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# "DARE TO BE WISE"

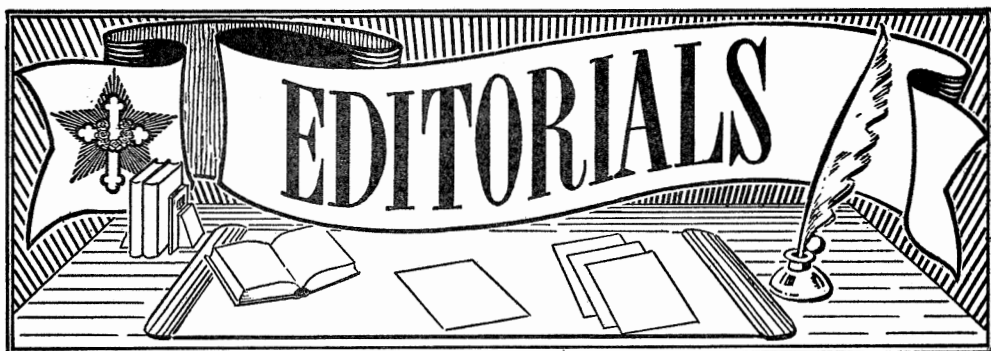
DONALD W. IVERSON

Karachi is one of the most important port cities of India. It has become known as the Venice of India. A large part of the population, from their birth to their death, live in boats which ply the streets of water. The strangest thing about these people is not that they spend their entire lives on these boats but the most baffling thing is that they never learn to swim. If one of them falls over the side, almost without exception, he drowns. For you see it is his religious belief that should such a thing happen it is merely the will of the gods that his life should end. In their infantile minds it appears that to learn to swim, and thus be in a position to save one's self from drowning, would be to go against the will of the gods. Thus they spare themselves the risk of invoking the wrath of the divine, and the trouble of learning the art of swimming.

To the Western mind this is a most ridiculous plight and philosophy of life. However, one wonders if there are not equally unreasonable ways in which we unconsciously mimic these people. We are all sailing our ship of fate on the high seas of life. When we are riding the tide atop a calm sea, and a friendly southern breeze coming out of a clear blue sky fills our sails to the full, we give little or no thought to what we would do if the seas suddenly become tumultuous and our ship of state is crushed upon the rock of life's only inevitability. Few indeed are free of the thought that nothing can be learned of the hereafter so why not live and enjoy each day. And yet it is a peculiar fact that most people feel that life is predestined and regardless of their mode of living they will live only a certain exact number of days. Scientific statistics, proved rules of health, occult knowledge of how one may live in harmony with his archetype and thus increase his days, and any attempt to educate these persons along different and constructive lines are passed off with the remark, "What's the difference when your day comes, you're gone." This attitude of mind that there is a certain day appointed for your death has a tendency to make many persons reckless in their living habits. It is a known fact that many persons take unnecessary chances in sports and on the highway because of this conscious or unconscious feeling. There are many maimed, dead, and dying persons in the world because of this fatalistic belief. Is this so much unlike the child or adult in far-off Karachi who drowns needlessly because he has never taken the time to mentally question his teaching concerning the will of the gods and taken the further effort to teach himself to swim?

Let us put first things first and endeavor each day to accept our responsibilities and do the practical thing in daily living. But, also, let us devote some part of the day to meditation and prayer, and study a little each day to learn something of the inner man. Then we shall be infinitely better prepared to fight the battle of this life while at the same time equipping ourselves to captain a majestic ship sailing on a new element when we have made the most of this life.

*Dare to be wise, begin! He who postpones the hour of living rightly is like the rustic who waits for the river to run out before he crosses.—Horace.*



## The Unconscious Influence

DONALD W. IVERSON

**R**ECENTLY, Dr. Robert Green of London, England, has developed a new basis for advertising which is founded on what is called, Subliminal Perception. It literally means, *that which is below the threshold of consciousness*. Where most advertising is directed toward the conscious mind and seeks, by way of the senses to convince the potential buyer of the superiority of the product, this new technique is directed toward influencing the unconscious — or subconscious — mind. As an illustration of how this works, during the course of a movie, a picture of a dish of ice cream is momentarily flashed on the screen as the picture being shown continues on to its conclusion. After the movie, the desire for ice cream is on everyone's mind and large quantities of the product are sold at the concession stand. Most of the people were not apparently aware that they were influenced by a new and highly successful method of salesmanship.

When the announcer at the radio, or T.V., station, that we happen to be listening to, says, "And now for a few words from our sponsor," we are immediately put on guard and our sales resistance is high. We listen to the commercial with little or no interest and impatiently wait for its end so we can get on with the show. However, with this new method, the person is not forewarned and often is not even aware that he is being tempted to purchase any particular product. It would appear that the idea works when the conscious mind is engrossed in something completely foreign to the idea which the seller wishes to plant in the subconscious mind. It is almost like the clever pickpocket who keeps you busy watching his right hand while his left hand lifts your wallet — all to your later surprise.

The application of the principle of the Subliminal Perception is really quite an old art. It is a matter of public record that many persons working for the government were actually in the employ of foreign powers. And these persons would become established as experts in some particular field, notably international affairs. Their duties would require that they give their advice, or submit a paper, on some phase of perplexing prob-

lems in foreign affairs. They would then submit a paper which by and large would sound as though it supported the loyal and democratic approach, but somewhere in the text would be a mere subtle mention of a possible solution. And this, if taken out of context and examined apart from the rest of the text, would immediately be recognized as a solution which would better aid a foreign power. However, because it was hidden in the text, it was not immediately recognized, and the idea caught on in the mind of the authority at large and often this idea would become the accepted and dominant policy. However, it must not be overlooked that there are also many cases, in public and private affairs, when this subtle, unconscious influence has worked for the good.

We all need to understand the principles at work in this new approach for we are bound to see more and more of it, not only in advertising, but in other fields as well. This approach appears to bypass the conscious mind and makes its appeal directly to the subconscious mind, which apparently has no will, but must accept what is placed there and act on it accordingly in the due process of time. It becomes, as it were, a part of the individual's consciousness. Once this has been accomplished, he will feel that the idea is his own and will cherish it accordingly.

It is a well known psychological fact that all of us have been, and are, unconsciously influenced by other persons, by our living habits, and by our individual experiences. In psychiatric practice it is also well known that many times a seemingly insignificant experience in early childhood has so influenced the subconscious mind that this influence, though long forgotten by the conscious mind, has a real and silent effect upon the person's life. In countless cases—and the number increases daily—serious psychoses result from the early experiences and the psychiatrist must then probe into the far recesses of the patient's subconscious mind, help him to relive the experience, or at least identify it, and then the real cure can often be found.

I believe it was Socrates who said, "The unexamined life is worthless," and because it is a universal desire to improve one's self, we should examine our lives and see if there are not some things now manifesting in our lives as a result of some long forgotten unconscious influence someone, or some experience, has had or is now having to our own detriment. Perhaps an experience has made you bitter toward other persons who could be your friends. Perhaps a childish guilt complex smoldering in the ashes of younger years keeps you from making the most of life's blessings and opportunities. There are thousands of ways in which former experiences can overshadow the good in life and in the final analysis it remains for you as an individual to look into the mirror of your own life, ask yourself if you have always made the most of your opportunities and have sought only to express the good and true and noble things you have even remotely come in contact with. Someone has said, "Life can only be understood backwards; but it must be lived forwards." Do not be afraid to take a backward look at life so long as you do not unnecessarily dwell in the past and turn into a pillar of salt as befell Lot's wife.

The Rosicrucian Teachings alone offer a most comprehensive and illuminating source of information on this subject. Without getting too technical, the Rosicrucians teach that from the cradle to the grave, every

experience, from the most minute to the most important, is engraved in the subconscious memory of each individual. The greatest of all teachings is the basis for modern psychological study and practice and if it were not for the ability of the patient to call up before the mind's eye experiences long forgotten, help, in many cases, would not be possible. A simple exercise of retrospection, a going over of each day's experiences, in reverse order at the end of day, and judging one's acts — taking credit where credit is due and feeling the pangs of conscience where criticism is due — transmutes these experiences into moral and spiritual growth. This, too, has tremendous psychological application. This *exercise of retrospection* is fully explained in THE ROSICRUCIAN COSMO-CONCEPTION. If you will remember that there is within the secret chambers of the heart a silent recorder which accurately records your every thought, word, experience, and yes even your environment, you have the key to self understanding. Also, in the same sense that you can erase a tape recording by replaying it, so, too, can you, by reliving an experience — in the exercise of retrospection — erase this experience from your consciousness and literally become a new and better person in the process.

We are today at the dawn of a new age. In this era the self mastery of the individual will be its greatest achievement. And only when the individual can have control over his own subconscious mind, and consciously select for himself the good that he wishes to incorporate into his soul, and the evil he wishes to eschew, can he truly place himself in harmony with this new age.

Every person must realize that he is not only being influenced at all times by conditions and people, but also he is in turn an instrument — for good or ill — in shaping the character and destiny of all who come into his presence. Even by your slightest expression of doubt, fear, criticism, or of love, appreciation, and service you are either lifting up a person to new heights, or pushing him to new depths. And the more civilized and sensitive we become, the truer this is.

Let us then resolve anew to express in our daily lives a boundless spirit of love and friendship, while at the same time being cognizant of even the most subtle influence which silently works to our greatest detriment.

There are two angels that attend unseen  
 Each one of us, and in great books record  
 Our good and evil deeds. He who writes down  
 The good ones, after every action closes  
 His volume, and ascends with it to God.  
 The other keeps his dreadful day-book open  
 Till sunset, that we may repent; which doing,  
 The record of the action fades away,  
 And leaves a line of white across the page.  
 Now if my act be good, as I believe it,  
 It cannot be recalled. It is already  
 Sealed in heaven, as a good deed accomplished.  
 The rest is yours.

—Longfellow.

# THE Mystic



... LIGHT

## Rebirth, the Master Key

**H**AVE you ever stopped to think why some people are poor, some rich; some deformed, some beautiful; some unfortunate, others lucky; some diseased and others healthy? Have you ever tried to find a reason for the inequality which is manifested everywhere in the world? Have you ever wondered why some members of the human family are inhabiting black bodies, others brown, and still others white? Have you ever tried to account for the existence of the Bushmen of Australia, the Pygmies of Africa, the Eskimos of Greenland, or the savage primitive Indians of Patagonia? Have these and innumerable other enigmas presented themselves to you for a solution? If so, what are your answers?

Why are some people poor and others rich; some diseased and others healthy; some simple-minded and others mentally brilliant? And then, have you ever stopped to think just why we are here at all—what is the meaning of life which at best is fleeting? Suppose you propound some of these questions to your friends, tabulate their answers, and compare them. It would be an interesting experiment. Some would say that the poor are shiftless, the rich thrifty. Others would tell you that the poor are just naturally unlucky, and the rich fortunate.

Again, you might be told that it is not right to question the conditions found in God's world; that the Creator in His wisdom has so ordained them and so they

just naturally must be right; and still another explanation might be given that God is responsible for all that is good and a reprehensible being commonly known as the devil is the cause of all evil. Many there are who will look at you with tired eyes and say that they do not know; that the problems of life are too deep and too complicated for them to solve; that Christian orthodoxy does not satisfy their sense of reason; that the atheist's conclusions terrify them; and consequently they are quite at sea, and know not which way to turn. If God is just, why does He favor some of his creations and not others? If He is not just, then certainly He is not God. On the other hand, if there is no God, then how came the world into existence, and all that is therein?

Is there an answer to these various problems which are presenting themselves to the minds of the thinking men and women of today, an answer which is logical, which will stand the test of reason? There certainly is such an answer.

The materialistic theory as postulated by the atheist can never be satisfactory to mankind. It is the child of despair. When the human mind has exhausted science, the laboratory, and the chemical retorts in its eager search for that intangible something which animates the human form, and has failed to discover it, in despair it declares that the illusive something for which it has so dili-

gently searched is really nothing more than the result of certain correlations of matter, designated as mind, which perishes when the body disintegrates. Just why some individuals should possess a better quality of these "certain correlations" (mind) than others, this theory does not attempt to explain.

The theory postulated by the orthodox theologian is but little better. It asserts that all living things were created by God, and have but one earth life to live; and that man alone was endowed with a Spirit which is immortal; that regardless of the station to which he was born he is responsible for the deeds performed during life and that his happiness or misery after death for all eternity is determined by his actions during the short period which intervenes between birth and death. Animals, plants, in fact all else that exists is supposed to have been created for his express convenience and use.

Is it any wonder that the man who really thinks ultimately rejects this theory also, and finally decides to indulge in any and all things which produce a sense of pleasure for the time being, and help him face death which at best is a plunge in the dark?

Fortunately, there is another theory, a theory which is founded on truth. It is known by the name "Rebirth." The doctrine of Rebirth postulates a slow process of development carried on with unwavering persistence through repeated embodiments in forms or bodies of increasing efficiency. Through this process, all created beings will in time develop their latent potentialities into god-like powers.

The God of our universe creates in life waves and the beings belonging to each particular life wave do not cross into others. The life waves with which we are most familiar are the mineral, plant, animal, and man. Each life wave is composed of a large number of virgin spirits endowed in potentiality with all the powers of their divine Creator, and

the beings of each life wave will ultimately attain godhood. Each life wave develops in a manner particularly suited to its own inherent nature. The beings belonging to the angelic life wave will never become archangels. They will attain godhood by working along an entirely different line of development. Our humanity will never become angels; our development will be entirely different. The animals will never become human beings such as we are, although they will pass through a human stage.

We have never been animals, yet we have passed through an animal-like stage. Similarly, the plants will pass through an animal-like stage in a later period, and the minerals will reach the plant stage. In neither case, however, will they be of the same type as our present animals and plants. Each life wave has its own separate and distinct method of development, but eventually the virgin spirits composing it will attain perfection, for that is the only object of evolution.

Now let us see how the theory of Rebirth answers the problems of life:

Why are some people poor and others rich? Each life is one day in God's great school. Some of us are learning one kind of lesson and some are learning others. Those who are poor in one particular life are learning lessons pertaining to the true value of certain commodities, lessons in inventiveness which pertain to the best way to get the greatest amount of benefit out of the smallest amount of supply. They are learning how to plan and to appreciate everything which they possess.

Those who have wealth are learning what its true value is to them. They are learning its real purchasing power; whether it can bring happiness or pain, whether it can exalt or degrade, whether it is a blessing or a curse. They are learning that it can sometimes buy a man's honor and a woman's virtue; that it may result in its owner's downfall, but that it can never purchase the things

which are of true value to the Spirit. Eventually all people entrusted with money must learn the lesson that they are only stewards of their possessions and that it behooves them to use wisely and well that with which they have been entrusted.

Why are some deformed in body? Generally speaking, no Spirit can inhabit a better body than it has learned to build during its previous lives; but the following is the exception to the rule: With regard to physical abnormalities and deformities, the rule seems to be that indulgence in passion in one life reacts on the mental state in a later existence; and abuse of mental powers in one life leads to physical disabilities in later existences. On the other hand, a beautiful form denotes that the owner has done expert work in body building dur-



ing previous lives, sometimes to the detriment of the mental processes.

Unfortunate people are those who have wilfully neglected opportunities in previous lives. Now they are deprived of the very thing they once held lightly in order to teach them to appreciate advantages when they are again presented. The lucky man or woman in one life has earned that which seems to come to him or her so easily in this life. It is in reality a reward of merit.

The individual whose body is diseased has broken the laws of nature either in this life or some other one and is now paying the penalty. The healthy man or woman has paid much attention to perfect organ formation in the past.

All races are products of evolution. In the far-off past when we all inhabited a black body, we lived on a continent which existed in what is now the Indian

Ocean. Through the process of evolutionary development the different races have come into existence—black, mahogany brown, brown, copper color, yellow, and finally white. With the exception of a few great souls, who have voluntarily incarnated in inferior race bodies in order to become teachers of such races, the color of the skin marks the progress the individual has made in the scale of evolution. This also applies to the inferior bodies of the Bushmen, Pygmies, Eskimos, Patagonians, and other primitive peoples. The Egos inhabiting these bodies are stragglers who have not kept up with their grades in the great school of life, and serve as an awesome example of what can befall a laggard on the evolutionary path.

Rebirth intelligently accounts for all the inequalities in life. Conditions as we



find them are the composite result of all our past endeavors or lack of endeavors. Each man or woman is an exact sum of all his or her past activities and not the victim of a capricious God or scheming evil one. We have no one to blame but ourselves if we have made a mess of things. If we are not satisfied with life as we find it, now is the time to begin to prepare an improved environment for future lives; and if we are really wide awake at last and desperately in earnest, it is quite possible for us to improve our surroundings in the present incarnation.

The intelligent man and woman of today are no longer satisfied with platitudes when searching for truth in relation to life. Therefore, we ask each reader who is seeking for a solution to the many problems which life presents to apply this master key, Rebirth, and prove for himself its true efficacy.



## Why I Am A Rosicrucian

NOT infrequently we find that someone takes the platform to explain why he is a Baptist, Methodist, or Christian Scientist, and what his particular faith may be. We have often been asked by our students for something which would help make plain to their associates why they had embraced the teachings of the Elder Brothers given through the Rosicrucian Fellowship, in preference to the faith which they had left. We will, therefore, endeavor to give a succinct résumé of reasons which appeal to us as sufficient, but students will doubtless find many other reasons equally good or better, which they may add verbally to what is here said.

It should be made clear in the very beginning that students in the Rosicrucian Fellowship do not call themselves Rosicrucians. That title applies alone to the Elder Brothers, who are the hierophants of the Western Wisdom Teaching. They are as far beyond the greatest living saint in spiritual development as that saint is above the lowest fetish worshiper.

When the bark of our life sails lightly upon smooth summer seas, wafted along by the fair winds of health and prosperity, when friends are present on every hand, eager to help us plan pleasures which will increase our enjoyment of this world's goods, when social favors or political powers come to us to gratify our every wish in whatever sphere our inclinations seek expression, then, indeed, we may say and seem justified in saying with our whole heart and soul: "This world is good enough for me." But when we come to the end of the smiling sea of success; when the whirlwind of adversity has blown us upon the rocky shores of disaster, and a wave of suffering threatens to engulf us; when friends have failed and every human

help is as far off as it is unavailing, then we must look for guidance to the skies as does the mariner when he steers his ship over the waste of waters.

But when the skipper scans the sky in search of a star whereby to steer the ship safely, he finds that the whole heavens are in motion. Therefore to follow almost any one of the myriad of wandering stars visible to the eye would be disastrous. To meet the requirements the guiding star must be perfectly steadfast and immovable, *and there is only one such, namely, the North Star*. By its guiding light the mariner may steer in full confidence and bring his ship to a haven of rest and safety. Likewise one who is looking for a guide which he may trust in days of sorrow and trouble should embrace a religion founded on eternal laws and immutable principles, able to explain the mystery of life in a logical manner so that his intellect may be satisfied, and at the same time containing a system of devotion that may satisfy the heart, so that these twin factors in life may receive equal satisfaction. Only when man has a clear intellectual conception of the scheme of human development is he in a position to range himself in line therewith. When it is made clear to him that this scheme is beneficent and benevolent in the very highest degree, that all is truly ruled by divine love, then this understanding will sooner or later call out in him a true devotion and heartfelt acquiescence which will awaken in him a desire to become a co-worker with God in the world's work.

When seeking souls come to the door of the church to seek surcease from sorrow, they cannot be satisfied with the platitudes that it is the will of God that sorrow and suffering have come to them, that in His divine providence He has

seen fit to scourge them, and that they must take it as an indication that He regards them as His beloved children and be satisfied no matter what happens. They cannot see that Deity does justice when He makes some rich and many poor, a few wealthy and many sickly; and it is only too often in evidence that iniquity is prosperous while rectitude is in rags.

The Rosicrucian Teaching gives clear and logical information concerning the world and man; it invites questions instead of discouraging them, so that the seeker after spiritual truth may receive full satisfaction intellectually; and its explanations are as strictly scientific as they are reverently religious. It refers us for information regarding life's problems to laws that are as unchangeable and immutable in their realm of action as the North Star is in the heavens.

Though the world whirls upon its axis at the rate of one thousand miles an hour, we stand safely anywhere upon its surface because the principle of gravity prevents us from being hurled into space by the terrific speed. We know that the law of gravity is eternal; it will not act today and suspend action tomorrow. When we enter a hydraulic elevator we rest safely upon a column of water because that fluid is more incompressible than most solids, and this property is the same yesterday, today, and forever. Were its action suspended for even a few moments, thousands of people would fall to their death; but it is steadfast and sure, therefore we trust it implicitly.

The law of cause and effect is also immutable; if we throw a stone into the air, the act is not complete until by gravitation it has returned to earth. "*Whatsoever a man soweth, that shall he also reap,*" is the way this law is expressed in the realm of morals. "The mills of God grind slowly, but they grind exceeding small," and once an act has been done, the reaction will come some time, some where, as surely as the

stone that was thrown into the air will return to the earth.

But it is manifest that all of the causes that we set going in life do not ripen in the present existence, and it therefore follows that they must find their fruition somewhere else at some other time, or the law would be invalidated, a proposition that would be as absolutely impossible as that the law of gravitation could be suspended, for either would make chaos out of cosmos. The Rosicrucian Teaching explains this by a statement that man is a spirit attending the School of Life for the purpose of unfolding latent spiritual power, and that for this purpose he lives many lives in earthly bodies of increasingly finer texture, which enable him to express himself better and better. In the lower grades of this school of evolution man has few faculties. Each life-day he comes to school in the morning of childhood, and is given lessons to learn, and at night when old and gray the nurse maid of nature, "Death," puts him to sleep that he may rest from his labors until the dawn of another life-day, when he is given a new child body and new lessons. Each day "Experience," the teacher of the school helps him to learn some of the lessons of life, and gradually he becomes more and more proficient. Some day he will have learned the entire curriculum of the school, which includes building of bodies as well as using them.

Thus when we see one who has few faculties, we know that he is a young soul who has gone to life's school only a few days; and when we find a beautiful character, we recognize an old soul who has spent much time in mastering its lessons. Therefore we do not despair of God's love when we see the inequalities of life, for we know that in time all will be perfect as our Father in Heaven is perfect.

The Rosicrucian Teaching also takes the sting of sorrow out of the greatest

of all trials, the loss of loved ones, even if they have been what is called wayward or black sheep; for we know that it is an actual fact that *in God we live and move and have our being*; hence, if one single soul were lost, a part of God would be lost, and such a proposition is absolutely impossible. Under the immutable law of cause and effect we are bound to meet these loved ones some time in the future under other circumstances, and there the love that binds us together must continue until it has found its fullest expression. The laws of nature would be violated if a stone thrown from the earth were to remain suspended in the atmosphere, and under the same immutable laws those who pass into the higher spheres must return. Christ said, "Ye must be born again," and "If I go to my Father, *I will return.*"

But although our reason may reach into the mysteries of life, there is still a higher stage, *actual firsthand knowledge*. As a matter of fact the foregoing propositions are capable of verification by each one, for we all have a *sixth sense* latent in our being, which will sometime enable us to view the spiritual world with the same distinctness as that with which we see the temporal. This sixth sense will be developed by all in the course of evolution, and there are certain means whereby it may be developed now by all who care to take the necessary time and trouble to do so. Some have done this, and they have told us of their travels in the land of the soul. We believe their testimony concerning that place just as we believe what people who have traveled in Africa or Australia tell us of those countries. And just as we say that *we know* the earth rotates upon its axis and revolves in its orbit around the sun because we have been thus informed by scientists who have made the investigations and calculations that establish these facts, so also we say that *we know* the dead live, and that **whether dead or alive, in the body or**

out of it, we are all enfolded in the love of our Father in Heaven, without whose Will not the smallest sparrow falls to the ground, and that He cares for all and orders our steps in harmony with His plans to develop our spiritual powers to the highest possible degree.

So because of the logical, soul-satisfying philosophy of life by the Rosicrucians, we follow their teachings in preference to other systems, and invite others who wish to share the blessings thereof to investigate.

—From the Rosicrucian Book,  
*Gleanings of a Mystic.*

\* \* \* \* \*

## THE MARK OF GREATNESS

DONALD W. IVERSON

It is right and natural for everyone to desire success in life. True achievement in whatever field lends a spiritual essence to life which is denied a thousand failures. Real accomplishment need not be a spectacular affair, but rather exists in making the most out of life right where you are; in the home, office, business world, or on the road.

Your success in life is not determined so much in what you may do, but rather in the frame of mind in which you do it. One prominent modern day industrialist says, "Whenever I have gone into a business venture thinking of what *I* was going to get out of it, *I* always failed. However, whenever I thought of what *I* could do to serve the needs of others, *I* was always successful."

Indeed the desire to be liked, loved, recognized, and to be great within the individual sphere, is innate within each of us. Let us then apply this mark of greatness—to think of the other person and his needs and let our hearts rule our every thought and act.

*What your heart thinks great is great.  
The soul's emphasis is always right.*

—Emerson,

## REBIRTH AND THE BIBLE

Years ago the great Evolutionists of science and the Fundamentalists of the church locked horns and hotly debated evolution and the Bible. The results of this were that the church to a great extent lost in its growth and membership which it has more or less just recently regained. And the answer to the question, "Does life really evolve?" has never been found so far as the church is concerned.

Of more recent years there has come on the literary scene more and more emphasis on the teaching of Rebirth, or reincarnation, and church-minded people today are asking themselves if this teaching has any foundation in the Bible. It seems safe to say that we may yet see an emerging conflict over this very question.

The Rosierucians teach that all of life evolves through successive rebirths of the same entity under varying conditions, always improving with each rebirth. Thus we agree with the scientists who teach evolution and with those who teach Rebirth. However, it is granted that these teachings are of little value to anyone unless they impart to the individual a sense of the sanctity of life and the importance of making the most out of everyday experience. Someone has said that it is wonderful to feel and know that we are the result of an endless process and that there is in reality no end and no death, but we must live each day as though it were our last.

There is ample of authority in the Bible for teaching Rebirth. The Jewish priests believed in the theory of Rebirth, or they would not have sent to ask John the Baptist, "Art thou Elijah?" as it is recorded in the first chapter of John, twenty-first verse; and in the Gospel of Matthew, we have the words of Christ concerning John the

Baptist which are unambiguous and unequivocal, "*This is Elijah.*" Also on the latter occasion, at the time when they had been upon the Mount of Transfiguration, Christ said, "Elijah has come and they have done to him as they listed," and we are told that the disciples "knew He was speaking of John" who had been beheaded by Herod.

In Matthew, 16:14, He is asking His disciples "Who do the people say I am?" and the answer which they give Him is "Some say that you are John the Baptist, others say that you are Elijah, and again others say that you are Jeremiah or one of the Prophets." It is noteworthy that the Christ did not contradict them at all, for He was a teacher, and if they had entertained a wrong idea concerning the doctrine of Rebirth, it would have been His undoubted duty to set them right. But he did not do that. He moreover taught it directly, as per the above passage.

There are also cases mentioned in the Bible, where a person has been chosen for a certain work *before his birth*. An Angel foretold the coming of Samson and his mission—to slay the Philistines. The Lord said to the prophet Jeremiah, "Before thou camest out of the womb, I sanctified thee and I ordained thee a prophet unto the nations." John and Jesus had their missions allotted to them before they were born. And did Christ not say to Nicodemus, "Marvel not that I say unto you, Ye must be born again!"

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The Bible has been given to the Western World by the Recording Angels, who give to each and all exactly what they need for their development.—Max Heindel.

# MAX HEINDEL'S MESSAGE

## Teachings of an Initiate

### The Journey Through the Wilderness

#### CHAPTER XXVI



**O**UR subject is taken from the Bible story of "The Temple in the Wilderness," and we shall endeavor to interpret it from the standpoint of The Rosicrucian Teachings. It may seem to those who have not studied these Teachings that one interpretation is as valid and as worthy of belief as another, but further consideration of the subject may give a somewhat different opinion. Peter, in his second Epistle, first chapter and 20th verse says: "Knowing this first, that no prophecy of the scripture is of any private interpretation." In our daily life we understand that if our opinion is to be considered valuable, that opinion must be based upon a certain amount of knowledge of the subject. The testimony of witnesses in a court is based upon this principle. If a person well qualified by study or experiment expresses an opinion upon a subject, he is listened to with respect and receives due consideration. It should be the same with one interpreting the Scriptures.

You will notice that Peter says that the Scriptures are not of private interpretation. The Roman Catholics have held during many centuries (and have been censured for so maintaining) that they are an authority on interpretation of the Scriptures. There is some foundation for this position, for every Pope who has ever been at the head of the Vatican, with one exception, has had his spiritual sight unfolded.

It is not claimed that the Popes have

wielded their power wisely, but nevertheless they have not been blind leaders of the blind. It is such a claim that Peter makes for himself. He says, "We have not followed cunningly devised fables when we made known unto you the power and coming of our Lord Jesus Christ, but were eyewitnesses of His majesty." (II Peter, 1:16.) "Have I not seen Jesus Christ our Lord?" says Paul in the 9th chapter of First Corinthians, first verse.

There is thus a foundation for their writings and their teaching, and this foundation is that they have seen and heard. We might go further and show that those who were associated with the Christ when He was upon Earth had spiritual sight. They had been taken upon the Mount of Initiation, where they saw Moses and Elijah, who had both long since passed out and were no longer in the Physical World. They beheld them, and saw and heard things whereof they might not speak. Therefore by the unfoldment of the sixth or spiritual sense they had a foundation for their teaching. They were capable of interpreting the teaching given them, the proof of which they had seen.

The four Gospels were written in a manner such that only those who have the right to know can unveil what is meant and understand the underlying facts. So likewise in the Old Testament we find great occult truths that become very plain when we can look behind the veil that blinds most of us. Many for

the present must forego occult sight in order to master the conditions of material evolution and thereby perfect themselves for the pursuits of the material world. But we of the Western World are now on the occult arc; we are on the shore of the spiritual sea, where we individually shall gather the pearls of knowledge that have been hidden by the matter that has blinded us.

We will now discuss a form of Initiation depicted in a part of the Bible, describing the journey of man from clod to God. When we enter into the collection of writings which we call the Bible, we find that it begins with five books which are commonly called the five Books of Moses. These tell of the journey of a so-called "chosen people" from Egypt to a promised land, and how they passed through the water called the Red Sea, guided in a manner called supernatural; after many, many years and after many of those who first set out upon that journey had perished, they finally reached the land that was promised. And yet Paul in his letter to the Hebrews speaks of that covenant as having been unable of fulfillment, for that which should have been accomplished failed. This is a fact. When we make a law, there is also a means for transgressing that law; therefore it is impossible for law to save.

There was a time when humanity was in such a state that it was impossible to guide them at all without law—law telling them in all cases what they must do and what they must not do. Therefore it was the mission of their leader to give them such laws, and these were embodied in the five Books of Moses. Historically the Israelites were a people who travelled not from Egypt to Palestine, but who were taken by their leaders from doomed Atlantis, where the condensing moisture in the atmosphere caused floods that rendered the land uninhabitable, into the central part of Asia. This company of men and women had been selected as a nucleus for a

chosen race, and they have since become what is known as the Aryan Race. While this may be a historical interpretation, still there is within this story a great spiritual lesson, particularly in that part of the story which we are considering.

In *The Cosmo-Conception* is given an illustration of two men standing on a street corner; one knocks the other down. An observer might say that an angry thought knocked the man down. Another would contradict that statement and say that he saw the arm lifted and a blow landed upon the man's face, causing him to fall to the ground. The latter version is true, but there was a thought also; the arm was but an irresponsible instrument. It is thought that moves everything, and when we look upon the hidden or occult side of effects, we get a far deeper understanding of causes. It is from this viewpoint that we shall speak of the Temple in the Wilderness.

In our Bible there is a description of the first people upon Earth. They are called Adam and Eve; but properly interpreted this means the human race, which gradually arrogated to itself the power of procreation and thereby became free agents. Humanity was thus given its freedom and made responsible to the Law of Consequence, for it had arrogated to itself the power to create new bodies, and was then separated from the Tree of Life and the state which we are now cognizant of as etheric. When we learn that we have a vital body made of ether, and that it is the tree of life to every one of us and furnishes us the vitality whereby we are enabled to make the movements of the body, we may understand why the power to recreate and regenerate ourselves was taken away from us lest we learn how to vitalize the imperfect dense body; and we also see why, as stated in the Bible, there were placed at the gate of the Garden of Eden Cherubim with flaming swords to guard that region.

This story is told in the beginning of the Bible, but in the end of the book, in Revelation, we are told about a city where there is peace among the people. Two cities are mentioned in the Bible; one, Babylon, a city of sorrow and tribulation, where confusion started, where humanity first became estranged, one from another, where brotherhood ceased; also another city, a new one, a New Jerusalem, is described where there will be peace. We are further told in Revelation that in this New Jerusalem is the Tree of Life, symbolizing the power to regenerate ourselves, whereby we shall regain that health and beauty that we at present lack.

It was for a good purpose that this power was taken away. It was not through malice in order that man should suffer in sorrow and pain, but because it was only by repeated existences in an inferior body that we could learn to build for ourselves such a vehicle as would be fit to immortalize. Man gradually came down from the etheric state to the present solid condition. He could dwell in the etheric state as easily then as he can today dwell in the present three elements of the Physical World. In the past etheric state he contacted internally the life currents that we now contact unconsciously. He was then able to center the energy of the Sun in his body and draw it in in a manner different from that at present used. This power was gradually taken away from him as he entered the more solid state of the present.

Then began the journey through the wilderness, a wilderness of space and of matter; and we shall continue to so journey until we reenter the etheric realm consciously—that realm called the New Heaven and the New Earth, where righteousness will dwell and where there will be no more sin. At the present time we are still traveling through the wilderness of space, as we shall see if we study the Bible understandingly. Not the English version,

however, as that was prepared by translators who were hampered by an edict of King James instructing them not to translate anything that would in any manner interfere with the existing belief of that time.

The first thing that we learn from the occult point of view about the temple that was built in the wilderness is that Moses was called into the mountain and there shown certain patterns. You will remember we have been told in *The Cosmo-Conception* that in the heaven world there are pattern pictures—archetypes. We find in the Greek language the word “*apxn*” meaning “in the beginning,” that is, the commencement. The Christ says of Himself, or rather the Initiate who understands his divinity says: “I am the beginning (*apxn*) and the end.” There is in that word “beginning” (*apxn*) the nucleus for everything we have here.

In the temple there was placed an ark, and the ark was arranged in such a manner that the staves could not or should not be taken out of it; during the whole journey through the wilderness those staves must remain there. They were never removed until the ark was taken into the temple of Solomon. We see here a state where a certain symbol, an archetype, something that comes from the beginning, is made in such a manner that it can be taken up at any time and carried farther on. In that ark was the nucleus around which everything in the temple centered. There was the magical rod of Aaron, and there was the pot of manna; also the two tablets of the law.

We have here described a perfect symbol of what man really is, for all the while he is going through this vale of matter and is traveling continually from one place to another, the staves are never under any condition removed. They are not removed until he comes to that state symbolized in Revelation where it is said, “Him that overcometh will I make a pillar in the temple of my God; and he shall go no more out.”

During all the time that has intervened from the moment when man commenced his passage through matter, he has had that spirit of peregrination. He does not remain stationary. Every so often the Temple was taken up, and the ark was carried farther on to a new place. So also is man taken from place to place, from environment to environment, from condition to condition. It is not an aimless journey, for it has for its goal that promised land, the New Jerusalem, where there shall be peace. But while man is on this journey he must know that there will be no rest and no peace.

This is the result of the law which man has transgressed in a certain sense. It was not designed at the beginning that we should go through such an evolution as this, such a vale of sorrow and tears as we have been and are passing through. We are told that the creative force that was latent within and that we are just beginning to use constructively was first used by us under the direction of the angels, who took care that procreation was carried on at times when the planetary conditions were favorable. Then parturition was painless. Everything was good on the earth. The Lord had made everything so that it was good. But there came a time when the Lucifer Spirits, whom we recognize as the stragglers from the angel evolution, had to have a brain in order that they might function in the Physical World. Therefore they showed us how we might use our creative force in a manner independent of the guidance of the angels, so that when a body was cast off in death, as it had to be when it became useless, it would be possible for the human being to create another body.

So we have these two classes working in different parts of the body: the Lucifer Spirits, that have since worked on us through the spinal cord and the brain; and the angels who have charge of the propagative faculty in so far as it does not interfere with our action. Here, at

this point, is where free will and choice come in and also the Law of Consequence. The animals are not responsible in the way we are; if an animal jumps from a height, it hurts itself in a physical manner, but there the responsibility ends; while if we should do the same thing, we should incur similar physical results and in addition a moral responsibility, for we know better than to injure the physical vehicle unnecessarily. Thus the Law of Consequence attaches to every act of a human being when free will is attained.

Whatever we do that is wrong has in some way to be brought to our notice. Sorrow and pain have been the taskmasters who have guided us aright, and in order that we might in time know how to do right, the Law of Consequence was given. In the ark, which symbolized the human being, there were placed the tablets of the law, and there was also placed the pot of manna. The word "manna" signifies not bread that came from heaven but the thinker, the Ego, which descended from the higher spheres. In almost every language we have the word "man." In Sanskrit, German, Scandinavian, etc., the root is the same. In the ark is the thinker, and he is being carried about in the temple in the wilderness during the present stage of his evolution.

There is in us also the spiritual power symbolized by the rod of Aaron. Aaron's rod, we remember, was one that budded when all others remained barren. There is in each one of us a spiritual power that has become latent during the time we have been going through the pilgrimage of matter, and it is for us to awaken this power. We have spoken a number of times about this spiritual power—how the use of it brings blessings into the world when used as Parsifal used it, and how when misused, as did Amfortas, it brings sorrow.

This spiritual power is latent at the present time because humanity, symbolized by the traveling ark, has not



fitted itself to receive it. We are too selfish, and we must cultivate unselfishness before we shall be trusted to wield this wonderful power. Peter is very emphatic in regard to the teachers and says they will make merchandise of us. Such are they who have lessons in this, that, and the other kind of spiritual science to sell, more than likely in astrology, at perhaps five dollars per lesson. They have these things to give us for the coin of the realm, but we must remember that it is not money but merit that counts in spiritual attainment every time, and it is impossible to initiate a man into higher spiritual powers for a few dollars or any material consideration. Just as it is necessary to load the pistol before pulling the trigger will cause the explosion, so also is it necessary that we have stored up within ourselves the force, the spiritual power symbolized by Aaron's rod, before we can have that power turned to its proper and legitimate use. And this is one of the great lessons in the story of the ark.

If we continue to travel and travel, take rebirth after rebirth, and do not at some time obey the voice of God, hold His commandments holy, and live the good life, we cannot expect to reach the City of Peace, but must be content to remain in the land of sorrow and suffering.

How then are we to unfold our spiritual power? What is the way, the truth, and the life? We have had the three-fold path shown us in the glorious teaching of the Christ. Ordinary humanity all over the world are being worked upon by law, which works upon the desire body and holds it in check. The thinker is pitted against the flesh. But under law no one can be saved. We also have the vital body spoken of in our teaching. This is the vehicle, as Paul has said, of love and attraction. If we can overcome the passionate side of our nature, if we can get away from the lower vibrations of love, if we can cultivate within ourselves purity, and if we can withstand temptation as did

Parsifal and live the pure life, then every day we cultivate within ourselves a power. This power is the power of love, which will express itself in our lives in service, and gradually it will accumulate to such an extent that it will be like the powder in the loaded pistol. Then our Teacher will come to us and show us how to liberate the power we have stored up within our beings.

It depends upon ourselves how long we shall travel in the wilderness. Every one of us has the power within that will bring him or her into the City of Peace, a place apart from sorrow and suffering. Every one of us can and must make the start sometime, and the first step is purification, for without the pure life there can be no spiritual advancement. "Ye cannot serve God and mammon," it is said. But mammon is usually interpreted to mean the gold of the world. Yet a man may remain in his business and take care of it for the good of all, not for his own selfish greed and interest, doing everything possible for others, and not be serving mammon no matter how much he may be accumulating. A person may love only a few around him, but there is a higher love that flows out to others not in his own circle which must be observed. Every duty must be fulfilled that we may thereby take advantage of the higher opportunities that are ever opening up before us.

And so we must all learn our lessons in service: service to humanity, service to animals, service to our younger brothers, service everywhere. This alone will bring us out of the "wilderness." It is said that those who were highest in the temple were those who served; and the Christ said, "He who would be the greatest among you, let him be the servant of all." Let us all strive to render this service. It is easy to do if we will. Then some day in the not far distant future we shall hear that gentle voice, the voice of the Teacher, which comes to everyone who serves **and who listens to the voice of God.**

# WESTERN WISDOM BIBLE STUDY

## The Tabernacle in the Wilderness

### PART II

REFERENCES: Genesis 6, 7, 8, 9; Exodus 3-14, 25-40; Hebrews 9.

**T**HE *Brazen Laver* was a large basin which was always kept full of water. It is said in the Bible that it was carried on the backs of twelve oxen, also made of brass, and we are told that their hind parts were toward the center of the vessel. It appears from the memory of nature, however, that these animals were not oxen but symbolical representations of the twelve signs of the zodiac. Humanity was at that time divided into twelve groups, one group for each zodiacal sign. Each symbolic animal attracted a particular ray, and as the holy water used in Catholic churches is magnetized by the priest during the ceremony of consecration, so also the water in this Laver was magnetized by the divine Hierarchies who guided humanity.

There can be no doubt concerning the power of holy water prepared by an individual of strong and magnetic personality. It takes on or absorbs the effluvia from his vital body, and the people who use it become amenable to his rule in a degree commensurate to their sensitiveness. Consequently the Brazen Lavers in the ancient Atlantean Mystery Temples, where the water was magnetized by divine Hierarchs of immeasurable power, were a potent factor in guiding the people in accordance with the wishes of these ruling powers. Thus the priests were in perfect subjection to the mandates and dictates of their unseen spiritual leaders, and through them the people were made to follow blindly.

It was required of the priests that they wash their hands and feet before going into the Tabernacle proper. If this command was not obeyed, death would follow immediately on the priest's entering the Tabernacle. We may therefore say that the keyword of the Brazen Laver was "consecration."

The Brazen Laver is the symbol of sanctification and consecration of the life to service. As Christ entered upon His three years' ministry through the baptismal waters, so the aspirant to service in the ancient Temple must sanctify himself in the sacred stream which flowed from the Molten Sea. And the Mystic Mason endeavoring to build the temple "without sound of hammer" and to serve therein must also consecrate and sanctify himself.

Having mounted the first steps upon the path the aspirant stands in front of the veil which hangs before the Mystic Temple. Drawing this aside he enters into the East Room of the sanctuary, which was called the *Holy Place*. No window or opening of any sort was provided in the Tabernacle to let in the light of day, but this room was never dark. Night and day it was brightly illuminated by burning lamps.

Its furniture was symbolical of the methods whereby the aspirant may make *soul growth* by service. It consisted of three principal articles: the *Altar of Incense*, the *Table of Shewbread*, and the *Golden Candlestick*.

The *Golden Candlestick* was placed on the south side of the Holy Place so as to be to the left of any person who stood in the middle of the room. It was made

entirely of pure gold, and consisted of a shaft or principal stem, rising upright from a base, together with six branches. These branches started at three different points on the stem and curved upward in three partial circles of varying diameter, symbolizing the three periods of development (Saturn, Sun, and Moon Periods) which man went through before the Earth Period, which was not half spent. This latter period was signified by the seventh light. Each of these seven branches terminated in a lamp, and these lamps were supplied with purest olive oil, which was made by a special process. The priests were required to take care that the Candlestick was never without a light. Every day the lamps were examined, dressed, and supplied with oil so they might burn perpetually.

When the priest stood in the Center of the East Room of the Tabernacle, the Seven-branched Candlestick was *on his left, toward the south*. This was symbolical of the fact that the seven light-givers or planets which tread the mystic circle dance around the central orb, the sun, travel in a narrow belt comprising eight degrees on either side of the sun's path, which is called the zodiac. "God is Light," and the "Seven Spirits before the Throne" are God's ministers; therefore *they are messengers* of light to humanity. They have guided us on the path of evolution. Furthermore, as the heavens are ablaze with light when the moon in its phases arrives at the "full" in the eastern part of the heavens, so also the East Room of the Tabernacle was filled with LIGHT, indicating *visibly* the presense there of God and His seven Ministers, the *Star Angels*.

Among the chief articles in the East Room of the Temple is the *Table of Shewbread*. Upon this table there were two piles of shewbread, each containing six loaves, and upon the top of each pile there was a little heap of frankincense. The aspirant who came to the Temple door "poor, naked, and blind"

has since been brought to the light of the Seven-branched Candlestick, obtaining a certain amount of cosmic knowledge, and *this he is required to use in the service of his fellow man*; the Table of Shewbread represents this in symbol.

The God-given grains of wheat in the twelve loaves represent the *opportunities for soul growth* given by God, which come to all through the twelve departments of life represented by the twelve houses of the horoscope, under the dominion of the twelve divine Hierarchies known through the signs of the zodiac. *But it is the task of the Mystic Mason, the true temple builder, to embrace these opportunities, to cultivate and nourish them so that he may reap therefrom THE LIVING BREAD which nurtures the soul.*

We do not, however, assimilate our physical food *in toto*; there is a residue,



a large proportion of ash, left after we have amalgamated the quintessence into our system. Similarly, the shewbread was not burned or consumed before the Lord, but two small heaps of frankincense were placed on the two stacks of shewbread, one on each pile. This was conceived to be the aroma thereof, and was later burned on the Altar of Incense. Likewise the soul sustenance of service gathered daily by the ardent Mystic Mason is thrown into the mill of retrospection at eventide when he retires to his couch and performs there this scientific exercise.

Let the Mystic Mason take particular note, however, that the loaves of shewbread were not the musings of dreamers; they were not the product of spec-

ulation upon the nature of God or light. *They were the product of actual toil, of orderly systematic work, and it behooves us to follow the path of actual service if we would garner treasure in heaven. Unless we really work and serve humanity, we shall have nothing to bring, no bread to "shew," at the Feast of the Full Moon; and at the mystic marriage of the higher to the lower self we shall find ourselves minus the radiant golden soul body, the mystic wedding garment, without which the union with Christ can never be consummated.*

At the *Altar of Incense*, incense was offered before the Lord continually, and the priest who stood before the altar ministering was at that time looking toward the Mercy Seat over the Ark, though it was impossible for him to see it because of the *second veil* which was



interposed between the first and second apartments of the Tabernacle, the Holy of Holies. *Incense* symbolizes the extract, the aroma of the service we have rendered according to our opportunities; and just as the sacrificial animal upon the Brazen Altar represents the deeds of wrongdoing committed during the day, so the incense burned upon the Golden Altar, which is a sweet savor to the Lord, represents the virtuous deeds of our lives.

In the westernmost end of the Tabernacle rested the "ARK OF THE COVENANT." It was a hollow receptacle containing the *Golden Pot of Manna, Aaron's rod that budded, and the*

*Tables of the Law which were given to Moses.* While the Ark of the Covenant remained in the Tabernacle in the Wilderness, *two staves were always within the four rings of the Ark* so that it could be picked up instantly and moved, but when the Ark was finally taken to Solomon's Temple, the staves were taken out. (II Chronicles 5:7-9.) This is very important in its symbolical significance. Above the Ark hovered the Cherubim, and between them dwelt the uncreated glory of God. "There," said He to Moses, "I will meet thee, and I will commune with thee from above the mercy seat, from between the two cherubims which are upon the ark of the testimony."

The glory of the Lord seen above the Mercy Seat was in the appearance of a cloud. The Lord said to Moses, "Speak unto Aaron thy brother that he come not at all times into the holy place within the veil before the mercy seat, which is upon the ark; that he die not: for I will appear in the cloud upon the mercy seat." This manifestation of the divine Presence was called the *Shekinah Glory*. Out of this cloud the voice of God was heard with deep solemnity when He was consulted in behalf of the people.

As the Cherubim and the Father Fire which hover above the Ark represent the divine Hierarchies which overshadow mankind during his pilgrimage through the wilderness of matter, so *the Ark which is found there represents man in his highest development.* When the aspirant stood at the eastern gate as a child of sin, *the law was without as a taskmaster* to bring him to Christ. But when *through sacrifice and service* he has finally arrived at the stage of evolution represented by the Ark in the western room of the Tabernacle, *the Tables of the Law are WITHIN.* He has then become emancipated from all outside interferences with his actions; not that he would break any laws, but *because he works with them.*



## Daily Astral Thought and Guide

*I have nor watch nor sentinel but what the stars keep for me.—Montaigne.*

SUNDAY — SEPTEMBER 1

*Today I rejoice that God has not given me the spirit of fear; but of power, and of love, and of a sound mind.*

Religious services give spiritual and practical inspiration. Activities of family and friends cordial and affectionate. Plan evening of music or reading. Creative work favored.

MONDAY — SEPTEMBER 2

*By concentrating on opportunities of service, I uncover new abilities of the heart and mind through the inner Christ.*

Altruistic aims find ready receptivity. Authorities should be kind and sympathetic toward constructive suggestions and plans. Creative abilities high. Study philosophy P.M.

TUESDAY — SEPTEMBER 3

*As my mind is steadfast on Thee O Lord, I know that my life and all that comes into it is from Thy bounty.*

Be alert for opportunities to improve health and finances. Innate abilities can assist earned advancement. Public or group projects advocated.

WEDNESDAY — SEPTEMBER 4

*By retreating to the inner sanctuary of the heart, my whole being is bathed in the Light of the Father; peace reigns.*

Mental powers great today, but guard against inconstancy. Think thoroughly; act with confidence. Avoid wasteful pleasure and idle time. Business trips, mental work favorable.

THURSDAY — SEPTEMBER 5

*The Love of God shines in and through my mind and body, and I express this Love to all whom I meet today. "God is Love."*

Genuine kindness greatly increases popularity. Authorities apt to be open-minded and openhearted. Mental outlook and health should be improved. Excellent time to buy, sell, negotiate.

FRIDAY — SEPTEMBER 6

*Today, I adopt the motto, "Through God's power and love within me, I can accomplish every worthy endeavor."*

Dedicate day to being kind, affectionate, and sympathetic in home and at work — reciprocity will be rewarding. Expression, and enjoyment of art, music, public speaking, etc., timely.

## SATURDAY — SEPTEMBER 7

*Because my mind is stayed on Thee, Blessed Spirit, peace and self-mastery are established in my life.*

Guard against the reckless spirit. Keep active. Excellent time to formulate plans for future. All branches of study and learning favored. Follow the voice of intuition.

## SUNDAY — SEPTEMBER 8

*Divine harmony rules supreme in me and my world as I keep my mind filled with thoughts of love and service.*

Essential you plan a full day of activity; devotional services, mental work, or play. Keep active to overcome tendency to worry. Eat lightly. Guard feelings; avoid arguments.

## MONDAY — SEPTEMBER 9

*By concentrating on the greatest good, my mind sees through all problems, and His Will is established.*

Mind operates at peak performance. Reason rules the day—avoid emotional entanglements; appeal to reason of others. Execute plans formerly conceived. Listen to advice of superiors.

## TUESDAY — SEPTEMBER 10

*God is the source of my life and strength; through obedience to Him, my mind is at peace and my health is assured.*

Optimistic attitude gives increased income and improved health. Reasoning is clear; seek help of others in objectives. Take practical steps toward realization of ideals and desires.

## WEDNESDAY — SEPTEMBER 11

*Being formed in the image, and created after the likeness of God, I am self-reliant and complete in my inner nature.*

Sense of independence high; utilize this in formulating plans to improve home, work, and self. Follow first impulses. You have the ability to solve serious problems. Be creative.

## THURSDAY — SEPTEMBER 12

*I am infolded in the pure all white Light of Spirit, and God is the only power in my life. In Him is my trust.*

Get out of doldrums by facing issues and working to overcome all obstacles. Rise above negative influences of others. Assert your own individuality. Cooperate with those in agreement.

## FRIDAY — SEPTEMBER 13

*I am one with all of God's Creation; I see His Spirit at work in all persons and situations.*

Feelings inclined to be erratic and touchy. Don't imagine slights by others. Keep a stable mind by attention to duty. Don't argue. Be equal to temptations to ignore high ideals.

## SATURDAY — SEPTEMBER 14

*In God I live, move and have my being. He directs the paths of my life. In turning to Him my life is renewed.*

Conditions ripe for improvement in every department of life. If possible, plan day at work—rewards could be surprising. Take steps to improve health. Watch diet; be creative.

## SUNDAY — SEPTEMBER 15

*In Thy Presence, Holy Father, is peace and fulfillment; I drink deeply at the fount of Thy Power and rest in Thee.*

Spirit of friendliness and optimism fills the ethers. Lofty ideals can find rewarding expression. Visit a sick person. Health and general welfare can be improved. Mind is alert.

## MONDAY — SEPTEMBER 16

*Even in my adversity, O Lord, help me to see Thy Spirit and to learn the lesson at hand. Thy Love sustains me.*

Start week out with firm resolve to guard against thoughts of fear and melancholy. Reverses threaten, but perseverance will win out. Don't undertake new projects. Review mistakes.

## TUESDAY — SEPTEMBER 17

*I am an intricate part of this universe which was fashioned and is sustained by God. I behold His Presence everywhere.*

Ideas and self expression at home and work receive favorable response. Health and income can be improved. Accept added responsibility. Lectures, art, music, etc., very timely.

## WEDNESDAY — SEPTEMBER 18

*God is the Eternal Reality of Life; my mind is centered in Him and I rise above all crystallizing conditions in my thinking.*

Investigate new ideas to improve home and resources. Be open minded to suggestions. Mentally review immediate objectives; take appropriate steps to realize them. Self-improvement, timely.

## THURSDAY — SEPTEMBER 19

*By seeing the good in others, I overcome personal shortcomings and reflect the Divine Essence, hidden within.*

Scientific studies and advancement greatly augmented. Make methodical study of self and personal problems—resolve to improve where needed. Daily keynote: Master your thoughts.

## FRIDAY — SEPTEMBER 20

*The Nature of God is Love and Compassion; I express these qualities of the soul in all that I do this day.*

Your enthusiasm is contagious. Business transactions and travel very favorable. Plan next few days' activity and resolve to carry out this plan. Act with confidence. Kindness rules.

## SATURDAY — SEPTEMBER 21

*My body is the Temple of God. I care for it intelligently and keep my mind centered on thoughts of peace and wholeness.*

Eat wisely and be health conscious. Let go of injurious habits. Through diplomacy, immediate objectives can be realized. Start new venture, or continue old one with renewed vigor.

## SUNDAY — SEPTEMBER 22

*My mind reflects the Perfection and Love of the Father, and I am steadfast as I work to serve Him.*

Religious services help to tame the unruly spirit. Catch up on correspondence, write, or plan next week's work. Powers of concentration should be high. Be consistent.

## MONDAY — SEPTEMBER 23

*Today, I am conscious of the truth that what I see in my mind's eye becomes a part of me. I see only good in all people.*

Positive approach brings friends and help in personal relations and business. Let reason rule the day. Be moderate in all things. Concentrate on thoughts and needs of others.

## TUESDAY — SEPTEMBER 24

*Love of God is my ruling star and I give thanks that He works in and through me in all that I think and do.*

Start new ventures. Avoid quarrels at all costs. Do not gamble with finances or happiness. Take concrete steps to improve family and home conditions. Rule your thinking.

## WEDNESDAY — SEPTEMBER 25

*The Light of God radiates throughout my body temple, and I express this Love in all that I do.*

Patience with restrictions can prove means to success later. Profit from former mistakes. Don't entertain thoughts of gloom, worry, or doubt. Emotions run high; keep calm.

## THURSDAY — SEPTEMBER 26

*When periods of doubt assail, I seek the inner sanctuary of prayer; I am refreshed, at peace, and God rules my day.*

Ability to rise above troubles and find peace and true achievement now at hand. Affairs of the heart and home should improve. Enjoy art or music, etc., or accept opportunity to perform.

## FRIDAY — SEPTEMBER 27

*My boundless faith is in God and His Law of order and perfection gives my life stability and fixity of purpose.*

Mental fluctuations, greatest enemy to overcome. Think through all issues and then act. Power of expression, in all fields, is very great. Don't let pleasures upset work.

## SATURDAY — SEPTEMBER 28

*My mind searches after knowledge On High; Blessed Spirit, in all my eyes behold in this world, I see Thy Hand at work.*

The mind can be inventive and ability to sound secrets of Nature can be had. Investigate opportunity to improve income. Influential friends can be helpful. Mind rules the day.

## SUNDAY — SEPTEMBER 29

*Thou art with me in my trials and in my triumphs, O Lord; "Whither can I flee from Thy Presence?"*

Spiritual services, philosophical study, especially rewarding. Entertain friends or family. Return a favor to a friend. Do not overindulge in play or food. P.M., study time.

## MONDAY — SEPTEMBER 30

*The Love of Christ within me is greater than any thought of resentment or negation. His Love guides my feet.*

Envision your goal, set the course, and adhere to it. Self forgetting love and persistence pays off handsomely. Show due respect for those in authority. Love conquers all.

*Nothing great was ever achieved without enthusiasm . . . Hitch your wagon to a Star.—Emerson.*

## ROSIKRUCIAN TERMINOLOGY

The Rosicrucian Philosophy teaches that man is a complex being, an Ego, or threefold Spirit possessing:

(1) *A Dense Body*, composed of the solids, liquids, and gases of the Physical World. It is the visible instrument he uses here in this world to fetch and carry — the body which people ordinarily think of as the whole man.

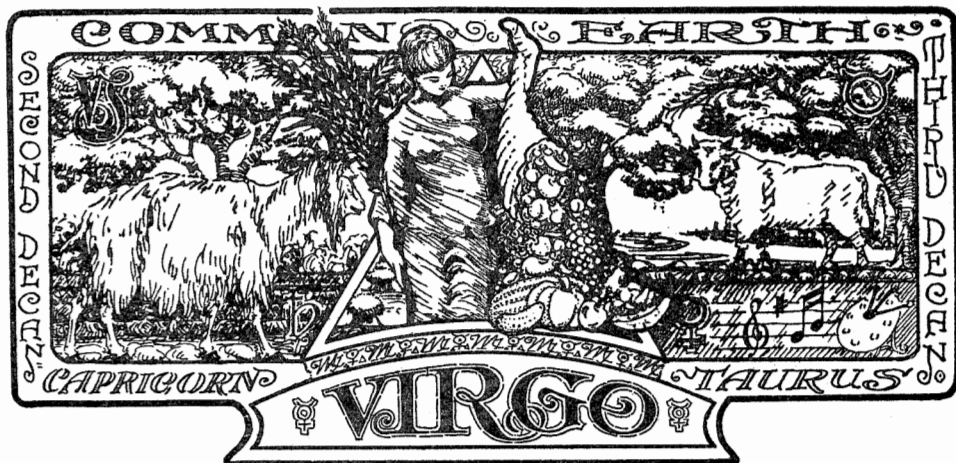
(2) *A Vital Body*, which is made of ether and interpenetrates the visible body as ether permeates all other forms, except that the human beings specialize a greater amount of the universal ether than other forms. This ethereal body is our instrument for specializing the vital energy of the Sun, and for carrying on the functions of assimilation, growth, propagation, etc.

(3) *A Desire Body*, which is our emotional nature. This finer vehicle pervades both the Dense and Vital Bodies. It is seen by clairvoyant vision to extend about sixteen inches outside the visible body, which is located in the center of this ovoid cloud as the yoke is in the center of an egg. The Desire Body contains sense centers which, when properly developed, are man's means of perception in the Desire World.

(4) *The Mind*, which is a mirror, reflecting the outer world and enabling the Ego to transmit its command as thought and word. It is the link between the Spirit and its bodies. At the present time it is but an unformed cloud, but will eventually be as well organized as man's other bodies.

*The Ego* is the threefold Spirit which uses these vehicles to gather experience in the school of life and transmute it into soul power. *The Ego* is the "I" of each person — the individual consciousness which is normally thought of as the *self*, or *personality*, that expresses through the above vehicles.





## The Children of Virgo, 1957

*Birthdays: August 23 to September 22*

ON August 23, 1957, the Sun enters Virgo, the 6th sign of the zodiac and the 2nd earth sign. This sign is symbolized by the Heavenly Virgin who carries in her arm the Christ Child, indicated by the fixed star, Spica, one of the most brilliant and benevolent stars in the heavens. Some legends refer to Virgo as The Goddess of the Harvest with a sheaf of wheat in her arms, from which bread, the staff of life, is made. Jesus said, "I am the Bread of Life," so there is much agreement here. Others say that the lily is the symbol of Virgo and all proclaim Virgo the sign of purity. This sign was rising in the East at the time of Jesus' birth; and the sacred Star of the East which led the Wise Men of antiquity to His birthplace was located in this constellation.

Virgo children are practical, intellectual, clean minded, analytical and critical. They are self-possessed, orderly, efficient, and hard workers (both physically and mentally).

Virgo is ruled by Mercury, the mental planet of logic and reason. When placed in Virgo, as it is all through the months

of August and September, 1957, it has double power for Mercury is both dignified and exalted in this sign. No other sign produces such clear, logical mentality as Virgo, whose natives are supreme in the field of pure thought. These children approach all problems with calm, cool consideration, uninfluenced by emotion or prejudice, interested only in acquiring knowledge and the gratification of their intellectual curiosity.

Virgo thinks with impersonal precision producing fine mathematicians and precision experts who find pleasure and satisfaction in accuracy and in the performance of duty and accomplishment. This gives them a disposition to be critical. Virgo people are responsible for much of the world's scientific progress. They are the professional servants of mankind. They are neither impressionable nor creative. They seek knowledge for its own sake. Virgo produces the practical, material scientist who analyzes every detail and seeks to prove facts. He is normally not an occult scientist, unless some other configuration indicates it; but he wants to understand the laws of the universe.

Virgo has a great deal of intellectual curiosity and a reasonable amount of skepticism which prompts him to pry into physical mysteries. The "why" of things attract his interest. Virgo is orderly, methodical, and precise. He often chooses a profession where he can pursue physical science such as astronomy, chemistry, physics, etc., or he may choose the purely mathematical outlet, such as bookkeeping, and accounting, or teaching. Because of the mercurial influence Virgo people are drawn to the literary field where they often become editors, librarians, school teachers, literary or dramatic critics.

Virgo also rules manual laborers, many of whom are born under this sign, for Virgo rules the entire laboring class and labor unions as well as laboratory technicians and professional scientists.

Virgo rules the 6th house in every horoscope, the house whose influence deals with sickness, health, and service. The Virgo native is especially health conscious, interested in all health problems, diet, and hygiene; he often develops imaginary ills or chronic ailments for himself or others. Virgo produces efficient medical doctors and nurses.

The motto or watchword for Virgo is *service* and seeks to manifest this according to the problems in life. In the words of the Master, "He who would become the greatest among you, let him first become the servant of all," and the Rosierucian Philosophy teaches that, "Loving self-forgetting service to others is the shortest, the safest and the most joyful road to God."

The keyword for Virgo is *I analyze*. The Virgo intellect is discriminating; the speech is pointed; the worst quality of Virgo is criticism. The temperament is adaptable, materialistic, practical, conservative, and industrious. The positive qualities expressed when well aspected make Virgo natives studious, discreet, prudent, efficient, cautious, and modest; but when aspects are unfavorable they may become nervous worriers,

scheming, irritable, fault-finding, selfish, suspicious, resentful, and victims of imaginary illnesses and self-pity.

In the physical body Virgo rules the solar plexus, the center of the sympathetic nervous system which controls all organic functions without conscious effort on our part, and also the intestinal organs, the bowels which perform a most important and humble service for the body, for these organs analyze all materials taken into the body as food. They discriminate, select, and assimilate that which has nutritional value and eliminate the waste.

This year the solar month of Virgo opens on somewhat of a "sour note" as the very malefic aspect of Mars square Saturn which began August 10th continues until August 30th. This aspect is considered cruel in effect as it brings out the worst qualities of both planets and makes those born under its influence difficult to manage. They are likely to be selfish, quick-tempered, and vindictive. They must be taught to be kind, loving, truthful, and considerate.

From August 23 to September 11, the Sun will be square Saturn which has a demoralizing influence upon those children born during this period; it weakens both moral and physical resistance. Some of these children may suffer weak constitutions and chronic ailments. They will be subject to many delays in life and various obstacles to thwart their desires causing them to become moody, pessimistic, and obstinate. They should cultivate optimism and social qualities in order to avoid the possibility of becoming recluses in later life. The Sun square Saturn may indicate serious conditions existing between these children and their fathers. All these children must learn to conserve energy and care for their health. They must be taught to respect the law, be kind and considerate of others, unselfish and honorable in all their undertakings and relationships, both professional and social.

Fortunately during the entire solar

month there is a powerful undercurrent of planetary vibrations to fortify all of these Virgo children against the negative effects of the less favorable aspects. This is due to the conjunction of Mars and the Sun which gives zest to life, an enterprising spirit, moral courage, and determination. It gives physical energy and powerful recuperation. This aspect combined with Jupiter in sextile with both Saturn and Uranus which are trine to each other offers vast, endless, and exceptional opportunities. This gives a profound, philosophical trend to the mind and bestows broad, humane, and benevolent tendencies which may be developed into strong, noble characteristics.

These aspects are in effect during the entire month. Children born under them will be mentally alert, spiritual, intuitive, and magnetic. Some will show an interest in religion, law and occult subjects and may become proficient in these fields. They can be happy, humanitarian, and altruistic in their endeavors. Pluto with the Sun gives prolific energy and strong will to accomplish ideals, and makes it possible for those highly evolved to contact the 4th and 5th dimensional planes for inspirational, creative ideas. It gives the power of clairvoyance.

Other favorable aspects run concurrently or overlap the unfavorable ones, offering these 1957 Virgo children free will to choose between the negative or the positive expression of their characteristics.

From August 23 to August 28, Venus will be conjunct and parallel Jupiter. This is one of the best indications of happiness, success, and general good fortune. It bestows a jovial, optimistic, benevolent disposition, and gives respect and social prestige. It is favorable for finance and marriage.

From August 23 to August 30, Venus is also sextile Saturn which stabilizes the fortunes and the emotional nature. This makes the native diplomatic, tactful, orderly, loyal, and moral. It favors

health and financial security and bestows lasting love and esteem upon the native.

From August 23 to September 2, Sun conjunct Pluto, sextile Neptune, and Venus sextile Uranus bring into manifestation the finer, spiritual qualities of these planets. Children born between these dates will be talented, artistic, magnetic, intuitive, and altruistic.

On August 27, Mercury stands stationary in 25 degrees of Virgo, turning retrograde. Because of Mercury's two-fold power in Virgo this has considerable significance for those born at this time for Mercury has general rulership over all Virgos and this has a tendency to retard mental, nerve, and digestive processes.

On September 1, 2, and 3, Venus parallel Mars, Mercury parallel Jupiter strengthens the passional nature; softens the bluntness of Mars; broadens the mind and gives good judgment.

On September 2, 3, and 4, the Sun parallel Venus refines the nature and calls forth the artistic side and makes the native popular and socially active.

From September 3 to September 11, Mercury is conjunct Mars and the Sun. This quickens the wit and sharpens the tongue.

On September 8, 9, and 10, Mercury is "combust" (too near the Sun) as well as retrograde which has a tendency to blind the native to reason and cause delays in life. These children may be critical, sarcastic, and extravagant. They must be taught to be courteous and accurate in their remarks and must learn the difference between "thine and mine." Some of them may suffer intestinal or nervous disorders.

On September 9, 10, and 11, there are several parallel aspects in effect—Venus parallel Neptune; Mars, Uranus; and Mercury, Mars—making these children talented, emotional, and idealistic. Some may be eccentric and erratic; others will have ingenious, mental, and me-

*(Continued on page 29)*

# VOCATIONAL GUIDANCE ADVICE

*This page is a free service for readers. Since advice is based on the horoscope, we can give a reading ONLY if supplied with the following information: full name, sex,*

*place of birth, year, day of month, hour. No reading given except in this Magazine and ONLY FOR PERSONS 14 to 40 YEARS OF AGE—EDITOR.*

## RUSSELL B. K.

Born October 11, 1919, 4:00 A.M.  
Latitude 45 N., Longitude 93 W.

Cusps of the houses: 10th, Gemini 28; Cancer intercepted in 10th; 11th, Leo 2; 12th, Virgo 3; Ascendant, Virgo 28:20; 2nd, Libra 23; 3rd, Scorpio 23.

Positions of the planets: Sun, Libra 17:02; Mercury, Libra 27:02; Dragon's Head, Scorpio 26:45; Uranus, Aquarius 28:05 R; Part of Fortune, Aries 24:00; Moon, Taurus 12:42; Dragon's Tail, Taurus 26:45; Pluto, Cancer 7:53; Neptune, Leo 11:13; Jupiter, Leo 13:41; Mars, Virgo 0:46; Saturn, Virgo 7:18; Venus, Virgo 12:03.

Gemini, an intellectual dual sign, on the 10th cusp, offers Russell a choice of vocations and immediately suggests something of a literary nature, such as typing, writing, printing, etc.

The majority of his planets above the earth denote ambition and an objective life as they are rising in the east with the Sun dignified in the 1st house of self expression. He is enterprising and able to rise to early success on his resources, independent of others.

The last degrees of common signs on the Ascendant and the Midheaven cause a certain restlessness and indecision and he will probably abandon his early decisions and become more stable, settled, and practical as time goes by and he realizes that a "rolling stone gathers no moss."

This is a very favorable financial chart, and regardless of which of several vocations he chooses it will be remunerative as Mercury, ruler of the 10th house, is in the 2nd, the money house, in trine

with Uranus strong in its own sign in the 5th house, and both planets focused in trine to the M. C. while the Moon, co-ruler of the professional 10th house, is in Taurus, the sign ruling money, in an exact trine to Venus, the ruler of his Sun sign, and his 2nd house or financial department.

Venus conjunct Saturn and Mars in Virgo, all three planets trine the Moon and sextile to Pluto in the 10th house of achievement, makes Russell a hard, conscientious worker with an insatiable determination to excel all others in the same profession and to surpass them in ability to make money.

Russell has considerable talent and inspirational creative ability. He is very artistic and color conscious as indicated by the strong Libra influence, Sun and Mercury trine to Uranus strong in its own sign, Aquarius, in the 5th house and their sextile to Jupiter and Neptune in Leo. He is a genius, and should be in some branch of the entertainment world such as the production of spectacles in color on the television.

This person could achieve a successful career as an artist, author, singer, musician, or producer. He has a soul for beauty and harmony combined with material values so that he would be able to make practical use of his talents.

If Russell prefers something more solid in the way of a vocation he could successfully develop his earth trine between Moon in Taurus, Venus, Saturn, and Mars in Virgo which are favorable to Pluto in Cancer in the 10th house in real estate, such as a real estate agent in work in subdivisions or in association with some large, financial institution or corporation. He is a pre-

cision expert. Accurate with details he would make an excellent accountant.

Whatever this young man chooses as a vocation should prove successful and remunerative but his soul would rejoice more where beauty and harmony abound.

There are opportunities in this chart and much good fortune but the stimulating influence of squares is lacking. Squares drive the individual into action. They make it necessary to act in order to remove obstacles in life, while the trines make things too easy. They indicate good luck or invisible help.

\* \* \* \* \*

## CHILDREN OF VIRGO

(Continued from page 27)

chanical ability. They will be enthusiastic and dextrous; some may develop emotional or peculiar nervous maladies.

From September 10 to September 20, Venus is conjunct Neptune and sextile Pluto, giving high ideals and bringing out talent and altruistic feelings with the ability to express them. These influences enable those who are highly evolved to contact Divine Sources for inspiration and utilize their talents for the benefit of humanity. Those who are less evolved will be unable to derive much benefit from them; they may be too dreamy or emotional or appear eccentric in personality. There is some danger of glandular imbalance.

From September 15 to September 18, Sun parallel Mars and Jupiter gives energy, courage, good health, impulsive judgment, generosity, optimism, philanthropic and extravagant tendencies.

On September 19, Mercury will again be stationary in Virgo 11:10; this time more favorably as it is well ahead of the Sun and starting direct. This activates the mind and gives foresight.

On the whole, all 1957 Virgo children have more favorable aspects to develop than unfavorable which enables them to grow morally, spiritually, and materially.

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## The Rosicrucian Fellowship

Oceanside, California, U. S. A.

## Reading for a Subscriber's Child

ANNE C. C.

Born February 2, 1957, 6:41 A.M.  
Latitude 33 N., Longitude 96 W.

Cusps of houses: 10th, Scorpio 18; 11th, Sagittarius 11; 12th, Capricorn 4; Ascendant, Capricorn 29:30; Aquarius intercepted in the 1st house; 2nd, Pisces 10; 3rd, Aries 18.

Position of the planets: Sun, Aquarius 13:26; Part of Fortune, Aquarius 28:07; Moon, Pisces 12:03; Mars, Taurus 2:24; Dragon's Tail, Taurus 24:56; Uranus, Leo 4:35 ♀; Pluto, Leo 29:42 ♀; Jupiter, Libra 1:20 ♀; Scorpio 2:36 ♀; Dragon's Head, Scorpio 24:56; Saturn, Sagittarius 12:20; Mercury, Capricorn 18:08; Venus, Capricorn 25:52.

The Sun is the focal point in every horoscope. The planets receive life and light from the Sun which is reflected in man. The angles formed by the rays of light from the planets indicate impulses to which each individual may react according to his own free will. Events in life are not preordained but are the results of such reactions. Squares in a horoscope indicate challenge to the native. They represent weaknesses in the character which must be overcome. Sextiles offer opportunities and all aspects serve to develop character. Character is self-made destiny, the result of the individual's free will.

Anne was born under an especially powerful solar ray, indicating an Ego of strong will. Her Sun is in the fixed, airy, progressive, humanitarian sign Aquarius and placed in the first house of the horoscope where it occupies an exalted position, commands esteem, offers freedom of individual expression, and is essentially scientific in nature.

Capricorn rising gives Anne a proud, ambitious and practical outlook on life. Her life is objective and she will be

able to accomplish a great deal on her own resources through mental effort. She has stability of purpose; will be active and cooperative.

The Sun is sextile Saturn, trine Jupiter, opposite Uranus and square Mars, Neptune. These aspects bring out various facets of the Aquarian nature. Anne will express both good and bad qualities of her Sun sign. She will be intelligent, original, ingenious, and independent. She will be intuitive and altruistic, extremely magnetic and friendly. She will be deliberate in her decisions, fixed in her opinions, reverent, honorable, law abiding, sympathetic, conscientious, and benevolent; but she must avoid expressing the egotistical, erratic, unconventional and extravagant side of her nature. Anne's religious and spiritual training must have a sound, practical, philosophical foundation, such as is offered by The Rosicrucian Teaching, in order to avoid fanaticism, fears, anxieties and vague forebodings indicated by Neptune, afflicted, in the 9th house and the Moon in Pisces square to Saturn.

Mercury conjunct Venus in Capricorn in the 12th house, rising ahead of the Sun, indicates ingenious, creative ability of a practical sort and the ability to express it artistically.

Anne has literary ability and is capable of writing. She may choose as a subject material science or occult science subjects, or she can write mystery and detective stories. Anne would make a splendid detective, but her greatest ability lies in her natural love and talent for science (especially chemistry). She has the necessary, patient, persistent mind to qualify her for a career as a laboratory technician. She could be most successful as a pharmacist.

Anne has some obstacles to overcome, and disappointments to bear. Her life expectancy is long and fortified with courage.



## Edible Flowers: Cultivated and Wild

LILLIAN R. CARQUE

“Go into a field of flowers . . . and eat only the flowers of the field; taste no flesh, drink no wine, but eat flowers only.”

“So I went my way into the field which is called Ardat, like as he commanded me; and there I sat among the flowers, and did eat of the herbs of the field, and the meat of the same satisfied me.”

II Esdras 24 and 26.

**R**OSEBUDS, chrysanthemums, carnations and sunflower seeds were on the luncheon menu of the 11th Annual American Horticultural Congress, held in East Lansing, Michigan, in October, 1956. Some 150 delegates found a rosebud fruitcup at their luncheon plates. It consisted of a conventional fruitcup with a tiny rosebud in the center.

Did they eat it? “Sure,” said Mrs. Evelyn Drake, Director of the Center’s food service. “A lot of people who work around flowers make a habit of eating them,” she said.

On the menu also were: petal muffins made with the usual ingredients, but including chrysanthemum petals; orange blossom honey topped the muffins. For dessert, whipped-cream carnations were served, made with chopped carnation petals. A side dish which accompanied the main course was tomatoes topped with chrysanthemum-bud dressing; also celery hearts and an autumn fruit salad spread on autumn leaves and sprinkled with yew berries. The chrysanthemum

muffins were especially good, commented Mrs. Drake. “Very spicy.”

W. Atlee Burpee Company, national seed growers, responded to my inquiry thus: “I have heard of certain varieties of cultivated flowers being prepared in ways so that they are edible. I believe that violets and violas sometimes are eaten just dipped in sugar. I believe I have also seen a recipe for fried squash blossoms. Of course the flowers, or perhaps the buds on many of the vegetables are the parts that are eaten, namely cauliflower and broccoli. I believe if you will look over a detailed cook book such as *Joy of Cooking*, you may find quite a few recipes for rather exotic dishes such as cooked flowers or blossoms prepared in other ways.”

*Rose Hips:* Do you know that the seed pods of wild roses, called Rose Hips are a valuable natural source of Vitamin C? Rose Hips are the fruit of the rose bush, left after the flower has disappeared. It was not until World War II, when so many countries in Europe were blockaded and when other

things had to take priority over the shipping of citrus fruits through mine- and submarine-infested waters, that nutritionists turned their attention to every possible source from which enough Vitamin C could be assured. It was then that the rose hip came into its own. Analysis by food chemists in Sweden showed that while 50 International Units of C per kilogram were derived from oranges, 5000 units were derived, per kilogram, from rose hips.

In June, 1944, the British war information services released a report that said: "Even wild roses which thrive along the English countryside have a vital war job. These blooms, lately recognized as an even richer natural source of Vitamin C than citrus fruits, were gathered extensively last year for nutritional purposes." In Norway, too, it was the use of rose hips that saved the day, by providing ample vitamin C for the prevention of scurvy and all other conditions associated with C-deficiency.

Does not the Rosierucian Philosophy confirm that as the keynote of each gland is gradually awakened, its corresponding rose on the cross of the vital body bursts into bloom? "Seven mighty mountains (possibly glands) whereupon there grow roses and lilies." II Esdras 2:19.

The source of information on the following data is from a book entitled *Edible Wild Plants*, by Oliver Perry Medsger, from which excerpts are taken.

Most *potherbs* should not be cooked long or with much water. Some should be parboiled; that is, the water should be changed once or twice to remove a bitter or undesirable flavor. A few with firm tissues require long cooking. A majority of potherbs are rich in Vitamins A and C, which are supposed to be partially destroyed by long cooking.

*Great Nettle* has long been used for food in Europe. In the spring, the young tender tops are often boiled and eaten as greens by the common people of Scotland, Belgium, and Germany. When boiled in soups, it is said to be

very palatable. Oliver Goldsmith wrote that in olden days a French cook could make seven different dishes out of a Nettle top. One herbalist accredits the common Nettle with powerful medicinal properties.

*Lamb's Quarter or Wild Spinach*: In the spring and summer, when small, six or ten inches high, the plants are succulent and tender, and in that stage are very desirable as a potherb. Many of the Indian tribes of the Southwest gather and cook it as spinach. In fact the beet, spinach and Lamb's Quarter all belong to the same botanical family. It is said to be best when cooked for about twenty minutes and served with butter and a little lemon juice or vinegar. It is sometimes eaten raw by the Indians; they also gather the seeds, grind them into meal, which is then baked in cakes or used in gruel. It was growing about almost every pueblo visited.

*Marsh Marigold*: In many parts of the country it is much used as a potherb and to flavor soups, especially in the spring before most garden greens are ready for use. The leaves and stems are boiled and served in the same manner as spinach, and many people say that it is the equal and even superior of the latter plant. In some places, the tender flower buds are pickled and used as a substitute for capers.

*True Water Cress*: The leaves and tender shoots have been used for greens and for salads since ancient times. It is also used as a garnish. People who buy it in closely packed bunches generally do not recognize the plant floating in the water. It may be gathered at all seasons, but care should be exercised that the water in which it grows is not polluted.

*Dandelion*: The leaves are highly prized as a spring green. They are gathered when young and tender, thoroughly cleaned, then boiled. The cooking should not be too long, and those who do not relish the bitter taste had better change the water once or twice. They are generally served with a lump



of butter and a dash of vinegar or sour cream dressing. Some prefer the leaves with other greens. Dandelions are also used raw as salad.

*Spanish Bayonet or Yucca Baccata:* The Indians sometimes ate the fruit fresh, but it was generally cooked or roasted. They also ate the young flower buds of this and other species of yucca after they were cooked.

*Sweet Elder or Elderberry:* The upright stems grow in broad flat flower clusters from a mass of tangled roots. The individual flowers are about a quarter of an inch in diameter, star-shaped, creamy white and rather pleasantly scented. In the late summer and early autumn, the bushes are often bent with their load of fruit; they are best when mixed with other fruits. The fresh flowers are often mixed with batter and baked in cakes.

*Black Mustard:* In Europe and Asia, Black Mustard is frequently cultivated for its young leaves, which are used as a salad and pot herb. It is rarely cultivated in America, but foreign people especially make use of the young wild plants. The seeds of the black mustard may be ground fine, mixed with flour and a little water and vinegar, and the condiment is complete. It has also a medicinal use in "mustard plasters."

*Common Sunflower:* Although the seeds have long been used as food by the American Indians and the diet-conscious, the sunflower is much more appreciated in some countries of Europe than in our own. The seed yields 20 per cent oil which may be used for cooking, burning or for soapmaking. The oil cake is an excellent food for cattle.

In Russia, the hulled seeds are ground into meal and baked in bread and cakes. In other parts of Europe, they are roasted and used as a substitute for coffee. Nearly three hundred years ago, we also find the flower buds were boiled and eaten with butter like artichokes. The Indians of Missouri, more especially those who do not cultivate maize, make

great use of the seed of this plant for bread, or for thickening their soup.

*Mariposa Lily:* Few people realize that the beautiful Mariposa or Sego Lily is good for food, but it is. We must not forget that many wild plants of the lily family have edible bulbs or corms, which are very palatable and nutritious. They are boiled, roasted or steamed in pits and are much used as an article of food by the Indians of Utah. It is claimed that the Mormons, in their first years in Utah, consumed the bulbs in great quantities. This may have influenced the people in making the Mariposa Lily the state flower of Utah.

*Jerusalem Artichoke* is a perennial sunflower, native of America. This plant has numerous creeping roots, which produce tubers like that of the common potato; these tubers are of a longish, slightly flattened shape, and are considered to be more nutritious than those of the potato. It has somewhat the flavor of artichokes. When properly cooked, they are well flavored, and may be eaten by invalids when other vegetables are denied them. They are used in soups; they make fine pickles when partially boiled, sliced into half-inch thicknesses and placed in vinegar.

From *Herbal Sources* and *Burpee Seed Growers*, the following has been gleaned:

*Pot Marjoram:* The tender aromatic leaves should be picked just before blossoming; they are the parts used for potherbs.

*Sweet Basil:* The green and dried leaves are much esteemed for flavoring.

*Wintergreen:* The leaves yield a pleasant-tasting, fragrant oil which is used extensively in flavoring. The young tender leaves are delightful eating. A refreshing tea is made by steeping the leaves for a few minutes in boiling water. Children eagerly devour the tender new shoots and pretty red berries appearing in June.

Anise, borage, caraway, catnip or cat-  
(Continued on page 35)



## The Keyboard of Life

WITH a final passionate crescendo, the pianist ended his performance, and oblivious to the thunderous wave of applause, sat silently and completely lost in a world of his own creation. A man from off stage reverently approached the artist and turned him so he might see the receptivity of his work. His lips silently moved in appreciation, awe struck by the spectacle of acclaim.

What made this scene so remarkable was that the pianist was completely stone-deaf and not only played the music, but composed it as well. You see—the man was Ludwig von Beethoven.

Beethoven was the son of a tyrant and alcoholic. He was forced, even before he was four years old, to play at the piano by the hour. His life was one of much turmoil, heartache, and suffering. On top of all this he gradually became deaf even as he was mounting the ladder of success and recognition.

Yet, because he rose above his own personal shortcomings, and the dark background of his father's influence, he composed his greatest works *after* losing the faculty of hearing sound. His great masterpieces, that were heard only in his own thought, included: The Third, Fourth, Fifth, Seventh, and Eighth Symphonies; many overtures and operas as well.

Life, in its truest sense, is a keyboard. On it we play our symphony of life, or

a jumbled mass of incongruous notes. When petty hurts command our attention and we complain of the injustice of our particular circumstances, we are allowing the mind to play upon the instrument—which is the Soul—a composition of gloom, fear, and distrust. These sounds in turn attract into the life conditions which are in tune with the original impulse.

On the other hand, life offers to each of us an opportunity to rise above the most severe of conditions, and develop a genius within, if we but refuse to become enslaved to the crushing thoughts of negation, doubt, and failure. And the deep message of the heart which the Invisible Helpers bring to you this month is this: *Your mind plays whatever composition it creates upon the strings of your Soul.* The Soul in turn echoes and sings its notes—good or bad, according to the keys of the mind—and becomes lost, in a sense, in performing the destined work. If the original thought is good, it reproduces a masterpiece; if bad, it reproduces accordingly. However, no matter how poorly it has once played, it can, with practice, learn to play a master symphony which calls forth love and recognition from God, Himself.

One writer has put the challenge in this way: "Stop the stream of your consciousness for an instant, look into

your soul, arrest the images forming and dissolving there. What will you see? Petty self-love, of course, but even more frequently petty irritations. Our nature is neither noble nor generous. We remember slights more easily than kindnesses. We may have lived for days in a home or a foreign country without meeting anything except courtesy—and ONE thing makes us want to give it all up. The moment we feel irritated or offended we forget the happiness and nurse the paltry grievances. Thoughts worth the name can never arise from a nasty growth. But just as we can prefer decent company to ordinary or worse, or good books to poor ones, we can crush out inferior thoughts and invite better ones. Good men generally think right. When they do not, it seems unnatural, and the lower parts of our soul, the insurgents in us always ready for an outcry, triumph meanly. Sanctity will be rewarded by a straighter judgment and by a broader sympathy which is an aspect of intelligence.”

Let us take these words to heart, this month; they can be the greatest help in overcoming our health and personal problems as well as serve as an added stimulus to the heart and mind in playing the Keyboard of Life.

\* \* \*

### HEALING DATES

Visible Helpers are just as necessary as Invisible Helpers, and our friends and patients may share in a high privilege, as well as add much to the power of liberated healing force, by joining us in prayer for the sick. Our Healing Service is held every evening in the Healing Temple at 6:30, and in the Pro-Ecclesia at 4:45 P.M. when the Moon is in a cardinal sign on the following dates:

August . . . . .	6—14—21—27
September . . . . .	2—10—17—23—30
October . . . . .	7—14—21—27

### EDIBLE FLOWERS

(Continued from page 33)

mint, chives, coriander, dill, Florence fennel, horehound, sage, summer savory and thyme are indicated among the aromatic, medicinal and kitchen herbs, for use as garnishes, flavoring and seasoning. Chives, with its mild onion-like flavor, and fennel may also be minced in salads; fennel makes a nourishing cooked vegetable dish.

*Herbs for teas* are camomile, primrose and saffron. A large French garden camomile blossom is a most exquisite thing in a cup at tea-time; it blossoms out like a fine many-petaled aster, well-nigh filling the room. The German variety, though not so attractive, is of greater value medicinally.

Don't overlook true *Solomon's Seal*, whose flowers are in clusters; this plant belongs to the lily family and is found in moist places. The Indians boiled the young shoots in the spring and ate them. This plant also possesses medicinal value.

(Quotes from, *Edible Wild Plants*, by Oliver Medsger, copyright 1939, used with the permission of The MacMillan Co., publishers.)



### ROSICRUCIAN PRINCIPLES

The Rosicrucians advocate a vegetarian diet as superior, physically and spiritually, to a diet containing meat. They regard alcohol, tobacco, and stimulants as injurious to the body and a detriment to the Spirit. They believe in the power of prayer and the creative power of thought through concentration in bringing about the healing of mind and body. They hold, however, that physical means can often be used to advantage to supplement spiritual and mental means.

## How the Rosicrucians Heal the Sick

**T**HE Rosicrucian method of healing is as effective as it is unique. It is a method which is accomplished by spiritual means but requires a certain amount of cooperation from the person who is in need of healing. The applicant is required to write the request in pen and ink, as this ink carries with it the effluvia of the Vital Body and becomes the means by which the Invisible Helper is able to gain entrance into the person's body and effect the required healing. Further, the person asking for help is required to write at least once each week giving a short report on his condition to keep the Invisible Helper informed as to the progress which is spiritually seen by the Invisible Helper via the effluvia carried in the ink of the new report.

Invisible Helpers are Probationers of the Rosicrucian Order who, by virtue of living a pure life, work under the guidance of the Elder Brothers and other Probationers who are physicians. They work in bands and do most of their work at night while their physical bodies are asleep. These bands are formed all over the globe, therefore this ministry is perpetual.

The Invisible Helpers will help any person under fourteen when asked to do so by the parent, but each person after this age must make his own request for help. Almost without exception the person who has asked for help will receive immediate relief—that very night. However, the actual healing will be accomplished in accordance with Nature's laws and this time varies with the condition and cooperation of the person in need. While the Invisible Helpers are giving help from the invisible realm, we request each person to seek within himself the cause of his problem and endeavor to apply the ounce of prevention where possible. Also, we request that the person cooperate in every way with our Healing Department and whether

the letter is immediately answered—which usually it is—or not, a weekly, brief report be sent to Headquarters on the progress made.

Diet should always be changed slowly. However, a vegetarian diet should be undertaken with accent on fresh fruits and vegetables.

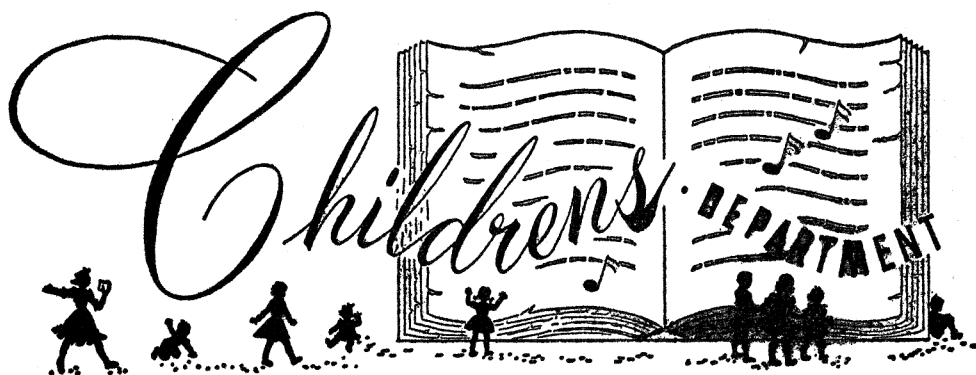
This healing work is completely spiritual and even before your request reaches Headquarters, the Invisible Helpers, operating under the command of Christ to, "Heal the sick" are drawn to the person and must in accordance with absolute law, render all possible aid; "ask and ye shall receive."

Occasionally we refer those who have asked for help to a doctor of their choice to augment the healing. However, even if this is done, the Invisible Helpers continue their work from the inner realm—this is true even in cases of surgery.

We do not pray for anyone's prosperity, success, etc., however, by request sent to Headquarters the Invisible Helpers may help with personal problems of home, children, etc., where the need is based on one's spiritual welfare and harmonious home life.

Everyone is invited to join us in prayer for the sick at any time of the day or night, but especially at 6:30 P.M., your time, when possible. Close your eyes, relax, and envision the Rosicrucian Emblem with a pure white rose in the center and silently meditate upon the words, "Divine Love and Healing." You thus become a channel for releasing the healing balm which comes direct from the Father and this becomes the spiritual panacea which the Invisible Helpers use in their healing ministry. At various times of the day and night, prayers are said for the sick at Headquarters and everyone is given individual attention.

Send your request to The Rosicrucian Fellowship, Oceanside, California.



## Over the Rainbow

YVETTE J. FRYMANN

**C**OME on, Ruth," said Chris, who was looking out of the window. "The rain has stopped now. Let's go out."

"Oh, look Chris!" said Ruth as they went into the garden. "What a lovely rainbow! It looks as if it ends just at the bottom of our garden. Let's go and see if we can find where it really does end. We shall have to run, or it will go away."

So hand in hand they ran down the garden path, and for a wonder the rainbow did not go away as they approached. Breathlessly they arrived at its foot.

"Oh!" said Ruth, "isn't it beautiful," for the gleaming arch of light rose up just in front of them. "It looks as if it were a bridge that we could cross."

"Too steep," said practical Chris, "we should need steps on it. Why, there is a staircase inside it. Come on, let's see if we can climb up it."

"You go first," said Ruth, "and see if it's solid."

"All right," replied Chris, and stepped up a little way, then stopped to look round. At first they could see nothing but the brilliant red light through which they were climbing. Then Ruth looked down at the earth and

grabbed Chris's arm in excitement.

"Look, Chris, look at those funny little men," she cried, for she found that instead of looking at the ground she was looking through it. Under the surface of the soil were lots of tiny gnomes busily arranging the roots of the plants in the garden, spreading them out carefully, and guiding the delicate fibres into the spaces between the grains of soil. Others were working along a row of seeds that had just been sown, and seeing that each seed was right side up.

"So that's why it does not matter which way up you plant seeds," said Chris, "I've often wondered how the roots always managed to find their way downward and the shoots to come up."

"If you look at the flowers you will see the fairies," said a voice beside them. The children looked round to see who had spoken, and there beside them was a glorious Form in the shape of a man, but his body was made of light, which glowed and shone in all the loveliest colors imaginable.

"I beg your pardon," said Chris politely after a moment's hesitation, "but would you please tell us who you are?"

"I am your guardian angel," replied the Form. "I look after you and see that you come to no harm. I cannot prevent your being hurt if you do things you learn you should not do, or if you are cruel and disobedient. I am always near you; I often tell you what you should do, but sometimes you are so busy thinking about yourself that you do not hear me. Now let's look at the fairies and see what they are doing."

Chris and Ruth looked down at the flowers in the garden and saw tiny winged creatures, in dresses colored like the flowers they were tending, busy as could be. Some were coloring the flower petals, some were helping the buds to open, others were loosening the pollen so that it would cling to the hair of the next bee that came to the flower, and some were busy putting the nectar where the bee would find it.

"So there really are fairies," said Chris. "I've read stories about them, and Mother's told us of them, but I always thought they were just make-believe."

"Of course there really are fairies," answered the Angel. "There are ever so many different kinds of fairies, and if it were not for their work there would be no flowers and trees, no wind and rain, no sunshine and frost. If you climb up the next few steps of the rainbow you will see the fire fairies."

The children climbed on, and saw that the red light in which they had been standing changed to a lovely orange as they went up the stairs.

In the garden below them they saw a bonfire in which the gardener was burning some pea plants that had finished bearing peas. All round the fire Ruth and Chris noticed lots of little orange-gold fairies; some were leading the flames on from one part of the fire to where there was more to be burned. Others were puffing and blowing to make the parts that were just smoldering

burst into flame. Then the gardener poked the bonfire with a long stick, and a shower of sparks shot up high into the air. The fairies thought that was great fun, for each spark carried one of them up for a joy ride.

"I never thought of fairies having anything to do with fire," said Ruth to the Angel.

"You can see how much they have to do with it," he replied. "No fire, would burn without their help. Now come along up into the next color and see the fairies of the air."



Up they went, the orange light growing paler until they were standing in a beautiful yellow glow, like the brightest sunshine. Ruth looked up at the sky. On one side of the rainbow it was clear and sunny, but on the other side was the dark cloud from which the rain was still falling. Behind it were lots of fairies working so hard to push it along.

"Those are the wind fairies," said the Angel, answering the question before Ruth had time to ask it.

"They send the clouds flying across the sky, and they also make the shapes of the clouds. Sometimes the wind fairies and the rain fairies have a quarrel, and if it is a really big quarrel you can hear them down on earth, and you say there is a thunderstorm."

"How exciting!" said Chris. "If I look at the clouds next time it thunders, shall I be able to watch the fight?"

"I don't think so," replied the Angel. "The fairies are usually too far up in the sky for you to be able to see them from the ground."

Ruth was having a good look at all the fairies she could see. She watched the rain fairies squeezing the raindrops out of the misty stuff of which the cloud was made. Then she looked back, down at the ground they had left behind them. She could see their own garden, and the field at the end of it with the pond in it. All at once she pulled Chris's arm.

"Do you see that little elf, down near the edge of the pond?" she said. "He's having a lovely ride on that dragon-fly. Now what's he doing?"

"I can guess," said Chris, "the dragon-fly is too slow for his liking, so he's making himself spurs out of thistle leaves. I'm sure the poor dragon-fly won't like it."

"I expect it will know what to do with the naughty elf," said the Angel, and they all watched to see what would happen. The elf had climbed onto the dragon-fly again, and gleefully dug his new spurs into the poor insect, who flew off at a great speed. But when it was well over the pond it stopped all at once, and the elf, who had not been expecting this, went straight over its head and down into the pond.

"I suppose he deserved it," said Chris, "but it did look fun."

"I hope the elf won't drown," said Ruth.

"If you come up another few steps you will be able to see what happened to him," said the Angel.

*(To be continued)*

## THE ELF-MAN

I met a little Elf-man once,  
Down where the lilies blow.  
I asked him why he was so small  
And why he didn't grow.

He slightly frowned, and with his eye  
He looked me through and through.  
"I'm quite as big for me," said he,  
"As you are big for you."

—JOHN KENDRICK BANGS.

\* \* \* \* \*

## OH, FAIRY, TELL ME!

Oh, Fairy Blue! Oh, Fairy White!  
Tell me where you play each night.  
Oft in the valley I hear the sound  
Of myriad fairies dancing around.

Oh, Fairy Red! Oh, Fairy Green;  
Please tell me the name of your Fairy  
Queen.

I have seen her many a night,  
Traveling fast on a beam of light.

Oh, Fairy Yellow! Oh, Fairy Brown!  
Where do you go when the moon goes  
down?

Do you travel the spaces afar,  
And play hide and seek on the nearest  
star?

Oh, Fairy Violet! Oh, Fairy Grey!  
What do you think of all the long day?  
Do you dream of the moonlight's sheen,  
Or the fun you will have on the village  
green?

—CYRIL VERNOR.

—From *Aquarian Age Stories*  
for Children.

## HOW YOU MAY BECOME A MEMBER OR A STUDENT OF THE ROSICRUCIAN FELLOWSHIP

### CONCERNING MEMBERSHIP—

Membership is open to every person, provided he does not commercialize spiritual science, after completing the Preliminary Philosophy Correspondence Course consisting of 12 lessons, which can be completed easily in a few months' time.

He is then known as a Regular Student and will receive a monthly letter and lesson from Headquarters for a period of two years; this monthly course does not involve written answers, for the Student lives his lessons through self-improvement and service to others. During this time he gradually raises his spiritual standard of living and prepares himself for Probationership. Probationership creates a closer bond with the Teacher of the Order and His great work of healing and educating mankind. After five years as a Probationer, one may apply for the instruction of Discipleship. However, if desired, a Regular Student may continue as a Student as long as he desires before making up his mind concerning Probationership. Full membership, with voting privileges is open to Probationers only.

### CONCERNING CORRESPONDENCE COURSES OPEN TO ALL—

The following courses—offered on a love offering basis—are open to all persons—including, of course, our Regular Students—who are not hypnotists, mediums, palmists, or fortune tellers.

#### PHILOSOPHY COURSES: (Based on The Rosicrucian Cosmo-Conception)

1. Preliminary Course, 12 lessons, above described.
2. Supplementary Course (after completing the above). (40 lessons)

#### WESTERN WISDOM BIBLE COURSE:

This profound course will help the Student to recognize in the Bible a spiritual guide of inestimable value given to humanity by the Recording Angels, and will enable the Student to interpret and understand its hitherto unrevealed secrets of life and being to such an extent that they find its truths corroborated and illumined by scientific discoveries. Parables and seemingly insignificant incidents become revealed as purveyors of basic scientific spiritual laws upon which a more satisfactory and truly successful life may be patterned. (28 lessons)

#### ASTROLOGY COURSES:

The *Junior Course* covers the setting up of the chart and then advances to the reading of it, showing the Student how to synthesize the horoscope as a whole and arrive at a point where he can read the message contained therein. (26 lessons)

The *Senior Course* is devoted to the esoteric phases, particularly in connection with one's spiritual development. (12 lessons)

The *Senior Extension Course* devotes its first 10 lessons to setting up and reading the horoscope, at the same time correlating the astrological data with the Rosicrucian Philosophy. The last three lessons are devoted to the progression of the horoscope, directions, and transits. (13 lessons)

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### APPLICATION BLANK

The Rosicrucian Fellowship, Oceanside, California, U. S. A.

Please Enroll Me as a Student of:

Rosicrucian Philosophy  Bible Study  Astrology

I *desire* to become a Regular Student

I *do not desire* to become a Regular Student at this time

(PLEASE PRINT)

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City \_\_\_\_\_

State \_\_\_\_\_