



Stalking The Wild Greens Hike

Greens Can Save Your Life...

...Find Out How!

Two trips on the Upper Rogue River Trail:

July 24-27 Hike + Crater Lake

July 31- Aug. 3 Hike + Waterfall Tour

Price \$310

includes: transportation, food, camping permits, and instruction!

For more info: 541-552-0966 or visit www.harmonyhikes.com

Locals from the Rogue valley get a \$50 discount



Join Sergei Boutenko, on an epic journey across the Upper Rogue River trail in Beautiful Southern Oregon.

Together we will hike for four days along the miraculous Rogue River. We will learn about wild edible plants as well as basic survival skills. We will swim in crystal clear water and eat delicious, ORGANIC, raw food.

Most importantly we will share this experience in the company of like-minded people and create memories that will last a lifetime.

