Luminous Beings:

To achieve better health and well-being work toward gaining a deeper understanding of luminosity:

The first step is to understand that we are all luminous beings and that we can be affected by other luminous beings, inorganic beings and the universe at large.

The universe is an infinite agglomeration of energy fields, resembling threads of light. These energy fields, called the Eagle's, or the Indescribable Force 's emanations, radiate from a source of inconceivable proportions metaphorically called the Eagle--the Indescribable Force.

Human beings are also composed of an incalculable number of the same threadlike energy fields. These Indescribable Force 's emanations form an encased agglomeration that manifests itself as a ball of light the size of the person's body with the arms extended laterally, like a giant luminous egg.

Only a very small group of the energy fields inside this luminous ball are lit up by a point of intense brilliance located on the ball's surface.

Perception occurs when the energy fields in that small group immediately surrounding the point of brilliance extent their light to illuminate identical energy fields outside the ball. Since the only energy fields perceivable are those lit by the point of brilliance, that point is named "the point where perception is assembled" or simply "the assemblage point."

The assemblage point can be moved from its usual position on the surface of the luminous ball to another position on the surface, or into the interior. Since the brilliance of the assemblage point can light up whatever energy field it comes in contact with, when it moves to a new position it immediately brightens up new energy fields, making them perceivable. This perception is known as seeing.

When the assemblage point shifts, it makes possible the perception of an entirely different world--as objective and factual as the one we normally perceive. People who move their assemblage points can go into that other world to get energy, power, solutions to general and particular problems, or to face the unimaginable.

Intent is the pervasive force that causes us to perceive. We do not become aware because we perceive; rather, we perceive as a result of the pressure and intrusion of intent. The aim of practitioners is to reach a state of total awareness in order to experience all the possibilities of perception available to humans. This state of awareness even implies an alternative way of dying.

As luminous beings, we need to shift our perception so that we "see energy as it moves through the universe". Meaning, we need to perceive the energy of the universe, as this is what allows us to see our assemblage points and what is effecting our assemblage points.

If we need to move through the universe we need to perceive the universe energetically in a way that allows that free movement.

Whatever effects the assemblage points, effects our total perception and thus makes us act the way we do.

We can be affected by other types of luminous beings called inorganic beings. Because they are inorganic, we do not perceive them with our normal organic perception. Thus another type of perception is needed.

Assemblage Point:

Our assemblage points assemble our perception. Thus any thing that affects our assemblage points effect our perception. These factors affect our assemblage point: Factors that affect all living beings:

The position of the assemblage point relative to the luminous egg.

The particular bundles of the universes energy that the assemblage point is illuminating. The particular arrangement that the bundles are in.

The condition of the egg and the eggs compartments.

The Major Factors that additionally effect humans:

The assemblage point may only be illuminating a small number of fibers and not lighting up only outside of the assemblage point's immediate glow. (This is a condition only seen in humans.)

This is a sign of self-absorption, self importance and being trapped in self reflection. Any other extra assemblage points that might be bumped up against a human's assemblage point. In The Active Side Of Infinity by Carlos Castaneda, Juan Matus states that people have inorganic beings effecting their perception. These beings are predators called Flyers or Mud Shadows. These inorganic beings, the book says, is the primary cause of humanities astoundingly odd behavior. The inorganic beings pose as people's minds and create a condition in humans that trap people into to three nearly inescapable patterns:

Self reflection.

Qualifying (Judging everything and every one to one degree or another.) Complaining.

This allows the mud shadows to feed on a particular type of energy you produce as a luminous being. By playing on our self-reflection, which is the only point of awareness left to us, the predators create flares of awareness that they proceed to consume in a ruthless, predatory fashion. They give us inane problems that force those flares of awareness to rise, and in this manner they keep us alive in order for them to be fed with the energetic flare of our pseudoconcerns.

If you are trying to save the world, you will need to know the cause of the problem:

Everyone one can plainly see that the acts of humanity are causing all of the major problems on this planet. There has almost always been war, greed, violence, massive starvation and unnecessary extinctions of other species. In the last 1000 years or so we have added pollution, over population and global warming. But why? If you have ever tried to help the environment, wild life or anything else that is not human, the inescapable conclusion you come to is: Only when the humans change can we ever really resolve the worlds problems.

But have you ever really tried to encourage people to change? If you have you realize, for the most part, you are not always dealing with rational, reasonable and intelligent creatures. So what are you really dealing with?

Example: A survey was taken that determined that American consumers would not pay one extra cent on a major appliance at the time of purchase even if they knew the more expensive appliance was eco and would save them hundreds of dollars in the long run.

So what are we dealing with and what really makes a difference? One explanation is mud shadows. Which is an inorganic being that poses as your mind. Making you think that it's thoughts are your own so it can feed on your energy. Once you experience what your perception is like not having them, you will most certainly agree. But to be really accurate, there is a little more to the cause of our problems than just the mud shadows although they are the bulk of the problem. Below is an alternative explanation of what we are dealing with and what steps you can take to at least free your self. Only by freeing your self, will you truly know what you are dealing with.

Actions To Take To Free Yourself:

NOTE: Understand the danger involved in taking any of these steps. Only you can be responsible for yourself. The order you do the steps below must be determined by you. This is just an article on a web site that is intended to be supportive not all inclusive...

Read the book: The Active Side Of Infinity by Carlos Castaneda

If your assemblage point is split bring the assemblage point back together as one unit.

If your assemblage point is near the shell of the egg ("in the human junk pile"), move your assemblage point to the optimal position. This is roughly just to the right of the center of the egg at shoulder height within the egg. Let your egg determine precisely where the optimal position is.

You must continue to act from that location to lock into and stay at that location.

If there are little glows bumped up against your assemblage point then you have inorganic beings affecting you like they do everyone. You will need to make your assemblage point unpalatable to the inorganic beings that are feeding on your energy and influencing your perception. There is more than one kind of inorganic being, learn about the ones that are affecting humanity.

Clear the egg itself of all inorganic beings.

Start at the core of the egg.

You can become so still at the exact location in you, that the inorganic being is touching, on an energy level (egg - assemblage point) that you actually bring the inorganic beings perception to a stand still which causes them to drift off in a bewildered state if held long enough. Grabbing the agglutinizing force at the center of the egg is usually the only way to be still enough and completely aback of the influence of the inorganic beings perception coming into yours.

You have to learn to be in the core of your egg not being controlled by inorganic beings perception.

"They gave us their mind! Do you hear me? The predators give us their mind, which becomes our mind."

~ Don Juan from The Active Side of Infinity ~

Learn to shift your assemblage point. A "shift" is to shift your emphasis from one group of bundles passing through the assemblage point to another group of bundles passing through your assemblage point.

Learn to rearrange the bundles of luminous fibers you are lighting up.

Learn to let go of unneeded bundles.

Learn to light up bundles that are not lit.

Learn to light up bundles so they are lit beyond your assemblage points little glow. This is needed to progress beyond self-absorption.

Learn to move your assemblage point to other locations and then back again to the optimal position.

Resolve any conditions that the egg or the eggs compartments have.

Learn to adapt to living your life without having inorganic beings. (This step is more difficult than then one would ever imagine.)

What is left when the egg is gone burned from the fire from within?

By observing the assemblage point.

Quotes:

Here are a few selected quotes that are both intriguing as they are motivating. The quotes are not presented in any particular order.

Use your inner silence to make use of each quote...

"Will is the force that keeps the Indescribable Force's emanations separated and is not only responsible for our awareness, but also for everything in the universe. This force has total consciousness and it springs from the very fields of energy that make the universe. Intent is a more appropriate name for it than will. In the long run, however, the name proves disadvantageous, because it does not describe its overwhelming importance nor the living connection it has with everything in the universe. Our great collective flaw is that we live our lives completely disregarding that connection. The busyness of our lives, our relentless interests, concerns, hopes, frustrations, and fears take precedence, and on a day-to-day basis we are unaware of being linked to everything else."

"Human beings are composed of an incalculable number of threadlike energy fields. These Indescribable Force's emanations form an encased agglomeration that manifests itself as a ball of light the size of the person's body with the arms extended laterally, like a giant luminous egg". Only a very small group of the energy fields inside this luminous ball are lit up by a point of intense brilliance located on the ball's surface. Perception occurs when the energy fields in that small group immediately surrounding the point of brilliance extent their light to illuminate identical energy fields outside the ball. Since the only energy fields perceivable are those lit by the point of brilliance, that point is named "the point where perception is assembled" or simply "the assemblage point."

"We as average men do not know, nor will we ever know, that it is something utterly real and functional --our connecting link with intent-- which gives us our hereditary preoccupation with fate. During our active lives we never have the chance to go beyond the level of mere preoccupation, because since time immemorial the lull of daily affairs has made us drowsy. It is only when our lives are nearly over that our hereditary preoccupation with fate begins to take on a different character. It begins to make us see through the fog of daily affairs. Unfortunately, this awakening always comes hand in hand with loss of energy caused by aging, when we have no more strength left to turn our preoccupation into a pragmatic and positive discovery. At this point, all there is left is an amorphous, piercing anguish, a longing for something indescribable, and simple anger at having missed out".

"Will can be described as the maximum control of the luminosity of the body as a field of energy; or it can be described as a level of proficiency, as a state of being. It is experienced as a force that radiates out of the middle part of the body following a moment of the most absolute silence, or a moment of sheer terror, or profound sadness. Those things afford one the concentration needed to use the luminosity of the body and

turn it into silence. For a human being sadness is as powerful as terror. Both can bring the moment of silence. Or the silence comes of itself, because the warrior tries for it throughout his life. It is a moment of blackness, a moment still more silent than the moment of shutting off the internal dialogue. That blackness, that silence, gives rise to the intent to direct the second attention, to command it, to make it do things. This is why it's called will."

"The wheel of time is like a state of heightened awareness which is part of the other self, as the left side awareness is part of the self of everyday life. It can physically be described as a tunnel of infinite length and width; a tunnel with reflective furrows. Every furrow is infinite, and there are infinite numbers of them. Living creatures are compulsorily made, by the force of life, to gaze into one furrow. To gaze into it means to be trapped by it, to live that furrow. Will belongs to the wheel of time. It is something like the runner of a vine, or an intangible tentacle which all of us possess. A warrior's final aim is to learn to focus it on the wheel of time in order to make it turn. Warriors who have succeeded in turning the wheel of time can gaze into any furrow and draw from it whatever they desire. To be trapped compulsorily in one furrow of time entails seeing the images of that furrow only as they recede. To be free from the spellbinding force of those grooves means that one can look in

either direction, as images recede or as they approach".

"Every creature in the universe is attached to the dark sea of awareness at a round point of luminosity that was apparent when those creatures were perceived as energy. On that point of luminosity, which the sorcerers of ancient Mexico called the assemblage point of human beings, zillions of energy fields from the universe at large, in the form of luminous filaments, converge and go through it. These energy fields are converted into sensory data, and the sensory data is then interpreted and perceived as the world we know. What turns the luminous fibers into sensory data is the dark sea of awareness. Sorcerers see this transformation and call it the glow of awareness, a sheen that extends like a halo around the assemblage point".

"The energy body is a conglomerate of energy fields, the mirror image of the conglomerate of energy fields that makes up the physical body when it is seen as energy that flows in the universe. It is smaller, more compact, and of heavier appearance than the luminous sphere of the physical body. The body and the energy body are two conglomerates of energy fields compressed together by some strange agglutinizing force. The force that binds that group of energy fields together is according to the sorcerers of ancient Mexico, the most mysterious force in the universe. My personal estimation is that it is the pure essence of the entire cosmos, the sum total of everything there is".

"The physical body and the energy body are the only counterbalanced energy configurations in our realm as human beings. By means of discipline it is possible for anyone to bring the energy body closer to the physical body. Normally, the distance between the two is enormous. Once the energy body is within a certain range, which varies for each of us individually, anyone, through discipline, can forge it into the exact replica of their physical body-that is to say, a three-dimensional, solid being. Hence the

sorcerers' idea of the other or the double. By the same token, through the same processes of discipline, anyone can forge their three-dimensional, solid physical body to be a perfect replica of their energy body-that is to say, an ethereal change of energy invisible to the human eye, as all energy is".

"Seers maintain, naturally, that awareness always comes from outside ourselves, that the real mystery is not inside us. Since by nature the emanations at large are made to fixate what is inside ones luminous cocoon, the trick of awareness is to let the fixating emanations merge with what is inside us. Seers believe that if we let that happen we become what we really are--fluid, forever in motion, eternal. The degree of awareness of every individual sentient being depends on the degree to which it is capable of letting the pressure of the emanations at large carry it".

"The total world is made of the forty-eight bands. The world that our assemblage point assembles for our normal perception is made up of two bands; one is the organic band, the other is a band that has only structure, but no awareness. The other forty-six great bands are not part of the world we normally perceive.

There are other complete worlds that our assemblage points can assemble. The old seers counted seven such worlds, one for each band of awareness. I'll add that two of those worlds, besides the world of everyday life, are easy to assemble; the other five are something else".