

# Index

## ABBREVIATIONS

- Dji Djibouti
- Eri Eritrea
- Eth Ethiopia

## A

- Abba Garima (Eth) 143
- Abba Liqanos Monastery (Eth) 139
- Abba Pentalewon Monastery (Eth) 139
- Abba Yohanni (Eth) 150
- Abraham Atsbeha (Eth) 149
- Abuna Aregawi church (Eth) 145
- Abuna Gebre Mikael (Eth) 149
- Abuna Yemata Guh (Eth) 149, 7
- acacia honey 190

accommodation, *see also individual locations*

- Eritrea 355-6
- Ethiopia 254-4
- Internet resources 253

activities, *see also individual activities*

- Eritrea 356-7
- Ethiopia 254-5

Adadi Maryam (Eth) 170-1

Adaito (Eri) 350

Adare houses (Eth) 230, 231

Addis Ababa (Eth) 75-107, **76-7**, **80-3**

accommodation 91-4

- activities 90
- azmari beats* 102
- cafés 100-1
- clubbing 102
- drinking 100-2
- emergency services 78
- entertainment 102-3
- festivals 90-1
- food 94-100
- history 77
- Internet access 78-9
- itineraries 79
- medical services 79
- Piazza 77, **85**
- shopping 103-4
- sights 84-90
- tej beats* 101-2

- tourist offices 83
- tours 90
- travel to/from 104-5
- travel within 105-6

Addis Ababa Museum (Eth) 87

Addis Ababa Park (Eth) 89

Adel (Eri) 346-8

Adi Alauti Cave (Eri) 334

Adi Alauti Gorge (Eri) 334

Adi Arkay (Eth) 130

Adi Kesho (Eth) 149

Adi Keyh (Eri) 333

Adi Quala (Eri) 338

Adigrat (Eth) 145-7, **146**

Adulis (Eri) 349-50

Adwa (Eth) 143

Adwa, Battle of, *see* Battle of Adwa

Afar people (Eri) 301, 350

Afar people (Eth) 46, 219, 222

Africa Hall (Eth) 87-8

Africa Orientale Italiana 36

Africa Park (Eth) 89

Africa Pension (Eri) 314

*Africa: Past, Present and Future* 88

Agordat (Eri) 353

agriculture 42

AIDS 47

air travel

- air fares 272-4
- to/from Djibouti 289-90
- to/from Eritrea 364-5
- to/from Ethiopia 271-4
- within Eritrea 366
- within Ethiopia 276-7

airlines

- Djibouti 289-90
- Eritrea 365
- Ethiopia 271-2, 276-7

airports

- Djibouti 289
- Eritrea 365
- Ethiopia 271

Aksum (Eth) 131-43, **133**, **134**

Aksum, kingdom of 27-8, 293-5

alcohol

- doma* 351
- Eritrea 307
- Ethiopia 70, 263

Ali Sabieh (Dji) 289

Amba Metera (Eri) 335

Ambikwa (Eth) 130

Ambo (Eth) 237

Amhara people (Eth) 45-6, 110

amoebic dysentery 376

Amoora Gedel (Eth) 177

ancestor worship 51

animals 8, *see also individual animals*,

- national parks & reserves
- books 61
- endangered species 64, 305
- Eritrea 304-5
- Ethiopia 60-4
- itineraries 22, **22**

animism 51, 303

Ankober (Eth) 167

Anuak people (Eth) 247, 249, 250

*araki* 69

Arba Minch (Eth) 196-9, **197**

Arba Minch Crocodile Ranch

(Eth) 197-8

Arbatu Ensessa (Eth) 164

Arbore (Eth) 207-8

Arbore people (Eth) 207

Arborebu (Eri) 339

Archaeological Museum (Eth) 135-8

archaeological sites, *see* ruins

architecture, *see also* rock-hewn

- churches
- books 317
- Eritrea 304, 317, 7
- Ethiopia 56-7, 187
- Gonder 57
- rock-hewn 56-7

area codes, *see inside front cover*

Ari people (Eth) 206

Ark of the Covenant 50, 135

art galleries, *see* museums & galleries

Artisanal Centre (Eth) 141

arts, *see also individual arts*

- Eritrea 303-4
- Ethiopia 52-9

Asaita (Eth) 222-3

Asbe Tefari (Eth) 223

Ashawa market (Eth) 225

Ashetan Maryam (Eth) 164

Asma'addin Bari Market (Eth) 231

Asmara (Eri) 308-27, **311**, **313**

- accommodation 317-20
- cafés 323, 324
- children, travel with 317

- clubbing 325
- drinking 323-5
- emergency services 309
- entertainment 325
- food 320-3
- history 309
- Internet access 309-10
- itineraries 310
- medical services 310
- shopping 325-6
- sights 312-16
- tourist information 310-12
- travel to/from 326
- travel within 326-7
- walking tour 316-17, **316**

Asmara Piscina (Eri) 315

Asmara War Cemetery (Eri) 316

Asmara's synagogue (Eri) 315

Asni Gallery (Eth) 89

Assab (Eri) 351-3

ATMs

- Eritrea 360
- Ethiopia 263

Atsbi Cluster (Eth) 150

Awasa (Eth) 176-9, **177**

Awash (Eth) 219-20

Awash Arba (Eth) 220

Awash Gorge (Eth) 219

Awash Falls (Eth) 218

Awash National Park (Eth)

217-19, **218**

Axumait Handicraft Center (Eth) 141

*azmari* 53

*azmari beats* 53, 102

Azuwa Maryam (Eth) 117

## B

Babille (Eth) 233

baboons, gelada 61, 128, 8

Bahir Dar (Eth) 112-15, **113**

Bale Mountains National Park

(Eth) 181-90, **182**

bandits 251, 259, 358

Banna people (Eth) 206

Bar Impero (Eri) 314

Barentu (Eri) 353-4

bargaining

- Eritrea 362
- Ethiopia 265-6

bathrooms

- Eritrea 362-3
- Ethiopia 267-8

Bati (Eth) 167

Battle of Adwa 34, 143

- St Maryam museum (Eth) 237

Bayeta beach (Eri) 351

Bazen, King 139-40

beaches

- Djibouti 288, 289
- Eritrea 338-9, 343-4, 350-1
- Ethiopia 173

Bebeka Coffee Plantation (Eth) 242

Bedele (Eth) 240

Bedele beer factory (Eth) 240

begging 258

beisa oryx 218

Beraesoli (Eri) 351

*berbere* 68, 186

Beroch Wuha (Eth) 130

Beshanwaka (Eth) 241

Bet Abba Libanos (Eth) 160

Bet Amanuel (Eth) 160, 186

Bet Danaghel (Eth) 159

Bet Gabriel-Rufael (Eth) 159

Bet Giyorgis (Eth) 160

Bet Golgotha (Eth) 159

Bet Maryam (Eth) 157

Bet Medhane Alem (Eth) 157

Bet Merkorios (Eth) 159

Bet Meskel (Eth) 159

Bet Mikael (Eth) 159

Beta Giyorgis (Eth) 116

Beta Maryam (Eth) 116

Beta Maryam Mausoleum (Eth) 88-9

Beylul (Eri) 351

bicycle travel, *see* cycling

Bihere Tsige Recreation Centre

(Eth) 107

Bilbila Chirkos (Eth) 164

Bilbila Giyorgis (Eth) 164

Bilen people (Eri) 301, 328

bilharzia 375

birds

- books 61
- endangered species 64, 305
- Eritrea 63, 304-5
- Ethiopia 61, 62-4

bird-watching 254, 356

- Ankober (Eth) 167

Arba Minch (Eth) 196

Asaita (Eth) 222

Awasa (Eth) 177

Awash National Park (Eth) 217-18

Bale Mountains National Park

(Eth) 182

Filfil (Eri) 327

Gambela National Park (Eth) 251

Gefersa Reservoir (Eth) 237

itineraries 62

Kolcho (Eth) 210

Lake Abiata-Shala National Park

(Eth) 173-4

Lake Deepa (Eth) 210

Lake Kiroftu (Eth) 215

Lake Langano (Eth) 172

Lake Tana (Eth) 117

Lake Wenchi (Eth) 238

Lake Ziway (Eth) 171

Menagesha National Forest

(Eth) 237

Nechisar National Park (Eth) 200

Negele Borena (Eth) 192

Senkele Wildlife Sanctuary

(Eth) 176

Simien Mountains National Park

(Eth) 126-8

Tepi (Eth) 241

Wondo Genet (Eth) 175

Yabelo Wildlife Sanctuary

(Eth) 193-4

Birgida Maryam (Eth) 125

Black Lion Museum (Eth) 174-5

black market

Eritrea 360

Ethiopia 263-4

blankets, woollen 167

Blue Nile Falls (Eth) 118, **118**

Blue Nile Gorge (Eth) 111

Blue Nile outlet (Eth) 113, 117

boat travel

cruises 348

dhow 343

to/from Eritrea 366

within Eritrea 366

body decoration 208, 5

Bole International Airport (Eth) 271

travel to/from 105-6

Bole Medhane Alem Cathedral

(Eth) 89

Bonga (Eth) 243

books, *see also* literature

animals 61

architecture 317

birds 61

health 370-1

history 31, 34, 35, 256-7

photography 16

religion 29

travel 257

border crossings

Eritrea-Djibouti 290, 352, 365-6

Eritrea-Sudan 355, 366

Ethiopia-Djibouti 274, 290

Ethiopia-Eritrea 274-5, 352, 366

Ethiopia-Kenya 275

border crossings *continued*  
Ethiopia-Somaliland 275  
Ethiopia-Sudan 275-6  
border issues 25, 41, 299  
Borena people (Eth) 194  
bowling 314  
break-bone fever 372  
British in Eritrea 296-7  
British in Ethiopia 32-3, 37  
Bruce, James 117  
Bumi people (Eth) 206, 210  
Burchell's zebras 61, 8  
Buri Peninsula (Eri) 350  
bus travel  
to/from Djibouti 290  
within Eritrea 366-7  
within Ethiopia 277-9  
business hours  
Eritrea 357  
Ethiopia 257  
Busso (Eth) 202  
Buyit Ras (Eth) 129

**C**  
camel trekking 357  
camping  
Eritrea 355  
Ethiopia 252-3  
Capitol Cinema (Eri) 315  
car travel, *see also* border crossings  
driving licences 279, 367  
hazards 280-1  
rental 279-80, 367-8  
road rules 281  
within Eritrea 367-8  
within Ethiopia 279-81  
*carambola* 48  
cash  
Eritrea 360-1  
Ethiopia 264  
cathedrals, *see* churches & cathedrals  
Catholic cathedral (Eri) 312-13  
caves  
Adi Alauti Cave (Eri) 334  
Bonga (Eth) 243  
Jimma (Eth) 244  
Mesket Escarpment (Eth) 163  
Sof Omar Caves (Eth) 191, 6  
Tekla Haimanot's cave (Eth) 111

000 Map pages  
000 Photograph pages

cell phones  
Eritrea 362  
Ethiopia 267  
central market (Eri) 314  
ceremonies, *see also* festivals, sporting events  
coffee ceremony 70  
*evangadi* 208  
Jumping of the Bulls Ceremony 208  
*chat* 228, 263  
Chencha (Eth) 200-1  
Chenek (Eth) 129-30  
Cherkos (Eth) 238  
Chew Bahir (Eth) 208  
children, travel with  
Eritrea 317, 357  
Chirkos (Eth) 150  
cholera 371-2  
Christianity *see also* holy sites  
Eritrea 295, 302-3  
Ethiopia 28, 42, 50  
festivals 70, 261-2  
Muslim-Christian wars 30  
Church of Abuna Aftse (Eth) 144  
Church of Debre Sina (Eth) 125  
churches & cathedrals  
Abuna Aregawi church (Eth) 145  
Arbatu Ensessa (Eth) 164  
Bilbila Chirkos (Eth) 164  
Bilbila Giyorgis (Eth) 164  
Bole Medhane Alem Cathedral (Eth) 89  
Catholic cathedral (Eri) 312-13  
Church of Abuna Aftse (Eth) 144  
Church of Debre Sina (Eth) 125  
Debre Berhan Selassie Church (Eth) 122, 185  
Enda Mariam Orthodox Cathedral (Eri) 315, 188  
Entoto Maryam Church (Eth) 106, 185  
Geneta Maryam (Eth) 164  
Greek Orthodox Church (Eri) 315  
Holy Trinity Cathedral (Eth) 86  
Kiddus Raguel Church (Eth) 107  
Machina Maryam (Eth) 164-7  
Medhane Alem Cathedral (Eth) 229  
Na'akuto La'ab (Eth) 164  
Portuguese Cathedral (Eth) 125  
Saint Gabriel (Eth) 225  
St George Cathedral (Eth) 86  
St Mary Catholic Church (Eth) 230  
St Mary of Zion Churches (Eth) 135  
St Maryam Church (Eth) 237

Wusha Mikael Church (Eth) 107  
Yemrehanna Kristos (Eth) 163-4  
cinema 59  
Cinema Impero (Eri) 313-14  
Cinema Roma (Eri) 315  
city park (Eri) 315  
climate  
eastern Ethiopia 213  
Eritrea 14, 357-8  
Ethiopia 14, 257  
northern Ethiopia 109  
southern Ethiopia 169  
western Ethiopia 236  
coffee 69-70, 243, 307, 187  
coffee ceremony 70  
coffee plantations  
Bebeka Coffee Plantation (Eth) 242  
Tepi (Eth) 241  
coins, Aksumite 138  
Colobus monkeys 189, 237  
conflict, Ethiopia-Eritrea 38-9, 41, 299  
conservation 67, 306  
consulates  
Eritrea 358-9  
Ethiopia 260-1  
Coptic calendar 268  
costs  
accommodation 252, 356  
bus travel 278  
car travel 279, 367  
Eritrea 15-16  
Ethiopia 14-15  
cotton, woven 200  
courses 90, 257  
crafts 58-9  
Artisanal Centre (Eth) 141  
Axumait Handicraft Center (Eth) 141  
Handicraft Museum (Eth) 230  
Harari National Cultural Centre (Eth) 230  
Crane Lakes (Eth) 184  
credit cards  
Eritrea 361  
Ethiopia 264  
crocodile market (Eth) 196  
crocodiles 196, 197-8  
crow, Stresemann's bush 194  
cruises 348  
Cuban Lakes (Eth) 215  
culture  
Eritrea 299-304  
Ethiopia 42-59

customs  
Eritrea 300, 301, 308  
Ethiopia 43-4, 44, 71-2  
food 71-2, 308  
customs regulations  
Eritrea 358  
Ethiopia 258  
cycling  
within Eritrea 366, 367  
within Ethiopia 277

**D**  
Dahlak Islands (Eri) 346-9, **347**  
Dahlak Kebir (Eri) 346-7  
Dalloh (Eth) 154  
Danakil Depression (Eth) 154-5, 6  
dance  
Eritrea 303  
Ethiopia 54-5  
dangers  
Eritrea 358  
Ethiopia 258-60  
Daniel Korkor (Eth) 149  
Dankalia (Eri) 350-3  
Death of the Sixty 38  
Debark (Eth) 130  
Debre Berhan (Eth) 167  
Debre Berhan Selassie Church (Eth) 122, 185  
Debre Bizen Monastery (Eri) 327-8  
Debre Damo (Eth) 144-5  
Debre Libanos (Eth) 110-11  
Debre Maryam (Eth) 116  
Debre Selam (Eth) 150  
Debre Sina monastery (Eri) 330  
Debre Tsion (Eth) 171  
Debre Tsion Abraham (Eth) 149  
Debre Zeyit (Eth) 214-16, **214**  
deep vein thrombosis 371  
deforestation  
Eritrea 306  
Ethiopia 67  
Dega Estefanos (Eth) 116  
Dekemhare (Eri) 332  
Dembidolo (Eth) 251  
demonstrations 41, 258-9  
Den Den (Eri) 331  
Dengel, Emperor Lebna 30  
dengue fever 372  
departure tax  
Djibouti 290  
Eritrea 365, 366  
Ethiopia 272  
Derg Monument (Eth) 87  
Derg, the 38-9

Dessie (Eth) 165-6, **165**  
dhows 343  
diarrhoea 375-6  
Didesa Wildlife Sanctuary (Eth) 240  
digital photography 265  
Dikhil (Dji) 288  
Dila (Eth) 192-3  
Dimeka (Eth) 209-10  
Dire Dawa (Eth) 223-6, **224**  
Dire Dawa Market (Eth) 225  
disabilities, travellers with  
Eritrea 363  
Ethiopia 268-9  
Dissei (Eri) 347  
diving 348, 356-7  
Asmara (Eri) 341-3  
Dahlak Islands (Eri) 341-3, 347-8  
Djibouti 284-90, **286**  
border crossings 274  
sights 288  
travel to/from 274, 289-90  
travel within 290  
visas 269, 287  
Djibouti City (Dji) 285-8  
Dodola (Eth) 179-81, **180**  
Dola-Mena (Eth) 192  
*doma* 351  
Dongollo (Eri) 339  
Dorze (Eth) 200-1  
Dorze huts 201  
drinks  
Eritrea 307-8  
Ethiopia 69-70  
driving, *see* car travel  
driving licences  
Eritrea 367  
Ethiopia 279  
drugs  
illegal 263, 360  
legal 369-71  
Dugem Selassie (Eth) 149  
*dula* 110  
Dungur (Eth) 140  
Dus (Eth) 210

**E**  
eastern Ethiopia 212-34, **213**  
economy  
Eritrea 293, 299-300  
Ethiopia 25, 42  
ecotourism 67, 163, 306  
Edi (Eri) 350-1  
Egyptian Tomb (Eri) 334  
El Sod (Eth) 194  
elections 25, 40  
electricity  
Djibouti 285  
Eritrea 356  
Ethiopia 252  
email services  
Eritrea 360  
Ethiopia 262-3  
embassies  
Eritrea 358-9  
Ethiopia 260-1  
Emberemi (Eri) 346  
emergencies, *see inside front cover*  
Emir Nur's Tomb (Eth) 231  
Emperor Susenyos' palace (Eth) 125  
emperors  
Dengel, Lebna 30  
lyasu 34-5  
Menelik 33-4  
Menelik II 143  
Selassie, Haile 35, 39, 230  
Susenyos 125  
Tewodros 32-3  
Yohannes 33  
Enda Mariam Orthodox Cathedral (Eri) 315, 188  
endangered species 64, 305  
engravings, rock 193  
Entoto Maryam Church (Eth) 106, **185**  
Entoto Maryam Museum (Eth) 106  
Entoto Mountains (Eth) 106-7  
Entoto Natural Park (Eth) 106-7  
environmental issues  
Eritrea 306  
Ethiopia 67  
EPLF 39, 297-8, 330-1  
EPRDF 25, 39-41  
Eritrea 291-368, **294**  
Asmara 308-27, **311, 313**  
itineraries 13, 19, 21, **13, 19, 21**  
northern Eritrea 328-31  
southern Eritrea 331-8  
travel to/from 364-6  
travel within 366-8  
western Eritrea 353-5  
Eritrean People's Liberation Front (EPLF) 39, 297-8, 330-1  
Ethiopia 23-283, **24**  
Addis Ababa 75-107  
eastern Ethiopia 212-34, **213**  
itineraries 12, 18, 20, **12, 18, 20**  
northern Ethiopia 108-67, **109**  
southern Ethiopia 168-211, **169**  
travel to/from 271-6

Ethiopia *continued*  
 travel within 276-83  
 western Ethiopia 235-51, **236**

Ethiopia Park (Eth) 89

Ethiopia-Eritrea conflict 38-9, 41, 299

Ethiopia-Eritrea War 39-40, 331

Ethiopian Middle Ages 29

Ethiopian People's Revolutionary Democratic Front (EPRDF) 25, 39-41

Ethiopian wolf 127, 184

ethnicity  
 Eritrea 302  
 Ethiopia 48

Ethnological Museum (Eth) 84-5

*evangadi* 208

exchange rates, *see inside front cover*

Ezana, King 136-7, 139, 140

Ezana Park (Eth) 140

**F**

Falashaim 51  
 Wolleka (Eth) 123

famine 37-9, 42

Fantale Crater (Eth) 219

*faranji frenzy* 259

Fasika 261

Fasiladas' Bath (Eth) 122

Fasiladas' Palace (Eth) 121

fauna, *see animals, birds, marine life*

fax services 362

Festival of Maryam Zion 141, 261

Festival of Sacrifice 261

festivals 16, 70  
 Eritrea 359  
 Ethiopia 261-2

Fiat Tagliero Building (Eri) 315

Fiche (Eth) 111

fighter's salute 301

figs, sycamore 333

filaria 372

Filfil (Eri) 327

Filwoha Hot Springs (Eth) 219

Finch' Abera Waterfall (Eth) 184

firewood carriers 104

fishing  
 Awasa (Eth) 177  
 Dahlak Islands (Eri) 347  
 Eritrea 343  
 Ethiopia 254  
 Massawa (Eri) 343

flora, *see plants*

folk literature 55, 56

food  
 customs 71-2, 308  
 Eritrea 306-7, 359  
 Ethiopia 68-9, 262  
 vegetarian travellers 71, 308  
 vocabulary 72-4

football 47

former Governor's Palace (Eri) 312

Foro (Eri) 349

forts  
 Adigrat (Eth) 145  
 Gambela (Eth) 248  
 Keren (Eri) 329  
 Mega (Eth) 194  
 Segheneyti (Eri) 332  
 Tigu (Eri) 329

Forty Springs (Eth) 196-7

frogs 60

fuel  
 Eritrea 367-8  
 Ethiopia 279

**G**

Galeb people (Eth) 209

galleries, *see museums & galleries*

Gambela (Eth) 247-50, **249**

Gambela National Park (Eth) 250-1

Garba Guracha Lake (Eth) 184

gardens, *see parks & gardens*

*garis* 281

gay travellers  
 Eritrea 262  
 Ethiopia 359

Ge'ez 27, 29, 55-6

Gebriel Wukien (Eth) 150

Geech Camp (Eth) 129

Gefersa Reservoir (Eth) 237

gelada baboons 61, 128, 8

Geneta Maryam (Eth) 164

genital mutilation, female 51

*genna* 48

geography & geology  
 Bale Mountains National Park (Eth) 181  
 Eritrea 304  
 Ethiopia 60  
 Simien Mountains National Park (Eth) 126

geology, *see geography & geology*

Gesergio (Eth) 202

Gewane (Eth) 220

Gheralta cluster (Eth) 148-9

Ghinda (Eri) 339

giardiasis 376

Gidir Magala (Eth) 230, 7

Gilgel Gibe Dam (Eth) 247

Goba (Eth) 190-1, **190**

golf 90

Gonder (Eth) 118-25, **120, 121**  
 architecture 57  
 history 31-2

Good Friday 261

gorges  
 Adi Alauti Gorge (Eri) 334  
 Awash Gorge (Eth) 219  
 Blue Nile Gorge (Eth) 111  
 Muger River Gorge (Eth) 110  
 Web Gorge (Eth) 189

Gorgora (Eth) 125

government  
 Eritrea 299, 302  
 Ethiopia 40-1, 44

Grat Beal Gebri (Eth) 144

Graziani, Viceroy 36-7, 111

Great Canyon (Eri) 334

Great Ethiopian Run 90-1

Great Mosque (Eri) 314-15, **188**

Great Stele (Eth) 137

Greek Orthodox Church (Eri) 315

Guder Falls (Eth) 238

Gudit Stelae Field (Eth) 137

Guge Mountains (Eth) 200-1

*gugs* 48

guides 259, 260

Gulf of Zula (Eri) 350

Garage people (Eth) 46-7, 247

**H**

Haaz (Eri) 335-6

hairstyles 45

Hamer people (Eth) 206, 208, 209, **23**

Handicraft Museum (Eth) 230

Harar (Eth) 226-33, **227, 7**

Harari National Cultural Centre (Eth) 230

Harari people (Eth) 47

Harennna Forest (Eth) 192

Hayk (Eth) 166

Haylu, Kassa 32-3

health 369-77  
 books 370-1  
 diseases 371-5  
 insurance 369-70  
 medical services 371  
 vaccinations 370  
 websites 369, 370

heat exhaustion 376

heatstroke 376

Hedareb people (Eri) 301

hepatitis 372

hiking, *see trekking*

historical circuit (Eth) 110-67  
 itineraries 18, **18**

history  
 books 31, 34, 35, 256-7  
 Eritrea 293-9  
 Ethiopia 26-41

hitching  
 Djibouti 290  
 Eritrea 368  
 Ethiopia 281

HIV 372

holidays  
 Eritrea 359-60  
 Ethiopia 261-2

holy sites, *see also churches & cathedrals, monasteries*  
 Debre Damo (Eth) 144-5  
 Debre Libanos (Eth) 110-11  
 Lalibela (Eth) 155-63, **158**  
 Negash (Eth) 147  
 Sheikh Hussein (Eth) 191-2

Holy Trinity Cathedral (Eth) 86

honey 190, 206-7, 242, 307, *see also tej*

horse-trekking 179-81

hot springs  
 Addis Ababa (Eth) 90  
 Ambo (Eth) 237  
 Bonga (Eth) 243  
 Filwoha Hot Springs (Eth) 219  
 Jimma (Eth) 244  
 Lake Abiata-Shala National Park (Eth) 173  
 Lake Shala (Eth) 173  
 Lake Ziway (Eth) 171  
 Mt Wenchi (Eth) 238  
 Weliso (Eth) 247  
 Wondo Genet (Eth) 175

hotels  
 Eritrea 355-6  
 Ethiopia 253-4

House of Salt (Eth) 194

Huluka Falls (Eth) 238

hyenas 231

**I**

Ibn Ibrahim al Ghazi, Ahmed 30

illuminated manuscripts 59  
 Abba Pentalewon Monastery (Eth) 139  
 Debre Damo (Eth) 145  
 Imet Gogo (Eth) 129, **186**

Imperial Palace (Eri) 341, **188**

independence, Eritrea 298

independence, Ethiopia 37

*injera* 68

inscriptions, King Ezana (Eth) 139

insect bites 376-7

insurance  
 health 369-70  
 travel 262, 360  
 vehicle 280

Internet access  
 Eritrea 360  
 Ethiopia 262-3

Internet resources 17  
 accommodation 253  
 Addis Ababa (Eth) 79  
 air tickets 272-4  
 health 369, 370

Irafayle (Eri) 350

Irga Building (Eri) 316, 7

Irta'ale (Eth) 154

*iskista* 54

Islam, *see also holy sites, mosques*  
 Eritrea 295, 303  
 Ethiopia 28, 50  
 festivals 70  
 holidays 261  
 Muslim-Christian wars 30

Islamic New Year 261

Italians in Eritrea 34, 296, 297

Italians in Ethiopia 33, 34-7, 111, 143, 297

Yekatit 12 Monument (Eth) 87

itineraries  
 Addis Ababa (Eth) 79  
 Asmara (Eri) 310  
 bird-watching 62  
 Eritrea 13, 19, 21, **13, 19, 21**  
 Ethiopia 12, 18, 20, 12, **18, 20**  
 historical circuit (Eth) 18, **18**  
 monasteries 22, **22**  
 wildlife 22, **22**

Iyasu, Emperor 34-5

**J**

Jamia Mosque (Eth) 230

Jesuits 31

Jijiga (Eth) 234

*jile* 222

Jimma (Eth) 243-6, **245**

Jimma Museum (Eth) 244

Jinka (Eth) 202-4

Jumping of the Bulls Ceremony 208

**K**

Kafira Market (Eth) 224-5

Kaleb, King 138

Kanga (Eth) 210

Karo people (Eth) 207, 210

kayaking 255

*Kebrā Negast* 56

Kebran Gabriel (Eth) 116

Kenya 194-5  
 border crossings 275  
 visas 269

Keren (Eri) 328-30

Kereyu people (Eth) 219

Key Afar (Eth) 210

Kiddus Raquel Church (Eth) 107

Kiddus Yohannes 261

King Bazen's Tomb (Eth) 139-40

King Ezana's Inscription (Eth) 139

King Ezana's Stele (Eth) 136-7

kingdom of Aksum 27-8, 293-5

kingdoms  
 Bazen 139-40  
 Ezana 136-7, 139, 140  
 Kaleb 138  
 Meskel, Gebre 138

*kitfo* 69

*kitfo beats* 71

Koka Dam (Eth) 170

Kolcho (Eth) 210

Kombolcha (Eth) 166-7

Konso (Eth) 201-2

Konso people (Eth) 201-3

Konso-Gardula Project (Eth) 202

Korbete Metia (Eth) 129

Kulafah Al Rashidin (Eri) 314-15, **188**

Kulubi (Eth) 225

Kulubi Gabriel 262

Kunama people (Eri) 301-2

Kuskuam (Eth) 122-3

**L**

Lake Abaya (Eth) 196

Lake Abiata-Shala National Park (Eth) 173-4, **173**

Lake Afera (Eth) 154

Lake Awasa (Eth) 177

Lake Badda (Eri) 350

Lake Bishoftu (Eth) 214

Lake Bishoftu Guda (Eth) 215

Lake Chamo (Eth) 196

Lake Chitu (Eth) 173-4

Lake Deepa (Eth) 210

Lake Hora (Eth) 214-15

Lake Kiroftu (Eth) 215

Lake Langano (Eth) 172-3

Lake Tana (Eth) 115-18, **116**  
 Lake Wenchi (Eth) 238  
 Lake Ziway (Eth) 171-2  
 lakes, *see also* Lake  
   Asaita salt lakes (Eth) 222  
   Beshanwaka (Eth) 241  
   Chew Bahir (Eth) 208  
   Crane Lakes (Eth) 184  
   Cuban Lakes (Eth) 215  
   Garba Guracha Lake (Eth) 184  
 Lalibela (Eth) 155-63, **158**  
 land mines  
   Ethiopia 195, 259  
   Eritrea 358, 359  
 Land of Punt 26, 296  
 language 378-84  
   Ge'ez 27, 29, 55-6  
   food vocabulary 72-4  
 Leddet 261  
 legal matters  
   Eritrea 360  
   Ethiopia 263  
 leishmaniasis 372  
 leptospirosis 373  
 lesbian travellers  
   Eritrea 262  
   Ethiopia 359  
 Lion of Judah Monument (Eth) 89  
 Lioness of Gobedra (Eth) 140  
 lip plates 207, 5  
 literature 16-17, *see also* books, oral  
   literature  
     Eritrea 303-4  
     Ethiopia 55-6  
 Logiya (Eth) 221  
 Lower Omo Valley (Eth) 204-11, **205**  
 Lower Omo Valley people (Eth) 206-7,  
   **205**, 5  
 Lucy 26, 86

**M**

*macchiatos* 70, 307  
 Machekie (Eth) 202  
 Machina Maryam (Eth) 164-7  
 Madonna of the Baobab (Eri) 329  
 Mago National Park (Eth) 210-11  
 Mai Khah Khah fountain (Eri) 314  
 malaria 373-4  
 Manchiti rock engravings  
   (Eth) 193  
 map legend 404

000 Map pages  
 000 Photograph pages

maps  
   Eritrea 360  
   Ethiopia 78, 127, 183, 263  
 Maqadala (Eth) 166  
 Mariam, Colonel Mengistu Haile  
   38, 39  
 marine life 305  
 markets  
   Addis Ababa (Eth) 87  
   Agordat (Eri) 353  
   Asmara (Eri) 314  
   Awash (Eth) 219  
   Bahir Dar (Eth) 112-13  
   Barentu (Eri) 354  
   Bati (Eth) 167  
   Chencha (Eth) 200-1  
   Dimeka (Eth) 209  
   Dire Dawa (Eth) 224-5  
   Dorze (Eth) 200-1  
   Gambela (Eth) 249  
   Harar (Eth) 231-2, 7  
   Jijiga (Eth) 234  
   Jinka (Eth) 203  
   Keren (Eri) 329  
   Key Afar (Eth) 210  
   Konso (Eth) 201  
   Massawa (Eri) 341  
   Medebar Market (Eri) 314  
   Mekele (Eth) 151, **186**  
   Metu (Eth) 240  
   Nekemte (Eth) 239  
   Omo Valley (Eth) 209  
   Senafe (Eri) 335  
   Turmi (Eth) 208  
 Marsa Fatma (Eri) 350  
 Martyrs' Memorial Monument  
   (Eth) 151  
 Martyrs' Memorial Museum (Eth) 151  
 Maryam Korkor (Eth) 149  
 massage 90  
 Massawa (Eri) 339-46, **342**, **187**  
 Massawa Island (Eri) 340-1  
 Mawcha, Nefas 135, 137  
 measures  
   Djibouti 285  
   Eritrea 356  
   Ethiopia 252  
 Medebar Market (Eri) 314  
 Medhane Alem Cathedral (Eth) 229  
 Medhane Alem Kesho (Eth) 149  
 media censorship  
   Eritrea 302  
   Ethiopia 48  
 medical services 371, *see also* health  
 Mekele (Eth) 151-4, **152**

Mekina Girgir (Eth) 230  
 Melka Kunture Prehistoric Site  
   (Eth) 170  
 Menagesha National Forest (Eth) 237  
 Mendabale Medhane Alem (Eth) 125  
 Mendefera (Eri) 337-8  
 Menelik II, Emperor 143  
 Menelik, Emperor 33-4  
 Menelik Imperial Palace (Eth) 89-90  
 Mengistu Haile Mariam 38, 39  
 meningococcal meningitis 374  
 Mentewab, Empress 122-3  
 Merkato (Eth) 87  
 Meskel 261, **187**  
 Meskel, King Gebre 138  
 Mesket Escarpment (Eth) 163  
 Metera (Eri) 336-7  
 metric conversions, *see inside front  
 cover*  
 Metu (Eth) 240-1  
 Mikael Barka (Eth) 150  
 Mikael Imba (Eth) 150  
 Mikael Milhaizengi (Eth) 149  
 Mille (Eth) 221  
 mineral springs, *see also* hot springs  
   Bale Mountains (Eth) 184  
   Forty Springs (Eth) 196-7  
   Sabarguma (Eri) 339  
 mineral water 237  
 minibuses 281  
 Ministry of Education (Eri) 312  
 Mitsel Fasiladas (Eth) 116  
 Mizan Tefari (Eth) 242  
 mobbing 259  
 mobile phones  
   Eritrea 362  
   Ethiopia 267  
 molerats 184  
 monasteries, *see also* churches &  
   cathedrals, rock-hewn churches  
   Abba Garima monastery (Eth) 143  
   Abba Liganos Monastery (Eth) 139  
   Abba Pentalewon Monastery  
     (Eth) 139  
   Ashetan Maryam (Eth) 164  
   Azuwa Maryam (Eth) 117  
   Beta Giorgis (Eth) 116  
   Beta Maryam (Eth) 116  
   Birgida Maryam (Eth) 125  
   Cherkos (Eth) 238  
   Debre Bizen Monastery (Eri) 327-8  
   Debre Damo (Eth) 144-5  
   Debre Libanos (Eth) 110-11  
   Debre Maryam (Eth) 116  
   Debre Sina (Eri) 330

monasteries *continued*  
 Debre TSION (Eth) 171  
 Dega Estefanos (Eth) 116  
 Hayk monastery (Eth) 166  
 itineraries 22, **22**  
 Kebran Gabriel (Eth) 116  
 Lake Tana (Eth) 115-17, **116**  
 Mendabale Medhane Alem  
   (Eth) 125  
 Mitsel Fasiladas (Eth) 116  
 Monastery of Debre Libanos (Eri)  
   335-6  
 Monastery of Mt Zuqualla Maryam  
   (Eth) 216  
 Narga Selassie (Eth) 116  
 Tana Cherkos (Eth) 116  
 Ura Kidane Meret (Eth) 116  
 Monastery of Debre Libanos (Eri)  
   335-6  
 Monastery of Mt Zuqualla Maryam  
   (Eth) 216  
 money, *see also inside front cover*  
   Eritrea 15-16, 360-1  
   Ethiopia 14-15, 263-5  
 monkeys, Colobus 189, 237  
 monuments  
   Derg Monument (Eth) 87  
   Lion of Judah Monument (Eth) 89  
   Martyrs' Memorial Monument  
     (Eth) 151  
   Sandals (Eri) 315  
   Yekatit 12 Monument (Eth) 87  
 mosques  
   Agordat (Eri) 353  
   Great Mosque (Eri) 314-15, **188**  
   Jamia Mosque (Eth) 230  
   Kulafah Al Rashidin (Eri) 314-15,  
     **188**  
   Nakfa mosque (Eri) 331  
   Shaafi Mosque (Eri) 340  
   Sheikh Hanafi Mosque (Eri) 341  
   Sheikh Hussein (Eth) 191  
 motorcycle travel, *see also* border  
   crossings  
   hazards 280-1  
   road rules 281  
   within Eritrea 367-8  
   within Ethiopia 279-81  
 Mt Ambasoira (Eri) 334  
 Mt Batu (Eth) 184  
 Mt Bwahit (Eth) 129-30  
 Mt Menagesha (Eth) 237  
 Mt Wenchi (Eth) 238  
 Mt Wuchacha (Eth) 237  
 Mt Zuqualla (Eth) 216

mountains  
   Bale Mountains (Eth) 181-90, **182**  
   Den Den (Eri) 331  
   Entoto Mountains (Eth) 106-7  
   Guge Mountains (Eth) 200-1  
   Mt Ambasoira (Eri) 334  
   Mt Batu (Eth) 184  
   Mt Bwahit (Eth) 129-30  
   Mt Menagesha (Eth) 237  
   Mt Wenchi (Eth) 237  
   Mt Wuchacha (Eth) 237  
   Mt Zuqualla (Eth) 216  
   Simien Mountains (Eth) 125-31,  
     **126-7**  
 Moyale (Eth) 194-5  
 Muger River Gorge (Eth) 110  
 Municipality building (Eri) 314  
 Mursi people (Eth) 207, 210, 5  
 museums & galleries  
   Addis Ababa Museum (Eth) 87  
   Archaeological Museum (Eth) 135-8  
   Asni Gallery (Eth) 89  
   Black Lion Museum (Eth) 174-5  
   Entoto Maryam Museum (Eth) 106  
   Ethnological Museum (Eth) 84-5  
   Handicraft Museum (Eth) 230  
   Jimma Museum (Eth) 244  
   Martyrs' Memorial Museum  
     (Eth) 151  
   National Museum (Eri) 315  
   National Museum (Eth) 85-6  
   National Postal Museum (Eth) 88  
   Natural History Museum (Eth) 87  
   Rimbaud's House (Eth) 229-30  
   St George Museum (Eth) 86-7  
   St Maryam museum (Eth) 237  
   South-Omo Museum & Research  
     Centre (Eth) 203  
   Villa Alpha (Eth) 89  
   Wolega Museum (Eth) 239  
   Yohannes IV museum (Eth) 151  
 music  
   Eritrea 303  
   Ethiopia 52-4  
 Muslim-Christian wars 30  
 Mussolini 36

**N**

Na'akuto La 'ab (Eth) 164  
 Nakfa (Eri) 330-1  
 Nakfa mosque (Eri) 331  
 names 43  
 Nara people (Eri) 302  
 Narga Selassie (Eth) 116  
 National Museum (Eri) 315

National Museum (Eth) 85-6  
 national parks  
   Awash National Park (Eth) 217-19,  
     **218**  
   Bale Mountains National Park (Eth)  
     181-90, **182**  
   Bihere Tsige Recreation Centre  
     (Eth) 107  
   Didesa Wildlife Sanctuary (Eth) 240  
   Entoto Natural Park (Eth) 106-7  
   Eritrea 306  
   Ethiopia 65-7  
   Gambela National Park (Eth) 250-1  
   Lake Abiata-Shala National Park  
     (Eth) 173-4, **173**  
   Mago National Park (Eth) 210-11  
   Menagesha National Forest  
     (Eth) 237  
   Nechisar National Park (Eth) 199-  
     200, **199**, 8  
   Omo National Park (Eth) 211  
   Senkele Wildlife Sanctuary  
     (Eth) 176  
   Simien Mountains National Park  
     (Eth) 125-31, **126-7**  
   Yabelo Wildlife Sanctuary (Eth)  
     193-4  
   Yangudi-Rassa National Park  
     (Eth) 221  
 National Postal Museum (Eth) 88  
 Natural History Museum (Eth) 87  
 Nazret (Eth) 216-17  
 Nechisar National Park (Eth) 199-  
   200, **199**  
 Nefasit (Eri) 339  
 Negash (Eth) 147  
 Negele Borena (Eth) 192  
 Nekemte (Eth) 239-40, **239**  
 newspapers  
   Djibouti 285  
   Eritrea 302, 356  
   Ethiopia 48, 79, 252  
 northern Eritrea 328-31  
 northern Ethiopia 108-67, **109**  
 Northern Stelae Field (Eth) 134,  
   136-7, **134**  
 Nuer people (Eth) 247, 249, 250

**O**

Obock (Dji) 289  
 Odeon Cinema (Eri) 314  
 Omo National Park (Eth) 211  
 Omo River (Eth) 209  
 Omorate (Eth) 209  
 Omotic people (Eth) 200

onchocerciasis 374  
 Opera House (Eri) 312  
 oral literature 55, 303  
 Oromo Market (Eth) 232  
 Oromo people (Eth) 30-1, 45, 193, 239, 223  
 Oromo tombs (Eth) 170  
 ostriches 61, 8  
 outlet of the Blue Nile (Eth) 113, 117

**P**

painting  
 Eritrea 304  
 Ethiopia 57-8  
 Palace of Abba Jiffar (Eth) 244  
 Palace of Haile Selassie (Eth) 113  
 Palace of Iyasu I (Eth) 121  
 palaces, *see also* Palace  
 Agordat (Eri) 353  
 Emperor Susenyos' Palace (Eth) 125  
 Fasiladas' Palace (Eth) 121  
 Imperial Palace (Eri) 341, 188  
 Menelik Imperial Palace (Eth) 89-90  
 Queen of Sheba's Palace (Eth) 140  
 Ras Mikael Sehul's Palace (Eth) 123  
 Ta'akha Maryam (Eth) 140  
 parks & gardens  
 Addis Ababa Park (Eth) 89  
 Africa Park (Eth) 89  
 Asmara city park (Eri) 315  
 Ethiopia Park (Eth) 89  
 Ezana Park (Eth) 140  
 Teltele Park (Eth) 238

*passaggiata* 320

passports

Djibouti 289  
 Eritrea 364  
 Ethiopia 271  
 peoples 45-7, 206-7, 300-2, 205, 291

Afar people (Eri) 301, 350  
 Afar people (Eth) 46, 219, 222  
 Amhara people (Eth) 45-6, 110  
 Anuak people (Eth) 247, 249, 250  
 Arbore people (Eth) 207  
 Ari people (Eth) 206  
 Banna people (Eth) 206  
 Bilen people (Eri) 301, 328  
 Borena people (Eth) 194  
 Bumi people (Eth) 206, 210  
 Galeb people (Eth) 209  
 Gurage people (Eth) 46-7, 247

000 Map pages  
 000 Photograph pages

Hamer people (Eth) 206, 208, 209, 23  
 Harari people (Eth) 47  
 Hedareb people (Eri) 301  
 Karo people (Eth) 207, 210  
 Kereyu people (Eth) 219  
 Konso people (Eth) 201-3  
 Kunama people (Eri) 301-2  
 Lower Omo Valley people (Eth) 206-7, 205, 5  
 Mursi people (Eth) 207, 210, 5  
 Nara people (Eri) 302  
 Nuer people (Eth) 247, 249, 250  
 Omotic people (Eth) 200  
 Oromo people (Eth) 30-1, 45, 193, 239, 223

Rashaida people (Eri) 302-3, 346  
 Saho people (Eri) 300-1, 334  
 Sidama people (Eth) 46  
 Somali people (Eth) 46  
 Surma people (Eth) 207  
 Tigrayan people (Eth) 46  
 Tigré people (Eri) 300  
 Tigrinya people (Eri) 300  
 Tsemay people (Eth) 205-6

permits, travel 312, 363  
 Petros & Paulos (Eth) 150

photography

books 16  
 digital 265  
 Eritrea 361  
 Ethiopia 265  
 restrictions 361  
 tips 361, 266

Piazza (Eth) 77, 85  
 planning 14-17, *see also*  
 itineraries

plantations, coffee 241, 242  
 plants

Eritrea 305  
 Ethiopia 64-5  
 poetry 56  
 poliomyelitis 374  
 politics  
 Eritrea 293, 299  
 Ethiopia 25, 40-1

population

Eritrea 295, 300-2  
 Ethiopia 25, 45-7  
 Portuguese Cathedral (Eth) 125  
 postal services  
 Eritrea 362  
 Ethiopia 265  
 Prophet's Ascension 261  
 Prophet's Birthday 261

prostitution 52  
 protests 41, 258-9

**Q**

Qohaito (Eri) 333-4  
 quarries, ancient (Eth) 140  
 Queen of Sheba 139  
 Queen of Sheba's Bath  
 (Eth) 139  
 Queen of Sheba's Palace  
 (Eth) 140

**R**

rabies 374-5  
 radio  
 Eritrea 356  
 Ethiopia 252  
 railways 219, 220, 326  
 Ramadan 261  
 Ras Dashen (Eth) 130  
 Ras Mikael Sehul's Palace  
 (Eth) 123  
 Ras Tafari's House (Eth) 230  
 Rashaida people (Eri) 302-3, 346  
 Rastafarians 174  
 Recycling Market (Eth) 231  
 Red Sea Coast (Eri) 338-50, 6  
 Red Sea Hotel (Eri) 341  
 Red Terror campaign 39  
 religion, *see also* ancestor worship,  
 animism, Christianity, Falashaism,  
 holy sites, Islam, Rastafarians,  
 totemism  
 books 29  
 Eritrea 295, 302-3  
 Ethiopia 28, 48-51  
 wars 30  
 reservations, bus 278-9  
 resistance fighters 37  
 responsible travel 44  
 begging 84  
 environment 67, 306  
 souvenirs 256, 306  
 trekking 255  
 restaurants 71  
 Rimbaud, Arthur 229  
 Rimbaud's House (Eth) 229-30  
 river blindness 374  
 road conditions  
 Eritrea 368  
 Ethiopia 280  
 road rules  
 Eritrea 368  
 Ethiopia 281  
 Robe (Eth) 190

rock climbing 147, 254-5  
 rock engravings 193  
 rock-hewn architecture 56-7  
 rock-hewn churches

Abba Yohanni (Eth) 150  
 Abraha Atsbeha (Eth) 149  
 Abuna Gebre Mikael (Eth) 149  
 Abuna Yemata Guh (Eth) 149, 7  
 Adadi Maryam (Eth) 170-1  
 Adi Kesho (Eth) 149  
 Atsbi Cluster (Eth) 150  
 Bet Abba Libanos (Eth) 160  
 Bet Amanuel (Eth) 160, 186  
 Bet Danaghel (Eth) 159  
 Bet Gabriel-Rufael (Eth) 159  
 Bet Giyorgis (Eth) 160  
 Bet Golgotha (Eth) 159  
 Bet Maryam (Eth) 157  
 Bet Medhane Alem (Eth) 157  
 Bet Merkorios (Eth) 159  
 Bet Meskel (Eth) 159  
 Bet Mikael (Eth) 159  
 Chirkos (Eth) 150  
 Daniel Korkor (Eth) 149  
 Debre Selam (Eth) 150  
 Debre Tsion Abraham  
 (Eth) 149  
 Dugem Selassie (Eth) 149  
 Gebriel Wukien (Eth) 150  
 Kiddus Raguel Church  
 (Eth) 107  
 Lalibela (Eth) 156-60, 158  
 Maryam Korkor (Eth) 149  
 Medhane Alem Kesho (Eth) 149  
 Mikael Barka (Eth) 150  
 Mikael Imba (Eth) 150  
 Mikael Milhaizengi (Eth) 149  
 Petros & Paulos (Eth) 150  
 Selassie Chapel (Eth) 159  
 Takatisfi cluster (Eth) 149-50  
 Tembien cluster (Eth) 150  
 Tigray (Eth) 147-51, 148  
 Wukro Cluster (Eth) 150  
 Yohannes Maequdi (Eth) 149  
 Rome Stele (Eth) 137  
 Royal Enclosure (Eth) 120-2, 121  
 rugs, woollen 167  
 ruins  
 Adel (Eri) 346-8  
 Adulis (Eri) 349-50  
 Aksum (Eth) 131-41, 133, 134  
 Dahlak Kebir (Eri) 346-7  
 Gonder (Eth) 120-1, 121  
 Metera (Eri) 336-7  
 Qohaito (Eri) 333-4

Toconda (Eri) 334  
 Yeha (Eth) 144  
 running 47

**S**

Sabarguma (Eri) 339  
 safe travel  
 Awash National Park (Eth) 218  
 bandits 251, 259, 358  
 Gambela (Eth) 248  
 hitching 281, 290, 368  
 land mines 195, 259, 358, 359  
 trekking 254  
 Saha (Eth) 129  
 Saho people (Eri) 300-1, 334  
 Saint Gabriel (Eth) 225  
 St George Cathedral (Eth) 86  
 St George Museum (Eth) 86-7  
 St Mariam Cathedral 341  
 St Mary Catholic Church  
 (Eth) 230  
 St Mary of Zion Churches (Eth) 135  
 St Maryam Church (Eth) 237  
 St Maryam Dearit (Eri) 329  
 St Maryam museum (Eth) 237  
 saints, Ethiopian 49  
 salt lakes  
 Asaita (Eth) 222  
 House of Salt (Eth) 194  
 Lake Afera (Eth) 154  
 Sandals (Eri) 315  
 Sanetti Plateau (Eth) 184  
 Sankaber (Eth) 129  
 Saphira Dam (Eri) 334  
 saunas 90  
 scams 84, 157, 259  
 scarification 208, 5  
 schistosomiasis 375  
 sculptures, wooden 201, 202, 203  
 Segheneyti (Eri) 332  
 Selam Hotel (Eri) 315  
 Selassie Chapel (Eth) 159  
 Selassie, Emperor Haile 35, 39  
 Ras Tafari's House (Eth) 230  
 Selawit (Eri) 346  
 Semera (Eth) 221  
 Senafe (Eri) 334-5  
 Senkele Wildlife Sanctuary  
 (Eth) 176  
 Shaafi Mosque (Eri) 340  
 Shashemene (Eth) 174-5, 175  
 Sheghrini (Eri) 339  
 Sheikh Abadir's Tomb (Eth) 230-1  
 Sheikh Hanafi Mosque (Eri) 341  
 Sheikh Hussein (Eth) 191-2  
 shifts 251, 259, 358  
 Shire (Eth) 131  
 shopping  
 Eritrea 362  
 Ethiopia 265-6  
 Sidama people (Eth) 46  
 Silki (Eth) 130  
 Simien Mountains National Park (Eth)  
 125-31, 126-7  
 singing wells 194  
 slave trade 248  
 sleeping sickness 375  
 Smugglers' Market (Eth) 231  
 snake bites 377  
 snorkelling  
 Asmara (Eri) 343  
 Dahlak Islands (Eri) 347-8  
 Eritrea 356-64  
 Sof Omar Caves (Eth) 191, 6  
 solo travellers  
 Eritrea 362  
 Ethiopia 266-7  
 Solomonic dynasty 29  
 Somali people (Eth) 46  
 Somaliland 234  
 border crossings 275  
 visas 269-70  
 Sor River Waterfalls (Eth) 241  
 southern Eritrea 331-8  
 southern Ethiopia 168-211, 169  
 South-Omo Museum & Research  
 Centre (Eth) 203  
 special events, *see* festivals  
 spice production 242  
 sporting events  
 Giro d'Eritrea (Eri) 302  
 Great Ethiopian Run 90-1  
 sports, *see also individual*  
*sports*  
 Eritrea 302  
 Ethiopia 47-8  
 springs, *see* hot springs, mineral  
 springs  
 stained-glass window 88  
 stamps 88  
 steam baths 90  
 stelae, *see also* quarries, ancient  
 Aksum (Eth) 134, 136-7, 133, 134  
 Metera (Eri) 336  
 Tiya (Eth) 171  
 Tutu Fella (Eth) 193  
 Tutu (Eth) 193  
 Strategic Withdrawal 330-1  
 Stresemann's bush crow 194  
 Struggle, the 298, 331

- Sudan  
border crossings 275-6  
visas 270
- Surma people (Eth) 207
- Susenyos, Emperor 125
- swimming  
Addis Ababa (Eth) 90  
Asmara (Eri) 315  
Massawa (Eri) 343  
Weliso (Eth) 247
- sycamore figs 333
- T**
- Ta'akha Maryam (Eth) 140
- Tafari, Prince Ras 35
- Takatisfi cluster (Eth) 149-50
- Tana Cherkos (Eth) 116
- tape worms 375
- Taulud Island (Eri) 341
- taxis  
Eritrea 368  
Ethiopia 281
- tea 70, 308
- tej 70
- tej beats 71  
Addis Ababa (Eth) 101-2
- Tekla Haimanot's cave (Eth) 111
- Tekle, Afewerk 88
- Villa Alpha (Eth) 89
- telephone services  
Eritrea 362  
Ethiopia 267
- Teltele Park (Eth) 238
- Tembien cluster (Eth) 150
- Temple of Mariam Wakiro (Eri) 334
- temples  
Grat Beal Gebri (Eth) 144  
Temple of Mariam Wakiro (Eri) 334  
Yeha (Eth) 144
- Tepi (Eth) 241-2
- tere sega 69
- Teseny (Eri) 354-5
- Tewodros, Emperor 32-3
- theatre  
Eritrea 304  
Ethiopia 58-9
- theft 84, 259-60, 358
- Thio (Eri) 350
- Tigray's rock-hewn churches (Eth)  
147-51, **148**
- Tigrayan people (Eth) 46
- Tigré people (Eri) 300
- Tigrinya people (Eri) 300
- Tigu (Eri) 329
- Tikur Wuha (Eth) 177
- time  
Eritrea 362  
Ethiopia 267, 268
- Timkat 261, 5
- tipping  
Eritrea 361  
Ethiopia 264-5
- Tis Isat (Eth) 118, **118**
- Tiya (Eth) 171
- tobacco factory (Eri) 314
- Toconda (Eri) 334
- toilets  
Eritrea 362-3  
Ethiopia 267-8
- Tomb of Nefas Mawcha (Eth) 135, 137
- Tomb of Said Ali Hamdogh (Eth) 230
- Tomb of the Brick Arches (Eth) 134
- Tomb of the False Door (Eth) 134-5
- tombs  
artefacts from 135-8  
Beta Maryam Mausoleum (Eth)  
88-9  
Dahlak Kebir (Eri) 346  
Egyptian Tomb (Eri) 334  
Emir Nur's Tomb (Eth) 231  
Grat Beal Gebri (Eth) 144  
Gudit Stelae Field (Eth) 137  
King Bazen's tomb (Eth) 139-40  
King Gebre Meskel's tomb 138  
King Kaleb's tomb 138  
Northern Stelae Field (Eth) 134,  
136-7, **134**  
Oromo tombs (Eth) 170  
Sheikh Abadir's Tomb (Eth) 230-1  
Tomb of Said Ali Hamdogh  
(Eth) 230  
Zobel's Mausoleum (Eth) 122
- toothbrushes 225
- totemism 50-1
- tourist information  
Eritrea 363  
Ethiopia 268
- tours, *see also* walking tours  
Addis Ababa (Eth) 90  
Dahlak Islands (Eri) 348  
Eritrea 368  
Ethiopia 282-3  
Gonder (Eth) 123
- train travel 283, 368  
to/from Djibouti 290  
to/from Ethiopia 274
- travel permits 363
- travellers cheques  
Eritrea 361  
Ethiopia 265
- trekking, *see also* camel trekking,  
horse-trekking  
Bale Mountains National Park (Eth)  
183-9, **182**  
Bonga (Eth) 243  
Dodola (Eth) 179-81, **180**  
Eritrea 357  
Ethiopia 255  
Guge Mountains (Eth) 201  
Menagesha National Forest  
(Eth) 237  
Mesket Escarpment (Eth) 163  
responsible trekking 255  
safety guidelines 254  
Senafe (Eri) 335  
Simien Mountains National Park  
(Eth) 127-30
- trenches 331
- trypanosomiasis 375
- Tsemay people (Eth) 205-6
- tuberculosis 375
- Tullu Deemtu (Eth) 184
- Tullu Gudo (Eth) 171
- turaco 64
- Turmi (Eth) 208-9
- Tutu Fella (Eth) 193
- Tututi (Eth) 193
- TV  
Djibouti 285  
Eritrea 356  
Ethiopia 252
- typhoid 375
- U**
- UN Mission in Ethiopia & Eritrea  
(UNMEE) 40-1, 299
- underground cisterns (Eri) 346
- underground towns (Eri) 331
- Ura Kidane Meret (Eth) 116
- V**
- vaccinations 370
- Valley of Marvels (Eth) 233
- Valley of the Sycamores  
(Eri) 333
- vegetarian travellers  
Eritrea 308  
Ethiopia 71
- video systems 356
- Villa Alpha (Eth) 89
- Villa Roma (Eri) 314
- visas, *see also* passports  
Djibouti 287  
Eritrea 287, 363-4  
Ethiopia 269-70, 287
- volcanoes  
Fantale (Eth) 218  
Irta'ale (Eth) 154
- W**
- wagas 201, 202, 203
- Wajaale (Eth) 234
- Wal Wal incident 35
- walking tours  
Asmara (Eri) 316-17, **316**
- wat 68-9
- water, drinking 308, 377
- waterfalls  
Awash Falls (Eth) 218  
Blue Nile Falls (Eth) 118, **118**  
Finch' Abera Waterfall  
(Eth) 184  
Guder Falls (Eth) 238  
Huluka Falls (Eth) 238  
Sor River Waterfalls (Eth) 241  
Tis Isat (Eth) 118, **118**
- weather, *see* climate
- weaving 200
- Web Gorge (Eth) 189
- websites, *see* Internet resources
- weights  
Djibouti 285  
Eritrea 356  
Ethiopia 252
- Wekiro (Eri) 346
- Weliso (Eth) 247
- Welkite (Eth) 247
- wells, singing 194
- western Eritrea 353-5
- western Ethiopia 235-51, **236**
- western highlands (Eth) 237-47
- western lowlands (Eth) 247-51
- Weyto (Eth) 112, 205-6
- white-water rafting 255
- wildlife, *see* animals, birds, marine life
- wildlife sanctuaries, *see* national parks
- Woldia (Eth) 155
- Wolega Museum (Eth) 239
- wolf, Ethiopian 127, 184
- Wolleka (Eth) 123
- women travellers  
Eritrea 364  
Ethiopia 270
- women's issues  
Eritrea 303  
Ethiopia 51-2
- Wondo Genet (Eth) 175-6
- wooden sculptures 201, 202, 203
- woollen blankets 167
- work 270
- Wukro Cluster (Eth) 150
- Wush Wush (Eth) 242-3
- Wush Wush Tea Development  
plantation (Eth) 242-3
- Wusha Mikael Church (Eth) 107
- WWII 37
- Y**
- Yabelo (Eth) 193
- Yabelo Wildlife Sanctuary (Eth)  
193-4
- Yangudi-Rassa National Park  
(Eth) 221
- Yeha (Eth) 143-4
- Yekatit 12 Monument  
(Eth) 87
- yellow fever 375
- Yemrehanna Kristos (Eth) 163-4
- Yohannes IV museum  
(Eth) 151
- Yohannes, Emperor 33
- Yohannes Maequdi (Eth) 149
- Z**
- Zagwe dynasty 28-9
- zebras, Burchell's 61, 8
- Zenawi, Meles 39
- Zobel's Mausoleum (Eth) 122