TRANSPORT

Kyoto is within easy reach of three airports, all of which have air links with North America, Europe, Asia and Oceania, in addition to cities across Japan. Kyoto is also linked to the rest of Japan by a multitude of excellent train and bus lines, including the *shinkansen* (bullet train). Additionally, you can reach Osaka and Kōbe (both close to Kyoto) by ship from China.

Within the city, Kyoto has an excellent public transport system. There is a comprehensive bus network, two subway lines, four train lines (two of which can be used like subways for trips around Kyoto) and a huge fleet of taxis. Furthermore, being largely flat, Kyoto is a great city for cycling – it's perfectly feasible that you could rent or buy a bicycle on your first day in the city and never have to use the public transport system.

Book flights, tours and rail tickets online at www.lonelyplanet.com/travel_services.

AIR

Airlines

Most airlines have offices in Osaka or Tokyo. The \bigcirc 0120 numbers are toll free.

Air Canada (a 0120-048-048; www.aircanada.ca/e-home .html)

Air France (a 06-6641-1271; www.airfrance.com)

Air New Zealand (a 0120-300-747; www.airnewzealand .co.nz)

Alitalia (6 06-6341-3951; www.alitalia.com)

All Nippon Airways (ANA; a international 0120-029-333, domestic 0120-029-222; www.ana.co.jp/eng/)

Cathay Pacific Airways (a 0120-355-747; www.cathay pacific.com)

Things Change...

The information in this chapter is particularly vulnerable to change. Check directly with the airline or a travel agent to make sure you understand how a fare (and ticket you may buy) works and be aware of the security requirements for international travel. Shop carefully. The details given in this chapter should be regarded as pointers and are not a substitute for your own careful, up-to-date research.

Garuda Indonesia (© 06-6635-3222; www.garuda -indonesia.com)

Japan Airlines (JAL; a international 0120-255-931, domestic 0120-255-971; www.jal.co.jp/en/)

Jetstar (**a** 800-4008-3900; www.jetstar.com)

KLM Royal Dutch Airlines (a 0120-468-215; www .klm.com)

Korean Air (2 0088-21-2001; www.koreanair.com)

Lufthansa Airlines (o 0120-051-844; www.lufthansa.com)

Northwest Airlines (a 0120-120-747; www.nwa.com)

Qantas Airways (a 0120-207-020; www.qantas.com)

Scandinavian Airlines (a 0120-678-101; www.flysas.com)

Swiss International Air Lines (a 0120-667-788; www .swiss.com)

Thai Airways International (a 06-6202-5161; www.thai airways.com)

United Airlines (a 0120-114-466; www.united.com)

Airports

While there is no international or domestic airport in Kyoto, the city is within easy reach of Kansai International Airport (KIX), Central Japan International Airport Centrair (NGO) and Osaka International Itami Airport (ITM; domestic flights only).

The trip between KIX and Kyoto can be quite expensive and time consuming; if you are flying domestically and have a choice of airports, it is cheaper and easier to fly into Osaka International Itami Airport.

It's sometimes cheaper to fly into Tokyo's Narita airport than into KIX. As a rule, it will cost about ¥15,000 and take around five hours to get from Narita to Kyoto by train (taking the N'EX express train and the *shinkansen*). See the boxed text, p183, for more information.

KANSAI INTERNATIONAL AIRPORT

The closest international airport to Kyoto is Osaka's Kansai International Airport (code KIX; www .kansai-airport.or.jp/en), which has direct flights to and from many cities in North America, Asia, Europe and Oceania.

For international departures, there are shower and dayroom facilities, which cost

CLIMATE CHANGE & TRAVEL

Climate change is a serious threat to the ecosystems that humans rely upon, and air travel is the fastest-growing contributor to the problem. Lonely Planet regards travel, overall, as a global benefit, but believes we all have a responsibility to limit our personal impact on global warming.

Flying & Climate Change

Pretty much every form of motor transport generates CO_2 (the main cause of human-induced climate change) but planes are far and away the worst offenders, not just because of the sheer distances they allow us to travel, but because they release greenhouse gases high into the atmosphere. The statistics are frightening: two people taking a return flight between Europe and the US will contribute as much to climate change as an average household's gas and electricity consumption over a whole year.

Carbon Offset Schemes

Climatecare.org and other websites use 'carbon calculators' that allow travellers to offset the greenhouse gases they are responsible for with contributions to energy-saving projects and other climate-friendly initiatives in the developing world — including projects in India, Honduras, Kazakhstan and Uganda.

Lonely Planet, together with Rough Guides and other concerned partners in the travel industry, supports the carbon offset scheme run by climatecare.org. Lonely Planet offsets all of its staff and author travel.

For more information check out our website: www.lonelyplanet.com.

¥1200. These are available only to those who have cleared passport control and to transit passengers.

KIX has information counters throughout the complex with English-speaking staff. The main tourist information counter (© 0724-56-6025; 1st fl, International Arrivals Hall; 99m-9pm) is operated by the Osaka prefectural government. It's located roughly in the centre of the international arrivals hall.

If you'd prefer not to lug your bags all the way to Kyoto, there are several luggage delivery services that are located in the arrivals hall.

After clearing customs, it is a short walk to public transport: straight out the doors for buses and up the escalators or elevators for train connections (see the boxed text, opposite). KIX offers short- and long-term baggage storage for ¥350 to ¥1000 per day, depending on the size of the bag. You pay the bill when you pick up your bag.

Note that the area code for KIX is © 0742, which is different from Kyoto's area code of © 075.

CENTRAL JAPAN INTERNATIONAL AIRPORT CENTRAIR

Located in Nagoya is Central Japan International Airport Centrair (code NGO; www.centrair.jp/en), a 45-minute trip east of Kyoto by shinkansen. Centrair has flights between Nagoya and Australia, Canada, China, Guam, Hong Kong, Indonesia, Malaysia, New Zealand, the

Philippines, Saipan, Singapore, South Korea, Taiwan, Thailand and the USA.

Centrair is one of the two airports in Japan serviced by Jetstar (p181), Australia's new budget airline.

OSAKA INTERNATIONAL ITAMI AIRPORT

Commonly known as Itami, Osaka International Itami Airport (code ITM; www.osaka-airport.co.jp) is Osaka's domestic airport. Itami has connections with dozens of cities in Japan. You may arrive here if you've transferred from an international flight at Narita.

You'll find an information counter with English-speaking staff in the main arrivals hall. There are several luggage delivery services in the arrivals hall if you don't want to carry your bags to Kyoto.

Domestic Air Services

The larger airports in Japan have regular flights to and from Osaka. For most cities in Honshū (the main island of Japan), including Tokyo, Nagoya and Hiroshima, it is usually faster, cheaper and more convenient to travel by *shinkansen* (p187).

Domestic airfares can be rather expensive and tend to vary little between carriers. ANA and JAL offer tickets at up to 50% off if you purchase a month or more in advance, with smaller discounts for purchases made one to three weeks in advance.

GETTING INTO TOWN

To/From KIX

The fastest, most convenient way between KIX and Kyoto is the special JR *haruka* airport express (reserved/unreserved \(\frac{4}{3}\)490/\(\frac{4}{2}\)980, 75 minutes). Unreserved seats are almost always available, so you usually don't need to purchase tickets in advance. First and last departures from KIX to Kyoto are at 6.29am and 10.18pm Monday to Friday (6.41am at weekends); first and last departures from Kyoto to KIX are at 5.46am and 8.16pm.

If you have time to spare, you can save some money by taking the *kankū kaisoku* (Kansai airport express) between the airport and Osaka Station and taking a regular *shinkaisoku* (special rapid train) to/from Kyoto (p188). The total journey by this route takes about 90 minutes with good connections, and costs ¥1800.

For those travelling on Japanese airlines (JAL and ANA), there is an advance check-in counter inside the JR ticket office in Kyoto Station (Map p46). This service allows you to check in with your luggage at the station — a real bonus for those with heavy bags

Osaka Airport Transport (© 06-6844-1124; www.okkbus.co.jp/eng) runs direct limousine buses between Kyoto and KIX (adult/child ¥2300/1150, 105 minutes). There are pick-up and drop-off points on the southern side of Kyoto Station (Map p46; in front of Avanti Department Store), and at Kyoto ANA Hotel (Map p74) and Sanjō Keihan Station (Map p68–9). At KIX the buses leave from the kerb outside the International Arrivals Hall.

Perhaps the most convenient option is the MK Taxi Sky Gate Shuttle limousine van service (702-5489; www .mk-group.co.jp/english/shuttle/index.html), which will drop you off anywhere in Kyoto for ¥3500 – simply go to the staff counter at the south end of the arrivals hall of KIX and they will do the rest. From Kyoto to the airport it is necessary to make reservations two days in advance and they will pick you up anywhere in Kyoto and take you to the airport. A similar service is offered by Yasaka Taxi (808-03-4800).

To/From Central Japan International Airport Centrair

The Meitetsu Tokoname Railroad line connects Centrair with Nagoya Station (¥850, 28 minutes). Nagoya is connected to Kyoto by the Tōkaidō shinkansen line (¥5640, 36 minutes). It is therefore quite convenient to use Centrair as your gateway to Kyoto.

To/From Osaka International Itami Airport

Osaka Airport Transport (© 06-6844-1124; www.okkbus.co.jp/eng/) runs frequent airport limousine buses (¥1370, 55 minutes) between Kyoto Station and Itami. There are less frequent pick-ups and drop-offs at some of Kyoto's main hotels. The Kyoto Station stop is in front of Avanti Department Store (Map p46) and the Itami stop is outside the arrivals hall – buy your ticket from the machine near the bus stop. Allow extra time in case of traffic. At Itami the stand for these buses is outside the arrivals hall; buy your ticket from the machines and ask one of the attendants which stand is for Kyoto.

You can also take the MK Taxi Sky Gate Shuttle limousine van service to/from the city for ¥2300. Call at least two days in advance to reserve or ask at the information counter in the arrivals hall in Osaka.

The following are typical one-way prices for flights between Osaka (Itami or KIX) and several major cities in Japan.

| Destination | One Way (¥) | |
|-------------|-------------|--|
| Fukuoka | 20,100 | |
| Kagoshima | 24,600 | |
| Kōchi | 16,100 | |
| Kumamoto | 21,600 | |
| Matsuyama | 15,600 | |
| Nagasaki | 23,600 | |
| Naha | 31,400 | |
| Niigata | 26,600 | |
| Sapporo | 37,900 | |
| Sendai | 28,300 | |
| Tokyo | 20,700 | |

BICYCLE

Kyoto is a great city to explore on a bicycle. With the exception of outlying areas, it is mostly flat and there is a bike path running the length of the Kamo-gawa. Many guesthouses rent or lend bicycles to their guests and there are rental shops around Kyoto Station, in Arashiyama and Sagano, and Downtown Kyoto. With a decent bicycle and a good map, you can easily make your way all around the city. Bicycle tours are also available (see p184).

Unfortunately, Kyoto's bike parking facilities must be among the worst in the world – hence the number of bikes you see haphazardly locked up around the city. Many bikes

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end up stolen or impounded during regular sweeps of the city (particularly those near entrances to train/subway stations). If your bike does disappear, check for a poster (in both Japanese and English) in the vicinity indicating the time of seizure and the inconvenient place you'll have to go to pay the \fomale 2000 fine and retrieve your bike. The city does not impound bicycles on Sundays or holidays, so you can park pretty much at will on those days.

If you don't want to worry about your bike being stolen or impounded, we recommend using one of the city-operated bicycle and motorcycle parking lots. There is one downtown on Kiyamachi-dōri midway between Sanjō-dōri and Shijō-dōri (Map p50), another near Kyoto Station (Map p46), and another in the north of town near the Eizan Densha station at Demachiyanagi (Map pp68–9). These places charge ¥150 per day (buy a ticket from the machine on your way in or out).

Hire

Budget Inn (Map p46; ⓐ 353-6968; www.kyotojp.com) rents large-frame and regular bicycles for ¥800 per day for visitors, ¥690 for staying guests, with a ¥3000 deposit per bike; see p148. Bicycles can be picked up between 8am and 9.30pm.

Another great place to rent a bike is the Kyoto Cycling Tour Project (KCTP; Map p46; 467-5175; www.kctp.net/en). The folks here rent mountain bikes (¥1500 per day) which are perfect for getting around Kyoto. Bicycles can be delivered upon request (¥500) or you can pick them up at their shop. KCTP also conducts a variety of bicycle tours of Kyoto, which are an excellent way to see the city (check the website for details).

Most rental outfits require you to leave ID such as a passport.

Purchase

If you plan on spending more than a week or so exploring Kyoto by bicycle, it might make sense to purchase one second-hand. A simple *mama chari* (shopping bike) can be had for as little as ¥3000. Try the used-cycle shop Eirin (Map pp68–9; ₹ 752-2929; Sakyō-ku, Imadegawa-dōri) near Kyoto University. Alternatively, you'll find a good selection of used bikes advertised for sale on the message board at Kyoto International Community House (Map pp68–9; ₹ 752-3010; Sakyō-ku, Awataquchi).

BOAT

Domestic Ferries

Osaka and Kōbe are the main ports for ferries between Kansai and Shikoku, and Kyūshū and Okinawa. There is a range of fares available to/from Osaka and Kōbe.

| Destination | Cost (¥) | Duration |
|-----------------------|--------------|----------|
| Imabari (Shikoku) | from ¥5400 | 7hr |
| Matsuyama (Shikoku) | from ¥6300 | 9.5hr |
| Shinmoji (Kitakyūshū) | from ¥7400 | 12hr |
| Beppu (Kyūshū) | from ¥8800 | 12hr |
| Ōita (Kyūshū) | from ¥8800 | 12hr |
| Miyazaki (Kyūshū) | from ¥10,400 | 13hr |
| Shibushi (Kyūshū) | from ¥10,700 | 14hr |
| Naha (Okinawa) | from ¥18,800 | 39hr |

From Maizuru, north of Kyoto on the Sea of Japan, you can also catch a ferry as far north as Otaru in Hokkaidō (¥9600, 29 hours).

The Tourist Information Centre (TIC; p199) can provide detailed information on various routes and up-to-date schedules.

International Ferries

There are regular ferries running between Kansai and Korea or China. There is no international departure tax when leaving Japan by boat.

From Naha there are ferries onward to Taiwan (¥16,000, 19 hours).

CHINA

The Japan China International Ferry Company (in Japan 06-6536-6541, in China 021-6325-7642; www.fune.co.jp /chinjif, in Japanese) connects Shanghai with Osaka and Kōbe. A 2nd-class ticket costs around US\$180. The journey takes around 48 hours. A similar service is provided by the Shanghai Ferry Company (in Japan 06-6243-6345, in China 021-6537-5111; www.shanghai-ferry.co.jp, in Japanese).

The China Express Line (in Japan 078-321-5791, in China 022-2420-5777; www.celkobe.co.jp, in Japanese) operates a ferry between Köbe and Tientsin where 1st-/2nd-class tickets cost US\$240/210. The journey takes around 48 hours.

SOUTH KOREA

The Kampu Ferry Service (a in Japan 0832-24-3000, in Korea operating under Pukwan Ferry 051-464-2700; www.kam puferry.co.jp, in Japanese) operates the Shimonoseki–Busan ferry service. One-way fares range from around US\$85 to US\$180. The journey takes around 12 hours.

An international high-speed hydrofoil service known as the Biitoru (say 'beetle') run by JR Kyūshū (② in Japan 092-281-2315, in Korea 051-465-6111; www.jrbeetle.co.jp/english) connects Fukuoka with Busan in Korea (one way US\$110, three hours). The Camellia line (③ in Japan 092-262-2323, in Korea 051-466-7799; www.camellia-line.co.jp, in Japanese & Korean) also has a regular daily ferry service between Fukuoka and Busan (US\$80, 16 hours, one way).

BUS

City Buses

Kyoto has an intricate network of bus routes providing an efficient way of getting around at moderate cost. Many of the routes used by visitors have announcements in English. Most buses run between 7am and 9pm, though a few run earlier or later.

The main bus terminals are also train stations: Kyoto Station (Map p46) on the JR and Kintetsu lines, Sanjō Station (Map pp68–9) on the Keihan line/Tōzai subway line, Karasuma-Shijō Station (Map p50) on the Hankyū line/Karasuma subway line, and Kitaōji Station (Map pp54–5) on the Karasuma subway line. The bus terminal at Kyoto Station is on the north side and has three main departure bays (departure points are indicated by the letter of the bay and number of the stop within that bay).

The main bus information centre (Map p46) is located in front of Kyoto Station. Here you can pick up bus maps, purchase bus tickets and passes (on all lines, including highway buses), and get additional information. Nearby, there's an English/Japanese bus information computer terminal; just enter your intended destination and it will tell you the correct bus and bus stop.

Three-digit numbers written against a red background denote loop lines: bus 204 runs around the northern part of the city and buses 205 and 206 circle the city via Kyoto Station. Buses with route numbers on a blue background take other routes.

The TIC stocks the *Bus Navi: Kyoto City Bus Sightseeing Map*, which shows the city's main bus lines. But this map is not exhaustive. If you can read a little Japanese, pick up a copy of the regular (and more detailed) Japanese bus map available at major bus terminals throughout the city, including the main bus information centre.

KYOTO BUS & SUBWAY PASSES

To save time and money you can buy a *kaisū-ken* (book of five tickets) for ¥1000. There's also a *shi-basu senyā ichinichi jōshaken cāda* (one-day card) valid for unlimited travel on city buses that costs ¥500. A *similar* pass (*Kyoto kankō ichinichi jōsha-ken*) that allows unlimited use of the bus and subway costs ¥1200. A *Kyoto kankō futsuka jōsha-ken* (two-day bus/subway pass) costs ¥2000. *Kaisū-ken* can be purchased directly from bus drivers. The other passes and cards can be purchased at major bus terminals and at the bus information centre. Also, be sure to refer to the Kansai Thru Pass entry (p189).

Bus stops usually have a map of destinations from that stop and a timetable for the buses serving that stop. Unfortunately, all of this information is in Japanese, so nonspeakers will simply have to ask locals for help.

Entry to the bus is usually through the back door and exit is via the front door. Inner-city buses charge a flat fare (¥220), which you drop into the clear plastic receptacle on top of the machine next to the driver on your way out. A separate machine gives change for ¥100 and ¥500 coins or ¥1000 notes.

On buses serving the outer areas, you take a *seiri-ken* (numbered ticket) when entering. When you leave, an electronic board above the driver displays the fare corresponding to your ticket number (drop the *seiri-ken* into the ticket box with your fare).

When heading for locations outside the city centre, be careful which bus you board. Kyoto City buses are green, Kyoto buses are tan and Keihan buses are red and white.

Long-Distance Buses

The overnight bus (JR Dream Kyoto Go) runs between Tokyo Station (Yaesu-guchi long-distance bus stop) and Kyoto Station Bus Terminal. The trip takes about eight hours and there are usually two departures nightly in either direction, at 10pm (Friday, Saturday, Sunday and holidays) and 11pm (daily). The fare is ¥8180/14,480 one way/return. You should be able to grab some sleep in the reclining seats. There is a similar service to/from Shinjuku Station's Shin-minami-guchi in Tokyo.

Other JR bus transport possibilities include Kanazawa (one way/return ¥4060/6600) and Hiroshima (one way/return ¥5500/10,000).

TRANSPORT CAR & MOTORCYCLE

CAR & MOTORCYCLE

The Meishin Expressway runs between Nagoya and Kōbe. The best access to Kyoto is from the Kyoto–Minami off-ramp (it will leave you on Rte 1, a few kilometres south of the city centre). Kyoto is also accessible from Osaka on Rte 1, Nishinomiya (Kōbe area) on Rte 171, from the western hills on Rte 9 or from the north (Sea of Japan) on the Shūzan Kaidō (Rte 162).

Kyoto's heavy traffic and narrow roads make driving in the city difficult and stressful. You will almost always do better riding a bicycle or catching public transport. Unless you have specific needs, do not even entertain the idea of renting a car to tour the city – it's far more cost and headache than any traveller needs (plus parking fines start at ¥15,000).

Driving is on the left-hand side in Japan. A litre of petrol costs between \$120 and \$150.

Driving Licence & Permits

Travellers from most nations are able to drive in Japan with an International Driving Permit backed up by their own regular licence. The international permit is issued by your national automobile association and costs around US\$5 in most countries. Make sure it's endorsed for cars and motorcycles if you're licensed for both.

Travellers from Switzerland, France and Germany (and others whose countries are not signatories to the Geneva Convention of 1949 concerning international driving licences) are not allowed to drive in Japan on a regular international licence. Rather, travellers from these countries must have their own licence backed by an authorised translation of the same licence. These translations can be made by their country's embassy or consulate in Japan or by the Japan Automobile Federation (JAF; 🖻 03-6833-9000, 0570-00-2811; www .jaf.or.jp/e/index_e.htm; 2-2-17 Shiba, Minato-ku, Tokyo 105-0014). If you are unsure which category your country falls into, contact the nearest INTO office (p199).

Foreign licences and International Driving Permits are valid in Japan only for six months. If you are staying longer, you will have to get a Japanese licence from the local department of motor vehicles. To do this, you will need to provide your own licence, passport photos, Alien Registration Card and the fee, and also take a simple eyesight test.

Hire

It makes sense to rent a car if you plan to explore certain rural areas that aren't serviced by train lines (such as Miyama-chō, p178).

There are several car-rental agencies in Kyoto. Nissan Rent-a-Car (Map p46) has an office directly in front of Kyoto Station. Matsuda Rent-a-Car (Map pp54–5; a 361-0201) is close to the intersection of Kawaramachi-dōri and Gojō-dōri. You will need to produce an International Driving Permit.

Typical hire rates for a small car are ¥6825 to ¥9450 for the first day and ¥5775 to ¥7875 per day thereafter. Move up a bracket and you're looking at ¥11,550 to ¥14,700 for the first day and ¥9450 to ¥11,550 thereafter. On top of the hire charge, there's a ¥1000 per day insurance cost.

It's also worth bearing in mind that car hire costs go up during high seasons (28 April to 6 May, 20 July to 31 August and 28 December to 5 January). A car that costs ¥8800 a day will usually go up to ¥9700 during any of the peak times.

Communication can be a major problem when hiring a car. If you cannot find a local to assist you with the paperwork, speaking a little Japanese will help greatly. Some of the offices will have a rent-a-car phrasebook, with questions you might need to ask in English. Otherwise, just speak as slowly as possible and hope for the best.

TAXI

Taxis are a convenient, but expensive, way of getting from place to place about town. A taxi can usually be flagged down in most parts of the city at any time. There are also a large number of *takushī noriba* (taxi stands) in town, outside most train/subway stations, department stores etc. There is no need to touch the back doors of the cars at all – the opening/closing mechanism is controlled by the driver.

Fares generally start at ¥630 for the first 2km. The exception is MK Taxi (721-2237), where fares start at ¥580. Regardless of which taxi company you use, there's a 20% surcharge for rides between midnight and 6am.

MK Taxi also provides tours of the city with English-speaking drivers. For a group of up to four people, prices start at ¥13,280 for three hours.

Two other companies that offer a similar tour service, English-speaking drivers and

USEFUL PHRASES

Train Types

| shinkansen | 新幹線 | bullet train |
|-----------------|------|------------------|
| tokkyū | 特急 | limited express |
| shinkaisoku | 新快速 | JR special rapid |
| | | train |
| kyūkō | 急行 | express |
| kaisoku | 快速 | JR rapid or |
| | | express |
| futsū | 普通 | local |
| kaku-eki-teisha | 各駅停車 | local |
| | | |

Other Useful Words

| jiyū-seki | 自由席 | unreserved seat |
|-------------|-------|-----------------|
| shitei-seki | 指定席 | reserved seat |
| green-sha | グリーン車 | 1st-class car |
| ōfuku | 往復 | round trip |
| katamichi | 片道 | one way |
| kin'en-sha | 禁煙車 | nonsmoking car |
| kitsuen-sha | 喫煙車 | smoking car |
| | | |

competitive prices are Kyōren Taxi Service (672-5111) and Keihan Taxi Service (602-8162).

TRAIN

Kyoto is reached from most places in Japan by JR (Japan's main train company), but there are also several private lines connecting Kyoto with Nagoya, Nara, Osaka and Kōbe. Where they exist, private lines are always cheaper than JR.

The main train station in Kyoto is Kyoto Station (Map46), which is actually two stations under one roof: JR Kyoto Station and Kintetsu Kyoto Station. This station is in the south of the city, just below Shichijō-dōri. The easiest way to get downtown from this station is to hop on the Karasuma subway line (see below). There is a bus terminal on the north side of the station from where you can catch buses to all parts of town; for more information, see p185.

In addition to the private Kintetsu line that operates from Kyoto Station, there are two other private train lines in Kyoto: the Hankyū line that operates from Downtown Kyoto along Shijō-dōri and the Keihan line that operates from stops along the Kamo-gawa. For more information on these lines, see p188.

Subway

Kyoto has two efficient subway lines, which operate from 5.30am to 11.30pm. Minimum adult fare is ¥210 (children ¥110).

The quickest way to travel between the north and south of the city is the Karasuma subway line. The line has 15 stops and runs from Takeda in the far south, via Kyoto Station, to the Kyoto International Conference Hall (Kokusaikaikan Station) in the north.

The east-west Tōzai subway line traverses Kyoto from Nijō Station in the west, meeting the Karasuma subway line at Karasuma-Oike Station, and continuing east to Sanjō Keihan, Yamashina and Rokujizō in the east and southeast.

To/From Other Parts of Japan KÖBE

Kobe's Sannomiya Station is on the JR Tōkaidō/Sanyō line as well as the Hankyū line, both of which connect it to Kyoto. The fastest way between Kōbe and Kyoto Station is a JR *shinkaisoku* (¥1050, 55 minutes).

The Hankyū line, which stops at Kawaramachi, Karasuma and Ōmiya Stations in Kyoto (¥590, one hour limited express), is cheaper but less convenient; change at Osaka's Jūsō or Umeda Stations.

JR Rail Pass holders should also note that Shin-Kōbe Station is on the Tōkaidō/Sanyō shinkansen line.

KYŪSHŪ

Kyoto is on the JR Tōkaidō/Sanyō shinkansen line, which runs to Hakata Station in Fukuoka, northern Kyūshū (¥15,610, three hours). Other places to pick up the train along this route include Shimonoseki (¥14,570, three hours), Hiroshima (¥11,090, 1¾ hours) and Okayama (¥7630, one hour).

NAGOYA

The shinkansen (¥5640, 36 minutes) goes to/from Nagoya. You can save around half the cost by taking regular express trains, but you will need to change trains at least once and can expect the trip to take about three hours. For information on getting to/from Nagoya's Central Japan International Airport Centrair, see 183.

NARA

Unless you have a Japan Rail Pass, the best option is the Kintetsu line (sometimes written in English as the Kinki Nippon railway), which links Kintetsu Nara Station and Kintetsu Kyoto Station. There are direct limited express trains (¥1110, 35 minutes) and ordinary express

trains (¥610, 45 minutes), which may require a change at Saidai-ji.

The JR Nara line also connects JR Nara Station with Kyoto Station. Your best bet between the two cities is a *kaisoku* (rapid train; ¥690, 63 minutes), but departures are often few and far between.

NORTH OF KYOTO

Kyoto can be reached from the northern cities of Kanazawa and Fukui by the JR Hokuriku and Kosei lines, which run along the west coast of Biwa-ko. From Sea of Japan cities, such as Obama and Maizuru, you can take the JR Obama line to Ayabe and then change to the San-in line coming from Kinosaki.

OSAKA

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Other than the *shinkansen*, the fastest way between Osaka Station and Kyoto Station is a JR *shinkaisoku* (¥540, 29 minutes).

There is also the cheaper, private Hankyū line, which runs between Umeda Station in downtown Osaka and Kawaramachi, Karasuma and Ōmiya Stations in Kyoto (¥390, 40 minutes limited express).

Alternatively, you can take the Keihan line between Yodoyabashi Station in Osaka and Demachiyanagi, Marutamachi, Sanjō, Shijō or Shichijō Stations in Kyoto (¥400, 45 minutes limited express).

If you arrive in Osaka at the Osaka-kō or Nan-kō ferry ports, you will find convenient subway connections to JR Osaka Station, Keihan Yodoyabashi Station or the Hankyū Umeda Station. From these stations there are rail connections onwards to Kyoto.

For information on travelling to/from Osaka International Itami Airport and Kansai International Airport, see p183.

TOKYO

The JR *shinkansen* is the fastest and most frequent rail link; the *hikari* superexpress (one way, ¥13,520, two hours and 20 minutes) goes to/from Tokyo Station.

By regular express train (¥7980, around eight hours), the trip involves at least two – possibly three or four – changes along the way.

Note that if you're flying into Tokyo's Narita Airport, you will have to first take a train from Narita into the city and then catch a *shinkansen* from Tokyo Station to Kyoto. For those making this trip, note that Tokyo Station is 66km from Narita Airport. *Shinkansen* run between Tokyo and Kyoto

roughly between 6am and 9pm. There are several departures an hour in each direction. Note that the *hikari* and *nozomi* versions of the *shinkansen* are the fastest and are definitely the way to go. The N'EX special express train is the fastest way to travel from Narita to Tokyo Station (¥2940, 53 minutes); the 'Airport Narita' trains are cheaper and fairly fast (¥1280, 1½ hours).

Buying a Ticket

All stations are equipped with automatic ticket machines, which are simple to operate. Destinations and fares are all posted above the machines in both Japanese and English – once you've figured out the fare to your destination, just insert your money and press the yen amount. Most of these machines accept paper currency in addition to coins (usually just ¥1000 notes). If you've made a mistake, press the red *tori-keshi* (cancel) button. There's also a help button to summon assistance.

Train Passes JAPAN RAIL PASS

One of Japan's few travel bargains is the Japan Rail Pass, which *must be purchased outside Japan*. It is available to foreign tourists and Japanese residents living overseas, but not foreign residents of Japan. The pass lets you use any JR service for seven days for ¥28,300, 14 days for ¥45,100 or 21 days for ¥57,700. Green Car passes are ¥37,800, ¥61,200 and ¥79,600, respectively. The pass cannot be used for the new superexpress *nozomi shinkansen* service, but is OK for everything else (including other *shinkansen* services such as *hikari*).

The only surcharge levied on the Japan Rail Pass is for overnight sleepers. Since a one-way, reserved seat Tokyo–Kyoto *shinkansen* ticket costs ¥13,220, you only have to travel Tokyo–Kyoto–Tokyo to make a seven-day pass come close to paying off. Note that the pass is valid only on JR services; you will still have to pay for private train services.

In order to get a pass, you must first purchase an 'exchange order' at JAL and ANA offices and major travel agencies outside Japan. Once you arrive in Japan, you must bring this exchange order to a JR Travel Service Centre, which can be found in most major JR stations and at Narita and Kansai airports. When you validate your pass, you'll have to show your passport. The pass can only be used by those with a temporary visitor visa.

The clock starts to tick on the pass as soon as you validate it, so don't do so if you're going into Tokyo or Kyoto and intend to hang around for a few days.

For more details on the pass and overseas purchase locations, visit the Japan Rail Pass website at www.japanrailpass.net.

JR WEST KANSAI PASS

A great deal for those who want to explore only the Kansai area, this pass covers unlimited travel on JR lines between most major Kansai cities, such as Himeji, Kōbe, Osaka, Kyoto and Nara. It also covers JR trains to and from Kansai airport but does not cover any shinkansen lines. One-, two-, three- and four-day passes cost \(\frac{4}{2}\)000/4000/5000/6000, respectively (children's passes are half-price). These can be purchased at the same places as the countrywide rail pass (both inside and outside Japan) and also entitle you to discounts at train station rental-car offices. Like the Japan Rail Pass, this can only be used by those with a temporary visitor visa. For more information on this pass, see the JR West website, www.westjr.co.jp/english/travel.

KANSAI THRU PASS

This new pass is a real bonus to travellers who plan to do a fair bit of exploration in the Kansai area. It enables you to ride on city subways, private railways and city buses in Kyoto, Nara, Osaka, Kobe and Wakayama. It also entitles you to discounts at many attractions in the Kansai area. A two-day pass costs ¥3800 and a three-day pass costs ¥5000. It is available at the Kansai airport travel counter on the 1st floor of the International Arrivals Hall and at the main bus information centre in front of Kyoto Station, among others. For more information, visit www.surutto.com/conts/ticket/3dayeng/.

SEISHUN JÜHACHI KIPPU

If you don't have a Japan Rail Pass, one of the best deals is a five-day Seishun Jūhachi Kippu (literally a 'Youth 18 Ticket'). Despite its name, it can be used by anyone of any age. For ¥11,500 you get five one-day tickets valid for travel anywhere in Japan on JR lines. The only catches are that you can't travel on tokkyū or shinkansen trains and each ticket must be used within 24 hours. However, even if you only have to make a return trip, say, between Tokyo and Kyoto, you'll be saving a

lot of money. Seishun Jūhachi Kippu can be purchased at most JR stations in Japan.

The tickets are intended to be used during Japanese university holidays. There are three periods of sales and validity: spring – sold between 20 February and 31 March and valid for use between 1 March and 10 April; summer – sold between 1 July and 31 August and valid for use between 20 July and 10 September; and winter – sold between 1 December and 10 January and valid for use between 10 December and 20 January. Note that these periods are subject to change. For more information, ask at any JR ticket window or visit www.jreast.co.jp/e/pass/seishun18.html.

If you don't want to buy the whole book of five tickets, you can sometimes purchase separate tickets at the discount ticket shops around train stations.

Discount Ticket Shops

Known as *kakuyasu-kippu-uriba*, these stores deal in discounted tickets for trains, buses, domestic flights, ferries, and a host of other things such as cut-rate stamps and phonecards. Typical savings on *shinkansen* tickets are between 5% and 10%, which is good news for long-term residents who are not eligible for Japan Rail Passes. Discount ticket agencies are found around train stations in medium and large cities. The best way to find one is to ask at the *kōban* (police box) outside the station.

Around Kyoto Station, you'll find Tōkai Discount Ticket Shop (Map p46; north side 344-0330, south side 662-6640; north side 10am-7.30pm Mon-Fri, to 7pm Sat, Sun & holidays, south side 10am-7.30pm Mon-Fri, to 7pm Sat, Sun & holidays). In the Excursions chapter (p158), discount ticket shops are listed on the maps of Himeji (p176), Osaka (p165) and Kōbe (p173).

Left Luggage

There are coin lockers in train stations in Kyoto. Small/medium/large lockers cost ¥300/400/600 for 24 hours. Alternatively, in Kyoto Station there is an *ichiji-nimotsu-azukari* (luggage-storage office) that charges ¥410 per piece of luggage for up to six days, after which the daily rate increases to ¥820. Luggage can be stored for a total of 15 days and there is a size limit up to 2m wide and up to 30kg. The office is on the B1 floor near the central ticket gate.

DIRECTORY

ADDRESSES IN KYOTO

In Japan, finding a place from its address can be difficult, even for locals. The problem is twofold: first, the address is given by an area rather than a street; and second, the numbers are not necessarily consecutive. To find an address, the usual process is to ask directions. The numerous local police boxes are there largely for this purpose.

In this guide, we use a simplified system for addresses. We either give the area (eg Higashiyama-ku, Nanzen-ji) or we give the street on which the place is located, followed by the nearest cross street (eg Karasuma-dōri-Imadegawa). In some cases, we also give additional information to show where the place lies in relation to the intersection of the two streets mentioned. In Kyoto, the land usually slopes gently to the south; thus, an address might indicate whether a place lies above or north of (agaru) or below or south of (sagaru or kudaru) a particular east—west road. An address might also indicate whether a place lies east (higashi) or west (nishi) of the north—south road. Thus, Karasuma-dōri-Imadegawa simply means the place is near the intersection of Karasuma-dōri and Imadegawa-dōri; Karasuma-dōri-Imadegawa-sagaru indicates that it's south of that intersection.

BUSINESS HOURS

Shops in town are typically open from 10am to 7pm or 8pm, with larger shops staying open later, and smaller, more traditional ones closing earlier. Kyoto's six major department stores are usually open from 10am to 8pm daily.

Although most companies technically operate on a 9am to 5pm, five-day work week, many stay in business on Saturday mornings as well. Banks are open from Monday to Friday, 9am to 3pm, and are closed on Saturdays, Sundays and national holidays.

For those late-night cravings, note that beer and cigarette vending machines shut down after 11pm; there are 24-hour convenience stores all over town, however, some of which sell alcohol and tobacco.

For post office opening hours, see p197.

CHILDREN

DIRECTORY BUSINESS HOURS

Japan is a great place to travel with children; it's safe, clean and extremely convenient. It's possible to book cots in most hotels (but not in many so-called 'business hotels'), and nappy-changing tables are available in the bathrooms of most hotels and in some train stations. Nappies and baby formula are widely available in supermarkets, department stores and convenience stores.

Breast-feeding in public is generally not done in Japan. Child-care facilities are usually available in department stores – ask at the information counter when you enter. Otherwise, child-care facilities are mainly geared to locals only and are hard to access for visitors.

In general, the cost of public transport is half-price for children under 12. Likewise, many of the city's attractions and hotels also offer discounted rates for children.

For more information on child-centred activities in Kyoto, see the boxed text, p48.

CLIMATE

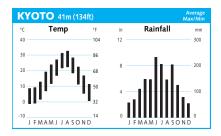
You can visit Kyoto at any time of year, although the hot and humid months of June, July and August and the cold months of December, January and February might be a little uncomfortable for some. The best times are the climatically stable seasons of spring (March to May) and autumn (late September to November).

The highlight of spring is cherry-blossom season, which usually arrives in Kyoto in early April. Bear in mind, though, that the blossoms are notoriously fickle, blooming any time from late March to mid-April.

Autumn is an equally good time to travel, with pleasant temperatures and soothing autumn colours. The shrines and temples of Kyoto look stunning against a backdrop of blazing leaves, which usually peak in mid- to late November.

Of course, the Japanese are well aware that Kyoto is most beautiful at these times and the main attractions can be packed with local tourists. Likewise, accommodation can be hard to find; if you do come at these times, be sure to book well in advance.

Travelling in either winter or summer is a mixed bag. Mid-winter (December to February) weather can be quite cold (but not



prohibitively so), while the sticky summer months (June to August) can turn even the briefest excursion out of the air-con into a soup bath.

June is the month of Japan's rainy season, which varies in intensity from year to year; some years there's no rainy season to speak of, other years it rains virtually every day.

For more information on the best times to visit Kyoto, see p15.

COURSES & CULTURAL EXPERIENCES

There's more to Kyoto than just temples, shrines and parks: there are several places to get hands-on experience in traditional arts and crafts including tea ceremony, Japanese washi paper, textiles, ceramics and calligraphy. This is only a partial list of what's available. The people at the TIC (p199) can help with requests for more specialised activities.

WAK Japan (Map pp54–5; 212-9993; www.wak japan.com; Kamigyō-ku, Iseya-chō 412-506; 10min walk from Marutamachi station, Keihan line) offers a wide variety of excellent introductions to Japanese culture: tea ceremony, ikebana (flower arrangement), trying on kimono, home visits, Japanese cooking, calligraphy, origami etc. Presenters/instructors will speak English or else interpreters are provided. Pick-up service is available from your lodgings. This is highly recommended.

Club Ökitsu Kyoto (Map pp54–5; ☎ 411-8585; www .okitsu-kyoto.com; Kamigyō-ku, Shinmachi, Mototsuchimikado-chō 524-1; ๋ ② 10min walk from Imadegawa Station, Karasuma subway line) Offers an upscale introduction to various aspects of Japanese culture including tea ceremony, incense ceremony and traditional Japanese games. This introduction is performed in an exquisite villa near the Kyoto Gosho and participants get a real sense for the elegance and refinement of traditional Japanese culture. This is also highly recommended.

Ai-Zome Dyeing

Located in the Nishijin area, Aizen-Kōbō (Map pp54–5; 41-0355; Nakasuji-dōri-Ōmiya nishi iru; 10am-5.30pm Mon-Fri, to 4pm Sat & Sun; 5 min walk from Imadegawa-Ōmiya bus stop, bus 101 from Kyoto Station) dyes indigo-blue ai-zome fabrics in a charming kyō-machiya (traditional Japanese town house). You can observe and try your hand at tie-dyeing a scarf (¥5565), which takes about an hour. Reservations should be made a few days in advance.

Braiding

Kyoto's most famous braidmaker, Adachi Kumihimo-kan (Map pp54-5; 432-4113; Demizu-döri-Karasuma nishi iru; classes ¥2000-5000; Y 9am-noon & 1-4pm Mon-Fri & 1st Sat of each month; 5min walk from Marutamachi Station, Karasuma subway line) has a gallery of fine items on display. Here you can weave your own braid on wooden hand looms. It takes about two hours, and the cost depends on the length of the class and what you make. Delicately woven kyō-kumihimo (Kyoto-style braid work) was developed in the Heian period for fastening kimono, but gradually spread to other ornamental applications. Today the braid is again most commonly used as obijime (the tie for kimono sashes). Reservations in Japanese are necessary.

Doll Making

Over roughly four hours at Honke Katsura (Map p50; ② 221-6998; Takakura-dōri-Sanjō kudaru; classes ¥10,500; ③ 10am-6pm Feb-Nov, closed Mon; ② 10min walk from Sanjō Station, Keihan line) you can learn to paint the face on and assemble a handcrafted $ky\bar{o}$ -ningyō doll. Advance reservations in Japanese are necessary.

Handwoven Textiles

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handmade fabric. Reservations in Japanese are required one week in advance.

Japanese Language

Metalwork

Paper Fans

You can learn to design your own *kyō-sensu* paper fan in about 90 minutes at Kyōsen-dō (Map p46; ② 371-4151; www.kyosendo.co.jp/english/index.html; Higashinotōin-dōri-Shōmen agaru, Tsutsugane-chō 46; classes ¥2200; ③ 9am, 10.30am, 1pm & 3pm Mon-Sat, 10am, 1pm & 3pm Sun; ③ 10min walk from Kyoto Station). Reservations in Japanese are necessary a few days in advance. Your fan will be sent to a Japanese address a month later (no overseas deliveries).

Paper Making

DIRECTORY CULTURAL CENTRES

Tea Ceremony

Vegetable-Dyeing

In Ohara, Ōhara Kōbō (Map p84; ☐ 744-3138; Ōhara Kusao-chō; ├ 10am-5pm Mon-Sun; ☐ 5min walk from Ōhara bus stop, Kyoto bus 17 or 18 from Kyoto Station) offers a chance to dye fabrics using *kusaki-zome*, vivid plant and vegetable dyes. The time and cost depend on the item: choose from a hand-kerchief (¥500), scarf (¥3000) or plain woollen yarn (enough to knit one sweater; ¥8000); if you bring your own wool to dye, the cost for the latter is ¥5000. The process takes from two to four hours; advance reservations in Japanese are required.

Yüzen Dyeing

At the Kodai Yüzen-en Gallery (Map pp54–5; ② 823-0500; Takatsuji-döri-Inokuma; incl museum admission ¥500; ③ 9am-5pm; ② 5min walk from Horikawa-Matsubara bus stop, bus 9 from Kyoto Station) there are facilities to try Yūzen stencil dyeing, which takes around 40 minutes. You can choose from various items to dye, such as a handkerchief (¥1050) or tie (¥4200).

Offering similar activities is Yūzen Cultural Hall (Yūzen Bunka Kaikan; Map pp54–5; ☎ 311-0025; Nishi-kyogoku-Mameda; ind museum admission ¥400; ※ 9am-5pm Mon-Sat; ⓓ 6min walk from Nishikyōgoku Station, Hankyū line). In a 20-minute session you can stencildye a hankie (¥450 to ¥800) or try hand painting (¥2100). The workshop closes for one hour at lunch (noon to 1pm) and you must arrive before 4pm.

CULTURAL CENTRES

Kyoto is host to German, French and Italian cultural centres. All of these have libraries, sponsor art exhibitions, organise lectures and seminars relating to their respective country, and participate in cross-cultural exchange programmes.

Centres in Kyoto include the following:

Goethe Institute Kyoto (Map pp68−9; ☐ 761-2188;

Kawabata-dōri, Imadegawa kudaru; ※ 9am-5pm MonFri, closed Sat & Sun & public holidays; ⑤ 5min walk

from Imadegawa Station, Keihan line)

Institut Franco-Japonais du Kansai (Map pp68–9;

Instituto Italiano di Cultura di Kansai (Map pp68-9;

CUSTOMS REGULATIONS

Customs allowances include the usual tobacco products, plus three 760mL bottles of alcohol, 57g of perfume, and gifts and souvenirs up to a value of ¥200,000 or its equivalent. The alcohol and tobacco allowances are available only for those who are aged 20 or older. The penalties for importing drugs are severe. Pornography (magazines, videos etc) in which pubic hair or genitalia are visible is illegal in Japan and will be confiscated by customs officers.

There are no limits on the import of foreign or Japanese currency. The export of foreign currency is also unlimited, but a ¥5 million limit exists for Japanese currency.

DISCOUNT CARDS

An international youth hostel card is useful if you plan to stay in hostels. Japan is also one of the few places left in Asia where a student card can be useful. Officially, you should be carrying an ISIC (International Student Identity Card) to qualify for a discount (usually for entry to places of interest), but in practice you will often find that any youth or student card will do the trick. There are a variety of discounts available in Japan for seniors over the age of 65. In almost all cases a passport will be sufficient proof of age, so seniors' cards are rarely worth bringing.

ELECTRICITY

The Japanese electric current is 100V AC. It's an odd voltage not found elsewhere in the world, although most North American electrical items, designed to run on 117V, will function reason-

ably well on this current. While Tokyo and eastern Japan are on 50 Hz, Kyoto and the rest of western Japan are on a cycle of 60 Hz.

Identical to North American plugs, Japanese plugs are of the flat, two-pronged variety. Both transformers and plug adaptors are readily available in Kyoto's Teramachi-dōri electronics district, running south of Shijō-dōri (Map p50), or at Bic Camera (p107).

EMBASSIES & CONSULATES

Tokyo

Most countries have embassies in Tokyo (area code © 03), some of which are listed following:

Australia (\$\overline{\ov

Canada (a 5412-6200; www.dfait-maeci.gc.ca/ni-ka /tokyo-en.asp; 7-3-38 Akasaka, Minato-ku)

China (3403-3380; 3-4-33 Moto-Azabu, Minato-ku)

France (5420-8800; www.ambafrance-jp.org in French; 4-11-44 Minami-Azabu, Minato-ku)

Germany (5791-7700; www.tokyo.diplo.de/Vertretung /tokyo/ja/Startseite.html; 4-5-10 Minami-Azabu, Minato-ku)

Ireland (a 3263-0695; www.embassy-avenue.jp/ireland /index_eng.html; 2-10-7 Koji-machi, Chiyoda-ku)

Netherlands (**a** 5401-0411; www.oranda.or.jp/index /english/index.html; 3-6-3 Shiba-kōen, Minato-ku)

New Zealand (a 3467-2271; www.nzembassy.com home.cfm; 20-40 Kamiyamachō, Shibuya-ku)

South Korea (a 3452-7611; 1-2-5 Minami-Azabu, Minato-ku)

UK (☎ 5211-1100; www.uknow.or.jp/be_e; 1 lchibanchō, Chiyoda-ku)

USA (a 3224-5000; http://tokyo.usembassy.gov/; 1-10-5 Akasaka, Minato-ku)

Osaka

Several countries also have consulates in Osaka (area code 🖻 06):

Australia (6941-9271; 2-1-61 Shiromi, Chūō-ku)

Canada (a 6212-4910; 12F, Dai-san Shoho Bldg, 2-2-3 Nishi-Shinsaibashi, Chūō-ku)

China (🕿 6445-9481; 3-9-2 Utsubo Honmachi, Nishi-ku, Osaka)

France (**a** 4790-1500; 1-2-27 Shiromi, Chūō-ku, Osaka)

Germany (Map p168; 📾 6440-5070; 35F, Umeda Sky Bldg, Tower East, 1-1-88 Ōyodo-naka, Kita-ku)

Netherlands (a 6944-7272; 33F, Tw 21 Mid-Tower, 2-1-61 Shiromi, Chūō-ku)

New Zealand (6942-9016; 28F, Tw 21 Mid-Tower, 2-1-61 Shiromi, Chūō-ku)

UK (**a** 6120-5600; 19F, Seiko Osaka Bldg, 3-5-1 Bakuromachi, Chūō-ku)

USA (Map p168; **a** 6315-5900; 2-11-5 Nishi-Tenma, Kita-ku)

EMERGENCY

Although most emergency operators in Kyoto don't speak English, they will refer you to someone who does. Be sure to have your address handy when calling for assistance.

Ambulance (119)

Fire (119)

Police (**110**)

Kōban (police boxes) are small police stations typically found at city intersections. Most can be recognised by the small, round red lamp outside. They are a logical place to head in an emergency, but remember that the police may not always speak English.

GAY & LESBIAN TRAVELLERS

With the possible exception of Thailand, Japan is Asia's most enlightened nation with regard to the sexual preferences of foreigners. Some travellers have reported problems when checking into love hotels with a partner of the same sex, and it does pay to be discreet in rural areas. Apart from this, however, same-sex couples are unlikely to encounter too many problems.

While there is a sizable gay community in Kyoto, and a number of establishments where gay men do congregate, they will take a fair amount of digging to discover. There's a more active scene in Osaka, and many of Kyoto's gay residents make the trip there. Lesbian women are poorly served in Kyoto and Osaka and it's difficult to find specifically lesbian-friendly venues.

Utopia (www.utopia-asia.com) is the site most commonly frequented by English-speaking gay and lesbian people.

HEALTH

No immunisations are required for Japan. Despite the very low risk factor, however, you may want to consider vaccinations against Hepatitis A and B. The former is transmitted by contaminated food and drinking water and the latter is spread through contact with infected blood, blood products or body fluids. It is also wise to keep up to date with your tetanus, diphtheria and polio shots (boosters are recommended every 10 years). Tap water is safe to drink, and food is almost uniformly prepared with high standards of hygiene. It is advisable to take out some form of health/ travel insurance.

HOLIDAYS

The following public holidays are observed in Kvoto:

Ganjitsu (New Year's Day) 1 January

Seijin-no-hi (Coming-of-Age Day) Second Monday in January

Kenkoku Kinem-bi (National Foundation Day) 11 February

Shumbun-no-hi (Spring Equinox) 20 or 21 March

Showa-no-hi (Shōwa Emperor's Day) 29 April

Kempō Kinem-bi (Constitution Day) 3 May

Midori-no-hi (Green Day) 4 May

Kodomo-no-hi (Children's Day) 5 May

Umi-no-hi (Marine Day) Third Monday in July

Keirō-no-hi (Respect-for-the-Aged Day) Third Monday in September

Shūbun-no-hi (Autumn Equinox) 23 or 24 September

Taiiku-no-hi (Health-Sports Day) Second Monday in October

Bunka-no-hi (Culture Day) 3 November

Kinrō Kansha-no-hi (Labour Thanksgiving Day) 23 November

Tennō Tanjōbi (Emperor's Birthday) 23 December

INTERNET ACCESS

If you plan to bring your laptop with you to Kyoto, first make sure that it is compatible with Japanese current (100V AC; 50Hz in eastern Japan and 60Hz in western Japan, including Kyoto). Most laptops will be fine. Second, check to see if your plug will fit Japanese wall sockets (Japanese plugs have two flat pins, identical to most ungrounded North American plugs). Both transformers and plug adaptors are readily available in the Teramachi-dōri electronics district (Map p50) or at Bic Camera (p107).

Modems and phone jacks are similar to those used in the USA (RJ11 phone jacks). Conveniently, many of the grey IDD pay phones in Japan have a standard phone jack and an infrared port so that you can log on to the internet just about anywhere in the country.

If you're planning on staying in Kyoto or Japan for more than a couple of weeks, ISP options popular with foreigners are Yahoo BB (https://ybb.softbank.jp/) and NTT/Flets (http://flets.com/english/opt/index.html).

Kyoto has no shortage of internet cafés, though rates are much higher than in other countries in the region. If necessary, the TIC (p199) can recommend places to log on in addition to the following:

Kyoto Prefectural International Center (Map p46;

MAPS

Available free at the TIC and all JNTO offices (see p199), the *Tourist Map of Kyoto-Nara* fulfils most mapping needs and includes a simplified map of the subway and bus systems. The same offices stock the *Tourist Map of Kyoto*, another decent English-language map of Kyoto, and *Kyoto Walks* details five good walks in and around Kyoto. Also available is the *Bus Navi: Kyoto City Bus Sightseeing Map*, which has detailed information on bus routes in the city and some of the major stops written in both English and Japanese.

There are many other useful maps for sale at local English-language bookshops, some of which are practical for excursions outside Kyoto. Shōbunsha's *Tourist Map of Kyoto*, *Nara, Osaka and Kōbe* is the best privately produced map of these cities.

MEDICAL SERVICES

Medical care in Japan is relatively expensive. Although the cost of a basic consultation is cheap (around \(\frac{4}{3}000 \)), the costs really start to add up with any further examinations, especially with the tendency of Japan's doctors to overprescribe medication. If you do need to visit a hospital in Kyoto, it is not usually necessary to have cash in hand; most hospitals will admit people on a pay-later basis. Credit cards are rarely accepted.

MONEY

The currency in Japan is the yen (\S), and banknotes and coins are easily identifiable. There are \S 1, \S 5, \S 10, \S 50, \S 100 and \S 500 coins, and \S 1000, \S 2000, \S 5000 and \S 10,000 banknotes. The \S 1 coin is of lightweight aluminium, and the \S 5 (said to bring good luck) and \S 50 coins have a hole in the middle. Keep an eye out for the relatively rare \S 2000 notes.

The Japanese postal system has recently linked its ATMs to the international Cirrus and Plus networks, so money is no longer the issue it once was for travellers to Japan. Of course, it always makes sense to carry some foreign cash and some credit cards just to be on the safe side. For those without credit cards, it would be a good idea to bring some travellers cheques as a back up.

For details on costs in Kyoto, see p18, and for current exchange rates, see the inside front cover.

ATMs

Automatic teller machines (ATMs) are almost as common as vending machines in Kyoto. Unfortunately, even if they display Visa and MasterCard logos, most accept only Japanissued versions of these cards.

Fortunately, Japanese postal ATMs accept cards on the following international networks: VISA, Plus, MasterCard, Maestro, Cirrus American Express and Diners Club cards.

Check the sticker(s) on the back of your card to see what network(s) your card belongs to. Note that the machines work with bank/cash cards, not credit cards. That is, you can make cash withdrawals from cash accounts; you cannot use them to charge money or make cash advances on credit.

You'll find postal ATMs in almost all post offices, and you'll find post offices in even the smallest Japanese village. Most postal ATMs are open 9am to 5pm on weekdays, 9am to noon on Saturdays, and are closed on Sundays and holidays.

Some postal ATMs in very large central post offices are open longer hours. If you need cash outside these hours, try the Kyoto central post office (Map p46; ATM 12.05am-11.55pm Mon-Sat, 12.05am-8pm Sun), next to Kyoto Station.

Postal ATMs are relatively easy to use. Here's the drill: press 'English Guide', then select 'Withdrawal'; insert your card and press 'Visitor Withdrawal', then input your pin number and hit the button marked 'Kakunin' (確認 in Japanese); next enter the amount, hit 'Yen' and 'Confirm' and you should soon hear the delightful sound of bills being dispensed.

There's an international ATM (Map p46; 10 loam-9pm) on the B1 floor of the Kyoto Tower Hotel, very close to the TIC and Kyoto Station. In the middle of town, you'll find another international ATM (Map p50; 10 loam-midnight) on the basement floor of the Kyoto Royal Hotel.

Citibank (Map p50) has a 24-hour ATM in its lobby that accepts most foreign-issued cards. Note that only holders of Japan-issued Citibank cards can access the ATM after hours.

Changing Money

You can change cash or travellers cheques at any 'Authorised Foreign Exchange Bank' (signs will always be displayed in English) or at some of Kyoto's larger hotels and department stores. Main post offices will also cash travellers cheques. Rates vary little, if at all, between banks (even the exchange counters at the airport offer rates comparable to those offered by banks downtown).

Most major banks are located near the Shijō-Karasuma intersection, two stops north of Kyoto Station on the Karasuma subway line. Of these, UFJ Bank (Map p50; 2 211 4583) is the most convenient for changing money and buying travellers cheques. There's also a branch of Citibank (above), which has an international ATM in its lobby.

WARNING: JAPAN IS A CASH SOCIETY!

Be warned that cold hard yen (¥) is the way to pay in Japan. While credit cards are becoming more common, cash is still much more widely used, and travellers cheques are rarely accepted. Do not assume that you can pay for things with a credit card; always carry sufficient cash. The only places where you can count on paying with plastic are department stores and large hotels.

For those without credit cards, it would be a good idea to bring some travellers cheques as a back-up. As in most other countries, the US dollar is still the currency of choice in terms of exchanging cash and cashing travellers cheques.

Credit Cards

You should not rely on credit cards when travelling in Japan. While department stores, top-end hotels and *some* fancy restaurants do accept credit cards, most businesses do not. Cash-and-carry is still very much the rule. Among places that accept credit cards, you will find Visa most useful, followed by MasterCard and Amex.

You can get cash advances on credit cards at the two international ATMs mentioned (left), but not at Citibank or at postal ATMs. For larger amounts, Visa cardholders can also get cash advances at the 1st-floor Hankyū Department Store branch of Mitsui Sumitomo Bank (Map p50; © 223-2821).

Currently there is no representation for international cardholders in Kyoto. For inquiries it is often best to try the offices in Tokyo or call the number in your home country on the back of your card:

Visa (2 03-5275-7604)

Travellers Cheques

Travellers cheques are fairly commonplace in Japan nowadays, though they can only be cashed at banks, major post offices and some hotels. It is not possible to use foreign-currency travellers cheques in stores and restaurants. In most cases the exchange rate for travellers cheques is slightly better than cash. In order to cash travellers cheques or make cash advances at banks, you will need to show your passport or a valid Alien Registration Card.

NEWSPAPERS & MAGAZINES

There are three main English-language daily newspapers in Japan: Japan Times; Daily Yomiuri; and Asahi Shimbun/International Herald Tribune. All of these can be found at bookshops, at most major hotels and at some newspaper stands in train and subway stations.

Another excellent source of information on Kyoto, and the rest of the Kansai area, is *Kansai Time Out* (www.japanfile.com), a monthly English-language 'what's on' magazine (¥300), available at bookshops.

The monthly *Kyoto Visitor's Guide* is the best source of information on cultural and tourist events. It's available free at the TIC (p199), the KICH (p200), bookshops and most major hotels.

PHARMACIES

Pharmacies can be found in any neighbourhood in the city and are easily spotted by their colourful outdoor displays of shampoo and other pharmaceutical products.

PHOTOGRAPHY

Photo shops offer a wide range of services for digital photographers, such as high-quality prints from digital files. The typical cost for printing digital photos is ¥35 per print.

For amateur and professional photography supplies including slide film, black-and-white film and all the latest gadgets, your best bet is Bic Camera (p107) near Kyoto Station. It also offers reliable processing services.

Another popular place to have film developed is at the Yellow Camera chain, which has several branches in Kyoto; it's easy to spot by its all-yellow façade. One-hour processing tends to be slightly more expensive than overnight, but it is offered at many local shops. Japanese labs usually print on what's called sābisu saizu (service size), which is about two-thirds of the standard size in most countries (four by six inches). Unless you're happy with this size, ask to have your photographs printed on hagaki (postcard) sized paper.

POST

Mon-Fri, to 5pm Sat, to 12.30pm Sun & holidays) is on the north side of Kyoto Station. Poste restante mail can be collected here. There's a service counter on the south side of the building open 24 hours per day for airmail, small packages, and special express mail services.

Nakagyō post office (Map p50; ② 255-1112) at the Nishinotōin-Sanjō crossing is open until 7pm on weekdays but is closed at weekends. There is a 24-hour service window on the west side of the building.

The airmail rate for postcards is ¥70 to any overseas destination; aerograms cost ¥90. Letters weighing less than 25g are ¥90 to other countries within Asia, ¥110 to North America, Europe or Oceania (including Australia and New Zealand) and ¥130 to Africa and South America. One peculiarity of the Japanese postal system is that you will be charged extra if your writing runs over onto the address side (the right side) of a postcard.

All post offices provide a reliable international Express Mail Service (EMS), which is as good or better than private express shipping services.

RADIO

Kyoto's best station with bilingual broadcasts and decent music is Alpha station (89.4 FM), but there are several other Kansai stations worth checking out:

76.5 FM Cocolo Multilingual.

80.2 FM 802 Japanese and English.

85.1 FM Osaka Japanese and English.

89.9 Kiss FM Köbe Japanese and English.

TAXES & REFUNDS

There is a 5% consumption tax on retail purchases in Japan. Visitors on a short-stay visa can, however, avoid this tax on purchases made at major department stores and dutyfree stores such as the Kyoto Handicraft Center (p113). For a refund on purchases, check first that the department store has a service desk for tax refunds. When you make a purchase the tax will be included; take the purchase, receipt and your passport to the service desk for an immediate refund.

If you eat at expensive restaurants and stay at first-class accommodation, you will encounter a service charge, which varies from 10% to 15%. A tax of 5% is added to restaurant bills exceeding ¥5000 or for hotel bills exceeding ¥10,000.

lonelyplanet.com

TELEPHONE

The area code for greater Kyoto is 2075; unless otherwise indicated, all numbers in this book fall into this area. Japanese telephone codes consist of an area code plus a local code and number. You do not dial the area code when making a call in that area. When dialling Japan from abroad, the country code is 281, followed by the area code (drop the 0) and the number. The following are the area codes for some of Japan's main cities.

| City | Area Code |
|----------------|---------------|
| Fukuoka/Hakata | a 092 |
| Hiroshima | a 082 |
| Kōbe | a 078 |
| Matsuyama | a 0899 |
| Nagasaki | a 0958 |
| Nagoya | a 052 |
| Nara | a 0742 |
| Narita | a 0476 |
| Osaka | a 06 |
| Sapporo | a 011 |
| Sendai | a 022 |
| Tokyo | a 03 |
| Yokohama | a 045 |

Directory Assistance

For local directory assistance dial © 104 (the call costs ¥100), or for assistance in English call © 0120-364-463 from 9am to 5pm weekdays. For international directory assistance dial © 0057.

International Calls

DIRECTORY TELEPHONE

Due to the lack of pay phones from which you can make international phone calls in Japan, the easiest way to call overseas from Kyoto is to buy a prepaid international phonecard. Common prepaid cards include KDDI Superworld Card, NTT Communications World Card and SoftBank Telecom Comica Card. Most convenience stores carry at least one of these types, which can be used with any regular pay phone in Japan.

Overseas calls can be made from grey international ISDN phones. These are usually found in phone booths marked 'International & Domestic Card/Coin Phone'. Unfortunately, these are very rare; try looking in the lobbies of top-end hotels and at airports. Some new green phones found in phone booths also allow you to make international calls. Calls are charged by the unit, each of which is six seconds, so if you don't

have much to say you could phone home for just ¥100. Reverse-charge (collect) overseas calls can be made from any pay phone.

You can save money by dialling late at night. Economy rates are available from 7pm to 8am. Note that it is also cheaper to make domestic calls by dialling outside the standard hours.

To place an international call through the operator, dial © 0051 (KDDI operator); most international operators speak English. To make the call yourself, dial © 001 010 (KDDI), © 0041 010 (SoftBank Telecom) or © 0033 010 (NTT) – there's very little difference in rates – then the international country code, the local code and the number.

Another option is to dial © 0038 plus your country code for home country direct, which takes you straight through to a local operator in the country dialled. You can then make a reverse-charge call or a credit-card call with a telephone credit card valid in that country.

Local Calls

The Japanese public telephone system is very well developed. There are a great many public phones and they work almost all of the time. Local calls from pay phones cost ¥10 per minute; unused ¥10 coins are returned after the call is completed but no change is given on ¥100 coins.

In general it's much easier to buy a *tere-fon kādo* (telephone card) when you arrive rather than worry about always having coins on hand. Phone cards are sold in ¥500 and ¥1000 denominations (the latter earns you an extra ¥50 in calls) and can be used in most green or grey pay phones. They are available from vending machines and convenience stores, come in myriad designs and are also a collectable item.

Renting a Phone

Several companies in Japan specialise in short-term mobile-phone rentals, a good option for travellers whose phones either won't work in Japan or would be prohibitively expensive to use here. Two such companies are recommended:

delivery anywhere in Japan and a free prepaid return envelope are included.

Rentafone Japan (© 090-9621-7318; www.rentafone japan.com) This company rents mobile phones for ¥3900 per week and offers free delivery of the phone to your accommodation. Call rates are similar to Mobile Phone Japan.

TIME

Kyoto local time is nine hours ahead of GMT/UTC. There is no daylight-savings time. When it's noon in Kyoto, it's 7pm (the day before) in Los Angeles, 10pm (the day before) in Montreal and New York, 3am (the same day) in London, 4am in Frankfurt, Paris and Rome, 11am in Hong Kong, 1pm in Melbourne, and 3pm in Wellington.

TOURIST INFORMATION

The following local tourist offices are good sources for maps and information:

Kyoto Tourist Information Center (TIC; Map p46;

Kyoto City Tourist Information Center (Map p46;

Kansai International Airport tourist information

from the TIC (see above).

Japan National Tourist Organization (JNTO) has several offices overseas:

Australia (a 02-9251 3024; Level 18, Australia Square Tower, 264 George St, Sydney, NSW 2000)

Canada (416-366 7140; 165 University Ave, Toronto, ON M5H 3B8)

France (**a** 01 42 96 20 29; 4 rue de Ventadour, 75001 Paris)

Germany (© 069-20353; Kaiserstrasse 11, 60311 Frankfurt am Main)

UK (a 020-7734 4290; Heathcoat House, 20 Saville Row, London W1S 3PR)

TRAVEL AGENCIES

TRAVELLERS WITH DISABILITIES

Although Kyoto has made some attempts at making public facilities more accessible, its narrow streets and the terrain of sights such as temples and shrines make it a challenging city for people with disabilities, especially for those in wheelchairs.

If you are going to travel by train and need assistance, ask one of the station workers as you enter the station. Try asking: 'Karada no fujiyuū no kata no tame no sharyō wa arimasu ka?' ('Are there any train carriages for disabled travellers?').

There are carriages on most lines that have areas set aside for those in wheelchairs. Those with other physical disabilities can use one of the seats set aside near the train exits; these are called *yūsen-zaseki* and are usually a different colour from the other seats in the carriage, making them easy to spot. You'll also find these seats near the front of buses; usually they're a different colour from the regular seats.

MKTaxi (721-2237) can accommodate wheelchairs in many of its cars and is an attractive possibility for anyone interested in touring the city by cab.

Facilities for the visually impaired include musical pedestrian lights at many city intersections and raised bumps on railway platforms for guidance.

AD-Brain (the same outfit that publishes the monthly *Kyoto Visitor's Guide*) has produced a basic city map for people with disabilities and senior citizens. It shows wheelchair-access points in town and gives information on public transport access etc. The map is available at the TIC. You might also try contacting the Kyoto City Association for Disabled Persons (© 822-0770, in Japanese), which publishes the very detailed *Handy Map* guidebook on local facility accessibility, presently available in Japanese only.

The most useful information for disabled visitors to Japan is provided by the Japanese Red Cross Language Service Volunteers (3438-1311; http://accessible.jp.org; c/o Volunteers Division, Japanese Red Cross Society, 1-1-3 Shiba Daimon, Minato-ku, Tokyo 105-8521).

USEFUL ORGANISATIONS

An essential stop for those planning a long-term stay in Kyoto is the Kyoto International Community House (KICH; Map pp68–9; 752-3010; Sakyō-ku, Awataguchi, Torii-chō 2-1; 9 gam-9pm Tue-Sun; 9 5min walk from Keage Station, Tōzai subway line). It can also be quite useful for short-term visitors. It's closed Tuesdays following a Monday national holiday.

The KICH has a library with maps, books, newspapers and magazines from around the world, and a notice board displaying messages regarding work, accommodation, rummage sales etc.

Here you can rent typewriters, send and receive faxes, and use the internet (¥200 per 30 minutes). You can also pick up a copy of its excellent *Guide to Kyoto* map and its *Easy Living in Kyoto* book (but note that both of these are intended for residents). You can also chill out in the lobby and watch CNN news.

VISAS

Most visitors who are not planning to engage in any remunerative activities while in Japan are exempt from obtaining visas and will be issued a *tanki-taizai* (short-stay visa) on arrival.

Stays of up to six months are permitted for citizens of Austria, Germany, Ireland, Mexico,

Switzerland and the UK. Citizens of these countries will almost always be given a 90-day short-stay visa on arrival, which can usually be extended for another 90 days at immigration bureaus in Japan (see below).

Citizens of the USA, Australia and New Zealand are granted 90-day short-stay visas, while stays of up to three months are permitted for citizens of Argentina, Belgium, Canada, Denmark, Finland, France, Iceland, Israel, Italy, the Netherlands, Norway, Singapore, Spain, Sweden and a number of other countries.

As well as the information we give on visas and regulations in this chapter, you should check with your nearest Japanese embassy or go to the website of the Japanese Ministry of Foreign Affairs (www.mofa.go.jp/).

Alien Registration Card

Anyone – and this includes tourists – who stays for more than 90 days is required to obtain an Alien Registration Card (Gaikokujin Torokushō). This card can be obtained at the municipal office of the city, town or ward in which you're living; moving to another area requires that you re-register within 14 days.

You must carry your Alien Registration Card at all times as the police can stop you and ask to see it. If you don't have the card, you may be taken back to the station and will have to wait there until someone fetches it for you.

Visa Extensions

With the exception of those nationals whose countries have reciprocal visa exemptions and who can stay for six months, 90 days or three months is the limit for most nationalities. To extend a short-stay visa beyond the standard 90 days or three months, apply at the Osaka Immigration Bureau Kyoto Branch (Map pp68–9; 752-5997; Sakyō-ku, Kawabata Higashi-iru, Higashi Marutamachi 34-12, 4F Dai Ni Chihō Gōdōchōsha Bldg; (9am-noon & 1-4pm Mon-Fri: 5min walk from Marutamachi Station. Keihan line). You must provide two copies of an Application for Extension of Stay (available at the bureau), a letter stating the reasons for the extension and supporting documentation, as well as your passport. There is a processing fee of ¥4000; be prepared to spend well over an hour completing the process.

The Kyoto branch is best reached from Marutamachi Station on the Keihan line. Take exit 4, turn left and continue east past a church to the second traffic light. The bureau is in the five-storey building on your left.

Working-Holiday Visas

Australians, Britons, Canadians, Germans, New Zealanders and South Koreans between the ages of 18 and 25 (the age limit can be pushed up to 30 in some cases) can apply for a working-holiday visa. This visa allows a six-month stay and two six-month extensions. It is designed to enable young people to travel extensively during their stay; although employment is supposed to be part-time or temporary, in practice many people work full time.

A working-holiday visa is much easier to obtain than a work visa and is popular with Japanese employers. Single applicants must have the equivalent of US\$2000 of funds, a married couple must have US\$3000, and all applicants must have an onward ticket from Japan. For details, inquire at the nearest Japanese embassy or consulate (see p193).

Working Visas

Unless you are on a cultural visa and have been granted permission to work, or hold a working-holiday visa, you are not permitted to work in Japan without a proper work visa. As long as you have the proper paperwork and an employer who is willing to sponsor you, the application process is straightforward, although it can be time consuming.

Once you find an employer in Japan who is willing to sponsor you, it is necessary to obtain a Certificate of Eligibility from the nearest immigration office. The same office can then issue your work visa, which is valid for either one or three years. The whole procedure usually takes two to three months.

WOMEN TRAVELLERS

Japan is a relatively safe country for women travellers, though perhaps not as safe as some might think. Women travellers are occasionally subjected to some form of verbal harassment or prying questions. Physical attacks are very rare, but have occurred.

The best advice is to avoid being lulled into a false sense of security by Japan's image as one of the world's safest countries and to take the normal precautions you would in your home country. If a neighbourhood or establishment looks unsafe, then treat it that way. As long as you use your common sense, you will most likely find that Japan is a pleasant and rewarding place to travel as a woman.

Several train companies in Japan have recently introduced women-only cars to protect female passengers from *chikan* (men who feel up women and girls on packed trains). These cars are usually available during rush-hour periods on weekdays on busy urban lines. There are signs (usually pink in colour) on the platform indicating where to board these cars, and the cars themselves are usually labelled in both Japanese and English (again, these are often marked in pink).

If you have a problem and find the local police unhelpful, you can call the Japan Helpline (20570-000-911), an emergency number that operates 24 hours a day, seven days a week.

Finally, an excellent resource available for any woman setting up in Japan is Caroline Pover's book *Being A Broad in Japan*, which can be found in bookstores and can also be ordered from her website at www .being-a-broad.com.

WORK

Kyoto's popularity makes it one of Japan's most difficult cities in which to find work. Despite both this fact and the increasingly strict immigration policies, there is a relatively quick turnaround of many resident foreigners, so it is often just a case of being patient until something comes up. If you are planning to make a go of it in Kyoto, you'll need to have enough money to survive for three months or so (around US\$6000).

Many who would prefer to live in Kyoto end up commuting to jobs in Osaka or other neighbouring cities, at least until they find something closer to home. Apart from teaching English, other popular jobs include bar hostessing (mainly for women), working in restaurants and bars, and carpentry.

The best place to look for work is in Kansai Time Out, followed by the Kansai Flea Market, and the jobs listing at the KICH (opposite); you can also post messages and offer your services as a private tutor at the KICH. The Monday edition of the Japan Times also has a small Kansai employment section. Word of mouth is also a great way to find work in Kyoto – you could try dropping by any of the gaijin-friendly bars listed in the Entertainment chapter (p140).

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DIRECTORY WOMEN TRAVELLERS

LANGUAGE

It's true - anyone can speak another language. Don't worry if you haven't studied languages before or that you studied a language at school for years and can't remember any of it. It doesn't even matter if you failed English grammar. After all, that's never affected your ability to speak English! And this is the key to picking up a language in another country. You just

need to start speaking.

Learn a few key phrases before you go. Write them on pieces of paper and stick them on the fridge, by the bed or even on the computer – anywhere that you'll see them often.

You'll find that locals appreciate travellers trying their language, no matter how muddled you may think you sound. So don't just stand there, say something! If you want to learn more Japanese than we've included here, pick up a copy of Lonely Planet's comprehensive but user-friendly Japanese Phrasebook.



LANGUAGE PRONUNCIATION

PRONUNCIATION

Pronounce double consonants with a slight pause between them, so that each is clearly audible. Vowel length affects meaning, so make sure you distinguish your short and long vowels clearly. Certain vowel sounds (like u and i) aren't pronounced in some words, but are included as part of the official Romanisation system (which employs a literal system to represent Japanese characters). In the following words and phrases these 'silent' letters are shown in square brackets to indicate that they aren't pronounced.

short, as the 'u' in 'run' long, as the 'a' in 'father'

short, as in 'red'

long, as the 'ei' in 'rein'

short, as in 'bit' long i, as in 'marine'

short, as in 'pot'

long, as the 'aw' in 'paw'

short, as in 'put' long, as in 'rude'

SOCIAL

Meeting People Hello/Hi.

こんにちは。 konnichi wa Goodbye. さようなら。 sayōnara Yes. はい。 hai No. いえ。 iie

Please. (when offering something) どうぞ。 dōzo (when asking a favour or making a request) お願いします。 onegai shimas[u] Thank you (very much). (どうも)ありがとう (dōmo) arigatō (ございます)。 (gozaimas[u]) You're welcome. どういたしまして。 dō itashimash[i]te Excuse me. (to get attention or to get past) すみません。 sumimasen Sorry. ごめんなさい。 gomen nasai

…くれませんか? ... kuremasen ka? repeat that 繰り返して kurikaeshite speak more slowly もっとゆっくり話して motto yukkuri hanash[i]te write it down 書いて kaite

Could you please ...?

What's your name? お名前は何ですか? o-namae wa nan des[u] ka? My name is ... 私の名前は…です。 watashi no namae wa ... des[u] Do you speak English? 英語が話せますか? eigo ga hanasemas[u] ka? Do you understand? わかりましたか? wakarimash[i]ta ka? Yes, I do understand. はい、わかりました。 hai, wakarimash[i]ta No. I don't understand. いいえ、わかりません。 iie, wakarimasen

Going Out

What's on ...? …は何がありますか?

... wa nani ga arimas[u] ka? locally

this weekend

今调の调末 konshū no shūmatsu

kinjo ni

todav 今日 kvō

tonight

近所に

今夜 konya

Where can I find ...?

どこに行けば…がありますか?

doko ni ikeba ... ga arimas[u] ka? clubs

クラブ kurabu

gay venues ゲイの場所 gei no basho

Japanese-style pubs

居酒屋 izakaya

places to eat

shokuji ga dekiru 食事ができる所 tokoro

pubs パブ

pabu

Is there a local entertainment guide? 地元のエンターテイメントガイドは

ありますか?

jimoto no entāteimento gaido wa arimas[u] ka?

PRACTICAL

Question Words

Who?

だれ?/どなた? dare?/donata? (polite) What?/What is this?

何?/なに? nan?/nani? Which? どちら? dochira? When? いつ? itsu? Where? どこ? doko? How? どのように? dono yō ni? How much does it cost? いくらですか? ikura des[u] ka?

Numbers

| Hullingi | | |
|----------|------|-------------|
| 0 | ゼロ/零 | zero/rei |
| 1 | _ | ichi |
| 2 | | ni |
| 3 | 三 | san |
| 4 | 四 | shi/yon |
| 5 | 五. | go |
| 6 | 六 | roku |
| 7 | 七 | shichi/nana |
| 8 | 八 | hachi |
| 9 | 九 | ku/kyū |
| 10 | + | jū |
| 11 | +- | jūichi |
| 12 | 十二 | jūni |
| 13 | 十三 | jūsan |
| 14 | 十四 | jūshi/jūyon |
| 15 | 十五 | jūgo |
| 16 | 十六 | jūroku |
| 17 | 十七 | jūshichi/ |
| | | jūnana |
| 18 | 十八 | jū̇hachi |
| 19 | 十九 | jūku/jūkyū |
| 20 | 二十 | nijū |
| 21 | =+- | nijūichi |
| 22 | =+= | nijūni |
| 30 | 三十 | sanjū |
| 40 | 四十 | yonjū |
| 50 | 五十 | gojū |
| 60 | 六十 | rokujū |
| 70 | 七十 | nanajū |
| 80 | 八十 | hachijū |
| 90 | 九十 | kyūjū |
| 100 | 百 | hyaku |
| 200 | 二百 | nihyaku |
| 1000 | 千 | sen |
| | | |

Davs

| Monday | 月曜日 | getsuyōbi |
|-----------|-----|-----------|
| Гuesday | 火曜日 | kayōbi |
| Wednesday | 水曜日 | suiyōbi |
| Γhursday | 木曜日 | mokuyōbi |
| Friday | 金曜日 | kinyōbi |
| Saturday | 土曜日 | doyōbi |
| Sunday | 日曜日 | nichivōbi |

| Banking |
|---------------------------------|
| I'd like to |
| …をお願いします。 |
| o onegai shimas[u] |
| cash a cheque |
| 小切手の現金化 |
| kogitte no genkinka |
| change a travellers cheque |
| トラベラーズチェックの現金化 |
| toraberāz[u] chekku no genkinka |
| change money |

Where's ...? …はどこですか? ... wa doko des[u] ka? an ATM ATM ētiiemu a foreign exchange office 外国為替セクション gaikoku kawase sekushon

Post

両替

LANGUAGE PRACTICAL

ryōgae

Where is the post office? 郵便局はどこですか? yūbin kyoku wa doko des[u] ka?

I want to send a/an ... …を送りたいのですが。

... o okuritai no des[u] ga letter

手紙

parcel 小包

kozutsumi

tegami

postcard はがき

hagaki

kitte

I want to buy a/an ...

…をください。 ... o kudasai aerogram

> エアログラム earoguramu

envelope 封筒

fūtō

stamp 切手

Phones & Mobiles

I want to ... …たいのですが。 ...tai no des[u] ga buy a phonecard テレフォンカードを買い terefon kādo o kai

call (Singapore) (シンガポール)に電話し (shingapōru) ni denwa shi make a (local) call (市内)に電話し (shinai) ni denwa shi reverse the charges コレクトコールで電話し korekuto-kōru de denwa shi

I'd like a ... …をお願いします。 ... o onegai shimas[u] charger for my phone 携帯電話の充電器 keitaidenwa no iūdenki mobile/cell phone for hire 携帯電話のレンタル keitaidenwa no rentaru prepaid mobile/cell phone プリペイドの携帯電話 puripeido no keitaidenwa SIM card for your network SIMカード

Internet

shimukādo

Where's the local internet café? インターネットカフェはどこですか? intānetto-kafe wa doko des[u] ka?

I'd like to ... …したいのですが。 ... shitai no des[u] ga check my email Eメールをチェック iimēru o chekku get internet access インターネットにアクセス intānetto ni akuses[u]

Transport When's the ... (bus)?

…(バス)は何時ですか? ... (bas[u]) wa nan-ji des[u] ka? first

始発の shihatsu no last

最終の saishū no

next 次の

tsugi no

What time does it leave? これは何時に出ますか? kore wa nan-ji ni demas[u] ka? What time does it get to ...? これは…に何時に着きますか? kore wa ... ni nan-ji ni tsukimas[u] ka? Is this taxi available? このタクシーは空車ですか? kono tak[u]shii wa kūsha des[u] ka? Please put the meter on. メーターを入れてください。 mētā o irete kudasai How much is it to ...? …までいくらですか? ... made ikura des[u] ka? Please take me to (this address). (この住所)までお願いします。 (kono jūsho) made onegai shimas[u]

EMERGENCIES

Help! たずけて! tas[u]kete! It's an emergency! 緊急です! kinkyū des[u]! Call the police! 警察を呼んで! keisatsu o vonde! Call a doctor! 医者を呼んで! isha o yonde! Call an ambulance! 救急車を呼んで! kyūkyūsha o vonde! Could you please help? たすけてください? tas[u]kete kudasai? Where's the police station? 警察署はどこですか? keisatsusho wa doko des[u] ka?

HEALTH

Where's the nearest ...? この近くの…はどこですか? kono chikaku no ... wa doko des[u] ka? (night) chemist (24時間営業の)薬局 (nijūvojikan eigyō no) vakkyoku doctor 医者 isha hospital 病院 byōin

I need a doctor (who speaks English). (英語ができる)お医者さんが必要です。 (eigo ga dekiru) o-isha-san ga hitsuyō des[u] I'm allergic to ... 私は…アレルギーです。 watashi wa ... arerugii des[u] antibiotics 抗生物質 kōsei busshitsu aspirin アスピリン as[u]pirin bees hachi nuts ナッツ類 nattsurui penicillin ペニシリン penishirin

Symptoms

I have ... 私は…があります。 watashi wa ... ga arimas[u] diarrhoea 下痢 geri a headache 頭痛 zutsū nausea 叶き気 hakike a pain 痛み itami

FOOD & DRINK

For more detailed information on food and dining out, see p115.

breakfast 朝食 chōshoku lunch 昼食 chūshoku dinner 夕食 vūshoku snack 間食 kanshoku to eat 食べます tabemas[u] to drink 飲みます nomimas[u]

Can you recommend a ...? どこかいい…を知っていますか? doko ka ii ... o shitte imas[u] ka? bar バー bā café カフェ kafe restaurant レストラン

restoran

Is service included in the bill? サービス料込みですか? sābis[u] ryō komi des[u] ka? A table for two/five people, please. (二人/五人)お願いします。 (futari/go-nin) onegai shimas[u]

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Do you have an English menu? 英語のメニューがありますか? eigo no menyū ga arimas[u] ka? Can you recommend any dishes? おすすめの料理がありますか? osusume no ryōri ga arimas[u] ka? Is this self-service? ここはセルフサービスですか? koko wa serufu sābis[u] des[u] ka? Is service included in the bill? サービス料は込みですか? sābis[u] ryō wa komi des[u] ka? Cheers! 乾杯! kampai! Bon appetit! いただきます! itadakimas[u]! Delicious! おいしい! oishii! Thank you. (after a meal) ごちそうさまでした。 gochisō sama deshita

LANGUAGE FOOD & DRINK

Please bring ... …をお願いします。 ... o onegai shimas[u] the bill お勘定 o-kanjō chopsticks はし hashi a fork フォーク fōku a glass (of water) コップ(一杯の水) koppu (ippai no mizu) a knife ナイフ naifu a spoon スプーン

supūn

I can't eat meat. 肉は食べられません。 niku wa taberaremasen I can't eat chicken. 鶏肉は食べられません。 toriniku wa taberaremasen I can't eat pork. 豚肉は食べられません。 butaniku wa taberaremasen I can't eat seafood. シーフードは食べられません。 shiifūdo wa taberaremasen I'm a vegetarian. 私はベジタリアンです。 watashi wa bejitarian des[u]

I'm allergic to (peanuts). 私は(ピーナッツ)アレルギーです。 watashi wa (piinattsu) arerugii des[u]

Food Glossary RICE DISHES

katsu-don かつ井 rice topped with a fried pork cutlet niku-don rice topped with thin slices of cooked beef ovako-don 親子丼 rice topped with egg and chicken ten-don 天井 rice topped with tempura shrimp and vegetables

IZAKAYA FARE agedashi-dōfu

deep-fried tofu in a dashi broth ジャガバター iaga-batā baked potatoes with butter niku-jaga 肉ジャガ beef and potato stew shio-yaki-zakana 塩焼魚 a whole fish grilled with salt poteto furai ポテトフライ French fries chiizu-age チーズ揚げ deep-fried cheese hiva-vakko 冷奴 a cold block of tofu with soy sauce and spring onions

揚げだし豆腐

ツナサラダ

弁当

KAISEKI bentō

tsuna sarada

tuna salad over cabbage

boxed lunch 梅 ume regular course take 竹 special course 松 matsu extra-special course

YAKITORI

pieces of beef

焼き鳥 vakitori plain, grilled white meat hasami/negima はさみ/ねぎま pieces of white meat alternating with leek ささみ sasami skinless chicken-breast pieces kawa 皮 chicken skin tsukune つくね chicken meat balls 牛肉 gvū-niku

rebā レバー chicken livers 手羽先 tebasaki chicken wings shiitake しいたけ Japanese mushrooms ピーマン piiman small green peppers tama-negi 玉ねぎ

焼きおにぎり yaki-onigiri a triangle of rice grilled with yakitori sauce

SUSHI & SASHIMI

round white onions

ama-ebi 甘海老 sweet shrimp awabi あわび abalone ebi 海老 prawn or shrimp はまち hamachi vellowtail いか ika squid ikura イクラ salmon roe kai-bashira 貝柱 scallop kani かに crab katsuo かつお bonito まぐろ maguro tuna 刺身盛り合わせ sashimi mori-awase a selection of sliced sashimi 鯛 tai

sea bream たまご tamago sweetened egg toro とろ the choicest cut of fatty tuna belly unagi うなぎ eel with a sweet sauce

uni

sea urchin roe

TEMPURA

tempura mori-awase 天ぷら盛り合わせ a selection of tempura shōjin age 精進揚げ vegetarian tempura kaki age かき揚げ

tempura with shredded vegetables or fish

うに

rāmen ラーメン soup and noodles with a sprinkling of meat and vegetables チャーシュー麺 chāshū-men rāmen topped with slices of roasted pork wantan-men ワンタン麺 rāmen with meat dumplings みそラーメン

rāmen with miso-flavoured broth chānpon-men ちゃんぽん麺

Nagasaki-style rāmen

miso-rāmen

RĀMEN

SOBA & UDON

soba そば thin brown buckwheat noodles udon うどん thick white wheat noodles kake soba/udon かけそば/うどん soba/udon noodles in broth kata vaki-soba 固焼きそば crispy fried noodles with meat and vegetables kitsune soba/udon きつねそば/うどん soba/udon noodles with fried tofu tempura soba/udon 天ぷらそば/うどん soba/udon noodles with tempura shrimp tsukimi soba/udon 月見そば/うどん soba/udon noodles with raw egg on top vaki-soba 焼きそば fried noodles with meat and vegetables zaru soba ざるそば cold noodles with seaweed strips served on a bamboo tray

UNAGI

蒲焼き kabayaki skewers of arilled eel without rice unagi teishoku うなぎ定食 full-set unagi meal with rice, grilled eel, eel-liver soup and pickles うな丼 una-don grilled eel over a bowl of rice unaiū うな重 grilled eel over a flat tray of rice

KUSHIAGE & KUSHIKATSU

海老 ebi prawn or shrimp ika レンカン sauid renkon れんこん lotus root 玉ねぎ tama-negi round white onions 牛肉 gyū-niku beef pieces

shiitake しいたけ ginkgo nuts imo いか

potato

OKONOMIYAKI mikkusu

mikkusu ミックスお好み焼き mixed fillings of seafood, *okonomiyaki* meat and vegetables modan-yaki モダン焼き

okonomiyaki with yaki-soba and a fried egg ika okonomiyaki いかお好み焼き

squid *okonomiyaki*

gyū okonomiyaki 牛お好み焼き

beef okonomiyaki

onzarokku

whisky with ice

LANGUAGE

FOOD & DRINK

negi okonomiyaki ネギお好み焼き

thin okonomiyaki with spring onions

ALCOHOLIC DRINKS

ビール biiru beer nama biiru 生ビール draught beer shōchū 焼酎 distilled grain liquor お湯割り ovu-wari shōchū with hot water chūhai チューハイ shōchū with soda and lemon whisky ウィスキー whisky 水割り mizu-wari whisky, ice and water

オンザロック

NONALCOHOLIC DRINKS

regular coffee burendo kōhii ブレンドコーヒー

コートー

blended coffee, fairly strong american kōhii アメリカンコーヒー

weak coffee

紅茶

ж

オレンジジュース

kōcha black, British-style tea

kafe ōre カフェオレ

café au lait, hot or cold orenji jūsu

orange juice mizu

water oyu お湯

hot water

kōhii

JAPANESE TEA

o-cha お茶

green tea sencha

sencha 煎茶 medium-grade green tea

matcha 抹茶 powdered green tea used in the tea ceremony

bancha 番茶

ordinary-grade green tea, brownish in colour mugicha 麦茶

roasted barley tea

GLOSSARY

agaru - north of

ageya — traditional banquet hall used for entertainment, which flourished during the Edo period

Amida Nyorai — Buddha of the Western Paradise

ANA – All Nippon Airways

bashi – bridge (also *hashi*)

ben – dialect, as in Kyoto-ben

bentō – boxed lunch or dinner, usually containing rice, vegetables and fish or meat

bosatsu — a bodhisattva, or Buddha attendant, who assists others to attain enlightenment

bugaku – dance pieces played by court orchestras in ancient Japan

bunraku – classical puppet theatre that uses life-size puppets to enact dramas similar to those of *kabuki*

chadō – tea ceremony, or 'The Way of Tea' chanoyu – tea ceremony; see also chadō

 $\frac{ch\bar{o}}{}$ – city area (for large cities) sized between a ku and a $\frac{ch\bar{o}me}{}$

chōme – city area of a few blocks

dai – great; large

Daibutsu — Great Buddha

daimyō – domain lords under the shōqun

dera – temple (also ji or tera)

dori – street

fugu – poisonous pufferfish, elevated to *haute cuisine* **futon** – cushionlike mattress that is rolled up and stored

away during the day

gagaku — music of the imperial court

gaijin — foreigner; the contracted form of gaikokujin (literally, 'outside country person')

gawa – river (also kawa)

geiko – Kyoto dialect for *geisha*

geisha — a woman versed in the arts and other cultivated

pursuits who entertains guests

gū – shrine

haiden — hall of worship in a shrine

haiku — 17-syllable poem hakubutsukan — museum

hanami – cherry-blossom viewing

hashi – bridge (also bashi); chopsticks

higashi — east

hiragana – phonetic syllabary used to write Japanese

words

honden — main building of a shrine

hondō — main building of a temple (also kondō)

ikebana – art of flower arrangement

irori – open hearth found in traditional Japanese homes

ITJ — International Telecom Japan izakaya — Japanese pub/eatery

ji – temple (also tera or dera)

 $jinq\bar{u}$ — shrine (also jinja or $q\bar{u}$)

Jizō – bodhisattva who watches over children

JNTO — Japan National Tourist Organization

jō — castle (also shiro)

JR — Japan Railways

kabuki — form of Japanese theatre that draws on popular tales and is characterised by elaborate costumes, stylised acting and the use of male actors for all roles

kaiseki — Buddhist-inspired, Japanese haute cuisine; called cha-kaiseki when served as part of a tea ceremony kaisoku — rapid train

kaiten-zushi — automatic, conveyor-belt sushi

kamikaze — literally, 'wind of the gods'; originally the typhoon that sank Kublai Khan's 13th-century invasion fleet and the name adopted by Japanese suicide bombers in the waning days of WWII

kampai – cheers, as in a drinking toast

kanji — literally, 'Chinese writing'; Chinese ideographic script used for writing Japanese

Kannon – Buddhist goddess of mercy

karaoke – a now famous export where revellers sing

along to recorded music, minus the vocals

karesansui – dry-landscaped rock garden

kawa – river

kayabuki-yane – traditional Japanese thatched-roof farmhouse

KDD - Kokusai Denshin Denwa

ken – prefecture, eg Shiga-ken

kimono – traditional outer garment that is similar to a robe

a robe

kita – north

KIX — Kansai International Airport

Kiyomizu-yaki — a distinctive type of local pottery

ko – lake

kōban — local police box

kōen – park

koma-inu – dog-like guardian stone statues found in

pairs at the entrance to *Shintō* shrines

kondō — main building of a temple koto — 13-stringed zitherlike instrument

koto – 13-stringed zitherlike instrumeku – ward

kudaru — south of (also *sagaru*)

kura — traditional Japanese warehouse

 $ky\bar{o}gen$ — drama performed as comic relief between $n\bar{o}$

plays, or as separate events

kyō-machiya — see *machiya* kyō-ningyō — Kyoto dolls

kyō-obanzai – see obanzai

kyō-ryōri — Kyoto cuisine

Kyoto-ben — distinctive Japanese dialect spoken in Kyoto

LDP — Liberal Democratic Party

live house — a small concert hall where live music is performed

ryokan — traditional Japanese inn

is typical fare

ryōri – cooking; cuisine (see also kyō-ryōri)

ryōtei – traditional-style, high-class restaurant; kaiseki

yakuza – Japanese mafia

Zen – a form of Buddhism

temple fare

yudōfu – bean curd cooked in an iron pot; common

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