**Spray This Simple Mixture and You Will Never See Ants in Your Home Again!**

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As soon as the first summer days arrive, we all start one long fight against ants which appear to be all around our homes.

A research conducted at the Stanford University showed that ants come into our homes due to the weather conditions.

It is a fact that their elimination is not easy, and commercial pest control products are loaded with chemicals.

The reports of the National Library of Medicine’s Toxicology Data Network show that at the time of exposure, cypermethrin, which is one of the two active ingredients in Raid Ant & Roach Spray, might lead to congestion, cough, and shortness of breath, as well as wheezing and asthma.

Also, the main ingredient of most commercial insecticides is, in fact, a nerve agent that disrupts the nervous system of the insects when in a direct contact, which tells a lot about its effects on humans as well.

Therefore, instead of using dangerous chemicals to [eliminate ants from your home](http://www.healthyfoodhouse.com/how-to-eliminate-ants-from-your-home-cheaply-and-naturally/), you should start using [peppermint essential oil](http://www.healthyfoodhouse.com/use-one-tea-bag-essential-oil-will-never-see-spiders-mice-house/).

Just sprinkle it all around the house and especially on areas where you notice most ants. Ants loathe the scent of this essential oil, so you will thus keep them at bay.

Here is how to prepare another effective, natural, safe, homemade ant repellent:

Ingredients

* 30 drops peppermint essential oil
* 30 drops clove essential oil
* 4 oz water

Instructions:

In a spray bottle, mix the ingredients, shake well, and spray all over the place. If necessary, you can repeat the method.

Sources and References:  
[livingtraditionally.com](http://livingtraditionally.com/homemade-natural-ant-repellent/)[www.organicandhealthy.org](http://www.organicandhealthy.org/2017/03/spray-this-simple-mixture-and-you-will.html)

Top of Form

Bottom of Form