

Contents

<u>The Authors</u>	16	Sleeping	118
<u>Getting Started</u>	18	Eating	120
<u>Itineraries</u>	23	Entertainment	121
<u>Snapshot</u>	29	Shopping	123
<u>History</u>	30	Getting There & Around	124
<u>The Culture</u>	37	NORTH OF SEMINYAK	124
<u>Architecture</u>	60	Kerobokan	124
<u>Environment</u>	68	Berewa	125
<u>Bali & Lombok Outdoors</u>	74	Canggu	125
<u>Food & Drink</u>	85	Echo Beach	125
<u>Kuta, Legian & Seminyak</u>	94	Pererenan Beach	125
KUTA & LEGIAN	95	South Bali	126
History	95	BUKIT PENINSULA	127
Orientation	95	Jimbaran	127
Information	99	Central Bukit	130
Dangers & Annoyances	101	Dreamland	131
Sights	101	Ulu Watu & Around	131
Activities	101	Tanjung Bena	137
Tours	104	SANUR	139
Sleeping	104	History	139
Eating	109	Orientation	139
Entertainment	112	Information	140
Shopping	113	Sights	140
Getting There & Away	115	Activities	141
Getting Around	115	Sleeping	142
SEMINYAK	116	Eating	144
Orientation	117	Drinking	146
Information	117	Shopping	146
Sights	117	Getting There & Away	146
Activities	117	Getting Around	147
		SOUTH OF SANUR	147
		Pulau Serangan	147
		Mangrove Information Centre	147
		Benoa Harbour	147
		NUSA LEMBONGAN & ISLANDS	148
		Nusa Lembongan	148
		Nusa Penida	153
		Nusa Ceningan	156
		DENPASAR	165
		History	165
		Orientation	165
		Information	165
		Sights	168
		Walking Tour	169
		Activities	169
		Courses	170
		Festivals & Events	170
		Sleeping	170

Eating	170
Shopping	171
Getting There & Away	171
Getting Around	172

Ubud & Around 173

UBUD	174
History	174
Orientation	174
Information	174
Sights	175
Activities	181
Walks Around Ubud	182
Courses	185
Tours	186
Festivals & Events	186
Sleeping	186
Eating	193
Drinking	197
Entertainment	197
Shopping	198
Getting There & Away	199
Getting Around	200
AROUND UBUD	200
Bedulu	200
Pejeng	202
Tampaksiring	203
North of Ubud	204
South of Ubud	204

East Bali 208

Gianyar	209
Sidan	211
Bangli	211
History	211
Semarapura (Klungkung)	212
Around Semarapura	215
Sidemen Road	215
Pura Besakih	216
Gunung Agung	219
Rendang to Amlapura Road	220
Kusamba to Padangbai	221
Padangbai	221
Padangbai to Candidasa	224
Candidasa	226
Candidasa to Amlapura	230
Amlapura	230
Around Amlapura	232
Around Tirta Gangga	233
Amed & the Far East Coast	234
Kubu Region	238
Tulamben	238
Tulamben to Yeh Sanih	240

Central Mountains 241

GUNUNG BATUR AREA	242
Getting There & Around	243
Trekking Gunung Batur	243
Villages Around Gunung Batur Crater	246
Villages Around Danau Batur	246
DANAU BRATAN AREA	248
Bedugul	249
Candikuning	250
Pancasari	251
Danau Buyan & Danau Tamblingan	252
Munduk & Around	252
GUNUNG BATUKAU AREA	253
Orientation	253
Sights & Activities	253
Getting There & Away	255

North Bali 256

Singaraja	257
Around Singaraja	261
Lovina	262
West of Lovina	267
Pemuteran	269

West Bali 271

Kapal	273
Pura Taman Ayun	274
Belayu	274
Marga	274
Sangeh	274
Tabanan	275
South of Tabanan	276
North of Tabanan	276
Lalang-Linggah	276
Jembrana Coast	277
Negara	278
Around Negara	279
Belimbingsari & Palasari	279
Cekik	280
Taman Nasional Bali Barat	280
Labuhan Lalang	283
Gilimanuk	283

Lombok 285

WESTERN LOMBOK	286
Mataram	286
Around Mataram	291

Lembar	292
Southwestern Peninsula	292
Senggigi	293
GILI ISLANDS	299
Gili Air	300
Gili Meno	303
Gili Trawangan	305
NORTH & CENTRAL LOMBOK	311
Bangsai to Bayan	311
The Sembalun Valley	313
Sapit	314
Gunung Rinjani	314
Tetebatu	317
South of Tetebatu	321
SOUTH LOMBOK	322
Praya	322
Around Praya	322
Kuta	322
East of Kuta	325
West of Kuta	326
EAST LOMBOK	326
Labuhan Lombok	326
North of Labuhan Lombok	327
South of Labuhan Lombok	327

Directory 328

Business Hours	330
Children	330
Climate Charts	332
Courses	332
Customs	332
Dangers & Annoyances	333
Disabled Travellers	335
Embassies & Consulates	335
Festivals & Events	336
Food	338
Gay & Lesbian Travellers	338
Holidays	339
Insurance	339
Internet Access	339
Legal Matters	339
Maps	340
Money	340
Photography & Video	341
Post	341
Shopping	342
Solo Travellers	344
Telephone	345
Time	346
Toilets	346
Tourist Information	346

Visas	346
Women Travellers	347
Work	348

Transport 350

GETTING THERE & AWAY	350
Entering the Country	350
Air	350
Sea	352
GETTING AROUND	353
To/From the Airport	354
Air	354
Bemo	354
Bicycle	355
Boat	355
Bus	356
Car & Motorcycle	356
Hitching	360

Local Transport	360
Tours	361

Health 364

BEFORE YOU GO	364
Insurance	364
Recommended Vaccinations	365
Required Vaccinations	365
Medical Checklist	365
Internet Resources	366
Further Reading	366
IN TRANSIT	366
Deep Vein Thrombosis (DVT)	366
Jet Lag & Motion Sickness	366
IN BALI & LOMBOK	366
Availability & Cost of Health Care	366
Infectious Diseases	367
Traveller's Diarrhoea	370

Environmental Hazards	370
Women's Health	372

Language 373

Glossary 380

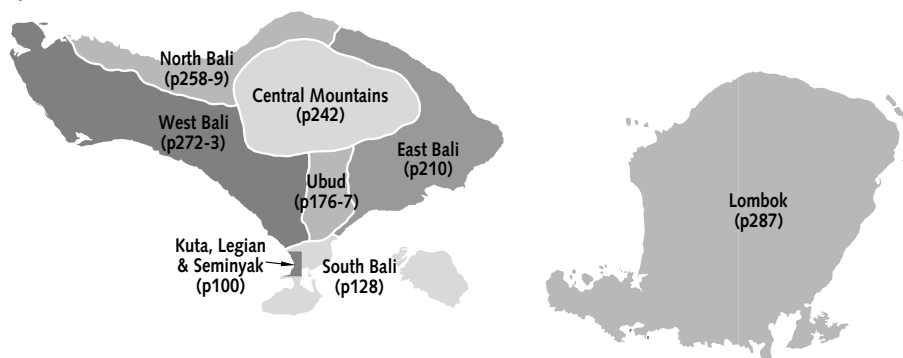
Behind the Scenes 384

Index 387

World Time Zones 394

Map Legend 396

Regional Map Contents



© Lonely Planet Publications. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'