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LIVE – Embracing the Difficult Stuff – Be Divine Love

[Video Journal](#)

[GLPVC Presents Jordan Maxwell, March 28, 2012](#)

The journals, lately keep seeming odd to me. The pace of change has accelerated sufficiently that I always seem to feel a bit off balance. Perhaps you can identify with this. One thing I know, I'm not alone in anything I'm going through – and that really helps. It's nice to know I can find some understanding out there – but this video may challenge even that.

Anyway, my overall point was good – it's that by being in Heart when we encounter the worst things can really help. Having come out of a tradition that focused only on Light, I was well schooled in that. I really believed in it. When you hold such beliefs it creeps into affecting every part of your life. You're always on the look-out to avoid feeding or paying attention to anything dark.

Well, that belief system is out for me. I tried it for a long time – about 25 years – and overall I don't find that it works. The dark is still there, and by avoiding or suppressing or trying to eliminate it – well, I think we do ourselves a disservice that way. It doesn't help as much as you might think.

The dark must be dealt with. One way or another, I just don't think it's an

option in 3D life. Just like night follows day in regular order, I also think it's a part of the natural order of things. I don't call the dark evil anymore – I call it ignorant, instead. And the one it hurts most is itself. In its unwillingness to recognize the overall oneness that simply is, it thinks it doesn't hurt itself when it hurts and manipulates others. It's got a sad awakening in store for it. Your brother IS yourself is the bottom line.

My way has turned out to be balance. In my youth I couldn't have know this. I had to go through quite a lot and be seasoned by terrible pain in order to come to see the ultimate beauty of Balance. I think it's even divine. I think the motto once of the Greeks was Everything in Moderation. Sounds good to me.

The link I provide with this journal discusses everything dark. Well, not really, but Jordan Maxwell does delve deeply into some pretty dark places of 3D life. I think there may be many people who would just rather not know the things he reports on. I'd like to change that – maybe by showing the true service he provides for mankind.

By following his particular bliss, he's led to delve deeply into the causes, into what underlies the things giving us fits, today. He does the research, the legwork, and has done for decades, now. Finding all of that is tricky enough, but then he must chew it over, compare this to that, and sort through to some reasonable understandings. All that, so we don't have to do this, if we don't want to.

Not so many are called by their bliss into delving into the darkness. They are public servants of the first water, the way I see it. They have done all the hard stuff, so that all we need do is sit down and listen to what they present. As we run it by our own interior Truth Detector/BS Detector, we can take from it what we will. It gives us the info so that our own Inner Tuition can pull what it wants from that and teach us what it will.

The darkness is just a part of 3D life. It's not to be avoided, anymore than it is to be adopted as a way of life. Neither one is balanced. Sure, we lean, and lean strongly toward the Light. That's what we are. That doesn't mean we get to avoid or skip over the darkness, however. It is very much a part of this play, the Grand Drama that we find ourselves playing parts in.

So, what to do – how to handle it? You know my suggestion will be to go into Heart with it – so why not start there. Settle down firmly in Heart before listening to or reading anything dark. Work from your strength, which is surely within. Just be present, be in Now, while you listen to whatever it is.

This goes for your own personal darkness, as well. We all have it, you know – and you likely also know you can't ignore it into submission or non-existence, either. What we repress or suppress – what we refuse to deal with, in other words – WILL have its say. We can deal with it quietly when it first shows up, or we can let it grow. That's what happens when we turn the other way.

I'm fond of saying that everything that happens to you, everything that comes your way, pleasant or not, is a gift. It's a divine gift – only the wrapping paper may have it looking pretty rough. Still, if we won't stick around to open the package, we'll never know what the gift was. There's something precious for us, there, or it just wouldn't be in our life. That's my Truth.

By this rising of overall frequencies with our entry and drawing every closer to the photon belt, we're being forced, in a way, to rise up, ourselves. It's not an option. It's also not very comfortable all of the time. Sometimes it is, when we're in the divine bliss of it all. But there's the other stuff that comes up to the surface as well – the dark stuff that is seeking release. We keep it trapped when we won't pay attention – when we won't listen to what it has to show us or to say.

So, since divine Love is the answer to every challenge and problem, every relationship and all that troubles us, let's all center in Heart to greet such things. Let's rely on that Love to see us through – to show us what on earth this or that means, and why it has come our way. Your Heart is Intuition Central, so it's the very best place to be in such cases. Our challenge is just to allow – to let Life be, to let the show go on, and see what our part is to be.

We don't get to choose what comes to us – that's not part of the play. We do get to choose just how we do or don't receive things, however. That's always within our power. The whole Cosmos, all of it, is made of, is founded on divine Love. That's the substance of all that is. Let's be in our central space, in Heart then, to greet the play as it brings on the next act.

Come from power, come from strength, my friends. That would be Heart :))

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## **TAGS**

bad or dark news, Jordan Maxwell research, maintaining Balance, embrace your shadow, only Light or too good, be willing to see, follow your bliss, Truth vs BS, everything blesses, danger as opportunity, rising frequencies, all is just Love, Source God or Spirit, you are divine, watch and observe, awaken or enlighten, flexible perspective, center in Heart, let go or surrender, reincarnation or amgodiments