

# Dr. Schulze's HERBAL PRODUCT CATALOG

2015

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**THE MOST  
POWERFUL  
NUTRITION  
ON THE PLANET!**



# CREATE POWERFUL HEALTH NATURALLY IN 5 EASY STEPS

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“ I have made this the easiest and simplest catalog ever with my Five Fundamental Product Categories to help you get your health back on track. ”

– Dr. Schulze



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**Quality Guarantee**

Dr. Schulze's Original Clinical Herbal Formulas and Programs are the absolute BEST available anywhere. If you are not completely satisfied, we will gladly refund your money, no questions asked.



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# TIME FOR CHANGE

That's what my 2015 Catalog is all about!

Dear Friends,

## I Blew Up My Life!

As many of you read in my January Newsletter, last year I blew up my life. I took a good look in the mirror, and I was shocked at what I saw and where I was heading. For a guy who was told he would be dead over 40 years ago, I had drifted way off course from the program that I developed way back then to save my life. I was getting into danger again.

This time, I knew in my soul that a few tweaks wasn't going to cut it. I knew I needed more than a makeover, I needed to reboot my entire life, like I did decades ago, when I abandoned all my old ways to save my life. So in 2014, I decided to start over and take a very intense look at EVERYTHING I was doing, and start ALL over again.

I shaved my head (some of you noticed), I started moving a lot more and I got rid of another 30 pounds of fat while building 10 more pounds of muscle. I went back to raw foods and extreme nutrition, and started taking more of my own herbal formulas than ever before.

This is when I saw it: My formulas are AWESOME, the BEST (if I say so myself) but my delivery (the way I told you how to use them) was a bit off, a bit confusing. So for 2015, I have blown up my Herbal Products Catalog and done what I have never succeeded in doing before; making it REALLY SIMPLE and EASY, and telling you what I want you to do in 5 Simple Steps. So here goes!

## 5 Steps EVERYONE Needs for Healing & Creating Powerful Health

I saw tens of thousands of patients in my clinic. They were all unique, with all sorts of unique problems. From one perspective you could get lost in all of their individual differences, but from another perspective, you could see that the fundamental things that they ALL needed were ALL the same.

My 5 Steps are the **five most powerful herbal formulas that I used with EVERY patient**, regardless of their uniqueness, regardless of their level of health, regardless of their particular illness or disease. **These 5 Steps are absolutely FUNDAMENTAL to healing yourself and Creating Powerful Health.** There are NO exceptions, NONE, so these same 5 Steps are for you, too!

## 3 Months for a New Life

In my clinic, I asked ALL of my patients to give me three months. During these first three months I

would introduce the 5 Steps in this Catalog, to get them integrated into their lives, along with numerous healthy and positive lifestyle changes. **EVERY PATIENT saw a dramatic increase in their Energy, Vitality, Health and Well Being, usually within the FIRST WEEK.**

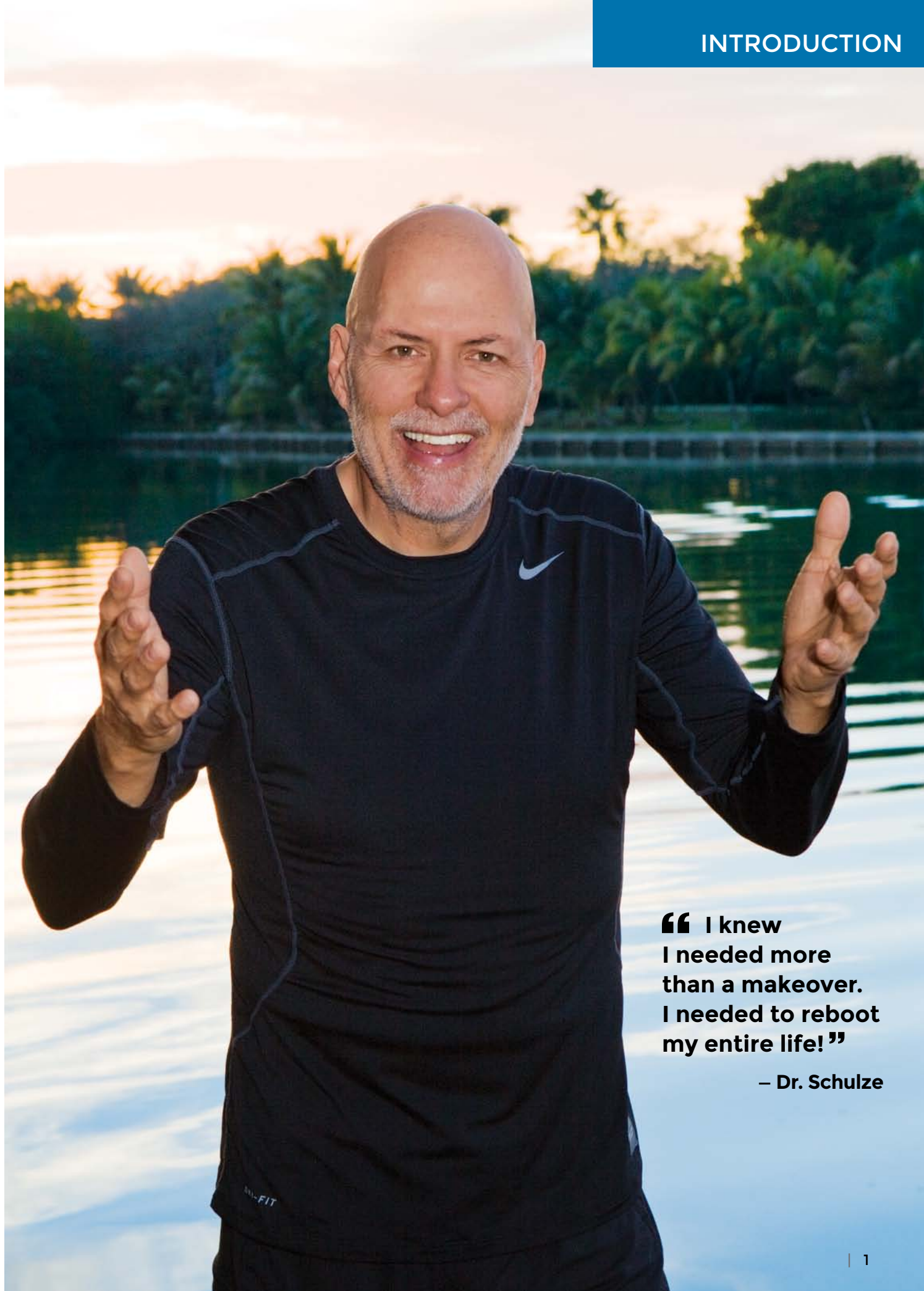
My patients all said that by doing these 5 Steps they got a Physical, Emotional and Spiritual Makeover, if not a Healing MIRACLE. For the ones that came to me sick, these 5 Steps nourished, balanced and tuned-up their body, and they were able to heal every acute and chronic problem known.

## Let's Be Really Honest

Look, I am an extremely rare and honest doctor, maybe one of the very few, who will admit I have absolutely no idea what is really wrong with you. Doctors like to run lots of tests and makes lots of guesses, but in reality, no one really knows exactly what is going on inside your body. No idea! Furthermore, even if anyone knew exactly what was wrong with you, no human has any ability to heal you. This is why there is no cure for any and every major disease known from Arthritis to Alzheimer's to Cancer to Diabetes.

The **ONLY** cure—the **ONLY** healing—is what your body will do. After all, if your body won't heal itself, then you will not be well, no matter how much any doctor messes with you. This is the huge difference between medical treatment and Natural Healing. Medical treatment focuses on disease and tries to kill it. **Natural Healing focuses on creating a powerfully healthy life, to nourish, support, tone and strengthen your body, so it heals itself.**

For me, being a doctor is a matter of dropping the ego, acknowledging that we are not smart enough to figure out what God has created, and just get as healthy as possible. I mean getting really healthy by nutritionally supporting, flushing, cleaning up, balancing and toning your body. Helping your body do what it naturally wants to do anyway, which is Survive, Protect, Heal, Rebuild and Thrive!



**“ I knew I needed more than a makeover. I needed to reboot my entire life! ”**

**– Dr. Schulze**

## HOW DO YOU START? LET ME TELL YOU...



**Just take a look at the first section in this catalog on Nutrition, and pick a product that seems right for you.** If you are new to supporting your body with extra nutrition, then it could be the entry level SuperFood-100 or even the SuperFood Bars. If you already make a morning nutritional smoothie, then you may be ready for my most nutrient-dense products like my clinical SuperFood Plus

or my NEW extreme nutrition SuperMeal. I have seven SuperFood products to get more nutrition into your life and into your body, so just pick one!

**Next, ask yourself how often you have a Bowel Movement.**

If you are not having one movement for every main meal you eat, or at least two per day, then you will want to choose one of my many bowel formulas. If you are just a little sluggish, you can start with my HerbalMucil Plus (fiber and mucilaginous herbs) or my Intestinal Formula #1. If you are more constipated, then you may want to use the Bowel Flush "SHOT" to get things going or my Intestinal Formula #1 (Maximum Strength) until you achieve your desired results.

Third, once you are getting Super Nutrition into your body, and getting the waste out on a daily basis, **it is time to do a DETOX**, and I have a few to choose from, which will depend on your health history or your family history—my 5-Day BOWEL Detox, 5-Day LIVER Detox or 5-Day KIDNEY Detox. Don't stress about picking one, just do it! Because before the year is over, I want you to do all 3 DETOX Programs anyway.

Fourth, **It's time to boost your Immune System, too.** If it's during the winter months (October-March), then you might want to start with the my Cold & Flu Herbal "SHOT". If it's summer, then my Echinacea Plus is a great way to assure you are protected and have a powerful defense system.

Finally, **take a look at all of my Specific Formulas.** I am sure you will find at least one (if not many) that will help you get back into great health. I always say, balance the little things, before they become big things! That's what my Specific Formulas are all about; making life easier.

That's it my friends. Five simple steps, yet five very powerful steps, that in my clinic proved extremely effective to change my patients' lives. These 5 Steps solved all of their health problems and got them back to feeling great, having amazing vitality, and truly enjoying this wonderful blessing of life.

Stay Healthy My Friends,

*Dr. Richard Schulze*

Dr. Schulze

# 5 STEPS

## Step #1 NUTRITION

As I said, I do not know what is wrong with you, and I do not know exactly what your body needs to heal, repair and strengthen. So, I gave my patients EVERYTHING, because EVERYONE is helped by flooding their body with the finest NUTRITION. In my clinic I never saw man-made chemical and synthetic nutrition help any patient get well, EVER! Mainly, because it is man-made, so your body finds it hard to assimilate synthetic chemical alien substances. Man-Made is also full of nutritional holes and humbled by the natural nutritional complexity of a simple tangerine. Instead, I looked for whole herbs and foods that were the highest in nutrition on the planet, power-packed, nutrient-dense and extreme. I also knew these herbs and foods created by God would have in them nutritional complexes that are missing from all the man-made copies; nutrition that we don't even know exists, that we haven't discovered yet, and have no tests to even determine what it is.

**There really is a fountain of youth, that slows aging, even reverses it, heals disease and illness and creates amazing powerful health, and it's Powerful NUTRITION.** It feeds every cell in your body and builds healthy strong new cells, hormones, skin, bones, muscle, organs... it builds YOU! And, when I flooded my patients' bodies and blood with these extremely powerful SuperFoods, this is what started the MIRACLES.

## Step #2 ELIMINATE

For a hundred reasons (from junk food and modern living to a lack of exercise and stress) ALL of my patients were either not

## EVERYONE NEEDS FOR HEALING & CREATING POWERFUL HEALTH

having regular and complete bowel movements, or they had old retained waste stuck in their bowels slowly poisoning them... usually both.

So, my second step was always to use medicinal herbs to stimulate their bowel to work better, and then second, to clean it out really good. Getting great NUTRITION IN and getting old WASTE OUT. **With over 80% of my patients, this was all they needed to turn their health and their life around, get rid of their complaints and feel GREAT!**

### Step #3 DETOX

We would never think that we can run our cars forever, without changing the oil, filters, flushing, and doing routine maintenance. But somehow we just live life in the fast lane and never do any cleaning and flushing of our body, and we still expect to run at peak performance. Well this doesn't work and that's why we breakdown and get sick.

I had EVERY single patient do one of my 5-Day DETOX Programs once a season. **A seasonal DETOXIFICATION is simple and easy. It's the best way to stimulate, flush, clean and tone your body's elimination organs. It PROECTS you and PREVENTS future problems and is the absolute best Health Insurance.**

### Step #4 IMMUNE

The American Dream is a wonderful thing. But, we all seem to want a lot and push way too hard, play too hard, work too hard, and in the pursuit of this dream, and we wear ourselves out. I don't want you to break down before you can live out your dreams.

Every one of my patients was tired and run down, if not beat up. This also meant they had an immune system that was run down and underperforming. Left unchecked, a weak immunity is dangerous, because it is your immune system that protects you from... EVERYTHING!

There are some amazing and wonderful plants that have been used for centuries, that are powerful and effective at stimulating and boosting your immune system to PROTECT you better. So Step #4 was that I got all of my patients to also do occasional Immune Boosting using my Immune Formulas.

**A toned, stimulated, boosted and strong immune system—with all the immune cells and chemicals constantly circulating in your body—is the best way to protect your health and ensure you are ready to defend yourself against anything that might be headed your way.**

### Step #5 SPECIFICS

Everyone reading this, no matter how young or old, is aware of a few things in their body that are not right. You've heard it before, an ounce of prevention is worth a pound of cure. What this means is that it is much easier to make small tweaks and adjustments to nudge, rebalance, realign and fix little problems, instead of waiting until the little things turn into big deals.

**Step 5 is to scan yourself and note a few things that are nudging you, hurting and asking for you to pay a little attention, and give them some.** You will be surprised how easy it is, and with a little attention, you can make these little problems simply go away.



### STEP ONE NUTRITION



### STEP TWO ELIMINATE



### STEP THREE DETOX



### STEP FOUR IMMUNE



### STEP FIVE SPECIFICS



# WHAT DOES THE “HERBDOC” EAT?

People always ask me, “What Do You Eat?” So this year I decided to tell you my personal food program, which is EXACTLY what I eat Monday through Saturday, or 6 days a week. On the weekend, one day, who knows. Usually I eat the same, which is what I love, but I also may eat out and when I do, I find the best restaurant food. Nowadays, there are some pretty good restaurants popping up, serving cleaner and healthier food, and GREAT salads. But, if you want to lose or normalize your weight, reduce your fat, build muscle, normalize your blood sugar, drop your cholesterol to 150, let go of all your disease and illness and GET HEALTHY, then go ahead, eat what I eat. What the HerbDoc eats!

By the way, I also exercise six days a week, with an intense workout Monday, Wednesday and Friday, which includes 50 minutes of aerobic fast walking and running (20 minute fast walk, 20 minute run, 10 minute fast walk) and about an hour or more of strengthening exercise with kettle bells, free weights, machines, cross-fit, medicine balls, jump rope, and just some great fun and intense play.

On Tuesday, Thursday and Saturday I do the same 50-minute walk run, and then about 20 minutes of strengthening. Lately, I have been doing a lot of abdominal exercise because I LOVE working my abs. Remember with moving, FUN is FUNdamental, so MAKE IT FUN, and KEEP IT FUN, or you will quit.

As far as food, keep it organic, highest-quality, fresh, mostly raw, vegan and really basic and simple. Be able to recognize the original plant in everything you eat; this way you know it hasn’t been messed with too much. Messing with food DESTROYS NUTRITION. It’s that simple. Do this and you will see a MIRACLE in your life in only a month or two!

## Monday, Wednesday & Friday

More Intense Exercise Days

## Tuesday, Thursday & Saturday

Lighter Exercise Days

<b>WAKE-UP DRINK</b>	6-oz liquid (1/2 fresh juice and 1/2 water) with 1/2 teaspoon of HerbalMucil Plus 75 Calories	6-oz liquid (1/2 fresh juice and 1/2 water) with 1/2 teaspoon of HerbalMucil Plus 75 Calories
<b>BREAK-FAST</b>	(One hour BEFORE my exercise) <b>DR. SCHULZE’S SUPERMEAL</b> or <b>“LOADED” SUPERFOOD PLUS DRINK</b> plus 1/2 Vitality “SHOT” 250 Calories	(30 minutes AFTER my exercise) <b>DR. SCHULZE’S SUPERMEAL</b> or <b>“LOADED” SUPERFOOD PLUS DRINK</b> 250 Calories
<b>LUNCH</b>	(One hour AFTER my exercise) <b>DOC’S “LOADED” OATMEAL</b> 400 Calories	(When I am hungry) <b>FRUIT AND NUT SALAD</b> 260 Calories <b>SUPERFOOD BAR</b> 140 Calories
<b>DINNER</b>	<b>DOC’S RAW SALAD</b> 450 Calories <b>DOC’S SUPER SOUP</b> 125 Calories	<b>DOC’S RAW SALAD</b> 450 Calories <b>DOC’S SUPER SOUP</b> 125 Calories
<b>TOTAL CALORIES</b>	<b>1,300 Calories</b>	<b>1,300 Calories</b>



RECIPES



**DR. SCHULZE'S SUPERMEAL**

250 Calories

- ¼ cup Dr. Schulze's SuperMeal
- ¼ banana
- 4-oz fruit juice
- 12-oz water or herbal tea (no caffeine)

NEW! Dr. Schulze's SuperMeal contains the most concentrated nutrient-dense superfoods from around the planet and every ingredient used in his "Loaded" SuperFood Plus drink (below) all in one jar. See next page!



**"LOADED" SUPERFOOD PLUS DRINK**

250 Calories

- 2-oz fruit juice
- 12-oz water or herbal tea (no caffeine)
- ½ banana
- 4 blueberries
- 2 strawberries
- 2 raspberries
- 2 blackberries
- 2 tsp sunflower seeds
- 4 almonds
- 2 walnuts
- 1 tsp flax seeds
- 1 tsp chia seeds
- 1 tsp HerbalMucil Plus
- ½ tsp Super-C Plus
- 2 Tbsp SuperFood Plus

It's obviously best if all the ingredients are organic. You can add other nuts, seeds, berries, greens, herbs, fruit and any nutrient-dense, organic, raw food that you would like (but this may increase the calorie count and glycemic load).



**DOC'S SUPER SOUP**

125 Calories (per bowl)

- Place in a pot:
- ½ cup, adzuki beans
  - ½ cup, lentils

Add water three inches above beans. Cook in pressure cooker for 30 minutes. When cool, open and add chopped vegetables.

- 1 onion
- 6 to 20 cloves of garlic
- 2 carrots
- 1 stalk celery
- ½ cauliflower
- 2 cups chopped kale
- 2 cups chopped chard
- 6 brussel sprouts
- 2 cups broccoli
- 2 cups assorted mushrooms (shitake, mitaki, chanterelles, portobello)

Add more water. Cook for another 15 minutes in pressure cooker. Makes 8 bowls of soup.



**DOC'S "LOADED" OATMEAL**

400 Calories (with non-dairy yogurt)

- ½ cup organic steel-cut oats
- ½ banana
- 2 strawberries
- 4 blueberries
- 2 blackberries
- 1 tsp flax seeds (whole)
- 2 tsp sunflower seeds (whole)
- 4 almonds (chopped)
- 2 walnuts (chopped)
- ½ tsp organic cinnamon
- ½ tsp Super-C Plus
- Optional: 1 cup organic soy or coconut unsweetened yogurt

Mix ½ cup of steel-cut oats and 2½ cups of water in a saucepan. Bring to a boil. Simmer for 15-20 minutes. Add more water, if desired. Add fruit, nuts, seeds, cinnamon and Super-C Plus when serving.



**DOC'S RAW SALAD**

370-450 Calories

- Any seasonal greens (kale, collard greens, romaine, arugula, baby spring mix, cabbage, etc)
- Grated beets and carrots
- ½ pear (chopped), mango or any fruit of your liking
- Raw, dried olives chopped, tomatoes, celery, red pepper
- Raw broccoli, cauliflower, cucumber, sliced mushrooms
- 2 Tbsp chopped nuts (raw walnuts, pistachios or raw peanuts)
- ¼ cup crumbled dehydrated kale chips
- ½ cup Doc's dressings (see below)



**FRUITY MANGO SALAD DRESSING**

128 Calories per portion (½ cup)

- 2 cups organic raw mango
- 6 Tbsp organic virgin raw cold-pressed olive oil
- 3 Tbsp Bragg's apple cider vinegar
- 1 Tbsp organic mustard
- Juice of one lemon
- 1 Tbsp salt-free garlic and herb seasoning

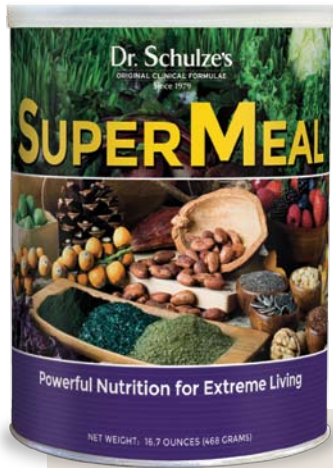
Liquefy in a blender. Makes 3 cups or 6 servings.

**TAHINI MUSHROOM OLIVE SAVORY "NO OIL" DRESSING**

46 Calories per portion (½ cup)

- 2 Tbsp raw tahini
- 2 mushrooms
- 5 raw black olives
- 1 or more garlic cloves
- ¼ cup red pepper
- Juice of one lemon
- 4 Tbsp Bragg's apple cider vinegar
- 1 tsp salt-free herbal seasoning
- Any other herbs to taste
- 8-oz filtered water

Liquefy in a blender. Makes 1½ cups (12oz).



# DR. SCHULZE'S SUPERMEAL

## POWERFUL NUTRITION FOR EXTREME LIVING!

If you're pushing too hard, working too hard or playing too hard, flooding your body with 48 different miracle SuperFoods is the antidote for life in the fast lane. **EXTREME Nutrition for EXTREME Living!**

**INGREDIENTS:** Dr. Schulze's Cruciferous Protective / Nutrient-Dense Green Complex (Kale Leaf<sup>1</sup>, Collard Greens<sup>1</sup>, Brussels Sprouts<sup>1</sup>, Napa Cabbage Leaf)

Dr. Schulze's Antioxidant Berry Complex (Blueberries<sup>1</sup>, Blackberries<sup>1</sup>, Raspberries<sup>1</sup>)

Dr. Schulze's Omega-3 & Omega-6, Protein, Seed & Nut Complex (Flax Seeds<sup>1</sup>, Chia Seeds<sup>1</sup>, Walnuts<sup>1</sup>, Sunflower Seeds<sup>1</sup>, Almonds<sup>1</sup>, Pine Nuts<sup>1</sup>, Pistachios<sup>1</sup>)

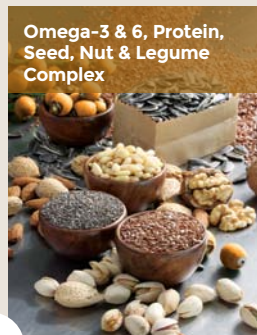
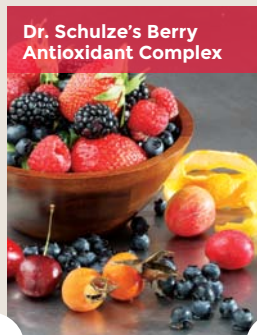
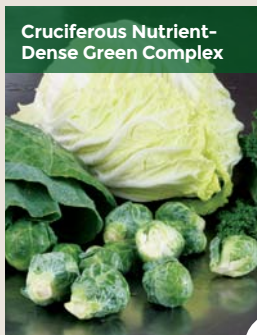
Dr. Schulze's International Superfoods (Black Maca Root<sup>1</sup>, Red Maca Root<sup>1</sup>, Cacao Bean<sup>1</sup>, Eleuthero<sup>1</sup>)

Dr. Schulze's Super-C Plus (Camu-Camu Berries<sup>2</sup>, Acerola Cherries<sup>1</sup>, Raspberries<sup>1</sup>, Strawberries<sup>1</sup>, Rose Hips<sup>1</sup>, Orange Pith and Peels<sup>1</sup>, Lemon Pith and Peels<sup>1</sup>, Coriander Leaf<sup>1</sup>, Parsley Leaf<sup>1</sup>, Kale Leaf<sup>1</sup>, Habanero Peppers<sup>1</sup>)

Dr. Schulze's SuperFood Plus (Spirulina Algae<sup>2</sup>, Blue-Green Algae<sup>1</sup>, Chlorella Broken-Cell Algae, Barley Grass<sup>1</sup>, Alfalfa Grass<sup>1</sup>, Wheat Grass<sup>1</sup>, Purple Dulse Seaweed<sup>1</sup>, Acerola Cherries<sup>1</sup>, Rose Hips<sup>1</sup>, Palm Fruit, Lemon Peel<sup>1</sup>, Orange Peel<sup>1</sup>, Beet Root<sup>1</sup>, Spinach Leaf<sup>1</sup>, Non-Fermentable Saccharomyces Cerevisiae Nutritional Yeast)

Dr. Schulze's HerbalMucil Plus Fiber Rich Formula (Psyllium Husk and Seeds<sup>1</sup>, Marshmallow Root<sup>1</sup>, Slippery Elm Bark<sup>1</sup>, Aloe Vera Leaf<sup>1</sup>)

<sup>1</sup> Organic Ingredients, <sup>2</sup> Wild-Harvested Ingredients



## WHAT IT DOES

- ✓ Extreme Nutrient Density!
- ✓ Raw, Organic and Vegan!
- ✓ Low Calorie & Low Fat!
- ✓ No Sugar & No Gluten!

**Dr. Schulze's SuperMeal..... \$72**  
16.7-ounce powder / 2-week supply

### Per One 36-Gram Serving of SuperMeal

	% RDI Value
Total Fat 8.3 g	13%
Saturated Fat 1.0 g	5%
Trans Fat	0%
Omega 3 fatty acid 1438 mg	
Omega 6 fatty acid 2187 mg	
Cholesterol 0 mg	0%
Total Carbohydrate 15.9 g	5%
Dietary Fiber 8.6 g	34%
Sugars 2.1 g	
Protein 10.3 g	21%
Vitamin A (Beta Carotene) 7,985 i.u.	160%
Vitamin C 328 mg	547%
Vitamin E (as tocopherol and tocotrienol) 23.8 i.u.	119%
Thiamin (Vitamin B1) 1.7 mg	112%
Riboflavin (Vitamin B2) 2.0 mg	119%
Niacin (Vitamin B3) 21.4 mg	107%
Vitamin B6 2.2 mg	111%
Folic Acid 301 mcg	75%
Vitamin B12 43.4 mcg	723%
Pantothenic Acid 10.3 mg	103%
Calcium 145 mg	14%
Iron 3.3 mg	19%
Iodine 38 mcg	25%
Zinc 2.6 mg	17%
Selenium 32.4 mcg	46%
Sodium 77.3 mg	3%

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.


**NEW PRODUCT**



**Get the world's most  
amazing super-nutrients  
all in one drink!**

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Order online at [www.herbdoc.com](http://www.herbdoc.com) | 7

A close-up photograph of a woman with long, straight blonde hair and blue eyes, smiling warmly at the camera. She is wearing a light blue and white horizontally striped t-shirt. She is holding a clear glass filled with a vibrant green juice. The background is a bright window with a view of greenery outside, suggesting a healthy and natural environment.

**“ NUTRITION builds a strong and healthy body, mind and spirit— it builds YOU! ”**

**– Dr. Schulze**

# INTRODUCTION TO NUTRITION

If you do only **ONE THING**, I need you to get **MORE NUTRITION** into your body.

I say this because every single patient that walked into my clinic needed **MORE NUTRITION**.

Increased **NUTRITION** is the **FIRST STEP** for everyone to get well and build powerful health. **NUTRITION** is what builds every single cell in your body— it builds this thing you walk around in called “**YOU**”!

**NUTRITION** builds healthy skin, strong muscles and bones, but it also builds, repairs and nourishes your heart, brain, lungs, nerves, liver, kidneys and every organ in your body.

**NUTRITION** also builds all the chemicals and liquids in your body from your hormones, brain chemicals and neurotransmitters to your blood and immune chemistry.

When I got more natural, high-density, easy-to-assimilate **NUTRITION** into my patients’ bodies, that’s when the **MIRACLES** happened!

## STEP ONE

Dr. Schulze’s **FIRST Clinical Step** to Creating Powerful Health is **FLOODING** your body with powerful natural herbal concentrates that are the highest, most nutrient-dense sources of vitamins on the planet.



### SuperFood Plus

The most powerful nutrients on the planet –all in one jar!  
See page 10



### SuperFood-100

A nutritional miracle in only 3 tablets!  
See page 16



### SuperFood-100 for Kids

The easiest way to give your child the best nutrition!  
See page 17



### SuperFood Bars

Get daily super-nutrition in a raw, organic bar!  
See page 18



### SuperFood-A-Month Club

Join the SuperFood-A-Month Club and get Free Shipping and more!  
See page 20



Powder

Tablets

# SUPERFOOD PLUS

## THE MOST POWERFUL NUTRIENTS ON THE PLANET— ALL IN ONE JAR!

Dr. Schulze's SuperFood Plus blasts your bloodstream with a rich supply of vitamins and nutrients that increase energy, vitality and strength.

Most people today live on a diet of overprocessed and overcooked food, not to mention coffee, sugar, chocolate, junk food, prescription drugs and alcohol. Our environment is more toxic, and has more chemical pollutants and less oxygen in it, than ever before. Most of us suffer from lack of exercise, lack of sleep and excessive stress. This constant bombardment that we call "modern living" devours nutrients like a raging forest fire with a 100-mph tailwind.

A lack of nutrition in your blood can cause everything from low energy and a weak immune system to premature aging and virtually any disease. Nutrition is what builds every cell, every organ and every metabolic chemical in your body—it's what YOU are made of. Having a rich supply of nutrition in your blood gives you energy, vitality and strength, protects you from disease and illness, and if you get sick, speeds up your recovery dramatically.

“ God has blessed us with many foods and herbs that are so nutritionally potent, concentrated and complete, I call them the superfoods. They are nature's way to healthy blood and a healthy body. I have never met a person that didn't need more nutrition! ”

— Dr. Schulze

### WHAT IT DOES

- ✓ The **FINEST** whole food, herbal, vitamin and mineral product available ANYWHERE
- ✓ **BLASTS** every cell in your body with nutrient-rich organic vitamins and minerals to give you more ENERGY than ever before
- ✓ **Nature's high-octane SUPER NUTRITION** that ASSIMILATES in seconds

**Botanical Ingredients:**  
 Wild-Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Acerola Cherry, Organic Rose Hips, Palm Fruit, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root, Organic Spinach Leaf, Non-Fermentable Saccharomyces Cerevisiae Nutritional Yeast

**SuperFood Plus .....\$40**  
 14-ounce powder / 1-month supply

**SuperFood Plus .....\$46**  
 390 tablets / 1-month supply

**SuperFood Plus**  
**"On The GO" .....\$26**  
 20 packets / .26-ounce packet



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

**“ Blast your body with the  
Earth’s most powerful nutrients! ”**

**– Dr. Schulze**



# 10 NUTRIENT-DENSE SUPERFOODS

The following are my comments on the nutrient-dense superfoods that are in my **SuperFood Plus** formula. I could write an entire book on each ingredient. These are superfoods, and the list of their powerful nutrients and the healing and health benefits of each single ingredient are almost endless.



## 1 Spirulina

“One of the oldest foods on the planet is now perfect for the high-tech future.”

I have been researching and using Spirulina for over 33 years, and as far as I am concerned, our Spirulina from Kona, Hawaii is the best in the world. It is naturally 70% to 80% protein, and is one of the richest sources of beta-carotene in the world.

## 2 Blue-Green Algae

“How much Vitamin Blue do you eat every day?”

For nutrition, I have learned to always eat a plate of food that has all the colors of the rainbow on it. This way, you can assure yourself a broad-spectrum array of vitamins, minerals and nutrients. Our Blue-Green Algae is the only certified organic Blue-Green Algae available in the world.

## 3 Chlorella (Broken-Cell) Algae

“Completes my nutrient-dense algae complex.”

Chlorella has a rich array of vitamins, minerals, carotenoids, essential fatty acids, amino acids and hundreds of micronutrients, trace elements and nutritional compounds. It also has 38 times more protein than soybeans.



## 4 Alfalfa, Wheat Grass and Barley Grass

“There is more nutrition in the grass than in the grain.”

My Herb and Grass Complex, comprised of Alfalfa, Barley Grass and Wheat Grass, contains an astounding amount of vitamins and minerals. They dramatically increase your energy levels, improve your digestion and are also mildly cleansing and detoxifying to your body, and are gluten-free.

## 5 Purple Dulse Seaweed

“The most mineral-rich plant that grows in the earth’s liquid soil.”

The Purple Dulse sea vegetable grows in the ocean’s water, which contains every mineral known to exist. This sea vegetable is one of the richest sources of digestible, assimilable and usable minerals on the planet.



## 6 Acerola Cherries

“The most stable, reliable and extremely concentrated natural source of Vitamin C.”

I use only 100% organic, natural Acerola Cherries. They are one of the richest sources of 100% natural Vitamin-C Complex in the world, and contain whole-plant bioflavonoids, hesperidin, rutin, anthocyanins and other naturally-occurring essential cofactors.

## 7 Palm Fruit

“Finally, a nontoxic, all-natural, nutritionally dense food source of Vitamin E.”

Palm Fruit is one of the richest sources of Vitamin E and contains more of it than any other vegetable oil. This natural Vitamin E assimilates easily and dramatically into the bloodstream, making it a powerful antioxidant, removing free radicals and promoting longevity.





## 8 Rose Hips, Lemon and Orange Peels

“The nutritional missing link with Vitamin C supplements.”

This is my Vitamin-C Complex blend that I have been using in my clinic for decades. It is not only a great source of Vitamin-C, but it also contains naturally occurring, extremely important Vitamin-C Complex nutrients like bioflavonoids, hesperidin and rutin.



## 9 Beetroot and Spinach Leaf

“My natural healing blood transfusion—beets and spinach.”

My Beetroot and Spinach Leaf blend is an excellent way to flood your blood with concentrated nutrition. They both regenerate and reactivate the red blood cells, supplying fresh oxygen to the body and building powerful, iron and nutrient-rich blood.

“ My friends, join me in using Nature as our nutritional copilot, instead of the supposed ‘experts’ with their chemical pills and powders. I promise you, the results will be nothing short of healing miracles, explosive energy and powerful health! ”

– Dr. Schulze



## 10 Saccharomyces Cerevisiae Non-Fermentable Nutritional Yeast

“My special formulation yeast will create a powerful energy and circulation blast throughout your entire body, mind and spirit.”

I have been using this type of Non-Fermentable Nutritional Yeast in my clinic with my patients, and on myself, for well over 30 years. It has created tremendous, almost miraculous, successes in healing and health-building. Now, I have formulated my own more powerful, custom-made yeast.

### Per One 15-Gram Serving of SuperFood Plus

	% RDI Value
Total Fat 1/2 g	0%
Saturated fat 0 g	0%
Unsaturated fat 1/2 g	0%
Cholesterol 0 g	0%
Total Carbohydrates 6 g	1%
Dietary Fiber 4 g	15%
Protein 6 g (approx. 40% protein)	13%
Vitamin A 7,000 i.u. (Beta-Carotene)	140%
Vitamin C 63 mg	105%
Vitamin E 31.9 i.u. (as tocopherol and tocotrienol)	106%
Thiamin (Vitamin B1) 6 mg	400%
Riboflavin (Vitamin B2) 7.2 mg	424%
Niacin (Vitamin B3) 40 mg	200%
Vitamin B6 6 mg	300%
Folic Acid 269 mcg	67%
Vitamin B12 31.5 mcg	525%
Pantothenic Acid 10 mg (Vitamin B5)	100%
Calcium 64 mg	5%
Iron 2 mg	11%
Iodine 38 mcg	26%
Zinc 2 mg	13%
Selenium 29 mcg	42%
Sodium 55 mg	2%

#### Other Minerals

Potassium, Phosphorus, Sodium, Magnesium, Sulfur, Manganese, Copper, Silicon, Boron, Molybdenum, Chromium, Vanadium, Germanium, Cobalt

#### Carotenoids and Phytonutrients

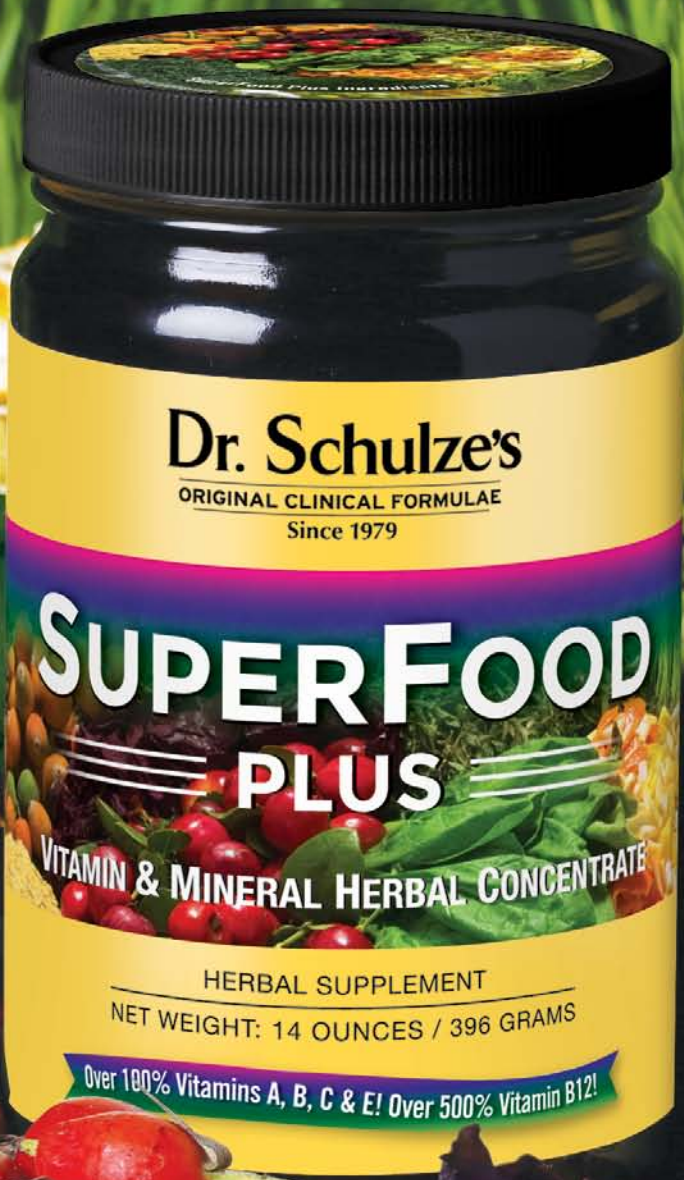
Beta-Carotene, Beta-Carotene 9-cis, Beta-Carotene 13-cis, Beta-Carotene 15-cis, Zeaxanthin, Chlorophyll, Phycocyanin-Crude, C-Phycocyanin

#### Essential Fatty Acids

Omega-3 Alpha Linolenic Acid (ALA)  
Omega-6 Linoleic Acid (LA)

#### Nonessential Fatty Acids

Omega-3 Eicosapentaenoic Acid (EPA)  
Omega-3 Docosahexaenoic Acid (DHA)  
Omega-6 Gamma Linolenic Acid (GLA)



## DR. SCHULZE'S CLINICAL EXPERIENCE

Your body demands a rich supply of nutrients in your blood at all times to manufacture everything including blood cells, hormones, immune cells, bone cells, brain cells—everything! Having a rich supply of nutrition in your blood gives you energy, vitality and strength; protects you from disease and illness, and if you get sick, speeds up your recovery dramatically.

I had many patients who were dying because they had run out of blood and cell-building nutrition. SuperFood Plus mixed with fresh, organic fruit and vegetable juice succeeded where everything else failed. It was able to get nutrition into their weak, starving blood, and into their cells and organs. SuperFood Plus created healing miracles and saved lives.

Soon afterward, I started prescribing it to my patients who were not as ill, and even to my healthy patients. Everybody saw a remarkable increase in their energy level, their vitality and their general level of health, not to mention their skin, hair, nails and the way they looked. I then prescribed SuperFood Plus for the old and the young, the sick and the healthy, to all of my patients and even all of their pets. The results were nothing short of life-changing.

# SUPERFOOD PLUS IS THE MISSING INGREDIENT IN YOUR LIFE!

Powerful nutrition protects your body's health, promotes further healing and keeps you looking and feeling younger. I designed SuperFood Plus to be a rapid assimilation, rapid deployment, nutrient-saturated, plant-based vitamin and mineral concentrate. SuperFood Plus is my antidote for modern life. It is a balanced formulation of the most easy-to-assimilate, nutrient-dense micro-plants, herbs and foods on the planet. Junk food is just that – junk! And, heating any food kills the nutrition. Add stress, anxiety, a lack of exercise and a lack of sleep, and now you have a recipe for disaster—a health disaster. So I'll say it again: **SuperFood Plus is my antidote for modern life!**

## HOW IT WORKS

### ✓ Powerful nutrition

Blasts your blood with over 100% of every major vitamin, plus minerals and powerful nutrition

### ✓ Quick energy

This zero-fat formula will give you quick energy...with over 500% of your Vitamin B12

### ✓ Rich nutrients

Saturates your blood with many powerful nutritional complexes that are missing in other vitamins and man-made nutritional formulas

### ✓ Boosts immunity

Stimulates the immune system and boosts immune function

### ✓ Protects your body from breakdown

### ✓ Cellular building blocks

Regenerates your red blood cells, building powerful iron and nutrient-rich blood

### ✓ Protein rich

Contains twice the protein of Grade-A beef, 40% protein by volume

## The Power Behind SuperFood Plus

### ✓ 40% Protein!

High-protein, natural, non-isolated and easy to assimilate

### ✓ Zero Fat!

Only .5 grams of fat, allowing it to be called "Zero Fat"

### ✓ Very Few Calories!

Just 50 calories per serving

### ✓ 100% Gluten-Free!

## Highest Quality

✓ All ingredients are organic or wild-harvested

✓ All ingredients are vegan/vegetarian

✓ Not tested on animals

✓ Bottled in food-grade glass jars

✓ And, it tastes great!

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# SUPERFOOD-100

## A NUTRITIONAL MIRACLE IN ONLY 3 TABLETS!

SuperFood-100 was designed to get you the NUTRITION you need and the ENERGY you want, all from natural sources using only herbs and foods. Clean, vegan and all-natural, it will supply 100% of your major vitamins, plus over 500% of your Vitamin B12 for energy, in just three tablets per day.

“ This is for ANYONE who won't have a 'green drink' or take 15 tablets of my SuperFood Plus. My SuperFood-100 is a 'miracle' and will ensure even the most finicky kids and parents can get QUALITY nutrition every day in ONLY 3 TABLETS! ”

– Dr. Schulze

### WHAT IT DOES

- ✓ 100% of your RDI of Vitamins A, B, C and E
- ✓ Over 500% of your ENERGY Vitamin B12
- ✓ 100% Natural, 100% Vegan, 100% Herbal and Food Nutrition that ASSIMILATES IN SECONDS

**Botanical Ingredients:**  
Organic Acerola Cherry, Palm Fruit, Wild-Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Rose Hips, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root, Organic Spinach Leaf, in a base of Dr. Schulze's Proprietary Non-Fermentable Saccharomyces cerevisiae Yeast

**SuperFood-100..... \$34**  
90 vegetarian tablets / 1 gram each

**SuperFood-100..... \$90**  
270 vegetarian tablets / 1 gram each



### Real People. Real Results.

“I take SuperFood Plus when I'm doing a detox, but SuperFood-100 is what my body needs each day, and it's PERFECT for my daily activities. This is a great product for all! Thanks, Doctor!”

Jordan P. (via internet)

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# SUPERFOOD-100 FOR KIDS

THE EASIEST WAY TO GIVE YOUR CHILD THE BEST NUTRITION!

Dr. Schulze has created this special formula just for kids. This new, smaller tablet is packed with powerful herbal

food nutrition that assimilates in seconds providing 100% of your child's RDI of Vitamins A, B, C and E—and over 500% of Vitamin B12 for ENERGY!

These essential nutrients support and manufacture immune cells, rebuild immune organs and create the vital chemicals your child needs to shake off an infection caused by a cold or flu.

And, SuperFood-100 for Kids uses the same concentrated formula found in SuperFood-100, but in a smaller dosage—a smaller, easy-to-swallow tablet.



**Vegan  
&  
Gluten-  
Free**

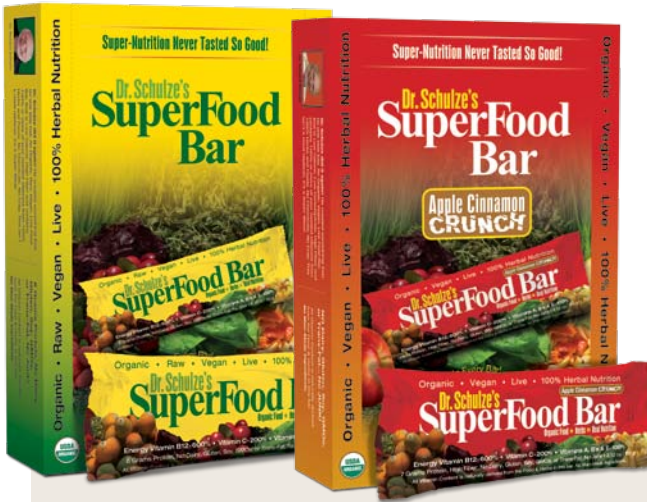
## WHAT IT DOES

- ✓ **SMALLER TABLETS,** easier to swallow
- ✓ **NUTRIENT RICH** formula provides **over 100% of your child's RDI** of Vitamins A, B, C and E
- ✓ Over 500% of Vitamin B12 for a natural **ENERGY BOOST**
- ✓ **PROTEIN-PACKED** with over 40% protein by volume
- ✓ Super Nutrition to **BOOST** the Immune System
- ✓ 100% Natural, 100% Vegan, 100% Herbal and Food Nutrition that **ASSIMILATES IN SECONDS**

### Botanical Ingredients:

Organic Acerola Cherry, Palm Fruit, Wild-Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Rose Hips, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root, Organic Spinach Leaf, in a base of Dr. Schulze's Proprietary Non-Fermentable *Saccharomyces cerevisiae* Yeast

**SuperFood-100 for Kids..\$24**  
90 vegetarian tablets / 500 mg each



# SUPERFOOD BARS

**GET DAILY SUPER-NUTRITION IN A RAW, ORGANIC BAR!**

SuperFoods, SuperHerbs and Super Nutrition that tastes great! Not only do my SuperFood Bars have more vitamin and mineral content than any nutritional bar on the market, they also taste better and have more easy-to-assimilate vitamins and minerals than any multivitamin on the market! An organic, healthy snack, plus all of your daily vitamins... **YAHOO!**

## WHAT IT DOES

- ✓ **Over 600% of Vitamin B12 ENERGY in EVERY Bar**
- ✓ **200% of Vitamin C and 100% of Vitamins A, B and E in EVERY Bar**
- ✓ **Organic, Live, Vegan, 100% Herbal NUTRITION**
- ✓ **NO added sugars, NO chemicals and NO crap**

### SuperFood “Original” Bar

**Botanical Ingredients:**  
 Organic Figs, Organic Dates, Organic Cranberries, **Dr. Schulze's SuperFood Plus** (Wild-Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Acerola Cherry, Organic Rose Hips, Palm Fruit, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root, Organic Spinach Leaf, Non-Fermentable Saccharomyces cerevisiae Nutritional Yeast), Organic Almond, Organic Walnut, Organic Sunflower Seed, Organic Raspberry, Organic Strawberry

**SuperFood Bar..... \$38**  
 (Original) 12-Pack / 2.12 oz. / 60g each

### SuperFood Apple Cinnamon “CRUNCH” Bar

**Botanical Ingredients:**  
 Dr. Schulze's Organic Chunky Apple Blend, Organic Sprouted Buckwheat (Gluten-Free), **Dr. Schulze's SuperFood Plus** (Wild-Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Acerola Cherry, Organic Rose Hips, Palm Fruit, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root, Organic Spinach Leaf, Non-Fermentable Saccharomyces cerevisiae Yeast), Raw Organic Walnut, Raw Organic Almond and Almond Butter, Raw Organic Sunflower Seed, Organic Cinnamon, Organic Strawberry, Organic Raspberry

**SuperFood Bar..... \$38**  
 (Apple Cinnamon Crunch)  
 12-Pack / 2.12 oz. / 60g each



**“ Getting great nutrition never tasted so good. ”**

**– Dr. Schulze**

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## Why do we need another Nutrition Bar?

Because nutrition bars don't have any NUTRITION! No, this isn't a riddle, and yes, I was shocked to find that out myself. I went to the health food store and bought every single nutritional health bar and tried them all. Most were just sugar-laden junk food with a natural-looking wrapper, and a few key natural bullshit words like the typical "all natural." Heck, horseshit is "all natural," but I don't want to eat it! A few were actually pretty clean and pretty good. But to my surprise, when reading the fine print, NONE of these Nutritional bars had any real NUTRITION! Sure, they had a little—10 or 15% of a few vitamins—but they had no substantial amount of vitamins or nutrition. Heck, I would rather eat a banana and a few nuts!

So, that was it. I'd had enough, and I set out to make a real nutritional bar that was Organic, Raw, Vegan, Live, made with 100% Foods and Herbs AND with 100% or more of all your needed vitamins from only the foods and herbs in the bar. So, I added my SuperFood Plus to a bar that I designed with amazing food ingredients, and after over 100 test batches... YES!

Go ahead, check out the other guys' nutrition bars, then check out my SuperFood Bar, and you will see the huge difference. It's called VITAMINS, and my vitamin content is 100% derived from the herbs and foods in the bar. Nothing man-made. Nothing artificial. Just awesome SuperFoods, Super Herbs and Super Nutrition that tastes GREAT!

## Some great ways to use my SuperFood Bars

### ✓ Makes the perfect meal replacement!

Remember, when your body cries out for food, it's really just saying: "I need nutrition." That's why my **SuperFood Bar** also makes the perfect meal replacement, so have one with your next SuperSlim Drink.

### ✓ Have it on the go!

Running late? No problem! Just grab a **SuperFood Bar** on your way out the door for an awesome "lunch on-the-go" and know you're getting powerful nutrition to keep you going all day long.

### ✓ Give a healthy alternative snack to the kids!

They also make a great alternative for the kids. Instead of those garbage cookies and chocolate-covered, sugar-laden granola bars, just give them a **SuperFood Bar**, and now they've got an amazingly healthy snack with vitamins for the whole day.

### ✓ Give it to an unhealthy loved one!

For your loved ones who just refuse to do ANYTHING healthy for themselves, well, just give them a **SuperFood Bar** and watch them eat it up! Now, they're getting a powerful dose of daily nutrition, and they're having fun doing it!

## WHY THEY ARE SO POWERFUL

- ▶ A FULL DOSE of SuperFood in ONE BAR!
- ▶ "Original" Bar has only 165 CALORIES, and 6 grams of PROTEIN with 12 grams of FIBER!
- ▶ "CRUNCH" Bar has only 133 CALORIES and 7 grams of PROTEIN with 8 grams of FIBER!

Vegan  
&  
Gluten-Free



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# JOIN SUPERFOOD-A-MONTH CLUB, GET FREE SHIPPING AND MORE!

Never run out of SUPER NUTRITION when you need it. Sign up now for Dr. Schulze's SuperFood-A-Month Club (SFMC). Here's how it works. Join today and have your order of SuperFood Plus powder or tablets, SuperFood Bars, or SuperFood-100, AUTOMATICALLY shipped to your door every month—at the GUARANTEED BEST PRICE!

No more monthly calls to re-order. You'll always have the super nutrition of Dr. Schulze's SuperFood on-hand when you need it. PLUS, shipping is FREE. And, you can cancel anytime with one simple phone call. SuperFood will give you all of your essential vitamins and minerals to build nutrient-rich blood and fight off illness. So, if you are serious about living a full and vibrant life with more ENERGY, make sure you start every day with the best nutrition available!

- ✓ **FREE SHIPPING** every month!
- ✓ **EXCLUSIVE** members-only bonuses, including FREE gifts, special offers and new product previews!
- ✓ **CANCEL ANYTIME** with just one simple phone call!
- ✓ Your credit card is **NEVER** charged until the day your order is shipped!
- ✓ **GUARANTEED BEST PRICE**—if SuperFood Plus goes on sale, you get the savings automatically!



**SIGN UP TODAY! CALL TOLL-FREE**  
**1.800.HERB.DOC**  
**1.800.437.2362**

## Real People. Real Results.

"I've had a remarkable health improvement. I have much more energy and I feel alive! And, you never let me run out before you ship my next order."

SuperFood-A-Month Club Member

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# REAL PEOPLE. REAL RESULTS.

The following testimonials were sent to Dr. Schulze by ordinary people who took responsibility for their health and have had extraordinary, empowering results! Dr. Schulze congratulates all of them for Creating Powerful Health Naturally!

## Gives my body complete nutrition on every level!

"I began taking Dr. Schulze's SuperFood Plus eight months ago and have continued taking it very regularly. My body feels as though now it is getting complete nutrition on every level and I have enjoyed excellent health. I also feel a sustained vitality for hours that eliminates hunger pangs and cravings for sweets and carbohydrates. I am able to maintain a steady weight, even if I should veer slightly off my healthy diet. I frankly can't imagine more benefits and nutrition packed into one product from a small intake of 2 tablespoons. I am sold!"

Martha in Corinth, VT

## Truly made a difference in my life and my health!

"The Superfood Plus by Dr. Schulze is the best! It has truly made a difference in my life and my health. I feel so much better in the things that I enjoy doing every day."

William H. (via internet)

## The inches are melting away!

"The inches are melting away on my body and I have energy like I've never had before. Thanks, Dr. Schulze!"

Roz R. in Cerritos, CA

## My kids LOVE the SuperFood Bars!

"Last weekend I took my 5 y/o son and 3 y/o daughter to a birthday party. When I told them they could not eat the candy, they looked a bit sad, so I let them know I had a special surprise for them – a Dr. Schulze SuperFood Bar. They were ecstatic and even cheered, "Yay!" They forgot about the candy, and kept playing with the other kids. Thank you for your amazingly healthy and yummy SuperFood Bars!"

Christian C. in Miami, FL

## Keeps me energized and alert all day!

"I use this every morning for my morning smoothies. It keeps me energized and alert all day. I have been using this product for about a year now and can't imagine my life without it."

Nietjeb (via internet)

## Keeps the old age away!

"For over 10 yrs now I have been drinking this. It's like my health insurance... I am now 41 yrs old, barely any wrinkles and only two gray hairs. I attribute that to this product alone, because I am NO angel. I drank alcohol like a fish for a few years and I smoked a pack of cigs a day and ate a lot of crappy food. I go back and forth between junk and healthy living. So I highly recommend starting off on this as young as possible. Keeps the old age away!"

Amber H. in St. Petersburg, FL

## Live food on the go saves the day!

"Thank you for the wonderful SuperFood Bars! They REALLY are delicious! I decided the cost is no more than what I would normally spend on food at the drive-thru and obviously it's MUCH MORE HEALTHY! I can't wait to feel the benefits of eating live food again, as opposed to all the dead food I've been eating while I'm out and about! You're a life-saver, Dr. Schulze. Thank you!!!"

Kathleen F. (via internet)

## Better skin and more energy!

"My skin has cleared up, my energy level is skyrocketing, I have a "glow" I thought I lost forever. Better than any multivitamin, this has a lot of nutrients my body needs on a daily basis. I highly recommend it."

Sharbecks (via internet)

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**“ My CLINICAL SECRET to  
looking great and feeling great! ”**

**– Dr. Schulze**

## INTRODUCTION TO

**ELIMINATE**

**Every single patient in my clinic had retained waste somewhere in their body, and most often it was in their bowel.**

First, ALL animal food—meat, eggs and dairy—has absolutely NO fiber. So, when we eat it, it's really hard to get that grease and fat out of our bowel. Add in wheat and flour products, and now you have heavy paste. Second, we don't move our bodies much, and a sedentary lifestyle promotes constipation. Third, we have plenty of stress, major stress, and stress also causes constipation.

Add this all up, and you can clearly see why Americans not only have the highest incidence of constipation, but they also have the highest incidence of colon and rectal disease on the planet.

Even worse, retained fecal waste causes everything from bad skin, bad breath and backaches, to headaches and low energy and contributes to the worsening of every known major disease. In my clinic, besides increased nutrition, a thorough BOWEL CLEANSING had the biggest impact to solve chronic health problems and greatly increase my patients' overall health.

My patients were always so amazed at how much better they felt after having regular and complete bowel movements.

**STEP TWO**

**Dr. Schulze's SECOND Clinical Step** to Creating Powerful Health is the regulating, cleansing and toning of your large intestine!

**Intestinal Formula #1**

Have regular and complete bowel movements!

See page 24

**Intestinal Formula #1 MAX**

See page 28

**Intestinal Formula #3**

See page 29

**Intestinal Formula #2**

Draw out toxic waste!

See page 30

**HerbalMucil Plus**

Maintain regularity!

See page 32

**Bowel Flush "SHOT"**

See page 33



# INTESTINAL FORMULA #1

## POWERFULLY PROMOTES REGULAR AND COMPLETE BOWEL MOVEMENTS!

Intestinal Formula #1 relieves constipation and assists you to have more regular and more complete bowel movements. It also stimulates your colon's natural muscle action and strengthens these muscles. It halts putrefaction, soothes and heals, improves digestion and relieves gas and discomfort from cramps.

It also increases the flow of bile, which in turn cleans the gallbladder, bile ducts and liver and promotes healthy intestinal flora. Additionally, it makes it impossible for many intestinal invaders to survive.

**NOTE:** If your bowels are irritated, hot or working too frequently, skip Intestinal Formula #1 and go directly to Intestinal Formula #2.

### WHAT IT DOES

- ✓ **The BEST BOWEL CLEANSER** on the planet
- ✓ **STIMULATES and STRENGTHENS** the muscular movement of the colon
- ✓ **CLEANSE and DETOXIFY** your body of accumulated waste

**Botanical Ingredients:**  
Curaçao and Cape Aloe Leaf, Senna Leaf and Pod, Cascara Sagrada Aged Bark, Oregon Grape Root, Hawaiian Yellow Ginger Root, Garlic Bulb, Habanero Pepper

**Intestinal Formula #1... \$24**  
90 vegan capsules (575 mg each)

**Intestinal Formula #1..... \$58**  
250 vegan capsules (575 mg each)



### Why Use Intestinal Formula #1?

**FACT** The average American stores from 10 to 12 pounds of fecal waste in their colon, which is definitely not healthy.

**FACT** The average American has only two or three bowel movements a week. This makes Americans 70,000 bowel movements short in their lifetime!

**FACT** A constipated colon can cause an almost endless amount of seemingly unrelated diseases and problems.

**FACT** Americans eat more than ONE MILLION animals per hour! NO FIBER!

**FACT** In 1950, The Merck Manual (the leading medical text on the diagnosis of disease) stated that only 10% of Americans developed bowel disease. Today, it states that 100% of Americans will eventually develop bowel disease (diverticulosis) if they live long enough. Diverticuli (sac-like herniations inside your colon due to excess fecal matter build-up) are a leading precursor to colon cancer.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

## HOW IT WORKS

### Clean out accumulated waste

The human body is a metabolic engine. Every system, every organ, every cell of the human body takes in fuel to run and eliminate waste material. The majority of this waste is deposited into your colon. In fact, the average American stores from 10 to 12 pounds of fecal matter in his or her colon. If this toxic waste isn't regularly eliminated, it will cause your body to be backed up with poisons, making it sluggish and unhealthy. Dr. Schulze designed his Intestinal Formula #1 to help his patients rid themselves of accumulated toxic waste.

### Constipation causes many problems

This body of ours must have had some incredible engineer. Everything has its place and there is no extra room. If one organ swells, then another organ gets compressed or crushed. Organs don't work well when they are crushed, and circulation gets interrupted. Every organ needs good circulation to bring nutrition in and get waste out, in order to be healthy. Your colon is so big that it is connected to, touches or is in the vicinity of every major organ in your body, except your brain. It also touches most of your blood vessels

and nerves. Constipation causes the colon to swell and when this happens, it can compress the lungs, heart, liver, gallbladder, pancreas, kidneys, adrenals, uterus or prostate. A constipated colon can cause an almost endless amount of seemingly unrelated diseases and problems. Intestinal Formula #1 eliminates constipation and promotes regular, complete bowel movements.

### Get Healthy! Clean your colon

A sluggish, swollen bowel can compress a nearby area, causing disease and infection in any area of the body. This explains why 80% of Dr. Schulze's patients who used Intestinal Formula #1 and did his 5-Day BOWEL Detox started to develop healthy hearts, normal blood pressure, normal blood-sugar levels, balanced hormones, no fertility problems, functioning livers, normal cholesterol levels, healthy immune systems, normal urinary function, powerful adrenals, increased energy, healthy prostates, clean digestive tracts, stronger lower backs and normal leg circulation. No matter how far removed from the colon the problem seems, cleanse the bowel first and see what happens. If you're like Dr. Schulze's patients, you will be thrilled with the results.

### Real People. Real Results.

#### My lifeline to a regular life!

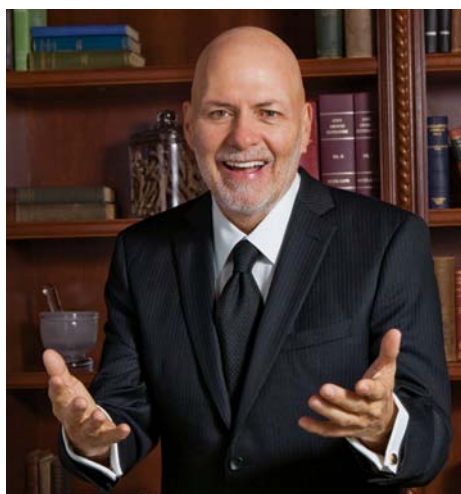
"I suffered for years from severe constipation, bloating and terrible stomach pains. It affected every aspect of my life in very negative ways. Traditional doctors tried everything to solve my problem, including taking out my gallbladder, but I continued to suffer. Intestinal Formula #1 changed my life. Now, I'm pain free, bloat free, and constipation free. I've been using this product for over 8 years. It's my lifeline to a regular life."

M.R.  
Las Vegas, NV

#### This stuff is the bomb!

"I have had problems with regularity for years. This is by far the most effective and reliable formula. I never have to wonder if it will work or not. Couldn't live without it now – my bloat is gone, and I don't even think about what was once an ever present concern."

Staz (via internet)



## DR. SCHULZE'S CLINICAL EXPERIENCE

My Intestinal Formula #1 is part one of my 5-Day BOWEL Detox Program. Its main medicinal action is to relieve constipation and assist you in having more regular and more complete bowel movements. The best way for anyone to regain health and stay healthy is to periodically cleanse and detoxify their body of accumulated waste. My patients who did a seasonal detoxification program on a regular basis always felt healthy. Before you can make any type of healthy lifestyle changes, you must make sure that ALL of the elimination channels are open, and the bowel is the place to begin. If you clean your colon first, you should feel great during any health program and vibrant when you are finished. I started every patient in my clinic on Intestinal Formula #1, EVERY PATIENT.

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## THE POWERFUL INGREDIENTS

The herbs in this formula, like Aloe, Senna and Cascara Sagrada, all contain the phytochemical anthraquinone, called Emodin, which increases peristaltic waves, the propulsive contractions of the colon muscle.

Oregon Grape Root stimulates and flushes the liver and the gallbladder, and increases the production of bile. Garlic is antibacterial, antiviral and antifungal. Habanero and Ginger are both powerful stimulants to the colon. Ginger also relieves gas, while Habanero is a powerful aid in the intestinal healing process.

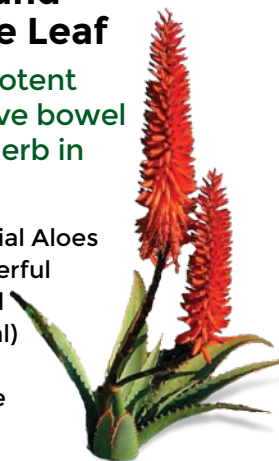
**“ My Intestinal Formula #1 is part one of my 5-Day BOWEL Detox Program. Its main medicinal action is to relieve constipation and assist you in having more regular and more complete bowel movements.”**

– Dr. Schulze

### Curaçao and Cape Aloe Leaf

**“The most potent and effective bowel cleansing herb in the world!”**

These equatorial Aloes contain a powerful phytochemical (plant chemical) in the Anthraquinone family called Emodin.



Emodin has a very strong stimulating effect on smooth muscles like the bowel. When this chemical comes in contact with the surface of the bowel, it causes immediate and powerful muscular contractions, even though you rarely feel them. Emodin is such a powerful plant chemical that it will cause bowel contractions regardless of how constipated someone is, regardless of what they ate, regardless of their bowel disease. This Aloe Emodin worked 100% of the time with 100% of my patients.

### Senna Leaf and Pod

**“A very reliable stool softener and bowel cleanser!”**



Most companies that use Senna today use the most abundant, cheapest, common Senna Leaves from polluted countries like India and China, and then gas these herbs with toxic and carcinogenic bactericides upon importation. No thanks!

And they only use the leaf, whereas our ancestors used both the leaf and the pod, which is very potent medicinally. Like our ancestors, I use both the leaf and pod, as I have found they work much better in combination than just Senna Leaf alone.

Senna stimulates the bowel to pulse more quickly, allowing more water to remain in the stool, rather than be absorbed back into the body; this makes for an easier, softer bowel movement and faster bowel action.

### Real People. Real Results.

“I have had Diverticulitis for the past several years. Last August, I asked my doctor, who had colon cancer surgery, what he took to regulate his bowels. He told me about Intestinal Formula #1. I started taking it and I feel just great! No more stomach pains and for the first time in my life, I am regular.”

Johanna D. in Bishop, TX

“Your Intestinal Formula #1 has helped me with a major problem that I’ve had my whole life. I’ve always suffered from constipation. I remember moments as a child when I would double up in pain from not having a bowel movement in two weeks. My parents even had to rush me to the emergency room, because of it. Since I started Intestinal Formula #1 a year ago, I’ve been having regular bowel movements on a daily basis. I haven’t had the need to use laxatives. You’ve changed my health and my life for the better.”

Doreen T. in Curtiss, WI

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## Cascara Sagrada Aged Bark

“Little else in nature provides such swift relief and reliable results!”



Cascara Sagrada stimulates the natural rhythmic contractions of the bowel that are more commonly known as peristalsis. It also tones the muscle wall as it works, exercising and toning the bowel muscle.

Little else in nature provides such swift relief and reliable results. Cascara Sagrada produces a regular, satisfying bowel movement of the kind that few people in our day and age achieve on a daily basis, with the predictability of clockwork.

## Oregon Grape Root

“This bitter medicinal herb cleanses the liver and the bowel!”

Oregon Grape Root helps get rid of bacteria and fungi like giardia, candida, viral diarrhea, and even cholera and E. coli naturally, without harmful side effects. The digestive system is always encountering these unfriendly viruses, bacteria and fungi.



## Hawaiian Yellow Ginger Root

“One of the world’s greatest carminatives and digestive aids!”



Our Organic Hawaiian Yellow Ginger Root is grown on the rain-drenched slopes of Mauna Kea, the volcanic mountainside of the Big Island of Hawaii. Our Ginger Root (actually called a Rhizome) is a vibrant yellow and much more potent, dense and less fibrous than the common White Ginger that is readily available. Yellow Ginger Rhizome is known for its depth of flavor, superior pungency and concentrated potency of phytochemicals.

Ginger’s medicinal phytochemicals are one of the world’s greatest carminatives and digestive aids. Carminative action is the action of moving, relieving and expelling gas. This action makes this herb a very important ingredient to this formula. This is because during a bowel detoxification (where you remove old, encrusted fecal waste from the walls of your bowel), this material can mix with digestive fluids and create gas. Having this potent carminative in this formula neutralizes this gas and moves it down your intestinal tract for elimination.

## Garlic Bulb

“Garlic has been a wonder of nature for over 4,000 years!”



Garlic keeps your entire digestive and elimination system free from harmful and toxic microbes. Whenever you are doing any bowel detoxification and cleansing, you are removing old fecal material.

Garlic also kills the intestinal invaders that inevitably make their way into the gut and live there for years, if not treated.

The Allicin found in Garlic is what makes it very difficult for all these invaders to thrive, which can happen especially when the diet is high in sugar and carbohydrates.

## Habanero Pepper

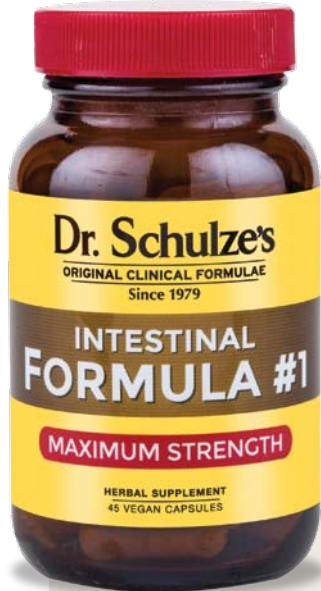
“The hotter the pepper, the more medicinal it is!”



These fiery Habanero Peppers stimulate the circulation so the bowel’s tissue and mucous membrane can begin to recover.

They also increase peristalsis, the muscular contractions relieving constipation and promoting regular bowel movements. A normal, healthy bowel emits a few teaspoons of blood every day.

But, when your bowel is constipated and very dirty, it can bleed a bit more during cleansing. One of the medicinal actions of this pepper in the formula is to help stop that from happening in the bowel.



# INTESTINAL FORMULA #1 MAX

A MAXIMUM-STRENGTH VERSION OF INTESTINAL FORMULA #1!

This new maximum-strength version of Dr. Schulze's Intestinal Formula #1 is for those who are taking more than four capsules a day of his original Intestinal Formula #1, and who need something even stronger and more effective.

This is a very potent formula for those who suffer from chronic constipation and need relief right away. These herbs have all been used for centuries (if not millennia) to stimulate and tone the muscles of the large intestine to be stronger and promote more complete and more frequent bowel elimination.

## WHAT IT DOES

- ✓ Powerfully **PROMOTES** regular, healthy and complete bowel movements
- ✓ **STIMULATES** and **STRENGTHENS** the muscular movement of the colon

**Botanical Ingredients:**  
Curaçao and Cape Aloe Leaf, Senna Leaf and Pod, Cascara Sagrada Aged Bark, Hawaiian Yellow Ginger Root, Habanero Pepper

**Intestinal Formula #1... \$24**  
(Maximum Strength)  
45 capsules / 985 mg each

## HOW IT WORKS

Because Cape Aloe, Senna and Cascara Sagrada offer so many health benefits, they were considered almost magical by the many cultures that have used them and referred to them as "miracle healers" and "sacred barks." Ginger Root is a powerful carminative, which relieves gas and bloating in your intestinal tract. Habanero Peppers dramatically increase blood circulation flow and are a wonderful remedy for inflamed intestines.

For a powerful dose in a single "SHOT" see page 33!

“ I have never had a patient that I couldn't get to have normal bowel movements, whether 9 months old or 99 years old. No matter what their problem or disease, no matter how constipated—these herbs make them have normal bowel movements! ”

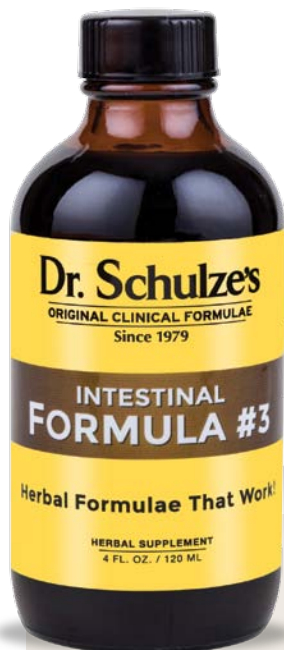
– Dr. Schulze



Cape Aloe

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## INTESTINAL FORMULA #3

### PROMOTES SOFT AND EASY BOWEL MOVEMENTS FOR THE WHOLE FAMILY!

This formula is a great tasting, liquid stool loosener for the whole family. Although Dr. Schulze originally designed this herbal colon cleanser primarily for children, it's strong enough for adults, too. In fact, many adults prefer it instead of Intestinal Formula #1, because it has a milder action. As stated under Intestinal Formula #1, Senna Leaf and Pod and Cascara Sagrada Aged Bark both contain the phytochemical anthraquinone, called Emodin, which increases the normal muscular contractions (peristalsis) of the gastrointestinal tract, especially the colon. This formula promotes soft, easy bowel movements, and it will help strengthen the colon for better future elimination.

### WHAT IT DOES

- ✓ A **MILDER** liquid version of Intestinal Formula #1 for kids of all ages
- ✓ **PROMOTES** regular and healthy bowel movements
- ✓ **STRENGTHENS** colon muscles
- ✓ **GREAT TASTING** to kids

**Botanical Ingredients:**  
Senna Leaf and Pod, Cascara Sagrada Aged Bark, Anise Seed, Clove Bud, Tangerine Oil, California Fig Concentrate

**Intestinal Formula #3..\$22**  
4 ounces /120 ml. bottle

### Real People. Real Results.

#### Surgery avoided!

"My son, now a healthy and vibrant five year old, had difficulties moving his bowels right from birth. By the time he was two months of age, he would only have a bowel movement every few days, sometimes a week. We were told that if he did not start moving his bowels, surgery might be needed. We gave him Intestinal Formula #3. It took dedicated therapy over many months to become "regular". This would have been impossible without IF#3."

Pia B. in Dayton, OH

## HOW IT WORKS

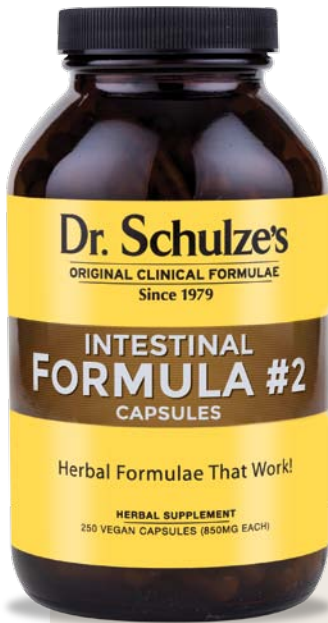


Since the beginning of recorded medical history, figs and prunes have been used effectively as a natural treatment for constipation. The base of this tonic, California Fig Concentrate, acts not only as a mild natural laxative,

but also makes the formula sweet and delicious for the kids. Anise Seed and Clove Bud are strong carminatives and antispasmodics, and therefore are used to relieve gas, cramps, colic, indigestion, nausea and stomach aches.

Tangerine Oil is antibacterial and is also used to make the formula taste great.

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# INTESTINAL FORMULA #2

## DRAWS TOXIC WASTE AND BUILD-UP OUT OF THE BOWEL!

Assuming that you are already using Intestinal Formula #1 and you are having regular bowel movements, it is now time to “dig in” and get out the accumulation of old, toxic debris that you have been collecting and storing for years. Intestinal Formula #2 is a strong purifier and intestinal vacuum that will draw out the old, hardened fecal matter and mucous from the walls of your colon and out of any diverticula.

This formula is also a wonderful, soothing agent for the mucous membrane lining of the entire intestinal tract, but especially in the colon. This makes it an important formula for anyone who has irritable bowel, spastic colon, Colitis, Crohn’s disease, Diverticulitis or any illness that causes hot, burning, irritated or bleeding bowels and diarrhea. This is also an excellent remedy for food poisoning, because it will absorb the harmful bacteria and poisons.

### WHAT IT DOES

- ✓ **A POWERFUL** intestinal vacuum that draws out old fecal matter, toxins, poisons, bacteria, drug residues, mercury and lead
- ✓ **STRONG** anti-inflammatory and **SOOTHING** agent

**Botanical Ingredients:**  
 Flax Seed, Psyllium Seed, Apple Pectin, Activated Willow Charcoal, Marshmallow Root, Pharmaceutical-Grade Bentonite Clay, Slippery Elm Bark, Peppermint Leaf and Cayenne Pepper Blend

**Intestinal Formula #2..\$24**  
 8-ounce bulk powder

**Intestinal Formula #2..\$30**  
 250 vegan capsules

**Intestinal Formula #2..\$30**  
 25 packets

### HOW IT WORKS

Intestinal Formula #2 contains the three most powerful and effective absorbers and neutralizers known: clay, charcoal and pectin.

Our Bentonite Clay will actually absorb up to 40 times its weight in intestinal fecal matter and waste. It also smothers and draws out all types of intestinal parasites. The Activated Willow Charcoal is the greatest absorbing agent for every toxin and

poison known. It will absorb and render harmless over 3,000 known drug residues, pesticides, insecticides and just about every harmful chemical known. This is why it is the active ingredient in nearly every water filter made today. Apple Pectin draws numerous harmful substances out of your intestines, especially heavy metals like mercury and lead and carcinogenic radioactive materials.

The addition of Marshmallow Root, along with Psyllium Seed and Flax Seed, makes the formula mucilaginous. Mucilaginous means that all the water and herbs can sit in your bowel, soaking against the internal wall of your colon, softening and breaking up old, dried and hardened fecal waste that may have been in you for years.

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“ To achieve great health, you must deep clean your colon. A thorough cleansing and detoxification of your bowel should be the first step, and is the most important step for anyone who wants to get and stay healthy.”

– Dr. Schulze

## REMOVE EXCESS WASTE, BUILD-UP AND POISONS

Many of our customers are shocked by the amount of waste that they remove using this formula. Most people don't realize just how much extra fecal waste they are carrying.

In fact, one man in Hawaii lost over 50 pounds after one night of sitting on the toilet! Another man from Los Angeles eliminated a five-foot black, tar-like encasement from his colon that he had been

carrying around for years (see photo below).

Intestinal Formula #2 will also kill and remove parasites. We had one customer eliminate a 33-foot tapeworm, and thousands of customers who have eliminated all types of intestinal parasites. In the clinic, patients would proudly bring in jars filled with them to show Dr. Schulze.

Intestinal Formula #1 and Intestinal Formula #2 make up Dr. Schulze's 5-Day BOWEL Detox, and he suggests that everyone does this colon cleansing program at least twice a year—even more often, if there is a history of any constipation or bowel disease.



A five-foot-long fecal impaction (placed in a bathtub) removed with Dr. Schulze's 5-Day BOWEL Detox.

### Real People. Real Results.

**I lost 6 pounds of waste!**  
“I had been on antibiotics for a month with Bronchitis, which caused me to be constipated for 3 weeks. Painful!

Then, I was introduced to Dr. Schulze's products by my very good friend and in only 5 days, I have lost 6 pounds of backed-up waste, and I feel fantastic!

Thank you, Dr. Schulze, for your wonderful products and your fantastic staff!”

Hilda U.  
in Downey, CA

### No more pain and I feel great!

“I had severe pain in the lower-left region of my stomach. I was diagnosed with Diverticulitis and was given painkillers.

Now, after taking Formula #2, I have no more pain and I no longer need that poison in my body! I feel great!”

Melissa V.  
in Palm Harbor, FL

## WHY DO A COLON CLEANSE?

**FACT** Colon cancer kills 400% more people than AIDS! It also kills more people than breast cancer or prostate cancer.

**FACT** Up to 50% of Americans have polyps in their colon due to the built-up accumulation of fecal waste. Most polyps eventually mutate into malignant cancer tumors!

**FACT** Every American will develop some type of colon disease, polyp, tumor or colon cancer in his or her lifetime. So it's time we started talking about what's causing it, how to heal it and most important... how to prevent it, **RIGHT NOW!**



Colon Cancer is on the rise! Surgeons remove sections of the colon containing cancerous tumor cells.

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# HERBALMUCIL PLUS

## PROMOTES EASY BOWEL MOVEMENTS AND HELPS MAINTAIN REGULARITY!

HerbalMucil Plus holds water in your stool, is mucilaginous and slippery, contains fiber and adds that extra push, and for all of these reasons, it ensures you an amazingly easy, comfortable and complete bowel movement!

### WHAT IT DOES

- ✓ **RELIEVES** constipation and maintains regularity
- ✓ **DETOXIFIES** and **CLEANSSES** the entire gastro-intestinal tract
- ✓ **REDUCES** irritation and inflammation in your stomach and intestines

- ✓ **100% organic**, herbal, sugar-free and chemical-free

**Botanical Ingredients:**  
Organic Psyllium Husk, Organic Psyllium Seed, Organic Marshmallow Root, Organic Slippery Elm Bark, Organic Aloe Vera Leaf

**HerbalMucil Plus .....\$26**  
8-ounce bulk powder / 45-day supply



### HOW IT WORKS

HerbalMucil Plus powder has a very neutral taste. It makes a delicious drink when mixed with any fruit or vegetable juice. But when it gets into your colon, it forms this fibrous, mucilaginous gel that gives you “magical” bowel movements!

Here are the four ways it works inside your body...

- 1 Holds More Water**  
HerbalMucil Plus holds more water in suspension in your food waste, so it doesn't get dried out or become too hard in your colon. This added liquid makes it very easy to have effortless, normal bowel movements.
- 2 Mucilaginous and Slippery**  
HerbalMucil Plus is very mucilaginous or “SLIPPERY,” which also aids in elimination.
- 3 Loaded with Fiber**  
HerbalMucil Plus is loaded with pure plant “FIBER,” which again, makes for having a very comfortable and easy bowel movement.
- 4 Extra Push**  
HerbalMucil Plus contains Whole “Leaf” Aloe Vera Cactus, which adds that “MILD EXTRA PUSH” to help you evacuate easily and completely.

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# BOWEL FLUSH "SHOT"

## FLUSH THE DIGESTIVE NIGHTMARE OUT OF YOUR BOWEL BY MORNING!

All you ate today was grease, fat, sugar, calories, cholesterol, free radicals, heavy metals, toxic chemicals and toxic food, and now you're exhausted, bloated, guilty, sick to your stomach and literally full of crap. Now, you can eliminate your digestive nightmare, relax and get a good night's sleep. First thing in the morning, all of this garbage will be out of you. This herbal "SHOT" is for those times when we overindulge, eat food we know we shouldn't or just eat too much.

Whether it was Mom's famous meatballs, Dad's backyard barbeque, Aunt Betty's cookies, a friend's potluck or simply a night of fast food, junk food, greasy food or mystery food. Look, it's bad enough what you ate and how much you ate, but let's not suffer anymore. STOP beating yourself up—let's just get it out of you and START over.

### WHAT IT DOES

- ✓ **FLUSHES** everything out of your entire gastro-intestinal system by the following morning
- ✓ **PROMOTES** regular, healthy and complete bowel movements
- ✓ **ONE "SHOT"** is all you need

**Botanical Ingredients:**  
**Dr. Schulze's Proprietary Cathartic Formulae:** Senna Leaf and Pod, Cascara Sagrada Aged Bark; **Dr. Schulze's Proprietary Carminative Formulae:** Hawaiian Yellow Ginger Root, Peppermint Leaf and Oil, Anise Seed; **Dr. Schulze's Proprietary WormEx Formulae:** Agrimony Herb, Black Walnut Hulls, Cinchona Bark, Clove Bud, Goldenseal Root, Thyme Leaf

**Bowel Flush "SHOT"..... \$42**  
 (3-pack) 1.5 ounces / 45 ml. bottle



### HOW IT WORKS

The Senna and Cascara Sagrada make this a very strong formula designed to increase peristalsis—the natural muscular action of the bowel—and to empty the entire contents of your bowel out the very next morning. It is also loaded with Hawaiian Yellow Ginger Rhizome, which helps drive everything in a downward direction from your mouth to your anus. It also contains Peppermint Spirits to increase the muscular contractions and empty all the fecal matter in your bowel (without causing spasms). It also contains Anise Seed, which will help relax the bowel and expel gas. Lastly, it contains my Herbal Anti-Parasite Complex, consisting of Agrimony, Black Walnut, Cinchona (a famous herb from South America that contains quinine and kills even the malaria parasite), Clove, Goldenseal and Thyme. These herbs, working together, are famous for destroying parasites (the larvae, eggs, and adult parasites) and getting all of this out of your body.

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**“ The BEST healthcare insurance  
is seasonal DETOXIFICATION! ”**

**– Dr. Schulze**



# INTRODUCTION TO DETOX

## The biggest lie told today is the term: Health Care.

Most of what Modern Medicine does is NOT **Health Care** at all, but is actually the **Management of Disease**. Health Care is what I preach and how I educate people, which are programs that Create and Build Powerful Health—that's HEALTH CARE!

So, besides getting potent and powerful NUTRITION in, and getting the WASTE out, the third step is to DETOXYFY your body by cleansing ALL of your elimination channels.

Every single one of the 37 TRILLION cells in your body creates metabolic waste as it functions. Therefore, the constant elimination of this cellular waste is of the utmost importance to PROTECT you, PREVENT illness and create POWERFUL health. Every cell relies on your body's garbage disposal systems—like your bowel, liver and kidneys—to remove the waste from your body.

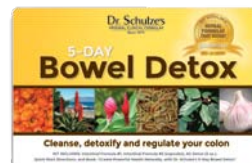
When any of these waste disposal systems get congested, sluggish or slow down, your cellular waste starts backing up. This is a serious health problem.

At first you'll feel bad, have low energy, headaches, and feel sick, because you are living in a polluted body. When these systems back up or stop, you become diseased, get really sick, and can even die.

Like preventative maintenance on your car, routine SEASONAL DETOXIFICATION is preventative maintenance for your body. It PROTECTS you from illness and keeps you strong and healthy.

## STEP THREE

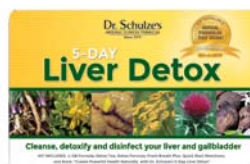
Dr. Schulze's **THIRD** Clinical Step to Creating Powerful Health is the stimulating, cleansing and toning of ALL of your major elimination channels!



### 5-Day BOWEL Detox

The first step!

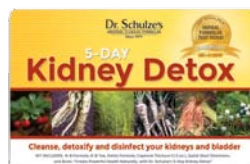
See page 36



### 5-Day LIVER Detox

Detoxify and protect!

See page 38



### 5-Day KIDNEY Detox

Flush and cleanse!

See page 40



### 30-Day Detox

See page 42



### Incurables Program

See page 44



### 24-Hour BOWEL Detox

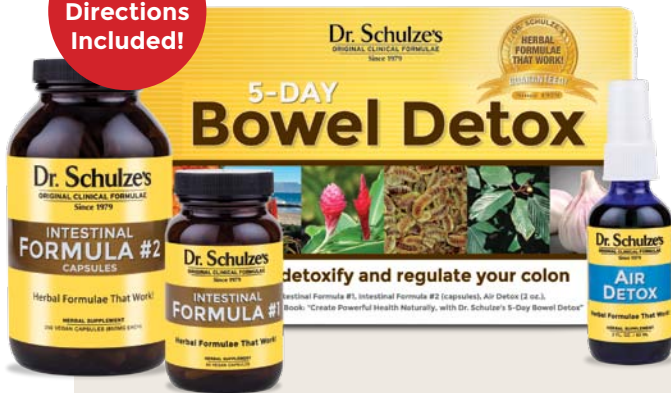
See page 46



### Detox Formula

See page 47

QuickStart  
Directions  
Included!



# 5-DAY BOWEL DETOX

CLEANSE YOUR BOWEL AND WATCH MIRACLES HAPPEN!

Our modern lifestyle has taken its toll on our digestive and elimination organs. Processed foods high in fat and low in fiber, animal fats high in cholesterol, a lack of exercise, increasing levels of toxic pollution and increased stress all contribute to our current gastrointestinal health crisis.

Your BOWEL is the LARGEST elimination organ in your body. It is the major way that waste gets out of your body. When your bowel is not working efficiently, your fecal waste is stored, and sooner or later, it becomes dehydrated and compacted in your colon. Eventually, this waste turns to sludge and will poison you by being absorbed back into your body.

The FIRST STEP in any health program is cleansing and detoxifying your bowel. A sluggish, constipated, swollen bowel can compress a nearby area, putting pressure on it, causing pain, blockage, inflammation, disease, or emit infection and toxins, which can affect any area of the body. This explains why 80% of Dr. Schulze's patients had their problems literally disappear after doing his 5-Day BOWEL Detox.

A blocked colon can cause an almost endless list of symptoms and ailments like abdominal discomfort, allergies, anxiety, asthma, backaches, constipation, cramps, depression, fatigue, food cravings, headaches, hemorrhoids, indigestion, insomnia, irritability, lack of sexual response, loss of concentration, memory loss, menstrual problems, nausea, poor appetite, prostate trouble, skin problems, and weight gain.

## WHAT IT DOES

- ✓ Powerfully **PROMOTES** regular, healthy and complete bowel movements
- ✓ A **POWERFUL** intestinal vacuum that cleans out old fecal matter, toxins, poisons, bacteria, drug residues and heavy metals
- ✓ Have a flatter stomach and feel **CLEANER** and **LIGHTER** than ever before

Program Includes: Intestinal Formula #1 (see pages 24-27), Intestinal Formula #2 (Capsules or Packets) (see pages 30-31), Air Detox (see page 75), "Create Powerful Health Naturally with Dr. Schulze's 5-Day BOWEL Detox" book, plus QuickStart Directions

**5-Day BOWEL Detox....\$68**  
Intestinal Formula #2 CAPSULES  
or Intestinal Formula #2 PACKETS

“ A thorough cleansing and detoxification of your bowel should be the first step and is the most important step for anyone who wants to get and stay healthy.”

– Dr. Schulze



## HOW IT WORKS

The herbs in Intestinal Formula #1, like Aloe, Senna and Cascara Sagrada, all contain the phytochemical anthraquinone, called Emodin, which increases peristaltic waves, the propulsive contractions of the colon muscle. Oregon Grape Root stimulates and flushes the liver and the gallbladder, and increases the production of bile. Garlic is antibacterial, antiviral and antifungal.

Habanero and Ginger are both powerful stimulants to the colon. Ginger also relieves gas, while Habanero is a powerful aid in the intestinal healing process.

Intestinal Formula #2 contains the three most powerful and effective absorbers and neutralizers known: clay, charcoal and pectin. Our Bentonite Clay will actually absorb up to 40 times its weight in intestinal fecal matter and waste. It also smothers and draws out all types of intestinal parasites.

The Activated Willow Charcoal is the greatest absorbing agent for every toxin and poison known. It will absorb and render harmless over 3,000 known drug residues, pesticides, insecticides, and just about every harmful chemical known. This is why it

is the active ingredient in nearly every water filter made today. Apple Pectin draws numerous harmful substances out of your intestines, especially heavy metals like mercury and lead and carcinogenic, radioactive materials.

The addition of Marshmallow Root, along with Psyllium Seed and Flax Seed, makes the formula mucilaginous. "Mucilaginous" means that all the water and herbs can sit in your bowel, soaking against the internal wall of your colon, softening and breaking up old, dried and hardened fecal waste that may have been in you for years.

### Real People. Real Results.

"WOW!! It truly is a wow experience—what a relief. I have had insomnia for two years. I'm starting to sleep better and just feel better. I am a 52 year-old woman and thought I was fairly healthy, but with a constipation problem. Well, there is no way to have health, if you're not poopin'!! Thank you so much!"

Sharon R. in New Plymouth, ID

### Headaches have miraculously vanished!

"My wife suffered from excruciating headaches five to six days a week. Sometimes, she had to either skip school or leave class due to the pain. After doing the 5-Day BOWEL Detox, her headaches have miraculously vanished. Thank you, Dr. Schulze!"

S.K. in Los Angeles, CA



## CLEANSE YOUR BOWEL AND WATCH MIRACLES HAPPEN!

Today, hundreds of thousands of people worldwide have used this very simple and effective program to eliminate constipation, cleanse their colons, detoxify their bodies and live healthier lives. Cleaning your bowel makes it a more efficient waste-removal machine. This not only keeps the rest of your body and organs clean, but also prevents problems before they even begin.

No matter how far removed your current health problem seems from your colon, cleanse the bowel FIRST and see what happens. If you're like Dr. Schulze's patients, you will be thrilled with the results. Do something preventative and proactive for yourself, and start Dr. Schulze's 5-Day BOWEL Detox. It's only five days out of 365! Swallowing a few herbs will change your bowel and your life. Dr. Schulze guarantees it!

The absolute bottom line is this: hundreds of thousands of Americans are dying because they are literally packed with old, festering fecal matter, due to constipation. Many are not even aware of how backed up they are. Cleanse your bowel today to feel great, live longer and create powerful health!

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



QuickStart  
Directions  
Included!

# 5-DAY LIVER DETOX

## DEFEND YOURSELF FROM EVERYDAY TOXINS—FLUSH AND PROTECT YOUR LIVER!

My 5-Day LIVER Detox is not only safe and easy, but also extremely effective. The

reason I know that this program works and is extremely effective is because I used it for over 20 years in my clinic with thousands of people. Many of them were told that they needed liver transplants and gallbladder removals, but instead they cleaned their liver and gallbladder out with this five-day program. I made every patient do my 5-Day LIVER Detox. Liver and gallbladder flushing is mandatory, not optional.

What if you could add 10 years to your life by just doing a simple cleanse a few days a year? Your body is really no different than your car—it needs routine maintenance. Your body, like any machine, uses fuel to run, and as it runs, it creates waste products. To have your body run at its best, it is important to use the absolute best fuels and to periodically cleanse your internal parts. I designed my 5-Day LIVER Detox to be done during the week, Monday through Friday, at work or during your regular weekly routine.

### WHAT IT DOES

- ✓ **COATS and PROTECTS** your liver cells and helps to eliminate harmful, dangerous contaminants
- ✓ Helps to **DISSOLVE and REMOVE** hardened sediments from the gallbladder
- ✓ **CLEANS** your blood of unhealthy accumulated deposits
- ✓ A **CLEAN** liver means you have all the **ENERGY** you need when you need it

**Program Includes:** L-GB Formula (see page 86), Detox Tea (see page 87) and Detox Formula (see page 47), Fresh Breath Plus (see page 94), "Create Powerful Health Naturally with Dr. Schulze's 5-Day LIVER Detox" book, plus QuickStart Directions

**5-Day LIVER Detox .....\$78**

### Easily flush toxins and poisons out of your body in only 5 days!

Look, nobody wants to do a cleanse or detox on the weekend. And, usually if you are silly enough to plan it that way, the phone rings, friends or relatives call and the next thing you know, you've blown it. Weekend fun, friends, parties—eating is a big part of all of this. During the week, you are very busy at work. You can do this program at work and you will hardly even notice that you've done it—IT WILL FLY BY. You might even set an example for a few of your coworkers, who would be nicer and less angry with their livers cleaned out, too!

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## HOW IT WORKS

The herbs in these formulas are famous for their ability to stimulate, cleanse and protect the liver and gallbladder, along with ridding the body of harmful and dangerous invaders that can enter the body through diet or just from an unhealthy, polluted environment. Milk Thistle contains many phytochemicals that strengthen the structure of the liver cells' skin or membrane, which in turn prevents the penetration of toxins and microscopic intruders. Ingesting Milk Thistle is like putting a protective coating around your current liver cells, while also speeding up the repair process for building strong new cells. Oregon Grape Root, Artichoke Leaf, Gentian Root, Wormwood Leaf and Dandelion Root are some of the most bitter plants on the planet, and all these bitter herbs stimulate and flush out your liver. Black Walnut Hull, Wormwood and Garlic are strong antiparasitic plants.

### Don't let a sick liver kill you!

Top cancer specialists agree that cancer is caused by toxins and poisonous chemicals that eventually mutate your cells. Medical doctors often say that before most diseases develop, the liver was malfunctioning.

## TOP FOUR WAYS POISONS DAMAGE YOUR LIVER AND CAN KILL YOU

**DRUGS** Prescription drugs kill 100,000 Americans every year and injure another two million. There are also over 40,000 deaths every year from over-the-counter drugs.

**AIR** Here is a short list of toxins in the air you are breathing right now: carbon monoxide, lead, ash, soot, ozone, hydrocarbons, nitrogen dioxide, sulfur oxides, insecticides, herbicides and dust from fertilizers and pesticides.

**FOOD** The FDA has warned that there are over 50 different known poisons and toxic substances in the average American's grocery cart.

**WATER** In the average 10-minute shower, the human body absorbs the same amount of chlorine as if you drank 20 gallons of tap water.

### Real People. Real Results.

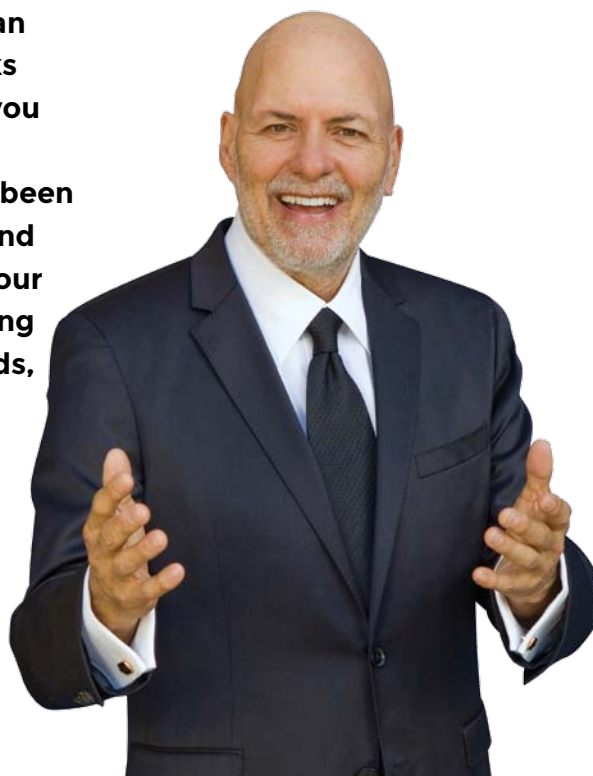
#### Avoided gallbladder surgery!

"I was due for gallbladder surgery and had an ultrasound exam that showed one stone. I started Dr. Schulze's 5-Day LIVER Detox. After the fifth day, I passed a stone that was two centimeters. After that, I had no more stomach pain and the swelling went down. I went back to the surgeon who insisted I still needed surgery. I refused the surgery and it has been two years with no problems with my gallbladder."

Amelia S.  
in Anaheim, CA

“ If you are a human being who eats, drinks and breathes, and if you live anywhere on this planet, your liver has been attacked, damaged and maybe is even sick. Your only defense is a strong offense, in other words, a strong and healthy liver. And, the best way to maintain a strong and healthy liver is to cleanse it regularly. ”

– Dr. Schulze



QuickStart  
Directions  
Included!



# 5-DAY KIDNEY DETOX

## DETOX YOUR KIDNEYS & CLEANSE YOUR BLOOD FOR VIBRANT HEALTH!

If you want to stay healthy, keeping your kidneys in good working condition is essential. Every organ in your body **DEPENDS** on your kidneys staying healthy and strong. In fact, all the cells in your body need nutrition brought **IN** and waste eliminated **OUT**, and they need your **KIDNEYS** to do this! Clogged and sluggish kidneys impact every system of the body, because your kidneys are such a key part of delivering essential vitamins and oxygen to your cells and getting waste and toxins out.

In the clinic, my 5-Day **KIDNEY Detox**, which includes K-B Formula, K-B Tea and Detox Formula, along with the Kidney/Bladder Flush Drink, worked 100% of the time! Whether it was a person's first or 50th kidney complaint, it always worked! Kidney health is not so difficult to manage with my 5-Day **KIDNEY Detox**. Herbs are the safest and most powerful way to support your kidneys and urinary tract. They work mostly by increasing your flow of urine, which naturally flushes and cleans your urinary tract. Do my 5-Day **KIDNEY Detox** along with the Kidney/Bladder Flush Drink, and your kidney complaints will be gone!

### WHAT IT DOES

- ✓ **FLUSHES, CLEANS** and **DISSOLVES** deposits from your kidneys and bladder
- ✓ Keeps blood **HEALTHY** and **CLEAN**
- ✓ Helps to **MAINTAIN** normal blood sugar, which helps every organ in your body to work better

**Program Includes:** K-B Formula (see page 84), K-B Tea (see page 85), Detox Formula (see page 47), Cayenne Tincture (.5-oz) (see page 68), "Create Powerful Health Naturally with Dr. Schulze's 5-Day **KIDNEY Detox**" book, plus QuickStart Directions

**5-Day **KIDNEY Detox** ...\$78**

### Real People. Real Results.

"I ended up in the hospital after a serious kidney stone attack. Tests revealed that, not only did I have kidney stones, my blood sugar was a whopping 280! Then, a flyer came in the mail for Dr. Schulze's Kidney Cleanse. I started a whole food/vegan diet and within 90 days, my blood sugar was in pre-diabetic range and I was down 50 lbs. I now have a new lease on life. Oh, the best part...after I did two of Dr. Schulze's 5-Day **KIDNEY Detoxes**, my kidney tests came back **NORMAL!** DR. SCHULZE SAVED MY LIFE!"

Lori N. in Blirstown, NJ

“ Your kidneys weigh about five ounces each and are roughly the same size as your fist, but they filter **96 GALLONS** of your blood **EVERY DAY!** ”

– Dr. Schulze

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## HOW IT WORKS

The herbs in Dr. Schulze's K-B Formula have been shown to have three useful actions to promote health—healthy urine flow, cleansing functions and dissolving calcium deposits.

Uva Ursi Leaf, Juniper Berry, Corn Silk, Horsetail Herb, Burdock, Parsley Leaf and Root and others in this formula have been used for centuries as diuretics, helping to create a clean and healthy environment within the urinary tract.

Some of these herbs, like Juniper Berry and Uva Ursi Leaf, are also powerful cleansers for your kidneys and bladder. Uva Ursi Leaf contains powerful phytochemicals, such as volatile oils, arbutin, quercetin, and mallic and gallic acids.

Arbutin supports a healthy and clean urinary tract. Quercetin protects the trillions of capillaries in the delicate kidney filtering system.

Mallic and gallic acids (the same as found in apples and apple cider vinegar) have long been used for kidney and bladder health.

The herbs in the K-B Tea have the identical action as the K-B Formula with the addition of Hydrangea Root and Gravel Root, which are specifics for dissolving excess minerals in the urinary system.

Cayenne Tincture contains the powerful phytochemicals Capsaicin and Oleoresin. Cayenne stimulates the blood flow so rapidly, powerfully, and completely that it has been used to improve heart health and brain function, and to maintain healthy joints.

### Real People. Real Results.

"Since I was 3 years old, I have had kidney problems. I had surgery at 6 and had about 6 UTIs a year from ages 10 to 21, when I discovered this program. I had a terrible UTI and ordered the 5-Day KIDNEY Detox. I received the product the very next day and had instant relief the same day of starting it. I finished the program and have been UTI and kidney infection free for 5 years now!! I've been sharing the good news with other UTI sufferers ever since!"

Kari S. in  
Castlewood, VA

## The TOP FIVE Ways Kidney Cleansing Builds Powerful Health



Your kidneys are doing a lot more work than you think they are. Most people think their kidneys just help to filter their blood and create urine, but they actually do SO MUCH MORE.

**1** Your kidneys clean ALL of the blood in your body EVERY HOUR!

**2** Your kidneys balance your body's fluid levels, stopping water retention, as well as dehydration.

**3** Hypertension is the #1 reason Americans die of heart attacks and strokes. Your kidneys regulate your blood pressure!

**4** Your kidneys are responsible for the assimilation of vitamins into your bloodstream.

**5** Your kidneys regulate and control the production of red blood cells, which carry oxygen to every cell in your body.

### Have you ever had any of the following symptoms and ailments?

Kidney stones, incontinence, bladder infections, high blood pressure, hypoglycemia, anemia, diabetes, frequent headaches, fatigue, drowsiness, low energy, unintentional weight gain or weight loss, chronic edema, bloating, water retention, swelling of the eyes, swelling of the ankles or feet, burning or difficulty urinating, frequent urination at night, dark or tea-colored urine, blood in your urine, increased bruising and bleeding, gout, frequent nausea, muscle twitching, cramps, fainting, shortness of breath...

### How can so many seemingly unrelated problems be solved with kidney and bladder cleansing?

Kidney impairment and dysfunction can be the cause behind an endless list of symptoms and ailments. Keeping your kidneys and bladder healthy helps EVERY organ in your body to work better. From getting more vitamins and oxygen to your brain to faster immune response by maintaining healthy sugar levels in the blood, keeping your kidneys healthy and strong is MANDATORY—not optional—if you want to live longer and Create Powerful Health.



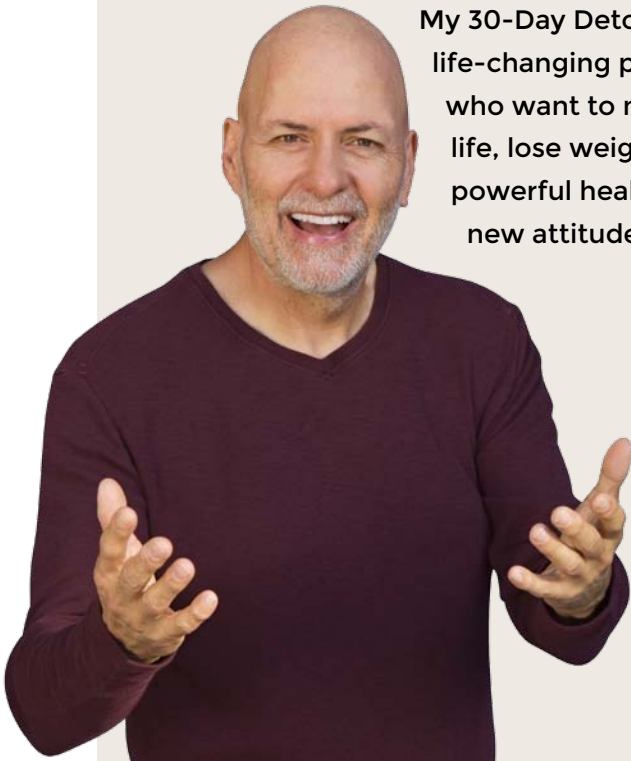
# 30-DAY DETOX

## YOU'RE ONLY 30 DAYS FROM A WHOLE NEW LIFE!

If you want to feel better than you've felt in years and have more energy, maybe even feel better than you have in your entire life, then this program is for you!

After spending three decades in my clinic, I know what the future holds for most of you, and it is not good. So please hear my message. If you are somewhere in midlife, RIGHT NOW is the time to take a good look in the mirror. Don't let yourself slowly degenerate and go down the drain. STOP! Instead, it is time to do something special, plot a new course, steer out of your rut and make a commitment to LIVING LONGER and making the rest of your life HAPPIER and HEALTHIER!

My 30-Day Detox is truly a powerful, life-changing program. It's for people who want to make a big change in their life, lose weight, prevent disease, build powerful health and create a great, new attitude and a new zest for life.



### WHAT IT DOES

- ✓ **CLEANS** and **DETOXIFIES** every major organ for more powerful and vibrant health
- ✓ Helps you **LOSE WEIGHT** and gain **ENERGY** and **VITALITY**
- ✓ **PREVENTS** health problems before they start

**Program Includes:** (2) SuperFood Plus Powder, (2) 5-Day BOWEL Detox (Capsules or Packets), (1) 5-Day LIVER Detox, (1) 5-Day KIDNEY Detox, (2) Echinacea Plus, plus complete "30-Day Detox" instruction book

**30-Day Detox Program..... \$408**

## A 30-Day Physical, Emotional and Spiritual Makeover!

“ After my 30-Day Detox Program, you will begin to live your life happier, healthier and full of energy. This is a chance to love more, to laugh more and to wake up every morning with a big smile on your face. That is the true power of my life-changing program! ”

– Dr. Schulze

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## HOW IT WORKS

Dr. Schulze's 30-Day Detox is primarily a pure water, fresh juice and raw food cleansing program. What makes this program so different—such a powerful detoxifying, health-building and life-changing program—is the addition of his clinical, nutritional, immune-boosting and detoxifying herbal formulas. Here is a brief description of what's in the 30-Day Detox, how it works and why it's important if you want to get healthy and stay healthy.

SuperFood Plus blasts your bloodstream with a rich supply of vitamins and nutrients that increase energy, vitality and strength. Having a rich supply of nutrition in your blood gives you more energy and protects your body's health.

Dr. Schulze's 5-Day BOWEL Detox promotes regular, healthy and complete bowel movements, which is absolutely essential for your body's health. It will remove old, accumulated toxins, poisons and fecal waste from your bowel, give you more energy, help you to feel lighter and give you a flatter stomach.

Dr. Schulze's 5-Day LIVER Detox flushes and detoxifies your liver and gallbladder, rids the body of contaminants and micro-organisms, protects your liver cells, helps to dissolve and remove sediment and cleans and detoxifies your blood. A healthy liver also helps to protect you from the number one and number two causes of death: Heart Disease and Cancer.

Dr. Schulze's 5-Day KIDNEY Detox flushes and detoxifies your kidneys and bladder, helps dissolve and remove kidney sediment, promotes normal blood pressure, improves nutrient assimilation and much more.

Echinacea Plus wakes up your immune system. It stimulates and enhances the overall system, and literally increases the number of immune cells and immune chemicals in your body and bloodstream.

It's the best herbal offensive and protection for anyone who is trying to live well in this modern world of pollution, stress and questionable food.

### Real People. Real Results.

**Dad continues to this day bright and happy!**

"I watched my dad battle with anxiety. He took a lot of medications which led to further addiction problems as well as many health issues. He would tell me he didn't think he'd be around very long. Of course, hearing this from your own dad was very depressing. To make it short, he did your 30-Day Detox and is no longer addicted, depressed or has serious anxiety. He is still continuing to this day bright and happy. After watching him, our whole family has now done the 30-Day Detox. This has been one of the most wonderful things to happen to my family!"

G.J. in Ojai, CA

**I'm so glad I did it.**

"I did your full 30-Day Detox program before my husband and I got pregnant, and I'm so glad I did. I have been a vegan for 17 years, so I didn't think the detox would be that big of a deal. It was incredible!! I felt like I could run across the country, I had so much energy. Love it!!!! The 5-Day LIVER Detox was the hardest for me. My body really detoxed from that one. We got pregnant a few months after that, and I am having a fantastic pregnancy. Feeling great. Thank you again for all you do."

Jessica H. in Bates City, MO

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# INCURABLES PROGRAM

**DON'T GIVE UP HOPE, THIS PROGRAM GIVES LIFE-ALTERING RESULTS!**

At last, a serious detox that is clinically proven, powerfully effective and life-changing. This program is for anyone who has been told by their doctor that they should be seriously concerned about their health.

This is an all-out intensive Detox Program that is twice as powerful as the 30-Day Detox Program. Dr. Schulze's Famous Incurables Program has helped thousands of people regain their health and naturally heal themselves. With additional healing routines like the herbal heating bath, cold sheet treatments, high enemas, rectal garlic enemas and juice fasting, Dr. Schulze's patients have experienced healing miracles on this program. This is the program for you if you want to regain control of your life, and need to turn your health around.

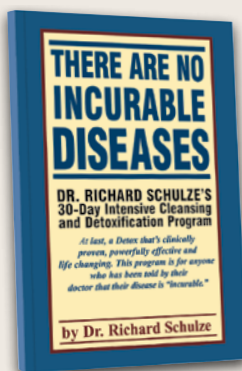


## WHAT IT DOES

- ✓ **CLINICALLY-PROVEN** with thousands of patients for a powerfully effective and life-changing impact
- ✓ Contains 18 of Dr. Schulze's most **POWERFUL** foundational herbal formulas
- ✓ Three decades of clinical **EXPERIENCE**—now in a box

**Program Includes:** (2) SuperFood Plus Powder, (2) Intestinal Formula #1 (90-ct), (2) Intestinal Formula #2 Powder, (2) Echinacea Plus, (2) L-GB Formula, (2) Detox Tea, (2) K-B Formula, (2) K-B Tea, (2) Detox Formula, plus complete instruction book, "There Are NO Incurable Diseases"

**Incurables Program.. \$460**



**DR. SCHULZE'S LIFE-SAVING INTENSIVE CLEANSING AND DETOXIFICATION PROGRAM**

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## HOW IT WORKS

After doing this program, people often remark that they have incredible energy and that they look and feel better than they have in 30 years. Here is what this program will do for you:

### Physically

Modern life exposes us to thousands of different poisons and toxins every day. The quality of our food, water and air has degenerated, especially in the last 25 years. Modern living, with its lack of exercise and above average levels of stress, inhibits our body's natural ability to remove waste, like urine, feces, mucous, acids, bile, pus, etc. The build-up of these toxins and waste in our body directly causes cancer, heart disease, neuromuscular disease, digestive disease, diabetes, arthritis and other diseases. This program is a strong, detoxifying flush. It will facilitate the removal of old, accumulated poisons and toxic chemicals trapped in the waste. It will draw out and purge them from your fat, muscles, intestines, liver, gallbladder, kidneys, bloodstream, lymphatic system, tissues and cells. This program will also stimulate and boost your immune system. It will give your body the nutrition to build itself back up to be able to heal itself naturally.

### Emotionally

Your brain is an organ, just like any other organ in your body.

It can only work well when it is supplied with sufficient blood, and that blood must be rich in nutrients. Your brain also creates waste as it works—thinking, problem solving, meditating—stimulating millions of nerve cells or manufacturing numerous metabolic chemicals that tell your body to do everything from balancing your hormones to recovering from jet lag. From slight memory loss to Alzheimer's, from bad days to chronic depression, even insanity, ALL brain and emotion dysfunction has its roots in bad circulation, nutritional depletion and waste build-up.

### Spiritually

Since ancient times, fasting, nutrition, cleansing with herbs, detoxification and even giving enemas with hollowed out gourds has been practiced to increase spiritual ability and closeness to God. Whatever your spiritual beliefs or religion, my 30-Day Cleansing and Detoxification Program will increase your ability to hear and understand the Word of God, to receive divine messages and let God work through you.

**“ Tomorrow is what you BELIEVE and DO...TODAY! I don't care how far 'gone' you feel you are. I don't care if your doctor told you there is no hope. It's never too late! You have nothing to lose and everything to gain. You just have to be READY and WILLING to change your life! ”**

– Dr. Schulze

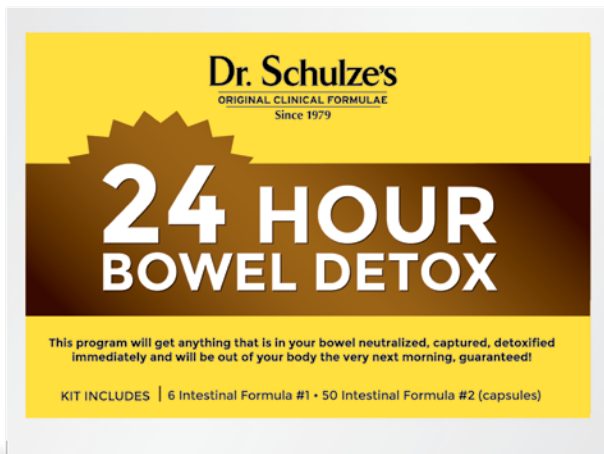
### Real People. Real Results.

“Two years ago, my sister showed up on my doorstep with a frantic look on her face. She was terrified at the sight of me. I was 400 pounds and had just been diagnosed with Sarcoidosis, Obstructive Sleep Apnea and my Asthma was threatening to take my life away. Long story short, I did the Incurables Program. You saved my life, Dr. Schulze. I now know that I have many decades of robust life ahead of me, instead of the pathetic nightmare that I was stuck in called obesity. You are my hero.”

Jordan H.  
(via internet)

“I am 50 years old and was diagnosed with Cervical Cancer when I was 38 years old. A friend of mine was using Dr. Schulze's products and got me on the Incurables Program. After eight months, my cone biopsy was negative and I was able to get pregnant and give birth two years later.”

Dorothy S. in  
Oceanport, NJ



# 24-HOUR BOWEL DETOX

**A ONE-DAY BOWEL DETOX TO ALWAYS HAVE ON HAND!**

Anyone who has done Dr. Schulze's 5-Day BOWEL Detox knows the power of doing it for just one day. Maybe you ate food that you don't usually eat, had too many desserts or ate at that not-so-clean restaurant with suspect food, and you want all this merchandise out of you right now! You want to capture it, absorb it and get it out, before it can get into the rest of your body.

Dr. Schulze's 24-Hour BOWEL Detox is for anyone who needs a fast and easy detox to STOP whatever is bad in their bowel from getting into their body and bloodstream. If you have a history of constipation or any other uncomfortable bowel condition, you should start with Dr. Schulze's 5-Day BOWEL Detox. When traveling, Intestinal Formula #1 will help with any constipation and Intestinal Formula #2 is the antidote for all food reactions. It absorbs and neutralizes the contaminants and gets them out of you... FAST!

## WHAT IT DOES

- ✓ **QUICKLY** and **EASILY** removes dangerous micro-organisms and keeps them out of your body, stomach and bloodstream
- ✓ A **POWERFUL** one-day detox that **CAPTURES, NEUTRALIZES** and **ELIMINATES** toxins in your bowel

Contains: 6 Intestinal Formula #1 (see page 24-27) and 50 Intestinal Formula #2 capsules (see page 30-31)

**24-Hour BOWEL Detox .. \$10**

## HOW IT WORKS

With 6 Intestinal Formula #1 capsules and 50 Intestinal Formula #2 capsules, this one-day detox will immediately make anything in your bowel neutralized, captured and detoxified—and it will be out of your body the very next morning, guaranteed!

### Real People. Real Results.

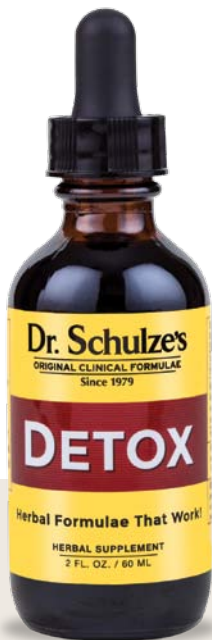
"As a safari guide, I take several 24-Hour BOWEL Detox packets with me. When a client gets sick with diarrhea, I give them the 24-hour packet to clean out and get back to the safari. Africa—don't leave home without Intestinal Formula #2."

Christopher L. (via internet)

“ Whether you are having toxic mercury fillings removed at the dentist, have just been in a toxic environment, ate weird food at a restaurant or if you are traveling to faraway lands or your local restaurant, these are all reasons to ALWAYS have my 24-Hour BOWEL Detox on hand. ”

– Dr. Schulze

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# DETOX FORMULA

## OUR MOST POTENT FORMULA FOR BLOOD AND LYMPH CLEANSING!

This is a very powerful cleansing formula that scrubs the accumulated toxins and poisons out of the body's blood, fat and cells.

These herbs are used in herbal medical clinics worldwide for scrubbing the accumulated toxins and poisons out of the body, and are also heralded for their efficacy.

### MAXIMIZE CLEANSING

When doing either the 5-Day LIVER Detox (see pages 38-39) or the 5-Day KIDNEY Detox (see pages 40-41), Dr. Schulze had every patient in his clinic consume one entire bottle of his Detox Formula within the week.

### WHAT IT DOES

- ✓ **CLEANS** accumulated toxins and poisons out of the body's blood and lymphatic system
- ✓ **PROMOTES** healthy skin and complexion
- ✓ The most powerful **DETOX** formula available anywhere

**Botanical Ingredients:**  
 Red Clover Blossom, Mojave Chaparral Herb and Resin, Oregon Grape Root, Burdock Root, Yellow Dock Root, Poke Root, Goldenseal Root, Fresh Garlic Bulb, Lobelia Herb and Seed, Habanero Pepper

**Detox Formula.....\$28**  
 2 ounces / 60 ml. bottle

## HOW IT WORKS

This formula is based on the famous Hoxey Formula and Dr. Christopher's Red Clover Combination (both herbalists were arrested on numerous occasions for these formulations), as well as many similar powerful alternative (blood-cleansing) formulas from around the world.

The following is common knowledge from highly respected and accepted medical texts. According to pharmacology manuals, Chaparral contains Nordihydroguaiaretic Acid. According to The Merck Index (one of the most respected medical chemical books in the world), this acid from Chaparral is listed as an antioxidant with a Therapeutic Category as an antineoplastic—an agent that prevents the development, growth and proliferation of malignant cells (according to Taber's Cyclopedic Medical Dictionary).



Wild Chaparral

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**“ Your BEST DEFENSE is a powerful immune system! ”**

**– Dr. Schulze**

# INTRODUCTION TO IMMUNE

**Never before in the history of mankind have we had so much stress.**

First, there is the **PHYSICAL** stress from eating more toxic chemicals than ever existed before, and from the highest consumption of junk food, fat, sugar, grease, soft drinks, snacks and candy than ever before. Add to that the physical stress of insufficient sleep and exercise, and you have a recipe for disaster.

Now, add to that the **EMOTIONAL** stress of every day life. Today, our brains are being constantly bombarded and polluted with more information in one day than the average person had in their entire life just 100 years ago. My patients were literally run over on the information highway.

Every patient that walked into my clinic was beat up, run down and worn out, which caused a depressed immune system. This not only led to more colds, influenza and infections, but also opened the door to almost all major diseases.

Building a strong and powerful **IMMUNE** System is literally the antidote to the negative onslaught of modern living, especially life in the fast lane!

## STEP FOUR

**Dr. Schulze's FOURTH Clinical Step** to Creating Powerful Health is stimulating your immune system—toning and building it—so you can meet life head on, and **DEFEND** yourself against all that life throws your way!



### Echinacea Plus

Supercharge your immune system naturally!

See page 50



### Children's Echinacea

The most effective immune booster for children!

See page 52



### Super-C Plus

Nature's berry, herbal and fruit Vitamin-C Complex!

See page 54



### Cold & Flu Herbal "SHOT"

The ultimate weapon to stop a cold or flu!

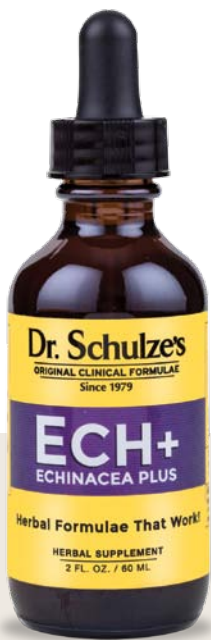
See page 58



### 30-Day Starter Kit

Start now for greater health and vitality!

See page 60



# ECHINACEA PLUS

## SUPERCARGE YOUR IMMUNE SYSTEM NATURALLY!

Echinacea Plus (ECH+) is the most powerful and effective Echinacea blend available. It stimulates and enhances the overall immune system, and can literally increase the number of immune cells and immune chemicals in the body.

### THE “ONE-TWO PUNCH”

Dr. Schulze blends two different Echinacea species to make the most powerful Echinacea on the market. Echinacea will enhance, stimulate and strengthen your immune system to protect you. Garlic creates an environment that is hostile to invaders, and has been shown in the laboratory to be a powerful defense against all kinds of destructive and deadly bacteria, virus, fungus and any pathogen.

### 10 TIMES MORE EFFECTIVE

Habanero Pepper (unique to Dr. Schulze’s formula) promotes healthy blood and lymph circulation. The addition of this ingredient makes Dr. Schulze’s formula 10 times more effective than other Echinacea products.

## WHAT IT DOES

- ✓ **STRENGTHENS** your immune system to better fight bacteria, viruses and infections
- ✓ **INCREASES** the number of immune cells and immune chemicals in the body and blood
- ✓ The most **POWERFUL** and **EFFECTIVE** Echinacea blend available

**Botanical Ingredients:**  
Echinacea Angustifolia Root, Echinacea Purpurea Seed, Fresh Garlic Bulb, Fresh Habanero Pepper and Juice

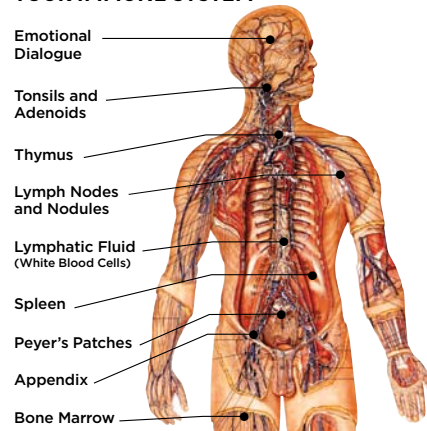
**Echinacea Plus .....\$30**  
(ECH+) 2 ounces / 60 ml. bottle

**Echinacea Plus .....\$54**  
(ECH+) 4 ounces / 120 ml. bottle

## HOW IT WORKS

Echinacea Plus (ECH+) works in two main ways. First, Echinacea has been scientifically proven to measurably increase the number of immune cells in your body, like macrophages, killer T cells, B cells, granulocytes and important immune chemicals that combat infection and disease. Second, Echinacea Plus (ECH+) stimulates these immune cells into heightened activity levels. Echinacea also significantly increases phagocytosis—your white blood cells’ ability to destroy harmful micro-organisms such as bacteria, viruses and fungi. These actions will help you combat infection and disease more effectively, and also protect you from future invasions and illness.

### YOUR IMMUNE SYSTEM



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## DR. SCHULZE'S CLINICAL EXPERIENCE



Dr. Schulze's clinic spanned three decades, and during that time he dealt with tens of thousands of patients with weakened immune systems. This is a common condition, especially in our fast-paced, stressed-out and toxin-ridden society. This weakened immunity is dangerous at any time, but especially during the cold and flu season. Dr. Schulze personally witnessed the miraculous effectiveness of Echinacea Plus to build up the body's ability to protect itself.

There are literally hundreds of other known and researched health benefits from taking Echinacea. For decades, Dr. Schulze used it effectively in his clinic to combat hundreds of problems simply by helping the body's immune system to become stronger.

Echinacea's power and effectiveness have made it the #1 immune herb and the #1 herb sold in America. Now, get the best!

For a powerful dose  
in a single "SHOT"  
see page 58!

### Real People. Real Results.

#### I always have a bottle on hand!

"Every flu and cold season I start taking Echinacea Plus as a preventative measure. I haven't had the flu in over 7 years! I've only had 2 or 3 colds in that time, and that's because I ran out of ECH+! Now, I try to always have a bottle on hand! Thank you so much for your awesome products."

Carrie L. in Arcata, CA

## ONE OF THE BEST DEFENSES FOR YOUR BODY

Echinacea's effectiveness is clearly documented in respected medical textbooks such as The Merck Index and the Physicians' Desk Reference for successfully treating and preventing colds, flu and general infections.

#### ✓ Echinacea protects you

A "statistically significant decrease in infections" has been observed in double-blind placebo-controlled studies.

#### ✓ Significantly reduces symptoms

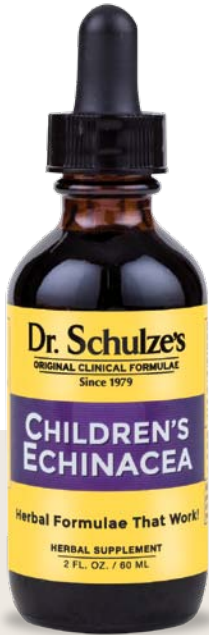
Echinacea has been proven as a "safe and effective symptom relief" for colds, flu and infections.

#### ✓ Relieves the severity of symptoms

Echinacea has demonstrated a "significant reduction" in all seven symptoms of colds and influenza compared to placebo groups.

#### ✓ Stops colds and flu fast

A "significant rapid recovery" was proven in double-blind placebo-controlled studies of Echinacea, cutting the duration of colds, flu and infections by 50%.



# CHILDREN'S ECHINACEA

## THE MOST EFFECTIVE IMMUNE BOOSTER FOR CHILDREN!

Children's Echinacea is the best defense to keep your children healthy and protected. Dr. Schulze saw thousands of children over the years in his clinic. One thing he found was that, by mixing most herbal tonics (1/2 herbal tonic and 1/2 pure maple or fig syrup), he could get any kid to take it.

Dr. Schulze has already done this for you with the Children's Echinacea.

Remember, children are very smart, so be sure to keep herbal medicine fun. Making herbal popsicles or having a "tea party" will go a long way with calming their anxiety and getting them on their way to healing fast!

### WHAT IT DOES

- ✓ Keeps kids **HEALTHY** and **STRONG**
- ✓ **STRENGTHENS** your natural immune defenses against colds and influenza
- ✓ **TASTES** great
- ✓ **SUPPORTS** and **PROTECTS** a growing immune system

**Botanical Ingredients:** Echinacea Angustifolia Root, Echinacea Purpurea Seed

**Children's Echinacea ...\$22**  
2 ounces / 60 ml. bottle

### HOW IT WORKS

Children's Echinacea works in two main ways. First, Echinacea has been scientifically proven to measurably increase the number of immune cells in your body, like macrophages, killer T cells, B cells, granulocytes and important immune chemicals that combat infection and disease. Second, it stimulates these immune cells into heightened activity levels. Echinacea also significantly increases phagocytosis—your white blood cells' ability to destroy harmful micro-organisms, such as bacteria, viruses and fungi. These actions will help you combat infection and disease more effectively, and also protect you from future invasions and illness.



### Dosages for Children

Children vary dramatically in size and shape. One 5-year-old can be very different from another. In his clinic, Dr. Schulze found the safest and most effective way to dose children was by weight. After all, we want to adjust their dosage by how much their metabolism can handle. The surest way to do so is by weight. Simply make a fraction and put the child's weight over 150 pounds.

Here is an example...

A Child of:

$$\frac{30 \text{ pounds}}{150 \text{ pounds}} = \frac{1}{5} \text{ of the adult dose}$$



### Dosages for Pets

You can use Dr. Schulze's calculation table above to dose animals, too! A small 10-pound dog or cat would be 1/15 [one- fifteenth] the adult dose, and a 1,500-pound horse would be 10 times the adult dosage.

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# REAL PEOPLE. REAL RESULTS.

The following testimonials were sent to Dr. Schulze by ordinary people who took responsibility for their health and have had extraordinary, empowering results! Dr. Schulze congratulates all of them for Creating Powerful Health Naturally!

## **Stops a cold or flu in its tracks!**

"Your products are WONDERFUL. SuperTonic is so amazing that my son and his friends even swear by it – my son is 23 now and whenever he had a sore throat during his high school years he would ask for some SuperTonic because he, like his mom, had seen over and over again how it seemed to stop a cold or flu in its tracks!"

Sherry B. in Decatur, GA

## **Lost 6 pounds in 5 days and I feel fantastic!**

"I had been on antibiotics for a month with bronchitis. Which caused me to be constipated for three weeks. Painful! Then, I was introduced to Dr. Schulze's products by my very good friend and in only 5 days, I have lost 6 pounds of back-up waste and I feel fantastic! Thank you, Dr. Schulze, for your wonderful products!"

Hilda U. in Downey, CA

## **I'm finally out of 'flu purgatory'!**

"I used to get the flu shot and be stuck in 'flu purgatory' all winter. I'd never get the FULL-ON flu, but I would have annoying symptoms all winter. This year, I have been taking three SuperFood tablets in the morning and three before bed and have managed to dodge the flu, despite working with young children. I've been great the past two years after my nutritionist suggested this product."

Ashley B. in Beverly Hills, CA

## **So much more energy than before!**

"Today is the seventh day that I have used SuperFood, Echinacea Plus, and Intestinal Formula #1, and I feel great! I have so much more energy than before. I have a sense of being more calm and relaxed, but have a tremendous amount of vitality. I feel that a large part of this "new me" is due to using SuperFood!"

J.G. in Los Angeles, CA

## **No more flu since I started these products!**

"I haven't gotten the flu since I started taking Echinacea Plus and SuperTonic. Everyone else around me is as sick as a dog, but I feel just fine. I spray my Air Detox, just in case, too."

-A.A. in Torrance, CA

## **Haven't had a cold or flu since!**

"I would get the flu or a bad cold every December and lose work, sometimes for a whole week. Then I tried your products and haven't had a cold or flu since! Now all my friends and kids use it and love it!"

P.S. in Davison, MI

## **Your Echinacea really does work!**

"This Echinacea is great. It really does work. I have been using it for many years now, whenever I am around sick people, or starting to feel like I am getting sick, I mix some in with orange juice and drink it. I have gotten sick less, and over illness much quicker than before. This product has helped keep me in good health."

Daniel G. (via internet)

## **Haven't been sick in years!**

"I was introduced to the formula by my daughter. I use it to prevent from getting a cold or flu. In the years that I've taken these products I have not been sick and will continue to use them!"

Ellis H. (via internet)



# SUPER-C PLUS

## NATURE'S BERRY, HERBAL & FRUIT VITAMIN-C COMPLEX

**Super-C PLUS** is a blend of the finest berries, herbs, fruits and vegetables known on the planet, the absolute highest sources of natural Vitamin-C and Vitamin-C Complex nutrients. ALL of the

Vitamin-C and Vitamin-C Complex nutrients in this formula are natural and derived solely from the whole plants in the formula. Nothing is extracted, isolated, fortified or synthetic. This formula is 100% natural plants, and extremely rich in Vitamin-C and Vitamin-C Complex. NO chemicals, NO ascorbic acid, period!

These berries, herbs, fruits and vegetables are organically-grown or wild-harvested, cleaned, dried and blended. That's it! This formula is alive, nutrient dense, the highest and most complete Vitamin-C SuperFood Complex available anywhere. That is why I call it **Super-C PLUS!**

### WHAT IT DOES

- ✓ Over 500% Vitamin-C COMPLEX per serving!
- ✓ NO Ascorbic Acid, NONE!
- ✓ NO Extracted, Isolated or Synthetic Vitamins!
- ✓ NO Gluten, NO Sugar, NO Soy, NO Artificial ANYTHING!

**Botanical Ingredients:** Dr. Schulze's High-C Combination: Wild-Harvested Camu-Camu Berry, Organic Acerola Cherry; Dr. Schulze's High-Bioflavonoid Combination: Organic Rose Hips, Organic Orange Pith and Peels, Organic Lemon Pith and Peels; Dr. Schulze's High-C Greens Combination: Organic Coriander Leaf, Organic Parsley Leaf, Organic Kale Leaf; Plus Raspberry, Strawberry and Habanero Pepper

**Super-C Plus.....\$24**  
Powder / 56 grams / 1-month supply

**Super-C Plus.....\$28**  
120 Tablets / 1-month supply

### Real People. Real Results.

**Helps my immune system and allergies!**

"Super-C helps with my immune system and my allergies. I triple the dosage if I feel a snuffle coming on, and it knocks it out! I love the ingredients."

L.T. in Redondo Beach, CA

**My skin looks fantastic!**

"My skin looks fantastic as a result of taking the Super-C Powder. I have less wrinkles, and my skin is shinier. I've been taking it for almost a year and am blown away by how many people have complimented me on how youthful I look. I will take Super-C forever!"

Lorrain L. in Mt. Vernon, NY

**Love what it has done for me!**

"I am doing great! I am going through menopause and I felt like I was going out of my mind. My husband was getting all the worst of me, but then I found Dr. Schulze's Fem+ and Super-C Plus, and I am the nicest person again! Love what it has done for me."

Traci H. in Los Angeles, CA

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## HOW IT WORKS



### Dr. Schulze's High-C Combination

**Wild-Harvested Camu-Camu Berry**  
**Organic Acerola Cherry**

Camu-Camu berries are the richest source of naturally occurring Vitamin-C on the planet. Up to 6,000% more concentrated Vitamin-C than citrus fruit. Acerola cherries are the second richest source of naturally occurring Vitamin-C on the planet—with up to 4,000% more Vitamin-C than citrus fruit.



### Dr. Schulze's High-Bioflavonoid Combination

**Organic Rose Hips**  
**Organic Orange Pith and Peels**  
**Organic Lemon Pith and Peels**

Rose Hips, Orange and Lemon pith and peels give you the bioflavonoids, hesperiden, rutin, enzymes and coenzymes, trace minerals, calcium, and many other super-nutrients that make up the Vitamin-C Complex.



### Dr. Schulze's High-C Greens Combination

**Organic Coriander Leaf**  
**Organic Parsley Leaf**  
**Organic Kale Leaf**

Coriander contains five times more Vitamin-C than any other herb, with Parsley as the second highest, and the richest in Vitamin-C Complex flavones. Kale is one of the richest sources of Vitamin-C and Calcium combined—the dynamic duo necessary for the absorption of Vitamin-C Complex. Finally, by adding a dash of Strawberry and Raspberry, along with Habanero Pepper (all Vitamin-C super foods), the formula keeps its fruity zing!

## VITAMIN-C: Natural vs. Synthetic

**NATURAL Vitamin-C Complex**, occurs naturally, in nature, in **fruits, vegetables and herbs**. It is a unique complex of a wide variety of nutrients, that's why it is called **Vitamin-C COMPLEX**. It is much more than just one single chemical like ascorbic acid. It is Vitamin-C, plus numerous **bioflavonoids** (also known as **Vitamin P** such as **hesperiden, rutin, quercitin, quercitrin, flavones, catechins, anthocyanidins and tangretin**).

There are over 5,000 natural Vitamin-C Complexes and flavones found in food that are extremely important to health. In just one study of 475,000 people in 10 European countries it was found that people whose diets are rich in flavones had a much lower incidence of cancer.

All of the Vitamin-C Complex nutrients are recognized, assimilated and utilized by your body. They are super-foods, powerfully nutritious stimulating, building and repairing foods for your body.

As I said, vitamins are much more than just a single chemical. They are a live, organic complex of nutrients, enzymes, coenzymes, antioxidants, trace minerals, biochemically alive and active.

**SYNTHETIC Vitamin-C**, or **ascorbic acid**, is not found in nature, and it is not a food. It is a synthetic chemical. It can only be made in a laboratory, from sugar that has been mutated with extremely harsh and powerful toxic chemicals. It is NOT alive. It is DEAD.

**Outrageously, almost EVERY SINGLE popular Vitamin-C supplement on the market today is made using chemically-synthesized ascorbic acid. WHY?**

Well, for one reason and one reason only—it is extremely **CHEAP!** Ascorbic acid is cheap vitamin chemotherapy. This is why a single dose of ascorbic acid only costs a thousandth-of-a-cent! Most all well-known research about the amazing healing and health benefits of Vitamin-C was NOT done on ascorbic acid, but done using foods rich in Vitamin-C. **Don't be misled!** The benefits of **NATURAL Vitamin-C are not supported with chemical ascorbic acid**. Ascorbic acid does kill bacteria, but like antibiotics, it kills your "friendly" bacteria too, and destroys your needed intestinal flora, which is why it often causes stomach upset, intestinal upset and bleeding.

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# THE TOP 3 THINGS VITAMIN-C COMPLEX DOES IN YOUR BODY

## 1 REVERSES DISEASE AND AGING

### Free Radicals for Dummies and Antioxidants 101

Keeping it VERY simple and not getting into atomic or molecular science, a **free radical is simply an unstable atom, molecule or ion that is circulating inside your body.**

They are kind of like broken or open atoms with “dangling” parts. The big problem is that they cause severe cell damage, and they don’t discriminate—they are like a poisonous, broken piece of glass circulating in your body and damaging and killing the brain, heart, liver, bones, muscles, skin and literally any area and any cells in your body.

Free radicals in the body are caused by unhealthy foods and an unhealthy lifestyle, which causes a condition called Oxidative Stress. **Today, free radicals have been found to advance, contribute to, if not create, almost all diseases.**

**WORSE, they are directly linked to the aging process! So, the more free radicals in your body, the faster you AGE!** Free radicals start chain reactions in your body, and when these chain reactions happen in your cells, it causes damage or death to the cell. This causes disease, aging and death.

**Now, here is the BEST part! An ANTIOXIDANT is any agent that inhibits, neutralizes and STOPS the free radicals from literally killing your cells, making you sick and killing you.** Antioxidants literally TERMINATE these harmful chain reactions caused by free radicals and TERMINATE the free radicals themselves. Doing this PROTECTS YOU, PREVENTS

Disease, PROMOTES Health, HEALS Disease, SLOWS the aging process and HELPS you live longer!

One of the most powerful nutrient antioxidants known on the planet is Vitamin-C. Vitamin-C STOPS free radicals from hurting you, and neutralizes them, PERIOD.

## 2 IT IS NECESSARY TO MAKE COLLAGEN

Collagen is a protein found in your skin and flesh. It is the main component of what is called fibrous or connective tissue in your skin, muscles, tendons, ligaments and cartilage. It is even in your arteries, veins and bones. One of the most powerful nutrients needed for your body to produce collagen is Vitamin-C Complex or Bioflavonoids.

## 3 THE IMMUNE VITAMIN

Vitamin-C is found in extremely high concentrations INSIDE immune cells. It is quickly consumed when your immune system is fighting off infections, cancer and even radiation or toxic poisons. This is why consuming abundant or extra Vitamin-C is

even more important to Prevent and Treat Colds, Flu and Fight Infections. It is powerful immune fuel that gives your immune system the fuel it needs to protect you and heal you.

### HOW TO USE SUPER-C PLUS

#### POWDER

Simply add a scoop to any drink, your favorite smoothie or sprinkle it on food, vegetable salads, or fruit salads. One 1/2-teaspoon scoop gives you 500% of your Daily Value of Vitamin-C (300 mg.) and the most important Vitamin-C Complex nutrients and natural Vitamin-C co-biotics.

Add additional scoops if you want to increase your health and well being, like during cold and flu season.

#### TABLETS

The tablets can be swallowed whole or chewed! Most kids (and even most adult kids) love the natural fruity sweet and tart flavor!



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**SUPER-C PLUS**  
**REAL Vitamin-C!**

99% of all Vitamin-C products are made from toxic, synthetic Ascorbic Acid! Dr. Schulze's Super-C Plus is made using only 11 organic and wild-harvested herbs—with no sugar or chemicals—giving you over 500% of your daily Vitamin-C and Vitamin-C Complex nutrients.



# COLD & FLU HERBAL "SHOT"

THE ULTIMATE WEAPON TO STOP A COLD OR FLU!

A few years back, in his endless quest for making things better, Dr. Schulze pre-blended his two most powerful formulas to strengthen your body's natural defenses against seasonal attacks. He combined Echinacea Plus and SuperTonic in one formula, and added many potent herbs and a large dose of Acerola Cherries to give you 1,000% (10 times) your needed Vitamin C—a powerful cold and flu fighting nutrient—all into one formula: Dr. Schulze's Cold & Flu Herbal "SHOT"!

## Getting Sick? Stop It Quick!

At the first sign of that "uh-oh" feeling, take a heroic dose of herbs—Dr. Schulze's Cold & Flu Herbal "SHOT"—and do it IMMEDIATELY! Use two, three or up to six bottles a day, whatever it takes to STOP that cold or flu DEAD in its tracks.

**Dr. Schulze's Cold & Flu Herbal "SHOT" is the ultimate HEROIC dose!**

## WHAT IT DOES

- ✓ **SUPERCHARGES** your immune system to better protect you during winter months
- ✓ **1000% RDA** of Vitamin C using organic Acerola Cherry
- ✓ Contains **20 POTENT** herbs, premixed for easy use
- ✓ The most **POWERFUL** and **CONVENIENT** herbal "SHOT" on the market

**Botanical Ingredients:** Echinacea Root and Seed, Garlic, Habanero, White Onion, Ginger, Horseradish, Acerola Cherry, Elderberry, Blackberry, Yarrow, Boneset, Desert Sage, Lobelia, Elecampane, Kola Nut, Coffee, Licorice, Cherry Bark, Horehound, Coltsfoot, Fennel, Thyme

**Cold & Flu Herbal "SHOT" ..... \$84**  
(6-pack) 1.5 ounces / 45 ml. bottle

**Cold & Flu Herbal "10-SHOT" ..... \$125**  
15-ounce bottle

## HOW IT WORKS

The Cold & Flu Herbal "SHOT" combines the exact same 12 droppersful of Echinacea Plus and the 6 droppersful of SuperTonic that Dr. Schulze prescribes in making either his Winter Health (prevention) or Blaster (treatment) drinks. It also includes many more herbal tinctures, herbal concentrates, and even specific

herbal-vitamin concentrates, like organic Acerola Cherry, Blackberry, Yarrow Flowers, Boneset Herb, Desert Sage Leaf, Lobelia Herb and Seed, Elecampane Root, Coltsfoot Herb, Horehound Leaf, Cherry Bark, Thyme Leaf, Licorice Root, Kola Nut, Coffee Bean, Fennel Seed and Elderberry. Now, all you have to do is empty all the contents

of the Cold & Flu Herbal "SHOT" into a sports bottle and add up to 16 ounces of water and/or juice, and you have the Winter Health Drink. Or, just open the cap, drink it straight out of the bottle, gargle, swallow it, and you have the perfect treatment for a cold or flu. Nothing could be easier, simpler, faster...and more potent!

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## WHY IT IS SO POWERFUL

### ▶ What I put in it...

12 droppersful of my Echinacea Plus, 6 droppersful of my SuperTonic and enough organic Acerola cherry to give you an assailable blast of natural Vitamin-C (actually 1,000%–10 times–your RDI)!

### ▶ What I ADDED to it...

A dozen more herbs that I used in the clinic that are powerfully effective for the sinus, tonsils, lungs, fevers, etc.

### ▶ What I left OUT...

This formula is made using only the most potent Organic and Wild-Harvested Herbs, with NO chemicals, NO sugars and NO JUNK!

### ▶ How to USE it...

Just take it, shake it, open it, knock it back, gargle and swallow! Nothing could be simpler or more potent!



### Real People. Real Results.

"My grandkids infected me with the flu. A friend stopped by with a box of your Cold & Flu Herbal 'SHOTS'... and once again, I was amazed that within 10 minutes I was on the mend. In an hour, it was as if I never was ill. Thank you for your fight to keep these products available."

Aurora S. in Hacienda Heights, CA

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# 30-DAY STARTER KIT

START NOW FOR GREATER HEALTH AND VITALITY!

“ I Guarantee: In a week, you’ll feel better and more alive. In two weeks, you’ll have more energy, feel less sluggish, be less toxic and those problems you had... well, they’ll be gone. ”

– Dr. Schulze

EVERY patient who visited Dr. Schulze’s clinic started with common sense, good-health basics! First, FEED your body super nutrition for greater health. Second, REMOVE the toxins and waste that cause disease. And third, STRENGTHEN your body’s immune system to promote overall health. During the three decades Dr. Schulze spent running his clinic, all of his patients on their first visit left with:

- 1 SuperFood Plus to build nutrient-rich blood
- 2 Intestinal Formula #1 to get the old, toxic waste out of their colon
- 3 Echinacea Plus to boost their immune system and Create Powerful Health

Now, Dr. Schulze has combined these three formulas together in ONE BOX! If you want better health, more energy, and you only have two minutes a day, then this program is for you.

All you have to do is swallow and WE GUARANTEE the results!

## WHAT IT DOES

- ✓ **BLASTS** every cell in your body with nutrient-rich organic vitamins and minerals to give you more **ENERGY** than ever before
- ✓ **REMOVES** the toxins and waste that cause you to be unhealthy, while **CLEANING** and strengthening your colon
- ✓ **STRENGTHENS** your immune system to better fight viruses, infections and diseases

**Program Includes:** SuperFood Plus Powder or Tablets (see pages 10-15), Intestinal Formula #1 (see pages 24-27), Echinacea Plus (see pages 50-51) and Dr. Schulze’s, “25 Ways to Have More Vitality” book, plus QuickStart Directions

### SPECIAL “Get Started” Price:

- Starter Kit ..... \$76**  
With SuperFood Plus POWDER
- Starter Kit ..... \$80**  
With SuperFood Plus TABLETS

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## HOW IT WORKS

This can be summed up in three simple steps. First, to have great health, EVERY cell in your body needs powerful nutrition going IN. Next, EVERY cell needs waste to go OUT. Finally, EVERY cell needs protection from foreign invaders like viruses, bacteria and even cancer cells.

### Start Here!

During Dr. Schulze's decades of clinical practice, EVERY patient who came to see him left with his SuperFood Plus, Intestinal Formula #1 and Echinacea Plus, after their first visit.

### Energy and Vitality!

SuperFood Plus blasts your bloodstream with nutrient-rich organic vitamins to increase your energy and vitality (see pages 10-15 for more info).

### Intestinal Formula #1

stimulates, cleans and strengthens your colon, while removing toxins and waste (see pages 24-27 for more info).

### Dr. Schulze's Echinacea Plus

stimulates peak immune performance to boost and protect your immune system (see pages 50-51 for more info).

### Simple and Easy!

This entire program only takes two minutes a day to prepare and do. It doesn't get much quicker.

### Real People. Real Results.

#### Dramatic increase in energy!

"Today is the seventh day that I have used SuperFood, Echinacea Plus, and Intestinal Formula #1, and I feel great! I have so much more energy than before!"

J.G. in  
Los Angeles, CA

#### A daily part of my lifestyle!

"SuperFood Plus, Echinacea Plus and Intestinal Formula #1 are now a daily part of my lifestyle. I feel great and have lots of energy."

Marianne P.  
(via internet)



## DR. SCHULZE'S CLINICAL EXPERIENCE

Dr. Schulze operated his clinic in Hollywood and Malibu, California. Most of his patients were movie directors, producers, actors, actresses and models. You can't find busier people, under more stress, living a faster-paced and more hectic life. They had no time and any program he put them on had to be easy, fast and simple. This program is all three—plus, it's powerfully effective!

With just these three formulas, Dr. Schulze's patients saw dramatic results in their health, and for most of them, they didn't need to do much more to have a complete healing miracle in their lives!

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**“ BALANCE the little things,  
so, they don't turn into big things! ”**

**– Dr. Schulze**



# INTRODUCTION TO SPECIFICS

**Now that you have started all my fundamental health programs, it is important to address any SPECIFIC problems that you have.**

Starting my first four steps—NUTRITION, ELIMINATE, DETOX and IMMUNE—this will turn your life around and make miracles happen. But, there is no need to suffer while you are taking the time to lay the foundation of your new super healthy life. This is where my Specific Formulas come in.

The following formulas were designed to address your individual SPECIFIC needs and problems, and assist you in correcting them. So, take a look through the following section and see my herbal formulas designed to help you with any individual problems that you may have.

Relief is on the way!

## STEP FIVE

**Dr. Schulze's FIFTH Clinical Step to Creating Powerful Health is treating individual problems and imbalances with SPECIFIC Formulas.**

### At-Risk & Prevention

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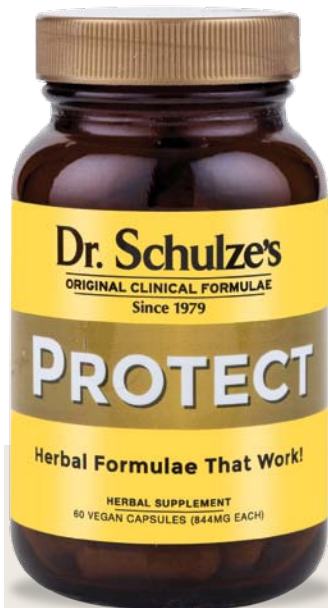
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# PROTECT FORMULA

## PROTECT YOURSELF AGAINST THE THREE LEADING CAUSES OF DEATH!

Now, I know that many of you are working hard to Create Powerful Health by creating a healthier lifestyle. You are eating better, taking my Foundational Herbal Formulas, exercising, reducing your stress, doing seasonal detox programs and becoming more positive. YES, keep it up!

At the same time, living the American Dream in 2015 is a bombardment of stress, pollutants, fat, cholesterol, sugar, salt, free radicals, trans fatty acids, and mind polluting information, ALL of them breaking your body down and causing disease.

I don't just want you to survive this onslaught—I want you to THRIVE! And, call me selfish, but I want you to be around as my customer for many more years, actually decades!

So, what I am offering is the best insurance plan available for \$1 a day. That's why every morning with my SuperFood Plus, I take my Protect Formula, too. Then I take it again after dinner.

I designed Protect Formula to give me, you, and your loved ones a fighting chance against this onslaught we call "progress". PROTECTING your heart, PROTECTING your liver, and eliminating free radicals that speed-up aging and cause disease.

Just one capsule in the morning and one capsule at night will help PROTECT you from the biggest killers in America. And, if you are at risk, use two capsules in the morning and two more in the evening.

– Dr. Schulze

### WHAT IT DOES

- ✓ Contains herbs used to **PROTECT** the heart, liver and brain
- ✓ Contains the two most **POWERFUL** herbal antioxidants
- ✓ Especially for people who are worried about their **HEALTH**, people who don't take good care of themselves and **ANYONE** over 40

**Botanical Ingredients:**  
Hawthorn Berry, Leaf and Flower, Milk Thistle Seed, Ginkgo Biloba Leaf, **Dr. Schulze's Botanical Antioxidant Complex:** Palm Fruit, Acerola Cherry; **Dr. Schulze's Botanical Circulatory Complex:** Habanero Pepper, Ginger Root, Garlic Bulb

**Protect Formula .....\$36**  
60 vegan capsules (840 mg)

**NEW Protect Formula (Family-Size) .....\$64**  
120 vegan capsules (840 mg)

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

## HOW IT WORKS

### An Herbal Compound of Hawthorn Berry, Milk Thistle and Ginkgo Biloba

First, Hawthorn will increase blood flow and oxygen to the most important muscle in your body: your heart! Hawthorn has the ability to bind, coat, and protect your heart cells.

A healthy heart is less susceptible to heart attacks, but if you do have a heart attack, having healthy heart cells will reduce the amount of scarring and damage that the heart might ordinarily sustain.

Next, the natural phytochemicals in Milk Thistle will bind to and surround each liver cell. Healthy liver cells can protect the liver from damage due to everyday modern living.

Lastly, Ginkgo will drive more blood, oxygen and nutrition into the brain and increase the removal of brain waste.

### Dr. Schulze's Herbal Antioxidant Compound of Palm Fruit and Acerola Cherry

This antioxidant compound gives you 100% of your daily Vitamins A, C and E, but the most important reason for this part of my Protect Formula is the powerful antioxidant ability of these potent ingredients.

Antioxidants PREVENT and REVERSE AGING, and BOOST YOUR IMMUNE SYSTEM. It's that simple.

### Dr. Schulze's Botanical Circulatory Complex of Cayenne Pepper, Yellow Ginger and Garlic

These three herbs are the most powerful combination that I have ever witnessed at boosting the body's natural blood flow and circulation throughout the body.



### Real People. Real Results.

"Thank you so much, Dr. Schulze! I felt great every morning when I took my SuperFood Plus. But now that I follow it up with your PROTECT pills, I feel like I'm taking good care of myself. And after years of sticking to her own health program, my wife has started finishing my bottle of Protect Formula. It's good for her to be healthy, too!"

E.C. (via internet)

"I've been taking your products for years and I LOVE them! But my husband, well, that's a different story. No matter what I said, or how good I felt, he just thought it was weird. This past January, a miracle happened! I bought him a bottle of your new Protect Formula, told him I loved him and asked him to please just take two pills a day. And you know what? HE DID IT! But that's not the miracle. The miracle is, he actually admits to feeling pretty good and he wants to keep taking it! I don't know how you did it, Dr. Schulze, but you did it!! From the bottom of my heart, thank you."

S.O. (via internet)

## Who Is PROTECT For?

### 1 People at Risk

I would put ALL of my ill, older or at-risk patients on the same formula—my Protect Formula—at least until I could get them eating well, cleaned up, exercising and back to loving life and loving themselves again.

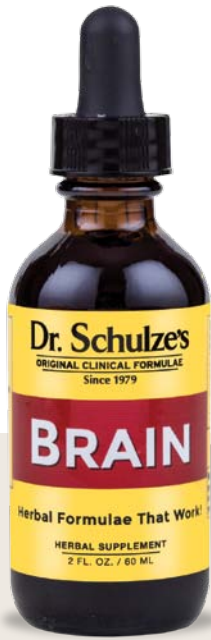
### 2 People We Love

We all have someone we want to save and protect, but they are not going to change their ways. I designed Protect Formula for those people who we can't get to do anything for themselves, except swallow one pill.

### 3 Anyone over 40

My Protect Formula is the edge you need to help you think more clearly, protect your health and gain the peace of mind to live a more vibrant life!

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# BRAIN FORMULA

## IMPROVES MEMORY AND SHARPENS CONCENTRATION!

The brain, just like any organ, needs to assimilate nutrition, and then eliminate waste. When the brain gets constipated, this blockage and subsequent backup of waste, toxins, sludge, schmutz, goo, plaque, whatever you want to call it, causes your brain to get congested, which can then cause a thousand diseases, from Alzheimer's, premature dementia, senility, eye and hearing disorders to paralysis. Alzheimer's disease alone will affect over 14 million Americans within the next decade.

### WHAT IT DOES

- ✓ **STIMULATES** circulation and **REDUCES** congestion in the brain
- ✓ **INCREASES** oxygen and blood flow to the brain
- ✓ **SUPPORTS** healthy hearing and eyesight

**Botanical Ingredients:**  
Ginkgo Biloba Leaf, Rosemary Leaf and Flower, Kola Nut, Habanero Pepper

**Brain Formula .....\$28**  
2 ounces / 60 ml. bottle

## HOW IT WORKS

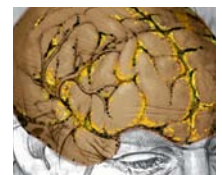
Ginkgo Biloba increases blood and oxygen flow to the brain. It has been clinically proven to support brain health. It even increases memory capability, helps dementia, promotes a sense of physical and emotional well-being, enhances healthy hearing and eyesight and much, much, more. Dr. Schulze personally witnessed the miraculous healing power of this plant in his clinic. He saw firsthand the powerful ability of Ginkgo Biloba and many other similar herbs, to increase brain circulation and function. It was a powerful and effective aid to circulatory health, positive mental attitude and many more problems related to poor circulation.

Ginkgo is 100 times more effective when mixed with CAYENNE! In the clinic, Dr. Schulze saw that the main source of his patients' complaints was due to a lower blood flow to the affected part of their body, blocking it off from the vitality of the rest of their body. When this area became blocked off, separated, congested or constipated, health problems always moved in. The bottom line: Cayenne unblocks and brings LIFE back to the WHOLE body.

Dr. Schulze used Ginkgo Biloba in his clinic for years and saw good results, but it wasn't until he mixed it with Cayenne Pepper that he saw the real healing power of Ginkgo Biloba, and what this miracle herb could do for the brain.



A healthy brain with good circulation can assimilate nutrients and eliminate waste easily.



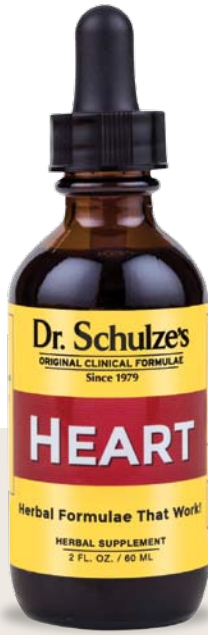
An unhealthy brain with poor circulation lacks nutrients and has a build-up of waste.

### Real People. Real Results.

"I had a major stroke. I was in the hospital for a month, and had major bleeding in the brain. The doctors had no hope in me. I have been using Brain Formula, Cayenne, Heart and Deep Tissue, and guess what, I am fully recovered, ready to go back to work."

Zack R. (via internet)

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# HEART FORMULA

## PROTECT YOUR HEART CELLS AND DIFFUSE THE TICKING TIME-BOMB!

EVERYONE needs to protect his or her heart, brain, blood vessels, arteries, veins and capillaries... EVERYONE. Stopping the number of deaths from heart disease is one of Dr. Schulze's biggest priorities.

He has said, "Imagine a ticking time bomb underneath your car, but instead of diffusing it, you wash your car and maybe give it a tune-up. All these things make your car look and run better, but the next day, the bomb still goes off. I can help you diffuse the possible ticking time bomb with my Heart Formula.



Cholesterol buildup blocking an artery, causing heart attack, stroke and death.

Heart and circulatory disease is the #1 killer in America! Over 96 MILLION Americans suffer from hypertension (high blood pressure), the leading cause of heart attacks and strokes. Protect your heart today!

### WHAT IT DOES

- ✓ A life-saving formula that **STRENGTHENS** and **TONES** the heart
- ✓ **MAINTAINS** healthy blood pressure and cholesterol levels
- ✓ **INCREASES** overall heart health and general circulation

#### Botanical Ingredients:

Hawthorn Berry, Red Clover Blossom, Cactus Grandiflorus Stem and Flower, Motherwort Herb, Garlic Bulb, Hawaiian Yellow Ginger Root, Habanero Pepper

**Heart Formula .....\$28**  
2 ounces / 60 ml. bottle

## HOW IT WORKS

Heart Formula is made with the most potent, organic Hawthorn Berry, which binds to, coats and protects your heart cells. It contains numerous phytochemicals that help the heart to pump more easily, but with more force. It also promotes healthy heart circulation and a regular heartbeat, and is a potent cardiac boost for the elderly, giving them more energy.

Other potent herbs in this formula (like Red Clover Blossom and Garlic) have been clinically proven to help maintain healthy blood pressure and cholesterol levels.

Cactus Grandiflorus Stem contains cardiac glycosides that increase the heart's pumping force, without increasing the heart's oxygen demand. Motherwort Herb exhibits strong influence over the regularity of the heartbeat. Last but not least, Habanero Pepper and Yellow

Ginger have been used as healthy heart remedies worldwide, and have saved many lives. While Habanero sends more blood to the heart first, Ginger goes to the extremities and works backward, making them a dynamic duo for increasing the body's circulation.

### Real People. Real Results.

"My heart was skipping beats and only had 47 beats per minute. When I started Heart Formula, 4 drops four times a day, I immediately had perfect beats without skipping a beat. No missing heart beats, and excellent blood pressure of 110/70!"

Jerry W. in Redlands, CA

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# CAYENNE

## THE MOST POWERFUL BLEND IN THE WORLD TO BOOST CIRCULATION!

There is no better herb than Cayenne to supercharge and dramatically boost your blood and lymphatic flow, which simply cleans, flushes and

heals the area. This Cayenne/Capsicum Concentrated Extract and Powder is by far the strongest available anywhere. We label them 250,000 heat units, but that is a MINIMUM. Often, some of the peppers we use rate over 500,000 heat units.

The Liquid Extract is preferred and more convenient for most emergency applications, while the Powder is more suited for daily health intake.

**WARNING:** This product contains extremely HOT Cayenne Pepper. Wash hands two or three times after handling this product. Do not touch sensitive areas of the body after handling this Powder. When we mix this Capsicum Powder, even some of our employees who are used to consuming hot peppers have to wear special anticontamination suits with Special Forces gas masks that Dr. Schulze bought in Germany. We are not joking.

### WHAT IT DOES

- ✓ **STIMULATES** blood flow—rapidly, powerfully and completely
- ✓ **STRENGTHENS** your heart, arteries, capillaries and nerves
- ✓ Helps maintain **NORMAL** blood pressure in healthy individuals

**Botanical Ingredients:**  
Dr. Schulze's special blend of Mexican Habanero, Jalapeño, African, Chinese, Thai, Korean and Japanese Peppers

**Cayenne .....\$22**  
(Tincture or Powder)  
1 ounce liquid fire or 2 ounces powder  
(250,000 heat units)

## HOW IT WORKS

All hot capsicum species contain the powerful phytochemicals Capsaicin and Oleoresin, which are only some of the active constituents.

Cayenne is the greatest herbal aid to circulation and can be used on a regular basis. There is no other herb that stimulates the blood flow so rapidly, powerfully and completely. After all, no other herb gives you a red face—that's blood!

For emergency use, it is almost unlimited. It has been used to improve heart health and brain function, and to maintain healthy

joint. This herb, in history, has been revered by so many herbalists that some added it to almost every formulation, and Dr. Schulze is one of them.

### Real People. Real Results.

“Six months ago, I began using the Cayenne Tincture, it reduced my weekly headaches to zero. I haven't had a headache in six months.”

Paul H. (via internet)

“ There is **NO BETTER HERB** than Cayenne to supercharge and dramatically boost your blood and lymphatic flow, which simply cleans, flushes and heals the area.”

– Dr. Schulze

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# REAL PEOPLE. REAL RESULTS.

The following testimonials were sent to Dr. Schulze by ordinary people who took responsibility for their health and have had extraordinary, empowering results! Dr. Schulze congratulates all of them for Creating Powerful Health Naturally!

## Seven years cancer-free, and counting!

"Dr. Schulze, I want you to know how much your books, tapes, and products helped me in my fight against cancer without chemotherapy. I am now nearly 7 years cancer-free! You are such a great motivator. Thanks for kicking my butt! I highly recommend the Incurables Program."

Chris W. in Memphis, TN

## Wipe out a cold or flu overnight!

"I'm a DJ and I've been flying to a different country every weekend for the last 25 years. Well, all that flying had my immune system in shreds. A few years ago, I tried SuperTonic and I haven't been sick since. Every time there's even a hint of a cold or flu, SuperTonic just wipes it out, usually overnight."

Marshall J. in Chicago, IL

## Bad food poisoning gone by morning!

"I awakened at 4am with violent vomiting and diarrhea. I got food poisoning from tuna tartar at lunch the previous day. At 7am, I went into my kitchen to get a 24-Hour Bowel Detox and distilled water. I climbed back into bed with a fever of 103, feeling like it was the last day of my life. I took the Intestinal Formula #2 capsules, as directed, every three hours, and never had any more vomiting or diarrhea. By the next morning, I was absolutely fine. I never would have made it through without Dr. Schulze's products. Thank you!"

Wendy A. in Los Angeles, CA

## Miraculous recovery saves hand!

"My neighbor was bitten by a Brown Recluse Spider. She had been to the emergency room and received anti-toxin, and was told she'd probably lose part of her hand and to go home. I gave her a bottle of Echinacea Plus and told her to take 8 squirts every two hours for the first four hours and 4 squirts each two hours thereafter, until it was gone. I also made a poultice out of Intestinal Formula #2, garlic powder and olive oil. This she applied directly to the bite and changed every eight hours. She returned to the emergency room three days later for a follow up, and was told that she had had a miraculous recovery."

Joseph O. in Knoxville, TN

## Saving grace for my monthly cycle!

"My menstrual cycle was irregular. My friend recommended the Female Formula, and within a month my cycle was back to normal. This has become a saving grace each month, as I plan to get pregnant in the coming months."

Lea G. in Alhambra, CA

## Instant clarity!

"Brain Formula brings almost instant clarity to my thinking and has almost restored my memory. It sharpens my vision, as well."

Lady H. (via internet)

## I thank God, you, and the wonderful healing!

"I purchased the 30-Day Detox program. I have completed the bowel cleanse, the liver/gallbladder cleanse and have started the kidney/bladder cleanse. In two months of raw live foods and your products, I am feeling more alive than ever, and I have lost 20 pounds in the process of getting healthy. I want to thank you for your products, but mostly I thank God for you and for the wonderful healing."

Maria C. in Garden Grove, CA

## Doctor confirms back surgery no longer needed!

"I recently suffered from some very severe lower back pain, to the point where I thought surgery was my only option. I began to use your Deep Tissue Ointment on my lower back every day. It brought tremendous relief and helped me get through my day. I must admit this stuff is awesome and really works. The inflammation in my back is down significantly and I feel so much better, and my doctor confirmed I don't need surgery."

Scott C. in Cranberry Township, PA

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# COLD & FLU HERBAL "SHOT"

THE ULTIMATE WEAPON TO STOP A COLD OR FLU!

A few years back, in his endless quest for making things better, Dr. Schulze pre-blended his two most powerful formulas to strengthen your body's natural defenses against seasonal attacks. He combined Echinacea Plus and SuperTonic in one formula, and added many potent herbs and a large dose of Acerola Cherries to give you 1,000% (10 times) your needed Vitamin C—a powerful cold and flu fighting nutrient—all into one formula: Dr. Schulze's Cold & Flu Herbal "SHOT"!

## Getting Sick? Stop It Quick!

At the first sign of that "uh-oh" feeling, take a heroic dose of herbs—Dr. Schulze's Cold & Flu Herbal "SHOT"—and do it IMMEDIATELY! Use two, three or up to six bottles a day, whatever it takes to STOP that cold or flu DEAD in its tracks.

Dr. Schulze's Cold & Flu Herbal "SHOT" is the ultimate HEROIC dose!

## WHAT IT DOES

- ✓ **SUPERCHARGES** your immune system to better protect you during winter months
- ✓ **1000% RDA** of Vitamin C using organic Acerola Cherry
- ✓ Contains **20 POTENT** herbs, premixed for easy use
- ✓ The most **POWERFUL** and **CONVENIENT** herbal "SHOT" on the market

**Botanical Ingredients:** Echinacea Root and Seed, Garlic, Habanero, White Onion, Ginger, Horseradish, Acerola Cherry, Elderberry, Blackberry, Yarrow, Boneset, Desert Sage, Lobelia, Elecampane, Kola Nut, Coffee, Licorice, Cherry Bark, Horehound, Coltsfoot, Fennel, Thyme

**Cold & Flu Herbal "SHOT" ..... \$84**  
(6-pack) 1.5 ounces / 45 ml. bottle

**Cold & Flu Herbal "10-SHOT" ..... \$125**  
15-ounce bottle

## HOW IT WORKS

The Cold & Flu Herbal "SHOT" combines the exact same 12 droppersful of Echinacea Plus and the 6 droppersful of SuperTonic that Dr. Schulze prescribes in making either his Winter Health (prevention) or Blaster (treatment) drinks. It also includes many more herbal tinctures, herbal concentrates, and even specific

herbal-vitamin concentrates, like organic Acerola Cherry, Blackberry, Yarrow Flowers, Boneset Herb, Desert Sage Leaf, Lobelia Herb and Seed, Elecampane Root, Coltsfoot Herb, Horehound Leaf, Cherry Bark, Thyme Leaf, Licorice Root, Kola Nut, Coffee Bean, Fennel Seed and Elderberry. Now, all you have to do is empty all the contents

of the Cold & Flu Herbal "SHOT" into a sports bottle and add up to 16 ounces of water and/or juice, and you have the Winter Health Drink. Or, just open the cap, drink it straight out of the bottle, gargle, swallow it, and you have the perfect treatment for a cold or flu. Nothing could be easier, simpler, faster...and more potent!

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## WHY IT IS SO POWERFUL

### ▶ What I put in it...

12 droppersful of my Echinacea Plus, 6 droppersful of my SuperTonic and enough organic Acerola cherry to give you an assailable blast of natural Vitamin-C (actually 1,000%–10 times–your RDI)!

### ▶ What I ADDED to it...

A dozen more herbs that I used in the clinic that are powerfully effective for the sinus, tonsils, lungs, fevers, etc.

### ▶ What I left OUT...

This formula is made using only the most potent Organic and Wild-Harvested Herbs, with NO chemicals, NO sugars and NO JUNK!

### ▶ How to USE it...

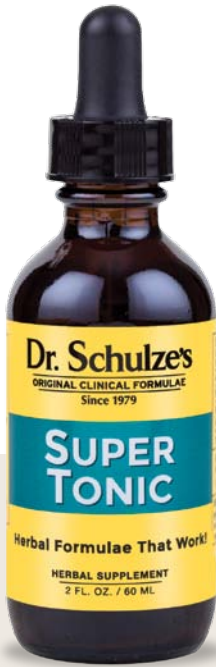
Just take it, shake it, open it, knock it back, gargle and swallow! Nothing could be simpler or more potent!



### Real People. Real Results.

"My grandkids infected me with the flu. A friend stopped by with a box of your Cold & Flu Herbal 'SHOTS'... and once again, I was amazed that within 10 minutes I was on the mend. In an hour, it was as if I never was ill. Thank you for your fight to keep these products available."

Aurora S. in Hacienda Heights, CA



# SUPERTONIC

## AN ALL-PURPOSE MIRACLE TONIC THAT KILLS MICRO-ORGANISMS ON CONTACT!

This is Dr. Schulze's all-around, all-purpose herbal tonic with an almost unlimited list of uses. His patients not only called it "the cure for the common cold," but often said it was "the cure for EVERYTHING," and they used it in a thousand different ways.

SuperTonic destroys harmful micro-organisms ON CONTACT. It naturally breaks up sinus and chest irritants to promote open and clear breathing.

### WHAT IT DOES

- ✓ **DESTROYS** harmful micro-organisms on contact, especially during winter months
- ✓ **NATURALLY** supports clear and open sinuses and lungs
- ✓ **STARTS** working immediately

**Botanical Ingredients:**  
Fresh Habanero Pepper, Garlic Bulb, White Onion, Hawaiian Yellow Ginger Root, Horseradish Root

**SuperTonic ..... \$24**  
2 ounces / 60 ml. bottle

## HOW IT WORKS

The fresh juices of organic Horseradish Root drive this formula to your head, sinuses, throat and lungs, where you need it. The organic Garlic Juice and its next of kin, organic Onion Juice, are the two best herbs to flush micro-organisms from your body. The organic Yellow Ginger Root Juice and Habanero Pepper Juice stimulate your blood and lymphatic flow like no other herbs, to get your immune cells to the bad guys as fast as possible. The organic, raw, unfiltered Apple Cider Vinegar preserves all of these plant juices and cleanses your body, too.

### Real People. Real Results.

"Last night, I woke up in the middle of the night with a sore throat. OH dear, I thought. I got up and did 7 squirts of the Throat & Tonsil (which really makes my eyes water – tastes awful but really effective), 15 SuperFood Plus capsules, and gargled with SuperTonic. I went back to bed and woke up FINE! No sore throat!!!! Thank you! THANK YOU! Now, I won't be calling in sick tomorrow :) My kindergarteners will appreciate that!"

Cynthia G. in Arlington, VT

### Results the next day!

"I had a BAD sore throat, and using your Throat & Tonsil, Echinacea Plus and SuperTonic, I bombarded my throat, gargling with a dropperful of all three together many times a day. I saw results the next day, and in two days it was almost gone."

F.M. in Simi Valley, CA

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Spray

Tincture

# THROAT & TONSIL

## DISINFECTS, PROTECTS AND SOOTHES YOUR THROAT AND TONSILS!

Doctors agree that the flu and most colds start in your sinuses and throat. Then, the dripping infection drains downward and infects your lungs, and you really

get sick. If you can stop the infection early—while it is still in your throat—you will save yourself a lot of pain and suffering. Dr. Schulze's Throat & Tonsil Formula gives you what you need for your body to naturally fight against colds and flu.

Dr. Schulze's Throat & Tonsil Spray (with 400% more Botanical Menthol and 300% more Cayenne) is the best way to defend against micro-organisms. It will also cool and soothe your throat and tonsils, immediately! Dr. Schulze's original Throat & Tonsil Tincture is still available. At the first sign of a seasonal attack, gargle and swallow this formula to put the fire out!

NOTE: The tonsils and adenoids are part of your immune system. When they are swollen or inflamed, it means you have been invaded by some harmful micro-organism, and that your immune system is going into action. Modern medical books stress the importance of the tonsils in the maintenance of your immunity, and argue against performing tonsillectomies.

## WHAT IT DOES

- ✓ **STRENGTHENS** your natural immune defenses against colds and influenza
- ✓ **HELPS** get rid of micro-organisms that invade your body, especially during winter months
- ✓ **HELPS** your throat and tonsils feel better

**Botanical Ingredients:**  
Echinacea Angustifolia Root, Echinacea Purpurea Seed, Garlic Bulb, Habanero Pepper, Peppermint Leaf and Essential Oil, California Fig Concentrate

**Throat & Tonsil.....\$15**  
(Spray) 1 ounce / 30 ml. spray

**Throat & Tonsil.....\$24**  
(Tincture) 2 ounces / 60 ml. bottle

## DR. SCHULZE'S CLINICAL EXPERIENCE



Years ago, a man and his wife brought their 7-year-old daughter to my clinic. She had tonsillitis and her airway was almost closed off. Mom was open-minded and health conscious, while Dad was a medical doctor and mad about even being in my clinic. He yelled at me, 'You've got a week, or I am cutting her tonsils out!' I had her

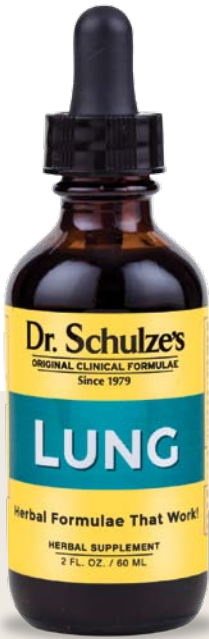
gargle and swallow 4 droppersful of Throat & Tonsil Formula, 2 droppersful of Echinacea Plus and 1 dropperful of SuperTonic six times a day. Within a week, her tonsils were fine, and to this day, she still has them.

### Real People. Real Results.

"My 9-year-old son was having problems with his tonsils. He would complain about a sore throat a lot, and everytime he did, his throat would pus-up instantly. The doctors were talking about removing his tonsils, so I started him on your Throat & Tonsil and saw instant results. The pus was gone the next morning! I'm really glad I was told about this product and will spread the word. Thanks!"

Tina R. (via internet)

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# LUNG TONIC CLEARS AND OPENS THE LUNG PASSAGEWAYS!

Dr. Schulze's Lung Tonic does two main things to help you. First, it helps you breathe by supporting respiration. Second, while most doctors try to stop you from

coughing, Dr. Schulze added herbs that promote coughing! That's because you need to cough to get better! Plus, if you suppress your cough, it will just make the whole miserable experience last much longer. Lung Tonic will also assist your body in defending itself, rather than relying on chemicals, producing results in a few days instead of weeks or months.

**“ While medical doctors design cough medicine to STOP you from coughing, I make this herbal tonic to make you cough more. With my tonic, you might cough more for a few hours, instead of suppressing your cough, which will make your cough last for a month. ”**

– Dr. Schulze



Healthy Lung



Bronchitis

## WHAT IT DOES

- ✓ **PROMOTES** clearer breathing by opening up respiratory passageways
- ✓ **SUPPORTS** the body's need to cleanse through coughing
- ✓ **STRENGTHENS** your immune system, so it can naturally fend off respiratory invaders and contaminants

**Botanical Ingredients:**  
Lobelia Leaf and Seed, Elecampane Root, Coltsfoot Leaf, Horehound Leaf, Licorice Root, Kola Nut, Coffee Bean, Cherry Bark, Thyme Leaf, Fennel Seed, Peppermint Leaf Essential Oil

**Lung Tonic.....\$28**  
2 ounces / 60 ml. bottle

## DR. SCHULZE'S CLINICAL EXPERIENCE

During any lung infection (in addition to using my Lung Tonic) there are two things that you can do that will help you get better much more rapidly. First, stop consuming ALL dairy products. They are well known for congesting the lungs and sinus. Consume only pure water, fresh juices and herbal teas, until you are well.

Second, use my SuperTonic and Echinacea Plus. SuperTonic is a strong addition to my Lung Tonic, because it mercilessly goes after the invaders from the outside that are working their way in through your mouth to your tonsils and your lungs. Echinacea Plus supercharges your immune system from the inside out, and increases your body's own ability to defend itself.

### Real People. Real Results.

**No need to use my inhaler!**

"I was born with asthma. My whole life (especially in winter) I had to use my inhaler. After finding Dr. Schulze's Lung Tonic, I have no need to use my inhaler in 14 months! Four drops in the morning, and four in the evening keeps the inhaler away!"

David G. in Culver City, CA

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## AIR DETOX

### A STIMULATING AROMA THAT DISINFECTS AND PURIFIES THE AIR!

This Air Detox is the exact formula Dr. Schulze developed to disinfect the air in his clinic. With many very sick patients (some literally crawling through the door) his clinic sometimes smelled horrible and the air was thick with germs. Only pure,

undiluted, 100% essential oils are strong enough to disinfect the air and kill bacteria, viruses and fungi, especially in the bathroom.

At home, Air Detox disinfects the air, including killing the bacteria that cause the common cold and the virus that causes the flu. It is essential for high-risk households with children, pregnant women and senior citizens. It is a full-strength blend of very powerful essential oils that destroy airborne bacteria, viruses, fungi, infections, pathogens, antigens and harmful micro-organisms on contact.

Dr. Schulze designed this blend not only to be the most powerful germ-killing formula, but also for the aromatherapy action of lifting the spirits and clearing the mind. Our ancestors used these herbs for their medicinal value, as well as for their emotional and spiritual value. These herbs were also used to cleanse the living environment of bad feelings and negative energy.

### WHAT IT DOES

- ✓ **DESTROYS** airborne bacteria, viruses, pathogens and antigens on contact
- ✓ **DELIGHTFUL** eucalyptus/citrus scent lifts the spirits and clears the mind
- ✓ **100%** pure essential oils, not diluted
- ✓ **GREAT** for your home, office or car

**Botanical Ingredients:**  
100% pure essential oils of Eucalyptus, Grapefruit, Lime, Lemon and Orange

**Air Detox** .....\$14  
2 ounces / 60 ml. bottle

**Air Detox** .....\$24  
4 ounces / 120 ml. bottle

## HOW IT WORKS

Eucalyptus Oil, Lime Oil, Grapefruit Oil and Orange Oil all contain very powerful essential oils. These oils have been widely studied and tested, and are proven to be full-spectrum antimicrobials. They are potent and effective broad-spectrum bactericides, fungicides, antivirals and antiparasitics.

### Real People. Real Results.

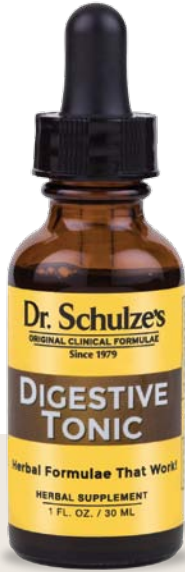
"My sister was visiting and came down with a cold and cough and was sneezing and coughing everywhere. I sprayed the Air Detox and even hugged and kissed her, but I stayed cold free. I love this spray!"

Robin S. in Santa Monica, CA

"At work, people around me were coughing and sneezing. I sprayed Air Detox around our desks and everyone was quiet for a long time. We felt much better and more relaxed too!"

Patrick V. in Amsterdam, The Netherlands

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# DIGESTIVE TONIC

## SOOTHE AND CALM ANY DIGESTIVE DISTURBANCE!

This is a great formula for when you wake up in the middle of the night with acid reflux, indigestion and heartburn. Take a few droppersful of this formula in a little water, and in five minutes your indigestion will be gone. Then, it's back to dreamland.

When you are out and you eat that meal that feels like a rock in your stomach, this formula will be a godsend. You can even add a few droppersful to a cup of hot water and make a tasty digestive tea. Also, when traveling, this is the greatest formula for queasiness associated with motion.

Dr. Schulze knows, because he travels all over the world on all types of transportation. He always brings along his Digestive Tonic and rides it out with a smile.

### WHAT IT DOES

- ✓ **STOPS** indigestion, gas and stomach upsets **IMMEDIATELY**
- ✓ **ELIMINATES** the discomfort that sometimes comes with traveling and motion
- ✓ **FRESHENS** breath
- ✓ **GREAT** for kids with sensitive digestion

**Botanical Ingredients:**  
Hawaiian Yellow Ginger Root, Fennel Seed, Peppermint Leaf and Oil

**Digestive Tonic.....\$22**  
1 ounce / 30 ml. bottle

## HOW IT WORKS

Ginger Root, Sweet Fennel Seed and Peppermint Leaf all contain essential oils that, according to medical texts and even The Merck Index, are therapeutically carminative. This means they stimulate the digestive system, as well as relax the stomach, thereby supporting digestion and helping to relieve gas in the digestive tract. Ginger powerfully minimizes an upset stomach and reduces queasy feelings, while Peppermint is an effective gastric sedative and relaxant.

### Real People. Real Results.

"The Digestive Tonic is amazing. I used this when I got motion sickness on a 10-hour flight, and it worked great. My friend has used it to help alleviate her morning sickness. I love this product!"

Rikki (via internet)

"I went with my family on a cruise to Mexico over the holidays and I got some sort of bug that was going around. All I can say is I felt like puking well over a dozen times during one of the days...everyone else who got the bug ended up puking numerous times, but not me. I just took a little squirt of your Digestive Tonic and the feeling was completely gone. Thanks for making such a brilliant formula!"

Joshua H. in Elmhurst, IN

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## DIGESTIVE “SHOT”

### A POWERFUL, FAST SOLUTION TO YOUR DIGESTIVE UPSETS!

This formula is a powerful solution to your digestive problems, as it provides you with the natural enzymes you need to properly digest your food, assimilate its nutrients and eliminate the leftover waste. It also includes the powerful herbal phytochemicals that relieve gas and digestive complaints.

Dr. Schulze's Digestive “SHOT” contains 10 droppersful of his Digestive Tonic, which is the amount he would have given you if you came to his clinic with a digestive disturbance, like gas, bloating, indigestion...anything. You'll notice when you take it that it's POWERFUL and it WORKS. As Dr. Schulze says, “It's a WOW!” This “SHOT” is to be used on an as-needed basis, taken before a meal to assist, aid and promote better digestion, and after a meal or before bed to prevent any digestive disturbances.

### WHAT IT DOES

- ✓ Works **FAST** on severe digestive disturbances
- ✓ **COMBATS** gas, bloating, heartburn and nighttime digestive upsets
- ✓ **PROMOTES** better digestion

#### Botanical Ingredients:

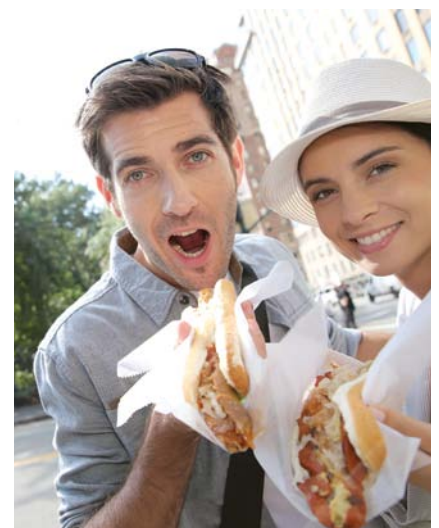
**Dr. Schulze's Proprietary Digestive Formulae:** Hawaiian Yellow Ginger Root, Peppermint Leaf and Oil, Fennel Seed;  
**Dr. Schulze's Proprietary Digestive Enzyme Formulae:** Papaya Purée with enhanced Papain Enzyme, Pineapple Purée with enhanced Bromelain Enzyme

**Digestive “SHOT” ..... \$42**  
 (3-pack) 1.5 ounces / 45 ml. bottle

## HOW IT WORKS

This herbal complex contains the three most powerful “digestive aid” herbs known: Peppermint Spirits, Ginger Rhizome and Sweet Fennel Seeds. Plus, Dr. Schulze has added his enhanced Papain Papaya purée and his enhanced Bromelain Pineapple purée. Both Papain and Bromelain are powerful digestive enzymes. Together, they help break down food, while your body is also trying to break down the food in your digestive tract. They almost predigest the food for you.

This is a good tonic to have on your nightstand for those times when you go out and have a lunch or a dinner that doesn't agree with you. It would be a great idea to take the entire “SHOT” before you go to bed. If you didn't and you wake up in the middle of night with that horrible burning in your throat, well, take the “SHOT” now, if you're in trouble. Just shake it up, take the entire “SHOT” and you will be able to go right back to sleep!



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# VITALITY "SHOT"

## A HEALTH AND VITALITY SUPERCHARGER!

One of the reasons many people find it impossible to get motivated to eat better, move more, lose weight and create a healthier lifestyle is simply because we just don't have the energy and vitality. Well, problem solved, my friends!

With my Vitality "SHOT", I set out to make a true, natural, herbal, organic and healthy energy and vitality formula that gives you lots and lots of clean energy.

It has lots of power behind it, making you feel strong, powerful, refreshed and gives you energy all day long. Yet when it's time for sleep, you'll sleep like a baby, with no crash at the end. And even better, in the morning you will wake up refreshed, revitalized and feeling great!

**“ This is a Healthy and 100% Herbal Vitality Boost that lasts all day, has an invisible finish, lets you sleep like a baby, and leaves you feeling refreshed and invigorated the next day.”**

– Dr. Schulze

### WHAT IT DOES

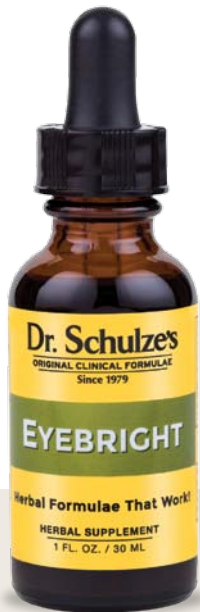
- ✓ A powerful and effective **ENERGY** and **VITALITY BOOST** that lasts all day long
- ✓ Increases **PHYSICAL** endurance, stamina, strength, power, performance and vitality
- ✓ Increases **MENTAL** focus and concentration

**Botanical Ingredients:**  
**Dr. Schulze's Stimulating Energy Complex:** Oat Seed, Green Tea Leaf, Yerba Mate Leaf, Guarana Seed, Kola Nut, Coffee Bean;  
**Dr. Schulze's Power Complex:** Siberian Eleuthero Root, Wild American Blue Ridge Ginseng Root; **Dr. Schulze's Nutritional Complex:** Dr. Schulze's Proprietary Non-Fermentable Saccharomyces cerevisiae Yeast, Blue-Green Algae, Acerola Cherry;  
**Dr. Schulze's Circulatory Complex:** Ginkgo Biloba Leaf, Ginger Root, Habanero Pepper

**Vitality "SHOT" .....\$28**  
(2-pack) 1.5 ounces / 45 ml. bottle



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## EYEBRIGHT FORMULA

### FOR CLEANER, CLEARER AND BRIGHTER EYES!

Eyebright Formula is based on classic eyewash herbs that have been used for literally centuries for this purpose. It is extremely useful for cleansing around sensitive areas like the eyes, inside the sinus cavity and sensitive mucous membrane areas.

“ My Eyebright Formula is one that many people forget about, nevertheless, it is a very effective and very powerful formula for washing, cleansing, and disinfecting the eyes. ”

– Dr. Schulze

### WHAT IT DOES

- ✓ **SUPPORTS** healthy blood circulation to the eyes
- ✓ **REDUCES** eye irritation
- ✓ **REMOVES** harmful contaminants that can damage your eyes

**Botanical Ingredients:**  
Eyebright Herb and Flower, Goldenseal Root, Mullein Flower, Fennel Seed, Red Raspberry Leaf, Cayenne Pepper

**Eyebright Formula.....\$22**  
1 ounce / 30 ml. bottle



### Real People. Real Results.

“I am a model/actress and just got done shooting an infomercial this week. A few days before the shoot, I had been dealing with some sort of sinus infection. I was taking your tonics, SuperFood, etc. and also started using the Eyebright in the morning to clear any ‘eye boogies’. Well, the day of my shoot the director asked if I wore contacts and I said no. He commented on how clear and bright blue my eyes were. He said they just shined on camera. I’ve been a believer of all your products for 10 years now. Thank you for all that you do!”

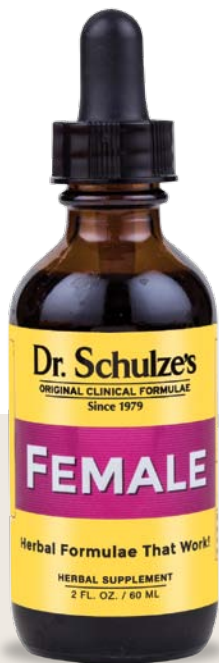
Mary W. in NJ

### HOW IT WORKS

Goldenseal Root is a mild-acting, but highly effective, cleansing herb. It contains the alkaloids hydrastine, berberine and canadine, as well as volatile oils and resins. The first two are listed medically as cleansers. Eyebright Herb and Flower and Fennel both have a long history of soothing the eyes. Mullein is very soothing to the delicate mucous membranes. Red Raspberry is a mild astringent.

All of these herbs working together guarantee you cleaner, clearer and brighter eyes.

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# FEMALE FORMULA

## PROMOTES NORMAL AND HEALTHY MONTHLY CYCLES!

Dr. Schulze designed his Female Formula to balance female hormones, which are the cause of almost all female problems, complaints and crises, from puberty through menopause and beyond.

### Ignite Your Sex Drive!

Balancing your natural well-being with Female Formula will also increase your libido. The Damiana Leaf in Female Formula is one of the most widely used herbs in all of history. It is an herbal female aphrodisiac, or what Ginseng is to a man. Also, getting healthy—really healthy—with all of Dr. Schulze's Foundational Programs is the best way to supercharge your sex life. Remember, healthy is HOT!

### WHAT IT DOES

- ✓ **REGULATES** and **BALANCES** a woman's body chemistry during her monthly cycle
- ✓ **FEEL** physically and emotionally balanced!
- ✓ Helps **REDUCE** the stress of the changing female body chemistry later in life

**Botanical Ingredients:** Dong Quai Root, Chaste Tree Berry, Wild Yam Root, Damiana Leaf, Licorice Root, Hops Flower

**Female Formula .....\$28**  
2 ounces / 60 ml. bottle

## HOW IT WORKS

Throughout history the herbs in this formula have been used to treat biochemical imbalances in the body and just about every other female health problem known.

Dong Quai, Chaste Tree Berry and Wild Yam Root are the three most popular herbs for female complaints in traditional Chinese, European and American herbal medicine, respectively. More than one billion women worldwide have used Dong Quai, and praise this plant as a lifesaver for biochemical imbalances.

Chaste Tree Berry is documented in clinical trials to support natural hormonal balance in females.

Wild Yam Root actually contains plant sources of steroids.

All of the chemicals in these three powerful herbs are thought to positively affect and support the functioning of the healthy pituitary and hypothalamus in the brain, which both control the manufacture and release of hormones from the ovaries, through the release of metabolic chemicals.

Damiana Leaf is a powerful strengthener and aphrodisiac. Licorice Root and Hops Flower have been used throughout history to naturally promote optimum female hormone levels and overall health.

For a powerful dose in a single "SHOT" see page 83!

### Real People. Real Results.

"Since I have been taking Female Plus, I've noticed a tremendous result. Mood swings have lessened, the anxiety is gone, and I don't have night sweats anymore."

Linda R. in Los Angeles, CA

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**“ Because our level of health in America has degenerated to such a low level, the change of life that happens for every woman has turned into a curse, instead of being a natural, wholesome event. In the clinic, the first thing I reached for was my Female Formula.**

**Start with 2 droppersful three times a day. For more serious cases, take an additional 2 to 3 droppersful before bedtime. My Female Formula will help your body to remain balanced and healthy instead of succumbing to the ‘big crash.’ Plus, you will feel less stress during times of change, and have a steadier mood.”**

**– Dr. Schulze**

## **DR. SCHULZE’S CLINICAL EXPERIENCE**

While running his clinic, Dr. Schulze saw many women who became incapable of functioning normally (both physically and emotionally) because of changes that were naturally happening to their bodies. They weren’t sick, they just weren’t the same. Or, at least they didn’t feel that way. Dr. Schulze’s Female Formula was a lifesaver for them. Besides the obvious health benefits of hormonal balancing, many saved their marriages, their families, their careers and their sanity by using this formula. It regulates and balances the complex changes that happen to women from puberty through the menopausal stage of life. Female Formula will regulate and normalize female cycles. And, it will increase sexual desire.

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## **BALANCE YOUR BODY CHEMISTRY**

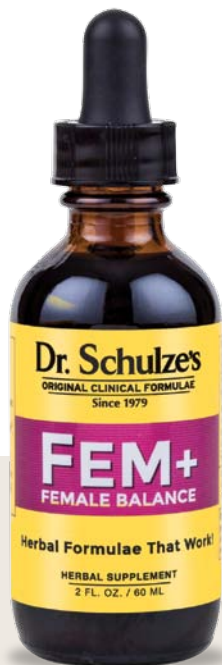
Dr. Schulze’s Female Formula will regulate and balance female health, and provide a sense of well-being and control. It allows women to stay more youthful and natural, and to make comfortable transitions from puberty through menopause and beyond.

## **HELP YOUR BODY SUPPORT PREGNANCY**

In Natural Healing, trouble with getting pregnant is simply a protective measure that your body takes. Your body knows that in an unhealthy state, you may not be able to survive a pregnancy, and even if you do, your children could be born unhealthy. In Dr. Schulze’s clinic, couples who wanted to have children had an easier time if they were willing to get healthy first. As in most situations, (and especially with getting pregnant) doing all of Dr. Schulze’s Foundational Programs, along with taking his Female Formula, will help you achieve the best results.

## **TRANSITIONING TO MENOPAUSE**

Every woman, no matter who she is, no matter what her lifestyle, will sooner or later experience menopause. If you’re a woman and if you live long enough, there’s no avoiding it. The natural approach is the only sane approach. Support your body, STOP your bad habits, START new healthy ones and use Female Formula to let your body do what it was designed to do— heal and guide you through this natural life transition.



## FEMALE PLUS

### BALANCES FEMALE HORMONES AND RELIEVES BLOATING AND MOOD SWINGS!

FEM+ is the Female Balance Tonic Dr. Schulze used in his clinic, and it is literally a godsend. It saved jobs, relationships, marriages and even lives. How does it differ from the Female Formula on the previous page? In

addition to the same ingredients, this formula also contains nervine and diuretic herbs. During PMS and even menopause, a woman's sensitivity becomes heightened—sometimes to the point of explosion—and normal, everyday things become highly agitating. The nervine and antispasmodic herbs added in this formula relieve the hypersensitivity that is common during the monthly cycle, and even more during the changes that ensue in later years. Another very common complaint of PMS is excess weight gain and bloating due to fluid and water retention. This is why Dr. Schulze added several diuretic herbs to this formula, like Uva Ursi Leaf, Juniper Berry and Corn Silk. For best results, use one bottle of FEM+ every month for a minimum of three months. You can continue to use this formula indefinitely with no negative side effects. **Also, be sure to follow Dr. Schulze's "Awareness Treatment" found under "Female Plus" at [herbdoc.com](http://herbdoc.com).**

NOTE: For information on Uva Ursi Leaf, Juniper Berry and Corn Silk, see K-B Formula (page 84). For information on Dong Quai, Chaste Tree Berry and Wild Yam Root, see Female Formula (page 80-81). For information on Valerian Root, Lobelia Pod and Seed, Passionflower and Hops Flower, see Nerve Formula (page 96).

### WHAT IT DOES

- ✓ **REGULATES** and **BALANCES** a woman's body chemistry during her monthly cycle
- ✓ Helps women **REGAIN** control and stop suffering from terrible mood swings, irritability and bloating
- ✓ **REDUCES** bloating, **MAINTAINS** normal water retention and **CALMS** the nerves

**Botanical Ingredients:** Dong Quai Root, Chaste Tree Berry, Wild Yam Root, Valerian Root, Lobelia Herb and Seed, Passionflower Herb, Hops Flower, Uva Ursi Leaf, Juniper Berry, Corn Silk

**Female Plus .....\$28**  
(FEM+) 2 ounces / 60 ml. bottle

“ My FEM+ (Female Balance) Formula is primarily designed to promote and maintain hormone levels in women. Similar to my Female Formula, my FEM+ has the addition of diuretic, nervine and antispasmodic botanical herbs. These additional herbs are added to support women emotionally, reduce bloating and maintain normal water retention, as well as to quiet and calm the nerves. ”

– Dr. Schulze



# FEMALE "SHOT"

## BALANCES HORMONES- BALANCES YOU PHYSICALLY, EMOTIONALLY AND SPIRITUALLY!

The secret to the Female "SHOT" is Dr. Schulze's 4 potent complexes...

### Dr. Schulze's Female Tonic Complex

This complex BALANCES your female hormones, and when your hormones are balanced, you are not producing too many, nor too little. Then, your female organs stay healthy and your whole body, mind and spirit is calm, empowered, feminine and happy.

### Dr. Schulze's Female Empowering Complex

The herbs in this complex do three main things... First, they STIMULATE your feminine energy. Next, they FEED your feminine energy. Third, they increase CIRCULATION to your female organs to keep them healthy.

### Dr. Schulze's Nerve Tonic Complex

This herbal complex is a sedative and antispasmodic. So, while the other complexes in the Female "SHOT" balance your hormones, this complex will balance your mind and spirit.

### Dr. Schulze's K-B Tonic Complex

This is a powerful herbal complex to assist you in eliminating water retention and unwanted bloating.

## WHAT IT DOES

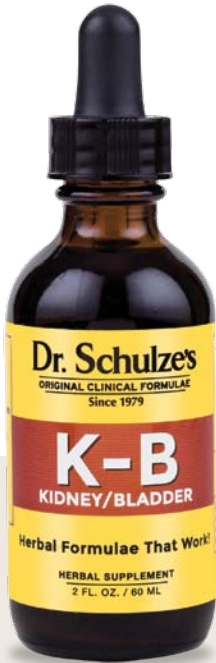
- ✓ A **POWERFUL**, extra-strength female formula for crisis situations related to PMS, menstruation, menopause and fertility
- ✓ **BALANCES** your female hormones for better health
- ✓ **STIMULATES** your feminine energy

**Botanical Ingredients:** Dr. Schulze's Female Tonic Complex: Dong Quai Root, Chaste Tree Berry, Wild Yam Root, Damiana Leaf, Licorice Root, Hops Flower; Dr. Schulze's Female Empowering Complex: Damiana Leaf, Ginkgo Biloba Leaf, Red Clover Blossom, Black Cohosh Root, Ginger Root; Dr. Schulze's Nerve Tonic Complex: Valerian Root, Lobelia Herb and Seed, Passionflower Herb, Hops Flower, Black Cohosh Root, Blue Cohosh Root, Skullcap Herb, Wild Yam Root; Dr. Schulze's K-B Tonic Complex: Uva Ursi Leaf, Juniper Berry, Horsetail Herb, Burdock Root, Corn Silk, Parsley Root

**Female "SHOT" ..... \$42**  
(3-pack) 1.5 ounces / 45 ml. bottle



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# K-B FORMULA

## DIURETIC AND DISINFECTANT FOR THE KIDNEYS AND BLADDER!

If you want to stay healthy, keeping your kidneys in good working condition is essential. Every organ in your body **DEPENDS** on your kidneys staying healthy and strong. In fact, all the cells in your body need nutrition brought **IN** and waste eliminated **OUT**, and they need your **KIDNEYS** to do this! Clogged and sluggish kidneys impact every system of the body, because your kidneys are such a key part of delivering essential vitamins and oxygen to your cells and getting waste and toxins out.

### WHAT IT DOES

- ✓ **DIURETIC** and disinfectant for the kidneys and bladder
- ✓ Helps **MAINTAIN** healthy kidneys and dissolves deposits
- ✓ **SUPPORTS** healthy urine flow

**Botanical Ingredients:**  
Uva Ursi Leaf, Juniper Berry, Horsetail Herb, Burdock Root, Corn Silk, Parsley Root

**K-B Formula.....\$28**  
2 ounces / 60 ml. bottle

### HOW IT WORKS

The herbs in Dr. Schulze's K-B Formula have been shown to have three useful actions to promote health: healthy urine flow, cleansing functions and dissolving calcium deposits. Herbs such as Uva Ursi Leaf, Juniper Berry, Corn Silk, Horsetail Herb, Parsley Leaf and Root and others in this formula have been used for centuries as diuretics. Diuretics stimulate healthy kidneys to excrete urine, which produces a natural disinfectant action in the kidneys and bladder. Some of these herbs, like Juniper Berry and Uva Ursi Leaf, are also powerful cleansers for your kidneys and bladder.

Uva Ursi Leaf contains powerful phytochemicals, such as volatile oils, arbutin, quercetin, and mallic and gallic acids. Arbutin supports a healthy and clean urinary tract. Quercetin protects the trillions of capillaries in the delicate kidney filtering system. Mallic and gallic acids (the same as found in apples and apple cider vinegar) have long been used for kidney and bladder health. Juniper Berry, Corn Silk, Horsetail, Burdock and Parsley all contain phytochemicals that are diuretic to the urinary system, helping to create a clean and healthy environment within the urinary tract.

### The Three Main Causes of Kidney Damage and Disease

#### TOXEMIA

If your blood has too much toxic waste in it, it begins to break down your kidney function.

#### HIGH BLOOD PRESSURE

Hypertension causes half of all kidney disease cases.

#### HIGH BLOOD SUGAR

Too much sugar in your body literally slows down your immune system and destroys your kidneys.

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# K-B TEA

## HELPS THE URINARY TRACT TO BE CLEAN AND HEALTHY!

A mild tasting but powerfully effective tea, it is both diuretic and antiseptic to the entire urinary tract, as well as soothing to the urinary tract. The herbs in this formula have the identical action as the K-B Formula with the addition of Hydrangea Root and Gravel Root, which are specifics for dissolving excess minerals in the urinary system. Since bladder infections are extremely common in women, especially sexually active women, Dr. Schulze always had his female patients do the 5-Day KIDNEY Detox two times every year (once in spring or summer, and once again in autumn or winter).

“ It’s so silly that kidney and bladder conditions have become an epidemic in America, especially since it’s so easy to obtain and maintain healthy urinary function. ”

– Dr. Schulze

### WHAT IT DOES

- ✓ Helps **DISSOLVE** excess minerals in the urinary system
- ✓ Helps **MAINTAIN** healthy kidneys and dissolves deposits
- ✓ **SUPPORTS** healthy urine flow

**Botanical Ingredients:**  
 Juniper Berry, Corn Silk, Uva Ursi Leaf, Parsley Root, Horsetail Herb, Goldenrod Herb, Hydrangea Root, Gravel Root, Marshmallow Root, Orange Peel, Peppermint Leaf

**K-B Tea..... \$18**  
 4 ounces / bulk tea

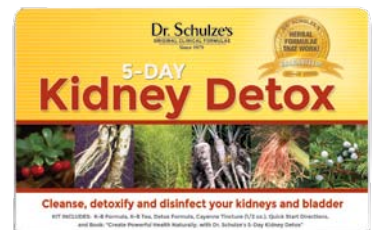
### Dr. Schulze’s Routine for Dissolving Deposits



This routine takes two days and can be repeated. It should be stressed here that this routine should only be done once you have completed Dr. Schulze’s 5-Day KIDNEY Detox.

First, fill a gallon jug with three quarts (96-oz.) of fresh-squeezed, organic apple juice. Be sure to use strong apples—ones that make you pucker. Add 20 ounces of fresh-squeezed organic citrus juice. Half lemon, half lime juice is best. Add 10 ounces of organic, raw, unfiltered apple cider vinegar, one entire bottle of K-B Formula and two entire packages of K-B Tea.

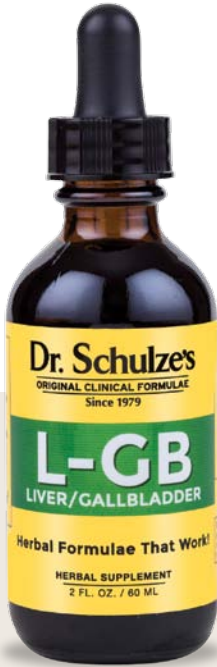
Let sit for 24 hours, then strain. That morning, start drinking four ounces every hour, consuming a total of 64 ounces each day for the next two days. You can even drink an ounce every 15 minutes. You should also be drinking distilled water (up to 64 ounces a day). Store the brew in your refrigerator until finished (a maximum of two days).



### FOR BEST RESULTS

For best results, use as part of Dr. Schulze’s 5-Day KIDNEY Detox, which includes K-B Formula, K-B Tea and Detox Formula (see pages 40-41 for more details).

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# L-GB FORMULA

## FLUSH, DETOXIFY AND PROTECT YOUR LIVER AND GALLBLADDER!

“If you live anywhere on this planet, your liver has been attacked, damaged and maybe, is even sick. Your only defense is a strong and healthy liver. And the best way to maintain a strong and healthy liver is to cleanse it regularly.”

– Dr. Schulze

Your liver is your blood filter. Every second of every day it filters, traps, neutralizes, kills and eliminates poisons that you inhale, ingest and absorb. From common poisonous chemicals in the home, workplace or even on your dinner plate to prescription drug residues, air pollution and worn-out blood cells, there are literally millions of toxic trash bits circulating all over your body that your liver has to defend you against. Almost ALL cancer today is directly linked to toxic-chemical exposure. Your liver is your defensive barrier. But, when modern living attacks your liver with a constant chemical barrage, it weakens your liver and it can't do its job of protecting you.

### WHAT IT DOES

- ✓ FLUSHES AND DETOXIFIES the liver and gallbladder
- ✓ PROTECTS AND COATS liver cells
- ✓ CLEANS THE GALLBLADDER and removes hardened sediments
- ✓ A HEALTHY LIVER HELPS CLEAN YOUR BLOOD and prevents disease

**Botanical Ingredients:**  
Milk Thistle Seed, Dandelion Root, Oregon Grape Root, Gentian Root, Wormwood Leaf, Mojave Chaparral Herb, Black Walnut Hull, Hawaiian Yellow Ginger Root, Garlic Bulb, Fennel Seed, Artichoke Leaf

**L-GB Formula.....\$28**  
2 ounces / 60 ml. bottle

## HOW IT WORKS

The herbs in this formula are famous for their ability to protect, stimulate and cleanse the liver and gallbladder. Milk Thistle has chemicals that bind to and coat liver cells, helping the liver in the healing process while protecting it from future damage. Oregon Grape Root, Artichoke Leaf, Gentian Root, Wormwood Leaf and Dandelion Root are classic bitter liver tonic herbs. They stimulate digestion and also stimulate the liver to produce more bile, which cleans both the liver and gallbladder. Black Walnut Hulls, Wormwood and Garlic are strong cleansing plants that eliminate harmful and dangerous contaminants that are everywhere today.

### The LIVER: your first line of DEFENSE

Many oncologists (cancer specialists) say that long before a person develops cancer, almost always the liver was weak and failed to protect the patient. This is why the liver is often referred to as “the first line of defense.”

### Your liver is your blood-cleaning filter

It protects you by cleaning out toxic chemicals and poisons that are in your food, water, air and environment. Modern living and the modern diet unnecessarily overload your liver.

### Disease doesn't just happen

It is created. And, often diseases are created by a sick, weak, overloaded liver. As your liver congests, it can't do its filtering job.

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# DETOX TEA

## A GREAT TASTING, TRADITIONAL RECIPE WITH POWERFUL HEALTH BENEFITS!

The Detox Tea has numerous health benefits. It is literally an all-purpose herbal tonic. It is a powerful stimulant, especially to the stomach, liver and digestive side of the pancreas.

It also cleanses the skin and detoxifies the blood, liver and gallbladder and is the perfect tea to use after the Liver Flush Drink, as part of the 5-Day LIVER Detox. It stimulates your liver to produce more bile and then flushes away the bile and fats that congest your liver and gallbladder.

**This tea is great for daily use and an excellent coffee replacement. It tastes good and has no caffeine.**

## WHAT IT DOES

- ✓ **FLUSHES AND DETOXIFIES** the blood, liver, gallbladder and entire digestive tract
- ✓ **CLEANSSES** the skin, **ELIMINATES** gas and indigestion and **INCREASES** the flow of urine

**Botanical Ingredients:** Dandelion Root, Burdock Root, Cardamom Seed, Ginger Root, Pau d'Arco Bark, Cinnamon Bark, Clove Bud, Fennel Seed, Licorice Root, Juniper Berry, Black Peppercorn, Uva Ursi Leaf, Horsetail Herb, Parsley Root, Orange Peel

**Detox Tea.....\$22**  
6 ounces / bulk tea

## HOW IT WORKS

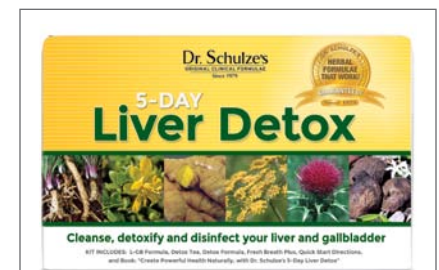
Ginger, Cardamom, Fennel, Cinnamon, Black Peppercorn and Clove Bud are famous classic digestive herbs and have been a part of traditional herbal medicine for centuries. Cardamom, roasted Dandelion, Burdock and Orange Peel all stimulate the liver to excrete more bile. Dandelion, Burdock, Horsetail and Parsley are diuretics. Juniper Berry and Uva Ursi Leaf are also urinary tract disinfectants. Pau d'Arco Inner Bark is an immune stimulant and Licorice is soothing and healing to the digestive tract.

## THE LIVER'S LINK TO A HEALTHY HEART



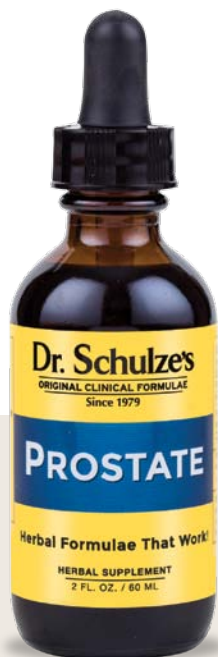
Keeping your liver clean and healthy will really help your heart. One of your liver's main functions is balancing the amount of fat and cholesterol in your blood. Too much fat in your blood causes your blood to be thicker, which causes high blood pressure. When you cleanse the liver so it can run more efficiently, the fat and cholesterol in your blood will get back in balance, easing the strain on your heart. This is why every patient who came to Dr. Schulze's clinic with heart problems did his 5-Day LIVER Detox.

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## FOR BEST RESULTS

For best results, use as part of Dr. Schulze's 5-Day LIVER Detox, which includes L-GB Formula, Detox Tea and Detox Formula (see pages 38-39 for more details).



# PROSTATE FORMULA

## PROMOTES PROSTATE HEALTH AND REDUCES PRESSURE!

In the clinic, this herbal formula never failed to help Dr. Schulze's male patients develop healthy prostates, and allowed them to urinate freely and sleep through the night.

The average male who came to the clinic with prostate concerns had to get up two or three times in the middle of the night to pee. Their urine stream was not as strong as it once was, and they experienced problems with urine force and flow. In the clinic, the program Dr. Schulze gave to all of his male patients with these common experiences was simple and it worked. Support your prostate health naturally!

### WHAT IT DOES

- ✓ **RELIEVES** unwanted pressure on the urethra and **INCREASES** the flow of urine
- ✓ **REDUCES** the frequency of nighttime urination, which lets you sleep through the night again

**Botanical Ingredients:** Saw Palmetto Berry, Uva Ursi Leaf, Juniper Berry, Pygeum Bark, Nettle Root, Corn Silk

**Prostate Formula .....\$28**  
2 ounces / 60 ml. bottle

### DR. SCHULZE'S CLINICAL EXPERIENCE

In his clinic, Dr. Schulze had many men who used his Prostate Formula to achieve optimum prostate health—even those whose prostates were enlarged due to infection, swelling or worse. The herbs in this formula naturally promote the flow of urine and will also maintain healthy prostate size.

Dr. Schulze made men adhere to a vegetarian diet, which also naturally reduces prostate enlargement. The vegetarian food program is fundamental. This is not a moral issue; it's scientific. Farmers are constantly injecting cows and chickens with steroids and growth hormones to make

bigger animals that have more flesh, so they can be sold for more money. Growth hormones and steroids are what you produced during puberty. They stimulate the growth of the male sexual organs and—you guessed it, the prostate. They are also directly linked to causing prostate cancer.

When patients used Dr. Schulze's Prostate Formula along with his Foundational Herbal Formulas and a vegetarian food program, ALL of them experienced significant improvement in urination as a result of their prostates functioning better.

“ I ran into my old plumber at American Botanical Pharmacy. He reminded me that a few years ago, he could hardly pee and was waking up all night long. I had suggested my Prostate Formula, and he said that since he'd started taking it, he has been sleeping like a baby all night and peeing a powerful stream ever since. I have heard this same report in the past from thousands of my male patients. ”

– Dr. Schulze

## DR. SCHULZE'S THREE LEVELS OF PROSTATE CARE

Because he gets a lot of questions on what the best program is for prostate health, Dr. Schulze has broken it down here to three BASIC LEVELS for you...

### 1 Maintaining a healthy prostate

Any man over 40 years of age who is trying to maintain a healthy prostate should take 1 dropperful of Prostate Formula three times a day, until the bottle is gone. Do this at the beginning of the month, for three straight months, once every year.

Also, make a conscious effort to eat less meat. Split your meat entrées with your partner. Better yet, become a vegetarian. It's better for your prostate and overall health.



### 2 If you are showing signs of a weakening prostate

Anyone having signs and symptoms of having BPH (weak urine flow or frequent bathroom visits in the middle of the night) should take 1 to 2 dropperful three times a day continually for three months.

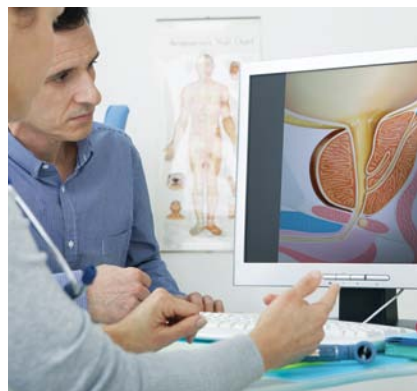
Eat only vegetarian food for the entire three months. I would also recommend doing at least one 5-Day BOWEL Detox during the three-month period.

### 3 If you have noticeable swelling

More extreme cases require 2 droppersful, three times a day of Prostate Formula, maybe even with an additional 2 or 3 droppersful, before they go to bed. And, they should do that continually every day for three months. Eat vegan for at least the three months, if not forever. All meats and their byproducts are alien to the body and have been proven to cause unhealthy prostate growth, and even prostate tumors.

A healthy lifestyle and food program is critical to preventing these diseases. I also recommend doing my 5-Day BOWEL Detox once a month for the three months. All the men in my clinic that had serious, doctor-diagnosed problems were put on this third-level program. The ones who followed these herbal programs found their bodies had completely healed naturally.

**The Bottom Line:** If you're waking up at night to pee, don't wait until it is too late. You'd better start doing something to support your prostate health naturally!



## Prostate Disease is on the Rise

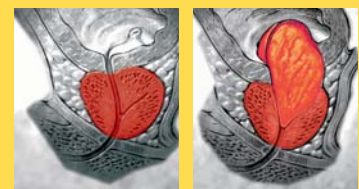
**FACT** Today, it is estimated that 80% of all men eventually develop an enlarged prostate.

**FACT** There were over 150,000 prostatectomies performed in the U.S. last year.

**FACT** A new case of prostate cancer is diagnosed every three minutes in America, and every 15 minutes another man dies from it.

**FACT** By age 50, 35% of all American men have cancer growing in their prostate.

**FACT** Every year, over 500,000 men get prostate cancer and over 40,000 men die from it. Prostate cancer is now the second leading cause of death in men, after heart attacks and strokes.



Normal Prostate Swollen Prostate

### Real People. Real Results.

#### What a miracle!

"I was having problems with an enlarged prostate. After just 7 days on your Prostate Formula, it reduced in size and I slept through the night. What a miracle!"

Dominic L.  
in Torrance, CA



# MALE FORMULA

## BOOST SEXUAL PERFORMANCE NATURALLY!

The #1 comment from our male customers:  
"I feel like I'm in my 20s again!"

Forget the American Dream, it is more like day-to-day survival for most men in America. Stress, pressure, long work hours, the collapsing economy, all while trying to support a family...

men are just plain exhausted! Most men use everything up just trying to survive and have little or nothing left for the bedroom.

My Male Formula is high-octane male super-fuel and much more! It can be used by men of any age—from men who just want more sexual satisfaction, all the way to men who have lost their sexual drive. It provides men with herbal phytochemicals that are documented to stimulate male energy, sexual desire and sexual energy, promote more frequent, harder erections for longer durations, and increase sperm production and quality in healthy men. For a powerful dose in a single "SHOT", see page 92!

### WHAT IT DOES

- ✓ **STIMULATES** sexual energy, desire and performance
- ✓ Have more **FREQUENT** and harder erections
- ✓ **INCREASES** sperm production

**Botanical Ingredients:**  
Wild American Blue Ridge Ginseng Root, Korean Red Ginseng Root, Mongolian Panax Ginseng Root, Chinese Ginseng Root, Siberian Eleuthero Root, Saw Palmetto Berry, Yohimbe Bark, Sarsaparilla Root, Oat Seed, Kola Nut, Hawaiian Yellow Ginger Root

**Male Formula.....\$30**  
2 ounces / 60 ml. bottle

### Real People. Real Results.

"My boyfriend of two years was under a lot of stress and it started to affect our sex life. He would lose his erection midway during lovemaking. He would want to keep going, but couldn't. I suggested herbs. He was hesitant, but finally said yes. I brought him Male Formula first and within four days—WOW, longer and much stronger erections! Erections so strong I'm almost speechless. Then, after a month I bought him Super Ginseng to use with the Male Formula, and all I can say is thanks for helping me become just... speechless!"

L.P. (via internet)

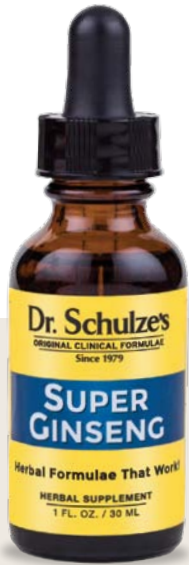
### Sexual Health Crisis

**FACT** Over 30 million American men suffer from the fears and feelings of impotency, and 28.5 million aren't doing anything about it!

**FACT** In a recent poll, 64% of women said they were not satisfied with the sex they were having.

**FACT** Over 25 million American married couples have sex less than once a month.

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# SUPER GINSENG

## THE HIGHEST QUALITY GINSENG ROOT BLEND ON THE PLANET!

Super Ginseng Blend is an herbal concentrate made from a blend of the world's most potent ginsengs that have been used for centuries. In his clinic, Dr. Schulze's male patients who thought that their sex life was long gone, discovered that it was just sleeping. It was also used by many who thought their sex life was going downhill, only to discover that they hadn't even peaked yet.

The bottom line: When anyone has the fear or feelings of sexual inadequacy or impotency, it is an indicator that degeneration is taking hold in your body. This sexual degeneration is not natural. It has been directly linked to the modern American way of life: junk food, an accumulation of toxins and waste in the body, poor elimination, lack of exercise, a high-stress level and negative emotional health. Ginseng will reawaken your sex drive!

### WHAT IT DOES

- ✓ **COMBATS** exhaustion and **SUPPORTS** a sense of emotional well-being
- ✓ **HEIGHTENS** sexual performance and **PROMOTES** harder erections
- ✓ A natural herbal **APHRODISIAC**

**Botanical Ingredients:**  
Wild American Blue Ridge Ginseng Root, Korean Red Ginseng Root, Mongolian Panax Ginseng Root, Chinese Ginseng Root, Siberian Eleuthero Root

**Super Ginseng ..... \$32**  
1 ounce / 30 ml. bottle

## HOW IT WORKS

Ginseng is one of the most praised and revered herbs on the planet. People have been killed and wars have been fought over it. This formula contains rare, essential trace elements and is a powerful tonic to increase energy, vitality and sexual activity. It is famous for giving strength to the weak.

We blend the rarest, most premium-grade, most sought after and most expensive Ginseng Roots on the planet. Collecting Ginseng for a blend like this is an art and is very difficult, so Dr. Schulze literally spent years learning how to choose good roots.

Wild American "Blue Ridge" Ginseng Root, Chinese and Korean Ginseng Roots and Siberian Eleuthero Root are famous all over the world, and have been for thousands of years. Medical texts report only that Ginseng strengthens the body, increasing its resistance to fatigue, one's capacity for work and concentration.

On the other hand, men all across the world report that Ginseng enhances their sexual desire and function. Male patients in the clinic always said that the description of the roots (hard and long) also described their clinical action!



### FOR MAXIMUM RESULTS

This formula works best when used in conjunction with Dr. Schulze's Male Formula (see previous page).

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# MALE "SHOT"

## STIMULATES SEXUAL PERFORMANCE WITH NO SIDE EFFECTS!

Start doing something healthy to increase your power, your vital energy and your sexual energy. If you want a harder erection, you want it to last longer and have some power and force behind it, and have a huge ejaculation—that's what I'm talking about here.

So guys, don't get weak and wimpy on me now. Now's the time to get your Male "SHOT" and start using it! See what you've been missing sexually, and see what you've been missing with your internal power, your stamina and your strength!

This formula will make you aroused and get you horny, help you get the hardest erection you've ever had in your life and the most explosive ejaculation, give you athletic sexual ability, increase the size, width and length of your penis, give you powerful strength and stamina, and have the best sex of your life!

**“ I created this High-Octane Male Super Fuel for INCREASED Sexual Performance! ”**

**– Dr. Schulze**

### WHAT IT DOES

- ✓ Stimulates male **SEXUAL PERFORMANCE, STAMINA, STRENGTH and POWER**
- ✓ Increases the **LENGTH and WIDTH** of your erection
- ✓ Have sex **LONGER and MORE OFTEN**

**Botanical Ingredients:**  
**Dr. Schulze's Sexual Stimulant Complex:** Wild American Blue Ridge Ginseng Root, Korean Red Ginseng Root, Mongolian Panax Ginseng Root, Chinese Ginseng Root, Horny Goat Weed Leaf, Yohimbe Bark;  
**Dr. Schulze's Male Performance Complex:** Siberian Eleuthero Root, Suma Root, Ashwagandha Root, Astragalus Root, Muira Puama Bark, Sarsaparilla Root;  
**Dr. Schulze's Nerve Power Complex:** Milky Oat Seed, Ginkgo Biloba Leaf, Guarana Seed, Kola Nut, Coffee Bean

**Male "SHOT" .....\$66**  
(3-pack) 1.5 ounces / 45 ml. bottle



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## DAILY ORAL THERAPY

A REFRESHING, CLINICAL-STRENGTH FORMULA TO CLEAN YOUR ENTIRE MOUTH!

Keeping your mouth clean and healthy also keeps you healthy! It isn't just about keeping your teeth looking good. Excess bacteria and plaque in your mouth have been linked to an increased risk

of heart attacks and strokes, as well as lung infections and pneumonia. Use my Daily Oral Therapy for 30 days in a row, and you will notice a huge improvement in your oral health!

### HOW IT WORKS

#### YOUR TEETH

Rinsing your teeth with Daily Oral Therapy (especially after meals) not only removes stuck food particles, but also removes older rotting food, kills germs and bacteria, destroys infection and removes harmful acids and pus.

#### YOUR GUMS

Daily Oral Therapy also contains herbs that are astringent and will actually tighten your gums, making them healthier and stronger, and better at protecting your teeth.

#### YOUR TONGUE

When you rinse and wash your mouth with my Daily Oral Therapy, it penetrates into the crevices on your tongue, killing millions of bacteria that cause bad breath.

#### YOUR TONSILS

Daily Oral Therapy is a powerful disinfectant to your entire oral cavity, including the tonsils. Gargling daily with it will destroy harmful bacteria, fungi and viruses.

### WHAT IT DOES

- ✓ **REMOVES** trapped food particles from teeth and gums, preventing gum infection and tooth decay
- ✓ **ANTISEPTIC** and **DISINFECTANT** for the teeth, gums and tonsils, killing bacteria, fungi and viruses
- ✓ **PREVENTS** build-up of plaque that can increase the risk of tooth and gum decay, as well as heart attacks and strokes
- ✓ **FRESHENS** breath

**Botanical Ingredients:** Echinacea Angustifolia Root, Echinacea Purpurea Seed, Tea Tree Leaf, Thyme Leaf, Bayberry Root Bark, White Oak Bark, Peppermint Leaf, Peppermint Oil, Wintergreen Oil, Licorice Root, Habanero Pepper, Cinnamon Bark, Clove Bud, Garlic Bulb

**Daily Oral Therapy ..... \$32**  
16 fluid ounces / 1 month supply





(Single or 5-Pack)

# FRESH BREATH+

## THE MOST POWERFUL, NATURAL BREATH FRESHENER AVAILABLE ANYWHERE!

“ After 1,001 requests, I created an awesome breath freshener for everyone! ”

– Dr. Schulze

Dr. Schulze designed his Fresh Breath Plus using Peppermint Spirits, a powerful concentrate that is manufactured from organic Peppermint Leaves. Peppermint is by far the strongest herbal cover-up plant, and one that most people find the smell and the taste of very pleasing. Peppermint also happens to be one of the finest and most effective digestive medicines. This is why the after dinner mint was created. This is also the reason it is one of the three main herbs in Dr. Schulze's Digestive Tonic. And, this is why he calls this herbal formula Fresh Breath Plus, because it doesn't just freshen your breath; it also helps your digestion.

### WHAT IT DOES

- ✓ The most **POWERFUL** natural breath freshener available anywhere
- ✓ Made with Peppermint Spirits, the **STRONGEST** concentrate in nature
- ✓ **ASSISTS** in digestion
- ✓ **LASTS** long and tastes great

**Botanical Ingredients:** Peppermint Leaf and Essential Oils, Botanical Menthol, Licorice Root, Clove Bud

**Fresh Breath+ .....\$6**  
.25 ounce / 7.4 ml. bottle

**Fresh Breath+ .....\$28**  
(5-Pack)

## HOW IT WORKS



Fresh Breath Plus contains Botanical Menthol, an extremely concentrated extract of Peppermint Oil. Clove Oil is a very

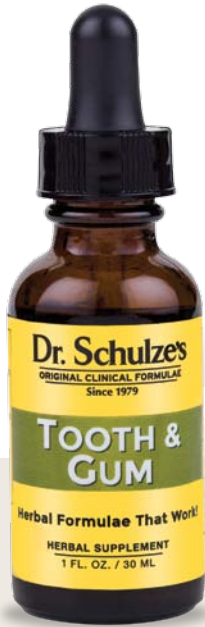
strong breath cover-up, and very intense. To mask the bitterness of the Peppermint, Licorice extract and a very small amount of Agave Cactus extract have been added. The result is an organic, all-natural and extremely powerful breath freshener that anyone can use.

## DR. SCHULZE'S CLINICAL EXPERIENCE

For many years, my patients and customers have asked me what to do naturally to freshen their breath, especially during detox and cleansing programs, and actually, all the time, like at work or on date night. We tried every 'natural' breath pill out there (like parsley oil) that are supposed to stop bad breath. **WHAT A JOKE!**

I found that in the clinic, **NOTHING** was going to buffer, balance or absorb the odor of garlic, a lot of other raw foods and the smell of your digestive system cleansing. **BUT, YOU CAN COVER IT UP!** That's right, the only effective way I have ever found to stop the powerful breath that comes with eating some foods, cleansing or just enjoying life, is to cover it up with something more powerful than what you are consuming. So, I created an awesome breath freshener for everyone!

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# TOOTH & GUM FORMULA

## A MIRACLE WORKER FOR YOUR TEETH AND GUMS!

Dr. Schulze designed his Tooth & Gum Formula to increase circulation to the teeth and gums, and it can literally save teeth from unnecessary extraction.

Modern diet, junk food, sugar and not enough natural whole foods have taken their toll on our teeth.

If used regularly, this formula will heal and strengthen the teeth by tightening the gums, reducing inflammation and stopping bleeding. This formula is antibacterial and antifungal, and will destroy oral infections on contact.

### WHAT IT DOES

- ✓ **DISINFECTS** and **KILLS** germs and bacteria in your entire mouth
- ✓ **INCREASES** circulation to teeth and gums, and reduces inflammation
- ✓ **FRESHENS** breath and **RELIEVES** pain

**Botanical Ingredients:** White Oak Bark, Bayberry Root Bark, Tea Tree Oil, Echinacea Angustifolia Root, Habanero Pepper, Peppermint Oil

**Tooth & Gum Formula** .....\$20  
1 ounce / 30 ml. bottle

## HOW IT WORKS

Tea Tree Oil is a topical antifungal and antibacterial that has been used to treat and prevent infections in dentistry worldwide. Echinacea Root is similar in action to Tea Tree Oil, and is used as an oral antiseptic.

Bayberry Root Bark and White Oak Bark are two of the most powerful astringent herbs known. Botanical astringents stop bleeding gums, reduce inflammation and bind and tighten tissue. They have been

used for centuries to stop the bleeding after a tooth was pulled, and to tighten up and close the hole.

Habanero Pepper supports healthy blood circulation to the teeth and gums, which encourages more rapid healing. The Tea Tree Oil also masks the hot flavor, but not the action.

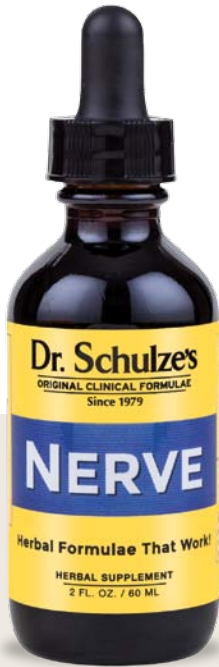


### Real People. Real Results.

"A dentist told me that I required 1,000 dollars worth of treatment for gum infection. Instead, I bought a 20-dollar bottle of your Tooth & Gum Formula, and it removed all my bacterial infection from my gums in two treatments! You saved me a lot! I use it anytime my gums get sore or inflamed. Thank you so much for your ingenious herbal meds!

Susan E.  
in Long Beach, CA

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# NERVE FORMULA

## RELAXES AND SEDATES THE MIND AND BODY!

The herbs in Nerve Formula are quite famous for relaxation and sleep. They will relax and relieve stress and nervous tension, along with muscle spasms. They are also very effective for nighttime restlessness and for producing a wonderful, restful sleep. Although these herbs contain no narcotic ingredients, they are famous for their potent ability to relax your body and relieve agitated nerves.

**CAUTION:** This formula contains naturally-occurring Lobeline, a very powerful alkaloid. Do not use if you are pregnant, nursing or have any disease.

### WHAT IT DOES

- ✓ **COMBATS** exhaustion and **SUPPORTS** a sense of emotional well-being
- ✓ **Very EFFECTIVE** for nighttime restlessness
- ✓ **SUPPORTS** natural sleep with no side effects

**Botanical Ingredients:**  
Valerian Root, Lobelia Herb and Seed, Passionflower Herb, Hops Flower, Black Cohosh Root, Blue Cohosh Root, Skullcap Herb, Wild Yam Root

**Nerve Formula.....\$28**  
2 ounces / 60 ml. bottle

## HOW IT WORKS

The majority of the medical and scientific community has finally accepted Valerian Root and Passionflower Herb as pharmacologically active herbs. Even the esteemed Merck Index lists their therapeutic category as "sedative." Lobelia, Black Cohosh Root, Blue Cohosh Root, Skullcap Herb and Wild Yam Root all hold esteem in traditional Native American herbal medicine, as sedative and antispasmodic plants to relax the mind and body. Although many of these herbs are currently not used and remain unknown by modern American medical doctors, they are still famous worldwide. You will find Valerian, Lobelia, Passionflower and Hops sold in drugstores around the world. Many international medical doctors (who aren't even close to being natural or holistic) still use these herbal medications.

### Real People. Real Results.

"I often have problems winding down at night. I sit there thinking of work, deadlines, plans, chores, etc., even when I have no reason to worry. Your Nerve Formula relaxes me. I wake up feeling rested and have more productive days than I did before taking it. I use it every night and even take it on vacations! Thanks!"

Douglas C. (via internet)

## THE HIGH COST OF INSOMNIA AND STRESS

**FACT** 80% of Americans suffer from insomnia at some point each year. Insomnia has been directly linked to increased workplace accidents, motor vehicle accidents, performance impairment, reduced productivity, increased illness, depression and alcoholism.

**FACT** Stress has been linked to the six leading causes of death in the US: heart disease, cancer, lung disease, accidents, cirrhosis and suicide, along with immune deficiency, memory loss and obesity.

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## DEEP TISSUE

### A POWERFUL BLEND TO REDUCE MUSCLE PAIN, INFLAMMATION, AND STIFFNESS!

This POWERFUL oil is an amazing blend of two of Dr. Schulze's clinical formulae. Part one is his Deep Heating Oil—a powerful, penetrating heating oil, ten times more powerful than anything available. He used this oil to increase circulation and reduce stiffness and inflammation for any muscle, tendon, ligament or joint injury. From physical injuries, strains, sprains and bone injuries, to arthritis and bursitis, this formula is a godsend. Part two is his Deep Tissue Repair Oil (also know as Trauma Oil)—a combination of herbal oils world famous to greatly speed-up the recovery of bruises, bangs or any trauma to the body and bones.

Now, his Deep Tissue Formula (available in Oil or Ointment) is a combination of these two amazing clinical formulae, and his patients re-named it “Miracle in a Bottle”.

### WHAT IT DOES

- ✓ **SOOTHES** your muscles with a miraculous, deep-penetrating formula
- ✓ **PROMOTES** circulation to sore muscles, tendons, ligaments and bones
- ✓ **REDUCES** pain and inflammation

**Botanical Ingredients:** Wintergreen Oil, Botanical Menthol, Habanero Pepper, Arnica Flower, Calendula Flower, St. John's Wort Flower, Extra Virgin Olive Oil, Natural Unbleached Beeswax

**Deep Tissue .....\$20**  
(Oil or Ointment)  
1 ounce / 30 ml. bottle or tube

## HOW IT WORKS



Rub it on the temples for headaches, or on the head or chest for congestion. Use it to stop the itching and pain of mosquito bites and bee stings—the list is almost endless. All we can say is, try it and you will see what we mean. That two-week recovery will only be a few days. The next morning you will see the amazing healing that has taken place.

Wintergreen Oil, Botanical Menthol and Habanero Pepper are famous for reducing inflammation, decreasing pain and increasing circulation, which all

promote faster healing. Arnica, Calendula and St. John's Wort Flowers are known to greatly speed up the recovery of bruises, bangs or any trauma to the body and bones.

### Real People. Real Results.

“I recently suffered from some very severe lower back pain, to the point where I thought surgery was my only option. I began to use your Deep Tissue Ointment on my lower back every day. It brought tremendous relief and helped me get through my day. I must admit this stuff is awesome and really works. The inflammation in my back is down significantly and I feel so much better, and my doctor confirmed I don't need surgery. I thank God for healing my back and for this tremendous product!”

Scott C. in PA

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# JOJOBA & TEA TREE

## NATURE'S SOOTHING AND HEALING ANSWER FOR ANY SKIN IRRITATION!

This mild, yet powerfully penetrating formula is both soothing and emollient to the skin, and cleanses on contact. Use it on sensitive areas. It's perfect for dry skin and the itchiness and discomfort that can be caused by problem dry skin, even for children and diaper rash for

babies. It penetrates more deeply than any other oil, through all layers of the skin. It is a strong cleansing agent, but it is mild enough for use on a baby's bottom and genital areas.

Jojoba Oil (pronounced "ho-ho-ba") is made from the bean of a desert plant. Tea Tree Oil comes from an Australian shrub and has been widely used in traditional herbal medicine, as well as in modern medicine. It contains essential oils that are effective cleansers of the skin.

### WHAT IT DOES

- ✓ **CLEANSSES** the skin on contact by eliminating harmful micro-organisms
- ✓ A great moisturizer that **SOOTHES** and softens your skin
- ✓ **POWERFULLY** effective, yet **SAFE** for sensitive areas

**Botanical Ingredients:**  
Jojoba Oil, Tea Tree Oil, Shea Butter,  
Natural Unbleached Beeswax

**Jojoba & Tea Tree .....\$15**  
(Oil or Ointment)  
1 ounce / 30 ml. bottle or tube

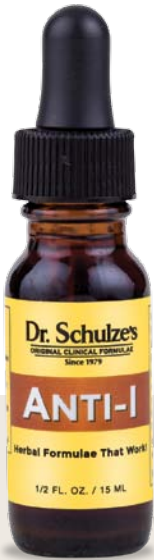


### HOW IT WORKS

Jojoba Oil is not actually an oil, but an ester—this is why it is the only oil that actually penetrates deeply into the many layers of your skin, and all other oils just lie on top of your skin and get smeared around. It is also the closest natural oil to our body's own skin oils, which is another reason Jojoba can penetrate deep into the skin layers, reducing the dryness and itchiness and promoting healing. Jojoba Oil gives you the most breathable moisture control, and has the broadest overall moisturizing effect to the skin surface, supporting healthy skin texture and softness. Never use petroleum oils or mineral oils that are toxic and crude oil by-products—they are best left lubricating car engines.

I discovered that there are about 150 different species/varieties of Tea Tree and it is important to use only the official Tea Tree that is grown and harvested on the northeast coast of New South Wales, Australia. It is also important that it is steam-distilled to produce pure organic essential oil. Tea Tree Essential Oil is rich in plant oils and alcohols containing over 100 medicinal plant compounds. Like Jojoba Oil, Tea Tree Oil's solvent naturally allows it to penetrate deep into the skin, reaching into all your skin layers and even muscle tissue and even under a toenail and fingernail to effectively cleanse even the most stubborn areas.

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## ANTI-I FORMULA CLEANSES AND PROTECTS ANY WOUND!

This formula is excellent for any cut or wound. It cleanses and covers the wound with a protective coating.

Anti-I Formula contains many herbal compounds that make it next to impossible for germs and bacteria to survive. First, the Cayenne in this formula will stop the bleeding. Next, to destroy any and all pathogens (germs, bacteria and the like), the formula contains the very powerful botanical infection fighters Garlic, Goldenseal, Usnea Lichen, Tea Tree Oil and Echinacea Root. The Echinacea will also stimulate a local immune response.

“ In 30 years of use, I have never seen any infections occur when using this formula. ”

– Dr. Schulze

### WHAT IT DOES

- ✓ A **POWERFUL** cleanser that kills harmful micro-organisms on contact
- ✓ **COATS** wounds and won't wash off
- ✓ Promotes **FASTER** healing

**Botanical Ingredients:** Garlic Bulb, Goldenseal Root, Usnea Herb, Myrrh Resin, Echinacea Angustifolia Root, Echinacea Purpurea Seed, Tea Tree Oil, Bayberry Root Bark, Kelp Leaf, Dulce Leaf, Black Walnut Inner Hull, Habanero Pepper

**Anti-I Formula .....\$15**  
.5 ounce / 15 ml. bottle

## HOW IT WORKS

When Dr. Schulze was in his 20s, he smeared fresh pine sap over a cut on his hand and two things happened. First, the sap stayed on the wound for days and never came off—even in water—and it totally protected the wound from dirt. Second, after only a few short days, the wound healed and never became infected.

Dr. Schulze knew that tree resins were the blood of trees which sealed and protected a tree's wounds, so he dissolved tree resins into his herbal

tinctures, and discovered one of his favorite formulas.

We use a high alcohol concentration in this formula to dissolve the tree resins. On your skin, the alcohol evaporates and the resins leave an invisible, protective, antiseptic coating over the wound that won't wash off with water.

The resins are powerful and when they are added to the eight other herbs and three iodine-rich herbs, they neutralize contaminants on contact.

### Real People. Real Results.

“I would like to comment on the Anti-I Formula. It is one of the **BEST** products that I have ever used. Applied it on open areas of injury or infection starting, and by the next day it was almost all gone! It is wonderful. I keep it on the shelf all the time, and would recommend it to anyone.”

Ethel G.  
in Inverness, FL



# BUG BARRIER

## CREATES AN INVISIBLE SKIN BARRIER THAT BLOCKS BUGS!

This herbal essential oil ointment is proven to repel mosquitoes, gnats, no-see-ums, ticks, flies, bees, wasps, spiders, ants and almost every type of biting, blood-sucking, flesh-eating, stinging and annoying insect known. It will keep them off you

for hours after application. If you are like most people, you usually don't put on the bug repellent until you are already scratching your arms and legs. Now, you not only need a bug repellent, but you also need something to relieve the bite area, which is why it contains Botanical Menthol to soothe and cool the area.

Bug Barrier is actually 100% pure plant essential oils, with NO inert or inactive ingredients. There is a big difference, and that difference is that this product has the maximum possible concentration for potency and effectiveness. These pure-plant essential oils are considered to be extremely safe biopesticides by the Environmental Protection Agency (EPA).

### WHAT IT DOES

- ✓ **STOPS** insects from biting you
- ✓ The **MAXIMUM** possible concentration of plant essential oils for potency and effectiveness
- ✓ **ORGANIC**, natural and safe for children, pets and plants\*

\*Plant essential oils are considered extremely safe biopesticides by the Environmental Protection Agency.

**Botanical Ingredients:** 100% pure essential oils of Eucalyptus, Cedarwood, Rosemary, Citronella, Lemon Grass, Lemon, Tea Tree, Peppermint, Catnip, Cinnamon, Garlic, Plantain and Echinacea Oil, Botanical Menthol, Neem Oil, Unbleached Beeswax

**Bug Barrier Ointment...\$15**  
1 ounce / 30 ml. tube

## HOW IT WORKS



Most people think that insect bites are itchy, stinging and just plain annoying and uncomfortable. They are! But recently, more and more diseases have been found to be spread by insect bites. Today, numerous biting insects are carrying bacterial,

viral, fungal and other diseases like Lyme and West Nile. Worse, many blood-sucking insects like mosquitoes and ticks have been proven to spread these diseases from one person to another.

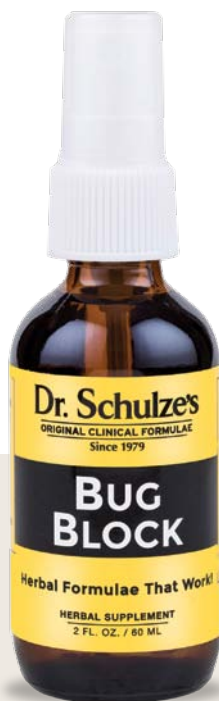
Getting bitten by bugs is now medically known to be more than just an annoying irritation, since the bugs

are also infecting you with whatever they may have picked up from someone else, including someone else's blood.

Don't compromise your immune system, and worse, don't become sick by getting bitten by bugs. Protect yourself!

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# BUG BLOCK

## SPRAY AROUND YOU TO REPEL INSECTS NATURALLY!

This herbal essential oil formula is proven to repel mosquitoes, gnats, no-see-ums, ticks, flies, bees, wasps, spiders, ants and almost every type of biting, blood-sucking, flesh-eating, stinging and annoying insect known. It will keep them away from the area where it has been sprayed for hours.

Bug Block Spray is safe for people, children and pets. It is not harmful to fish or wildlife and will not harm the environment. Caution: This product is an extremely powerful formula of pure plant essential oils. Do not spray into eyes or intentionally breathe vapors.

This product is 100% pure organic and wild-harvested pure plant essential oils. There are NO inert or inactive ingredients and no base oils. There is a big difference between this and traditional bug blocks, and that difference is that this product has the maximum possible concentration for potency and effectiveness. These pure-plant essential oils are considered to be extremely safe biopesticides by the Environmental Protection Agency (EPA).

### WHAT IT DOES

- ✓ Allows you to enjoy the **OUTDOORS** without insect bites
- ✓ The **MAXIMUM** possible concentration of plant essential oils for potency and effectiveness
- ✓ **ORGANIC**, natural and safe for children, pets and plants\*

\*Plant essential oils are considered extremely safe biopesticides by the Environmental Protection Agency.

**Botanical Ingredients:** 100% pure essential oils of Eucalyptus, Cedarwood, Rosemary, Citronella, Lemon Grass, Lemon, Tea Tree, Peppermint, Catnip, Cinnamon, Garlic and Neem Oil

**Bug Block Spray .....\$20**  
2 ounces / 60 ml. bottle

## HOW IT WORKS

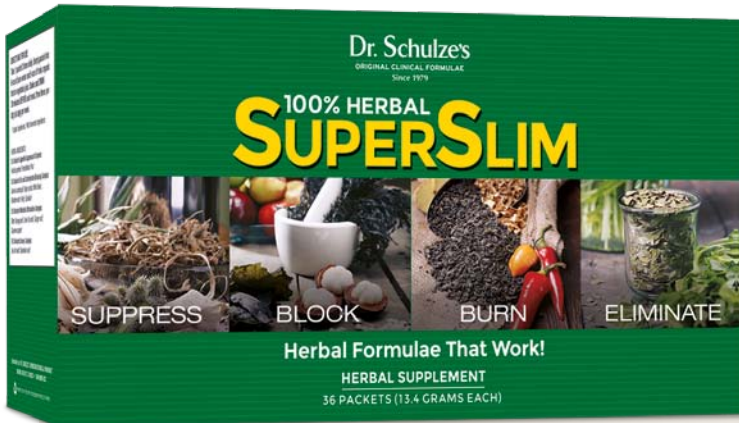
Spray this oil into the air in and around any area where you want to keep bugs away. It can be sprayed onto most plants, but do not saturate the leaves. It can be sprayed onto window screens and most outdoor furniture, grass, dirt, cement, stones and in almost any outdoor environment. Bugs hate the scent, and will simply go somewhere else.

Dr. Schulze's Bug Block Spray is safe to spray directly onto the skin, but Dr. Schulze's Bug Barrier Ointment (see previous page) is made specifically for direct skin application.

## A NOTE ON 100% ESSENTIAL OILS

Many products state 100% pure essential oils on their label, but this is purposely misleading because it just means that the small amount of essential oils they use are 100% pure. Read the fine print and you will see that they actually contain only 5% to 15% essential oils, and the rest is petroleum, mineral oil, canola oil, glycerin, etc. Bug Block is truly 100% essential oils, so it's 100% maximum strength!

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# SUPERSLIM

## LOSE WEIGHT AND FEEL GREAT!

“ Your **FAT** doesn’t stand a chance with this unique 4-way approach that **SUPPRESSES** appetite, **BLOCKS** fat and carbs, **BURNS** more fat and **ELIMINATES** more water and waste weight! ”

– Dr. Schulze

Dr. Schulze’s SUPERSLIM Formula works in 4 different ways for 4 times the SUCCESS...

- 1 YOU WON'T BE HUNGRY!** It Has Extremely Effective “Dual Action” Appetite **SUPPRESSION**
- 2 YOU WON'T ABSORB ALL THAT YOU EAT!** It Naturally **BLOCKS** Fats and Carbs
- 3 YOU WILL BURN MORE FAT!** It Naturally **INCREASES** Your Metabolism
- 4 YOU WILL LOSE EVEN MORE WEIGHT!** It Naturally **STIMULATES** Your Elimination Organs

### WHAT IT DOES

- ✓ **SUPPRESSES** your appetite
- ✓ **BLOCKS** the fat and carbs you eat
- ✓ Helps you **BURN** more fat
- ✓ Helps you **ELIMINATE** more waste
- ✓ The fastest, easiest, healthiest and most **EFFECTIVE** 100% herbal formula

**Botanical Ingredients:** Dr. Schulze’s **Appetite Suppressant Complex:** Hoodia gordonii, HerbalMucil Plus (Psyllium Husk, Psyllium Seed, Marshmallow Root, Slippery Elm Bark, Aloe Vera Leaf); **Dr. Schulze’s Fat and Carbohydrate Blocking Complex:** Garcinia cambogia, Apple Pectin, White Bean, Bladderwrack, Kelp, Spirulina; **Dr. Schulze’s Metabolic Stimulation Complex:** Bitter Orange Peel, Green Tea Leaf, Ginger Root, Cayenne Pepper; **Dr. Schulze’s Urinary Complex:** Uva Ursi Leaf, Dandelion Leaf

**SuperSlim.....\$94**  
36 packets / 13.4-grams each

**SuperSlim.....\$142**  
2 canisters / 34-ounce bulk powder

### Real People. Real Results.

“I was overweight at 168 pounds. I started the SuperSlim program three weeks ago. I don’t feel hungry and I have a lot of energy. Last week, I went to my doctor. He was surprised when he saw how much weight I had lost—18 pounds! He was amazed and asked what I was doing and I was very honest with him and told him about the program. I feel fantastic!”

Ivonne G. in Los Angeles, CA

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## HOW IT WORKS: Dr. Schulze's 4 Powerful Complexes

### 1 "Dual Action" Appetite SUPPRESSANT Complex

#### Hoodia gordonii

Hoodia gordonii interacts with your body's chemistry and is known to block the chemical messaging system that gives you the desire to consume food, which reduces your appetite. Appetite suppression causes weight loss.

#### HerbalMucil Plus

The bulk fiber ingredients in HerbalMucil Plus will swell up in your stomach and FILL YOU UP! It is full of fiber and mucilage, not calories. This reduces hunger and suppresses your appetite, which causes weight loss.

### 2 "Dual Action" Fat and Carbohydrate BLOCKING Complex

#### Garcinia cambogia

Garcinia cambogia contains natural plant chemicals that have been shown to block carbohydrate absorption, and prevent you from converting carbohydrates into body fat. It has also been shown to suppress the appetite and help you burn up existing fat.

#### White Beans

Plant chemicals in White Beans have been demonstrated to inhibit your body's ability to break down carbohydrates and interfere with the digestion of carbohydrates and sugar, reducing carbohydrate and sugar-derived calories and reducing fat storage.

#### Apple Pectin

Soluble fibers are Fat Blockers. They simply bind to bile acids and form a thick mucilaginous and gelatinous solution that physically inhibits the absorption of fat and sugar.

#### Bladderwrack & Kelp

Seaweeds contain specific minerals and plant chemicals that offer Fibrous Fat-Blocking ability. They also cause Fat "Trapping" and they suppress Fat Absorption. The natural mineral content has also been shown to increase your Fat-Burning metabolism.

### 3 Metabolic STIMULATION Complex

#### Green Tea

Green Tea is well known to stimulate your metabolism and your metabolic rate, which creates more heat in fat tissue and fat cells to help dissolve fat and burn fat up. It has been researched worldwide for this purpose in

hundreds of studies showing that it decreases body-fat mass.

#### Bitter Orange

Bitter Orange contains plant chemicals that stimulate the metabolism and the burning of fats. These chemicals have been shown to increase fat oxidation during exercise (and even at rest) so you become a more efficient fat-dissolving machine.

#### Cayenne Pepper & Ginger Rhizome

Spices like Cayenne and Ginger have been well documented to reduce food intake, curb the appetite, increase circulation and stimulate the metabolism, which increases fat oxidation (the burning up of fat) in the body. Studies have shown that they also decrease abdominal fat.

### 4 URINARY Complex

#### Dandelion Leaf & Uva Ursi Leaf

Both of these herbs work to help your elimination organs excrete more waste. Dandelion is one of the most bitter plants on the planet, and will stimulate and flush your liver. Uva Ursi Leaves have been used for centuries to stimulate the kidneys to excrete more urine.

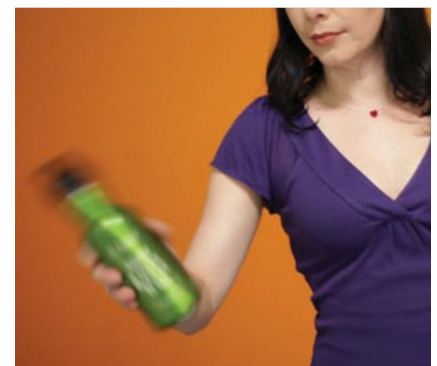
## Making Your SuperSlim Drink in 3 Easy Steps:



Add Water and Juice



Add SuperSlim



Shake and Drink

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# WHAT MAKES MY HERBAL FORMULAS DIFFERENT?

To understand my herbal formulas, you must first understand me. After all, it is my life, my personal healing experiences, my wonderful patients and my clinical experience that created my values, **the values that are now the core principles of this company.** It is important that you know what is important to me, so you know exactly what you are purchasing.



Because I am a doctor **FIRST**, **nothing is more important to me than your health, and the health of your family and loved ones.** This may sound cliché but I assure you... **YOU** are my mission.

The nutritional and herbal business in America has become a multi-billion dollar industry. And the vast majority of people in this business are focused primarily on business. After all, that is what business is usually all about—making more money. On the contrary, my focus is **YOU** and your health. And my crusade is to make sure every American knows that they have an option and an alternative when it comes to healthcare. This is what drives me and keeps me going.

Look, I started in this healing art for very selfish reasons, just to save my own life and heal myself. Helping others and starting my clinic happened by accident, as a natural

progression. So I am now a doctor, who spent decades in my clinic, helping others to heal themselves, naturally. That makes for a very different business focus. That is my business focus and what my business is all about—**YOU** getting well and **YOU** staying well.

So here are just a few of the reasons why my focus makes the company and the products we make, very different, and also the reasons why you have made the best possible choice in herbal formulas.

## THE **PUREST** HERBS ON EARTH!



Anisha Jones and Arthur Schulze examining herbs. Arthur grew up in the clinic and pharmacy.



The words “Natural” and “Pure” can be used to sell just about anything these days, but to me, they are more than just words. I was one of the American pioneers in the organic herbal industry, using organically-grown and wild harvested herbs to make my clinical formulas, long before it was fashionable or trendy.

My passion has always been to find the cleanest and most powerful herbs available, and using organic achieves both clean and powerful.

## 10 Times More Powerful!

It has been proven that organic food and herbs contain a much higher amount of nutrition and phytochemicals—up to 10 times more! This is a simple equation. Up to 10 times more nutrition and phytochemicals means that these herbs are up to 10 times more potent than non-organic herbs, which also means that you have an up to 10 times greater chance of getting the results you desire.

Because, even more important than purity and powerful—is YOU! That’s the real bottom line, YOU getting healthy and YOU staying healthy.

I take purity very seriously, to the extent that our manufacturing facility has been registered with, and is continually inspected by, the California Dept of Public Health: Food & Drug Branch, and we are licensed to manufacture ORGANIC Herbal Products. Furthermore, we have also been certified as an ORGANIC facility by Quality Assurance International, the top USDA-accredited organic certifying agency in the United States.

## No Toxic Chemicals Ever!

Finally, I always say that it is not good, common sense to be making formulas to clean and detoxify your organs and body, but at the same time, using herbs sprayed with toxic fertilizers, insecticides, pesticides and other farming

pollutants and ingesting them, and worse having these toxic chemicals pollute the land and environment where you live.

In the 1960s we had a saying, “You are either part of the problem or part of the solution.” I want to assure you, **we ARE the solution!**

## QUALITY & POTENCY TAKES TIME!

An old winemaker in Italy once told me that wine can only be as good as the grapes you start with. **Herbal products are no different.** That is why growing and finding the finest herbs is the most important aspect of making the finest herbal formulas. **Second, are the processes that we use.**

We now live in an era of fast and instant everything—from cell phones, computers, text messaging and even Twitter and Instagram. Instant may be good for communication, but not for food, and not for herbal formulas.

Today, most herbal manufacturers have sped up processing time to quick 3-day extractions (or even 3-hour extractions) using heat, and even using herbal crystals and concentrates, and not even using the raw plants and herbs anymore.



Today, I still use the same time-consuming methods used and passed down from generation to generation by the greatest herbal pharmacists of the last century, which have been long abandoned by other manufacturers. Our minimum brewing time is 14 days, with some brewing taking as long as two to three months. Each tonic is blended and stirred every single day, before it is eventually pressed under 40 tons of pressure. This is the same way the best wine, olive oil and even herbal medicine have been made for thousands of years.

## We Don't Skimp on Herbs!

Next is the herb to menstrum (liquid) ratio. Herbal authorities and the new breed of herbal manufacturers now say that only 10% raw material (herbs) to 90% liquid is necessary to make most herbal tonics. This is certainly an effective treatment for the profit bottom line, but not the customer's health.

Obviously, these manufacturers have never been really sick, never ran a clinic, never had patients or have never had sick children, parents or siblings they were trying to keep alive. If they had, they wouldn't be thinking about scrimping and putting 10% or 20% or even 30% herbs in their products. They would be cramming every flower, leaf, berry, seed or piece of bark that they could fit into the vats and jumping up and down on it to get even more herbs into the vats, before they added any extracting liquid!



## We Cram the Vats to the Top!

All of our tonics are made filling each and every vat up to the VERY TOP with raw herbs. In fact, with every vat, when we add the liquid menstrum, the vats overflow and herbs spill onto the floor. Maybe we use too much herbal material in our vats, maybe it is wasteful or unnecessary, but here is what I KNOW: my clinic was filled with patients that were still ill, long after the doctors gave up, that were using many of the herbal products found in health food stores and were still NOT GETTING WELL. But, when they started using my much more concentrated formulas, they

saw immediate and remarkable results.

So the absolute most important thing I always keep in mind during manufacturing is you and your family's health, and we will never forget that. I make sure that no herbal extract we make could ever be made any more concentrated, any stronger, or any more POTENT and effective than we make it, PERIOD!!

What's next? How about operating an herbal pharmacy and clinic that spanned three decades, where I worked with tens of thousands of patients?



## PROVEN IN THE CLINIC TO BEAT THE ODDS!

I often refer to other herbal products as bottled herbal **theories** or herbal **hypotheses**. Where some herbalist who meant well, studied what chemicals are **maybe** present in a particular herb, saw how these chemicals **might** affect an illness or a person's health, and then simply **dreamed up** an herbal formula.

Designing herbal formulas without having a clinic is like typing on a computer keyboard without a monitor. You have absolutely no idea what you are doing, and no idea what the results might be. And, you would be surprised at how many herbal formulas out there are designed exactly this way.

There are even herbal companies that have no herbalist in the company at all! They just research fad herbs on the Internet, and then marketing managers make up a trendy formula. And, even the herbal companies who have herbalists in house—did these herbalists ever have a clinical practice? Did they ever have any patients? Did any of these patients ever get well?

I designed every herbal formula in my clinic, for my patients, and for over three decades I refined these formulas to be the most **EFFECTIVE** herbal formulas anywhere. This is what I mean by **PROVEN**.



## Welcome to My Family!

Finally, I am fully aware that you have a choice when it comes to the herbal formulas and the products you choose to treat yourself and your family with. I want you to know that my family, my company and I take your trust extremely seriously. I can guarantee you that no herbal formula is made using **PURER** or higher quality herbs. No herbal formula is made more concentrated or **POTENT**, and none have more clinical success stories or **PROVEN** results than my herbal formulas and products.

Every day I take my **SuperFood Plus**, **HerbalMucil Plus**, **PROTECT Formula**, **Super-C Plus** and numerous other of my formulas, when I am sick, cleansing or healing. And, I use the exact same Dr. Schulze herbal products on my son and my own family, too.

So, welcome to my family!

*Dr. Richard Schulze*



# COMMON DOSAGE QUESTIONS & ANSWERS

## 1 How Much Is A Dropperful?

A dropperful is whatever comes up in the dropper when you squeeze it. Often, it only looks like about a half a dropperful, but whatever you get when you squeeze the dropper... that's a dropperful.

If you counted it (which would be really boring), it would be about 35 drops. There are also about 35 droppersful in every 1-ounce bottle, and about 70 droppersful in every 2-ounce bottle.

## 2 What Are The Standard Dosages For The Herbal Formulas?

The standard dosage is 2 droppersful, three times a day.

Now, if you're having problems, you can certainly take 4 droppersful, three times a day, or 4 droppersful, five times a day.

For immediate relief, you can even increase your dosage to 6 droppersful, 8 droppersful, 10 droppersful or more. Then, once you start getting results, go back to the standard dosage.

The bottom line, if you're not feeling well and your symptoms are persisting, take more herbs and take them more often. That's how you heal yourself and create powerful health.



## 3 What Are The Dosages For Children?

Children vary dramatically in size and shape. One 5-year-old can be very different from another. In his clinic, Dr. Schulze found the safest and most effective way to dose children was by weight. After all, we want to adjust their dosage by how much their metabolism can handle. The surest way to do so is by weight. Simply make a fraction and put the child's weight over 150 pounds. Just look at the following example:

A Child of:

$$\frac{30 \text{ pounds}}{150 \text{ pounds}} = \frac{1}{5} \text{ of the adult dose}$$

## 4 What Are The Specific Dosages For Dr. Schulze's Three Main Foundational Products?

### SuperFood Plus

Dr. Schulze suggests 2 tablespoons of SuperFood Plus in a morning drink or 15 tablets in the morning. You can also take 5

tablets, three times a day. That's the daily dosage. Now, if you're anemic, if you have low energy or if you have an afternoon slump, then you'll want to get more nutrition in your body. In this case, Dr. Schulze suggests you take 2 tablespoons and make a SuperFood drink in the morning and AGAIN in the afternoon, or take more tablets.

If you're really ill, you have a low blood count and you're trying to build up your blood, Dr. Schulze suggests taking his SuperFood Plus three times, even four times a day. Just spread out your dosage throughout the day. The bottom line is you can take as much as you need to get your blood strong.

### Intestinal Formula #1

Dr. Schulze suggests starting with just 1 capsule at night and seeing what happens the next day. If you're not impressed with the way your bowel works the next morning, take 2 capsules the next night. And then, if you're still not impressed, go up to 3 capsules the following night, until your bowel is working great.

Now, if it's an emergency and you really need to purge, take 2, 3 or 4 capsules with some food. It's not going to kill you, and it's going to get whatever is in you... out. Especially if you have something like food poisoning or you ate some bad food. Or, use his Bowel Flush "SHOT".

### Echinacea Plus

Like all of Dr. Schulze's liquid herbal formulas, the standard





dosage is two droppersful, three times per day. That said, there are 12 droppersful of Echinacea in each Cold & Flu Herbal "SHOT", so it's fine to increase as needed. Dr. Schulze even suggests using an entire 2-ounce bottle in a day, if you have a severe cold or flu. He would call that a "heroic dose", and what he means by this is that sometimes you have to dose yourself with a lot more than your standard dose to get results. And, what you'll find is that most often, you'll feel better and you'll get well. So, don't be afraid to increase as needed.

## 5 What Happens If I Take Too Much?

Dr. Schulze's clinical experience with herbs and herbal formulas is that, in the worst-case scenario, you're going to feel a little sick to your stomach. However, this rarely happens. What usually happens is, when you take larger doses, you get well. So don't be afraid to really increase your dose when you're not feeling well.

## 6 What Are The Expiration Dates For The Herbal Formulas?

All of Dr. Schulze's Specific Formulas are tonics. Unopened,

naturally preserved tinctures have an indefinite shelf life. Fifty years from now an unopened bottle of one of Dr. Schulze's formulas would still be good to use, and just as potent. However, once opened, we recommend consuming them within one year.

For the "dry" products (e.g. SuperFood Plus, Intestinal Formula #1, Intestinal Formula #2, HerbalMucil Plus, Detox Tea, K-B Tea and SuperSlim packets), these should be consumed within one year of purchase. And, once opened, they should be consumed within six months.



## 7 Is It OK To Take The Formulas If I'm Pregnant Or Nursing?

Dr. Schulze heard this question 10,000 times or more in his clinic, and his answer was always "YES, you can cleanse and detox during pregnancy, and you can cleanse and detox during nursing." You just want to use your common sense. Certainly, SuperFood Plus is the best for pregnancy and for nursing, because you're feeding either the fetus or the baby the best blood and then, once it's born, the best milk that you can imagine, because you're fortifying your blood and your milk with SuperFood Plus.

The Intestinal Formula #1, well, here's where the common

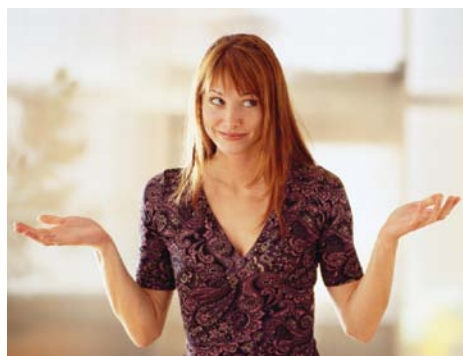
sense comes in. You shouldn't be sending yourself into an extensive, intensive, cathartic bowel movement in your eighth-and-a-half month of pregnancy, unless you want to bring on labor. That said, you can use Intestinal Formula #1 even in your third trimester; that's no problem. Just don't cause some major bowel catharsis. Keep it simple and lower your dosage.

Once you have your baby, if you want to use Intestinal Formula #1, that's fine. But remember, any herb you take will get through your milk into your baby on a reduced level. So, you're also going to be treating your baby, too, which is great, because if your baby has an infection, you can take high dosages of Echinacea Plus, and it will get through the breast milk into your child. So yes, you can do all the programs when you're pregnant and when you're nursing. Just use your head and your good common sense.

## 8 How Much Alcohol Is In The Formulas?

The base of the majority of Dr. Schulze's herbal formulas are mostly distilled water, but most of them do contain organic, pure-grain alcohol as well. However, the amount of alcohol in the average dose of tincture is equal to the amount of alcohol in a ripe banana.

This dosage has been tested on people who are alcohol sensitive with no adverse reactions. It is also a safe amount for anyone in a 12-Step Program or Alcoholics Anonymous. If you're still concerned about the alcohol, you can place the tincture in a cup, pour boiling water into the cup, and the alcohol will evaporate in seconds.



## What products should I use for particular ailments?

### How To Use This Listing

In this listing, we identified different conditions that you might experience. Each is followed by Dr. Schulze's Herbal Formulas and Programs that he recommends based on his clinical experience. Some conditions have two or more formulas and programs listed. All suggestions are listed in their order of priority, so start with the first formula listed. You may use more than one formula at a time. If you start with one and after a reasonable period of time you do not get the desired results, add the second and then the third recommended formula. Continue to use the first formula when adding the second and so on. Keep in mind that Natural Healing is based on helping your body do the work it was designed to do. So please use Dr. Schulze's Foundational Products to get the nutrition IN and the toxins OUT, and build a powerful immune system. Then, add specific formulas as you see necessary.

Read Dr. Schulze's "20 Steps to a Healthier Life" Book. Call us toll-free at 1-800-HERBDOC (437-2362) and get a FREE copy of this book and/or his "Get Well" CD, which describes each of these 20 steps in more detail. Start all of his Foundational Herbal Formulas and Programs, and you will be well on your way to a healthy and vibrant life!

### Legal Disclaimer

The following statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

**A Healthy Lifestyle Comes First!** Dr. Schulze always says that, "True healing comes from creating a healthy lifestyle, stopping the things you did that made you sick in the first place, and starting new programs of health and wellness, like healthy food programs, elimination programs, detox programs, exercise programs and programs that create emotional wellness. This is true healing!" So work on getting YOU well by adopting these principles, and don't try to change your life by ONLY using his herbal remedies—change your life by changing YOU! Today, we have discovered the limitations of medical doctors trying to poison people well with chemicals. Let's be honest—it doesn't work! Getting well depends how you live your life, and how you change your life when your life depends on it! Being proactive first is what counts!

We must also legally advise you that Dr. Schulze is not a Medical Doctor. His opinions regarding health and healing disease are based on his own personal experience and that of thousands of patients that he treated in his clinic over a period of decades. If you have any illness or disease, we must advise you to consult a licensed medical professional.

## A

### Abdominal Bleeding

5-Day BOWEL Detox, Cayenne (Tincture or Powder), HerbalMucil Plus

### Abrasions

Anti-I Formula, Jojoba & Tea Tree Oil (Ointment or Oil)

### Acne

5-Day BOWEL Detox, 5-Day KIDNEY Detox, 5-Day LIVER Detox, Vegan, Raw Food Program

### Adenoids, Inflamed

Daily Oral Therapy, Throat & Tonsil, Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Super-C Plus, Raw Garlic

### AIDS

Incurables Program

### Allergy

Echinacea Plus, Children's Echinacea, Lung, Cold & Flu Herbal "SHOT", 30-Day Detox Program

### Alzheimer's Disease

Brain, SuperFood Plus, Cayenne (Tincture or Powder), Incurables Program, Protect Formula (prevention)

### Anemic

SuperFood Plus, SuperFood Bar, Super-C Plus, 5-Day LIVER Detox, Organic Fruit and Vegetable Juice

### Angina Pectoris

Heart, Cayenne (Tincture or Powder), 30-Day Detox Program

### Animal Bites

Echinacea Plus, Children's Echinacea, Anti-I Formula

### Antioxidant

SuperFood Plus, Super-C Plus, Protect Formula

### Antiseptic

Anti-I Formula, Jojoba & Tea Tree Oil (Ointment or Oil), Echinacea Plus, Children's Echinacea, Garlic

### Anxiety

Nerve, Brain, SuperFood Plus

### Aphrodisiac

Male "SHOT", Female "SHOT", Female Formula, Male Formula, Super Ginseng

### Arrhythmia

Heart, Cayenne (Tincture or Powder), SuperFood Plus, 30-Day Detox Program

### Arthritis

Deep Tissue (Ointment or Oil), Incurables Program

### Asthma

Lung, Incurables Program, Dairy-Free Vegan Food Program

### Atherosclerosis

Heart, Cayenne (Tincture or Powder), Incurables Program, Vegan Food Program

### Athlete's Foot

Jojoba & Tea Tree Oil (Ointment or Oil), Anti-I Formula, Echinacea Plus

## B

### Bad Breath

Daily Oral Therapy, Fresh Breath Plus, Digestive "SHOT", Digestive Tonic, Tooth & Gum, 5-Day BOWEL Detox

### Bladder

5-Day KIDNEY Detox, K-B Formula, K-B Tea

### Bleeding

Cayenne (Tincture or Powder), Anti-I Formula

### Blindness

Eyebright, Brain, SuperFood Plus, Incurables Program

### Blunt Trauma

Ice (immediately), Deep Tissue (Ointment or Oil), Hot & Cold Hydrotherapy

### Boils

Anti-I Formula, 5-Day BOWEL Detox, 5-Day KIDNEY Detox

### Bone, Fractures

Ice (immediately), Deep Tissue (Ointment or Oil), Hot & Cold Hydrotherapy, SuperFood Plus

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## **Bowel, Inflamed**

HerbalMucil Plus, Intestinal Formula #2, 5-Day BOWEL Detox, Nerve

## **Brain, Circulation**

Brain, Cayenne (Tincture or Powder), SuperFood Plus, Vitality "SHOT", Protect Formula (prevention)

## **Bronchial**

Lung, Air Detox

## **Bronchitis**

Cold & Flu Herbal "SHOT", Lung, Echinacea Plus, Children's Echinacea, SuperTonic, Super-C Plus, Air Detox

## **Bruises**

Deep Tissue (Ointment or Oil), Hot & Cold Hydrotherapy, SuperFood Plus

## **Bursitis**

Deep Tissue (Ointment or Oil), Hot & Cold Hydrotherapy

# C

## **Cancer**

Incurables Program

## **Candida Albicans**

5-Day BOWEL Detox, Echinacea Plus, Raw Garlic

## **Cataracts**

Eyebright, Brain, Cayenne (Tincture or Powder), Incurables Program

## **Cerebral Hemorrhage**

Cayenne (Tincture or Powder), Brain, Heart, Incurables Program

## **Cervix Infections**

Female Formula, 5-Day KIDNEY Detox, 30-Day Detox Program, Garlic Suppository

## **Chest Cold**

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Super-C Plus, Deep Tissue (Ointment or Oil) on chest

## **Chicken Pox**

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Jojoba & Tea Tree Oil (Ointment or Oil) on pox

## **Childbirth**

SuperFood Plus, Nerve

## **Cholesterol**

Heart, Raw Garlic, 5-Day LIVER Detox, SuperSlim Weight Management System, Vegan Food Program

## **Chronic Fatigue**

Echinacea Plus, Children's Echinacea, SuperFood Plus, 30-Day Detox Program

## **Circulation, To Enhance**

Cayenne (Tincture or Powder), Heart, Brain

## **Colds and Flu**

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, SuperFood Plus, Super-C Plus, Throat & Tonsil, Lung, Air Detox

## **Colic**

Digestive Tonic, Nerve, Digestive "SHOT"

## **Colitis, Ulcerated**

HerbalMucil Plus, Intestinal Formula #2, SuperFood Plus

## **Congestive Heart Disease**

Heart, Cayenne (Tincture or Powder), Incurables Program, Protect Formula (prevention)

## **Conjunctivitis**

Eyebright, Chop Onions, Eat Onions

## **Constipation**

Bowel Flush "SHOT", Intestinal Formula #1, Intestinal Formula #1 (MAX), Intestinal Formula #3, 5-Day BOWEL Detox, HerbalMucil Plus (to add fiber)

## **Convulsions**

Nerve, Digestive "SHOT", Incurables Program

## **Crohn's Disease**

HerbalMucil Plus, Intestinal Formula #2, Nerve, Incurables Program

## **Cuts**

Anti-I Formula, Cayenne (Tincture or Powder) to stop bleeding, Echinacea Plus

## **Cystitis**

5-Day KIDNEY Detox

# D

## **Depression**

Brain, Nerve, SuperFood Plus, 5-Day BOWEL Detox, Protect Formula (prevention)

## **Dermatitis**

Jojoba & Tea Tree Oil (Ointment or Oil), 5-Day BOWEL Detox, 5-Day KIDNEY Detox

## **Detoxification**

5-Day BOWEL Detox, 5-Day LIVER Detox, 5-Day KIDNEY Detox, 30-Day Detox Program

## **Diabetes**

Incurables Program

## **Diaper Rash**

Jojoba & Tea Tree Oil (Ointment or Oil)

## **Diarrhea**

Intestinal Formula #2, HerbalMucil Plus, Echinacea Plus, Children's Echinacea, 5-Day BOWEL Detox

## **Diverticulitis/Diverticulosis**

5-Day BOWEL Detox, HerbalMucil Plus, Intestinal Formula #2, Incurables Program

## **Dizziness**

Brain, Cayenne (Tincture or Powder)

## **Drug Withdrawal**

Nerve, Incurables Program, SuperFood Plus

## **Dysentery** (see Diarrhea)

# E

## **Eczema**

Jojoba & Tea Tree Oil (Ointment or Oil), 5-Day BOWEL Detox, 5-Day KIDNEY Detox

## **Edema**

5-Day KIDNEY Detox, K-B Formula, K-B Tea

## **Emphysema**

Lung, Air Detox, Incurables Program

## **Energy, Loss** (see Fatigue)

## **Epilepsy**

Nerve, Incurables Program

## **Epstein-Barr Virus**

Echinacea Plus, Children's Echinacea, SuperTonic, 30-Day Detox Program

## **Eyes, Injury, Infection**

Eyebright, Brain, SuperFood Plus, Chop Onions, Eat Onions

## **Eyesight, Loss**

Eyebright, Brain, Cayenne (Tincture or Powder), SuperFood Plus, Incurables Program

# F

## **Fainting**

Cayenne (Tincture or Powder), Brain, SuperFood Plus

## **Fatigue**

Vitality "SHOT", SuperFood Plus, Echinacea Plus, Cayenne (Tincture or Powder), 5-Day BOWEL Detox

## **Fertility, Men**

Male "SHOT", Male Formula, Super Ginseng, Prostate, 30-Day Detox Program

## **Fertility, Women**

Female "SHOT", Female Formula, 30-Day Detox Program

## **Fever**

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Super-C Plus

## **Fibromyalgia**

Incurables Program

## **Fits** (see Epilepsy)

## **Food Poisoning**

Intestinal Formula #2, Digestive "SHOT", Digestive Tonic, Echinacea Plus, Children's Echinacea, Raw Garlic, Bowel Flush "SHOT"

## **Frostbite**

Cayenne (Tincture or Powder), Deep Tissue (Ointment or Oil)

## **Fungus** (see Athlete's Foot)

# G

## **Gallstones**

5-Day LIVER Detox

## **Gangrene**

Cayenne (Tincture or Powder), Deep Tissue (Ointment or Oil), Incurables Program

## **Gas**

Digestive "SHOT", Digestive Tonic, 5-Day BOWEL Detox, 5-Day LIVER Detox

## **Glands, Swollen**

Cold & Flu Herbal "SHOT", Throat & Tonsil, Echinacea Plus, Children's Echinacea, SuperTonic, Raw Garlic

## Glaucoma

Eyebright, Brain, Cayenne (Tincture or Powder), Incurables Program

## Gingivitis

Daily Oral Therapy, Tooth & Gum (in a water pick), Echinacea Plus, Children's Echinacea

## Gout, Pain

Deep Tissue (Ointment or Oil), 5-Day KIDNEY Detox

## Gums, Bleeding

Daily Oral Therapy, Tooth & Gum (in a water pick), Cayenne (Tincture)

# H

## Hay Fever

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Lung

## Headache

Nerve, Brain, 5-Day BOWEL Detox

## Heart, Protective

Protect Formula, Heart, Cayenne (Tincture or Powder)

## Heart Attack

Cayenne (Tincture or Powder), Heart

## Heartburn

Digestive "SHOT", Digestive Tonic, Intestinal Formulas #1 and #2

## Heavy Metal Poisoning

Intestinal Formula #2, 5-Day BOWEL Detox

## Hemoglobin, Low

SuperFood Plus, SuperFood Bar, Use Your Juicer, 30-Day Detox Program

## Hemorrhage

Cayenne (Tincture or Powder)

## Hepatitis

5-Day LIVER Detox, L-GB Formula

## Herpes, Simplex

Anti-I Formula, Raw Garlic

## Herpes, Zoster

Nerve, SuperFood Plus, Anti-I Formula

## Hiatal Hernia

Digestive "SHOT", Digestive Tonic, Detox Tea, 5-Day LIVER Detox

## Hiccups

Nerve, Digestive "SHOT", Digestive Tonic

## High Blood Pressure

Heart, Cayenne (Tincture or Powder), Raw Garlic, 5-Day BOWEL Detox

## Hives

Echinacea Plus, Children's Echinacea, Nerve, Jojoba & Tea Tree Oil (Ointment or Oil) on hives

## Hot Flashes

Female "SHOT", Female Formula, SuperFood Plus

## Hypertension (see High Blood Pressure)

## Hypoglycemia

SuperFood Bar, SuperFood Plus, 30-Day Detox Program

# I

## Immune Stimulation

Echinacea Plus, Children's Echinacea, Cold & Flu Herbal "SHOT", SuperFood Plus, Super-C Plus

## Impotency (see Fertility)

## Incontinence, Men

5-Day KIDNEY Detox, Prostate Formula

## Incontinence, Women

5-Day KIDNEY Detox, Female Plus

## Indigestion

Digestive "SHOT", Digestive Tonic, Intestinal Formulas #1 and #2

## Infection, External

Anti-I Formula, Jojoba & Tea Tree (Ointment or Oil)

## Infection, Internal

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Raw Garlic

## Infertility (see Fertility)

## Influenza (see Colds and Flu)

## Insect Bites

Echinacea Plus, Children's Echinacea, Anti-I Formula, Bug Barrier, Deep Tissue (Ointment or Oil) for itch

## Insomnia

Nerve

## Irritable Bowel

HerbalMucil Plus, Intestinal Formula #2, Nerve, 5-Day BOWEL Detox, 30-Day Detox Program

## Itching

Deep Tissue (Ointment or Oil), Jojoba & Tea Tree (Ointment or Oil), Echinacea Plus, Children's Echinacea

# J

## Jaundice

5-Day LIVER Detox, L-GB Formula

# K

## Kidney Infection

5-Day KIDNEY Detox, K-B Formula, K-B Tea

## Kidney Stones

5-Day KIDNEY Detox, Dr. Schulze's Dissolve Routine

# L

## Laryngitis

Throat & Tonsil, Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic

## Leg Ulcers

5-Day BOWEL Detox, Echinacea Plus

## Ligament, Sprains

Deep Tissue (Ointment or Oil), SuperFood Plus, Hot & Cold Hydrotherapy

## Liver, All Problems

5-Day LIVER Detox

## Low Energy (see Fatigue)

## Lumbago

Deep Tissue (Ointment or Oil), Hot & Cold Hydrotherapy

## Lung, Congestion or Infection

Lung, Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Air Detox

## Lupus

Echinacea Plus, Children's Echinacea, Incurables Program

# M

## Malaria

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, Incurables Program

## Malnutrition

SuperFood Plus, SuperFood Bar, 5-Day BOWEL Detox

## Mastitis

Echinacea Plus, Deep Tissue (Ointment or Oil), Hot & Cold Hydrotherapy

## Measles

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperFood Plus, SuperTonic

## Memory

Brain, Vitality "SHOT", SuperFood Plus, Cayenne (Tincture or Powder), 5-Day BOWEL Detox, Protect Formula (prevention)

## Meningitis

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, Brain, Raw Garlic, Incurables Program

## Menopause

Female "SHOT", Female Formula, SuperFood Plus

## Menstrual Cramps

Female "SHOT", Female Formula, Nerve, 5-Day BOWEL Detox

## Menstruation, Irregular

Female "SHOT", Female Formula

## Mental Fatigue

Vitality "SHOT", Brain, SuperFood Plus, Cayenne (Tincture or Powder)

## Mercury Poisoning (see Heavy Metal Poisoning)

## Migraine

Nerve, Brain, Cayenne (Tincture or Powder), 5-Day BOWEL Detox

## Mumps

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, SuperFood Plus

## Muscle, Cramps, Spasms

Nerve, SuperFood Plus, Deep Tissue (Ointment or Oil)

## Muscle, Sore, Torn, Sprains

Deep Tissue (Ointment or Oil), Nerve, Hot & Cold Hydrotherapy

# N

## Nerve Repair, Damage

Nerve, Deep Tissue (Ointment or Oil), SuperFood Plus

**Night Sweats** (see Menopause)

## Nursing Moms

SuperFood Plus, SuperFood Bar, Super-C Plus

# P

## Pain

Nerve, Deep Tissue (Ointment or Oil)

## Palpitations

Heart, Cayenne (Tincture or Powder), Nerve

## Pap Smear, Abnormal

Female Formula, Garlic Suppository, 5-Day BOWEL Detox

## Parasites, General

Detox Formula, Bowel Flush "SHOT", 5-Day BOWEL Detox, 5-Day LIVER Detox

## Parasites, Intestinal

Bowel Flush "SHOT", 5-Day BOWEL Detox, 5-Day LIVER Detox

## Parkinson's Disease

Nerve, Brain, Incurables Program

**Pink Eye** (see Conjunctivitis)

## PMS

Female "SHOT", Female Plus, SuperFood Plus, Nerve, K-B Formula, K-B Tea

## Pneumonia

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, Lung, SuperTonic, Garlic, Air Detox

## Poison Ivy

Echinacea Plus, Children's Echinacea, Anti-I Formula, Jojoba & Tea Tree Oil (Ointment or Oil), Deep Tissue (Ointment or Oil) for itching

**Poison Oak** (see Poison Ivy)

## Prostate, Enlarged, Infected

Prostate Formula, Male Formula, 5-Day BOWEL Detox, 5-Day KIDNEY Detox

## Psoriasis

Jojoba & Tea Tree Oil (Ointment or Oil), 30-Day Detox Program

# R

## Radiation Poisoning

Intestinal Formula #2, SuperFood Plus, Incurables Program

## Ringworm

Echinacea Plus, Children's Echinacea, Detox Formula, Jojoba & Tea Tree Oil (Ointment or Oil), Raw Garlic

# S

## Sciatica

Deep Tissue (Ointment or Oil), Nerve, Hot & Cold Hydrotherapy, Intestinal Formula #1

**Seizures** (see Epilepsy)

## Sexual Desire, Female

Female "SHOT", Female Formula, SuperFood Plus

## Sexual Desire, Male

Male "SHOT", Male Formula, Super Ginseng, SuperFood Plus

**Shingles** (see Herpes Zoster)

## Sinus Congestion

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, Lung, SuperTonic, Air Detox, Chop Onions, Eat Onions

## Sinus Infection

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Cold & Flu Program, Air Detox, Chop Onions, Eat Onions

## Skin, Dry, Chapped, Sore

Jojoba & Tea Tree Oil (Ointment or Oil), SuperFood Plus

**Skin, Elimination** (see Acne)

## Smoking, To Stop

Nerve, Lung, SuperFood Plus

**Sprains** (see Muscle, Sore, Torn, Sprains)

**Stings** (see Insect Bites)

## Stomach Cramps

Digestive "SHOT", Digestive Tonic, Nerve

## Stomach Ulcers

Digestive "SHOT", HerbalMucil Plus, Intestinal Formula #2, 5-Day BOWEL Detox

**Stress** (see Anxiety)

**Stroke** (see Cerebral Hemorrhage)

**Sty** (see Eyes, Injury, Infection)

# T

## Tachycardia

Heart, Cayenne (Tincture or Powder), 5-Day BOWEL Detox, Incurables Program

## Teething

Nerve, Tooth & Gum, Echinacea Plus (topical)

## Tendon, Sprains

(see Muscle, Sore, Torn, Sprains)

## Throat, Sore

Daily Oral Therapy, Throat & Tonsil, Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic

## Tinnitus

Brain, Cayenne (Tincture or Powder), Nerve, SuperFood Plus

## Tonsillitis

Daily Oral Therapy, Cold & Flu Herbal "SHOT", Throat & Tonsil, Echinacea Plus, Children's Echinacea, SuperTonic, Raw Garlic, Air Detox

## Toothache

Daily Oral Therapy, Tooth & Gum, Nerve, Echinacea Plus

## Tooth, Bone Loss

Daily Oral Therapy, Tooth & Gum (in a water pick), SuperFood Plus

## Tooth Infection

Daily Oral Therapy, Tooth & Gum (in a water pick), Anti-I Formula, Echinacea Plus, Children's Echinacea, Raw Garlic

## Tremors

Nerve, SuperFood Plus

**Tumors** (see Cancer)

# V

## Vaginal Dryness

Female "SHOT", Female Formula

## Vaginal Infection

Echinacea Plus, 5-Day KIDNEY Detox, Garlic Suppository

## Virus

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Super-C Plus, Raw Garlic

## Vomiting

Digestive "SHOT", Digestive Tonic

# W

## Warts

Anti-I Formula, Echinacea Plus (used both internally and externally), Raw Garlic

## Water Retention

5-Day KIDNEY Detox, Female Plus, Female "SHOT"

## Weight Management

SuperSlim Weight Management System

## Wheezing

Lung, SuperTonic, Air Detox

## Wounds, Cleansing

Anti-I Formula

## REFERENCES

The Merck Index

The Merck Manual

Taber's Cyclopedic Medical Dictionary

The Federal Republic of Germany's Commission "E" Herbal Monographs

# DR. RICHARD SCHULZE

## BIOGRAPHY



Speaking in front of a capacity crowd of Natural Healing devotees.



With students at one of his now-famous weekend seminars.



In the field, sharing his wisdom and vast knowledge of herbs.

## His Personal Healing Miracle

When he was only 11 years old, his father died in his arms from a massive heart attack. At 14, his mother died of a heart attack. They were 53 and 55 years old. At the age of 16, after a year of ill health, young Richard Schulze was diagnosed by medical doctors as having a genetic heart deformity and heart disease.

The doctors told him that unless he underwent open-heart surgery, his weak and deformed heart would not be able to pump sufficient blood to an adult body, and he would be dead by the age of 20. He declined to have the surgery, walked out of the hospital and instead, made it his quest to discover alternative ways to heal his heart. Over the next three years, he made radical changes to his teenage lifestyle. He became a vegan, began an intensive exercise program and literally changed everything that went in and out of his body, mind and spirit.

He immersed himself in literally hundreds of intensive Natural Healing programs. After three years, he returned to the same medical doctors who had told him he would die without surgery.

This time, they told him his heart had miraculously healed itself. Dr. Schulze had created his first healing miracle.

## Teaching Natural Healing is his Life's Mission

In 1994, after 15 years of formulating herbal medicines for his patients, Dr. Schulze opened the American Botanical Pharmacy, which manufactures and sells his effective herbal formulas to the public.

Dr. Schulze also continues his healing mission today by developing new herbal medicines and creating books, publications, CDs and DVDs describing his clinical Natural Healing programs. He also communicates directly with the public every week through his BLOG, [herbdoc.com/blog](http://herbdoc.com/blog) answering patients' and customers' questions and making video clips that explain his many natural detoxification, cleansing, flushing and health-building programs.

For more information about Dr. Schulze, visit [www.herbdoc.com](http://www.herbdoc.com)!



**“ Tomorrow is  
what you Believe and  
Do RIGHT NOW! ”**

– Dr. Schulze

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Marina del Rey, CA 90295


#### FAX


1-866-305-1830


#### RETAIL STORE


4114 Glencoe Avenue  
Marina del Rey, CA 90292  
Mon-Fri 9:00am-7:00pm (PST)  
Sat 9:00am-6:00pm (PST)  
Sun 10:00am-6:00pm (PST)




 <b>NUTRITION</b>	Qty	Price	Total
SuperFood Plus (Powder)		\$40	
SuperFood Plus (Tablets)		\$46	
SuperFood Plus (On-The-GO)		\$26	
SuperFood-100 (90-ct)		\$34	
SuperFood-100 (270-ct) - Family Size		\$90	
SuperFood-100 for Kids (90-ct)		\$24	
SuperFood Bars (12-pk) <input type="checkbox"/> Original or <input type="checkbox"/> Crunch		\$38	
<b>NEW</b> Dr. Schulze's SuperMeal		\$72	

 <b>ELIMINATE</b>	Qty	Price	Total
Intestinal Formula #1 (90-ct)		\$24	
Intestinal Formula #1 (250-ct)		\$58	
Intestinal Formula #2 (Powder)		\$24	
Intestinal Formula #2 <input type="checkbox"/> Capsules or <input type="checkbox"/> Packets		\$30	
Intestinal Formula #1 MAX		\$24	
Intestinal Formula #3		\$22	
HerbalMucil Plus (Powder)		\$26	
Bowel Flush "SHOT" (3-pack)		\$42	

 <b>DETOX</b>	Qty	Price	Total
5-Day BOWEL Detox <input type="checkbox"/> Capsules or <input type="checkbox"/> Packets		\$68	
5-Day LIVER Detox		\$78	
5-Day KIDNEY Detox		\$78	
24-Hour BOWEL Detox		\$10	
Detox Formula		\$28	
30-Day Detox Program		\$408	
The Incurables Program		\$460	

 <b>IMMUNE</b>	Qty	Price	Total
ECH+ (Echinacea Plus) (2-oz)		\$30	
ECH+ (Echinacea Plus) (4-oz)		\$54	
Children's Echinacea		\$22	
Super-C Plus (Powder)		\$24	
Super-C Plus (Tablets)		\$28	

<b>Start Here!</b>	Qty	Price	Total
Starter Kit (SuperFood Plus Powder)		\$76	
Starter Kit (SuperFood Plus Tablets)		\$80	

 <b>SPECIFICS</b>	Qty	Price	Total
<b>At-Risk</b>			
Protect Formula (60-ct)		\$36	
Protect Formula (120-ct)		\$64	
<b>Circulation</b>			
Brain Formula		\$28	
Heart Formula		\$28	
Cayenne <input type="checkbox"/> Tincture or <input type="checkbox"/> Powder		\$22	

<b>Cold &amp; Flu</b>	Qty	Price	Total
Cold & Flu Herbal "SHOT" (6-pack)		\$84	
Cold & Flu Herbal "10-SHOT" - Family Size		\$125	
SuperTonic		\$24	
Throat & Tonsil Spray		\$15	
Throat & Tonsil Formula		\$24	

Lung Tonic		\$28	
Air Detox (2-oz)		\$14	
Air Detox (4-oz)		\$24	
<b>Digestion</b>			
Digestive Tonic		\$22	
Digestive "SHOT" (3-pack)		\$42	
<b>Energy</b>			
Vitality "SHOT" (2-pack)		\$28	
<b>Eyes</b>			
Eyebright Formula		\$22	
<b>Female</b>			
Female Formula		\$28	
FEM+ (Female Plus)		\$28	
Female "SHOT" (3-pack)		\$42	
<b>Kidney</b>			
K-B Formula		\$28	
K-B Tea		\$18	
<b>Liver</b>			
L-GB Formula		\$28	
Detox Tea		\$22	
<b>Male</b>			
Prostate Formula		\$28	
Male Formula		\$30	
Super Ginseng		\$32	
Male "SHOT" (3-pack)		\$66	
<b>Mouth</b>			
Daily Oral Therapy		\$32	
Fresh Breath Plus		\$6	
Fresh Breath Plus (5-pack)		\$28	
Tooth & Gum Formula		\$20	
<b>Nerve</b>			
Nerve Formula		\$28	
<b>Topical</b>			
Deep Tissue <input type="checkbox"/> Oil or <input type="checkbox"/> Ointment		\$20	
Jojoba & Tea Tree <input type="checkbox"/> Oil or <input type="checkbox"/> Ointment		\$15	
Anti-I Formula		\$15	
Bug Barrier Ointment		\$15	
Bug Block Spray		\$20	
<b>Weight</b>			
SuperSlim (36-ct Packets)		\$94	
SuperSlim (34-oz Powder)		\$142	

<b>Product Total</b>	
<b>Sales Tax*</b>	
<b>Shipping &amp; Handling**</b>	
<b>Total Due</b>	

**\*Sales Tax for CA Residents ONLY**  
 In LA County add 9.0%  
 Outside LA County add 7.5%

**\*\*Shipping & Handling Charges**  
 Up to \$35.00 add \$5.00  
 \$35.01 and above add \$7.00







**“ Tomorrow is  
what you Believe and  
Do RIGHT NOW! ”**

– Dr. Schulze

### RECEIVING YOUR ORDER

Upon receipt of your order, products will usually ship within 24 hours. Standard arrival times are between 3 and 7 business days.

### RUSH ORDERS

If your order is placed before 2:00pm (PST), it will be shipped THAT DAY by the fastest carrier for next-day delivery.

For Next-Day and Third-Day Shipping rates, please call:

**1-800-HERB-DOC (437-2362)**

### CUSTOMER SERVICE

We take extreme care when packing your order. If a mistake was made, call our toll-free Customer Service number at:

**1-866-305-9233**  
Mon-Sat: 8:00am-5:00pm (PST)

### RETURNS

We accept unopened returns within 30 days of purchase. Please call Customer Service for return authorization at 1-866-305-9233.

### WE APOLOGIZE

Legally, we cannot answer any questions about your health or disease. We cannot suggest any herbal treatment or give ANY health advice.

### LEARN MORE

Visit Dr. Schulze's BLOG at [herbdoc.com/blog](http://herbdoc.com/blog) or to purchase books, videos, CDs and DVDs on Dr. Schulze's teachings, please contact:

**Natural Healing Publications**  
**1-877-TEACH-ME (832-2463)**  
**Fax: 1-310-305-1805**

### Ordered by (Bill to. Please print clearly.)

Name: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-Mail Address (for order confirmation): \_\_\_\_\_

### Ship to (If different than billing address.)

Name: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-Mail Address (for order confirmation): \_\_\_\_\_

### Method of Payment

Check or Money Order    Check/M.O. Number: \_\_\_\_\_

MasterCard     Visa     Amex     Discover     Debit Card

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

### Please send a Catalog to:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

### Please send a Catalog to:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

### CALL

1-800-HERB-DOC (437-2362)  
Mon-Sat 6:00am-7:00pm (PST)  
Sunday 7:00am-3:00pm (PST)

### WEB

[www.herbdoc.com](http://www.herbdoc.com)

### MAIL


American Botanical Pharmacy  
PO Box 9699  
Marina del Rey, CA 90295


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A man with a beard, wearing a white shirt, is shown in profile from the chest up. He is holding a white coffee cup in his right hand and a tablet in his left hand. The tablet displays a website with various product listings and a testimonial. The background is a blurred white surface, possibly a bed or a table.

Enjoy your shopping  
experience on our

**NEW WEBSITE!**

Enhanced for use on  
your desktop, tablet  
and smartphone

**Check out our new site  
and see for yourself!**

- ▶ Improved shopping cart experience for fast and easy check out!
- ▶ Easier content and product viewing on your desktop, tablet and smartphone!
- ▶ Easy navigation to find your favorite products!
- ▶ Increased online product education!
- ▶ Easily view your order history and order status updates!
- ▶ Great new customer testimonials!

# Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

Since 1979

POST OFFICE BOX 9699,  
MARINA DEL REY, CA 90295

**CALL CENTER:**

1-800-HERB-DOC (437-2362)

**WEB:**

[www.herbdoc.com](http://www.herbdoc.com)

**RETAIL STORE:**

4114 GLENCOE AVENUE,  
MARINA DEL REY, CA 90292  
310-577-9999



**NEW!**

**Dr. Schulze's  
SUPERMEAL  
coming soon...**

**See page 6-7 for details!**