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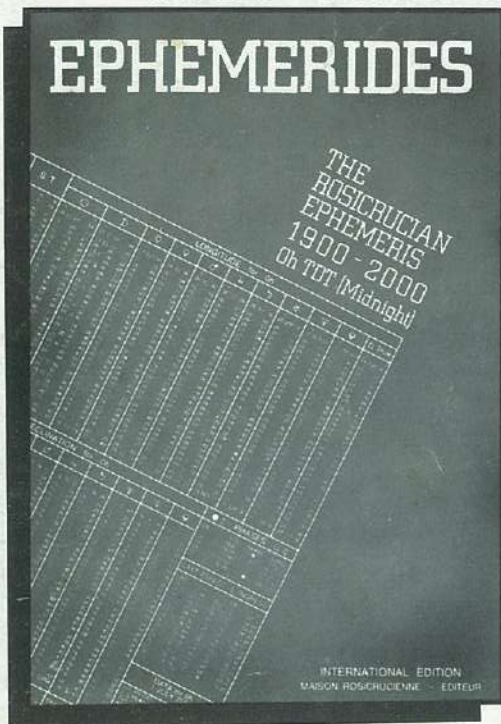


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**"A Sane Mind,
A Soft Heart,
A Sound Body"**

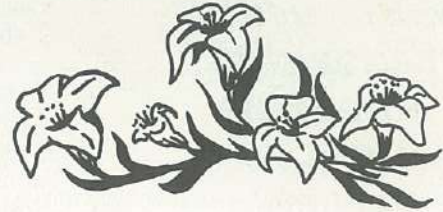
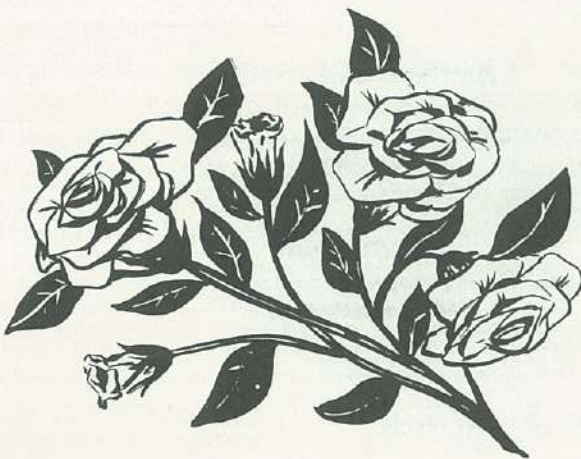


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Feature

TREASURES OF THE HEART

I do not seek your silver
to take as my own.
I do not seek your body
to possess as my own.
I do not seek your mind,
to influence as my own.
I do not seek to take.
I wish to share my feelings,
that come from my heart.
I give them with love,
of which you may partake.
I wish to give you happiness,
in place of your sadness.
I wish to give you understanding,
with an ear that hears.
I wish to give you comfort,
when it seems no one cares.
I wish to share your heart,
which to me is life's most precious treasure.



ROAD OF LIFE

As I walk upon this road called life,
searching for my identity,
I call upon the love of the Divine
to guide me to my way to find.
Time was slow to pass it seemed,
but my footsteps you did surely lead,
It was in the slowly passing of time I began
to see things in their reality.
You were not mean, when the lessons
came to me to learn, for very lovingly your
hand was stern.
It was for me to feel the hurt,
it was for me to suffer,
only in this way was it possible for you to
say;
"Do it right dear child, with love in your
heart, understand
and see the light. Be kind to all, no matter
how great or small.
Be there for all who call, In this way you
won't go wrong,
believe with all your heart."
I wish to pass this message on to all,
look at yourself for who you are;
accept that which is wrong and strive to
make it right.
In this way you will be living
in the love of Light.
Your life will be content and lived most
happily, for you will be living
your God given right. □

—Karen Wren

Suggestion

Suggestion plays an important part in our lives. Autosuggestion is a common occurrence, as in the thousands of persons who have imaginary ailments and go to physicians for treatment. The physician, knowing that the trouble is with the mind and not the body may prescribe a sugar pill. If the doctor's personality is strong and the patient has confidence in his ability to effect a cure, the cure will be effected.

Some may condemn the doctor for not telling the patient the truth, but if he did so, the patient would not believe him. In addition, the patient might become angry and suffer from his hallucination in a more aggravated form. The giving of a sugar pill or water or some other harmless substance, in the doctor's mind, restores harmony and removes the delusion by the belief in the curative powers of the medicine.

Persons have been in accidents and thought they were injured though not hurt at all. That part of the body, however, was imagined as being injured and found paralyzed. There is a story of an engine driver who was hurt in a railroad accident and who imagined that the lower part of his body was paralyzed. The physicians who examined him declared they could find nothing wrong; but though they stuck pins deep into his flesh, pinched and burned him, no signs of feeling or pain were shown. When lifted to his feet and his support removed, he fell helpless in a heap. This continued for a year, during which time he was confined to his bed. The railroad company believed he was faking and had him watched. The company was finally convinced that he was really paralyzed and agreed to pay him a large sum in damages. Overcome with joy when he received the money, the man forgot his body and jumped to his feet a well man,

proving conclusively that he was a victim of false belief and fear induced by his own mind.

Mass suggestion prevailed during the Middle Ages, and swept over large areas, causing virulent epidemics and many types of hallucinations. The belief that stones and relics have the power to effect cures brings the desired results mainly through mass suggestion. Religious excitement is also of this character as we see when we watch great numbers of the TV evangelists' congregations sometimes fall in a faint, shout fantastic ravings, sway backward and forward upon their knees, and wail like madmen.

Let one person yawn and it is quite likely that those near to him will do the same. If one speaks of ants during a conversation, it will often cause the body to itch and creeping sensations may be felt. If a person eats some harmless food but is told it is a poison, the suggestion will often cause him to become ill. The prevailing clothing styles, although often ridiculous, uncomfortable, and barbaric, are often accepted and worn due to the suggestions made by designers through the press.

A person may have an automobile which gives perfectly satisfactory service, but if told by several of its inferiority to other makes, he will become dissatisfied and may eventually give it away just to get rid of it. *Suggestion is the parent of epidemics; fear is their executioner.*

Since we know the principle or law of suggestion, why not use it for good instead of for evil. Let us use the power of suggestion to change the beliefs and temperaments of those around us for the constructive purposes of peace, health, prosperity, and for a higher spiritual life. This law or principle will then be a blessing and will have been used for the purposes for which it was intended. □

—Editor

Editorial

Light and Shadow

Of all the various phenomena of Nature that can be observed constantly and everywhere, none is more intriguing and yet more enigmatic than that of the relationship between the rays from the Sun, a vertical object on the Earth and the horizontal image of that object along the ground in the direction away from the Sun. The shadow is perhaps one of the earliest playmates developed by the imaginative child who dances along, runs in circles, bends and stretches to create delightful patterns along the ground by this illusive partner.

As the world turns on its axis, making it seem as if the Sun is moving around it, the shape and density of the shadow change. Though the phenomenon will remain an intriguing enigma to our finite minds, a few ideas for contemplation can be drawn from our observation of the nature of this fascinating factor of life.

The vertical object under consideration here may be thought of as having substance, while the horizontal shadow is merely an illusion. The vertical object, which can be the body of a human being, a building, a tree or any other form, absorbs the rays coming from the Sun, leaving that area between it and the ground directly opposite it from the light rays devoid of photons. Thus a dark shape *appears* along the ground which is a semblance of the object. The most oblique rays cast the longest shadows, which can be readily noticed in the morning and evening hours. Likewise, the strongest rays cast the densest images.

Now let us turn our attention briefly to the source of light which produces this interesting phenomenon—our Daystar. Scientists tell us that there are several layers of the Sun. At the core there is unfathomable violent activity going on continuously. Fierce multitudinous collisions of atoms are taking place at a frequency and proportion beyond the comprehension of the ordinary mind. This is exactly what causes the steady glow of the corona, which we think of as the essence of sunshine. The Sun is sending out rays at all wave-lengths. Our planetary atmosphere blocks out the harmful ultra violet rays. Nevertheless, they are being emitted and penetrate the Earth's aura at some level. The human eye perceives rays within the spectrum of visible light, from a wave-length

associated with the color red and one of violet wave-length. But the rays below red and above violet are also being emitted.

What does this have to do with light and shadow?

In the same manner that rays of differing wave-lengths are being constantly emitted by the Sun and reach the Earth's aura daily, people of different leanings respond in different ways to these rays. According to their total makeups, they absorb the light in differing amounts. In consequence, they become bearers of the light thus absorbed, walking "in the light" in the proportion that they have absorbed it.

Walking in the light is aligning the energies with the direct rays of the Sun, or the perpendicular cosmic force. Perpendicular, further, is correlated to the vertical, having the spine alligned with the Sun, or Christ, Light. And it is the vertical dimension which casts the shadow.

Although shadow will always be a part of light, the dark image on the horizontal plane can NEVER be a part of the figure of which it is only an illusion along the ground. Inanimate atoms which are part of the ground cannot lift themselves up and become part of the object. The shadow figure comes and goes, lengthens and deepens as the object casting the shadow changes its relationship to the rays of the sun. But the little atoms which make up the illusion must remain in their places, as they do not have freewill to alter their status.

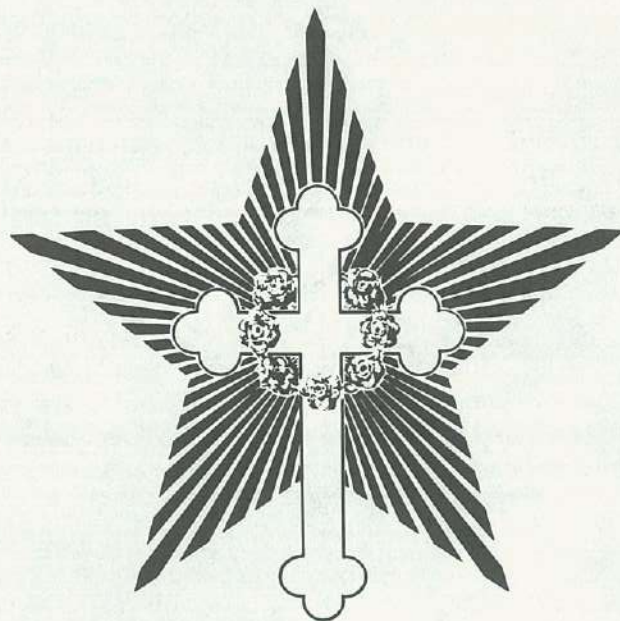
This is not the case with animate atoms. They can be moved and do not need to remain on the horizontal plane. Each individual has freewill and can *choose* to elevate himself into the light. By the application of willpower, one can walk with God, absorbing more and more of His Light daily. It is a matter of choice.

Light and shadow will always exist together. But David could walk through the valley of the shadow of death and not be afraid because he knew that the shadow was only the illusion of life. The light of God was with him and he knew no fear. Psalm 23:4. So can we walk with God and know no fear, realizing that shadow is merely an illusion. □

—Editor



Mystic Light



Expressing the Emblem

CROSS AND ROSES

*Cross and roses are my guide,
On the path to freedoms light
When the way grows dark and drear
Then the symbol sets me right.
Cross and roses are my guide,
On the path to freedom's light.*

*Cross and roses, symbol great,
Guiding to eternal light,
Man reflects the thought divine,
God alone makes all things right.
Cross and roses, wond'rous guide,
On the path to freedom's light.*

*Cross and roses, joy of joys.
What a blessed holy sight.
When the pow'r of earthly man
Weakens in this worldly fight.
Cross and roses are my guide,
On the path to freedom's light.*

Irving Mac Arthur

These words, written by a Member of The Rosicrucian Fellowship in the early years of its history, are sung to the tune of "Rock of Ages," a traditional beloved hymn melody which itself describes Christ Jesus as a rock. Religious anthems and writings have forever utilized symbolical language to express the deepest longing of man, to be re-linked with his Creator. "Cross and Roses", a song appearing in the official songbook of The Rosicrucian Fellowship, *Songs of Light*, gives worshipers the opportunity to join others of like persuasion in raising their voices together in the expression of their admiration, love and appreciation of the beautiful symbol we know as The Rosicrucian Emblem.

Here quoted is the full content of a pamphlet, one of many that are available for free distribution, devoted to our precious Emblem.

THE ROSICRUCIAN EMBLEM

"Divine symbols which have been given to mankind from time to time speak to that forum of truth which is within our hearts, and awaken our consciousness to divine ideas entirely beyond words. Therefore, symbolism, which has played an all-important part in our past evolution, is still a prime necessity in our spiritual development; hence the advisability of studying it with our intellects and our hearts."

—Max Heindel

The Emblem of the Rose Cross is one of these divine symbols. The Western Mystery School (that of the Rosicrucians) has as its Emblem the red roses (symbolic of the purification of the desire nature) on the cross (materiality), the golden five-pointed star (showing that the Christ is born within the disciple and radiates from the five points which represent the head and four limbs), and the blue background (symbolic of the Father). The colors represent God in manifestation: unity in trinity.

Viewed in its fullness, this wonderful symbol contains the key to man's past evolution, his present constitution, and his future development, together with the method of attainment. In the form where it is represented with a single rose in the center it symbolizes the indwelling Human Spirit radiating from itself the four vehicles: the dense, vital and desire bodies, plus the mind.

But there was a time when that condition did not obtain, a time when the threefold Spirit hovered above its vehicles and was unable to enter. Then the cross stood alone without a rose, symbolizing the condition which prevailed in the early third of Atlantis. There was even a time when the upper limb of the cross was lacking and man's constitution was represented by the Tau (T). That was in the Lemurian Epoch when he had only the dense, vital, and desire bodies. Then the animal nature was paramount. Man followed desire without reserve.

At a still earlier time, in the Hyperborean Epoch, he was also minus the desire body and possessed only the dense and vital bodies. Then man-in-the-making was like the plants, chaste and devoid of desire. At that time his constitution could not have been represented by a cross. It was symbolized by a shaft, a pillar (I).

Viewing our Emblem as it is today, we note that the lower limb of the cross (symbolizing matter) indicates the plant with its root in the chemical, mineral soil. The Group Spirits of plants are at the center of the Earth in the Region of Concrete Thought. From these Group Spirits flow streams or currents in all directions to the periphery of the Earth, passing outward through the length of plant or tree.

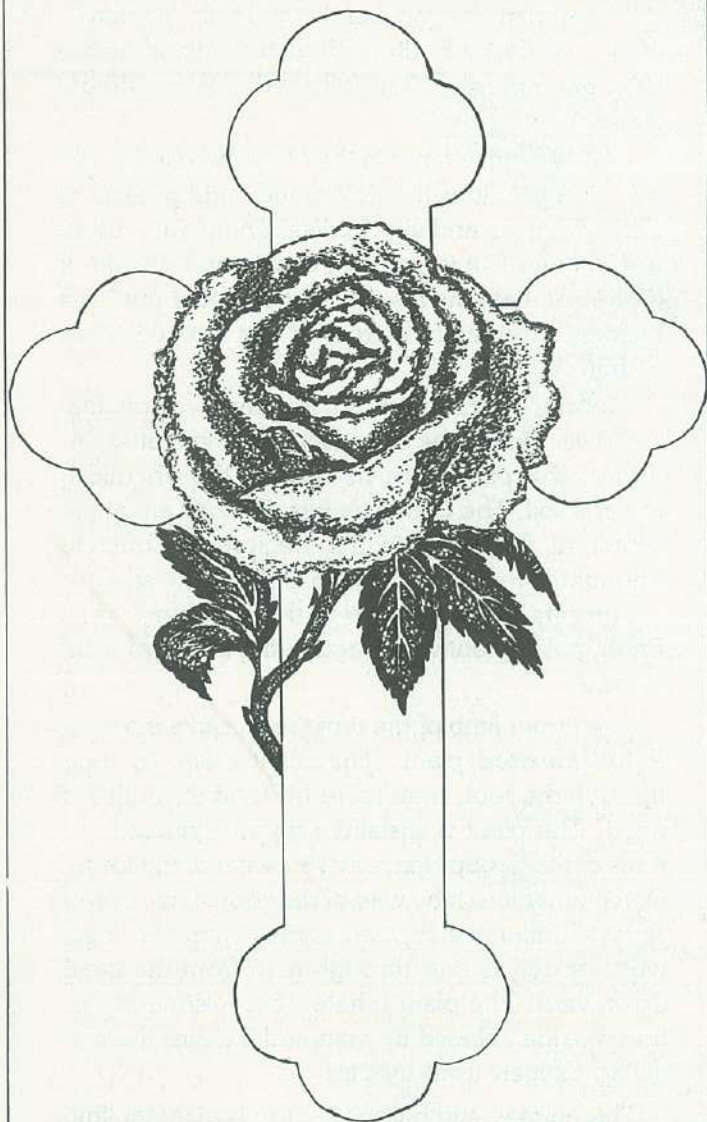
The upper limb of the cross represents man; he is the *inverted* plant. The plant takes its food through the root; man takes his food through the head. The plant is sustained by the spiritual currents of the Group Spirits in the center of the Earth, which enter into it by way of the root. The highest spiritual influence to man comes from the Sun, which sends its rays through man from the head downward. The plant inhales the poisonous carbon dioxide exhaled by man and exhales the life-giving oxygen used by him.

The animal, symbolized by the horizontal limb of the cross, is between plant and man. Its spine is in a horizontal position and through it play the currents of the animal Group Spirits which encircle the Earth.

The mineral kingdom is not represented because it possesses no individual vital body, and hence cannot be the vehicle for currents belonging to the higher realms.

In time the present passionate mode of generation will again be superseded by a pure and more efficient method than the present, and that also is

symbolized in the Rose Cross where the rose is placed in the center between the four arms. The long limb represents the body, the two horizontals, the two arms, and the short upper limb, the head. The rose is in place of the larynx.



The seven roses which garnish the Emblem and the five-pointed radiating star behind, are symbolical of the twelve Great Creative Hierarchies which have assisted the evolving Human Spirit through the previous conditions, as mineral, plant, and animal, when it was devoid of consciousness and unable to care for itself in the slightest degree. Of these twelve hosts of Great Beings, three classes worked upon and with man of their own free will

and without any obligation whatever. These are symbolized by the three points in the star upon the Emblem which point upward. Two more of the Great Hierarchies are upon the point of withdrawal, and they are pictured in the two points of the star which radiate downward from the center.

The seven roses reveal the fact that there are still seven Great Creative Hierarchies active in the development of the beings upon Earth, and as all of these various classes are but parts of one Great Whole whom we call God, the whole Emblem is a symbol of God in manifestation.

The red color of the climbing roses, representative of the verdant evolving life climbing to greater and greater heights, indicates the activities of the Holy Spirit of God in Nature. The human analogy is the mystery of the cleansed blood. Blood is the vehicle of egoic control of the physical body. The Ego controls the body by means of the heat in the blood. In the process of right living the vibrations of the blood are harmoniously raised, the blood cleansed from animalism and changed into the type of Blood of Christ. That is one of the processes of the Christ in us. One of the evidences of this condition is that the body becomes a more sensitive and responsive instrument of the Spirit. The poison from the bite of a venomous serpent may be overcome and eliminated by the clean, high-vibrating fire in the blood, as stated in the Bible.

The seven roses may also in a certain sense be correlated to the ductless glands, intimately connected with the occult development of humanity. Four of these are connected with the personality; the thymus gland, ruled by Venus; the spleen, ruled by the Sun; and the two adrenals, ruled by Jupiter. The pituitary body, ruled by Uranus, and the pineal gland, ruled by Neptune, are particularly correlated with the spiritual side of our nature, and the thyroid, ruled by Mercury, forms the link between.

As spiritual aspirants we receive from the Emblem the high ideal of causing the roses upon our cross to bud and bloom—that is, to unfold the latent powers of the threefold Spirit by active experiences here in the material world. The threefold Spirit, by means of the mind, governs a threefold body, which it emanated from itself to gather experience. This threefold body the Spirit transmutes into a threefold soul, upon which it nourishes itself from impotence to omnipotence.

Certain specific faculties must be cultivated if spiritual attainment is to be accomplished. One of

these is *discrimination*, the faculty whereby we distinguish the unimportant and unessential from the important and essential, thus learning that *we are Spirits*, and our bodies are but temporary dwelling places, instruments for use. Discrimination generates the *intellectual soul* and gives man his first start toward the higher life.

Observation is another important faculty: the use of the senses to obtain information regarding the phenomena around us. Observation and right action in relation to external impacts generates the *conscious soul*.

Devotion to high ideals is also necessary, for it acts as a curb on the animal instincts and evolves the *emotional soul*. By following the Path revealed to us by the Emblem we unfold the powers of God Himself—we become able to do the things indicated by Christ Jesus when He said: "He that believeth on me, the works that I do shall he do also; and greater works than these shall he do." (John 14:12.) Among the powers He possessed, as we know from His works, were clairvoyance, clairaudience, prophecy, teaching, healing, casting out devils, and controlling the elements. All these powers may be ours, too, as we live so as to make the roses bloom upon our cross.

The alpha and omega of our spiritual aspiration on the Path of Attainment may be said to be symbolized by the white rose used in the Healing Service. It stands for the heart of the Invisible Helper, purified, harmless, and free from all personal desires. In our daily struggle to conform our lives to the Divine Plan we are building the soul body, the body of light in which we can function as Invisible Helpers.

Let us meditate often on the Rosicrucian Emblem, raising our consciousness in contemplation of the high ideals held up before us in this mystic symbol. The forum of Truth will become established within us and we will day by day develop an awareness of the greatness of God's plan and His love for us.

I am the door: by me if any man enter in, he shall be saved, and shall go in and out and find pasture. John 10:0. (End of quote)

An aspect of religious worship service which has evolved with humanity is that of revealing to the vision of a gathering of worshipers an object of their aspiration. This custom was written into The Rosicrucian Fellowship Temple and Healing Services by the founder of The Rosicrucian Fellowship himself. At a certain point in both of these services,

as well as in certain meetings for Probationers and other Fellowship services, the Rosicrucian Emblem is unveiled. In the unveiling of the Emblem and the causing of a light to shine on it, the focus of all in attendance is turned upon the Emblem. All minds and hearts present are thus drawn to this central focus. The combined aspirations of devotees to the lofty ideals of the Rosicrucian Brotherhood are directed to the center of the Emblem in a unity of purpose and strength of conviction. During the concentration period which follows, spiritual power is generated which is used by the Elder Brothers for the benefit of all mankind.

When the service mentioned above is the weekly Healing Service, the full significance of the Emblem is revealed in Mr. Heindel's words: *Now let us concentrate upon the Rosicrucian Emblem on the wall. The pure white rose is symbolical of the heart of the Invisible Helper. The red roses stand for his cleansed blood. The white cross brings to mind his body, and the golden star represents the golden wedding garment which is made by pure living.*

As Moses was instructed to lift up a brazen serpent for all who beheld it to be healed (Numbers 21:8,9), we have been admonished to look up to our Emblem that we might be inspired to grow into the object of our affection. In the Parting Admonition which closes our Temple Service, we are exhorted to strive daily to become more worthy to be used as channels of the beneficial workings of our elder Brothers in the service of humanity. In our daily lives, we are therefore encouraged to be living expressions of our very Emblem.

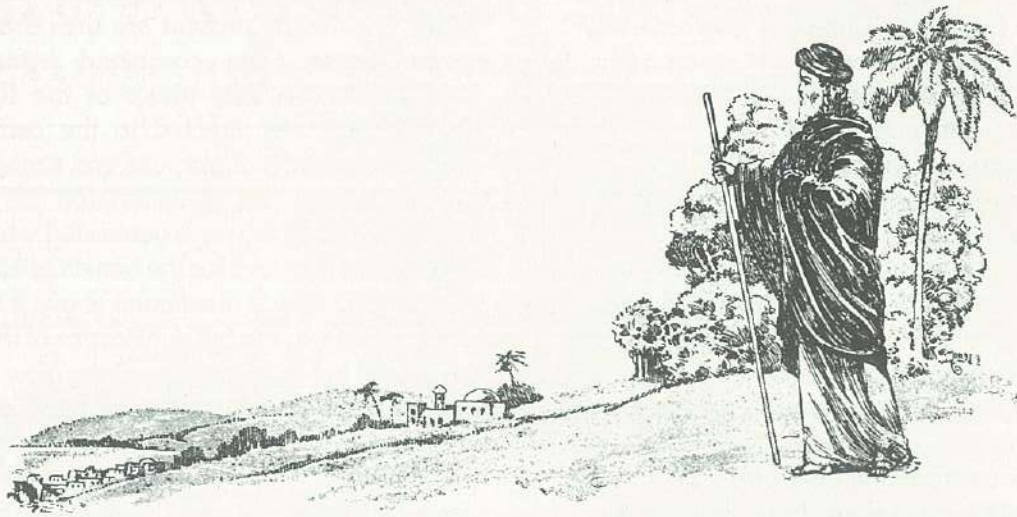
Christ said in John 12:32, And I, if I be lifted up from the earth, will draw all men unto me. If we lift up Christ through expressing our Emblem in our daily lives, we shall surely lift all humanity to Him who is our Ideal—into freedom's perfect light.

From OCCULT PRINCIPLES OF HEALTH AND HEALING, page 57, we draw this sublime inspiration: *This then is the great ideal toward which we are striving: to cleanse ourselves from the taint of egoism and self-seeking. Therefore we look upon the emblem of the Rose Cross as an ideal. The seven roses typify the cleansed blood; the white rose shows the purity of life; and the golden radiating star symbolizes that inestimable influence for health, helpfulness and spiritual uplift which radiates from every servant of humanity.*

Max Heindel

—A Rosicrucian Aspirant

Mystic Light



Creative Thought

For as he thinketh in his heart, so is he. Proverbs 23:7.

In Nature nothing stands still; either we are growing or else we are regressing, as we attract to ourselves things of like nature. It should and does follow that if we want to attract things of a higher and more spiritual nature, we must have thoughts of a purer and kinder attitude. We must have an enlarging of consciousness.

Most people will start on a certain path, become enthused, go only a short distance and then stop. At a certain point they seem to get stalled. We see people in business that will go just so far each year and can never seem to go any further. We see people in all walks of life getting so far, and then so to speak shrivel upon the vine.

There is a reason for every happening.

Isaiah 1:18 says, *Come now and let us reason together.* This very statement would and does imply that all is governed by law. When we look at thought patterns of how and why a man thinks the way he does, we find why he can only get so far. We are all governed by law; there could be no universe without it.

The man who gets so far and becomes mired down is governed by this same law. The point of stoppage is where he has disallowed his thoughts to expand into greater fields of thinking, and into wider realms of action; the thought and the act are segments of a whole. A person's condition is the measure of his thoughts. If he would expand his thought, the realm of action or outer form would be greater and greater. One must recognize, at this point, the spiritual laws that are in play and keep their perspective. One of the great sign posts along the way is "as above so below." This simple saying, along with the Biblical words "come now and let us reason together," will guide one along the path of spiritual upliftment and into greater realms of life.

One may ask will this law bring harm as well as good? The universal law is—we are what we think. All laws are of like nature. Electricity will light the house or burn it down. You

decide the effects of the law for yourself. It is of itself an impersonal thing. The bulb in the light socket will light the room; if one puts a finger in the socket... the law doesn't change. It still is impersonal.

If we desire only good, then no evil can control us. As we want the good for all of God's creatures we therefore should not be bothered with evil thoughts. Forget about saving the world; you will fail. Our first responsibility is to ourselves. Demonstrate to yourself that the laws are the pathway and power to all things.

In Matthew 8:22, Christ said, *Follow me; and let the dead bury their dead.* See that you live in the law and let natural laws govern your life. You are not selfish when you do this.

We are bound to a certain degree by what we have done in the past. In one sense we are bound by karma, but think on this: *Repent ye therefore and be converted that your sins may be blotted out.* Acts 3:19. The dictionary has several meanings for repent, but they basically mean the same thing, to feel sorry for what one has done, or failed to do. To feel so contrite over one's sins as to change or decide to change one's ways is to repent.

We have two statements that seem to contradict one another. The law of Karma dictates that we must suffer for deeds done. The second one states that there is a possibility we may not have to suffer, if we ask what is the condition where we do not have to suffer, and we reason that it must be our attitude. The very meaning of repentance, as we spoke of before, is to feel contrite over one's sins.

The evil darts of this world will not be able to penetrate or hurt. Our first step is to study and wait upon God, and know that we are one with God.

In Isaiah 1:18 the Lord continues speaking through the prophet: *though your sins be as scarlet they shall be as white as snow; though they be red like crimson, they shall be as wool.* We must realize that the law is still there, and also that it is still an impersonal law. It is we that must change so that the flow of the law, instead of hindering and punishing us, frees and blesses. Regardless of what we have done in the past, our sins shall be as white as snow. There is a law that comes into point, which is not elaborated on in this present work—the sin against the Holy Ghost, which cannot be forgiven but must be expiated.

The law is without variation. We cannot merely say, "I'm sorry"; we must sincerely change from within. We must become intrinsic in nature with ourselves.

As we do let the old thoughts and ways go, let us forgive ourselves and start anew, ceasing to think of the evils of the past. As we do we will see more of the great scheme of things come into our lives.

Always realize that you are a friend to everyone and everyone is your friend. Who is your brother, who is your sister? Matthew 12:50 says *For whosoever shall do the will of my Father which is in heaven,*

the same is my brother, and sister, and mother. We are children of the King of Glory.

It was once said by a man that "I am a citizen of the world and doing good is my religion." Doing good in the world includes kindness to all of God's creation. What are the problems that confront us when we begin this change of attitude, a repentance of sins? Doubt is a great obstacle to overcome. The Ego comes into play, and the mortal man raises his head and says: who is this god who thinks he knows so much? The great fallacy of modern man, without reason, declares: look how smart I am. I know that my ways are right. How dare you consider another view point; God will punish you for such blasphemy.

There are great hurdles to overcome. If we will reason together, and with God, we will be drawn to a path upon which there will be no turning back. The evil darts of this world will not be able to penetrate or hurt. Our first step is to study and wait upon God, and know we are one with God. Realize that all good things come to those who follow in His ways. Romans 12:2 exhorts us to *be ye not conformed to this world but be ye transformed, by the renewing of your mind, that ye may prove what is that good and acceptable, and perfect will of God."*



What is being said here is that the old thought patterns and actions creep back into our minds and we must constantly be on guard until we are transformed. The act of transformation can take place in the twinkling of an eye, but be not deceived. As Max Heindel said, the gun had to be thought out through many a mistake, manufactured, honed, drilled and polished, and through an act of the will cocked and fired; at this point transformation takes place.

We are told that there are no anomalies in nature, which indicates that Paul, John the Baptist, Moses and the prophets of old made a conscious decision to do right, and were then faced with the same laws that confront you and me. The man that conquers self is greater than the man that conquers a city.

In *Mysteries of the Holy Grail*, by Corinne Heline, and many

other writings, we read and are inspired and awed by the Grail stories, such as the chalice well, legend of the Rose Cross, the cauldron and the chalice cup. These stories lift us up on wings and we soar to great mental heights; it is with great reluctance that we come back to Earth. These great stories were given to further our progress on the path.

We ourselves become knights when we pick up the sword of truth, for at this point war begins with self, the lower nature, and the Ego, or Higher Self. If we are to become true knights we must dedicate ourselves to the Christ, with reverence to all creatures. Our devotion must be pure and wise with single-mindedness.

The path to creative thinking or steps to attainment can be found in many different ways;

the animalistic nature must at all times be controlled by the power of love. We are told that the Neophyte must determine the right course to pursue in all circumstances. He must choose the right course of action or thought, and even though an Angel of Light urge him otherwise, he must act on his own best understanding. Temptation follows one to the doors of Heaven itself, and one is tested daily—not with lies, but with the truth. We must do right because it is the right thing to do. We are told that the Path and the Grail are one. Wherever there is anyone alone or otherwise working with great spiritual intent for the love and uplifting of God's creatures there the Grail descends.

The word initiation means to enter into, and in our case entering into a new life, a lifting of consciousness to a higher plain. The Bible tells us the way is narrow or hard, but is well worth the trouble. No one is ever forced to enter the straight and narrow. Man must enter of his own free will. The way to a higher life is known under different names: The Way, Path of Initiation, Quest of the Holy Grail, The Way of Attainment and others. What has this to do with "Creative thinking?" In the far distant past, the mind of the human life wave congealed with the lower desire nature, the animalistic part. With the mind in this state of influence, objective reasoning became almost an impossibility. Great Beings, eons of time in advance of this, our life wave, came to give aid and nullify this condition. Christ came to save those who were lost, or couldn't on their own save themselves. But even

before Christ came there were great teachers that helped to guide humanity and even thousands of years before Christ there were those that were able to unite their minds with the Higher cosmic forces.

So this bond between the mind and lower desire nature has to be broken before real creative thinking can begin. The Great Beings that are leading humanity gave aids and guidelines, that if we will persistently follow, we can think aright and things of that nature will be drawn to us. Our consciousness will expand; our actions and our whole sphere of influence will widen.

Ask a hundred people what exactly was the fall of mankind, and we are just as likely to get a hundred different answers. One of the first steps to a higher life, in wider realms of spiritual understanding is to know, not merely who we are, but what we are. By this is meant that we are children of God, that we are members of the family of the human life wave. This life wave sometime in the past fell, so to speak, from the grace of God, or, if you please, we squandered our spiritual inheritance. Up to this point most people will agree, but if we proceed much further, a break occurs and some will say "I believe this" and others will believe something else.

If we bring reason into play we will realize that everything in the Universe is of a logical order, and reason was the basis of God's Master Plan. "Come let us reason together, saith the Lord."

When thoughts of a spiritual endeavor are engaged in, we are overwhelmed by thoughts of

the opposite nature, rushing in to pull us back to our old equilibrium. Everything in nature is seeking a place of tranquility, equilibrium, or condition of balance. As we flex our spiritual muscles, caution is the key word. In I Peter 5:8, he says, *Be sober, be vigilant, because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour.*

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We are going to sin, constantly fall. Do not be discouraged for Christ said, *I am with you always even to the ends of the world.* Do not condemn yourselves. Don't fall into the trap of some orthodoxy and say I have sinned against God, and

am not fit for the Kingdom of Heaven. It would also be wrong to deny a fault. Reason in your own mind, accept it that you have sinned and say to yourself and God: this is not right. Tomorrow I will be stronger, I shall surely overcome: I am a child of the King. Remember that we are reasoning with ourselves and God; come let us reason together, just you and I and God.

It is not necessary that we air our faults in public; this is between the individual and God. It is right and good that we, however, show reverence and gratitude always to God for protecting and caring for us and show thanks for the abundance we have.

Penetrate the dark veils in your mind and with reason unmask them, and air them for what they really are. If you feel someone has wronged you or taken advantage of you, forgive that person and remember the law, that you were drawn to that person, or condition because you had some karma to work out. Forgive them and lift your thought above the ordinary, and let it dissolve. Remember when they are ready God also will forgive them, for that is the law of love of our Heavenly Father.

Let us remember and aid in the upliftment of all. Max Heindel mentioned in *The Rosicrucian Cosmo-Conception* the Lord's Prayer. When we are confronted with conditions of avarice, envy and other sins, quietly remembering bits of this Prayer, like "lead us not into temptation," "give us this day," or "deliver us from evil," will clear the mind and let conditions of love and peace rush in. □

—John C. Kersey

Blessed Holiness

If the inquiring student looks up the word “blessed” in a Bible dictionary, he finds that it means “happy.” Holiness is defined as “being set apart for a sacred use.” It is easily concluded, then, that blessed holiness is the state of being happy to be set apart for a sacred use, having the entire chain of vehicles consecrated to a sacred purpose.

In *The Rosicrucian Cosmo-Conception*, on page 439, we read: “The Rosicrucian Order was started particularly for those whose high degree of intellectual development caused them to repudiate the heart.” Further on, our textbook states: “To any man or woman who is blest, or otherwise with such an inquiring mind it is of paramount importance that they shall receive all the information they crave, so that when the head is stilled, the heart may speak.” As we, who aspire to be students of the Rosicrucian Brotherhood’s lofty Teachings, seek to find the blending of the head and heart, the concept of blessed holiness needs a bit of elucidation. Is not such a state the heavenly blending of the mind and desire body?

Why should we seek to know God? Why should we be interested in developing the head and heart equally? Why should we aspire to such an ideal as blessed holiness? And what does this state entail?

The why of it is that each aspirant longs to be a light for God, the All-in-All. To bear witness of His existence, to be a bearer of the Light of His Love, to glorify His Name and office as Great Creator and to help others work toward this happy state are goals of the truly devout Christian.

The concept which we here propose is this: we become the ideal to which we aspire and toward which we work. We attune our vehicles to that ideal, blending the various facets of that ideal within us until we actually ARE that ideal—the personification of the blended qualities inherent in the ultimate state. Examples of such ideals are: Truth, Honesty, Justice, Mercy, Love, Peace and Wisdom.

Anyone may aspire to and achieve this state. It is an EFFECT, the cause of which is the combination of aspiration and effort, a blending of itself. This striving may need to be sustained over an extended period of time.

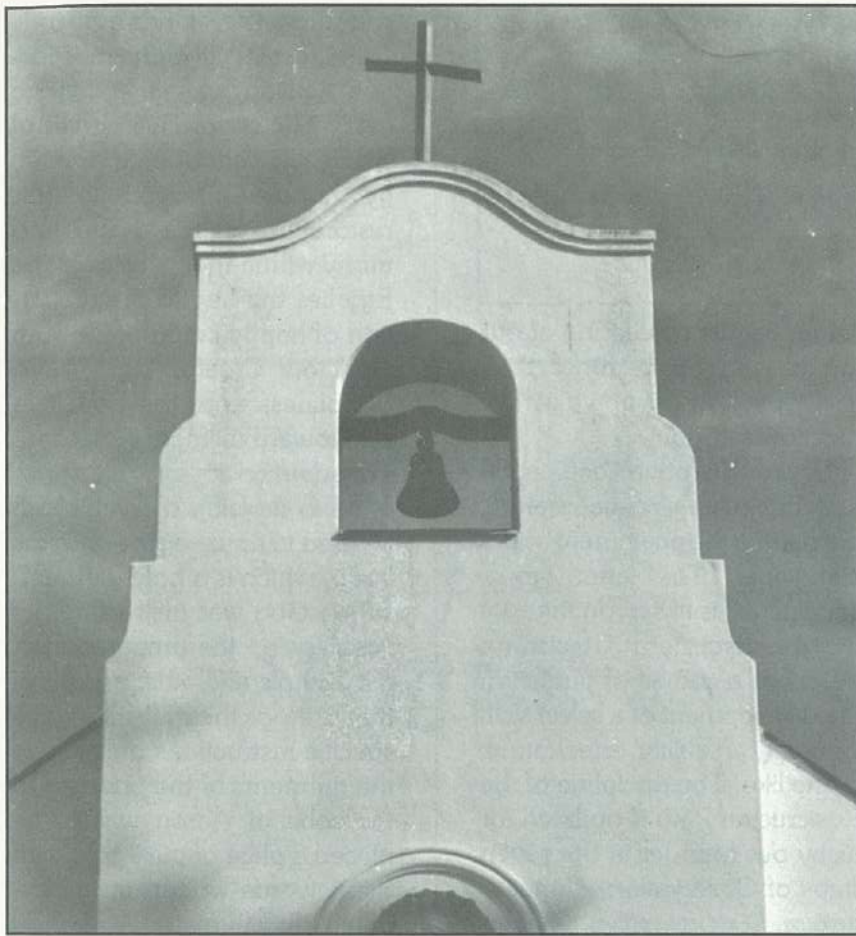
Life manifests in our world in polarities. Achieving the balance between these various polarities is the goal of our aspiration. Falling into two main categories, these polarities include positive and negative, male and female, head and heart, will and imagination, mind and matter, reason and emotion. Taking any set of these dualities, we can build an ideal or soul quality from their blending. But specifically, we might mention the blending of mind or reason with emotion, which is the expression of the desire body, in a few instances. On the mental side, the mind may make the correct appraisal of a given situation while the heart or emotional nature possesses a kindly consideration for the beings and the factors involved. The blending of these yields the characteristic of *tolerance*.

A mental awareness of stark reality in another situation coupled with a spirit of belief in the rightness of God’s supreme plan can produce *faith*.

An honest assessment of the worthiness of the efforts of others together with a sincere wish for the good for everyone concerned will blend into *appreciation*.

A knowledge of the Goodness of God in times past coupled with a desire to be a part of the evolution of all that is right, good, true and beautiful becomes the magic potion of life—*hope*.

An awareness of the existence of others outside the self together with loving kindness, a care and concern for the well-



being of these fellow beings, creates within us real Divine Love, our ultimate ideal.

These are characteristics of the soul or soul qualities. Soul is the product of Spirit evolving through matter. Soul is gained by extracting the quintessence from the experiences of the dense body and amalgamating them into the vital body, the seat of memory. It is the two higher ethers that make up the soul body in which the Spirit will function in future ages. It is individual characteristics that comprise the soul; and character the sum total of one's characteristics, determines destiny.

We are even now developing our soul qualities and we can realize part of our aspiration in the here and now, in the midst of all the clamor of our world,

despite the tremendous disquietude prevailing throughout Earth, we can—if we WILL to do so—achieve a state of blessed holiness, happy to be set apart for a sacred use. There are numerous avenues of expression, courses of action and objects of efforts from which we can select. There are endless possibilities and choices of activities into which we can choose to put the energies of our different vehicles. We can CHOOSE to be holy.

Once we have achieved this state, it can be perpetuated and maintained regardless of the constantly changing circumstances around us. The noise and clamor of the world will not disturb the soul that is anchored in God.

Now let us consider for a moment who it is that is doing the

blending, growing in grace and other activities we've mentioned in this present work and which we constantly discuss, read about and contemplate. It is NOT the mind itself that is blending the mental processes with the emotions of the heart and desire body. It is the Spirit, the eternal portion of us, that is guiding all of this, doing all of this character building. As Spirit is Divine, this amalgamation process is in reality working toward the reunion of individual Spirit—VIRGIN SPIRIT originally differentiated within God and evolving through matter—and Universal Spirit, the All-in-All. This blessed state will be realized when the Spirit has gained ultimate control over its mind, heart, dense, vital and desire bodies.

Now we have established that blessed holiness is being set apart for a sacred use. What IS this sacred use which brings us such real happiness? It is the service of humanity. No matter where we live in society, what our day-time vocations are or what our personal circumstances may be, whether we are married or single, we can be dedicated to the service of humanity. This is the real work of The Rosicrucian Fellowship, as directed by the Brothers of the Rose Cross.

There is a statement in our Temple Service which speaks of the Divine Essence hidden within every human being. Indeed the Divine Essence, Fire or Spirit, is within EVERY created being. This Divine Essence is a spark of God, an atom of the Universe, a spiritual atom. The Ego is a nucleus of cosmic energies, a three-fold Spirit, each Spirit having its own par-

To advance in evolution, we need to develop the vehicle to be used in future ages—the soul body, which is a holy garment.

ticular vibratory rate. A nucleus is a combination of cosmic substances. So, the Ego is a three-fold nucleus, hidden within every human being. It is this Divine Essence, Ego or three-fold Spirit, hidden within each individual that we seek to serve. We even have the benevolent desire to serve our younger brothers and sisters by assisting members of the animal lifewave in their evolution. (Many of us really do SERVE our pets!) But especially do we derive happiness for being consecrated to serving our fellow human beings. We do this through actual contact with others, but we also contribute greatly to the work of the Elder Brothers through our prayers in regular services held in the Pro-Ecclesia and Ecclesia at Headquarters and in our private prayers wherever we reside in the world.

It remains to examine *how* we can find such a lofty state as blessed holiness. The answer is simple to say, though infinitely challenging to implement; it is by practising that to which we aspire. By *blending* our mental processes and our emotional expressions as well as attuning the actions of our vital and dense bodies with our highest aspirations, we purify our desire natures. By keeping the example of Christ Jesus ever before our inner vision as our Ideal, we cultivate the devotional aspect of

being. By the coalescing of our minds with Spirit rather than base or selfish drive, we achieve our coveted goal.

Desire, devotion, dedication and discipline are steps along the path to the attainment of this high goal. The latter word, "discipline" is based on the root word disciple. Discipline describes a course of pursuit in the development of a select skill, a power, an ability, a technique or the like. The discipline of the Rosicrucian Path is outlined for us by our founder in the seven steps of Observation, Concentration, Discrimination, Meditation, Retrospection, Contemplation, and Adoration. Along this path of personal effort, the one who genuinely aspires to live the holy life can progress confidently to the object of the soul's affection.

An invaluable aid to the attainment of this blessed holiness is silence. Coming apart periodically from the noise and clamor of the world is most helpful for the entire system. Jesus admonished His disciples to "come apart and rest a while." Mark 6:31. Quietness promotes healing, aids in restoration and leads to holiness. During moments when the lower vehicles are stilled, the individual consciousness can unite with the All-consciousness in the blessed state of contemplation. The microcosm touches the macrocosm; the human soul

touches the Divine Soul. Quietness is one of the most active healing agents known to man. The restorative power of SILENCE cannot be estimated by human intellect. In this restoration of peace and harmony within the vehicles of the Ego lies the key to the realization of happy communion with God, our Creator.

Holiness unto the Lord is a step toward ultimate perfection. To advance in evolution, we need to develop the vehicle to be used in future ages—the soul body, which is a holy garment. When God was instructing the Israelites on the preparation of the Temple and other aspects of that area of their life, He gave specific instructions on making the garments of the priests. On the robe of Aaron was to be placed a plate of pure gold with these words written on it. Exodus 28:36 reads: *And thou shalt make a plate of pure gold, and grave upon it, like the engravings of a signet HOLINESS TO THE LORD.* Our very garments are to be holy.

The soul body is made of light and reflecting ethers. As we travel along our journey through life, we extract the soul essence of the experiences of the dense body. These are amalgamated into our Spirits as soul life, soul light, and soul power. Remembering always that character is destiny, let us strive to build this future existence in the here and now. By discipline, by prayer, through holy quietness and the seven steps on the Path, the end result of our efforts will be the realization of the coveted state of blessed holiness. □

—Shirley Sharpe

Consistency of Logos

As we approach the coming Aquarian Age, it might be well to review what the significance of Aquarius is. Aquarius, the water bearer, is also called the sign of peace. Water is the fluidic element, responsible for circulation in nature. This is obviously conjecture, but when we combine these two themes, we see that the Age of Aquarius is a time for the circulation of peace.

Achieving the brotherhood of man is the primary goal for us in the immediate future, that is, during the next few hundred years. Each of us looks forward to the time when we will dwell on this planet together in peace and harmony. We long for the time to arrive when we can feel free to express our feelings of love for another without the overshadowing apprehension of being misunderstood. There are so many dreams that we all have which we hope will be realized in the coming Age of Peace. Now is the time for us to prepare to be leaders in that world, for surely the Kingdom of God is now being set up in the hearts of men. Now, it is being established in the Earth at this present moment.

As we study the many attributes of the Higher Beings who guide our evolution, in our desire to be as they are that we might qualify for roles as leaders, we see that there is an infallible consistency in all that is Divine in nature. As it is the hope of each aspirant to be reabsorbed in God while retaining the growth and development gained through experience in the Earth, the aspiring one must seek to be like God here and now that he might grow up into the fullness and stature of a true son of God. In that light, then, he seeks to take on as much of the Divine nature as possible. A daily guiding thought might be: "In thoughts, words and deeds, O Lord, let me be like Thee."

The particular aspect of Divine consistency of concern at this moment is that of the consistency of logos. To say a little of the word *logos*, it is quite a composite term, meaning first "word," secondly—the thought behind the word and lastly, the speech or discourse made up of words. Familiar to all students of the Rosicrucian Philosophy is the importance of the first five verses of the gospel of St. John. *In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him: and without him was not any thing made that was made. In him was life; and the life was the light of men. And the light shineth in darkness; and the darkness comprehendeth it not.*

The three aspects of the Supreme Being are Power, Word and Motion. These three are paralleled in the God of our Solar System in Will, Wisdom, and Activity. At each level of existence, the process is the same—originating in the inner thought and proceeding to the outer materialization of word and action. One of the evidences of consistency at the level of the World of God is the regularity of movement of celestial bodies. We recognize it

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in the cycles of our year, the day, etc. Nature bears out the creative and sustaining powers of the seven Great Logoi.

As above, so below. There are alternating cycles of day and night, light and darkness, rest and activity. The reader can think of many instances of this principle of alternation. In the microcosm, a man's entire gamut of being is his manifested universe. He, in the physical presence of his vehicles, is the center of his world. All the various facets of his life, his actual vehicles, his soul essence, his personality, the realization of his abstract thoughts, his interchange of thoughts, feelings and activities with all those with whom he comes in contact make up his world. Even in the microcosmic world of one man, the process coincides with the Divine process of inner to outer. A man operates from principle to abstract thought to concrete thought, through feeling and emotions to words, to actions and finally to the result left as soul essence or remembrance in the memory of others. This latter step, the memories others have of his expression, is the final phase of the term *logos*, although not given in official definitions of the word. So it is seen that the *logos* of one man

spans the quality of his spirit to the effects of his personality.

Our task as aspirants is to determine within our minds that we will achieve the same consistency of *logos* that our example, our Creator, exhibits in every phase of manifestation. We certainly have the desire to be someday co-creators with God, and therefore our aspiration is to live out the high and holy ideals which are the Divine characteristics—Truth, Justice, Mercy, Love, Goodness, Beauty, Peace and Harmony. If we are to achieve this consistency, our words must adhere to these principles. Our actions must be tempered by sincere concern and love for those who are directly affected (and indirectly) by our words and actions. For instance, with Divine Love as our ideal, we will cultivate that type of love in our thoughts. This will show in our words and actions. Others will bear the memory of our total expression in their hearts and minds.

The amelioration of the entire race depends on the self-improvement of the individual. Each aspirant takes regular stock of his words, thoughts and deeds. Questions he asks of himself are: "Are my words prompted by Divine Love? Do they show justice and mercy?

Are my feelings holy and pure? Are my actions clean, blameless and harmless? Am I exemplifying Christ in all that I think, feel, say and do? To aspire to be like Christ is to desire all the good things of Heaven for those around you as well as the entire race of men.

Since we look forward to the Age of Aquarius, we must strive now to do our part to bring about the desired conditions right here and now, for they will never be set up at some time far into the future unless some effort is put forth toward them in the present. Each of us must do our part by cultivating the state of peace in the realm of our abstract thought. By the law of like producing like, our words will soon take on the quality of harmony. If our constant attitude is "Let there be peace on Earth, and let it begin with me," soon this approach to life will color every thought we have, every word we speak and everything that we do. In our own small worlds, we begin to set up little gardens of Eden in our immediate areas. The intermingling of these small gardens of peace will eventually bring about the world Garden of Peace.

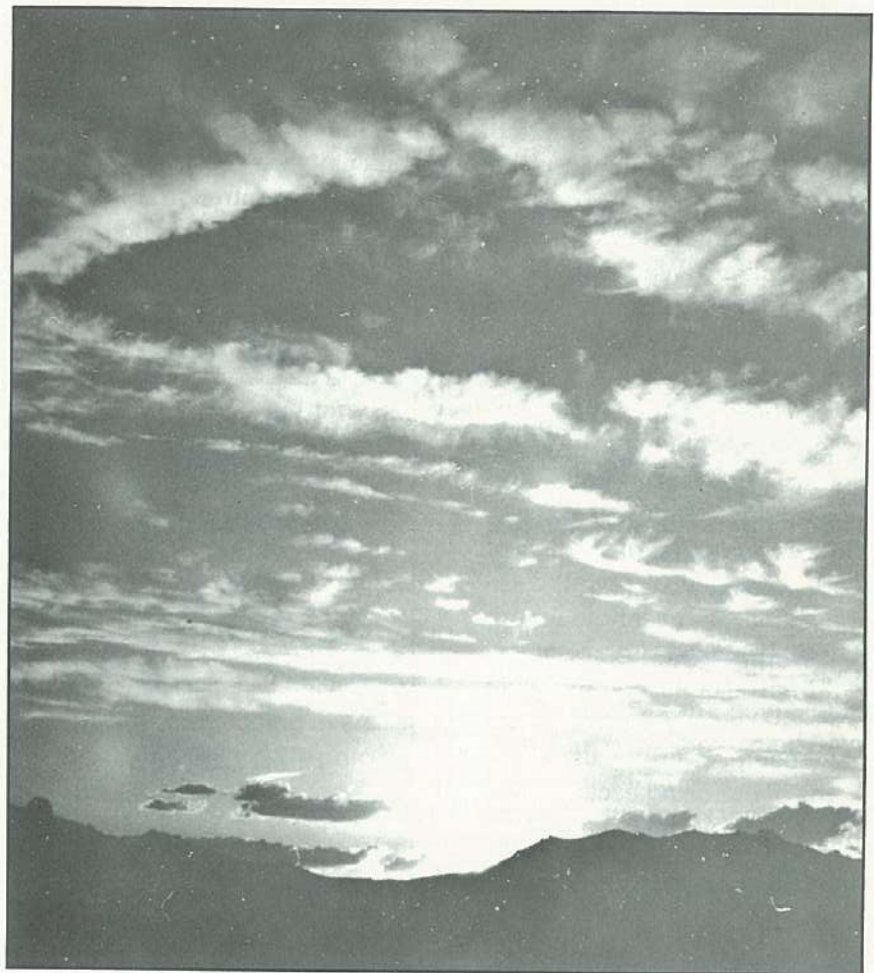
As children of Light, we want only the best things of life for those around us. We seek to bring into material existence from the finest worlds of Spirit the beauty of Heaven, its glory and radiance and all the other lovely attributes which we associate with that realm. Gradually, the fellowship of the angelic hosts can be brought down to the material plane. This is the true fellowship of God.

To return to the subject at the higher levels, let us consider for

a moment the two very famous and most significant verses of scripture. First, the very first words of the Bible: *In the beginning, God created the heaven and the earth.* Then, we remember the first words of the first chapter of the Gospel of John: *In the beginning was the word.* Both texts refer to the same event, namely the origin of our known universe. A factor that we do not always consider is that the word "in" refers to the spacial element as well as the temporal aspect of creation. "In" refers to *where* it began as well as *when*. As dark heat precedes the flame, as Power precedes Word, as Will precedes Wisdom, so mind precedes matter. As the Creator thinks out the plans for the Universe before the process of materialization is begun, so must we think out our lives *within* our minds before we put the process of externalizing our thoughts into order.

We observe that circulation and constant flow are important keys to the maintaining of balance in nature. Therefore, we adopt this principle as the keynote of balance in our lives. But in every phase of our lives, we always remember that we order our lives in the same direction as Divine creative Hierarchies in the creative process—that is from inner to outer. Thusly, the good things we desire to express in our lives and share with others begin in the highest regions of our spirits and circulate outward from us to all our world.

The spiritual leader admonishes us "As a man thinketh in his heart, so is he." Whatsoever is enshrined in the tem-



ple of the heart will be enfolded in the reality of the outer circumstances. Seeing this, it behooves us to follow the advice of one of the most famous writers of scripture, St. Paul, who wrote: *Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report...think on these things.* Philippians 4:13.

So—the spiritual leader admonishes us: "As a man thinketh, so is he." The writer and philosopher muses: "Whatsoever a man reads, so is he." The naturopathic doctor and nutritionist tell us "Whatsoever a man eats, so is he." All these observations are true and valid. To achieve inner balance and

consistency in our outer expressions, we attend to the Divine process of inner to outer, beginning with the principles etched into the superconscious and operating at the level of the Ego or Spirit. From here, we proceed to our thoughts, to our words and finally to our actions, being ever aware that it is the acts of loving, SELF-forgetting service to others that build the soul body.

We love our Heavenly Father and our Heavenly guides, the angels and the many Lords of our Creation. We love ourselves as the created children or expressions of God. We extend this agapéan love to include those around us and finally to all those who are native to our planet. Thus, constant flow and circulation of the good things of

Heaven are maintained in all aspects. Beginning with God, or in that still small voice within, each attribute is externalized along the same route, with the same consistency.

We pattern our lives after the Divine plans. We see that in nature, there are seasons and cycles which have been put into motion by the divine Lords or laws. These are the creative intelligences. They have given us Spring, Summer, Fall, and Winter, the yearly solar cycle, the weekly period of six days of work, one day of rest and rejuvenation, the twenty-four hour day with eight hours of labor, eight hours of leisure and eight hours of sleep. All these cycles have been set up for us by the Lords of our being because they are best for our health and well-being as well as our evolutionary progress. As we are setting up the plans for our individual lives, we do well to keep in mind the principles of balance and consistency, being always guided by the law of circulation of good things. Our standards are those Divine attributes previously mentioned of Truth, Justice, Mercy, Love, Goodness, Beauty, Peace and Harmony. As we are setting up these plans, whether it is for the year that is ensuing, for the upcoming day or for our entire lifetime, we are prompted to ask ourselves such questions as "Are these plans for the best of all concerned? Will they help my family, my loved ones, my neighbors, the members of my chosen worship group, my fellow workers and any others who might be concerned?"

The year, the month and even the week have been set up as cycles for us. It falls to the

judgement of the individual to decide what to do within these periods. It is good to allow time within the schedule for such uplifting activities as morning or initial concentration, midday or midyear meditation and evening or year-end retrospection. A

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thought to bear in mind frequently is that throughout the lifetime, the nature and quality of the life-end panorama are being cultivated by the events of these smaller time periods. Inspiration received during meditation and contemplation tempers one's interactions with others at home, at work, at school, in professional circles, in play and recreational activities, at church, in transportation—on crowded public vehicles or on crowded roadways, particularly at rush hours. On city streets, in stores and virtually everywhere one might go,

under all circumstances, in private affairs and in public affairs, the aspirant to initiation into the fellowship of spiritual beings is loving, just, merciful, good, true, beautiful, peaceful, and harmonious, spreading or circulating the Aquarian peace in all areas of life and in all interpersonal relationships.

To mention briefly the way to acquire a poise and equilibrium in this approach to daily life, let us consider these few things. As we are thinking of how we can bring the good things of Heaven into the lives of the people around us, one of the most obvious facts to face us is that we must first be a fit vehicle through which these good things can travel. It is not selfish, therefore, to say that our own good health is the beginning of good things for those for whom we labor, for how can we be up and about our Father's business except we have a sound body in which to function? Further, true to the process under discussion in this deliberation, radiant physical health begins with good, clean principles of spirit which are formulated in the mind as right thoughts and manifest in the body as good health. To achieve the "sane mind, soft heart and sound body" of our motto, we plan out within our minds the Good that we would be and do for others, operating in the world always with faith, hope and charity. When Good is enshrined in the heart, good words and good deeds will naturally follow. One will not have to stop and remind himself to "be" good when a situation arises requiring goodness. Neither will he be puffed up, as is so beautifully expressed by the apostle Paul in his epistle to the Corinthians.

The aspiring one needs daily to plan to and do these things: to feed, rest, clothe and exercise

in stimulating study and conversation for the exercise of our minds.

To your word be true; it will surely follow that your outer circumstances will be true to you.

the mind, soul and body. Two of these activities are inner or passive, the dark side of personality, and two are outer or active, the light side. Feeding and resting are incoming, private activities to the inner man; clothing and exercising (exercising including the daily labor) are the more public outward expressions of the inner man. These two poles of inner and outer operate in alternation even as the cosmos functions continuously in alternating cycles. A question might be asked here: "How can a man clothe and exercise his soul?" Or, "How can I feed and exercise my mind?" Remember the words of the various types of leaders. Whatsoever a man thinks in his heart, so is he. Whatsoever a man reads, so is he. Whatsoever a man eats, so is he. For our minds, we read only that which will lift and enable ourselves as well as those to whom we pass on and with whom we share the knowledge of the good things that we read. For our bodies, we drink and eat only the best purified liquids and foods by means of which we keep the strong, straight lines of good health flowing always outward from us into our individual world. Regular exercise of the personal vehicle keeps the blood circulating, health flowing within and without the self. We engage

Most of us are very familiar with the proper feeding, resting and clothing of the body. Further, as occult students, we are studying the proper feeding, resting and clothing of the mind. But of the soul, a few words of suggestion might be appropriate in this discussion concerning food, rest, clothing and exercise of the soul. For food—a precept of Christ Jesus; desire the sincere bread of the word. His admonition, as recorded in the fourth chapter of Matthew's gospel, verse four, is "Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God." The psalmist and king, David, wrote: "My soul panteth after the Lord." The more deeply the aspirant goes into meditation, the higher his soul can soar to the planes of Spirit—eventually approaching the Supreme, for we must ever remember that the seven worlds interpenetrate each other and are really graduated states from the densest matter to pure spirit. It should be our hope to arrive at the high state of adoration at some time in our evolution which lifts the soul into the very throne room of the Absolute.

To rest the soul, we can also look to the inspiring words of the great psalmist: "Rest in the Lord and wait patiently for him." Psalm 37:7. Verse four en-

courages us: "Delight thyself also in the Lord; and he shall give thee the desires of thine heart." The good things that we desire for our families and loved ones and for all mankind will follow as we rest ourselves completely in the Power and Goodness of God.

To clothe the soul, we turn to the advice of St. Paul in his letter to the Ephesians: "Put on the whole armor of God," chapter 6, verse 11. After you have fed, clothed and rested your mind, soul and body in all these good thoughts and words, clothe your entire being in the protective white Light of the Christ Spirit.

To exercise the soul—going forth in faith, hope and love, remember that all things of God are as constant as the Northern Star. Aspire to be as God is. To your word be true; it will surely follow that your outer circumstances will be true to you. The good that you so earnestly desire for others will travel to them through you, leaving as beneficent side effects *your own* health, wealth of spirit, happiness and creative self-expression. It is most elucidating to consider that Mr. Heindel describes wealth as "well thought-out philanthropy."

We look for a city whose builder and maker is God; we seek to make the Philosopher's Stone which is not made with human hands or sound of hammer. We aspire to be teachers, leaders and helpers in the coming Age of Aquarius. Everyone who has this hope, let him purify himself. *In thoughts, words and deeds, O Lord, let me be like Thee. Let there be peace on Earth and let it begin with me.* □

—A Probationer

Mystic Light



Rosicrucian Fellowship

Together in fellowship are Students and Probationers gathered to celebrate the 75th Anniversary of the Rosicrucian Fellowship. Members arrived from Mexico, South America, Africa, England, Sweden and Europe to make this 1984 celebration a truly inspiring time.

Only a true mystic could possess the vision to look ahead into the corridors of time-to-be and see a worldwide body of followers treading a common path when the beginning of a movement was only a handful of believers. Mr. Heindel envisioned even at the outset that the fellowship of these believers would be of the Spirit, rather than pertaining only to the physical plane. This awareness on his part is reflected both in the subtitle of his book, *The Rosicrucian Cosmo-Conception*, which is *Mystic Christianity*, and in the subtitle of our organization, which he specified as An International Association of Christian Mystics.

Our founder used the word *fellowship* no less than six times in the writing of our Temple Service. It is spiritual fellowship that is described in this service; and this same fellowship of the Spirit is that which is entered into by the followers of the Rosicrucian Teachings. The essence of this spiritual community is expressed in the opening thought of this service: "...by massing our spiritual aspirations we may light and keep ablaze the beacon light of true spiritual fellowship, which is the balm of Gilead, the only panacea for the world's woe." What makes Rosicrucian fellowship different from traditional religious community or secular comradeship is the factor of regular focus on a central idea by the participants of a devotional service or secular meeting. This mental focus, called "concentration" (which is what prayer really is), emphasizes the spiritual nature of the *fellowship*. One of several definitions of *fellowship* is "companionship of persons on equal and friendly terms...comradeship." Rosicrucian fellowship, then, is spiritual comradeship.

Let us consider The Rosicrucian Fellowship as one worldwide whole, having one mind, a dense, vital, and desire body, with Christ as the eternal indwelling Spirit. We see that this one mind of the whole is

made up of all of the thoughts of the individual Members; the dense body is composed of our separate physical bodies; the vital body vibrates in the established pattern of our services in which our Members participate at the same time each day and week; the desire body is equal to the sum of our hopes, wishes, dreams and aspirations. We might say that our Fellowship is in total a body of fellows—friends walking together in the Light of God's Love. *That which we have seen and heard declare we unto you, that ye also may have fellowship with us: and truly our fellowship is with the Father, and with his Son Jesus Christ. And these things write we unto you, that your joy may be full. This then is the message which we have heard of him, and declare unto you, that God is light, and in him is no darkness at all. If we say that we have fellowship with him, and walk in darkness, we lie, and do not the truth; but if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin.* I John 1:3-7. The motto inscribed in beautiful letters on a scroll hanging on the west wall of the Chapel at Mount Ecclesia, used as the point of concentration in morning and afternoon services, is drawn from these verses and illustrates that Rosicrucian fellowship is the effect of walking in the Light.

In a "company of equals or friends" (another of the formal definitions of *fellowship*), there are no rulers. Christ is the only leader. We, as individual units of a whole, look to one another for support, strength and comfort in time of need. This mystical unity Mr. Heindel also refers to in our nightly service, quoting the words of St. Paul to the Philippians in chapter two, verses one and two: *If there be therefore any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any bowels and mercies, Fulfill ye my joy, that ye be likeminded, having the same love, being of one accord, of one mind.*"

A most unique feature of the Rosicrucian healing work is the labor of the Invisible Helpers under the direction of the Elder Brothers. These special agents of healing are assigned to patients who live in the same part of the world as they. Thus, the ministrations of the silent workers go on continuously. So, too, visible helpers are working in service to humanity during *their* waking hours. When one half of the world is active in the physical plane, the other half is resting or sleeping. Fellows of the Rosicrucian persuasion are working on the inner planes around the clock, carrying on the original purpose of The Rosicrucian Fellowship in the same way that Paul described the early Christians who...*continued stedfastly in the apostles' doctrine and fellowship, and in breaking of bread, and in prayers.* Acts 2:42.

This latter aspect of our fellowship is perhaps the most mystical, being perpetuated in the higher planes. And herein is the clue to Mr. Heindel's reason for subtitling the basic textbook of our Teachings *Mystic Christianity*. Our fellowship transcends the five senses; the oneness is of the Spirit rather than of the body. Our spiritual ideals are intangible, but the more eternal and stronger than the evanescence of our physical circumstances. Again, Paul's words inspire us: *And to make all men see what is the fellowship of the mystery, which from the beginning of the world hath been hid in God, who created all things by Jesus Christ.* Eph. 3:9.

Only in this way can we comprehend that our fellowship can be global. It is the duty and privilege of each of us to be a strong unit of a larger whole, to help further the efforts of the invisible leaders of humanity, to contribute daily to the healing panacea through our prayers and to be faithful in all good works, even as God is faithful. First Corinthians 1:9 says that *God is faithful, by whom ye were called unto the fellowship of his Son Jesus Christ our Lord.* As each fellow strives to be more self-reliant, self-governing, self-analyzing and self-improving, we can realize a worldwide whole that possesses a sane mind, a soft heart and a sound body. Through our likemindedness of spiritual aspiration, we can know that true community of interest which defines *fellowship*.

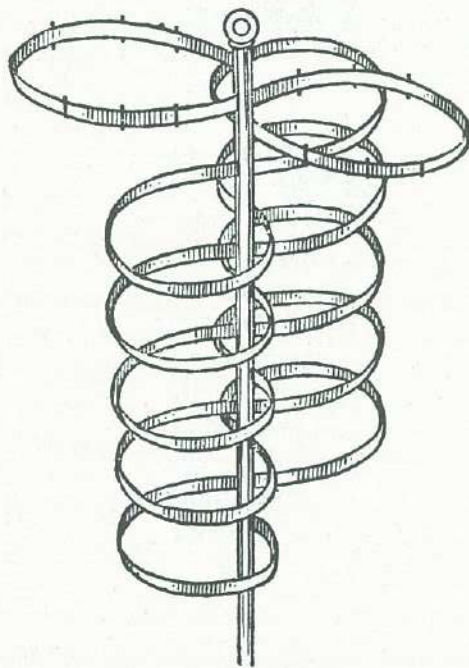
The task set before us is to listen to the heart of the whole, obey the dictates of the conscience of the whole, blend our thoughts, aims and goals with those that are for the good of the whole. Riding over differences of personality and individual traits, we should adjust our emotional content to the desires of the whole, but not be unmindful of the needs of the individual. We should share intellectual achievement and dreams, respond to the voice of the larger Spirit. Mr. Heindel sums up our ideal aspiration to *true fellowship* in the closing words of the Temple Service. "Loving, self-forgetting service to others is the shortest, safest, and the most joyful road to God. The recognition of the fundamental unity of each with all, the fellowship of the spirit, is the realization of God. To reach that realization let us endeavor each day to forget the often unprepossessing exteriors of our brothers and seek to serve the divine essence hidden within, which is the basis of fellowship." □

—A Probationer

Max Heindel's Message



Initiation: What It Is And Is Not



PART I

It is no rare occurrence to receive questions relating to Initiation, and we are also frequently asked to state whether this order or that society is genuine, and whether the initiations they offer to all comers who have the price are *bona fide*. For that reason it seems necessary to write a treatise on the subject so that students of The Rosicrucian Fellowship may have an official statement for reference and guidance in the future.

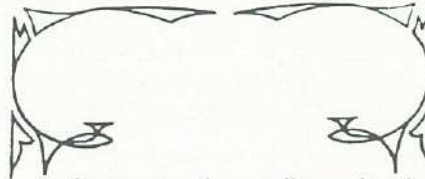
In the first place let it be clearly understood that we consider it reprehensible to express condemnation of any society or order, no matter what its practices. It may be perfectly sincere and honest according to its light. We do not believe that we rise in the opinion of discriminating men and women by speaking in disparaging terms of others; neither are we laboring under the delusion that we have all the truth and other societies are plunged in Egyptian darkness. We reiterate what we have often said before, that all religions have been given to mankind by the Recording Angels, who know the spiritual requirements of each class, nation, and race, and have the intelligence to give to each a form of worship perfectly suited to its particular need; that thus Hinduism is suited to the Hindu, Mohammedanism to the Arab, and the Christian religion to those born in the Western Hemisphere.

The Mystery Schools of each religion furnish to the more advanced members of the race or nation embracing it a higher teaching, which, *if lived*, advances them into a higher sphere of spirituality than their brethren. But as the religion of the backward races is of a lower order than the religion of the pioneers, the Christian nations, so also the *Mystery Teaching of the East is more elementary than that of the West*, and the Hindu or Chinese Initiate is on a correspondingly lower rung of the ladder of attainment than the Western Mystic. Please ponder this well so that you may not fall a victim to misguided people who try to persuade others that the Christian religion is crude compared with oriental cults. Ever westward in the wake of the shining sun, the light of the world, has gone the star of empire, and is it not reasonable to suppose that the spiritual light has kept pace with civilization, or even preceded it as thought precedes action? We hold that such is the case, that the Christian religion is the loftiest yet given to man, and that to repudiate the Christian religion, esoteric or exoteric, for any of the older systems is analogous to preferring the older textbooks of science to the newer ones which embrace discoveries to date.

Neither are the practices of Eastern aspirants to the higher life to be imitated by Westerners; we refer particularly to the breathing exercises. They are both beneficial and necessary to the unfoldment of the Hindu, but it is otherwise with the Western aspirant. To him it is dangerous to practice breathing exercises for soul unfoldment;

they will even prove subversive of soul growth, and they are, moreover, absolutely unnecessary. The reason is this:

During involution the threefold spirit has become gradually incrustated in a threefold body. In the Atlantean Epoch man was at the nadir of materiality. We are just now rounding the lowest point on the arc of involution, and starting upward on the arc of evolution.



At this point, then, all mankind is immured in this earthly prison house to such a degree that spiritual vibrations are almost killed. This is, of course, particularly true of the backward races and the lower classes in the Western world. The atoms in such backward race bodies are vibrating at an exceedingly low rate, and when in the course of time one of these people develops to a point where it is possible to further him upon the path of attainment, it is necessary to raise this vibratory pitch of the atom so that the vital body, which is the medium of occult growth, may to a certain extent be liberated from the deadening force of the physical atom. This result is attained by means of breathing exercises, which in time accelerate the vibration of the atom, and allow the spiritual growth necessary to the individual to take place.

These exercises may also be used by a great number of people in the Western world, particularly those who are not all concerned about their spiritual advancement. But even among those who desire soul growth

there are many who are not yet at the point where the atoms of their bodies have evolved to such a pitch of vibration that acceleration beyond the usual measure would injure them. Here the breathing exercises would do no harm; but if given to a person who is really at the point where he can enter the path of advancement ordinarily mapped out for the Hindu's precocious brothers and sisters in the West, in other words, when he is nearly ready for Initiation and when he would be benefited by *spiritual exercises* then the case is far otherwise.

During the aeons which we have spent in evolution since the time when we were in Hindu bodies, our atoms have accelerated their vibratory pitch enormously, and as said in the case of one who is really nearly ready for Initiation, the pitch of vibration is higher than that of the average man or woman. Therefore he does not need breathing exercises to *accelerate* this pitch, but certain spiritual exercises suited to him individually which will advance him on the proper path. If such a person at this critical period meets some one who ignorantly or unscrupulously gives him breathing exercises, and if he follows the instructions accurately in the hope of *getting quick results*, he will get them quickly but in a manner he has not looked for, since the vibratory rate of the atoms in his body will in a very short time become accelerated to such a pitch that it will seem to him as if he were walking on air; then also an improper cleavage of the vital body may take place, and either consumption or insanity follows. Now please put this down

where it will burn itself into your consciousness in letters of fire: *Initiation is a spiritual process, and spiritual progress cannot be accomplished by physical means, but only by spiritual exercises.*

There are many orders in the West which profess to *initiate anyone who has the price.* Some of these orders have names closely resembling our own, and we are constantly asked by students whether they are affiliated with us. In order to settle this once and for all, please note that The Rosicrucian Fellowship has constantly taught that *no spiritual gift may ever be traded for money.* If you bear this in mind, you may know we have no connection with any order which demands money for the transference of spiritual power. He who has something to give of a truly spiritual nature will not barter it for money. I received a particular injunction to this effect from the Elder Brothers in the Rosicrucian Temple, when they told me to go to the English speaking world as their messenger, a claim I do not expect you to believe *save as you see it justified by fruits.*

Now, however, about Initiation: What is it? Is it ceremony as claimed by these other orders? If so, any order can certainly invent ceremonies of a more or less elaborate kind. They may by flowing robes and clashing swords appeal to the emotions; they may appeal to the sense of wonder and awe by rattling chains and by deep sounding gongs, and thus produce in their members an "*occult feeling.*" Many revel in the adventures and experiences of the hero in "The Brother of the Third Degree," thinking that this

is surely Initiation, but I tell you that it is very far from being the case. *No ceremony can ever give to any one that inward experience* which constitutes Initiation, no matter how much is charged or how fearful the oaths, how awful or beautiful the ceremony, or how gorgeous the robes, any more than passing through a ceremony can convert a sinner and make him a saint, for conversion is to the exoteric religionist exactly what Initiation is in the higher mysticism. Please consider this point thoroughly, and you will have the key to the problem.

***Initiation
changes
a
man's
whole
life.
It
gives
him
a
confidence
that
he
never
possessed
before.***

Do you think that any one could go to a person of depraved character and agree to convert him for a certain sum

and carry out his part of the agreement? Surely you know that no amount of money could bring about that change in a man's character. Ask a true convert where he got his religion and how he got it. One may tell you that he received it upon the road as he was walking along; another says that the light and the change came to him in the solitude of his room; another that the *light struck* him as it struck Paul upon the road to Damascus, and forced him to change. Every one has a different experience, but it is in every case *an inward experience*, in that it changes the man's whole life from the very least to the very greatest aspects.

So it is also with Initiation; it is an inward experience, entirely separate and apart from any ceremonial whatever, and therefore it is an absolute impossibility that any one could sell it to any one else. Initiation changes a man's whole life. It gives him a confidence that he never possessed before. It clothes him with a mantle of authority that never can be taken from him. No matter what the circumstances in life, it sheds a light upon his whole being that is simply wonderful. Nor can any ceremony effect such a change. We therefore hold that anyone who offers initiation into an occult order by ceremonials to every one who has the price, brands himself as an imposter. For the true teacher, if he were approached by an aspirant with an offer of money for spiritual attainment, would answer indignantly in the words used by Peter to Simon the sorcerer, who offered him money for spiritual powers: "Thy silver perish with thee."

Studies in the Cosmo-Conception

The Blood

Question: What is the direct medium in the physical body through which the Ego functions?

Answer: The blood. In support of this we may note that the Ego cannot work in the body unless the blood is of the proper temperature. For instance, excessive heat makes one sleepy and, if carried beyond a certain point, it drives the Ego out leaving the body in a faint, or unconscious.

Question: Does extreme cold have the same effect?

Answer: Excessive cold has also a tendency to make the body sleepy or unconscious. It is only when the blood is at or near the normal temperature that the Ego can use it as a vehicle of consciousness.

Question: How may we note the Ego's activity through the blood?

Answer: We may mention the burning blush of shame which is an evidence of the manner in which blood is driven to the head, thus overheating the brain and paralyzing thought.

Question: What is the Ego's reaction to fear?

Answer: Fear is the state when the Ego wants to barricade itself against some outside danger. It then drives the blood inward, and the face grows pale because the blood has left the periphery of the body and has lost heat, thus paralyzing thought.

Question: Does the quality of the blood affect the Ego's operations?

Answer: The full-blooded person, when the blood is not too hot, is active in body and mind while the anemic person is sleepy. In one the Ego has better control; in the other less.

Question: Does history support the belief that the Ego is in the blood?

Answer: The old Norsemen and the Scots recognized that the Ego is in the blood. No stranger could become associated with them as a relative until he had "mixed blood" with them and thus become one of them.

Question: Do other authorities strengthen this belief?

Answer: Goethe, who was an Initiate, also showed this in his *Faust*. Faust is about to sign the pact with Mephistopheles and asks, "Why not sign with ordinary ink? Why use blood? Mephisto answers, "Blood is a most peculiar essence." He knows that he who has the blood has the man; that without the warm blood no Ego can find expression.

Question: When is the proper blood-heat reached?

Answer: The proper heat for the real expression of the Ego is not present until the mind is born from the macrocosmic Concrete Mind, when the individual is about twenty-one years old.

Question: Does statutory law attach any importance to this age?

Answer: Statutory law also recognizes this as the earliest age when the man is deemed fit to exercise a franchise.

Question: Does the blood have any connection with memory?

Answer: Memory is intimately connected with the blood which is the highest expression of the vital body, as only through the vital body's two higher ethers is man possessed of sense perception and memory. Not only is this true of the conscious memory but the record which we call the sub-conscious memory is made through the vital body with the help of the blood. □

—*Ref: Cosmo, 144-146, 353*

THE DOOM OF BABYLON

And there came one of the seven angels which had the seven vials, and talked with me, saying unto me, Come hither; I will shew unto thee the judgment of the great whore that sitteth upon many waters:

With whom the kings of the earth have committed fornication, and the inhabitants of the earth have been made drunk with the wine of her fornication.

So he carried me away in the spirit into the wilderness: and I saw a woman sit upon a scarlet coloured beast, full of names of blasphemy, having seven heads and ten horns.

And the woman was arrayed in purple and scarlet colour, and decked with gold and precious stones and pearls, having a golden cup in her hand full of abominations and filthiness of her fornication:

And upon her forehead was a name written, MYSTERY, BABYLON THE GREAT, THE MOTHER OF HARLOTS AND ABOMINATIONS OF THE EARTH.

And I saw the woman drunken with the blood of saints, and with the blood of the martyrs of Jesus: and when I saw her, I wondered with great admiration.

And the angel said unto me, wherefore didst thou marvel? I will tell thee the mystery of the woman, and of the beast that carrieth her, which hath the seven heads and ten horns.

And here is the mind which hath wisdom. The seven heads are seven mountains, on which the woman sitteth.

—Revelation 17: 1-9

Western Wisdom Bible Study

The Revelation of St. John the Divine

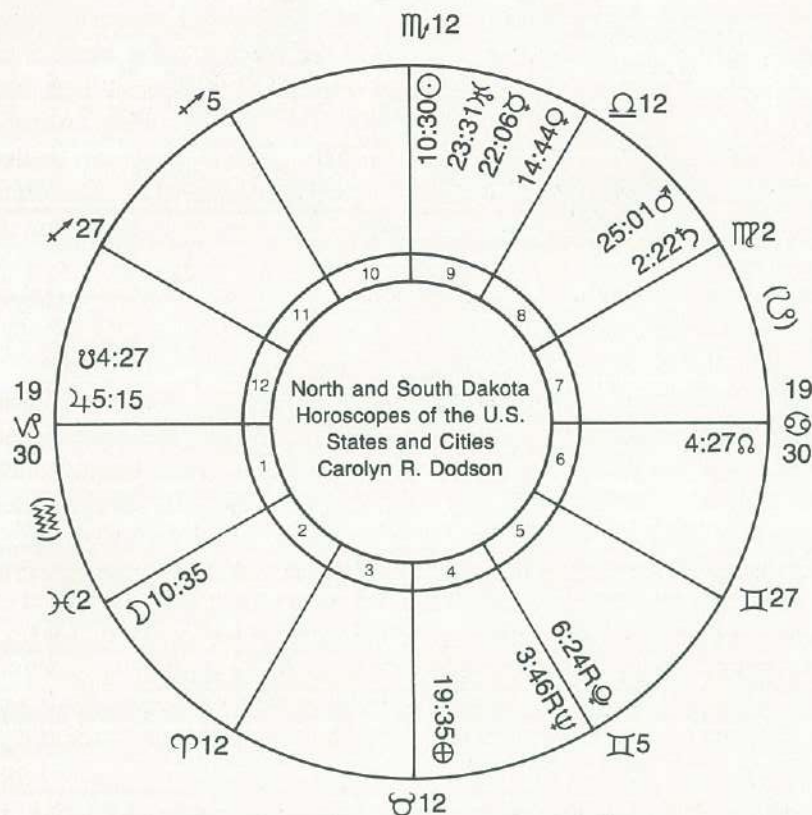
In dealing with the mystery of the City of Babylon, Max Heindel writes: "The Lucifers are a class of Beings who attained to a stage of evolution far beyond that of humanity in the Moon Period, but fell short of the development of the Angels. They are demigods, and could not take a dense body like man. But neither could they gather experience as the Angels are doing. They needed a brain and spinal cord, and so, when man had built such an instrument, it was to their advantage to prompt him in the use of it.

"At that time the opening consciousness of man was turned *inwards*, and he saw his inner organs and built them with the same force that he now turns *outward* to build houses, ships, etc., and the outside muscles of his body; so the woman, who was most advanced in that direction because of having her Imagination trained, saw the intelligence embodied in her serpentine spinal cord, and at a later stage, when man came to record this experience, the serpent appealed to him as the nearest likeness to that which he wanted to tell about.

"This idea is carried out right through the Bible. In Isaiah 14 he is called Lucifer (day-star), king of Babel-On (gate of the Sun), a city located upon seven hills, and having dominion over the world. There mankind ceased to act in unison and became separated into warring nations. It is the seed ground of all the ills imaginable, and is called a 'harlot' in Revelation, where her fall is described.

"Let us consider that these cities (Babylon and Jerusalem) are located upon seven hills or mountains, a position offering special advantages for observation. Moses 'went into the mountain' and 'saw' and 'heard.' So did those on 'the mount' of transfiguration. Daniel likens Babylon to the *head* of the image Nebuchadnezzar saw in a dream, and on the human head there are seven places for observation; two eyes, two ears, two nostrils, and a mouth. Man is also tenfold, having a threefold Spirit, a three-fold soul, and a threefold body, linked together by the mind. Upon these sits the brain, where the 'Lightgiver,' *reason*, rules the little world, the microcosm, as the great Light-giver, God rules the Macrocosm." □

Astrology



Solstice Points:
 Moon: Libra 19:25
 Mercury: Pisces 7:54
 Venus: Pisces 15:16
 Uranus: Pisces 6:29

Part of Spirit: Virgo 19:15

America's Most Famous Astro-Twins

A CENTENNIAL SALUTE

They're quite possibly also the oldest, and most closely identical, North and South Dakota, the only two states ever having been "born" into the Union on the same day. And since the "nativity" occurred in Washington, D.C.¹, rather than in Bismarck and Pierre, they have the same astrological chart.

THE FATE

One will hardly deny that it appears to be less than kind, especially climatically. Not long ago the idea of changing North Dakota's name was bandied about; one serious suggestion was "Manitscoldhere!" The chart accurately reflects this condition with cold and karmic Saturn exactly on the cusp of the eighth house of Fate. Also in the same sector, extra strong because its natural ruler, is (negatively) malevolent Mars. Being without any major planetary aspects greatly augments its negative traits, as does the fact that it is together with Saturn in the same sign and house; this has been called the "cruelty conjunction."²

The fifth house is also one of fate,³ and on its cusp are Neptune and Pluto, karmic orbs. A bed of roses the Dakotas are not, but neither Mission Impossible. Revealing is the Sabian symbol for the eighth house cusp, occupied also by Saturn: "Two angels bringing protection," and interpreted as "Divine help."⁴ The land of milk and honey also being the land of giants,⁵ the reverse is equally true: a land that *appears* daunting can be delightful—*made* delightful! How?

Spirituality fosters self-reliance, which in turn produces substance, even in the land of snow.

THE FAITH

If "angels," "Divine help"—Cosmic Law, are to work in our behalf, we need to be cooperative. In the Dakotas' chart we find that the ninth house of spirituality and the higher mind is the strongest, with four planets. Also therein is the solstice point of the Moon, the people; they are evidently concerned with spiritual realities. All the more since its degree is one of "Men seeking illumination."⁶

How does their strong ninth house help the Dakotans face their fate? Uranus therein is ruggedly self-reliant, and the rest of the chart reiterates this. Its pattern is that of a Splay, characteristic of the same trait. The M.C.'s degree is interpreted as "self-sufficient activity";⁷ the I.C.'s as "extreme of self-reliance."⁸ A midpoint configuration—that of Pluto between Moon and Saturn—expresses the "necessity to rely upon oneself only";⁹ and the degree of the Part of Spirit brings "joy in meeting life's challenges."¹⁰ Joy! "the joy of the Lord is your strength." Nehemiah 8:10. It can overcome all obstacles!

THE FORTUNE

The Part of Fortune indicates whence a blessing might accrue.

Its degree is one of "exalted state of consciousness."¹¹ That—a reservoir of spiritual resources—has shaped the Dakotas. We note that the solstice points of three of the planets in the ninth house fall in the second house of material resources. Genuine spirituality inspires proper attention to the material. Of certain early settlers in America it was said, "On Sunday they pray to God, the other six days they prey on others." No! Those who truly have the faith and pray to our Heavenly Father do not function thus. Twice in one of his books Max Heindel tells us that real prayer "is like the turning on of an electric switch."¹² That is an infusion of energy which craves expression, to labor, to create.

"The prayer, 'Give us this day our daily bread,' means 'Give us this day the brains and conscience to organize our economic life that the bread which thou hast given us may—be distributed to meet the needs of all the people.'"¹³

Spirituality fosters self-reliance, which in turn produces substance, even in the land of snow, which the Dakotas certainly are. But Scripture speaks of "the treasures of the snow." Job 38:22. Looks can be deceiving. During the 1950's, Ronald Reagan lost his bid to play President in a film because he was said not to "look" the part! The Dakotas may not

"look" it, but they hold mineral wealth, including the world's largest gold mine!¹⁴

But their people have something yet more valuable. Astrologically, the symbol for gold is the Sun.¹⁵ It is here posited in the ninth house of faith. Surely that—an active, positive faith—is the Dakotans' real gold—even as it can be ours. □

—A Probationer

¹To be impartial, President Benjamin Harrison signed the statehood bills blindfolded; thus N.D. became the 39th and S.D. the 40th state. *American Heritage*, February 1989, p. 5A.

²*All Over the Earth Astrologically*, Ivy M. Goldstein-Jacobson, p. 10.

³*Astrology: A Cosmic Science*, Isabel M. Hickey, p. 60.

⁴*The Sabian Symbols*, Marc Edmund Jones, p. 302; *Astrology of Personality*, Dane Rudhyar, p. 358.

⁵Deuteronomy 3:13; Exodus 3:8, 17:13:5; 33:3; Jeremiah 11:5; 32:22; Ezekiel 20:6, 15.

⁶Marc Edmund Jones, *op. cit.*; p. 311. South Dakota's motto is, "under God the People Rule." North Dakota's state song is not only called "North Dakota Hymn," but the tune indeed sounds like a religious song, and the lyrics could easily be made into one.

⁷Dane Rudhyar, *op. cit.*, p. 365.

⁸Dane Rudhyar, *op. cit.*, p. 347.

⁹*The Combination of Stellar Influences*, Reinhold Ebertin, p. 93.

¹⁰Dane Rudhyar, *op. cit.*, p. 359.

¹¹Dane Rudhyar, *op. cit.*, p. 347.

¹²*The Rosicrucian Christianity Lectures*, Max Heindel, pp. 277, 299.

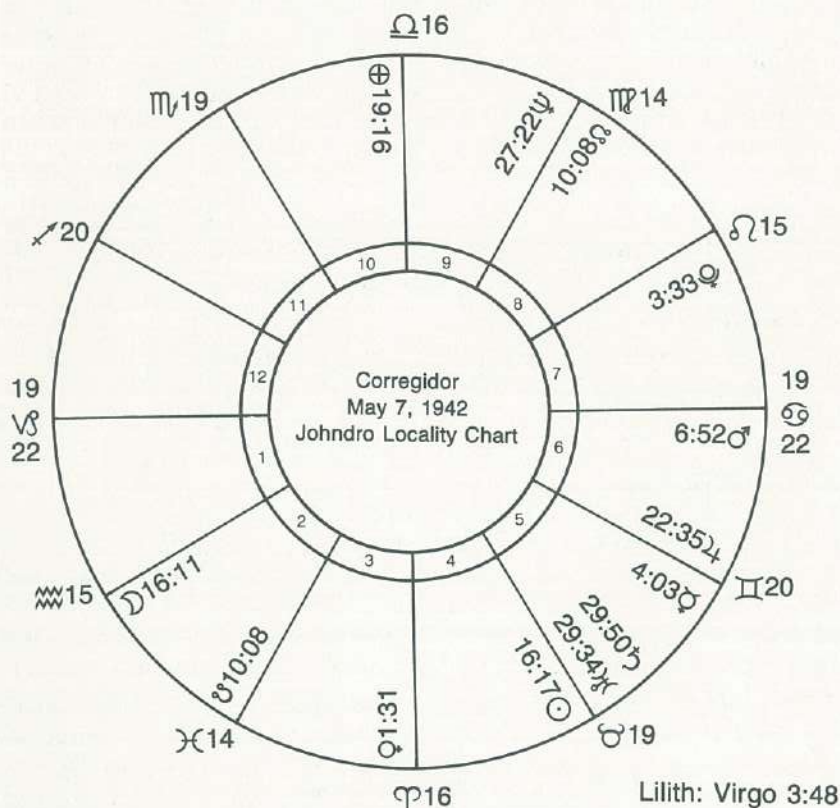
¹³John Bennett quoted in *The Acts of the Apostles*, Halford E. Luccock, p. 76.

¹⁴At Lead, S.D. *CBS News Almanac* 1978, p. 415.

¹⁵*Astrology Rulerships*, Doris Chase Doane, p. 25.

Astrology

A Study In Success



There are valuable lessons to be gleaned from America's greatest defeat on the battlefield, the surrender of Corregidor in the Philippines May 7, 1942, as portrayed by a Johndro Locality chart set for that occasion.

Because the U.S. was the reactor in this sad event, it is described by the Descendant, here in Cancer; very fitting, we're a Cancer nation! Its ruler, the Moon, is in Aquarius, the same sign as in the U.S. Chart itself! Our second house of resources is here ruled by the Sun, since Leo is on its cusp, and the solar orb is square the lunar orb! In other words, attitudes and resources are working at cross-purposes: of course we wanted victory in the Philippines in 1942, but as far as men and material were concerned, the European Theater of War was given priority; the Pacific got leftovers; the results were accordingly!

By stark contrast, the Lord of the Ascendant, Japan's ruler, Saturn, is in the very determined, goal-oriented sign Taurus; Saturn is also co-ruler of its second house of resources and in very close conjunction to the ruler thereof, Uranus, in the last degree of going to extremes, in the fifth house of taking risks: the other side went all out in its effort!

Noteworthy are the Sabian symbols. That of the Descendant, the U.S., is "Gondoliers in a serenade."¹ Hardly a well-disciplined, energetic, organized activity! By contrast, the Sabian symbol for the Japanese Ascendant is "A hidden choir singing."² The keyword thereof is "Worship." In its genuine form it consists of dedication, devotion, concentration—exactly the attitude in which Hirohito's hordes pounced on the Philippine Archipelago. They knew what they wanted; they believed they could get it; they gave it their all; and they made it!

This attitude also works in the realm of the spiritual. In a chapter on "The Law of Success in Spiritual Matters," Max Heindel has written:

"First, determine definitely and clearly what you want....

"Second, when you have set your goal...cultivate an attitude of invincible determination to accomplish your object despite all obstacles. Constantly hold the thought, 'I can and I will.'"³

And you really will! □

—A Probationer

¹ *Sabian Symbols*, Jones, p. 258.

² Jones, *op. cit.*, p. 259.

³ *Letters to Students*, p. 237. The entire chapter should be read and studied!

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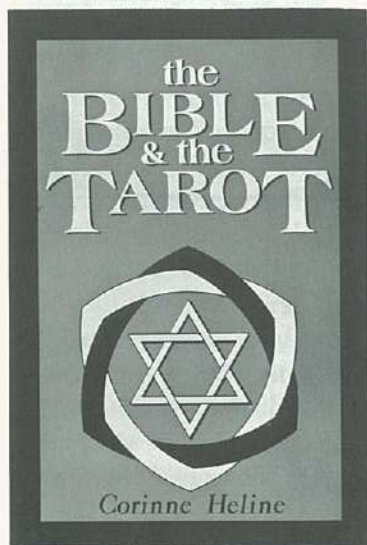
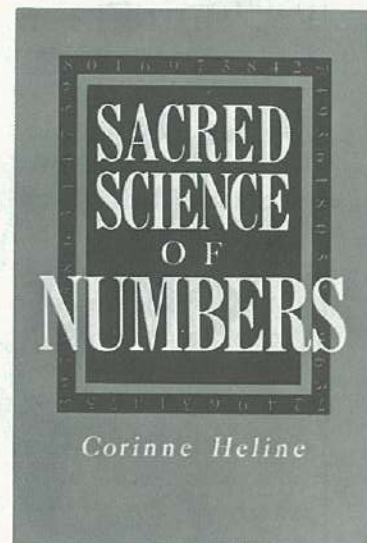
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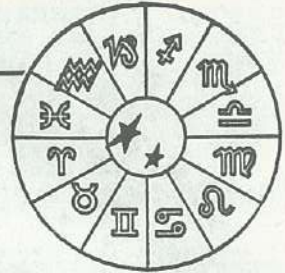
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THE ROSICRUCIAN FELLOWSHIP, P.O. BOX 713, Oceanside, CA 92054

Astrology



Getting Children Ready for School

Just because of what the birth certificate and the law says and it is a certain day in August or September, that is no assurance that Johnny and Mary are ready to embark on their formal education. A good beginning is half the battle; their state of readiness need not and must not be left to chance. Much indeed can be done to make the start of this new experience smooth and satisfactory.¹ Of course real preparation begins at birth;² if the general upbringing has been what it ought to be, first grade should be a pleasant experience for parents and children, unless there has been outside interference, like a youngster being told horror stories about school by some cruel chum who delights in scaring others.

What child doesn't ask its parents, Tell me a story? Why not relate some that will create pleasant anticipation for the first grade? It would also help if Johnny and Mary could visit school and meet the teacher some time before classes start, in as favorable setting as possible. And there's perhaps nothing more guaranteed to make the start of school especially pleasant than if some of the child's close friends will be in the same class.

This is also the curious sign; as parents cope with the Gemini's questions, they might drop hints and comments that in school the teacher would surely be able to answer their questions—possibly even better!

These and other ideas, no doubt, are common knowledge. But not so well known may be the fact that extra help can be given prospective first-graders on the basis of Astrology. By knowing the Sun sign of a youngster, one can do even more to increase the chances for success in the child's preparation for and the entire process of education.³

ARIES, March 21-April 20. This is an easily impatient sign, as well as that of beginnings. The typical Aries youngster will most likely be chomping at the bit, hardly able to wait for that first day of school! Parents may want to teach him a little bit at home ahead of time, which will make him extra knowledgeable at the start and augment his confidence to the extent of removing fear. For it is fear, after all, fear of the untried and unknown, that is the great nemesis of pre-first-graders. The parents of an Aries child should not forget its tendency to impatience later on: when going gets tough, when there are tedious assignments, Arians easily lose interest and give up; words of encouragement may be needed.

TAURUS, April 21-May 21.

This, by contrast, is one of the most patient of signs, that of the persistent plodder. But Taurus needs to know that the plodding is worth while, and will tend to be perhaps even more responsive to very immediate and tangible rewards, like extra allowance and privileges, than youngsters from other signs. Children of this sign, especially girls, as also those born under that other Venus-of-beauty-ruled sign, Libra, will thrill to the idea of extra pretty clothes for school, though they should not be spoiled.

GEMINI, May 22-June 21.

This is the sign of logic, reason. Parents should explain to young Geminians the why's and how's of school. This is also the curious sign; as parents cope with the Gemini's questions, they might drop hints and comments that in school the teacher would surely be able to answer their questions—possibly even better!

CANCER, June 22-July 23.

This is the sign of home. If the young Cancerian can be assured of family interest and support, this can go a long way toward insuring a successful first grade and beyond.

LEO, July 24-August 23.

"We're going to be proud of you" should be the Leo's parents' tune before school starts, and "we are proud of you" thereafter. But mere words are not enough; parents must take time to listen as the young "scholar" reports on his exploits; seeking attention and recognition is the name of his game.

VIRGO, August 24-September 23.

The "average" Virgoan will be happy to add to his fund of knowledge, and can be led to accept school as a means to that end. But Virgo is not exactly the most optimistic sign. Words of encouragement, which of course are indispensable for all children, can be helpful here, especially if reinforced by setting up a regular routine: when to arise, retire, study, play, etc. If all this is accompanied by parental cooperation in some hobby, that much the better!

LIBRA, September 24-

October 23. This child (as also Taurus) might be told ahead of time of artistic activities, music, art, etc., which will augment the appeal of school. While children of all signs are of course subject to peer pressure, which is invariably negative, yet especially Librans and those born under Pisces are vulnerable; parents need to stay alert.

SCORPIO, October 24-

November 22. Is your young Scorpio actually apprehensive about school? Better check his chart; there must be some influences of other signs at work (see footnote #3). The genuine Scorpio, if fearful, will want to conceal this fact! In his case, even as with Aries, it may be

necessary to combat overconfidence at times. Scorpio is also one of the signs that may be the most pleased with the prospect of school sports, along with Aries, Leo, Sagittarius, Capricorn.

Scorpion's parents, especially of a boy, would be wise to lay down the rule that there must be no bullying of others; this could prevent problems later on.

SAGITTARIUS, November 23-December 21. No sign more than Jupiter's loves a good time! Explain to your young "archer" that the satisfaction of work well done can give one a feeling like that of having a good time! Parents taking time to play "school" with their pre-first-grade Sagittarian could also be helpful.

CAPRICORN, December 22-January 20. This serious-minded child of the Saturn-ruled sign might display some trepidation concerning school, but parents will hardly need to worry that a young native of the ambitious "goat" sign will not make sufficient effort. For good measure, there is a simple way to inspire Capricornians: children of this sign tend to look up to symbols of authority, the champions, the successful. So they should be apprised that good grades bring added parental approval, and will also help them emulate their heroes.

AQUARIUS, January 21-February 19. Gregarius Aquarius, that's what they call it. If the young "water bearer" is assured that school means more friends, he'll delight in the anticipation. It would also be prudent to impress upon him not to spring any of his "surprises" or other eccentricities in class.

PISCES, February 20-March 20. This sign yearns to be understood, to know that there is a safety net ready in case of a slip up. Of course all persons, young or old, feel that way to a degree, but Pisceans more so, and enlightened moms and dads will act accordingly.

They, as well as parents of children of all signs, should be alerted that they may be facing an extra challenge if striving to raise their youngsters the healthful Vegetarian way. It's no doubt been relatively easy while Johnny and Mary were 100% under parental control, but how about when they'll be away from home, and supposed to be different than their peers? A simple plan is suggested; it worked beautifully for one family:

1. While the child is growing up, before first grade, it should be instructed concerning some of the reasons why the New Age Health Way is more desirable than common practice. Perhaps the child has already raised questions on seeing non-healthful products persuasively pushed on TV ads; that would be a most ideal time to discuss the subject.

2. When fixing school lunches, be sure and include many—as many as possible—favorite "special treats," which, perhaps, before the start of school were not served every day, but now become identified with school in the child's mind.

3. Emphasize eye appeal. Some enthusiastic and health-conscious adults may be concerned with the nutritive value of what they eat, regardless how it looks. But with young children, eye appeal is *the* appeal.

A word of warning: this plan just might work too well! A young Taurus girl was given just such lunches, fairly bursting with eye, taste, and health appeal—and had a hard time trying to eat them. Her schoolmates all wanted sizable samples; they liked them better than their own food! What to do if this happens? For starters, why not give thanks that the problems of success are easier to cope with than those of failure? How? Why not turn a challenge into an opportunity to enlighten others concerning healthful living? After all, turning problems into opportunities, isn't that progress, growth—what life is really all about? □

—Paul K. Fretwirth, Ph. D.

¹Children attending preschool or kindergarten will be inclined to find the start of school less traumatic than others. Some of the suggestions here made might also be used in preparing toddlers for pre-first-grade school.

²Actually, even *before* birth. The expectant mother's mental and spiritual state has much to do with the kind of child that will be born. See *The New Age Bible Interpretation, Volume IV, The New Testament, Part I*, Corinne Helene, p. 91. During the 1950's, a scientific study showed that expectant mothers who regularly consumed generous amounts of kelp produced extra smart offspring!

³Sometimes the solar vibrations are modified. For instance, a child born March 12 or 13, 1988, has a Pisces Sun, but Moon, Mars, Saturn, and Uranus in Capricorn, hence is also very much influenced by this sign. For the very best results, the child's chart should be studied. Too, the dates of the solar months vary somewhat; all that can be said for certain is that a solar ingress into a sign never comes before the 19th or after the 24th.



Astrological Glossary

Algol: Fixed star in Taurus 26.

Bowl Pattern: All planets within 180 degrees.

Cutting Planet: In the biggest empty space in a chart, it is the planet facing it in a clockwise direction.

Facies: Fixed star in Capricorn 7; negative influence.

Finger of God: see Yod.

Fortuna: Another name for Part of Fortune.

Invalid: Not valid.

Kite: A grand trine with a planet or close conjunction opposite one of its three members.

Lilith: A satellite around the Earth with a negative influence; a lesser Neptune.

Markab: A fixed star in Pisces 23.

Mystic Triangle: Four planets are involved, each in sextile, trine, and opposition to another, thus forming a rectangle.

Nonagen: Minor aspect of 40 degrees: bondage, restriction, obligation.

Part of Catastrophe: Ascendant plus Uranus minus Sun; very negative.

Part of Death: Ascendant plus eighth cusp minus Moon; also called Part of Disaster; has strongly negative effect.

Part of Genius: Ascendant plus Sun minus Neptune.

Part of Misfortune: Name of Part of Fortune when in eighth or twelfth house, in Scorpio or Pisces or those decanates, or making a "hard" aspect to a malefic.

Part of Peril: Ascendant plus ruler of the eighth cusp minus Saturn; influence what the name implies.

Part of Spirit: Ascendant plus Sun minus Moon; it has to do with tradition, background, ethos.

Part of Tragedy: Ascendant plus Saturn minus Sun; negative influence.

See-saw Pattern: The planets in two fairly equal groups (at least three in one group) and there must be at least a sextile empty between them on each end.

Solstice point of any planet: One measures from the planet to either Cancer 0 or Capricorn 0 (where the Sun is located at the time of solstice, hence the name), whichever is closer, and takes the same number of degrees across to the other side. For instance: the solstice point of a planet in Gemini 15 is Cancer 15; of a planet in Scorpio 10, it would be Aquarius 10. If that point is aspected, it exerts an influence similar to the planet it is associated with.

Taurus 6: The sixth degree of the second sign of the zodiac.

Yod: Two planets in sextile and both in quincunx (150 degrees) to a third; like Gemini 15, Leo 15, Capricorn 15; a figure of destiny.

The Revolt of the Religious

“They forced us to watch TV,” was the complaint of a spokesperson of a group of nuns who had barricaded themselves in the infirmary of a monastery in an Eastern state. A new Superior had changed the previous strict policy of the order and introduced TV. Even some of its “good” offerings, according to the young nun being interviewed by National Public Radio on the telephone, were a hindrance in their chosen vocation—prayer. She vowed to continue the protest until its goal—no more TV—was achieved.¹

Our Saviour said, “Ye are the light of the world.” Matthew 5:14. From these and other words of the Christ it is difficult to concur with a way of life removed from society and without any TV. But in the same great discourse He also said, “Judge not, that ye be not judged.” Matthew 7:1. Besides, one cannot but respect, even admire, those who for utterly altruistic ends would completely renounce that which most humans esteem as life’s biggest boon, family, and friends. Nor can one help but regret that the media covering this story played up the dramatic angle—a group of nuns defying authority—when this incident points to a timeless truth transcending internecine strife. There’s a price to pay for all progress, including spiritual! Not only is there no free lunch, neither is there real gain without some pain. “Before I was a genius, I was a drudge,” Poland’s late great pianist Jan Paderewski once said. The spiritual aspirant needs to become *what the world calls* “drudge”; a disciple must follow a discipline; the nun was correct in her view that even some legitimate, harmless pursuits can hinder prayer.

In these days when so many are so much concerned with overweight, all sorts of appetite appeasers are readily available. There are also such things as *spiritual* hunger depressants. In true prayer, nothing is more important than fervor, a

hunger for God. This can easily be lost by indulging in things which cannot be described as “evil”; often the “good” can be the worst enemy of the “best.”

Perhaps no countries place more emphasis on the pursuit of art, athletics, ballet, drama, music, etc. than those officially atheistic. There is a reason. Those activities can become “God-substitutes.” In every human soul there is an “inborn” insatiable yearning which can only be *fully* assuaged by Him who put it there. But in its absence, “God-substitutes” can go a long way toward killing the hunger for things heavenly, or chilling the fervor which alone makes prayer effective. Even some “wholesome” snacks can spoil the appetite for mealtime; “good” activities can cool the earnestness needed for prayer and all spiritual effort.

If one were to go to a typical college campus, one would find not only classes in session most of the day, but also a great many extracurricular activities, permitted or even sponsored by the administration—constructive, beyond reproach. But the student who wishes to get top grades will be very careful how many, if any, he will take part in. Also in the Great School of Life, those primarily concerned with spiritual evolution will avoid things that hinder, both good and bad.

Dr. David Livingstone, England’s great 19th century explorer of Africa, once said, “I will evaluate everything only in the light of the Kingdom of God.” The Apostle Paul wrote, “Let us lay aside every weight.” Hebrews 12:1. What was he referring to? Perhaps it was best defined by a famous evangel of a bygone era, the late Dr. Wilbur Chapman: “The rule that governs my life is this: Anything that dims my vision of Christ, or takes away my taste for Bible study, or cramps my prayer life, or makes Christian work difficult is wrong for me, and I must as a Christian turn away from it.”

It might be good, legitimate, harmless—but if it interferes with the *best*, could be a “weight” that needs to be discarded by those aspiring for the “eternal weight of glory.” 2 Corinthians 4:17. At one time in the early Church, although “the widows were neglected in the daily ministrations,” “the twelve” (the leaders) refused to “serve tables”—a helpful and very necessary task certainly beyond all reproach, for they knew themselves to be called to something higher: “But we will give ourselves continually to prayer, and to the ministry of the word.” So they asked the Church to “look ye out among you seven men of honest report, full of the Holy Ghost and wisdom, whom we may appoint over this business.” For “the twelve,” advanced along the Path, it would have been a “weight”; but not so for the “seven men.”

What for some is a “weight,” for others might be wings. All who truly have “been touched by the lodestone of the love of God” will ever “approve (choose, in the *Good News Bible Version*) things that are excellent,” never satisfied until they have indeed found the “more excellent way.” See Acts 6:1-4; *Letters to Students*, Max Heindel, p. 211; Philippians 1:10; 1 Corinthians 12:31.

¹National Public Radio’s “All Things Considered,” December 31, 1988.

“Till Divorce Do Us Part”

Of course they don’t actually say these words when pledging their vows, but certainly they cannot be far from their thoughts: 50% of marriages in the U.S. end in the courts. And one of the latest factors in the domestic debacle are the no-fault divorce laws, which have spawned lawyers offering to legalize the split for \$100.00 or less.¹

Actually, this is but one of many developments facilitating the break-up of American families. While this nation was predominantly rural, divorce was rare. Farmers knew their wives were indispensable;

they in turn realized they had few if any other options. Urbanization, which burgeoned after the Civil War, changed all that. Later on, especially after World War I, the automobile increased the onslaught on the American home, as even members of rural families were easily able to spend ever more time away from the domicile. During and after World War II, with women becoming more numerous in factory and office, invitations to infidelity and divorce increased. And now, with legal and financial hurdles all but removed, divorce can take place more easily than ever.

This ever-rising divorce rate should be viewed in its wider context. For in a way, it was almost inevitable that ethical standards would be more lax in the New World than the Old, and for several reasons.

1. Because of America’s size. Most of the very earliest settlers came from England, and were very devout, having left the British Isles primarily for religious reasons. In England, they had gone to church several times a week. That was easy to do; church was close by. But here, the newcomers spread out. Churches quite often were far away. It became humanly impossible to attend as often as had been customary in England. That started laxity in church attendance, but it was not frowned upon, as it would have been in England; it was accepted as necessity. That logically, easily, naturally led to slackness in other areas of life.

2. Danger. As the settlers moved west, they encountered hostile natives, making travel—including to and from church—yet more difficult, hence infrequent. This further weakened the hold of things spiritual.

3. The American Revolution. While it created a great nation with a definite niche in the Cosmic Scheme, inevitably it also brought about negatives. It was basically a revolt against authority, that of a state united with an established Church. Rejecting the influence of the former weakened the latter—and not just the particular denomination tied to the British Crown, but also the idea of church and religion in general. This spilled over into the area of ethics and morality.

Too, the colonists’ chief ally during the struggle had been France, which shortly thereafter turned its back on all things religious. Because of that nation’s indispensable assistance in the 1770’s and 1780’s, its influence on these shores still prevailed in the 1790’s and beyond, a strident challenge to all things of the Spirit.

4. The emphasis on freedom. That was what had brought millions from Europe. Freedom is difficult to define. Human nature being what it is, it was easier to embrace an inflated idea rather than a limited one, with morality a frequent victim.

5. Pluralism. America is a nation of nations; its people have various backgrounds, mores; most Americans are said to be mostly something else. It became necessary to tolerate in others different patterns of behavior where morality was *not* involved. But it has turned out to be an all too short step from this to the practice of tolerating different life styles *even if* ethics do play a role. This has further frayed the fabric of morality.

6. Science. Probably no other country has produced as many ways of making life easier as has the U.S., which is well and good. Unfortunately, much of recent scientific research has been focused on making it easier or even "possible" to part painlessly from the path of probity. Billions are being spent on pills, powders, potions to "enable" one, in the words of one commercial, to "fool Mother Nature." Eat all you want and still lose weight" is but one of the many such "come ons."

7. TV. There was a time when the home was a mighty bulwark against the onslaughts of all that was degrading. No more. Even as laboratories are churning out that which promises to enable one to sow wild oats with no fear of harvest, the surrealistic silver screen shows those contravening Cosmic Law blithely "getting away with it."

Has there ever been a time when invitations to evil have been more insidious? Some urge harsher penal laws; but prisons are already overcrowded, recidivism is on the rise, and law enforcement organizations are unable to remain fully staffed.²

Others urge the opposite, decriminalizing certain practices and making punishments for others less stringent. But one is reminded that during the 1920's it was being claimed that legalizing liquor would lessen alcoholism, yet the exact opposite happened.³ More recently in England, once doctors were freely allowed to prescribe heroin, the number of addicts doubled; when the government started to dispense drugs through its clinics, it quadrupled.⁴

What is the answer? What should be done? There are two kinds of temptations in life, those to evil and those in behalf of good. The latter should be used to counteract the former. A chapter out of the past is enlightening. In ancient Rome, Christians were being cast to the lions. When some

of the spectators of this horror saw the amazing courage, calm, and even joy of those brave believers, there welled up within them a yearning for whatever it was those men and women had that enabled them to face life's worst so triumphantly. Often they joined them, becoming Christians too. If those presently throwing *themselves* to the beasts of bad-doing were to behold in living action the beauty of the best, they too would be tempted to change.

The Saviour admonished, "Let your light shine before men, that they may see your good works, and glorify your Father which is in heaven." Matthew 5:16. And surely, while *truly* glorifying our "Father which is in heaven," one cannot persist on the path to perdition.

¹ *Signs of the Times*, January 1989, p. 2.

² *U.S. News & World Report*, November 14, 1988, p. 85.

³ *Christianity Today*, December 9, 1988, p. 17.

⁴ *The Christian Science Monitor*, December 8, 1988, p. 15.

America—Land of Legal Child Abuse?

What do England, Ireland, Holland, Belgium, France, Spain, Switzerland, Sweden, Denmark, Austria, and a host of other civilized countries all have in common that the U.S. lacks? A national law prohibiting corporal punishment in school. Even behind the Iron and Bamboo Curtains of Russia, China, etc., this practice is outlawed, as was revealed in a recent meeting of the National Conference to Abolish Corporal Punishment in Schools. It featured beloved TV personality Bob Keeshan, of Captain Kangaroo fame and winner of six Emmy awards, and brought to light some truly shocking facts.¹

In 78% of the U.S.—39 states to be exact—teachers are allowed to lay hands on students, and are doing it at a rate of a million a year. Of course there is spanking, and there is spanking. If all were

as relatively mild as the pupil holding out a hand palm up, to receive a few lashes from the blunt side of ruler, that would hardly be cause for major alarm, even though it is perverted pedagogy. But over 10,000 victims of corporal punishment in U.S. schools—that's over 1,000 a month or fifty each day—require *serious* medical attention. They certainly didn't just get slight spankings; they suffered brutal beatings!

In view of legal leniency, such outrages should come as no surprise. One of the speakers at the gathering emphasized that one in ten adults is in need of psychiatric care; the same ratio of mental malignancy prevails among children. If a mentally disturbed child and a neurotically inclined teacher encounter each other, the results could indeed be catastrophic!

Perhaps the saddest part of it all is, the situation has been getting worse, not better, reflecting recent trends in American family life: in two out of three youngsters' homes both parents work; one in four live with only one parent; one in five are below the poverty level. Hence, many children get little or no emotional support at home. Working parents have little time or energy for them; they may be too preoccupied with their own problems to show any interest in those of their children. And parents unable to provide properly in a material way may harbor hostility toward society or other negative feelings not conducive to creating the proper home atmosphere. Youngsters amid such conditions easily feel unwanted, neglected, unloved. "Unruly behavior is a cry for help," as one of the conference lecturers pointed out. The "cry"; generally comes in the form of a strong desire for attention. If this cannot be achieved by above-average scholastic or athletic performance, the only other option is "unruly behavior." A child would prefer praise to punishment, but would rather be punished than neglected; hence, delinquency.

Some excellent alternatives to corporal punishment were aired; teachers should show more trust in their students; a minimum of rules should be enforced fairly; parents might become more involved in the disciplinary process; efforts can be made to discover the source of problem behavior.

Max Heindel suggests another: "There is no child so refractory that it will not respond to the method of reward for good deeds and the withholding of privileges as retribution for disobedience."² He has also written: "It is a crime to inflict corporal punishment upon a child at any age." And like

always begets like; it is a known fact that the great majority of juvenile delinquents have at one time or another been victims of excessive corporal punishment. "It," Max Heindel continues—corporal punishment—"is an important factor at all times in awakening the sex nature...and should be carefully avoided."

What is the connection between being victim of physical abuse and precocious sexuality? Suffering corporal punishment lessons the sense of self-worth and self-acceptance. This intensifies the yearning for acceptance and affection from others. And in the teen years, these are generally looked for and valued most in a relationship with the opposite sex. One cannot help wonder how many teen pregnancies might have been averted had it not been for physical and emotional abuse. Not a few of the one million teen-age girls who become unwed mothers in America each year have admitted that they were craving affection and love. Had they received these the normal way in home and school, there would have been no quest for them in an abnormal manner.

"Leave the whipping alone and much of the social evil will be done away with in a generation." This no doubt includes not only teen-age motherhood, but also the use of drugs. Corporal punishment undeniably leaves the recipient feeling "low"; drugs are considered a way of getting "high," and one more addict may be in the making.

Undoubtedly still other forms of human wreckage are produced by child abuse. Most likely, it also motivates teen suicides, estimated at about 5,000 a year. And how many divorces might also be caused by this, because some emotional scar from early beating never fully healed?

Using mistaken methods to solve a problem not only does not achieve the intended goal, it also generally worsens the existing situation and may spawn additional problems. Surely corporal punishment, beating children as a means of discipline, is a striking example of this. □

—A Probationer

¹"Captain Kangaroo speaks Out On Corporal Punishment in Our Schools," *The Humanist*, November/December 1988, pp 5-13, 32, 34. Reference to this publication is no endorsement of its "nontheistic" philosophy.

²This and all subsequent quotations are from *The Rosicrucian Principles of Child Training*, Max Heindel, p. 16.



Book Reviews

Charles Fillmore: Herald of the New Age. Hugh D'Andrade. Harper & Row, New York, 1974. 145 pages.

From physical frailty to spiritual strength, from crushing crises to clarion conquest—thus might be summarized the earthly sojourn of one of the New Age greats.

Born to pioneer parents in St. Cloud, Minnesota, about 1 1/2 years after his famous relative, Millard, ended his Presidency, and four years before the territory attained statehood, he received even in that frontier setting invaluable preparation for his life mission. Winters of forty below zero instilled resiliency and helped impress him with the serious side of life; constant contacts with trappers, Indians, hunters, adventurers, etc. balanced this by developing also "those outgoing, friendly qualities which made him the universal man of later years." P. 4.

At ten he faced his first major crisis. He fell while skating and injured his hip. Every doctor consulted offered a different diagnosis; none brought healing. Infection increased the physical suffering. The fact that his right leg stopped growing and became shorter than the other brought emotional anguish and need for crutches; the wild ebb and flow of the pain exacerbated things.

So did the family's financial plight, which restricted his formal education so he might work and add to its income. But his actual education continued in another, perhaps more significant way. He was able to get in on the private tutoring being received by a chum of his by his mother. She was not only well versed in the classics of old, also in 19th century New Age—Transcendentalism. So at this time, still in his teens, Charles first began to question theological orthodoxy.

Broadening spiritual horizons eventually created a yearning to widen other vistas. Thus, a few months before reaching twenty, he took a 1,500

mile train ride, and eventually settled in Denison, Texas. He prospered, sent for his mother,¹ who also worked. He now also had time to investigate a number of subjects, which matched the variety of jobs he held: in a railroad office, city clerk, mule team driver, real estate agent. He later moved to Colorado.

All the time he kept in close touch with Denison by writing Miss Myrtle Page. He had first glimpsed her at a social in 1876, when a Voice told him, "There's your wife, Charles." In 1881, she promised to become that; Pueblo, Colorado, was their first home.

They shared its burgeoning material boom, but this was marred by ill health. Myrtle, never robust, had repeatedly been diagnosed as having tuberculosis; now malaria also set in. And Charles, never fully free from discomfort and even pain caused by the iron brace he wore on his short leg, now began to fear that the vision in his right eye was failing. These problems were eventually also followed by an economic downturn.

In 1884 Charles and Myrtle, their sons Lowell Page and Waldo Rickert,² and Grandma Fillmore, all moved to Kansas City. Charles had experienced the frequent recurrence of a dream in which he was commanded to settle there. Two years later, the Fillmores began to realize why: a New Thought lecturer came to town. Not only was Myrtle healed, but she began to pray for and heal others. Charles, ever the quintessential businessman, saw the pragmatic potential of this teaching, and embarked on an intensive investigation, accompanied by hours of prayer and meditation "to get in touch with God." His body began to heal; that joyously intensified his research to the point of neglecting his real estate business.



Especially after April, 1889, when the Fillmores began printing a sixteen page, 13 X 9 inch monthly, *Modern Thought*. It was to undergo many changes of format, name, place of origin, etc. and was later joined by other journals. Charles wrote under the pen name "Leo-Virgo," having been born on the cusp, August 22, 1854, 4 A.M. Eventually he also decided on a name for his work, Unity, since it was a non-sectarian effort to cull the unifying essence of the Christian message. Because of the emphasis on wholeness—spiritually, physically, materially—the couple also began to refer to their synthesis as Practical Christianity.

Because of the centrality of the Christ in all their endeavor, they rejected the "New Thought" label, asserting that much that went thereby was not really Christian. They were not alone in this; esotericists and metaphysicians like Alice Bailey and Rudolf Steiner did the same. The Fillmores also invited criticism by espousing belief in reincarnation; in those days, few in America identified it with Biblical truth. The couple also opted for the vegetarian way. From early on, a vegetarian cafeteria, Unity Inn, became part of their headquarters. Anyone was welcome to purchase a

meal. Often the lines were very long, but despite their position as founders, and extremely busy schedules, the Fillmores patiently waited their turn.

They were less patient in another respect—eagerness to extend their work. Headquarters in Kansas City was constantly expanding as new features were added: a correspondence school, more publications, a radio (and eventually TV) ministry, a farm, a ministerial training program, and branches in many places. Constant prayer has ever been the undergirding of the movement; its success is ascribed to harmony with Cosmic Law.

This may have been by-passed somewhat by the Fillmores' unremitting physical exertion. In 1919 Charles became gravely ill; he had simply been too enthusiastic in his disregard of physical limitations. At times it wasn't certain whether he would make it. Prayer, his and others', brought recuperation. He emerged stronger than before, in body as well as spirit.

This crisis was typical of the tendency that any shortcomings of his were not due to selfishness, hope of gain, but overenthusiasm. According to the author, his major "blunder" resulted from some

of the things he had said and written about death which conveyed a hope of physical immortality in this life: "I am doing my best to follow Jesus in overcoming the death of my body." P. 73. This produced a storm of criticism, "scornful and even derisive." P. 122. The author makes no effort to resolve the matter. He only suggests Fillmore should have stopped talking about this after the public outcry finally subsided, and adds that other metaphysical teachers of the time, in America and abroad, spoke and wrote along similar lines, like England's Judge Troward and Harry Gaze.

Whether or not Fillmore erred in the matter, it is regrettable that this became a "cause célèbre," for in his prolific literary output there was much of great value. Myrtle and he not only contributed heavily to their periodicals; they also published books. Perhaps Unity's most unique production is the giant (706 pages plus an addenda) *Metaphysical Bible Dictionary*, containing excerpts from the Fillmores' other writings and interpretations based on these prepared by co-workers and students; hence no author's name is given. It sheds historic, exegetic, metaphysical light on hundreds of Bible words from "Aaron" and "Abaddon" to "Zurishaddai" and "Zuzim." "Today it is the most consulted dictionary in the metaphysical field." P. 101.

No doubt the greatest immediate impact of any of Unity's books was achieved by *Prosperity*. Appearing during the Great Depression, it raised eyebrows far and wide. Detractors dismissed it as just one more of those many pseudo-spiritual writings promising "to 'attract money' through psychological affirmation." P. 114. But that was erroneous. *Prosperity* stressed spiritual substance; it pointed readers to the True Source of Wealth: "Every thought of personal possession must be dropped out of mind before men can come into the realization of the invisible supply." P. 114. D'Andrade points to the continuing prosperity, material and spiritual, enjoyed by the movement and based on these principles, as proof of their efficacy.

A great loss, though not materially, did come to Charles and his movement during the Depression. In the fall of 1931, Myrtle, nine years his senior, quietly slipped into the Beyond. On Wednesday, September 30, she had led out in a healing service; next day she labored all day in the office; Friday she spent in the garden, picking fruit. But after an indisposed weekend in bed, she

departed this life Tuesday the sixth. Unlike Charles, she had never in any way hinted at terrestrial immortality. She had even joyfully anticipated resting from earthly labors and finding greater usefulness on the Other Side. Only seven months earlier, Grandma Fillmore had preceded her. Co-workers feared the grief of Charles would be extreme. But a few days later, at one of the church services, without minimizing the great loss, he reminded his audience of the comfort and consolation of the spiritual ties of those who are Christ's.

In this strength, he continued, even stepping up his travels. He attended the Chicago Exposition of 1933 to address the World Fellowship of Faiths. In his lecture, he defined the unseen forces of the ether as the mechanical side of the Kingdom of Heaven. This was but one of his numerous original ideas, as he continued to study and plan for the future despite approaching 80.

He also embarked on a national lecture tour; for years the many centers had been asking him to visit. Now, he felt, was the right time. He was accompanied by his second wife, the former Cora G. Dedrick, a long-time co-worker, who he had married the last day of 1933. Since his 1919 crisis, he had never had any health problems; he was looking forward to yet many years of service. All the *physical* scars of his pre-teen problem, including the fact that the right leg had been shorter, had long since disappeared. Accordingly, he worked hard all through his 80's. He compared himself to Napoleon's drummer boy, who hadn't learned to sound a retreat; he wasn't going to learn it either!

Not until February, 1948, at 93, did he suspend his travels and take to his bed. He was neither ill nor in pain; just worn out. He cheerfully chatted with family and friends. On the morning of July 5, 1948, after a farewell smile at his son Lowell, he entered that Wider Sphere of Service.

A third of a century previous, Max Heindel had referred to the "noble leadership" of that "clean, moral organization," Unity.³ As is so often the case with the words of this other herald of the New Age, they are more meaningful and true than the casual reader might suppose. Also in this instance. On December 7, 1892, Charles and Myrtle Fillmore had solemnly written one of their many "Letters to God," a "Dedication and Covenant," in which they had pledged "all we have and all we expect to have, to the Spirit of Truth," and that they would look to Him for "an abundant supply of all things necessary to meet every want without

making any of these things the object of our existence." Pp. 42, 43. Not until 1942, eleven years after Myrtle's passing, was it found among her papers and publicized.

The Fillmores had scrupulously adhered to it; indeed there had been "noble leadership." This, surely, had much to do with the movement's success. This, no doubt, is also why getting acquainted with Charles Fillmore's life is more than just reading another biography. It is a faith-building and heart-warming experience that cannot but inspire the reader to follow the Master as whole-heartedly as this herald of the New Age.

¹D'Andrade fails to inform the reader what had become of Charles' father, Henry.

²A third son, Royal, born a few years later, died in his 34th year, hence did not become as prominent in the movement as these two.

³*Letters to Students*, Max Heindel, p. 132.

Forces of the Zodiac, Robert R. Leichtman, M.D. & Carl Japikse. Ariel Press, Columbus, Ohio, 1985, 456 pages.

They, the "forces of the Zodiac," are seen by the authors to be primarily spiritual, intended for the spiritual aspirant, and for spiritual growth. "The great promise of astrology lies in its ability to show us how to align ourselves with spiritual and universal forces." P. 430. They claim that it is especially at the time when a certain zodiacal sign is being activated, by the Sun's transit, that those on the Path can and should seek to incorporate its positive vibrations. Natives of each specific sign can profitably make an ongoing study thereof, keeping in mind that the Zodiac's forces work not in isolation, but close harmony. As the authors see it, the "building power" of the signs is focused thus: Aries, purpose; Taurus, the harnessing of motivation; Gemini, nurturing qualities; Cancer, the breaking up of old patterns; Leo, definition of selfhood; Virgo, healing forces; Libra, the balancing of opposites; Scorpio, tests of maturity and responsibility; Sagittarius, idealism and determination; Capricorn, the will to complete the unfinished; Aquarius, spiritual sensitivity; Pisces, the will to serve.

A most deeply spiritual discussion of each sign's meaning is given. For instance, on Aries, the ram, the sacrificial lamb, Leichtman and Japikse offer

inspiring insight into the joyously sacred nature of spiritual sacrifice. It is not demanded in order to appease a capricious Creator, but by yielding the material we are uplifted into the Divine; we sacrifice ignorance merely to work with wisdom.

On Scorpio, for example, they urge that the emphasis be shifted from "death" to "regeneration," deducing that a major problem with negative Scorpio is an attitude that too readily accepts things the way they are. Regarding Aquarius, they caution against a selfish attitude toward spiritual forces. There is also a song for each sign, a discussion of its challenges, opportunities, and how to tune in to each sign's positive vibrations. For good measure, there is also a parable, each of which is a powerful mini-sermon. Perhaps Pisces' parable is most illuminating:

A little fish, on being caught, was tossed right back because of his size. Not understanding the real reason for his release, he thought it meant he had passed some great spiritual test and become superior, a sort of "fish of God." He informed the other fishes of this, urging them to seek the same experience. So they swam off, looking for hooks, but "unfortunately, they were all larger than their friend the prophet, and never returned. The fish who had been thrown back lived into dignified old age—but he lived alone." P. 418.

This parable is a fitting prelude to what follows next, a discussion of the challenge to contemporary astrology from the spiritual standpoint, focused on some "false glamors": that of influencing and manipulating others; the glamor of making astrology complex, which feeds the Ego by making one appear wise in others' eyes; the glamor of fatalism and mystery, which can lead the unsuspecting to abandon common sense and give the stellar science a bad name.

Some books are for skimming, some for reading and study; a very few qualify for lifelong companionship. Because of its depth, scope and import, *Forces of the Zodiac* belongs to the latter. □

Minerals: Kill or Cure? Ruth Adams and Frank Murray. Larcbmont Books, New York, 1977. 366 pages.

Being health-minded, you want to make sure the mineral part of your diet is in order. So you go about to ascertain how much

someone of your weight and gender needs of each, find out which foods provide this, and regulate your consumption accordingly. Right? Not quite. There are countless other factors involved.

Because calcium is the most important mineral, there being more of it in the human body than of any other, the authors elaborate in great detail on how certain factors might affect the need for it. Extended periods of time in bed increase the loss of calcium. The action of gravity in standing and walking counteracts this, hence the problem of astronauts in gravity-lacking space. Oldsters cannot absorb it quite as readily as others, their digestive juices being weaker. When a great deal of fiber is ingested, the food passes more rapidly through the system, impairing assimilation. If oxalic acid is part of the meal—found in spinach, beet green, chard, rhubarb, etc.—this mineral is pulled right out of the system in the form of calcium oxalate.

The outer husks of certain cereals, like wheat, contain phytates, further hindering the utilization of calcium and other minerals. Also certain health problems, like diarrhea, dysentery, celiac disease, etc. obstruct the absorption of some nutrients. And a high protein diet, especially of animal origin, is so antagonistic to this vital mineral that even adding leafy greens, rich therein, would make it extremely difficult to procure enough thereof. P. 83.

Sesame seeds with hulls are recommended as a valuable source. Those taking calcium tablets are urged to remember that if their diet includes abundant phosphorus, it would be wise to select products free of this, for the more phosphorus is taken in, the greater the need for calcium. If one wishes to make sure of maximum assimilation, it is recommended one chooses chelated minerals, which are specially processed for this. It is wiser to have a bit extra calcium than not enough, especially in the later years. It can be stored inside the bones in what are called "trabeculae."

One also cannot err by having a little too much of another mineral, magnesium, one of the most important along with calcium, phosphorus, sulphur, sodium, chlorine. It can play a vital role in curing one of problems like "housewife blues"; its lack could also produce maternal blues—crippled babies. It is especially essential for the conventional American high protein diet; its lack has been linked to cancer, diabetes, stress, hair loss, constipation, kidney stones, etc. It is a catalyzer, or starter, of numerous chemical actions and coen-

zyme in protein utilization. Early warning signs of magnesium deficiency are cramps and spasms in legs, feet, arms, hands. The authors recommend fresh fruits and vegetables as the best insurance against deficiency; anyone unable to chew them is urged to switch to freshly squeezed juices.

Ever hear of lithium? It is one of the many trace minerals dealt with in detail. This one, largely unknown, cured a famous Broadway personality of long-standing wild swings from elation to depression. He simply started taking it in pill form; this same treatment has been effective in manic-depressive cases.

But the trace mineral Adams and Murray really have given top billing is zinc. They credit it with counteracting cancer, arthritis, dwarfism, hardening of the arteries, reducing the amount of insulin required by diabetics, improving hair and skin, etc.

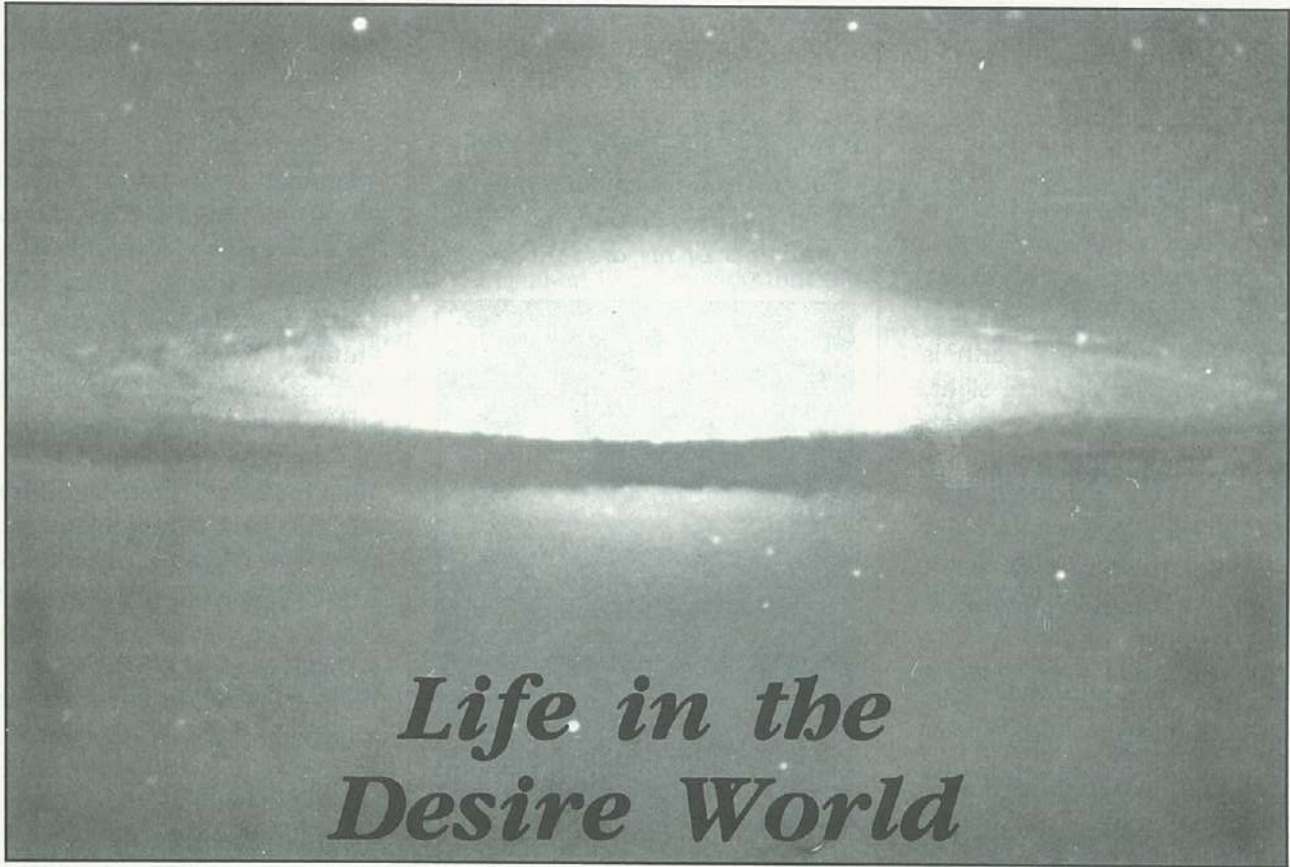
The book does not mention distilled water, whose benefits are explained in Western Wisdom literature,¹ but contains powerful arguments in its behalf. 1. Many areas have fluorine dumped into their water. The advocates of this are not agreed among themselves what is the right amount; what is tolerable for some may not be for others; mottled teeth is but one of negative effects of an overdose. 2. Drinking water in all regions of the U.S. contains sodium in varying amounts. A person on a salt-free or salt-restricted diet may be limiting or even nullifying the supposed benefits of that regimen by getting extra sodium in his drinking water. This is made even worse by use of water softeners, which, while removing some minerals like calcium and magnesium which leave rings around the bathtub, may increase the water's sodium content many times over.

The authors don't profess to be vegetarians, but by recommending the low protein way, nowhere coming even close to urging a need for meat in the diet, but putting great emphasis on fresh fruits and vegetables, they undeniably are admitting the superiority of the meatless way. Paul Harvey has often said, "When it comes to the science of nutrition, we're all learners." *Minerals: Kill or Cure*, though it cannot be endorsed 100%, nevertheless offers a wealth of well-documented information on a vital theme by a writing team which, prior to this work, had authored eleven others. □

—A Probattoner

¹The Rosicrucian Christianity Lectures, Max Heindel, p. 139.

Readers' Questions



Life in the Desire World

NATURE OF THE DESIRE WORLD

Question: The Cosmo says that the Desire World is fluid, and composed of everchanging light and color. Is it not correct to picture the darkest colors at the lowest regions gradually blending into the lighter colors and in the region of soul power finding pure white light?

Answer: Yes, in one sense you are right. Color depends upon vibration, the rapidity of the rate and wave length. For instance, in the colors of the spectrum red has a much longer wave length and a slower rate of vibration than violet, which is at the other end of the solar spectrum, but the colors in the Desire World are not at all the same colors that we see here. Here color is caused by the reflection of the Sun's rays in the atmosphere. There light is a property of matter. One might almost say that from the viewpoint of that world desire stuff is light and light is desire stuff. That is not quite correct, but almost so.

Furthermore, the colors which we would call dark there are brighter than the brightest sunlight here. That is why we do not see them. Our eyes cannot respond to that rate of vibration. You should not consider the Desire World being above and higher than the Physical World in the sense of space being involved. The desire matter is here. It interpenetrates every physical atom. Even the ether is pervaded by it, and the dark, to the spiritual sight almost black, chemical ether, seems almost inseparable from the lowest grade of desire stuff. They are so dense that they seem nearly gaseous, and it has often been a wonder to the writer that people cannot see them and the beings moving therein.

PEOPLE IN THE DESIRE WORLD SEE THE SUN

Question: Do the people of the Desire World or Etheric Region see the Sun we see, and do not these regions go round with the world as its atmosphere? If so, why would it not make darkness and day there also?

Answer: The reason why we have day and night, light and darkness, is that the earth is opaque to our physical sight. Therefore, when the Sun is on the opposite side of the earth we cannot look through this physical globe and see the light, nor can we perceive the light-rays which penetrate through it, by our physical sight, though there is such an invisible light by which psychometers and clairvoyants see just as well in that which we call darkness as in that which we call light. It is true that the atmosphere of the earth revolves with it, and so does the desire stuff which constitutes the Desire World of our planet. However, those who have shed the mortal coil and are in the Desire World see through the earth just as easily as we see through a pane of glass. Furthermore, the greater part of them are usually so far outside the physical earth that even the direct rays of the Sun would not be obstructed by the mineral globe upon which we live in our physical bodies. For these reasons there is neither day nor night there. Neither are there seasons, which depend in a measure upon what we call day, but there is everlasting day and and everlasting light in those worlds.

A DREAM PROBLEM

Question: A gentleman in sound physical and mental health has had a dream almost every night for some time, and in the dream state he addresses an assembly composed mainly of his friends and acquaintances. In the course of his speech he explains that he is dreaming and that all the people before him are creatures of his dream. Some



one in the audience asks him what proof he has to give that he is right in his assertion, and to this he replies that he will think over the question when he wakes, and states that he will explain his reasons when he meets them in dreamland the next time. They all laugh at him and call him a lunatic. This dream puzzles him considerably and he is anxious to know how he may convince those dream creatures that the experience is really a dream.

Answer: In order to be able to judge intelligently concerning the various states of consciousness of man—waking, dream sleep, etc.—it is necessary to know the constitu-

tion and the function of various finer vehicles which, with the dense body, make up that complex being which we call man.

We find in the world four kingdoms: the mineral, which is practically devoid of feeling though it may respond to and react to stimuli, can feel neither love nor hate. Under the steam hammer or in the furnace its form and composition may be changed, but it gives no sign of emotion whatever. Its consciousness is like that of the human being in the deepest trance or in death, when only the physical body is present.

The plant is different. It lives and breathes. It inhales carbon dioxide which forms a large part of its body. It exhales the life giving oxygen. The sap flows in its stem and leaves. In short, it exhibits the same phenomena of life that we do in dreamless sleep, because in that state our dense body is interpenetrated by a vital body composed of ether and a similar vehicle interpenetrates the physical stem, leaves, and branches of the plant. But the plant knows no emotion either. Love, hate, joy, and sorrow are foreign to it, for it has no desire body such as that possessed by animal or man. Because of the possession of these vehicles animal and man are also able to move about and to aim to gratify their desires. To this end man uses mind, a vehicle not possessed by the animal, and in the waking state all his vehicles are concentric, interpenetrating one another, enabling him to live, move and reason. But the very act of going to sleep means a reversion to the consciousness of the plant, and therefore it necessarily involves a separation

of the higher and lower vehicles. The Ego clothed in the mind and the desire body withdraws, leaving the physical body interpenetrated by the vital body, upon the bed.

There are times, however, when we have become so absorbed in our daily affairs, or when we have been tired out, that the Ego cannot accomplish a complete separation of the higher vehicles from the lower. Then the desire body still interpenetrates the brain centers, because the relative position of the various vehicles is, so to speak, askew.

In that condition reason is out of the question, and the human consciousness is similar to that of the animal which has no mind and is therefore constitutionally incapable of logic. That is why even the most grotesque and absurd things seem perfectly natural to the dreamer, who accepts them without question just as the animal does, and dreams experienced in that relative condition of man's vehicles are usually absurd in the extreme. But as civilization progresses and egoism becomes superseded by altruism, a different division of the vehicles is made. A part of the vital body composed of the two higher ethers, which are vehicles of sense perception and memory, is taken along during the night. Then the illusory stage of dreamland ceases, and man becomes, as it were, a creature of two existences—one lived out of the body in dreamland, where he comports himself in a reasonable manner, using judgment concerning his own actions, and those of other people whom he may meet. As he has not learned to focus his consciousness when leaving or

entering the body, he is not able at all times to accomplish the proper separation of his vehicles, nor to bring back a reliable memory picture of what has occurred. Initiation into the inner spheres alone supplies the necessary knowledge.

Evidently the gentleman in question has his reasoning faculties with him in dreamland, but is not yet aware of the facts concerning that world. He is mistaken in supposing that the audience which he addresses is simply a "creature of his dreams," and it is not at all impossible, if he were to gather courage and ask some of those whom he has seen in his dreams if they attended such and such a gathering, that the answer would be in the affirmative. Moreover, if at the time this reply reaches him it is still possible for him to get together with the people whom he saw in his dreams and prepare them for the question before he puts it to them in the day time, he will almost certainly find someone who will remember and who has carried through this identical experience of which he has been writing.

Seeing then that dream life is not an illusory existence but a reality, there is no way of proving to the people of dreamland that it is an illusion.

THE TRANCE STATE

Question: If it is possible to produce artificially by drugs or otherwise, as I have read, the various mystic states, how is the aspirant to know the genuine from the counterfeit? How distinguish between spiritual enlightenment and psychic intoxication?

Answer: Many scientific investigators engaged in psychic research have frustrated their object by carrying scepticism to an absurd extreme, so that, as one expressed it in the hearing of the writer, he would not believe in ghosts and he would know that the thing which he thought to be a ghost must be only an hallucination. They are like the redoubtable Celt who professed to have an open mind willing to be convinced and then added with all the intensity he could put into the phrase: "but show me the man who can do it."

This much good the Psychic Research Movement has done, however: it has collected an immense amount of facts, which are highly valuable in the study of the hidden phases of life when we examine them apart from the construction which the scientific investigators have put upon them.

Among other things it has been noticed in a number of cases where the medium was to all appearance entirely ignorant and uneducated that the trance condition brought out accomplishments which astonished those present beyond words. There is one case on record where a servant girl, who in the normal state was most stupid and uneducated, delivered a discourse in Hebrew of a most scholarly nature while under the trance condition, and the question presents itself as to how these things are possible. There is only one theory which can give an adequate explanation covering all the facts in every case, namely, that we have all come up to our present status in the scale of evolution

There is only one true path to firsthand knowledge,...and that is by cultivation of your own soul powers.

through many days in the great school of life; each life we have learned some lessons, and we are constantly learning more. Thus we have in the course of time acquired a vast amount of knowledge which is growing day by day and life by life.

Our vehicles also have become better, more sensitive and refined, but no body on Earth is capable of expressing all that the indwelling Spirit knows. Nor is it intended by divine Hierarchies who guide our evolution that it should, for this versatility would prevent us from concentrating our efforts upon the particular lessons we need to learn here in a particular environment. Take, for instance, the case quoted of the stupid servant girl whom the trance medium showed to be a scholar. Judging from the facts of the case she had, in the opinion of the writer, a brilliant mind in a former existence, but was probably proud, arrogant, and overbearing. Hence it became necessary to teach her a lesson in humility, and she was born in a humble environment where no educational advantages were offered her. Therefore the brain became dull and she drifted into the condition of servitude little short of slavery, which is so prevalent in central Europe, that she might learn a much needed lesson in humility.

This class of cases shows then a possession of a much greater amount of knowledge and ex-

perience which lies latent and hidden in every individual and which is accessible when the normal sense life of the body has been stilled for the time being.

We may also note that this phenomenon differs very sharply and radically from the psychic activities observable under Spirit control. According to the writer's observation of hundreds of cases, when a medium is controlled by the Spirit, the Ego of the medium clothed in its finer vehicles is driven out of the body, and the controlling Spirit then stands behind the victim manipulating the tongue and the limbs through the medulla oblongata, causing it to move or to speak just as desired. The "light of life" is then seen as a flaming torch rising from the spinal canal and the medulla, where is heard a sound somewhat resembling the humming of an alternating current arc light. Another sounding light projected by the controlling Spirit overshadows and overwhelms the first light and by that means holds the physical body in an unconscious condition. But it is really painful to hear the frantic buzzing of the victim's *light of life*, struggling against the aggressor.

This phenomenon is absent in the class of cases where the trance is induced by suggestion or auto-suggestion. There also the Ego is driven out of its dense body, and may be seen standing against it manipulating the

limbs and the organs of speech and using the body according to its desire, as well as this extraneous position permits. But in this class of cases the *light of life* hums its song serenely and contentedly; there is no warring influence perceptible such as where there is an obsessing or controlling Spirit. Thus the person with spiritual sight may easily differentiate between this class and the other. *Nor does the phenomenon of trance differ in this respect when it has been induced by drugs*, at least as far as the writer has been able to observe, except in the particular, of course, that it is impossible for the Spirit to return to its vehicle until the drug has worn off.

"But how is the aspirant to know the genuine from the counterfeit, how to distinguish between genuine spiritual enlightenment and psychic intoxication?" asks our correspondent. The trance state is never a mark of spiritual enlightenment, no matter how induced. It is a morbid and abnormal condition, not to be emulated by anyone seeking spiritual enlightenment. There is only one true path to firsthand knowledge, only one right way to spiritual enlightenment, and that is by *cultivation of your own soul powers*. Build your soul body by patient persistence in well doing, enlighten others who know less than you with the little knowledge you now possess, look for opportunities to serve others in the small and menial things, as well as in the greater, according to your ability and opportunity. Then some day you will cease to see through a glass darkly and you will know for yourself without depending upon others. □

50 Million Addicts

In addition to those given over to drink, drugs, gambling, etc., there are an estimated 50 million compulsive eaters in the U.S.,¹ according to a report by Overeaters Anonymous. This organization, with chapters nationwide for mutual support, offers no specific principles or precepts, but it hopes that its members will be inspired by each others' examples and efforts. There are no fees or dues (contributions are accepted), which sounds most refreshing in these days of scams, swindles and schemes. Here certainly is a group doing much good. According to a recent survey, the one thing visitors to these shores notice most is how many overweight people there are; Overeaters Anonymous certainly is filling a need and doing a commendable work—as far as it goes.

But it doesn't go far enough, which is not intended as a criticism, since O.A. is going as far as it possibly can. But merely "curing" others of overeating, praiseworthy as it is, isn't enough. Dr. Joy Brown, popular author and nationally heard talk show counselor, states repeatedly that every compulsive eater has some other problem causing his addiction. Once that is solved, once the *real* cause of trouble is eliminated, then its symptom—the addiction—will automatically disappear.

Students of Truth know that the purpose of life is to gather experience in facing and overcoming life's hurdles.² Thus if one has a problem, like frustration, resentment, loneliness, boredom, hate, etc., and one somehow masters some "trick" or technique to prevent overeating—but if one still has not overcome the underlying problem—one has actually only treated a surface symptom. Granted, it is well that the symptom, gluttony, has been overcome, but if it leaves the basic defect intact, the victory is but limited; in some future life, the primary problem will still have to be faced, possibly under more difficult circumstances.

Along with experience, this life should also build up one's power of will.³ Certainly we're all human; we crave encouragement; that offered to members of Overeaters Anonymous is surely well meant and valuable; yet if one is to make the very most of this life as far as spiritual evolution is concerned, one's actions must be entirely motivated by one's own will. We must fervently will to do what is right because we know it is right, even though all and sundry should oppose. This may not be an easy thing, but in the light of the eternal purpose of existence, it is the only right thing.

A prayer of the Psalmist sheds light on where the difficulty may lie: "Teach me thy way, O Lord; I will walk in thy truth: unite my heart to fear thy name." Psalm 86:11. To learn God's way, which includes strengthening one's volitional nature, the heart must be *united*—totally dedicated "with complete devotion." In school, our teachers often said, when some important lesson was about to be presented, "Class, I want your undivided attention." When our Heavenly Teacher wants us to learn one of Life's greatest lessons, self-mastery, He requires an undivided heart. Then and then only can we truly pray, Thy will be done—for our wills will have been blended with the Divine. □

—A Probationer

¹WPTF (Raleigh, N.C.) July 5, 1988.

²*The Rosicrucian Cosmo-Conception*, Max Heindel, p. 131.

³*Ibid.*

Nutrition and Health



When It's Too Hot To Eat...

One doesn't have to! A little boy was overheard telling a chum, My folks don't know the first thing about raising kids. When I'm still sleepy in the morning, they make me get up; when I'm wide awake at night, they make me go to bed! Most likely there was another side to his complaint, but he was on to something: the body's signals should not be ignored. If one hasn't had sufficient sleep, one cannot do one's best during the day; if one retires while still bubbling with energy, one will hardly sleep well. And to eat when there is no actual desire for solid food is also unwise. Those who bemoan man's cruelty to lower creatures cry out against the forced feeding of certain animals, especially ducks and geese, to fatten them up for slaughter. Persons who force themselves to eat when hunger is absent are also guilty of violating law: what they eat will not be well digested but produce gas, fermentation, heartburn, constipation, etc.

When it is too hot to eat, one should drink—fresh fruit and vegetable juices. Whether one is hungry or not, the body always needs liquids; the hotter the weather, the more is required. The writer several times experimented on himself to ascertain just how much liquid is needed when it is hot: he weighed himself before and after walking six miles when the temperature was in the high 90's and found that there was a weight loss of four-five pounds—even though he is small and sweats very little.

Some people seem to have grown up with the idea that unless they get two or three square meals a day, something bad is going to happen. It might be well to remember that *all* food turns into liquid (chyme) after leaving the stomach and entering the intestines; it makes no difference then whether the food was solid or liquid on entering the mouth! There is also the fact that during infancy, the most critical time in a person's growth, one subsists entirely on liquids!

Three decades ago, the writer went on an all-natural (unfired) diet. He was informed that one of the first results would be loss of appetite in the morning. Indeed, after a very few days, he was unable to continue eating the big breakfasts he had been used to and took fruit juices instead. Shortly even that was too "heavy" and ever since, breakfast for him has been lemon juice in distilled water with just a tad of honey.

A few years later, he began losing desire for solid food at noon. He had not been "warned" that this might hap-

No general rules can be laid down; juices and people differ; one must experiment to discover what is best for one's individual needs.

pen. He knew that nature resents sudden change, so gradually he reduced the amount of solid food until his lunch was also entirely juice, plus some supplement capsules. And in the years since, even his evening meal has become more and more liquid. Yet he has enjoyed better vitality than while on three square meals a day, whether hungry or not. This is not being written to urge others to go on a mainly liquid diet, but to point out that eating when one isn't hungry is unwise, and largely liquid life style is not lethal.

During the last century, a young man born with frail health set out to not only build up his own body, but also to study the habits of some of the Indian tribes of South America famous for their high state of vitality. Thus he came across the Cashibos, and one of their unique practices was "that their food was almost wholly fluidic. In other words, they lived on a Liquid Diet."¹

At one time the editor of a New Age health publication was introduced to a lady in California who followed a similar regimen: "She lives upon fruits, carrot juice, and sometime a salad...and has a figure and complexion to envy! She needs but four hours sleep, or less, per night and is the most animated woman I've ever met. Although

over fifty years old, she appears to be about twenty-eight."⁶

If one wishes to increase the liquid portion of one's diet, there are some factors that should not be overlooked:

1. The lack of bulk may produce irregularity. One may wish to add powdered fiber, at least at the start. Some juices have sufficient bulk; others, even though low in fiber, are natural eliminators. No general rules can be laid down; juices and people differ; one must experiment to discover what is best for one's individual needs.³

2. The protein problem. Regardless of the temperature, the body needs protein for repair; insufficient amounts of that food element can produce lassitude. But it is also a fact that the body does not need as much protein as some advertisements and "health" writers who might be obligated to the meat and dairy industries would have one believe. Too, some fruit and vegetable juices have considerable protein.

A lady of the writer's acquaintance lived for about half a year exclusively on raw carrot juice, without suffering from Kwashiorkor or other protein deficiency diseases. Quite the contrary, she was being healed from advanced cancer of the throat, which had been the reason for her adopting this mono diet in the first place.

To derive maximum benefit from raw juices, it is of course best to drink them just as soon as possible after they have been extracted,...

There is healing power in juices! Some people, after having used carrot juice for a while, become alarmed when the skin turns yellowish. But this should be welcome: it means that some of the accumulated toxins and other impurities have begun to be removed from the system.

Weight watchers will be interested in a testimony from famous movie star Doris Day: "Every morning we make a quart of fresh carrot juice. It's such a tasty drink when it's fresh and think of the vitamins and minerals in every glass! I never count calories and I never gain. I have been the same for years, because what I eat my body can use. But if I ate a lot of over-processed and overcooked food it would store it as fat."⁴

One kind of juice is especially recommended by Max Heindel:

"Grape juice is a particularly wonderful solvent. It thins and stimulates the blood, opening the way into capillaries already dried and choked up—if the process has not gone too far. By a course of unfermented grape-juice treatment, people with sunken eyes, wrinkled skins and poor complexions become plump, ruddy and lively."⁵

And we have additional illumined testimony:

"Wheat and the 'blood of the vine' possess the highest vibratory rhythms of all Earth's

food substances. They are in every truth the body and blood of the indwelling planetary Christ."⁶

The grape is also the only fruit of which the Bible says, "A blessing is in it."⁷ Unfortunately, often when something good comes along, some people try to make too much of it. Excellent as the grape is, it is not a complete food, nor can one exist on it indefinitely."⁸ The important thing to keep in mind when using grapes is that those grown commercially are heavily sprayed. And unless that poison is removed, this fruit can do as much harm as good. But there is a remedy:

"The hydrochloric acid bath to remove sprayed poison from our foods can be prepared at home in the following way: Pour in a deep earthenware crock two or more gallons of water and add about two ounces of commercial hydrochloric acid per each gallon of water. Just before using the vegetables or fruits submerge them in the acid bath and let them stay there for three minutes. Then remove them from the bath, drain them well and rinse them in cold water."⁹ Commercial vinegar, the kind that should not be used in one's food, can be substituted for the hydrochloric acid.

To derive maximum benefit from raw juices, it is of course best to drink them just as soon

as possible after they have been extracted, but of course this may not be possible much of the time and the juice must be prepared for several days at a time. That is all right, as long as one remembers not to drink the juice immediately upon taking it out of the refrigerator. It would be well to let it stand about half an hour, or until it reaches room temperature. Too, if one plans to store vegetable juices, one must add lemon or other citrus juice to prevent decomposition, which may result in trouble in the intestinal tract.

Admittedly, juicing costs money and takes time, but is well worth it. It was introduced into America largely through the efforts of Dr. N.W. Walker, who faithfully "takes his own medicine." In the recent best seller, *Fit for Life*, he was mentioned and his age given as 116. There are not too many people around with that long life span!□

—A Probationer

¹ *Man's Return to His Garden of Eden*, Teofilo de la Torre, p. 46.

² *Excelsior*, Vol. 1, No. 1, p., 26.

³ Because they have to be heated, the bulk factor in canned juices is greatly diminished; pasteurization "interferes with the sponge action of hemicellulose." *You Are What You Eat*, Victor H. Lindlahr, p. 31.

⁴ *Vital Foods*, H. E. Kirschner, M.D., p. 32.

⁵ *The Rosicrucian Cosmo-Conception*, Max Heindel, p. 448.

⁶ *New Age Bible Interpretation, Old Testament, Volume III*, Corinne Heline, p. 189.

⁷ Isaiah 65:8.

⁸ *Sickness and Senility Are Unnecessary*, Leon De Seblo, Chap. 13.

⁹ *Psycho-Physiopathy*, Book II, Teofilo de la Torre, p. 112.

Healing



The Transforming Power of Thought

If you were to carefully observe a bowl of fresh, clear, drinking water, you could with the naked eye, find no indication of life in the water nor indications of lines of etheric force. However, if you were to employ the aid of a microscope you would find this fresh tap water filled with thousands of living organisms. Also, if you were to freeze this water, you would find definite lines of force in the ice. Now both the living life and the invisible lines of force were there; it remained for you to determine this fact of Nature. For, to look at the water without this added knowledge would tend to let one believe that it was simply dead matter with no qualities beyond what is evident.

What we see in this world is but a reflection. Like the frozen water, life is crystalized spirit.

As we look at life and see it come and go in waves of evolution we do not necessarily see the invisible cause of this life nor the purpose intended by Nature. As we watch the seasons come and go with their variations of weather, we are content to work and plan according to the season and gird ourselves against the elements without seeing or knowing anything about the vast invisible forces which bring these great changes to pass. We see the great tides come and go with periodical timing, but what do we actually know of the invisible, yet mighty force which commands uncounted tons of living water!

In spite of our greatest discoveries and scientific advance, man is still living in a world of mystery. Everywhere about him can be found hard at work molding this Earth, moving its waters and atmosphere, and doing countless wonders, great unfathomable *invisible* forces of life. Too prone we are to think that only material things made and operated by man constitute the greatest source of power. Yet is not industry dependent upon that invisible force, electricity, for much of its power? And is it not true that the greatest living person on Earth today cannot create the lowest form of life but can only work and change that which already is? If *life* were of physical origin we would long ago have created many forms of it.

We look at a person, his life, the contour of the body, and carefully observe him as an individual. We may note the lines of his face, the peculiarities of his nature, and any shortcomings or deformities he may have. Yet nothing we see in the outer world will tell us why this individual is as he appears. You may consider yourself; your own life and its experiences and changes and nothing in this tangible outer world will tell you *why* you are as you are. As a matter of fact it may even keep you from knowing the true answer to many of your perplexing problems. Persons of the same family grow up to be entirely different types of persons.

What we see in this world is but a reflection. Like the frozen water, life is crystalized spirit. Consciously, or unconsciously for the most part, man—being a God in the making—utilizes these hidden forces of Nature and molds them into his life and surroundings. By your thinking habits, more than in any other way, you mold the form of your life, its experiences, and the body itself. Thought is the greatest power man lays hold of and invisible though it is, says, *Be ye transformed by the renewing of your mind.* And in this mastering sentence he has given man the greatest key to the more abundant, health-filled life. It has been primarily by your thinking habits, followed by your

living habits as a direct result of these thoughts that you have brought into your life the things which are there—good and bad. It must be then through the *renewing* of the mind that new and better forces overcome the old error and manifest as health and true achievement.

And the deep message of the mind and heart that the Invisible Helpers of the Rosicrucian Order bring to you this month, which is a door into the new year, is that the first cause in creation is **THOUGHT**, and the first cause of anything you have in your life which manifests as illness, or need of any sort, also must be founded in your *thought*. Take the first step to determine that you will think only thoughts of love, cheerfulness, and constructiveness throughout this coming year. Keep constantly before the mind's eye that as you think so you become; for the invisible power of thought molds you, your body, your future, and all that you shall ever be.

Daily review the pattern of your thoughts and with determination and constancy correct the obvious errors of thought and the larger faults will take care of themselves. Remember also that you have the all-conquering Mind of Christ which labors within your own mind and heart to give you guidance and inspiration, and as you seek to raise yourself in spiritual and mental aspiration you are not alone. *Behold I am with you always.*

I will put my laws into their mind, and write them in their hearts. □



Healing

A House Without Hands

*Build Thee more stately
Mansions, O, My Soul!*
—O. W. Holmes

After you had moved into a house, which had been built according to your minute plans and specifications, which proves to be a source of inconvenience to you due to certain oversights in its design, whom would you blame—yourself or the builder? Being truthful, you would of course accept the blame and either take the pains to improve this house, or you would—with this added experience in house planning—think out and construct an edifice which would better serve you and your needs.

You are by the very food you put into your stomach and by the thoughts you entertain in your mind, building—or rebuilding—your body temple. Unconsciously, you are putting into operation the still little known laws of assimilation and thought. This, coupled with the type of life you live, along with the care, or lack of care, you give your Dense Body, goes a long way toward determining the present state of your health.

However, there is a much more subtle way in which you have in the past built the master plan out of which your present Dense Body was built and indeed is maintained. And by virtue of these marvelous Rosicrucian Teachings, we are taught that now—in day to day living—we are helping to build an archetypal form which will determine our state of physical and mental health in our next embodiment. The fact that we may be unconscious of this matters little.

What you have in the way of health in this life time comes as a result of what you have in your past built into this archetypal force which literally sings the symphony of life and just as invisible sound and magnetic forces can and do arrange physical design in this world, so, too, does this archetype arrange every atom and molecule of your Dense Body. The more in harmony your living habits are with nature the better this creative force is able to manifest as health and happiness to you. Conversely, when you live out of harmony with nature's laws, you weaken this archetype and the end result is sickness, pain, and death.

You are either adding to the durability of this form, which should add to the length of your life and give you greater health, or you are weakening the archetype which in turn weakens you and thus may shorten your normal allotted days.

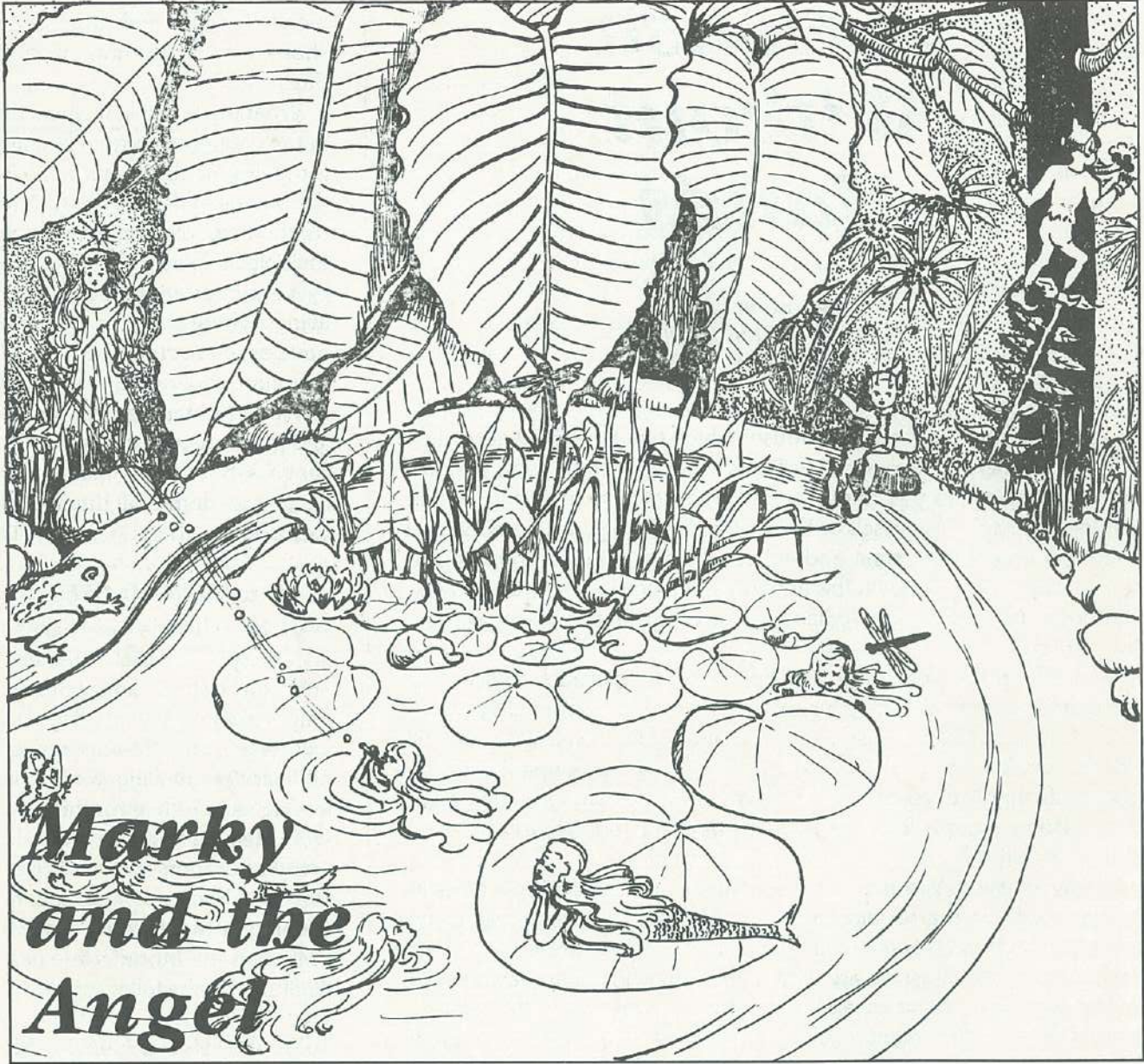
What the Invisible Helpers do in their superior form of healing is to reinstate divine harmony in the bodies of those who turn to us for help. Nevertheless, the Invisible Helpers must have help by your improving your way of living where needed—if you have asked for their help—and by your cooperation in sending to Headquarters regular weekly reports on your progress. We send forth a healing blessing to all in the name of the newly Resurrected Christ. □

HEALING DATES

Visible Helpers are just as necessary as Invisible Helpers, and our friends and patients may share in a high privilege, as well as add much to the power of liberated healing force, by joining us in prayer for the sick. Our Healing Service is held every afternoon at 4:15 PM in the Pro-Ecclesia and every evening in the Temple at 7:30 PM when the Moon is in a cardinal sign on the following dates:

July 3—10—17—24—30
August 6—13—20—26
Sept. 2—10—16—22—30

Relax, close your eyes, and make a mental picture of the pure white rose in the center of the Rosicrucian Emblem on the West wall of our Pro-Ecclesia, and concentrate on *Divine Love and Healing*. □



Marky sat on the porch and looked out into the garden. He sighed deeply. It was growing dark, and the flowers were nodding gently in the evening breeze. It was like they were bending their heads politely saying, "Good evening, Marky!" Sometimes he felt as though they really might say something like that if they could talk. Some of them had beautiful little mouths painted on their faces, but they never said anything—not out loud, that is. But Marky was sure they thought things you could hear, if you listened with your heart and not with your ears.

The fireflies winked brightly across the garden, and for a moment Marky wished he could fly like that and shine so prettily. And then he sighed again, this time quite sadly. Behind him he heard his mother ask, "Why, Marky, what's the matter? Such a deep sigh for a little boy."

Marky looked up at his mother. You could always tell your troubles to Mother. She wouldn't laugh as Sally Ann down the street had laughed when he talked to her this afternoon about his trouble. He tumbled his words out, "Mother, have you ever seen an angel—an honest to goodness real angel?"

Mother smiled. "Is that what is troubling you?"

Marky nodded, and Mother sat down beside him on the porch steps. "Well, I'll tell you, Marky. They aren't so easy to find, and maybe you don't look in the right place."

Does it take awfully sharp eyes to see angels, Mother? Maybe my eyes aren't strong enough? Would I need glasses to see one?" Markey asked excitedly.

Mother took Marky's hand in hers. "Not quite that, Marky. Angels are different from the fairies and gnomes and the little elemental folk we've read stories about. Angels are—well, they are like older brothers and sisters to us."

Marky shook his head puzzledly. "How?"

"It's—well, they went through a stage of evolution similar to our human one many ages ago. It's like your big brother, Tommy. He's already graduated from school, and you're still in school. So he knows many things you don't, and can help in many ways you haven't yet learned."

"But," Marky protested, "I'll grow fast and catch up."

"Of course, you will," Mother replied, "just as someday we'll all be like angels."

Marky smiled brightly at this

thought. "Tell me more about the angels."

Mother continued. "Well, the angels have their work to do, the same as we do. In all of God's universe, each Being has its own part to do, and angels have work to do especially for us. We are their younger brothers and sometimes we are very difficult younger brothers to help, I'm afraid."

"How?" asked Marky.

***Some
direct
the fairies
and the
elemental
kingdoms
so these
little
creatures
are
able
to grow
and
learn.***

"Oh," Mother answered, "once the angels were closer to men, and many people were able to see them and receive help directly from them. You know there are stories about it in the Bible."

"Why isn't it like that now?" Marky asked with troubled eyes.

Mother explained, "Because men became wicked so their eyes no longer could see the angels. They felt so grown up

they no longer had pure enough souls to commune with their angel brothers. They were more interested in seeking excitement and fun—as they called it. They hurt each other in this kind of fun, and the angels could not come near such wickedness. They stay away from selfishness, and greed, and evil today, for where these things are the heart is not pure enough to commune with angels."

Marky sighed. "What work do they do?"

Mother answered, "They have different kinds of work to do. Some direct the fairies and the elemental kingdoms so these little creatures are able to grow and learn. Some angels are the builders of the universe. They help nature form mountains and rivers. They help mothers to build the tiny baby bodies when a child is to be born. They work with the thoughts of men and weave the best thoughts that hover over a community so that the evil thoughts will not bring evil upon the people. Sometimes the thoughts are so horrible it is difficult for them."

Marky nodded understandingly.

"That's why you want me to not get mad and think good things isn't it? Do my prayers help them too?"

Mother nodded. "Oh yes, every one of us helps in that way so the world can grow to be a happier place. You see, too, many evil thoughts make droughts, famines, and floods. Nature returns to man just what man sends out. The angels hovering near try to inspire man so he can deserve a better life. Every good deed they bless and expand so that all men may reap the benefit."

His heart was full with happiness and peace, and while he sat there a wonderful thing happened.

Marky asked, "And are there angels who work in music and in the forests?"

"Yes," Mother answered. "They work in the ethers in watery substances of the universe. They weave all the patterns we see, because they are wiser and know how to obey all the laws. We humans haven't learned obedience yet. Think of the damage we would do by our ignorance without their help."

Marky smiled. "Do you think I'll be able to see an angel someday, Mother—really see one?"

"Perhaps, you will be one of the blessed ones who have such vision," Mother answered.

Marky thought a moment. It was the dearest wish of his heart to know more about the wonderful Beings called Angels.

The next day he told his father about the things Mother had told him, and his father nodded and said: "Your mother is right. There's just one thing I can add to what she has told you. It might help you to see an angel some day."

Marky's face brightened and his eyes sparkled. "what will help me to see an angel, Daddy?"

His father answered, "Well, Marky, your mother has told you about the being good part—trying to be like the angels so that your wishes are like their own wishes and so your eyes will be more in tune with the light. The other part is *wanting*.

What you want very deeply is sometimes given to you when you do all the rest of your part."

Marky clapped his hands. "But I do want to. All the time I keep trying. When I work in the garden I think of the little fairies and elves also working there, and then of the wonderful angels who are directing the little fairies, too."

Across the room Mother smiled at them both. She had just come in from the garden and her arms were full of flowers. "Still talking about angels, Marky?"

Dad and Marky laughed back at Mother, and Dad said, "Yes, and do you know I've heard people say it is sometimes easier to see them in great and beautiful forests where the loveliness of nature is more in tune with them than the disharmony that exists where people are unloving."

Mother said, "Marky, has Daddy told you about where we are going on his vacation?"

Dad said, "No, I wanted you to be with us. You see, Marky, your mother and I thought that perhaps on this vacation we would go camping in one of the national forests near here."

Marky spoke softly, "And I can really look for an angel there, can't I?"

Mother and Dad nodded, and they kissed Marky tenderly as he started off to bed to dream of his vacation in the forest where he could see an angel.

And Marky's dream did come true. Marky was in the forest where the family was camping. He had been having a splendid time sitting so quietly under a tall elm tree that the young deer had come close by. His heart was full of love for the beautiful little creatures as he offered them pieces of bread from his pockets.

His heart was full with happiness and peace, and while he sat there a wonderful thing happened. As he looked up at the tree he saw long flowing sheaths of light brightened into the pattern of an angelic figure before his eyes. The forest was still and yet there seemed to be the swell of music everywhere about him. He felt great waves of love washing through him, and a beautiful face smiled upon him.

Marky felt as though all the love and light and goodness in the world were pouring through him. He saw the sweet face still regarding him from the great height, and then the light was so bright he had to close his eyes. Even with his eyes closed he still felt the music and love and brightness all about him.

When he opened his eyes, Mother and Dad stood beside him. Their hands rested lightly upon his shoulders. He looked up at them inquiringly. They smiled down upon him, and he knew from the glow in their eyes that they had seen the angel, too.

Marky asked softly, "Some day will I be like that?"

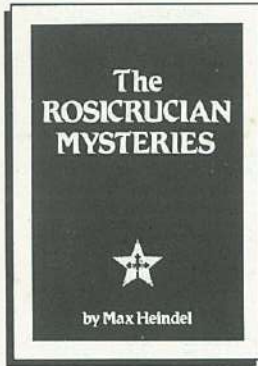
It was Mother who answered, "Some day all of us will be like that, Markey, and the world will be a very wonderful place when we all are so beautiful and loving." □

—D.D. Arroyo

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T 11	19	15	32	18 40 54	18 31 52	10 00 14	12 15 13	25 44 10	00 02 42	10 47 12	24 26 28	26 26 27				
W 12	19	19	29	19 38 07	00 24 52	12 06 15	25 15 50	25 57 09	56 02 40	10 45 12	24 26 28	26 26 28				
Th 13	19	23	25	20 35 20	12 24 27	14 14 16	38 16 28	26 10 09	51 02 37	10 44 12	24 26 25	26 26 25				
F 14	19	27	22	21 32 33	24 34 57	16 22 17	50 17 05	26 23 09	47 02 35	10 42 12	23 26 21	26 26 21				
Sa 15	19	31	18	22 29 46	07 00 02	18 31 18	03 17 43	26 36 09	43 02 33	10 41 12	23 26 17	26 26 17				
Su 16	19	35	15	23 26 59	19 42 17	20 40 20	15 18 20	26 50 09	38 02 31	10 39 12	23 26 06	26 26 06				
M 17	19	39	11	24 24 13	02 43 08	22 48 21	28 18 58	27 03 09	34 02 28	10 38 12	23 26 02	26 26 02				
T 18	19	43	08	25 21 26	16 02 34	24 57 22	41 19 36	27 16 09	30 02 26	10 36 12	22 26 02	26 26 02				
W 19	19	47	05	26 18 41	29 39 18	27 05 23	53 20 13	27 29 09	26 02 24	10 34 12	22 25 59	26 25 57				
Th 20	19	51	01	27 15 55	13 30 53	29 12 25	06 20 51	27 42 09	22 02 22	10 33 12	22 25 57	26 25 56				
F 21	19	54	58	28 13 10	27 34 05	01 18 26	18 21 28	27 54 09	18 02 20	10 31 12	22 25 56	26 25 57				
Sa 22	19	58	54	29 10 26	11 45 19	03 23 27	31 22 06	28 07 09	14 02 18	10 30 12	22 25 57	26 25 57				
Su 23	20	02	51	00 07 42	26 01 04	05 27 28	43 22 44	28 30 09	10 02 16	10 28 12	22 25 58	26 25 59				
M 24	20	06	47	01 04 59	10 18 06	07 30 29	55 23 21	28 33 09	08 02 14	10 27 12	22 26 00	26 26 00				
T 25	20	10	44	02 02 17	24 33 39	09 31 01	08 23 59	28 45 09	02 02 12	10 25 12	22 26 00	26 26 00				
W 26	20	14	40	02 59 36	08 45 18	11 30 02	20 24 37	28 58 08	58 02 10	10 24 12	22 26 00	26 26 00				
Th 27	20	18	37	03 56 56	22 50 57	13 28 03	32 25 14	29 10 08	54 02 08	10 22 12	22 25 59	26 25 59				
F 28	20	22	34	04 54 18	06 48 35	15 24 04	45 25 52	29 23 08	50 02 06	10 21 12	22 25 58	26 25 55				
Sa 29	20	26	30	05 51 40	20 36 16	17 19 05	57 26 30	29 35 08	47 02 04	10 20 12	23 25 55	26 25 55				
Su 30	20	30	27	06 49 03	04 12 09	19 12 07	09 27 07	29 48 08	43 02 02	10 18 12	23 25 52	26 25 52				
M 31	20	34	23	07 46 27	17 34 35	21 04 21	17 27 45	00 00 08	43 02 02	10 17 12	23 25 50	26 25 50				

Tag Dia	DECLINATION for 0h												☉ ☽ PHASES ☿ ♀			
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Sa 1	23 N 08	26 N 57	21 N 50	21 N 13	19 N 13	22 N 54	22 S 23	23 S 41	22 S 03	00 S 17	00 S 17	3	05:00	☉	11 02 15	
Su 2	23 04	27 52	22 06	20 57	19 03	22 55	22 24	23 41	22 03	00 17	00 17	11	00:20	☽	18 02 42	
M 3	22 59	27 00	22 26	20 41	18 52	22 56	22 25	23 41	22 03	00 18	00 18	18	17:43	☿	26 13 04	
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W 5	22 49	20 49	22 57	20 06	18 31	22 57	22 25	23 41	22 04	00 18	00 18					
Th 6	22 43	16 11	23 09	19 47	18 21	22 58	22 25	23 41	22 04	00 19	00 19					
F 7	22 37	10 58	23 20	19 29	18 10	22 59	22 26	23 41	22 04	00 19	00 19					
Sa 8	22 30	05 26	23 29	19 09	17 59	22 59	22 26	23 41	22 04	00 19	00 19					
Su 9	22 23	00 S 11	23 36	18 49	17 48	23 00	22 27	23 41	22 04	00 19	00 19					
M 10	22 16	05 44	23 40	18 29	17 37	23 00	22 27	23 41	22 04	00 20	00 20					
T 11	22 08	11 03	23 42	18 08	17 25	23 01	22 28	23 41	22 04	00 20	00 20					
W 12	22 00	15 59	23 41	17 47	17 14	23 01	22 28	23 41	22 05	00 21	00 21					
Th 13	21 52	20 21	23 37	17 25	17 03	23 02	22 28	23 41	22 05	00 21	00 21					
F 14	21 43	23 57	23 31	17 03	16 51	23 02	22 29	23 41	22 05	00 21	00 21					
Sa 15	21 34	26 30	23 22	16 40	16 39	23 03	22 29	23 41	22 05	00 21	00 21					
Su 16	21 27	27 48	23 10	16 17	16 27	23 03	22 30	23 41	22 05	00 22	00 22					
M 17	21 14	27 35	22 55	15 53	16 16	23 03	22 30	23 42	22 05	00 23	00 23					
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W 19	20 54	22 29	22 19	15 05	15 51	23 04	22 31	23 42	22 06	00 24	00 24					
Th 20	20 43	17 51	21 57	14 40	15 39	23 04	22 31	23 42	22 06	00 24	00 24					
F 21	20 31	12 11	21 32	14 15	15 27	23 05	22 32	23 42	22 06	00 25	00 25					
Sa 22	20 05	50 21	06 13	49 15	14 23	05 22	32 23	42 22	06 00	25 00	25 00					
Su 23	20 08	00 N 50	20 38	13 23	15 02	23 05	22 32	23 42	22 06	00 26	00 26					
M 24	19 55	07 27	20 08	12 57	14 49	23 05	22 33	23 42	22 06	00 27	00 27					
T 25	19 43	13 41	19 36	12 30	14 37	23 05	22 33	23 42	22 06	00 27	00 27					
W 26	19 30	19 09	19 03	12 04	14 24	23 06	22 34	23 42	22 07	00 28	00 28					
Th 27	19 16	23 33	18 28	11 36	14 11	23 06	22 34	23 42	22 07	00 28	00 28					
F 28	19 03	26 31	17 53	11 09	13 58	23 06	22 34	23 42	22 07	00 29	00 29					
Sa 29	18 49	27 52	17 16	10 41	13 45	23 06	22 35	23 42	22 07	00 29	00 29					
Su 30	18 34	27 30	16 38	10 13	13 32	23 06	22 35	23 42	22 07	00 30	00 30					
M 31	18 20	25 N 31	15 N 59	09 N 45	13 N 18	23 N 06	22 S 35	23 S 42	22 S 07	00 S 31	00 S 31					

ASPECTARIAN		DAY	h m	DAY	h m	DAY	h m	DAY	h m	DAY	h m	DAY	h m
1	16:53 ☽=♂	14:19 ☽=♂	13:09 ☽=♂	21:50 ☽=♂	03:19 ☽=♂	04:30 ☽=♂	06:15 ☽=♂	11:47 ☽=♂	13:26 ☽=♂	09:05 ☽=♂	10:06 ☽=♂	01:32 ☽=♂	04:17 ☽=♂
2	20:07 ☽=♂	14:32 ☽=♂	01:03 ☽=♂	12:40 ☽=♂	08:03 ☽=♂	08:43 ☽=♂	17:20 ☽=♂	18:57 ☽=♂	20:40 ☽=♂	12:21 ☽=♂	14:17 ☽=♂	07:11 ☽=♂	04:17 ☽=♂
3	22:27 ☽=♂	16:43 ☽=♂	18:04 ☽=♂	08:50 ☽=♂	08:29 ☽=♂	09:17 ☽=♂	18:57 ☽=♂	20:40 ☽=♂	23:58 ☽=♂	12:21 ☽=♂	14:17 ☽=♂	07:11 ☽=♂	04:17 ☽=♂
4	03:49 ☽=♂	04:33 ☽=♂	05:00 ☽=♂	07:10 ☽=♂	00:56 ☽=♂	14:14 ☽=♂	16:54 ☽=♂	23:58 ☽=♂	03:13 ☽=♂	04:37 ☽=♂	11:48 ☽=♂	19:05 ☽=♂	20:20 ☽=♂
5	05:00 ☽=♂	07:10 ☽=♂	13:08 ☽=♂	00:35 ☽=♂	01:03 ☽=♂	12:40 ☽=♂	18:04 ☽=♂	03:03 ☽=♂	08:50 ☽=♂	08:29 ☽=♂	09:17 ☽=♂	18:57 ☽=♂	20:40 ☽=♂
6	07:10 ☽=♂	13:08 ☽=♂	00:35 ☽=♂	01:03 ☽=♂	12:40 ☽=♂	18:04 ☽=♂	03:03 ☽=♂	08:50 ☽=♂	08:29 ☽=♂	09:17 ☽=♂	18:57 ☽=♂	20:40 ☽=♂	23:58 ☽=♂
7	11:09 ☽=♂	11:29 ☽=♂	11:44 ☽=♂	11:57 ☽=♂	00:20 ☽=♂	08:50 ☽=♂	11:42 ☽=♂	14:50 ☽=♂	20:17 ☽=♂	01:12 ☽=♂	21:19 ☽=♂	01:09 ☽=♂	02:19 ☽=♂
8	11:09 ☽=♂	11:29 ☽=♂	11:44 ☽=♂	11:57 ☽=♂	00:20 ☽=♂	08:50 ☽=♂	11:42 ☽=♂	14:50 ☽=♂	20:17 ☽=♂	01:12 ☽=♂	21:19 ☽=♂	01:09 ☽=♂	02:19 ☽=♂
9	11:09 ☽=♂	11:29 ☽=♂	11:44 ☽=♂	11:57 ☽=♂	00:20 ☽=♂	08:50 ☽=♂	11:42 ☽=♂	14:50 ☽=♂	20:17 ☽=♂	01:12 ☽=♂	21:19 ☽=♂	01:09 ☽=♂	02:19 ☽=♂
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AUGUST 1989

☉ TOTAL ECLIPSE, 24 33 12, INTENSITY 1.606, 17 AUGUST, 3h 9m
 ☽ PARTIAL ECLIPSE, 07 17 48, 31 AUGUST, 5h 32m

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T 1	20	38	20	08	Ω	43	52	00	Ω	42	18	22	Ω	53	09	♈	33	28	Ω	23	00	♁	12	08	♊	38	01	♋	58	10	♌	15	12	♍	23	25	♎	48		
W 2	20	42	16	09	41	18	13	34	40	24	26	42	10	48	29	01	00	25	08	♊	38	01	♋	58	10	♌	15	12	♍	23	25	♎	48	25	♏	47				
Th 3	20	46	13	10	38	45	26	11	44	26	28	11	58	29	39	00	37	08	29	01	55	10	13	12	24	25	D	46	12	24	25	D	46	12	24	25	D	46		
F 4	20	50	09	11	36	12	08	♈	34	28	28	13	13	10	00	♈	16	00	49	08	26	01	53	10	11	12	24	25	D	46	12	24	25	D	46	12	24	25	D	46
Sa 5	20	54	06	12	33	40	20	44	38	29	56	14	22	00	54	01	01	08	22	01	51	10	10	12	25	25	48	25	48	25	48	25	48	25	48	25	48	25	48	
Su 6	20	58	03	13	31	10	02	Ω	44	54	01	♈	38	15	34	01	32	01	13	08	19	01	50	10	09	12	25	25	48	25	48	25	48	25	48	25	48	25	48	
M 7	21	01	59	14	28	39	14	38	35	03	18	16	46	02	10	01	24	08	16	01	48	10	07	12	26	25	50	25	50	25	50	25	50	25	50	25	50	25	50	
T 8	21	05	56	15	26	10	26	29	38	04	56	17	57	02	48	01	36	08	13	01	47	10	06	12	26	25	51	25	51	25	51	25	51	25	51	25	51	25	51	
W 9	21	09	52	16	23	42	08	♈	22	25	06	33	19	09	03	25	01	48	08	10	01	45	10	05	12	27	25	51	25	51	25	51	25	51	25	51	25	51		
Th 10	21	13	49	17	21	14	20	21	32	08	08	20	21	04	04	01	59	08	07	01	44	10	04	12	27	25	R	51	25	51	25	51	25	51	25	51	25	51		
F 11	21	17	45	18	18	47	32	31	38	09	42	21	33	04	42	02	11	08	04	01	42	10	03	12	27	25	R	51	25	51	25	51	25	51	25	51	25	51		
Sa 12	21	21	42	19	16	21	14	56	56	11	14	22	45	05	19	02	22	08	01	01	41	10	01	12	29	25	51	25	51	25	51	25	51	25	51	25	51	25	51	
Su 13	21	25	38	20	13	56	27	41	15	12	44	23	56	05	57	02	34	07	59	01	40	10	00	12	29	25	51	25	51	25	51	25	51	25	51	25	51	25	51	
M 14	21	29	35	21	11	33	10	♁	47	16	14	13	25	08	06	35	02	45	07	56	01	38	09	59	12	30	25	49	25	49	25	49	25	49	25	49	25	49	25	49
T 15	21	33	32	22	09	10	24	16	18	15	40	26	20	07	13	02	56	07	53	01	37	09	58	12	31	25	49	25	49	25	49	25	49	25	49	25	49	25	49	
W 16	21	37	28	23	06	48	08	♁	07	54	17	06	27	31	07	51	03	07	51	01	36	09	57	12	32	25	49	25	49	25	49	25	49	25	49	25	49	25	49	
Th 17	21	41	25	24	04	27	22	19	44	18	29	28	43	08	29	03	18	07	49	01	35	09	56	12	33	25	49	25	49	25	49	25	49	25	49	25	49	25	49	
F 18	21	45	21	25	02	08	06	♁	47	34	19	52	29	54	09	47	03	29	07	46	01	33	09	55	12	33	25	D	49	25	49	25	49	25	49	25	49	25	49	
Sa 19	21	49	18	25	59	49	21	25	44	21	12	01	54	06	09	46	03	40	07	44	01	32	09	54	12	34	25	R	49	25	49	25	49	25	49	25	49	25	49	
Su 20	21	53	14	26	57	33	06	♁	07	47	22	31	02	17	10	24	03	51	07	42	01	31	09	53	12	35	25	48	25	48	25	48	25	48	25	48	25	48		
M 21	21	57	11	27	55	18	20	47	18	23	48	03	28	11	02	04	01	07	40	01	30	08	52	12	36	25	48	25	48	25	48	25	48	25	48	25	48	25	48	
T 22	22	01	07	28	53	04	05	♁	18	40	25	03	04	39	11	40	04	12	07	38	01	29	09	51	12	37	25	48	25	48	25	48	25	48	25	48	25	48	25	48
W 23	22	05	04	29	50	53	19	37	36	26	16	05	51	12	18	04	22	07	36	01	28	08	50	12	38	25	48	25	48	25	48	25	48	25	48	25	48	25	48	
Th 24	22	09	01	00	♁	48	43	03	♁	41	21	27	27	07	02	56	04	33	07	34	01	28	08	49	12	39	25	D	48	25	48	25	48	25	48	25	48	25	48	
F 25	22	12	57	01	46	35	17	28	35	28	36	08	13	13	34	04	43	07	33	01	27	09	48	12	40	25	D	48	25	48	25	48	25	48	25	48	25	48	25	48
Sa 26	22	16	54	02	44	29	00	♁	59	06	29	43	09	24	14	13	04	53	07	31	01	26	09	48	12	41	25	48	25	48	25	48	25	48	25	48	25	48	25	48
Su 27	22	20	50	03	42	24	14	13	30	00	♁	48	10	35	14	51	05	03	07	29	01	25	09	47	12	43	25	49	25	49	25	49	25	49	25	49	25	49		
M 28	22	24	47	04	40	22	27	12	46	01	50	11	46	15	28	05	13	07	28	01	25	09	46	12	44	25	50	25	50	25	50	25	50	25	50	25	50	25	50	
T 29	22	28	43	05	38	20	09	♁	58	07	02	50	12	57	16	07	05	23	07	27	01	24	09	45	12	45	25	51	25	51	25	51	25	51	25	51	25	51		
W 30	22	32	40	06	36	21	22	30	47	03	47	14	08	16	46	05	33	07	25	01	23	09	45	12	46	25	51	25	51	25	51	25	51	25	51	25	51	25	51	
Th 31	22	36	36	07	♁	34	23	04	♁	52	02	04	♁	15	19	17	♁	24	05	♁	43	07	♁	24	09	♁	44	12	♁	47	25	♁	48	25	♁	49	25	♁	50	

Tag Dia	DECLINATION for 0h												☉ ☽ PHASES ☽ ☽																													
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T 1	18	N	05	22	N	11	15	N	20	09	N	16	13	N	05	23	N	06	22	S	36	23	S	42	22	S	07	00	S	31	1	16:07	☉	09	Ω	22						
W 2	17	50	17	49	14	40	08	48	12	40	08	48	12	40	08	48	22	36	23	42	22	07	00	32	17	03:08	☽	17	♈	06	9	17:29	D	17	♈	06						
Th 3	17	34	12	45	13	59	08	19	12	38	23	06	22	36	23	42	22	07	00	33	17	03:08	☽	00	24	♁	12	23	18:41	☽	00	♁	12	23	18:41	☽	00	♁	12	23		
F 4	17	18	07	16	13	18	07	49	12	24	23	06	22	37	23	42	22	08	00	33	17	05:45	☉	07	♈	48	12	31	05:45	☉	07	♈	48	12	31	05:45	☉	07	♈	48		
Sa 5	17	02	01	37	12	37	07	20	12	11	23	06	22	37	23	42	22	08	00	34	Su 6	16	46	04	S	00	11	55	06	50	11	57	23	06	22	37	23	42	22	08	00	35
M 7	16	29	09	26	11	13	06	21	11	43	23	06	22	38	23	42	22	08	00	35	M 8	16	13	14	31	10	31	05	51	11	29	23	06	22	38	23	42	22	08	00	36	
T 8	15	55	19	04	09	49	05	21	11	15	23	06	22	38	23	42	22	08	00	37	W 9	15	55	19	04	09	49	05	21	11	15	23	06	22	38	23	42	22	08	00	37	
W 10	15	38	22	54	09	07	04	50	11	01	23	06	22	39	23	42	22	08	00	37	Th 11	15	38	22	54	09	07	04	50	11	01	23	06	22	39	23	42	22	08	00	37	
F 11	15	21	25	49	08	25	04	20	10	47	23	06	22	39	23	42	22	09	00	38	F 11	15	21	25	49	08	25	04	20	10	47	23	06	22	39	23	42	22	09	00	38	
Sa 12	15	03	27	33	07	42	03	50	10	33	23	06	22	39	23	42	22	09	00	39	Sa 12	15	03	27	33	07	42	03	50	10	33	23	06	22	39							

OCT 48-
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STUDY WITH US

The Rosicrucian Fellowship is an association of Christian men and women banded together for the purpose of helping to make Christianity a living factor in the world. Its teachings give a definite, logical, and sequential explanation of the origin, evolution, and future development of the world and man, from both the spiritual and scientific aspects. The Fellowship has no connection with any other organization.

Upon completion of the Preliminary Philosophy Course, one becomes a Regular Student, and receives monthly a Student Letter and Lesson. These are to be studied, though no written answers are required. A postal card is sent with the Student Lesson and is to be signed and returned each month, so that connection with the spiritual forces of the Fellowship may be maintained. After two years of Regular Studentship, during which time the aspirant has striven to raise his spiritual standard of living, practicing self-control and "loving, self-forgetting service to others," the next step may be applied for: Probationership.

The following courses—offered on a love offering basis—are open to all except hypnotists, and professional mediums, palmists and astrologers, and are available in several languages.

PHILOSOPHY COURSES

1. Preliminary Course (12 lessons)
2. Supplementary Course (after completing above—40 lessons)

WESTERN WISDOM BIBLE COURSE

This profound course will help the Student to recognize in the Bible a spiritual guide of inestimable value given to humanity by the Recording Angels, and will enable the Student to interpret and understand its hitherto unrevealed secrets of life and being to such an extent that they find its truths corroborated and illumined by scientific discoveries. Parables and seemingly insignificant incidents become revealed as purveyors of basic scientific spiritual laws upon which a more satisfactory and truly successful life may be patterned. (28 lessons)

ASTROLOGY COURSES

The Junior Course covers the setting up of the chart and then advances to the reading of it, showing the Student how to synthesize the horoscope as a whole and arrive at a point where the message contained therein may be read. (26 lessons)

The Senior Course is devoted to the esoteric phases, particularly in connection with one's spiritual development. (12 lessons)

The Senior Extension Course devotes its first 10 lessons to an in-depth reading of the horoscope, at the same time correlating the astrological data with the Rosicrucian Philosophy. The last three lessons are devoted to the progression of the horoscope, directions, and transits. (13 lessons)

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