Papaya leaf for dengue

There is a video and some information on line if you want to have a look.  The video was direct with simplest techniques, but dosage is a bit sketchy.  Use for only two days is recommended.  I washed and cut leaves (one large or a few small) the liquefied 'm with a cup of water.  I pressed the liquid though a fine sieve into a cup and put the extra apart from the first dose into an ice cube tray to freeze.  I took two two ounce cubes three times for two days to relieve joint and muscle pain.

Rae Ann was down a while, and had trouble walking.  She took the papaya leaf remedy and was soon up.  I told a local man at the supermarket about the remedy.  He had been going to the medical clinic for anti pain shots.  There are variations.  Maybe they all work.  The papaya leaf material is not a regular human food.  It can be tough on the liver.

The same treatment is used for dengue and zika.

Take care,   Lee