

Tim Rifat is Brighton's leading Mind Control Expert. Now, Tim shares his knowledge with the general public about Mind Control systems, and excitingly, how to defeat them!

## Tim Rifat's Guide To Defeating Mind Control Systems - The Gear You NEED!

Part 1 - Electric Field Damping with Carbon Materials

Carbon by nature is a non-conductor, and as such is a very good E-field absorber. At RVScience.com, I am pleased to offer this improved version of my very low cost microwave absorber sheet which is one of the first stops a target electronic harassment victim should take in order to secure their home while they locate the perpetrators and report them to the authorities.

Now for the good news, due to the way that radio "mind control" systems work, they are bound to the science that lies behind them.

## AND THAT'S WHERE I COME IN, WITH IDEAS THAT \*WORK\*!

My radio based mind-control systems use amplitude modulated radio waves which silently interfere with British Telecom telephone systems and the power supply units in people's homes (where the electric and magnetic fields build up and are then re-transmitted back at the targets home). With a little practice it is easy to both listen to people using cavity resonance techniques, as well as sensitise them to their own homes magnetic fields causing them stress, fatigue, nausea and even mental health problems!

While indoors and outdoors after two or three weeks of being targetted with my system or a system like it, people become sensitised to the electro-magnetic fields in their home after which they can also hear a spoken voice via my radio system \*ANYWHERE\* outside. This type of electronic harassment can be labelled mind control with some caveats, but that is a topic for another article that I will publish in the near future.

Now, back to the e-field damping sheet of choice, my very own product, the now infamous carbon e-field sheet!

By using my carbon-fibre sheet, you can **protect** yourself in your home from such radio-based attacks easily by installing the sheeting in key locations. The list below is partially prioritised:

1) Line the insides of your BT phone sockets (NT5E master sockets and secondary/extension sockets as well) with carbon fibre sheeting as tightly as possible, convering the entire internal box area, and overlapping the internal edges as well as you can to prevent any electric and magnetic field escaping. This is not approved by BT, but if you are a target, then you really need to do as it wipes out any mind-control system quite easily. Lining the inside of a BT socket is not very hard at all. Remove the screws, check the locations of the cables and their connectors, remove the cables, and then line the inside of the BT box as well as you can. Just use a pair of mid-size scissors and trim it as well as you can to line the inside of the box. The more time you take with it the better, I usually allow 20 minutes per box and I can get an almost perfect seal.

The gains you will see far outweigh the time you will spend installing my carbon sheeting, I can absolutely promise you that!

2) The same again applies to domestic power supplies. Line the internal power supply area using the sheeting ensuring that the internals of the power supply are completely sealed. You may be able to do this with the help of a qualified electrician, ask first and see how you get on. Explain you wish to shield the box. If you can't find someone to help, remember to ISOLATE your power supply and test that the power line circuits are off. Check your power points, lighting circuit, boiler circuit BEFORE doing ANYTHING to your power supply. Safety first! The rewards here are just massive, and overlapping using double or triple width carbon sheet pays big dividends.

3) If you have a power strip connected to your television set, or perhaps a PC plugged into it, place a 3 inch wide strip of the material underneath the power strip and use some tape or suitable adhesive to stick it on to the base of the strip. This will break up the e-field significantly and can be done in just a few minutes with huge gains to your wellbeing.

4) Transformers are really a seperate issue but VERY important. The radio signal is "tuned in" by the mind control systems operator to oscillate the coils or transformers if you prefer which assists in sensitising targetted individuals hearing. The pain can be terrible and causes inner and middle ear closure which results in heightened sensitivity. Priority-wise, dealing with transformers are equally important as attending to BT phone sockets. However adding shielding to transformers can be much harder to do, but it is sometimes possible. For smaller transformers such as those found in alarm control panels, the transformer can be safely surrounded with carbon film, to dampen both the electric field generated from the mind controllers radio system as well as reduce the sub-audible oscillations caused by the transformer itself.

Transformers are, and always will be harder to "treat" than other items around the home, but the results are astonishing and well worth placing at the top of the list of things to do.

My personal mind-control system (amplitude modulated based, or longwave if you prefer you old-school types!), depends almost entirely on transformers and they can be found in many household items including; PC power supplies, alarms systems, hoovers, hair-dryers, fans, cooker hoods, telephones, computer routers and so forth. In these cases you will need to use a different solution, I will cover that in much greater detail in a future article! If you are unable to shield the transformer in your household item, the easiest way is to follow the steps in my next guide, it is a great work-around until you furnish yourself with RFI chokes or filters. 5) Telephone handsets. Again, like transformers they are tricky to deal with but are just as important. These things create a real racket when RF is pumped through the target individuals telephone circuit, and are capable of contributing towards the closure of the inner/middle ear as well as sensitisation. The carbon sheet in this instance can be used to line the inner casing of the telephone, just make sure that it is disconnected from the mains first. All telephone designs are different and it may not be possible to remove the handset or base unit to make the shielding modifications required, but in many cases it is possible, though a slightly more time consuming exercise. There are several workarounds, as with transformers that I will explain in a dedicated guide later in the series, though as short-term measure, if lining the internals of the handset and base unit is not possible, then placing a triple-thickness strip over the mouthpiece and listening holes on the handset is a worthwhile and quick job to do. You can just place a piece of the material over it and stick it on with another non-conductor that is easy to remove. Blu or white tack are ideal for this (as well as many other things as you will see in due course..)

6) Alarm systems. These things are easy to deal with relatively speaking. Within the alarm main control panel unit will be a transformer, and as described above, shielding the transformer inside is simply a case of adding double thickness pieces around the edges of the transformer as best as you can. Remember that most alarm transformers get hot and need to breathe, so don't block the airflow out completely. I usually shield the entire inner casing of the alarm panel unit, double-thickness with overlaps, as per BT telephone sockets above.

There are many more applications for the sheeting including one very important one. If you are struggling to sleep and getting up in the small hours of the morning thanks to the magnetic-pulsing effect felt in the neck and ears caused by a mind control system operator, then your system is "weak" somewhere and needs attending to. One way you can overcome this to get your beauty sleep is to buy plenty of sheeting to cover the upper half of your body, from a few inches above your head, the width of your body plus 12", and to the top of your legs. This will prevent the magnetic field from pushing and pulling your vital organs causing your blood pressure to rise which eventually closes your inner and middle ear due to the sound pressure building up in your lungs and sinuses. Make sure that you use as much sheeting as possible and lie it under your mattress, the closer to your body the better, though don't place it directly under your body as it will obviously be uncomfortable. For the brave though, try it, you will notice an incredible difference.

For additional performance, lay a pillow-sized sheet directly under your pillow. This will reduce your sensitisation greatly during the most important time of all, your much neded sleep cycles! Quite simply E-field is the easiest part of the mind-control system to tackle .. I will explain why.

A radio wave is made up of two components, an electric field (the e-field) and a magnetic field. Both work together, if either the e-field or magnetic field properties are disrupted in some way the mind control system will fail massively and the mind control's system operators life will be made a complete misery. Their hopes and dreams will truly fall apart in their hands giving you the first-mover advantage.s

Yes, you \*could\* fit RFI filters everywhere and you would no doubt see a valuable improvement, and you will indeed \*need\* some, but the easiest and quickest way to get results for little expenditure is with my carbon sheeting. It can be fitted anywhere quickly and easily with no safety issues at all or special skills. Toroids, filters and special equipment will be explained in a future publishing.

Once the e-field has been damped, the magnetic properties of the system cannot operate properly and the system fails. It is as simple as that. The hard part is locating the right equipment to do the job, and then install it correctly in the right place.

It seems impossible at first, but trust me, it is as easy as pie if you follow my guides on defeating mind control.

Without wanting to go off-track too far discussing the benefits of using the right equipment, my "mind control" sheeting material comes with a durable plastic coating for easier handling and best of all it will not intefere with installation into tight spaces. The carbon sheet is non-woven and made entirely of 99% pure carbon fibers, which achieves both high E-field shielding & personal protection in a cost effective package.

Finally, here are the specs of the sheet, available per linear foot x 48 inches.

Width: 48 inch Weight: 34 g/m<sup>2</sup> Thickness: 26 mil (0.64 mm) Carbon Resistivity: ~3 Ohms/sq

The sheeting is non-conductive as it is completely inert and safe to use in complete safety in any electrical environment.

Tim Rifat's mind control carbon fiber sheeting is yours to buy today. Protect

yourself from any type of radio-based mind control and surveillance system using my unique in-house developed products. Accept nothing less, but don't buy my necklaces and jewellry, they are meant for spiritually inclined seeking enlightenment and have no value at all in real-world terms.

In part two, I will cover the evaluation, selection of products and installation of RFI (EMI) equipment on critical household equipment which will defeat any radiobased "mind control" system .. as well as previously unrevealed insider secrets of my own!

Tim.

P.S.: Part 2 will be out soon, so keep your eyes on my site and contact me if you need any help!

Mind Control E-Field Carbon Sheeting is available Exclusively from Tim Rifat (Turan Rifat) - Brightons Leading Mind Control Expert. © Tim Rifat 2012