

# The Magic of IHVH-ADNI

## LESSON THREE: Energetics

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Hello. This is Rawn Clark. You are listening to Lesson Three in the Magic of IHVH-ADNI.

Lesson One concerned the proper pronunciation, tonality and rhythm of the canticle; Lesson Two, the three modes of magical speech; and now, with Lesson Three, we will focus upon the energetic work that empowers the canticle and makes it truly magical.

This involves integrating your creative imagination with the spoken canticle. Thus creating a magical ritual very similar to the "Middle Pillar" exercise and the "Rose Cross", popularized by the Golden Dawn.

Again, for ease of explanation, I will be dividing the canticle into five parts corresponding to the five speaking breaths.

The first step occurs simultaneous to the speaking of **Ani**. Here your consciousness must rise up, along with your vocalization. Let the "Ani" resonate at your crown and visualize there a sublimely radiant sphere of white brilliance. Let this be your Kether, your crown, your highest ideal of Self and of Divinity. Make it a thing of intense, undeniable power.

Let's try it now. As we speak the "Ani", create your Kethric sphere just above the top of your head and let it shine there for a moment or two.

**Ani.**

Now hold your Kethric sphere exactly where it is with your mental will. Stabilize it. Feel it. Let it be your own personal doorway to the Kethric Light. Now speak the "Ani" again and make it grow still stronger.

**Ani.**

Very well. Now let it dissipate completely.

The second step, composed of four sub-steps, occurs simultaneous to the speaking of the "IHVH". While it *is* four energetic steps, it's really *one* operation, and must be accomplished smoothly and in one motion. However, to explain it, we must go one semi-step at a time and then tie them all together.

With the "Yod" you are to pull a beam of Kethric Light down, out of your "Ani" sphere, and create a luminous gray sphere at your left temple. This is your Chokmah, your innate Wisdom.

With the first "Heh", you pull Light from your luminous gray sphere, over to your right temple and form there an obsidian black sphere. This is your Binah, your deepest Understanding.

With the "Vav", you pull Light from your obsidian black sphere, down to your solar plexus and form there a radiant sphere of golden yellow. This is your Tiphareth, your own radiant Beauty.

With the final "Heh", you complete this phase by pulling down Light from your golden yellow sphere and forming an opaque sphere of olive green just below the arches of your feet. This is your Malkuth, your own sphere of influence.

Throughout this drawing down, you must remain cognizant of the fact that this is Kethric Light and that the channels between Kether and each sphere are to remain open at all times. In other words, you are not pulling down just a single quanta of Light which you then deposit at your feet. Instead, you are opening up the channels to the Light and letting it rush through them continuously.

So, let's give this a few tries, slowly at first. We'll spend one breath for each letter.

First, establish your Kether with "Ani".

**Ani.**

Now, when we say the "Yod", bring a channel of Light down to your left temple and make it luminous gray.

**Yod.**

And when we say the first "Heh", bring the Light over to your right temple and make an obsidian black sphere.

**Heh.**

And with the "Vav", bring the Light down to the center of your chest and make it a radiant golden yellow sphere.

**Vav.**

Now finish with the final "Heh" and bring the Light all the way down so that you're standing on an opaque olive green sphere.

**Heh.**

Hold this visualization. Let the Kethric Light pour continuously into you.

Now, holding this visualization, let's repeat again and thus stabilize the structure. Don't worry about how fast you go just yet. Spend one entire breath on each letter.

**Ani, I, H, V, H.**

Once again.

**Ani, I, H, V, H.**

Very well. Now, still holding your visualization, let's go a bit faster. Spend one breath on the "Ani", firming up your Kether, and then do all four letters of IHVH within a single breath.

**Ani, IHVH.**

Once again.

**Ani, IHVH.**

Very well. Now let your visualization dissipate completely.

The third energetic step comes in three parts and occurs simultaneous with the speaking of **ADNI**.

The first part occurs during the speaking of the first syllable, "Aleph". With your inhale, raise your awareness to your Kether. With the exhale and speaking of the "Aleph", actively *push* the Light down, all the way to your Malkuth in a single lightning flash.

With the speaking of the second syllable, "don", the Kethric Light, having struck your Malkuth with some force, now erupts upward in a swirling cloud of Rainbow-hued Light.

And with the speaking of the final, extended "Yod", you are to increase the density and clockwise rotation of this cloud of Rainbow Light.

Now let's try this new step. First we will speak the "Ani, IHVH" in two breaths as before. Remember to bring the Kethric Light downward -- first to your left temple, then your right temple, your solar plexus and ending at your feet.

**Ani, IHVH.**

Now, holding your Light structure as it is, let's try adding in the "ADNI". Remember to rise to your Kether with the inhale, push the Light downward to your Malkuth with the "Aleph", and then let it erupt in a swirling Rainbow-hued cloud of Light.

**ADNI.**

Spend a silent moment now and stabilize the swirling cloud of Rainbow Light. Make certain that it is fed constantly by the descending Kethric Light.

Now, leaving your visualization in place, let's do the entire sequence again, overlaying it upon what we have already established.

**Ani, IHVH, ADNI.**

And again.

**Ani, IHVH, ADNI.**

Very well. Now let your visualization dissipate completely.

With the fourth step of the energetics, we will cast the accumulation of Rainbow Light outward. The idea here is that as you release it from your body and cast it into the universe, it will affect the materia of the universe and transform it to your will. Therefore, you must formulate in your mind what sort of change you wish to affect. For now, our intention will be a simple blessing of good will to all.

The fourth step is singular and occurs simultaneous to the speaking of the phrase, **Ribonno Shel Olam**. With the inhale of breath after the "ADNI", you are to gather up the entire body of Light, and then with the exhaled speech, you forcefully eject it outward. Let it veritable explode into the external universe. Carefully visualize the Rainbow Light spreading ever outwards until it reaches the very edge of the Infinite Universe.

Now let's try this fourth step. First we must re-establish our Light structure with the "Ani, IHVH, ADNI".

**Ani, IHVH, ADNI.**

Now hold this structure and stabilize it. Let's repeat two more times.

**Ani, IHVH, ADNI.**

**Ani, IHVH, ADNI.**

Very well. Hold this structure.

Now as you inhale, gather up the Light and then release it with the "Ribonno Shel Olam".

[Inhale loudly]

**Ribonno Shel Olam.**

Let it go completely in one gigantic explosion. See it and feel it penetrating to the very edges of the Infinite Universe.

Very well. Now let's do the entire thing twice more.

**Ani, IHVH, ADNI, Ribonno Shel Olam.**  
**Ani, IHVH, ADNI, Ribonno Shel Olam.**

Very well. Now let your visualization dissipate completely.

The final, fifth step occurs simultaneous to the speaking of **Amen**. This is a more passive step in that you merely observe and confirm the return of the Light you've just emitted.

During the inhale which follows the explosive release of the "Ribonno Shel Olam", you are to visualize that the Light, having indeed reached the edge of the Infinite Universe, now rebounds inward. Draw it back into yourself and when your inhale is complete, speak the word "Amen". As you speak "Amen", visualize the returned Light solidifying, calming and stabilizing. The "Amen" ends the operation by concretizing what you have emitted, embedding its influence within the entire materia of the universe.

Now, let's try the canticle from "Ani" through "Amen".

**Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.**

And again. Be very aware of what you are doing at an energetic level throughout.

**Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.**

And now one final time. This time be aware of your energetics and also remember that you are speaking it magically, with the combined physical-astra-mental speech.

**Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.**

Very well!

This ends Lesson Three. I suggest that you practice the canticle, combining the three modes of magical speech with the energetics you've just learned, over and over again, until it also becomes second nature. Only then should you move on to Lesson Four and begin learning some of the applications of the Magic of IHVH-ADNI.

This has been Rawn Clark. My best to you!