

MagicSeduction.net presents:

***Mind Reading
Tricks Vol. 1***

Introduction:

First of all – a big thanks for buying my ebook!

The effects I'm revealing in this book are some of the strongest in all of mental magic. All of these effects can be successfully performed by a complete beginner almost immediately. Please, do yourself justice though, read through the book several times and practice by speaking out loud. If you do this, I promise – you will be baffling your mates and literally be the star attraction of any party of club you go to!

I have written the instructions as concisely as possible. It has taken me a long time to work through countless magic books in order to provide this information – I've done the hard work for you, so the last thing I wanted to do is over complicate things with unnecessary information. For each trick, I have explained the Effect, the Basic Secret and then a Full Methodology which will allow you to amaze whomever you perform on.

Some effects are provided with a full script you can use when performing. Feel free to change it to suit your needs. The words in (*italic brackets*) explain what you should be doing whilst reading the script. Please try and change any script to suit your style as much as possible, the more you do this, the more believable your performance will become!

MagicSeduction.net should be fully operational within the next month, complete with discussion forum and new products. Please check back in the near future for details of other products!

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The Invisible Touch:

A variation of this effect was recently broadcast on Derren Brown's TV show. Although Derren Brown did not invent the principle for this effect, you will have seen this perform this trick with 'the twins' and also 'the lap dancers'. It is a classic trick of mentalism any completely impromptu. You can do this at any time and I've personally freaked a lot of people out whilst doing this at clubs and parties. If you want an effect to build a reputation on – read on!

Basic Effect

You ask two friends if they would take part in a psychological test with you. You ask one of them to close their eyes. Whilst their eyes are closed you tap their friend on the hand twice. You then ask the person with their eyes closed to open their eyes and ask them if they felt anything. They will swear that they felt two taps on their hand – even though you were nowhere near them... in fact you could even be stood the other side of the room.

The person with their eyes open will be amazed that their friend felt your touch even though she KNOWS you didn't go near her. The person with their eyes closed will be so positive that she felt 2 solid taps that initially she simply won't believe that you were nowhere near her! When everybody else watching confirms that you indeed did not touch her – the 2 friends, plus everyone else in the room will be amazed!

Basic Secret

You actually touch both people! The trick uses a concept known as 'dual reality'. Each of the friends thinks that the 'psychological test' is happening at a different time. You ask Friend 1 to close their eyes, and then secretly tap their hand as you are moving towards Friend 2. After a few seconds, you dramatically (but silently) tap Friend 2. Finally you ask Friend 1 to open their eyes. The trick is complete.

Full Methodology

(You need to find two friends, who are willing to take part in the trick. In this case I have called the friends Amy and Kate. You should stand with Amy to your right, and Kate to your left. Do not make position obvious, it only needs to be approximate.)

You: Would you two like to take part in a quick little psychological test with me? I've been practicing something and want to see if it works?

Friends: Yes, OK.

You: Great! Basically I've been reading this psychology book and its talking about how twins have been reported to have extra close bonds between them – you know, they know what each other are thinking, or can feel what each other are feeling. You've heard of that right?

Friends: Yes

You: Anyway, I've been reading this paper about how this link can be created between two friends by a third person like me if I can get you to think 'in sync' with one another. What's your name by the way?

Friends: Amy and Kate.

You: OK Amy, what I want you to do is just stand still and completely relax. I want you to look around the room and think about everything you're seeing. Imagine exactly how you think Kate would see the room as well.

(Now you should talk about things which are actually in the room, for example if you're in a bar you should ask Amy to consider what she would think about the music, the bar service etc, etc. What you say specifically here is unimportant – but it creates a decoy for the real method...)

You: Amy, I want you to close your eyes and completely relax. For the next minute or so I would like you to only give me one word answers – is that ok?

Amy: Yes

You: Amy, I want you to concentrate very hard remember if you feel anything touch you. I'm going to lift your arm up in a moment, but after that – if you feel anything, anywhere I want you to remember it. Is that clear?

Amy: Yes

(At this point you should lift Amy's left arm with your left hand, so that her hand hovers around waist height. Let your right hand remain casually by your side. Once you have done this let your left hand return to your side, leaving Amy's hand 'hovering'.)

You: Kate! Watch this!

(As you say this, you should hold your index finger of your left hand up between your face and Kate's, and look Kate right in the eye. At the same time you should turn your body in Kate's direction and take a step away from Amy. As you do this, allow your 4th finger or your right hand to tap Amy's hand twice. With a little practice, you are saying "Kate! Watch this!" combined with you holding your other hand up and looking her in the eye means that Kate and everybody else watching will not see you tap Amy. You should make the tap as fluid as possible. I keep my hand moving all the time and simply stick out my 4th finger twice as my hand moves close to Amy's.)

(At this point, silently, dramatically and deliberately, grab Kate's hand and tap it in exactly the same place, as you did Amy. Up until this point Kate and the audience believe that no-one has been tapped. This is the dual reality in play; they will think that it is now that Amy is feeling taps... not 10 seconds earlier.)

You: Amy, could you open your eyes please. I hope this has worked; I've only managed to do it a couple of times so far. Did you feel anything at all?

(It's important to be unsure of the result. This will stop people thinking that it is just a trick, and that you really are performing a psychological miracle.)

Amy: Yes

You: What did you feel?

Amy: Taps

You: How many taps did you feel?

Amy: 2

You: Where did you feel them?

Amy: On my hand

(At this stage Amy will probably point to the exact point, if not you can further question her.)

You: Well I'm very happy! It worked! I actually didn't touch you at all!

(At this point the true level of the effect becomes apparent, Amy will insist you touched her, but EVERYONE else in the room will be positive that you never went near her hand! People will ask you to do it again, be careful – until you are very practiced at the secret tap, a good observer might be able to spot it!)

Closing Notes

That is the basic methodology that I use when I perform the trick. I have performed it 100s of times and providing I only do it once per person, I never get caught out. Feel free to adapt the script to suit your style. Instead of a 'psychological test' you could claim that you have 'psychic powers' which let you touch people from a distance. Remember, in the script above I suggested moving just a step away from the person whose eyes are closed. There is nothing to stop you walking to the other side of the room, just tap them as you turn to walk away!

A variation of the effect uses 'invisible loops'. These are lengths of invisible thread tied in a loop and suspended around a finger. By asking the person being touched to concentrate on a specific part of their hand, they will be able to feel the touch of the thread – but the thread is fine enough to be invisible in 99% of conditions – especially in a darkish environment. Invisible loops can be purchased pre-tied from most magic stores, both off and online. Invisible thread is more widely available and is much cheaper... but it is time consuming and infuriating to tie in loops, so you may decide it wise to opt for the more expensive pre-tied variety!

Divining a Memory:

This is a trick using Neuro-Linguistic-Programming a.k.a. NLP. NLP is a recently developed branch on applied psychology and is used extensively in modern sales training courses. Many say that it derives from hypnosis techniques – although it is not hypnosis in itself. Many have also claimed it is a dangerous, manipulative technique which can be used to take advantage of people. In this case, that is exactly what we shall do – take advantage of the sub-conscious signals our eyes give off in every day life!

Basic Effect

You ask someone to write down 3 different memories they have, on 3 slips of paper.

- A memory of an old friend
- A memory of a favourite piece of music
- A memory of a time they were in pain (like a cut or broken bone.)

You ask them to throw away two of the slips of paper, but not letting you see which one they keep. You can then instantly announce just by looking at their eyes which memory they are holding in their hand.

Full Methodology

NLP includes a system of 'eye accessing cues.' These are used to read information about a person through the direction they are looking with their eyes. It is similar to reading body language. It is commonly known that if someone is stood upright with their arms folded they are being defensive. Luckily 'eye accessing cues' are not so commonly known – and modern mind readers uses these regularly in their performances.

The NLP system of eye accessing cues that is required for this effect work for 'memories' only. If you ask someone to think of something that will happen in the future, or a dream – this will not work. It must be a memory.

NLP eye accessing cues are based on our five senses. You will see from the list of 3 memories above that 3 senses are covered:

Old Friend – Visual Image

Piece of Music – Audible Sound

Pain – Kinaesthetic (which means touch)

If you ask someone to visualise in their 'minds eye' a memory of an image, sound or touch, they will tend to look in a specific place each time. You may have noticed it yourself if someone asks you a question that you can't quite remember the answer to. You can't help but move your eyes upwards or to the side in order to remember. It is something that all people do subconsciously.

Below are the directions that 'right handed' people look when they are remembering images, sounds and touch. If the person you are performing this effect on is left handed, you must switch the directions left to right and vice versa.

Visual remembered images



Remembered sounds



Kinesthetic



You: Let me see if I can guess what your thinking of, take these 3 slips of paper and write down the name of an old friend, the name of a song, and a time when you were in pain – maybe if you cut yourself or broke a bone. Write one on each slip.

Subject: OK

You: What were the three things you wrote down?

(The subject will go through what he has written, ask him a couple of questions about each of the things he has written down. This doesn't affect the working of the trick but it allows you to claim that he gave out clues as to what he would think of whilst you were questioning him.)

You: I want you to look at the 3 slips of paper. When you are ready I want you to take two of the slips of paper and throw them away. Don't let me see which slip you have left.

(If its easier, ask him to put them in his pocket, you could even burn them to add a little to the performance, do anything to get rid of them, just make sure you can't see which ones he's getting rid of!)

Subject: OK

You: Lift your head up to face me. I now want you to visualise the memory that is written on that slip of paper. I want you to think about the exact details of the memory, think exactly what was happening and how.

(This is the key to the trick. You ask the person to lift their head up, this will make them look at you, however, you don't mention their eyes so they will still be unconsciously moving them. Be ready when you ask them to think of the exact details to see which direction they look in. Some people only look very briefly, others will continue to look. If you miss it, ask them to remember harder, visualise the memory in their mind. This should trigger their eyes to move in the required way.)

Subject: OK

You: Now just from the clues you have accidentally given off from your voice earlier and your body language – I think you were visualising

{All you now need to do match the direction they looked, with the memory they wrote down. For example if they looked up and to the right, you know they were thinking of their old friend. The great thing about this wording is that you do not mention their eyes at all. You claim that it is all to do with body language and the verbal clues they gave you. This means you can repeat the effect as many times as you want!}

Closing Notes

This trick is excellent when you repeat it. You will find during practice that some people are much easier to read than others. When you find someone that you can consistently get it right with, create an audience and amaze them all. 10/10 correct predictions should do it!

PIN Number Prediction:

Imagine knowing something that would normally be impossible to know. For example you might want to reveal someone's surname, even though you never met them before. You might want to know what their best friend's hamster is called. Whatever it is, this prediction effect will allow you to do so. In this case we will reveal the PIN number of a person's bank account.

Basic Effect

You ask to borrow a pen and pencil from the subject. You confirm with them that they have a PIN number for their bank and that there is no way you could possibly know it. You write down a 4 digit number and return them the pencil. You ask them your pin number and it matches what you have written on the paper.

Full Methodology

To perform this effect you need what is known as a 'Swami Gimmick'. This is a small device, which looks a little like a thin flesh coloured rubber band with a pencil nib in it. You can buy them from any magic store. They are designed for secretly writing information. If you don't want to buy a swami gimmick, you can just break a piece of lead off the end of a pencil and wedge it under one of your finger nails. Personally I don't use a swami gimmick, I find that lead from a pencil works brilliantly.

Before you try to perform the trick; take a piece of lead, find a way to attach it to your finger, I put mine just under my nail sticking out. If you bite your nails a tiny bit of sticky tape will work to hold it in place. Practice writing with the gimmick, try to make it look as much like your handwriting as possible.

You: Have you got a pen and pencil I can borrow there?

Subject: Yes

You: Great! Now let me just get things straight.... You've got a bank account with one of those plastic cards – is that right? You have a PIN number for the card? Is that right? You've kept it secret, so there is no way that I could know it... is that right?

Subject: Yes, yes, yes, yes.

You: OK, what I want you to do is hold out your hand, place it flat on the table; I just need to be holding onto your wrist for this to work.

(This is the misdirection needed for the trick. Whilst you are holding their hand, explain to them how it's possible to get clues about what a person is thinking just by holding on to a part of their body. Talk about eye accessing cues using the information I gave you in the previous effect, they aren't needed for this trick – but the more ways you can distract attention away from the real method the better!)

You: Your PIN number is 4 digits long. I want you to visualise the 1st digit. Visualise it brightly in your mind, draw the shape of the number with your mind, let it burn and image there. Keep visualising.... *(Allow a few seconds of silence to pass)* Stop.

(You need to repeat this visualisation process for each of the 4 numbers. At this point you should pretend to write a 4 digit number down. Just move the pencil across the paper very lightly, so it makes a noise as if you are writing but doesn't leave more than a very faint mark. Make sure the subject can't see that you've not actually written anything.)

You: Right, I've made my prediction, take the pencil back.

(Don't make a big deal of passing the pencil back to them. However, the mere fact that you don't have the pencil any longer will remove any suspicion that you have another way to write with the swami gimmick!)

You: What is your PIN number?

Subject: 1234

You: So it would be pretty amazing if I got that right?

(By asking the above question, you are delaying things by just a couple of seconds – this gives you the time to write the number they have just told you on the paper with the swami gimmick (or the pencil lead stuck in your nail.) With practice you will be able to write with just one hand, so you can be waving the piece of paper around as you are writing!)

Subject: Yes

You: Take a look at this!

Closing Notes

This is truly incredible effect. It is a very simple concept, but magicians frequently sell tricks based on this effect alone for many pounds. You can of course do it with anything! I've gone up to girls at clubs and bet them a kiss I can guess their second name – and it's worked. Try it on people you've just met and win a drink out of it! People really are truly amazed – because they never consider the mere existence of the pencil lead!

Telephone Mind Reading - Think of a Card:

Mind reading is a fantastic art. Finally it is getting the recognition it deserves from the media as being a true art form on par, if not better than magic. This is an effect which can be done at absolutely any time; all you need to perform it is a telephone – cell phone or land line – it doesn't matter. What's more, it can be repeated as many times as you like – it will work 100% every time and the method never worked out.

Effect

You claim that you have a psychic friend who can read anybody's mind. You ask the volunteer to think of a card, any card they like and to name the card. You then phone your psychic friend right in front of the volunteer and pass the phone to them. Your psychic friend tells the person the name of their card immediately.

Basic Secret

The person you phone can be anyone; however they must be in on the trick. The person whom you phone is prepared to count "1,2,3,4,5,6,7,8,9,10,Jack,Queen,King" and then "Clubs, Hearts, Spades, Diamonds." The only words you say are "Hello" and "Tell them the card".

Full Methodology

Firstly you need to prepare a person whom you can phone when performing the trick. It's not a hard or complicated effect, so I have actually taught this to several of my friends. Now, when I want to perform, I have a choice of people to call depending what time of day it is. For the purposes of these instructions we shall refer to this person as the 'Psychic'.

The Psychic can be anyone you know and can trust to keep the secret of the effect. It is best to ring their mobile telephone/cell phone, so they know, before they answer the phone, that it is you calling.

Ask the Psychic to answer the phone in a particular way when they see you calling them. After picking up the phone, they should not say hello or wait for you to say anything. Immediately after picking up they should say:

Psychic: 1,2,3,4,5,6,7,8,9,10,Jack,Queen,King

This should be done quite quickly, but with a slight pause between each number/card name.

Advise the psychic that you will say "Hello, is that the psychic?" once they count to the number or name of the card chosen by the volunteer. This will indicate to the Psychic the number/value of the card chosen. For example, if they are counting all the way 1,2,3,4,5,6,7,8 and on '8' you interrupt them with the word "Hello!" the Psychic takes this as the signal that the volunteers cards is "the 8 of something".

Now you need to communicate to the psychic the suit of the volunteer's card.

The Psychic should then immediately start to list the 4 card suits:

Psychic: Clubs, Hearts, Spades, Diamonds

When the psychic gets to the suit of their card, you should immediately interrupt them with the phrase:

You: "Thanks, please tell my friend their card".

(For example, if the card was the '8 of Hearts' you would interrupt with the above phrase as soon as the Psychic lists the word "Hearts".)

(You have now communicated the value as well as the suit of the card chosen by the volunteer. All that is required now is for you to hand the phone to the volunteer upon which the Psychic will state the name of their card.)

Psychic: Your card is the 8 of Hearts.

Closing Notes

You will probably agree that this is a simple effect once you know the secret. I have performed it over 500 times in the last couple of years and have never been caught out. There are a few points that you should bear in mind however for a flawless performance.

It is important to keep your time on the phone to a minimum; this will reduce suspicions from the audience that there is some form of code being used. With a little practice the entire communication of the card name can be completed in just a couple of seconds. This will take a little practice with you and the person you choose to be your Psychic. Over the next page or so I will go through a few points which will help your delivery of the trick be as smooth as possible.

You will notice from the methodology that you do not say anything at all until the Psychic has listed the 1,2,3,4,5,6,7,8,10,Jack,Queen,King. Whilst the psychic is listing these values, the volunteer believes that the phone is still ringing and has not been answered. By the time you say hello, over ½ of the communication is complete.

Ensure that the Psychic stops listing values, and starts listing "Clubs, Hearts, Spades, Diamonds" as soon as you say "Hello". The sooner they start listing, the quicker you can pass the phone to the volunteer.

It is possible to perform the trick by communicating to the psychic the Suit of the volunteer's card first, before the value. The disadvantage of this approach is that it takes longer to list 13 values (1,2,3,4,5,6,7,8,10,Jack,Queen,King) than it does to list 4 (Clubs, Heats, Spades, Diamonds.)

Practice, practice, practice! You need to be as sharp as possible with the person you choose to be your psychic. If they list the values too slowly then it will become obvious to the volunteer that a code is being used. If they list the values too fast it

will too difficult for you to interrupt clearly enough for the Psychic to know which value you were interrupting on. Practice will make perfect.

Sometimes it is not convenient for the Psychic to answer the phone by counting 1,2,3,4,5,6,7,8,9,10,Jack,Queen,King. For this reason I try to send a text message to the psychic a little while before I plan to perform the trick. This helps them prepare and results in a smoother performance.

Finally, realise that the same principle can be used to mind read all sorts of information. For example you could ask a volunteer to think of any day of the year. You would need your Psychic to Count 1,2,3,4,5,6,7,8,9..... All the way to 31 – and then count January, February, March etc. The possibilities are endless!

Bonus Suggestion

I also wish to share with you an enhancement provided by a customer regarding the Telephone Mind Reading Effect, it makes the effect a little cleaner and sounds even less suspect to the person you are performing for. Consider the following:

*"...the friend answers the phone by saying:
Ace,2,3,4,5.....and so on.*

When he gets to the desired number I will then say one of 4 things, Notice the letter in which each sentence starts with:

Do you think I could speak to the magic card man: - D for Diamonds.

Hello, can I speak to the magic card man: - H for Hearts.

Can I speak to the magic card man: - C for Clubs.

S'cuse me, can I speak to the magic card man: S for Spades.

I think this is a little faster as when he gets to the number all I say is one sentence and the card is already found out, all I do is passing the phone to the volunteer as soon as I have asked for the card man."

I think you'll agree it makes a smooth effect even smoother :)

Book Test - Divine the Sentence:

Within mentalism, there are a series of classic effects – one of which being the book test. The basic premise is always the same, using an apparently random choice of book and page the mentalist is able to divine the word or phrase that the subject has selected. The following is a classic of mentalism....

Effect

You ask a person to cut a deck of cards – as many times as they like. At a point of their choosing, they add the value of two cards together and turn to the page of that number. You are able to tell them the first sentence on the page, or even a summary of what the page is about!

Basic Secret

As the performer, you already know the sentence that the spectator will pick. To ensure the sentence you have memorised matches what they pick, you must ensure that firstly they select the correct book, and secondly they select the correct page. You must memorise the first sentence of page 14 and 15 of the book in question.

Full Methodology

The subject gets a choice of book at random. Generally I give the choice of three books and use 'magician's choice' to ensure that the book I wish to use is selected.

For example assume you have 'Book 1' 'Book 2' 'Book 3' and you want to select 'Book 2'. Initially ask the spectator to choose a book – if they pick 'Book 2' then your job is successfully completed. Take 'Book 2' from the selection and discard the rest.

If 'Book 2' is not chosen, discard the chosen book and keep the remaining two. Ask the spectator to choose a book from the remaining two and discard the one which is not 'Book 2'.

Now the book is successfully selected, you need to force page 14 or 15. This is done using a mixed deck of cards.

You need to arrange the deck of cards in a special order. Firstly remove the Ace of Hearts and the Ace of Spades, then arrange the cards in the following order (face down):

7C 8C 6D 9S 5C 10H 4D JS 3C QS 2D KS AC KH 2H QC 3D JH 4S 10C 5D 9C 6S 8S
7S 8D 6H 9H 5H 10D 4C JD 3S QH 2S KD AD KC 2C QD 3H JC 4H 10S 5S 9D 6C 8H
7H 7D

Note that when the cards are in this order the bottom two cards will always add up to 14 or 15. What's more, no matter how many times the deck is cut or re-cut; this will still always be the case. Even better, by casually glancing at the cards, a

spectator will never notice that they are in a specific order. Simply state that you have a mixed deck of cards, and offer them to cut the cards as many times as they like.

Ask the spectator to take the bottom two cards and add their totals together. This will equal 14 or 15. You can ask them the total. Then ask them to turn to that page of the selected book. Ask them to concentrate on the first sentence and pretend to read their mind or their body language in order to divine what that first sentence is.

Closing Notes

This effect is simple, and can be performed in almost any situation where books are lying around. Note that it will work equally well with magazines or even a combination of the two.

The basics can be tweaked. For example, in this example playing cards and a stacked deck are used to determine the page number. If you are good at manipulating cards, you can force any number you wish, just by 'forcing' a card to the spectator using any method you know of. If you are able to find the spectators year of birth you could even use that as the page number. Just make sure that whatever number you force, you have the first sentence memorised.

My personal performance style is not that of a psychic, but more as a body language reader. For that reason, I see that divining a whole sentence is just too incredible – so much so that people will think you are using trickery. For that reason I prefer to divine what the first word on the page is as opposed to the whole sentence. Experiment and see what suits your style better.

Additionally, the book is selected using the 'magicians choice' force. This is an old method of forcing which is known by some members of the public. The easiest way round this problem is simply to memorise 6 sentences, one from each book on pages 14 and 15. Similarly other method can be used to force the book in question. For example ask the spectator to think of a grey animal. They are likely to think of elephant. Once they have revealed that, ask them to pick a book starting with that letter. Providing there is only one book title starting with the letter 'E' you could have 100s of books to choose from.

Additionally, instead of a single word or sentence, seeing as you know they will pick page 14 or 15, provide the spectator with a summary or what happens on those pages.

The possibilities are endless.

Instant Calendar

You may have heard of situations where someone is able to tell you the day of the week of any date in history. For example you might ask which day of the week did the 12th October 1976 fall on... they could instantly tell you that it was in fact a Tuesday.

Some researchers have noticed that many autistic people have this ability. Often the person claims their ability is due to an incredible memory that allows them to memorise all the days and dates. You could claim that you have the ability to psychically read their mind – all of which are impressive explanations. In this effect I will teach you the secret and a presentation so you can claim you are using body reading in order to divine the day of the week.

Effect

You explain to the subject that through your study of psychology, body language and related skills you've acquired that you can divine certain information just by reading their body language. You ask the subject to look on a calendar and to pick a date – either past or future. You analyse their body language, then name the day of the week that date falls on. You can repeat it as many times as you like!

Basic Secret

There is a little known mental calculation you can do – on the spot to determine the day any date will fall on. The rest is just acting.

The basic methodology to determine a date from the year 2000 to 2099 is detailed below. The date used as an example is 13th July 2004.

1. Look at the last two digits of the year and add $\frac{1}{4}$ of that number to itself. (04 + 1 = 5)
2. Using the 'month code' table printed below, find the required month code for July. (5)
3. Extract the day of the month from the original date. (13)
4. Add the above 3 numbers together. (5 + 5 + 13 = 23)
5. Take away 7 repeatedly until you are left with a number between 1 and 7. (23 – 7 – 7 = 2)
6. This number then corresponds to the day of the week that date fell on e.g. 1=Monday, 2=Tuesday, 3=Wednesday etc.

Month Code

Jan	Feb	Mar	Apr.	May	Jun	Jul	Ago	Sept	Oct	Nov	Dec
6	2	2	5	0	3	5	1	4	6	2	4

Additional Information

- During step 1, $\frac{1}{4}$ of the number is a decimal, simply ignore the decimal point. Do not round up. For example 5.4 becomes 5, 5.6 also becomes 5.
- If you're finding the date in a leap year AND the date is in January or February then you must subtract 1 from the total you get in step 4. Remember that leap years are normally every 4 years, but not years that end 00 UNLESS they are multiples of 400. Note that the year 2000 is a leap year.
- To find a year in a different century you must add or subtract to the total you get in step 4. The amount depends on the century you are finding a date in. (1700's +5, 1800's +3, 1900's +1, 2100's -2, 2200's -4.)
- If at the end of step 4 you get a "0" or negative number, simply add 7 repeatedly until you get a number between 1 and 7.
- During step 5, it is often easier to takeaway multiples of 7. So instead of taking 7 away 2 times as in the example, just take away 21.

In essence the method is very simple. It's very much like learning a times table – it is slow and cumbersome at first, but soon becomes second nature. I've seen people work out the whole thing in 2 seconds. What's more, if you learn the "year codes" or just ask someone to think of a date from year x, then you can save yourself even more time.

Full Methodology

(To save repeating myself, refer to the presentation guidelines for the PIN Number revelation as printed above. Although the methods are completely different, the presentation of reading someone's body language to divine information is near identical.)

You: I've been working on reading body language lately. Would you mind helping me with a quick test?

Subject: Sure, I'd love to.

You: Take this calendar, and without letting me see what page you're on, pick any date out you like. Visualise it in you mind's eye for a moment and then let me know what it is. Don't tell me which day of the week it falls on though – that's what I'm going to try and read from you.

(You may have a calendar in a diary, or you could even get a big calendar covering several years off the internet and print it off onto a few sheets of paper just for this trick. Often, if there is a computer near by, I ask the subject to double click the 'clock' at the bottom right of the screen. This brings up a calendar and they can pick any date from the past or future. This is by far the most impressive test in my opinion.)

Subject: OK

You: Now, once you've visualised the date yourself, please let me know what it is.

Subject: 13th July 2004.

You: I don't want you to consciously do or hide anything – simply imagine the day of the week visually in your mind. Try not to give out any clues as to which day of the week it is. I'm just going to try and pick up on what your body is unconsciously saying to me.

(During these words you should be quickly doing the maths as detailed above. It's quite hard to do whilst speaking, but with a little practice you should be able to get the majority of it done. Ultimately you should only need a couple of seconds of 'pretending' read their body language before you have the answer.)

(I typically reveal the day in stages as follows...)

You: I get the feeling that it's not a weekend. In fact it seems like it's close to the middle of the week. In fact, I think it is the middle.... No maybe not. It begins with a T though definitely. It's Tuesday or Thursday... just give me a minute longer.... TUESDAY!

(Beware: When doing the maths, be careful to keep your eyes on the subject as if you really are reading their body language. Don't look up to the sky as if you are doing mental arithmetic!)

Closing Notes

The advantage of this effect is that it can be presented in so many ways. You could tell people that you just have an amazing memory. You could claim to be psychic. You could humorously suggest to people that as a child you had very few books, so instead you just used to study the calendar. The rest is up to you!

Which Hand Is It In?

I wasn't sure whether to include this effect in the book. All of the other effects can be performed with a 100% success rate without any additional props or expensive materials. This unfortunately is a little different. Since writing the 1st edition of this book however, I have been inundated with requests to explain how this effect is done... so here it is - the psychological method as well as the methods that require you to buy/make something extra!

You may have seen mentalists performing an effect whereby they ask a spectator to place an object into one of their hands. The mentalist then correctly guesses which hand the object is placed in. I will now discuss the best psychological methods to achieve the effect as well as methods that use additional tools to ensure the method works 100%. Depending on who you've seen perform the effect, they may have used a different technique. It is believed by many top mentalists that Derren Brown uses a custom made solution along the lines of method 3.

Psychological Method

The thing to look for is the nose. The method was detailed by Banachek in his book *Psychokinetic Subtleties*, whereby he suggested that the tip of a person's nose will point in the direction of the coin. People will try all sorts of things to trick you, such as holding one hand tighter than the other, or keeping one hand or the other closer to their body. I've practiced extensively with the 'nose' method and it is by far the best indicator of where the coin truly lies.

Other mentalists have suggested that the direction of the shoulders gives away the location of the coin. Often this co-insides with the direction of the nose; however in practical terms I have had greater success in relying on the nose alone.

I would estimate success rate in this effect to be 70-80%. You can't keep on repeating it unless you are using one of the following methods. The good mentalist will quit as soon as they are ahead with this trick.

Mechanical Method 1

'Eye to Eye' is a commercially available product. It uses a special plastic ball or coin together with a head piece that invisibly indicates where the ball/coin is located in relation to the performers head. It is a good, reliable effect, but if you have to give the spectator the coin/ball to hold, they can't take one out of their pocket to test you with. Below is the advertising blurb used to sell it, it retails at around £25.

"Imagine being able to hand your spectator a little plastic ball, have them place it into any hand and instantly be able to tell them which hand it is in.

This effect can be repeated as many times as you wish without fail.

Eye to Eye takes the standard guessing game to a completely new level.

Since I received mine I have been using it non-stop in walk around situations.

This looks totally impromptu but will really knock'em for 6."

You can buy the product from most magic retailers including www.readminds.co.uk

Mechanical Method 2

This is a method that many mentalists including myself use to perform the effect. It requires the use of a compass and a magnetic £1 coin. These can be bought from many online magic retailers such as www.magictricks.co.uk.

I have a small compass that I have made into a watch using super glue and fabric watch strap. When the compass comes close to the magnetic coin, the arms of the compass move.

I can either give the spectator my magnetic £1 coin to hold in their hand, or better still ask to borrow a £1 coin and swap the two. An easy way to do this is to have the magnetic £1 in your left hand and accept the borrowed £1 coin in your right. Your left hand should look relaxed, with the magnetic £1 hidden by the 4th and 5th fingers. You should then pretend to pass the real £1 coin from your right to left hand. Retain the real £1 coin, but show the magnetic one to the audience. Finally, examine the magnetic pound coin, announce that you will be able to perform the trick with the coin and pass it back to the spectator.

Note at this point, the spectators believe that the £1 coin in view is the borrowed one. In fact it is the magnetic coin, the borrowed coin is still in your right hand (hidden in your 4th/5th fingers and should be placed in a pocket/hidden till the trick is over.

Now all that is required is to ask the spectator to put their hands behind their back and bring them forward. Look at each hand, touch each hand if necessary and casually observe which hand causes the compass needle to move. This is the hand that contains the coin. Note that if neither hand causes movement in the compass it is likely that the coin is in neither!

The effect as a whole is fantastic, but I personally see major disadvantages in using the "Eye to Eye" method. Using a plastic ball just appears too suspicious to the spectators, especially if you perform mentalism non-professionally amongst friends who are likely to ask more questions and try harder to catch you out than the average punter. The psychological method is good, but again can't be relied upon 100%. Always be sure to have another effect to back it up straight away should you fail at guessing the correct hand. As for the 'compass' method... It comes highly recommended, but it does require a little time and money to set up. You may have a compass lying around the house that you can use. Watch straps can be bought very cheaply from markets; all it takes then is a little glue and a magnetic coin. If you want a truly professional solution, you could even break a watch and set a compass inside it where the timekeeping hands would normally reside.

As an additional aside, I have discussed with other mentalists about using a metal detector system. Such a sensor could be concealed under a shirt sleeve and cause a

signal to be transmitted, perhaps in the form of a vibration when metal was in range of the detector. If you are handy with electronics, you may consider building one. The components can all be sourced from the electronics shop Maplin – www.maplin.co.uk

Who Touched It

This is an effect that requires a stooge (assistant) – someone who is in on the trick with you. Some performers dislike such tricks, they consider it cheating – however what follows is an effect that I've had a great deal of fun with. You can portray it as true psychic ability, or as I prefer, claim to be reading your audiences body language or voice tone – whatever fits your style.

Effect

Whilst sat at a table, an object for example: an ash tray is placed in the centre. You turn your back (so you can't see) and ask a single person on the table to touch the ash tray. You turn back again and by looking at the eyes/body language of the people sat at the table you are able to tell who touched the tray.

Secret

As I said previously, this effect requires an assistant. They will tell you in code which person touched the object. There are two ways I've discovered that this can be done effectively.

1. Instruct your assistant to sit in the exact manner that the person who touched the object is sitting. For example, if the person who touched the object is sat with their arms folded, your stooge should sit in the exact same manner. Similarly if they are sat with an elbow on the table holding a drink, your stooge should sit the same. There may be times when it is necessary for your stooge to touch the object, in this case they must be sure to sit differently to every other person at the table, this can be easily done by doing something like itching their head or looking straight down. The method is very effective as there is no obvious code for anyone to pick up on. I typically find that the effect can be repeated an unlimited number of times without letting on the secret.

In some situations it may be hard for the above method to be used, especially if you are sat in a manner which makes it hard for you to see how everyone is sat. Similarly a few people may be sat in near identical positions – making identification harder.

2. Arrange with your assistant a numbering system for the table. Assuming people are sat in a circle around a table, I state that the person to my left is "Number 1"; the person on their left is "Number 2" and so on until all people are numbered. My stooge codes me the 'number' of the person who touched the object by casually placing that number of fingers on the table in front of them. For example, if "Number 5" touched the object, they would rest a whole hand on the table, the other would be on their lap or in the air.

Full Methodology

This is a very easy effect to perform. I'm not providing a full script as it really is so simple. What I will provide however is some guidance on performing.

Firstly, decide what you're claiming to do, for example if you state you are psychic, you need to pretend that you are actually reading minds. Similarly if you claim you are reading body language to divine the person who touched the object you need to glance at everyone in turn. Similarly you could claim to use voice tonality – in which case ask everyone on the table to say "I touched the object". Obviously this is all a distraction; you should be aiming just to catch a glance at your stooge to see who the guilty party really was!

Closing Notes

This is one of the simplest but also most effective tricks in the book. I warn you that people will try to catch you out. A favourite is for none of them at all touch the object, thus trying to make you predict wrongly. For this reason it is worth setting up a code for this with your stooge. Anything from a cough to taking a sip of a drink will suffice. The most effective code is one that looks natural in the surroundings.

People may also insist that you have a mirror, or that you're not turned around enough etc. You can always prove this to them by leaving the room whilst someone touches the object.

Finally, if your going to be performing a few effects this is often a great way to start things off, and even come back to later on!

Mentalism on the Internet

The internet is a valuable source for learning about mentalism, magic and hypnosis. Having said that, much of the valuable information is not very easy to find for free. If you key in a search for Mentalism or Mind Reading you will get lots of results, but nearly all of them will be asking for you to part with your cash to learn a little more.

There is nothing worse than paying \$30 for a single effect, only to find that it is not cracked up to be as good as it claims. Be very careful if you do decide to buy a further effect. I've learned this lesson the hard way.

The true value of the internet and mentalism resides in the land of discussion boards. The largest of these is:

<http://www.themagiccafe.com>

The Magic Café boasts the largest and busiest forums in online magic. They have two sections dedicated to Mentalism. The 2nd section only becomes available once you have made 50 posts, but this isn't hard. Make the posts, then check out the extra content that becomes available, you'll find plenty of new secrets and hints at secrets within. Seriously, this is the place for 90% of your online needs, if it's not already there – just ask away!

Another online magic forum that you might like to check out is:

<http://www.talkmagic.co.uk/>

Not as big and as bold as the Magic Café, but worth an occasional read and certainly worth checking if you are looking for something in particular.

Geni Magazine is a leading publication in the world of magic and mentalism. They have their own website with a decent forum (<http://www.genimagazine.com/forum/index.html>) again, this is a worthwhile read.

Yahoo offers a group discussion service. They exist for a wide range of topics – and exist for magic and mentalism too, however most magic groups choose to have 'invisible status' – this means that you can't just browse the yahoo site and pick a group, you need to know it's name before you can even attempt to register.

The largest of these is the Mentalists Asylum (<http://groups.yahoo.com/group/MentalistsAsylum/>). This is a closed group, meaning that you need to apply and then subsequently be accepted to get access. The testing requirements aren't that great. You shouldn't have a problem joining providing you email the list owner and state something along the lines of "I've been interested in mentalism for 2 years, I've recently started performing a little more, and would like to be able to discuss my performance with like minded people" Mention a few Mentalism books that you've read and that should do the trick.

The grand daddy of all online discussion groups is the Psychic Entertainers Association (<http://www.p-e-a.org/>). Similarly to the Mentalists Asylum, the group is private; however their requirements for joining are much more stringent. I'm not saying it's impossible to bluff your way in, but good luck trying!

Bonus Effect - Coin Date Prediction

I've added this effect in as a little bonus. It's not as strong as the others, but I only found out about it myself the other day. You don't get a whole script like for the other effects, so if you're looking for that, stop reading now! I just thought I'd throw it in here as a little freebie for you!

No matter what country you live in, new coins are released from time to time. In the UK a new version of the 10p came out in 1992. This meant that in 1992, all the old style 10p coins in circulation had to be collected and new 10p coins were issued in their place. Of course new 10p coins are made every day, but the majority are dated 1992. This means that there is a very high chance that a 10p coin will be dated 1992 (although as the months go on, the effect becomes less reliable.)

If you don't live in the UK don't worry. Just look for a coin that has had a design change in the last 15 years and use that. If the change is very recent, people may work it out as they will remember that it is a new design. After 5 years or so however, that will not be the case.

Just ask someone if they have a 10p coin in their wallet. Ask them to get it out and look at the date... but tell them you don't want a coin that says 1996. (1996 was another year when a lot of 10p coins were issued, by saying you don't want 1996 you increase your chances of being correct.)

Once they have found the coin, ask them to hold it in their fist. Then look in their eyes, read their body language *pretend* to do whatever fits your style so they think you are working out the date in a psychological manner.

Finally reveal 1992. When I perform the trick I first say that it's 1990 something, and then say it's an even year. Then say "It's 1992". By revealing it in stages you get confirmation from the subject that you are right... if you are wrong then just guess!

Hope you enjoyed the e-book – if you'd like to read more of my work, the final page has some information about another effect that I sell.

Further Reading

MagicSeduction.net is currently being updated. In the future weeks we will be expanding our product range and adding a discussion board. Take a visit in the near future and see if anything interests you.