# Beijing 北京

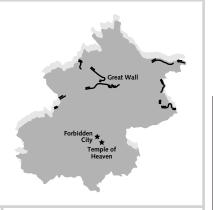
Capital of a land that has fired the global imagination, Beijing is the striking metropolitan core of a country with one of the world's oldest civilisations. It is also the start or finish of a trip along the Trans-Mongolian or the Trans-Manchurian lines, the Yin to Moscow's Yang.

Like its Russian counterpart, Beijing is a city of awesome – even frightening – scale. It's fascinating to compare Tiananmen Sq with Red Square, each complete with Mao's and Lenin's mausoleums, and match up the Forbidden City with the Kremlin. But pretty soon the similarities end and you're left with a dynamic modern city that stumps first-time visitors who arrive expecting to witness the last gasp of communist China. Beijing is intent on reinventing itself for the 2008 Olympics and the coming decades, evolving from an ancient city of low-rise, warrenlike neighbourhoods to a 21st-century icon, packed with skyscrapers, Prada-toting fashionistas and avant-garde artists.

Still, in this headlong rush into the future, history – an increasingly precious commodity – has not been totally condemned. Even with just a few days to spare before or after your train journey you'll discover that Beijing's environs harbour some of China's most stunning sights: the Forbidden City, the Summer Palace, Temple of Heaven Park, the Lama Temple and the Great Wall, to name just a few. Yes, the crowds can be oppressive (as can the climate), but there are also lovely parks and appealing lakeside areas in which to relax. It's also a fantastic place to sample China's glorious food and an ideal launching pad for exploring the most populous nation on earth; grab a copy of Lonely Planet's *China* and get planning!

#### **HIGHLIGHTS**

- Brave the crowds at the Forbidden City (p281), China's centre of power for over 500 years
- Rove through the ragged hutong (p286), Beijing's traditional alleyways
- Survey the spectacular achievement of the Great Wall (p292) outside town
- Admire the cosmic harmonies of the Temple of Heaven (p285)
- Feast on **Peking duck** (p288) and China's myriad other speciality foods



AREA CODE: 010

■ POPULATION: 13.8 MILLION

# **HISTORY**

Beijing - affectionately called Peking by diplomats, nostalgic journalists and wistful academics - seems to have ruled over China since time immemorial. In fact, Beijing (Northern Capital) emerged as the preeminent cultural and political force only with the 13th-century Mongol occupation of China, when Chinggis (Genghis) Khaan descended on the city. His grandson, Kublai Khaan (c 1216-94), renamed the city Khanbalik (Khan's town). From here, Kublai Khaan ruled the largest empire in world history.

Although the capital was moved for a brief period, Emperor Yongle (of the Ming dynasty) re-established Beijing as the capital in the 1400s and spent millions of taels of silver to refurbish the city. Yongle is known as the architect of modern Beijing, building the Forbidden City and the Temple of Heaven, as well as developing the bustling commercial streets outside the inner city. The Qing dynasty expanded the construction of temples, palaces and pagodas.

In January 1949, the People's Liberation Army (PLA) entered the city. On 1 October of that year Mao Zedong proclaimed a 'People's Republic' to an audience of some 500,000 citizens in Tiananmen Sq.

Like the emperors before them, the communists significantly altered the face of Beijing to suit their own image. Whole city blocks were reduced to rubble to widen major boulevards. From 1950 to 1952, the city's magnificent outer walls were levelled in the interests of traffic circulation. Before the Sino-Soviet split of the 1960s, Russian experts and technicians poured in, leaving their own Stalinesque touches.

The capitalist-style reforms of the past quarter of a century have transformed Beijing into a modern city, with skyscrapers, slick shopping malls and heaving flyovers. The once flat skyline is now spiked with vast apartment blocks and office buildings. Recent years have also seen a convincing beautification of Beijing: from a toneless and unkempt city to a greener, cleaner and more pleasant place, ready to host the world at the 2008 Olympics.

# **ORIENTATION**

With a total area of 16,800 sq km, Beijing municipality is roughly the size of Belgium. Don't panic, though, as it's also a city of very orderly design, built on one giant grid, with the Forbidden City at its centre.

Beijing Train Station, one block south of Jianguomenwai Dajie, is 3km southeast of the Forbidden City, and is accessible by the metro circle line. Jianguomenwai Dajie, the most important east-west avenue, running just south of the Forbidden City, has many hotels and facilities. The east-west line of the metro follows this major road.

Five ring roads circle the city centre in concentric rings. Beijing's Capital Airport is 27km from the city centre; see p291 for information on getting to and from the airport.

# Maps

English-language maps of Beijing can be bought at the airport, train station newspaper kiosks, and the Foreign Languages Bookstore. They can also be picked up for free at most big hotels and, for Y8, branches of the Beijing Tourist Information Center.

#### WHEN TO GO

Autumn (September to early November) is the optimal season to visit Beijing as the weather is gorgeous - clear skies and breezy days - and fewer tourists are in town. In winter, tourists are also scarce and many hotels offer substantial discounts - but it's glacial outside (dipping as low as -20°C) and the northern winds cut like a knife through bean curd. Arid spring is OK, apart from the (worsening) sand clouds that sweep in from Inner Mongolia and the static electricity that discharges everywhere. From May onwards the mercury can surge well over 30°C, reaching over 40°C at the height of summer, which also sees heavy rainstorms late in the season. Maybe surprisingly, this is also considered the peak season, when hotels typically raise their rates and the Great Wall nearly collapses under the weight of marching tourists. Note that air pollution can be very harsh in both summer and winter (although Beijing is obliged to clean up its act for the 2008 Olympics).

# **INFORMATION** Bookshops

Foreign Languages Bookstore (Waiwén Shūdiàn; 6512 6911; 235 Wangfujing Dajie; M Wangfujing) Has a reasonable selection of English-language novels, as well as travel books, including Lonely Planet titles, all on the 3rd floor.

Xidan Bookshop (Xīdān Túshū Dàsha; 🕿 6607 8477; 17 Xichang'an Jie; M Xidan) This vast bookshop has an extensive range of English-language titles.

# **Emergency**

Ambulance ( 120) Fire ( 119) Police ( 110)

#### Internet Access

Internet cafés have become harder to find in Beijing over the past few years. Many cheaper hotels and youth hostels provide Internet access at around Y10 per hour.

Moko Coffee Bar (Mòkè Wǎngbā; 🕿 6525 3712; 57 Dongsi Nandajie; per hr incl coffee upstairs/downstairs Y4/12; M Jianguomennei Dajie) No English sign, but it's next to a chemist.

Oian Yi Internet Café ( 6705 1722: 3rd fl. 0ld Station Bldg; per hr Y20; 9am-midnight; M Qianmen) Expensive, but well located.

Yongning Internet Café (Yŏngníng Wǎngbā; 71 Chaoyangmen Nanxiaojie; per hr Y2; M Chaoyangmen) There are no English signs here: look for the Chinese characters 网吧.

#### Media

Pick up the free monthly listings magazines That's Beijing (www.thatsbj.com) and Time Out Beijing from expat bars and restaurants in the Sanlitun and Qianhai Lake areas.

#### **Medical Services**

Beijing has some of the best medical facilities and services in China. Note that it is much cheaper just to ask what medicines you need and then buy them at a pharmacy on the street rather than purchasing them on-site at an international clinic.

Beijing International Medical Center ( 6465 1561/2/3, emergencies **a** 6465 1560; Suite 106-7, 1st fl, Lufthansa Center Youyi Shopping City, 50 Liangmagiao Lu; 24hr; M Dongzhimen) Medical, pharmacy, dental and counselling services; English-speaking staff.

Beijing Union Medical Hospital (Běijīng Xiéhé Yīyuàn; **☎** 6529 6114, emergencies **☎** 6529 5284; 53 Dongdan Beidajie; ( 24hr; ( Jianguomennei Dajie) Foreigners' and VIP wing in the back building.

#### Money

Foreign currency and travellers cheques can be changed at large branches of the Bank of China, CITIC Industrial Bank, the airport and hotel moneychanging counters, and at several department stores (including the Friendship Store), as long as you have your passport.

There's a Bank of China ATM in the Capital Airport arrivals hall, and several others across the city.

Bank of China Lufthansa Center Youyi Shopping City (1st fl, Lufthansa Center Youyi Shopping City; M Dongzhimen); Oriental Plaza (Oriental Plaza, cnr Wangfujing Dajie & Dongchang'an Jie; M Wangfujing); Sundongan Plaza ( M Wangfujing); The ATM at Sundongan Plaza is next to the main plaza entrance on Wangfujing Dajie.

#### Post

There are convenient post offices in the CITIC building next to the Friendship Store and in the basement of the China World Trade Center. Large post offices are generally open 9am to 5pm daily.

International Post Office (Guójì Yóudiànjú; Jianguomen Beidaiie; Sam-7pm Mon-Sat; M Jianguomen)

#### Tourist Information

**Beijing Tourism Hotline** ( **a** 6513 0828; **Y** 24hr) English-speaking operators available to answer questions and hear complaints.

Beijing Tourist Information Center (Běijīng Lűyóu Zīxún Fúwù Zhōngxīn; S 8.30am-6pm) airport ( 6459 8148); Beijingzhan ( 6528 8448; www.bjta.gov.cn; 16 Beijingzhan Jie; M Beijingzhan); Chaoyang ( 6417 6627; 27 Sanlitun Beilu; M Dongsishitiao) Beijingzhan is a one minute walk north of Beijing Train Station; Chaoyang is west of the Sanlitun Yashou Clothing Market.

# SIGHTS **Forbidden City**

The largest and best-preserved cluster of ancient buildings in China is the Forbidden City (Zǐjìn Chéng; **a** 6513 2255; admission Y60; **8** 8.30am-4pm May-Sep, 8.30am-3.30pm Oct-Apr; M Tiananmen Xi or Tiananmen Dong). It was home to two dynasties of emperors, the Ming and the Qing, who rarely strayed from this pleasure dome, although it was off limits to everyone else (thus, the name).

(thus, the name).

Renting the cassette for the self-guided tour (available in several languages) is worth the extra Y40; the English version is narrated by one-time 007 Roger Moore. Tickets and cassette rental are available at

the Forbidden City's south gate, not to be confused with the Gate of Heavenly Peace (Tiananmen) facing onto the square of the same name. Continue through Tiananmen and go northward until you can't proceed without paying. (The booth in the centre of the first plaza sells tickets to climb Tiananmen, *not* to the Forbidden City.)

The palace is huge (800 buildings, 9000 rooms) and under constant renovation. The main **ceremonial buildings** lie along the north-south axis in the centre. Despite its vast scale this area is frequently crowded; you may prefer to explore the **courtyards** and **pavilions** (and mini-museums within them) on either side of the main drag.

INFORMATION	Museum of the Chinese Revolution	Serve The People
Australian Embassy	中国革命历史博物馆(see 32)	为人民服务 <b>66</b> D2
澳大利亚大使馆 <b>1</b> D2	Nine Dragon Screen33 A2	Taj Pavilion(see 83)
Beijing International Medical	Round Altar34 B6	Ten Fu's Tea67 B3
Center 北京国际医疗中心(see 85)	Ticket Booth for	Tifndì Y,jif 天地一家68 A4
Beijing Tourist Information	Forbidden City35 A3	Wangfujing Snack St
Center2 C4	Ticket Booth for	王府井小吃街 <b>69</b> B4
Beijing Tourist Information	Forbidden City36 A3	Xiao Wang's Home Restaurant
Center3 D2	White Dagoba	小王府 <b>70</b> D2
Beijing Union Medical Hospital	Xitian Fanjing38 A2	Xiao Wang's Home Restaurant
北京协和医院4 B4	Yongan Temple39 A3	小王府 <b>71</b> D4
British Embassy 英国大使馆5 D3	,	
Canadian Embassy	SLEEPING 🚹	DRINKING 🖫
加拿大大使馆6 D2	Bamboo Garden Hotel	Centro 炫酷72 D3
Dutch Embassy 荷兰大使馆7 D2	竹园宾馆 <b>40</b> A1	Club Football Center(see 48)
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外文书店 <b>8</b> B3	Youth Hostel41 D2	Guangfuguan Greenhouse
	China World Hotel	广福观的温室 <b>74</b> A2
French Embassy 法国大使馆9 D2	中国大饭店(see 83)	Pass By Bar 过客 <b>75</b> A2
German Embassy 德国大使馆 <b>10</b> D2	Eastern Morning Sun	Poachers Inn <b>76</b> D2
International Post Office	Youth Hostel	Red Moon Bar 东方亮(see 43)
国际邮电局11 C4	北京东方晨光青年旅馆(see 43)	The Tree(see 76)
Irish Embassy 爱尔兰大使馆12 D4	Far East International Youth Hostel	THE TIEC(366 70)
Japanese Embassy	远东国际青年旅社 <b>42</b> A5	ENTERTAINMENT
日本大使馆 <b>13</b> C4	Grand Hyatt Beijing	Chang'an Grand Theatre
Moko Coffee Bar 莫克网吧14 B3		长安大剧场 <b>77</b> C4
Mongolian Embassy	北京东方君悦大酒店43 B4	Chaoyang Theatre
蒙古大使馆 <b>15</b> D4	Haoyuan Guesthouse	朝阳剧场 <b>78</b> D3
New Zealand Embassy	好园宾馆44 B3	Universal Theatre 天地剧场79 C2
新西兰大使馆16 D3	Lusongyuan Hotel	Wan Sheng Theatre
Post Office(see 23)	侣松圆宾馆 <b>45</b> B2	万圣剧场 <b>80</b> A5
Post Office(see 83)	Novotel Peace Hotel	
Public Security Bureau Foreign	和平宾馆46 B3	Zhengyici Theatre
Affairs Branch 公安局17 C1	Red Capital Residence47 B2	正乙祠剧场81 A5
Qian Yi Internet Café	Red House Hotel48 C2	SHOPPING
前艺网络咖啡屋 <b>18</b> A4	St Regis 北京国际俱乐部饭店 49 C4	Beijing Silk Store82 A5
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		国际贸易中心 <b>83</b> D4
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US Embassy 美国大使馆	1001 Nights <b>50</b> D2	Lufthansa Center Youyi Shopping
(美国大使馆商务处)20 D4	Bfguó Bùy, 巴国布衣51 A2	
Yongning Internet Café	Courtyard 四合院52 A3	City 燕莎友谊商城
永凝网吧 <b>21</b> C3	Donghuamen Night Market	Oriental Plaza 东方(see 43)
SIGHTS & ACTIVITIES	东华门夜市 <b>53</b> B3	Pfnjifyuán 潘家园市场86 D6
Chairman Mao's Mausoleum	Downtown Café54 D2	Ruifuxiang <b>87</b> A5
	Food Court(see 43)	Sanlitun Yashou Clothing
毛主席纪念堂22 A4	Gongdelin Vegetarian	Market88 D2
CITIC Building 国际大厦23 C4		Sundongan Plaza
Confucian Temple 孔庙(see 28)	Restaurant 功德林素菜馆55 A5	新东安市场89 B3
Echo Wall(see 29)	Green T House <b>56</b> D2	Super 2490 D2
Front Gate 前门 <b>24</b> A4	Green Tianshi Vegetarian	Yansha Supermarket
Gate of Heavenly Peace	Restaurant 绿色天食素菜馆 57 B3	燕莎超市91 C4
天安门25 A4	Kaorouji58 A2	
Great Hall of the People	Kosmo <b>59</b> A2	TRANSPORT
	Ligun Roast Duck Restaurant	BTG Travel & Tours92 C4
人氏人云星20 A4		Dongzhimen Long-Distance
人民大会堂 <b>26</b> A4 Hall of Praver for Good	利群烤鸭店60 B4	
Hall of Prayer for Good		Bus Station
Hall of Prayer for Good Harvests <b>27</b> B5	Makye Ame 玛吉阿米61 C4	Bus Station
Hall of Prayer for Good Harvests <b>27</b> B5 Imperial College 国子监 <b>28</b> B1	Makye Ame 玛吉阿米 <b>61</b> C4 Niúge Ji†ozi 牛哥饺子 <b>62</b> B4	Bus Station 东直门长途汽车站 <b>93</b> C1
Hall of Prayer for Good Harvests	Makye Ame 玛吉阿米	Bus Station 东直门长途汽车站 <b>93</b> C1 Monkey Business(see 48)
Hall of Prayer for Good Harvests	Makye Ame 玛吉阿米	Bus Station 东直门长途汽车站93 C1 Monkey Business(see 48) Pedicab Tours94 A2
Hall of Prayer for Good Harvests	Makye Ame 玛吉阿米	Bus Station
Hall of Prayer for Good Harvests	Makye Ame 玛吉阿米	Bus Station 东直门长途汽车站
Hall of Prayer for Good Harvests	Makye Ame 玛吉阿米	Bus Station 东直门长途汽车站

# **Tiananmen Square & Around**

The world's largest public square, **Tiananmen Sq** ( M Tiananmen Xi, Tiananmen Dong or Qianmen) is a vast slab of paving stones at the heart of Beijing and a poignant epitaph to China's hapless democracy movement. It may be a grandiose, Maoist tourist trap, but there's more than enough space to stretch your legs and the view can be breathtaking, especially on a clear day and at nightfall.

Although the square is the symbolic centre of the Chinese universe, what you see today is a modern reconception by Mao to project the enormity of the Communist Party. His giant portrait still hangs over the Gate of Heavenly Peace (Tiānānmén; 6309 9386; admission Y15, bag storage Y2; Y 8.30am-4.30pm) at the northern end of the square, flanked by the slogans 'Long Live the People's Republic of China' (left) and 'Long Live the Unity of the Peoples of the World' (right).

#### BEIJING IN...

#### One Day

You'll need at least a morning to cover the Forbidden City (p281) and some of the nearby sights of Tiananmen Sq (above). Grab lunch at Quanjude Roast Duck Restaurant (p289) or Wangfujing Snack St (p289), then jump in a taxi to the Temple of **Heaven** (opposite) or spend the afternoon exploring the hutong (narrow alleyways) close to mellow Qianhai Lake.

#### Two Davs

Rise early the next day for a trip to the Great Wall (p292), and spend the evening enjoying a performance of Chinese acrobatics (p290) before rounding off the day wining and dining in Sanlitun.

#### Three Days

Follow the two-day itinerary above, and on your third day make an early morning visit to the Lama Temple (right) before browsing among the stalls and bric-a-brac shops of Liulichang (p291). In the afternoon, make an expedition to the Summer Palace (opposite). In the evening, dine at the Courtyard (p289), snack at Donghuamen Night Market (p289) or spend the evening enjoying Beijing opera (p290) at one of the city's numerous theatres.

At the square's southern end, Front Gate (Qián Mén; 6525 3176; admission Y10; 8.30am-4pm; M Qianmen) is a remnant of the wall that guarded the ancient Inner City as early as the 15th century. It actually consists of two gates: the Arrow Tower to the south and the Main Gate to the north.

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On the site of the old Outer Palace Gate, the Monument to the People's Heroes is a 36m obelisk that bears bas-relief depictions of key revolutionary events. Just behind this monument is Chairman Mao's Mausoleum (Máo Zhǔxí Jìniàntáng; a 6513 2277; admission free, bag storage Y10; ( 8.30-11.30am Mon-Sat, 2-4pm Mon, Wed & Fri). Most Chinese continue to respect and revere this leader, who died in 1976, despite the atrocities carried out during his rule; expect long queues and only the briefest glimpse of the body. The official Party line is that Mao was 70% right and 30% wrong in his ruling. Appropriately, a visit to the 'Maosoleum' is about 70% solemnity and 30% absurdity, especially considering the well-stocked gift shop, which does a brisk trade in Chairman Mao thermometers and alarm clocks.

The National People's Congress, China's rubber-stamp legislature, sits on the western side of the square in the monolithic and intimidating Great Hall of the People (Rénmín Dàhuìtáng; 6309 6668; admission Y20, bag storage Y2; 9am-3pm, closed when Congress is in session). Many of the lifeless halls are named after provinces and regions of China and decorated appropriately.

On the eastern side of the square, the Museum of Chinese History (Zhōngquó Lìshǐ Bówùquǎn; **☎** 6512 8986; admission Y30; **№** 8.30am-4.30pm Tue-Sat) and the Museum of the Chinese Revolution (Zhōngquó Gémìng Lìshǐ Bówùguǎn; a 6512 8986; admission Y30; S 8.30am-4.30pm Tue-Sat) are clumped together in a sombre building, but served by individual ticket offices. From 1966 to 1978 the museums were closed so that history could be revised in the light of recent events, and the tradition continues today with frequent closures. Several halls of the Museum of Chinese History stage temporary art and culture exhibitions.

# North of the Forbidden City LAMA TEMPLE

This exquisite **temple** (Yonghé Gong; a 6404 4499, ext 252; 28 Yonghegong Dajie; admission Y25, English audio quide Y20; ( 9am-4pm; (M) Yonghegong) is vast and riotously colourful. The five main halls and

10 exhibition rooms contain countless serene and smiling Buddhas, the most notable of which is the 18m-high statue of the Maitreya Buddha sculpted from a single piece of sandalwood.

The Lama Temple was once the official residence of Count Yin Zhen, who later became emperor and moved to the Forbidden City. In 1744 the buildings were converted into a lamasery. The temple somehow miraculously survived the Cultural Revolution and was 'restocked' with novice monks from Inner Mongolia in the 1980s. Today it is the most important Tibetan Buddhist temple in China (outside of Tibet itself).

#### **CONFUCIAN TEMPLE & IMPERIAL COLLEGE**

Just a short distance down the hutong opposite the entrance to the Lama Temple is the Confucian Temple and Imperial College (Kŏng Miào & Guózijian; 🕿 8401 1977; 13 Guozijian Jie; admission Y10; S.30am-5pm; M Yonghegong). The unkempt grounds and undisturbed peace are a pleasant contrast to just about every other sight in Beijing. The steles in the temple courtvard record the names of those successful in the civil service examinations (possibly the world's first) of the imperial court. The Imperial College was where the emperor annually expounded the Confucian classics to an audience of thousands of kneeling students and professors.

#### **BEIHAI PARK**

A relaxing place for a stroll is Beihai Park (Běihǎi Gōngyuán; 6407 1415; admission Y5, Jade Islet Y10: 6.30am-8pm, buildings open till 4pm; M Tiananmen Xi, then bus 5), northwest of the Forbidden City. There are four gates to the park, which is formed around Beihai Lake.

The site is associated with Kublai Khaan's palace, the navel of Beijing before the creation of the Forbidden City. Dominating Jade Islet on the lake, the 36m-high White **Dagoba** was originally built in 1651 for a visit by the Dalai Lama, and was rebuilt in 1741. You can reach the dagoba through the Yongan Temple, with its halls decorated with statues of Buddhist figures and past lamas, as well as a bamboo grove. The pretty Xitian Fanjing (Western Paradise) temple and the Nine Dragon Screen, a 5m-high and 27m-long wall of coloured glazed tiles, are also worth searching out within the park.

#### **JINGSHAN PARK**

This park (Jingshān Göngyuán; a 6403 3225; admission Y2; Sam-9.30pm; M Tiananmen Xi, then bus 5) is worth visiting for its priceless views over the Forbidden City immediately to its south. Its central hill, shaped from the earth excavated to create the palace moat, supposedly protects the palace from the evil spirits - or dust storms - from the north (the billowing dust clouds in the spring have to be seen to be believed). Clamber to the top of this regal pleasure garden for a magnificent panorama of the capital.

#### **Summer Palace**

The immense park of the Summer Palace (Yíhé Yuán; a 6288 1144; 19 Xinjian Gongmen; admission Y40-Y50, audio guides Y30; S 8.30am-5pm) requires at least half a day of your time. Nowadays teeming with tour groups, this complex, dominated by Kunming Lake, was once a playground for the imperial court. Royalty came here to elude the summer heat that roasted the Forbidden City. Empress Dowager Cixi rebuilt the park in 1888 with money supposedly intended for the creation of a modern navy. (At least the empress restored the stillimmobile marble boat for lakeside dining.)

The palace's main building is the Hall of Benevolence and Longevity, near the lake towards the eastern gate, which is where the emperor handled state affairs and received visitors. The 700m Long Corridor along the northern shore is decorated with mythical scenes. Visitors can also see exhibitions specific to the Empress Dowager Cixi, including her furniture and memorabilia. The park also contains several **temples** with elaborate artwork and good views of the lake, on which you can row a boat in summer and skate in winter.

The park is about 12km northwest of the city centre of Beijing; get there by taking the subway to Xizhimen station, then a minibus or bus 375.

# **Temple of Heaven Park**

China's finest example of Ming architecture is the **Temple of Heaven** (Tiāntán Gōngyuán; 🕿 6702 8866; Tiantan Donglu; admission low season Y10-30, high season Y15-35; Park 6am-9pm, sights 8am-6pm; M Chongwenmen or Qianmen). This complex, set in a 267-hectare park, functioned as a stage for the solemn rites performed by the Son of Heaven, who came here to pray for good

harvests, seek divine clearance and atone for the sins of the people.

The design and position of the park, as well as the shape and colour of structures within, have symbolic significance for the ancient interplay between heaven and earth. The Round Altar, for example, possesses an obsessive symmetry revolving around the heavenly number nine (nine rings of stone, each ring composed of multiples of nine stones etc). The altar's most mystifying feature is its ability to amplify voices emanating from the centre of the upper terrace.

Just north of the Round Altar is the Imperial Vault of Heaven, which is surrounded by the **Echo Wall**. Sixty-five metres in diameter, the wall allows a whisper to travel clearly from one end to the other.

The crown of the whole complex is the Hall of Prayer for Good Harvests. Amazingly, this temple's wooden pillars support the ceiling without nails or cement!

### **BEIJING'S HUTONG**

Beijing's homely interior lies waiting to be discovered in the city's hutong (narrow alleyways). Crisscrossing east–west across the city, these alleyways link to create a huge, enchanting warren of one-storey, ramshackle dwellings and historic courtyard homes.

After Chinggis Khaan's army reduced Beijing to rubble, the city was redesigned with hutong. By the Qing dynasty there were over 2000 such passageways riddling the city, leaping to around 6000 by the 1950s; now the figure has dwindled again to around 2000, home to around a quarter of Beijing's residents. Marked with white plaques, historic homes are protected, but for many others a way of life is being ruthlessly bulldozed, at a rate of over 10,000 dwellings a year.

Hutong land is a hodgepodge of the old and the new, with Qing dynasty courtyards riddled with modern brick outhouses and socialist-era conversions, and cruelly overlooked by grim apartment blocks.

#### Layout

Old walled siheyuan (courtyard homes) are the building blocks of this delightful world. Many are still lived in and hum with activity. From spring to autumn, men collect outside their gates, drinking beer, playing chess, smoking and chewing the fat. Inside, trees soar aloft, providing shade and a nesting ground for birds.

More venerable courtyards are fronted by large, thick, red doors, outside of which perch either a pair of Chinese lions or bavoquvshi (drum stones; two circular stones resembling drums, each on a small plinth and occasionally topped by a miniature lion or a small dragon head).

Foreigners have cottoned on to the charm of courtyards and have breached this very conservative bastion; however, many have been repelled by poor heating, no hot water, no cable TV, dodgy sanitation and no place to park the 4WD. Many hutong homes still lack toilets, explaining the multitude of malodorous public loos strung out along the alleyways. Other homes have been thoroughly modernised and sport varnished wood floors, fully fitted kitchens, a Jacuzzi and air-con.

Hutong nearly all run east-west to ensure that the main gate faces south, satisfying the requirements of feng shui. This south-facing aspect quarantees a lot of sunshine and protection from more negative forces from the north. This positioning also mirrors the layout of all Chinese temples, nourishing the Yang (the male and light aspect), while checking the Yin (the female and dark aspect). Little connecting alleyways that run north-south link the main alleys.

#### **Hutona Tour**

The best way to see hutong is just to wander or cycle around the centre of Beijing, as the alleyways riddle the town within the Second Ring Rd. Otherwise, limit yourself to historic areas, such as around the Lusongyuan Hotel. Or you could do the pedicab tourist trip with the Beijing departing from a point 200m to the west of the north entrance of Beihai Park (p285). Any number of other pedicab tours infest the roads around Qianhai Lake - they will circle you like hyenas, baying 'hutong, hutong'.

# **SLEEPING**

Beijing has a reasonably wide range of places to stay, from hostels to five-star luxury. The most atmospheric hotels are those built in the courtyards of the hutong neighbourhoods. All hotels are subject to a 10% to 15% service charge (on top of the prices quoted here), but many cheaper hotels don't bother to charge it.

### Budget

Far East International Youth Hostel (Yuandong Guój) Qīngnián Lüshè; a 6301 8811, ext 3118; courtyard@elong .com; 113 Tieshuxie Jie; dm from Y45; M Qianmen; 🔀 🛄 ) Based in a courtyard with loads of character, this pleasant hostel offers bike rental (per day Y20), a kitchen, a laundry, a fine café-bar, a table tennis room, and a shop (selling Internet phonecards). Rooms come without TV, phone or shower. To get here head south on Nanxinhua Jie. About 200m after you pass Liulichang you'll see a sign (in English) on the right-hand side of the street saying 'Far East Hotel'. Follow the hutong for about 50m.

Beijing Gongti International Youth Hostel (Běijīng Göngtǐ Qīngnián Lüshè; 🕿 6552 4800; bih-yh@ sohu.com; East Gate, Worker's Stadium; 2-/4-bed dm Y70/ 50, s Y100; M Dongsishitiao; D This clean and appealing hostel offers both excellent value and position. The dorm rooms (Y10 extra for nonmembers) are bright, clean and spacious, and come equipped with phone (incoming only), TV and radiator. Inquire about camping outside during the summer months. The hostel also has a bar, Chinese restaurant and a useful travellers' notice board.

You Yi Youth Hostel (Youy) Qingnián Jiùdiàn; 6417 2632; fax 6415 6866; 43 Beisanlitun Lu; dm/tw incl breakfast Y70/180; M Dongsishitiao; 🔀 💷 ) Smack in the middle of the Sanlitun bar district, this is a good choice if you wish to party (although a sign says 'Gambling, prostitution and drunkenness are strictly forbidden'). Twins (with phone, TV, radiator and aircon) are bright and spacious with large beds. The free laundry service is a nice touch.

Eastern Morning Sun Youth Hostel (Běijing Döngfāng Chénguāng Ojngnián Lüguán: 🕿 6528 4347; fl B4, Oriental Plaza, 8-16 Dongdansantiao; s/d/tr Y80/120/180; M Wangfujing; (1) The central location makes up for its position four floors below ground level (memorise where the fire escape is!). Despite the sign outside, this is not a bona

fide Hostelling International member. Single rooms are simple and small; the better doubles have TV (no phone).

Beijing Feiying International Youth Hostel (Běijīng Fēiyīng Qīngnián Lüshè; a 6315 1165; iyhfy@ yahoo.com.cn; No 10 Bldg, Changchun Jie Hou Jie, Xuanwumen Xidajie; 10-/5-bed dm Y30/50, d 180; M Changchunjie; R 💷 ) All rooms have showers and air-con at this hostel near Changchunjie subway (take exit C from the station and head east past the McDonald's for around 150m). At hand are bicycles for hire, a washing machine, kitchen and tourist info.

# Midrange

Haoyuan Guesthouse (Hǎoyuán Bīnguǎn; 🕿 6512 5557; www.haoyuanhotel.com; 53 Shijia Hutong; d Y468-572; M Dongdan; 😢 💷 ) This delightful Qing courtyard hotel has pleasant staff and a handful of tastefully finished rooms. Laid out with trees, the courtyard at the rear is gorgeous. There is a restaurant as well as bike rental and rates include breakfast.

Red Capital Residence (Xinhóngzi Kèzhàn; 🕿 6402 7150: www.redcapitalclub.com.cn: 9 Dongsi Liutiao: d from US\$148; M Dongsishitiao) An unusual guesthouse heady with the nostalgia of a vanished age. The five rooms are decked out with stuff that wouldn't look out of place in a museum. For real class take a swing through town in the Red Flag limo, once the property of Mao's inner circle.

Bamboo Garden Hotel (Zhúyuán Bīnguǎn; 🕿 6403 2229; fax 6401 2633; 24 Xiaoshiqiao Hutong; s/d/ste Y380/530/680; M Gulou; ₹ ) This cosy, intimate and tranquil courtyard hotel is in buildings dating back to the late Qing dynasty, while the gardens belonged to a eunuch from Empress Cixi's entourage. Rooms are tastefully decorated with reproduction Ming furniture and the abundant foliage is pleasant. Reception is through the gates on

Novotel Peace Hotel (Běijīng Nuòfùtè Hépíng Bīnguǎn; 6512 8833; fax 6512 6863; 3 Jinyu Hutong; d US\$80-110, ste US\$100-130; M Jianguomennei Dajie; (R) This efficient and inviting refurbished hotel has a fresh and cosmopolitan touch and a fantastic central location. The cheaper rooms – not huge but perfectly serviceable – are in the older and more scuffed West Wing. Ask for promotional rates.

Red House Hotel (Ruìxiù Bīnguǎn: 🕿 6416 7500: www.redhouse.com.cn: 10 Chunxiu Lu: s/d Y300/400: M Dongzhimen; (2) (11) Handy for Sanlitun, the

#### THE AUTHOR'S CHOICE

Lusongyuan Hotel (Lűsöngyuán Bīnguǎn; 6404 0436; 1syhotel@263.net; 22 Banchang Hutong; dm/s/d/ste US\$10/35/60/110; M Andingmen; 🔀 🛄 ) Built by a Mongolian general during the Qing dynasty, this courtyard hotel's location makes it an excellent base for exploring the city. For a double bedroom, book ahead as the hotel only has two (the other rooms all have two single beds). Pocket-sized singles come with peasized baths (albeit quite cute); dorms have three beds (with TV) and there is one suite. All rooms facing onto the courtyard are slightly more expensive. Bicycle rental (per day Y30) is available.

refurbished rooms here have cable TV. There are lockers, laundry facilities and breakfast is included. Also in the building are the Monkey Business office and the popular sports bar Club Football Center.

# Top End

St Regis (Běijīng Guójì Jùlèbù Fàndiàn; 🕿 6460 6688; www.stregis.com/beijing; 21 Jianguomenwai Dajie; d from US\$340, ste US\$500-5300; M Jianguomen; 🔀 🚨 🔊 ) Top-notch elegance complemented by professionalism and a superb location make the St Regis a marvellous choice. The splendid fover and an enticing complement of restaurants compound this hotel's undeniable allure.

Grand Hyatt Beijing (Běijīng Döngfāng Jūnyuè Dàjiùdiàn; a 8518 1234; www.hyatt.com; 1 Dongchang'an Jie; d from US\$320; M Wangfujing; 🔀 💷 🔊 ) Bang in the midst of the Wangfujing shopping district this contemporary-designed and opulent hotel offers a great location and sizable rooms

China World Hotel (Zhōngquó Dàfàndiàn; 🕿 6505 2266; www.shangri-la.com; 1 Jianguomenwai Daiie; d US\$300-410; M Guomao; 🔀 💷) Acres of marble greet guests at this five-star performer. Plus all your shopping and dining needs met at the China Word Trade Center. Full tariff rate includes airport transfer, laundry, drycleaning, breakfast and local phone calls.

# **EATING**

Some of your best memories of Beijing are likely to be those involving eating. The best areas to look for restaurants, cafés and bars include Sanlitun and around Qianhai and Houhai Lakes. Unless stated otherwise in the review, restaurants and cafés are open from 11am to 11pm.

For upmarket dining, Beijing offers some exceptional restaurants that serve Chineseinfluenced food with a modern twist. Reservations are necessary. Both Courtyard and Green T House also have small galleries where you can view some of Beijing's striking contemporary art.

Some of the best and cheapest places to sample local cuisine are the food stalls and local markets.

#### Restaurants

Gongdelin Vegetarian Restaurant (Göngdélín Sùcàiguăn; a 6511 2542; 158 Qianmen Dajie; meals Y25-40; M Qianmen) Restore your karma with dishes of mock meat that taste better than the real thing. Service is pedestrian and the décor strictly no-frills.

Niúgē Jiǎozi ( 6525 7472; 85 Dong'anmen Nanjie; meals Y15; M Tiananmen Dong) Dumpling fans should hasten to this pocket-sized restaurant which dishes up dozens of yummy varieties - there's no English menu, though, and no English sign either, but it's opposite the building with the sign on the roof saying 'Hualong Street'.

Xiao Wang's Home Restaurant (Xiǎowáng Fǔ: meals Y70) Guanghua Dongli ( 6594 3602; 2 Guanghua Dongli; M Yonganli); Sanlitun ( 6594 3602, 6591 3255; 4 Gongrentiyuchang Beilu; M Dongsishitiao) Treat yourself to home-style Beijing cuisine from this excellent restaurant with outdoor seating. Try one of the specials: fried hot and spicy Xinjiang-style chicken wings or deep-fried spareribs with pepper salt. The branch in the Sanlitun area is the classier of the two.

Tiāndì Yījiā ( \$\infty\$ 8511 5556; tiandicanyin@163.com; 140 Nanchizi Dajie; meals around Y300; M Tiananmen Dong) This refined Chinese courtyard-style restaurant is decked out with traditional furniture, water features and side rooms for snug hotpot dinners. Graze on Cantonese dim sum (served from 11am to 2pm and 5pm to 9.30pm).

Bāquó Bùyī ( 6400 8888; 89-3 Dianmen Dongdajie; dishes from Y8; M Zhangzizhonglu) Spicy Sichuan cuisine is served in a marvellous Chinese inn-style restaurant setting. There's a range of good-value dishes for Y8, including Chongging hot pepper chicken and chilli fish slices

Green Tianshi Vegetarian Restaurant (Lüsè Tiānshí Sùcàiguǎn; 🖻 6524 2349; 57 Dengshikou Dajie; meals from Y50; M Dengshikou) This venerable vegetarian restaurant cooks up simulated meat dishes, presented in a relaxed and attractive environment. A handy picture menu helps with the ordering.

Ligun Roast Duck Restaurant (Lìgún Kǎoyādiàn; 6702 5681; 11 Beixiangfeng Hutong; roast duck Y68; M Qianmen) Book a table before arriving at this tiny, busy Peking duck restaurant buried away in a maze of hutong in east Qianmen. No medals for service but the duck is excellent.

Kaorouji ( 6404 2554; 14 Qianhai Dongyuan; meals Y55; M Gulou) An old standby overlooking lovely Qianhai Lake and serving delicious coriander-laced roast mutton (Y45) as well as a good range of other Muslim Uighur dishes.

Courtyard (Sìhéyuàn; a 6526 8883; 95 Donghuamen Dajie; meals from Y200; A 6-10pm Mon-Sat, noon-10pm Sunday; M Tiananmen Dong) The view across to the Forbidden City is only surpassed by the cooking which is delicious. Sunday lunch is an affordable option at Y150 per person.

Green T House ( 6552 8310; 6 Gongti Xilu; meals from Y400; ( 6-10pm; M Dongsishitiao) A dining wonderland of fabulous furniture and inventive, beautifully presented dishes with poetic names.

Red Capital Club ( 6402 7150 weekdays, 8401 8886 evenings & weekends; 66 Dongsi Jiu Tiao; meals from Y200; M Dongsishitiao) This meticulously restored courtvard restaurant serves flavoursome dishes that each come with their own elaborate myth. Look for the red doors with no sign.

#### THE AUTHOR'S CHOICE

Quanjude Roast Duck Restaurant (Quànjùdé Kǎoyādiàn; 🕿 6525 3310; 9 Shuaifuyuan Hutong; half/whole duck Y84/168; M Wangfujing) You've not really visited Beijing unless you've scoffed the city's signature dish. Quanjude has an impeccable pedigree (Mao ate here) and is a fine place to sample the Peking duck as well as more specialist dishes such as duck feet with mustard sauce, salted duck's liver or deep-fried duck heart. There's also a more famous and touristy branch at Qianmen ( 6511 2418; 32 Oianmen Daiie: M Oianmen).

Makye Ame (Măjí Āmǐ; 🕿 6506 9616; 2nd fl, A11 Xiushui Nanjie; dishes from Y20; M Jianguomen) Behind the Friendship Store, this is one of Beijing's few Tibetan restaurants, where you can sample boiled yak with chilli and tsampa (roasted barley meal). There's a comfy upper room decorated with a generous crop of Tibetan ornaments.

Serve the People (Wèi Rénmín Fúwù; 🕿 8454 4580; 1 Sanlitun Xiwujie; meals Y50; M Dongzhimen) This is Beijing's trendiest Thai restaurant; its warm décor, tom yam (spicy, lemongrassflavoured soup) and other Thai dishes are deservedly popular.

Taj Pavilion (Taijī Lóu Yindù Cantīng; a 6505 5866; 1st fl, West Wing, China World Trade Center; meals from Y100; M Guomao) Hankering for an Indian meal? The food and service here consistently get top marks.

1001 Nights (Yīgiānlíngyī Yè; 🕿 6532 4050; Gongti Beilu; meals Y100; Y 11am-2am; M Dongsishitiao) Widely acknowledged as the best Middle Eastern restaurant in Beijing, this lively place also offers belly-dancing shows and latenight dining. Opposite Zhaolong Hotel.

# Cafés & Quick Eats

Kosmo ( 6657 0007: 5 Lotus Lane, Oianhai Xivan: sandwich & drink Y30; M Gulou) Facing Qianhai Lake, this stylish contemporary café, serving organic and healthy food, is a standout among the trendy offerings of Lotus Lane and not just because it donates some of its profits to Unicef.

Downtown Café ( 6415 2100; 26 Sanlitun Lu; meals Y70; M Dongsishitiao) This popular Western café hogs the lion's share of hungry expats on Sanlitun Lu. The menu delivers dependable European fair.

Donghuamen Night Market (Donghuamén Yèshì; Dong'anman Dajie; 3-10pm, closed Chinese New Year; M Dengshikou) A sight in itself is this bustling night market near Wangfujing Dajie. It's for tourists, so expect to pay around Y5 for a lamb kebab (much more than you would from a *hutong* vendor).

Wangfujing Snack St (Wángfujing Xiǎochījiē; west off Wangfujing Dajie; kebabs from Y3, dishes from Y5; (M) Wangfujing) Fronted by an ornate archway, here you'll find a good selection of small restaurants and stalls overhung with colourful banners and bursting with character and flavour. Try Xinjiang or Muslim Uighur cuisine such as lamb kebabs and flat bread.

Food Court (basement, Oriental Plaza, 1 Dongchang'an Jie; dishes from Y10; M Wangfujing) If the outdoor stalls leave you nonplussed try this spacious, hygienic food court offering a world of Chinese cuisine, plus other Asian dishes. You can eat very well for around Y20. Buy a card (Y5 deposit; cards come in denominations of Y30, Y50, Y100, Y200, Y500 and Y1000 units) at the kiosk at the entrance; credits are deducted with each dish ordered so you can pick and mix your plates from different outlets.

# Self-Catering

At Beijing's supermarkets you'll find everything you need for long train journeys. Some options:

Lufthansa Center Youyi Shopping City (Yànshā M Dongzhimen)

**Super 24** (Sanlitun Lu; 24hr; M Dongzhimen) Yansha Supermarket (Yànshā Chāoshì; basement, Henderson Center, Jianguomennei Dajie; Y 10am-8pm; M Jianguomen)

# **DRINKING**

The hubs for expat drinking are Sanlitun and, increasingly, the streets around Qianhai and Houhai Lakes. Yandai Xijie - a small street just east of Silver Ingot Bridge - and Lotus Lane on the west side of Qianhai Lake are worth checking out. Most bars and clubs are open daily from about noon until the last customer leaves, unless otherwise specified.

Pass By Bar (Guòkè; 🕿 8403 8004; 108 Nanluoqu Xiang; M Zhangzizhonglu) In a courtyard house, this traveller-friendly bar has a great atmosphere as well as a book exchange and decent food.

Guangfuguan Greenhouse (Guangfuguan de Wènshì; 🖻 6400 3234; 36 Yandai Xijie; M Gulou) Sink those beers in a former Taoist temple with the religious statuary still gazing on.

Tree (Yǐnbì de Shù; 🕿 6415 1954; www.treebeijing .com; 43 Bei Sanlitun Nan; M Dongsishitiao) Recently uprooted to a new location, the Tree has a cellar packed with Belgian brews. The beer garden opens from late spring, the menu's Mediterranean (pizzas around Y70) and the interior's candlelit.

Poachers Inn ( 6417 2632, ext 8506; 43 Bei Sanlitun Lu; M Dongsishitiao) Party central at weekends, this long-running bar remains one of the most popular expat watering holes, with inflated prices and occasional live acts.

Club Football Center ( 6417 0497; Red House Hotel, 10b Chunxiu Jie; M Dongzhimen) A genuine British pub with wall-to-wall football trophies and memorabilia, live English premiership action and a big sports screen. The food's OK, too.

**Destination** ( **a** 6551 5138; www.bjdestination.com; 7 Gongti Xilu; cover incl 1 drink Y20; M Dongsishitiao) Beijing's premier gay dance bar is a stylish, lively place with a mixed crowd. It hosts the occasional lesbian night.

A couple of upmarket hotel bars with soothing ambience and music are Centro (Xuànkù; 6561 8833, ext 6388; Kerry Center Hotel, 1 Guanghua Lu; 24hr; M Guomao) and Red Moon Bar (Döngfäng Liàng; 🕿 8518 1234, ext 6366; Grand Hyatt Beijing, 1 Dongchang'an Jie; M Wangfujing).

# **ENTERTAINMENT Opera**

Beijing opera (p52) is the most famous of the many forms of performance art on offer in the city. You can catch performances at the following theatres:

Chang'an Grand Theatre (Chángān Dàiùchăng: \$\overline{\Pi}\$ 65\overline{5}10 1309; Chang'an Bldg, 7 Jianguomennei Dajie; tickets Y40-150; Performances 7.15pm; M Jianguomen)

Huguang Guild Hall (Húguǎng Huìguǎn; a 6351 8284; 3 Hufang Lu; tickets Y100-380; Performances 7.15-9pm; M Hepingmen) Decorated in a similar fashion to the Zhengvici Theatre, with balconies surrounding the canopied stage, this theatre dates back to 1807. Zhengyici Theatre (Zhèngyicí Jùchǎng; 🕿 6303 3104; 220 Xiheyan Dajie; tickets from Y50; Y performances 7.30-9pm; M Qianmen) Oldest wooden theatre in the country and the best place in the city to experience Beijing

#### Acrobatics

Chaoyang Theatre (Cháoyáng Jùchǎng; 6507 2421; 36 Dongsanhuan Beilu; tickets Y80; Performances 7.30pm; M Chaoyangmen) The Chaoyang Theatre is the venue for visiting acrobatic troupes, who fill the stage with plate-spinning and hoop-jumping.

Universal Theatre (Heaven & Earth Theatre; Tiāndì Jùchẳng; 6416 0757/9893; 10 Dongzhimen Nandajie; tickets Y60-200; Performances 7.15pm; M Dongsishitiao) Around 100m north of Poly Plaza; come here to see young performers from the China Acrobatic Circus and the China National Acrobatic Troupe.

Wan Sheng Theatre (Wansheng Juchang; 🕿 6303 7449; Tiangiao; tickets Y100-150; ( performances 7.15pm;

M Qianmen) West of the Temple of Heaven, this theatre offers one of Beijing's best acrobatic displays, performed by the Beijing Acrobatics Troupe.

#### **SHOPPING**

'Let the People Shop' might as well be the new Party mantra. Whatever you want, from antiques to Versace, chances are you'll find it in Beijing. Get lucky and some pieces might even be genuine rather than fake! The best bargains include silk, cashmere and brandname clothing (often fake). Pirated CDs and DVDs abound. While prices are fixed in the department stores, bargaining is expected even encouraged - everywhere else.

Wangfujing Dajie is a lively shop-lined pedestrianised street, two blocks east of the Forbidden City. Its name, meaning 'Well of Princely Palaces', dates to the 15th century, when this area was the site of several royal palaces, long since destroyed to make way for the palaces of the people. The mammoth Oriental Plaza (Döngfäng Guångchång; 1 Dongchang'an Jie; M Wangfujing) shopping mall anchors the southern end of the street, while elsewhere along it you'll find tea emporium Ten Fu's Tea (Tiānfú Míngchá; 6527 4613; www.tenfu.com; 88 Wangfujing Dajie; M Wangfujing).

**Dashilar** ( M Qianmen), a colourful hutong off Qianmen Dajie, is a jumble of silk shops, tea and herbal medicine shops, theatres and restaurants. Also known as 'Silk Street', it is a hangover from when specialised products were sold in particular areas. Good places to buy silk near Dashilar are Ruifuxiang ( 6303 2808; 5 Dazhalan Jie) and the Beijing Silk Store ( 6301 6658: 5 Zhubaoshi, Oianmen Daiie).

Beijing's premier antique street is treelined Liulichang (M Hepingmen), west of Dashilar. Designed to look like an ancient Chinese village, it's a nice place to stroll even if you don't want to buy Chinese paintings, calligraphy materials, art books or ceramics.

Pānjiāyuán ( Adam around 3pm Sat & Sun; M Guomao) Hands-down the best place to shop for arts, crafts and antiques - everything from Cultural Revolution memorabilia to Buddha heads - is the 'Dirt Market'. Come early and bargain hard. Located off Dongsanhuan Nanlu.

Sanlitun Yashou Clothing Market (Sānlǐtún Yǎxiù Fúzhuāng Shìchǎng; 58 Gongrentiyuchang Beilu; M Dongsishitiao) Offering five floors of all the clothing you may need.

# **GETTING THERE & AWAY**

Beijing's Capital Airport ( 6459 9567 for international flights, 1689 6969 for domestic flights) has direct air connections to most major cities in the world and every major city in China. For more information about international flights to Beijing, see p319.

#### Train

Moscow, Ulaanbaatar and Harbin trains depart from and arrive at Beijing Train Station (Běijīng Huǒchēzhàn; 🗃 6563 3262/3242; M Beijingzhan), southeast of the Forbidden City. Beijing West Train Station (Běijīng Xīzhàn; 🕿 6321 6253; M Junshibowuquan), near Lianhuachi Park, has trains for Hong Kong and Vietnam.

Avoid buying tickets in the main ticket hall at Beijing Train Station, as the crowds can be overwhelming. There's a ticketing office for foreigners ( 5.30-7.30am, 8am-6.30pm & 7-11pm) in the northwestern corner of the 1st floor, accessed through the soft seat waiting room. This is an excellent place to sit down and take a breather in the comfy armchairs provided. There's also a foreigners ticketing office on the 2nd floor of Beijing West Train Station (open 24 hours).

If you're having trouble getting a train ticket go to BTG Travel & Tours ( 6800 5588; A9 Fuwai Daije: 8 8am-8pm; M Jianguomen) between the New Otani and Gloria Plaza Hotels; it has a desk dedicated to booking Trans-Mongolian/ Trans-Manchurian trains, and can also (for a Y100 fee) book Harbin to Manzhouli trains via the CITS office in Harbin

# **GETTING AROUND** To/From the Airport

The airport is 27km from the city centre. A service desk inside the airport terminal sells tickets for buses (Y16) into town. Buses leave every half-hour between 5.30am and 7pm, and include routes to Beijing Train Station, Xidan metro and the China Art Gallery north of Wangfujing Dajie. A taxi should cost only about Y85 from the airport to the centre (including the Y15 road toll).

A light-rail link from Capital Airport to Beijing is under construction, but is not due for completion until 2007.

# Bicvcle

To get around the city in true Beijing style, consider riding a bicycle, which can be rented from many hotels, especially those in the budget range. Universal Bicycle Rental Outlet (Qianhai Lake; single/tandem bike per hr Y10/20, deposit Y500; M Gulou) has two outlets in the vicinity of Qianhai Lake.

# **Public Transport**

Given frequently appalling traffic the subway is a hassle-free way to get around the centre of Beijing, even though its current three lines limit its overall usefulness. It operates from 5am to 11pm and the fare is a flat Y3. Signs are in English and easy to understand. Stations are marked by a blue sign with the capital 'D'. Beijing Train Station is a stop on the circle subway line (Beijingzhan). The new Line 5 is due for completion in 2007.

#### Taxi

Taxis are cheap and plentiful: the standard per-kilometre charge ranges from Y1.20 to Y2, with a Y10 minimum. Make sure your driver turns on the meter, especially coming from the airport or the train station. Most taxi drivers do not speak English (although some are learning in preparation for the 2008 Olympics!); it's best to have somebody write down your destination so you can show it to the driver.

# **AROUND BEIJING**

# GREAT WALL OF CHINA 长城

Stretching 7200km from the Bo Sea in the east to the Gobi Desert in the west, the Great Wall of China is truly a wonder, due to both its breathtaking beauty and its ancient architectural achievement. Several sections of the Great Wall, particularly at Badaling, have been recently revamped for the benefit of tourists. Also renovated but less touristed are the sections at Simatai and Jinshanling.

# History

The 'original' construction of the Great Wall is credited to Emperor Qin Shihuang (221-207 BC), China's first sovereign emperor. He accomplished this feat by reconstructing and linking the ruins of older walls, which had been built by the vassal states under the Zhou dynasty in the 7th century BC. The result was a magnificent 4800km stretch

of wall, which was meant to keep out the marauding nomads in the north. The effort required hundreds of thousands of workers, many of them political prisoners. Over the course of 10 years, an estimated one million people died; legend has it that the bodies of deceased workers were among the building materials used.

By the collapse of the Qin, the Great Wall had already started to crumble due to years of neglect. Emperor Han Wu-Di once again undertook the task of rebuilding the existing wall, and extending it 480km further west into the Gobi Desert. During this period, the wall served mainly as an elevated highway, along which men and equipment could be transported across mountainous terrain. Furthermore, the Hans established a system of smoke signals, by which they could warn each other of enemy attacks. Thus, the wall protected traders and explorers who were travelling the ancient caravan routes between China and Europe.

The wall that you see today is largely a product of the Ming dynasty (1368-1644). The Ming wall was taller, longer and more ornate than any earlier incarnations. It was also stronger, due in part to the advanced brick technology the Ming workers used.

# Badaling 八达岭

Most visitors see the Great Wall at Badaling (Bādálǐng Chángchéng; 6912 1338/1423/1520; 70km northwest of Beijing, at an elevation of 1000m. The section of masonry at Badaling was first built during the Ming dynasty, and was heavily restored in the 1950s and the 1980s. Punctuated with watchtowers, the 6m-wide wall is clad in brick, typical of the stonework employed by the Ming when they restored and expanded the fortification.

The surrounding scenery is raw and impressive and this is the place to come to see the wall snaking off over the undulating hills. Also come here for guard rails, souvenir stalls, a fairground feel and the companionship of squads of tourists surging over the ramparts. If you time your visit to coincide with a summer weekend, you won't be able to move against the wall of humanity on the battlements. Come during the week instead, and if possible, during the colder months when it's covered in snow.

Cable cars exist for the weary (round trip Y50), but don't take the slide (Y30) as it's a colossal waste of money.

Apart from the pristine battlements, you can be conveyed back into history via 15minute films about the Great Wall at the Great Wall Circle Vision Theatre (admission Y25; Y) 9am-9.45pm), a 360-degree amphitheatre. The admission fee also gets you into the China Great Wall Museum ( 9am-4pm).

#### **GETTING THERE & AWAY**

www.lonelyplanet.com

The cheapest and easiest way to get to Badaling is to take bus 919 from just north of the old gate of Deshengmen, about 500m east of the Jishuitan subway stop. Buses leave regularly from 5.30am. Ordinary buses take two hours and cost Y5, while the faster, nonstop luxury air-con buses take one hour and cost Y10. The last bus leaves Badaling for Beijing at 6.30pm.

CITS ( 6515 8566), the Beijing Tourist Information Center, Panda Tours ( 6525 8372; www.pandatourchina.com), big hotels and everyone else in the tourist business does a tour to Badaling. Watch out for high-price hotel tours (up to Y300 per person).

A taxi to the wall and back will cost a minimum of Y400 for an eight-hour hire with a maximum of four passengers.

# Mutianvu 慕田峪

The 2250m-long granite section of wall at Mutianyu (Mùtiányù; 6162 6873; admission Y35; 6.30am-5.30pm), 90km northeast of Beijing, was developed as a decoy alternative to Badaling and is, on the whole, a less commercial experience. Despite some motivated hawking and tourist clutter, the stretch of wall is notable for its numerous Ming dynasty guard towers and stirring views. The wall is also equipped with a cable car (round trip Y50; \( \sum 8.30am-4.30pm \)). October is the best month to visit, for the autumn colours of the trees that envelop the surrounding countryside.

#### **GETTING THERE & AWAY**

From Dongzhimen long-distance bus station (Dōngzhímén Chángtú Qìchēzhàn; 🕿 6467 4995) you can take either bus 916 (Y8, one hour) or 936 (Y5) to Huairou then change for a minibus to Mutianyu (Y25). Alternatively, the less frequent 916 branch line goes all the way from Dongzhimen to Mutianyu (Y15).

**Tour bus 6** ( **a** 6601 8285) runs to Mutianyu (Y50) from outside the South Cathedral at Xuanwumen, operating between 6.30am and 8.30am on Saturday, Sunday and public holidays from April to October.

# Juyongguan 居庸关

Originally constructed in the 5th century and rebuilt by the Ming, Juyongguan (Juyong Pass; 6977 1665; admission Y40; 6am-4pm) was considered one of the most strategically important sections of the Great Wall, only 50km northwest of Beijing. However, this section has been thoroughly renovated to the point where you don't feel as if you're walking on a part of history. Still, if you're in a hurry, it's the closest section of the wall to the city and is usually quiet. You can do the steep and somewhat strenuous circuit in under two hours.

Juyongguan is on the road to Badaling, so any of the buses for Badaling listed earlier will get you there (but tell the bus driver you want to be dropped off at Juyongguan Changcheng).

# Simatai 司马台

The stirring remains at Simatai (Sīmătái; **☎** 6903 5025/5030; admission Y30; **№** 8am-5pm), 110km northeast of Beijing, make for a more exhilarating Great Wall experience. Built during the reign of Ming dynasty emperor Hongwu, the 19km stretch is marked by watchtowers, steep plunges and scrambling ascents.

Not for the faint-hearted, this rough section of the wall is very steep. A few slopes have a 70-degree incline and you need both hands free, so bring a day-pack to hold your camera and other essentials. The cable car (round trip Y50) could be an alternative to a sprained ankle. Take strong shoes with a

Simatai has some unusual features, such as 'obstacle-walls' - walls-within-walls used for defending against enemies who had already scaled the Great Wall. There's also a toboggan ride (Y30), and unfazed by the dizzying terrain, hawkers make an unavoidable appearance.

#### **GETTING THERE & AWAY**

Direct minibuses depart from **Dongzhimen** long-distance bus station ( 6467 4995) from 6am (Y20). Otherwise take a minibus from

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Dongzhimen to Miyun (Y8, 1¼ hours) and change to a minibus to Simatai, or a taxi (round trip Y120).

Weekend tour bus 12 (☎ 6601 8285) leaves from outside the South Cathedral at Xuanwumen for Simatai (Y50) between 6.30am and 8.30am Saturday, Sunday and public holidays. Backpacker hotels often run morning trips by minibus (not ind admission ticket Y60; ※ 8.30am). A taxi from Beijing for the day costs about Y400.

# Jinshanling 金山岭

Though not as steep (and therefore not as impressive) as Simatai, the Great Wall at **Jinshanling** (Jinshanling Chángchéng; admission Y40), near the town of Gubeikou, has 24 watchtowers and is considerably less developed (and therefore much quieter) than any of the sites previously mentioned, despite undergoing some restoration work.

Perhaps the most interesting thing about Jinshanling is that it's the starting point for a 10km hike to Simatai. It takes nearly four hours because the trail is steep and stony. Parts of the wall along the route are in a state of ruin, but it can be traversed without too much difficulty. Upon arrival at Simatai, however, you may have to buy another ticket.

You can do the walk in the opposite direction, but getting a ride back to Beijing from Simatai is easier than from Jinshanling. Of course, getting a ride should be no problem if you've made arrangements with your driver to pick you up (and didn't pay in advance).

To get to Jinshanling from **Dongzhimen long-distance bus station** ( a 6467 4995), take a minibus to Miyun (Y8, 1¼ hours), then change to a minibus to Gubeikou, and get off at Bakeshiying (Y7).

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