

Time Converter for Class Times

Column A (Left) is the START times for classes given in Oceanside, California, USA, Summer Conference 2023.

Times ending in A are AM. Times ending in P are PM. To convert PM to 24 hour system, add 12.00 I.E. 02.30P +12.00 = 14:30

Find the class your are interested in attending via Zoom in the left column, scroll across on the same row and find your local time in the column corresponding to your time zone..

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O
1	UTC-7	UTC-10	UTC-9	UTC-8	UTC-6	UTC-5	UTC-4:30	UTC-4	UTC-3	UTC-2:30	UTC-2	UTC	UTC+1	UTC+2	UTC+3
2	PDT	HST	Aleutian Isls.	Alaska DT	MDT	CDT	Venezuela	EDT	ADT	NDT	FNT		BST	CEST	EEST/EAT
3	Class Time														
4	09.30A	06.30A	07.30A	08.30A	10.30A	11.30A	12.00P	12.30P	01.30P	02.00P	02.30P	04.30P	05.30P	06.30P	07.30P
5	10.45A	07.45A	08.45A	09.45A	11.45A	12.45P	02.45P	03.15P	02.45P	03.15P	03.45P	05.45P	06.45P	07.45P	08.45P
6	01.00P	10.00A	11.00A	12.00P	02.00P	03.00P	03.30P	04.00P	05.00P	05.30P	06.00P	08.00P	09.00P	10.00P	11.00P
7	01.15P	10.15A	11.15A	12.15P	02.15P	03.15P	03.45P	04.15P	05.15P	05.45P	06.15P	08.15P	09.15P	10.15P	11.15P
8	02.30P	11.30A	12.30P	01.30P	03.30P	04.30P	05.00P	05.30P	06.30P	07.00P	07.30P	09.30P	10.30P	11.30P	00.30A
9	06.00P	03.00P	04.00P	05.00P	07.00P	08.00P	08.30P	09.00P	10.00P	10.30P	11.00P	01.00A	02.00A	03.00A	04.00A
10	07.15P	04.15P	05.15P	06.15P	08.15P	09.15P	09.45P	10.15P	11.15P	11.45P	00.15A	02.15A	03.15A	03.15A	04.15A
11	07.30P	04.30P	05.30P	06.30P	08.30P	09.30P	10.00P	10.30P	11.30P	00.00A	00.30A	02.30A	03.30A	03.30A	04.30A
12															

Hawaii Standard Time (No Daylight time) UTC-10

Juneau, AK/Zona Noroeste/PST UTC-8

Mountain Daylight Time Zone/Zona Centro/CST/CT/HNC UTC-6

Eastern Daylight Time Zone UTC-4

Newfoundland Daylight Time UTC-2:30

Islands off coast of Brazil FNT UTC -2

Central European Summer Time/Central Africa Standard Time UTC +2

Aleutian Daylight Time UTC-9

Pacific Daylight Time/B/Zona Pacifico/MST (UTC-7)

Central Daylight Time Zone/Zona Sureste/EST/HNE/ET UTC-5

Atlantic Daylight Time Zone UTC-3

Central American countries should check their Daylight Time Zones.

British Summer Time/West Africa Standard Time UTC+1

Eastern European Summer Time/East Africa Time UTC +3

Zoom contact details are on the next page.

TRF Host is inviting you to a scheduled Zoom meeting.

Topic: TRF classes Zoom Meeting

Time: This is a recurring meeting Meet anytime

Join Zoom Meeting

<https://us06web.zoom.us/j/93716285297?pwd=dDEvSldqOHZ6MERKVzBHYW1NRTU2Zz09>

Meeting ID: 937 1628 5297

Passcode: 350205

One tap mobile

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Dial by your location

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- +1 669 444 9171 US
- +1 719 359 4580 US
- +1 720 707 2699 US (Denver)
- +1 253 205 0468 US
- +1 312 626 6799 US (Chicago)
- +1 360 209 5623 US
- +1 386 347 5053 US
- +1 507 473 4847 US
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Find your local number: <https://us06web.zoom.us/u/kpNb9UXTK>