

The
**ROSICRUCIAN
MAGAZINE**

*Rays From
The
Rose Cross*



FEATURES

•
Our Neighbor the Universe
Objectives of Third Convention
Vitamins for Vitality

•
**NOVEMBER
1940**

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The Mystical Interpretation of Christmas

By MAX HEINDEL



“THE ACHING VOID which is in the heart of every skeptic, whether he is aware of the fact or not, must remain until the spiritual illumination is attained which shall furnish an explanation acceptable to both heart and mind. To shed such light upon this sublime mystery shall be our endeavor in the following pages.”

In this book are given the OCCULT FACTS about what Christ did and is doing for the earth and its humanity. Also information on the new ELEMENT which will supersede oxygen in our air, and the new SUBSTANCE to replace albumen in the body.

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THE ROSICRUCIAN FELLOWSHIP

MT. ECCLESIA

Oceanside, California, U.S.A.

The
ROSICRUCIAN
 MAGAZINE

Rays from the Rose Cross

ESTABLISHED BY MAX HEINDEL

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The Rosicrucian Fellowship

AN AQUARIAN MOVEMENT

There was a time, even as late as Greece, when *Religion*, *Art*, and *Science* were taught unitedly in the Mystery temples. But it was necessary for the better development of each that they should separate for a time.

Religion held sole sway in the so-called "dark ages." During that time it bound both *Science* and *Art* hand and foot. Then came the period of the Renaissance, and *Art* came to the fore in all its branches. *Religion* was strong as yet, however, and *Art* was only too often prostituted in the service of *Religion*. Last came the wave of modern *Science*, and with iron hand it has subjugated *Religion*.

It was a detriment to the world when *Religion* shackled *Science*. *Ignorance* and *Superstition* caused untold woe, nevertheless man cherished a lofty spiritual ideal then; he hoped for a higher and better life. It is infinitely more disastrous that *Science* is killing *Religion*, for now even *Hope*, the only gift of the gods left in Pandora's box, may vanish before *Materialism* and *Agnosticism*.

Such a state cannot continue. Reaction must set in. If it does not, anarchy will rend the cosmos. To avert a calamity *Religion*, *Science*, and *Art* must reunite in a higher expression of the *Good*, the *True*, and the *Beautiful* than obtained before the separation.

Coming events cast their shadows before, and when the Great Leaders of humanity saw the tendency towards ultra-materialism which is now rampant in the Western World they took certain steps to counteract and transmute it at the auspicious time. They did not wish to kill the budding *Science* as the latter has strangled *Religion*, for they saw the ultimate good which will result when an advanced *Science* has again become a co-worker with *Religion*.

A spiritual *Religion*, however, cannot blend with a materialistic *Science* any more than oil can mix with water. Therefore steps were taken to spiritualize *Science* and make *Religion* scientific.

In the fourteenth century a high spiritual teacher, having the symbolical name Christian Rosenkreuz—Christian Rose Cross—appeared in Europe to commence this work. He founded the mysterious Order of Rosicrucians with the object of throwing occult light upon the misunderstood Christian *Religion* and to explain the mystery of *Life* and *Being* from the scientific standpoint in harmony with *Religion*.

In the past centuries the Rosicrucians have worked in secret, but now the time has come for giving out a definite, logical, and sequential teaching concerning the origin, evolution, and future development of the world and man, showing both the spiritual and the scientific aspects; a teaching which makes no statements that are not supported by reason and logic. Such is the teaching promulgated by the Rosicrucian Fellowship.

THE ROSICRUCIAN FELLOWSHIP

Mt. ECCLESIA


Oceanside, California, U.S.A.

The Current Outlook

[FROM THE ROSICRUCIAN VIEWPOINT]

India--Home of Nonresistance

By JOSEPH DARROW

NDIA is the home of the first of the races of the Aryan Epoch. The first Aryans entered India probably between 2,000 and 1500 B.C. from Central Asia. The chronicled history of India dates from about 650 B.C. but the earliest precise date is 326 B.C. when Alexander the Great invaded the country. The historical data for this article have been obtained from Rawlinson's *Cultural History of India*, Smith's *Oxford History of India*, and other sources.

India has an area of about two-thirds that of the United States. Its population is approximately 350,000,000, about 75 per cent of which is Hindu, 20 per cent Mohammedan, and five per cent divided between Christians, Sikhs, and Parsees. Geographically India is divided into three main sections: Hindustan in the North and West, the Deccan in the central part, and Tamil Land in the far South, inhabited by the Dravidians.

Aryan is the most important family of the Indian languages, of which there is a bewildering number. The Indo-Aryan language later became known as Sanskrit, the sacred language, and is of the same family as Persian, Latin, Greek, and English. India is primarily a Hindu country, land of the Brahmans, who have carried their ideas into every corner of it by peaceful penetration and not by the sword. All Hindus reverence the Brahmans and venerate the cow as their greatest friend. *Ahimsa*, the doctrine of non-violence to all living creatures, is universally accepted.

According to the Rosicrucians, central Asia was the cradle of the Aryan races. Before the inundation and sinking of Atlantis in prehistoric times, that portion of the Original Semitic race which had been faithful to the instructions of their spiritual Leaders were led from the doomed continent to central Asia, and there were prepared to be the seed of the seven Aryan races. So far, five of these have been developed, the fifth of which is the Anglo-Saxon-Teutonic, and two more are to come.

The Hindus worship a threefold deity: Brahma the creator, Vishnu the preserver, and Siva the destroyer. The original Dravidian religion was HINDUISM, demon worship, now largely BUDDHISM, replaced by Hinduism. BUDDHISM, replaced by Hinduism. JAINISM was originated by Gautama in central India in the sixth century B.C., but is now almost extinct in India. Jainism, founded by Mahavira in the same century, is somewhat similar to Buddhism, and is now confined to a small sect in western India. The Jesuits tried their hand at converting India in 1580 but with only slight success.

The four scriptures or Vedas, accepted as inspired revelation, are so ancient that no date can be attached to their origin. They consist of hymns, invocations to the gods, the powers of nature personified. The Upanishads are supplementary philosophical tracts. The Mahabharata, a gigantic epic of moral teachings, includes the Bhagavad Gita, a profound philosophical treatise. The Brahman teachings of rebirth and karma are generally accepted in India.

Caste, a Brahman institution, dominates all Hindu India. There are four castes: Brahmans or priests; warriors and the governing class; trade and agriculture; laborers. The small number of Hindus not included in any of the castes are called outcastes, and are regarded as "untouchable." Caste regulates marriage, diet, which is vegetarian, and most social customs. Caste, however, prevents the development of a real national spirit and makes unified national action difficult.

There are four main periods in Indian history: Ancient India; the Hindu Period from the Maurya dynasty 322 B.C. to the Mohammedan conquest, A.D. 1193; the Mohammedan Period from the Conquest to A.D. 1761; the British Period

from 1761 to date. The British, however, exercised only a nominal control over the country until 1818, when the British

government of the East India Company was definitely established as the controlling power in India. In 1858 the government was transferred from the East India Company to the Crown. The Golden Age of India, in the fifth century A.D. during the Gupta Dynasty, came within the Hindu Period. Peace largely prevailed during that Age, and literature, art, and science flourished. It was the peak of Indian development.

The practical end of Mohammedan or Moslem rule in India by Mogul emperors of the Mongolian race came with the death of Aurangzeb, the last of these emperors of any importance, in 1707. The succeeding century, until British control became effective, was known as the "Great Anarchy." It was a period of plunder, tyranny by the native princes, and general destitution and misery, and no leader worthy of remembrance appeared. By 1818 Britain had brought a fair degree of order out of this chaos. Her primary object was trade, and governmental control only as a supplementary feature necessary to make trade possible under reasonably stable conditions.

After 1818 a number of notable reforms were made, including: the practical abolition of suttee, in which Hindu widows burned themselves to death on the funeral pyre of their deceased husbands; discouragement of child marriage; Thuggee, a secret system of semi-religious murder with the supposed sanction of the Hindu goddess Bhawani, was broken up and the Thugs dispersed in 1837; slavery, which had always existed more or less in India, was abolished in 1843. Devastating famines have occurred in India from early times, but in the last century they have in the main been checked.

India has produced a number of modern, distinguished literary men and scientists, among whom are TAGORE, a poet whose inspired writings brought him the Nobel Prize, and Sir Jagadish Bose, noted botanist. India has several excellent universities, the oldest of which are those of Bombay, Calcutta, and Madras.

Los Angeles was recently visited by Mme. Kamaladevi Chattopadhyay, a noted Hindu woman. She represents the Indian Nationalists, who are seeking independence for India. She stated that the popular movement in India is fundamentally democratic and as much against the feudal Indian princes as against British rule. Russian Communism, she says, is abhorrent to the Indian mind because it is based on arbitrary force.

Gandhi, the friend of outcastes, is the outstanding figure in India today. He was educated in England and studied law in London. He first developed his technique of passive resistance against the government in South Africa, to get better treatment for the Hindus there. In 1920 he started a passive resistance and non-cooperation movement for tax and other reforms in India, and for eventual self-government. This movement is still active and is gaining momentum.

We will now briefly examine the esoteric history of India. Max Heindel, the

authorized messenger of the Rosicrucian Order, states that we, the Egos of the fifth Aryan race of Western Europe and America, were at one time incarnated in India. He further states that the pioneers of any period or race bring that race up to its peak of development and then pass on by rebirth to the succeeding races in the evolutionary scheme. We quote from his lecture, "The Coming Force":

"We of the Western nations at one time inhabited Hindu bodies; that was the time when India was in its glory, when the race was evolving WESTERN both physically and spir- EGOS ONCE itually. That was in the IN INDIA so-called Golden Age, when the sacred writings came into existence, when the great temples were built, when the spiritual and material evolution of India was at its height. But man was destined to master the material world to the full. . . . Thus we (the spirits now inhabiting the Western race bodies) left the Hindu bodies and built in turn the bodies of the succeeding races, gradually attaining higher and higher levels of material development. . . .

"The Hindu race has been degenerating ever since we left it, and is now inhabited by the most backward spirits born into Aryan bodies. But as we implanted such strong spiritual tendencies in them, heredity has yet preserved that trait in the Hindu [vital or etheric] bodies so that they are more amenable to spiritual impacts than the more material bodies of later races, yet it is not as high an order of spirituality as expressed when we were in Hindu bodies. The bodies have degenerated and the spirits are less evolved than we, so that the race distinguishes itself more by a highly analytical mind than by true spirituality.

"Having retained a full realization of, and an implicit faith in, the doctrine of rebirth which the Westerner has lost *temporarily*, and being backward, the Hindus are naturally indolent and do not seek to improve their physical conditions in earth life nor between incarnations. As

a consequence the country also has degenerated with the bodies, and the resulting suffering has for its purpose to awaken them to the necessity of concentrating on material things that they may learn to conquer the earth as we are doing. They are to follow in our footsteps and forget for a time their spiritual being in order to master the important lessons of this material world. . . . Our plenitude and material prosperity has the opposite end in view; it is destined to cause in us the nausea of satiety, to drive us to a realization of the worthlessness of material things, and to cause us to turn anew to the spiritual."

In addition Max Heindel states that since the Hindus are not as firmly enmeshed in matter as the FUTURE Western races, that is, MATERIALISM they have not involved so IN INDIA far into matter, they possess a certain clairvoyance which, however, will gradually disappear as they progress into their destined materialistic period mentioned above. Moreover, he says, the Hindu breathing exercises are dangerous for the Western aspirant though necessary for the Hindu esotericist in order to raise the vibratory pitch of the atoms of the Hindu race body so that the vital body may be liberated from it. But the vibratory pitch of Western bodies has already been accelerated by evolution, and therefore the use of Hindu breathing exercises by the Westerner is likely to produce an improper cleavage in the vital body, leading either to consumption or insanity.

In conclusion, India doubtless will achieve self-government, either within or without the framework of the British Empire, in the not very distant future, and then take up her destined material development, which she has hitherto neglected. India has a distinct mission and part to play in assisting to bring about the era of Universal Brotherhood, which is surely on the way. And India has the possibility and capacity for developing and advancing into a second Golden Age.

The Mystic Light

The Rosicrucian Fellowship

The Rosicrucian Fellowship is a movement for the dissemination of a definite, logical, and sequential teaching concerning the origin, evolution, and future development of the world and man, showing both the spiritual and scientific aspects. The Rosicrucian Philosophy gives a reasonable solution to all mysteries of life. It is entirely Christian, but presents the Christian teachings from a new viewpoint, giving new explanations of the truth which creeds may have obscured.

Our motto is: A SANE MIND, A SOFT HEART, A SOUND BODY.

Our Neighbor the Universe

By ENID S. SMITH, PH.D.



PURPOSE, discretion, discrimination, and intelligence may be seen in the atoms that comprise the universe, that make up minerals and plants, as well as those that constitute the higher animals and man. Edison, as far back as 1920 in the *Scientific American Magazine* declared, as the result of experimentation, "I do not find matter to be inert, acted upon by an outside force. Every atom is possessed by a certain amount of primitive intelligence. The existence of an intelligent Creator, to my mind, is proved by chemistry."

Again, J. Arthur Thomson, the great English scientist, affirms that God is in Nature, and reminds us further that Dame Nature, "when queried as to her secret in carrying on her work, replies, 'I make things make themselves.'" This is a parable or principle in all so-called matter, for God by His inherent Presence makes things make themselves. Our neighbor the universe may be considered His embodiment.

Dr. Lawrence P. Jacks, Editor of the *Hibbert Journal*, who considers man's duty and responsibility to extend to stones, trees, plants, as well as to animals and man, says, "Between matter and spirit there is no absolute distinction, no radical schism, no opposition. Matter is the first stage in our apprehension of spirit; spirit is matter fully appre-

hended. The spiritual interpretation of the universe arrives on the scene 'not to destroy but to fulfill' the material. We go through the material to get to the spiritual—spirit cannot get on without matter any more than thought can get on without speech, its expression."

Many of our modern scientists, psychologists, philosophers, are finding the universe to be composed of one substance—spirit. Sir James Jeans thinks of "each individual consciousness as a brain cell in a universal mind"; Sir William Crookes, while lecturing before a body of chemists, dealt with the ability of atoms to manifest intelligence and sensation, and declared that "we must regard these tiny entities as ultimate factors in all physical and chemical processes—entities which seem to be easiest understood when considered as centers of force, persistent souls that move about reflecting and selecting"; and Tyndall pointed out the fact that "atoms seemed to be instinct with the desire for life."

The universe is reflected as a unit, also reflected and represented in each particular thing and particular person belonging to it. Each is related to the universe as a microcosm to a macrocosm. In thinking about the particulars we are thinking about the whole; in understanding them we are understanding it; in operating upon them we are operating

upon it. Whatever is good for them is good for it; whatever is bad for them is bad for it.

We need to see life whole, for all meaning is in wholeness. In cutting up the human body we do not find the mysterious source of its vitality. In separating the flower of a plant from its muddy roots we will not understand or find that for which we are looking. Something very similar happens in a much more important way when a man loves life and hates death, or clings to youth and rejects old age, which is like expecting a mountain to have only one slope—that which goes up—whereas to be a mountain it must go up and down. The meaning is in the whole, and not only the meaning but the very existence of the thing. The whole is greater than the sum of all its parts—there is an unearned increment due possibly to the natural reaction of the various parts upon each other. In the same way many working together on a problem give greater results than each working separately. Co-operation tends towards abundant life, but isolation toward futility and death. "Where two or three are gathered together, there am I in the midst . . . I am the vine, ye are the branches . . . apart from Me ye can do nothing."

The Sermon on the Mount introduces us to the kingdom of heaven and gives us to understand that the flowers in the field are dear to the heart of the universe, that the sparrows are objects of divine solicitude, and that a terrible doom is pronounced upon those who cause "the little ones" to stumble. Our duties to man are all in a piece with our duties to nature—to flowers, sparrows, and countrysides—duties which include every atom or other minute constituent of the so-called material universe that we are called upon to handle or make use of, such as stones, plants, trees, birds, animals,

nails, putty, wood, smoke, fire, paper, waste, as well as thoughts, words, prayers, emotions, attitudes, atmosphere. Man's duty is not only to his fellow man, but to his neighbor the universe.

How responsible man is for the atmosphere he generates, for the thoughts he casts into the universe, which, as psychologists tell us, are things with real personalities which travel throughout the universe as separate entities doing good or ill.

The atmosphere close to any planet is like the aura of a person; the atmosphere around the earth is filled with the vibrations, attitudes, thoughts of earth's people. This is why hate and war are so devastating. They permeate the atmosphere, with no regard for responsibility to our neighbor, the universe. They destroy the law of harmony. The great guns booming through the air cause consternation in the atomic world. The rhythm of harmony is broken into little fragments. It is because of man's breaking into God's laws of unity that after effects of war are seen in explosions, in earthquakes

or eruptions, in the trembling of the earth, in famines and in diseases. Because of all these, the minds of men, also deflected from their higher possibilities, become filled with frenzied thoughts of violence which end in the miseries and crimes that follow in the wake of war.

Just as soon as a concentration of hate on earth forms a magnet, it is reinforced by those elemental atomic forces which reflect and aid hate. Everything is impinged upon the atmosphere from the heart of man and the fear of beasts. Thus men and women are torn in spirit and ill in health because they are reaping in their bodies that which they have sown by their thoughts; but because there is a cohesive power in atoms by which thought travels, by which the train is started—this makes it possible to regenerate our

To the Rosicrucians . . . space is Spirit in its attenuated form; while matter is crystallized space or Spirit. Spirit in manifestation is dual; that which we see as Form is the negative manifestation of Spirit—crystallized and inert. The positive pole of Spirit manifests as Life, galvanizing the negative Form into action, but both Life and Form originated in Spirit, Space, Chaos!—Max Heindel.

neighbor the earth by enlightening her mind, her thought-house. The great cohesive force combining all the different atoms into one united whole is that power of blending with each other which we call "love." The law of love is the law of good designed by the great Creator.

Of late years psychologists, particularly of the Freudian School of thought have discovered a new virtue and a new vice in man—the virtue is called "accepting life," and the vice, "escaping from life." These phases of being are not of course new, but have been known throughout history by a hundred different names. Carlyle spoke of them as the "Everlasting Yea and the Everlasting Nay."

Jung, the great psycho-analytical psychologist, finds the subconscious mind to be personal only on its surface. He tells us it is "essentially collective, racial, and universal." He has discovered that in dreams men and women spontaneously produced myths and symbols thousands of years old of which they had no conscious knowledge. The subconscious mind represents the history of the race, always in the state of becoming, and representing unfettered nature, demoniac and divine, painful and pleasant, hideous and lovely, cruel and compassionate, destructive and creative. It is the source of heroism, love, inspiration as well as of fear, hatred, and crime. It is, indeed, as if we carried inside of us an exact duplicate of the world we see around us, for our neighbor the universe is a mirror of the soul, and the soul a mirror of the universe. When one begins to feel the subconscious he begins to understand not only himself but others as well, and when he looks upon human crime and stupidity he can say with real feeling, "There but for the grace of God go I—and probably once, that way I went."

The mind is the most important instrument possessed by the spirit, and its special instrument in the work of creation. [In a future time] the spiritualized and perfected larynx will speak the creative Word, but the perfected mind will decide as to the particular form and the volume of vibration, and will thus be the determining factor. Imagination will be the spiritualized faculty directing the work of creation.—Max Heindel.

We are children of nature and our roots go beyond our ken. Just as there is the conflict between good and so-called evil in the physical universe, so in man there is the conflict of gods and demons with the ego. It should be remembered, however, that the word "demon" coming from the Greek *daemon* does not necessarily mean an evil entity, but simply a supernatural intelligence, a spirit, ghost, or influence. Socrates had his *daemon* or "familiar spirit" which was of a high order. Oftentimes what we see in man, or in our neighbor the universe, as evil, is only lesser good, unripe good, or "the partial evil" Alexander Pope calls "universal good." Even an ounce of common slime mixed with sand, soot, clay, water, on the foot-path, may in time, and through chemicalization become porcelain, a sapphire, an opal, a diamond. Two men look into a pond, and one says, "I see a quantity of mud, a shoe, and waste paper." The other says, "I see all these, but also the glorious reflection of the sky, the possibilities of the dew-drop, the rain, the infinite beauty of snowflakes and the crystal."

Matter, as our modern scientists are already suspecting, is non-existent save as phenomena which are a manifestation of that primordial energy consisting of the electron whose ultimate source is Mind. "Matter is thus a development of thought," Evans-Wendt tells us. "Its atomic components and their electronic framework have no real existence of their own, any more than have other phenomena—matter being crystallized energy, mental in form. Thus the external universe is a psychological compound of mind."

Agreeing with Wendt, the great astronomer James Jean, in his *New Background of Science*, says, "Nothing has come into modern science that is not mental. We

see mechanical concepts continually giving place to mental." We may see, furthermore, that the discarding of mechanical concepts will in time mean the total disappearance of matter and of the mechanical, which will be replaced by mind reigning supreme and alone. Regarding this fact, Evans-Wendt comments, saying, "The dualism of matter and mind seems likely to disappear through substantial matter resolving into a creation and manifestation of mind." Western science has now reached substantially the same view concerning reality which early sages of India reached many centuries ago.

Our neighbor the universe is One, as "The Lord thy God is One." Christ Jesus, the God-man said, "I and my Father are One." "God is Spirit." The same fact is told us in the Upanishads of India which declare that this universe, which is all movement, is pervaded by one supreme Unity.

Yet in this present life before we can unite we must first divide: before we can appreciate the One, we must know diversity and the many. We are only aware of life and life is only able to manifest because it is divided into innumerable pairs of opposites. For example, we know motion only by contrast with stillness, we know light by darkness, heat by cold, love by hate, joy by sorrow. To see life whole is to understand these opposites, or opposing qualities as essential to its existence. Much is in a state of becoming, a partial so-called evil which is universal good; the whole cannot be successfully taken apart. Isolation means death—"Apart from Me ye can do nothing." God is both Creator and Destroyer. We have but to witness the present time and the near future with the changing order and the large numbers of human beings passing from this planet in the wars. St. Paul tells us "There is no power but what is ordained of God."

To find peace or happiness is to "live and let live," to be one with our neighbor the universe. The greater the sense of distinction from the rest of the universe,

the greater the tension, the fighting, and the discord. Happiness is to find complete union and harmony with life, with God, with the Self of the universe, and to realize that the whole might of the universe is at work in one's every thought and action, however trivial and small. This is a fact true of all men, all things, but only the spiritual man sees its significance—a fact which gives a subtly different quality or "atmosphere" to his life.

The thought of all being in God is modern to the West, but ancient to the East. It has occurred to a few that the ways of nature are not to be corrected but to be understood. We see nothing wrong with our neighbor the universe when understood, any more than a bird sees anything wrong with an egg. Assuredly neither earth nor egg has completed its growth. The world evolves unceasingly.

It is difficult for us to imagine life a century ago, yet surely it was right for its period, just as the life today is right for today. All life is a great design; every part of it dependent on the other parts, interlocked, intertwined, moving in harmony, free in action and inevitable in reaction in its special time and place, but in no other. "In the fullness of time" things inevitably occur in God's universe.

When man comes to love God, himself, all mankind, and every living creature, including the rocks, the plants, birds, the earth, and the whole universe, he will no longer be an image of God: He will be God. The Christian Scriptures recognize the potentialities of man at the present time when they declare, "Ye are gods." As potential gods, we know with Lowell that in our Neighbor, the Universe, in Whom we live and move and have our being

"Every clod feels a stir of might,
An instinct within it that reaches and
towers
And groping blindly above it for light,
Climbs to a soul in grass and flowers."

Persons are only things that have be-

come conscious of themselves. Man when he climbs to his best is simply following a "natural law" common to nature and to human nature. But to whom much is given, of him much is expected. Man's scope of right and wrong, or morality, extends far beyond the boundaries of human society. Morality is "universal." It extends to the non-human world, and includes man's acceptance of the universe in its relation to himself. It places him under obligation to make the universe a better place because of his living in it. He must create some bit of new value in it, even if it is only making two blades of grass grow where only one grew before, or it may be the mending of a broken leg of a sparrow.

Both sages and saints have been conscious of their neighbor the universe.

St. Francis of Assisi, conscious of his oneness with the world spoke in ecstasy of "our brother Sun, our sister Moon, our brother Wind and Fire, our sister Water and Death, and our mother Earth," and called upon them saying, "Oh, all ye creatures, praise and bless my Lord, and be thankful and serve Him in great humility."

Although man appears to be separated from nature and to live only in his self-conscious center, this is an illusion. At this very moment he has a certain amount of union and harmony with the entire universe or he would not exist. Simple facts often elude man; he needs to become as a little child. Let him but open his eyes and everywhere he will see God, his Neighbor the Universe. Let him "be still and know."



Objectives of Third Convention

By MARY MONAHAN

DURING past ages various religions have been given to humanity by the higher ones having our evolution in charge—an outer teaching for humanity in general, an inner teaching for the pioneers.

About two thousand years ago the majority of humanity had reached a point of such crystallization that assistance was needed for them to go forward. The Christ, a Ray of the Cosmic Christ, came and made the supreme sacrifice by becoming the indwelling planetary earth spirit, thereby making it possible for us to secure purer material for our bodies than before.

We read in our teachings, "Deceit and illusion cannot be allowed to endure forever," and so the Redeemer appeared to cleanse the passion-filled blood, to preach the truth which shall set us free from this body of death, to inaugurate the immaculate conception along lines most crudely indicated in the science of eugenics, to prophesy a new age, a new heaven and a new earth of which *He the true Light*, will be the Genius; an age wherein will dwell the "righteousness and love for which all the world is sighing and seeking."

Previous to His coming only the elect few were allowed to enter the Temple, but with His coming the veil of the Temple was rent for "whosoever will" to enter in; meaning those who were also willing to pay the price by living a life of self-abnegation or loving, self-forgetting service to others.

In 1313 a high spiritual teacher whom we call Christian Rose Cross founded the Rosicrucian Order—an order whose purpose was to counteract the mate-

rialistic tendencies so rampant. Members of the order worked secretly to aid humanity.

In the first decade of the twentieth century the time had come to give out the teachings of the order publicly. Max Heindel, our beloved leader, was chosen to be the messenger of the Brothers and he was given the information contained in *The Rosicrucian Cosmo-Conception*. This Cosmo-Conception contains a sane logical teaching that gives satisfactory answers to the questionings of the intellect, so that the religious life may be lived; a teaching, which if lived, makes possible a sane mind, a soft heart, and a sound body; a teaching which is the path of spiritual attainment for the coming age or dispensation.

For those of us who have received this humanitarian teaching, it is our responsibility as well as our privilege to help our brother to extricate himself from matter by teaching him the true principles upon which our lives are based. All who apply these principles may so live that their lives become ever more satisfying, and help to make the Christian religion a living factor in the world.

Mr. Heindel tells us that any movement that is to endure must possess three divine qualities: wisdom, beauty, and strength. Science, art, and religion each possess one of these attributes in a measure. It is the purpose of the Rosicrucian Fellowship to unite and harmonize each with the other by teaching a religion that is both scientific and artistic; and to gather all churches into one great Christian brotherhood. Our *Cosmo-Conception* explains that the purpose of the Rosicrucian Fellowship is to give an explanation of the problems of life that will satisfy both the mind and the heart. The Rosicrucian Fellowship functions under the command of the Christ to preach the

NOTE: This address was given at the opening session of our Third Annual Convention, August 24, 1940.

gospel and heal the sick. To preach the gospel not alone with words but by what we emanate by our every act and thought.

We read in *The Teachings of An Initiate*: "To comply with the second command the Elder Brothers have evolved a system of healing which combines the best points in the various schools of today with a method of diagnosis and treatment as certain as it is simple, and thus a long step has been taken to lift the healing art from the sands of experiment to the rock of exact knowledge." The Brothers came to the conclusion that "pride of intellect, intolerance, and impatience of restraint" would be the besetting sins of our day, and they formulated their philosophy so that it satisfies the heart at the same time that it appeals to the intellect, and teaches man how to escape restraint by mastering self.

"The thousands of appreciative letters from people all over the world, in the highest ranks and in the lowest walks of life, attest the great soul hunger and the great satisfaction that all classes of people find in this teaching. But as time goes on, fifty years, a century or two hence, when scientific discoveries have given color to more of the things stated in the *Cosmo-Conception*, when intellects have become yet broader, the Rosicrucian teachings will give satisfaction of soul to millions of enlightened spirits."

Mr. Heindel tells us of receiving help from the Brother to contact the fourth region of the World of Concrete Thought and there receive the teaching and understanding of that which is contemplated as the highest ideal and mission of The Rosicrucian Fellowship. He states, "I saw our headquarters and a procession of people coming from all parts of the world to receive the teaching. I saw them issuing thence to carry balm to afflicted ones near and far."

When we bring to mind what Mrs. Max Heindel has so often told us in her talks of the pioneer days—how, in 1911, they came to Mt. Ecclesia, a barren bean field, with little money, a few hundred dol-

lars, but with stout hearts and a world of faith and courage and enthusiasm for the work which they were about to start—and then look about us today, we see a veritable little city with its paved roads, trees, and foliage, its Temple, its lovely healing department building, and wonderful Mt. Ecclesia Sanitarium; all these and more; an institution that Southern California can well be proud of, built by the love offerings of thousands of loyal students and the sale of our books. When we remember that all this has been accomplished in less than thirty years it is easy to visualize what the coming years will bring forth. Our beautiful teachings are fast spreading all over the whole planet; our work is growing with leaps and bounds as we go forward in harmonious aspiration toward the goal that our leader has set for us. When, through our unity of purpose, our aspirations, our love to humanity (for love to humanity generates love to God)—when our love shall have become high enough, pure enough, holy enough, then shall we give birth to pure white light and our etheric healing temple, interpenetrating the physical structure, shall become a blazing white fire, with its points, as wings, reaching up to the heaven world, forming a cup or matrix which will hold and bring to earth the Universal Solvent or Panacea for all the world's woe. Then will the vision of Max Heindel be fulfilled and "a procession of people shall be coming from all parts of the earth . . . issuing thence to carry balm to afflicted ones near and far."

We come together then in a convention to establish a stronger bond of fellowship among our members, to learn to work in co-operation, for our next step is group work on both planes. It is not easy for us who have so many intellectuals among us to learn to do this. Diamonds are polished by friction and we are diamonds in the rough. We learn this gradually by rubbing against each other—if we were alone on the planet we would get but little experience. So we see the faults in each other, we dislike and criticize each

other in a negative way causing resentment and sorrow to each other until at last we come to the realization that our brother's faults and failings were our faults, and our brother only served as a mirror to reflect to us ourselves. Only when we come to this realization can we see the true self of him, and our selves as we are, and go forward in unity. So we

come together to learn to co-operate, to work out ways and means of further spreading these truths; to gain a broader vision of our work in the world; to align ourselves more closely with the spiritual forces operating to uplift humanity; to inspire within all a greater desire and aspiration to establish universal brotherhood throughout the world.

Evidences of Rebirth

By C. S.

Our birth is but a sleep and a forgetting:
 The Soul that rises with us, our Life's Star,
 Hath had elsewhere its setting,
 And cometh from afar:
 Not in entire forgetfulness,
 And not in utter nakedness,
 But trailing clouds of glory do we come
 From God, who is our home:
 Heaven lies about us in our infancy!
 —Wordsworth.



HE teachings of Rebirth when presented unto me the first time in *The Rosicrucian Cosmo-Conception* seemed rather impossible, as I was reared in the orthodox church; but it also seemed that within me somewhere there was a "still small voice" that spoke to me of its truth. Suffice it to say that I pondered upon it for a good long time. Then as I was pondering I was given tangible evidence in a number of dreams, evidence that to me is conclusive as far as Rebirth is concerned.

* * * * *

In my dream I found myself on a small island surrounded by other small islands; the air being somewhat foggy. I seemed to stand in the middle of an enclosure made of wooden columns joined by crossbeams. This enclosure was as far as I could ascertain of elliptical shape; in the far end was an upright pillar of great height in front of which was an altar before which a group of white robed priests performed a strange ritual.

* * * * *

Again I dreamed. I was standing in

front of a temple of Egyptian architecture, this time in priestly robes. I walked along the avenue of pillars leading to the sanctuary, the doors of which opened as by magic. Here in the inner sanctuary were no images; no hideous beings of any kind were depicted on the walls. On the east wall, however, was engraved a triangle, apex upwards, in front of which was a round altar.

* * * * *

In my next dream the scene had shifted to ancient Greece. I made my way to the temple of Jupiter. On my way I was detained by a group of bacchantes dancing before the temple of Bacchus, trying to make me partake in their sensuous rites, but I tore myself away from them and climbed the marble steps leading to the temple. I passed quickly through the peristyle and entered the holy place. Here I found myself before a small altar on which was placed a vase of red roses, while on the walls of the sanctuary were engraved mystical signs, among them the signs of the zodiac.

* * * * *

Later I dreamed that I stood before the altar in a Roman Catholic church celebrating the holy eucharist. Distinctly I remember upon communing that I uttered this prayer: "Lord, I am not worthy that thou shouldst enter under my roof; speak only the *Word* and my soul shall be healed."

Mother Shipton's Prophecies

By MAX HEINDEL

NOTE: *This article was first printed in December, 1917. and was reprinted in November, 1929. By request, it is now published again.*—EDITOR.



ALF a century before America was discovered, "Mother Shipton," the Yorkshire seeress, prophesied the discovery of an unknown land in which gold would abound. She saw the automobiles and railroads of today with the many accidents they would cause, the telephone and the telegraph, divers, submarines, airships and the great iron ships which have superseded vessels of wood. She foresaw the great political upheavals in the world, notably in France, her alliance with England and an amalgamation of the Anglo-Saxon races which may yet come to pass, notwithstanding their present strife. She beheld the emancipation of the Jew and his preferment to positions of prominence and an unprecedented spread of knowledge among those of even the most lowly estate, ending with the prediction of certain upheavals of the earth's crust whereby old lands will become submerged and new land appear, and in 1991 she foresees the end of the world.

The last-named prophecies will probably cause most of us to shake our heads in a skeptical manner, but if we give the matter a little thought the idea may not seem so far-fetched. We know that upheavals of the earth have taken place in the past, and earthquakes and volcanic outbursts show us that the subterranean activities are not suspended by any means. The writer has seen for a number of years great subterranean caverns filled with oil and gas which run in a general direction from Maine across the American continent in a southwesterly direction, beneath Southern California and far out into the South Pacific Ocean. Their explosion would make a

great gap in the earth. At the same time he sees an archetype in the process of construction which shows the shape the earth will take at that place when a cataclysm or series of cataclysms have broken up the present shape of this continent and the adjoining ocean. Perhaps it is hazardous to set a time when this remodeling of the earth will begin, but the archetype or matrix molded in mindstuff, and representing the creative thought of the Grand Architect and His builders seems so nearly complete that judging by the progress made during the years the writer has watched its construction it seems safe to say that by the middle of the present century (1950), if not before, the upheavals will have started and it is not at all incredible that there may be one of such a magnitude in 1991 that the ancient Seeress was justified in judging it the end of the world, or perhaps the writer is premature in judging that the upheavals will start in the middle of the century; they may be deferred to the end, only time can decide, but certain it is that preparations for a great change have been going on for centuries and are now nearing their completion in the invisible world. Therefore we may expect soon to see Mother Shipton's prophecy concerning this matter fulfilled as the ones mentioned in the beginning of our note have been.

We append the prophecy so that our readers may judge for themselves:

Carriages without horses shall go,
And accidents fill the world with woe;
Primrose Hill in London shall be,
And in its centre a Bishop's See;
Around the world thoughts shall fly

In the twinkling of an eye;
 Water shall great wonders do.
 How strange! yet shall be true,
 The world upside down shall be,
 And gold found at the root of trees;
 Through hills man shall ride,
 And no horse or ass by his side;
 Under water men shall walk,
 Shall ride, shall sleep, shall talk;
 In the air men shall be seen,
 In white, in black and in green.

A great man shall come and go!
 Iron in water shall float
 As easy as a wooden boat,
 And gold shall be found
 In a land that's not now known.
 Fire and water shall more wonders do,
 England shall at last admit a Jew;
 The Jew that was held in scorn
 Shall of a Christian be born.
 A house of glass shall come to pass
 In England, but alas!
 War will follow with the work
 In the land of the Pagan and Turk,
 And State and State in fierce strife
 Will seek each other's life.
 But when the North shall divide the
 South.
 An Eagle shall build in the Lion's
 mouth.
 Taxes for blood and for war
 Shall come to every door.

Three times shall lovely France
 Be led to play a bloody dance,
 Before her people shall be free,
 Three Tyrant Rulers shall she see—
 Three Rulers in succession see,
 Each sprung from different dynasty;
 Then shall the worser fight be done,
 England and France shall be as one;
 The British Olive next shall twine
 In marriage with the German Vine.
 Men shall walk over rivers and under
 rivers.
 All England's sons that plough the
 land
 Shall be seen book in hand;
 Learning shall so ebb and flow;
 The poor shall most wisdom know.

Waters shall flow where corn doth
 grow.
 Corn shall grow where waters doth
 flow;
 Houses shall appear in the vales below.
 And covered by hail and snow.
 The world then to an end shall come,
 Nineteen hundred and ninety-one.

"What Has the Rosicrucian Philosophy Done for Me?"

Dear Friends:

The Rosicrucian Philosophy has done a great deal for me, even though I am a poor hand at following its precepts. Not the least of the benefits I have derived from my short acquaintance with it, is a much better understanding of myself. It is continually my criterion of judgment when reflecting upon my wrong and unwise thoughts and actions. It is forever before my mind's eye saying "yes" or "no" to my every word and deed, and although I have to confess that my failures to "measure up" are legion, yet my desire to overcome is strong and waxes stronger so that hope springs up within me that I shall eventually win self-control and become emancipated from many of my enslaving desires and emotions.

In my case I think that the Rosicrucian Philosophy acts most beneficially as a constant guide and preceptor. This is its greatest boon to me—at least at my present stage of understanding. When I am forced to suffer some physical hardship, an emotional strain, or to forego some desired luxury, the Rosicrucian Philosophy is ever at my elbow to give me fortitude to bear that pain, ever in my mind to explain the hidden meaning of the outer manifestation. It is always, for me, a bulwark of impregnable strength, giving complete understanding and affording immeasurable solace when I am up or down.

Yours sincerely,

ROBERT JAMIESON.

Have I Lived Before?

A Personal Experience

By CLAIRES UTRICH HAYES



HE title of this article is not original, but long before I had read it, I had often formed the sentence in my mind so that it was but an echo of what I had been thinking.

As a child I had an unusual amount of imagination and seemed to live apart from those who were nearest and dearest to me. I was always asking what seemed to my family most impossible questions to answer and was told to run along and play with my dolls and not think about such absurd things. As I grew older questions persisted in crowding in the spaces of my mind until I began realizing that there was some truth in what seemed to the others but a child's fancies from an over-vivid imagination. And they were no fancies to me, but realities. The future was to disclose at a very early age that I was destined to find there was a meaning and knowledge back of it all.

From my twenty-first year events of great importance took place in my life, and from then on to this day has been a life lived from day to day, in company of those who have passed on to the higher life and have opened the door to me.

On November 28, 1904, I married a young man who gave promise of becoming an artist of great achievement. I met him while he was redecorating the interior of our church, and having the same talent, we were naturally drawn to each other; in fact, it seemed as if we had known each other in prenatal days, as we seemed to speak and think each other's thoughts, and we felt we had always been. But he was destined to depart this life three weeks to the day we were married. His passing and the seeming tragedy in my life began the first chapter in the book of understanding.

One night during that brief time of

our marriage, I was doing a little sketch for a friend for Christmas; it was while we were discussing the beauty of the little scene I was painting, that he suddenly said: "Claire, how much beauty people could bring into their lives, if only they tried to understand nature. Do you know that as we are born, our future is really stamped in the palms of our hands, and as we grow we increase those lines there as indelibly as if they were printed in words by an unseen hand; our very desires and actions are mirrored from the reflection of our souls; our hands contain the secret of our lives, but those truths are revealed to those who have clear vision, who know and understand." He took my hand as he said this and turned the palm upwards; after a moment he looked at me and said: "Do you know that your palm reveals to me that you are to be married twice, and that I am the first one?" I said in dismay, "Oh! why do you say such a thing? nothing can happen to you; why, Ray, you haven't ever been seriously sick in your life." He answered. "All very true, but things that are to be, will be, and we couldn't change our destiny if we tried."

That same night we were both awakened from sleep by a dream and while each dream differed in every way from the other, yet we knew that they were a warning that something was about to take place in our lives, and we should experience sorrow. I had a brother who was suffering from an incurable sickness and whose death seemed very near. We thought possibly the dream might have portended to him. We discussed the matter for a time, and before going to sleep again, my husband said, "If anything should happen to you I could not bear it—at least I should not marry again." I

replied, "And I shouldn't marry again, either." He said, "Oh, yes, you would, Claire, for didn't I just tell you when I read your palm you would, for it is your destiny. But remember, if you do and are unhappy, I'd know it; even if you are ever in trouble, or need comfort call on me, I'll never forsake you."

On a Sunday evening two nights after the events just related, we had been for a long walk; it was a beautiful winter night, and we both seemed exhilarated. Ray had been smoking his pipe and seemed very contented and happy. I was reading. After a while I happened to look up and caught him looking at me with a very mystifying and questioning look in his eyes. I said, "Oh! I know your thoughts." He said, still searching my face and then looking straight at me: "Yes, I believe you do. I was thinking how very happy I am, and the words of that beautiful new song so recently published ran through my mind (Just a gleam of Heaven in her eyes) and I wondered whether such a happiness had come into the life of the writer as has entered into ours." The words of the song have always remained a green spot in my memory for they revealed to me when he repeated them, the beauty of the soul of the man I had married. I shall write them down for my readers' benefit since they played so important a part in what was to follow—

"You ask me why there's love-light in my eyes?

Why I'm so happy today?

If you could only look deep in my heart
Wonderful love you'd see.

Many the times have I laughed at such
bliss,

Never dreamed I of such sweet love as
this,

My heart was captured with love, 'twas
enraptured,

When first I beheld her and saw—

"Just a gleam of Heaven in her eyes

Just a little sunshine, that I prize;

*Just a soul awakening, blue as the azure
skies,*

Just a gleam of Heaven in her eyes—"

Then he ended by saying, "Yes, Claire, we are very happy, but it isn't going to last."

And the very next day, the fulfillment of that remark began. He was off to work bright and early as usual, and left the house in a very cheerful mood. All day long he stated the words of that song haunted him, and he found himself humming and singing it without interruption to the amusement of his helper, who incidentally happened to be a neighbor of my family at home and had known me from childhood, had witnessed our marriage, and accompanied my husband wherever he had work.

Shortly before his work for the day was about finished, he had to remove a fountain that had been delivered to the church that day and the truckman had set it down in front of a panel he was decorating. He had been in the workshop when they placed it there. Instead of asking his helper's assistance to help remove it, he moved the fountain alone, and ruptured himself internally. It weighed almost four hundred pounds, and he was very slight of build; in reporting the incident to me, he stated when he started to turn it around it felt no heavier than a pebble, but the moment he set it down, he felt a premonition it was to prove his undoing, and despite the wonderful doctors' and nurses' care he succumbed to his injuries in less than five days.

Two nights previous to his passing I had a dream that I was sitting on a rough-box; I was wearing a black dress and had on a white apron; my face was buried in the folds of the apron and I seemed to be crying bitterly, when I heard my name called. I looked up and saw coming toward me in a long, flowing white robe, my brother who at the time was so ill at home. He seemed so tall and beautiful and when he came up close to me he put his hand on my shoulder, and said, "What are you crying for?" and I looked up at him and said: "Oh! John, I am crying because Ray is going to leave me." He said, "Yes, he is, but

he isn't going alone. I am going with him." With that I started to cry again and my mother seemed to appear on the scene, and she exclaimed, "What's the matter? What's the matter?" My brother answered her, saying, "Nothing. Only comfort her."

I awakened immediately. I did not even know I had fallen asleep as I was sitting in a chair by the bed. I turned up the light and looked at Ray; I could see a great change had taken place and in twenty-four hours he was gone. My brother died ten days after. I was home again and with him before he died. He said just shortly before he died, "Well, Claire, Ray has gone on before me, but it won't be long now and I'll be with him." He was twenty-five and was married and had two small sons, one of whom followed his daddy a year later. My husband was twenty-one. He has kept close to me through all the years warning me always if anything was about to happen to me or my family.

A few months after my husband's death, his sister who was in Minneapolis (and could not get here for the funeral because she was ill at the time with tonsillitis) came to visit me. She was an accomplished pianist, giving concerts in different cities, traveling most of the time. This brother had always been a favorite of hers and news of his death was preceded by a vision of a flash of lightning which illumined her whole room. In the light was suspended a cross, and his head, with face turned upward, was in the center with a halo just above and around it. A few hours afterwards a telegram arrived stating he had passed away at the time the vision occurred.

She was much disturbed and grieved about it and had been very anxious to see me and learn about the details of his pass-

ing. And after meeting her, I fell very much in love with her, as she was the exact likeness of her brother. She wanted me to accompany her on her trips, and while I was eager to go, I could scarcely bear to make the decision since it meant leaving my family and I had a great bond of love and affection for my parents, who had done everything for me—and not having been away long enough to hardly know the difference of a separation, I naturally fitted back into my old life as if I had never left it. But it seemed, too, as if I could not bear to have her leave my sight as I was always seeing my loved one in her countenance; so I called upon Ray for help and it came through my being stricken with an acute attack of appendicitis on the very eve

of the day before we were to leave. I had really made all plans to go with her and everything was in readiness for our departure.

Well, the doctors were with me all night. They were waiting further developments before deciding whether to

operate or not operate. When morning came my condition had not improved, and my sister-in-law was forced to leave in order to meet her husband who was awaiting her in a near-by city, for she had an important engagement to fill there. She was loathe to leave without me, but it was what she had to do. And she was not out of the house five minutes when my sickness vanished as mysteriously and quickly as it came, to the astonishment as well as amazement of the doctors who were really confounded. My mother merely said, "Oh, I am so happy—I couldn't bear that you should leave."

Some years afterwards, twenty-five, in September on Labor Day, we had a family reunion of my family and my



first husband's family. They were all with me, and we had a very wonderful time, since it was really the first time we were all together since his passing on. After everyone had gone and I was alone again, I lay on the day-bed, tired but happy, thinking of all the things that had transpired in those twenty-five years, and I spoke and said: "Ray, do you know how very happy this event has made me today? Why can't you show me by some sign that you do know? I should be still happier, if such a thing can be." And of a sudden I felt a lump under my shoulder. Reaching back, I felt for whatever it was and pulled out the Sunday papers from the day before, which some one lying there had read and left undisturbed until then. As I drew them out, one word sprawled across the top attracting my attention. It was a name and I stared, thinking it unbelievable, for the name was the name of my husband and being an unusual one, I had not seen it in print from the time of his death. I opened the page and the title of the article was a book review of "All Quiet on the Western Front" by Erich Maria *Remarque*, of which the surname (*Remarque*) was the Christian or given name of my husband; and I knew then that he knew and had taken that way to answer my request, and I was very much at peace and strangely comforted.

In repeating this incident to a very dear friend who is a Theosophist and

understands, I happened to say, "Oh, but if I could only see him; you do not know how much I long to." She said, "Oh, but you can; he is right here now. Can't you see or feel him?" I answered, "No. But I wish I could." With that, a child delivering the evening papers handed one to me as I stood on the steps talking to my friend. And as I reached out to take the paper from her, I fell back, startled her by saying, "Oh, Ray, it is you," for in that child's face, he had materialized and I saw his face as I had seen it when we were married. I turned to the friend I was talking to and said: "Did you see what I saw?" and she said, "Yes, my dear, your wish was granted."

Then to add the finis to this part of my life, I had the misfortune to fall on the twenty-fifth anniversary of his death and break my leg; during the six months of my convalescence he was very close to me. And on November 28, 1936, on the eve of my wedding anniversary he appeared again, this time at the passing of my youngest daughter, who died from the effects of an operation and was buried on her sixteenth birthday, December first.

He was right there beside me and I knew he answered my prayer to take her by the hand and lead her through. And she, looking at me, said: "Mother, never fear death; it is the most beautiful thing life has to offer."

The Light Is Burning

By W. EARLINGTON WHITNEY

Though we stumble by the wayside

As we falter in the dark,

Though we often miss directions

And to signals do not hark—

Yet we know the Light is burning,

And our soul finds newborn hope.

And our Spirit keeps on striving

Till the secret door—shall ope.

Why Not Harness Vibrations?

By MARTHA CATHERINE MILLER

SEVERAL years ago when pondering over a statement made by an electrical engineer—that electrical engineers know how to generate and use electricity, but they do not know just what it is—the thought in answer came—that electricity is *highly condensed vibrations*. This seemed a logical and correct answer as I had seen electricity generated and knew that it was done through the rapid revolving of a copper cylinder against a circular brush composed of fine steel wires.

Supposing then that electricity and vibrations are one and the same *why not make use of vibrations in their varying degrees as vibrations*, in a practical sense? This thought seems practical when realizing that all things in nature—throughout the Universe—have their different rates of vibration—and going further, could we not say that all things created are made up of solidified, or condensed, vibrations?

Soon after the thought that electricity is composed of highly condensed vibrations came to my mind, one Sunday afternoon when listening quietly to a talk over the radio, sponsored by the Carnegie Institute, wherein the interrelationship of the earth, the things of the earth, the atmosphere, stratosphere, and the layer of electrified electrons above the stratosphere—*beyond which sound does not travel*—was explained, the thought came to me that the earth and these surrounding “layers” could be compared to an egg. The earth—the yolk; the atmosphere—the white of the egg; the skin between the white and the shell—the stratosphere; and the shell—the layer of electrified electrons *beyond which sound does not travel*.

The idea that sound does not penetrate the layer of electrified electrons above the stratosphere enticed me to such an ex-

tent I spent much time thinking of it. Then, one day, when thinking of the circular law as spoken of by Jesus—“As ye sow, so shall ye reap,” and “As ye measure so shall it be measured unto you again, full measure and running over”—the law of gravitation came to my mind and I suddenly realized that things in form are not the only things which return to earth through this law, but that all sound which hits the layer of electrified electrons must also rebound to earth.

When realizing that the circular law must apply here also, would they not rebound to earth in circular form like the undulating circular waves of water when a pebble is thrown into water?

Since that which goes up must return to the source from whence it came, would not these vibrations return to earth, with, perhaps greater force than that with which they are sent from the earth? For instance, the chaotic sound vibrations sent out by the many radio stations must have a very chaotic effect on the earth when these sound vibrations return to earth; and could not they, even more than the chaotic thought vibrations of humanity (we know now, through an instrument invented some time ago, that thoughts produce sounds as well as words, only they are felt and not heard by the individual, but they can be heard when the instrument is used)—have a disastrous effect upon the earth and the peoples of the earth, no doubt being responsible for much mental and physical chaos in the lives of persons as well as nations?

This must be true of persons, for when we think of the human machine as both a radio broadcasting and receiving set, we must realize that the human machine, like the sensitive radio machine, must have a ground, the ground for the human machine being the *feet*, as they are the

(Continued on page 526)

A ROSICRUCIAN CATECHISM

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Chemical and Light Ethers

By EDWARD ADAMS

Q. What is the function of the Chemical Ether?

A. The forces which cause assimilation and excretion work through the Chemical Ether.

Q. What is the work of assimilation?

A. By assimilation the nutritive elements of food are built into the body of plant, animal, and man. They work along the positive pole of the chemical ether.

Q. Do these forces act blindly or mechanically?

A. No, but in a selective way, accomplishing their purpose, which is the growth and maintenance of the body.

Q. What is the work of excretion?

A. This work is done along the negative pole of the Chemical Ether. Materials in food unfit to use or that have outlived their usefulness are expelled from the body.

Q. What is the Life Ether the avenue for?

A. For the operation of the forces which have for their object the maintenance of the species, the forces of propagation

Q. This ether has the negative and positive poles. What is the work along the positive pole?

A. These forces enable the female to do the positive, active work of bringing forth a new being.

Q. What is the work along the negative pole?

A. To enable the male to produce semen.

Q. The Light Ether is both positive and negative. What do the forces playing along its positive pole do?

A. These forces generate blood heat in the higher species of animal and man, which makes them individual sources of heat.

Q. How do the forces working along the negative pole of the Light Ether operate?

A. They operate through the senses, manifesting as the passive functions of sight, hearing, feeling, tasting, and smelling. They also build and nourish the eye.

Q. In cold-blooded animals what does the positive pole of the light ether do?

A. It is the avenue of forces which circulate the blood.

Q. What do the negative forces in these animals do?

A. They also build and nourish the eye of cold-blooded animals. If the eyes are lacking these forces are perhaps building and nourishing other sense organs.

Q. In plants what do the forces of the positive pole of the Light Ether do?

A. These forces cause the circulation of the juices of the plant.

Q. What happens to plants in winter?

A. The Light Ether is not charged with sunlight as in summer and sap ceases to flow until the summer sun again invests the Light Ether with its forces.

Q. In plants what do the negative forces do?

A. They deposit the chlorophyll, the green substance of plants, and also color the flowers. All color, in all the kingdoms is deposited by means of this pole.

Q. How does this affect the sides turned toward the light?

A. Animals have the deepest color on their backs, flowers are deepest color on the side turned towards the light.

Q. What happens in polar regions where the sun rays are weak?

A. All color is lighter, and in some cases the animals become white.

(References: *Cosmo*—pages 35 to 37)

WESTERN WISDOM BIBLE STUDY

Parable of the Mustard Seed

By JANE TEMPLETON



And he said, Whereunto shall we liken the kingdom of God? or with what comparison shall we compare it?

It is like a grain of mustard seed, which, when it is sown in the earth, is less than all the seeds that be in the earth:

But when it is sown, it groweth up, and becometh greater than all herbs, and shooteth out great branches; so that the fowls of the air may lodge under the shadow of it.—Mark 4:30-32.

Generally speaking, "seed" symbolizes the power of God, which manifests throughout the universe. Within every human being is a spark of our divine Creator, and this "seed" has within itself the ability to grow and flower into a microcosmic "kingdom of God." No matter how small or undeveloped this "seed" may be, it has latent within itself all the potentialities of its Creator, and by proper cultivation becomes a wholly glorious manifestation of the spiritual attainment possible for all mankind.

The spirit within man is threefold, patterned in the image of its Creator, and its three aspects are designated as the *divine spirit*, the *life spirit*, and the *human spirit*. Man is also sevenfold and tenfold, having a threefold soul and a threefold body, connected with the spirit by the mind. During its pilgrimage into matter, the *divine spirit* aspect emanates from itself the *dense body*, extracting as pabulum the *conscious soul*. Similarly the *life spirit* radiates from itself the *vital body*, and extracts as food the *intellectual soul*; and the *human spirit* brings into being the *desire body* and extracts therefrom the *emotional soul*.

The problem facing every human being is to so live that the "seed" of divinity within may germinate and be nurtured into a living reality of the transcendent

powers of the spirit, and we find in the Western Wisdom Teachings definite instructions for nurturing the latent spiritual potentialities into dynamic powers. By persistent endeavor to cultivate certain faculties, food for the spirit is produced, and it "shooteth out great branches" wherein the "fowls of the air" (spiritual aspirations which naturally accompany the unfolding process) will "lodge."

The faculty of discrimination is that whereby we distinguish the real from the unreal, the essential from the non-essential, and it generates the *intellectual soul*. Discrimination, first of all, teaches us that we are spirits, and our bodies are but temporary dwelling places, instruments for use in our pilgrimage through matter.

The faculty of observation (along with action) generates the *conscious soul*. Accurate observation is of the highest importance in spiritual development, for it insures the harmonizing of the pictures in the conscious memory with the automatic subconscious records, and thus establishes the rhythm and harmony of the dense body.

The faculty of devotion (to high ideals) evolves the *emotional soul*, helping to eliminate undesirable habits or traits of character by superseding mere desire. For intellectual people, in particular, the cultivation of devotion is most necessary.

Persistent daily effort in exercising these faculties will gradually bring about the complete mastery of the lower self by the higher self, the goal of every spiritual aspirant. The intangible loveliness radiated by every spiritually developed person speaks eloquently of the unfolded potentialities of the spirit, made manifest by the ascendancy of the Higher Self.

The Astral Ray

Astrology is a phase of Mystic Religion, as sublime as the stars with which it deals, and not to be confused with fortunetelling. The educational value of astrology lies in its capacity to reveal the hidden causes at work in our lives. It counsels the adults in regard to vocation, the parents in the guidance of children, the teachers in management of pupils, the judges in executing sentence, the physicians in diagnosing disease, and in similar manner lends aid to each and all in whatever station or enterprise they may find themselves.

The laws of Rebirth and Consequence work in harmony with the stars, so that a child is born at the time when the positions of the bodies in the solar system will give the conditions necessary for its experience and advancement in the school of life.

Ambition and Astrology

By FREDERICK P. CHURCH

THEN the king commanded, and they brought Daniel, and cast him into the den of lions. . . . [The next day] . . . the king arose very early in the morning, and went in haste to the den of lions, and the king spake to Daniel. . . . Is thy God, whom thou servest continually, able to deliver thee from the lions? Then said Daniel, . . . My God hath sent his angel, and hath shut the lions' mouths, that they have not hurt me: forasmuch as innocence was found in me; and also before thee, O king, have I done no hurt. (Daniel 6: 16, 20, 22.)

Astrologically, ambition is indicated by the position and aspects of the Sun and the sign Leo, the Lion, ruled by that fiery Center, who when He rises shines alone. The lion is the king of beasts. When he roars fear strikes the heart of all those animals not endowed with exceptional courage. He dominates his environment by his loud roar and disposition to tear apart and devour those who stand in his way.

Thus the story of Daniel is seen to be an astrological allegory teaching the consequences of worldly ambition. When the King, the Will, listens to the false guidance of the lower mind (the lords), then the rational principle in man must descend into the destructive passions of the lower nature—the lion's den. It is then only delivered from being torn to pieces by maintaining a harmless attitude in the presence of the utmost provocation.

The birth of Samson was announced to Manoah's wife by an Angel. The Angel said unto her:

Behold thou shalt conceive, and bear a son; and now drink no wine or strong drink, neither eat any unclean thing: for the child shall be a Nazarite unto God from the womb to the day of his death. . . .

[And when he was a young man] . . . Then went Samson down, and his father and his mother, to the vineyards of Timnath; and behold, a young lion roared against him.

And the Spirit of the Lord came mightily upon him, and he rent him as he would have rent a kid, and he had nothing in his hand: but he told not his father or his mother what he had done. . . .

And as he returned that way he turned aside to see the carcase of the Lion: and behold, There was a swarm of bees and honey in the carcase of the lion.

And he took thereof in his hands and went on eating, and came to his father and mother and gave them to eat: but he told them not that he had taken the honey out of the carcase of the lion. . . .

And Samson put forth a riddle: Out of the eater came forth meat; and out of the strong came forth sweetness. And they could not in three days expound the riddle. (Judges, 13, 14.)

Here again the passionate desire of the heart to dominate is slain by the wisdom of the illumined mind, Samson; and the fruit of this victory is the sweetness of honey in the carcase of the Lion. Here again the Bible teaches by means of astrological allegory that ambition, as the word is ordinarily used, is destructive and must be overcome before spiritual progress can be made.

Brutus killed Julius Caesar by stabbing him in the back in a public place. In the Shakespearean play Anthony makes the well-known burial speech:

I come to bury Caesar, not to praise him.
 The noble Brutus hath told you Caesar is
ambitious;

If it were so, It was a grievous fault,
 And grievously hath Caesar answer'd it.

He [Caesar] was my friend, faithful and
 just to me:

But Brutus says he was ambitious.

Here we see the ambition in action which is torn to pieces in the Lion's Den because the desire for power was greater than the desire to serve. This well represents the fate to this type of ambition.

Macbeth represents another type of ambition where the man is the tool of the secret ambition of a woman. Lady Macbeth says, as the play opens: "Thou (Macbeth) wouldst be great, art not without Ambition, but without the illness should attend it."

Thus the Bible and Shakespeare's plays point out in the most forceful way the danger of the love of power, the desire to dominate. Ambition has personal advancement or preferment as its end and aim. Generally advancement means becoming conspicuous in life as John Ruskin points out in "Sesame and Lillies": It means "obtaining a position which shall be acknowledged by others to be respectable or honorable. We do not understand by this advancement the mere making of money, but the being SEEN to have made it; not the accomplishment of any great aim but the being SEEN to have accomplished it. In a word it is the gratification of our thirst for applause." That thirst is, as Mr. Ruskin says, the last infirmity of noble minds, and the first infirmity of weak ones; and is on the whole the strongest impulse of the average humanity.

When the Sun rises in the morning the stars fade and he shines alone. So it is with the earth life. When the Ego descends into the dark caves of the dense body the consciousness becomes focused in the dense world and the spiritual life fades. Ordinary humanity have not evolved the strength of Samson, nor the wisdom and self restraint of Daniel; they admire Caesar; or they obey Macbeth through fear.

The philosophy of astrolgical symbolism also gives the key to the ambitious bent of the twelve tribes of Israel, the children of the twelve signs; and this is indicated by the sign the Sun was in at the time of birth, and by the planets in Leo. Both the worldly ambition and the ideal toward which slow evolutionary progress is directed is shown by Leo and the Sun in the natal chart.



The most ambitious of all the groups is that with the Sun in Aries. The Sun is exalted in Aries, which would indicate the desire of the heart to dominate, to lead, to be the head, Aries. In their martial impatience to attain that ardently longed-for end they very often ride rough-shod over the rights and feelings of their more meek and less aggressive fellow creatures. Though blunt to the point of cruelty in getting their own way they nevertheless bring the light of knowledge to bear upon the problems of life. They are bound to have great respect for Position, and the Reputation for Erudition.

The union of the heart and head through the illumination of the Spiritual Sun is the ideal for this group, and when the Lion and the Lamb lie down together there is experienced the Peace of Christ which passeth understanding.



Ambition for money power would be the natural bent for those with the Sun in Taurus. This earthy, fixed sign often shows a mind fixed on earthly treasure — especially desirous of the power over the labor of others which money represents. Preferment would be sought more for the income it would bring than for position, learning, skill, or fame. However, there would be expected an attraction to the fame attached to the power of oratory.

The ideals for this group are the wise use of the power of money; and the wise use of the power of the spoken word. By the justice of the heart's judgment in regard to the use of money inequity will disappear and the lovely Venus can

safely bring Beauty into the life: and by the proper use of The Word the sick are healed, and the ignorant enlightened.



With the Sun in Gemini the ambition is for knowledge. Knowledge must be obtained, not only for the power inherent within it, but for the gratification of inquisitiveness, and the love of analysis. These people are likely to become the victims of a cold intellectual pride which shuts out the affection which brothers and sisters should have for each other.

The ideal for which this group should strive is the marriage of true minds represented by the joined hands of the twins:

Let me not to the marriage of true minds
Admit impediments. Love is not love
Which alters when it alteration finds,
Or bends with the remover to remove:
O, no! it is an ever-fixed mark,
That looks on tempests and is never shaken.

According to the Rosierucian Philosophy the World of Thought is the Heaven World to man in his present state of development so that the joined hands of the twins points to the ideal of brotherhood that looks on passionate outbursts unshaken as Shakespeare's sonnet so accurately expresses it. The joined hands may also represent the union of the right and left cerebral hemispheres in the individual with all thereby implied. It will be remembered that the Sun rules the bridge (*Pons*).



Success to the people with the Sun in Cancer would be expected to be measured in such domestic terms as: what kind of parents do they make? what kind of a table do they set? To live in an exclusive neighborhood with harmonious surroundings would be a natural ambition for the Sun-in-Cancer natives for they love quiet, and to be away from the noise and confusion of commercial life.

The blending of Fire and Water is the ideal for this group. At the marriage at Cana of Galilee the Water of Life (emotion) is changed by the addition of the Wisdom principle (the fire) into wine, Divine Love.



The ambition is for position and power when the Sun is in his own sign Leo. The king of beasts demands, and very often gets power without counting the cost. These people often attain their ends by the skill with which they play upon the heart strings of those they consider their inferiors. The position and power of the teacher who can successfully appeal to the heart of the pupil is great indeed because only in this way are the emotional drive to action, and the intellectual enlightenment combined. Sun-in-Leo might naturally be expected to delight in teaching.

The ideals for this group are indicated in the Bible stories of Samson and Daniel. In the story of Samson the higher Will slays the false pride or delight in show, and industry (of the bee), coupled with humility, generates sweetness in the life. In the story of Daniel the illumined mind (Daniel) with the help of higher beings (the Angels) controls the unruly passions of the heart which makes manifest in the life a tremendous power, the power of the God within.



Service is the measure of success for the Sun-in-Virgo group. Work and skill bring the advancement that these people recognize and seek. Their ambition is to outdo in efficiency and skill other workmen. The justice or injustice of the cause is not so important as the way and manner of execution of the idea. These people often exert wonderful skill in a lame cause.

The ideal for this group is Service toward uplifting ends—the purity of the Virgin in the *motives* of Service; for it is of this Virgin that the Spiritual Sun must be born in the life.



Co-operation, neatness and order are the elements of success recognized most readily by the people with the Sun in Libra. The successful life is the one which has a generous share of luxury and adornment. The rugged individual type would not be admired so much as one who

recognized the interdependence of each on the other.

The ideal for these people is the attainment of balance between Beauty (Venus) and use (Saturn); between the acquisition of the secret wisdom (Scorpio), and its execution in service (Virgo).



Advancement for the Sun-in-Scorpio would be expected to be of a subtle nature as one who stood behind the scenes and wielded the power of money (Taurus). Or it might naturally be that of a cunning expert craftsman or worker in metal as Tubal Cain—one who could keep the secrets of his trade from the curious.

The Art of transmutation of the base metals into gold serves as a goal for the chemist and metallurgist.



The ambitious Sun-in-Sagittarius launches his arrows of aspiration at the stars, aiming at limitless space. The class signified by the human part of this fiery Jupiterian sign are kindly, law-abiding, known as pillars of the society in which they are placed. Those of the Centaur type, while frankly in "for a good time," sporty, roving, etc., also have the Jupiter geniality and warmth.

The Sun rising in this sign is sure to bring preferment even to those born in lowly circumstances, and to accentuate all good shown in the sign. The ideals of this expansive sign may be realized in vocations contacting large groups, as judges, statesmen, ministers, teachers; the world itself is not too broad a field for the activity of its altruistic ruler, Jupiter. However, the Sagittarian must learn to realize his ideals within rather than seeking them without.



Social honor is suggested by the influence of the Sun-in-Capricorn as a worthy ambition. To be a "social climber" is a scornful phrase often used by the jealous of the more successful in this respect. However, when the climber has not sufficient wisdom to maintain the

high position the scorn for a mere "social climber" is justified. Alas, how often is it true that the climber lacks the sure-footedness of the mountain goat! To be in the society news, to lead in the Grand March, to wield political influence yields satisfaction to the ambitious urge of this group.

The ideal is to make the odoriferous goat (the lower nature) the true servant for the social good. *I use*, says Capricorn, and those who love wisdom have learned to make Sorrow useful in the assimilation of the lower and more coarse material which life in this world makes necessary. Every *knee* shall bow to Christ is the way the Gospel expresses it.



Scientific achievement of consequence requires an impersonal attitude of mind. To the Sun-in-Aquarius people the urge to "make something of themselves" naturally follows the scientific bent; especially in the use of the electric forces would they be expected to feel the urge to advance. Saturn suggests to the socially minded of this group that they use their friends for personal ends. If they yield they embrace the Sorrow which Saturn represents.

Quoting from Max Heindel, "The human figure of Aquarius, the Waterbearer, shows the ideal towards which this class must strive. Instead of fighting, preying upon, or poisoning others in the struggle for existence they must learn to become humane, to be friends instead of foes to all."



The ambition for preferment in the work of hospitals, prisons, or laboratories, would be expected for the Sun-in-Pisces group. The desire to wield large financial power secretly would be a natural urge for these people.

The ideal for this group is the attainment of spiritual knowledge of the secret forces of nature for the healing of the sick and the upliftment of humanity.

Thus are the worldly ambitions and the

ideals toward which they are being unconsciously led shown by the philosophy of astrology. The heart's desire ordinarily increases from birth till noon or the middle of the life, and from then on begins to decrease as the life beyond begins to grow closer and the disappointments dampen the enthusiasm. The rising Sun of Life is described in Shelley's poem "The Triumph of Life":

*Swift as a spirit hastening to his task
Of glory and of good, the Sun sprang forth
Rejoicing in his splendor, and the mask*

*Of darkness fell from the awakened earth—
The smokeless altars of the mountain snows
Flamed above crimson clouds, and at the
birth*

*Of light, the Ocean's orison arose
To which the birds tempered their matin lay.
All flowers in field or forest which uncloze*

*Their trembling eyelids to the kiss of day,
Swinging their censers in the element,
With orient incense lit by the new ray*

*Burned slow and inconsumably, and sent
Their odorous sighs up to the smiling air;
And, in succession due, did continent,*

*Isle, ocean, and all things that in them wear
The form and character of mortal mold,
Rise as the Sun their father rose, to bear*

*Their portion of the toil, which He of old
Took as His own, and then imposed on them.*

Thus it is evident that the Rosicrucian Philosophy with Astrology is a golden key which unlocks the treasure house of the world's great literature. Without such a key it is as dry as dust, as the great majority find it who stand before the locked door refusing to believe it to be a door, so cunningly has the workman made the entrance.

The Debtor

By SUSANNAH LILLIAN LACKORN

*If God has dowered me with some rare and precious gift,
If I can bear a load too great for someone else to lift,
If I can soothe a hurt, a sadness heal,
And sympathy and love for friends in need, I feel;
For these good gifts, a Cosmic loan, I cannot pay—
These gifts are only mine as I have given them away.*

*If I have strength, I owe this service to the weak,
If courage, then encouragement and words of cheer to speak;
If music, to fill the hours with melody and song;
If poetry, wherever possible to equalize a wrong.
The richest gifts we have are worth not coins nor gold,
They must be freely given—they cannot be bought nor sold.*

*Whatever is my gift, dear Lord, I know
It must be repaid in service down life's pathway as I go.
Love shall be my watchword, built well into my mind,
Above all else I'll practice the fine art of being kind.
I'll carry high aloft my torch—I'll keep it gleaming bright,
So I may pay the debt I owe by diffusing living light.*

Astrological Readings for Subscribers' Children

We delineate each month in this department the horoscope of *ONE* of our subscribers' children, age up to twenty-one years. This includes a general reading and also vocational guidance advice. The names are drawn by lot. Each *FULL* year's subscription, either a new one or a renewal, entitles the subscriber to an *application* for a reading. The application should be made when the subscription is sent in. The applications not drawn by lot lose their opportunity for a reading. *Readings are NOT given with EACH subscription, but only to the ONE CHILD whose name is drawn each month.*

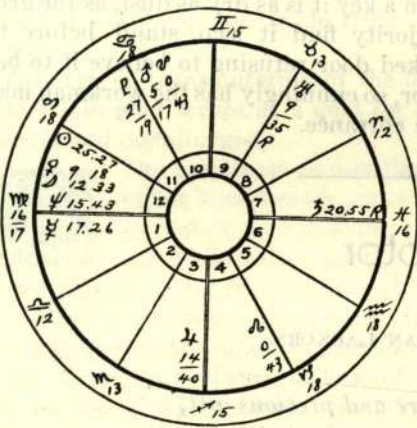
In applying be sure to give name, sex, birthplace; and year, month, and day of birth; also hour and minute of birth as nearly as possible. If the time of birth is *Daylight Saving Time*, be sure to state this, otherwise the delineation will be in error.

We neither set up nor read horoscopes for money, and we give astrological readings only in this magazine.

KATHLEEN L. M.

Born August 18, 1936, at 7:01 A.M.

Latitude 34 N. Longitude 118 W.



Kathleen has Virgo on the Ascendant and her life ruler Mercury also conjunction the Ascendant, as well as in conjunction with Neptune, Moon, and Venus. This group of planets clustered around the Ascendant will cause people to be drawn to, and to notice this little girl; if she is among a group of children she will receive the first attention, and she will also expect this attention. With Venus so near the Ascendant she will have a very lovable and sweet disposition, but with the grouping of Mercury, Neptune, and the Moon there also, she will be of a supersensitive and highly nervous nature; therefore, if she is allowed to run and play too hard she will not want to take the rest which is necessary so the child can build her full growth. Nervous children never build large and robust bodies, for they dissipate too much of their energy.

This grouping of four planets in Virgo in conjunction with the Ascendant will give this girl a keen and a clear mind, and the mind will be directed into practical channels. She should be given every opportunity to develop her interest in food stuffs, in the preparation of meals; her inclinations will be in this direction, and she could become a practical and learned dietitian. Four planets in the twelfth house (institutions, hospitals, and places of confinement) should make her a very competent dietitian who could prescribe the proper diet for patients in hospitals. Chemistry would also be attractive to her and would be of assistance in the study of dietetics.

With Jupiter conjoined the cusp of the fourth house in its own sign Sagittarius she will be very loving in the home and should be most helpful to her mother and those associated with her as she grows to young womanhood.

Her inclinations will naturally be towards the unusual, for we find Neptune, Moon, and Venus trining the advanced and unusual Uranus, which is in Taurus, a natural Venus sign that inclines the mind towards music and art. Uranus is sextile Mars in the sign Cancer and both Mars and Uranus are in favorable aspect to Venus, indicating that the child will have artistic and musical tendencies, and she should be permitted to express along these lines. For instance, if she were to be encouraged to learn to play an instrument and then to study the art of healing by music and color, which is a method of healing now becoming popular among

(Continued on page 510)

VOCATIONAL GUIDANCE ADVICE

THIS PAGE is a free service for readers—whether subscribers or not. Advice is based on the horoscope; therefore please give us the following information: Sex, place of birth; year, day of month, and hour. No readings are given except in the Magazine and no letters regarding the readings can be answered.—EDITOR.

Engineer, Salesman

ALOIS A. S.—The Moon is in Sagittarius trine to three beautifully situated planets: Mars strong in its own sign Aries, conjuncts Venus and the exalted Sun in Aries, and all three are in the seventh house; the Moon is also sextile Uranus at home in the fixed sign Aquarius. We safely advise electrical engineering or automobile salesmanship, and this young man would benefit greatly through partnership.

Merchant

CHESTER W. K.—Jupiter the ruler of the house of labor (sixth) sextiles the Sun in the sixth house; Venus also in this house is conjunction the Sun, and the Moon in the Venus sign Libra is sextile Mercury. We would advise this man to deal in merchandise, such as women's apparel or accessories. We would advise him to remain free from partnerships, for Mars in the seventh house, the house of partnership, opposition Saturn and square Jupiter denotes that he would surely find trouble if he ventured with some other person in trade.

Detective, Healer

RAYMOND R. S.—Saturn, Sun, Jupiter, Mercury, and the Moon all in conjunction in the twelfth house in the sign Capricorn is a very unusual planetary grouping, and as the twelfth house indicates hospitals, asylums, and prisons, places where people are kept in confinement on account of some physical weakness, as a nurse in such an institution he would be doing most helpful and constructive work. Detective work, or superintendent of an institution of those who are suffering also indicated. He should not bury himself and foster a desire to be alone and read or study, but use his unusual concentrative power for the good of humanity.

Printing Trades

ADOLPH S.—With the Moon and Venus conjunction in Scorpio also Mercury conjoined the Sun in the same sign, and Mercury and the Sun both in the third house, the house of the writer, and the Moon and Venus sextile Saturn and Jupiter we would advise this man to stay with his present line of work, that of the printshop.

Teacher

MARIE E. Y.—Five planets are clustered in the fifth-house sign Leo, the sign and house which rule over schools, children, etc. They are Jupiter, Neptune, the Sun, Mercury, and Saturn and would undoubtedly bring success through the fifth-house work of teaching; and if she specializes in languages she will bring success into her life. Mercury and Saturn conjoined and trined by the Moon and semisextile Venus show that she will be beloved by her pupils.

Clerical Work

CYRIL N.—This young woman will need to work hard at concentrating her efforts in one direction, for with the planets scattered all over the horoscope she is prone to scatter her forces also. Hence, we would advise that she take one subject and stick to it. With the Sun and Mercury in the sign Gemini which has rule over the hands she would be able to work up speed on the typewriter in clerical work, for Neptune is conjoined the Midheaven in Leo and is sextile the Sun, and the stabilizing Saturn is in its sign of exaltation in Libra and is trine the Sun; hence we would advise that this girl take a course in clerical work and hold fast to one line until she makes a success.

Hotel Manager

ELIZABETH V. R.—With the energetic and fiery Mars conjunct the Ascend-

ant this woman needs to be in a position where she works off her excess energy. Mars is trine the Lady Venus in the fifth house and Venus rules the Midheaven, while the ruler of the Ascendant, the Sun, is in the fourth house conjunct Mercury. Taking all of these things into consideration we would suggest that this woman place herself where she deals with the public, especially in the home environment, such as a hotel or apartment house. As manager she would be most successful.

Commercial Art

DONNA M. W.—We find two groups of planets elevated and sextiling each other in this horoscope. Jupiter, ruler of the Midheaven, is in Libra conjunction Saturn and sextile Venus; Venus and Jupiter are in mutual reception which is most strengthening to the influence of these planets, the Sun and Mercury are also in Sagittarius and in the tenth house sextile Mars in Libra. We would advise architectural drawing, or art which is of a material nature, in architectural or publishing work. Moon and Pluto conjunction in the fifth house and trine Uranus, theatrical work could be attractive and fairly successful.

ASTROLOGICAL READING

(Continued from page 508)

new school physicians—with this knowledge of music, art, and the value of foods she could become a most valuable healer to the many who are suffering both in mind and body.

Mars in Cancer sextile Venus and Uranus shows that unless she is curbed and taught proper use of foods while young she may acquire the habit of eating too heartily of highly seasoned foods. In time this would create an unhealthy condition within her own body, which if carried to extremes might undermine the health. The afflicted Jupiter strong in its own sign Sagittarius is square Saturn in the common sign Pisces and also square the four planets in the common sign

Virgo and all are near the Ascendant. These afflictions of Jupiter which rules the arterial blood, and of Venus which governs the venous circulation, may have an effect upon the sign Gemini which is opposite Jupiter and square both Venus and Saturn. As Gemini rules the chest and lungs, this will have a tendency of attracting coughs and colds; also, the circulation of the digestive tract, the small intestine, could respond to the habit of wrong food and uncontrolled eating of indigestible foods. If this is taken care of she should enjoy fairly good health.

The Sun in Leo sextile Mars will be a wonderful help to her in throwing off any weaknesses physically; it is one of the very best and most protective aspects.

SIMPLIFIED SCIENTIFIC ASTROLOGY

By MAX HEINDEL

The *Ninth Printing* of this complete textbook on the art of erecting a horoscope

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THE ROSICRUCIAN FELLOWSHIP

Oceanside, California, U.S.A.

Worth-While News



A Tot Hastened Into Motherhood

CHICAGO, Aug. 7 (U.P.)—Lina Medina, Peruvian girl who gave birth to a son last year when only 5 years old, will be brought to the United States within a month for examination by a five-man medical commission.

Richard S. Kaplan, counsel for business men in Chicago and Peru who are sponsoring the child's trip by airplane, made the announcement tonight. He said the medical commission was being organized to study the girl and her baby at a Chicago hospital. The public will not be permitted to see them.

"We want to give physicians and scientists in this country a chance to examine Lina, because it may contribute something valuable to medical science as it already has contributed to medical history" Kaplan said. "They will arrive within a month, probably before Sept. 1."

Mr. Kaplan said the young mother and her son would be accompanied by her parents, Mr. and Mrs. Tiburcio Medina, nurses and a physician.

The important part which the ductless glands play in the development of man is almost beyond comprehension. Each of these glands produces a secretion the power and potency of which has only of late years been studied, and the function of the various secretions discovered. All of the ductless glands work in harmony, but each has its own special task to perform.

The adrenal glands have a very close relation to the organs of reproduction and also to the mind. So closely are they all related that in the case of certain disturbances which cause these glands to supply a massive dose of their secretion to the blood, peculiar mental and sex phenomena, and other irregularities are produced. A disturbance of these glands may occur before or after birth. If the disturbance involving the glands occurs after the birth of the child the symmetrical correspondence and harmony of

the primary sex organs and secondary sex characteristics are not affected; but there does follow an unusual hastening of the development of the body and the mind which results in a precocious puberty most startling in its effects. A little girl as young as two, three, or four years of age will suddenly exhibit the appearance of one who is fourteen or fifteen with all the developments of one of that age. She is, so far as sex and mentality are concerned, really a developed young woman, although she may for a short period retain her liking for childish amusement. A similar phenomenon may happen to a boy in case his adrenals for any particular reason become excited into over activity; and at a very tender age such a boy could become a father.

If the story as printed in several publications is true, which is really possible, it is quite evident that for some physiological reason over-stimulation of the adrenals took place early in Lina Medina, hastening puberty, and so she was able to give birth to a child at the early age recorded in various newspapers throughout the country.

Vehicles and Organs, Old and New

It has often been stressed by members of the medical profession that human beings are gradually losing their toes, and quite recently a London doctor gave it as his opinion that our toes will eventually disappear altogether.

The big toe, which assists us in walking, is the only toe of any real use, and it is probable that with the passing of time this, too, will have a tendency to bunch up with the other digits through years of confinement in shoe leather.

We each have more than 90 organs, muscles and bones which are entirely obsolete and useless to us. They are physical re-

minders of the years when man presented an appearance greatly different from that of today.

Some people can twitch their ears backward and forward but they are the exception rather than the rule. In their cases the muscle for the purpose is unusually developed. We all have it, but it has become so weak through centuries of disuse that it survives only as a memento of the time when human beings twitched their ears forward like horses or dogs to catch the faintest sound.

Another heritage from our prehistoric ancestry is the possession of an extra eyelid. Few of us know we have it, but it is in the corner of every eye between the ball and the lid—a tiny fold of membrane. This is a relic of the winking membrane present in many mammals and nearly all birds. It is used for dusting the eyeball, and you have only to see the eagle as he flickers a gray film over his eye to know what a human eye probably was like millions of years ago.

The appendix is by far the best known obsolete portion of our body, and this is probably because it shows its uselessness by causing a great deal of trouble when irritated. Here again is an obvious heritage of the days when we were more humble mammals, for the appendix is the largest and most vital organ in the rabbit. It is significant also that the anthropoid apes have a distinct appendix which is lacking in other monkeys.

And we have gills—all of us, denoting probable descent from some remote water-breathing ancestor. The one which remains with us through life is in the form of the Eustachian tube, which connects the ear passage with the back of the mouth.—*Los Angeles Examiner*, June 25, 1940.

It is interesting to see our newspapers printing articles like the above, for it shows what rapid strides our material scientists are taking on the road which leads to truth. Almost every day some publication prints an article which thirty or forty years ago would have been considered too absurd to waste the time and space it would require to present it to the public. Now, however, it begins to look as though it will not be long before these scientists will discover and begin to bring forth proof that in evolution and evolution are facts incorporated into the great scheme of creation.

Quite true it is that man has organs which he used in the past, but which have become quite unnecessary at the present stage of his evolution; at the present time he also has organs that he did not have

in the past—the lungs for example. In the future he will have still other organs and a vehicle as well, which he does not now possess. Man's physical body and the organs within it have all been evolved as each was needed in order to further his evolutionary development, and when each has served its purpose in the evolutionary scheme, it gradually becomes useless, atrophies, and finally disappears.

The lungs were the last important organ evolved. They took the place of the gill cleft mentioned in the quoted article. The time is coming, however, when man will no longer need a physical body at all, for he is destined to function in a much rarer substance. He will therefore need a vehicle which will be suited to his changed environment. Consequently he is now preparing this new instrument, which is composed of light and reflecting ethers. At the present time the most of mankind is working on this new body automatically, similarly to the way they worked when developing their lungs, but there are those in the vanguard of evolution who are doing this work consciously and accordingly they are making quite rapid progress.

The material scientist has already discovered that there is really such a substance as ether. The occult scientist knows that ether exists in four different states of density, which he calls chemical, life, light, and reflecting ether, respectively. It is of the two last named ethers that man's new vehicle is being fashioned. This vehicle has the power of levitation, and when completed, man will be able to travel in it wherever he desires with no other propelling power than his own individual will, which he now uses in moving his physical body from place to place. In the Bible Paul speaks of this vehicle in First Corinthians 15:44, where it is called "a natural body." The Greek words used by Paul and translated "natural body" were *Soma Psuchicon*. *Soma* means body and *psuche* means soul; so combining the two words we have soul body, which is the name of this new vehicle.

Question Department



Overcoming Death

Question:

There are certain metaphysical schools which teach it is possible to overcome death while still in the physical body. What does the Western Wisdom School teach on this subject?

Answer:

The Western Wisdom School does not teach that death will ever be overcome while the individual is still inhabiting a physical body and continuing to live in it. This school does teach, however, that man will conquer that which is now called death, but this will take place through the perfecting of his soul body and not his physical vehicle.

The vital body is composed of four ethers, namely: chemical, life, light, and reflecting. The chemical ether works with the assimilation of food and the excretion of physical body waste matter. The life ether is concerned with the perpetuation of the dense body of the various life waves. The light ether generates blood heat and manifests the functions of sight, hearing, tasting, smelling, and feeling. The reflecting ether is the seat of memory, and contains one of the records in the Memory of Nature.

Through loving, self-forgetting service to others it is possible to automatically attract and separate the light and reflecting ethers from the chemical and life ethers and to build these two higher ethers into a new vehicle, the soul body, in which at some future time man will function, much in the same way as he now functions in his dense body. It is this soul body which is not subject to physical death.

In the Sixth Epoch of the Earth Period the soul body will be so well per-

fectured that man will function in it as easily as he now functions in his physical body. This does not mean, however, that man in the Sixth Epoch will not possess a physical body, because the field of operation will still be the physical world. The man at that time will still possess a physical body, which will be sloughed off from time to time and a new one acquired; but his consciousness will be continuous both on the etheric and physical planes because he will then possess both physical and etheric vision. Therefore at this time man will have conquered death by virtue of the fact that his consciousness will have become continuous, although his physical body will still be subject to death. At a later stage in man's evolution, known as the Jupiter Period, the physical body will be entirely discarded, and he will then of course carry on the process of conquering death in a still higher stage of evolution.

GROUP SPIRITS AND ANIMAL CHARGES

Question:

I read in your literature that each species of animal is under the direction of a group spirit. What are these group spirits, and how do they direct their charges?

Answer:

Group spirits are archangels, and there is one for each species of animal. The habits, tastes, likes, and dislikes of each group are due to the fact that they are actuated by the same group spirit. Consequently, if we know the habits of one animal of a certain species we know the habits of all the animals belonging to that particular family or group.

All animals and man are attached to their various vehicles by means of the silver cord. The first part of the silver cord is composed of ether and starts from the apex of the left ventricle of the heart. From there it goes to the solar plexus where it meets the second part, which originates in the liver and is composed of desire stuff. The third part of the cord is composed of mind stuff and originates in the mind substance surrounding the seat of the ego in the frontal sinus. From there in the adult human being this mind stuff part of the cord goes to the liver where it connects with the desire substance part of the cord. In children the second and third parts of the cord are not connected until about the twenty-first year. In animals the third part of the silver cord is connected with the group spirit, and by means of this elastic bond the group spirit governs the animals belonging to its species with equal facility regardless of where they may be in the physical world. Distance is nonexistent from the viewpoint of the inner worlds, and as the animals have no mind of their own they unquestioningly obey the suggestions of their group spirit which reaches them by means of this third part of the silver cord. It is this group spirit direction that is called instinct in animals.

WHEN AND HOW TO PRESENT THE TEACHING

Question:

In the case of an individual who was reared in an orthodox church but who later became a student of the Western Wisdom teaching, would it be right for him to try to convince his former religious associates of the truth of the Western Wisdom teaching, or would it be best to leave these friends alone until such a time as they became dissatisfied with their own faith?

Answer:

It is the duty of every student who has accepted the Western Wisdom teaching

to make it available for those of his acquaintances whom he believes to be ready for it, but he should in no case engage in proselyting. The acceptance of esoteric teaching depends entirely upon the individual's having become sensitized to the vibrations of the spiritual planes, after which he is able to see the truth in teachings dealing with those planes. Previous to that he is more or less materialistic, and so, totally incapable of perceiving esoteric truths. Therefore to try to convince him only leads to futile arguments and frequently to needless strife. But mankind as a whole is quite rapidly becoming sensitized, and there is every year an increasingly large number of people who have reached the point where they can accept the higher teaching. We, therefore, are seriously failing in our duty if we neglect to put this teaching where it may be contacted by those who are seeking.

It is our duty to present this teaching either by word or by our literature to those whom we believe to be seeking for light; then we may wait for them to take the second step. If they ask us for further information we may know that the seed has been sown in fertile soil, or at least in soil that is partially ready to bring forth. Placing our literature where it may be picked up by the public is a very good way to spread the message. In casual conversation, too, the opportunity often presents itself to drop a sentence which contains an esoteric suggestion. If among those present there are some who are seeking, they will sense the idea and indicate it in some way, after which one is at liberty to give them whatever information one feels that it is best to impart.

The very best way of all to give out this marvelous teaching is by the daily life we lead. People are very quick to note one's actions and sense something of the motives which activate them, and when they begin to make inquiries the way is open to present the truth which almost invariably is accepted.

Nutrition and Health

Rosicrucian Ideals

The Rosicrucian Teachings advocate a *simple, pure, and harmless life*. We hold that a plain vegetarian diet is most conducive to health and purity; also that alcoholic drinks, tobacco, and stimulants are injurious to health and spirituality. As CHRISTIANS we believe it to be our duty to avoid sacrificing the lives of animals and birds for food, also, as far as possible, to refrain from using their skins and feathers for clothing. We hold vivisection to be diabolical and inhuman.

We believe in the healing power of prayer and concentration, but we also believe in the use of material means to supplement the higher forces.

Our motto is: A SANE MIND, A SOFT HEART, A SOUND BODY.

Vitamins for Vitality

By EDYTHE F. ASHMORE, D.O.



INASMUCH as this is a discourse offered in the healing department portion of the convention program, I have decided to make so practical what I have to say upon vitamins that you will remember some of it to take home with you to use in your menu-making, marketing, and cooking, for it is my belief that when we know more about the small beginnings of disease which lie in the deficiencies in nutrient essentials, we shall not only eat the optimum adequate diet ourselves but offer it to all those who may wish to carry the banner of health to others.

Vitamins are substances that occur in infinitesimally small quantities in food yet produce specific physiological effects in the body. Whenever there is a lack of one or more of these in the regular diet of an individual, sooner or later he exhibits the signs of that deficiency. First, there is an impairment of the function that vitamin was designed to stimulate, and then the lesser symptoms of disease begin to appear. In time we have an individual who presents the symptom-complex of such maladies as scurvy, beriberi, rickets, night blindness, pellagra, stunted growth, gastrointestinal dysfunction, and general debility. There are contributing dietetic factors in some of these conditions, as for instance in rickets where

there is not only a deficiency in vitamin D but also a lack of, or an imbalance in, the proportionate amounts of calcium and phosphorus.

It was only about twenty-seven years ago that the first vitamin was isolated and through the years there have been only seven more discovered. These eight vitamins are definitely known to be necessary factors in man's nutrition. There are others that are valuable in animal husbandry but as yet they have not been proved to be necessary to the human body. Because their chemical composition was unknown, they were named by letters of the alphabet, A, B, B₂ (or G), C, D, E, B₆, and K. There was supposed to be another, named F, but two years later the discoverer learned that he had mistaken some reactions in his experiments and so vitamin F went into the discard. Then it was learned that vitamin B had more factors than vitamin G, which in England was always called vitamin B₂, and later when the chemical formulae of the vitamins became known it was thought best to give to the B factors the names of their chemical equivalents, or *thiamin* for B₁, *riboflavin* for B₂, *nicotinic acid* for B₃. Vitamin B₆ had been also called the anti-pellagic vitamin because it was found that this was an essential food factor in the cure of pellagra, that dis-

ease so common in our southern states. More than one hundred thousand cases are reported each year. Vitamin C has also a chemical equivalent, *ascorbic acid*.

We have spoken and still do speak of a deficiency in one vitamin as being the cause of a certain disease, but according to a well-known biochemist who sees hundreds of patients each year in consultation with physicians, vitamin deficiencies do not often occur singly. One may be the main cause, as a deficiency in vitamin C will cause scurvy, but an added deficiency in vitamin B may contribute in producing severer effects.

In some cities after traffic accidents, the participants are given tests for vision in places of faint illumination. A failure to see under these circumstances is due to a deficiency of vitamin A in the food. Sometimes this failure occurs after sudden exposure to a very bright light. The visual purple in the retina is deficient and the remedy for all this is adding foods to the diet that contain good amounts of vitamin A. I usually recommend fresh green leafy vegetables, dairy products, and yellow root vegetables like carrots. In some of these a pro-vitamin called carotene is found. In the body this pro-vitamin is changed to vitamin A. The research of the last five years has taught us that carotene is not absorbed in as great amount as vitamin A and the waste may be greater unless the right amount of bile is present and still more important is the fact that less than a required amount is stored in the liver when that organ is diseased. So now we must prepare the liver for the storage of vitamin A by giving what the biochemists are pleased to call saturation amounts of the other vitamins, especially vitamin C.

But night blindness is not the only ill effect of vitamin A deficiency. We know that atrophy of the epithelial cells which line the sinuses, the bronchial tubes, the pelvis of the kidneys, and other organs, is a very serious matter. Infants show the effects in diseases of the respiratory tract and if they have pneumonia, they recover very slowly and often have recur-

rences. In adults skin lesions may be a result of the deficiency. One new and interesting benefit has been brought to light, namely, that vitamin A in oil when applied to wounds in the superficial tissues brings about a more speedy recovery.

A lack of vitamin A in children retards the normal growth processes. Bone marrow is affected also, lessening the production of red blood cells; the functioning of the enamel-forming organs of the teeth is disturbed so that pits occur in the enamel which before long decay.*

Vitamin D like vitamin A is soluble in oil and the very best source of it is through exposure of unclad parts of the body to sunshine, which through its ultra-violet rays changes the sterol, or hard fat, in the skin, into pro-vitamin D, which through chemical processes in the body becomes one or another of the factors of vitamin D. Here is a practical point I wish to bring out and that is that he who expects to take a sun bath must not bathe his body with soap and water before he exposes it to the sun because the soap takes out the oil from the sebaceous glands and the material is depleted of which the pro-vitamin would be made. Bathing after the bath with water alone will not harm the chemical process.

Vitamin D deficiency is not only the cause of rickets but there is considerable evidence that it is a contributing cause of arthritis, psoriasis, in some cases of hay fever, in slow clotting of blood, and in the toxemia of pregnancy. Calciferol, the synthetic vitamin D₂, is sold under the trade name of viosterol; it is curative but it should always be taken with calcium gluconate or calcium lactate with the advice of a physician or biochemist. Milk contains calcium lactate and if there is a good quantity of this drunk every day, there may be enough of the two elements, calcium and phosphorus, but usually there is need for an additional amount of calcium gluconate. There are people who seem to think that milk and calcium are needed only by infants and growing children but I know from personal experience that from birth to death

we need milk or its equivalent. When I speak of an equivalent, I am thinking of those persons who are allergic to milk. *

Vitamin E, which is also soluble in oil, is still called the antisterility vitamin although evidence that it is essential to human beings is negligible. It occurs in wheat germ oil but as it turns rancid very quickly, it would be better to eat the seeds in which it is found while they are fresh and take what we can from the yolks of eggs and green leafy vegetables. The most important late success with its use has been in cases of infantile paralysis after the acute condition is ended. The wasted muscles seem to have been helped when this is given with vitamin B-complex. *

Vitamins K₁ and K₂, called the anti-hemorrhagic vitamins, are also oil soluble in the natural state. The synthetic vitamin K has been prepared in a water solution that may be used hypodermically in newborn babes and the aged who are threatened with serious bleeding from obstructive jaundice. Many lives have been saved by this means. It was hoped that this vitamin would help overcome the disease called hemophilia but no evidence has been produced to warrant this expectation. *

In concluding the discussion of the oil soluble vitamins, I may pause to speak of the famine effects in a large part of the world today. The last war showed how much the lack of the oil soluble vitamins did in positive harm to the peoples of Europe, the children born during the war, the nursing and expectant mothers, and the unborn babes. If I say to you there is at present in the United States of America a famine, you may be surprised. This famine is a chronic one and it is not due to a failure to get large amounts of food but because the foods that people buy the most of do not contain large amounts of the vitamins and mineral elements which are necessary to maintain health and promote vitality in the living human being.

There are two reasons why we have a famine among us and the first I just men-

tioned. The second reason is that poor cooking causes so much loss of valuable nutrients that I wish every man and woman who has a job that requires cooking would learn of the nutritionists how food should be prepared to give our people the best that is possible at the least expense. This kind of a famine doesn't kill human beings but it does keep them ailing, miserable, and unfit for work.

* The foods in which vitamin A occurs in good percentage are: Broccoli leaves, dandelion greens, alfalfa meal, chard, kale, escarole, parsley, fresh Hubbard squash, red peppers, Chinese cabbage, carrots, green garden lettuce, butter, sweet potato, milk, egg yolks, broccoli flowers, banana, whole eggs, yellow peaches, apricots, cheese, and summer squash.

Vitamin D is found in exposure to sunshine, in irradiated milk and vegetables, egg yolk, cream, cheddar cheese.

Vitamin E may be obtained in the oils from the seeds of wheat, rice, corn, and cotton, in leafy vegetables, vegetable fats, butter fat, and eggs.

Vitamin K occurs in cabbage, cauliflower, kale, egg yolk, soy bean oil, tomatoes, and spinach.

THE TWENTY-THIRD PSALM

Green Pastures

*The Law is sufficient for all my needs:
I shall follow, and be led*

Into green pastures;

There, I shall find clear, cool waters

That shall restore my thirsty soul.

Though I walk through the shadows

Of ever-changing realities,

I shall not mistake the husk

For the hidden grain;

*My cup shall be overflowing with oil and
wine;*

The rivers of Truth and Mercy shall flow

From the mountain peaks of eternity,

And I shall sing forever

Through green pastures.

—Lillian Parcell in
"Feet of Dawn"

Patients' Letters

California, April 9, 1940.

Rosicrucian Fellowship
Oceanside, California.

My Very Dear Friends:

Our recovery is proceeding so well that this should be our final report. We now report off the List as we feel that the help that has been freely given to us will now enable us to go ahead on our own. In addition, we feel that there must be many others whose need is far more pressing than ours.

You will be glad to learn that our acute conditions are well under control and there is a decided gain in the physical rhythm which was so badly obstructed at the time I first wrote you; it remains for us to intelligently apply the dietary philosophy you have outlined for us in the future. But we do not at all minimize the Divine aid that was granted to us through the ministrations of the Fellowship and the Invisible Helpers; they really helped us; we are certain of that. I hope we will prove worthy of that help.

Though I could write many more pages, I have really said it all, dear friends, and I am sure that this really practical exemplification of Christian charity will have its reward—if not in this life—then in a higher one.

So God bless you all in the name of the Rose Cross.

Most sincerely
—G. C. M. G.

Illinois, May 18, 1940.

The Rosicrucian Fellowship
Oceanside, California.

Dear Friends:

This is to say that my hearing has improved so much that I think you can take my name from the healing list and let the invisible helpers take that time to help some one else who is in need.

I feel so grateful for your loving help and I could feel a great improvement in my hearing almost as soon as I had sent in my application although I had thought the treatments would not begin until some time later.

May God bless you for all your good works, and thank you so much for all you have done for me.

Sincerely,
—K.K.W.

Indiana, September 16, 1940.

The Rosicrucian Fellowship
Oceanside, California.

My Dear Invisible Helpers:

It gives me great pleasure to write you about myself, how wonderful it is that I feel so much like the person I used to be. I can hardly believe it myself after being down so long and now I feel gay and happy again.

Thanks to you all and help me in my prayers so I may succeed.

As ever,
—Mrs. H.L.

Healing Dates

October 1—7—14—22—28

November 4—11—18—25

December 1—8—15—22—28

Healing meetings are held at Mt. Ecclesia on the above dates at 6:30 P.M. If you would like to join in this work, begin when the clock in your place of residence points to 6:30 P.M., or as near that as possible; meditate on health, and pray to the Great Physician, our Father in Heaven, for the healing of all who suffer, particularly those who have applied to the Invisible Helpers.

People Who Are Seeking Health

May be helped by our Healing Department. The healing is done largely by the Invisible Helpers, who operate on the invisible plane, principally during the sleep of the patient. The connection with the Helpers is made by a weekly letter to Headquarters. Helpful individual advice on diet, exercise, environment, and similar matters is given to each patient. This department is supported by freewill offerings. For further information, address, The Rosicrucian Fellowship, Oceanside, Calif., U.S.A.

Meatless Diet in War

Reports from the scene of war [1916] also attest that among the millions who are engaged in this titanic struggle there are many races who live on an entirely meatless diet and it is noticed that these people recover much more quickly from their wounds and are able to survive lacerations which would prove fatal in the cases of flesh eaters. Many years ago English physicians in India were astounded at the recovery of troops from wounds which would have been fatal to white men, and we all know in the war between Japan and Russia, Japanese troops show a similar record of rapid recovery. What is true in war is true in peace. The non-flesh eaters not only have remarkable endurance, but recover much more rapidly from injuries.—Max Heindel in The Rosicrucian Magazine, "Rays from the Rose Cross," March, 1916.

Children's Department



Jackie Frost Junior

By GUSSIE ROSS JOBE



LITTLE Jackie Frost sat in his ice home away up North and wept bitterly. Mother Frost bustling about stirring a great cauldron of water upon the ice-stove glanced at her son impatiently.

"Whatever is the matter with you, Jackie? Look! your tears are spoiling my nice clean table cover, getting icicles all over it. Isn't it enough that I'm busy all day long making icicles but that you have to make them too with your silly tears? Now what ails you?"

"Boo-hoo! It's tough on me, mother, that my father is Old Jack Frost. Everyone dreads and dislikes him and I want everyone to love him."

"Nonsense! everyone doesn't hate your father. He has his useful mission down on earth just as the sun and the winds. Lots of people are glad to see him appear."

"Who is glad to see him appear? Just tell me one person that welcomes Old Jack Frost and I'll never make icicle tears again." Mother Frost gave her cauldron of icicles another stirring and before she could reply they heard a great roar and a swishing sound that rolled right up to their door and stopped.

"There's your father now," said Mother Frost, "and the supper but half way frozen. Do let him in, Jackie, or the North Wind will get impatient and go on without stopping to let him off."

Jackie opened the door and the North wind whizzed away leaving the white, frosty looking old fellow upon his doorstep.

"Hello, hello!" boomed the old fellow, his voice all crusty with frost. "What's this I see? Tears! My, my! tell father what makes you unhappy, my son." But before Jackie could explain Mother Frost said:

"Oh, he has some silly idea that every one of the earth people hates you and dreads your season on earth. Why don't you paddle him with this big thick icicle?" Beneath the white tuft of eyebrows Jack Frost's green-gray eyes twinkled. "Paddle him! No, no, mother. Jackie is very young. Why! he isn't a thousand years old yet and when he has lived to be a thousand-thousand years old as I have, he will know a lot of things. I know what we will do. I am due on earth tomorrow to start winter there and I'll take young Jackie with me . . . what say, mother?"

"Oh, my, no, father! It's still quite warm on earth and Jackie would be sure to get a Warm in his head and snuffle for a month."

"Oh, we'll unwrap him real cold and he won't catch a warm."

"Please let me go, mother," pleaded Jackie.

"Well . . . perhaps it would be better to show him than to try to explain that none of the earth people hate you. Now come, the supper is ready."

They sat down to their supper of crisp snow-flake salad and crushed icicles, then Mother Frost bundled them off to their bed of nice, hard-frozen ice for they must arise early tomorrow in order to be ready when old Mr. North Wind stopped by for them. Oh, what a ride that was for

young Jackie next morning. It seemed that every sharp turn the wind took Jackie would surely fall off. But through the roar and the rush his father twinkled his ice green eyes at his son and yelled loudly to be heard above the roar of the wind—"Hold tight to me, son!" and presently Jackie felt the strangest and most uncomfortable sensation. A melty, droopy, sticky feeling that he had never felt before, and lo! their journey was over and they were on earth.

The first thing that Jackie saw on earth was a group of happy children who came trudging toward a grove of trees over which father and son had hovered for awhile. Both boys and girls were in the group. They came toward the trees laughing and happy, their cheeks red, their eyes ashine, the ends of their colorful scarves fluttering in the breeze. They carried baskets on their arms and the boys carried stout poles. They stopped in the grove, their bright eyes looking up at the trees.

"Oh, goody! goody! Jack Frost has been here and touched the nuts; now they will fall easily," and they began to shake the pecan trees and gather the shower of fallen nuts into their baskets. Their rosy fingers husked off the hard outer shell quite easily. They cracked some of the freed nuts and tasted them.

"Just right!" they pronounced gaily. "I thought old Jack Frost would never, never come this year. My! I'm glad he's here."

"Me, too," said another child. "Now the persimmons will be ready to eat. Hurry, let's go to the persimmon trees. Yum, yum! but a visit from old Jack Frost makes 'em good and sugary." They hurried away, their young happy voices ringing out gaily.

Jackie Frost had been entranced by the

sight and sound of the earth children; he thought a little wistfully of their pleasure in the idea of eating such odd things as fruit and nuts. Jackie felt sure they would be ill and longed to tell them of the delicious icicle candy and snow-cream he was so fond of at home.

"Come, son; my work is done here. We must move further south."

They floated on, over the water, the moors, and the mountains, silently, invisibly until they came to a big garden. This garden had been very lovely earlier in the season. It seemed to be a public one, perhaps a park, and many flowers were massed about the fountains. Now, strange as it may seem, Jackie could hear the voices of the flowers and understand them quite as easily as he could understand the children's voices and words. So he listened and heard one rose say to a group of asters:

"Oh, I'm so glad my work is almost done. Most any day now Jack Frost will visit the garden and put us to sleep for the winter. I can hardly wait for him, I am so sleepy and so tired and the sooner I get to bed the brighter and more hardy my blossoms will be next summer."

Just then Jack Frost and his son floated over the rose bush and with a deep sigh of contentment the red rose bent her stem and hung her flowery head and went to sleep. The asters looked on with envy.

"We asters have to work a little longer," they said to one another. "We are hardy fall flowers and it takes a lot of visits from old Jack Frost to put us to sleep." Old Jack blew his breath over them but they did not even curl their leaves. "Next visit you can turn us brown, maybe," they called out to him.

Leaving the park they wended their way to the very top floor of a tenement house. Old Jack Frost went from win-



dow to window breathing upon the panes; Jackie Junior looking inside one window that his father had not yet breathed upon saw two children sitting around a little grate fire. The girl seemed to be trying to amuse her sick brother.

"Look, darling," she was saying, "Old Jack Frost will soon come and kill all the fever germs in the air and you will be strong and well again."

"How does Jack Frost look, sister?" the boy wanted to know and his sister searched her mind for a picture that would please the lad.

"Oh, he's a real old, bent man with a sack of frost over his back that he sprinkles from time to time along the way. This frost puts the flowers in their winter's bed and ripens the nuts and persimmons and paw-paws so that the little animals and birds can stow away enough food to do them throughout the cold winter. He chills the streams and warns the little fish to seek their mud beds. He paints the window panes with fairy landscapes and flowers of frost."

"My, sister, Jack Frost must be a kind fellow. How soon will he be here to kill these nasty fever germs?" The girl looked up and at the window. "Look, Buddy! He's here now. See the window pane. Come, let sister show you the pretty picture Old Jack has painted for you." She led him to the window through which Jackie Junior could now but dimly see them and pointed out the crystal trees and flowers, the little low hut and the frost animals beside it, and told him stories about the frost pictures.

On and on went Jack Frost and his son and as he went folks shivered with pleasant anticipation.

"The pumpkins will be ready to bring in now and we'll have a hallowe'en party. I feel frost in the air and the cranberries in the bog are turning red. Soon it will be Christmas and we will go for a fir tree in the forest and we will sit before the fire and roast apples and marshmallows, and pop corn."

Jackie Junior heard such happy remarks everywhere they went and his wise old father said not a word. He was not

the kind of a father who would say: "See, I told you so and what do you think of your old Dad now?" No, he said not a word but only twinkled his green-gray eyes and hurried his son along for they had to meet the North Wind who would carry them back home with him.

When they at last finished the day and came to the edge of the Great Lake where they were to meet the North Wind they found him blustering in impatience. "Slow-pokes!" he roared at them. "Hop up quickly or I will go and leave you."

"Always make haste *slowly*," Jack Frost advised his peppery work fellow as he assisted his little son on board the wind.

"Gr-oo-oo. Wh-oo-oo," answered wild old North Wind, rushing off.

That night at supper Mother Frost hovering anxiously over young Jackie, pressing icicle radishes and snow-cream and cracked ice salad upon him, wanted to know if he had caught a bad "warm" in his head down there on earth, and asked him many questions about his day.

Little Jackie pushed back his plate. He was filled with the good icy foods and he thought with gladness of the strange, funny foods the earth children ate—glad that his food was so much tastier.

"I feel so happy, mother. I'm so glad I went along, for now I know that I have a wonderful father and that the earth people look forward to his visits and that they do not hate him at all."

Old Jack's greenish eyes twinkled. "That's the boy!" he said. "I knew you'd learn. I'll take you again some day because you might as well begin to learn the trade. Of course, I'm not yet ready to retire and you are still very, very young. Not yet a thousand years old. But someday you will have my job and must learn to carry on and do it as well as I have done," and Old Jack leaned back and felt for his cold, comfortable ice-goloshes that Mother Frost had ready for him. He stretched himself out on the clean frost covered sofa and prepared to take forty winks before time to really go to bed. It had been a busy day for Old Jack and he was satisfied.

Echoes from Mt. Ecclesia



E that keepeth Israel shall neither slumber nor sleep." While King

David's comforting assurance sings the watchful care of the Lord, the efficiency of His servants is measured by the degree to which they approach His perfection. Ever-existent spiritual need allows little rest to those who labor in His vineyard.

Life at Headquarters is a case in point. Always help and advice must flow outward. When others enjoy a holiday, work at Mt. Ecclesia increases. At Christmas, at Easter, to welcome and care for the many visitors the busy workers do double duty, for no provision other than their voluntary extra labor is made for these added responsibilities. During summer school, the same is true: workers become also teachers and hosts. They love their work and do it cheerfully, yet strained nerve and muscle must sometime be renewed. After the bustle of summer school and before the rush of fall preparation for Christmas, to Mt. Ecclesia the month of September spells the nearest approximation to vacation it knows. Many of the workers take their short leave then; the remainder relax in the absence of extra duties. Study is barred and the true quiet and meditative quality of Mt. Ecclesia holds undisputed reign.

This year visitors stayed longer than usual after the close of school. They were enthusiastic in expressing their gratitude for the privileges their stay had bestowed. Those at Headquarters, too, felt that they had been enriched. They desire to express their appreciation to all who came from near and far to participate in the session and lend it the warmth of their comradeship.

Perhaps part of the pleasant lingering may have been due to the excellent care extended to those who were guests at the Sanitarium. The management is point-

ing with pride to commendable achievement; one example being that in three weeks it reduced the excess weight of one patient by fifteen pounds through steam baths and Swedish massage, aided by Mt. Ecclesia's natural tonics of climate, restfulness, and proper diet.

Two of the articles in the current issue cover talks given at the Convention: *Objectives of the Third Convention* by Mrs. Mary Monahan, and *Vitamins for Vitality* by Dr. Edythe F. Ashmore.

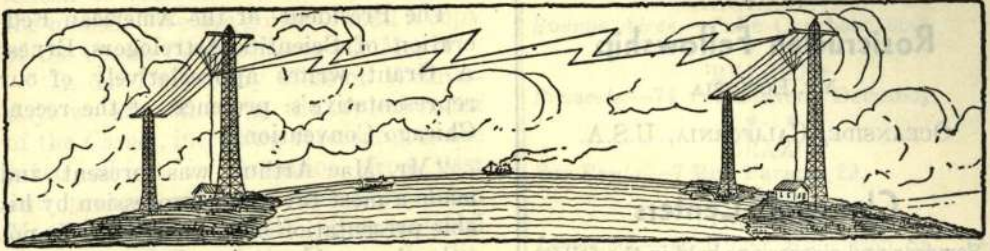
With October the school bell rings again for evening study. On Wednesdays, in the advanced philosophy class, Mrs. Kittie Cowen continues her most interesting series of talks on the value of color. On Fridays Mrs. Max Heindel will conduct the expression class, which Mt. Ecclesia members have missed in the interval. This class is preceded by the community sing which Max Heindel always considered of paramount importance in establishing harmonious group rhythm.

The beginners' astrology class is planned for Tuesday evenings and will be taught by Mr. John Reid. The advanced class will be announced later.

OUR BIRTHDAY PICNIC

The annual picnic which commemorates the founding of the Headquarters of the Fellowship at Mt. Ecclesia will this year take place on the grounds, Monday, October 28, in the beautiful pine grove to the west of the Lodge. Holding this affair at home will permit of more elaborate preparation in an atmosphere of greater privacy than heretofore. Games and contests beginning at 11:00 A.M. will provide a good opportunity to work up an appetite for the picnic dinner which will be served at 12:30 P.M. In the evening a cheerful campfire supper will precede songs and entertainment under the stars. It is hoped that many friends will be able to come.

Rosicrucian News Bureau



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*“Then welcome each rebuff
That turns earth’s smoothness rough,
Each sting that bids ncr sit nor stand, but go!”*

—Robert Browning.

The Bible assures us that man was made in the image of his Creator, God, and according to the Western Wisdom Teachings, this means that each human being has latent within him the divine attributes possessed by God Himself. These fundamental principles or qualities of the spirit are Will, Wisdom, and Activity, and their unfoldment from latent potentialities into dynamic powers forms the basis of evolutionary progress, the object of repeated lives upon the earth plane. Mere knowledge that these attributes exist in man the microcosm, as in God the Macrocosm, is not sufficient, however. Man must become inspired with the desire and determination to live so that these latent faculties will be cultivated and tended into a flowering which is the fulfillment of his destiny.

Development of the powers of the spirit in each human being comes through experience, and wise spiritual aspirants therefore learn to consider every experience as an opportunity for overcoming the undesirable traits he possesses, at the same time that he unfolds the desirable qualities. He cultivates the optimistic attitude, learning to see the wisdom and justice directing his own and larger worlds. He ceases to look for or see in

the shortcomings of others a justification for his own lack of judgment or meager self control, realizing that he must search *within* for the power to elevate himself on the ladder that leads from clod to God.

So it is that the inspirational note is of invaluable aid in the upliftment of humanity, and every group which has for its purpose the betterment of mankind accomplishes its aim in proportion as it seasons the information it dispenses with *Love*. Along with the acquirement of knowledge and intellectual understanding must come the appeal to the spiritual man to follow the Path which God has ordained—the Path which leads upward and onward—*forever*.

FIELD ACTIVITIES

On his return to Rochester, N. Y., from Mt. Ecclesia after summer school, our field “ambassador” Irving Mac Arthur, lectured in a number of cities through the southwest and central States: Tucson, Arizona; Kansas City, Mo.; St. Louis, Mo.; Chicago, Ill.; Indianapolis, Ind.; and Cleveland, Ohio.

Numerous letters have come to us expressing appreciation for the inspiration given through his lectures and music, as well as for the splendid spirit of courage

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OF THE

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Mt. ECCLESIA

OCEANSIDE, CALIFORNIA, U.S.A.

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Calgary, Alta., Canada.—Young People's Group, 1318 15th Ave. W.

Chicago, Ill.—Room 719, Ashland Bldg., 155 N. Clark St.

Chicago, Ill.—c/o Mrs. Magdalena Goveia, 4921 Montana St.

Cleveland, Ohio.—Carnegie Hall, 1220 Huron Road, Room 916.

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Utica, N. Y.—11 Clinton Place.

Vancouver, B. C.—Room 12, Williams Bldg., Cor. Granville and Hastings Sts.

and service which he radiates. Headquarters is very grateful for the splendid assistance he has given and is giving in promulgating the New Age Truths.

The President of the American Federation of Scientific Astrologers, Ernest A. Grant, writes appreciatively of our representative's presence at the recent Chicago Convention:

"Mr. Mac Arthur was present and made a most favorable impression by his able presentation of his subject. We not only thoroughly enjoyed his discourse, but were inspired by his competent ability, notwithstanding the severe handicap under which he has labored in his study of astrology."

HAVANA, CUBA.

A recent letter from one of our members in this Cuban city brings the happy news that on September 5 of this year a number of members and interested friends met at the home of Sr. Felix Arguelles Suarez, Calle San Francisco 473, Vibora, and formed a Study Group.

Much enthusiasm in forwarding the Fellowship Teachings was displayed by those attending this meeting, and a discussion of the Christ and other phases of the Teachings proved of much interest. The value of following one path in spiritual unfoldment was emphasized during the discussion, and important points concerning healing, etc., were also brought out by some of the members.

We look forward to the steady growth and progress of this Group, and urge all our Cuban friends and members to give their whole-hearted assistance in making it a real channel for the diffusion of the New Age Truths.

MILWAUKEE, WISCONSIN.

Some commendable work is being done by our chartered Center in this city by mailing out literature to those in the city who may be interested in New Age truths. The secretary writes that "during the past month our Center has been sending 'the Science of Death' to the fu-

neral directors of Milwaukee and the near vicinity. Next month we intend to mail one of the same leaflets to the doctors. We mail these leaflets out in groups of ten or fifteen at various intervals throughout the month. We are going to mail a copy of the *Cosmo-Conception* to our Mayor.

"In our Philosophy Class on Wednesdays we are following the topical index of the *Cosmo*, including references to the given subject in discussion from past and present issues of the Rosicrucian Magazine, together with other material in the remainder of the Rosicrucian literature. Members of all classes endeavor to discover articles in current periodicals which bring evidence of the increasing acknowledgment of the Rosicrucian Teachings.

"Our Bible Class has been using the list of Bible key words and their meaning which was received in our last monthly letter. Reference is also made to *Questions and Answers* in order to clarify the meaning of various passages in the Bible. We have a splendid teacher for our Bible Class, who uses her large store of Bible knowledge to much advantage in her class work."

GRASS VALLEY, CALIFORNIA.

From the diligent friends of this Center comes word that "We are reorganizing and planning our new year's work. The last Thursday in August we held a business meeting and elected officers for the coming year, and we plan to use every means we can to spread the Teachings and forward the Work.

A plan for the coming year's work does much to insure a systematic accomplishment in Center work, and we hope all of our Groups have made or are making plans for the coming year—plans to make the year of 1940-41 the most successful yet in disseminating the Fellowship Teachings. Let us all take fullest advantage of the spiritual influence of this season of the year, as well as of the spiritual influence being released through the trine of Uranus and Neptune. The need is great!

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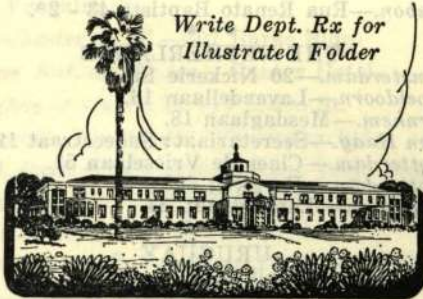
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WHY NOT HARNESS VIBRATIONS?

(Continued from page 500)

contact to the earth for the human machine. For several years I have been interested especially in noting my own reactions to various kinds of music, and when standing on a street listening to a band I can feel the vibrations of the music come from the earth through my feet and reverberate through my whole being. I have noted also that the vibrations of music can be felt from the floors of buildings wherein music is played. This causes me to wonder if humanity as a whole is not affected more than we realize by chaotic vibrations rebounding from the layer of electrified electrons to the earth—the earth being the *floor* of the globe, or egg, wherein we live.

Accepting this as a possibility, could we not then influence the people of the earth constructively, instead of destructively, through conscious use of radio vibrations? I believe we can since I believe that all things which can be used destructively can be used constructively. This would be done if men were but aware of the great possibility of destroying negative, chaotic, world-wide conditions by controlling sound vibrations sent out through mechanical means.

How could it be done? Could it not be done through the use of music with highly spiritual vibrations sent forth from a radio broadcasting station centrally placed?—the program to be picked up gradually by surrounding broadcasting stations until all broadcasting stations in this country would be carrying the same program.

This idea might be difficult to execute due to the fact that radio programs are commercialized, but if this could be brought about eventually would not most of the negative, chaotic conditions of the earth be eliminated? This would be merely using consciously the law of counteraction to the law of action to cure the ailments of the earth instead of those of individuals, as all cures of individuals are brought about in some way through

the recognition of the law of action and counteraction, whether they be effected by the medical doctor, the psychologist or the metaphysician. The recognition of the law of action and counteraction being, or so it seems to me, the common denominator of all three methods.

This may be considered by some as something of a dream or vision but I feel that some day, not far distant, something of this kind will be used, from a strictly scientific standpoint, and that man will eventually be able to govern the elements through harnessing vibrations and using them consciously, as he wills.

It is my belief that men highly trained scientifically in radio activity can work with sound effects and tones, which, when projected, will accomplish many things of great benefit to mankind, mentally, physically, spiritually. Man is now using this great force as thoughtlessly as a child using a dangerous toy.

Additional Dealers

(Continued from page 528)

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