnating Higher Selves AND the various alien cultures that have tampered with Earther genetics, we have a huge variety of cultures and racial variations. The real bonus here is that, as a simultaneous incarnating being, you can experience true variety without leaving the planet. This assists the incarnating spirit to progress and develop tolerance for being different.

Intolerance comes from body ID viewpoint. When the spirit has not matured enough, the body holds control. Tolerance of differences is seen all over the different higher densities, even with polarities. Superficial 3rd density issues like body races, types, etc are just non-issues among the spiritually Advanced. If anything, being different makes one more interesting to the spiritually Advanced because difference equals change potential. The spiritually Advanced thrive on changes and difference.

Conformity equals stagnation. Stagnation is what the Game would like to occur, yet change exists despite the Game because change overrides the Game. Since the Game cannot stop change, it has made 'allowances' for it. Conformity is the drive for the Orion Empire and their Dark AND Light allies. Such concepts as 'be like us', 'obey or go to eternal suffering' or the ever-popular use of guilt to stifle independence are all attempts to halt change and progression.

Everyone progresses at their own pace and according to their Higher Self's plan. We have incarnates, at this time, who are everything from 'first' incarnation to Final Incarnation, hence a HUGE variety of attitudes, outlooks, etc. This is why I say that my materials are my observations and experiences and should be regarded as such and not 'thou must' rules that polarities want you to obey. I have also said several times that if you don't like what you read, forget it. I am nobody's 'leader'.

Leaders require followers, which is why I use the pseudonym, 'The Author'. I don't want followers or people who require that I make their decisions for them or camping out on my front porch. You have to be your own leader. If anything I've written helps you decide what you want to do, good. If you aren't interested, good. Meanwhile, my adventures continue and experiences build.

Today, America has become very unbalanced at the direction of the Game. Anyone who appears "different" is suspected of being a 'terrorist'. This, of course, is not true and the American people are being played for fools. The Americans will continue to give away their power, as per the Game's requirements and Dark polarity demands for a fascist police state with all the accompanying problems. Police states demand conformity. Remember that when you or your neighbors dance to the next pied piper tune out of Washington. Germany went down a similar path in the 30's.

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Almost all Germans were in the streets 'seig heil-ing' then as most Americans are giving the appointed president, Bush, the 'seig heils' today. When you are in Very Advanced stages, you can easily see this manipulation and you don't want to be surrounded by people who thrive on these lower levels of progression since you have moved beyond that particular stage of experience.

Appreciating people who are different than you or your background indicates a facet of spiritual maturity. I love talking to people different than me and hearing about their cultures, etc. It's like going to a different planet when you immerse yourself in another culture. When you do this, even if it's just for a short time, you widen your appreciation of what's different. This is something your Higher Self wants to experience via shim's incarnations.

Multiple Personalities - A New Perspective

As I wrote in earlier material, Earth incarnations, for those with Higher Selves, are simultaneous, not sequential, since ALL incarnations occur at the same time. If the physical brain is damaged in a certain way either in birth or through trauma, the body can be damaged and other incarnations can bleed through into the physical of the damaged incarnation.

The only incarnation able and intended to handle input from other incarnations (your Dominants) is your Final Incarnation. When the damaged incarnation switches to another 'personality', the incarnation's energy stream from the person's Higher Self allows unprocessed/uncontrolled free-flowing input from incarnations close in frequency (time line) to manifest their energy through the damaged incarnation's body. This could not happen if Earther incarnations were sequential since then there'd be only one energy stream from the Higher Self. The physical body is also very electric. Short circuits to certain areas of the brain can effect the energy stream from the Higher Self as the energy stream is filtered through the physical body.

Multiple personalities is NOT a normal situation by any means, yet it is also not the dreaded situation most people cringe from. This would be considered an *experiential choice* by the individual Higher Self. Why? Who can say why a Higher Self would chose this situation except that person's Higher Self. More could be accessed in the Library on Monroe level 27, for those interested in this topic.

The multiple personality syndrome is more serious to incarnations with less experience/maturity. Those of low through mid-range incarnational levels really can become quite unbalanced by this disorder and require hospitalization. Remember, society and the Empire will do almost anything to keep you from realizing who you REALLY are. If people understood multiple personalities from this perspective AND people were taught who they are without the religious/'scientific' bullshit, we wouldn't have all the problems we have today on Earth. Some of you will find this information helpful in verifying simultaneous incarnations as well as assisting you in understanding more about this type of experience.

MATRIX V: The Gold Edition

Quest of the Spirit - The Ultimate Frontier

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When Earth's Vibrations Get Too Heavy

I was talking with Val on the phone tonight and mentioned the very heavy, negative vibrations being generated on Earth today - victimhood, oppressive religions, female gender false-superiority, drug abuse (prescription/hard street stuff), you can't say/do anything that does not appeal to all, and so on...you get the drift. The more Advanced you are, the more sensitive you are to vibrations and these depressing ones do weigh heavy around you. We are surrounded by them at work, on tv, in print/film, etc. Fear is THE word of the current time period. When these become wearying to you, I advise you to do something that you enjoy doing.

After I got off the phone with Val, I put on the up musical, Music Man, on the dvd. Great, fun film. Do what is positive-generating to you (fuck everyone else - there are times when it should be JUST you). Ben & Jerry's? Light reading material? A fun dvd or vhs film? A hike in the mountains? A walk along the shore? Get a massage? WHATEVER it takes to break you away from the madness being generated (on purpose) in these Final Years EXCEPT escapist routes - drugs/alcohol/denials and similar.

We all need to do different things for variety in our lives. To be absorbed totally in one topic for months & months doesn't give you the breaks you need to process what you've learned and to enjoy your incarnation. The higher densities are NOT full of dour beings who never laugh but rather many beings who fully enjoy their existences. The HEAVY vibrations surrounding us now (both people and electronic generated) are part of Dark's plan. It takes a strong and Advanced incarnation NOT to get caught up in it. Just remember to take relaxing time, pleasure time for yourself. It will make coping with the current situation easier on you.

Observations: Matters of Balance

I've heard comments about how a couple of people ONLY want to hear of matters spiritual. Spiritual matters are the Light side of polarity. Matters dealing with the Game are Dark side of polarity. You are unbalanced if you ONLY want to hear about spiritual matters while incarnated on Earth OR you ONLY want to hear about physical matters. Balance is the blending of both to serve your Higher Self.

Yin-Yang balance is jumping from one to the other, example: noticing the Event, but failing to make appropriate spiritual connections (such as 'it was their time', if their Higher Self allowed it to happen, it was for the experience for BOTH dead and survivors, etc) makes you part of the Game (such as 'we have to get them/revenge', fear controlled, glue to every word the TV says even if it keeps repeating, etc).

What you're getting here is the Balance that comes to Awakened Final incarnations. You are not all ready for that, and that's ok. Proceed at your pace, BUT don't try and lecture me to 'only give spiritual information'. You probably want one of the Light sider sites where you can coo and bless each other. If you only want what's going on in the Event at the moment, you want CNN or just about any other TV channel on now. If you want a Balanced approach, you're in the right place.

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Observation: Faux 'Balance'

Today it seems to be popular among many Lightsiders to claim they are actually in Balance. As I've stated in Matrix 5, Balance has specific qualities to it (check previous materials for more on this subject). True Balance cannot be achieved by any 3rd density incarnation that is not an Awakened Final. While it is possible to achieve a yin-yang style balance in Very Advanced incarnations, one needs much specific information (path-specific info from that Higher Self, a select series of experiences, etc) before true Balance is able to be attained.

Just as there are wanna-be Final incarnations, there are wanna-be Balance individuals/groups. These people are actually Lightsiders. They seek to clash with the Game and change all (or most) of the rules. While scanning some of their declarations, these Lightsiders, in the false claim of Balance, are seeking to rally the troops to do battle to make the Game in their image. The Darkside LOVES this kind of talk, as misguided incarnations, searching for a higher way for their path, read a litany of Balance-appearing catch words and phrases then are mislead into believing this is 'the Balance way'. This is an incarnational experience for them.

Those people who use this faux (false/fake) balance are usually otherwise nice, mid-level Advanced incarnates who don't want to face their true level and seek to lead and have others follow. These are some of the wanna-be's. They are not able to grasp that Balance does not call for followers, ONLY Light and Dark polarities do so! While they consciously know that and say they don't want followers to their plans, nevertheless, followers flock to them and they all discuss their plans under the faux balance leader. True Balance never does 'war plans' to change the Game. Balance understands the Game and the purposes of it. Much of that has been discussed in the Matrix 5 materials. Balance OBSERVES the Game and points out interesting facets of it, but does not call for actions against it.

The Darksiders are thrilled that this faux balance arm of the Lightsiders is active now. It feeds their side because the call for action will result in an equal but opposite reaction from the Darkside. Faux balance people cannot abide just observing because they are genuine Lightsiders who constantly seek to defeat the Dark, one of the main tenants of the Game. Very Advanced levels, for the most part, have put away much of the 'defeat the Dark' mentality. These incarnations are close to becoming their Final Incarnation which exists elsewhere in time.

Another thread I've discovered with the faux balance people is that there are alien groups behind their philosophies. That in itself is a red flag to people who have read the Matrix 5 materials, especially dealing with simultaneous and sequential incarnations. Since there are aliens encouraging this faux balance, well, you connect the dots!

Something to remember is that you should follow whatever you feel you must. If you want the experiences connected with fighting the other polarity then go for it. It's your path and your experiences. It's OK. I would advise these people to see themselves as they are and not what they are not. This, of course, may not be possible for someone at that level, but will definitely occur in more Advanced incarnations for that Higher Self. It's ALL about experiences. EVERYONE will be able to see it for what it is by the time they reach their own Awakened Final Incarnation.

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The Third Density Game

Observations: Information on some Basic Rules of The Game

I have told you about simultaneous and sequential incarnations and some of the implications of each. However, for those Higher Selves involved in the Game, there is one constant: all pre-3rd density memories are kept from the incarnations until the 3rd density path is complete. This is why even though the sequential incarnations retain their past, 3rd density incarnational life memories, they have to build from a clean slate with a first incarnation. With each following incarnation, more information is added.

The simultaneous incarnations also start 3rd density with a clean memory slate in order to participate in the Game. But this group is adding to the Higher Self's memories from all incarnations at once, scattered throughout Earther 3rd density time periods. In both cases, NO pre-Game memories are lost, just hidden.

What can work against spiritual advancement is the desire for physical immortality, a passion for the Orion Empire. BUT, when you look at reptilian royals, who are fanatics about cloning and life extensions, they don't advance spiritually. The Orion Empire reptilians are pretty stagnant spiritually, however this does serve a purpose in the Game. It is not for me to say more on their path, as our concern is our simultaneous path. Just know it all works out in the end.

Another negative on the sequential path, from a simultaneous point of view, is that they tend to choose reincarnation in the same star group, i.e., Pleiadian, Tau Ceti, etc. They don't have the vast variety of Earther incarnations that simultaneous incarnates here jump around in. This severely cuts down on experiences. There are also far less gender-jumping incarnations among them. They can get comfortable in either male or female bodies and rarely hop into the other. This is one of the reasons why, for example, the Errans of Taygeta (Pleiadian) are homophobic.

Needless to say, those Higher Selves who don't choose simultaneous paths are definitely much less adventurous. The Game is far more complex and there are certain segments of it you must discover on your own at some point in your progression. That the simultaneous incarnates are developing so rapidly toward spiraling out (thus winning) the Game and leaving the sequentials to slowly progress on their own is significant. When the Earther experience is completed, ALL Earther Higher Selves will have proceeded to new levels while the sequentials continue along on their path MINUS the Earther faction. That should give you something to think about!

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The Game & Participation In It

While I have said, over and over, that you cannot defeat The Game, nevertheless, at varying points in your individual progression, YOUR Higher Self will want the experience of attempting to confront The Game so that you learn. You can have revolutionary experiences such as being a German anti-Roman fighter, a Chinese Cultural Revolutionary, a Southern rebel fighter or a Zulu warrior attempting to hold The Game back from South Africa. All of these and countless others can and are experienced by Higher Self incarnations as part of The Game FOR THE EXPERIENCES. The Higher Self knows all about The Game and its rules even if the incarnation does not even know The Game exists. These experiences are right for YOU.

When you get to Very Advanced incarnations, you are not likely to engage in physical rebellions/controls, but do get involved in mental observations based on Other Life Incarnations you've had. By the time you reach Awakened Final Incarnation, you understand the value in actions as well as the position of Observer and the purpose of The Game. You realize that, experiences aside, your goal is not to defeat The Game but rather to graduate (escape) from it, to learn the Laws of the Universe and incorporate these Laws into your life. You allow The Game to proceed because it must, although your part in sustaining it is ending. Once you realize that, you can depart The Game and you no longer want to participate in it, you are headed for the escape hatch and your next level beyond 3rd/4th densities.

The problem with those incarnations dealing with Matrix 5 materials (when they are not yet ready), written from the perspective and position of a Final Incarnation, is that they can degrade THEIR experiences and positions into 'wanna be' Finals. They do themselves a disservice by attempting to deny where they are and the experiences they need. Yes, reading M5 will give you vastly new important information and, yes, you MAY alter your decisions based on it, but you should not force yourself to be something you are not yet. You may be, in 3 months or 3 years, or not at all in your current incarnation.

If you want to run to China, like that group of Australians, and protest with the Falun Gong group in Beijing (and get arrested), then do it. It is your experience. Just because I would or wouldn't do something does not mean that you should do what I do. Don't be a FOLLOWER. Adapt what you agree with to fit YOUR path. Don't worry about the rest. Trust in YOUR Higher Self to guide you to what you need to learn, to know and to experience. Today's times are THE most difficult since Atlantis, for various reasons. The variety of experiences is unmatched on Earth. These times are Endgame.

Participate where you feel you must. Leave participation in something when it is time for you to move on. DON'T fear others' opinions of you. DON'T come under others' control unless you want that experience. The more Advanced you are, the more you resist others' opinions and controls when they seek to drag you back into The Game. You must learn to be your own leader with NO 'followers'. As long as you encourage 'followers', you encourage people to give their power to you. Yes, this is another experience but one you will shed by your own Final Incarnation. This is not the same as dealing with others on a similar path as yours moving in the same direction. In that case, you walk with others and share, but not follow. As with all M5 materials, this message gives you something to think about and, I hope, assist you in making your decisions. You can get all kinds of advice, but the DECISION must be your own.

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Observations: Light Feeding Dark

I just read this article written by a Light-sider. The title is 'How To Think Like A Terrorist To Survive Terrorist Times'. Near the end, she has a brief paragraph entitled 'Holding The Spiritual Candle Of Light Despite The Present Darkness':

"I firmly believe that each one of us as individuals can help prevent terrorism by our prayers, energy of love and light sent throughout the world. By becoming aware."

She probably meant to say 'throughout the world by becoming aware.' Now, becoming 'aware' is one thing. It's something else to *challenge* the Dark polarity by *attacking* it with 'love & light', the Light-siders boundless *belief* of 'superiority'. THE DARK POLARITY WANTS TO BE SHOWERED WITH 'LOVE & LIGHT' BECAUSE THIS ENCOURAGES THEM TO DO EVEN DARKER DEEDS. I've said it in M5 that if 'love & light' is so effective in war times, why do they bother with armies?

Just haul out the Light-siders who can chant, coo and spray the Dark-siders with their version of 'love'. Wouldn't this have worked in WWII? Yeah, right. In the physical, the Dark-siders would have had fits of laughter and mowed them down. Remember when, in the 50's movie War of the Worlds when the Light-sider priest believed he could defeat the aliens by waving his bible and sending thoughts of 'love & light'? How did the aliens reciprocate? They fried his ass. THAT'S what you'll get by trying to confront Dark in that manner.

This 'love & light' shit actually feeds the Dark-siders, which should make people wonder what Dark-siders (passing as Light-siders) are pushing the Light-sider fools to believe this crap. I remember one reptilian Dark-sider who said he challenges anyone to surround themselves with 'love & light' and see if he can't harm them. However, it is in the interest of the Dark polarity to keep up this sham stance and, thereby, use the Light-siders to feed the Dark. These people may as well do what the Serb civilians did during that war a few years back. Put a paper bulls-eye on their shirts to make it easier for the Dark-siders to hit them (yes, the US Dark-siders at that time).

The Law of Allowance says that Light-siders must be free to be what they are, just as are Dark-siders. This is part of the Game. Light-siders do not follow this law and neither do Dark-siders. This is a law with Balance at its root and Balance is what BOTH polarities dislike. The christian bible says their god will spew out those of Balance. Well, we know about that jackass alien. So, do consider these matters when deciding what YOU want to do. There is no right or wrong, just different experience, BUT the best choices are made with greater information, so you are less likely to be suckered in. As with everything else, by the time you reach VERY Advanced stages, things will be made clearer to you.

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Changing The Future

The person on a tv show says, "We don't know what the future holds, as it hasn't happened yet, so it can be changed". This is not going to be a long message to you all but this is an important one to those ready to grasp it.

In previous Matrix 5 messages, I told you that ALL Earther Higher Self incarnations, on the Simultaneous Path, are occurring at the SAME time in all time periods that each Higher Self wants to gain experiences from. Hence, your Atlantean, Egyptian, Greek, Chinese, African, etc incarnations are NOW in the different phases of the Game that we call 'time'.

Knowing this, can you change the future in 3rd density Earth's segments of the Game? NO! This is why I keep telling you that the Game cannot be changed on a global scale. ONLY your participation and Advancement (or not) can be changed.

The Lightsider fantasy I see over and over about changing the rules and scenes of the Game are completely delusion.

Again, these people are worried about the external rather than the internal. They don't yet grasp the importance of internal development regardless of what the external scenery is. The experiences you gain through ALL your simultaneous incarnations is what matters, not the settings that the Game has arranged. As long as your primary concern is the external (the Game), your progress is slower. Once you realize what I've been saying (or at least much of it) in Matrix 5 AND put it into practice to suit your Path, you progress in a hyper fast mode.

Can you change the Game's rules/settings - again no. Can you change HOW you play/participate IN the Game - YES! The Game continues until ALL, both sequential AND simultaneous incarnations, have completed THEIR parts of the Game. Earther Higher Self simultaneous incarnates are on the FAST track. We complete the Game FAR, FAR sooner than the sequentials. We have things to do and places to go beyond 3rd density, as I've said before.

It is WHEN you realize that YOU are YOUR central figure and can detach yourself from the Game (as much as is practical) via your Final Incarnation, that you really begin to spiral out of the Game, BUT the Game WILL go on. Once you have all the experiences YOU need, the rest does not matter. The Final Incarnation can gain the lion's share of experiences and is where you tie together all experiences that your other incarnations are living. All the bullshit of 'saving' others is just a distraction from you discovering who you are, and also a violation of the Law of Allowance. Imposing your will on another (even if you are correct in your position) is Dark side, but I've talked about this before.

If you still want to participate in breeding, religion, polarity sides, etc, then DO so. It's your Higher Self's individual path and where that incarnation is at this time period. You don't belong reading Matrix 5 materials. You will only upset your physical, which still controls you, AND I will keep releasing materials that cause the physical and immature spirits consternation. After all, if despite the caveats I have place in Matrix 5, you STILL insist on reading materials you are not ready to comprehend, you deserve what YOU stirred up. I MAY have more to say on this topic, but, for now, consider what I've told you here. It's awesome!

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Observations: On Feelings of Resentment and The Game

Once learning about the Game, low to mid-level Advanced WILL resent the Game because they can't understand the mechanics of it. The Law of Allowance says you allow them to proceed at their pace and where they are. 'Saving' others is a low to mid-level Advanced thing and not of the Very Advanced. The resentment of incarnational levels is ALWAYS of lower to advanced. You most certainly CAN resent their constant interfering in your stuff, however. This is a vast difference from "resenting where they are".

The Game and The Players

As I wrote in 'Changing the Future', the Game's functions are set and only you can free yourself from the Game, thereby winning. Just as when you play a board game, there are rules and certain things that must/will occur during the play of the game. The same goes for the 3rd density Game. The two player groups are the simultaneous and the sequential Higher Selves. These groups are further subdivided within themselves.

With the simultaneously incarnating (fast track) Higher Selves, each individual Higher Self operates as an individual unit with experiences, events and time periods chosen by each Higher Self to operate within the Games parameters. Within the sequential Higher Selves, they operate as a group and rarely, if ever, change into another group. Hence, you have the reptilian faction, the Sirian faction, the Andromedan faction and so on. In almost all cases, they proceed/Advance as a planet or group. This is VERY slow because each waits for the others to progress at a planetary rate.

Earther Higher Selves progress independently at their own speed. Not proceeding as a group is daunting to the sequentials as well as not retaining conscious memory of shim's other 3rd density lives. The one time that a Higher Self can 'change sides' is if that Higher Self decides to enter the Earther Higher Self path with all the benefits and the liabilities associated with that path. This type of switching sides IS allowed in the Game. It does not occur very often. Due to the very nature of simultaneous incarnations, it is obvious that a simultaneous can never regress to a sequential path.

That the sequential group stays within a certain race and progresses as a planet, at the minimum, shows much (to simultaneous incarnates) about their limitations. Yes, they have all incarnation memories, but their experiences are limited to that race and racial development. The one element that all sequentials have in common is FEAR. In this case, the fear is being born into each incarnation without memories of other incarnations. It is a courageous Higher Self that takes the simultaneous path, as Robert Monroe said.

Simultaneous incarnates choose all the different races on Earth and can experience segments of the various alien cultures vicariously through the races that the alien cultures engineered here on Earth after the Orion Empire did their genetic 'thing' to Ancient Earthers. This is ALL part of the Game. Simultaneous incarnations include black African groups, Asian varieties, various European cultures and so on. Each different Earth culture was formed by copying alien races who tampered with Earther humans eons ago. This is an enormous advantage over the 'single race'/'evolve as a planet' path that the sequential incarnates Advance in.

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Much of the Game's strategies involve working against the simultaneous incarnates. The sequentials use all manner of blocks/obstacles to keep this group from winning at the Game. However the Game IS geared for the simultaneous TO WIN by departing from the Game before the sequentials. The main burden for the simultaneous incarnate is to regain your spiritual identity. Huge clues for your spiritual identity are found within the Laws of the Universe.

Once you discover YOUR spiritual identity AND live it, you are well on your way to graduating. If you intellectually know it, but choose not to live it, you still have a way to go in your development. The sequential aliens will come in second place, in the Game, but they, too, will eventually graduate and the 3rd density Game will be over. Lots for you to think about here.

The Game and The Players - Part II

While I've given you more on the Game, from a galactic viewpoint, I now will give you more information on the Game players - the Higher Selves. You may have heard that the reptilians are the oldest race in the galaxy. You have heard that there are many races that are FAR older than Earthers. Earthers are considered as having 'far to go' to reach these aliens in most areas (in all areas if you were to believe aliens). Now, get ready for a different perspective.

It's sequential vs. simultaneous incarnations in this spotlight. Sequential incarnating Higher Selves have one incarnation at a time, retaining conscious memories of their incarnations at birth. This, as one can see, is a SLOW process of development.

Simultaneous incarnations occur in all time periods since the genetic alteration of Ancient Earthers, thus allowing that individual Higher Self to receive tremendous inputs of information, emotions and sensory experiences at the same time. This is the FAST track of development. The caveat here is that the incarnating Higher Self will have NO memory of who shim is when shim begins the Earther path, but will have to find ways to relearn who shim is.

So, here you have an ancient history of sequential incarnations slowly gathering information and (mostly) controlled experiences. Due to these sequential incarnations genetic tampering with Ancient Earther humans, a window of opportunity had opened up for those Higher Selves daring enough to risk the challenge that we know as the Earther incarnational path.

This rapid advancement has spooked the aliens AND the polarity addicts. Various methods are being used at this time to try and halt or reverse the advancements made. They know what the 2012 period brings and they would like to undo it. When the Earther 3rd density period is over, these successful Higher Selves will move into higher densities to gather vast, NEW experiences. Meanwhile, those who prefer the slower, safer path will continue to their own conclusion much farther down the road. After the Earther graduation, Earth will be off limits to aliens as the Planetary Spirit reaches shim's own full potential.

Alien races proceed as a group. Everyone is pretty much at the same level. Earther humans proceed individually, thus you have a wide variety of people at all times in history. Some alien groups would like us to believe that we have to 'mesh as a whole' and become as they are. This is interference by the sequential Higher Selves that must be ignored. ANYTHING

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or ANYONE who tries to get you to change your Higher Self's Path is playing a game action of 'derail the simultaneous'. That Final and Dominant incarnations are spread over most 'time' periods is part of the protection so that the sequential aliens cannot swoop down and break Game rules. As stated in other materials in Matrix 5, if one of them does try to break Game rules, the individual Higher Self WILL interfere directly to prevent an unwarranted change of shim's Plan.

Think of the difference in the two incarnational paths this way - the ULTIMATE roleplaying game with a twist. Sequential incarnations are playing a single game (role) at a time. Simultaneous incarnations are playing hundreds and hundreds of games (roles) at the same time. I have had over 1600 incarnations, so my Higher Self is involved in 1600+ DIFFERENT role playing games at one time AND processing all of the experiences learned from them.

This means that one Higher Self, who has had sequential incarnations for millions of years, can be experientially surpassed by another Higher Self who has been in Earther incarnations for only thousands of years. The aliens may like to have us think that technology is connected to advancement, but this is not true. It's spiritual development that counts, NOT technology. Hence, we have the Earth 'quarantine' while the alien meddlers still meddle.

The Earther experience seems to be concluding around 2012, while the sequential incarnational path will continue until it reaches its own conclusion. This gives you something to think about, a whole NEW perspective on the Game of 3rd density.

Observations: Where the idea of "We Are All The Same" Comes From

Incarnates below Very Advanced in their progression LOVE to say 'we are all the same' and 'you're no better than anyone else'. These catch phrases are used when the person feels insecure with their position in life. While it's true we are all in a human body, we are definitely anything but 'all the same' spiritually.

The 'you're no better than anyone else' is an alien originated trick used to try and make people conform to what the GROUP thinks you should be. This is because on alien worlds everyone IS pretty much the same and the whole planet/race progresses as a unit. This is sequential incarnations. The aliens disguised on this planet do seek to impose their values on Earthers and this is one of them. The prime alien agenda seems to be to keep Higher Self incarnates from recognizing who they are.

The Andromedan group uses lofty language on Earthers "you are Pa'Taal, so high and developed" then goes on lecturing listeners (through the contactee or the web moderator) on 'how you should live your life'. If Earthers are who they say we are, it should be the other way around. However this is THEIR scam and agenda. Remember any Higher Self who isn't part of the simultaneous Earther incarnational system is in the other side of the Game trying to keep us from discovering who we really are.

I had one guy tell me earlier this year, 'except for everything you know and can do, you're no better than me'. Doesn't that phrase just make you wonder how that brain operates? It IS all about progression, BUT it isn't a race so there's no need for jealousy as every Higher Self will eventually get to the same level BUT not at the same time.

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The jealousy thing is a reptilian command to try and hold back developing Higher Selves. It is popular among mid-level and, more so low-mid Advanced levels wrapped up in the Light polarity. Even so, the origin is with the sequential incarnations.

If the world were populated with 'only' Very Advanced and higher spiraling Higher Selves, you wouldn't have the mess we're in, you wouldn't have the Red Cross begging for blood (and not for what they say it's for) yet turning away any man who has had sex with just one man since 1977, catholic schools banning Harry Potter because he doesn't credit 'god' with anything, Jerry Falwell blaming the attacks on liberals, gays and anyone else who doesn't bow to his 'god', people attacking indians and american muslims for what happened (you don't see them attacking christians because McVey was a christian or the Klan is a christian group) and so on. [Ed.- You also wouldn't have the situation in the movie Contact where belief in an external 'god' was a requirement for participation in novel experience.]

We are FAR from being 'all the same' and there are incarnates 'better than others' because they earned it. This is another example of simultaneous incarnations for you. Since everyone's Final Incarnation, Dominants and Very Advanced are scattered all over the time phases, you DO have everyone different. I'm not including minions and aliens who live among us. They are trying to be spoilers/roadblocks for the Higher Self Earthers. Don't you see how the more difficult they make it for us, the faster we progress and the more we learn? Hang in there.

Also, the information I've given you in M5 is unique, and its own Wild Card, but on an individual level, not global or Game shattering. This Wild Card can rapidly advance YOUR outward spiral IF you choose to adapt any of it to fit your Path.

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Sequential Influence and The Game

Sirius - The Dog Star

In reading some works on Sirius, the authors correctly state that the Sphinx has the body of a dog (not a lion, as supposed by some including astrologers). The face of the Sphinx is that of a woman, not a man. The proper interpretation of this is the female (Orion queen) is the 'head' of her Sirian allies (the dog body). Sirius is said to sit at the feet of Orion in the sky. Egyptian god, Horus, is linked with the "dog star". These are just a few of the references pairing the canine and the star Sirius. This is due to the wolfish appearance of the brutal Sirian warriors. [Ed.- The Sirians have a love of eating their enemies alive while in battle.]

When the Sirians tried to invade the Orion Empire Ages ago, they failed and made a treaty with the Orion Empire for an alliance. The Sirians were very vicious and usually devoured the residents of a conquered planet. After making their treaty with Orion, Sirius was told to refrain from that practice, as slaves and a source of food were required (farm planets). Sirius is still providing front line soldiers for the Orion Empire. The term 'dog soldiers' comes from the reference to Sirius being the foot troops of Orion. This term is still used today for the lower military.

The appearance/behavior of a Sirian being is very similar to the 2 hunters shown in the first season of Farscape on the Sci-Fi channel. As soon as I saw them, I said, "That's what the Sirians look like." In this series, they are called Vocarions and the two in this show have the dogish names of Rorf and Rorg. The Sirian Empire is male dominated. The Orions do not interfere in this. To see a color picture from that Farscape episode, use this address (www.scifi.com/farscape/journeylogs/blood.html) and scroll down to the bottom. The picture on the right is VERY close to what a Sirian looks like. Watch the episode Till The Blood Runs Clear. Farscape's first season is available in VHS/DVD.

When the genetic scientists came to Earth, an Orion royal female and a Sirian royal male were both in charge of the experiments on Earth. These two eventually formed the rebel group that I have mentioned elsewhere in Matrix 5. I suggest Robert Morning Sky's "LA Transcript" for more written details on this. There is FAR more on this topic in the Library on 27. I hope this new information on this ally of the Orion Empire will assist in your understanding in the nature of the Game. These are also sequential incarnations, as are all alien to Earthers are. As with Orion, they are not open to spiritual advancement, but rather Dark polarity control.

Sirius/Orion Involvements

As covered elsewhere in my material, Sirius is male dominated and Orion is female dominated. Due to their uneasy alliance because of Orion's superior technology, Sirius is the seat of Orion's dog soldiers (front line troops). Ancient Earth was the object of both Orion and Sirian genetic scientists. Both Sirius and Orion examples are found all over Earth today. Some are listed below.

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The goddess (mary) worshipping church of Rome (Orion) started the Orion/Sirian conflict on Earth when it invaded Sirian (muslim) male dominated lands - the Crusades. This conflict is still on-going. The Protestant Revolution was Sirian incursion into Orion domination. This is even further complicated by the Orion queen and Sirian king in conflict with the rebel reptilian queen and rebel wolfish king who worked together to carve their own empire from the Orion Empire. The rebels, who are just as vicious as the Orion/Sirian royals, are now not only infighting, but also dealing with newer Orion and Sirian Empire factions.

Orion factions include the catholic church, Greek/Russian orthodox, wicca and other religions who are primarily goddess oriented. Sirian factions include muslim, protestant, mormons and jews, all god oriented. Polygamy, still practiced by muslims and formerly by the mormons, is Sirian. Mormons, while they don't practice polygamy today, still believe in it. Their church teaches that in mormon heaven #1, ALL men will be polygamous with hundreds or thousands of wives all working in spiritual kitchens and having, although painlessly, spirit children while the god-husband creates worlds. This, of course, is pure mythology. Interestingly enough, catholics are the current largest practitioners of polygamy. ALL nuns wear a wedding ring. If you ask them why, they'll tell you that they are 'brides of christ', the biggest polygamist of ALL history.

Divisions are even deeper between rebel queen/king and homeworld/Empire queen/king. Muslims are rebel king. Jews are homeworld/Empire king. Catholics are homeworld/Empire queen. The rebel queen's representative, the Ninhursag - Elizabeth II, sides with the rebel king, hence England supports protestant (rebel king) Northern Ireland over catholic (homeworld/Empire queen) Ireland. Even so, sometimes lines blur and manipulations are extensive. This is a simplification, but you get the idea. Infighting is permitted within these groups by both Orion and Sirius.

Motherlands are Orion oriented. Fatherlands are Sirian oriented. Conflicting parties, both Sirian factions - Israel and Arabs, were summoned to the White House under the Clinton administration for mediation. Why? The US is Orion faction. Orion is top cow in the alliance. The Orion US summons both Sirian factions to Washington and both dutifully come. Now why would the Arabs come since the US is overtly pro-Israel? Because Sirius submits to Orion dictates in most cases. This over simplifies something that could easily be written in a book as there are so many details and variables. Now with Bush jr in the White House, the tilt is to the rebel queen and Israel is held less in favor. Don't get overly caught up in these details as they can keep you from paying attention to your Path.

Due to the planned return of the Orion queen, the DNA command sequence of female dominance became active in America, Canada and Great Britain in the second half of the 1800's. This has rapidly snowballed into the current situation we have today in Orion sponsored lands. The UN's Women's Conference, held in 2000, pointed the Orion Finger at Sirian lands of male dominance to conform. EVENTUALLY THEY WILL HAVE TO. This will show Sirius taking second place to Orion. Although on the Sirius system, male dominance is permitted, as on other Sirian controlled planets, it is not permitted on planets claimed by Orion. Orion claims Earth. The time of the rebel confusion is almost over and Orion is once again exerting its control from Mintaka.

There is FAR more that can be said about these matters. Use your own discernment. Both Sirian and Orion are of the body. This includes their religions. The cross, crucifix and star

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of David are all examples of slavery to false gods. The false gods are of Orion and Sirius origin.

Observation: The Truth Is (NOT) Out There

I had watched the series finale of Earth Final Conflict today. The first four seasons were pretty good. This fifth and last season was terrible, with Orion DNA commands running rampant. At the end of the episode, one dead common, mid level Earther comments to another how everyone wants to know the answers to THE questions of life: 'Who are we?' and 'Why are we here?'. He says the answer has to be OUT THERE in space and they agree to go with the last Taelon to search OUT THERE for the answers.

I guarantee that no Earther Higher Self incarnate can get the answers to these questions OUT THERE with the sequential incarnates! No way! Never!

Looking externally for these answers is all a low, mid and lower through mid-Advanced level quest. Religions tell us to turn to external deities (already well covered in the M5 materials) and count on beLIEvers. This is necessary for your development AT THOSE STAGES to cause you to be restless at the empty answers you find. This is part of the Game and part of the alien efforts to keep Earther Higher Selves from finding the truth.

In the mid-Advanced levels, restless activity reaches its climax with the abandoning of ALL religions, conventional/new age/ancient. The abandoning of beLIEf will easy your progression into the Very Advanced levels.

Robert Monroe told me directly that the only way to TRUTH is to go within and reject what is pandered without. He told me that 10 years ago and, with other assistance from him, I found the vast wealth of going within. This personal wealth is more valuable than anything external, yet you cannot access this wealth totally until your Awakened Final Incarnation, wherever shim may be in time.

As you know from the many messages I've shared on this topic, once you have this access and knowledge, the Game has lost its control over you because you can no longer be manipulated by it. All the caveats of the Game, that I've discussed in M5 and beyond, become second nature to you. If you've read the materials, you know what I mean. If you haven't read the materials, you must do so if you want to know.

The answers that the two, dead common mid levels want answered have been answered in Matrix 5.

The answers are SO simple and easy to understand that they are rejected by the lesser Advanced because they want something complex, EXTERNAL and deity controlled. The 'someone to take care of me syndrome'. When they find out it's ALL about themselves and their Path, it causes a radical readjustment of their thinking. Their Higher Self rejoices when shim's incarnations bridge this gap in the Game and begin the spiral out process.

The X-Files has used the phrase 'The Truth Is Out There' for years. They want the viewers to look externally for their Path. The Game wants you to look without. When you are ready, finally ready, to hear the answers to the questions of the mysteries of life, you can receive them from your own Higher Self who can verify what I've written about them in Matrix 5. Matrix 5 should be used as a bridge to YOUR Higher Self and not the 'omega of all'. These

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are my experiences and discoveries. Put your trust, as I've said over and over again, in YOUR Higher Self.

TV Aliens and Earth

Watching Star Trek, Andromeda and other science fiction shows and films, Earthers are being fed myths in regard to alien races. Each alien race on TV, such as Vulcan, Klingon, etc, is depicted as composed of the various sub-categories of races on Earth. We see white, black, oriental, etc Vulcans, for example. This is just not how it really is on alien planets.

The REAL alien races are quite unique to each other and homogeneous - reptilian Orion, wolfish Sirian, Nordic Pleiadian, etc., do not come in a variety of sub-categories as do Earth humans. Orion differences are in winged for royals and non-winged for the rest. More examples: Billy Meier's Pleiadians from Erra are all Nordic appearing, while he also interacted with a woman from Deron where the people on that planet are of a black race. There is no such thing as a white or yellow Deronese. Yet Earther TV would like you to think so, even if it is science fiction.

What's up with the Earth? Are the various races, currently on the planet, the original hodge-podge of inhabitants? NO! I have touched on the original Earth humans in other writings, the pre-divided gender beings of the ancient past. They were not of the various subcategories that we have had for millennia. [Ed.- See Ancient Earth – Loss of Innocence]

The various human sub-categories of today on Earth are the result of tremendous alien genetic tampering experiments. True, they first began by splitting the Earth being into 2 genders, thus attacking the First Law of the Universe. This was part of Dark's plan. It is also a fallacy to think of race as being simply shades of skin color, since much more is involved. At one time, there were as many as 20 different types of races on Earth resulting from genetic experiments. Remnants of Earth's blue race are said to still exist hidden in southern Asia.

In subsequent experiments, human genes were altered by adding reptilian Orion, wolfish Sirian and Earth ape genes (among others) into the newly genderized Earth human. They also mixed human and animal genes. This still goes on today in the Dulce genetics labs. As a point of interest, the ban on eating pork by certain religious groups as being 'unclean' is NOT due to 'a dirty animal', but rather because there are human genes in pork and pork is said to taste like human. Another genetically created animal is the cat, which has reptilian components (eyes and hisses like a snake/lizard). These are both from Atlantean genetic experiments. [Ed.- Cats have blood types A, B and AB, similar to some humans.]

While there were about 20 different human sub-categories, the first one created was for heavy labor in the mines for their alien masters. By incorporating Orion, Sirian and a significant amount of ape genes, the Empire had it's first slave race which are, in modern times, today's Africans. Through time, black Africans have been a slave race to more than the aliens. They were, unfortunately, slaves to Egypt, Arabs and western European christians. The ROOT of all this trouble comes from the alien genetic scientists. This race had a specific purpose for the aliens, but not all races did. Most of the other races were just experimentation prompted by genetic curiosity.

The European white race turned out to be quite vicious. While they have been able to conquer other races around the globe, no other race has been successful in returning the

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'favor'. The Huns of Asia and the Turks and the Arabs were all halted in their expansions when they took on Europe.

Through inter-racial breeding, the traits of the races have crossed over. A majority of American blacks have European traits because of being forced to breed with christian slave owners. It is not necessary to go into more detail on this, although, if interested, the Library on Monroe Focus Level 27 has enough details to satisfy the most demanding Virgo.

Another item of interest - dark hair and brown eyes are native to Earth humans. Eyes other than brown and hair other than dark are of alien origin. Also, if the RH factor of your blood is negative, such as B- or O-, there is an alien factor in your blood.

The point is that if the Orion and Sirian Empires hadn't tampered with Ancient Earth, this planet would not be where it is today. The other point is the Earth human of today is an artificial creation. If TV/film aliens strove for accuracy, their aliens would be each of a single race per planet, but then TV tries to lure the viewer into false senses of security, conformity and superiority. It just is not so. There are many wonderful aliens and many vicious aliens with all kinds in between. However, the Game is full of illusions and deceptions that Dominant and, especially, Final Incarnations must see for what they are. Remember also that you are NOT your body and, to be awakened, you must eliminate the body/race/gender identification from your knowledge of who you really are.

Observation: Higher Self Intervention On TV

The Sci-Fi channel had 2 new documentaries on television this past weekend. One was a 2 hour update on Roswell which included a "smoking gun". This was General Ramey's memo, held in his hand, when he's posing with the faked weather balloon materials. They didn't count on future technology being able to read that memo. It includes a reference to a "disk" and "victims". This, in itself, is worth seeing, although they don't show it until near the end of the 2 hours. The rest of the program is loaded with the usual government threats to witnesses and a rehash of the Roswell materials. The Roswell event is 55 years old. With the impending return of the Orion Empire, there is an increase in interest in Roswell/aliens and lots of War of the Worlds, V, etc., being shown on television. It seems that rarely a week goes by when I don't see War of the Worlds on one channel or another.

The companion documentary on Sci-Fi immediately followed the Roswell program. This one centers on abductions (*Abduction Diaries*). The most interesting one involves a middle aged woman who certain aliens were tampering with. Once, when they were threatening her, a glowing being came in and drove the aliens out. The being referred to shimself as "we" when communicating to the woman. This was a Higher Self intervention. The "we" is most likely the Dominant Incarnations of that Higher Self.

The Higher Self will intervene if any situation threatens the path/experiences that the Higher Self has chosen for an incarnation. This is a part of the Game given to simultaneously incarnating Higher Selves. When the Higher Self intervenes in such a dramatic manner as demonstrated in this documentary, aliens will scatter. The intervention can come to ANY of the Higher Self's incarnations. The Higher Self has shim's plan for the entire Game and knows each incarnations part in that plan.

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The sequential incarnates, as you know from the Matrix 5 materials, have interfered/tampered with Earthers for a LONG time. Once the situation of the Game was set and the simultaneously incarnating Higher Selves joined in the Game, the aliens have been attempting to throw a monkey wrench in the works and try to ruin it for the simultaneous.

Most of the time, this has been looked on as a challenge by the simultaneous Higher Selves and something they can overcome or adapt to. BUT, when the sequentials try something that would be impossible to overcome without direct Higher Self intervention (such as premature death), where the something involves stopping the Advancement, the Higher Self WILL undertake a direct intervention. If you are able to watch the Sci-Fi channel, take a look at this intervention.

Observation: Taken (Special Gold Edition Segment)

Sci-fi channel is broadcasting the new, 10 part mini-series Taken. As of this writing, I've watched the first 2 episodes. The heightened alien exposure on tv and film indicates something is probably 'up' with the aliens (see other alien-related segments of Matrix V). Sci-fi channel said their November 02 two hour update special on Roswell, followed by Abduction Diaries, garnered them very high ratings and placed these programs in the top 10 of the week. Refer to my segment on these two November programs.

Now it's Taken. Previews were advertised for at least 6 months. Stephen Spielberg is the person behind Taken and it shows in the production. Sci-fi reruns its programs. If you miss the first run, they usually rerun it several times.

* Taken opened with a highly interesting scene in the first episode. This was not repeated in the second episode. The whole tv screen begins as white. It moves slowly out to reveal 2 stars. Next is another full white screen and a brighter, more impressive star shows as the view retreats. What they are showing is the belt of the constellation Orion. The third, more impressively displayed star (right side) is Mintaka, home star of the Orion Empire! The Orion belt is even at the correct angle of increasing from left to right. How interesting that the focus is on the reptilian queen's royal star.

The camera moves next through the asteroid belt. The asteroid belt is what remains of the planet destroyed by the Orion/Sirian Empires ages ago. After this is Earth's Moon, then Earth itself. The implication, for those who know, is that the asteroid belt should serve as a reminder to Earthers that this can be their fate as well. Why didn't they move from Mintaka directly to Earth? The lesson is not so significant. The Orion Empire, although preferring not to create another asteroid belt where Earth is, would not hesitate to do so if the reptilians thought this was their only option. With an eye to the future and what I know, I can say that the Earth, despite what the reptilians and their allies may plan, will not wind up as another asteroid belt at their whim. Another message in this opener is that Orion is returning.

If you haven't seen the opening scene of the first episode, make sure you watch it when it reruns. Also, I suggest taping it, then running the tape slowly to catch all that I've mentioned. It is more dramatic when you see Mintaka, glowing as they have it, in slow mode.

MATRIX V: The Gold Edition

Quest of the Spirit - The Ultimate Frontier

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*Next that I want to draw your attention to is the type of Grey aliens (Sheti) that has been shown in the first two episodes. This was not the type of alien that crashed in Roswell, but this is the type that the government wants you to focus on. They are part of the Orion Empire. The Grey shown in these episodes is a violent type. Also note the man in the small room where they are holding the alien. He's chanting away in Hebrew. The interesting tie here is there is the "Jehovah" alien group that has a distinct interest in the Israelis. Draw your own conclusions here.

*In episode two, the giant squirrel tricks one boy into following him. This is a common alien trick is used especially on children in the abduction scenarios. *Taken* shows it well. Read *Matrix II* for much more on the aliens and this type of trickery. This carries over to the astral with some of the recently dead. I am referring to the Light Trap and the creation of images to lure the newly dead into a false sense of security. Read my previous segment on this subject and refer to *Matrix II* for even more.

*Early on in episode two, we are taken to Groom Lake in 1958. There is a lot of information on Groom Lake - volumes. Pay attention to the 2 aircraft in the scene as the evil Army officer, Owen the murder/traitor, is walking to the hangar with his Nazi scientist. When you look at those craft, you will see they are not the simple jets of the 50's. Groom Lake is a real hive of activity above and, more so, below the ground.

*One lesson that you see over and over in the two parts is that you should NEVER trust the government. The military (as well as political officials) take oaths to protect the country from enemies "foreign and domestic". This is a farce. They are only interested in protecting their own interests (and, more so, those above them) and not the people. In the latter 40's when the Roswell event happened, people still beLIEved that the government was there to help the people. Yet, the eyewitnesses of the Roswell event and related were routinely threatened by the government which excels in lies and denials for their own interests. This is another topic you can find so much on and David Icke's materials are great on this. I will be giving more observations on Taken as it progresses. Meanwhile, watch and observe!

Observation: Taken - Second Commentary (Special Gold Edition Segment)

The Sci-Fi Channel's series, Taken, is really a major series on abduction and sequential alien tampering in modern Earther lives. Part 7 of 10 is the latest shown. Here are my comments since my observations on parts 1 and 2:

* "We would never do anything to harm a civilian. We would never do anything to a civilian against his will." So said the Dark government representative, Owen Crawford, who murders whenever he found it suited his purpose. Over and over you see how the government lies, kills and imprisons those who they want or who interfere with their Dark agenda. The statements they make about 'never harm' are really laughable. The government WILL do anything to anyone they want to. The government will do anything to a civilian that is against the civilian's will if it suits their purpose. The government is NOT your friend, nor is it looking out for your best interests. If you think it is, you aren't even ready to scan the index of Matrix 5! It is in the Advanced stages that you learn of the government's extremely Dark nature and insidious deceptions. When this occurs, you have begun to see things as they really are.

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*Shape shifting and other alien technological trickery play through the series. Aliens shape shift to look like others to gain one's confidence. Aliens shape shift into humans. This is all very true. Alien craft, in this series, disguised to look like a circus truck, a restaurant or other harmless Earther object in order to not alert the abductee. Alien shape shifting is discussed in Matrix 5 and in David Icke's books. This is a reality and it is common. Your Higher Self is well aware of what is really going on, but the Game must go on.

*Note the prominence of red and blond haired women that the aliens deal with. This is significant. I suggest, if you are interested in knowing more about this, check David Icke's site, www.davidicke.com, and check out Arizona Wilder's video tape where the blond/red hair figures prominently with the reptilians. Red hair is most valued by them for their ritual purposes.

*The abilities that Allie shows are Higher Self manifestations that would NOT occur, except in the rarest of cases, on 3rd density. They would like you to believe that by mixing Orion allied Grey with Earther human genetics, a 'super being' would exist. This is NOT true. This is what the aliens would like us to believe, however. Not only that, but they want us to believe that the alien genes are superior, when, in actuality, they are inferior. This 'blending of alien/human' is part of the sequential Higher Selves moving against the simultaneous Higher Selves in the Game. This is part of their attempts to move Earth out of the simultaneous path and into the sequential path. The mass teleportation at will by Allie at the end of the 7th part just would not happen as shown. This is part of the deception of merging alien with Earther physical bodies. Nothing magical would happen. It's the alien technology 2-step, smoke and mirrors deception to keep Earthers in awe of aliens and their technological dog and pony shows.

*They continually hint that the government does not know as much as people think they do. Actually, the government knows MUCH more than people think they do. There is more going on with *Taken* than they would like you to believe.

Observation: Taken - Final Notes

(Special Gold Edition Segment)

The 10th and final part of Taken just aired on the Sci-Fi channel. For those who have yet to watch the series, be sure and have your crying tissues for the last half hour. Taken is not a real story. There is no real Allie or any other of these characters, although some characters are based on real people. When you see the show, you should be able to see who I mean, especially the man in the mobile, 4am radio broadcasting mobil home.

Some features of the end part of the series to note:

*Several people, in the show, marvel at Allie's ability to "manifest though" in the physical. What Allie does, primarily the huge alien show seen in Part 8, would be something that a Higher Self could easily do, but would not do via an Earther physical. This is part of a deceptive idea that the sequential aliens would prefer Earthers to beLIEve. "This is the next step in the evolution of life", one person states talking about Allie. What you should easily notice here is that EVERYONE in this series is totally wrapped up in external and body ID matters. That is where the aliens are and where they want us to be. As for manifesting thought, we all do that all the time. Our thoughts manifest on the astral which is one reason why the lower astral is so cluttered. It is part of our ability as Higher Selves that shines

MATRIX V: The Gold Edition

Quest of the Spirit - The Ultimate Frontier

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through even the many filters the aliens installed in our Earther bodies. Also, when you are on the astral, you have instant gratification by making whatever you desire to manifest. Watch the film, What Dreams May Come, to see some great illustrations of this.

*Time manipulation - This was demonstrated several times in the series, but the largest display was at the end of Part 7 when Allie shifted a group of people out of time for over 2 hours. This is another Higher Self ability. The aliens have versions of this that are technologically, not naturally, generated. The problem with these displays of abilities by Allie is that they are tying ALL of this to a merging of Earther and alien physical bodies.

THIS IS A LIE! They would like you to believe that the aliens are some 'masters of Higher Self powers'. This is just not the case. Our Higher Selves move through time as simultaneous incarnations as easily as you move from one room to another. It has nothing to do with physical bodies or technology.

*People, in the series, talk about how "advanced" the aliens are, all the time bowing to their technological superiority. I have been warning about this throughout Matrix V. "We are so behind where they are, but where Allie is 'shows the future' and where we are going" - yeah, right. The aliens admit that they are 'emotionally challenged', so to say. They claim they have 'no emotions' but are astounded by the wide range of Earther human emotions. Yes, indeed. It's not that they have 'no emotions' as the series stated, it's that most have survival emotions only - fear, anger, hate, etc. The aliens have widely commented on Earther emotional ranges. This is due to the simultaneous nature of our Path. As I have said elsewhere in Matrix V segments, the aliens have been trying to duplicate the benefits of the simultaneous path using technology. They are trying to have their cake and eat it too. This particular goal will NOT be reached and their efforts are in vain. They aren't spiritually Advanced enough to recognize that, so they keep trying.

*"A thousand voices talking at once" is what Allie's mother said when she tries to mentally tune in to the aliens. These are Grey aliens and they have a hive mind. This was also demonstrated with Star Trek's Borg collective. The hive mentality is the height of conformity and an icon of several sequential alien groups. Individuality is not found with these types.

*What is it with all that red hair in this series? In an earlier observation of Taken, I mention the high visibility of blondes and red heads. Blondes are dirt common today with females, but not because they are natural. Statistics say that only 1 in 20 is a natural blonde. Red hair is even less common, but in Taken, they were seen among several of the main characters. Again I refer you to Arizona Wilder's video tape, from the David Icke site, to discover the importance of these two colored hairs. The reptilians particularly have a use for these people.

*The sacred, alien-Earther, female child - This has been seen before almost 20 years ago in another mini-series, V and V - The Final Battle. In this case it was the 'star child' born of an Earther female and a reptilian male. 'Mystical powers' were hers to command. Rent these 2 mini-series for the whole show. The 'star child' and Allie are both supposed to be held up for awe by Earthers. In both cases, Orion Empire reptilians and Greys are involved in breeding. Also notice that it is the female icon both times. This is the Orion Empire propaganda for Earther consumption. After all, the Empire is female-ruled. This (female icon) is, of course, the opposite of such major manifestations since it is the male body that is the generator of energies. Allie kept getting pooped and fall down tired after using her

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powers. This called for loads of long hugs from her parents in attempts to recharge her batteries. Charlie, her father, was the source of energy for both females. When mumsie used her energy up, she needed to run to Charlie to recharge. Charlie was the 'electrical outlet' for both females. Remember the Matrix V materials when you observe the propaganda.

This was a very well done series. I'm sure that many of you will be able to glean a lot of interesting observations on your own from Taken. It seems that the main points that they want you to accept are:

- The aliens are hopelessly more advanced than Earthers

- Earthers benefit when breeding with aliens even though it can be disturbing at the time
- The aliens are so advanced that they "lost" their ability to have a full range of emotions

- The aliens are so innocent acting in their abductions/manipulations of Earthers

- Surrender interpretations of whatever you are not ready to comprehend or deal with, as of yet, to the aliens who can handle it better since they want us to believe that they are spiritually superior.

- The government is vile and cannot be trusted. (this IS true)

- The aliens will help us in our next steps in evolution

Other than the government point, the others are PURE sequential alien deceptions. I have been warning that they intend to make Earth a sequential planet and deny our simultaneously incarnating Higher Selves a place in this galaxy. Remember that propaganda is not limited to government and religions. The aliens also engage in huge propaganda manipulations on Earth. Taken is one of them presented in semi-fictional theatrics. Very interesting series. You never know what you may find hidden in there.

Revelation: Abduction Bottom Line

(Special Gold Edition Segment)

With Sci-Fi's mini-series Taken, Abduction Diaries, and countless other alien abduction films, books, etc., the creation of hybrid beings composed of Earther human and alien (Grey and reptilian) is reported over and over. You don't hear of other types of aliens engaged in this activity. Why?

In Matrix V segments, I have mentioned that one of the considerations that the Orion Empire is seriously contemplating for Earth is the destruction of the current planetary occupants to be replaced with another. I've also discussed the Ancient Earthers in contact with the Orion/Sirian Empire's genetic scientists and what occurred there. Now for something you haven't heard yet - the purpose of these hybrid experiments is to search for and attempt to create a new form of life to take up residence on Earth after Earther humans have been 'disposed of', and they have no intention of telling you that.

The Greys (Sheti) work for the reptilians. The purpose of the abductions is to analyze and get samples from many Earthers in order to use what the aliens find "useful" from the current population to incorporate into the next intended residents. Forget the old 'dying race' crap that the Greys like to use to trigger sympathy for them with Earthers. That is a smoke screen. The hybrids they create are not the final product they desire, but they are a step in the direction that they seek. Hybrids are further manipulated, but this is not viewed by Earthers.

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Another goal of this hybridization project is yet another attempt to duplicate simultaneous incarnation benefits without taking the simultaneous path. In a previous segment, I told you that the aliens are not spiritually mature enough to realize that this is impossible. This, however, doesn't keep them from trying.

The aliens in *Taken* want us to beLIEve that they don't think they are harming us, that they are just innocently having their way with Earthers they abduct. The idea is 'I do it because I want to, and fuck the rest of you'. The Sheti serve the Empire and you are supposed to serve the Sheti.

ALL abductions are Dark polarity, but then that is what the Orion/Sirian Empires are. In the *Taken* series, Allie says 'you have to look at it from their (alien) point of view' and how important it is for them to abduct Earthers. Yeah, it is important for them to obey their Orion mistresses! They are also under Orion orders to develop a new being to inhabit Earth 'once the planet becomes sequential' and the simultaneously incarnating Higher Selves have departed. Once again aliens are duping Earthers to serve the Empire. Now you know more of why.

Genetics: A Sequential Obsession

(Special Gold Edition Segment)

We get blasted about genetics, genetic engineering, hybrid experiments, etc., from all the trumpets of society/government/entertainment and so on. It was the obsession with genetics that brought the aliens here to experiment on the Ancient Earthers. Since those days, Earther royalty has been centered around genetics in the form of the 'correct' marriage. This was to keep reptilian lines and alliances mingling on Earth from being tainted by non-royals.

More recently, Hitler was fanatical about genetics and the 'perfect Aryan' being in Europe. Since World War II, America, having imported many German scientists after WWII, has been wanting more and more genetic knowledge. This lead to agreements with certain Dark alien groups for genetic technology and certain underground bases primarily in the US southwest.

Today, for example, we have various forms of cloning acknowledged in public even though it has been going on for decades. Foods are genetically enhanced. The passion is to 'extend human life'. Fear death! Do the 'approved' regimens of diet and exercise. Take the 'approved' drugs for every minor inconvenience in life. Death is bad, so deny that it will come to you. If you do what we say, you will live longer. THOSE are the mantras of the sequential aliens and one area where they are currently active on Earth.

The Sci-Fi mini-series, Taken, had the aliens trying various cookbook type genetic experiments on Earthers. Star Trek Nemesis is themed around genetics and a clone. The drum beats of genetics and cloning are everywhere. The hope of those ultimately behind this is that Earthers will embrace these methods and the sequential path. These give away your power to the body and to those who would keep you on body ID. These are more traps set by sequentially incarnating aliens to attempt to derail the simultaneously incarnating. This genetic mindset is an Orion Empire mainstay. You do not hear anything about spiritual development in the genetic circles for genetics is their god.

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The aliens have other goals with their hybrid experiments which are touched on in another segment. Youth and beauty are co-partners with genetics. The news reported that it will be possible to replace your face with another (dead) person's face. ALL of this shit is sequential aliens fucking with Earthers. Unfortunately, most Earthers are buying into it. Come on, EndGame!

Minion incarnations will buy this lock, stock and barrel. Low through low-Advanced levels will dabble with various facets of this rhinestone 'gem'. Yes, there are *experiences* here, but they are ALL of a low level. This is *not* a lure to the Very Advanced and above.

It is the spirit that animates a body that is the deciding force in what occurs, despite genetics. A mid-Advanced level incarnation can do wonders with a genetically poor physical. An Advanced incarnation can overcome any obstacles to succeed in shim's path. Whoopie Goldberg was a welfare mother in her youth. Her incarnating spirit via her Higher Self gave her what she needed to move beyond the limitations of environment and genetics. Remember that the aliens created the black race as a slave race. Whoopie's incarnating spirit didn't let that stop her. The poor Eastern European who came to the US in 1914 with only a few dollars and turned that into a comfortable, mid-Advanced level life could not have done it if genetics or 'station in life' were factors to limit. The severely crippled man becomes a prominent scientist. Fuck genetics! The examples can go on and on.

You will hear more and more about these topics from all quarters of the Game. They will be proven futile. Atlantis had similar obsessions in its latter days too. It didn't save them or their life routines. The only verifiable growth comes in spiritual Advancement and that means NOT giving your power away to anyone or any organization. Develop your spiritual self. Remember, your death and manner of death was set by your Higher Self, thus you, before you incarnated.

Alien Visitors to Earth

Alien visitors to Earth are not on the simultaneous incarnational path that Earther Higher Selves are experiencing. There are several types of alien visitors, not all reptilian, who are freely moving around observing Earthers in their natural habitat. These either look enough like Earth humans to pass or who have disguised themselves to pass. Many tend to be very telepathic and can pick up thoughts directed to them.

Similarly, an Earth native who is taken to another planet does not lose the simultaneous experience. These are controlled by the Higher Self, once shim has chosen the path shim desires.

Several people claim certain aliens are from the 5th density. Creation is NOT conforming to what Earth people believe OR what aliens believe. Just because they arrive with lofty sounding ideas and fancy ships doesn't mean they know more that everyone here. The more they rely on technology, the less they rely on spirituality. One thing to remember, unless you've heard from the aliens themselves OR have personally been to the 5th density, I suggest you remain skeptical of what you hear. The popular aliens are notorious for sneaking around Earth and choosing problem-ridden contactees rather than using other methods to deliver their messages. Earthers are being programmed with a wide variety of alien propaganda. ALL aliens have their agendas, and I do mean ALL. There are a lot of mazes for Earthers to get lost in. ALL these mazes keep you away from going within to find

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out who you REALLY are. If enough dog and pony shows can be presented, they believe you will never go within.

Earthers with Higher Selves need to pay less attention to these circus acts and more attention to Self. You have to shut down the noise to hear what your Higher Self is trying to convey. Once you have discovered and connected to your Higher Self, THEN look at the circus and see what is really going on.

Denial of Information & Sequential Incarnates

(Special Gold Edition Segment)

In Matrix 5, the quarantine of Earth by the sequential aliens and the endless meddling by these same aliens on Earth have been discussed. This segment deals with another area that the sequential aliens are exerting control - the dissemination of information.

It is well known that the American government is paranoid about telling the people just about anything that doesn't enhance their agendas. The too often used phrase, 'national security', is the cover for this paranoia. Keeping in mind all the other sequential alien information that I have given you, remember that denial of the existence of aliens and alien activity is currently still essential to the intent of isolating simultaneously incarnating Higher Selves on Earth.

If you were foolish or naive enough to believe the government, the Roswell incident never happened, no aliens ever visited Earth, Atlantis is a myth and the Egyptian Great Pyramid is a tomb for some pharaoh. 'Swamp gas' was another favorite delusion of the government in referring to alien craft observations. The list of outright lies is endless and continues to grow in leaps and bounds under the current, fascist Bush dictatorship. But then what else would you expect from reptilian/alien rule? Minion incarnations will blindly obey the government. Low and Mid level incarnations will obey to varying degrees as part of the experiences required by their Higher Selves. Advanced level incarnates will be anywhere from questioning of the government line to outright discarding what the government says as tainted and manipulative.

You can wonder why they don't reveal alien information to the general public. The lame excuse is that 'people will panic'. 'Keep them unaware' is their motto. Instead of being truthful to the public, they are keeping this perceived panic in check UNTIL the aliens arrive. They are counting on this panic and fear so that the public can be controlled with an alien arrival because the *belief* is that the public will give *anything* for the fear to be removed.

The government has had decades to get the public use to alien realities. They have no interest in doing so. The people who buck the government bullshit are simultaneous path Higher Selves who will not be deterred by the alien/sequential planetary rulers. The government will use whatever means they can to attempt to ridicule people who want to KNOW.

Currently on Showtime pay television, comic magicians Penn & Teller have a show called 'Bullshit'. In the first few episodes, they ridicule alien contact, reflexology, chiropractic doctors and more. These comics are 2 crabs attempting to pull any other crab, who wants to leave the bucket, back into conformity. Penn & Teller almost always pull fringe elements to

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represent what they want to bash. You won't see them focusing on the AMA's corrupt medical practices. No, that's institution and approved, but alternative medicine will get full grief from their narrow minds. Consider that the powers that be are using comic magicians to use their brand of sleight of hand on the public once again. Just as their main act is an illusion, they continue to present illusions in this show.

This is just one current example of control being exerted on the simultaneous so that they resist Awakening. This, of course, also grossly underestimates the will of simultaneous Higher Selves. These are just more rocks on the Rocky Road. Nothing can stop the progression of simultaneous Higher Selves. The planetary quarantine is inconsequential as it is based on keeping average sequential incarnates away from Earth. The alien meddling on Earth, while placing many rocks on our path has only tempered the simultaneous incarnates to be stronger. Knowing that the planetary controllers are either outright alien or human collaborators (watch the film, *They Live*) means you learn not to trust the government or the military. They have the sequential aliens' agendas as their 'orders'. This boulder on the Rocky Road is part of you regaining all your power from external sources and learning to trust in your own Higher Self first and foremost.

A Deeper Look: Alien Semantics

There is a known alien group who tells their contactee that they are from the 5th/6th density. Of course with this kind of pronouncement, the Earther, in awe of the massive alien technology and alien mystique is SO impressed. It's time for a Deeper Look. From where I discovered the Higher Selves residing, while engaging in the 3rd density experience, it corresponds, using the Monroe level guidelines, to the 5th/6th density. When I went outside my Higher Self, I saw numerous other Higher Selves ALL with hundreds of extensions from them to the 3rd/4th densities. From this I've gathered that those engaging in the Earther simultaneous experience are "near" each other, probably for communications between themselves when necessary.

So, since our Higher Selves are on the 5th/6th density, if you were to proceed to other areas of that frequency, you would come to other Higher Selves (FAR more of them) having their sequential incarnational experiences in The Game. Since their memories are intact from one incarnation to another, they know far more than they are ever to reveal to an Earther Higher Self incarnation. Hell, they even quarantine the planet to try and keep us localized (as per other revelations on this topic from me).

They know that if they choose to interact (for whatever reason) with Earthers, we wouldn't have a clue about *where* they are coming from BEFORE Matrix 5 and subsequent materials were released.

So, when they say, "We're from the 5th/6th density" (accompanied by a celestial choir, no doubt), don't be deceived. Instead say, "The hell you say, so am I!". Then you can also add, "I chose to handle the simultaneous incarnational path, the fast track. Don't worry, you'll eventually catch up." I tell you, you were not supposed to be aware of this while still incarnated on Earth until your Final Incarnation and this is the first Final Incarnation who has the nerve to provide this important window in the Game (near Endgame).

They successfully try to wow Earthers with technology and exotic appearances (in most cases) and this works unless one is in the VERY Advanced stages of their Path. You notice that all the contactees are either uneducated (easy to mold) or upper mid-level or low-

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Advanced level types who won't ask the HARD questions of them. They would steer clear of Dominant Incarnations, Very Advanced Incarnations and, especially, Awakened Final Incarnations.

This group, like all other alien groups, has dazzling technologies and ships. Higher density beings do NOT need these things since will alone makes things happen. These aliens have home worlds, alliances/enemies, clothing and all other necessities of 3rd density existence. Don't be taken in by the double talk of '5th/6th density'. This information will be of great assistance to your Dominant and Final Incarnations no matter where they are in time. This knowledge is part of the Endgame scenario.

Alien Labels: 'Reincarnation' & 'Past Lives' (Special Gold Edition Segment)

If you have read all Matrix 5 segments, you are familiar with sequential and simultaneous incarnational labels and what makes them so. The terms 'reincarnation' and 'past lives' have been around for quite a while. They seem to originate with hindu, buddhist and other Asian religions. These terms are totally inaccurate for Earther Higher Selves. We are simultaneously incarnating on this path. It is only sequential incarnates who have past lives or 'reincarnate'.

The term 'past life' indicates a sequence of progression through incarnations. Lightsiders love those words. You can always hear them babble about "in my last incarnation" or "in my next incarnation". This is sequential terminology. This exists as a direct result of aliens passing along their path traits to Earthers who are their followers/genetic creations. On a deeper level, it is part of the Game and attempts to delay your discovery of your true nature and the simultaneous path of Earther Higher Selves.

Earther Higher Selves do not have past and future incarnations. Non-Earther Higher Selves do. All Earther Higher Self incarnations occur simultaneously in different frequencies referred to as 'time periods'.

Remember that *linear time* does NOT exist. Time is so played with on Earth that it is easy to see the fallacy of it. War time, daylight savings time, standard time, double summer time, etc all demonstrate that the keeping of time is artificial since it is changeable by laws made on Earth. For example: Arizona does not have daylight savings time but Utah does. It can be 3:00 in Utah and 2:00 in Arizona even though one state is geographically on top of the other. However, in the fall when Daylight time ceases to exist, both states are on the same Mountain Standard Time. Time keeping on Earth can be quite messy. It is very artificial. If time were a fixed item, silly laws by silly people would not be able to change it.

Many Asians and other followers of karmic style religions, fear what their next incarnational status will be, so they tend to mold their lives around this fear. You know about 'fear' and control from previous Matrix 5 segments. This fear keeps these people from developing properly. Karmic religions are very dead end and deceptive to the incarnate who has not matured enough to see them for what they are. I remember one of my astrology teachers being mad at another woman and saying, "it'll take her 1,000 incarnations to make that up to me". She's a fool. Karma, like time, is artificial. The good news is that karma and past life types will eventually advance beyond these stages. Favorite 'bad boys' from modern history, Hitler, Stalin, etc are not being 'punished' for their experiences, but have moved on to other things in other incarnations they are having. If you are still body ID ruled, you will

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not understand this, but then you should also not be reading Matrix 5 materials. It's way out of your league.

If you still cling to 'karma', you are clinging to alien philosophies. Karma, if it were genuine, would only work with a sequential path of incarnations and never with a simultaneous path. How could karma exist if all your incarnations are occurring simultaneously? It can't.

'Karmic astrology' involves reading a horoscope for information on other lives of that person. They teach that the 12th house refers to "last incarnation" while the 2nd house refers to "next incarnation". This is also a sequential incarnate philosophy and could very well work for them. BUT what applies to sequential incarnates does not apply to simultaneous. I would sooner say that the 12th house brings experiences from other lives of your Higher Self to play in your current incarnation.

Knowing what you know now, you should react differently to hearing the terms 'past lives' and 'reincarnation'. Earther Higher Selves do not reincarnate. You can't 'reincarnate' once you have chosen the simultaneous route. It's a mismatch in terms. Don't be deceived.

Observations - Aliens and the Higher Self

"When are the aliens coming to save us?" was one question I was asked many times when I taught classes. Earthers are ALWAYS looking for some external savior, whether it be the non-existent jesus or some alien group. I'll have several questions in this writing for you to think about. First of all, why do aliens groups, who claim to have such important messages for Earthers, always choose representatives who are loaded down with personal problems or little education or who just put them on a pedestal believing every word that drops from their lips?

Meier in Switzerland has been dealing with aliens from Erra in the one of the Pleiadian systems. Meier never completed grade school and is dazzled by the alien technology. He refers to Earthers as 'lowly worms' and the Errans do nothing to discourage this. Other aliens groups contact people with loads of personal problems and huge amounts of fear. My response is that IF what you aliens have to tell us is SO damned important, why can't you choose someone who has an intellect and, more importantly, is spiritually advanced enough to ask you the proper question and NOT take what you say solely on face value?

How many times have you heard of aliens talking about Higher Selves and matters beyond 3rd density concerns? The main reason for us on Earth is to discover who we are through experience. It is the connecting with your Higher Self and spiraling beyond the 3rd/4th density muck that should be your goals. However the aliens don't talk about this. Why? Aren't they all they're cracked up to be?

They love to charm their Earther supplicant with wonderful shows of technology, yet the more one relies on technology, the less likely they will look inward to the true source. Val tells me last night that since the Andromedans say they come from the 4th/5th density, they imply "technology must be there too". This is an incorrect assumption, but one that an Earther would normally deduce. The Andromedans have also had plenty to say on events supposedly to happen on Earth and they just haven't happened. In view of this, why would anyone believe anything they say JUST because they say it???

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Another blurb from the 'Andromedan group' is that they, or someone from the 'Andromedan Council', will intervene on Earth AFTER someone in the Middle East explodes a nuke. My question is, what is the alien motive if they wait until AFTER a nuke goes off to intervene? Why do so many people have to die and the planet get radiated before they show? For the experience? Yes, it will be an experience, but IF they claim to know what will happen AND they claim to be benevolent, why would they delay their arrival until after such a huge disaster? They have their own agenda.

I remember when the aliens were saying that they were 'waiting to be invited' to intervene on Earth. Just send us this astral message and we'll come. The astral message was sent and they saw it. Did they come? NO!...and I doubt they had any intention of coming. Therefore, what's this game they're playing? The different alien groups love to play their Earther shill like a puppet to see just what they can get away with. It's not the Orion reptilians that play these games, but other alien groups. Reptilians do not play games.

All this stuff aside, the alien lure is just a lure to get you from paying attention to your Higher Self. I find it interesting for these 'superior' acting aliens to never talk about the Higher Self. They talk about many *Light polarity* issues, but I've never come across any Balance issues from them. They are wrapped up in their wars with the Orion Empire as well as with other beings not yet mentioned on Earth.

Getting alien information IS interesting and I'd love to discuss cultures and ideas with them, but just because they have neat technology should never blind you to who you are. I can travel beyond the galaxy in a blink without a space ship of any kind.

The aliens come spouting all kinds of information, yet hide themselves from all except their chosen minion follower. Why is that? Do they fear REAL questions and examinations by those who have experiences that they don't seem to have had? They obviously fear something by not being public. It's just a cop-out to use the 'we can't interfere' line of crap. They've already interfered by contacting one person and getting him to spread their messages. The Orion Empire has been helping themselves overtly and covertly for thousands of years to Earth and the humans here. Where were all these self-proclaimed enlightened aliens all through this period?

We have to look on the alien issues as interesting, but a lure to get sidetracked into a loop that will keep you away from your purpose on Earth and your goal.

Listen to the info their lackey spews. Evaluate it as best you can, then go on with your life and your inner development. Any aliens who claim to be able to help Earthers, but only after some awful disaster, are not as good as you'd like to believe. You should be tired of aliens coming from their ivory towers telling Earthers how they should be living and what they should be doing. Every Higher Self has shim's own path, which is unique. My Higher Self's path is different than yours, however there are enough basics to follow so that you know you're listening to your Higher Self and not some alien guru.

Make sure you put aliens and their perspectives in proper place to your own. Stop looking for saviors of any kind for only YOU can 'save' yourself and that you is your Higher Self!

MATRIX V: The Gold Edition

Quest of the Spirit - The Ultimate Frontier

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Observations: David Icke's 'Children of the Matrix'

I have previously recommended Icke's newest book, 'Children of the Matrix' (I recommend all of his books). If you have this book, pay attention to pg 368 - Micro-chipped population. This Event is well under way for full implementation, and you should know about it ahead of time to help you decide on your personal course of action, if any. There are some hefty movements to have all of David's books removed from bookshelves.

Go to his site for more info on that (davidicke.com). I suggest getting this book while you can. It shines the light on some hefty segments of the Game on 3rd density earth. There are some *errors* in David's *assumptions*, but those of Very Advanced levels and up should have no problem discerning them.

Icke is serving as a major source of Game info, but he is challenging the Game and battles it. This will eventually be his undoing as the Game does have ways of dealing with that type of aggression. Stick to the observing mode and personal Advancement and spiraling out of the Game, but resist challenging it directly. The key here is to end YOUR participation in the Game and not to try to undo the Game's purpose as many Lightsiders are trying to vainly do.

I've said before that *Icke has errors in his materials*, among them that 'all the aliens are from 4th density on Earth'. I've just uncovered in his *Children of the Matrix* book (pg 399), one that is at least as seriously flawed. With it he's *playing the Game* and *doesn't even realize it*. That's those Lightsiders. Here it is:

"I wrote earlier about how, when two polarities, male and female, are fused together it creates a third force of fantastic creative potential that can take us vibrationally out of the Matrix mode."

Cheese & crackers. What a bunch of Game bullshit that is. That comes directly out of the alien DNA command structure! This falsely assumes that there are male and female spirits, which is what the Game wants Earthers to believe. It also denies that every spirit is BOTH male and female and needs NO 'fusing' to become whole. It also leads one to believe you can't succeed in spiraling out 'without the opposite gender' when just the opposite is true. It's awakening to your whole, true nature that will allow you to spiral out, not looking for another external savior (the opposite gender) which will do more harm than good in the long run, especially in Advanced stages, but you have to discover this on your own.

More: "For this reason, the Illuminati have worked furiously over thousands of years to keep male and female apart and maintain the duality."

What!!?! The planetary rulers INSISTED on creating genders then REQUIRED/FORCED them together to short out Higher Self functions. That whole sentence of his is one of the most absurd I've ever read from him and far worse than 'all problem Earther aliens are 4th density'. He continues on with his Lightsider flawed philosophy but it's terribly wrong. He is where he is and Lightsiders LOVE to pontificate BUT he doesn't realize that what he's doing here is to greatly assist the Game by throwing in a MAJOR dead end that will delay his readers in spiraling out. That's why I say although his books are excellent, you must be on your spiritual toes when reading them.

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Observation on David Icke's View of Reptilian Presence

David Icke constantly refers to the reptilians as being '4th density possessing human bodies' on one hand, then on the other talks about how they 'shape-shift into physical reptilians and need to drink blood'. 4th density beings have no need of human blood/flesh BUT physical reptilians DO. I really don't understand why he doesn't make the connection. Dark astral beings feed off fear and other negative vibrations. They have no need of physical sustenance.

There ARE lower astral reptilians but they work with 3rd density reptilians. Credo Mutwa talks about *physical* reptilians, not astrals. I don't know why David doesn't make the complete connection with all the stuff he publishes. These are 2 different types of reptilians. The astral ones are of minimal concern since if you aren't fear based, they have no power over you. The physical ones, however, are another story. David is where he is and DOES give out lots of good info, but he has his blocks.

Two Reptilian Influences On Earth

"From the Library on 27:

*Notice how females have been doing all kinds of artificial things around their eyes with make-up? Make-up, dyes, etc go back to the temple whores in ancient times. Temple whores were organized by those who had contact with the reptilians. Orion reptilians always wanted people to look to their eyes. They used hypnotic like stares to control. To draw one's gaze to the eyes, they used different types of enhancements to get attention. When watching TV, I notice how these bimbos today draw black circle outlines around their eyes, put all kinds of tacky colors around them and even glitter and such. This is pure reptilian female.

*Female dominance in the Orion Empire constantly requires males to bow/kneel to females. One example of this is from the Dark and Middle Ages of kneeling to a female when asking for marriage. This is a reptilian tradition of subservience by the male. This began with royalty. European royalty is notoriously reptilian and half-bred. The common people, ever desiring to be like them, adopted this slowly. Lots of wanna-be royals out there. This continues today. When a female proposes, does she get on her knees? Of course not, it's not part of the Empire. This tradition is not practiced around the globe, but, of course, stems from Europe and from Europe into North America.

These 2 examples are just 2 of the Orion traditions on Earth.

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Observation: Harry Potter/Chamber of Secrets

The Harry Potter films are good entertainment and very well done. The Harry Potter films/books are geared primarily to children/early teens, but are read by all ages. Harry Potter material is LOADED with reptilian imagery. Harry Potter materials are meant to influence the reader/watcher to become more and more used to the reptilian ways. Harry Potter is filled with Orion imagery.

I saw Harry Potter and the Chamber of Secrets this weekend. It's a very well done movie. I was interestingly surprised to hear an Orion reptilian dialect used in the film. The words that Harry speaks to the snake and to open the chamber portals are spoken by real Orion reptilians. This dialect is used by Orion reptilian on Earth when talking to each other in the 'mother tongue'. If you were able to glean that from the film, you may have also intuited that this is a higher dialect used by the royals, hence its connection to control and to use power with these sounds.

Harry used these words on the snake to control it, yet the other students thought he was urging the snake to strike. This is part of the mystery for non-reptilians hearing reptilian speech. Pay attention to it when you watch the film. It is really excellently done.

Snake imagery, Slitherin House, "Caput Draconis" (Head of the Dragon) as the password to enter Gryffindor's house, alien spiders who eat humans and fear the reptilian basilisk, on and on go the Orion mystical examples. I'm surprised how brazen they've become on one hand, but on the other, they have plans that are close to being fulfilled.

The phoenix, in this film, is representative of the Orion queen's ability to die and be reborn. This is cloning. For the queen, a tediously slowly progressing sequential, her spirit leaves the dead body and returns to inhabit a cloned version. This has been going on so long that only in the latest palace coup, where one of the royal females destroyed the queen and took her place, that the original queen has finally moved on to other things. Now there's another even more ruthless female in charge of the Orion Empire.

The basilisk represents the rebel queen responsible for pulling our solar system, temporarily, out of the Orion sphere. The rebel queen (basilisk) is death to look on. The only thing that can blind the basilisk is the phoenix clawing out her eyes. The phoenix also brings Harry the sword needed to kill the basilisk. The phoenix is the Orion queen assisting in the downfall/death of the rebel queen. This film includes a message to those who support the wrong queen. It is fascinating.

Harry Potter IS worth seeing. I will see it again but with an eye to decoding more of the reptilian imagery. Interesting what they're doing with movies these days.

[Ed.- The author of Harry Potter recently said that when she read some of what she had written, "it scared her". This indicates Harry Potter material is essentially channeled by Rowling from sequential sources deeply engrained in the Reptilian mindset —she would have never gone into fear if it was genuinely produced from her own imagination, per se.]