In looking over the recent news on antibiotic-resistant superbugs, I noticed that in the U.S., diarrhea-related deaths are up in 99% -- yes, you read that right -- 99% of counties. And, as you might suspect, the bacterium responsible (*Clostridium difficile*) has become resistant to antibiotics popularly used to treat it.

**12 Most Dangerous Antibiotic-Resistant Bacteria​**

*Clostridium difficile* didn’t make the World Health Organization’s list of superbugs that should receive priority attention when it comes to researching and developing new antibiotics, but a dozen others did.

You can read about the 12 bacteria that concern the WHO most, here: [**https://thegrownetwork.com/antibiotic-resistant-superbugs**](http://ddddddd.ontraport.com/c/s/7xR/v1CaL/6/3ur/42D/61Fe2U/6UxSg5uVoi/P/P)

**Elderberry Syrup, the Magic Elixer**

Here’s another heads-up . . . but this one’s a little more pleasant. ;-) Depending on where you live, the elderberries should start ripening within the next month or two, so it’s the perfect time to start thinking about your berry-picking plans.

As you probably know, elderberries have excellent immune-boosting properties . . . and there’s a reason elderberry syrup is famed as an effective homespun remedy for colds and the flu.

This week on the blog, we’ve posted an excellent (and tasty!) recipe for elderberry syrup. It’s simple to make . . . and a very worthwhile addition to your home medicine cabinet.

Find the recipe here: [**https://thegrownetwork.com/elderberries-the-purple-powerhouse-with-a-recipe-for-elderberry-syrup**](http://ddddddd.ontraport.com/c/s/7xR/v1CaL/s/3uY/42D/61Fe2U/spAyQjUpkd/P/P)

**New Certification Available in the Honors Lab!**

Home Medicine 101. Saving Quality Seeds. Instant Master Gardener. Bio-Intensive Gardening. Backyard Chickens for Egg Production.

What do all these have in common? They’re all master class Certifications available to our Honors Lab members as part of their monthly subscription -- and, just last week, they were joined by another master class that I’m super-excited about . . .

. . . the **Making Herbal Medicine Certification**.

If you’re a member of our free Community, I’ll be sharing more about this really cool opportunity with you soon. (If you’re a member of our Honors Lab, you already have access to it -- included in your subscription! -- in the “My Certifications” section of your Dashboard.)

I also want to give a huge shout-out to all those Community members who completed one or more of our in-depth master class Certifications last month!

When one of us expands our knowledge base, it benefits our entire Community and, really -- as connected as we all are via the Internet these days -- the whole world.

We’ve listed out our June certification completers here: [**https://thegrownetwork.com/congratulations-completing-certifications-0718**](http://ddddddd.ontraport.com/c/s/7xR/v1CaL/v/3ue/42D/61Fe2U/sfy7xdLvDS/P/P)