

The Journey

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**Question 502:** The Matrix V book is opening up a new spectrum for me. My awareness is expanding and I am applying the materials wherever I can: I booted the Vogon use of 'Earthling' in the new movie "The Hitchhiker's Guide to the Galaxy." At the moment, I will have to embark on another leg of the journey with the following books you recommended: Monroe's books, Astral Travel, M5 Volume II (which i just ordered), and The Christ Conspiracy. I studied the Scientology technology for two years straight (entered as a natural Clear) and applied it "in the field" for over two decades. In addition, I used Carlos Castaneda's books as a metaphysical guide. I got tested on this material frequently and graduated from it. In 2002 the David Icke books came into my life and now, the M5 project. In my enthusiasm, I immediately started writing to you and, erroneously, thought I had achieved True Balance. I know now, I achieved the Yin yang balance. With new concepts to contemplate and new experiences entering my life I will be busy for a while to come. It takes what it takes. Again, thanks for putting this material out.

**Answer:** I'm glad M5 is such an assist to you on your path. It was the aliens who coined the term 'Earthling' to attempt to keep us subservient to them. I would be surprised if they didn't use it. Castaneda was a Dark shaman. M5 Vol II will take you on a deeper journey in the M5 project. With Vol II, you will be able to access the post Vol II segments on the website. Have fun.

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**Question 503:** I'm re-reading Vol. 1 and on page 17 you say that there are areas of our galaxy that are light polarity and some that are dark. Since we're in a dark polarity I was wondering if you could describe what some of the light polarity areas are like. Do they have religions and governments? Would they have like things like corporations? Would the geography and "people" of some of these areas be anything like Earth?

**Answer:** It is not for us to know that much depth of the galaxy, as you ask while we are simultaneously incarnated. The reason some sequential information exists is due to alien meddling on Earth and Orion/Sirian boasting. If they would not be interfering, we would not have the information we do have. That, too, is covered in M5. Your answers will have to wait until you Graduate.

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**Question 504:** Recently, I was hired to a new job where I anticipated much positive outcome. A lot of personal goals of mine are starting to be fulfilled and this is very valued. All of these new changes feel very welcomed in my life. However, the problem that I am seeking help with is advice on how to interact with others, especially those that are heavily involved in the game. Part of my new job is being social with the general public, which I realize is something that I feel much regret about doing. I find interactions extremely banal and draining, even though I do not intend for them to be so.

My main problem, is a coworker who perfectly fits the description of an Orionized female. In such a regard, she is unknowingly hostile with me. I find that she does not have any comprehension of her rude acts, though she does possess a very strong willed attitude. She constantly pulls me aside to tell me bawdy (boring) stories that are mostly, moralistic in tone. What I would like is help with interacting with her. She hardly listens to the things I say, and I feel that this is not a situation where I can simply tell her to "fuck off." Which she rightly should!

**Answer:** These types of problems are something where you'll have to decide what to do. I work with cunts as well. Giving them the cold shoulder/ignoring them (except for work matters) does give the indication that you want to be left alone. Don't cater to them JUST because of their gender. That's what they are counting on. If they persist on bothering you, tell your boss you're being sexually harassed. That phrase puts the fear in them. They are counting on only females using it, but it can prove effective in reverse. It's meant as an Orion control device on males, so it can be beneficial for a guy to use it on them. But, just like each path is individual, so is each response to situations. Do what YOU gotta do.

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**Question 505:** I am from India. I received your M5 book and have read it almost all of it. You mentioned that all incarnations take place at the same time. When I was 5 years old, my mother was driving me home. I felt compelled to shift my eyes to my left and there they were -2 girls approx. 7-8 yrs old and 4 yrs old (I figured). It was a bright sunny day and while I felt compelled to look at them, I also felt repelled at the same time for some inexplicable reason. I was afraid that if I shifted my gaze that they would disappear. They looked familiar to me and I stared intently trying to figure out who they were. I got a shock of my life! I recognized them to be me!!! I asked myself how can this be? I stared even harder at them and then came to the realization that yes, they were me! Then I thought, 'no, which one of them is me?' They were white girls with blond hair and did not look like me at all. I could not differentiate either one separately as me. So I said 'okay, I am both these girls.' If I did not have this experience I could not grasp that all my incarnations existing at the same time. I agree now that there is no such thing as karma. If those girls did not go out of my vision, I would have stared more intently for an understanding of how they could be me.



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**Answer:** Matrix V has been well received by Indian readers and I'm glad that you find it beneficial to your path. Remember now that all simultaneous path incarnations are at the same moment but not the same time period. They are scattered throughout Earth history. You may have a vision of another of your incarnations, but they would not be all here in 2005. The vision would be for some specific purpose for you and not just idle curiosity. Keep yourself open to changes and pay attention to your observations. Religion is a trap as is karma connected to one's incarnational manifestations. Be true to yourself.

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**Question 506:** I am writing to you from a small village in southern Scotland where I have just taken a week off work to read Matrix V. There are no words to explain everything I am feeling - the main point is that I have been looking for this material for a long time and wanted to say thank you for putting it out there. If anything, my sense is that I am a transitional incarnation - moving beyond any need to have a relationship, give my power away (to anyone who would have it!), be part of the New Age ... and that is challenging, exciting, scary but so absolutely the right thing for me to be doing. I have remembered that when I was around 13/14 I wrote in my journal 'ultimately we are alone, and if we cannot face that aloneness, we can never happy'. I didn't understand what it meant - my mother was horrified - but I have never forgotten those words. Having read MV, I am at last beginning to get a feel of what they might mean for me in this incarnation.

**Answer:** Thanks for your comments. I'm glad M5 is of use to you on your path. M5 is an evolving project, hence Vol 2 and then the segments since Vol 2 on the site. Do what is best for you and your path and the hell with the rest.

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**Question 507:** With all the media hype, and the amazing mind controlled population of catholics (and others), I laughed at reading your observations about the Pope. At last some reality! It also reminded me of an interview done by Jon Rappoport with an ex-catholic priest who is obviously a very advanced incarnation. The interview was done in 2 parts in March 2002. I pasted them together and made a PDF file, which is attached for your enjoyment. Its worth the read.

**Answer:** Interesting read. Rappoport would benefit from reading the M5 series, since he's still searching for an external 'god'. It's a major jump to stop the external search and deal with the internal. Yet, demanding that 'god' have a one on one conversation with him is the arrogance of personality and body ID. The spirit already knows that shim is shim's own 'god', but needs to deal with that properly in his own Dominant and Final Incarnations. The body 'conscience' can use the weapon of doubt to try and keep the advancing spirit from probing too deeply, with such impluses as 'if god doesn't appear to you...you're wrong about the whole thing...or...you're not worthy...or...the devil is behind this, etc. These are part of the challenges of entering the Very Advanced stages.

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**Question 508:** Have you noticed that when a star or maybe someone you know gets plastic surgery, their vibration significantly lowers? This is something I notice in people. I've known some, friends of my mother's for instance, who have had some work done, or someone on TV who suddenly has no wrinkles, and their aura/energy field changes significantly, it's as if I can just see them "sinking" down into their bodies and what they radiate changes entirely.

**Answer:** I only know one person (female, of course) who has had some plastic surgery. You are correct in your observation.

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**Question 509:** A point about the word 'pope' is the use of the letter 'p' in his name. The letter 'p' is part of a lot of words used in english (the current dominating, limited language of confusion) to bind and control earthers physically, mentally and emotionally: Penal System, Police, Politics, Psychology (why is there a 'p' in 'psychology' but there is no 'p' sound thus no need for it?...because the 'p' is one of their symbols). More words used in everyday life that tie into the binding and controlling of the population include 'President' and currently, the most popular binding 'P' word in the U.S. is 'Patriotism' ("Ahhh...the smell of fear and conformity", said the controllers). 'P' can also be spun around to be a '6' even if it has a slightly different shape...and of course the number 6 is used in a lot of their rituals. I could go on and on but the point is made...they are Psychotic ('P' again) in their obsession with ritual(s). A true reptilian trait.

**Answer:** I agree with everything about 'p' except the number 6. The control number is 4 for the 4 pillars of control, 4 posts of a fence, 4 walls of a room, etc. 6 is a most beneficial number and one with a special vibration for Graduation. Well I learn something new everyday. I appreciate the info. That makes sense though....if they push '6' as so called 'evil', it would make sense that it actually plays a role in graduation.

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**Question 510:** I totally understand what you've repeatedly said about Higher Self access. However, my conundrum is that I've consciously been inside my Higher Self and seen HS from the outside a few times in dreams; it wasn't until I read MV that I understood where I'd been and what I'd seen. The experience of consciously being inside my Higher Self took place in April 1980 and it is an experience I have cherished all these years. I left my body, found myself bouncing on the ceiling; the most incredible light "came" and then I found myself within. At the time I didn't see any of my other incarnations. It was what I felt when I was there that to this day, I have difficulty finding the words to describe.... Once back in body it was hours before I could speak. One could say, I've been trying to get "back in" ever since! It's thanks to the wisdom and keys in both books that I realise a lot more wisdom and experience (plus loop severing) was/is needed before possibly being consciously within. The books have also helped me come to the awareness that my Higher Self also communicates with me through the paintings I create.



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**Answer:** Jumping back into yourself allows you to travel up the crown chakra and into your Higher Self, if permitted by your Higher Self.

**Question 511:** Am still looking around Focus 12 for the "entrance" to HS but, darn it, I keep losing consciousness and can't remember where I've been! However, all is not lost as very often I wake up with a huge grin on my face and feel absolutely wonderful.

**Answer:** Bob Monroe told me that the key to Higher Self access is in Focus 12 and the way to do it is, once in Focus 12, you jump back into yourself. IF you are meant to have Higher Self access, you will. If not, don't worry about it. *Higher Self conscious access is limited to Dominants and your Final.*

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**Question 512:** Alas, we're in the crunch period of Endgame and it's such a mess. I often wonder how much worse it can get before it gets better. From watching 'V', the original, the final battle and then the series, it seems Earth will suffer much if the reptilians and their allies show up, and stay. The controllers of Earth are also working hard along their own agenda. This, coupled with the Earth changes and the local difficulties resulting from Earther and Minion incarnates and their demands makes for quite a scene, lots to observe, not always easy to deal with. What a difficult time to incarnate in! I'm really eager to see how it all turns out. I often think about the chaos period that is slowly unraveling, what it would be like. The handbooks have been very helpful in suggesting that a way to get through this period is to be an observer and move in the movement of the chaos. This will allow for being at the right place at the right time as opportunities show up in the midst of the mess. Do you have any idea now what will happen to the DNA commands (both male and female portions) of those humans who survive the chaos? It seems to me that it would be best to be in a position not to interact much with females who are 'under the influence', if they survive. It would be great to have the vast majority of female survivors be very advanced incarnates who can handle the commands if they're still present. Any thoughts you'd like to share on this?

**Answer:** The body ID commands will remain as long as Earth is the simultaneous planet. Once the Planetary Spirit Graduates, life will be eliminated on Earth. That's the only time that the DNA commands cease: the extinction on Earther human life. Otherwise females will continue to drain male energies. It doesn't matter HOW Advanced the spirit is in a female body. It is the basic nature of the physical to do that. That you even have a body ID interest like this shows that your experiential loop of opposite gender attraction is alive and well even if somewhat subdued. You're still flopping around with cunts and getting drained, so the loop is intact. It is also your body ID that cannot conceive of Earther humans becoming extinct while the Game goes on. Meanwhile, you gotta do what YOU gotta do...and that's fine. Have fun!



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**Question 513:** I made one more trip to Monroe about a week ago for starlines. It'll likely be my last trip there. The course was great, especially the astronomy part, and Franceen put together some useful material for references, that also further increased my interest in the subject. I had tons of experiences and wrote over 50 pages in my diary. Maybe I'll write some of my thoughts and experiences for a more general audience at some point in the future. It's a possibility at this point. The main focus levels used were 34/35, 42 and 49, with explorations of the solar system, the local stars (Acturus system, Orion belt stars the Pleiades, Alpha and Omega system and Sirius), then moving beyond to larger structures, finally to the galactic center. There were also opportunities to explore neighbouring galaxies. The vehicle used to move from 34/35 to 42 and then to 49 is called 'Voyager 8'. Lots of stories to tell on that one. Many experiences resulted from these journeys. Exploring this solar system was great fun. Some of the planets, such as Jupiter, have some very fascinating interdimensional portals, and the sun was fun to explore too. Some of the highlights were visiting a place much like F-27, which has a more extensive library. There I met with beings that work with a higher node of my Higher Self. I received a rote that was incredibly powerful. Most participants clicked out during this exercise (Wednesday night). I felt I couldn't take it, and went to bed right after this experience without even writing anything down. Many places and objects were explored. Some places in existence seem to be timeless and the space goes on forever in every direction. In general the energy during the entire week was powerful. On one journey I managed to perceive my Higher Self cluster from a distance above it. The energy was rather strong, almost unbearable! Later, at the end of the program, I saw a drawing/image of the exact being I saw in a book written by one Japanese participant who had attended starlines a number of times. That was synchronistic and good verification. I also managed to see my Higher Self from the outside.

**Answer:** I'm glad you're enjoying the experiences that you have been having. The Institute keeps having participant's mess around with the Planetary Spirit by adding energy into the main crystal, which is very Dark in intent orchestrated by those who are using it as a Light concept. I refused to participate in that when I was last there. I'm glad you saw the Graduation Key as well. Things are moving along with that.

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**Question 514:** I do hope this correspondence finds you in good health and spirits. I do not recall finding any information (warnings or otherwise) in your material or R. Monroe's regarding psychic protection while astral traveling. Although there is strict warning in Gavin & Yvonne Frost's publication '*Astral Travel*' against traveling without first setting-up a psychic barrier. Have you found any validity or reason to go through such rituals prior to leaving? Have you any experience with the T-1 Takyon Capsule or NSR-PFF Protective System and would they be useful and/or adequate for this purpose? Also, is there a real psychic threat while under general anesthetic?



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**Answer:** My materials are loaded with protective advice. That you can't "recall" this after reading the books indicates that the M5 series is not for you. Similarly, Monroe also has his version of protections. The T-1 has zero protective abilities other than *what it is designed to do*. Any stage of unconsciousness from sleep to whatever can open one to attack more easily than if awake. Yet, even awake, one can be zapped by astral violence. This is mid-Advanced stuff, though, and probably where you are, especially since you invoke mythological deities like the christian pantheon for assistance. Stick with what is comfortable for you and where you are on your path.

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**Question 515:** This quote from your recent segment, "Sequential aliens have been trying different methods to keep us and the Planetary Spirit from spiraling out of the Game. Some of their techniques involve using various craft to manipulate Earth's grid points in order to subdue the Planetary Spirit....." seems to relate to the images on this site.

Again this has to be a link since it involves images. My question is, since the Planetary Spirit is solar based are these the ships you were referring to? At the bottom of each page is a link to the next one. On the last page in the series he has this quote, "Constant work, from very large ships. is this all one civilization, or several? Is it the Elohim? Perhaps Orion's Mintaka, or Sirius. in a galaxy this old and large there must be many others."

**Answer:** It's not quite correct to say the Planetary Spirit is "solar based". Earth's Planetary Spirit is Earth based. The solar connection is the Planetary Spirit's Higher Self. The Nature Spirit path is significantly different from ours. Anyway, your question isn't phrased clearly so I am not quite sure WHAT the fuck you're asking me! The ships jamming alien energy into the Earth grid are 3rd density.

An excellent author on the planetary grid is Bruce Cathie who wrote *The Energy Grid*. He refers to how certain alien groups are trying to keep the Earth spirit contained. Take his information and add mine from the M5 segments and you get a better picture of what's going on. Excellent book.

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**Question 516:** The tibetan monks definitely have some alien influence in their information and practices. I read a book quite a few years back called "The Third Eye" by T. Lobsang Rampa . It was a pretty good book) that talks about the "high lama" initiations and astral experiences with insectoid like aliens. Also, the monks do a lot of chanting w/certain tones and just because the word 'spiritual' is often associated (by some people) with the monks' particular practice, many people assume that the chants are beneficial to everyone. Just as tones/chants can be used for positive effect, they can also be used for negative effect relative to the affected individual or group.



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**Answer:** You are, of course, correct about chant usage. If a monk doesn't like you, he can chant Dark chants that sound as good as Light chants. I have not read any of Rampa's books, but I know there are a significant group of Lightsiders who love them. I heard about him in the 80's.

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**Question 517:** Just wanted to share some of my insights. Haven't finished reading Matrix V but get so much joy out of knowing I'm on "the right track" as described by you that I want to let you know. A few weeks ago I got the message of my Higher Self I was in true balance. Shortly after, I became aware of your book which I purchased. Nothing new there. Have been aware of the aliens since 1948 when I again incarnated. Ran through the whole gamut of being victimized, the victimizer, hateful, friendly to neutral. Although I could go out-of-body for decades I got slammed back in for the past two decades, possibly to become more grounded. Don't like it but work with it. At this point I am slowly beginning to differentiate between the various alien faculties although I still don't have complete understanding of their various purposes. Somewhere inside I still seem to want to "save the planet" although I am now more interested in spiraling out and see I can't change the Game. Anyway, your communications are giving me the last pieces of the puzzle I've worked so long to complete. Thanks! Love it!

**Answer:** I'm glad you find the M5 segments beneficial. 2 points: as long as you want to 'save the planet', you cannot be in "true balance". Also, refer to segments on balance and Balance in the M5 books. You have to strive for yin/yang balance first. Keep reading

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**Question 518:** There was a show on the discovery/animal planet channel on Sunday that was a faux documentary regarding dragons. Basically, the plot was that these scientists find dragon remains in a mountain that was covered (now melting) in ice along with some 16th century soldiers who died trying to kill the dragon. blah blah. During the narration (of the "jungle" dragon) they made it clear that humans learned about fire from the dragons...that made me chuckle. The domain name (dragonsarecoming.com) is amusing in of itself but nothing really sticks out about the web content if one already saw the show.

**Answer:** Since 'dragons' really refers to reptilian aliens and genetically engineered Earther humans, it is correct to infer that 'dragons' gave Earther humans fire. Fire also has several meanings.

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**Question 519:** I took a step back from the material for a while - it's been a long time since I have written you but have kept up on the web site. I am 35 never married and no children. I spent over a year deeply involved in your materials and others trying to get some sort of grasp for why I felt the way I felt. It was a full two years of being extremely alone but having one revelation after the next. Then I hit a wall - I wasn't developing on any level just being alone and eventually bored. My dream skills vanished as well as my focus - it seemed I was in limbo. I had no money and was barely holding a job. I had a bisexual experience that was unfulfilling. So I rejoined the Game. Now I have a job where I can potentially make very good money if I continue to play the Game. My plan is to make money to go to school to be trained in bodywork, which I feel is my next developmental step. My question has taken a long time to form. I feel stuck between two worlds. On the one hand the world is a cesspool and I want so much to Graduate and get the fuck out of here. On the other I play the Game to make enough money to put myself in the situation to keep developing. I find it difficult to play the Game and work with the materials both. Now it appears the Graduation Party will be much smaller than you originally thought ever since the revelation you had. The thought of having to continue this charade on another planet makes my stomach upset. I have far to go and not much time to do it in. I'm afraid that by joining the Game again I'll miss out on Graduation.

**Answer:** You have not asked a question, just stated circumstances surrounding your current status. Having a bisexual experience JUST to have one, will not result in spiritual Advancement at all. The same gender sex is not the goal, however it can be a link to more based on who the spirits incarnating those bodies are. Sex must be the bonus and link to more and not the reason for the hook-up. You have to do what YOU have to do. ALL choices have consequences whether you choose the Game or the alternate path. No matter what choices you make, you will disappoint someone. My advice in M5 is advice. Do what you will with it.

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**Question 520:** Hello Author. I've read both M5G Volumes starting 3 years back. My life was turned upside down and I learned a great deal. The knowledge was thrilling but at the same time I had a lot of trouble knowing what I should do next. I'm only 22 and been in and out of college. It seems that with the rapidly decaying state of the world there not much point in pursuing a major degree/career. My advanced perspective and unusual interests has alienated me from family and friends and I feel very alone. Just one person to share with could make all the difference but that seems very unlikely. I realize there is a purpose in this isolation but I feel I'm beyond the threshold of what I can handle on my own. Everything has been building up and without any support I feel I'm nearing collapse.

I am interested in observing 3rd density dynamics but the vibrations around here are very harsh. I just don't seem to have much purposeful future on this planet and am strongly considering suicide to move on to higher matters. I don't understand what my HS intended for me in this life. My requests for guidance/signals seem to have been ignored. I believe that things happen as they are meant to but I don't understand why this is what was meant



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for me. The only things keeping me here are curiosity of what will happen and guilt over hurting others. My motivation/will are running thin and I'm open to any thoughts from anyone. Sorry to dump this on you but your one of the few people on the planet who could understand. Dreamer4ever

**Answer:** This is commentary on your current situation, not really a question and definitely not a question about M5. As long as you choose the position of "dreamer4ever", you cannot progress. You have to stop the dreaming and get on with your incarnation's purpose. Isolation (as it is with me too) can definitely surround you when dealing with M5 style Advancements. I have no one in my area either, so I do as best as I can even though I'd rather there was someone around.

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**Question 521:** I still have sexual attraction for females as well and I am not attracted to males at all. However I seek to keep my distance from females for reasons that are obvious to us both. Effeminate males also have made passes at me but I wasn't interested as well. So now I am caught between a rock and a hard place because I still have my DNA commands active but yet my spirit has advanced well beyond being confined by the game. I'm to the point where If people don't like me they can f\*ck off as far as I'm concerned. I have to live my life all alone then so be it I am ready for whatever is next. I HAVE ALSO FOUND OUT IT IS BETTER FOR A INCARNATION THAT IS SPIRALING OUT TO BE ALONE. I think it is better to be alone until you can find like- minded incarnates. The loneliness can be painful sometimes but it is necessary for spiritual growth. The lesser advanced cant really help you anyways. I will not be seeking any type of friendship/companionship from the lesser advanced any more.

MY question is that since I can see there is at least one person that is experiencing the *same exact situation I am*, once the refining fires passes will we both be at the same point as well? Plus you also mentioned how we have higher self buddies from pre game life would any of your buddies wind up at the same point as you in a similar incarnation? I just think it is interesting to see that someone is going through a mirror of what I am going through.

**Answer:** If you have to type f\*ck instead of fuck, then the M5 materials are NOT for you! In your last paragraph, you ask questions that reek of *conformity*. If nothing else, you *should* have been aware enough, by reading the M5 segments, that *being at the same place as others is not what individuality is about*. Your use of a 'mirror' is sequential and not simultaneous. I am NOT your personal teacher. Any further sequential-based questions will go without comment and THAT will be your answer.

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**Question 522:** I have become more and more isolated over the last 4-5 months in particular. At first I was curious as to why this was happening. I inquired but did not receive an answer. So I accepted it as part of my growth and left it alone. Last Friday night I dreamt that my consciousness was present in this beautiful golden colored sky. The golden sky was punctuated with golden little lights, the sky was a light gold and the little golden lights like stars almost, were of a more pronounced, deeper golden color. It was a very blissful, peaceful feeling. Then right in front of my consciousness (as perceived in the dream) a majestic higher-self "jelly" floated by, and It too was radiating in shimmering gold. It floated slowly, deliberately, and as "I" rotated I was able to float over it, and looking down I was able to see the incarnation streams going downward and lots coming upward, as if into Itself. Then I realised that the golden little lights were actually higher self jellies, lots of them. They were all floating gracefully, intently, and there was a slight hum radiating from them as well. Obviously when I woke up I immediately logged on to MV2 site and when I read the Author's segments on isolation and growth, I understood then that my isolation has a deep role in my continuing growth.

**Answer:** Good for you....self-discovery is an internal and very individual matter, as you should have gathered from the M5 segments. The isolation is part of one's path in the Very Advanced, as per that segment too, and even more so for a Final.

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**Question 523:** I would like to share some a personal observations and perhaps you will can me some further insight in terms of how I can maintain my present path. I find that the majority of individuals I come across in my daily life, especially at work are of a low level of advancement when it comes to spirituality. Recently within the past few months I started working in a majority female populated(85-90 percent) work environment. Of course most of the females there are heavily into breeding, marriage, "finding a man", etc.

Personally I am not into the type of behavior that the majority of individuals there participate in. I mean I have read both M5 vol 1 and vol 2. I am considered "eccentric" by others that I come into contact with it. So it is obvious that I would not find any like minded individuals there. The females notice that I am at an age where I "should" either have a girlfriend, be married, or have had at least one child. I find some of them indirectly trying to see who can "score" me first. But I have thus far no girlfriend, have never been married, and I don't have any kids. The females think I am gay because I don't make passes to them. I jokingly told one of the females that I was bisexual, so that she would leave me alone. I have found that one homosexual, who is definitely a low level incarnate, thinks I am gay/bisexual because the females who work there have told him I am. Personally I am not into effeminate males, especially ones that hang around and gossips with females all the time. On a side note this homosexual male has since stopped speaking to me at all (higher vibration) and told me why, which I thought was childish.



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Anyway, it seems that I am in this situation for a reason, however long it may last. I am learning much about the female nature from direct experience. What I have observed and experienced so far though has disgusted me to a point that I cannot tolerate it much longer. I find myself becoming isolated by the majority of my co-workers. Three coworkers, one who happens to be a homosexual and the other two who are females have tried to irritate and intimidate me. They have used low-level tactics to try and figure me out. All three of them tried to verbally irritate me by questioning my sexuality indirectly and being vulgar and low level about it. It disgusted me.

I feel like I am in a unique situation, because I have no physical attraction for males, but I enjoy male company better in terms of similar interest. But not many individuals male or female have similar interests as mine or are trying to move in a similar direction. I have sexual physical attraction for females, but I am at the same time repulsed by there nature and some there actions, and at times dislike being around them.

I don't know how advanced I am, but I must be starting to spiral out, because of the type of individuals I am coming into daily contact with.

I am getting more and more lonely. What can I do to make sure I maintain the path that I am on and get out of my present disgusting work environment?

**Answer:** I totally empathize with you. I hope you paid attention to my latest segment on Rejection & The Final Incarnation. While that refers specifically TO the Final, many segments apply to those in a Very Advanced level. The Game is rejecting YOU because you will not be bound by the Game. Your frustrations are those of being surrounded by Game players who are constantly trying to pull you back in either through the standard breeder route or even the flaming queen route. Both are contrary to what the Very Advanced incarnations are searching for. The females are trying to lure/shame you so that the shorting out process can subdue your spirit, as per my segments in Vol 1. The flamer is trying to lure you with the 'empty road' sexual route, which is a *base level of the gay experience* - a *mutation* of the Higher Self interaction of *like to like*. Neither is comfortable to you *because* you are moving beyond it. I certainly do not identify with the mainstream gay lifestyle, although I can see humor in much of it on an entertainment level.

You ARE in a unique situation. You are moving down YOUR unique path, which causes you to stand out in the crowd of Game players. I am totally isolated where I am, so I know how you feel although opposite gender lures are totally worthless to me because I know of the shorting out process and conforming to the gay mainstream lifestyle has never been for me either - too much riff-raff. You are undergoing a refining of spirit and are in a difficult stage. The refining fire is intense and severe.... been there/done that.

Remember to trust in your Higher Self. The end result will be SO rewarding for you and the refining fire will pass.

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**Question 524:** A few comments on your recent segments. After reading segments 041228-050115 I noticed something. First, regarding your graduation segment. I don't generally get "choked up" when reading your material but this segment did effect me and I did feel something. So a heart felt "good for you" is the best I can express it. Second, I noticed that you "feel" different to me in the 2005 calendar segment than you do say in the graduation segment. The segments that I generally find amusing tend to "feel" different than the others. But, the graduation segment feels different (as best as I can recall) from ALL of the previous segments. I am presently at the beginning of a 15- day fast. During this time I intend to review ALL the matrix material I have to see how I feel about it now and I also intend to re-ignite my attempts at conscious astral experiences. So, good for you and thanks much.

**Answer:** Thanks for your observations. Yes, I'm a different person after my trip as per the Graduation segment. It is reflected in that plus the two ones following. Due to a series of events while away, I've become significantly different or rather enhanced. Your comments are appreciated.

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**Question 525:** I wanted to tell you, to corroborate what you wrote in your latest segment, things in my life have been DEFINITELY speeding up like crazy for the past two, three months or so. I've been running into people I know that I haven't seen EVERYWHERE, and rekindling some old friendships from as long as a decade ago; on Friday night I had a dream come true when I got to play guitar with a quasi-hero of mine under a bridge downtown in front of a hundred people at 4 am; I quit my corporate job at the end of December and since then I've had several new massage clients just show up out of nowhere; my creativity has been at an all time high...things are definitely happening, my higher self is orchestrating many events, and I got the impression before the new year that 05 would be a very intense year with a lot of shit going down for everybody, on a global and a personal scale. It warms my heart to hear that you had that connection with those incarnates that you did, that's a beautiful thing.

**Answer:** Thanks...hang on to your incarnational hat...STUFF is on the move.

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**Question 527:** Many thanks for the info you have disseminated, it has been and continues to be of great value to my evolving perspective. I have waited to ask a question for some time as usually answers are found in further reading of your material and reading others questions. However something in your latest post; Graduation Events, had me thinking about a similar question that has been on my mind for a bit. In your post you state that while this planet and many of its inhabitants are preparing for Graduation from 3rd density existence there is yet another planet preparing for the next simultaneous experience, and that (correct me if I misinterpreted this) those who are not ready for Graduation at this time will continue their simultaneous experience on the next planet.

Now I thought that the nature of the simultaneous experience was having many, many incarnations at once during a given window of "time" and the window of "time" for this planets simultaneous experience is closing shortly. So won't all the simultaneous incarnates existing now Graduate from this planet although not exactly at the same point in time during the window of simultaneous existence. The way I interpreted your post was that some of the simultaneous incarnates experiences on this planet will bleed over into the next simultaneous planet. This relates to a previous question on my mind regarding Robert Monroe's experiences with the beings of future earth who only take on human forms temporarily, then leave the containers (bodies) in energy balloons until further use as well as having the ability to take the form of any other creature on the planet. These beings said that in order to live as they live one must at least live one life during the dissonant times of earths existence prior to the harmonic time. Are these beings post-graduate beings or beings training for the next simultaneous experience? Hopefully I have worded this clearly enough for you to understand my question(s).

**Answer:** Your questions are well formed. I'm glad M5G is of benefit for you on your path. I can see how that one would assume that all simultaneous incarnations would graduate together. I thought so at first as well. However you graduate when it is your time. There is nothing that says a Higher Self cannot continue the simultaneous experience on more than one planet. Graduation is an individual choice/experience. Unlike the sequentials who progress as a massive group, the simultaneous progress as individuals and then reunite with pre-Game friends, if they so choose, for Graduation. This segment you refer to is new information. Something to remember is that you are not forced out of the Game. Your Higher Self **CHOOSES** when to finish and move on to other types of experiences. The complexities of the Game and its participants are not as simple as I try to show in M5G. When I view the magnitude of certain facets of it, I am mentally staggered by it all. Nevertheless, when you **DO** Graduate, all this will be clear to you in your complete Higher Self form.

As for Monroe's story that you mention, I don't know what parable that he is trying to show with this rather lame endeavor to harvest some residual energy around an other dimensional Earth. Since he is no longer around to answer that, I don't pay it much attention. When interacting within your Higher Self or with another Higher Self, you may



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reassume any one of your incarnations and 'play', but that's another bit of information for another time.

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**Question 528:** Since reading the M5G volumes, I notice more lower astral activities that seem interested in putting obstacles in my path for advancing. This also comes from other people who are not the least interested in Matrix V materials. They don't want to let me move into this new area. Can you add some more insights?

**Answer:** Once you start to move above mid-Advanced levels, your vibration changes. This vibrational change relates to spiraling out of the Game and Graduation. BOTH polarities know that they will be losing a Game player and will do whatever they can to try to force you FULLY back into the Game. If you want to be 'safe', don't wake up. BUT that's the body ID'd way of thinking: safe & unchallenged mentally. Your Higher Self doesn't give a flying fuck about what the body ID wants beyond it serving the goals OF your Higher Self path plan, so you WILL Awaken and you WILL Graduate. The Rocky Road comes to ALL simultaneous path Higher Selves.

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**Question 529:** I know that you mentioned that the key lies with the baby boomer generation, which has the biggest numbers of individuals born in comparison to generations born after them in the USA. And you mentioned that "the indigo children stuff is pure crap". Are there any major differences between the generations, which include baby boomers(72 million), generation x (18 million), generation y(60 million), with regard to how many minion/low incarnations is within each? I would think the larger the population the larger the minions/low incarnations. The lower the population the more middle, advanced, dominant, and final. Thank you in advance for your comment, and keep up the good work.

**Answer:** While there are many minions in the boomer gen, with each gen that follows it, the number rises. I have covered the over-breeding that is going on here in the M5G materials. Your thinking is in error as it is sequentially based. Not only are the minion populations increasing, but so are the sequential Earthers. This is all part of the latter stages of EndGame. Minion incarnations did not begin with the boomer gens. There is no benefit to becoming fixated on the minions other than to know they are here. There are plenty of distractions to one's simultaneous path incarnation during this stage. The distractions are attempts to trap one in an experiential loop.



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**Question 530:** I've read Matrix V Gold Edition - Quest of the Spirit three times and now currently on the second volume - The Graduation Key. I've been an object of bizarre, secret, and cruel electromagnetic mind control projects and related tortures (sub-projects) for some painful long years. They're quite similar (but actually different) to those manifestations around "The Montauk Project/Camp Hero" (where allegations concerned the creation of "things" and events by \*human thought\*, where every single brainwave is controlled; manipulated and/or influenced). Like Valerian covered in MIII (and others like him as well), there are a lot of targeted individuals like me, worldwide. I've never given consent for this and never will. The question is, does this really affects my spiritual and human progression as I understand that my Higher Self (godself) will personally intervene when somebody (read modern day Nazis and neo-cons) is/are decided to take and alter my own personal and individual thoughts; privacy, mental stability, and life-death objectives? Is this based on my personal decisions and ACTIONS instead of what these animals are doing with my thoughts and related secret "directed energy weapon-arsenal" and supercomputers?

**Answer:** I can't answer what is going on in your life or decisions made by your Higher Self. What I wrote in the M5G materials holds for all Higher Self path incarnates. You are trying to judge your experiences from an incarnated, memory-loss point of view. For personal questions you have to look within for the answers. All I have to say on this topic is in the M5G materials or any potential future segments.

**Question 531:** A while back I had an insight and I wonder if you wouldn't mind commenting on it. I am not new to M5 material, in fact rarely a day has gone by over the past year and a half that I haven't read a segment of two (usually 4 or 5). I have often studied the M5G cover artwork trying to figure out what knowledge/clues could be gleaned from it. So the other day it hits me that maybe all or most of my incarnations are currently 43 years old, which is my current age. The only exception might be those who died younger than 43 (astral residing) and maybe my final (slightly out of phase?). I know all my other incarnations are in different time periods but from a simultaneous HS standpoint are we all the same age at this moment in our respective time periods? Thank You.

**Answer:** You are still thinking in a linear manner, so your assumption is incorrect. It is VERY difficult to drop linear perspectives while in the Game.



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**Question 532:** I received my Matrix V - Volume II edition, and was unprepared for the emotional reaction that hit me when my copy was "released" from its package. Holding the graduation key in my hands released uncontrollable sobs from my person. I was so surprised I put it down, got a hold of myself, took a deep breath and picked it up again. Again, the same reaction, this time I held onto the book thinking that the emotion would subside. Instead, my emotions got the best of me, breaking into tears with the feeling of energy being drawn/or enveloping from/into my heart chakra. It took me several more of these episodes that day before I was finally able to open the book and begin to explore the new material. What went on there? Is the cover "keyed" to elicit such a response? Or is this my HS sounding out with a sigh of relief? OVERWHELMED.....S.M., San Salvador, El Salvador.

**Answer:** Very nice. It is YOUR unique incarnational personal reaction to the energy of the book, pertinent to YOUR unique path and what YOU need. Since your incarnational path is unique, you will also have unique experiences NO ONE ELSE will have. The exact meaning and import of the experience is up to you, as you will see. Ask yourself 'what went on there'? Do not defer to anyone else ... Read the segment entitled "*Proof and Path Events*"



**Question 533:** I just read that Kucinich has publicly decried the fear-mongering of the current administration. No wonder he didn't stand a chance to enter the the race, not only is he simultaneous in nature but he's the type to want to alert people to what's really going on! I also knew he didn't have a shot in hell when I was listening to a panel discussion among all the 9 original democrat candidates back in January, and he started saying something about how "our spirits descended into the material plane to manifest and do work from higher realms". What minion would ever vote for something like that?

As for the indigo children it occurred to me today that as it is a new age phenomenon, it is being pushed / sponsored by the sequentials; and as it basically pertains to kids who are brilliant from an early age, they are discussing sequentials; so it is, in essence, a program from the sequentials to push not just acceptance of sequential incarnates on Earth among the current Earthers, but for us to treat them as holy as well! Another aspect to the sequentialization of Earth. Only very cleverly done, as most Earthers caught in the low advanced realm would do this unknowingly, thinking they were praising their own kind and ushering in a "new generation." A common thought in the low advanced realm is that we as a race are still evolving, and these sequentials are the next wave of our evolution. If only they knew!

**Answer:** I agree on both comments with one exception to what you said in the second. The indigo children thing is not the darling of the low-Advanced, but rather the mid-Advanced under direction of sequentials. The New Age thing is very mid-Advanced. Remember the mid-Advanced IS the false plateau.





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**Question 534:** Does a Final incarnation have to have the ability to astral travel in order to meet its dominant incarnations. If someone's final lived in a time period where things like the Monroe institute didn't exist or where they possibly didn't know about astral travel. Or does SHIM make sure its final incarnation has knowledge of subjects like astral travel no matter what time period the final is in? I would imagine that if ones final lived in the stone age, they obviously would be limited by the circumstances of the time period.

**Answer:** The Final Incarnation has all the abilities that the individual Higher Self deems necessary FOR that Final to complete shim's mission. Your other questions demonstrate a lack of understanding of the M5G materials.

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**Question 535:** A new and curious experience has also happened that I would like to ask you about. In the emotional reaction to yesterday's events I was just short of exploding. Then it occurred to me to "send it home" as an experience. I released the powerful ball of emotion and felt it travel upwards and vanish. The visual association was the emotion going to my HS and adding to the energy/experience bank for the future. I tried this in a couple of different ways later with the same results. My question is this. Can we hold onto and linger in emotions at the incarnational level unnecessarily? Can we volitionally choose to release them to the HS thus consciously participating in the growth process? If this is true then it adds a whole new insight into the idea of being an experience collector for the growth of the HS. After the "conscious release" of these emotions upwards there was a whole body peace. It also seemed to educate me on the emotional fire aspect of the materials, in some sense, revealing the idea of painting with emotions.

**Answer:** Transfer of unwanted emotions to your Higher Self does not process them. You need to expel those outward. Unless you process them, you are only having half of the experience with them. Your Higher Self wants to experience the other half as well. You haven't grasped the concept of how/why the Higher Self is *gathering experiences*. Shim is not directly involved in it. That's the *incarnations'* purpose. So, learn not to try to pass the buck because it'll come back to you until you learn to deal with it.

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**Question 536:** I am going to elaborate on my last nights experience, because what you just wrote IS the answer I asked my HS for in regards to my struggle. I was almost exasperated at the increased 'pressure' or magnification that has been occurring in terms of desire for nasty animalistic sex. The breeding loop and marriage thing as I've mentioned before is very peacefully resolved. However very animal lust desires have been 'forcing' themselves on me. Up to the point that I was thinking of just setting aside one day a month to get an escort or something (not really but on a fantasy level) that I could use that as my "chocolate" to tame the horse, so I could have the kind of nasty animalistic sex that I 'involuntarily' crave. Involuntary meaning that it is seemingly imposed from 'outside' of ME and contrary to MY true desires.



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Then I came home to an email from a woman offering me in almost the exact words of my own internal fantasies the things I am distracted by. It was so obviously an astral attack with her as the weapon reflecting what was going on inside of me. It was also somewhat uncharacteristic for her too which reinforced that she must've been an 'open door'. I immediately deleted the email even though I wanted to re-read it and savor the words and wrote a very firm response promising the termination of our friendship should this happen again. There have also been other obvious appearances of similar pressures to a lesser degree.

I really got tired of and angry about this goddamn struggle. I lay out under the stars, did the chakra meditation and stated my exhaustion and frustration of this fucking issue in my life to my HS. As an intuitive response began to formulate it was broken down into these categories.

- 1) My desire for orgasm
- 2) My physical desire for non-het sex
- 3) The god damn commands from my genetics

In regards to three, I could "see" my energy as a Higher Self move into and activate the genetic structure (as a byproduct of incarnating) that then took on its own energy form that subsequently activated other physical impulses and correspondingly produced thought images/impulses. Those coalesced into a command. This command had nothing to do with an urge towards orgasm. The next phase was remembrances of the past after incidents where I had obeyed the command. The relief of obeying the command had its own "rewards" independent of the orgasm pleasure. In other words, it became clear that obedience is programmed to produce relief and release on a non-physical level independent of orgasm.

Then in addition to that I realized the imitation of the Higher Self experience of Melding mimicked by the meddlers in the much-reduced physical orgasm was just a backup response/reward mechanism to stimulate the physical act. The imagery provided was based on the female form, particularly the breasts (just as I would expect from your other segments of how to get the repulsed original 'couples' together).

When I was re-reading M5G the other day I came across the section that you said that the shorting out process would not be realized until the higher levels. Even though I wanted to have it explained, I decided not to write you and ask. This was a purposeful decision to trust my HS for the answer and wait. How cool to have last nights experience and then your new segment all at once.

So in summary, I can see now my desire for physical orgasm can be differentiated from the meddlers command. When I hit my bi impulse and followed it (quite to my surprise since it was so "out of order" for me) I learned to associate physical pleasure with both sexes. The meddlers command associated with 42 years of association with female imagery is strong,



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but NOT stronger than me. Even though I can associate physical pleasure with both genders my desire for emotional union with either is at an all time low. This could be an intimacy barrier in general not associated with any gender in particular (but that's another story). Baby steps!

Your segment today is PERFECT and explains exactly what I "saw" last night. It also answered my argument that if female/male genderization is present throughout the Universe, then why isn't it considered natural and why the fuck is it detrimental for me to enjoy it? If we as Simultaneous incarnates have a frequency signature that when combined with the meddlers genetic commands shorts us out now I understand.

The only remaining question is what causes even an Awakened Final to avoid the shorting process? What are the consequences? Or why would an Awakened final not be able to "override" those effects. If you don't feel inclined to answer that I understand.

**Answer :** Very good on your part. You are developing on your path nicely. As for your last paragraph of questions...I can answer with questions. What causes an incarnation to avoid using drugs, getting drunk, smoking or any other destructive habits? Yes, we've all gone through these in lesser incarnations for the experience, but eventually the simultaneous path Higher Self has had enough of them as they are seen as repeating and loopish. A simultaneous path Higher Self will only spend so much time in a loop, then move on.

I don't know what you mean by 'consequences'. What 'consequences'? Spiritual development over body ID slavery? It's not that one at my level avoids sex. It's that I refuse to have sex with the opposite gender. It wouldn't matter which gender I was - the opposite one will short me out. Even more sinister is a sequential incarnate in an Earther body deliberately trying to increase the shortening over a simultaneous path. This happens much to the glee of the sequential. Sex is good and sex is fun but it's either alone or with another man, for me.

The Awakened Final DOES have victory over those effects by denying the body what it demands, obviously. You're looking for a loophole that doesn't exist otherwise. If you are not able to win in this, you have to proceed with cunts. It's your path, after all. Of course there are also consequences no matter which way you go. One will take you to the sequentially approved detour. The other may take you to further discovering who you really are. You can't have it both ways. Decide which is more important to you and go from there. You cannot be an incarnation that you are not. You must be true to YOUR path and not anyone else's.

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**Question 537:** I have read all the M5 volumes and I know that M5 was written for very advanced, dominant and final incarnations. My question was that out of all the incarnations that fall in those categories as well all of the other advanced level incarnates, only a small percentage of those received the M5 volumes. Unless EVERY single



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incarnation that is very advanced, dominant or final got the materials that means that some didn't. (not to mention the rest of the advanced levels). I was asking that why didn't some incarnations at THOSE levels receive the Matrix 5 materials.

**Answer:** Even so, the question IS answered by reading the volumes. That you haven't been able to *comprehend* the answer *doesn't mean it's not there* (more than once). I don't answer questions answered by reading the books and yours is one easily so answered. This should indicate to you that you may not be one of those for whom the materials are written. Nothing wrong with that. *You are where you are*, so push this aside until YOU can locate your own answer.

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**Question 538:** I just took a few minutes to read a chapter from the book *Synchronicity and The Seventh Seal* by Peter Moon. Gee, is he mired in a maze of mirrors or what? The entanglement of L. Ron Hubbard and Christianity is weird enough (I know this from personal experience), but those interwoven dead ends he refers to as synchronicity felt totally lifeless to me. In my brief reading, I didn't see or feel any evidence of freedom (or hope thereof) such as I've become accustomed to in M5.

The power that was given to guardians, watchers and demons, made the HS seem insignificant and lucky if it snuck through this 'amazing infrastructure of evil'. Like Light was just a little trickle in a universe of dark. I don't know why it hit me so heavy emotionally.

It also reminded me of the implied basis of scientology, which is that you (the incarnation) are your own separate higher self. There is no accountability to any other level of power or being (excepting maybe L. Ron). You just drive yourself right into autonomous 'godhood'. If you encountered your HS on the way, they would instruct you to "destroy it" and reclaim your power. I guess what you get is totally lost until you 'crack' and/or cry out for some 'external deity' to save you. Then you have to strip the layers from that experience until you find YOU as your Higher Self behind it all. That would be a relatively fair assessment of the path I took/was led to get here from scientology.

If you consider that in the belief realms there are entire areas set up to emulate a series of dark universes like what he writes about, you could spend forever in them (Yuk!). Kind of like Carlos Castenada's last book "*The Art of Dreaming*". To think I was all excited about talking to him on the phone and finding out he was an ex-scientologist. I'm very happy now that conversation started as an order for M5. I can see it is very unlikely he'll ever read it himself. It would force him to unravel his whole existence.

**Answer:** Peter seems to be very into *external deities* in his *Seventh Seal* book, which is a hallmark of the Game. He keeps looking for more and more of what are Dark polarity manipulations. The Dark is like quicksand and can swallow you up. Carlos Castenada was a Dark shaman.



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I see how many people are taken in by the ' *genetic line* Game' red-herring in regard to the knowledge they claim to seek. That these people will only consider those with the 'proper' magical lineage, like Cameron or Wilson, shows why they would not be attracted to *Matrix V Gold Edition*. If I used a ' name' that would make them think I'm of a 'magical' genetic line', then they'd be all over it. But since I'm anonymous, they are not interested. THAT tells you something. The knowledge they really seek is not cloaked in heavy mysteries and deep parables, but is plain & simple as the language of how Matrix 5 Gold was written and by someone of no 'magical' genetic lineage, for the information that they *really* need would never come that way. They are trapped by their own Game limitations and tunnel vision. *Those who truly seek will find it, but not in the areas where mainstream occultists thrive.* The Matrix 5 Gold materials succeed because they are not found where 'they' are looking for them. Those areas are heavily Dark-entity-watched which is why the Matrix V materials had to come from a totally non-connected area and succeeded because of that. Dark polarity has been wrongly focused on the obvious areas of occult power. The M5G materials were never meant to come from that direction, if for no other reason that the Dark was waiting to capture the information before it was made public.

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**Question 539:** "The statement "M5 readers are FAR more mentally prepared than others who think that life will go on forever as it has been." is so true. I thought to myself what state of understanding I would be in if it were not for M5 and you personally. I would have NO clue as to how to interpret the conglomeration of strange events and phenomenon occurring in the world. Almost anything could happen right now and I would be able to at least put it in a context and continue to function.

I feel the point now that you are making more clear about the acceleration of EndGame. I can't tell you how much I am looking forward to Volume III. I am thinking about your offer to consider segments based on reader suggestions. I think that is a great idea and will look forward to seeing what other readers ask about. Will you identify the segments as having been reader requested?

The one thing that still irritates me almost every day is the ability to hear that irritating hum. There has been more about it on the net lately too. Last night it was so loud it bothered my dog. I had a pretty bad headache and as the hum pulsed so did my headache. I have read every explanation from aliens tunneling, underground bases, to an electronic net they've created as possible sources.

I have to wonder if it may be the mechanism they used to spread the May 1st depression we all experienced. I have also considered it may be some of the electronics they use to attack the Planetary Spirit. Since Simultaneous incarnates have a different vibration I speculate as to if it is tuned just to affect us? If you ever come across any information on this hum it



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would be of great interest to me in regards to Volume III. I can send you some of the internet links and a further personal description if you ever find any interest in it.

**Answer:** I'm glad M5 has been such an assist to you on your path. No, I will not be pointedly telling what segments are reader inspired. Many segments are just by something someone brought up that I followed up on. As for you hum, I have nothing to say and, not having experienced it, will not have anything to write about it. It's far more a physical thing than a Volume III item.

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**Question 540:** "Early this year I found your work MVG and your assertions are intensely compelling, especially the concept of balance. That's probably the most convincing aspect of the work for me. The Game loops of religion and politics appeared very familiar and very easy to break. Thanks for what I needed to completely (instead of just mostly) break from monotheism and theism period! As for politics, that felt old hat, even amusing. Being alone doesn't seem to be much of an issue to me; in fact I'm quite the hermit really. Sometimes I feel my being a hermit is due to spiritual reasons, but often it's just my personality, other people's energies just 'interfere' with my calm, not sure how to explain that one.

Sexuality on the other hand is quite the trap for me according to your paradigm. Even if I'm not involved with a female, I'm certainly thinking of them constantly. I've gotten to understand better the nature of the male/female dating game and how much posturing is involved, but my strong desire for het sex is something I constantly give in to. I feel that even if/when I get good at the posturing game and get all the sex I can handle, I'd still be good at something I didn't really respect. Even when I masturbate, at the very moment of orgasm, my desire for a female just evaporates, until it seems to build up again over time. That tells me it really can't be a spiritual desire.

I'm writing this email out of a mixture of feelings. While I find your concepts compelling, I refuse to take it all in blindly, without proof, as I often did with Christianity (the family religion). To be honest, I'm desperate to know if this is true or not. In fact, minutes ago I awoke from a dream in which much of the truth was revealed and I could easily decipher minions from higher selves. I was surprised a few times as to who was and who wasn't. I could also feel some of the power from being free from the Game and free from a physical body. It was a tantalizing experience that sent me immediately to emailing you.

So, as the subject line suggests, my question is: Is Astral Travel the only way to verify this? I had an experience as a child (around 12 or so) where I experienced two of the classic pre-OBE signs - sleep paralysis, and the feeling of leaving my body. At the time being 'christian' and thinking I was dying, I said "I wasn't ready yet" and the feelings subsided. Now I'm desperate to have another such experience and allow the process to continue. Recently, after a couple of attempts to calm myself attempting to OBE, I quickly have come to appreciate that "This Shit Ain't Easy!" And thus, I am wondering if this is the only way to



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have proof. Your paradigm is incredibly emotionally impacting and I would swear off het sex completely and forever if I could verify what you have stated.

At any rate, I am deeply indebted to you for providing a new umbrella concept/approach to looking at the life experience. I don't have the words to express my gratitude and hope that everything you have written is true.

**Answer:** Of course your body is trying to regain full control of your spirit's desire to break free of DNA commands, hence "a female, I'm certainly thinking of them constantly". That you are unable to recognize this as a body command over the spirit's progression indicates a serious area of concern for you. As per M5 Gold's segment, you know what het sex does to short out spiritual progress. This is one of many situations where you can't have it both ways! Since het sex is more important than spiritual development, you cannot progress beyond certain levels. That is well covered in the M5 segments. You made your choice and now you have your consequences. It is the immature spirit that cries "I want it all on my terms". You had to sacrifice on one hand in order to enter the simultaneous path from the sequential. In order to successfully break an experiential loop or fence, you must sacrifice on path's demands for another's. The mature spirit does it willingly and not like it's a burden. As long as it is viewed as a 'burden', you are not ready for what the path choice involves or rewards.

I know M5 readers who have their personal 'proof' that does not involve astral travel. Each path is unique just as each incarnation in EndGame has specific experiences required by their Higher Self. Your demand for 'proof' sounds clearly body command oriented. The spirit operates in very different ways. The thing about 'proof' is that one needs to prove it to ones' self - an INTERNAL thing. Externally supplied 'proof' can be dismissed by the body oriented and DNA command structures do know how to deal with breakaway issues of spirituality. I keep stressing go within for what is needed. That, in itself, is a loop issue to deal with individually. As long as you are body ID'd, you will unlikely ever be allowed to find 'proof' for this comes when the spirit overrules the physical. HOWEVER do what YOU must on YOUR path. It may not be your incarnational lot to move beyond where you are. That may be left to more Advanced incarnations of yours. Enjoy YOUR path and experiences.

**Question 541:** " In a previous "Long Email", I asked about incarnational fate. I thought about that for a while and some of your other statements including "Enjoy your life...", "put to the side whatever does not work for you." ,etc, etc.

*It finally occurred to me that maybe I am one of those mid-advanced incarnations for whom the book is not written. Maybe it was merely important that I read the book, take in some valuable ideas and pass the rest on to other more advanced incarnations. I'm starting to suspect that the type of sped up "spiraling out" of the game is only possible for the Very Advanced, Dominant, and Final Incarnations the book is specifically written for.*



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For the rest of the incarnations, their most important role is to store up experiences and slowly move the higher self on to the Very Advanced and higher levels.

Thus, the desperation I feel for understanding more is possibly a futile gesture, and maybe I've gotten from the book all that I am supposed to get. Do you think I have thus answered my own question and am suffering through a rather common experience?

**Answer:** Excellent deduction on your part. Volume III will contain even more Advanced information than Volume II. If you go for it, handle what you can and don't worry about the rest. You have other incarnations that will grasp it fully even if it's only your own Awakened Final. You current incarnation cannot handle more than it was designed to handle. The topics/observations that you are unable to should be pushed aside.

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**Question 542:** " If all 'time' is taking place simultaneously, how does one have choices? That is, if the future is already taking place, doesn't that mean that choices are already predetermined?

**Answer:** Remember that you are attempting to examine 'time' from the *perspective of one incarnation* in the Game proper. Our Higher Selves do not have this limitation. 'Time' is a 3<sup>rd</sup> density phenomena and *part* of the Game. We will not be able to comprehend this until after we have Graduated. The best way I can enhance the concept of time, from a Higher Self point of view, is the same way I discussed the creation of the Final Incarnation: a *phased difference in the Game's time stream*. Once you have Graduated and have become your Higher Self once more, *then* you will know. Meanwhile, trust in your Higher Self and enjoy your current position in the Game.

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**Question 543:** "In the last week and a half, a number of scenes in my life have literally repeated themselves within a time interval. And I was completely aware of them. On one occasion, I was sitting in a park reading a book. Many people walked past. The book I was reading was about personal accounts of others during past wars and other kinds of social unrest. At one point I noticed a person walk past. For some reason I focused on this person for about 10-15 seconds, then continued reading. The material was interesting to me and I was thinking a lot as I was reading. Then after a few minutes, I felt that I needed to raise my head. To my utter surprise, the person I focused on only a few minutes ago walked past again, was doing the same walk, in the same way, in the same place, right in front of me. I was a bit spooked and ended my reading session to leave the park.

This kind of thing has happened a number of times in the past but now it's happening more frequently (or I am probably noticing them more and more). I would for instance get a text message on my phone, read it, put it away and then do something. A few minutes



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later I would get the same text message again. The same message! I would check my phone to see if the message was sent twice (in which case it would be recorded twice), but no. Sometimes it can be as subtle as the program order on my computer changing for a few minutes, and then changing back again. This does not usually happen with the kind of computer I use.

These things seem to happen after moments of insight or during passive thinking. It would seem as if my awareness skips from one reality/dimension to another, only with little differences between the two. Can you relate to any of these experiences?

Here is also a possible topic to include in M5V3, if it's not already done -- "As within, so without. As without, so within". I've been thinking about how this relates to the laws of the universe, particularly the fourth - The law of harmony and balance. You talked about "as above so below" in M5G in relation to the law of attraction. I would see if you have anything to write about this in the next edition of Matrix V.

I wait eagerly to see what will be released in the third edition. I hope it comes out before some real messed up shit happens. It seems clear now that the continental landmass of the US is changing with some old faultlines awakening into activity. Also with tension growing between the US and Israel, and with other political maneuvering, anything can happen. Perhaps another 911-like event to move the nasty agenda forward? Time will tell. But for the moment, the third edition is one of the events I look forward to. Keep up your good and helpful work, and thanks!

**Answer:** All I can say is strange things are happening ALL over in different ways to different people. This is part of the Graduation vibration. I have many strange things happen every week around me. Volume III is coming along well with several very Advanced segments. Volume III is of a higher 'tone' than Volume II, which was higher than the *Quest of the Spirit*. Planned publishing September. Yes, I want to see it out too. Volume II is the *Graduation Key*. Volume III is *The Journey*. Now you know! Hang in there

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**Question 544:** "You have mentioned somewhere (I just cant seem to find it) that the concept of possessions needs to be transcended. For example: My House, My Car, My Children My Husband and My Dog. I have recognized this and am trying my utmost to set myself free from my possessions. Its as if they possess me and not I them. What I would find very helpful is reading about the emotional relationships (especially for the people one cares about) after one has set oneself free. (is one free if one still cares about someone.... etc. or are we only free if we are care-free?) I hope I have explained the topic well enough, otherwise please just ask me. Thank you for all your work.

**Answer:** I'm glad M5 is of benefit to you on your path. What you ask is a Gold Edition topic. Possession is not the same as an emotional/spiritual tie. If you think that 'caring' about someone is possession, you have FAR to go! With a person, think of the person who



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treats their significant other as an object. If 'care' were the only issue, the person would be free to be who he/she is. Yet, when they are the 'caring' person's possession, they set up fences and control to keep you within their limits. This isn't 'caring' or 'love', but control and possession. They care about their needs and not the other person's. This is a topic far below Vol III level and if you still don't understand it, you'll have to look for an explanation elsewhere.

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**Question 545:** " A while ago I saw the film Final Fantasy. It is a S.F. semi cartoon film. In the end scene there was a powerful white torch of light sprouting out of the ground. The bundle of light consisted of thin filaments and was moving and rotating. By seeing this, it did something too me. It reminded me of a part the representation of a simultaneous higher self according too your description. But what about the creative factor? Does the human (=simultaneous incarnated person) have more creative powers than the average alien? In the Matrix V material it is mentioned that simultaneous incarnated persons do have a preset ending of the physical body. Also the sequential alien has a preset datum, but what about the minion incarnated bodies?

**Answer:** That you are so body ID'd (human), rather than knowing yourself as an extension OF your Higher Self, you ask the question you did based on a science fiction tv show! This topic is SO basic and covered in M5 Gold. If you read all through the M5 materials and STILL have to ask this question, M5 is not for you. Actually, from what you've written, you tend to beLIEve everything you are exposed to and are not at a sufficient level (for whom M5 was written) to discern truth from bullshit. I do not respond to questions already answered by existing M5 segments nor those that are below Very Advanced levels. The mid-Advanced levels have plenty of the basics already out there and this seems to be where you should be looking. Minion incarnations are an abomination. The minion incarnation path is different from the sequential/ simultaneous path. They are considered 'disposable' incarnations by the polarities as well as the Planetary Spirit. The basic rest is contained in the M5 materials.

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**Question 546:** "I am about 75% through Volume I of Matrix V Gold Edition. Wow! and Whew!!! First, may I say that, being female, a mother, a grandmother, married twice ... I understand and see where you are coming from about women. At first, I was affronted by the blatancy and aggressiveness of your commentary about females. When I started working in offices in the mid-1960's (at Newsweek as a temp while going to college from 1965 to 1967), male executives strolled the hallways and felt free to grab a woman's breast or pinch her behind, without consequences. The young women who graduated from the Sister 7 schools blithely slept with the top editors and so kept their jobs and worked their way up the corporate ladder. However, I grew up in a household where we all tiptoed around daddy. Daddy ruled with an iron fist – he had a wife and 3 daughters (I was the oldest). He was a gambler and a rageaholic and took a lot of his anger and frustration out



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on me. As a semi-professional boxer, he certainly had the physical, emotional and maturity advantage over me. I hated him and hated my mother for not protecting me enough. My husband is also reading Matrix V at the same time. We found each other 26 years ago as scientologists and people interested in spirituality. He has done a Robert Monroe weekend and read all 3 Monroe books; we have some hemi-sync tapes. I glanced at those books a few years ago but did not devour them; instead, I read pleidians, anything I could find about Atlantis, and found the trufax web site from reading Michael Tsarion's book on Atlantis and the chronology (blew my mind). Am reading the Monroe books now and plan to take courses at the Monroe Institute in Virginia.

All this is to say, Author, THANK YOU. THANK YOU for who you are and what you have done and are doing. I don't know what kind of incarnation I am and it doesn't matter. I've never felt christian, always closer to buddhism but not that either. Understood some of the reptilian history but not details. So, we plan to read all the Matrix books and just continue to get ourselves out of the game and watch/observe events.

**Answer:** Thanks for your email. You've had an interesting path. Yes, what you say about how many het men behave is very true. If the latter EndGame scenario was different, I would have approached it in a different way. However we're stuck with the Orion model for Earth. The former was the Sirian model. Now it's the Orion model females who are acting like the Sirian model males did. One would think that if females didn't like being treated this way that THEY wouldn't act like it now. The power of the sequential model! These are all meant as distractions for pre-Graduates.

If you move beyond the Gold Edition, you will discover that Vol II is more advanced than the Gold, yet you need the Gold background to grasp Vol II. I am working on Vol III now which is even MORE advanced than Vol II. Vol III planned for September publication. The blunt language of the Gold Edition is on purpose and intended to drive away Lightsiders and those not yet ready for M5. I am glad that M5 has been beneficial to you.

**Reply:** Thank you so much for responding. We will be among the first purchasers of M5 III. It's exciting to know you are working on Volume III. If you think the females are bad now, wait until Hilary is elected president in 2008! I shudder to think about it. In my opinion, she is a model of a cold, reptilian, controlling woman, without conscience or soul, and she is inspiring to many younger women. Thanks again and go well.

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**Question 547:** "I would like to share with you with my interesting observations about activity (group) "Blue Light" operating in Czech Republic. I was a member of this group couple years ago (great experience, thanks my higher self) until I got a M5 book. Now I am on a absolutely different level of knowledge (such a beautiful from my HS).

At the beginning, this group, as its leader said, was based on the teaching and knowledge of Leading Edge Research Group, they presented the picture of real HS (picture on the front



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of the M5 book) but step-by-step this activity has started to be managed by other aliens. Now this group leader is exploited as a medium through channeling.

The aliens said they are Guardian Alliance, they came from the future to do some correlation in the human evolution (how interesting :-)) to achieve success transformation during period 2012-2017. Their teaching is called "Keylon Aramatena". How clear is this for me, with the knowledge of M5 books, that this is a manipulative sequential faction and a red-herring. It's an excellent experience to observe with a big smile.

**Answer:** I am pleased that M5 is a help to you on your path. Yes, there are alien groups that have copies of M5. You obviously dealt with one that intends to alter the purity of the information. Trust in YOUR Higher Self.

**Comment from Val:** It's interesting and a bit pitiful that some 'group' in Czech is has formed an 'icon' relative to Leading Edge and have 'adopted' M5 as a central platform adjunct to the sequential 'group' diatribe meant to distract simultaneous incarnations. A decade or so ago, I talked with the person who is the medium/channeler relative to 'Guardian Alliance', in order to ask her a number of questions, in order to ascertain any aspects of their agenda. It was very complex information of a level similar to the channeled Urantia book, but more technical. In the end, all these functionally constitute *high-level intellectual traps* for individuals in an Advanced incarnational perspective, and form at least a distraction, and at worst an experiential loop that must be broken, before significant progress on path progression can be made.

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**Question 548:** "I wrote this early 2004 having not read any of your material. I have been under enormous attack from people (still today) after I wrote these postings. It goes on for about 6 pages but I do defend 'The Balance' to the end."

See what you think: <http://neardeath.ipbhost.com/viewtopic.php?t=1762&start=0>

**Answer:** You are doing what you feel you must from your perspective. This is not on the level of my materials of which I can see you have not read the complete series or, if you have, are not able to comprehend them by what you wrote. I am not here to correct anyone's perspectives. You are where you are and change comes from within. You limit yourself by thinking Earth is the only physical manifestation for life (no ET's nonsense you beLIEve in) and that you think Icke is one of the "most" aware betrays mid-Advanced level thinking. Now that's fine but you will eventually discover you have far to go yet. Enjoy your level and your experiences. There is no need for me to respond further.

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**Comment 549:** "A comment of how the body muffles the spirit: 30 years ago I met a friend in the Argentinean army and we were 20. We become very good friends and cared



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for each other, and time seen to fly when we shared it. After we left the army we return to our respective lives. I moved to Australia, I also got married, and had a kid, and we lost contact, until I began reading some material from MV. After I dreamed a very real (to my senses) dream that I was looking for something in the old place where use to be the army. In the dream I remembered him. I searched all the telephone books to locate him, his name was not in the books. Finally I located him in hotmail. He is married and has a kid, but everything was dull to him. We began and intense friendship, that culminated with a visit from me to Argentina. Time there with him was very good. One night we were to have diner alone, and after that we walked, and I could see his eyes in fire with affection, I never felt such emotions, that seen to erupt in that particular moment. I wanted to touch him, but because he said was het. I did not do anything. He is very well aware that I do like him sexually, because I told him. That night we finished at the door of where I was living, and inside his truck, he began to explain why he could not have sex with me, although he admitted having some fantasies with me, he was afraid of spoiling the friendship if he acted upon them, and all that crap. His body was in one side of the truck and I swear I smell his body fear, trying to cover the wiliness of his real self to do it. Admirably was very painful to me, because it is not his body what I wanted to touch, although I learned to like his physical also. Later, when I return to Australia I invited him to visit. He seen very exited, and all was ok, he also told me that his marriage was about to end, until he told his wife he was coming to visit me, and she said NO. Immediately she proposed him to do something to give the marriage other chance, and of course when I heard that I understood what really happened. It was very difficult to talk to him after that, and he is very seldom is available to me."

**Reply:** Thanks for your comments. You are sharing an experience where there is spirit to spirit contact. Body DNA commands are set to sense these intense connections and respond according to Game controls. Unless a spirit is sufficiently Advanced, the body will win over the spirit. The body will alert the opposite gender connected person that the Game control is threatened as this bitch did to your friend. While the same does happen when it is female to female connections, the true threat to the Game's controls come to male to male connections as explained in several M5 segments. I have experienced similar spirit connections where the other person's physical was able to reign in the spirit. The bodies 'fear' you sensed was the alarm that his command structure was giving: a sensory SOS that DNA command structure was undergoing a severe threat. In these cases it is almost always a female that interferes. While men are from Mars, women are NOT from Venus (loving) but rather Pluto (controlling, manipulating). It is a most difficult lesson to learn and loop to break.

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**Question 550:** " I had been so out of it the first two weeks of May 2005 that I wasn't even reading the M5 website, other things I normally do and enjoy were tossed aside. I even stopped my vitamins and brain lightening. I also was starting to worry about money and



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not being able to pay my debts, which normally I don't concern my self with because my debt will out live me so who cares (I have no heirs so I really don't care!)  
Today was the first time in a while I have checked in with the website and I am glad I did."

**Answer:** Yes, this was a major Dark attack on the simultaneous path incarnates. Having experienced it myself, I know the depth of the effect. Luckily for me, my Higher Self did not permit it to endure beyond a few days. I know of others still processing this. Knowing what it was and how it was a global event by the Dark polarity should give you a better reference point when it comes to your own experiences.

**Editor Note:** See the segment: *Attacking The Graduation Key & Matrix V Project*

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**Question 551:** " With all the media hype, and the amazing mind controlled population of catholics (and others), I laughed at reading your observations about the Pope. At last some reality! It also reminded me of an interview done by Jon Rappoport with an ex-catholic priest who is obviously a very advanced incarnation. The interview was done in 2 parts in March 2002. I pasted them together and made a PDF file, which is attached for your enjoyment. It's worth the read. (CatholicPriestInterviews.pdf) "

**Answer:** Interesting read. He would benefit from reading the M5 series since *he's still searching for an external 'god'*. It's a major jump to stop the *external* search and deal with the *internal*. Yet, demanding that 'god' have a one-on-one conversation with him is *the arrogance of personality and body ID*. The spirit already knows that shim is shim's own 'god', but needs to *deal with that properly in his own Dominant and Final Incarnations*. The body 'conscience' can use the weapon of doubt to try and keep the advancing spirit from probing too deeply, with such impulses as 'if god doesn't appear to you...you're wrong about the whole thing...or...you're not worthy...or...the devil is behind this, etc. *These are part of the challenges of entering the Very Advanced stages.*

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**Question 552:** " Have you noticed that when a star or maybe someone you know gets plastic surgery, their vibration significantly lowers? This is something I notice in people. I've known some, friends of my mother's for instance, who have had some work done, or someone on TV who suddenly has no wrinkles, and their aura/energy field changes significantly, it's as if I can just see them "sinking" down into their bodies and what they radiate changes entirely."

**Answer:** I only know one person (female, of course) who has had some plastic surgery. You are correct in your observation.

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**Question 553:** " Well it does seem to be heating up rather quickly on the world stage right now, and while I am very excited about another volume of the Matrix series I begin to wonder just how much longer the present state of internet and communications will be allowed to continue. However I do trust in the fact that those that need to receive the info will find a way to receive it. While there is a MASSIVE amount of info in the first two gold volumes (still processing a lot after a third read through) there is one thing that I can think of that I have questions about. I was curious as to what degree the higher selves used or know of true Balance before entry into a 3rd density game? Is the only way to gain knowledge of Balance by immersing oneself in the raging polarities or is there a basic understanding of this "alignment"(or perhaps more correctly "non-alignment") by pre-game higher selves? Is it this knowledge and application of Balance that makes up the unique aura of game Graduates or is it something else as well? Along the same lines I was curious as to whether pre-game higher selves have any concept of dark or light, and if so is that what determines which sequential group race that higher self initially incarnates into (such as higher selves of a lighter side incarnating into some races and those of a more darker tint incarnating into Orion reptilians)? Basically is the whole purpose of 3rd density games the understanding and application of Balance (perhaps only an elementary principle in the grander scheme of the Source)? Many thanks again for all your and Val's contributions to the expanding and evolving of mine and doubtless many others perspectives, the energy infused within your information is truly a breath of fresh air in suffocating times."

**Answer:** I'm glad that M5 is such an assist to you on your path. Some excellent questions here...so much so that I just finished a segment for Volume III that will answer them. It is entitled: *Balance & The Higher Self*. Hang in there.

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**Question 554:** "Earther astronomy has located a system with 3 suns. Can you comment on this phenomenon?"

**Answer:** As revealed in previous *Matrix V* segments, a sun indicates the presence of a Nature Spirit path Higher Self participating in the Game. The sun also relates directly to the planetary configuration of that system. Earth's Planetary Spirit is directly connected to our sun, as are all other Planetary Spirits in this solar system. In a binary system, there are two Nature Spirit path Higher Selves working in unison. With the discovery of three suns in a single system, we now know of three Nature Spirit path Higher Selves working on a project together.

The Nature Spirit path in a Galaxy Game is *significantly* different than the sequential/simultaneous paths that our Higher Selves chose. The Nature Spirit path also experiences Dark and Light polarities although in *very* different ways. Knowing exactly how is something we must wait until after Graduating the Game to know. This includes knowing the purpose for binary and tertiary suns in the Game.

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**Question 555:** " I'd like to know which of the two following situations you'd describe as spiritual progress: Situation #1: A person intellectually evaluates a particular spiritual concept and accepts its validity without ever having a related experience (in any incarnation). He follows this higher spiritual concept without having learned from actual experience. Situation #2: A person learns of a spiritual concept, finds it interesting, but a bit 'out of his range' spiritually. He goes on to have numerous experiences that eventually lead back to the spritual concept he at one time was not ready to live instead of intellectually agree with. This is just one of numerous thoughts your work makes me ponder. I would appreciate hearing your thoughts on this issue."

**Answer:** Since you've read M5, you should know there is no right/wrong and no ONE path. You are looking for a 'one path' with this question, which shows you haven't fully comprehended M5. My answer is thus given!

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**Question 556:** "When I die I imagine being in a construct (created for the simultaneous by you know who) in which only one's experience and depth of development can get him through to the library or graduation. Will a person with significant development know when they are dead? Is the first statement a correct statement? Thank you for your materials. They have greatly helped me to have the will to live life in a productive and consciously creative manner - rather than reactive."

**Answer:** When YOU die, you'll just have to see for yourself! What YOUR Higher Self has in mind for YOUR current incarnation is not for me to know. I'm glad M5 is of benefit to you on your path.

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**Question 557:** " I happened to be up last night when the London bombings occured. I made a bet with myself as to how long it would take the "authorities" to blame Al-Qaeda and sure enough, within a few hours it was plastered on all the networks that this was definitely their work. Then magically some secret European Al-Qaeda group is claiming responsibility. The bullshit never ends!! Yet, what's most disturbing I guess is how the majority of people immediately buy into all these fabricated events. I visited an old friend today and he brought up the event and I gave him my view on it, which obviously is vastly different from what he expected. The blank look that I got back was amazing. He grew silent and didn't want to talk about it anymore. There are others that I know that instead would get extremely pissed off or call me a conspiracy nut. I have to admitt that even though I'm trying to observe and learn as much as I can, the last few weeks I have felt a rapidly increasing emotional and mental "heaviness", to an extent that I've never felt previously. In observing most of my co-workers, I don't detect any of them feeling like this. They all continue with their lives as if everything is fine, talking about their investments, retirement, kids growing up etc. Quite a fascinating paradox to observe!! Several of them



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though have approached me the last few days because they've noticed the change in my behavior. This "heaviness" has made me very quiet and introspective and it makes them feel uncomfortable. I don't know if I'm being "zapped" or it's my physical body realizing that time is almost up!"

**Answer:** You are correct and the actual "conspiracy nuts" are those who believe the government that spawns these lies. I will be doing a segment for the site on the London bombings. The anxiety related feelings you are having are being shared by all those sensitive to what's going on. There are physical reasons: government electro/chemical attacks and also energy pulses from your Higher Self to separate yourself from the mobs of minions, sequentials and Game devotees.



**Question 558:** " I have read in several places how darks plans are not going how they intend and they are frustrated and so on. In one of Val's earlier works, for example, it was predicted 1995 was when the proverbial shit was going to hit the fan. How come so many predictions have been incorrect? Looks to me like dark has things pretty well in hand - what's the delay? Does it have anything to do with me as an individual? Like my life is a construct created to deflect me as long as possible. I had an illness in the family lately and it brought together several family members together I haven't seen in a long time. I thought to myself several times about how you 'lost' all your family. I wondered if you intentionally cut yourself off from them because they were intended to distract and bring you down. On the one hand it seems we have many lives with the same group of Higher Selves. On the other I wonder if dark can pick our family and friends in order to best distract us. I've been having a lot of thoughts about artificial constructs lately. Like many of the people in my life are around to try and bring me down. Philip K. Dick's book *Time Out Of Joint* really brought this idea home.

**Answer:** I can't answer questions about what Val wrote over a decade ago. You'll have to ask him. Yet, "shit" has been hitting the fan for years now. Apparently you have become so used to it that you can no longer tell when it's being flung at you! That's just how they want it. It allows them to get away with more shit as the public becomes numb to what's going on. This numbness comes from indifference, minion incarnations and electrical/chemical desensitizing. The Dark is quite convinced that it has everything going the way of the major agenda plans. They have minor setbacks here and there, but overall, it appears to be going as planned. You, however, are at an incarnational level that is not Advanced enough to realize all this. True, it takes an Awakened Final to have the best advantage in seeing the Game for what it is and there are very few of them around today - relatively speaking. You are bound by your own incarnational limitations and must live with them. That is part of what you need to experience during these latter stages of EndGame.

The polarities will be in for another rude shock when Earth path Graduation occurs. They have had this shock with each simultaneous path Graduation. Each time they beLIEve that they can compensate for it with the next simultaneous path planet. They are caught in their own experiential loop that cannot be broken from the sequential path. Part of my personal



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Awakening process involved me making choices that would have biological relatives cut me off. I did not "choose" this situation. From where I am today, I see that it was necessary for me to experience this, though.

While BOTH polarities have a lot of power, the single most potent source, for you, is YOUR Higher Self and not either polarity. I have been stressing that over and over in the M5 materials: Trust in YOUR Higher Self. Until you are able to do that, doubts and fears will continue to pepper you with Game initiated plagues. Yet, until you are your Awakened Final Incarnation, this happens to varying degrees.



**Question 559:** " Firstly I would like to say a big thank you for such a monumental work on matrix V. I read the gold edition in 2004 and wow what an eye opener that was. I recall that night after reading the first few pages of MV, in my dream I saw myself standing with my palm outstretched and a golden beam of light shot out of my palm and went straight up into the sky. The feeling this evoked was a sense of accomplishment of major proportions. One of the primary points in Matrix V for me was the segments dealing with gay sexuality. As a young gay man that was one of the keys I needed to turn a new leaf in my understanding and acceptance of my sexuality. Living the first law of like-attracts-like is truly liberating in ways that is truly astounding. An example of this is a huge increase in creativity. I live in Toronto Canada and everywhere I look, I observe the many truths of the game as stated by the author. Some days I can't wait for it to end due the heaviness of the game's vibration at this time.

Years ago a I read a series of books by Michael J Roads and one of these books was called "a journey into oneness" which is an astounding account of the authors journey into the nature realms. It gives an overview of how the nature spirit higher self uses mineral rock plants, trees and animals through its evolution. In the latest Matrix project, I would like to suggest a topic in the new book: what are the key areas of interactions between the earth spirit higher self and the simultaneous higher selves and how does this affect the development of each type of higher self path development. Another topic: How does the nexus of time affect the flow of time on a planet and whether that affects the basic physical laws surrounding the planetary vicinity. Also what are the key processes the higher self is engaged in during the incarnational phases such as updating internal memory or evaluating various key situations on its path development etc? Thank you once again for this great engaging funny and truthful work. I look forward to the new Matrix book and also to graduation day. Now that is something to be joyful about.

**Answer:** Thanks for the comments. I'm glad that M5 is beneficial to you on your path. Your reported dream indicated your part in the formation of the Graduation Key, as per the segments in Volume II. Nice to hear from you about that, though. You live in Toronto...how neat. I'll be watching the series finale of *Queer As Folk* tonight. I've never been to Toronto, but Canada is a far better place to live than cesspool Amerika with the religious fascists in charge. The Nexus of Time is a feature of each simultaneous path



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Higher Self ONLY. One's Nexus has no bearing on any other Higher Self or the Game as a whole. I am limited to what I can say about the interactions between our Higher Selves and the Planetary Spirit, although I do say much more in Volume III. Much of what you want will have to wait until your Higher Self Graduates. Your last question is already addressed throughout the M5 series.

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**Question 560:** "With the discovery of a new "10<sup>th</sup> planet" came calls to remove Pluto as a planet altogether. Do you have comments as to why?"

**Answer:** Pluto was not discovered until 1932. The discovery of Pluto coincided with the latter EndGame cycle. In astrological terms, Pluto represents transformations, the phoenix effect, complications and other subjects. Pluto is also the planet of polarity controls. Proper understanding of Pluto's astrological effects exposes Dark *and* Light manipulations. This is especially unsettling to the Dark, thriving without being observed and moving in shadows, which feels exposed. While it is in the interest of BOTH polarities to have Pluto removed as an official planet, Dark has the most to be gained by this *astronomical* reversal. Nevertheless, the cat is out of the bag and whatever 'official' 3<sup>rd</sup> density science may say, the use of Pluto's *astrological* implications from Earth will not be going away.

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**Question 561:** "I understand your materials to a very high degree of clarity. However, I do not pronounce any skill within telepathy or conscious astral travel. That being said, "interesting" things have happened to me. Small amounts of telepathy, synchronicity, seeing auras and even seeing a reptilian in someone's aura! Lucky me! However, with my intuitive understanding of your ideas as being fairly accurate, I am still Body I.D'd in the sense that I am heterosexual (not that I really play that game, I never find anyone that I "click" with, even though I am considered "good looking) and just go experience to experience, quitting jobs every three months because I am not satisfied and going through waves of enjoyment of "the game" and waves of utter discontent.

**Answer:** You are who you are. Just enjoy that. Don't try fitting yourself into any presumed definition. Only YOUR Higher Self can answer your question pertaining to yourself to the level of answer you want.

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**Question 562:** "I really enjoyed Monroe's trilogy. His work gives an excellent foundation for the Matrix V books. Can you explain what some of his motives were with some of his journeys? I'm curious about several things that he wrote about and I want to know more about his purpose in reporting certain things as well as certain topics he mentions that I never heard of before."



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**Answer:** Yes, I always say that the Monroe trilogy should be read before the *Matrix V* books. Something that M5 readers must keep in mind: *only* Bob Monroe can answer why he wrote what he wrote. *Only* Monroe can tell you what was on *his* mind when he had his experiences and *why* he chose to reveal what he did. Numerous events in his books are removed from Earth 'time periods'. Some things seem to be written in parables. I know from my visits with him at the Institute that he wanted to stimulate the desire for readers' explorations, not just provide a travelogue. With that in mind, do not ask me why Bob did this or wrote that. I cannot tell you what he was thinking. If you really want to know, you'll have to try and locate him on the astral or access the Library on 27.

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**Question 563:** "A new study (August 2005) just says that coffee is probably the best drink for you on Earth? Any comments?"

**Answer:** The thing about coffee is that today it's "good for you", yesterday it was "bad for you", the day before that it was "good for you" and so on. These yo-yo 'studies' are meant to keep everyone off balance. Personally, I like the smell of coffee but hate the taste. This all goes back to sequentializing and standardizing path choices. Fuck all these studies, especially those that are AMA based or connected. They have their own agendas. BBC America recently had a story that homeopathy is 'bad' and it is no more than a placebo at best. I have used homeopathy for years and it works. There is no money in homeopathic remedies and cures so the AMA and their British counterpart despise it. Homeopathy works with your immune system while allopathic medicines work against it. Allopathic drugs are geared to making your immune system dependent on them. There are a several good exposes of allopathic medicine in print. What it all comes down to is: Eat/Drink and Do whatever for *your* experiences and not for anyone else or anyone else's reasons! Remember the simultaneous path is about individual experiences and not getting on the bandwagon where everyone is doing the same thing for a group oriented reason.

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**Question 564:** "Do you have any comments on the event that brought the destruction of New Orleans and the surrounding region?"

**Answer:** Hurricane Katrina, which brought about this event (end of August 2005), is primarily connected to the Graduation spiral of Earth's Planetary Spirit. However there are other factors involved as well and M5 readers should be particularly observant. Note the mob mentality of many of those who chose to remain in New Orleans rather than evacuate when they could. Widespread looting, the formation of armed gangs and shooting of rescue helicopters have been reported; yet they are not telling the *whole* story in the media (no surprise there). From what is seen in the news, minions are reverting to their basic Nature



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Spirit inclinations and are acting like animals. Of course, it doesn't take much for Low level incarnates to act as pure body ID with the spirit overtones of the survival nature. One's incarnational spiritual level determines the amount of body ID rule as stated in the M5 materials. The wailing over death is also a body ID matter since the spirit is immortal.

Similarly, the stampede in Baghdad (8/31/05) where over 700 died is indicative of minion majority activity. The word 'stampede' itself is connected to mass animal behavior. The sequentializers are also using the hurricane event to further their agendas. The whole fabric of simultaneous path Earth is crumbling due to sequential path interference and manipulation, all pre-Graduation events and the activation of the Graduation Key. Those who are still clinging to the Game will be able to continue it on the next simultaneous path planet. For those who will be Graduating from the Earth playground, it will be like leaving mythological hell behind! Are you ready, *really* ready?

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**Question 565:** "I have heard a variety of comments on soy products and they are almost all good. What are your opinions on soy?"

**Answer:** Soy is heavily pushed as a food. Lightsiders love it, for example. If you go to a health food store, soy is almost everywhere in product ingredients and the list of soy heavy products has increase dramatically. Yet soy is loaded with estrogen. My homeopath warns against using soy. There is also a Darkside element to soy that is not well known. Soy will make males more docile and enhances Orion DNA command structures to cater to/obey females. On the other hand, soy makes females more aggressive. The usage of soy is part of the Orion agenda. Everyone has their path to follow, but you may want to keep this in mind the next time you shop.

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**Question 566:** "My question regards the topic of shamanic journeys , I had a bit of training in the classic" new age" technique ( michael harner, jonathan horowitz ) with good results but a lot of things didn't add up in my mind, as I was contemplating the the inner works of the journeying process I came to the conclusion that the shamanic journeys are a form (imagery/associations) for conscious intention to manifest and I paralleled the trance state to a between state of directed dreaming (hippnogogic imagery) to oobe. As I read more and practiced more I concluded that their are more direct ways of obtaining same results and without invoking all sort of spirits (animal spirits etc..) for help ( even if only by intention) also understanding that most of the guides are higher self extensions, I understand that imagery ( or any sensory input that has an outline) is a way of communicating in astral subtleties (even in the communication of the higher self to its



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incarnation). My question: Is there a more direct/essential way of journeying that you can share?"

**Answer:** While shamanic work has been touched on in M5, it is not the purpose of M5 to teach how. Unless one is properly taught by genuine shamans, as opposed to pseudo-shamanic hacks, one cannot ever become a shaman. True shamans are rare. I met 2 people locally who claim to be 'shamans'. When I asked about their training, they said they "read a couple books" and "went to a weekend seminar". They are deceiving themselves and any to whom they present themselves as "shamans". Pseudo/faux shamans are fairly common. One does not become a shaman by reading a book nor by attending a weekend seminar. It takes years of dedication. Unless I directly approach an individual, I will not teach shamanic practices or techniques. The only site I can recommend is [www.medicinegarden.com](http://www.medicinegarden.com) Eileen is a shaman and has properly taught shamans available for commercial work. I have nothing more to say on this topic.

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**Question 567:** "When Graduation arrives, does this mean that everyone who is to Graduate does so at the same time?"

**Answer:** No! The key simultaneous path usage of the word 'Graduation' is connected to the Planetary Spirit's Graduation. Remember that being on a simultaneous path, *individuality* is stressed. Some of you think that we are all Graduating as a group. *We do not progress nor depart as a planetary unit.* Life will no longer be sustainable here when Earth's Planetary Spirit Graduates. Any Higher Self pre-Graduates who are still on Earth at that time, of course, proceed on to their own Graduation. This exit time was a pre-set experience by those individual Higher Selves. Many more will depart *before* the Planetary Spirit. This is all connected to individual Higher Self path needs. I may drop dead next month. As A Final, this herald's my Higher Self's Graduation when I engage my Nexus of Time. Remember that *your* time and manner of incarnational death was chosen by *you* (as your Higher Self) before you were incarnated. From our perspectives, Graduation should be looked upon as the death of your current incarnation during this latter stage of EndGame. Do not be concerned about any others. *Your* Final will activate *your* Nexus of Time and that means *your* Graduation has occurred no matter what else is happening on 3<sup>rd</sup> density Earth. From a Higher Self report, TOO many incarnations wrongly think that **all** pre-Graduates will be departing the Earth at the same time. It's very fitting that the final Q&A for the book come from the Higher Selves on behalf of their incarnations.



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## Matrix V: More Reader Commentary

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"Last night I made two trips while projected in the 3rd body. The first was to the Earth core to make sure that Graduation was still on schedule despite recent events. I interacted with an Earth Spirit. Again, I was taken and shown the graduation key, almost to say, "Yes, it's still there". I asked for a definite sign and that's what I got. I saw it. In response to a question I had, this spirit said the Earth entity will be going "to the sun" as its next level of progression. I got the sense that the Earth planetary spirit communicates through its incarnations, just like a Simultaneous path Higher Self communicates with its incarnations through an incarnation if it has to. The being I met had an imposing appearance, was humanoid but also seemed to have certain animal-looking features. Then I went back to 27 and then up to 34/35 to the place where the Simultaneous Higher Selves are located. My aim was to feel the energy around these Higher Selves. Oh man! There was extremely strong energy around the Higher Selves I went past. The energy was as strong as the energy I've experienced around beings in higher densities. Then I got the idea to make a trip to the Sequential Higher Selves around the Pleiades. The energy was different but definitely FAR weaker. When around the Earther Higher Selves, I could feel strong emotion and vitality. Fun energy! Just to make sure, I went back and forth many times in an attempt to sample each location and compare. Only after doing this enough times was I satisfied and then as a last trip I focused my intent to be around the reptilian Higher Selves in Orion. Again the energy was different, less "interesting" to me, almost still, no strong emotional overtones (the Pleiadian Higher Selves had some overtones), and actually weaker than what I felt around the Pleiades. In fact, I was surprised at the energy around the Higher Selves felt in these two Sequential locations. SO different, and the last site was almost bland, for my taste. The energy around the Earther Higher Selves was so much fun, so alive! It was good to know."

"Thanks to the M5 series I am also learning the importance of balance and observation. It's one helluva challenge at times, but you know it's all part of game, and so I give it my all. There are days when I am more observing than others, but through awareness I pick up on this and work with it. For me it is so hard to put into words what I am trying to say, but this game and our participation in it surely beats anything I ever imagined. About the lower astral, it's like "polluted" with denizens that are very, very bizarre and some of them try to be downright sinister, others try to come across as avatars, saviors- the whole nine yards."

"Just wanted to say thank you for writing the books. Nothing has gripped me as much as that volume 1. All my life I've had the feeling that this experience isn't 'real'. Now I understand why much more clearly. You have really helped me break through some fences: religion, politics, and now the animalistic het sex urge. Another fence I'm coming to recognize is my desire to 'hide'. I have been living below my spiritual understanding to make others more comfortable. I now see that I have been impeding my own progress,



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making it less likely that I would meet like-minded people. Being 100% true to the best of my spiritual understanding is really going to take some work on my part. The remaining vestiges of the conforming body-ID'd concepts I still struggle with just can't resist the depth of the urge to know myself as I truly am."

"I am so looking forward to Matrix V Gold Volume III. Even though I am not a Final or very advanced I am making progress on breaking loops and I keep reading because some part of me will be benefiting even if I'm not understanding it all. I do not have anyone in my circle of friends who I can discuss these things with and it's strange to be with old friends you are fond of but aren't really on the same page with. At my level it's better to listen and absorb what you can rather than ask questions so anything you include in your new volume can only help."

"One thing that M5 has truly helped me with is learning to face my fears head on, no matter the situation. I'm damn proud of this because before M5 I was ruled by fear and never stood up to anyone or anything."

"Thank you for your website. I've been visiting it off and on for probably close to 10 years now. I became completely hooked when M5G came out. What a life changer that was. I finally and completely am at ease with walking alone in this world. After reading M5G, I know my unwillingness to conform is due to being spiritually advanced (regardless of actual level), and not because 'I'm broken and need to be fixed' (like my mother's religion tried to teach me). I can also appreciate the anonymity The Author maintains. Followers would be needy, whiney, pains-in-the-ass. I feel I am infinitely more prepared for whatever Endgame reveals since reading M5G. Thank you to both of you."

"The statement "M5 readers are FAR more mentally prepared than others who think that life will go on forever as it has been." is so true. I thought to myself what state of understanding I would be in if it were not for M5 and you personally. I would have NO clue as to how to interpret the conglomeration of strange events and phenomenon occurring in the world. Almost anything could happen right now and I would be able to at least put it in a context and continue to function."

"I just wanted to say thank you for something your writing has done for me. I had a very good friend die last week from drowning. I am close to the family and his mom asked me to sit with her at the river during the search and recovery. It was very sad seeing her grieve. Knowing in my heart what you've shared about time and manner of death and the fact that his Higher Self is in charge was very comforting. The truth of how things are is better than the myths people use to help themselves."

"I awoke this AM prompted to write you. I thank you wholeheartedly for your advanced Matrix materials, the lone oasis in a desert of confusion and disinformation. I "awoke" seven years ago, with a sense of falling out of bed on a hard floor, with my heart racing. The new realities felt like a bad dream at first. Could any of this be even marginally true? Everyone in my life encouraged me to go back to sleep, at work and personally. I got



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continuously ostracized and rejected for my new persona. Who cares? Since I cannot and do not wish to go back to sleep, and, I no longer feel like expending the energy to wake and teach others, I now reside mentally internally with my physical body continuing to maintain some semblance of acceptable normalcy for daily activities. But, boy do I have a great time when I read your materials. Feels familiar and creates a sense of well being for me. I embarked seven years ago on a journey of incessant research and study. Every non-working, waking moment, I have looked at the world's situation from multiple disciplines: archaeology, physics, math, medicine and alternatives, math, science, ufology, metaphysics.... you name it. What it has all distilled to after so long a search in Earth School, are the "answers/keys" provided in the Matrix materials. Eureka, a confirmation at last! I "found" your materials three years ago and began with the blue Matrix One. I own the Matrix Two books and eagerly anticipate your third book. I can pass on most of my other books; their information having served its purpose. Thank you, thank you, thank you for the continuation of your Matrix project."

"I have been reading your material for a number of years now. It has been- and continues to be- a very potent resource for helping to decipher not only the game and the players, but also the information and dynamics around me. Just wanted to take this opportunity to say thank-you. the time and effort you put into this work is appreciated beyond a simple thank you- these insights are invaluable .... and it certainly makes for an interesting facet of this heavily weighted game we play!"

"Firstly, I would like to say a big thank you for such a monumental work on matrix V. I read the gold edition in 2004 and wow what an eye opener that was. I recall that night after reading the first few pages of MV, in my dream I saw myself standing with my palm outstretched and a golden beam of light shot out of my palm and went straight up into the sky. The feeling this evoked was a sense of accomplishment of major proportions. One of the primary points in MV for me was the segments dealing with gay sexuality. As a young gay man that was one of the keys I needed to turn a new leaf in my understanding and acceptance of my sexuality. Living the first law of like-attracts-like is truly liberating in ways that is truly astounding. An example of this is a huge increase in creativity. I live in Toronto Canada and everywhere I look, I observe the many truths of the game as stated by the author. Some days I can't wait for it to end, due the heaviness of the game's vibration at this time."



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