

Index

ABBREVIATIONS

C	China
M	Mongolia
R	Russia

1905 Revolution 36-7

A

Abakan (R) 190
 accommodation, *see also individual locations*
 China 296-7
 Mongolia 297
 Russia 295-6
 Achinsk-1 (R) 150
 acrobatics 113, 266, 290-1
 activities 297, *see also individual activities*
 Aginskoe (R) 222
 air travel
 to/from Russia, Mongolia & China 319-24
 within Russia, Mongolia & China 327
airag 69, 174, 175
 Akademgorodok (R) 178-9
 Akokan Gulag (R) 249
 Akunin, Boris 47
 Aleksandrovsky Garden (R) 108
 Alexander Column (R) 85
 Alexander II 27, 29
 Alexander III 36, 193
 Alkhanay (R) 222
 alleyways, *see hutong*
 All-Russia Exhibition Centre (R) 111
 Altai Mountains (R) 178
 Amazar (R) 211
 Amur line 33-4
 Angangxi (C) 272
 Angara Dam (R) 195-8
 Angarsk (R) 185
 animals 57-60, *see also individual animals*
 Annunciation Cathedral (R) 107
 aquariums
 Beijing (C) 300
 Vladivostok (R) 232
 Archangel Cathedral (R) 107

architecture
 China 52
 Russia 48, 135-7, 179, 198
 area codes, *see inside front cover*
 Argiz-1 (R) 131
 Arsenev Regional Museum (R) 232
 Arshan (R) 205-6
 art galleries, *see galleries*
 arts, *see also individual arts*
 China 51-2
 Mongolia 54-5
 Russia 46-9
 Artybash (R) 178
 Arzamas-II (R) 131
 Assumption Cathedral
 Moscow (R) 107
 Vladimir (R) 131
 atheism 51, 54
 ATMs 309
 avian influenza 340

B

Babushkin, Ivan 210
 Bada (R) 210
 Badaling (C) 257, 292-3
 Baikal seals 59
 Baikal-Amur Mainline 40-1, 239-52
 Baikalsk (R) 210
 Baikalskoe (R) 247, 6
 ballet 46-7
 Irkutsk (R) 189
 Moscow (R) 118-19
 Nizhny Novgorod (R) 139
 Novosibirsk (R) 167, 177
 Perm (R) 141
 Russia 46-7
 St Petersburg (R) 92-3
 Ulaanbaatar (M) 266
 Yekaterinburg (R) 155
 Balyezino (R) 130
 BAM 40-1, 239-52
 BAM Museum (R) 249
 Bamovskaya (R) 211, 242
banai 44, 297
 Moscow (R) 111
 Tynda (R) 249
banya, *see banai*
 Barabinsk (R) 149
 Baranchiki (R) 202
 Barguzin (R) 219
 bathrooms 314
 Baturino (R) 218
 beaches 237, 297
 bears 60
 beavers 60
 Beihai Park (C) 285
 Beijing (C) 257, 273, 279-94, **282-3**, 5, 176
 accommodation 287
 attractions 281-6
 drinking 290
 entertainment 290-1
 food 288-90
 shopping 291
 travel to/from 291
 travel within 291-2
 Beijing Biennale (C) 52
 Belogorsk (R) 211
 bicycle travel, *see cycling*
 Bikin (R) 212
 bird flu 340
 birds 57-8, 59, *see also individual birds*, bird watching
 bird watching
 Ishim (R) 148
 Mongolia 255
 Zhalong Nature Reserve (C) 278
 Birobidzhan (R) 211, 224
 Blagoveshchensk (R) 223-4
 Bloody Sunday 80
 boat travel 299, 325, 330
 Moscow (R) 113
 St Petersburg (R) 90
 Vladivostok (R) 233
 Bogdkhan Uul (M) 62, 255
 Bogolyubovo (R) 130
 Bogotol (R) 50
 Boketu (C) 272
 Bolshevik Revolution 37
 Bolsheviks 37, 99
 Bolshie Koty (R) 203
 Bolshoi (R) 46
 books 18-19, *see also literature*
 birds 58
 Chinese culture 50
 ecology 57
 environmental issues 64
 food 67, 70
 history 27, 35, 38, 39
 Lake Baikal (R) 59

books *continued*

Leningrad Blockade 96
 Russian culture 43, 45, 47
 border crossings 256, 272, 324
 Borodin, Alexander 47
 Borzha (R) 271
 Bratsk (R) 242, 243
 Buddhism 51, 54, 190
 Buddhist temples
see datsans
 Bukhta Kurkutskaya (R) 204
 Bulat Okudzhava (R) 110
 Buryatiya Folk Festival (R) 215
 Buryatiya Republic (R) 53-4, 173,
 210, 212
 bus travel
 to/from Russia, Mongolia & China
 324-5
 within Russia, Mongolia & China
 330-1
 business hours 299

C

car travel 327-9
 cash 309
 Cathedral of Christ the Savior (R) 109
 cathedrals, *see* churches, cathedrals &
 monasteries
 Catherine Palace (R) 96
 caves 142, 257
 Central House of Artists (R) 110
 Central Naval Museum (R) 89
 Central Siberian line 32
 Chagall, Marc 110
 Changchun (C) 272
 Chekhov, Anton 29, 47, 89, 147, 223
 Chelyabinsk (R) 157
 Chemal (R) 178
 Cheptsas (R) 130
 Chernyshevsk-Zabaikalsky (R) 211
 children, travel with 299-300
 Harbin 276
 health 341
 Moscow 113
 China
 costs 17-18
 culture 49-52
 drinks 68-9
 economy 26
 food 67
 Internet resources 20

000 Map pages
 000 Photograph pages

money 17-18
 politics 25
 Chinese Communist Party 51
 Chita (R) 173, 211, 219-22, 271, 220
 Chitinskaya region (R) 210
 Choir (M) 255
 Christianity 54
 Church of the Saviour on Spilled Blood
 (R) 87
 churches, cathedrals & monasteries
 Ganina Yama (R) 156
 Harbin (C) 273-5
 Irkutsk (R) 194
 Kazan (R) 144
 Krasnoyarsk (R) 185-7
 Manzushir Khiid (M) 267-8
 Moscow (R) 107, 109, 124, 125-6
 Nizhny Novgorod (R) 135
 Novosibirsk (R) 167-8
 St Petersburg (R) 87, 89
 Suzdal (R) 132-4
 Tyumen (R) 157
 Ulaanbaatar (M) 260
 Ulan-Ude (R) 213, 217-18
 Vladimir (R) 131-2
 Yekaterinburg (R) 152
 cinemas 48-9
 Circumbaikal Railway 33, 205
 climate 13, 300
 Communist Party 25
 Confucian Temple (C) 285
 Confucianism 51
 consulates 303-5
 cooking courses 113
 costs 17-18
 courses 113
 cranes 277
 credit cards 309
 crime 301
 Cultural Revolution 51
 culture 6
 books 45, 47, 50
 China 49-52
 Mongolia 52-5
 Russia 43-9
 customs regulations 301
 cycling 134, 298, 329

D

dachas 44
 Dalai Hu (C) 271
 Damin Sükh (M) 61
 Daqing (C) 272
 Darasun (R) 211
 Darkhan (M) 255

Datong (M) 257
datsans 212, 6
 Aginskoe (R) 222
 Arshan (R) 206
 Ivolginsk Datsan (R) 217
 Ulan-Ude (R) 215
 Davaa, Byambasuren 55
 December Nights Festival
 (R) 114
 Decembrist Movement 191, 194
 deer 58
 diphtheria 337
 disabled travellers 302
 diving 298
 Divnogorsk (R) 187-8
 dog sledding 153, 199, 299
 Dolgoruky, Yury 99
 Dostoevsky, Fyodor 47, 162, 164
 drinks
 China 68-9
 Mongolia 69
 Russia 67-8
 driving, *see* car travel
 Duldurga (R) 222
 Dvortsovaya Ploshchad (R) 85

E

East Chinese line 34-6
 Eastern Lake Baikal (R) 218-19
 Echo Wall (C) 286
 ecology 57
 economy
 China 26
 Mongolia 53
 Russia 25, 37-8
 electricity 296
 embassies 303-5
 emergencies, *see inside front cover*
 environmental issues
 books 64
 China 63-4, 273
 Mongolia 64-5
 Russia 62-3
 Erlian (M) 257
 etiquette
 China 50
 Mongolia 53
 Europe-Asia border 156
 Europe-Asia Border Obelisk 130
 exchange rates, *see inside
 front cover*

F

Falun Gong 26
 fax services 312-13

festivals 15, 305-6, *see also* special
 events
 Lantern Festival (C) 276
 Moscow (R) 113-14
 Naadam Festival (M) 262, 175
 St Petersburg (R) 90, 8
 Ulaanbaatar (M) 262, 8
 film 48-9
 Finland Station (R) 88
 fish 59
 fishing 298
 food 69-78, 306
 books 67, 70
 vegetarian & vegan travellers 70-1
 Forbidden City (C) 281-3, 176
 forts 233
 funicular railway (R) 233
 Fuyuan (R) 229-30

G

GAI 328
 Gaivoron (R) 237
 galleries
 Irkutsk (R) 193-4
 Moscow (R) 109, 110
 Nizhny Novgorod (R) 135
 Omsk (R) 164
 Perm (R) 141
 Tyumen (R) 157
 Ulaanbaatar (M) 261
 Vladivostok (R) 233
 Yekaterinburg (R) 152
 Gandantegchinlen (Gandan) Khiid
 (M) 260
 Ganina Yama (R) 156
 gardens
 Moscow (R) 108
 St Petersburg (R) 87
 Gate of Heavenly Peace (C) 284, 176
 gay travellers 306
 geography 56-7
 geology 152-3
 Ghe, Nikolai 48
 Glinka, Mikhail 47
 Gobi Desert (R) 62, 64
 Godunov, Boris 160
 Gogol, Nikolai 47
 Golden Mask Festival (R) 114
 Golden Ring (R) 123-6, 127
 Gorkhi-Terelj National Park (M) 268
 Gorky Museums (R) 135
 Gorky Park (R) 110
 Goryachinsk (R) 219
 Goudzhekit (R) 242, 247-8
 Great Wall of China (C) 292-4

Gremyachinsk (R) 218
 Gulag 138, 142
 Gunjiin Süin (M) 268

H

Hailaer (C) 272
 Harbin (C) 272, 273-8, 274
 accommodation 276-7
 activities 276
 food 277
 travel within 278
 health 337-41
 heat exhaustion 339
 Heihe (C) 278
 hepatitis A 337, 339
 hepatitis B 337
 Hermitage (R) 85
 hiking 298-9
 Terelj (R) 268
 Yekaterinburg (R) 153
 history 15, 27-42
 1905 Revolution 36-7
 Amur line 33-4
 Bolshevik Revolution 37
 books 27, 35, 38, 39
 Central Siberian line 32
 Circumbaikal line 33
 East Chinese line 34-6
 Internet resources 37, 41
 Russian Civil War 37
 Russo-Japanese War 36
 Trans-Baikal line 33
 Trans-Korean line 41-2
 Trans-Manchurian line 39
 Trans-Mongolian line 39-40
 Ussuri line 32
 Western Siberian line 32
 hitching 329-30
 holidays 306-7
 horse riding 134, 299, 199, 268
hutong (C) 286
 hypothermia 339-40

I

ice hockey 276
 ice sailing 276
 ice skating 111, 276
 Ilanskaya (R) 184
 Imperial College (C) 285
 industrial revolution 27
 influenza 338
 insects 59
 insurance 307, 337
 Internet access 307-8

Internet resources
 animals 58
 birds 57
 China 20, 49
 environment 63
 health 338
 history 37, 41
 Irkutsk (R) 191
 Mongolia 20, 54
 nature 56
 Russia 20, 44, 46, 48
 Severobaikalsk (R) 244
 Irkutsk (R) 185, 189-98, 192-3
 accommodation 195-6
 attractions 191-5
 drinking 196-7
 entertainment 197
 food 196
 travel to/from 197-8
 travel within 198
 Ishim (R) 148
 Islam 51, 171
 Istorichesky Skver (R) 152
 itineraries 21-4
 Ivan III (the Great) 99, 107
 Ivan IV (the Terrible) 99
 Ivolginsk Datsan (R) 217-18

J

Japanese B encephalitis 337
 Jingshan Park (C) 285
 Jining (C) 257
 Jinshanling (C) 294
 Jinzhou (C) 272
 Juyongguan (C) 293

K

Kandinsky, Vasily 110
 Kansk-Yeniseysky (R) 184
 Kanzuang (R) 257
 Karymskaya (R) 211, 271
 Kasimir Malevich (R) 110
 Kazakhs (R) 53-4
 Kazan (R) 131, 142-6, 143, 5, 171
 accommodation 144-5
 attractions 144
 drinking 145
 entertainment 145
 food 145
 travel to/from 145-6
 travel within 146
 Khaan, Chinggis (Genghis) 54
 Khabarovsk (R) 174, 212, 224-9, 226
 Khakassia Republic (R) 190
 Khakusy (R) 249

Khalkh Mongolians 53-4
 Khilok (R) 210
 Khokhlovka (R) 142
khöömii 54, 190
 Khrushchev, Nikita 38
 Kino 47
 Kirov (R) 130
 Kirov Ballet & Opera Company 46, 93
 Kolchak, Admiral 37
 Kolorovo (R) 181
 Komsomolsk-na-Amure (R) 242, 250-2, **251**
 Korshunikh-Angarskaya (R) 242
 Kotelnich (R) 130
 Krasnoufimsk (R) 131
 Krasnoyarsk (R) 150, 172, 185-9, **186-7, 7**
 kremlins
 Kazan (R) 144
 Moscow (R) 104-8
 Nizhny Novgorod (R) 135
 Suzdal (R) 132-3
 Tobolsk (R) 160
 Kuenga (R) 211
 Kunerma (R) 242
 Kungur (R) 130, 142
 Kunming Lake (C) 285
 Kyakhta (R) 218
 Kyzyl (R) 190

L
 Lake Baikal (R) 33, 57, 172, 198-204, 210, 218-19, 249-52, **200-1**
 books 59
 ecology 59
 environmental issues 63
 Lake Khanka (R) 237
 Lama Temple (C) 284-5
 language 342-7
 courses 113
 food vocabulary 72-8
 Lantern Festival (C) 276
 laundry 308
 leeches 340
 left luggage 335
 legal matters 308
 Lena (R) 242, 244
 Lenalp (R) 178
 Lenin State University (R) 144
 Lenin, Vladimir Ilych 108, 144
 Leningrad Blockade 96

000 Map pages
000 Photograph pages

Lenin's Tomb (R) 108-9
 Lermontov, Mikhail 47
 lesbian travellers 306
 Listvyanka (R) 198-202
 literature 47-8, 18-19, *see also* books
 Lower Volga Architecture Museum (R) 135-7
 Luzhkov, Yury 99
 Lyme disease 340
 lynx 59
 Lyubov Popova (R) 110

M
 Magdagachi (R) 211
 Maitreya Buddha Festival (R) 215
 Makarevo (R) 139
 Makine, Andrei 47
 Maksimikha (R) 219
 Maloe More (R) 204
 Manchurian tiger 275
 Osip Mandelstam (R) 138
 Manzhouli (R) 271
 Manzushir Khiid (R) 267-8
 maps 308
 Marble Palace (R) 85, **169**
 Mariinsk (R) 149
 Mariinsky Theatre 92
 medical services 338, *see also* health
 Menshikov Palace (R) 88
 metric conversions, *see inside front cover*
 Mianduhe (C) 272
 Mikhailovsky Castle (R) 85
 Ming dynasty 281
 Mogocho (R) 211
 Mogzon (R) 210
 monasteries, *see* churches, cathedrals & monasteries
 money 17, 302, 308-10, *see also inside front cover*
 China 17-18
 Mongolia 18
 Russia 17
 moneychangers 309
 Mongolia
 books 57
 costs 18
 drinks 69
 economy 26
 food 67
 Internet resources 20
 politics 26
 travel within 16-17
 Mongolian People's Revolutionary Party 54

Moscow (R) 102-22, **102-4, 106, 112, 123, 5, 170**
 accommodation 114-16
 activities 111
 Arbat District 109
 attractions 104-11
 drinking 118
 entertainment 118-19
 festivals 113-14
 food 116-18
 shopping 119
 special events 114
 travel to/from 120-2
 travel within 122
 Zamoskvorechie 109-10
 Moscow Station (R) 88
 mosques
 Kazan (R) 144
 Tobolsk (R) 160
 mosquitoes 340
 motorcycle travel 327-9
 mountain biking, *see* cycling
 mountaineering, *see* hiking
 Muravyov, Nikolai 27-8
 Museum of Anna Akhmatova in the Fountain House (R) 88
 Museum of Anthropology & Ethnography (R) 88
 Museum of Railway Transport (R) 88
 Museum of Theatrical & Musical Arts (R) 87
 Museum of Zoology (R) 89
 museums, *see also individual museums*
 Beijing (C) 284
 Irkutsk (R) 191-4
 Kazan (R) 144
 Khabarovsk (R) 227
 Krasnoyarsk (R) 185-7
 Moscow (R) 109, 111
 Nizhny Novgorod (R) 135
 Nizhnyaya Sinyachikha (R) 156
 Novosibirsk (R) 167
 Omsk (R) 164
 Perm (R) 141
 Perm-36 (R) 142
 St Petersburg (R) 85, 85-7, 87-8, 88, 88-9
 Tomsk (R) 179
 Tyumen (R) 157
 Ulaanbaatar (M) 261
 Ulan-Ude (R) 213
 Vladimir (R) 132
 Vladivostok (R) 232
 Yekaterinburg (R) 152

music
 China 52
 Mongolia 54
 Russia 46-7
 Mussorgsky, Modest 47
 Mutianyu (C) 293
 Mysovaya (R) 210

N
 Naadam Festival (M) 262, **8, 175**
 Nakhodka (R) 237-8
 Nankou (M) 257
 national parks, *see also individual parks*
 China 61
 Mongolia 62, 268
 Russia 61
 Natsagdorj, Dashdorjiin 54
 nature reserves
 China 61, 278
 Mongolia 62
 Russia 61, 187, 238
 Sikhote-Alin Nature Reserve (R) 238
 Stolby Nature Reserve (R) 187
 Zhalong Nature Reserve (C) 278
 Naushki (M) 255
 Nazyvaevskaya (R) 148
 Nerchinsk (R) 211, 222-3
 nerpa seals 59, 195, 219
 Neryungri (R) 242, 250
 Nevskaya Panorama (R) 89
 New Tretyakov (R) 110
 newspapers 296
 China 51
 Mongolia 54
 Russia 45
 Nicholas I 194
 Nicholas II 36, 150, 152
 Nizhneangarsk (R) 242, 248
 Nizhneudinsk (R) 185
 Nizhny Novgorod (R) 130, 134-9, **136, 171**
 Nizhnyaya Sinyachikha (R) 156
 Northeast Baikal (R) 249-52
 Novodevichy Cemetery (R) 111
 Novodevichy Convent (R) 111
 Novoselenginsk (R) 218
 Novosibirsk (R) 149, 165-77, 172, 174, **166-7**
 Novy Urgal (R) 242

O
 October Revolution (R) 191
 Olkhon Island (R) 172, 203-4

Olovyannaya (C) 271
 Omsk (R) 162-5, **163**
 opera
 China 52, 290
 Mongolia 266
 Russia 46-7, 92-3, 118-19, 139, 141, 155, 167, 177, 189, 213
 organised crime 301
 orthodoxy 35, 46
 otters 59-60
 ovals 53

P
 painting
 China 51
 Mongolia 55
 Russia 48
 Palace Square (R) 8
 palaces
 Moscow (R) 105
 St Petersburg (R) 85-7, 95-7
 Ulaanbaatar (M) 260-1
 Paris Exhibition 34
 parks
 Beijing (C) 285
 Harbin (C) 276
 Khabarovsk (R) 227
 Moscow (R) 110, 111
 passports 319
 Pasternak, Boris 47
 Patriarch's Palace (R) 105-7
 Pavlovsk (R) 96-7
 People's Liberation Army (PLA) 280
 People's Republic 280
 Peredvizhniki movement 48
 Perm (R) 130, 139-42, **140**
 Perm-36 (R) 142
 Peter & Paul Fortress (R) 89
 Peter the Great 80, 99
 Petrodvorets (R) 95-6, **169**
 petroglyphs 247
 Petrovsky-Zavod (R) 210
 Petrovsk-Zabaikalsky (R) 210
 photography 310
 pickpocketing 301
 planning 13-20, 302, *see also* itineraries
 plants 60-1
plotinka 152
 polio 337
 politics
 China 25
 Mongolia 26
 Russia 25

Polovinnaya (R) 205
 population
 China 50
 Mongolia 53
 Russia 44-5
 Port Baikal (R) 202-3
 postal services 310-11
 Priiskovaya (R) 211
 Primorsky Art Gallery (R) 233
 Primorsky Territory (R) 237-8
 Pugacheva, Alla 47
 Pushkin, Alexander 47
 Pushkin Museum of Fine Arts (R) 109

Q
 Qing dynasty 281
 Qinglongqiao (C) 257

R
 rabies 337-8, 338-9
 racism 43
 radio 296
 rafting 299
 Altai Republic (R) 178
 Terelj (R) 268
 railway museums
 Abakan (R) 190
 Novosibirsk (R) 167
 St Petersburg (R) 88
 Yekaterinburg (R) 152
 Red Square (R) 108-9, **170**
 religion 35, *see also individual religions*
 China 51
 Mongolia 54
 Russia 46
 Repin, Ilya 48
 responsible travel 62
 restaurants 70
 Peter the Great 80, 99
 Petrodvorets (R) 95-6, **169**
 petroglyphs 247
 Petrovsky-Zavod (R) 210
 Petrovsk-Zabaikalsky (R) 210
 photography 310
 pickpocketing 301
 planning 13-20, 302, *see also* itineraries
 plants 60-1
plotinka 152
 polio 337
 politics
 China 25
 Mongolia 26
 Russia 25
 books 43
 costs 17
 culture 43-9
 drinks 67-8
 economy 25
 food 66-7
 Internet resources 20
 money 17

Russia continued
politics 25
travel within 16
Russian Civil War 37
Russian Museum 85-7
Russo-Japanese War 36
Ruzhino (R) 212

S

sables 60
safe travel 329-30
Sainshand (R) 174, 257
St Basil's Cathedral (R) 109, 5
St Isaac's Cathedral (R) 87, 169
St Petersburg (R) 79-97, **82-4**, **86-7**,
8, 169
accommodation 90-1
attractions 85-9
clubbing 93
drinking 92
entertainment 92-3
festivals 90
food 91-2
shopping 93
tours 85, 90
travel to/from 93-5
travel within 95
St Sofia Cathedral (R) 160, 5
Sakharov museum (R) 135
Sanatornaya (R) 212
SARS 338
Saviour Monastery of St Euthymius
(R) 133-4
Sayan Mountains (R) 184
scams 302
sculpture 55
seals 59, 195, 219
Selenga (R) 210
Selenginsk (R) 210
senior travellers 302
Sergiev Posad (R) 123-4
Severobaikalsk (R) 242, 244-7, **245**, 7
Severomuysk tunnel (R) 242
sexual health 341
Seyatel (R) 177-8
shamanism 54, 190
Shanhaiguan (C) 272
Sharav, Balduugiyin 55
Shenyang (C) 272
Sheremetev Palace (R) 87-8
Shilka-Passazhorsk (R) 211

shopping 311-12, *see also individual locations*
Siberian tiger 59, 275
Siberian Tiger Park (C) 275
Sibirtsevo (R) 212
Sikachi-Alyan (R) 230
Simatai (C) 293-4
singing 54, 190
skiing 299
Harbin (C) 276
Yekaterinburg (R) 153
Skovorodino (R) 211
Slavyanka (R) 237
Slyudyanka (R) 204-5, 210
snake bites 340-1
Souzga (R) 178
Sovetskaya Gavan (R) 242
Soviet regime 39
special events 15, 305-6, *see also festivals*
Moscow (R) 114
Ulaanbaatar (M) 262
SS Peter & Paul Cathedral (R) 89
Stalin, Josef 38, 138
stoats 59-60
Stolby Nature Reserve (R) 187
street names 308
Strelka (R) 88
Stroganov Palace (R) 85
Sükhbaatar (M) 255
Sükhbaatar Square (M) 261
Summer Garden (R) 87
Summer Palace (C) 87, 285
Surikov, Vasily 48
Suzdal (R) 132-4, **133**
swimming 268

T

taiga 60, 149
Taltsy Museum of Wooden
Architecture (R) 198
Tankhoy (R) 210
Taoism 51
Tarskaya (R) 211
Tatar (R) 159
taxi travel 331
Tayshet (R) 184, 242
Tchaikovsky, Pyotr 47
telephone services 312-13
Teletskoye Oзера (R) 178
Temple of Heaven (C) 285-7
temples 284-7
Terelj (M) 268
tetanus 337
throat singing 54, 190

Tiananmen massacre 26
Tiananmen Square (C) 284-6, 176
Tianjin (C) 272
tickborne encephalitis 339
ticks 340
tigers 59, 275
time 314, 320
timetables 332-3
tipping 309
tobogganing 276
Tobolsk (R) 148, 159-62, 172, **161**, 5
toilets 314
Tolstoy, Leo 47
Tomsk (R) 149, 178-82, **180-1**
tourist information 314-15
tours 14, 325-7
boat 90, 113
Bratsk (R) 243
Krasnoyarsk (R) 188
Moscow (R) 113
Nizhny Novgorod (R) 137
St Petersburg (R) 85, 90
Yekaterinburg (R) 153
train travel 331-6
bookings 16-17
classes 331-5
costs 17
routes 16-17
tickets 334
timetables 332-3
to/from Russia, Mongolia & China
324-55
Trans-Baikal line 33
Trans-Korean line 41-2
Trans-Manchurian line 39, 269-78
Trans-Mongolian line 39-40,
253-68
travellers cheques 309-10
traveller's diarrhoea 339
Tretyakov Gallery (R) 110
Troitskosavsk (R) 218
Tsarevich Dmitry (R) 160
Tsarskoe Selo (R) 96-7
Tsetseegun Uul (M) 268
Tsoy, Viktor 47
tuberculosis 338
Tulun (R) 185
Turka (R) 219
Turkistan-Siberian line 40
Turtle Rock (M) 268
Tuva Republic (R) 190
TV
China 51
Mongolia 34
Russia 45-6

Tynda (R) 242, 249-50
typhoid 338, 339
Tyumen (R) 148, 156-9, **158**

U

Uglich bell (R) 160
Ulaanbaatar (M) 255, 257-67, **259**,
8, 175
accommodation 262-4
attractions 260-2
drinking 265-6
entertainment 266
food 264-5
shopping 266
travel to/from 266-7
travel within 267
Ulan-Ude (R) 210, 213-17,
214-15
Ulitsa Arbat (R) 109, 170
Ulkan (R) 242
Urals (R) 130, 131, 147-82, 150
Uro (R) 219
Urusha (R) 211
Ushkanny islands (R) 219
Ussuri line 32
Ussuriysk (R) 212
Ust-Kut (R) 244
Uvs Nuur Basin 62

V

vaccinations 337-8
Vanino (R) 242, 252
Vasilyevsky Island (R) 88-9,
169
vegetarian travellers 70-1
Vekovka (R) 131
Vereshchagino (R) 130
Victory Day 88, 8
Victory Park (R) 111
visas 315-17

Vitebsk Station (R) 88
Vityaz (R) 237
Vladimir (R) 130, 130-2
Vladivostok (R) 173, 213, 230-7,
231, 7
accommodation 233-4
activities 233
attractions 232-3
drinking 235
entertainment 235-6
food 234-5
shopping 236
travel to/from 236-7
travel within 237
vodka 67
Volkonskaya, Maria 194
Vostok (R) 127
Vyatka (R) 130
Vyazemskaya (R) 212

W

Wall of Peace (R) 109, 170
water 339
weasels 59-60
weights & measures 296, *see also inside front cover*
Western Lake Baikal (R) 198-204
Western Siberian line 32
White Nights Arts Festival (R) 90
wildlife, *see animals, plants*
Winter Festival (R) 114
Winter Palace of the Bogd Khaan
(M) 260-1
Witte, Sergei 30, 30-1
wolverines 60
wolves 58
women travellers 317-18, 341
wooden lace architecture 179
wrestling 190
WWII 38

X

Xinganling (C) 272

Y

Yablonovy Mountains (R) 210
Yar (R) 130
Yekaterinburg (R) 130, 131, 148,
150-5, **151**
accommodation 153-4
activities 153
attractions 152-3
drinking 154-5
entertainment 155
food 154
shopping 155
tours 153
travel to/from 155
travel within 155
Yeltsin, Boris 108, 138, 150
Yenisey River 185, 7
Yerofey Pavlovich (R) 211
Yilick Ede (C) 272
Yungang Caves (M) 257
Yusupov Palace (R) 88

Z

Zabaikalsk (C) 271
Zagustay (M) 255
Zalainuo'er (C) 271
Zamyn-Üüd (M) 257
Zanabazar (R) 55
Zaozernaya (R) 184
Zarya (R) 249
Zaudinsky (M) 210, 255
Zhalong Nature Reserve (C) 278
Zhangjiakou (M) 257
Zheleznogorsk-Ilimsky (R) 242
Zima (R) 185
zurag 55
Züünkharaa (M) 255