

**LESSON 3**

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### **HEXING AND CROSSING HERBS**

**This is always an area that brings great discussions. It brings up topics like Black Magick and Karma. Hexing and Crossing is a fact of life. There is a great many evil people out there that are going to want to hurt you or your family. To ignore this is silly, to run from this is cowardly!!! If you are not a warrior in this Society than you are *SLAVE!!!* Part of your past programming in this world is to be passive. That way you stay under control, under the control of the world and its new so-called peace religion. Free thinking and people of action are always feared. I hope you will be one of the feared. You *MUST* always fight for what is right. To know what is right you must stay balanced. The Master Sorcerer is always in a state of total balance with himself, society, and nature. By being balanced you will generally always make the correct choices in life. If you are balanced you will not act from the ego or overreact to any situation. You will always follow the path of correctness. Balance aligned with your own "belief system" will always guide you on the path of**

correctness.

**What is Black Magick? This could fill a book of several hundred pages. Black Magick is hurting something or someone for *EGO* reasons. Meaning, only please yourself and your ego without benefitting anyone else. Generally if something is correct, it will benefit many. In general terms, Black Magick is something that destroys and Positive Magick is something that builds. Of course, you can look at this in many ways. Is killing a person Black Magick? Yes and no. Stalin killed 13 million people in his rein of terror. Would you consider it evil to kill him? Examples like this could go on for many pages. We must all take back the power that society took away from us. There is no justice in this country or any where else. The sickness of evil has taken over every area of this world. The courts, police and the political system is a rotting mass of shit. You must bring this system back to correctness. As a Sorcerer this is part of your duty to this plane. If you do not do it, *NO ONE ELSE WILL!!!***

**Now lets talk about that trap called *KARMA*. Again, hundreds of pages can be written on this subject. Most people are terribly**

**misinformed on what Karma is and how it works. They get their understanding of karma from the sixties Gurus. Most of these so-called teachers totally mislead the public. I have read the real Karma theory from ancient texts and I can tell you their true meaning. The texts basically state an "EYE FOR EYE". You get back what you send out. If you hit a person, they will hit you back. Not in a future time but now. While I have greatly simplified this, it is what *TRUE* karma is. I really do not know why anyone would want to take anything from such a screwed up society as India. A place that has nothing to show for itself but poverty and violence. If you are foolish enough to believe in Karma, than I strongly suggest that you do not do anything to "hurt" people. By doing so, you will mentally cause yourself great harm. Of course, by not helping people or stopping evil you will be causing even greater Karmic problems but, you should do what you feel is best or you will subconsciously cause all your magick to go wrong. Clear thought is the Master of magick. Muddled thoughts while doing rituals will cause your ritual to manifest totally wrong!!! Give this great thought.**

To prove that you do not get back what you put out, I will show you several examples of this. Most great wealth in this country and the world was made from the blood of other people. Read the histories of the wealthy families of the world. Most of their wealth comes from crime and underhanded dealings. This is a fact. Yet, the families still live in great wealth and happiness. If you get back what you put out, then you should be living in a hole some place. This is not the case with these families. Again, I have greatly simplified the issue here but, I hope you understand what I am saying.

The bottom line is this. If you do not change the evil path of this planet, then there will be no planet to save. If you think Government, Society, or Religion will do it for you, you are greatly mistaken!!! Until the average man takes back the power, we are *DOOMED!!!* It is your duty as a Sorcerer to work to change this society for the better. First in your person life and than the world in general.

To make these changes you will have to take strong actions against the evil forces in the world. Become unbalanced and work from the ego,

and you will destroy yourself. No need to wait for Karma to do it. Karma is the escape for **COWARDS** that fear to take action. I hope you do not fall into that category, for your own sake. There will be many times that you will have to protect and defend yourself and family. The following herbs will help you bring **JUSTICE** back into your life. This in itself is a balancing tool.

**GO INTO THE LIGHT AND FIGHT LIKE A WARRIOR!!!**

### **HEXING AND CROSSING HERBS**

**ACONITE: (*Aconitum napellus*)** Also known as **MONKSHOOD** or **WOLFBANE**. It is a strong **POISON** which was used in medieval times for doing in one's enemies. As with all the herbs we discuss in this course, **NEVER TAKE THEM INTERNALLY!!!** It is generally used as a powder and incense which can **BOTH** inflict and remove hexes. Because this is such a deadly herb, it is reserved for reversing only the most extreme of hexes

where you are absolutely positive that someone, has worked a baneful ritual against you. Do not use it just because you do not like someone. This is working from the *EGO*, and is Black Magick. To use you sprinkle the powder into the flame of the candle representing the person who is attacking you. Be careful *NOT* to breath in the smoke. It is generally a good idea to use this with other herbs.

**BARBERRY: (*Berberis vulgaris*)** This is a defensive herb, but it can be used to inflict “bitterness/sourness” and is used to hex relationships between lovers or business associates. The powder is often sprinkled around the premises of a business or home with the desire being to bring bad vibrations and quarreling thereto. Used positively it can protect against bitterness by using it in combination with Bay Leaves and Vetivert to create a powder used to circle candle on the altar top. Barberry is another *TWISTER* herb, it can do good or bad, but delights in hexing people. If you find yourself constantly arguing with your mate, and think you have been hexed by someone, sprinkling a bit of this herb around your house will calm things down. If the Barberry works in this

instance than you should do a complete uncrossing. It is a good idea to try tests like this to see if you are hexed before starting a full scale uncrossing. This will save you a lot of time and energy.

**BAYBERRY: (*Myrica cerifera*) Known as WAX MYRTLE. A very common scent used at Christmas time. This is a terrible mistake!!! It is one of the strongest crossing herb known!!! Any time you come across an herb that has several meanings and you are confused as to its use **DO NOT USE IT!!!** Barberry is a prime example of this. Some traditions state that it will bring great blessings to you, while others state it is a strong hexing herb. The best thing to do here is not to use the herb at all or at least be very careful with its use. Barberry by itself is relatively harmless, when used with other herbs it becomes dangerous. Even alone though it will put off negative energies.**

### **CROSSING OIL/INCENSE**

***Bayberry (1/3)***

***Cinnamon & Myrrh (2/3)***

***Grape Seed base if you like (1/3)***



**DEVIL'S SNUFF POWDER**

***Bayberry (1/3)***

***Cinnamon & Red Sandalwood (2/3)***

***Chili Powder (A pinch)***

You can see that Cinnamon is used as a catalyst to fire the other ingredients in the recipe. Notice the use of **RED SANDALWOOD**, and the white one, along with the use of Chili powder. Devil's Snuff is only used as a powder, while Crossing can be used as an incense, powder or oil.

**BLUEBERRY/BILLBERRY:** Used for treachery and deception, despite its occasional positive use. To use, brew as a tea and throw the tea on the door step of the person to be hexed. You can also powder the leaves and sprinkle this powder into the flames of a candle representing, the person or situation you wish to hex.

**RED PEPPER/CAPSICUM:** (*Capsicum frutescen*) Commonly called **CAYENNE**. Used in a lot of hexing recipes as a catalyst for the other herbs. It is the strongest of catalysts to use. For example, by substituting

**Capsicum for Cinnamon in the recipes I just gave you, you would make a much stronger hexing agent. Capsicum is an ingredient in such formulas as Hell's Devil, Hot Foot, Mad Oil, and War. By the names you can tell the power of this herb.**

**CHICORY: (*Cichorium intybus*) A hexing herb that is used in combination with other herbs. It is a good carrier for other herbs. By itself it does not have much power, but it is *ONLY* a carrier for baneful herbs and therefore used only for hexing recipes.**

**CHILI POWDER: A milder form of Capsicum and it is used in Devil's Snuff Powder. It works like Capsicum, except Chili has more to do with "controlling" than activating. Chili in the recipe for Devil's snuff is what binds the other ingredients together and which adds the focusing or controlling power. For example, Devil's Snuff is used to stop gossip or libel and to keep nosy people out of your business. In a sense, Devil's Snuff is a protection powder that goes one step further to inflict further punishment on the person. It will send back the evil that was sent your way. An affective tool to train people not to attack you. The best defense**

is always an offense. A good way to use this powder is to circle a candle you are working on with the powder. If you want to stop a person that is gossiping about you, take a white candle and carve the persons name on it, coat with Uncrossing oil and circle the candle with Devil's Snuff powder. This is a very effective ritual.

**CYPRESS:** (*Euphoria cyparissias*) Used for despair and mourning. This is a very strong herb that is used for "**DOING IN**" your attacker. It is sometimes used in domination recipes in very small amounts. It is only good for baneful uses.

**CUCUMBER:** The oil is used in love recipes and the Cucumber itself has hexing connotations in the sense it is a controlling agent. One spell you can do using a Cucumber is, to keep a person from bothering you is: split it in half lengthwise, and then place between the two halves a piece of parchment with the name of the person on it in Dragon's Blood ink. Put the two halves back together and wrap them together with purple or black natural fiber thread. Then place the Cucumber in your freezer and forget it. This will put the annoying person "**ON ICE**". Use the black

thread for **VERY** annoying people, and the purple for regular pains in the butt. When the person is out of your life or no longer annoying you, you can grab the Cucumber and bury it. Before burying it, I would advise sprinkling some Banishing powder around the Cucumber in its "grave" to make sure that all baneful energies are disposed of. This is generally a protection or defense type ritual. This is a good ritual to do on people that are too nosy or who get on your case for no apparent reason. It is also best to take action **BEFORE** a person becomes a problem. Why wait for them to ruin your life, do a ritual against them before they attack you. You of course, must know that they are going to attack. The best protection is an attack.

**HEMLOCK:** (*Tsuga canadensis*) One of the foremost hexing agents because of its insidious reputation for creating pain and torture in others. It is generally used in powders, and sometimes a bit is placed in various occult oils to change their meaning. For example, if I take some Fast Luck Oil and add some Hemlock to it, I am ruining the luck potential of the oil and changing it into a substance which will cause **BAD LUCK**.

**Another way to use this is, get a piece of parchment and write your enemies name on it. Place some powdered Hemlock onto the name and fold the parchment so that all of the powdered Hemlock is contained within. Then take the parchment outdoors and burn it on some charcoal. Then take the ashes and bury them either deep in the woods or near a moving stream that flows away from your town.**

**HENBANE: (*Hyoscyamus niger*) It is illegal in most places, but grows wild in the northern U.S. It is commonly found growing in cemeteries and graveyards. No one knows why this herb likes such locations, but it gives you an idea of how to use this herb. **HENBANE IS A POISON.** Commonly used in ancient times in "Witch's Flying Ointments" because it caused hallucinations that were thought to be flying. Henbane is used with other herbs like, Cinnamon, Knot grass, and Nutgall as a powder or stuffed in a doll. It can also be sprinkled around an enemy's home.**

**HELLEBORE: (*Helleborus foetidus/Helleborus viridis*) Another **POISONOUS** herb that is used like Henbane. **NEVER TAKE THESE HERBS****

**INTERNALLY!!!** Associated with “female inconstancy”. For this reason it is used by males to either control female infidelity or to cause it to happen. It is one of those conscienceless **TWISTER** herbs that likes to turn on the operator if possible, so be careful in its use.

**KNOT GRASS:** (*Polygonum aviculare*) Only used for hexing and is similar to Henbane. It is not poisonous. A way to use this is, wait until the night of the Full Moon and then write your problem on a piece of parchment or brown paper bag in Dragon’s Blood Ink or Bat’s Blood Ink. Place some of the herb on the parchment and seal the parchment with melted black wax. Then take it outside and bury it. You should see things happen by day light.

**LEMON GRASS:** (*Cymbopogon citratus*) Used in the same way as Knot Grass. Both herbs are great for stuffing dolls with and are used in hexing powders aimed at creating problems for someone. Generally all baneful herbs bring a baneful environment and create hostile circumstances in another’s life. These are fairly mild hexers and generally cause the persons life to become very complicated.

**LOBELIA: (*Lobelia inflata*)** This is another poisonous herb and is generally used in powders and dolls. Lobelia, like most of the poisons expresses "hate" while other hexing herbs express "anger", "contempt", or "dislike". The major difference between the poisons and the less baneful hexing herbs is one of degree rather than function. One problem with using hexing herbs, particularly the poisonous ones, is that their results are always nasty, but never predictable. However, poisons are sometimes used to create hex-reversing barriers in uncrossing rituals, so they do have a few very positive functions.

**MANDRAKE: (*Podophyllum peltatum/Mandragora officinarum*)**  
Another poisonous herb used for hexing. Mandrake is another **TWISTING** herb and has some positive uses in the area of love. It is a commanding and compelling herb more than a hexing herb, and is very potent in the area of love. It is a potent crossing agent and is generally used at creating dissension between lovers. Mandrake takes on its meaning depending on the other herbs used with it. Surprisingly, Mandrake is excellent for stuffing love dolls. It is a conveying or carrying herb, you

can use for positive or negative. This is a widely used herb in the European witchcraft tradition where it was used like a doll because of its shape.

**RHODODENDRON:** It can be used to inflict physical danger. Used mostly as a powder (the petals) and it is also used as an altar flower during hexing rituals. It is also good to stuff into dolls.

**SASSAFRAS:** (*Sassafras albidum*) It is a very evil hexing herb, used in incenses, powders, and doll stuffings.

**SKUNK CABBAGE:** This foul smelling herb is used for hexing by drying a few leaves and then either brewing a tea, which you throw on the person to be hexed doorstep, or it can be ground up into a powder and employed in that manner alone or mixed with other hexing herbs. This herb will mess up everything the hexed person attempts. It will also bring scandal to the person.

**SMILAGE:** (*Apium graveolens*) Also known as **SMELLAGE** or **SMALLAGE** and is the same as Celery Seed. Smilage is generally a positive herb, but when mixed with other hexing herbs it packs a punch!



**It is used to control something or someone because it is a dominating seed and widely used this way. Adding Celery seed oil to ANY occult oil automatically makes it much stronger in terms of its ability to control or focus events. Smilage is like Cinnamon, it is a catalyst, but less fiery and more specific in use. While you can use Cinnamon in all types of recipes, Smilage is only mixed in hexing recipes and for psychically-active commanding and compelling recipes.**

**TANSY: (*Tanacetum vulgare*) A potent hexing or offensive herb. A poisonous herb with the ability to inflict **VIOLENCE!!!** It is the **"I DECLARE WAR AGAINST YOU"**. It is used generally as a powder or oil. It is sprinkled around the home of the person being hexed or may be sprinkled directly into the flame of black candles representing that person. You can also use it to stuff black dolls.**

**VALERIAN: Used to both hex and help. To hex, powder the herb and sprinkle some of the herb on the doorstep of the person you want to hex. When used as part of a Protection or Healing ritual, you burn it as part of an incense with Rosebud, Lavender and Lemon Verbena.**

**WORMWOOD: (*Artemisia absinthium*)** This is used mostly for necromancy rituals and for calling up baneful spirits! To use in necromantic rituals, either sprinkle some of the powdered herb on the grave of the person you wish to call up or use it in an incense mixed with equal parts of Patchouli and Myrrh to call up deadly shades. ***KEEP IN MIND THAT UNLESS YOU KNOW HOW TO HANDLE MALEVOLENT SPIRITS, YOU WILL CAUSE GREAT HARM TO YOURSELF.*** Necromantic magick, if it should be done at all, should only be handled by a Master Sorcerer under very controlled conditions. You should always work Necromantic rituals with another Sorcerer to help you if things get out of control. While you need not fear any “dirty tricks” from White magickal spirits, those invoked with Wormwood are almost certain to be unruly.

**YARROW: (*Achillea millefolium*)** also known as Milford or Sneezewort. This can be added to any hexing recipe for either incense or powder. It also makes a powerful hexing ingredient for stuffing dolls with.

**CROSSING OIL ETC.**

***Bayberry  
Myrrh  
Cinnamon***

**This is one of the more famous hexing recipes. Here the operative herbs are Bayberry and Cinnamon with Myrrh acting as a conveyance. To make the powder, you crush up the Myrrh gum into a powder and put a few drops of Bayberry and Cinnamon on it. Here you get an insight into Myrrh, as we have pointed out, makes for a great hexing or helping base, depending upon how it is used and what it is mixed with it. Myrrh is seen as being primarily female in nature and deemed to be a ruler of the material plane. That is, you would employ Myrrh in situations where you wish to influence material events such as success, love etc. For more spiritually oriented rituals, one would select Frankincense, Myrrh's herbal mate. While Frankincense has money drawing and success implications, it achieves them on a different plane than that upon which Myrrh acts. Myrrh seems to work more directly while Frankincense works to "clear**

the air” in order to let good things flow. Myrrh, even though feminine, tends to exert more muscle and to avoid spiritual planes by commanding earth spirits or elementals to accomplish the goal directly.

**DOUBLE CROSS XX POWDER**

***Bayberry***

***Myrrh***

***Cinnamon***

This is the same recipe as Crossing powder and is made the same way. Double Cross XX Powder has a wide reputation as being the best way to deflect a psychic attack. This is a further example of “Fighting fire with fire”.

**BLACK ARTS**

***Myrrh***

***Patchouli***

***Cinnamon***

***Gum Mastic***

***Graveyard Dust***

***Vertivert***

***Mullen***

**This Black Arts recipe may be made into an incense, powder and oil. You can see the addition of "graveyard Dust". All this is, is dirt obtained from a graveyard after midnight. You do not have to put this in the recipe for it to work, but it does give the recipe *A LOT* more power. Notice the blending of negative and positive herbs. In most hexing recipes you will see a mixture of both. This is to moderate the vibrations of the recipe. While one could mix a strictly baneful herbs together and form a good hexing potion, it would be hard to handle its power without the softer, more manageable herbs. Baneful herbs alone are like a fist. Due to the sordid nature of certain baneful herbs, they would just as likely turn against the operator than perform your wishes. The less baneful herbs keep the potion in check. Note Cinnamon used again as a catalyst for the other ingredients. The use of both gums has to do with causing the recipe to function on both the psychic plane (Gum Mastic) and the material plane (Myrrh).**

**SEPARATION POWDER**

***Chili Powder***

***Cinnamon***

***Galangal (low John)***

***Black Pepper***

***Iron Filings***

***Vertivert***

***Pinch of Bitter Aloes***

**This recipe is used to break up a relationship, But it may be used not just to separate lovers, but to also *SEPARATE* any two people or items. For example, it could be used by a businessman wishing to get a competitor off his back or to place a wall between two people in various rituals which we will discuss in other lessons. You can see this recipe is very baneful. The adding of Iron filings is interesting because it functions similarly to Graveyard Dust. When Iron filings are used with Lodestones in a recipe (such as feeding the Lodestone) they are White Magickal; when used alone, they are Black Magickal in nature. Notice the adding of Black Pepper which we did not discuss in the hexing herbs section, but which is considered one of the nastier spices when used in incenses**

and powders.

### **HERBS FOR PSYCHIC DEVELOPMENT**

**Psychic herbs are those that work on higher spiritual planes. Psychic herbs must be used with other herbs to be effective. You might think of psychic herbs as being like mini-communicators, they carry messages but they are not messages in and of themselves. Using a psychic herb is like using a telephone, you must dial numbers to get any place. You can burn Psychic herbs while meditating but, generally they must be used with other herbs.**

**ACACIA FLOWERS: (*Acacia senegal*) These flowers are considered sacred to the spirits and will bring them to your altar. It will also help stimulate your psychic centers and are good to use for meditation and concentration incenses. These flowers will greatly help in bringing Prophetic dreams or luck.**

**ANISE SEED: (*Pimpinella anisum*)** One of the most secret of Psychic herbs. It is good to use for Astral traveling, Crystal gazing, and meditation. In general it brings great power to candle burning rituals so it is a good idea to add to any incense, oil or powder for Luck, love, success uncrossing etc., and it will bring to bear psychic level influences upon the situation in question. Anise Seeds will raise the vibration of any recipe it is added to. It is particularly good for changing a persons attitude. For example, a person that does not notice you that you wished they did. This would be a good use for this herb.

**BUCHU LEAVES: (*Barosma betulina*)** A highly psychic plant and a few of the leaves are brewed as a tea to help the meditation process. It is a stimulant and works like caffeine. It works like Anise Seed and is used the same way in incenses, powders and oils but, its effects are said to be broader or more far reaching than Anise's more pinpointed effects. In general, seeds tend to have specific focus while leaves or leafy herbs tend to work more generally. Like seeds, flowers also have a very focused effect. Roots tend to be power sources and derive their focus



from other herbs or oils you may use in combination with them.

**CALENDULA:** (*Calendula officinalis*) Also called **MARIGOLD** is used for dream inducing abilities and has been used to help inspirer prophetic dreams. It is also good in legal cases. For the most part its action is subtle and works on a higher spiritual plane. This will give a gentle mild push to things, and sometimes that is all that is needed. It is used many times in a Dream Pillow. If you are a gambler you will find this as a general Luck Inducer. Some gamblers use it during meditation to bring to them numbers or horse names.

**CASSIA:** It is similar to Cinnamon in its effect, but is said to work at a higher psychic vibration than Cinnamon. These two spices are interchangeable with the exception of baneful recipes that Cinnamon enjoys working in. Like Cinnamon, by the way, Cassia is said to have money drawing abilities. When used in psychic incenses, Cassia is used as a catalyst to the other ingredients in the mixture. By itself it has little power.

**CEDAR:** (*Cedrus libani*) Is well known for both its psychic and

protective qualities. This is the best herb to use for **PSYCHIC PROTECTION**. Many practitioners anoint their third eye with this oil prior to any meditation or ritual where the operator might be liable to psychic attack or static. Cedar will keep psychic channels open and keep nasty spirits away. Many beginners make false assumptions that when working on spirit planes that one is protected or that the spirits are somehow more highly evolved than mankind. In a sense, of course, this is true, but there are many spirits which are very tricky and sometimes grouchy and hostile at being called upon. Do not assume for a moment that things are much different in the spirit kingdom than here on earth. As the Qaballists state, "**AS ABOVE, SO BELOW**". Meaning the spirit planes are very much like yourself and you should not assume that every spirit will automatically wish to help you. By using **CEDAR**, Rose and Lavender you will screen out these obsessing entities and insure yourself that they will not be there to harm your ritual. That is why it is good to use a little of one of the herbs stated above.

**CELERY SEED:** We have talked about this a little already. However,

it is also a psychic herb, but only for baneful purposes. To use this safely in a psychic recipe, only use positive herbs. You will get nothing but trouble if you use herbs like Patchouli with this herb.

**DANDELION: (*Taxaacum officinale*)** This is used both for Luck and Psychic recipes. It is particularly good for people that are crossed and having very bad luck and where traditional uncrossing recipes fail to work. A lot of practitioners recommend drinking Dandelion tea regularly to help develop psychic centers and keep hexes away.

**DEERSTONGUE: (*Frasera speciosa* / *Liatris odoratissima*)** This is by far the most widely used psychic herb. It not only has a wonderful fragrance, but it also works very well and always has a white magickal effect. It generally screens out bad energies and is known to be used by male homosexuals to attract other male homosexuals. To use it this way you put a little in a red charm bag with Echinacea. This bag is placed in your underwear when you go out for the night. This herb can be used in any recipe for homosexual use. It works well with Musk, Civet and Ambergris.

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**DRAGON'S BLOOD REED:** We have already discussed this herb to

some degree. A great amount of this herbs power is on psychic levels rather than just the material plane alone. Dragon's Blood is one of those amazing herbs that work on both planes at the same time!!! This is why it is used in so many rituals. To use this in psychic rituals you can burn it alone or with other herbs. You can even use this with Celery Seed or Patchouli because it tends to tame their more baneful aspects and keep them in check.

**HELIOTROPE:** (*Heliotropium europaeum* / *Heliotropium*) This is used primarily as a psychic herb that brings luck in the form of sudden insights or lucky intuitions rather than a direct materialization.

**HYACINTH:** This is a psychic oriented flower that will transmit on psychic planes a feeling of joy and playfulness. It is frequently used as a follow up to uncrossing rituals to help put positive energies where there was negative energies. Do not overlook this. Most people that are uncrossed do not feel the ritual has worked because they generally still feel bad. By using this flower you can replace those bad feelings with good ones. This is **VERY** important to the person you are working on.

**LILAC:** This herb definitely works on a psychic level. This can be used in an uncrossing ritual or a love ritual with great benefit, but its action is to convey other herbs rather than to perform on its own. This will sooth and ease problems. This is done by providing a screen against negativity and also by tending to promote the positive qualities of the herbs mixed with it. If mixed with Bergamot, Allspice, and Juniper an excellent luck preparation is made along with a protective shield that would cancel any baneful attacks. It is also seen as an uncrossing oil of choice for just about any condition. ***UNDER NO CIRCUMSTANCES SHOULD LILAC EVER BE MIXED WITH BANEFUL HERBS.***

**LINDEN:** Another herb with psychic effects. It is also used to keep lovers faithful. For this reason it is commonly used in love recipes where a psychic energizer is needed. Use this one when things are really bad!!!

**LINSEED OIL:** (*Linum usitatissimum*) Commonly called **FLAX** and is used for purposes of psychic development and is used to anoint one's temples and third eye area and also in candle burning rituals to anoint candles that are white or blue. Burning Flax as part of a background

incense for divination is highly recommended. You can also take the oil and make a cross on each of your doors to protect against hexes.

**LOCUST: (*Cassia marilandica*)** Its other common name is Senna, and it has the mystical meaning of “devotion beyond the grave”. For this reason it is used in love incenses, but it can also be used in necromantic rituals when one wishes to contact a departed spouse or loved one.

**LOTUS: (*Nymphaea lotus* / *Zizyphus lotus*)** Common additive to psychic incenses and is an ingredient in the Egyptian Temple and Kyphi formulas. Best used in meditation and has no power on the material plane. It is said to take you to the highest realms of mystical insight.

### **GENERAL INFORMATION ON HERBS**

In reality all herbs work on psychic planes to accomplish their goal. The herbs just listed are known to work the best on the psychic plane than other herbs. Do not underestimate the potential of psychic herbs. They can help you clear out many blockages or hexes in your life. They

can also give you great insight into magick in general. If you can connect to the correct stream of magickal consciousness you will learn a great deal more than you can learn from any course. If you wish to develop your meditational and psychic abilities, certainly working with psychic herbs in combination with other incenses or oils would be highly recommended.

Psychic incenses and oils are always used in combination with other recipes because in themselves they are unfocused and tend to stimulate psychic or intellectual centers without making much else happen. Normally psychic herbs are not used in the average ritual unless it is felt that help from the highest sources are required to help a person obtain their goals.

### **SPIRIT GUIDE**

***Orange (Naroli)***

***Lily***

***Acacia***



Above you will notice the adding of Acacia flowers and the Lily which we will discuss under Uncrossing herbs soon. The use of the Naroли/Orange Blossoms is used to modify the meaning of the Lily and Acacia in order to provide a loving energy which will create the personality of the "Spirit Guide" this recipe is said to invoke.

**SPIRITUAL VISION**

***Galangal (low John)***

***Cinnamon***

***Cedar***

***Orris***

***Myrrh***

This is a classic "Scrying" or meditation incense recipe. Myrrh at first may seem out of place here given its material world focus. It is added here to bring practicality to the vision obtained.

The guiding principle for all your magickal practice should be **BALANCE**. I have no use whatsoever for those so-called "Spiritual" people who yammer on and on about their astral visions than I do for sorcerers

**who spend all their time trying to control and dominate others. Both are fools and should be avoided like the plague!! Look for those that see the importance of both factors in life. Both skills to climb to the highest spiritual heights and those related to material manifestation must be developed and that is what this course is all about.**

### **HERBS FOR UNCROSSING AND UNHEXING**

**We have covered this a little already because many herbs used for love, protection and power are also used for uncrossing. *OF ALL THE RITUALS, UNCROSSING IS THE MOST IMPORTANT OF THE HEALING ARTS.* Generally everyone needs to be uncrossed. We all have major blockages or hexes in our life. If any other rituals are to work, you *MUST* first uncross yourself or the person you are working on. If you do not, you will not be successful in your ritual.**

**The following list of herbs contains those that are used for *UNCROSSING* or *UNHEXING*. We have already discussed a lot of them**

**listed. The others will be discussed in later lessons.**

**Absinthe**  
**Agrimony**  
**Angelica**  
**Ash leaves**  
**Bay**  
**Bitter Root (Gentian)**  
**Brimstone (sulfur)**  
**Clover**  
**Curry Powder**  
**Dog Grass**  
**Elder**  
**Flax**  
**Frankincense**  
**Hawthorne**  
**Holy (blessed) thistle**  
**Hyacinth**  
**Lavender**  
**Lotus**  
**Marjoram**  
**Mugwort**  
**Pine Bark**  
**Sage**  
**Spikenard**  
**Unicorn Root**  
**Verbena**  
**Woodruff**

**African Ginger (catalyst)**  
**Ague Weed (boneset)**  
**Anise**  
**Basil**  
**Benzoin**  
**Blood Root**  
**Broom Tops**  
**Cloves**  
**Dill**  
**Dragon's Blood Weed**  
**Five Finger Grass**  
**Fennel Seed**  
**Geranium**  
**High John (Jalap)**  
**Huckleberry**  
**Hyssop**  
**Lilac**  
**Low John (Galangal)**  
**Mistletoe**  
**Nettle**  
**Rue**  
**Sloe Bark or Berries**  
**Tormentil**  
**Valerian**  
**Vertivert**  
**Wormwood**

**PROTECTIVE      CLEANSING      REFOCUSING**

<b>Asbinthe</b>	<b>X</b>		
<b>African Ginger (catalyst)</b>			<b>X</b>
<b>Agrimony</b>	<b>X</b>	<b>X</b>	
<b>Ague Weed (Boneset)</b>	<b>X</b>		
<b>Angelica</b>	<b>X</b>	<b>X</b>	<b>X</b>
<b>Anise</b>			<b>X</b>
<b>Ash leaves</b>	<b>X</b>	<b>X</b>	
<b>Basil</b>		<b>X</b>	<b>X</b>
<b>Bay</b>	<b>X</b>		
<b>Benzoin</b>			<b>X</b>
<b>Betony</b>	<b>X</b>	<b>X</b>	
<b>Bitter Root (Gentian)</b>	<b>X</b>		
<b>Blood Root</b>	<b>X</b>		
<b>Brimstone</b>	<b>X</b>	<b>X</b>	
<b>Broom tops</b>		<b>X</b>	
<b>Clover</b>		<b>X</b>	<b>X</b>
<b>Cloves</b>	<b>X</b>		
<b>Curry Powder</b>	<b>X</b>		
<b>Dill</b>			<b>X</b>
<b>Dog Grass</b>	<b>X</b>	<b>X</b>	
<b>Dragon's Blood Reed</b>	<b>X</b>	<b>X</b>	
<b>Elder</b>	<b>X</b>		
<b>Five Finger Grass</b>	<b>X</b>	<b>X</b>	<b>X</b>
<b>Flax</b>			<b>X</b>
<b>Fennel Seed</b>	<b>X</b>		<b>X</b>
<b>Frankincense</b>	<b>X</b>		<b>X</b>
<b>Geranium</b>	<b>X</b>	<b>X</b>	<b>X</b>
<b>Hawthorn</b>	<b>X</b>	<b>X</b>	
<b>High John (Jalap)</b>	<b>X</b>		<b>X</b>

<b>Holy (Blessed) Thistle</b>	<b>X</b>		<b>X</b>
<b>Huckleberry</b>	<b>X</b>		
<b>Hyacinth</b>	<b>X</b>		<b>X</b>
<b>Hyssop</b>		<b>X</b>	
<b>Lavender</b>	<b>X</b>	<b>X</b>	
<b>Lilac</b>	<b>X</b>	<b>X</b>	
<b>Lotus</b>		<b>X</b>	<b>X</b>
<b>Low John (Galangal)</b>	<b>X</b>		<b>X</b>
<b>Marjoram</b>		<b>X</b>	<b>X</b>
<b>Mistletoe</b>	<b>X</b>	<b>X</b>	<b>X</b>
<b>Nettle</b>		<b>X</b>	<b>X</b>
<b>Pine Bark</b>	<b>X</b>		
<b>Rue</b>	<b>X</b>		<b>X</b>
<b>Sage</b>			<b>X</b>
<b>Sloe Bark or Berries</b>		<b>X</b>	
<b>Spikenard</b>	<b>X</b>		<b>X</b>
<b>Tormentil</b>	<b>X</b>		<b>X</b>
<b>Unicorn Root</b>	<b>X</b>		<b>X</b>
<b>Valerian</b>	<b>X</b>		
<b>Verbena (Lemon Verbena)</b>	<b>X</b>	<b>X</b>	
<b>Vertivert</b>	<b>X</b>	<b>X</b>	
<b>Woodruff</b>	<b>X</b>		

**Study the chart we have just given you. It will greatly help you understand which herbs to use in your rituals.**

**ABSINTHE: Also known as Wormwood. It is used as a hexing herb,**

but it is also good as a protection herb in situations where an actual hex has been inflicted on you or someone else. It is not good for a situation that has gone on for some time. You would generally use this in combination with other herbs like Rose or Lavender because these help to control its baneful vibrations. While I cautioned you about mixing white magickal herbs with hexing herbs, you may feel free to do so with any of the twisting or reversible herbs like Absinthe because they are merely power herbs which do what they are told depending upon the other herbs you mix with it.

**BITTER ROOT: (*Gentiana lutea*)** or Gentian is known as an uncrossing root which works like Low John. It can be brewed as a tea to attract love, but it is generally used for Uncrossing love problems than invoking love. Gentian Root may be anointed with any of the strong uncrossing oils and then you need to have the crossed person carry the root in a small bag during the uncrossing procedure. You could also use High John or Low John roots too.

**DOG GRASS: (*Agropyron reopens*)** Also called **COUCH GRASS** or

**WITCH GRASS.** It is both a hexing and unhexing herb depending upon the herbs mixed with it. Considered one of the best of the spell-casting herbs, commonly used in powders and charm bags. In Doll stuffing it is used only for hexing, but it can be used to help bring a person away from bad habits.

**GERANIUM:** (*Geranium maculatum*) Also called Spotted Cranebill or Alum Root. A great uncrossing herb because it handles all three of the functions needed. These are Protection, Cleansing and Refocusing. It does need to be blended with other herbs to reach maximum power. It is good to mix with Rose, Lavender and Vetivert. You can also use the oil Rose Geranium for the same effect.

**HUCKLEBERRY:** Commonly known as Bilberry. I have already covered Bilberry and you need to read over that again. It is generally a crossing or hexing herb, but it may be used to reverse hexes too. It is best used with Sulfur and Asafetida as an incense or powder. Huckleberry can be very treacherous as it is powerful and when using it in ritual you should observe your results very carefully to make sure that

none of its baneful nature are surfacing. If you notice the baneful effects, change to a more stable herb.

**HYACINTH:** We have talked about this a little already. It is important to know that it refocusing abilities and its ability to protect against psychic attack. It also is good for uncrossing in some situations. Many homosexuals use this herb to protect their love relationships.

**HYSSOP:** (*Hyssopus officinalis*) Known for its cleansing abilities which seems to function both on the physical and psychic planes. It is good to help remove past negative energies or so-called bad "Karma".

**SLOE BARK or BERRIES:** (*Prunus spinosa*) This is another name for the *PLUM* tree. It is known as a psychic cleanser. It is often used in incenses and charm bags for uncrossing. It is a good idea to eat Plums while uncrossing rituals are going on.

**TORMENTIL:** This is a power herb known for its great Protective qualities. It is often used to stop slander and bigotry. It is commonly used also to bring tolerance and understanding to an individual or situation.

**UNICORN ROOT:** Used like High John or Low John and is said to



help in both protecting and refocusing the person. It is best to anoint this root with such oils as Lavender, Rose or Vetivert.

**VETIVERT: (*Vetiveria zizanoides*)** It is one of the best, efficient and powerful of additives to use in uncrossing recipes. Technically it is a power herb that can be used to strengthen hexing potions, but it is generally used with the best success in uncrossing recipes. You can use this as an additive to incenses for Luck, love, and healing. Never use a synthetic Vetivert, it is totally useless. This is true of most synthetic or "cut" oils.

**WOODRUFF: (*Asperula odorata*)** It is generally only used as a protection herb, but it is also used in many uncrossing recipes for the protection effect. Brewed as a tea, it makes a great floorwash and can be added to a bath for its protection and uncrossing effects.

### **UNCROSSING RECIPES**

To build a balanced uncrossing incense, oil, or powder, one must

take into account all three of the needs in uncrossing. These are: Protection, Cleansing and Refocusing. More on this in the up coming Uncrossing lesson.

The following recipes take into account all three of the uncrossing needs. Note the herbs used in each recipe.

**AGARBATTI CHANDAN**

*Lavender*

*Bay*

*Hyssop*

This is a classic example of an uncrossing formula. The Bay protects while the Hyssop cleanses and the Lavender helps refocus the person to positive goals.

**BANISHING**

*Bay*

*Cinnamon*

*Red Wine*

*Rose*

*Myrrh*

*Salt*

**Here is a great recipe for uncrossing or banishing, which is a little different. You would use a banishing formula for a person that is very badly crossed. You will find this a great deal of the time with people. You could use this in a Haunted House or where poltergeist activity is evident. The salt and the Red Wine are both Pagan and Christian in reference and symbolize body and blood. The Bay is strongly protective and also serves to command baneful spirits away. The Rose is refocusing and cleansing while the Myrrh and Cinnamon are strong in clearing away problems from the material plane. When making this, go light on the Red Wine (only a couple of drops) and go heavy on the Myrrh and Bay. Generally used in incense and powders.**

**VAN VAN**

***Vanilla***

***Khus Khus (Vetivert)***

***Almond***

**Van Van is a very sacred oil and a lot of practitioners use this for**

most situations but hexing. It is great smelling and is only positive in use.

### **EVIL EYE PERFUME OIL**

This is a unique recipe that is very powerful. It will **PROTECT** you against the evil eye. First you need to get a white plate (an inexpensive plate because it will be destroyed). Then, using blue food coloring, draw an eye in the center of the plate. Now dump the bottle of Van Van oil you have prepared onto the plate and get the oil to absorb the blue food coloring completely. Then, pour off the oil into a small bottle. You now have made **Evil Eye Perfume Oil**. We will talk about Van Van more in later lessons.

### **HERB CHART**

On the following pages you will find an herb chart for you to complete. By checking the box for the correct uses of the herb listed, you

**will greatly help yourself to remember the herbs use. This will greatly help you when you start to do rituals in the near future. You may want to start a card catalogue with herbs listed for each situation you may come across. Like, cards for Money Drawing, Commanding, Infidelity, Love and so on. It will make it very easy to prepare for rituals in the future. It will take sometime to get started, but it will be of great help in the future. You can also prepare this as you go a long. Meaning, if you need a Money Drawing ritual today, make out a card of money drawing herbs and additives. Then, you file this under Money Drawing. The next need you may have is to control Infidelity of a partner. You would then make a card for that situation and file it under that title. This quick reference system will pay off for years to come. This is part of the card work you will need to put in to be successful in magick. Like all things in life, you get out of it, what you put into it !!!**

**We have discussed several different kinds of herbs. Catalysts, Conveying, Power and Modifying. Many herbs have multiple uses. It is important to fully understand how each herb functions. Most people**

**think, or even laugh at basic witchcraft as a simpleton magickal form. As you can see, it is a whole art unto itself! This course is not your usual simple form of Wicca, but an advanced form of the *TRUE* Witchcraft / Sorcery of ancient times. Most White Magickal herbs have several uses, while most baneful herbs have specific uses. For example Rosebuds may be used for love, money drawing (sometimes), uncrossing and luck! You may expect results whether you get more general or more specific so long as you use the correct herbs for the situation you are working on. We do recommend that you experiment with recipes of your invention, but the recipes we given you are tried and true.**

**We have also discussed the rather tricky *TWISTING* or *REVERSIBLE* herbs. These produce either positive or negative results depending on what they are mixed with. The practitioner can also affect the herb by his own attitudes. You can often turn an herb baneful just by placing a black candle near it or by mixing it with negative herbs like Capsicum or Black Pepper.**

**You may have problems finding certain herbs. That is why we have**

given several herbs that do the same job. Other herbs you can only get certain times of the year. The Society can always help you locate certain herbs if you have problems finding them. You should also notice the herbal list in lesson Two for the general herbs we carry all the time. Remember, we are always here to help. All you need to do is contact us. Always enclose a SASE when you write us.

Feel free to substitute as long as you *CAREFULLY* follow the lessons meaning of the herbs. You may have to substitute two or three herbs get the same effect as the one you cannot obtain. Keep this mind. Generally it is best (as stated before) to purchase your needed supplies. This will save you a lot of time and trouble in the long run. As you become a Master at this course you may want to start to mix *SOME* of the recipes for incenses and powders yourself. Oils are generally too costly to do this. The main thing is to keep busy *DOING* rituals and not get bogged down in *MAKING* recipes.

We have talked about storage of herbs a little. Generally magickal herbs last for several years. While fresh herbs are always preferred, the

**vibrational energy of magickal herbs last a great deal longer than healing herbs that generally have a much shorter shelf life. You also want to separate baneful herbs from white magick as best as you can. It can effect your magick if the vibrations have been mixed by improper storage. The other benefit to this is, that by keeping similar herbs together they tend to help each other grow in greater power by combining their energies together. Being the same type of energy vibration they easily combine their powers. This is an added help to your magick without even doing any work!!! I am sure a lot of you will like that.**

**A lot of Sorcerers will find that they get strange "electrical effects" around them. This includes the blowing out of fuses or the general stoppage or even the burning out of electrical items!!! While this is generally rare, it does happen. In time you will be better able to control it. There seems to be a connection between telepathic channels and electrical and telephone wiring. One Sorcerer even uses the phone to add power to his rituals. He finds that by saying rituals through the Phone**



Companies wiring system that he is able to transmit his energies with great success!!! This causes a "Radionic" type effect that can be very useful. You do need to complete a call though, even if it is to the Phone company time line. To just talk into a phone that is not connected to another party is useless. I know this sounds strange, but it does work!!! Give it a try. To study more about Radionics you should read the books offered by the Society written by Charles Cosimano. You will a whole fascinating new world of magick is opened up to you. We also offer a course on the subject of Ritual Magick and Radionics. A very fine unusual and powerful course. We highly recommend taking that course after you have completed this one.

### **CHARGING HERBS**

The Society offers a unique device for adding extra powers to all your herbal mixtures. Whether they be incenses, powders, herbs or oils. It is called the "Energy-Power Conduit Charger". It has been specially

**designed by the Society to "Super-Charge" all types of magickal items, particularly herbal products. The more energy you bring to a ritual the more chances are that you will be successful.**

**This device will add greatly to the power of every mixture. It has many, many uses. Many times I have stated that you should use parchment. Why not charge the parchment before use. All you do is place it in the device. No other energy is needed on your part. It is simple, yet powerful. This device comes from ancient times where Sorcerers used it in most of their ritual practices. You now can own one through the society. It is pyramid shaped device with several added features for charging. (see end of this lesson for information on this device) I highly recommend that you purchase one of these devices. By placing the items you are going to use in this device several hours before you do your ritual, you will charge those items to high vibrational levels, bringing you greater success in your magick.**

**There is a great many products offered by the Society that can be of great help to you. We will be placing advertisements for these items**

**in the back of each lesson. These are not just *ADS*, these are rare products of great power to help you with your magick. Take time to read the ads thoroughly. There is much to learn and many ways of helping your Magick. The Society is on the cutting edge of Old and New technology. You will gain greatly by carefully reading our catalogue and by becoming a member of the Society (if you already aren't). Membership also aids us in furthering our research. This research is then passed on to the members who will greatly benefit by it.**





















