

## “Lucid Dreaming for The Practicing Magician – Part One”

A talk given to the CotS by Companion Lucretia during the business meeting of 12/12/97.

*No man, when in his wits, attains prophetic truth and inspiration, but when he receives the inspired word, either his intelligence is enthralled in sleep or he is demented by some distemper or possession. And he who would understand what he remembers to have been said, whether in a dream or when he was awake, by prophetic and inspired nature, or would determine by reason the meaning of the apparitions which he has seen, and what indications they afford to this man or that, of past, present, or future good and evil, must first recover his wits....”*

Plato: “Timaeus” 72a (my emphasis)

### BACKGROUND

Where are all the books on dreaming as it pertains to Hermetic magic? Am I missing something?

- Stavish -- “A Kabbalistic Guide to Lucid Dreaming and Astral Projection”
- Yeats – “The Vision Papers – Volume 3”
- Regardie -- “The Golden Dawn,” Fifth Knowledge Lecture

### LUCID DREAMING

What is lucid dreaming? To dream consciously is to dream “lucidly.”

What are the advantages to lucid dreaming? Scrying in the “dream vision” •  
Springboard for astral projection • More quality rest

Taoism and lucid dreaming.

The Senoi tribe and lucid dreaming.

### A QABALISTIC APPROACH

The throat center – Daath.

Mercury and Daath – the messenger and the gate.

## **THE PROCESS**

It's all in the visualization -- the sphere and the symbol.

## **THE EXPERIMENT THUS FAR**

Coincidental (?) physical obstacles -- heart and throat.

Dream recall -- is it anything unique to this project?

Mark's advice for moving past hurdles.

Planets and dreams -- weekly associations.

Why I don't dream on Tuesdays.

What's happening right now with the project.

Where is the project going?