

# Contents

<b>On the Road</b>	<b>4</b>	Puerto Morelos	99
		Jardín Botánico	102
		Tres Ríos	102
		Punta Bete	102
		Playa del Carmen	102
		Isla Cozumel	108
		Xcaret	118
		Rancho Punta Venado	119
		Paamul	119
		Xpu-Há	119
		Akumal	119
		Xel-Há	120
		Bahías de Punta Solimán	121
		Tankah	121
		Tulum	122
		Gran Cenote	129
		Cobá	129
		Punta Laguna	132
		<b>SOUTHERN QUINTANA ROO</b>	<b>132</b>
		Tulum to Punta Allen	133
		Felipe Carrillo Puerto	134
		Mahahual & the Costa Maya	136
		Xcalak	137
		Laguna Bacalar	139
		Around Bacalar	140
		Chetumal	140
		Corredor Arqueológico	145
		Zona Libre	147
		South to Belize & Guatemala	147
<b>Hidden Treasures of the Yucatán Peninsula</b>	<b>5</b>		
<b>Destination Yucatán</b>	<b>19</b>		
<b>Getting Started</b>	<b>20</b>		
<b>Itineraries</b>	<b>25</b>		
<b>History</b>	<b>30</b>		
<b>The Culture</b>	<b>39</b>		
<b>Food &amp; Drink</b>	<b>50</b>		
<b>Environment</b>	<b>58</b>		
<b>Yucatán Outdoors</b>	<b>64</b>		
<b>Quintana Roo</b>	<b>71</b>		
<b>CANCÚN</b>	<b>72</b>		
History	72		
Orientation	72		
Information	74		
Dangers & Annoyances	76		
Sights & Activities	76		
Cancún for Children	78		
Tours	78		
Sleeping	79		
Eating	81		
Entertainment	84		
Shopping	85		
Getting There & Away	86		
Getting Around	88		
<b>NORTH OF CANCÚN</b>	<b>88</b>		
Isla Mujeres	88		
Parque Nacional			
Isla Contoy	96		
Isla Holbox	96		
<b>RIVIERA MAYA</b>	<b>99</b>		
<b>Yucatán State</b>	<b>148</b>		
<b>MÉRIDA</b>	<b>149</b>		
History	149		
Orientation	149		
Information	149		
Dangers & Annoyances	153		
Sights	153		
Courses	157		
Tours	157		
Festivals & Events	158		
Sleeping	158		
Eating	160		
Drinking	162		
Entertainment	163		
Shopping	164		
Getting There & Away	164		
Getting Around	166		
<b>SOUTH OF MÉRIDA</b>	<b>166</b>		

Hacienda Yaxcopoil	166
Hacienda Ochil	167
Grutas de Calcehtok	167
Oxkintok	167
Uxmal	167
Santa Elena	171
Kabah	171
Ruta Puuc	172
Grutas de Loltún	174
Ruinas de Mayapán	174
Cenotes de Cuzamá	175
Ticul	176
Ticul to Tihosuco	178
WEST & NORTH OF MÉRIDA	179
Celestún	179
Ruined Haciendas Route	182
Dzibilchaltún	182
Progreso	183
East of Progreso	184
EASTERN YUCATÁN STATE	185
Izamal	185
Chichén Itzá	186
Valladolid	193
Ek' Balam	196
Tizimín	197
Río Lagartos	198
East of Río Lagartos	199
San Felipe	200

## Campeche State 202

CAMPECHE	203
History	203
Orientation	203
Information	203
Sights & Activities	204
Courses	208
Tours	208
Festivals & Events	208
Sleeping	208
Eating	210
Drinking	211
Entertainment	211
Shopping	212
Getting There & Away	212
Getting Around	213
CAMPECHE TO MÉRIDA VIA HIGHWAY 180	213
Hecelchakán	213
Bécal	214
CAMPECHE TO MÉRIDA VIA HIGHWAY 261	214
Edzná	214
Hopelchén	216

Around Hopelchén	217
Chenes Sites	217
<b>SOUTHWESTERN COAST</b>	<b>218</b>
Champotón	218
Champotón to Sabancuy	219
Laguna de Términos	219
Ciudad del Carmen	220
Atasta Peninsula	221
<b>ESCÁRCEGA TO XPUJIL</b>	<b>221</b>
Balamkú	221
Calakmul	222
Chicanná	223
Becán	224
Xpujil	224
Around Xpujil	226

## Tabasco & Chiapas 227

<b>TABASCO</b>	<b>228</b>
Villahermosa	228
Around Villahermosa	230
<b>CHIAPAS</b>	<b>231</b>
San Cristóbal de Las Casas	231
Around San Cristóbal	238
Palenque	238
Bonampak & Yaxchilán	243

## Directory 247

## Transportation 266

## Health 276

## Language 282

## Glossary 290

## The Authors 293

## Behind the Scenes 295

## Index 301

## GreenDex 309

## World Time Zones 310

## Map Legend 312

# Regional Map Contents

